

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
Women 50 Free									
1	25.77	L	F	Jessica Thompson	16	AGB	JHB	12/04/2023	SA National Aquatic SNR-Champ 202
2	26.81	L	F	Milla Drakopoulos	16	KZNA	ETH	12/04/2023	SA National Aquatic SNR-Champ 202
3	26.98	L	F	Kendra Venter	16	ECA	BUF	12/04/2023	SA National Aquatic SNR-Champ 202
4	27.11	L	F	Genna Cloete	16	PSC	TSH	21/03/2023	SA National Junior Age Group Champ
5*	27.59	L	P	Khwezi Jacobs	16	ECA	BUF	12/04/2023	SA National Aquatic SNR-Champ 202
5*	27.59	L	F	Cara Knoblauch	16	AZON	ETH	16/12/2022	KZNA Premier Provincial Championshi
7	27.60	L	P	Julie Landmann	16	AGC	TSH	12/04/2023	SA National Aquatic SNR-Champ 202
8	27.70	L	P	Xandri Fourie	16	TRAZ	TSH	21/03/2023	SA National Junior Age Group Champ
9	27.83	L	P	Megan Stewart	16	KZNA	ETH	12/04/2023	SA National Aquatic SNR-Champ 202
10	28.06	L	F	Leah Lachman	16	SEAL	UMD	25/11/2022	WSC & Seals Summer LC Champs 20
11	28.13	L	F	Jessica Baker	16	WATR	JHB	01/12/2022	CGA LC Summer Championships Leve
12	28.27	L	P	Tannah Lindsay	16	AGA	EKU	12/04/2023	SA National Aquatic SNR-Champ 202
13	28.30	L	P	Romy Day	16	AGC	TSH	12/04/2023	SA National Aquatic SNR-Champ 202
14	28.39	L	F	Caelyn White	16	ELEC	TSH	21/03/2023	SA National Junior Age Group Champ
15	28.41	L	F	Indiana De Villers	16	SEAL	UMD	16/12/2022	KZNA Premier Provincial Championshi
16	28.42	L	F	Kayla Vorster	16	BLNE	MAN	05/11/2022	Seals Heidedal Gala
17	28.43	L	F	Francisca Van Rooyen	AR	BLOT	MAN	21/03/2023	SA National Junior Age Group Champ
18	28.50	L	F	Monica Botha	16	BEAV	ETH	01/07/2022	Prestige Tournament 2022
19	28.63	L	P	Alexia McCabe	16	WATR	JHB	21/03/2023	SA National Junior Age Group Champ
20	28.69	L	F	Chloe Steyn	16	BEST	NMA	10/02/2023	Infinity Gala 2023
21	28.71	L S	P	Soleil Greyling	16	ASAW	CED	09/12/2022	Western Cape LC-A Championship 20
22	28.78	L	P	Danielle Webster	16	AGC	TSH	12/04/2023	SA National Aquatic SNR-Champ 202
23*	28.79	L	F	Lica Van Niekerk	16	WCA	CPT	21/04/2023	SA Schools Swimming Championship
23*	28.79	L	F	Jenna Ellse	16	ASA	ILD	25/11/2022	WSC & Seals Summer LC Champs 20
25*	28.86	L	P	Christine Jackson	16	ELEC	TSH	21/03/2023	SA National Junior Age Group Champ
25*	28.86	L	F	Megan Matthews	16	SEAL	UMD	16/12/2022	KZNA Premier Provincial Championshi
27	28.89	L	P	Jemma Van Wyk	16	TUKS	TSH	21/03/2023	SA National Junior Age Group Champ
28	28.90	L	P	Jenna Shaw	16	SEAL	UMD	21/03/2023	SA National Junior Age Group Champ
29	28.97	L	F	Amber Ogden	16	PEAR	NMA	25/02/2023	Eastern Cape Schools Swimming Trial
