

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20

Results

Event 1 Girls 14 & Under 800 LC Meter Freestyle

RECORD: 9:32.31 # 2019/02/16 Lise Coetzee		RSA			
Name	Age	Team	Seed Time	Finals Time	Points
1 Coetzee, Lise	14	Republic of South Africa	9:27.10	9:32.31 #	18
1:07.29 2:18.66 3:30.19 4:41.88 5:54.45 7:07.06 8:20.43 9:32.31					
2 Brown, Kelly-Ann	14	Republic of South Africa	9:31.02	9:37.00	16
1:06.77 2:17.90 3:30.05 4:42.25 5:54.55 7:08.13 8:21.49 9:37.00					
3 Gebert, Ines	14	Mauritius	9:50.00	10:36.11	14
1:10.27 2:26.43 3:45.82 5:07.43 6:30.00 7:53.28 9:15.68 10:36.11					
4 Mahobebe, Mkhusele	13	Zimbabwe Cana Team-ZZ	11:11.00	10:58.19	12
1:14.78 2:36.12 3:58.52 5:22.15 6:46.94 8:11.61 9:36.19 10:58.19					
5 Santo, Rafaela Espirito	14	Angola	11:29.57	11:02.20	11
1:11.90 2:34.10 3:59.82 5:25.11 6:51.23 8:16.43 9:41.39 11:02.20					
6 Jack, Michelle	13	Botswana	11:00.59	11:09.78	10
7 Ingwe, Kimberly	13	Botswana	11:25.81	11:15.19	9
8 Bagha, Nurayn	14	Kenya Swimming Team	11:29.01	11:28.97	8
1:14.57 2:39.98 4:08.35 5:37.23 7:06.40 8:36.03 10:04.94 11:28.97					
9 Mateus, Alicia	14	Mozambique Swimming Team	10:47.22	11:29.23	7
1:14.78 2:39.90 4:06.77 5:34.07 7:03.36 8:32.78 10:03.03 11:29.23					
10 Samaras, Abbie	13	Zambia Team 2019	11:37.34	12:00.24	6
1:17.16 2:47.63 4:22.10 5:54.89 7:28.85 9:02.04 10:34.72 12:00.24					

Event 2 Boys 14 & Under 800 LC Meter Freestyle

RECORD: 9:28.58 # 2019/02/16 Leshen A Pillay		RSA			
Name	Age	Team	Seed Time	Finals Time	Points
1 Pillay, Leshen A	14	Republic of South Africa	9:01.30	9:28.58 #	18
1:04.21 2:14.81 3:27.93 4:40.22 5:52.82 7:05.87 8:17.92 9:28.58					
2 Keylock, Kian C	13	Republic of South Africa	NT	10:04.58	16
1:06.43 2:21.38 3:38.05 4:56.23 6:14.54 7:32.90 8:50.10 10:04.58					
3 van Rooyen, Benco	14	Botswana	10:51.24	10:18.64	14
4 Freitas, Filipe S	13	Angola	9:44.62	10:22.62	12
1:08.21 2:24.68 3:43.18 5:02.21 6:23.30 7:44.56 9:05.00 10:22.62					
5 AH Yong, Victor	14	Mauritius	9:24.89	10:41.20	11
1:08.61 2:27.85 3:47.66 5:10.03 6:31.83 7:53.19 9:17.92 10:41.20					
6 Junior, Manuel Antonio	14	Mozambique Swimming Team	10:13.70	10:48.66	10
1:09.18 2:27.66 3:48.56 5:12.30 6:38.44 8:04.23 9:28.38 10:48.66					
7 Lillie, Michael	14	Zambia Team 2019	10:54.80	10:51.03	9
8 Ngwenya, Onesimus	12	Zimbabwe Cana Team-ZZ	11:25.79	11:32.63	8
1:19.50 2:47.14 5:48.16 7:17.11 8:43.02 10:10.69 11:32.63					
9 Zocolo, Osvaldo	14	Angola	10:54.29	11:32.70	7
1:14.97 2:41.08 4:10.39 5:41.71 7:13.35 8:43.99 10:10.36 11:32.70					
10 Kyabayinze, Daryl	14	Uganda Swimming Federation	11:56.00	12:17.37	6
1:12.27 2:38.63 4:12.89 5:49.50 7:28.73 9:06.09 10:43.57 12:17.37					
11 Mulenga, Mwenya	12	Zambia Team 2019	12:54.64	13:08.83	5
1:18.20 2:57.12 4:38.61 6:21.31 8:06.12 9:49.59 11:30.82 13:08.83					

Event 3 Women 15 & Over 800 LC Meter Freestyle

RECORD: 9:35.85 # 2017/02/16 Christin Mundell		RSA			
Name	Age	Team	Seed Time	Finals Time	Points
1 Soukup, Therese	15	Seychelles Swimming Associatio	9:40.00	9:54.77	18
1:09.27 2:23.84 3:39.45 4:54.64 6:09.99 7:25.50 8:40.77 9:54.77					
2 van der Westhuizen, Paige	15	Zimbabwe Cana Team-ZZ	10:05.60	10:03.32	16
1:09.11 2:23.78 3:39.39 4:54.90 6:10.76 7:29.19 8:47.95 10:03.32					
3 Shepherd, Megan L	15	Republic of South Africa	NT	10:10.34	14
1:08.56 2:24.23 3:41.52 4:59.31 6:18.06 7:37.21 8:56.24 10:10.34					
4 Allardice, Ella	15	Zimbabwe Cana Team-ZZ	10:40.30	10:43.31	12
5 Makombe, Omolemo T	16	Republic of South Africa	NT	10:45.12	11
1:14.06 2:35.38 3:57.14 5:19.13 6:40.60 8:02.51 9:25.71 10:45.12					

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 3 Women 15 & Over 800 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
6 Matthews, Tselane	15	Botswana	10:35.74	10:55.67	10
			1:14.00 2:34.83 3:57.86 5:21.67 6:46.53 8:11.83 9:35.28 10:55.67		
7 Makuwa, Ashley	17	Zimbabwe Cana Team-ZZ	11:05.24	x11:16.38	
			1:17.63 2:42.33 4:07.88 5:34.21 7:00.85 8:27.86 9:54.13 11:16.38		
8 Pinto, Ammara	21	Malawi Aquatic Union	11:19.30	11:47.25	9
			1:20.00 2:47.16 4:17.15 5:47.19 7:17.45 8:47.88 10:19.69 11:47.25		
9 Ingles, Lwazi	15	Angola	12:58.50	13:10.19	8
			1:22.43 3:03.16 4:47.30 6:30.49 8:13.63 9:55.66 11:35.88 13:10.19		
10 Mona, Eva	15	Angola	15:45.45	14:30.26	7
			1:26.05 3:11.33 5:06.09 6:59.49 8:53.73 10:47.70 12:40.19 14:30.26		
--- Foo Sem Fah, Leah	16	Mauritius	9:58.31	DQ	
			Swimmer started before the starting signal		
			1:10.11 2:25.44 3:42.53 5:00.88 6:20.88 7:41.82 9:04.11	DQ	

Event 4 Men 15 & Over 800 LC Meter Freestyle

RECORD: 8:34.68 # 2016/04/20 PINOTES Pedro			ANG		
Name	Age	Team	Seed Time	Finals Time	Points
1 Freeman, James S	17	Botswana	8:11.30	8:43.63	18
			1:01.89 2:07.45 3:13.79 4:20.45 5:27.23 6:33.66 7:38.86 8:43.63		
2 Casali, Cameron J	16	Republic of South Africa	8:53.86	9:12.41	16
			1:04.85 2:13.95 3:24.56 4:35.35 5:45.28 6:55.62 8:05.72 9:12.41		
3 Gomes, Filipe	21	Malawi Aquatic Union	9:32.52	9:16.41	14
			1:01.35 2:08.71 3:18.77 4:29.80 5:42.00 6:53.88 8:06.94 9:16.41		
4 Payet, Damien	15	Seychelles Swimming Associatio	9:11.00	9:16.63	12
			1:05.79 2:16.69 3:26.44 4:37.00 5:47.63 6:58.07 8:08.86 9:16.63		
5 Hoffman, Dean	21	Seychelles Swimming Associatio	8:59.00	9:24.43	11
			1:05.59 2:16.03 3:28.24 4:40.36 5:52.36 7:04.32 8:15.67 9:24.43		
6 Bekker, Andile	15	Botswana	8:54.80	9:27.60	10
			1:04.47 2:14.64 3:26.32 4:38.58 5:51.22 7:03.53 8:16.47 9:27.60		
7 Duarte, Joao N	17	Angola	9:38.99	9:34.51	9
			1:06.37 2:17.96 3:30.28 4:42.93 5:56.30 7:10.03 8:23.25 9:34.51		
8 Kok Shun, Ryan	16	Mauritius	9:25.27	9:47.60	8
			1:06.33 2:17.68 3:31.41 4:46.47 6:01.69 7:16.84 8:32.36 9:47.60		
9 Jones, Brett	16	Zimbabwe Cana Team-ZZ	10:00.49	10:05.80	7
			1:04.34 2:18.40 3:35.86 4:57.82 6:19.46 7:34.69 8:48.84 10:05.80		
10 Paco, Edilson	15	Mozambique Swimming Team	9:37.53	10:12.16	6
			1:06.49 2:19.66 3:35.49 4:54.25 6:13.60 7:34.45 8:54.10 10:12.16		
11 Smith, Jordan	17	Zimbabwe Cana Team-ZZ	10:21.23	10:19.35	5
			1:07.00 2:19.81 3:36.45 4:56.56 6:18.18 7:38.51 8:59.19 10:19.35		
12 Gruter, Noah	16	Mauritius	9:29.89	10:20.47	4
			1:06.94 2:21.83 3:40.28 5:01.09 6:22.75 7:44.70 9:05.47 10:20.47		

Event 5 Girls 12 & Under 50 LC Meter Breaststroke

RECORD: 35.80 # 2017/02/16 Alicia Kok Shun			MRI		
Name	Age	Team	Seed Time	Finals Time	Points
1 Dhemba, Vhenekai	12	Zimbabwe Cana Team-ZZ	39.84	37.47	18
2 Rocha, Melyssa	12	Mozambique Swimming Team	39.24	38.79	16
3 De Speville Mason, Liliana	12	Seychelles Swimming Associatio	40.80	38.85	14
4 Onovo, Onye	12	Zimbabwe Cana Team-ZZ	41.45	39.43	12
5 Coates, Johanna K	12	Zambia Team 2019	41.66	40.08	11
6 Mostert, Danielle	12	Namibia	41.41	40.17	10
7 Vidmar, Julijana	12	Zambia Team 2019	42.24	40.43	9
8 Dithogo, Amaru	12	Botswana	42.30	40.78	8
9 Harry, Kyra	12	Botswana	42.10	40.98	7
10 Nanjala, Rebecca	12	Kenya Swimming Team	44.35	41.50	6
11 Busch, Kerryn L	11	Namibia	44.77	44.21	5
12 Nambeguya, Ssanyu	12	Uganda Swimming Federation	45.49	44.59	4

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 5 Girls 12 & Under 50 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time	Points
13 Hlophe, Nina	12	Eswatini	46.50	44.98	3
14 Hoy, Hayley	10	Eswatini	47.20	45.11	2
15 Silva, Welwitschia	11	Angola	51.46	46.07	1
16 Kayuni, Jennifer	12	Malawi Aquatic Union	50.79	47.30	
17 Rebello, Zoe	11	Malawi Aquatic Union	47.49	55.25	
--- Humphrey, Jessica	10	Namibia Swimming Invitation	46.63	X45.14	
--- Westerduin, Reza	11	Namibia Swimming Invitation	49.41	X46.25	

Event 6 Boys 12 & Under 50 LC Meter Breaststroke

RECORD: 34.37 # 2017/02/16 Mikah K Burger			NAM		
Name	Age	Team	Seed Time	Finals Time	Points
1 Ellis, Quinn	12	Namibia	38.31	36.73	18
2 Mokobi, Kgotla	12	Botswana	37.00	37.28	16
3 Birungi, Shane	12	Uganda Swimming Federation	40.02	37.69	14
4 Mwamba, Mutale	12	Zambia Team 2019	38.48	38.55	12
5 Faftine, Kaio	12	Mozambique Swimming Team	42.53	39.05	11
6 Moyo, Zach	12	Zambia Team 2019	40.51	39.11	10
7 Durand, Oliver B	11	Namibia	40.46	40.07	9
8 Ngwenya, Onesimus	12	Zimbabwe Cana Team-ZZ	42.66	41.75	8
9 Loo, Adam	11	Botswana	45.10	44.15	7
10 De Sousa, Damien	12	Eswatini	44.73	45.84	6
11 Kumsinda, Akuzike	12	Malawi Aquatic Union	53.50	46.54	5
12 Reilly, Sean	10	Zimbabwe Cana Team-ZZ	50.85	47.52	4
13 Kyabayinze, Zaabu	11	Uganda Swimming Federation	45.59	47.90	3
14 Taborda, Helio	11	Angola	52.40	49.32	2
15 Furtado, Marco	9	Angola	56.00	54.56	1
--- Nakaleke, Eliphas	10	Namibia Swimming Invitation	42.97	X42.44	
--- Steyn, Fourie P	11	Namibia Swimming Invitation	44.03	X42.55	

Event 7 Girls 13-14 50 LC Meter Breaststroke

RECORD: 34.48 # 2017/02/16 Paige F Brombacher			RSA		
Name	Age	Team	Seed Time	Finals Time	Points
1 Kok Shun, Alicia	14	Mauritius	34.96	34.97	18
2 Kuhn, Emma A	14	Republic of South Africa	35.68	35.21	16
3 Namutebi, Kirabo	14	Uganda Swimming Federation	35.85	35.65	14
4 Fawaz, Yasmina	14	Zambia Team 2019	36.95	36.09	12
5 Matonhodze, Shamiso	14	Botswana	36.41	36.62	11
6 Clifton-Smith, Candice	14	Republic of South Africa	36.93	37.59	10
7 Goodinson, Kiara	13	Zimbabwe Cana Team-ZZ	39.83	38.46	9
8 Loo, Caitlin	14	Botswana	39.20	39.11	8
9 Mutumbulua, Trisha	14	Namibia	40.50	39.22	7
10 Nakaleke, Ester	14	Namibia	39.93	40.13	6
11 Ramajan, Saira	13	Zimbabwe Cana Team-ZZ	40.63	40.63	5
12 Samaras, Abbie	13	Zambia Team 2019	41.23	41.66	4
13 Makwenda, Jessica	13	Malawi Aquatic Union	43.14	42.09	3
14 Francisco, Sebastiana	13	Angola	44.25	42.36	2
15 Chizonda, Tracy	13	Malawi Aquatic Union	46.33	44.32	1
16 Dlamini, Siwakhile T	13	Eswatini	49.28	48.85	
17 Ingles, Lwena	13	Angola	58.20	54.19	
--- Stange, Maya A	13	Namibia Swimming Invitation	41.47	X40.90	
--- Spath, Mackenzie	13	Namibia Swimming Invitation	45.48	X46.61	
--- Elizabeth, Khema	14	Seychelles Swimming Associatio	40.50	DQ	

Swimmer started before the starting signal

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20

Results

Event 8 Boys 13-14 50 LC Meter Breaststroke

RECORD: 31.49 # 2019/02/16 Cory Werrett		ZIM-ZZ				
Name	Age	Team	Seed Time	Finals Time	Points	
1	Werrett, Cory	14 Zimbabwe Cana Team-ZZ	32.11	31.49#	18	
2	Canjulo, Jose N	13 Namibia	32.30	32.22	16	
3	Burger, Mikah K	14 Namibia	33.06	32.44	14	
4	Keylock, Kian C	13 Republic of South Africa	33.37	32.55	12	
5	Yiga-Mawano, Francesco K	14 Uganda Swimming Federation	34.52	32.91	11	
6	Miller, Joshua	14 Seychelles Swimming Associatio	33.05	32.95	10	
7	Vidot, Alain	14 Seychelles Swimming Associatio	33.10	33.69	9	
8	Lobo, Caio	13 Mozambique Swimming Team	34.79	34.34	8	
9	Liakopoulos, Theodoros E	14 Zambia Team 2019	34.81	34.92	7	
10	Ngwenya, Mufaro	14 Zimbabwe Cana Team-ZZ	35.37	35.36	6	
11	Tranquille, Gregory	14 Mauritius	35.88	35.41	5	
12	Gondo, Takundan Ashe	14 Botswana	35.50	35.86	4	
13	Ramoholi, Thapelo R	14 Republic of South Africa	37.70	36.60	3	
14	Zocolo, Osvaldo	14 Angola	38.45	37.06	2	
15	Fernando, Khushal J	13 Zambia Team 2019	37.65	37.59	1	
16	Francisco, Alexandre	14 Angola	40.59	39.50		
17	Kisitu, Hayyan	14 Uganda Swimming Federation	43.25	41.87		
18	Banda, Asher	13 Malawi Aquatic Umion	45.05	42.16		
19	Moosa, Mohammed A	13 Malawi Aquatic Umion	52.38	44.26		
---	Rathenam, Keanet-Peter	14 Namibia Swimming Invitation	35.49	X35.82		
---	Esslinger, Nico	13 Namibia Swimming Invitation	43.19	X42.20		

Event 9 Women 15-16 50 LC Meter Breaststroke

RECORD: 33.75 # 2017/02/16 Christin Mundell		RSA				
Name	Age	Team	Seed Time	Finals Time	Points	
1	van der Westhuizen, Paige	15 Zimbabwe Cana Team-ZZ	35.11	35.43	18	
2	Shepherd, Megan L	15 Republic of South Africa	35.62	35.61	16	
3	Volkwyn, Ashton K	16 Republic of South Africa	35.97	36.02	14	
4	Mitchell, Hannah	15 Zimbabwe Cana Team-ZZ	37.03	36.93	12	
5	Gondo, Ruvarashe	16 Botswana	36.73	37.65	11	
6	Chungu, Chibwe	16 Zambia Team 2019	37.51	37.70	10	
7	Kimani, Jasmin	15 Kenya Swimming Team	37.86	38.25	9	
8	Murphy, Hannah M	15 Namibia	37.67	38.34	8	
9	Redecker, Nicole	15 Namibia	40.14	38.61	7	
10	Chibiya, Temwani A	15 Zambia Team 2019	40.97	39.11	6	
11	Munhemeze, Domingas	16 Mozambique Swimming Team	39.13	39.76	5	
12	Matthews, Tselane	15 Botswana	39.28	39.77	4	
13	Jorge, Alice	16 Angola	43.28	40.06	3	
14	Coelho, Elaine	15 Angola	41.93	40.33	2	
15	Mwebeiha, Mercedes	15 Uganda Swimming Federation	38.01	40.59	1	
16	Dlamini, Senamile	15 Eswatini	43.82	42.37		

Event 10 Men 15-16 50 LC Meter Breaststroke

RECORD: 30.69 # 2017/02/16 Liam O'Hara		ZIM				
Name	Age	Team	Seed Time	Finals Time	Points	
1	Terblanche, Jakobus P	16 Republic of South Africa	31.79	31.98	18	
2	Casali, Cameron J	16 Republic of South Africa	32.97	32.03	16	
3	Gordo, Salvador	16 Angola	33.54	32.26	14	
4	Fischer, Ethan	16 Botswana	31.43	32.51	12	
5	Rouse, Brandon	15 Botswana	32.71	32.65	11	
6	Mills, Tait	16 Zimbabwe Cana Team-ZZ	32.73	32.93	10	
7	Mukalazi, Tendo	16 Uganda Swimming Federation	32.64	33.16	9	
8	Wilke, Kallen	15 Zimbabwe Cana Team-ZZ	33.17	33.54	8	
9	Ferley, Daniel	15 Seychelles Swimming Associatio	33.30	33.60	7	

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 10 Men 15-16 50 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
10	Moosa, Shaquille D	16	Zambia Team 2019	35.30	34.01	6
11	Oosthuizen, Martin S	16	Namibia	33.51	34.07	5
12	Pale, Justino	15	Mozambique Swimming Team	33.50	34.26	4
13	Shamambo, Damien	15	Zambia Team 2019	34.23	34.45	3
14	Chonguica, Yannis	15	Mozambique Swimming Team	35.12	34.97	2
15	Safeca, Amilcar	15	Angola	39.40	38.85	1
16	Abraham, Ethan	15	Eswatini	41.33	40.04	
---	Wellmann, Arkell J	16	Namibia Swimming Invitation	38.00	X36.72	
---	Setzkorn, Friedrich	15	Namibia Swimming Invitation	37.53	X36.77	
---	Wong Chap Lan, Oliver	16	Mauritius	30.41	DQ	

Executed more than one butterfly kick at the start or turn

Event 11 Women 17 & Over 50 LC Meter Breaststroke

RECORD: 33.57 # 2017/02/16 Tilka Paljk				Zambia 2017		
	Name	Age	Team	Seed Time	Finals Time	Points
1	IP Hen Cheung, Tessa	17	Mauritius	34.75	35.12	18
2	Doorman, Amy	17	Zimbabwe Cana Team-ZZ	39.56	38.31	16
3	Meya, Avice	24	Uganda Swimming Federation	39.50	38.95	14
4	Naidu, Harleena	17	Zambia Team 2019	38.21	39.41	12
5	Oberholzer, Ju-Ané	17	Namibia	41.39	40.90	11
6	Botha, Vicky A	17	Namibia	42.24	41.89	10
7	Makuwa, Ashley	17	Zimbabwe Cana Team-ZZ	43.58	43.11	9
8	Changanamuno, Tayamika	18	Malawi Aquatic Union	42.56	43.25	8
9	Barros, Erica	18	Angola	45.55	44.64	7

Event 12 Men 17 & Over 50 LC Meter Breaststroke

RECORD: 29.45 # 2019/02/16 Adrian Robinson				BOT		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Robinson, Adrian	18	Botswana	29.35	29.45#	18
2	Ervedosa, Mario	20	Angola	28.89	29.65	16
3	Wantenaar, Ronan Z	18	Namibia	29.47	30.11	14
4	Gomes, Filipe	21	Malawi Aquatic Union	30.96	30.54	12
5	Francisco, Daniel	19	Angola	30.90	31.12	11
6	Bachmann, Mathieu	22	Seychelles Swimming Associatio	30.50	31.19	10
7	Viljoen, René H	17	Namibia	31.20	31.46	9
8	Anodin, Gregory	19	Mauritius	31.60	31.91	8
9	Matija, Kitso	20	Botswana	30.21	32.11	7
10	Naidu, Kumaren M	21	Zambia Team 2019	31.36	32.20	6
11	Moncherry, Adam	20	Seychelles Swimming Associatio	31.80	32.89	5
12	Tayali, Quintin T	17	Zimbabwe Cana Team-ZZ	32.84	33.10	4
13	Purahoo, Ovesh	17	Mauritius	32.70	33.36	3
14	Chaane, Hlalele E	18	Republic of South Africa	33.55	33.78	2
15	Smith, Jordan	17	Zimbabwe Cana Team-ZZ	36.23	36.64	1
---	Kangololo, Mulenga	29	Zambia Team 2019	NT	X34.08	

Event 13 Girls 12 & Under 100 LC Meter Backstroke

RECORD: 1:11.95 # 2016/04/20 PHIRI Mia				ZAM		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Phiri, Jade A	12	Zambia Team 2019	1:19.92	1:18.57	18
2	Mostert, Danielle	12	Namibia	1:18.77	1:19.36	16
3	Rocha, Melyssa	12	Mozambique Swimming Team	1:19.93	1:20.17	14
4	Kagwima, Ashley N	11	Kenya Swimming Team	1:23.88	1:20.90	12
5	Dhemba, Vhenekai	12	Zimbabwe Cana Team-ZZ	1:23.55	1:21.28	11
6	Coates, Johanna K	12	Zambia Team 2019	1:23.05	1:21.68	10
7	Brinkmann, Maja J	11	Namibia	1:22.89	1:23.25	9
8	Musere, Matida	12	Zimbabwe Cana Team-ZZ	1:26.08	1:25.34	8

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 13 Girls 12 & Under 100 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
9	Hoy, Hayley	10	Eswatini	1:30.33	1:27.29	7
10	Ditlhogo, Amaru	12	Botswana	1:28.94	1:28.22	6
11	Silva, Welwitschia	11	Angola	1:32.43	1:28.96	5
12	Pigford, Elizabeth	12	Botswana	1:32.36	1:29.93	4
---	Humphrey, Jessica	10	Namibia Swimming Invitation	1:25.79	X1:25.82	
---	Westerduin, Reza	11	Namibia Swimming Invitation	1:25.37	X1:29.10	
---	Correia, Maira	12	Mozambique Swimming Team	1:35.29	DQ	

Swimmer not on back upon leaving the wall after the turn

Event 14 Boys 12 & Under 100 LC Meter Backstroke

RECORD: 1:10.43 # 2017/02/16 Victor AH Yong				MRI		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Hart, Ivan	12	Kenya Swimming Team	1:13.54	1:12.07	18
2	Ellis, Quinn	12	Namibia	1:15.43	1:13.94	16
3	L'Arrogant, Hugo	12	Mauritius	1:13.11	1:14.60	14
4	Faftine, Kaio	12	Mozambique Swimming Team	1:14.72	1:14.62	12
5	Durand, Oliver B	11	Namibia	1:16.82	1:16.12	11
6	Bagha, Abdul	12	Kenya Swimming Team	1:18.63	1:18.74	10
7	Kalaluka, Timuna	12	Zambia Team 2019	1:21.00	1:21.78	9
8	Payet, Thierry	11	Seychelles Swimming Associatio	1:19.80	1:24.48	8
9	Reilly, Sean	10	Zimbabwe Cana Team-ZZ	1:26.25	1:25.49	7
10	Mulenga, Mwenya	12	Zambia Team 2019	1:33.98	1:25.99	6
11	Kyabayinze, Zaabu	11	Uganda Swimming Federation	1:34.24	1:26.81	5
12	Ngwenya, Onesimus	12	Zimbabwe Cana Team-ZZ	1:31.51	1:31.16	4
13	De Sousa, Damien	12	Eswatini	1:52.41	1:35.00	3
14	Haskins, Ethan	11	Botswana	1:30.11	1:35.29	2
15	Taborda, Helio	11	Angola	1:43.53	1:37.27	1
16	Furtado, Marco	9	Angola	1:46.81	1:38.39	
---	Nakaleke, Eliphas	10	Namibia Swimming Invitation	1:24.43	X1:25.53	
---	Steyn, Fourie P	11	Namibia Swimming Invitation	1:22.54	X1:29.39	

Event 15 Girls 13-14 100 LC Meter Backstroke

RECORD: 1:09.08 # 2019/02/16 Lise Coetzee				RSA		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Coetzee, Lise	14	Republic of South Africa	1:09.84	1:09.08#	18
2	Kuhn, Emma A	14	Republic of South Africa	1:08.90	1:11.23	16
3	Gebert, Ines	14	Mauritius	1:12.50	1:13.01	14
4	Mutumbulua, Trisha	14	Namibia	1:13.43	1:15.04	12
5	Mahobebe, Mkhusele	13	Zimbabwe Cana Team-ZZ	1:19.22	1:16.81	11
6	Namutebi, Kirabo	14	Uganda Swimming Federation	1:14.36	1:17.42	10
7	Jack, Michelle	13	Botswana	1:15.32	1:17.59	9
8	Ramajan, Saira	13	Zimbabwe Cana Team-ZZ	1:14.59	1:17.97	8
9	Ingwe, Kimberly	13	Botswana	1:16.56	1:18.92	7
10	Herbst, Kyle A	14	Namibia	1:17.37	1:19.47	6
11	Maye, Kenda	14	Kenya Swimming Team	1:20.87	1:19.63	5
12	Elizabeth, Khema	14	Seychelles Swimming Associatio	1:25.10	1:21.19	4
13	Santo, Rafaela Espirito	14	Angola	1:23.71	1:21.82	3
14	Fawaz, Yasmina	14	Zambia Team 2019	1:21.81	1:23.81	2
15	Samaras, Abbie	13	Zambia Team 2019	1:25.37	1:24.83	1
16	Francisco, Sebastiana	13	Angola	1:32.51	1:33.43	
17	Young, Raya	13	Eswatini	1:38.04	1:35.03	
18	Dlamini, Siwakhile T	13	Eswatini	1:41.99	1:40.16	
---	Spath, Mackenzie	13	Namibia Swimming Invitation	1:25.06	X1:25.27	

