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## LEARN TO SWIM COURSE INFORMATION

- Enrolment on the course must be done through the SSA website or the Provincial Education & Training Coordinators.
- Attend and complete the course as stated by the affiliate.
- All attendees are expected to be present for all the course days.

### **Pre-requisite:**

The following are pre-requisites for the course:

The candidate should:

- be 18 years or older and hold a valid Grade 11 Certificate.
- hold a valid Level 1 First Aid certificate (CPR module needs to be renewed annually as soon as the first aid is a year old) –affiliate can assist with people who offer these courses; they must be Department of Labour approved and have a CI number.
- have the attached Swimming Proficiency Test signed off by a registered and accredited LTS facilitator OR Assessor. Candidates must be able to swim 25 meters of a FINA recognise stroke, 25 meters of back survival and side stroke. **(Candidates dates that are deemed not yet competent by the facilitator will not be refunded by the affiliate).**
- Have a valid and clean Full Police Clearance – Affiliate can assist you with companies who do this.
- Candidates that are from outside SA must get clearance from their country.

**The following documents must be submitted to the affiliate for registration on the course:**

- 1 Certified copy of First Aid level 1 - Department of Labour approved service provider
- 1 recently Certified copy of their ID (the date of certification must be clear)
- 1 Certified copy of a valid and clean FULL POLICE CLEARANCE CERTIFICATE (must be valid for at least the next 6 months)
- Black & White photo
- Proof of payment
- Signed off waterman-ship
- Completed Candidate Profile
- A fully Completed Enrolment Form

## **Pre-Course:**

While the following recommended reading is not compulsory it will add value and ensure that your learning experience is enhanced.

- Long Term Participant Development (LTPD) - <http://swimsa.org/education-and-training/long-term-participation-development/3-ltpd-for-swimming-nn-edit-changes-accepted.pdf/view>
- Child Protection-<http://www.blueknot.org.au/WHAT-WE-DO/Resources/General-Information/Types-of-child-abuse>
- Above water teaching
- Drug free sport ( SAIDS)
- There might be other workshops added annually

**Waterman ship must be conducted and signed off before candidates sit on the course, alternatively the swimming ability assessment will be conducted on the first day of the course.**

On the course candidates will get into the water and from the first day they must bring their swimming gear. The swimming gear must be appropriate and note that an LTS instructor teaches from 3 year olds up to adults and a costume that covers the entire body (rush vest) is recommended. Alternatively females can put on tights, a full top and the top body of the male candidates must be covered as well.

## **After the Course:**

### **Assignments:**

- Lesson Plans for LTS
- Complete the Evidence & Assessment Portfolio – It will be provided on the course.
- Pass a written exam with 60% or more

### Logging:

A minimum of 20 hours of logging. Candidates must log a maximum of 10 hours with 2 registered and accredited LTS instructors who work at 2 different swim schools. Logging can commence immediately after the theoretical course (candidates must be aware that if the assessor is not happy with the outcome of the practical assessment they might ask the candidate to go and log additional hours.) Once the above assignments & logging sheet have been submitted to the affiliate's office, arrangements must be made with the affiliate for an assessor to conduct the Practical Assessment.

Candidates have 6 months to complete the course. This completion period begins from the first day candidates receive their exam marks from the affiliate.

### Continuous professional development (CPD)

An LTS Certificate remains current provided that Continuous Professional Development (CPD) workshops are attended. CPD points are earned annually (points may be carried over from one year to the next). Candidates will be expected to provide their first set of CPD points the year after completing the course –if the course was completed in 2018 January and a candidate receives a certificate -on the first of May they will have to register but CPD points will not be required. Registration fees for the first year will be included in the course fees. Candidates will be required to have evidence of CPD points (no of CPD points depends on the certificate) on registration from 1 May 2019.

### Registration

On receipt of a certificate, candidates need to register with their respective affiliate as Swimming Instructors in order to receive all relevant information regarding workshops/conferences. Registration is from the 1<sup>st</sup> May -31<sup>st</sup> September of every year. Candidates that receive their certificates after 31<sup>st</sup> August will have to register 1<sup>st</sup> May of the following year and don't have to provide CPD points.

Annual Registration must be done at the beginning of each swimming year which commences on the 1st May. When registering, all registration requirements must be complied with and paperwork provided. For registration the following documents are essential:

1. SSA valid certificate,
2. The latest Police clearance and note this must be done annually,

Valid level 1 first aid certificate –if over a year it must be accompanied by the latest CPR certificate. For the last two years of the validity of the first aid certificate it must be accompanied by the latest CPR certificate. After three years of the validity of the first aid certificate a new first aid certificate is required.