30	29.02	L	F	Mari Nortje	JR	BLOT	MAN	06/12/2022	Free State Champs 2022
31	29.03	L	P	Rhys Purves	16	SEAL	UMD	01/07/2022	Prestige Tournament 2022
32	29.05	L	P	Gabriela Mladenov	16	AA	JHB	21/03/2023	SA National Junior Age Group Champ
33	29.08	L	P	Cleo Lin	16	WATR	JHB	21/03/2023	SA National Junior Age Group Champ
34	29.14	L	F	Alexia Greyling	16	CA	EKU	21/10/2022	EGA Summer 2 2022
35	29.18	L S	F	Marie-Ella Maske	16	RAV	EKU	08/12/2022	EGA Summer Champs 2022
36	29.28	L	P	Chelsea White	16	CRSC	JHB	21/03/2023	SA National Junior Age Group Champ
37	29.29	L S	P	Mila Prinsloo	16	ASAW	CED	09/12/2022	Western Cape LC-A Championship 20
38	29.30	L	F	Madison Scorgie	16	AA	JHB	31/03/2023	SA Level 3 Regional Age Group Chan
39	29.31	L	F	Linique Rowles	16	HREF	BPD	07/12/2022	NWS Championships 2022/2023
40	29.35	L S	F	Utah Novello	16	CLSC	WCD	09/12/2022	Western Cape LC-A Championship 20
41*	29.39	L	F	Madison Goliath	16	VIKI	BUF	31/03/2023	SA Level 3 Regional Age Group Chan
41*	29.39	L	P	Anke Van der Poel	16	BULS	MAN	06/12/2022	Free State Champs 2022
43	29.45	L	F	Anri Wenhold	16	ETTN	EKU	31/03/2023	SA Level 3 Regional Age Group Chan
44	29.50	L	P	Emily Beatt	16	PEAS	NMA	31/03/2023	SA Level 3 Regional Age Group Chan
45	29.54	L S	F	Jenna Smit	16	BLMA	CPT	09/12/2022	Western Cape LC-A Championship 20
46	29.55	L	F	Chloe Graaff	16	ELEC	TSH	31/03/2023	SA Level 3 Regional Age Group Chan
47	29.56	L	P	Kiera Cloete	16	SASE	JHB	03/03/2023	2023 Grand Prix 2 Invitational Meet - K
48	29.63	L S	F	Justine Crator	16	SWIFT	EKU	08/12/2022	EGA Summer Champs 2022
49	29.64	L	P	Isabella Mc Colgan	16	TUKS	TSH	09/12/2022	NTS Championships 2022
50	29.68	L	P	Sophie Vickers	16	SSISA	CPT	21/03/2023	SA National Junior Age Group Champ
51*	29.79	L	P	Leigh-Ann Van der Vyver	16	CRSC	JHB	21/03/2023	SA National Junior Age Group Champ
51*	29.79	L	P	Xandri Palmer	16	POTC	KKD	07/12/2022	NWS Championships 2022/2023
53	29.84	L	P	Chignet Davel	16	LP	CC	21/04/2023	SA Schools Swimming Championship
54*	29.86	L	F	Sophia Wium	16	QSAW	CED	31/03/2023	SA Level 3 Regional Age Group Chan
54*	29.86	L	P	Ashley Coetzee	16	FSS	FS	21/04/2023	SA Schools Swimming Championship
56	29.91	L S	P	Jady Theron	16	ASAW	CED	09/12/2022	Western Cape LC-A Championship 20
57*	29.92	L	F	Liebe Karsten	16	UPSK		05/11/2022	AGE GROUP 2 UPINGTON 2022
57*	29.92	L	F	Kiara Croft	16	PEAS	NMA	13/01/2023	Eastern Cape Aquatics LC Champs 20

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
59*	29.93	L	F	Lauren Bates	16	SEAL UMD	25/11/2022 WSC & Seals Summer LC Champs 20