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20

Results

Event 16 Boys 13-14 100 LC Meter Backstroke

RECORD: 1:03.24 # 2017/02/16 Ethan R Spieker				RSA		
Name	Age	Team	Seed Time	Finals Time	Points	
1	Burger, Mikah K	14 Namibia	1:02.54	1:05.20	18	
2	Canjulo, Jose N	13 Namibia	1:05.67	1:05.76	16	
3	Keylock, Kian C	13 Republic of South Africa	1:06.64	1:07.00	14	
4	Junior, Manuel Antonio	14 Mozambique Swimming Team	1:08.07	1:07.12	12	
5	AH Yong, Victor	14 Mauritius	1:02.27	1:08.90	11	
6	Lobo, Caio	13 Mozambique Swimming Team	1:10.85	1:13.17	10	
7	Gondo, Takundanashe	14 Botswana	1:14.16	1:13.64	9	
8	Werrett, Cory	14 Zimbabwe Cana Team-ZZ	1:13.50	1:13.73	8	
9	Furtado, Yusseni	14 Angola	1:19.38	1:14.33	7	
10	Nkunzi, Awande	13 Republic of South Africa	1:08.44	1:14.58	6	
11	Freitas, Filipe S	13 Angola	1:14.89	1:15.59	5	
12	Liakopoulos, Theodoros E	14 Zambia Team 2019	1:16.90	1:16.99	4	
13	Yiga-Mawano, Francesco K	14 Uganda Swimming Federation	1:15.58	1:18.45	3	
14	Lillie, Michael	14 Zambia Team 2019	1:15.33	1:18.82	2	
15	Kyabayinze, Daryl	14 Uganda Swimming Federation	1:19.22	1:19.50	1	
16	Ngwenya, Mufaro	14 Zimbabwe Cana Team-ZZ	1:20.13	1:19.88		
17	Nagapin, Nathan	13 Seychelles Swimming Associatio	1:19.70	1:20.46		
18	Kandima, Jason	14 Botswana	1:24.13	1:22.47		
19	Duff, Garrick	13 Zimbabwe Cana Team-ZZ	1:21.10	x1:24.38		
---	Mostert, Damian A	14 Namibia Swimming Invitation	1:16.38	X1:18.95		
---	Esslinger, Nico	13 Namibia Swimming Invitation	1:15.55	X1:20.43		

Event 17 Women 15-16 100 LC Meter Backstroke

RECORD: 1:07.87 # 2019/02/16 Kelsea Munro				RSA		
Name	Age	Team	Seed Time	Finals Time	Points	
1	Munro, Kelsea	16 Republic of South Africa	1:07.83	1:07.87#	18	
2	Stergiadis, Heleni	16 Namibia	1:05.99	1:08.92	16	
3	Phiri, Mia A	15 Zambia Team 2019	1:08.51	1:09.95	14	
4	Esslinger, Tiana	15 Namibia	1:08.34	1:11.09	12	
5	Shepherd, Megan L	15 Republic of South Africa	1:08.07	1:11.52	11	
6	van der Westhuizen, Paige	15 Zimbabwe Cana Team-ZZ	1:10.84	1:12.01	10	
7	Soukup, Therese	15 Seychelles Swimming Associatio	1:09.50	1:13.30	9	
8	Foo Sem Fah, Leah	16 Mauritius	1:12.28	1:13.93	8	
9	Matthews, Tselane	15 Botswana	1:13.11	1:16.58	7	
10	Ruele, Bupe B	15 Botswana	1:16.70	1:16.99	6	
11	Karia, Riva	16 Kenya Swimming Team	1:16.58	1:18.37	5	
12	Mwebeiha, Mercedes	15 Uganda Swimming Federation	1:12.29	1:18.47	4	
13	Munhemeze, Domingas	16 Mozambique Swimming Team	1:15.92	1:19.12	3	
14	Mtetwa, Chiedza	16 Zimbabwe Cana Team-ZZ	1:18.91	1:19.84	2	
15	Chibiya, Temwani A	15 Zambia Team 2019	1:23.38	1:22.26	1	
16	Coelho, Elaine	15 Angola	1:24.32	1:23.33		
17	Jorge, Alice	16 Angola	1:29.62	1:24.36		

Event 18 Men 15-16 100 LC Meter Backstroke

RECORD: 1:00.95 # 2017/02/16 Ronan Z Wantenaar				NAM		
Name	Age	Team	Seed Time	Finals Time	Points	
1	Casali, Cameron J	16 Republic of South Africa	59.94	1:03.17	18	
2	Kok Shun, Ryan	16 Mauritius	1:04.39	1:03.88	16	
3	Bekker, Andile	15 Botswana	1:03.41	1:04.44	14	
4	Terblanche, Jakobus P	16 Republic of South Africa	1:05.24	1:04.71	12	
5	Fred, Tyler	16 Seychelles Swimming Associatio	1:03.80	1:04.80	11	
6	Oosthuizen, Martin S	16 Namibia	1:02.60	1:05.76	10	
7	Gruter, Noah	16 Mauritius	1:02.11	1:05.79	9	
8	Gordo, Salvador	16 Angola	1:03.09	1:06.31	8	

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 18 Men 15-16 100 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time	Points
9 Da Costa, Valentim	15	Mozambique Swimming Team	1:04.01	1:06.80	7
10 Mukalazi, Tendo	16	Uganda Swimming Federation	1:07.60	1:08.30	6
11 Henning, Marco T	16	Namibia	1:07.79	1:09.09	5
12 Rouse, Brandon	15	Botswana	1:06.00	1:09.27	4
13 Pale, Justino	15	Mozambique Swimming Team	1:05.56	1:09.40	3
14 Wilke, Kallen	15	Zimbabwe Cana Team-ZZ	1:10.12	1:12.09	2
15 Ferley, Daniel	15	Seychelles Swimming Associatio	1:09.50	1:12.92	1
16 Pires, Djamel	15	Angola	1:19.21	1:13.17	
17 Retzlaff, Paul	15	Zimbabwe Cana Team-ZZ	1:16.57	1:14.27	
18 Moosa, Shaquille D	16	Zambia Team 2019	1:08.42	1:14.40	
19 Payet, Bertrand	16	Seychelles Swimming Associatio	1:10.00	x1:14.50	
--- Setzkorn, Friedrich	15	Namibia Swimming Invitation	1:08.99	X1:10.48	
--- Oosthuizen, Hendrik J	15	Namibia Swimming Invitation	1:10.38	X1:13.13	

Event 19 Women 17 & Over 100 LC Meter Backstroke

RECORD: 1:06.07 # 2017/02/16 Robyn Lee ZIM

Name	Age	Team	Seed Time	Finals Time	Points
1 Lima, Lia Ana	17	Angola	1:13.30	1:11.07	18
2 Oberholzer, Ju-Ané	17	Namibia	1:08.87	1:11.86	16
3 Weber, Zuné	17	Namibia	1:09.64	1:13.56	14
4 Melrose, Claire	17	Zimbabwe Cana Team-ZZ	1:14.90	1:18.63	12
5 Meya, Avice	24	Uganda Swimming Federation	1:13.69	1:18.95	11
6 Freitas, Maria	21	Angola	1:19.49	1:19.55	10
7 Pinto, Ammara	21	Malawi Aquatic Umion	1:12.00	1:20.51	9
8 Mwape, Lombe	17	Zambia Team 2019	1:20.03	1:21.26	8
9 Changánamuno, Tayamika	18	Malawi Aquatic Umion	1:23.96	1:28.80	7
10 Naidu, Harleena	17	Zambia Team 2019	1:28.15	1:31.01	6
11 Doorman, Amy	17	Zimbabwe Cana Team-ZZ	1:38.19	1:32.18	5

Event 20 Men 17 & Over 100 LC Meter Backstroke

RECORD: 58.66 # 2017/02/16 DONKER Tom ZAM

Name	Age	Team	Seed Time	Finals Time	Points
1 Wantenaar, Ronan Z	18	Namibia	58.62	1:01.12	18
2 Freeman, James S	17	Botswana	1:00.70	1:04.48	16
3 Viljoen, René H	17	Namibia	1:01.96	1:04.49	14
4 Hoffman, Dean	21	Seychelles Swimming Associatio	1:05.20	1:09.50	12
5 Tayali, Quintin T	17	Zimbabwe Cana Team-ZZ	1:05.23	1:11.61	11
6 Smith, Jordan	17	Zimbabwe Cana Team-ZZ	1:11.68	1:13.44	10
7 Duarte, Joao N	17	Angola	1:17.66	1:16.85	9
8 Kalaluka, Chama T	17	Zambia Team 2019	1:25.04	1:17.92	8

Event 21 Girls 14 & Under 200 LC Meter Medley Relay

RECORD: 1:58.98 # 2016/04/20 SOUTH AFRICA RSA

Team	Relay	Seed Time	Finals Time	Points
1 Republic of South Africa	A	2:07.44	2:09.74	36
1:10.08 2:09.74				
2 Botswana	A	2:12.35	2:13.37	32
1:12.48 2:13.37				
3 Zimbabwe Cana Team-ZZ	A	2:16.80	2:17.13	28
1:13.87 2:17.13				
4 Zambia Team 2019	A	2:21.71	2:18.20	24
1:14.23 2:18.20				
5 Namibia	A	2:18.24	2:20.97	22
1:16.42 2:20.97				
6 Kenya Swimming Team	A	NT	2:28.61	20
1:20.75 2:28.61				

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 21 Girls 14 & Under 200 LC Meter Medley Relay)**

Team	Relay	Seed Time	Finals Time	Points
7 Angola 1:20.79 2:32.59	A	2:28.89	2:32.59	18
8 Malawi Aquatic Union 1:29.35 2:44.80	A	NT	2:44.80	16
--- Namibia Swimming Invitation 1:20.65 2:30.86	A	2:33.52	X2:30.86	

Event 22 Boys 14 & Under 200 LC Meter Medley Relay

RECORD: 1:58.49 # 2017/02/16 Republic of South Africa RSA
B Remley, J Botha, L Taukobong, E Spieker

Team	Relay	Seed Time	Finals Time	Points
1 Namibia 1:01.12 1:58.60	A	2:01.49	1:58.60	36
2 Republic of South Africa 1:06.31 2:02.54	A	1:59.53	2:02.54	32
3 Mozambique Swimming Team 1:08.27 2:03.27	A	2:04.66	2:03.27	28
4 Angola 1:09.35 2:08.78	A	2:43.06	2:08.78	24
5 Seychelles Swimming Associa 1:12.46 2:09.32	A	2:07.00	2:09.32	22
6 Botswana 1:10.09 2:11.36	A	2:11.64	2:11.36	20
7 Zambia Team 2019 1:10.74 2:13.46	A	2:12.11	2:13.46	18
8 Uganda Swimming Federation 1:13.24 2:16.50	A	NT	2:16.50	16
9 Zimbabwe Cana Team-ZZ 1:11.56 2:19.53	A	2:14.08	2:19.53	14
--- Namibia Swimming Invitation 1:12.47 2:16.26	A	2:15.94	X2:16.26	

Event 23 Women 15 & Over 200 LC Meter Medley Relay

RECORD: 2:03.95 # 2019/02/16 Republic of South Africa RSA
S Mbatha, A Volkwyn, M Shepherd, K Munro

Team	Relay	Seed Time	Finals Time	Points
1 Republic of South Africa 1:07.22 2:03.95	A	2:04.89	2:03.95#	36
2 Mauritius 1:08.90 2:08.85	A	2:07.54	2:08.85	32
3 Namibia 1:11.67 2:10.78	A	2:08.73	2:10.78	28
4 Zimbabwe Cana Team-ZZ 2:14.25 2:14.20	A	2:09.45	2:14.20	24
5 Zambia Team 2019 1:11.84 2:15.41	A	2:14.94	2:15.41	22
6 Seychelles Swimming Associa 1:12.32 2:16.31	A	2:17.00	2:16.31	20
7 Botswana 1:14.82 2:17.85	A	2:14.86	2:17.85	18
8 Mozambique Swimming Team 1:15.19 2:21.36	A	NT	2:21.36	16
9 Angola 1:17.49 2:23.29	A	1:42.85	2:23.29	14

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****Event 24 Men 15 & Over 200 LC Meter Medley Relay**

RECORD: 1:48.03 # 2016/04/20 ZAMBIA		ZAM			
Team	Relay	Seed Time	Finals Time	Points	
1 Seychelles Swimming Associa 59.88 1:50.90	A	1:50.00	1:50.90	36	
2 Mauritius 1:00.15 1:51.40	A	1:51.84	1:51.40	32	
3 Botswana 59.60 1:51.44	A	1:50.91	1:51.44	28	
4 Namibia 59.05 1:51.67	A	1:51.37	1:51.67	24	
5 Republic of South Africa 1:00.32 1:52.52	A	1:52.98	1:52.52	22	
6 Angola 59.29 1:52.87	A	1:51.53	1:52.87	20	
7 Mozambique Swimming Team 1:04.33 1:57.70	A	1:57.22	1:57.70	18	
8 Zimbabwe Cana Team-ZZ 1:03.63 1:59.06	A	1:56.19	1:59.06	16	
9 Zambia Team 2019 1:04.33 1:59.50	A	2:00.15	1:59.50	14	
--- Uganda Swimming Federation Number 3 swimmers feet lost touch with the starting platform before the preceeding team-ma 1:04.82 DQ	A	NT	DQ		

Event 25 Girls 12 & Under 200 LC Meter Breaststroke

RECORD: 2:59.22 # 2017/02/17 Alicia Kok Shun		MRI			
Name	Age Team	Seed Time	Finals Time	Points	
1 Dhemba, Vhenekai 1:32.33 3:12.94	12 Zimbabwe Cana Team-ZZ	3:16.16	3:12.94	18	
2 Naukosho, Ariana 1:32.35 3:13.20	11 Namibia	3:30.11	3:13.20	16	
3 Rocha, Melyssa 1:31.49 3:14.20	12 Mozambique Swimming Team	3:06.26	3:14.20	14	
4 Kinnaird, Brynne B 1:35.53 3:18.98	12 Namibia	3:19.08	3:18.98	12	
5 De Speville Mason, Liliana 1:29.84 3:21.35	12 Seychelles Swimming Associatio	3:22.40	3:21.35	11	
6 Ditlhogo, Amaru 1:36.17 3:21.53	12 Botswana	3:28.22	3:21.53	10	
7 Musere, Matida 1:33.80 3:22.26	12 Zimbabwe Cana Team-ZZ	3:18.00	3:22.26	9	
8 Vidmar, Julijana 1:36.32 3:27.75	12 Zambia Team 2019	3:30.77	3:27.75	8	
9 Harry, Kyra 1:40.67 3:35.39	12 Botswana	3:33.70	3:35.39	7	
10 Hoy, Hayley 1:45.96 3:37.42	10 Eswatini	3:39.87	3:37.42	6	
11 Silva, Welwitschia 1:46.53 3:42.89	11 Angola	NT	3:42.89	5	
12 Hlophe, Nina 1:48.36 3:51.10	12 Eswatini	3:45.52	3:51.10	4	
--- Coates, Johanna K Swimmer started before the starting signal 1:37.99 DQ	12 Zambia Team 2019	3:31.29	DQ		

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****Event 26 Boys 12 & Under 200 LC Meter Breaststroke**

RECORD: 2:48.29 # 2017/02/17 Mikah K Burger

NAM

Name	Age	Team	Seed Time	Finals Time	Points
1 Durand, Oliver B 1:27.16 2:59.00	11	Namibia	3:03.68	2:59.00	18
2 Ellis, Quinn 1:32.09 3:07.10	12	Namibia	3:16.59	3:07.10	16
3 L'Arrogant, Hugo 1:29.22 3:08.49	12	Mauritius	3:05.65	3:08.49	14
4 Fattine, Kaio 1:32.56 3:08.55	12	Mozambique Swimming Team	3:13.43	3:08.55	12
5 Birungi, Shane 1:31.31 3:11.47	12	Uganda Swimming Federation	3:23.18	3:11.47	11
6 Moyo, Zach 1:33.10 3:17.27	12	Zambia Team 2019	3:18.77	3:17.27	10
7 Mwamba, Mutale 1:34.87 3:20.54	12	Zambia Team 2019	3:17.92	3:20.54	9
8 Ngwenya, Onesimus 1:35.80 3:23.58	12	Zimbabwe Cana Team-ZZ	3:22.53	3:23.58	8
9 Mokobi, Kgotla 1:32.83 3:29.37	12	Botswana	3:22.94	3:29.37	7
10 Loo, Adam 1:43.37 3:36.27	11	Botswana	3:24.52	3:36.27	6
11 De Sousa, Damien 1:46.54 3:43.88	12	Eswatini	3:37.72	3:43.88	5
--- Hekandjo, Kgosana O 1:42.76 3:37.37	11	Namibia Swimming Invitation	3:27.95	X3:37.37	

Event 27 Girls 13-14 200 LC Meter Breaststroke

RECORD: 2:41.59 # 2017/02/17 Taily Seyffert

RSA

Name	Age	Team	Seed Time	Finals Time	Points
1 Kok Shun, Alicia 1:22.10 2:51.29	14	Mauritius	2:54.34	2:51.29	18
2 Gebert, Ines 1:25.41 2:58.87	14	Mauritius	2:57.00	2:58.87	16
3 Namutebi, Kirabo 1:28.38 3:07.30	14	Uganda Swimming Federation	3:03.06	3:07.30	14
4 Mutumbulua, Trisha 1:33.00 3:10.90	14	Namibia	3:13.40	3:10.90	12
5 Matonhodze, Shamiso 1:28.11 3:15.04	14	Botswana	2:54.05	3:15.04	11
6 Fawaz, Yasmina 1:28.16 3:16.76	14	Zambia Team 2019	3:07.99	3:15.81	10
7 Clifton-Smith, Candice 1:28.16 3:16.76	14	Republic of South Africa	3:00.07	3:16.76	9
8 Ramajan, Saira 1:35.44 3:18.18	13	Zimbabwe Cana Team-ZZ	3:17.17	3:18.18	8
9 Ingwe, Kimberly 1:34.10 3:20.19	13	Botswana	3:09.02	3:20.19	7
10 Samaras, Abbie 1:37.55 3:29.75	13	Zambia Team 2019	3:23.15	3:29.75	6
11 Viljoen, Shanay G 1:39.81 3:30.58	13	Namibia	3:17.08	3:30.58	5
12 Francisco, Sebastiana 1:41.09 3:34.81	13	Angola	3:37.94	3:34.81	4
13 Larginho, Daniela 1:49.36 3:47.18	13	Angola	3:50.81	3:47.18	3
14 Dlamini, Siwakhile T 1:50.88 4:00.86	13	Eswatini	3:50.25	4:00.86	2

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 27 Girls 13-14 200 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time	Points
--- Stange, Maya A 1:38.56 3:17.81	13	Namibia Swimming Invitation	3:18.09	X3:17.81	
--- Kuhn, Emma A Swimmer did not finish	14	Republic of South Africa	2:41.54	DNF	

Event 28 Boys 13-14 200 LC Meter Breaststroke

RECORD: 2:32.09 # 2017/02/17 Oliver Wong Chap Lan		MRI			
Name	Age	Team	Seed Time	Finals Time	Points
1 Keylock, Kian C 1:11.72 2:32.82	13	Republic of South Africa	2:33.62	2:32.82	18
2 Miller, Joshua 1:14.81 2:36.80	14	Seychelles Swimming Associatio	2:34.80	2:36.80	16
3 Werrett, Cory 1:15.22 2:38.55	14	Zimbabwe Cana Team-ZZ	2:40.55	2:38.55	14
4 Burger, Mikah K 1:20.09 2:43.26	14	Namibia	2:41.45	2:43.26	12
5 Freitas, Filipe S 1:17.07 2:45.86	13	Angola	2:40.42	2:45.86	11
6 De Jager, Christopher 1:20.78 2:49.33	14	Namibia	2:52.15	2:49.33	10
7 Lobo, Caio 1:20.21 2:50.72	13	Mozambique Swimming Team	2:43.58	2:50.72	9
8 Ngwenya, Mufaro 1:24.57 2:57.76	14	Zimbabwe Cana Team-ZZ	2:54.50	2:57.76	8
9 Tranquille, Gregory 1:23.06 2:59.51	14	Mauritius	2:47.06	2:59.51	7
10 Nagapin, Nathan 1:24.44 3:01.21	13	Seychelles Swimming Associatio	2:45.10	3:01.21	6
11 Liakopoulos, Theodoros E 1:30.74 3:14.24	14	Zambia Team 2019	3:09.05	3:14.24	5
12 Zocolo, Osvaldo 1:32.64 3:15.12	14	Angola	3:01.88	3:15.12	4
--- Rathenam, Keanet-Peter 1:31.14 3:08.38	14	Namibia Swimming Invitation	2:59.66	X3:08.38	

Event 29 Women 15-16 200 LC Meter Breaststroke

RECORD: 2:39.44 # 2017/02/17 Christin Mundell		RSA			
Name	Age	Team	Seed Time	Finals Time	Points
1 Shepherd, Megan L 1:20.71 2:49.91	15	Republic of South Africa	2:47.00	2:49.91	18
2 Stergiadis, Heleni 1:22.66 2:52.72	16	Namibia	2:50.28	2:52.72	16
3 Volkwyn, Ashton K 1:22.77 2:54.26	16	Republic of South Africa	2:51.96	2:54.26	14
4 Redecker, Nicole 1:25.80 3:00.82	15	Namibia	3:01.31	3:00.82	12
5 Kimani, Jasmin 1:26.97 3:04.75	15	Kenya Swimming Team	3:01.37	3:04.75	11
6 Soukup, Therese 1:30.53 3:08.85	15	Seychelles Swimming Associatio	3:02.00	3:08.85	10
7 Mitchell, Hannah 1:29.41 3:08.93	15	Zimbabwe Cana Team-ZZ	3:01.62	3:08.93	9
8 Glover, Celia 1:29.88 3:10.82	15	Mauritius	2:57.31	3:10.82	8
9 Munhemeze, Domingas 1:32.41 3:11.87	16	Mozambique Swimming Team	3:06.94	3:11.87	7
10 Chungu, Chibwe 1:30.99 3:12.13	16	Zambia Team 2019	3:05.51	3:12.13	6

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 29 Women 15-16 200 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time	Points
11 Coelho, Elaine 1:33.71 3:14.11	15	Angola	3:16.67	3:14.11	5
12 Jorge, Alice 1:33.62 3:16.07	16	Angola	3:28.89	3:16.07	4
13 Mtetwa, Chiedza 1:33.09 3:16.59	16	Zimbabwe Cana Team-ZZ	3:16.35	3:16.59	3
14 Vos, Tayla S 1:32.68 3:23.41	16	Botswana	3:21.63	3:23.41	2

Event 30 Men 15-16 200 LC Meter Breaststroke

RECORD: 2:27.49 # 2016/04/21 DAVIS Liam			ZAM		
Name	Age	Team	Seed Time	Finals Time	Points
1 Casali, Cameron J 1:14.50 2:33.32	16	Republic of South Africa	2:29.19	2:33.32	18
2 Terblanche, Jakobus P 1:14.14 2:33.38	16	Republic of South Africa	2:31.38	2:33.38	16
3 Fischer, Ethan 1:17.04 2:38.35	16	Botswana	2:35.59	2:38.35	14
4 Wong Chap Lan, Oliver 1:16.16 2:41.52	16	Mauritius	2:33.08	2:41.52	12
5 Ferley, Daniel 1:16.87 2:43.63	15	Seychelles Swimming Associatio	2:39.60	2:43.63	11
6 Oosthuizen, Martin S 1:21.19 2:46.25	16	Namibia	2:48.69	2:46.25	10
*7 Betts, Maximilian W 1:19.26 2:47.20	15	Namibia	2:41.51	2:47.20	8.50
*7 Mills, Tait 1:19.67 2:47.20	16	Zimbabwe Cana Team-ZZ	2:45.14	2:47.20	8.50
9 Pale, Justino 1:22.75 2:49.79	15	Mozambique Swimming Team	2:43.12	2:49.79	7
10 Rouse, Brandon 1:23.35 2:55.02	15	Botswana	2:50.44	2:55.02	6
11 Chonguiça, Yannis 1:24.35 2:56.97	15	Mozambique Swimming Team	2:49.39	2:56.97	5
12 Fitzpatrick, Christopher 1:24.39 2:59.34	16	Tanzania	3:03.43	2:59.34	4
13 Shamambo, Damien 1:24.87 2:59.75	15	Zambia Team 2019	2:55.04	2:59.75	3
14 Pires, Djamel 1:25.21 2:59.87	15	Angola	3:15.68	2:59.87	2
15 Safeca, Amilcar 1:30.97 3:24.25	15	Angola	3:18.48	3:24.25	1
--- Abraham, Ethan 1:36.50 DQ	15	Eswatini	3:39.79	DQ	

At the turn or finish did not touch with both hands simultaneously/separated

Event 31 Women 17 & Over 200 LC Meter Breaststroke

RECORD: 2:43.38 # 2009/01/09 KERI J PLUMSTEAD			RSA		
Name	Age	Team	Seed Time	Finals Time	Points
1 IP Hen Cheung, Tessa 1:23.81 2:51.26	17	Mauritius	2:44.56	2:51.26	18
2 Oberholzer, Ju-Ané 1:31.27 3:07.24	17	Namibia	3:03.22	3:07.24	16
3 Doorman, Amy 1:30.42 3:07.91	17	Zimbabwe Cana Team-ZZ	3:07.50	3:07.91	14
4 Naidu, Harleena 1:32.16 3:15.57	17	Zambia Team 2019	3:09.04	3:15.57	12

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 31 Women 17 & Over 200 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time	Points
5 Barros, Erica	18	Angola	3:46.92	3:47.22	11
			1:47.36	3:47.22	

Event 32 Men 17 & Over 200 LC Meter Breaststroke

RECORD: 2:23.31 # 2016/04/21 Pedro Pinotes

ANG

Name	Age	Team	Seed Time	Finals Time	Points
1 Wantenaar, Ronan Z	18	Namibia	2:22.78	2:28.51	18
			1:11.90	2:28.51	
2 Gomes, Filipe	21	Malawi Aquatic Union	2:27.83	2:29.75	16
			1:11.81	2:29.75	
3 Robinson, Adrian	18	Botswana	2:32.99	2:31.43	14
			1:11.92	2:31.43	
4 Cioccolanti, Jodave	17	Namibia	2:42.19	2:46.28	12
			1:19.61	2:46.28	
5 Naidu, Kumaren M	21	Zambia Team 2019	2:48.27	2:49.23	11
			1:17.78	2:49.23	
6 Duarte, Joao N	17	Angola	2:53.21	2:49.51	10
			1:22.14	2:49.51	
7 Purahoo, Ovesh	17	Mauritius	2:45.00	2:57.68	9
			1:27.55	2:57.68	
8 Smith, Jordan	17	Zimbabwe Cana Team-ZZ	3:01.45	3:03.84	8
			1:25.99	3:03.84	
9 Kalaluka, Chama T	17	Zambia Team 2019	3:03.70	3:10.59	7
			1:26.23	3:10.59	
--- Ervedosa, Mario	20	Angola	2:44.75	DNF	
				Swimmer did not finish	

