



T +27 11 404 2480
F +27 11 402 2486

P.O. Box 17009, Doornfontein, Johannesburg, 2028, RSA
124 Van Beek Street, North Wing, Ground Floor Johannesburg Stadium, New Doornfontein
www.swimsa.org

THE 2020 STELLENBOSCH GRAND PRIX INVITATIONAL SWIMMING MEET 31 January, 1 & 2 February 2020

- The closing date for entries – Wednesday, 15 January 2020. Entries will be processed by Swimming South Africa. All entries to be sent to bmorar@swimsa.co.za
- The entry fee will be R90.00 (R80.00 + R10.00 SSA Levy) per entry. The entry fee for the 800 and 1500 m Freestyle will be payable once the entry has been accepted.
- Heats and Finals will be swum for the Stellenbosch Grand Prix, where more than 10 entries are received, except for the 800m and 1500m Freestyle, these events will be Timed finals.
- The top 10 entries for 800m and 1500m Freestyle will be accepted. Swimmers who qualify will be notified immediately after the entries have closed and been processed. Swimmers who qualify for the 800m and 1500m Freestyle, must confirm their acceptance as soon as they have received confirmation of their entries. Withdrawal after acceptance will be subject to a penalty.
- This will be a inter club competition. Entries will be processed the same way as for Age Group Competitions.
- Minimum requirement for entry will be the S A Youth Qualifying Time and or S A National Junior Age Group Qualifying Time.

Stellenbosch Grand Prix 31 January – 2 February 2020

PROGRAM OF EVENTS

HEATS Friday 17:00

FINALS Saturday 10:00

800m Freestyle Women
400m Individual Medley Men
200m Freestyle Women
100m Freestyle Men
100m Breaststroke Women
50m Breaststroke Men
100m Butterfly Women
100m Backstroke Men
50m Backstroke Women
200m Butterfly Men
200m Individual Medley Women
400m Freestyle Men
50m Freestyle Women
200m Breaststroke Men
200m Backstroke Women
50m Butterfly Men
4 x 100m Medley Relay Mixed

HEATS Saturday 17:00

FINALS Sunday 10:00

1500m Freestyle Men
400m Individual Medley Women
200m Freestyle Men
100m Freestyle Women
100m Breaststroke Men
50m Breaststroke Women
100m Butterfly Men
100m Backstroke Women
50m Backstroke Men
200m Butterfly Women
200m Individual Medley Men
400m Freestyle Women
50m Freestyle Men
200m Breaststroke Women
200m Backstroke Men
50m Butterfly Women
4 x 100 Freestyle Relay Mixed

President: A. Fritz Vice Presidents J. Naidoo, Z. Molusi,
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