59*	29.93	L	F	Miette Van Huyssteen	16	CUHE OBD	28/01/2023 Winelands SL Final
61	29.94	L	P	Caitlin Herbst	16	MDOL EKU	21/03/2023 SA National Junior Age Group Champ
62	29.96	L	F	Kaylee Wiggill	16	RAV EKU	17/02/2023 EGA Let's Race 2023
63*	29.98	L	F	Anke' Prinsloo	16	WELA LLD	22/10/2022 Otters Prestige Gala 2022
63*	29.98	L	P	Janeske Vd Walt	16	RBUR BPD	31/03/2023 SA Level 3 Regional Age Group Chan
65*	30.07	L	P	Isabel Skinner	16	TUKS FSH	09/12/2022 NTS Championships 2022
65*	30.07	L	F	Kaylin Slabberts	16	PSC FSH	02/12/2022 2022 The Tshwane Mayoral Gala
67	30.10	L	F	Yzabela Aromin	16	ACSA ETH	28/01/2023 Ushaka Champs 2023
68	30.13	L	F	Hannah Parry	16	MGSC UGD	31/03/2023 SA Level 3 Regional Age Group Chan
69	30.20	L	F	Amy Kruger	16	MDOL EKU	02/03/2023 SA Level 2 Regional Age Group Cham
70	30.22	L	F	Aurora Ryser	16	TYGE CPT	07/10/2022 41st Freda Barnard Invitational Gala
71	30.23	L S	P	Anika Hugo	16	PAQU CED	09/12/2022 Western Cape LC-A Championship 20
72	30.27	L	F	Clio Smidt	16	MARL CPT	07/10/2022 41st Freda Barnard Invitational Gala
73	30.36	L	P	Cara Smook	AR	BLOT MAN	06/12/2022 Free State Champs 2022
74	30.38	L	F	Emma Lacey	16	INFA NMA	16/07/2022 1st A League Gala 2022 NMA
75	30.39	L	P	Susanna du Preez	16	NWUC KKD	31/03/2023 SA Level 3 Regional Age Group Chan
76*	30.40	L	P	Danika Vyncke	16	KZNA ETH	12/04/2023 SA National Aquatic SNR-Champ 202
76*	30.40	L	P	Danel Da Veiga	16	FLOD JHB	01/12/2022 CGA LC Summer Championships Lev
76*	30.40	L	P	Ella Bouw	16	PER JHB	31/03/2023 SA Level 3 Regional Age Group Chan
79	30.41	L	F	Skyla Havenga	16	CLSC WCD	31/03/2023 SA Level 3 Regional Age Group Chan
80	30.45	L	P	Caitlyn Fish	16	PER JHB	31/03/2023 SA Level 3 Regional Age Group Chan
81	30.49	L S	P	Jacoba Muggenburg	16	ASAW CED	09/12/2022 Western Cape LC-A Championship 20
82	30.53	L	F	Mieke Leonard	16	MSC NGD	20/01/2023 MP AGE GROUP 4 GALA 21 - 22 JAN
83	30.54	L	F	Annik Battheu	16	TUKS FSH	08/10/2022 NTS Sprint Gala
84	30.55	L	F	Nicola Herbst	16	PEAS NMA	10/02/2023 Infinity Gala 2023
85	30.57	L	F	Chanel Du Plessis	16	VINE CPT	03/09/2022 CTA Qualifying Meet #4
86	30.60	L S	P	Lune Van Den Berg	16	QSAW CED	09/12/2022 Western Cape LC-A Championship 20
87*	30.62	L	P	Amber Warr	16	SEAL UMD	16/12/2022 KZNA Premier Provincial Championsh
87*	30.62	L	F	Morgan Botha	16	CA EKU	21/10/2022 EGA Summer 2 2022
89	30.65	L	F	Carli Vorster	16	SWAR WCD	28/01/2023 Winelands SL Final
90	30.71	L S	P	Retha De Roubaix	16	LALE CED	09/12/2022 Western Cape LC-A Championship 20