Event 33 Girls 12 & Under 50 LC Meter Backstroke

RECORD: 33.07 # 2016/04/21 PHIRI Mia

ZAM

Name	Age	Team	Seed Time	Finals Time	Points
1 Rocha, Melyssa	12	Mozambique Swimming Team	36.10	35.68	18
2 Phiri, Jade A	12	Zambia Team 2019	36.51	35.97	16
3 Dhemba, Vhenekai	12	Zimbabwe Cana Team-ZZ	37.10	36.92	14
4 Mostert, Danielle	12	Namibia	35.61	37.29	12
5 Coates, Johanna K	12	Zambia Team 2019	37.72	37.30	11
6 Labuschagne, Isabelle	11	Seychelles Swimming Associatio	40.80	37.54	10
7 Nanjala, Rebecca	12	Kenya Swimming Team	38.45	37.59	9
8 Kagwima, Ashley N	11	Kenya Swimming Team	39.24	38.51	8
9 Onovo, Onye	12	Zimbabwe Cana Team-ZZ	38.32	38.82	7
10 Brinkmann, Maja J	11	Namibia	38.42	40.30	6
11 Hoy, Hayley	10	Eswatini	41.02	40.43	5
12 Losacco, Olivia	10	Malawi Aquatic Union	46.52	40.45	4
13 Pigford, Elizabeth	12	Botswana	38.96	40.97	3
*14 Silva, Welwitschia	11	Angola	48.53	41.07	1.50
*14 Harry, Kyra	12	Botswana	41.01	41.07	1.50
16 Correia, Maira	12	Mozambique Swimming Team	45.99	42.11	
17 Nambeguya, Ssanyu	12	Uganda Swimming Federation	48.33	43.18	
18 Kayuni, Jennifer	12	Malawi Aquatic Union	44.40	43.55	
19 Hlophe, Nina	12	Eswatini	47.18	47.79	
--- Humphrey, Jessica	10	Namibia Swimming Invitation	39.39	X38.56	
--- Westerduin, Reza	11	Namibia Swimming Invitation	39.45	X40.38	

Event 34 Boys 12 & Under 50 LC Meter Backstroke

RECORD: 32.69 # 2019/02/17 Hugo L'Arrogant

MRI

Name	Age	Team	Seed Time	Finals Time	Points
1 L'Arrogant, Hugo	12	Mauritius	33.55	32.69#	18
2 Hart, Ivan	12	Kenya Swimming Team	34.29	33.01	16

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 34 Boys 12 & Under 50 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time	Points
3 Ellis, Quinn	12	Namibia	34.56	33.28	14
4 Faftine, Kaio	12	Mozambique Swimming Team	34.59	34.78	12
5 Kalaluka, Timuna	12	Zambia Team 2019	36.54	36.36	11
6 Durand, Oliver B	11	Namibia	35.34	36.41	10
7 Bagha, Abdul	12	Kenya Swimming Team	36.82	37.50	9
8 Reilly, Sean	10	Zimbabwe Cana Team-ZZ	38.24	38.34	8
9 Birungi, Shane	12	Uganda Swimming Federation	37.37	38.65	7
10 Kyabayinze, Zaabu	11	Uganda Swimming Federation	42.60	40.00	6
11 Mulenga, Mwenya	12	Zambia Team 2019	41.40	40.05	5
12 Payet, Thierry	11	Seychelles Swimming Associatio	35.60	40.46	4
13 Mokobi, Kgotla	12	Botswana	39.93	41.04	3
14 Kumsinda, Akuzike	12	Malawi Aquatic Union	46.07	41.22	2
15 Ngwenya, Onesimus	12	Zimbabwe Cana Team-ZZ	41.95	41.36	1
16 Loo, Adam	11	Botswana	40.30	41.48	
17 De Sousa, Damien	12	Eswatini	48.50	41.75	
18 Taborda, Helio	11	Angola	45.05	43.56	
19 Furtado, Marco	9	Angola	48.51	44.57	
--- Steyn, Fourie P	11	Namibia Swimming Invitation	37.87	X38.73	
--- Nakaleke, Eliphas	10	Namibia Swimming Invitation	38.98	X38.96	

Event 35 Girls 13-14 50 LC Meter Backstroke

RECORD: 31.85 # 2016/04/21 KOENIG Camille

MRI

Name	Age	Team	Seed Time	Finals Time	Points
1 Coetzee, Lise	14	Republic of South Africa	32.56	32.36	18
2 Namutebi, Kirabo	14	Uganda Swimming Federation	31.89	32.87	16
3 Kuhn, Emma A	14	Republic of South Africa	32.37	33.07	14
4 Mutumbulua, Trisha	14	Namibia	35.31	33.87	12
5 Gebert, Ines	14	Mauritius	33.30	34.02	11
6 Jack, Michelle	13	Botswana	33.72	34.84	10
7 Ramajan, Saira	13	Zimbabwe Cana Team-ZZ	33.84	34.88	9
8 Loo, Caitlin	14	Botswana	34.86	35.19	8
9 Elizabeth, Khema	14	Seychelles Swimming Associatio	38.20	35.70	7
10 Mahobebe, Mkhuseleli	13	Zimbabwe Cana Team-ZZ	35.87	35.87	6
11 Maye, Kenda	14	Kenya Swimming Team	36.08	36.19	5
12 Kok Shun, Alicia	14	Mauritius	36.20	36.29	4
13 Herbst, Kyle A	14	Namibia	35.30	37.58	3
14 Samaras, Abbie	13	Zambia Team 2019	38.98	38.74	2
15 Makwenda, Jessica	13	Malawi Aquatic Union	41.99	41.35	1
16 Chizonda, Tracy	13	Malawi Aquatic Union	42.94	42.10	
17 Francisco, Sebastiana	13	Angola	43.60	42.40	
18 Young, Raya	13	Eswatini	44.68	42.87	
19 Ingles, Lwena	13	Angola	43.72	43.12	
20 Dlamini, Siwakhile T	13	Eswatini	44.22	44.85	
--- Stange, Maya A	13	Namibia Swimming Invitation	39.15	X37.83	
--- Spath, Mackenzie	13	Namibia Swimming Invitation	38.73	X38.33	
--- Fawaz, Yasmina	14	Zambia Team 2019	36.38	DQ	

Swimmer totally submerged, except in first 15m following the start or the turn

Event 36 Boys 13-14 50 LC Meter Backstroke

RECORD: 29.81 # 2015/05/07 Érico M Cuna

MOZ

Name	Age	Team	Seed Time	Finals Time	Points
1 Burger, Mikah K	14	Namibia	28.88	29.98	18
2 Junior, Manuel Antonio	14	Mozambique Swimming Team	30.60	30.52	16
3 AH Yong, Victor	14	Mauritius	29.04	30.56	14
4 Canjulo, Jose N	13	Namibia	30.38	30.63	12
5 Keylock, Kian C	13	Republic of South Africa	30.82	30.84	11

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 36 Boys 13-14 50 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
6	Gondo, Takundan Ashe	14	Botswana	32.44	31.85	10
7	Furtado, Yusseni	14	Angola	34.56	32.01	9
8	Lobo, Caio	13	Mozambique Swimming Team	32.19	32.43	8
9	Werrett, Cory	14	Zimbabwe Cana Team-ZZ	31.89	33.37	7
10	Nkunzi, Awande	13	Republic of South Africa	32.25	33.75	6
11	Lillie, Michael	14	Zambia Team 2019	33.64	33.81	5
12	Francisco, Alexandre	14	Angola	35.23	33.97	4
13	Fernando, Khushal J	13	Zambia Team 2019	35.41	34.36	3
14	Kyabayinze, Daryl	14	Uganda Swimming Federation	35.05	34.41	2
15	Kandima, Jason	14	Botswana	36.66	35.81	1
16	Ngwenya, Mufaro	14	Zimbabwe Cana Team-ZZ	36.50	37.12	
17	Vidot, Alain	14	Seychelles Swimming Associatio	34.00	37.73	
18	Moosa, Mohammed A	13	Malawi Aquatic Union	46.94	38.27	
19	Banda, Asher	13	Malawi Aquatic Union	43.86	41.22	
---	Mostert, Damian A	14	Namibia Swimming Invitation	33.90	X35.11	
---	Esslinger, Nico	13	Namibia Swimming Invitation	35.50	X36.62	
---	Yiga-Mawano, Francesco K	14	Uganda Swimming Federation	34.60	DQ	

Event 37 Women 15-16 50 LC Meter Backstroke

RECORD: 31.94 # 2019/02/17 Kelsea Munro				RSA		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Munro, Kelsea	16	Republic of South Africa	30.75	31.94#	18
2	Phiri, Mia A	15	Zambia Team 2019	31.17	32.05	16
3	Mbatha, Lwethu T	16	Republic of South Africa	31.72	32.06	14
4	Stergiadis, Heleni	16	Namibia	31.34	32.28	12
5	van der Westhuizen, Paige	15	Zimbabwe Cana Team-ZZ	32.08	32.59	11
6	Soukup, Therese	15	Seychelles Swimming Associatio	32.10	33.71	10
7	Esslinger, Tiana	15	Namibia	32.59	33.88	9
8	Foo Sem Fah, Leah	16	Mauritius	34.75	33.89	8
9	Matthews, Tselane	15	Botswana	33.71	34.24	7
10	Munhemeze, Domingas	16	Mozambique Swimming Team	35.68	35.10	6
11	Mtetwa, Chiedza	16	Zimbabwe Cana Team-ZZ	35.35	35.25	5
12	Ruele, Bupe B	15	Botswana	34.58	35.68	4
13	Mwebeiha, Mercedes	15	Uganda Swimming Federation	32.94	36.46	3
14	Karia, Riva	16	Kenya Swimming Team	37.69	36.84	2
15	Chibiya, Temwani A	15	Zambia Team 2019	38.33	36.91	1
16	Jorge, Alice	16	Angola	40.54	37.91	
17	Ingles, Lwazi	15	Angola	40.16	42.83	

Event 38 Men 15-16 50 LC Meter Backstroke

RECORD: 28.88 # 2017/02/17 Ronan Z Wantenaar				NAM		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Casali, Cameron J	16	Republic of South Africa	28.14	29.08	18
2	Fred, Tyler	16	Seychelles Swimming Associatio	29.75	29.18	16
3	Terblanche, Jakobus P	16	Republic of South Africa	28.73	29.19	14
4	Gordo, Salvador	16	Angola	29.71	29.34	12
5	Bekker, Andile	15	Botswana	29.63	29.51	11
6	Kok Shun, Ryan	16	Mauritius	30.15	29.82	10
7	Da Costa, Valentim	15	Mozambique Swimming Team	29.97	30.17	9
8	Oosthuizen, Martin S	16	Namibia	29.42	30.63	8
9	Rouse, Brandon	15	Botswana	30.62	30.88	7
10	Pale, Justino	15	Mozambique Swimming Team	30.13	31.06	6
11	Gruter, Noah	16	Mauritius	29.92	31.17	5
12	Mukalazi, Tendo	16	Uganda Swimming Federation	30.53	31.24	4
13	Henning, Marco T	16	Namibia	31.28	31.46	3
14	Wilke, Kallen	15	Zimbabwe Cana Team-ZZ	31.70	31.64	2

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 38 Men 15-16 50 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time	Points
15 Moosa, Shaquille D	16	Zambia Team 2019	31.75	32.32	1
16 Shamambo, Damien	15	Zambia Team 2019	32.60	32.59	
17 Mills, Tait	16	Zimbabwe Cana Team-ZZ	32.52	32.64	
18 Payet, Bertrand	16	Seychelles Swimming Associatio	32.10	33.67	
19 Fitzpatrick, Christopher	16	Tanzania	34.43	34.66	
20 Safeca, Amilcar	15	Angola	34.19	34.67	
21 Abraham, Ethan	15	Eswatini	42.50	43.12	
--- Wellmann, Arkell J	16	Namibia Swimming Invitation	32.52	X32.76	
--- Setzkorn, Friedrich	15	Namibia Swimming Invitation	32.01	X32.79	

Event 39 Women 17 & Over 50 LC Meter Backstroke**RECORD:** 30.96 # 2017/02/17 **Alexus Laird****SEY**

Name	Age	Team	Seed Time	Finals Time	Points
1 Weber, Zuné	17	Namibia	31.65	32.61	18
2 Oberholzer, Ju-Ané	17	Namibia	32.74	33.84	16
3 Melrose, Claire	17	Zimbabwe Cana Team-ZZ	34.84	34.61	14
4 Meya, Avice	24	Uganda Swimming Federation	35.95	35.11	12
5 Freitas, Maria	21	Angola	34.90	35.52	11
6 Pinto, Ammara	21	Malawi Aquatic Umion	33.76	35.94	10
7 Mwape, Lombe	17	Zambia Team 2019	36.43	36.21	9
8 Makuwa, Ashley	17	Zimbabwe Cana Team-ZZ	34.63	36.32	8
9 Naidu, Harleena	17	Zambia Team 2019	39.20	38.93	7
10 Changánamuno, Tayamika	18	Malawi Aquatic Umion	38.50	39.79	6
11 Barros, Erica	18	Angola	43.87	44.92	5

Event 40 Men 17 & Over 50 LC Meter Backstroke**RECORD:** 27.40 # 2016/04/21 **DONKER Tom****ZAM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Wantenaar, Ronan Z	18	Namibia	26.86	28.10	18
2 Bachmann, Mathieu	22	Seychelles Swimming Associatio	28.80	28.32	16
3 Anodin, Gregory	19	Mauritius	29.50	29.33	14
4 Freeman, James S	17	Botswana	29.30	29.45	12
5 Francisco, Daniel	19	Angola	29.43	29.65	11
6 Viljoen, René H	17	Namibia	28.81	29.66	10
7 Tayali, Quintin T	17	Zimbabwe Cana Team-ZZ	29.56	30.01	9
8 Hoffman, Dean	21	Seychelles Swimming Associatio	30.10	30.23	8
9 Naidu, Kumaren M	21	Zambia Team 2019	31.39	30.77	7
10 Saleh, Nabil	17	Uganda Swimming Federation	29.64	31.06	6
11 Robinson, Adrian	18	Botswana	30.08	31.36	5
12 Chaane, Hlalele E	18	Republic of South Africa	32.78	32.02	4
13 Smith, Jordan	17	Zimbabwe Cana Team-ZZ	32.72	32.26	3
14 Duarte, Joao N	17	Angola	36.45	35.29	2

Event 41 Girls 12 & Under 200 LC Meter Freestyle**RECORD:** 2:18.99 # 2016/04/21 **VAN DER WESTHUIZEN Paige****ZIM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Dhemba, Vhenekai 1:14.10 2:29.83	12	Zimbabwe Cana Team-ZZ	2:35.93	2:29.83	18
2 Phiri, Jade A 1:14.16 2:31.95	12	Zambia Team 2019	2:36.36	2:31.95	16
3 Dithlogo, Amaru 1:12.82 2:32.19	12	Botswana	2:35.54	2:32.19	14
4 Naukosho, Ariana 1:15.21 2:35.35	11	Namibia	2:37.95	2:35.35	12
5 Kagwima, Ashley N	11	Kenya Swimming Team	2:39.68	2:35.41	11
6 De Speville Mason, Liliana 1:14.42 2:36.11	12	Seychelles Swimming Associatio	2:32.50	2:36.11	10

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 41 Girls 12 & Under 200 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
7 Rocha, Melyssa 1:14.42 2:37.70	12	Mozambique Swimming Team	2:33.67	2:37.70	9
8 Onovo, Onye 1:17.13 2:40.90	12	Zimbabwe Cana Team-ZZ	2:45.09	2:40.90	8
9 Vidmar, Julijana 1:17.09 2:41.36	12	Zambia Team 2019	2:47.98	2:41.36	7
10 Nanjala, Rebecca 1:18.22 2:43.12	12	Kenya Swimming Team	2:47.76	2:43.12	6
11 Hoy, Hayley 1:21.54 2:43.49	10	Eswatini	2:50.09	2:43.49	5
12 Ohm, Michaela 1:17.57 2:45.35	11	Namibia	2:40.43	2:45.35	4
13 Silva, Welwitschia 1:24.43 2:53.28	11	Angola	2:52.20	2:53.28	3
14 Correia, Maira 1:23.67 2:59.50	12	Mozambique Swimming Team	2:54.41	2:59.50	2
15 Hlophe, Nina	12	Eswatini	3:08.45	3:04.08	1

Event 42 Boys 12 & Under 200 LC Meter Freestyle**RECORD: 2:17.54 # 2019/02/17 Ivan Hart****KEN**

Name	Age	Team	Seed Time	Finals Time	Points
1 Hart, Ivan 1:08.05 2:17.54	12	Kenya Swimming Team	2:15.92	2:17.54 #	18
2 Fattine, Kaio 1:11.37 2:24.17	12	Mozambique Swimming Team	2:25.70	2:24.17	16
3 Ellis, Quinn 1:13.33 2:24.92	12	Namibia	2:29.99	2:24.92	14
4 L'Arrogant, Hugo 1:10.98 2:26.29	12	Mauritius	2:20.04	2:26.29	12
5 Munguambe, Cleyton 1:12.29 2:26.56	11	Mozambique Swimming Team	2:25.03	2:26.56	11
6 Payet, Thierry 1:12.48 2:29.56	11	Seychelles Swimming Associatio	2:31.00	2:29.56	10
7 Bagha, Abdul 1:12.37 2:29.79	12	Kenya Swimming Team	2:28.53	2:29.79	9
8 Birungi, Shane 1:13.75 2:32.50	12	Uganda Swimming Federation	3:19.22	2:32.50	8
9 Mulenga, Mwenya 1:14.06 2:36.84	12	Zambia Team 2019	2:36.33	2:36.84	7
10 Durand, Oliver B	11	Namibia	2:30.33	2:36.87	6
11 Ngwenya, Onesimus 1:15.74 2:36.90	12	Zimbabwe Cana Team-ZZ	2:37.96	2:36.90	5
12 Kyabayinze, Zaabu 1:17.48 2:40.06	11	Uganda Swimming Federation	2:56.79	2:40.06	4
13 Moyo, Zach 1:17.37 2:41.31	12	Zambia Team 2019	2:46.37	2:41.31	3
14 Haskins, Ethan 1:15.86 2:44.09	11	Botswana	2:48.01	2:44.09	2
15 Loo, Adam 1:18.85 2:51.58	11	Botswana	2:45.74	2:51.58	1
16 Reilly, Sean 1:19.58 2:55.13	10	Zimbabwe Cana Team-ZZ	3:12.42	2:55.13	
17 De Sousa, Damien	12	Eswatini	2:50.92	2:57.25	
--- Hekandjo, Kgosana O 1:16.83 2:41.01	11	Namibia Swimming Invitation	2:43.69	X2:41.01	
--- Steyn, Fourie P 1:25.92 2:58.43	11	Namibia Swimming Invitation	2:52.88	X2:58.43	

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****Event 43 Girls 13-14 200 LC Meter Freestyle**

RECORD: 2:10.21 # 2019/02/17 Lise Coetzee		RSA				
Name	Age	Team	Seed Time	Finals Time	Points	
1 Coetzee, Lise 1:04.85 2:10.21	14	Republic of South Africa	2:13.47	2:10.21 #	18	
2 Brown, Kelly-Ann 1:04.76 2:11.22	14	Republic of South Africa	2:14.42	2:11.22	16	
3 Egner, Maxine 1:07.85 2:20.34	14	Botswana	2:19.18	2:20.34	14	
4 Gebert, Ines 1:07.80 2:21.12	14	Mauritius	2:15.00	2:21.12	12	
5 Kok Shun, Alicia 1:08.83 2:22.93	14	Mauritius	2:21.15	2:22.93	11	
6 Santo, Rafaela Espirito 1:09.59 2:24.99	14	Angola	2:31.27	2:24.99	10	
7 Mahobebe, Mkhusele 1:09.57 2:25.35	13	Zimbabwe Cana Team-ZZ	2:30.04	2:25.35	9	
8 Loo, Caitlin	14	Botswana	2:25.06	2:26.55	8	
9 Mateus, Alicia 1:08.83 2:26.59	14	Mozambique Swimming Team	2:22.28	2:26.59	7	
10 Mutumbulua, Trisha 1:08.29 2:26.70	14	Namibia	2:26.27	2:26.70	6	
11 Samaras, Abbie	13	Zambia Team 2019	2:42.91	2:40.34	5	
12 Maye, Kenda 1:18.69 2:44.35	14	Kenya Swimming Team	2:39.56	2:44.35	4	
13 Ramajan, Saira 1:18.32 2:44.88	13	Zimbabwe Cana Team-ZZ	2:36.77	2:44.88	3	
14 Viljoen, Corley G 1:19.30 2:47.48	13	Namibia	2:32.09	2:47.48	2	
15 Larginho, Daniela 1:21.75 2:48.10	13	Angola	3:31.04	2:48.10	1	
16 Young, Raya 1:28.69 2:59.57	13	Eswatini	3:09.93	2:59.57		
17 Dlamini, Siwakhile T 1:25.44 3:02.97	13	Eswatini	2:59.89	3:02.97		
--- Spath, Mackenzie 1:18.70 2:41.81	13	Namibia Swimming Invitation	2:41.99	X2:41.81		

Event 44 Boys 13-14 200 LC Meter Freestyle

RECORD: 2:02.48 # 2017/02/17 Ethan R Spieker		RSA				
Name	Age	Team	Seed Time	Finals Time	Points	
1 Canjulo, Jose N 1:00.55 2:03.37	13	Namibia	2:09.20	2:03.37	18	
2 Pillay, Leshen A 59.33 2:03.67	14	Republic of South Africa	2:03.45	2:03.67	16	
3 Burger, Mikah K 1:04.81 2:10.66	14	Namibia	2:11.42	2:10.66	14	
4 Werrett, Cory	14	Zimbabwe Cana Team-ZZ	2:17.03	2:13.21	12	
5 Vidot, Alain 1:04.31 2:14.03	14	Seychelles Swimming Associatio	2:17.40	2:14.03	11	
6 AH Yong, Victor 1:04.27 2:15.50	14	Mauritius	2:05.37	2:15.50	10	
7 van Rooyen, Benco 1:07.49 2:17.60	14	Botswana	2:23.43	2:17.60	9	
8 Junior, Manuel Antonio 1:02.45 2:17.64	14	Mozambique Swimming Team	2:13.59	2:17.64	8	
9 Miller, Joshua 1:05.95 2:17.73	14	Seychelles Swimming Associatio	2:15.60	2:17.73	7	
10 Freitas, Filipe S	13	Angola	2:26.08	2:18.43	6	

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 44 Boys 13-14 200 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
11 Lobo, Caio 1:07.45 2:21.04	13	Mozambique Swimming Team	2:19.05	2:21.04	5
12 Ramoholi, Thapelo R 1:05.80 2:21.38	14	Republic of South Africa	2:21.16	2:21.38	4
13 Lillie, Michael 1:09.93 2:25.01	14	Zambia Team 2019	2:27.02	2:25.01	3
14 Fernando, Khushal J 1:05.64 2:25.26	13	Zambia Team 2019	2:24.04	2:25.26	2
15 Zocolo, Osvaldo 1:10.61 2:25.79	14	Angola	2:30.23	2:25.79	1
16 Kyabayinze, Daryl 1:10.46 2:29.01	14	Uganda Swimming Federation	2:28.00	2:29.01	
17 Duff, Garrick 1:12.41 2:33.06	13	Zimbabwe Cana Team-ZZ	2:32.80	2:33.06	
--- Mostert, Damian A 1:07.00 2:19.10	14	Namibia Swimming Invitation	2:18.70	X2:19.10	
--- Esslinger, Nico 1:10.99 2:27.75	13	Namibia Swimming Invitation	2:25.43	X2:27.75	

Event 45 Women 15-16 200 LC Meter Freestyle

RECORD: 2:10.60 # 2019/02/17 Paige van der Westhuizen			ZIM-ZZ		
Name	Age	Team	Seed Time	Finals Time	Points
1 van der Westhuizen, Paige 1:02.45 2:10.60	15	Zimbabwe Cana Team-ZZ	2:10.17	2:10.60#	18
2 Stergiadis, Heleni 1:04.60 2:13.21	16	Namibia	2:11.69	2:13.21	16
3 Shepherd, Megan L 1:04.94 2:14.14	15	Republic of South Africa	2:12.41	2:14.14	14
4 Foo Sem Fah, Leah 1:05.52 2:16.72	16	Mauritius	2:14.32	2:16.72	12
5 Soukup, Therese 1:07.25 2:17.15	15	Seychelles Swimming Associatio	2:15.50	2:17.15	11
6 Esslinger, Tiana 1:08.60 2:21.89	15	Namibia	2:17.41	2:21.89	10
7 Matthews, Tselane 1:09.61 2:24.17	15	Botswana	2:22.04	2:24.17	9
8 Makombe, Omolemo T 1:08.36 2:24.19	16	Republic of South Africa	2:23.34	2:24.19	8
9 Allardice, Ella 1:10.72 2:25.82	15	Zimbabwe Cana Team-ZZ	2:26.06	2:25.82	7
10 Brown, Courtney	16	Zimbabwe Cana Team-ZZ	2:21.10	x2:26.94	
11 Munhemeze, Domingas 1:13.25 2:29.56	16	Mozambique Swimming Team	2:29.25	2:29.56	6
12 Ruele, Bupe B 1:13.53 2:30.63	15	Botswana	2:34.93	2:30.63	5
13 Coelho, Elaine 1:11.80 2:35.09	15	Angola	2:30.46	2:35.09	4
14 Dlamini, Senamile	15	Eswatini	2:41.06	2:38.69	3
15 Chungu, Chibwe 1:15.55 2:40.28	16	Zambia Team 2019	2:32.88	2:40.28	2
16 Mona, Eva 1:25.08 3:08.54	15	Angola	3:07.47	3:08.54	1

Event 46 Men 15-16 200 LC Meter Freestyle

RECORD: 1:58.34 # 2017/02/17 James S Freeman			BOTS		
Name	Age	Team	Seed Time	Finals Time	Points
1 Casali, Cameron J 59.31 2:00.13	16	Republic of South Africa	1:58.52	2:00.13	18

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 46 Men 15-16 200 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
2 Kok Shun, Ryan 58.58 2:02.13	16	Mauritius	2:00.33	2:02.13	16
3 Bekker, Andile 59.41 2:02.32	15	Botswana	1:59.05	2:02.32	14
4 Le Roux, Corné 59.69 2:03.31	16	Namibia	2:01.87	2:03.31	12
5 Maseko, Felix F	16	Republic of South Africa	2:04.54	2:05.53	11
6 Paco, Edilson 1:00.78 2:07.00	15	Mozambique Swimming Team	2:04.86	2:07.00	10
7 Pale, Justino 1:03.82 2:07.39	15	Mozambique Swimming Team	2:06.88	2:07.39	9
8 Jones, Brett 1:00.86 2:08.79	16	Zimbabwe Cana Team-ZZ	2:08.52	2:08.79	8
9 Gruter, Noah 1:00.86 2:09.99	16	Mauritius	2:03.31	2:09.99	7
10 Payet, Damien 1:03.42 2:10.91	15	Seychelles Swimming Associatio	2:06.80	2:10.91	6
11 Oosthuizen, Martin S 1:04.13 2:11.15	16	Namibia	2:07.38	2:11.15	5
12 Ssamula, Darren K 1:02.80 2:12.66	15	Uganda Swimming Federation	2:13.59	2:12.66	4
13 Payet, Bertrand 1:03.14 2:12.77	16	Seychelles Swimming Associatio	2:04.20	2:12.77	3
14 Fischer, Ethan 1:05.70 2:16.27	16	Botswana	2:22.22	2:16.27	2
15 Mills, Tait 1:06.75 2:18.26	16	Zimbabwe Cana Team-ZZ	2:24.38	2:18.26	1
16 Pires, Djamel 1:08.88 2:21.28	15	Angola	2:41.88	2:21.28	
17 Mwamba, Wina M 1:10.77 2:23.48	15	Zambia Team 2019	2:30.85	2:23.48	
18 Safeca, Amilcar 1:14.14 2:36.59	15	Angola	2:33.94	2:36.59	
--- Setzkorn, Friedrich 1:06.66 2:19.37	15	Namibia Swimming Invitation	2:18.82	X2:19.37	
--- Oosthuizen, Hendrik J	15	Namibia Swimming Invitation	2:22.01	X2:20.65	

