



## **SWIMMING**

### **Limpopo Aquatics (Affiliated to Swimming South Africa)**

12 February 2020

**Attention: Swimmers, Coaches, Team Managers and Parents**

**REF: SSA LEVEL 2 REGIONAL AGE GROUP CHAMPIONSHIPS 2019**  
**FRIDAY 27<sup>TH</sup> – SUNDAY 29<sup>TH</sup> MARCH 2020 – POLOKWANE MUNICIPAL**  
**SWIMMING POOL**

Limpopo Aquatics hereby welcomes you to the above-mentioned championships and we would like to welcome all those swimmers, coaches, team managers and parents, especially those who have travelled from other provinces.

Please take note of the following important information:

<b><u>DATE:</u></b>	FRIDAY 27 <sup>th</sup> – SUNDAY 29 <sup>th</sup> MARCH 2020	
<b><u>VENUE:</u></b>	POLOKWANE outdoor SWIMMING POOL (BURGER STREET)	
<b><u>ENTRY FEE:</u></b>	Adults: R20 p/p Children: Free	
<b><u>PROGRAM:</u></b>	R20 Heats R10 Finals	
<b><u>WARM UP:</u></b>	Heats - 08h00	Finals – 15h00
<b><u>GALA START:</u></b>	Heats - 09H00	Finals – 16h00

### **GENERAL INFORMATION AND RULES**

The latest FINA rules will be enforced at the championships. The LP warm-up procedure will be in place and enforced on pool deck.

- The “one-start” rule will apply.
- All swimmers must report to marshalling. Failure to do so will result in a “No Swim” or disqualification.
- No camera flashes are to be used at the start of a race.
- Only approved photographers will be allowed on pool deck.
- Only accredited swimming officials and coaches will be allowed on pool deck.
- Due to the nature of the weather and possible lightning conditions, the decision to suspend or cancel part or all of any part of the programme is at the discretion of the organisers (safety officer).

- If due to weather conditions, any section of the Championship swimming programme cannot be completed, the following will apply:
    - On the final day of the competition, if the finals cannot be completed, the final results and medals will be awarded as per the results of the heats.
    - If on any other days, the finals cannot be completed due to time constraints, the finals will either be rescheduled, or the results awarded as per the heats results.
    - If circumstances require, any part of the program may be swum as Timed Finals.
- Please ensure that all coaches, parents, team managers and swimmers are aware that drug testing may be enforced at the championships.

**MANAGERS MEETING: *Thursday, 26 March 2020 – 16h00.***

All participating clubs are to appoint a Team Manager for the duration of the Championships.

- The Team Manager's meeting will be held at Polokwane Swimming Pool in the "Officials" Marquee tent THURSDAY 26th MARCH 2020 at 16H00. ALL TEAM MANAGERS ARE REQUESTED TO ATTEND. This is the last opportunity to do scratchings
- Only Team Managers are permitted to enter the Recording & LOC Office
- Only Team Managers may withdraw competitors/lodge objections/complaints
- Protests will only be accepted on a protest form with a R500-00 protest fee
- No video footage or photos will be permitted for the use of a protest.
- In the case of a dispute, the Referees' decision will be final
- Accreditation tags will be in the Team Manager's packs
- Only registered coaches will be permitted on pool deck (Mandatory visible accreditation tag to be worn)

**LEVEL 2 COMMUNICATION PLATFORM**

Follow this link to join my WhatsApp group:

<https://chat.whatsapp.com/D0CBueknHGML6jwFcp1JfF>

The following information will be list on the group:

- General gala information
- DQ's
- Results

**HEATS AND FINALS:**

- Heats will commence as below.
- If due to weather conditions, any section of a swimming program cannot be completed the following will apply:
  - a. On the final day of the competition, if the Finals cannot be completed, the Final Results and medals will be awarded as per the result of the Heats.
  - b. If on any of the other days, the Finals cannot be completed, due to time constraints, the Finals will either be rescheduled or the results awarded as per the heats results.
  - c. If circumstances require, any part of the program may be swum as timed finals.

## 1. Heats:

- Heats will be swum in a 10 Lane format
- Heats will commence at 09H00 each morning
- Heats will be swum together regardless of age according to submitted entry times.

## 2. Finals:

- Finals will be swum in an 10 Lane format
- Finals will commence at 16H00 each afternoon.  
Finals starting times will be subject to change. Changes will be announced during the heats session.
- Each finalist will receive a finalist ribbon

## **MARSHALLING**

- All Swimmers MUST report to the marshalling marquee for ALL heats and finals
- 1st & 2nd Reserve Swimmers MUST report to the marshalling marquee for finals.
- Swimmers that miss their race will NOT be placed in an alternative heat
- Swimmers reporting for medals MUST report to the marshalling marquee prior to the medal presentations. Medallists will make their way to the podium from the marshalling marquee.
- Team managers are to ensure that their swimmers report to the marshalling area in time for their event.
- Team managers must accompany the relay teams to the marshalling marquee

## **ADMISSION TO THE POOL:**

- Gates will open at 06h00 am.
- Entry to the pool for Competitors, Managers and Officials will be free of charge on presentation of their accreditation cards through (Main Gate).
- Accreditation Cards will be available at the Managers Meeting at the pool.
- On 27<sup>th</sup> – 29<sup>th</sup> March 2020, Spectators (adults) will be charged R20 per day.