91	30.73	L	F	Elné Haynes	16	SS MPD	02/12/2022 Limpopo Champs
92	30.77	L	P	Maya Laubscher	16	GSA CPT	31/03/2023 SA Level 3 Regional Age Group Chan
93*	30.80	L	P	Casey Roos	16	ELEC FSH	31/03/2023 SA Level 3 Regional Age Group Chan
93*	30.80	L	F	Bianca Ribeiro	16	SSISA CPT	24/02/2023 Western Cape Elite Gala
95	30.93	L	F	Annika Serfontein	16	VALS FDD	03/03/2023 SA Level 2 Regional Age Group Cham
96	31.00	L	P	Kaeli-Peace Armour	AR	BLOT MAN	16/12/2022 KZNA Premier Provincial Championsh
97*	31.01	L	P	Rebekah Olivier	16	SEAL UMD	31/03/2023 SA Level 3 Regional Age Group Chan
97*	31.01	L	P	Amber Botha	16	ONYX EKU	02/03/2023 SA Level 2 Regional Age Group Cham
99	31.03	L	F	Heidri de Jager	16	RBOT BPD	07/12/2022 NWS Championships 2022/2023
100*	31.05	L	P	Dakota Wyngaard	16	WCA CPT	21/04/2023 SA Schools Swimming Championship
100*	31.05	L	F	Ella Williams	16	PGH KKD	10/02/2023 NW School Championships 2023
102	31.08	L	F	Alexandra Cunningham	16	AZON ETH	17/03/2023 SA Level 2 Regional Age Group Cham
103	31.11	L	P	Anmari Greeff	16	LP CC	21/04/2023 SA Schools Swimming Championship
104	31.13	L	P	Madison Alberts	16	SGUL ETH	16/12/2022 KZNA Premier Provincial Championsh
105	x31.14	L	F	Juliette Pascoe	16	TUKS FSH	02/12/2022 2022 The Tshwane Mayoral Gala
106	31.14	L	F	Danel Rossouw	16	TYGE CPT	24/09/2022 CTA Qualifying Meet #5
107	31.16	L	F	Izaan Scheepers	16	VRY ZLD	17/03/2023 SA Level 2 Regional Age Group Cham
108*	31.18	L	P	Kaylin Oelschig	16	BLNE MAN	06/12/2022 Free State Champs 2022
108*	31.18	L	F	Simphiwe Zulu	16	BAS EKU	20/01/2023 EGA Last Chance Galal
110	31.19	L	P	Mikaela Landman	16	RFA FSH	31/03/2023 SA Level 3 Regional Age Group Chan
111	31.34	L	P	Andrea Germs	16	WATR JHB	31/03/2023 SA Level 3 Regional Age Group Chan
112	31.38	L	F	Raine Botes	16	TUKS FSH	03/02/2023 NTS January Lev 3+ Age Group Gala :
113	31.39	L	F	Marlouise Keet	16	DDA FSH	02/03/2023 SA Level 2 Regional Age Group Cham
114	31.42	L	P	Jorja Lindstrom	16	HARL BUF	31/03/2023 SA Level 3 Regional Age Group Chan
115	31.43	L S	P	Skye Micklethwaite	16	SSISA CPT	09/12/2022 Western Cape LC-A Championship 20
116	31.45	L	P	Mila Kriek	16	WCA CPT	21/04/2023 SA Schools Swimming Championship
117	31.51	L	F	Abigail Olivier	16	ACAQ CCD	02/12/2022 Limpopo Champs

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 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
118	31.54	L	F	Kate Jewkes	16	CA EKU	10/09/2022 Adrian Grafe Gala 2022
119	31.58	L	P	Leah Durig	16	WATR JHB	31/03/2023 SA Level 3 Regional Age Group Cham