Event 47 Women 17 & Over 200 LC Meter Freestyle

RECORD: 2:11.26 # 2017/02/17 Alexis Laird			SEY		
Name	Age	Team	Seed Time	Finals Time	Points
1 Lima, Lia Ana 1:05.39 2:15.63	17	Angola	2:20.84	2:15.63	18
2 IP Hen Cheung, Tessa 1:07.10 2:20.01	17	Mauritius	2:17.22	2:20.01	16
3 Botha, Vicky A 1:08.67 2:21.76	17	Namibia	2:21.61	2:21.76	14
4 Weber, Zuné 1:10.04 2:21.79	17	Namibia	2:19.36	2:21.79	12
5 Pinto, Ammara 1:15.45 2:35.94	21	Malawi Aquatic Umion	2:26.50	2:35.94	11
6 Melrose, Claire 1:15.16 2:36.96	17	Zimbabwe Cana Team-ZZ	2:45.22	2:36.96	10
7 Freitas, Maria 1:16.57 2:40.09	21	Angola	2:28.48	2:40.09	9
8 Doorman, Amy 1:19.27 2:49.33	17	Zimbabwe Cana Team-ZZ	2:51.26	2:49.33	8

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****Event 48 Men 17 & Over 200 LC Meter Freestyle**

RECORD: 1:54.23 # 2015/05/07 Pedro Pinotes		ANG				
Name	Age	Team	Seed Time	Finals Time	Points	
1 Freeman, James S 57.13 1:57.01	17	Botswana	1:52.37	1:57.01	18	
2 Gomes, Filipe 57.25 2:00.67	21	Malawi Aquatic Umion	1:58.91	2:00.67	16	
*3 Hoffman, Dean 1:00.47 2:02.24	21	Seychelles Swimming Associatio	1:59.20	2:02.24	13	
*3 Anodin, Gregory 1:00.18 2:02.24	19	Mauritius	1:56.90	2:02.24	13	
5 Saleh, Fadhil 1:01.29 2:07.43	17	Uganda Swimming Federation	2:05.36	2:07.43	11	
6 Duarte, Joao N 1:04.96 2:12.18	17	Angola	2:12.41	2:12.18	10	
7 Smith, Jordan 1:04.45 2:12.76	17	Zimbabwe Cana Team-ZZ	2:12.45	2:12.76	9	
8 Francisco, Daniel 1:03.15 2:12.83	19	Angola	2:09.98	2:12.83	8	
9 Aliang, Mário 1:03.98 2:13.79	17	Mozambique Swimming Team	2:12.95	2:13.79	7	
10 Cioccolanti, Jodave 1:05.63 2:15.84	17	Namibia	2:14.86	2:15.84	6	
11 Johannesson, Jureck 1:07.17 2:18.94	18	Namibia	2:14.99	2:18.94	5	
12 Purahoo, Ovesh 1:05.87 2:22.63	17	Mauritius	2:05.00	2:22.63	4	
13 Kalaluka, Chama T 1:09.00 2:28.11	17	Zambia Team 2019	2:30.76	2:28.11	3	

Event 49 Girls 12 & Under 50 LC Meter Butterfly

RECORD: 31.07 # 2016/04/21 PHIRI Mia		ZAM				
Name	Age	Team	Seed Time	Finals Time	Points	
1 Dhemba, Vhenekai	12	Zimbabwe Cana Team-ZZ	33.39	32.77	18	
2 Mostert, Danielle	12	Namibia	33.85	33.09	16	
3 Rocha, Melyssa	12	Mozambique Swimming Team	33.79	33.12	14	
4 Musere, Matida	12	Zimbabwe Cana Team-ZZ	34.70	33.90	12	
5 Phiri, Jade A	12	Zambia Team 2019	34.51	34.09	11	
6 Vidmar, Julijana	12	Zambia Team 2019	35.31	34.68	10	
7 Nanjala, Rebecca	12	Kenya Swimming Team	35.65	35.17	9	
8 Naukosho, Ariana	11	Namibia	35.58	35.19	8	
9 Onovo, Onye	12	Zimbabwe Cana Team-ZZ	34.39	x35.42		
10 Kagwima, Ashley N	11	Kenya Swimming Team	36.55	35.64	7	
11 Harry, Kyra	12	Botswana	37.40	36.31	6	
12 Pigford, Elizabeth	12	Botswana	36.75	36.48	5	
13 Hoy, Hayley	10	Eswatini	36.11	37.22	4	
14 Silva, Welwitschia	11	Angola	39.22	38.61	3	
15 Losacco, Olivia	10	Malawi Aquatic Umion	43.53	39.05	2	
16 Nambeguya, Ssanyu	12	Uganda Swimming Federation	41.45	39.24	1	
17 Kayuni, Jennifer	12	Malawi Aquatic Umion	46.69	40.15		
18 Labuschagne, Isabelle	11	Seychelles Swimming Associatio	37.60	42.55		
19 Hlophe, Nina	12	Eswatini	43.54	42.88		
--- Westerduin, Reza	11	Namibia Swimming Invitation	40.10	X39.13		
--- Humphrey, Jessica	10	Namibia Swimming Invitation	42.99	X42.37		

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20

Results

Event 50 Boys 12 & Under 50 LC Meter Butterfly

RECORD: 30.04 # 2019/02/17 Ivan Hart		KEN				
Name	Age	Team	Seed Time	Finals Time	Points	
1	Hart, Ivan	12 Kenya Swimming Team	30.90	30.04#	18	
2	L'Arrogant, Hugo	12 Mauritius	31.25	30.97	16	
3	Faftine, Kaio	12 Mozambique Swimming Team	32.92	32.09	14	
4	Munguambe, Cleyton	11 Mozambique Swimming Team	31.84	32.36	12	
5	Ellis, Quinn	12 Namibia	33.96	32.59	11	
6	Durand, Oliver B	11 Namibia	32.97	33.66	10	
7	Mulenga, Mwenya	12 Zambia Team 2019	34.89	34.06	9	
8	Payet, Thierry	11 Seychelles Swimming Associatio	34.90	35.12	8	
9	Haskins, Ethan	11 Botswana	36.55	36.38	7	
10	Ngwenya, Onesimus	12 Zimbabwe Cana Team-ZZ	36.78	37.06	6	
11	Bagha, Abdul	12 Kenya Swimming Team	38.32	37.27	5	
12	Mwamba, Mutale	12 Zambia Team 2019	37.81	38.49	4	
13	Kyabayinze, Zaabu	11 Uganda Swimming Federation	39.12	38.78	3	
14	Furtado, Marco	9 Angola	53.54	39.17	2	
15	De Sousa, Damien	12 Eswatini	39.07	39.50	1	
16	Reilly, Sean	10 Zimbabwe Cana Team-ZZ	40.34	40.67		
17	Kumsinda, Akuzike	12 Malawi Aquatic Umion	47.67	41.73		
18	Taborda, Helio	11 Angola	45.18	43.45		
---	Nakaleke, Eliphaz	10 Namibia Swimming Invitation	36.59	X35.54		
---	Hekandjo, Kgosana O	11 Namibia Swimming Invitation	37.95	X37.39		

Event 51 Girls 13-14 50 LC Meter Butterfly

RECORD: 30.08 # 2016/04/21 KOENIG Camille		MRI				
Name	Age	Team	Seed Time	Finals Time	Points	
1	Namutebi, Kirabo	14 Uganda Swimming Federation	30.60	30.50	18	
2	Kuhn, Emma A	14 Republic of South Africa	31.10	30.53	16	
3	Brown, Kelly-Ann	14 Republic of South Africa	31.39	31.41	14	
4	Egner, Maxine	14 Botswana	31.12	31.46	12	
5	Loo, Caitlin	14 Botswana	31.76	31.80	11	
6	Goodinson, Kiara	13 Zimbabwe Cana Team-ZZ	32.52	32.15	10	
7	Gebert, Ines	14 Mauritius	31.00	32.32	9	
8	Mateus, Alicia	14 Mozambique Swimming Team	31.64	32.60	8	
9	Elizabeth, Khema	14 Seychelles Swimming Associatio	33.80	32.74	7	
10	Kok Shun, Alicia	14 Mauritius	32.67	33.19	6	
11	Ramajan, Saira	13 Zimbabwe Cana Team-ZZ	32.23	33.49	5	
12	Viljoen, Corley G	13 Namibia	33.71	34.30	4	
13	Fawaz, Yasmina	14 Zambia Team 2019	35.68	35.03	3	
14	Herbst, Kyle A	14 Namibia	34.37	35.68	2	
15	Makwenda, Jessica	13 Malawi Aquatic Umion	38.74	37.22	1	
16	Francisco, Sebastiana	13 Angola	40.91	38.70		
17	Maye, Kenda	14 Kenya Swimming Team	37.07	39.16		
18	Samaras, Abbie	13 Zambia Team 2019	38.75	39.32		
19	Ingles, Lwena	13 Angola	41.07	40.38		
20	Chizonda, Tracy	13 Malawi Aquatic Umion	48.07	40.43		
21	Dlamini, Siwakhile T	13 Eswatini	41.42	41.78		
22	Young, Raya	13 Eswatini	42.81	43.48		
---	Stange, Maya A	13 Namibia Swimming Invitation	37.46	X36.73		
---	Spath, Mackenzie	13 Namibia Swimming Invitation	37.56	X37.17		

Event 52 Boys 13-14 50 LC Meter Butterfly

RECORD: 27.18 # 2015/05/07 Érico M Cuna		MOZ				
Name	Age	Team	Seed Time	Finals Time	Points	
1	AH Yong, Victor	14 Mauritius	26.90	27.78	18	
2	Canjulo, Jose N	13 Namibia	28.28	27.80	16	

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 52 Boys 13-14 50 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time	Points
3 Burger, Mikah K	14	Namibia	28.42	27.91	14
4 Junior, Manuel Antonio	14	Mozambique Swimming Team	27.69	28.08	12
5 Paco, Kelvin	13	Mozambique Swimming Team	29.01	28.93	11
6 Furtado, Yusseni	14	Angola	31.57	29.20	10
7 Ramoholi, Thapelo R	14	Republic of South Africa	29.57	29.91	9
8 Werrett, Cory	14	Zimbabwe Cana Team-ZZ	30.26	30.09	8
9 Tranquille, Gregory	14	Mauritius	31.14	30.23	7
10 Nagapin, Nathan	13	Seychelles Swimming Associatio	30.19	30.55	6
11 Vidot, Alain	14	Seychelles Swimming Associatio	29.75	30.59	5
12 Gondo, Takundan Ashe	14	Botswana	30.88	31.29	4
13 Francisco, Alexandre	14	Angola	33.40	31.47	3
14 van Rooyen, Benco	14	Botswana	33.57	31.97	2
15 Ngwenya, Mufaro	14	Zimbabwe Cana Team-ZZ	32.39	32.25	1
16 Fernando, Khushal J	13	Zambia Team 2019	35.87	32.65	
17 Lillie, Michael	14	Zambia Team 2019	34.79	32.97	
18 Yiga-Mawano, Francesco K	14	Uganda Swimming Federation	31.07	33.05	
19 Kisitu, Hayyan	14	Uganda Swimming Federation	36.67	36.01	
20 Moosa, Mohammed A	13	Malawi Aquatic Union	38.60	37.09	
21 Banda, Asher	13	Malawi Aquatic Union	40.10	37.41	
--- Rathenam, Keanet-Peter	14	Namibia Swimming Invitation	34.15	X33.47	
--- Esslinger, Nico	13	Namibia Swimming Invitation	34.63	X34.65	
--- Nkunzi, Awande	13	Republic of South Africa	32.00	DQ	

Event 53 Women 15-16 50 LC Meter Butterfly

RECORD: 29.35 # 2017/02/17		Lesley C Blignaut		RSA		
Name	Age	Team	Seed Time	Finals Time	Points	
1 Phiri, Mia A	15	Zambia Team 2019	30.45	29.59	18	
2 Munro, Kelsea	16	Republic of South Africa	29.15	30.10	16	
3 Shepherd, Megan L	15	Republic of South Africa	30.45	30.93	14	
4 Stergiadis, Heleni	16	Namibia	30.60	31.04	12	
5 van der Westhuizen, Paige	15	Zimbabwe Cana Team-ZZ	30.72	31.10	11	
6 Gondo, Ruvarashe	16	Botswana	31.87	32.36	10	
7 Mitchell, Hannah	15	Zimbabwe Cana Team-ZZ	33.49	32.52	9	
8 Kimani, Jasmin	15	Kenya Swimming Team	33.13	32.61	8	
9 Karia, Riva	16	Kenya Swimming Team	33.57	32.65	7	
10 Munhemeze, Domingas	16	Mozambique Swimming Team	31.92	32.77	6	
11 Glover, Celia	15	Mauritius	31.59	32.95	5	
12 Ruele, Bupe B	15	Botswana	36.19	33.66	4	
13 Mwebelha, Mercedes	15	Uganda Swimming Federation	31.23	33.75	3	
14 Chungu, Chibwe	16	Zambia Team 2019	33.47	34.69	2	
15 Esslinger, Tiana	15	Namibia	33.70	34.98	1	
16 Coelho, Elaine	15	Angola	35.04	35.52		
17 Dlamini, Senamile	15	Eswatini	36.98	37.41		
18 Mona, Eva	15	Angola	42.37	39.61		

Event 54 Men 15-16 50 LC Meter Butterfly

RECORD: 26.63 # 2015/05/07		Junaid A Scheepers		RSA		
Name	Age	Team	Seed Time	Finals Time	Points	
1 Fred, Tyler	16	Seychelles Swimming Associatio	26.10	27.16	18	
2 Le Roux, Corné	16	Namibia	27.39	27.38	16	
3 Gordo, Salvador	16	Angola	27.28	27.50	14	
4 Bodlall, Jivall	16	Republic of South Africa	27.36	27.54	12	
5 Retzlaff, Paul	15	Zimbabwe Cana Team-ZZ	28.21	28.03	11	
*6 Moosa, Shaquille D	16	Zambia Team 2019	28.61	28.17	9.50	
*6 Wong Chap Lan, Oliver	16	Mauritius	27.60	28.17	9.50	
8 Paco, Edilson	15	Mozambique Swimming Team	27.68	28.20	8	

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 54 Men 15-16 50 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time	Points
9 Terblanche, Jakobus P	16	Republic of South Africa	27.84	28.34	7
10 Jones, Brett	16	Zimbabwe Cana Team-ZZ	28.32	28.65	6
11 Da Costa, Valentim	15	Mozambique Swimming Team	28.31	28.74	5
12 Rouse, Brandon	15	Botswana	28.31	28.87	4
13 Mwamba, Wina M	15	Zambia Team 2019	29.32	28.97	3
14 Henning, Marco T	16	Namibia	29.31	29.10	2
15 Mukalazi, Tendo	16	Uganda Swimming Federation	29.03	29.24	1
16 Fischer, Ethan	16	Botswana	29.31	29.60	
17 Payet, Bertrand	16	Seychelles Swimming Associatio	28.90	29.88	
18 Ssamula, Darren K	15	Uganda Swimming Federation	29.70	29.89	
19 Pires, Djamel	15	Angola	29.68	30.19	
20 Fitzpatrick, Christopher	16	Tanzania	33.39	33.18	
21 Abraham, Ethan	15	Eswatini	43.07	43.94	
--- Wellmann, Arkell J	16	Namibia Swimming Invitation	30.86	X29.85	
--- Setzkorn, Friedrich	15	Namibia Swimming Invitation	31.77	X30.29	

Event 55 Women 17 & Over 50 LC Meter Butterfly**RECORD: 28.65 # 2017/02/17 Robyn Lee****ZIM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Lima, Lia Ana	17	Angola	29.05	29.47	18
2 Meya, Avice	24	Uganda Swimming Federation	31.67	31.40	16
3 Weber, Zuné	17	Namibia	30.90	32.23	14
4 Makuwa, Ashley	17	Zimbabwe Cana Team-ZZ	31.80	32.28	12
5 Botha, Vicky A	17	Namibia	34.00	34.33	11
6 Naidu, Harleena	17	Zambia Team 2019	35.09	35.17	10
7 Melrose, Claire	17	Zimbabwe Cana Team-ZZ	35.85	35.20	9
--- Mwape, Lombe	17	Zambia Team 2019	35.39	DQ	

Swimmer started before the starting signal

Event 56 Men 17 & Over 50 LC Meter Butterfly**RECORD: 25.11 # 2016/04/21 GOVEIA Ralph****ZAM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Bachmann, Mathieu	22	Seychelles Swimming Associatio	25.40	25.60	18
2 Gomes, Filipe	21	Malawi Aquatic Umion	26.97	26.29	16
3 Moncherry, Adam	20	Seychelles Swimming Associatio	26.10	26.33	14
4 Francisco, Daniel	19	Angola	25.27	26.34	12
5 Wantenaar, Ronan Z	18	Namibia	26.86	26.94	11
6 Tayali, Quintin T	17	Zimbabwe Cana Team-ZZ	26.87	27.19	10
7 Freeman, James S	17	Botswana	25.95	27.21	9
8 Matija, Kitso	20	Botswana	27.66	27.33	8
9 Viljoen, René H	17	Namibia	26.72	27.45	7
*10 Ervedosa, Mario	20	Angola	27.30	28.05	5.50
*10 Naidu, Kumaren M	21	Zambia Team 2019	27.96	28.05	5.50
12 Saleh, Nabil	17	Uganda Swimming Federation	27.98	28.23	4
13 Saleh, Fadhil	17	Uganda Swimming Federation	28.53	28.83	3
14 Anodin, Gregory	19	Mauritius	27.25	29.20	2
15 Chaane, Hlalele E	18	Republic of South Africa	29.87	29.58	1
16 Kalaluka, Chama T	17	Zambia Team 2019	31.10	30.47	
17 Smith, Jordan	17	Zimbabwe Cana Team-ZZ	31.72	30.72	
--- Aliang, Mário	17	Mozambique Swimming Team	27.89	DQ	

Event 57 Girls 14 & Under 400 LC Meter Freestyle Relay**RECORD: 4:13.21 # 2016/04/21 MAURITIUS****MRI**

Team	Relay	Seed Time	Finals Time	Points
1 Republic of South Africa	A	4:07.24	4:14.62	36
		1:01.67 2:03.32 3:10.47 4:14.62		

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 57 Girls 14 & Under 400 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
2 Botswana 1:06.63 2:15.17 3:21.19 4:26.90	A	4:19.49	4:26.90	32
3 Namibia 1:09.86 2:20.32 3:32.23 4:32.16	A	4:32.60	4:32.16	28
4 Zimbabwe Cana Team-ZZ 1:11.57 2:22.06 3:28.94 4:35.19	A	4:30.13	4:35.19	24
5 Zambia Team 2019 1:11.25 3:33.24 4:45.87	A	4:45.83	4:45.87	22
6 Kenya Swimming Team 1:10.28 2:20.38 3:34.63 4:47.57	A	NT	4:47.57	20
7 Angola 1:07.12 2:23.66 3:36.14 4:53.90	A	5:32.94	4:53.90	18
--- Namibia Swimming Invitation 2:33.44 3:49.47 5:00.48	A	5:09.66	X5:00.48	

Event 58 Boys 14 & Under 400 LC Meter Freestyle Relay

RECORD: 3:53.33 # 2017/02/17 Republic of South Africa RSA
E Spieker, S Maseko, B Remley, L Taukobong

Team	Relay	Seed Time	Finals Time	Points
1 Namibia 57.72 2:00.38 3:01.31 4:00.25	A	4:03.11	4:00.25	36
2 Republic of South Africa 59.92 2:07.22 3:06.68 4:08.09	A	4:01.17	4:08.09	32
3 Mozambique Swimming Team 1:03.33 2:06.04 3:12.46 4:11.18	A	4:11.31	4:11.18	28
4 Seychelles Swimming Associa 59.76 2:02.47 2:29.99 4:11.69	A	4:10.00	4:11.69	24
5 Angola 1:06.92 2:11.42 3:13.65 4:16.31	A	6:16.04	4:16.31	22
6 Zambia Team 2019 1:03.14 2:07.91 3:13.58 4:23.91	A	4:30.47	4:23.91	20
7 Botswana 1:15.45 3:30.34 4:33.00	A	4:29.38	4:33.00	18
8 Zimbabwe Cana Team-ZZ 1:05.34 2:17.78 4:34.22	A	4:21.30	4:34.22	16
--- Namibia Swimming Invitation 1:05.44 2:21.18 3:30.17 4:31.01	A	4:30.31	X4:31.01	

Event 59 Women 15 & Over 400 LC Meter Freestyle Relay

RECORD: 4:10.28 # 2017/02/17 ZIM A cana 17 ZIM
D Leask, N Mukonoweshuro, M Koen, R Lee

Team	Relay	Seed Time	Finals Time	Points
1 Republic of South Africa 1:00.03 2:05.50 3:10.02 4:11.71	A	4:11.50	4:11.71	36
2 Mauritius 1:03.17 2:07.93 3:11.92 4:14.72	A	4:11.74	4:14.72	32
3 Namibia 1:03.00 2:09.03 3:13.35 4:16.21	A	4:12.70	4:16.21	28
4 Zimbabwe Cana Team-ZZ 1:09.37 2:17.01 3:25.58 4:28.62	A	4:13.22	4:28.62	24
5 Zambia Team 2019 1:04.93 2:12.86 3:23.13 4:34.08	A	4:38.76	4:34.08	22
6 Seychelles Swimming Associa 1:03.21 2:09.52 2:25.41 4:34.56	A	4:32.00	4:34.56	20
7 Angola 1:09.30 1:26.52 2:24.08 4:38.19	A	4:37.92	4:38.19	18
8 Botswana 1:11.74 2:23.59 3:34.65 4:42.06	A	4:33.80	4:42.06	16

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20

Results

Event 60 Men 15 & Over 400 LC Meter Freestyle Relay

RECORD: 3:37.94 # 2016/04/21 MAURITIUS					MRI		
Team	Relay				Seed Time	Finals Time	Points
1 Mauritius	A				3:33.87	3:39.06	36
	55.14	1:51.75	2:45.75	3:39.06			
2 Botswana	A				3:38.99	3:40.27	32
	55.53	1:50.82	2:46.43	3:40.27			
3 Republic of South Africa	A				3:42.67	3:45.14	28
	55.41	1:49.94	2:47.70	3:45.14			
4 Namibia	A				3:47.93	3:47.86	24
	58.11	1:55.25	2:52.88	3:47.86			
5 Mozambique Swimming Team	A				3:50.17	3:49.48	22
	57.56	1:54.98	2:52.52	3:49.48			
6 Zimbabwe Cana Team-ZZ	A				3:55.11	3:55.98	20
	57.28	1:57.32	2:57.17	3:55.98			
7 Angola	A				3:50.34	4:00.74	18
	59.29	1:57.00	3:00.49	4:00.74			
8 Zambia Team 2019	A				4:03.86	4:02.52	16
	1:00.64	2:00.06	3:02.36	4:02.52			
--- Seychelles Swimming Associa	A				3:34.00	DQ	
Number 4 swimmers feet lost touch with the starting platform before the preceeding team-ma							
	55.52	1:50.76	2:46.89	DQ			

Event 61 Girls 14 & Under 400 LC Meter Freestyle

RECORD: 4:37.97 # 2019/02/18 Lise Coetzee					RSA		
Name	Age	Team		Seed Time	Finals Time	Points	
1 Coetzee, Lise	14	Republic of South Africa		4:36.58	4:37.97 #	18	
		1:07.40	2:18.96	3:29.29	4:37.97		
2 Brown, Kelly-Ann	14	Republic of South Africa		4:36.59	4:40.45	16	
		1:07.53	2:19.11	3:30.37	4:40.45		
3 Egner, Maxine	14	Botswana		5:05.72	5:06.33	14	
		1:12.69	2:32.06	3:51.79	5:06.33		
4 Gebert, Ines	14	Mauritius		4:50.00	5:10.70	12	
		1:12.45	2:31.75	3:51.91	5:10.70		
5 Mahobebe, Mkhusele	13	Zimbabwe Cana Team-ZZ		5:22.65	5:14.90	11	
		1:12.55	2:32.85	3:55.12	5:14.90		
6 Mutumbulua, Trisha	14	Namibia		5:08.32	5:18.21	10	
		1:12.87	2:34.43	3:56.17	5:18.21		
7 Jack, Michelle	13	Botswana		5:14.56	5:24.81	9	
		1:12.77	2:34.13	3:59.01	5:24.81		
8 Santo, Rafaela Espirito	14	Angola		5:24.92	5:27.46	8	
		1:14.00	2:36.59	4:04.21	5:27.46		
9 Bagha, Nurayn	14	Kenya Swimming Team		5:20.55	5:29.37	7	
		1:13.77	2:38.70	4:06.01	5:29.37		
10 Kok Shun, Alicia	14	Mauritius		5:10.50	5:30.57	6	
		1:16.67	2:42.19	4:09.25	5:30.57		
11 Dithogo, Amaru	12	Botswana		5:33.29	x5:40.93		
		1:16.51	2:46.26	4:18.37	5:40.93		
12 Samaras, Abbie	13	Zambia Team 2019		5:50.14	5:52.71	5	
		1:22.84	2:53.90	4:26.58	5:52.71		
13 Viljoen, Corley G	13	Namibia		5:26.74	6:26.03	4	
		1:26.70	3:07.33	4:49.69	6:26.03		

Event 62 Boys 14 & Under 400 LC Meter Freestyle

RECORD: 4:27.15 # 2017/02/18 Ethan R Spieker					RSA		
Name	Age	Team		Seed Time	Finals Time	Points	
1 Pillay, Leshen A	14	Republic of South Africa		4:23.44	4:29.95	18	
		1:02.82	2:12.92	3:22.40	4:29.95		

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 62 Boys 14 & Under 400 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
2 Canjulo, Jose N 1:03.81 2:13.29 3:23.47 4:34.17	13	Namibia	4:33.85	4:34.17	16
3 Keylock, Kian C 1:03.88 2:13.95 3:25.73 4:37.86	13	Republic of South Africa	4:32.86	4:37.86	14
4 Vidot, Alain 1:06.18 2:19.84 3:34.42 4:47.46	14	Seychelles Swimming Associatio	4:42.00	4:47.46	12
5 Burger, Mikah K 1:08.81 2:22.98 3:37.27 4:48.30	14	Namibia	4:42.43	4:48.30	11
6 Freitas, Filipe S 1:07.43 2:22.95 3:39.51 4:54.82	13	Angola	4:44.32	4:54.82	10
7 van Rooyen, Benco 1:09.37 2:25.62 3:44.28 4:59.04	14	Botswana	5:09.80	4:59.04	9
8 Lillie, Michael 1:10.71 2:28.24 3:49.25 5:08.57	14	Zambia Team 2019	5:16.18	5:08.57	8
9 AH Yong, Victor 1:10.12 2:30.22 3:55.93 5:22.02	14	Mauritius	4:25.24	5:12.91	7
10 Fernando, Khushal J 1:10.12 2:30.22 3:55.93 5:22.02	13	Zambia Team 2019	5:14.00	5:22.02	6
11 Bagha, Abdul 1:15.39 2:39.14 4:01.24 5:22.95	12	Kenya Swimming Team	5:32.25	5:22.95	5
12 Duff, Garrick 1:14.76 2:39.20 4:05.22 5:33.84	13	Zimbabwe Cana Team-ZZ	5:30.55	5:33.84	4
13 Kyabayinze, Daryl 1:12.08 2:37.08 4:09.82 5:42.02	14	Uganda Swimming Federation	5:25.00	5:42.02	3
14 Ngwenya, Onesimus 1:17.88 2:47.80 4:17.81 5:43.97	12	Zimbabwe Cana Team-ZZ	5:28.20	5:43.97	2
--- Esslinger, Nico 1:12.04 2:30.77 3:50.06 5:07.44	13	Namibia Swimming Invitation	5:06.79	X5:07.44	
--- Kisitu, Hayyan Swimmer did not finish	14	Uganda Swimming Federation	5:52.43	DNF	