## **PROGRAMMES AND RESULTS:**

- Programs and results will be for sale at the entrance gate @ R20 per program (Heats) & R10 per program (Finals) per session.
- Each Club will receive 2 programmes per session for the Managers & Coach this is to be collected at the information gazebo next to the official marquee's tent.
- Should you require more, it will be for your own cost.
- Results will be displayed in the foyer at the entrance of the pool against the foyer window.
- Meet Mobile will be available for results.
- There will be a penalty of R300-00 for a "No Show" which is immediately payable and a fine of R200-00 for a late (1 hour before final session start & 1 day before the heats) scratching.

### **OFFICIALS:**

- Officials must report 1 hour in advance of the start of each session.
- All Technical Officials must be correctly attired: Navy Blue trousers/shorts/skirt and white shirts.
- Clubs will be required to provide SSA registered trained officials for **EVERY SESSION**, according to the number of Swimmers entered in the competition:
  - 1 – 5 Swimmers: Minimum of 2 Officials Per Session (1 Judge & 1 Timekeeper)
  - 6 – 10 Swimmers: Minimum of 3 Officials Per Session (1 Judge & 2 Timekeepers)
  - 11 – 20 Swimmers: Minimum of 5 Officials Per Session (2 Judge & 3 Timekeepers)
  - 21+ Swimmers: Minimum of 7 Officials Per Session (3 Judges & 4 Timekeepers)
- We will recommend a white hat and enough sun protection for senior officials as it is an open pool.
- There will be a light lunch served for Level 2 officials of the day in the marquees behind the pool deck as from 12h30 to 14h00 daily from the 27<sup>th</sup> March 2020.
- All participating Clubs are requested to also forward the names of their Officials for the duration of the Championships to our Officials & Technical Co-Ordinator – Liesl Meiring at [meiringliesl3@gmail.com](mailto:meiringliesl3@gmail.com) by no later than MONDAY 16<sup>th</sup> MARCH 2020.

- **THIS WILL BE A REQUIREMENT FOR THE ACCEPTANCE OF THE CLUBS ENTRIES**

### **WITHDRAWALS AND RELAY TEAMS:**

- Very Important: Level 2 Withdrawals 13H00 on the previous day.
- NAMES FOR RELAY TEAMS MUST BE DONE BY: Level 2: 09h30 day of relay
- All of this should be done at the help desk at the back of the administration office.

### **MEDALS:**

- Medals will be handed out at the podium. Swimmers to gather behind the marshalling tent.

### **FIRST AID:**

- There will be First Aid personnel available on site and Doctors and Ambulance Service on call.

### **LOST & FOUND:**

- All lost and found articles will be handed in at the gala secretary office at the nerve centre where items can get collected.
- The LOC take no responsibility for any unfound items that have gone missing or were stolen.

### **TENTS AND GAZEBO'S:**

- There is a seated Grandstand at the pool, but visitors are allowed to use gazebos on the grass embankment.
- NO GAZEBO'S ARE ALLOWED ON THE GRANDSTAND UNDER THE BLUE SHADE NETTING.
- Please take note that alcohol, cooking and lighting of fires within the pool grounds are strictly prohibited.
- No smoking is permitted on the grandstand, behind the grandstand, or around the swimmers and tents. A designated smoking area has been demarcated behind the Officials bathrooms up on the hill near the fencing of the pool.
- Marquees for clubs can be hired for the duration of the Championships at a cost of R1,400-00 per marquee. Please confirm your club's booking with the LOC Administrator – Rob Anderson at [robanderson@telkomsa.net](mailto:robanderson@telkomsa.net) by no later than Wednesday 4<sup>th</sup> March 2020. No Private Marquees are allowed.
- Clubs are permitted to erect their Gazebos between 16:00 and 18:00 on Thursday 26<sup>th</sup> March 2020.

### **CATERING:**

- The province will be running a Tuck-Shop – kindly support us.
- There will be an array of food vendors.
- Some Food Outlets is within walking distance from the pool.

### **CAR GUARDS:**

- There will be enough Car Guards in the parking areas around the pool. Please be so kind and tip the private guards as they are not paid by a company.
- The LOC take no responsibility for any damage to your vehicle or in the case of such be stolen.
- Designated disable parking available, prior arrangements need to be made with the Tournament Administrator by 23 March 2020

### **Limpopo Aquatics (Affiliated to Swimming South Africa)**

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