Event 63 Women 15 & Over 400 LC Meter Freestyle

RECORD: 4:33.50 # 2017/04/22 ROBYN LEE	ZIM				
Name	Age	Team	Seed Time	Finals Time	Points
1 Stergiadis, Heleni 1:04.84 2:16.02 3:30.23 4:44.31	16	Namibia	4:35.95	4:44.31	18
2 Soukup, Therese 1:08.68 2:23.90 3:39.45 4:52.85	15	Seychelles Swimming Associatio	4:41.00	4:52.85	16
3 Foo Sem Fah, Leah 1:10.53 2:25.19 3:40.09 4:53.87	16	Mauritius	4:45.29	4:53.87	14
4 Esslinger, Tiana 1:09.54 2:26.76 3:44.62 5:00.70	15	Namibia	4:45.98	5:00.70	12
5 Allardice, Ella 1:11.84 2:28.56 3:48.56 5:06.29	15	Zimbabwe Cana Team-ZZ	5:08.45	5:06.29	11
6 Matthews, Tselane 1:12.09 2:29.86 3:49.51 5:07.90	15	Botswana	5:00.64	5:07.90	10
7 Makombe, Omolemo T 1:15.36 2:35.71 3:54.83 5:12.20	16	Republic of South Africa	5:11.36	5:12.20	9
8 Glover, Celia 1:14.09 2:34.17 3:55.03 5:15.70	15	Mauritius	5:00.54	5:15.70	8
9 Brown, Courtney 1:18.52 2:41.52 4:04.64 5:23.48	16	Zimbabwe Cana Team-ZZ	5:03.33	5:23.48	7
10 Mbatha, Lwethu T 1:15.83 2:38.52 4:02.36 5:24.44	16	Republic of South Africa	5:11.01	5:24.44	6
11 Mwape, Lombe 1:20.56 2:55.21 4:31.38 6:06.61	17	Zambia Team 2019	6:04.04	6:06.61	5
12 Ingles, Lwazi 1:23.13 3:02.26 4:44.14 6:20.05	15	Angola	6:17.45	6:20.05	4

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 63 Women 15 & Over 400 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
13 Mona, Eva	15	Angola	6:43.97	6:53.29	3
			1:29.87 3:15.10 5:04.47 6:53.29		

Event 64 Men 15 & Over 400 LC Meter Freestyle

RECORD: 4:04.44 # 2016/05/08 MOGNE Igor			MOZ		
Name	Age	Team	Seed Time	Finals Time	Points
1 Freeman, James S	17	Botswana	3:55.27	4:13.95	18
			1:00.27 2:05.03 3:10.76 4:13.95		
2 Gomes, Filipe	21	Malawi Aquatic Union	4:20.99	4:24.35	16
			1:00.56 2:07.89 3:16.12 4:24.35		
3 Payet, Damien	15	Seychelles Swimming Associatio	4:23.30	4:25.46	14
			1:03.62 2:11.45 3:18.72 4:25.46		
4 Hoffman, Dean	21	Seychelles Swimming Associatio	4:19.40	4:28.20	12
			1:03.48 2:11.27 3:21.15 4:28.20		
5 Bekker, Andile	15	Botswana	4:17.44	4:29.18	11
			1:03.53 2:12.35 3:21.66 4:29.18		
6 Maseko, Felix F	16	Republic of South Africa	4:31.94	4:35.64	10
			1:02.71 2:12.15 3:23.97 4:35.64		
7 Duarte, Joao N	17	Angola	4:38.39	4:37.48	9
			1:05.42 2:16.14 3:28.72 4:37.48		
8 Pale, Justino	15	Mozambique Swimming Team	4:35.56	4:42.01	8
			1:03.58 2:17.12 3:33.45 4:42.01		
9 Ssamula, Darren K	15	Uganda Swimming Federation	4:41.81	4:42.48	7
			1:05.16 2:16.62 3:29.90 4:42.48		
10 Kok Shun, Ryan	16	Mauritius	4:21.05	4:42.66	6
			1:04.73 2:17.88 3:31.53 4:42.66		
11 Le Roux, Corné	16	Namibia	4:33.47	4:44.26	5
			1:04.83 2:17.18 3:31.49 4:44.26		
12 Paco, Edilson	15	Mozambique Swimming Team	4:34.34	4:44.58	4
			1:05.66 2:18.89 3:32.16 4:44.58		
13 Smith, Jordan	17	Zimbabwe Cana Team-ZZ	4:55.53	4:52.77	3
			1:06.94 2:20.60 3:37.37 4:52.77		
14 Jones, Brett	16	Zimbabwe Cana Team-ZZ	4:41.63	4:54.07	2
			1:06.83 2:21.75 3:41.36 4:54.07		
15 Fischer, Ethan	16	Botswana	4:51.80	x4:54.87	
			1:07.82 2:22.15 3:38.36 4:54.87		
16 Gertze, Matthew R	16	Namibia	4:50.17	4:54.95	1
			1:05.27 2:18.51 3:36.89 4:54.95		
17 Kalaluka, Chama T	17	Zambia Team 2019	5:08.14	5:33.31	
			1:13.18 2:38.44 4:06.68 5:33.31		
18 Safeca, Amilcar	15	Angola	5:34.22	5:55.23	
			1:17.87 2:47.03 4:21.27 5:55.23		

Event 65 Girls 12 & Under 100 LC Meter Butterfly

RECORD: 1:12.77 # 2016/04/22 PHIRI Mia			ZAM		
Name	Age	Team	Seed Time	Finals Time	Points
1 Dhemba, Vhenekai	12	Zimbabwe Cana Team-ZZ	1:13.75	1:14.32	18
2 Naukosho, Ariana	11	Namibia	1:18.57	1:19.15	16
3 Musere, Matida	12	Zimbabwe Cana Team-ZZ	1:19.57	1:19.22	14
4 Kagwima, Ashley N	11	Kenya Swimming Team	1:22.40	1:20.44	12
5 Vidmar, Julijana	12	Zambia Team 2019	1:20.88	1:20.56	11
6 Nanjala, Rebecca	12	Kenya Swimming Team	1:22.46	1:21.09	10
7 Rocha, Melyssa	12	Mozambique Swimming Team	1:20.38	1:21.38	9
8 Ohm, Michaela	11	Namibia	1:24.56	1:28.51	8
9 Hoy, Hayley	10	Eswatini	1:31.43	1:30.00	7

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****Event 66 Boys 12 & Under 100 LC Meter Butterfly**

RECORD: 1:06.20 # 2017/02/18 Mikah K Burger

NAM

Name	Age	Team	Seed Time	Finals Time	Points
1 Hart, Ivan	12	Kenya Swimming Team	1:08.61	1:06.87	18
2 Munguambe, Cleyton	11	Mozambique Swimming Team	1:12.46	1:12.71	16
3 Durand, Oliver B	11	Namibia	1:12.92	1:12.77	14
4 Faftine, Kaio	12	Mozambique Swimming Team	1:13.54	1:13.33	12
5 L'Arrogant, Hugo	12	Mauritius	1:10.46	1:19.41	11
6 Ellis, Quinn	12	Namibia	1:16.80	1:20.93	10
7 Payet, Thierry	11	Seychelles Swimming Associatio	1:16.70	1:21.29	9
8 Ngwenya, Onesimus	12	Zimbabwe Cana Team-ZZ	1:23.54	1:22.42	8
9 Mulenga, Mwenya	12	Zambia Team 2019	1:30.13	1:26.08	7
10 Kyabayinze, Zaabu	11	Uganda Swimming Federation	1:41.15	1:27.56	6
11 Mwamba, Mutale	12	Zambia Team 2019	1:33.03	1:33.79	5
12 Haskins, Ethan	11	Botswana	1:41.25	1:36.05	4
13 De Sousa, Damien	12	Eswatini	1:33.58	1:38.37	3
14 Furtado, Marco	9	Angola	2:10.20	1:43.34	2
--- Nakaleke, Eliphas	10	Namibia Swimming Invitation	1:25.67	X1:25.58	

Event 67 Girls 13-14 100 LC Meter Butterfly

RECORD: 1:07.40 # 2017/02/18 Tori C Oliver

RSA

Name	Age	Team	Seed Time	Finals Time	Points
1 Kuhn, Emma A	14	Republic of South Africa	1:09.42	1:07.90	18
2 Brown, Kelly-Ann	14	Republic of South Africa	1:08.58	1:08.88	16
3 Gebert, Ines	14	Mauritius	1:08.80	1:09.90	14
4 Mahobebe, Mkhuseli	13	Zimbabwe Cana Team-ZZ	1:15.46	1:14.17	12
5 Goodinson, Kiara	13	Zimbabwe Cana Team-ZZ	1:18.74	1:15.51	11
6 Mateus, Alicia	14	Mozambique Swimming Team	1:12.35	1:15.82	10
7 Loo, Caitlin	14	Botswana	1:12.70	1:16.15	9
8 Egner, Maxine	14	Botswana	1:13.82	1:19.55	8
9 Francisco, Sebastiana	13	Angola	1:41.06	1:34.02	7
10 Ingles, Lwena	13	Angola	1:44.55	1:38.51	6
11 Dlamini, Siwakhile T	13	Eswatini	1:41.20	1:43.60	5

Event 68 Boys 13-14 100 LC Meter Butterfly

RECORD: 1:00.89 # 2019/02/18 Victor AH Yong

MRI

Name	Age	Team	Seed Time	Finals Time	Points
1 AH Yong, Victor	14	Mauritius	58.94	1:00.89#	18
2 Canjulo, Jose N	13	Namibia	1:03.02	1:01.62	16
3 Burger, Mikah K	14	Namibia	1:02.83	1:02.26	14
4 Junior, Manuel Antonio	14	Mozambique Swimming Team	1:02.25	1:03.49	12
5 Keylock, Kian C	13	Republic of South Africa	1:03.28	1:03.75	11
6 Pillay, Leshen A	14	Republic of South Africa	1:04.19	1:05.80	10
7 Paco, Kelvin	13	Mozambique Swimming Team	1:05.11	1:08.55	9
8 Furtado, Yusseni	14	Angola	1:25.53	1:08.83	8
9 Werrett, Cory	14	Zimbabwe Cana Team-ZZ	1:08.05	1:09.59	7
10 Nagapin, Nathan	13	Seychelles Swimming Associatio	1:13.65	1:10.42	6
11 van Rooyen, Benco	14	Botswana	1:12.90	1:13.65	5
12 Francisco, Alexandre	14	Angola	1:21.00	1:14.04	4
13 Tranquille, Gregory	14	Mauritius	1:10.29	1:16.80	3
14 Ngwenya, Mufaro	14	Zimbabwe Cana Team-ZZ	1:16.87	1:17.61	2
15 Kisitu, Hayyan	14	Uganda Swimming Federation	1:20.94	1:21.55	1
16 Moosa, Mohammed A	13	Malawi Aquatic Umion	1:34.38	1:28.63	
--- Esslinger, Nico	13	Namibia Swimming Invitation	1:16.51	X1:17.86	

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20

Results

Event 69 Women 15-16 100 LC Meter Butterfly

RECORD: 1:06.62 # 2016/04/22		WONG Elodie		MRI		
Name	Age	Team	Seed Time	Finals Time	Points	
1	van der Westhuizen, Paige	15 Zimbabwe Cana Team-ZZ	1:07.32	1:07.31	18	
2	Stergiadis, Heleni	16 Namibia	1:07.48	1:08.44	16	
3	Shepherd, Megan L	15 Republic of South Africa	1:07.22	1:09.88	14	
4	Phiri, Mia A	15 Zambia Team 2019	1:09.92	1:10.27	12	
5	Munro, Kelsea	16 Republic of South Africa	1:08.81	1:11.48	11	
6	Karia, Riva	16 Kenya Swimming Team	1:15.13	1:13.29	10	
7	Glover, Celia	15 Mauritius	1:13.43	1:14.64	9	
8	Munhemeze, Domingas	16 Mozambique Swimming Team	1:13.61	1:15.91	8	
9	Ruele, Bupe B	15 Botswana	1:17.36	1:16.69	7	
10	Kimani, Jasmin	15 Kenya Swimming Team	1:11.30	1:17.17	6	
11	Allardice, Ella	15 Zimbabwe Cana Team-ZZ	1:16.50	1:17.50	5	
12	Jorge, Alice	16 Angola	1:27.75	1:25.80	4	
13	Mwebeiha, Mercedes	15 Uganda Swimming Federation	1:12.89	1:25.84	3	
14	Gondo, Ruvarashe	16 Botswana	1:17.88	1:26.89	2	
15	Coelho, Elaine	15 Angola	1:22.63	1:27.46	1	
16	Dlamini, Senamile	15 Eswatini	1:33.35	1:28.14		

Event 70 Men 15-16 100 LC Meter Butterfly

RECORD: 59.00 # 2017/02/18		Jandre J Moll		RSA		
Name	Age	Team	Seed Time	Finals Time	Points	
1	Le Roux, Corné	16 Namibia	59.56	59.59	18	
2	Gordo, Salvador	16 Angola	58.46	59.94	16	
3	Bodlall, Jivall	16 Republic of South Africa	1:00.78	1:00.42	14	
4	Fred, Tyler	16 Seychelles Swimming Associatio	1:01.40	1:02.43	12	
5	Paco, Edilson	15 Mozambique Swimming Team	1:02.14	1:03.68	11	
6	Oosthuizen, Martin S	16 Namibia	1:05.49	1:04.74	10	
7	Bekker, Andile	15 Botswana	1:05.14	1:05.20	9	
8	Gruter, Noah	16 Mauritius	1:01.45	1:05.52	8	
9	Maseko, Felix F	16 Republic of South Africa	1:05.39	1:06.05	7	
10	Payet, Bertrand	16 Seychelles Swimming Associatio	1:05.10	1:06.11	6	
11	Ssamula, Darren K	15 Uganda Swimming Federation	1:06.76	1:06.21	5	
12	Mwamba, Wina M	15 Zambia Team 2019	1:06.25	1:06.54	4	
13	Retzlaff, Paul	15 Zimbabwe Cana Team-ZZ	1:05.79	1:07.24	3	
14	Chonguiça, Yanniss	15 Mozambique Swimming Team	1:06.61	1:07.70	2	
15	Pires, Djamel	15 Angola	1:08.69	1:08.13	1	
16	Jones, Brett	16 Zimbabwe Cana Team-ZZ	1:07.71	1:09.69		
17	Rouse, Brandon	15 Botswana	1:06.89	1:10.37		
18	Shamambo, Damien	15 Zambia Team 2019	1:14.43	1:10.47		

Event 71 Women 17 & Over 100 LC Meter Butterfly

RECORD: 1:04.43 # 2017/02/18		Robyn Lee		ZIM		
Name	Age	Team	Seed Time	Finals Time	Points	
1	Lima, Lia Ana	17 Angola	1:04.92	1:06.20	18	
2	Meya, Avice	24 Uganda Swimming Federation	1:12.09	1:13.12	16	
3	Makuwa, Ashley	17 Zimbabwe Cana Team-ZZ	1:11.69	1:17.02	14	
4	Barros, Erica	18 Angola	1:33.55	1:33.15	12	

Event 72 Men 17 & Over 100 LC Meter Butterfly

RECORD: 56.34 # 2016/04/22		GOVEIA Ralph		ZAM		
Name	Age	Team	Seed Time	Finals Time	Points	
1	Bachmann, Mathieu	22 Seychelles Swimming Associatio	55.22	57.12	18	
2	Tayali, Quintin T	17 Zimbabwe Cana Team-ZZ	58.81	59.23	16	
3	Francisco, Daniel	19 Angola	58.08	59.39	14	
4	Freeman, James S	17 Botswana	56.95	1:00.17	12	
5	Robinson, Adrian	18 Botswana	1:02.45	1:02.01	11	

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 72 Men 17 & Over 100 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time	Points
6 Moncherry, Adam	20	Seychelles Swimming Associatio	1:00.00	1:02.43	10
7 Saleh, Nabil	17	Uganda Swimming Federation	1:02.75	1:02.66	9
8 Viljoen, René H	17	Namibia	1:01.08	1:03.27	8
9 Cioccolanti, Jodave	17	Namibia	1:03.30	1:03.51	7
10 Aliang, Mário	17	Mozambique Swimming Team	1:01.88	1:04.04	6
11 Chaane, Hlalele E	18	Republic of South Africa	1:05.00	1:05.62	5
12 Purahoo, Ovesh	17	Mauritius	1:03.00	1:06.46	4

Event 73 Girls 12 & Under 200 LC Meter Backstroke

RECORD: 2:38.99 # 2016/04/22 PHIRI Mia

ZAM

Name	Age	Team	Seed Time	Finals Time	Points
1 Phiri, Jade A 1:23.51 2:49.83	12	Zambia Team 2019	2:53.54	2:49.83	18
2 Dhemba, Vhenekai 1:25.72 2:54.53	12	Zimbabwe Cana Team-ZZ	2:56.51	2:54.53	16
3 Brinkmann, Maja J 1:26.78 2:54.62	11	Namibia	2:54.50	2:54.62	14
4 Naukosho, Ariana 1:27.55 2:55.13	11	Namibia	2:51.12	2:55.13	12
5 Coates, Johanna K 1:25.08 2:55.38	12	Zambia Team 2019	2:58.83	2:55.38	11
6 Kagwima, Ashley N 1:26.92 2:55.77	11	Kenya Swimming Team	3:03.17	2:55.77	10
7 Hoy, Hayley 1:35.45 3:08.26	10	Eswatini	3:17.47	3:08.26	9
8 Onovo, Onye 1:33.11 3:12.85	12	Zimbabwe Cana Team-ZZ	3:35.57	3:12.85	8
9 Correia, Maira 1:38.05 3:21.25	12	Mozambique Swimming Team	3:19.06	3:21.25	7
--- Humphrey, Jessica 1:29.12 3:01.72	10	Namibia Swimming Invitation	2:59.58	X3:01.72	
--- Westerduin, Reza 1:33.00 3:13.04	11	Namibia Swimming Invitation	3:01.10	X3:13.04	
--- Silva, Welwitschia 1:33.12 DQ	11	Angola	3:47.92	DQ	

Event 74 Boys 12 & Under 200 LC Meter Backstroke

RECORD: 2:34.33 # 2017/02/18 Victor AH Yong

MRI

Name	Age	Team	Seed Time	Finals Time	Points
1 Faffine, Kaio 1:18.64 2:40.61	12	Mozambique Swimming Team	2:40.85	2:40.61	18
2 Durand, Oliver B 1:19.88 2:42.68	11	Namibia	2:42.50	2:42.68	16
3 Ellis, Quinn 1:23.06 2:43.85	12	Namibia	2:52.56	2:43.85	14
4 Bagha, Abdul 1:23.78 2:49.08	12	Kenya Swimming Team	2:49.78	2:49.08	12
5 L'Arrogant, Hugo 1:25.85 2:53.54	12	Mauritius	2:35.00	2:53.54	11
6 Payet, Thierry 1:27.42 2:57.53	11	Seychelles Swimming Associatio	2:49.80	2:57.53	10
7 Reilly, Sean 1:27.30 2:59.90	10	Zimbabwe Cana Team-ZZ	3:04.38	2:59.90	9
8 Kalaluka, Timuna 1:29.08 3:04.95	12	Zambia Team 2019	3:05.18	3:04.95	8
9 Ngwenya, Onesimus 1:32.30 3:08.28	12	Zimbabwe Cana Team-ZZ	3:09.50	3:08.28	7

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 74 Boys 12 & Under 200 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
10	Mwamba, Mutale 1:37.07 3:19.65	12	Zambia Team 2019	3:18.36	3:19.65	6
---	Steyn, Fourie P 1:33.60 3:10.16	11	Namibia Swimming Invitation	3:02.50	X3:10.16	

Event 75 Girls 13-14 200 LC Meter Backstroke

RECORD: 2:26.88 # 2019/02/18 Lise Coetzee				RSA		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Coetzee, Lise 1:12.00 2:26.88	14	Republic of South Africa	2:26.23	2:26.88#	18
2	Kuhn, Emma A 1:12.85 2:30.29	14	Republic of South Africa	2:24.86	2:30.29	16
3	Gebert, Ines 1:16.32 2:38.57	14	Mauritius	2:36.00	2:38.57	14
4	Ingwe, Kimberly 1:19.18 2:46.63	13	Botswana	2:39.29	2:46.63	12
5	Mutumbulua, Trisha 1:21.43 2:47.31	14	Namibia	2:41.90	2:47.31	11
6	Jack, Michelle 1:19.78 2:49.00	13	Botswana	2:45.68	2:49.00	10
7	Mahobebe, Mkhusele 1:23.44 2:49.07	13	Zimbabwe Cana Team-ZZ	2:50.39	2:49.07	9
8	Santo, Rafaela Espirito 1:26.08 2:52.86	14	Angola	3:08.02	2:52.86	8
9	Ramajan, Saira 1:25.86 2:55.12	13	Zimbabwe Cana Team-ZZ	2:57.78	2:55.12	7
10	Herbst, Kyle A 1:24.95 2:56.34	14	Namibia	2:49.20	2:56.34	6
11	Maye, Kenda 1:27.43 3:02.41	14	Kenya Swimming Team	2:47.43	3:02.41	5
12	Ingles, Lwena 1:45.18 3:34.27	13	Angola	3:42.10	3:34.27	4
---	Spath, Mackenzie 1:31.24 3:04.89	13	Namibia Swimming Invitation	2:59.24	X3:04.89	

Event 76 Boys 13-14 200 LC Meter Backstroke

RECORD: 2:16.91 # 2017/02/18 Ethan R Spieker				RSA		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Canjulo, Jose N 1:09.46 2:20.83	13	Namibia	2:24.47	2:20.83	18
2	Burger, Mikah K 1:10.13 2:21.73	14	Namibia	2:15.36	2:21.73	16
3	Keylock, Kian C 1:11.02 2:24.57	13	Republic of South Africa	2:24.57	2:24.57	14
4	Pillay, Leshen A 1:12.85 2:32.03	14	Republic of South Africa	2:23.75	2:32.03	12
5	Junior, Manuel Antonio 1:16.29 2:36.38	14	Mozambique Swimming Team	2:28.04	2:36.38	11
6	Lobo, Caio 1:14.80 2:38.74	13	Mozambique Swimming Team	2:34.22	2:38.74	10
7	AH Yong, Victor 1:16.05 2:38.82	14	Mauritius	2:20.31	2:38.82	9
8	Liakopoulos, Theodoros E 1:18.90 2:42.67	14	Zambia Team 2019	2:48.13	2:42.67	8
9	Furtado, Yusseni 1:24.23 2:50.94	14	Angola	3:07.60	2:50.94	7
10	Francisco, Alexandre 1:25.80 2:53.13	14	Angola	2:55.86	2:53.13	6

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 76 Boys 13-14 200 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time	Points
11 Ngwenya, Mufaro 1:24.59 2:53.58	14	Zimbabwe Cana Team-ZZ	2:53.16	2:53.58	5
12 Duff, Garrick 1:28.19 3:01.75	13	Zimbabwe Cana Team-ZZ	3:00.01	3:01.75	4
--- Esslinger, Nico 1:20.87 2:43.80	13	Namibia Swimming Invitation	2:39.72	X2:43.80	
--- Lillie, Michael 1:23.71 DQ	14	Zambia Team 2019	2:39.87	DQ	

Event 77 Women 15-16 200 LC Meter Backstroke

RECORD: 2:29.33 # 2019/02/18 Heleni Stergiadis		NAM		Seed Time	Finals Time	Points
Name	Age	Team	Seed Time	Finals Time	Points	
1 Stergiadis, Heleni 1:12.30 2:29.33	16	Namibia	2:21.56	2:29.33#	18	
2 Mbatha, Lwethu T 1:15.09 2:31.18	16	Republic of South Africa	2:26.87	2:31.18	16	
3 Esslinger, Tiana 1:13.05 2:31.80	15	Namibia	2:26.91	2:31.80	14	
4 Shepherd, Megan L 1:16.83 2:38.85	15	Republic of South Africa	2:29.36	2:38.85	12	
5 van der Westhuizen, Paige 1:17.82 2:39.51	15	Zimbabwe Cana Team-ZZ	2:40.35	2:39.51	11	
6 Phiri, Mia A 1:17.41 2:39.93	15	Zambia Team 2019	2:28.90	2:39.93	10	
7 Foo Sem Fah, Leah 1:18.09 2:41.21	16	Mauritius	2:37.99	2:41.21	9	
8 Matthews, Tselane 1:17.70 2:41.87	15	Botswana	2:36.20	2:41.87	8	
9 Soukup, Therese 1:20.92 2:43.62	15	Seychelles Swimming Associatio	2:32.60	2:43.62	7	
10 Munhemeze, Domingas 1:25.26 2:49.29	16	Mozambique Swimming Team	2:52.57	2:49.29	6	
11 Karia, Riva 1:23.83 2:49.52	16	Kenya Swimming Team	2:44.42	2:49.52	5	
12 Mwebeiha, Mercedes 1:24.24 2:52.03	15	Uganda Swimming Federation	2:39.46	2:52.03	4	
13 Mtetwa, Chiedza 1:25.62 2:58.65	16	Zimbabwe Cana Team-ZZ	2:52.20	2:58.65	3	
14 Ruele, Bupe B 1:26.92 2:59.94	15	Botswana	2:46.19	2:59.94	2	
15 Chibiya, Temwani A 1:29.93 3:00.92	15	Zambia Team 2019	3:09.27	3:00.92	1	
16 Jorge, Alice 1:31.61 3:09.19	16	Angola	2:53.62	3:09.19		
17 Ingles, Lwazi 1:31.61 3:09.19	15	Angola	3:05.40	3:32.35		

Event 78 Men 15-16 200 LC Meter Backstroke

RECORD: 2:15.28 # 2017/02/18 Ronan Z Wantenaar		NAM		Seed Time	Finals Time	Points
Name	Age	Team	Seed Time	Finals Time	Points	
1 Casali, Cameron J 1:07.18 2:17.64	16	Republic of South Africa	2:09.62	2:17.64	18	
2 Kok Shun, Ryan 1:07.02 2:18.80	16	Mauritius	2:16.34	2:18.80	16	
3 Bekker, Andile 1:08.30 2:20.67	15	Botswana	2:16.90	2:20.67	14	
4 Oosthuizen, Martin S 1:09.78 2:23.40	16	Namibia	2:17.54	2:23.40	12	

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 78 Men 15-16 200 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time	Points
5 Bodlall, Jivall 1:12.67 2:26.51	16	Republic of South Africa	2:28.01	2:26.51	11
6 Grueter, Noah 1:11.23 2:27.29	16	Mauritius	2:18.89	2:27.29	10
7 Da Costa, Valentim 1:10.43 2:28.30	15	Mozambique Swimming Team	2:21.27	2:28.30	9
8 Fred, Tyler 1:11.90 2:28.51	16	Seychelles Swimming Associatio	2:27.70	2:28.51	8
9 Henning, Marco T 1:17.54 2:35.86	16	Namibia	2:29.75	2:35.86	7
10 Payet, Damien 1:18.03 2:39.61	15	Seychelles Swimming Associatio	2:31.00	2:39.61	6
11 Wilke, Kallen 1:20.01 2:47.62	15	Zimbabwe Cana Team-ZZ	2:46.04	2:47.62	5
12 Pires, Djamel 1:22.21 2:49.22	15	Angola	2:57.10	2:49.22	4
--- Setzkorn, Friedrich 1:15.85 2:32.56	15	Namibia Swimming Invitation	2:32.27	X2:32.56	
--- Oosthuizen, Hendrik J 1:19.28 2:44.56	15	Namibia Swimming Invitation	2:32.27	X2:44.56	

Event 79 Women 17 & Over 200 LC Meter Backstroke

RECORD: 2:23.81 # 2017/02/18 Robyn Lee

ZIM

Name	Age	Team	Seed Time	Finals Time	Points
1 Lima, Lia Ana 1:13.86 2:31.70	17	Angola	2:39.01	2:31.70	18
2 Botha, Vicky A 1:14.98 2:35.46	17	Namibia	2:34.85	2:35.46	16
3 Oberholzer, Ju-Ané 1:15.62 2:40.98	17	Namibia	2:29.77	2:40.98	14
4 Mwape, Lombe 1:25.02 2:56.57	17	Zambia Team 2019	3:01.47	2:56.57	12
5 Barros, Erica 1:42.52 3:32.31	18	Angola	3:25.28	3:32.31	11
--- Melrose, Claire 1:21.85 DQ	17	Zimbabwe Cana Team-ZZ	2:44.80	DQ	

Swimmers head did not surface at or before 15 meter mark following the start or turn

Event 80 Men 17 & Over 200 LC Meter Backstroke

RECORD: 2:12.34 # 2016/04/22 DONKET Tom

ZAM

Name	Age	Team	Seed Time	Finals Time	Points
1 Johannesson, Jureck 1:11.72 2:30.32	18	Namibia	2:21.43	2:30.32	18
2 Smith, Jordan 1:14.68 2:33.63	17	Zimbabwe Cana Team-ZZ	2:36.17	2:33.63	16
3 Cioccolanti, Jodave 1:16.95 2:38.85	17	Namibia	2:29.87	2:38.85	14
4 Kalaluka, Chama T 1:21.58 2:51.98	17	Zambia Team 2019	2:55.72	2:51.98	12

Event 81 Girls 12 & Under 100 LC Meter Breaststroke

RECORD: 1:19.92 # 2017/02/18 Alicia Kok Shun

MRI

Name	Age	Team	Seed Time	Finals Time	Points
1 Dhemba, Vhenekai 1:25.59	12	Zimbabwe Cana Team-ZZ	1:29.50	1:25.59	18
2 Rocha, Melyssa 1:26.48	12	Mozambique Swimming Team	1:26.17	1:26.48	16
3 De Speville Mason, Liliana 1:27.32	12	Seychelles Swimming Associatio	1:30.60	1:27.32	14
4 Musere, Matida 1:30.34	12	Zimbabwe Cana Team-ZZ	1:30.09	1:30.34	12
5 Dithlogo, Amaru 1:31.33	12	Botswana	1:31.62	1:31.33	11

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 81 Girls 12 & Under 100 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time	Points
6 Vidmar, Julijana	12	Zambia Team 2019	1:32.99	1:32.34	10
7 Coates, Johanna K	12	Zambia Team 2019	1:34.27	1:33.18	9
8 Naukosho, Ariana	11	Namibia	1:34.14	1:34.87	8
9 Harry, Kyra	12	Botswana	1:36.16	1:39.18	7
10 Hoy, Hayley	10	Eswatini	1:44.32	1:41.94	6
11 Hlophe, Nina	12	Eswatini	1:44.69	1:43.53	5
12 Silva, Welwitschia	11	Angola	2:02.52	1:44.09	4
13 Nambeguya, Ssanyu	12	Uganda Swimming Federation	1:38.52	1:44.55	3
14 Rebello, Zoe	11	Malawi Aquatic Union	1:56.33	2:07.95	2
--- Mostert, Danielle	12	Namibia	1:32.99	DQ	

Event 82 Boys 12 & Under 100 LC Meter Breaststroke

RECORD: 1:16.36 # 2017/02/18 Mikah K Burger

NAM

Name	Age	Team	Seed Time	Finals Time	Points
1 Durand, Oliver B	11	Namibia	1:27.23	1:24.57	18
2 Ellis, Quinn	12	Namibia	1:26.94	1:24.63	16
3 Birungi, Shane	12	Uganda Swimming Federation	1:29.10	1:24.71	14
4 Moyo, Zach	12	Zambia Team 2019	1:32.93	1:26.40	12
5 Mokobi, Kgotla	12	Botswana	1:29.55	1:27.10	11
6 Mwamba, Mutale	12	Zambia Team 2019	1:31.88	1:31.85	10
7 Ngwenya, Onesimus	12	Zimbabwe Cana Team-ZZ	1:32.96	1:34.84	9
8 De Sousa, Damien	12	Eswatini	1:39.49	1:38.06	8
9 Loo, Adam	11	Botswana	1:37.14	1:42.37	7
10 Taborda, Helio	11	Angola	1:58.26	1:49.11	6
11 Kumsinda, Akuzike	12	Malawi Aquatic Union	2:10.16	1:50.01	5
12 Reilly, Sean	10	Zimbabwe Cana Team-ZZ	2:01.05	1:55.01	4
--- Grant, Henry C	11	Namibia Swimming Invitation	1:39.10	X1:36.59	

Event 83 Girls 13-14 100 LC Meter Breaststroke

RECORD: 1:13.33 # 2016/04/22 LUTCHMANEN Varen

MRI

Name	Age	Team	Seed Time	Finals Time	Points
1 Kok Shun, Alicia	14	Mauritius	1:17.79	1:16.90	18
2 Kuhn, Emma A	14	Republic of South Africa	1:14.80	1:17.69	16
3 Namutebi, Kirabo	14	Uganda Swimming Federation	1:21.67	1:22.37	14
4 Clifton-Smith, Candice	14	Republic of South Africa	1:21.61	1:24.08	12
5 Matonhodze, Shamiso	14	Botswana	1:17.80	1:24.21	11
6 Mutumbulua, Trisha	14	Namibia	1:29.39	1:26.31	10
7 Nakaleke, Ester	14	Namibia	1:29.09	1:28.04	9
8 Goodinson, Kiara	13	Zimbabwe Cana Team-ZZ	1:31.19	1:28.28	8
9 Loo, Caitlin	14	Botswana	1:27.40	1:28.55	7
10 Elizabeth, Khema	14	Seychelles Swimming Associatio	1:31.60	1:29.38	6
11 Ramajan, Saira	13	Zimbabwe Cana Team-ZZ	1:31.04	1:31.08	5
12 Samaras, Abbie	13	Zambia Team 2019	1:32.31	1:35.74	4
13 Makwenda, Jessica	13	Malawi Aquatic Union	1:45.52	1:37.84	3
14 Francisco, Sebastiana	13	Angola	1:39.75	1:38.81	2
15 Chizonda, Tracy	13	Malawi Aquatic Union	1:52.38	1:42.98	1
16 Larginho, Daniela	13	Angola	1:40.00	1:46.85	
17 Dlamini, Siwakhile T	13	Eswatini	1:50.17	1:51.43	
--- Stange, Maya A	13	Namibia Swimming Invitation	1:31.46	X1:30.21	
--- Fawaz, Yasmina	14	Zambia Team 2019	1:26.84	DQ	

Swimmer started before the starting signal

Event 84 Boys 13-14 100 LC Meter Breaststroke

RECORD: 1:08.64 # 2017/02/18 Oliver Wong Chap Lan

MRI

Name	Age	Team	Seed Time	Finals Time	Points
1 Keylock, Kian C	13	Republic of South Africa	1:11.30	1:09.88	18

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 84 Boys 13-14 100 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time	Points
2 Werrett, Cory	14	Zimbabwe Cana Team-ZZ	1:11.33	1:09.93	16
3 Canjulo, Jose N	13	Namibia	1:12.84	1:10.48	14
4 Miller, Joshua	14	Seychelles Swimming Associatio	1:13.20	1:12.55	12
5 Burger, Mikah K	14	Namibia	1:12.40	1:14.61	11
6 Vidot, Alain	14	Seychelles Swimming Associatio	1:13.30	1:16.46	10
7 Lobo, Caio	13	Mozambique Swimming Team	1:15.69	1:16.98	9
8 Freitas, Filipe S	13	Angola	1:14.48	1:17.09	8
9 Yiga-Mawano, Francesco K	14	Uganda Swimming Federation	1:27.55	1:18.26	7
10 Tranquille, Gregory	14	Mauritius	1:14.89	1:18.35	6
11 Ngwenya, Mufaro	14	Zimbabwe Cana Team-ZZ	1:19.67	1:19.35	5
12 Nkunzi, Awande	13	Republic of South Africa	1:18.40	1:19.48	4
13 Gondo, Takundan Ashe	14	Botswana	1:22.13	1:23.84	3
14 Zocolo, Osvaldo	14	Angola	1:26.28	1:25.52	2
15 Liakopoulos, Theodoros E	14	Zambia Team 2019	1:23.36	1:25.58	1
16 Fernando, Khushal J	13	Zambia Team 2019	1:26.50	1:26.57	
17 Duff, Garrick	13	Zimbabwe Cana Team-ZZ	1:35.08	x1:35.26	
18 Banda, Asher	13	Malawi Aquatic Union	1:46.12	1:36.31	
--- Rathenam, Keanet-Peter	14	Namibia Swimming Invitation	1:19.93	X1:21.12	
--- Mostert, Damian A	14	Namibia Swimming Invitation	1:21.97	X1:24.13	

Event 85 Women 15-16 100 LC Meter Breaststroke

RECORD: 1:14.23 # 2017/02/18 Christin Mundell

RSA

Name	Age	Team	Seed Time	Finals Time	Points
1 Shepherd, Megan L	15	Republic of South Africa	1:18.68	1:19.04	18
2 van der Westhuizen, Paige	15	Zimbabwe Cana Team-ZZ	1:20.44	1:19.10	16
3 Volkwyn, Ashton K	16	Republic of South Africa	1:18.30	1:19.86	14
4 Mitchell, Hannah	15	Zimbabwe Cana Team-ZZ	1:20.63	1:22.66	12
5 Stergiadis, Heleni	16	Namibia	1:19.70	1:23.92	11
6 Chungu, Chibwe	16	Zambia Team 2019	1:23.72	1:25.26	10
7 Glover, Celia	15	Mauritius	1:24.32	1:27.00	9
8 Kimani, Jasmin	15	Kenya Swimming Team	1:23.86	1:27.10	8
9 Vos, Tayla S	16	Botswana	1:26.81	1:29.47	7
10 Esslinger, Tiana	15	Namibia	1:24.25	1:30.60	6
11 Chibiya, Temwani A	15	Zambia Team 2019	1:33.60	1:30.77	5
12 Coelho, Elaine	15	Angola	1:29.88	1:31.52	4
13 Matthews, Tselane	15	Botswana	1:28.89	1:32.32	3
14 Mwebeiha, Mercedes	15	Uganda Swimming Federation	1:25.22	1:37.82	2
15 Ingles, Lwazi	15	Angola	1:50.90	1:52.09	1

Event 86 Men 15-16 100 LC Meter Breaststroke

RECORD: 1:07.47 # 2017/02/18 Liam O'Hara

ZIM

Name	Age	Team	Seed Time	Finals Time	Points
1 Wong Chap Lan, Oliver	16	Mauritius	1:07.39	1:09.06	18
2 Terblanche, Jakobus P	16	Republic of South Africa	1:08.98	1:09.84	16
3 Casali, Cameron J	16	Republic of South Africa	1:10.84	1:09.86	14
4 Fischer, Ethan	16	Botswana	1:09.72	1:10.20	12
5 Mukalazi, Tendo	16	Uganda Swimming Federation	1:12.77	1:14.24	11
6 Mills, Tait	16	Zimbabwe Cana Team-ZZ	1:13.81	1:14.39	10
7 Pale, Justino	15	Mozambique Swimming Team	1:16.08	1:14.82	9
8 Bekker, Andile	15	Botswana	1:17.29	1:15.01	8
9 Ferley, Daniel	15	Seychelles Swimming Associatio	1:12.80	1:15.62	7
10 Shamambo, Damien	15	Zambia Team 2019	1:16.33	1:15.74	6
11 Betts, Maximilian W	15	Namibia	1:16.04	1:17.36	5
12 Wilke, Kallen	15	Zimbabwe Cana Team-ZZ	1:20.10	1:18.22	4
13 Chonguiça, Yannis	15	Mozambique Swimming Team	1:16.30	1:18.26	3
14 Fitzpatrick, Christopher	16	Tanzania	1:17.50	1:20.30	2

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 86 Men 15-16 100 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time	Points
15 Pires, Djamel	15	Angola	1:29.69	1:22.33	1
16 Safeca, Amilcar	15	Angola	1:28.37	1:26.93	
--- Abraham, Ethan	15	Eswatini	1:31.59	DQ	

Event 87 Women 17 & Over 100 LC Meter Breaststroke

RECORD: 1:16.04 # 2019/02/18 Tessa IP Hen Cheung			MRI		
Name	Age	Team	Seed Time	Finals Time	Points
1 IP Hen Cheung, Tessa	17	Mauritius	1:16.09	1:16.04#	18
2 Doorman, Amy	17	Zimbabwe Cana Team-ZZ	1:26.12	1:25.44	16
3 Naidu, Harleena	17	Zambia Team 2019	1:22.93	1:26.07	14
4 Meya, Avice	24	Uganda Swimming Federation	1:32.04	1:36.06	12
5 Barros, Erica	18	Angola	1:47.54	1:49.26	11

Event 88 Men 17 & Over 100 LC Meter Breaststroke

RECORD: 1:05.07 # 2016/04/22 LAWSON James			ZIM		
Name	Age	Team	Seed Time	Finals Time	Points
1 Wantenaar, Ronan Z	18	Namibia	1:04.91	1:05.83	18
2 Robinson, Adrian	18	Botswana	1:05.27	1:05.88	16
3 Gomes, Filipe	21	Malawi Aquatic Union	1:04.75	1:07.66	14
4 Ervedosa, Mario	20	Angola	1:05.28	1:08.18	12
5 Viljoen, René H	17	Namibia	1:08.93	1:11.88	11
6 Naidu, Kumaren M	21	Zambia Team 2019	1:11.67	1:13.53	10
7 Anodin, Gregory	19	Mauritius	1:09.00	1:15.29	9
8 Chaane, Hlalele E	18	Republic of South Africa	1:15.40	1:15.82	8
9 Matija, Kitso	20	Botswana	1:15.38	1:16.17	7
10 Tayali, Quintin T	17	Zimbabwe Cana Team-ZZ	1:16.37	1:16.30	6
11 Duarte, Joao N	17	Angola	1:22.80	1:18.92	5
--- Smith, Jordan	17	Zimbabwe Cana Team-ZZ	1:19.58	DQ	

Event 89 Girls 12 & Under 50 LC Meter Freestyle

RECORD: 28.85 # 2016/04/22 VAN DER WESTHUIZEN Paige			ZIM		
Name	Age	Team	Seed Time	Finals Time	Points
1 Dhemba, Vhenekai	12	Zimbabwe Cana Team-ZZ	30.57	30.18	18
2 Mostert, Danielle	12	Namibia	30.55	30.31	16
3 Phiri, Jade A	12	Zambia Team 2019	31.59	30.35	14
4 Onovo, Onye	12	Zimbabwe Cana Team-ZZ	31.25	30.38	12
5 Labuschagne, Isabelle	11	Seychelles Swimming Associatio	32.60	31.14	11
6 Nanjala, Rebecca	12	Kenya Swimming Team	31.94	31.15	10
7 Rocha, Melyssa	12	Mozambique Swimming Team	32.02	31.68	9
8 Harry, Kyra	12	Botswana	32.42	31.82	8
9 Naukosho, Ariana	11	Namibia	33.37	32.23	7
10 De Speville Mason, Liliana	12	Seychelles Swimming Associatio	32.20	32.30	6
11 Vidmar, Julijana	12	Zambia Team 2019	32.98	32.55	5
12 Pigford, Elizabeth	12	Botswana	32.76	32.81	4
13 Kayuni, Jennifer	12	Malawi Aquatic Union	36.22	32.87	3
14 Correia, Maira	12	Mozambique Swimming Team	34.87	33.94	2
15 Hlophe, Nina	12	Eswatini	37.04	34.01	1
16 Nambeguya, Ssanyu	12	Uganda Swimming Federation	35.42	34.10	
17 Losacco, Olivia	10	Malawi Aquatic Union	39.08	34.21	
18 Silva, Welwitschia	11	Angola	NT	34.57	
19 Hoy, Hayley	10	Eswatini	34.55	34.78	
--- Humphrey, Jessica	10	Namibia Swimming Invitation	36.09	X33.98	
--- Westerduin, Reza	11	Namibia Swimming Invitation	35.47	X34.87	

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****Event 90 Boys 12 & Under 50 LC Meter Freestyle**

RECORD: 27.26 # 2019/02/18 Hugo L'Arrogant		MRI			
Name	Age	Team	Seed Time	Finals Time	Points
1	L'Arrogant, Hugo	12 Mauritius	27.58	27.26#	18
2	Hart, Ivan	12 Kenya Swimming Team	28.63	27.96	16
3	Ellis, Quinn	12 Namibia	30.40	28.63	14
4	Faftine, Kaio	12 Mozambique Swimming Team	30.56	30.41	12
5	Munguambe, Cleyton	11 Mozambique Swimming Team	30.43	30.43	11
6	Kalaluka, Timuna	12 Zambia Team 2019	31.34	30.63	10
7	Mulenga, Mwenya	12 Zambia Team 2019	30.70	30.81	9
8	Birungi, Shane	12 Uganda Swimming Federation	32.32	31.08	8
9	Kumsinda, Akuzike	12 Malawi Aquatic Umion	35.25	31.45	7
10	Payet, Thierry	11 Seychelles Swimming Associatio	32.15	32.10	6
11	Loo, Adam	11 Botswana	32.87	32.66	5
12	Reilly, Sean	10 Zimbabwe Cana Team-ZZ	33.15	32.77	4
13	Kyabayinze, Zaabu	11 Uganda Swimming Federation	35.51	32.82	3
14	Durand, Oliver B	11 Namibia	31.77	32.87	2
15	De Sousa, Damien	12 Eswatini	33.40	33.32	1
16	Mokobi, Kgotla	12 Botswana	33.06	33.60	
17	Ngwenya, Onesimus	12 Zimbabwe Cana Team-ZZ	32.64	34.34	
18	Furtado, Marco	9 Angola	39.57	36.30	
19	Taborda, Helio	11 Angola	41.04	38.57	
---	Nakaleke, Eliphas	10 Namibia Swimming Invitation	34.01	X33.80	
---	Grant, Henry C	11 Namibia Swimming Invitation	33.23	X33.86	

Event 91 Girls 13-14 50 LC Meter Freestyle

RECORD: 27.74 # 2019/02/18 Kirabo Namutebi		UG			
Name	Age	Team	Seed Time	Finals Time	Points
1	Namutebi, Kirabo	14 Uganda Swimming Federation	28.85	27.74#	18
2	Egner, Maxine	14 Botswana	28.03	28.35	16
3	Coetzee, Lise	14 Republic of South Africa	28.17	28.36	14
4	Brown, Kelly-Ann	14 Republic of South Africa	28.41	28.49	12
5	Gebert, Ines	14 Mauritius	28.30	28.95	11
6	Goodinson, Kiara	13 Zimbabwe Cana Team-ZZ	29.68	29.02	10
7	Kok Shun, Alicia	14 Mauritius	29.10	29.03	9
8	Mutumbulua, Trisha	14 Namibia	28.99	29.20	8
9	Loo, Caitlin	14 Botswana	29.69	29.78	7
10	Elizabeth, Khema	14 Seychelles Swimming Associatio	30.30	29.89	6
11	Mateus, Alicia	14 Mozambique Swimming Team	29.15	30.39	5
12	Makwenda, Jessica	13 Malawi Aquatic Umion	32.18	30.68	4
13	Santo, Rafaela Espirito	14 Angola	31.87	30.99	3
14	Viljoen, Corley G	13 Namibia	31.10	31.16	2
15	Samaras, Abbie	13 Zambia Team 2019	32.53	31.40	1
16	Fawaz, Yasmina	14 Zambia Team 2019	31.92	31.74	
17	Ramajan, Saira	13 Zimbabwe Cana Team-ZZ	30.95	31.83	
18	Chizonda, Tracy	13 Malawi Aquatic Umion	34.26	32.87	
19	Maye, Kenda	14 Kenya Swimming Team	32.58	32.99	
20	Francisco, Sebastiana	13 Angola	35.23	34.42	
21	Dlamini, Siwakhile T	13 Eswatini	35.74	35.30	
22	Young, Raya	13 Eswatini	36.86	35.46	
---	Spath, Mackenzie	13 Namibia Swimming Invitation	32.56	X31.53	
---	Stange, Maya A	13 Namibia Swimming Invitation	32.86	X31.70	

Event 92 Boys 13-14 50 LC Meter Freestyle

RECORD: 24.79 # 2017/02/18 Ethan R Spieker		RSA			
Name	Age	Team	Seed Time	Finals Time	Points
1	Canjulo, Jose N	13 Namibia	26.73	26.27	18

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 92 Boys 13-14 50 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
2 Werrett, Cory	14	Zimbabwe Cana Team-ZZ	26.94	26.68	16
3 Burger, Mikah K	14	Namibia	26.16	26.76	14
4 Junior, Manuel Antonio	14	Mozambique Swimming Team	26.78	26.89	12
5 Pillay, Leshen A	14	Republic of South Africa	27.14	26.98	11
6 Keylock, Kian C	13	Republic of South Africa	27.25	27.28	10
7 AH Yong, Victor	14	Mauritius	26.41	27.37	9
8 Gondo, Takundan Ashe	14	Botswana	28.57	27.81	8
9 Yiga-Mawano, Francesco K	14	Uganda Swimming Federation	28.75	27.89	7
10 Vidot, Alain	14	Seychelles Swimming Associatio	27.60	27.91	6
11 Paco, Kelvin	13	Mozambique Swimming Team	27.59	27.92	5
12 Furtado, Yusseni	14	Angola	28.86	28.14	4
13 Nagapin, Nathan	13	Seychelles Swimming Associatio	29.20	28.25	3
14 Fernando, Khushal J	13	Zambia Team 2019	28.77	28.41	2
15 Kandima, Jason	14	Botswana	28.63	28.52	1
16 Tranquille, Gregory	14	Mauritius	26.98	28.54	
*17 Ngwenya, Mufaro	14	Zimbabwe Cana Team-ZZ	29.47	28.87	
*17 Kyabayinze, Daryl	14	Uganda Swimming Federation	28.88	28.87	
19 Zocolo, Osvaldo	14	Angola	29.83	28.90	
20 Liakopoulos, Theodoros E	14	Zambia Team 2019	29.84	29.96	
21 Moosa, Mohammed A	13	Malawi Aquatic Union	33.52	31.67	
22 Banda, Asher	13	Malawi Aquatic Union	33.63	31.77	
--- Rathenam, Keanet-Peter	14	Namibia Swimming Invitation	29.13	X29.22	
--- Esslinger, Nico	13	Namibia Swimming Invitation	32.14	X31.56	

Event 93 Women 15-16 50 LC Meter Freestyle

RECORD: 26.95 # 2019/02/18		Kelsea Munro		RSA		
Name	Age	Team	Seed Time	Finals Time	Points	
1 Munro, Kelsea	16	Republic of South Africa	26.75	26.95#	18	
2 Phiri, Mia A	15	Zambia Team 2019	28.04	27.89	16	
3 van der Westhuizen, Paige	15	Zimbabwe Cana Team-ZZ	27.40	28.10	14	
4 Soukup, Therese	15	Seychelles Swimming Associatio	28.10	28.61	12	
5 Brown, Courtney	16	Zimbabwe Cana Team-ZZ	28.54	28.81	11	
6 Mbatha, Lwethu T	16	Republic of South Africa	29.40	29.15	10	
7 Chungu, Chibwe	16	Zambia Team 2019	29.87	29.42	9	
8 Murphy, Hannah M	15	Namibia	29.99	29.87	8	
9 Foo Sem Fah, Leah	16	Mauritius	30.00	30.04	7	
10 Esslinger, Tiana	15	Namibia	29.49	30.35	6	
11 Kimani, Jasmin	15	Kenya Swimming Team	NT	30.39	5	
*12 Coelho, Elaine	15	Angola	31.30	30.68	3.50	
*12 Matthews, Tselane	15	Botswana	30.00	30.68	3.50	
14 Mtetwa, Chiedza	16	Zimbabwe Cana Team-ZZ	31.17	x30.71		
15 Munhemeze, Domingas	16	Mozambique Swimming Team	30.84	30.96	2	
16 Gondo, Ruvarashe	16	Botswana	30.21	31.03	1	
17 Ingles, Lwazi	15	Angola	30.87	31.22		
18 Dlamini, Senamile	15	Eswatini	31.41	31.55		
19 Mwebeiha, Mercedes	15	Uganda Swimming Federation	29.42	31.75		

Event 94 Men 15-16 50 LC Meter Freestyle

RECORD: 24.25 # 2017/02/18		Jandre J Moll		RSA		
Name	Age	Team	Seed Time	Finals Time	Points	
1 Moosa, Shaquille D	16	Zambia Team 2019	26.27	25.32	18	
*2 Fred, Tyler	16	Seychelles Swimming Associatio	25.60	25.36	15	
*2 Kok Shun, Ryan	16	Mauritius	25.50	25.36	15	
4 Jones, Brett	16	Zimbabwe Cana Team-ZZ	25.69	25.51	12	
5 Gordo, Salvador	16	Angola	25.77	25.73	11	
6 Bekker, Andile	15	Botswana	25.64	25.81	10	

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 94 Men 15-16 50 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
7 Maseko, Felix F	16	Republic of South Africa	25.92	25.95	9
8 Casali, Cameron J	16	Republic of South Africa	26.62	26.10	8
9 Wong Chap Lan, Oliver	16	Mauritius	26.37	26.15	7
10 Rouse, Brandon	15	Botswana	26.18	26.23	6
11 Da Costa, Valentim	15	Mozambique Swimming Team	26.37	26.25	5
12 Mukalazi, Tendo	16	Uganda Swimming Federation	25.68	26.29	4
13 Paco, Edilson	15	Mozambique Swimming Team	25.96	26.32	3
14 Wilke, Kallen	15	Zimbabwe Cana Team-ZZ	26.83	26.34	2
15 Oosthuizen, Martin S	16	Namibia	25.92	26.49	1
16 Fitzpatrick, Christopher	16	Tanzania	26.07	26.70	
17 Le Roux, Corné	16	Namibia	26.23	26.77	
18 Mwamba, Wina M	15	Zambia Team 2019	27.84	27.23	
19 Ssamula, Darren K	15	Uganda Swimming Federation	26.89	27.36	
20 Payet, Bertrand	16	Seychelles Swimming Associatio	25.90	27.55	
21 Safeca, Amilcar	15	Angola	28.52	27.82	
22 Abraham, Ethan	15	Eswatini	32.16	33.79	
--- Setzkorn, Friedrich	15	Namibia Swimming Invitation	28.85	X28.02	
--- Oosthuizen, Hendrik J	15	Namibia Swimming Invitation	28.27	X28.47	

Event 95 Women 17 & Over 50 LC Meter Freestyle

RECORD: 27.05 # 2017/02/18		Alexus Laird	SEY		
Name	Age	Team	Seed Time	Finals Time	Points
1 Weber, Zuné	17	Namibia	27.58	28.31	18
2 Lima, Lia Ana	17	Angola	29.87	29.26	16
3 Meya, Avice	24	Uganda Swimming Federation	27.90	29.94	14
4 Freitas, Maria	21	Angola	30.01	30.32	12
5 Pinto, Ammara	21	Malawi Aquatic Union	29.02	30.54	11
6 Makuwa, Ashley	17	Zimbabwe Cana Team-ZZ	30.23	30.62	10
7 Melrose, Claire	17	Zimbabwe Cana Team-ZZ	31.35	30.92	9
8 Botha, Vicky A	17	Namibia	30.35	30.93	8
9 Mwape, Lombe	17	Zambia Team 2019	32.08	31.12	7
10 Changánamuno, Tayamika	18	Malawi Aquatic Union	31.65	31.26	6
11 Naidu, Harleena	17	Zambia Team 2019	33.20	32.44	5

Event 96 Men 17 & Over 50 LC Meter Freestyle

RECORD: 23.78 # 2017/02/18		Donker Tom	ZAM		
Name	Age	Team	Seed Time	Finals Time	Points
*1 Gomes, Filipe	21	Malawi Aquatic Union	24.53	24.30	17
*1 Wantenaar, Ronan Z	18	Namibia	24.43	24.30	17
3 Anodin, Gregory	19	Mauritius	24.40	24.64	14
4 Freeman, James S	17	Botswana	24.27	24.87	12
5 Francisco, Daniel	19	Angola	24.49	24.98	11
6 Purahoo, Ovesh	17	Mauritius	25.30	25.02	10
7 Robinson, Adrian	18	Botswana	24.95	25.21	9
8 Saleh, Fadhil	17	Uganda Swimming Federation	25.59	25.24	8
9 Viljoen, René H	17	Namibia	25.31	25.26	7
10 Hoffman, Dean	21	Seychelles Swimming Associatio	24.60	25.27	6
11 Tayali, Quintin T	17	Zimbabwe Cana Team-ZZ	25.78	25.77	5
12 Saleh, Nabil	17	Uganda Swimming Federation	25.35	25.78	4
13 Moncherry, Adam	20	Seychelles Swimming Associatio	24.80	25.99	3
14 Ervedosa, Mario	20	Angola	24.55	26.26	2
15 Aliang, Mário	17	Mozambique Swimming Team	26.07	26.57	1
16 Naidu, Kumaren M	21	Zambia Team 2019	27.50	26.83	
17 Smith, Jordan	17	Zimbabwe Cana Team-ZZ	26.92	27.35	
18 Chaane, Hlalele E	18	Republic of South Africa	27.24	27.39	

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20

Results

Event 97 Mixed 14 & Under 400 LC Meter Medley Relay

RECORD: 4:29.95 # 2017/02/19

MAURITIUS

MRI

FOO SEM FAH, WONG CHAP LAN, KOK SHUN, LIM KIAN SIA

Team	Relay	Seed Time	Finals Time	Points
1 Republic of South Africa 1:06.51 2:22.03 3:26.60 4:28.11	A	4:28.70	4:28.11 #	36
2 Mauritius 1:14.57 2:32.35 3:33.38 4:36.28	A	4:25.76	4:36.28	32
3 Namibia 1:17.06 2:27.29 3:29.69 4:38.64	A	4:36.82	4:38.64	28
4 Zimbabwe Cana Team-ZZ 1:17.74 2:30.10 4:51.13	A	4:45.32	4:51.13	24
5 Mozambique Swimming Team 1:06.01 2:32.24 3:48.83 4:53.63	A	1:53.68	4:53.63	22
6 Angola 1:13.48 2:47.39 3:56.65 5:03.94	A	5:44.39	5:03.94	20
7 Botswana 1:15.83 3:58.98 5:05.08	A	4:47.90	5:05.08	18
8 Kenya Swimming Team 1:33.85 2:54.05 4:04.83 5:14.84	A	NT	5:14.84	16
9 Zambia Team 2019	A	5:01.78	5:15.32	14
10 Seychelles Swimming Associa 1:28.68 2:57.22 4:15.64 5:15.91	A	5:10.00	5:15.91	12
--- Namibia Swimming Invitation 2:44.34 5:12.45	A	5:10.83	X5:12.45	

Event 98 Mixed 15 & Over 400 LC Meter Medley Relay

RECORD: 4:19.77 # 2017/02/19

ZIM A cana 17

ZIM

R Lee, L O'Hara, B Cyprianos, D Leask

Team	Relay	Seed Time	Finals Time	Points
1 Republic of South Africa 1:03.04 2:11.05 3:18.41 4:17.46	A	4:27.94	4:17.46 #	36
2 Namibia 1:10.24 2:16.71 3:16.51 4:18.77	A	4:11.69	4:18.77	32
3 Mauritius 1:13.69 2:23.03 4:24.42	A	4:12.67	4:24.42	28
4 Botswana 1:14.67 2:20.46 3:20.63 4:29.12	A	4:28.32	4:29.12	24
5 Angola 1:12.02 2:24.04 3:24.16 4:30.81	A	5:02.45	4:30.81	22
6 Zimbabwe Cana Team-ZZ 1:09.66 3:43.48 4:41.84	A	4:29.57	4:41.84	20
7 Seychelles Swimming Associa 1:14.91 2:31.06 3:38.56 4:46.19	A	5:10.00	4:46.19	18
8 Malawi Aquatic Union 1:21.38 2:30.40 4:02.12 5:17.26	A	NT	5:17.26	16
--- Zambia Team 2019 1:11.89 2:25.33 3:35.95 DQ	A	4:34.15	DQ	

Event 99 Girls 14 & Under 200 LC Meter Butterfly

RECORD: 2:28.01 # 2017/02/19

Tori C Oliver

RSA

Name	Age	Team	Seed Time	Finals Time	Points
1 Brown, Kelly-Ann 1:11.03 2:36.16	14	Republic of South Africa	2:29.51	2:36.16	18
2 Gebert, Ines 1:14.36 2:38.25	14	Mauritius	2:29.00	2:38.25	16
3 Mahobebe, Mkhuseli 1:18.32 2:49.18	13	Zimbabwe Cana Team-ZZ	3:06.35	2:49.18	14

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 99 Girls 14 & Under 200 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time	Points
4 Vidmar, Julijana 1:29.34 3:06.59	12	Zambia Team 2019	3:06.87	3:06.59	12
5 Mateus, Alicia 1:22.23 3:09.80	14	Mozambique Swimming Team	2:57.98	3:09.80	11

Event 100 Boys 14 & Under 200 LC Meter Butterfly

RECORD: 2:25.27 # 2017/02/19 Joe H Botha			RSA		
Name	Age	Team	Seed Time	Finals Time	Points
1 AH Yong, Victor 1:08.16 2:19.83	14	Mauritius	2:15.50	2:19.83#	18
2 Canjulo, Jose N 1:09.34 2:23.56	13	Namibia	2:21.94	2:23.56	16
3 Pillay, Leshen A 1:07.58 2:23.78	14	Republic of South Africa	2:23.04	2:23.78	14
4 Keylock, Kian C 1:08.25 2:23.97	13	Republic of South Africa	2:24.85	2:23.97	12
5 Burger, Mikah K 1:08.87 2:24.89	14	Namibia	2:21.11	2:24.89	11
6 Junior, Manuel Antonio 1:10.66 2:36.53	14	Mozambique Swimming Team	2:28.31	2:36.53	10
7 Paco, Kelvin 1:14.91 2:49.42	13	Mozambique Swimming Team	2:39.98	2:49.42	9
8 Kisitu, Hayyan 1:25.36 3:01.46	14	Uganda Swimming Federation	3:18.96	3:01.46	8
9 Francisco, Alexandre 1:27.52 3:16.66	14	Angola	3:07.17	3:16.66	7

Event 101 Women 15-16 200 LC Meter Butterfly

RECORD: 2:32.21 # 2017/02/19 MOIRA FRASER			ZIM		
Name	Age	Team	Seed Time	Finals Time	Points
1 Stergiadis, Heleni 1:08.48 2:30.12	16	Namibia	2:25.94	2:30.12#	18
2 Karia, Riva 1:18.99 2:44.71	16	Kenya Swimming Team	2:45.17	2:44.71	16
3 Glover, Celia 1:18.78 3:00.65	15	Mauritius	2:50.54	3:00.65	14
4 Ingles, Lwazi 1:33.65 3:21.22	15	Angola	3:11.02	3:21.22	12
5 Jorge, Alice 1:37.13 3:32.74	16	Angola	2:50.20	3:32.74	11
6 Dlamini, Senamile 1:38.96 3:38.41	15	Eswatini	3:32.15	3:38.41	10

Event 102 Men 15-16 200 LC Meter Butterfly

RECORD: 2:13.68 # 2017/02/19 James S Freeman			BOTS		
Name	Age	Team	Seed Time	Finals Time	Points
1 Le Roux, Corné 1:03.22 2:13.83	16	Namibia	2:10.16	2:13.83	18
2 Gordo, Salvador 1:04.90 2:17.68	16	Angola	2:14.85	2:17.68	16
3 Bodlall, Jivall 1:03.06 2:19.78	16	Republic of South Africa	2:14.58	2:19.78	14
4 Payet, Bertrand 1:10.28 2:28.08	16	Seychelles Swimming Associatio	2:24.00	2:28.08	12
5 Payet, Damien 1:11.96 2:29.64	15	Seychelles Swimming Associatio	2:27.00	2:29.64	11
6 Ssamula, Darren K 2:32.85 2:32.62	15	Uganda Swimming Federation	2:30.37	2:32.62	10

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 102 Men 15-16 200 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time	Points
7 Fischer, Ethan 1:14.30 2:40.15	16	Botswana	2:36.80	2:40.15	9
8 Retzlaff, Paul 1:15.37 2:44.53	15	Zimbabwe Cana Team-ZZ	2:56.19	2:44.53	8
9 Mwamba, Wina M 1:18.58 2:45.73	15	Zambia Team 2019	2:41.17	2:45.73	7
--- Gruter, Noah Swimmer did not finish 1:12.99	16	Mauritius	2:25.76	DNF	

Event 103 Women 17 & Over 200 LC Meter Butterfly**RECORD: 2:24.51 # 2009/01/10 SARAH KAY****RSA**

Name	Age	Team	Seed Time	Finals Time	Points
1 Lima, Lia Ana 1:10.82 2:33.20	17	Angola	2:26.71	2:33.20	18
2 Meya, Avice 1:26.55 3:06.88	24	Uganda Swimming Federation	3:09.84	3:06.88	16

Event 104 Men 17 & Over 200 LC Meter Butterfly**RECORD: 2:06.14 # 2016/04/23 PINOTES Pedro****ANG**

Name	Age	Team	Seed Time	Finals Time	Points
1 Bachmann, Mathieu 1:05.26 2:20.88	22	Seychelles Swimming Associatio	2:08.10	2:20.88	18
2 Tayali, Quintin T 1:06.53 2:26.02	17	Zimbabwe Cana Team-ZZ	2:19.35	2:26.02	16

Event 105 Girls 12 & Under 100 LC Meter Freestyle**RECORD: 1:03.80 # 2016/04/23 JVAN DER WESTHUIZEN Paige****ZIM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Dhemba, Vhenekai	12	Zimbabwe Cana Team-ZZ	1:09.81	1:06.62	18
2 Mostert, Danielle	12	Namibia	1:08.72	1:06.69	16
3 Phiri, Jade A	12	Zambia Team 2019	1:10.43	1:09.24	14
4 Kagwima, Ashley N	11	Kenya Swimming Team	1:13.05	1:10.28	12
5 Dithlogo, Amaru	12	Botswana	1:12.46	1:10.41	11
6 Onovo, Onye	12	Zimbabwe Cana Team-ZZ	1:12.98	1:10.66	10
7 Rocha, Melyssa	12	Mozambique Swimming Team	1:10.24	1:10.71	9
8 Nanjala, Rebecca	12	Kenya Swimming Team	1:11.55	1:10.82	8
9 De Speville Mason, Liliana	12	Seychelles Swimming Associatio	1:11.00	1:11.27	7
10 Naukosho, Ariana	11	Namibia	1:11.75	1:11.84	6
11 Vidmar, Julijana	12	Zambia Team 2019	1:14.25	1:13.20	5
12 Harry, Kyra	12	Botswana	1:11.17	1:13.40	4
13 Kayuni, Jennifer	12	Malawi Aquatic Umion	1:23.58	1:15.23	3
14 Silva, Welwitschia	11	Angola	1:20.17	1:15.54	2
15 Hoy, Hayley	10	Eswatini	1:16.07	1:15.67	1
16 Labuschagne, Isabelle	11	Seychelles Swimming Associatio	1:14.60	1:15.68	
17 Nambeguya, Ssanyu	12	Uganda Swimming Federation	1:19.33	1:16.83	
18 Hlophe, Nina	12	Eswatini	1:21.72	1:19.36	
19 Losacco, Olivia	10	Malawi Aquatic Umion	1:31.53	1:19.72	
20 Correia, Maira	12	Mozambique Swimming Team	1:17.50	1:21.04	

Event 106 Boys 12 & Under 100 LC Meter Freestyle**RECORD: 1:00.69 # 2017/02/19 Mikah K Burger****NAM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Hart, Ivan	12	Kenya Swimming Team	1:03.74	1:01.50	18
2 Ellis, Quinn	12	Namibia	1:05.76	1:03.38	16
3 L'Arrogant, Hugo	12	Mauritius	1:02.72	1:03.85	14
4 Faftine, Kaio	12	Mozambique Swimming Team	1:05.73	1:06.04	12

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 106 Boys 12 & Under 100 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
5 Munguambe, Cleyton	11	Mozambique Swimming Team	1:05.81	1:07.28	11
6 Mulenga, Mwenya	12	Zambia Team 2019	1:09.60	1:08.66	10
7 Kalaluka, Timuna	12	Zambia Team 2019	1:09.47	1:08.79	9
8 Durand, Oliver B	11	Namibia	1:07.95	1:10.67	8
9 Birungi, Shane	12	Uganda Swimming Federation	1:09.81	1:11.51	7
10 Ngwenya, Onesimus	12	Zimbabwe Cana Team-ZZ	1:11.76	1:13.36	6
11 Loo, Adam	11	Botswana	1:12.47	1:13.87	5
12 Haskins, Ethan	11	Botswana	1:14.71	1:14.62	4
13 Reilly, Sean	10	Zimbabwe Cana Team-ZZ	1:20.87	1:17.27	3
14 De Sousa, Damien	12	Eswatini	1:16.39	1:17.89	2
15 Kumsinda, Akuzike	12	Malawi Aquatic Union	1:29.78	1:18.06	1
16 Furtado, Marco	9	Angola	1:38.14	1:22.44	
17 Taborda, Helio	11	Angola	1:33.24	1:27.53	
--- Hekandjo, Kgosana O	11	Namibia Swimming Invitation	1:15.19	X1:13.89	
--- Grant, Henry C	11	Namibia Swimming Invitation	1:15.44	X1:14.70	

Event 107 Girls 13-14 100 LC Meter Freestyle

RECORD: 1:01.85 # 2017/02/19 Tailyn Seyffert

RSA

Name	Age	Team	Seed Time	Finals Time	Points
1 Brown, Kelly-Ann	14	Republic of South Africa	1:01.97	1:01.42#	18
2 Coetzee, Lise	14	Republic of South Africa	1:00.47	1:01.80	16
3 Kok Shun, Alicia	14	Mauritius	1:04.39	1:02.92	14
4 Egner, Maxine	14	Botswana	1:03.04	1:03.08	12
5 Namutebi, Kirabo	14	Uganda Swimming Federation	1:03.88	1:03.09	11
6 Goodinson, Kiara	13	Zimbabwe Cana Team-ZZ	1:04.31	1:04.55	10
7 Gebert, Ines	14	Mauritius	1:02.00	1:04.83	9
8 Mutumbulua, Trisha	14	Namibia	1:04.52	1:05.04	8
9 Elizabeth, Khema	14	Seychelles Swimming Associatio	1:07.50	1:06.54	7
10 Mateus, Alicia	14	Mozambique Swimming Team	1:04.04	1:07.16	6
11 Matonhodze, Shamiso	14	Botswana	1:04.37	1:08.91	5
12 Viljoen, Corley G	13	Namibia	1:07.72	1:09.00	4
13 Ramajan, Saira	13	Zimbabwe Cana Team-ZZ	1:07.96	1:10.27	3
14 Makwenda, Jessica	13	Malawi Aquatic Union	1:18.27	1:10.86	2
15 Fawaz, Yasmina	14	Zambia Team 2019	1:09.32	1:11.34	1
16 Samaras, Abbie	13	Zambia Team 2019	1:11.83	1:11.99	
17 Maye, Kenda	14	Kenya Swimming Team	1:14.21	1:13.61	
18 Larginho, Daniela	13	Angola	1:26.53	1:14.19	
19 Francisco, Sebastiana	13	Angola	1:17.99	1:16.63	
20 Dlamini, Siwakhile T	13	Eswatini	1:18.59	1:19.55	
21 Young, Raya	13	Eswatini	1:26.82	1:19.97	
22 Chizonda, Tracy	13	Malawi Aquatic Union	1:27.40	1:20.23	
--- Spath, Mackenzie	13	Namibia Swimming Invitation	1:11.64	X1:13.19	

Event 108 Boys 13-14 100 LC Meter Freestyle

RECORD: 54.81 # 2017/02/19 Ethan R Spieker

RSA

Name	Age	Team	Seed Time	Finals Time	Points
1 Canjulo, Jose N	13	Namibia	57.85	57.46	18
2 Pillay, Leshen A	14	Republic of South Africa	58.14	57.69	16
3 Werrett, Cory	14	Zimbabwe Cana Team-ZZ	58.79	59.42	14
*4 Burger, Mikah K	14	Namibia	57.74	59.97	11.50
*4 Junior, Manuel Antonio	14	Mozambique Swimming Team	58.78	59.97	11.50
6 AH Yong, Victor	14	Mauritius	57.42	1:00.13	10
7 Vidot, Alain	14	Seychelles Swimming Associatio	59.65	1:00.75	9
8 Ramoholi, Thapelo R	14	Republic of South Africa	1:03.44	1:02.49	8
9 Paco, Kelvin	13	Mozambique Swimming Team	1:02.88	1:02.59	7
10 Freitas, Filipe S	13	Angola	1:03.00	1:03.16	6

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 108 Boys 13-14 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
11	Gondo, Takundan Ashe	14	Botswana	1:03.78	1:03.33	5
12	Fernando, Khushal J	13	Zambia Team 2019	1:03.59	1:03.51	4
13	Tranquille, Gregory	14	Mauritius	1:02.21	1:03.92	3
14	van Rooyen, Benco	14	Botswana	1:04.88	1:04.18	2
15	Ngwenya, Mufaro	14	Zimbabwe Cana Team-ZZ	1:05.65	1:04.86	1
16	Lillie, Michael	14	Zambia Team 2019	1:07.85	1:04.89	
17	Nagapin, Nathan	13	Seychelles Swimming Associatio	1:02.40	1:05.06	
18	Zocolo, Osvaldo	14	Angola	1:06.51	1:05.54	
19	Moosa, Mohammed A	13	Malawi Aquatic Umion	1:16.87	1:10.35	
20	Banda, Asher	13	Malawi Aquatic Umion	1:13.97	1:10.74	
---	Rathenam, Keanet-Peter	14	Namibia Swimming Invitation	1:06.27	X1:04.75	
---	Esslinger, Nico	13	Namibia Swimming Invitation	1:07.99	X1:09.73	
---	Kyabayinze, Daryl	14	Uganda Swimming Federation	1:05.82	DQ	

Swimmer started before the starting signal

Event 109 Women 15-16 100 LC Meter Freestyle

RECORD: 1:00.58 # 2017/02/19 Lesley C Blignaut				RSA		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Munro, Kelsea	16	Republic of South Africa	59.53	59.82#	18
2	van der Westhuizen, Paige	15	Zimbabwe Cana Team-ZZ	1:00.36	1:01.21	16
3	Phiri, Mia A	15	Zambia Team 2019	1:02.51	1:03.05	14
4	Soukup, Therese	15	Seychelles Swimming Associatio	59.95	1:03.25	12
5	Shepherd, Megan L	15	Republic of South Africa	1:01.85	1:03.66	11
6	Foo Sem Fah, Leah	16	Mauritius	1:03.10	1:03.88	10
7	Brown, Courtney	16	Zimbabwe Cana Team-ZZ	1:02.44	1:05.00	9
8	Esslinger, Tiana	15	Namibia	1:03.29	1:05.20	8
9	Murphy, Hannah M	15	Namibia	1:06.97	1:05.28	7
10	Chungu, Chibwe	16	Zambia Team 2019	1:07.72	1:06.32	6
11	Glover, Celia	15	Mauritius	1:04.21	1:06.96	5
12	Mtetwa, Chiedza	16	Zimbabwe Cana Team-ZZ	1:06.31	x1:07.06	
13	Kimani, Jasmin	15	Kenya Swimming Team	1:05.91	1:07.51	4
14	Munhemeze, Domingas	16	Mozambique Swimming Team	1:08.11	1:07.56	3
15	Ruele, Bupe B	15	Botswana	1:05.46	1:07.77	2
16	Matthews, Tselane	15	Botswana	1:05.77	1:07.78	1
17	Coelho, Elaine	15	Angola	1:06.79	1:09.50	
18	Dlamini, Senamile	15	Eswatini	1:10.02	1:11.37	
19	Mwebeiha, Mercedes	15	Uganda Swimming Federation	1:05.65	1:11.63	
20	Jorge, Alice	16	Angola	1:17.78	1:12.11	

Event 110 Men 15-16 100 LC Meter Freestyle

RECORD: 53.39 # 2017/02/19 Matthew Bosch				RSA		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Kok Shun, Ryan	16	Mauritius	54.75	54.20	18
2	Fred, Tyler	16	Seychelles Swimming Associatio	55.30	55.19	16
3	Maseko, Felix F	16	Republic of South Africa	56.51	55.51	14
4	Bekker, Andile	15	Botswana	55.35	56.04	12
5	Jones, Brett	16	Zimbabwe Cana Team-ZZ	56.39	57.21	11
6	Paco, Edilson	15	Mozambique Swimming Team	57.31	57.44	10
7	Mukalazi, Tendo	16	Uganda Swimming Federation	58.00	57.91	9
8	Pale, Justino	15	Mozambique Swimming Team	57.36	58.05	8
9	Rouse, Brandon	15	Botswana	57.73	58.39	7
10	Oosthuizen, Martin S	16	Namibia	57.26	58.56	6
11	Le Roux, Corné	16	Namibia	56.57	58.88	5
12	Retzlaff, Paul	15	Zimbabwe Cana Team-ZZ	1:01.52	59.82	4
13	Mills, Tait	16	Zimbabwe Cana Team-ZZ	1:00.33	x59.96	
14	Moosa, Shaquille D	16	Zambia Team 2019	1:00.26	1:00.05	3

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 110 Men 15-16 100 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
15 Fitzpatrick, Christopher	16	Tanzania	1:00.08	1:00.96	2
16 Shamambo, Damien	15	Zambia Team 2019	1:05.25	1:02.19	1
17 Pires, Djamel	15	Angola	1:07.39	1:03.69	
18 Safeca, Amilcar	15	Angola	1:09.12	1:05.17	
--- Setzkorn, Friedrich	15	Namibia Swimming Invitation	1:03.22	X1:01.80	
--- Oosthuizen, Hendrik J	15	Namibia Swimming Invitation	1:02.85	X1:04.14	

Event 111 Women 17 & Over 100 LC Meter FreestyleRECORD: 59.64 # 2017/02/19 **Alexus Laird**

SEY

Name	Age	Team	Seed Time	Finals Time	Points
1 Weber, Zuné	17	Namibia	1:01.23	1:02.31	18
2 IP Hen Cheung, Tessa	17	Mauritius	1:01.61	1:02.37	16
3 Meya, Avice	24	Uganda Swimming Federation	1:05.40	1:05.31	14
4 Botha, Vicky A	17	Namibia	1:06.32	1:06.36	12
5 Mwape, Lombe	17	Zambia Team 2019	1:11.86	1:07.85	11
6 Makuwa, Ashley	17	Zimbabwe Cana Team-ZZ	1:04.81	1:08.11	10
7 Freitas, Maria	21	Angola	1:08.60	1:08.48	9
8 Melrose, Claire	17	Zimbabwe Cana Team-ZZ	1:10.38	1:08.52	8
9 Pinto, Ammara	21	Malawi Aquatic Umion	1:04.70	1:10.14	7
10 Changánamuno, Tayamika	18	Malawi Aquatic Umion	1:11.93	1:12.38	6
11 Barros, Erica	18	Angola	1:15.37	1:16.85	5

Event 112 Men 17 & Over 100 LC Meter FreestyleRECORD: 51.52 # 2016/04/23 **VINCENT Bradley**

MRI

Name	Age	Team	Seed Time	Finals Time	Points
1 Anodin, Gregory	19	Mauritius	51.80	53.53	18
2 Gomes, Filipe	21	Malawi Aquatic Umion	53.49	53.89	16
3 Purahoo, Ovesh	17	Mauritius	54.00	54.66	14
4 Freeman, James S	17	Botswana	52.58	55.25	12
5 Saleh, Fadhil	17	Uganda Swimming Federation	55.69	56.31	11
6 Francisco, Daniel	19	Angola	54.28	56.45	10
7 Hoffman, Dean	21	Seychelles Swimming Associatio	53.00	56.62	9
8 Saleh, Nabil	17	Uganda Swimming Federation	55.95	56.86	8
9 Viljoen, René H	17	Namibia	58.03	57.47	7
10 Ervedosa, Mario	20	Angola	56.31	57.85	6
11 Moncherry, Adam	20	Seychelles Swimming Associatio	55.10	57.92	5
12 Aliang, Mário	17	Mozambique Swimming Team	57.89	58.62	4
13 Tayali, Quintin T	17	Zimbabwe Cana Team-ZZ	58.56	59.02	3
14 Smith, Jordan	17	Zimbabwe Cana Team-ZZ	59.83	59.75	2
15 Cioccolanti, Jodave	17	Namibia	59.05	1:01.31	1
16 Chaane, Hlalele E	18	Republic of South Africa	1:02.12	1:01.94	
--- Matija, Kitso	20	Botswana	56.10	DQ	

Swimmer started before the starting signal

Event 113 Girls 12 & Under 200 LC Meter IMRECORD: 2:41.25 # 2015/05/09 **Tailyn Seyffert**

RSA

Name	Age	Team	Seed Time	Finals Time	Points
1 Dhembha, Vhenekai 1:20.95 2:48.83	12	Zimbabwe Cana Team-ZZ	2:52.00	2:48.83	18
2 Naukosho, Ariana 1:21.57 2:49.72	11	Namibia	2:53.00	2:49.72	16
3 Rocha, Melyssa 1:22.09 2:52.81	12	Mozambique Swimming Team	2:49.56	2:52.81	14
4 Vidmar, Julijana 1:24.65 2:58.41	12	Zambia Team 2019	2:56.85	2:58.41	12
5 Phiri, Jade A 1:27.27 2:59.03	12	Zambia Team 2019	2:56.79	2:59.03	11

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 113 Girls 12 & Under 200 LC Meter IM)**

Name	Age	Team	Seed Time	Finals Time	Points
6 Kinnaird, Brynne B 1:28.54 3:00.60	12	Namibia	3:05.12	3:00.60	10
7 De Speville Mason, Liliana	12	Seychelles Swimming Associatio	3:04.35	3:04.48	9
8 Musere, Matida 1:24.33 3:05.32	12	Zimbabwe Cana Team-ZZ	3:08.16	3:05.32	8
9 Hoy, Hayley 1:30.80 3:06.89	10	Eswatini	3:08.55	3:06.89	7
10 Dithhogo, Amaru 1:30.96 3:07.62	12	Botswana	3:03.70	3:07.62	6
11 Harry, Kyra 1:29.46 3:11.07	12	Botswana	3:10.35	3:11.07	5
12 Silva, Welwitschia 1:34.01 3:14.36	11	Angola	3:18.92	3:14.36	4
13 Hlophe, Nina 1:51.96 3:40.92	12	Eswatini	3:38.52	3:40.92	3

Event 114 Boys 12 & Under 200 LC Meter IM**RECORD: 2:31.82 # 2017/02/19 Mikah K Burger****NAM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Hart, Ivan 1:15.86 2:36.19	12	Kenya Swimming Team	2:37.16	2:36.19	18
2 Durand, Oliver B 1:15.51 2:37.63	11	Namibia	2:41.41	2:37.63	16
3 Ellis, Quinn 1:18.96 2:42.11	12	Namibia	2:45.63	2:42.11	14
4 Faftine, Kaio 1:17.99 2:44.27	12	Mozambique Swimming Team	2:43.90	2:44.27	12
5 L'Arrogant, Hugo 1:18.22 2:49.08	12	Mauritius	2:40.36	2:49.08	11
6 Munguambe, Cleyton 1:22.72 2:53.32	11	Mozambique Swimming Team	2:50.72	2:53.32	10
7 Bagha, Abdul 1:25.46 2:54.06	12	Kenya Swimming Team	2:53.48	2:54.06	9
8 Ngwenya, Onesimus 1:26.07 2:58.33	12	Zimbabwe Cana Team-ZZ	3:01.05	2:58.33	8
9 Payet, Thierry	11	Seychelles Swimming Associatio	2:51.00	2:59.33	7
10 Mwamba, Mutale 1:32.87 3:05.88	12	Zambia Team 2019	3:09.39	3:05.88	6
11 Moyo, Zach 1:33.31 3:09.31	12	Zambia Team 2019	3:10.67	3:09.31	5
12 Kyabayinze, Zaabu 1:30.37 3:12.17	11	Uganda Swimming Federation	3:04.18	3:12.17	4
13 Haskins, Ethan 1:28.65 3:14.31	11	Botswana	3:05.60	3:14.31	3
14 De Sousa, Damien 1:38.07 3:19.43	12	Eswatini	3:15.91	3:19.43	2
15 Reilly, Sean 1:35.88 3:23.12	10	Zimbabwe Cana Team-ZZ	3:30.56	3:23.12	1
--- Nakaleke, Eliphaz	10	Namibia Swimming Invitation	3:02.04	X3:00.99	
--- Hekandjo, Kgosana O 1:28.44 3:06.53	11	Namibia Swimming Invitation	3:03.38	X3:06.53	
--- Birungi, Shane	12	Uganda Swimming Federation	3:08.56	DQ	
--- Mokobi, Kgotla 1:29.61 DQ	12	Botswana	3:08.00	DQ	

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Results

Event 115 Girls 13-14 200 LC Meter IM

RECORD: 2:34.16 # 2015/05/09 Tessa IP Hen Cheung		MAU			
Name	Age	Team	Seed Time	Finals Time	Points
1 Kuhn, Emma A 1:10.16 2:30.46	14	Republic of South Africa	2:27.58	2:30.46#	18
2 Brown, Kelly-Ann 1:13.56 2:35.28	14	Republic of South Africa	2:33.21	2:35.28	16
3 Gebert, Ines 1:13.56 2:37.73	14	Mauritius	2:29.00	2:37.73	14
4 Kok Shun, Alicia 1:19.13 2:40.00	14	Mauritius	2:37.29	2:40.00	12
5 Namutebi, Kirabo 1:17.17 2:44.28	14	Uganda Swimming Federation	2:40.30	2:44.28	11
6 Loo, Caitlin	14	Botswana	2:44.70	2:46.63	10
7 Goodinson, Kiara 1:20.81 2:47.87	13	Zimbabwe Cana Team-ZZ	2:53.34	2:47.87	9
8 Mahobebe, Mkhusele 1:17.97 2:47.95	13	Zimbabwe Cana Team-ZZ	2:55.84	2:47.95	8
9 Mutumbulua, Trisha 1:20.54 2:50.26	14	Namibia	2:44.79	2:50.26	7
*10 Elizabeth, Khema 1:22.27 2:51.04	14	Seychelles Swimming Associatio	2:58.90	2:51.04	5.50
*10 Egner, Maxine 1:22.28 2:51.04	14	Botswana	2:44.13	2:51.04	5.50
12 Herbst, Kyle A 1:22.70 2:59.94	14	Namibia	2:54.53	2:59.94	4
13 Fawaz, Yasmina 1:23.74 3:01.25	14	Zambia Team 2019	2:54.44	3:01.25	3
14 Samaras, Abbie	13	Zambia Team 2019	3:07.62	3:07.48	2
15 Larginho, Daniela 1:34.19 3:13.62	13	Angola	4:00.77	3:13.62	1
16 Ingles, Lwena 1:39.91 3:28.16	13	Angola	3:45.02	3:28.16	
17 Young, Raya 1:38.82 3:28.44	13	Eswatini	4:11.43	3:28.44	
18 Dlamini, Siwakhile T 1:40.91 3:30.69	13	Eswatini	3:27.69	3:30.69	
--- Spath, Mackenzie 1:31.68 3:07.10	13	Namibia Swimming Invitation	3:01.88	X3:07.10	

Event 116 Boys 13-14 200 LC Meter IM

RECORD: 2:20.05 # 2017/02/19 Ethan R Spieker		RSA			
Name	Age	Team	Seed Time	Finals Time	Points
1 Keylock, Kian C 1:06.57 2:20.47	13	Republic of South Africa	2:20.85	2:20.47	18
2 Burger, Mikah K 1:08.97 2:23.49	14	Namibia	2:20.22	2:23.49	16
3 Canjulo, Jose N 1:08.55 2:23.50	13	Namibia	2:22.35	2:23.50	14
4 Werrett, Cory 1:11.79 2:28.15	14	Zimbabwe Cana Team-ZZ	2:26.88	2:28.15	12
5 Miller, Joshua 1:13.80 2:29.26	14	Seychelles Swimming Associatio	2:31.65	2:29.26	11
6 Pillay, Leshen A 1:10.76 2:29.49	14	Republic of South Africa	2:26.42	2:29.49	10
7 AH Yong, Victor 1:09.57 2:30.67	14	Mauritius	2:19.70	2:30.67	9
8 Lobo, Caio 1:12.11 2:33.56	13	Mozambique Swimming Team	2:30.12	2:33.56	8

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 116 Boys 13-14 200 LC Meter IM)**

Name	Age	Team	Seed Time	Finals Time	Points
9 Freitas, Filipe S	13	Angola	2:29.04	2:34.29	7
10 Tranquille, Gregory	14	Mauritius	2:39.78	2:43.50	6
11 Ngwenya, Mufaro	14	Zimbabwe Cana Team-ZZ	2:42.58	2:43.52	5
12 Lillie, Michael	14	Zambia Team 2019	2:49.75	2:48.91	4
13 Fernando, Khushal J	13	Zambia Team 2019	2:49.54	2:49.04	3
14 Francisco, Alexandre	14	Angola	2:49.75	2:49.51	2
15 van Rooyen, Benco	14	Botswana	2:49.40	2:49.68	1
16 Gondo, Takundan Ashe	14	Botswana	2:44.80	2:49.99	
17 Kisitu, Hayyan	14	Uganda Swimming Federation	2:55.01	2:53.80	
18 Duff, Garrick	13	Zimbabwe Cana Team-ZZ	2:58.10	x2:59.05	
--- Esslinger, Nico	13	Namibia Swimming Invitation	2:45.75	X2:49.35	

Event 117 Women 15-16 200 LC Meter IM

RECORD: 2:26.18 # 2017/02/19		Christin Mundell	RSA		
Name	Age	Team	Seed Time	Finals Time	Points
1 Stergiadis, Heleni	16	Namibia	2:25.38	2:28.34	18
2 Shepherd, Megan L	15	Republic of South Africa	2:27.51	2:29.81	16
3 van der Westhuizen, Paige	15	Zimbabwe Cana Team-ZZ	2:32.84	2:32.50	14
4 Munro, Kelsea	16	Republic of South Africa	2:38.42	2:39.66	12
5 Esslinger, Tiana	15	Namibia	2:35.33	2:41.20	11
6 Phiri, Mia A	15	Zambia Team 2019	2:36.71	2:42.93	10
7 Foo Sem Fah, Leah	16	Mauritius	2:38.34	2:43.17	9
8 Allardice, Ella	15	Zimbabwe Cana Team-ZZ	2:50.38	2:49.15	8
9 Karia, Riva	16	Kenya Swimming Team	2:47.24	2:51.59	7
10 Ruele, Bupe B	15	Botswana	2:51.40	2:55.78	6
11 Mitchell, Hannah	15	Zimbabwe Cana Team-ZZ	2:52.66	x2:56.46	
12 Chungu, Chibwe	16	Zambia Team 2019	2:59.99	2:56.92	5
13 Jorge, Alice	16	Angola	3:04.24	3:03.38	4
14 Mona, Eva	15	Angola	3:19.15	3:24.01	3
--- Matthews, Tselane	15	Botswana	2:44.42	DQ	

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20

Results

Event 118 Men 15-16 200 LC Meter IM

RECORD: 2:17.97 # 2017/02/19 James S Freeman		BOTS			
Name	Age	Team	Seed Time	Finals Time	Points
1 Casali, Cameron J 1:06.22 2:15.77	16	Republic of South Africa	2:12.57	2:15.77 #	18
2 Kok Shun, Ryan 1:04.87 2:19.36	16	Mauritius	2:16.38	2:19.36	16
3 Oosthuizen, Martin S 1:06.29 2:20.81	16	Namibia	2:18.62	2:20.81	14
4 Bekker, Andile 1:07.41 2:21.47	15	Botswana	2:16.96	2:21.47	12
5 Le Roux, Corné 1:08.46 2:22.02	16	Namibia	2:15.37	2:22.02	11
6 Pale, Justino	15	Mozambique Swimming Team	2:24.84	2:28.05	10
7 Fischer, Ethan 1:13.05 2:28.12	16	Botswana	2:26.46	2:28.12	9
8 Wong Chap Lan, Oliver 1:11.81 2:29.29	16	Mauritius	2:25.09	2:29.29	8
9 Bodlall, Jivall 1:10.01 2:30.20	16	Republic of South Africa	2:28.48	2:30.20	7
10 Mills, Tait 1:14.50 2:31.33	16	Zimbabwe Cana Team-ZZ	2:35.06	2:31.33	6
11 Ferley, Daniel 1:13.13 2:31.73	15	Seychelles Swimming Associatio	2:27.30	2:31.73	5
12 Da Costa, Valentim 1:08.21 2:34.08	15	Mozambique Swimming Team	2:31.38	2:34.08	4
13 Payet, Damien 1:13.75 2:34.20	15	Seychelles Swimming Associatio	2:26.00	2:34.20	3
14 Chonguiça, Yannis 1:15.18 2:36.09	15	Mozambique Swimming Team	2:30.47	x2:36.09	
15 Wilke, Kallen 1:12.34 2:39.18	15	Zimbabwe Cana Team-ZZ	2:38.34	2:39.18	2
16 Ssamula, Darren K 1:16.76 2:39.23	15	Uganda Swimming Federation	2:28.17	2:39.23	1
17 Mwamba, Wina M 1:14.38 2:41.14	15	Zambia Team 2019	2:38.08	2:41.14	
18 Pires, Djamel 1:20.91 2:43.55	15	Angola	2:48.02	2:43.55	
19 Fitzpatrick, Christopher 1:16.69 2:44.43	16	Tanzania	2:37.32	2:44.43	
--- Wellmann, Arkell J 1:11.72 2:34.40	16	Namibia Swimming Invitation	2:26.93	X2:34.40	
--- Oosthuizen, Hendrik J 1:17.65 2:46.03	15	Namibia Swimming Invitation	2:39.93	X2:46.03	
--- Shamambo, Damien 1:15.70 DQ	15	Zambia Team 2019	2:47.84	DQ	
--- Mukalazi, Tendo 1:10.69 DQ	16	Uganda Swimming Federation	2:27.92	DQ	

Event 119 Women 17 & Over 200 LC Meter IM

RECORD: 2:28.63 # 2017/02/19 Robyn Lee		ZIM			
Name	Age	Team	Seed Time	Finals Time	Points
1 Lima, Lia Ana 1:09.87 2:31.34	17	Angola	2:34.39	2:31.34	18
2 IP Hen Cheung, Tessa 1:14.26 2:34.69	17	Mauritius	2:30.87	2:34.69	16
3 Botha, Vicky A 1:15.70 2:42.48	17	Namibia	2:39.64	2:42.48	14

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 119 Women 17 & Over 200 LC Meter IM)**

Name	Age	Team	Seed Time	Finals Time	Points
4 Makuwa, Ashley 1:21.27 2:53.19	17	Zimbabwe Cana Team-ZZ	2:59.95	2:53.19	12
5 Oberholzer, Ju-Ané 1:18.98 2:54.56	17	Namibia	2:44.32	2:54.56	11
6 Doorman, Amy 1:29.76 3:02.85	17	Zimbabwe Cana Team-ZZ	3:13.53	3:02.85	10
7 Naidu, Harleena 1:24.11 3:04.98	17	Zambia Team 2019	3:04.52	3:04.98	9
8 Pinto, Ammara 1:26.49 3:05.76	21	Malawi Aquatic Union	2:40.60	3:05.76	8
9 Mwape, Lombe 1:28.55 3:13.60	17	Zambia Team 2019	3:15.26	3:13.60	7

Event 120 Men 17 & Over 200 LC Meter IM

RECORD: 2:07.94 # 2015/05/09 Pedro Pinotes			ANG		
Name	Age	Team	Seed Time	Finals Time	Points
1 Wantenaar, Ronan Z 1:02.13 2:12.75	18	Namibia	2:08.54	2:12.75	18
2 Bachmann, Mathieu 1:04.83 2:18.54	22	Seychelles Swimming Associatio	2:11.00	2:18.54	16
3 Freeman, James S 1:05.28 2:19.04	17	Botswana	2:13.84	2:19.04	14
4 Gomes, Filipe 1:08.89 2:20.20	21	Malawi Aquatic Union	2:17.92	2:20.20	12
5 Robinson, Adrian 1:08.81 2:21.31	18	Botswana	2:19.18	2:21.31	11
6 Cioccolanti, Jodave 1:10.29 2:28.86	17	Namibia	2:21.24	2:28.86	10
7 Duarte, Joao N 1:14.21 2:31.17	17	Angola	2:30.25	2:31.17	9
8 Tayali, Quintin T 1:13.95 2:37.55	17	Zimbabwe Cana Team-ZZ	2:26.21	2:31.73	8
9 Smith, Jordan 1:13.95 2:37.55	17	Zimbabwe Cana Team-ZZ	2:33.96	2:37.55	7
10 Naidu, Kumaren M 1:12.27 2:38.45	21	Zambia Team 2019	2:28.18	2:38.45	6
11 Kalaluka, Chama T 1:18.90 2:52.43	17	Zambia Team 2019	2:44.69	2:52.43	5
12 Chaane, Hlalele E 1:17.23 2:53.83	18	Republic of South Africa	2:36.66	2:53.83	4

Event 121 Girls 14 & Under 200 LC Meter Freestyle Relay

RECORD: 1:55.68 # 2016/04/23 MAURITIUS			MRI		
Team	Relay	Seed Time	Finals Time	Points	
1 Republic of South Africa 57.34 1:55.27	A	1:55.51	1:55.27 #	36	
2 Botswana 1:02.02 2:01.13	A	1:56.21	2:01.13	32	
3 Namibia 1:02.90 2:02.70	A	2:02.85	2:02.70	28	
4 Zimbabwe Cana Team-ZZ 1:02.23 2:03.48	A	2:02.45	2:03.48	24	
5 Zambia Team 2019 1:02.94 2:05.34	A	2:09.02	2:05.34	22	
6 Kenya Swimming Team 1:04.67 2:09.05	A	NT	2:09.05	20	
7 Malawi Aquatic Union 1:04.08 2:11.22	A	NT	2:11.22	18	

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 121 Girls 14 & Under 200 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
8 Angola 1:07.93 2:17.38	A	1:48.02	2:17.38	16
--- Namibia Swimming Invitation 1:05.01 2:10.71	A	2:17.20	X2:10.71	

Event 122 Boys 14 & Under 200 LC Meter Freestyle Relay

RECORD: 1:46.02 # 2017/02/19 Republic of South Africa RSA
E Spieker, B Remley, L Taukobong, J Botha

Team	Relay	Seed Time	Finals Time	Points
1 Namibia 54.10 1:48.23	A	1:51.77	1:48.23	36
2 Republic of South Africa 55.83 1:52.30	A	1:52.86	1:52.30	32
3 Mozambique Swimming Team 55.44 1:52.75	A	1:53.68	1:52.75	28
4 Angola 1:01.16 1:53.87	A	2:21.99	1:53.87	24
5 Seychelles Swimming Associa 56.39 1:55.79	A	2:01.00	1:55.79	22
6 Zambia Team 2019 57.44 1:57.50	A	2:01.17	1:57.50	20
7 Botswana 1:00.95 1:58.61	A	1:59.52	1:58.61	18
8 Zimbabwe Cana Team-ZZ 1:01.69 2:02.80	A	1:57.91	2:02.80	16
9 Uganda Swimming Federation 59.68 2:04.47	A	NT	2:04.47	14
--- Namibia Swimming Invitation	A	2:02.89	X2:01.96	

Event 123 Women 15 & Over 200 LC Meter Freestyle Relay

RECORD: 1:52.87 # 2017/02/19 ZIM A cana 17 ZIM
N Mukonoweshuro, D Leask, M Koen, R Lee

Team	Relay	Seed Time	Finals Time	Points
1 Republic of South Africa 58.14 1:53.78	A	1:54.55	1:53.78	36
2 Mauritius 57.72 1:54.43	A	1:55.56	1:54.43	32
3 Zimbabwe Cana Team-ZZ 59.41 1:57.72	A	1:55.05	1:57.72	28
4 Namibia 59.56 1:57.91	A	1:56.57	1:57.91	24
5 Zambia Team 2019 57.38 1:58.89	A	2:03.19	1:58.89	22
6 Angola 1:01.24 2:00.59	A	1:34.82	2:00.59	20
7 Seychelles Swimming Associa 1:00.61 2:03.96	A	2:02.00	2:03.96	18
8 Mozambique Swimming Team	A	2:08.12	2:06.91	16

Event 124 Men 15 & Over 200 LC Meter Freestyle Relay

RECORD: 1:37.82 # 2016/04/23 MAURITIUS MRI

Team	Relay	Seed Time	Finals Time	Points
1 Seychelles Swimming Associa 50.63 1:39.31	A	1:37.50	1:39.31	36
2 Botswana 50.24 1:39.41	A	1:39.13	1:39.41	32
3 Mauritius 51.31 1:40.58	A	1:39.03	1:40.58	28

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 124 Men 15 & Over 200 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
4 Namibia 51.33 1:41.86	A	1:41.89	1:41.86	24
5 Republic of South Africa 51.61 1:42.44	A	1:44.52	1:42.44	22
6 Uganda Swimming Federation 51.89 1:43.19	A	NT	1:43.19	20
7 Zambia Team 2019 51.51 1:44.48	A	1:47.53	1:44.48	18
8 Mozambique Swimming Team 52.66 1:44.99	A	1:44.82	1:44.99	16
9 Zimbabwe Cana Team-ZZ 53.59 1:45.25	A	1:45.22	1:45.25	14
10 Angola 52.99 1:48.22	A	1:42.47	1:48.22	12

Event 201 Women 25-44 800 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
--- Van der Vyver, Anel 1:29.37 3:13.51 5:03.21 6:53.51 8:45.77 10:37.37 12:27.65 14:14.03	27	Namibia	13:55.92	X14:14.03

Event 202 Men 45 & Over 800 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
--- Murphy, Paddy I 1:24.93 2:57.71 4:31.54 6:06.14 7:39.70 9:13.42 10:46.61 12:13.11	57	Namibia	12:10.47	X12:13.11

Event 203 Women 25-44 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
--- Van der Vyver, Anel	27	Namibia	49.25	X49.14
--- Nnyenyiwa, Duduetsang	29	Botswana	NT	X1:03.45

Event 203 Women 45 & Over 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
--- Samson, Jane	52	Namibia	43.25	X42.59
--- Araujo, Ana Rosa	50	Mozambique Swimming Team	42.00	X46.69

Event 204 Men 25-44 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
--- Badenhorst, Jurie J	41	Namibia	36.82	X36.78
--- Matlakala, Smarh Gibson	37	Botswana	NT	X42.48
--- Matsapa, Gaolatlhe	33	Botswana	NT	X45.79
--- Mabote, Lesego	32	Botswana	NT	X51.55
--- Lehelepa, Samuel	33	Botswana	NT	X55.08
--- Kono, Phenyio	32	Botswana	NT	XDQ

Event 205 Women 25-44 100 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
--- Badenhorst, Sunel E	36	Namibia	1:29.75	X1:33.01

Event 206 Men 25-44 100 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
--- Alberto, Carlos	26	Angola	1:20.10	X1:11.54
--- Louw, Dentie J	35	Namibia	1:20.04	X1:20.44

Event 207 Women 25-44 200 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
--- Badenhorst, Sunel E 1:48.04 3:41.88	36	Namibia	3:45.67	X3:41.88

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20

Results

Event 207 Women 45 & Over 200 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
--- Araujo, Ana Rosa 1:55.54 4:02.56	50	Mozambique Swimming Team	3:40.00	X4:02.56

Event 208 Men 25-44 200 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
--- Mabote, Lesego 2:15.35 5:42.21	32	Botswana	NT	X5:42.21
--- Matsapa, Gaolatlhe Swimmer did not finish	33	Botswana	NT	XDNF

Event 209 Women 25-44 50 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
--- Van der Vyver, Anel	27	Namibia	38.80	X40.16
--- Nkoketsang, Lesego	37	Botswana	NT	X2:06.96

Event 210 Men 25-44 50 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
--- Alberto, Carlos	26	Angola	35.20	X30.63
--- Kangololo, Mulenga	29	Zambia Team 2019	32.74	X32.40
--- Louw, Dentie J	35	Namibia	34.30	X35.12
--- Sillilo, Mmbalo S	29	Zambia Team 2019	34.25	X36.38

Event 210 Men 45 & Over 50 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
--- Phiri, Guy D	49	Zambia Team 2019	41.09	X33.94
--- Lima, Jorge	50	Angola	40.10	X45.05

Event 211 Women 25-44 200 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
--- Van der Vyver, Anel 1:21.73 3:04.89	27	Namibia	2:59.55	X3:04.89
--- Badenhorst, Sunel E 1:32.03 3:05.03	36	Namibia	2:56.44	X3:05.03

Event 211 Women 45 & Over 200 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
--- Araujo, Ana Rosa 1:40.68 3:29.79	50	Mozambique Swimming Team	3:00.00	X3:29.79

Event 212 Men 25-44 200 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
--- Louw, Dentie J 1:15.80 2:45.06	35	Namibia	2:33.58	X2:45.06

Event 212 Men 45 & Over 200 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
--- Salamon, Gabor J 1:21.19 2:47.86	62	Namibia	2:48.00	X2:47.86

Event 213 Women 25-44 50 LC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
--- Nnyenyiwa, Duduetsang	29	Botswana	NT	X59.51

Event 213 Women 45 & Over 50 LC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
--- Samson, Jane	52	Namibia	36.91	X37.18
--- Araujo, Ana Rosa	50	Mozambique Swimming Team	38.00	X41.24

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20

Results

Event 214 Men 25-44 50 LC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
--- Alberto, Carlos	26	Angola	33.20	X28.33
--- Sillilo, Mmbalo S	29	Zambia Team 2019	34.80	X31.80
--- Louw, Dentie J	35	Namibia	31.47	X33.18

Event 214 Men 45 & Over 50 LC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
--- Phiri, Guy D	49	Zambia Team 2019	34.08	X32.74
--- Salamon, Gabor J	62	Namibia	32.88	X34.16

Event 215 Women 25-44 400 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
--- Badenhorst, Sunel E	36	Namibia	6:23.74	X6:32.76
1:34.97 3:14.65 4:55.95 6:32.76				

Event 216 Men 45 & Over 400 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
--- Murphy, Paddy I	57	Namibia	5:47.40	X5:44.17
1:21.21 2:49.93 4:18.33 5:44.17				

Event 218 Men 25-44 100 LC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
--- Alberto, Carlos	26	Angola	1:15.20	X1:07.24
--- Badenhorst, Jurie J	41	Namibia	1:13.69	X1:19.00

Event 221 Women 25-44 100 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
--- Badenhorst, Sunel E	36	Namibia	1:45.44	X1:44.29

Event 221 Women 45 & Over 100 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
--- Samson, Jane	52	Namibia	1:37.04	X1:40.24
--- Araujo, Ana Rosa	50	Mozambique Swimming Team	1:40.00	X1:52.41

Event 222 Men 25-44 100 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
--- Badenhorst, Jurie J	41	Namibia	1:20.98	X1:24.78
--- Matlakala, Smarh Gibson	37	Botswana	NT	X1:43.98
--- Matsapa, Gaolatlhe	33	Botswana	NT	X2:09.20
--- Kono, Phenyio	32	Botswana	NT	X2:24.12
--- Lehelepa, Samuel	33	Botswana	NT	X2:26.10

Event 223 Women 25-44 50 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
--- Van der Vyver, Anel	27	Namibia	34.66	X34.68
--- Nnyenyiwa, Duduetsang	29	Botswana	NT	X53.47
--- Nkoketsang, Lesego	37	Botswana	NT	X1:03.06

Event 223 Women 45 & Over 50 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
--- Samson, Jane	52	Namibia	33.70	X33.60
--- Araujo, Ana Rosa	50	Mozambique Swimming Team	35.00	X36.91

Event 224 Men 25-44 50 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
--- Alberto, Carlos	26	Angola	29.20	X25.66
--- Kangololo, Mulenga	29	Zambia Team 2019	25.92	X25.97
--- Sillilo, Mmbalo S	29	Zambia Team 2019	27.65	X28.52
--- Louw, Dentie J	35	Namibia	29.04	X28.94

CANA Zone IV Championships 2019 - 2019/02/16 to 2019/02/20**Results****(Event 224 Men 25-44 50 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
--- Matsapa, Gaolatlhe	33	Botswana	NT	X38.18
--- Kono, Phenyoy	32	Botswana	NT	X58.31

Event 224 Men 45 & Over 50 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
--- Phiri, Guy D	49	Zambia Team 2019	29.09	X29.90
--- Salamon, Gabor J	62	Namibia	31.16	X30.98
--- Lima, Jorge	50	Angola	34.20	X33.20
--- Thompson, Robbert H	60	Namibia	52.92	X55.52

Event 227 Women 45 & Over 100 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
--- Samson, Jane	52	Namibia	1:19.19	X1:19.19
--- Araujo, Ana Rosa	50	Mozambique Swimming Team	1:15.00	X1:30.24

Event 228 Men 25-44 100 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
--- Alberto, Carlos	26	Angola	1:04.20	X57.23
--- Kangelolo, Mulenga	29	Zambia Team 2019	1:00.22	X59.94
--- Louw, Dentie J	35	Namibia	1:04.09	X1:08.29

Event 228 Men 45 & Over 100 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
--- Salamon, Gabor J	62	Namibia	1:11.97	X1:11.51
--- Lima, Jorge	50	Angola	1:15.20	X1:21.29

Event 229 Women 25-44 200 LC Meter IM

Name	Age	Team	Seed Time	Finals Time
--- Badendorst, Sunel E	36	Namibia	3:28.82	X3:29.46
1:42.52 3:29.46				

Event 229 Women 45 & Over 200 LC Meter IM

Name	Age	Team	Seed Time	Finals Time
--- Samson, Jane	52	Namibia	3:18.23	X3:22.13
1:35.46 3:22.13				

Event 230 Men 25-44 200 LC Meter IM

Name	Age	Team	Seed Time	Finals Time	Points
--- Louw, Dentie J	35	Namibia	3:04.27	X3:06.05	
1:22.61 3:06.05					

Combined Team Scores**Combined Team Scores - Through Event 230**

1. Namibia	2577	2. Republic of South Africa	1993
3. Zimbabwe Cana Team	1908.5	4. Botswana	1501.5
5. Mauritius	1431.5	6. Zambia Team 2019	1307
7. Angola	1155.5	8. Mozambique Swimming Team	1074.5
9. Seychelles Swimming Associatio	1072.5	10. Uganda Swimming Federation	616
11. Kenya Swimming Team	542	12. Malawi Aquatic Umion	347
13. Eswatini	127		