120	31.65	L	F	Angel Geel	16	WES KK	10/02/2023 NW School Championships 2023
121*	31.67	L	P	Ashley Ferguson	16	SEAL UMD	01/07/2022 Prestige Tournament 2022
121*	31.67	L	P	Gabriella Mitchell	16	CRSC JHB	31/03/2023 SA Level 3 Regional Age Group Cham
123*	31.68	L	F	Jacey Filipe	16	AQU ADJ	24/09/2022 Amajuba District Age Group Gala 3
123*	31.68	L	F	Casey Joubert	16	PEAS NMA	07/12/2022 NWS Championships 2022/2023
125	31.74	L	F	Lana Wasserman	ER	BLOT MAN	21/01/2023 PELICAN NEPTUNE GALA
126	31.79	L	P	Rachel Murray	16	HARL BUF	31/03/2023 SA Level 3 Regional Age Group Cham
127	31.85	L	F	Sarah Banyard	16	TUKS TSH	02/12/2022 2022 The Tshwane Mayoral Gala
128	31.87	L	P	Millah Smith	16	BLSS MAN	03/03/2023 SA Level 2 Regional Age Group Cham
129	31.90	L	P	Jaime Diamond	16	OLDE JHB	31/03/2023 SA Level 3 Regional Age Group Cham
130	31.92	L	F	Erin De Montille	16	PGAC EKU	20/01/2023 EGA Last Chance Galal
131	31.94	L	F	Kelly Jackson	16	BLSS MAN	03/03/2023 SA Level 2 Regional Age Group Cham
132	31.97	L	F	Justine Thom	16	AA JHB	08/10/2022 NTS Sprint Gala
133	31.99	L	F	Leigh-Ann Mitchley	16	BEAV ETH	17/03/2023 SA Level 2 Regional Age Group Cham
134	32.02	L	F	Quinn Calder	16	PGH KKD	10/02/2023 NW School Championships 2023
135	32.04	L	F	Bailey Hughes	16	KLOO ETH	25/11/2022 WSC & Seals Summer LC Champs 20
136	32.06	L	F	Daniella Gaii-Minietti	16	SEAL UMD	17/03/2023 SA Level 2 Regional Age Group Cham
137	32.12	L	F	Estella Mann	16	RAV EKU	17/02/2023 EGA Let's Race 2023
138	32.15	L	F	Talia Vd Berg	16	QSAW CED	11/11/2022 Swartland Prestige Gala 2022
139	32.20	L	F	Rebekah Fleischer	16	WSTV ETH	25/11/2022 WSC & Seals Summer LC Champs 20
140	32.21	L	P	Chante Joubert	16	CRSC JHB	31/03/2023 SA Level 3 Regional Age Group Cham
141	32.22	L	P	Gemma Haupt	16	ASAC CPT	31/03/2023 SA Level 3 Regional Age Group Cham
142*	32.26	L	F	Kendall Jackson	16	CA EKU	21/10/2022 EGA Summer 2 2022
142*	32.26	L	F	Savannah Nicol	16	BEAV ETH	17/03/2023 SA Level 2 Regional Age Group Cham
144	32.28	L	F	Jessica Bott	16	SOUL EKU	20/01/2023 EGA Last Chance Galal
145	32.29	L	F	Leané van Eeden	16	GHSK	03/03/2023 SA Level 2 Regional Age Group Cham
146	32.30	L	F	Janica Stone	16	KALA	07/10/2022 FLAMINGO GALA OCT 2022
147	32.32	L	P	Tamica Visser	16	HREF BPD	07/12/2022 NWS Championships 2022/2023
148	32.46	L	P	Annika Erasmus	16	AA JHB	01/12/2022 CGA LC Summer Championships Lev
149	32.49	L	P	Anje Stapelberg	16	UNI EZD	02/12/2022 Mpumalanga Championships 2022
150	32.50	L	P	Wilma Strauss	16	UPSK	03/03/2023 SA Level 2 Regional Age Group Cham
151	32.56	L	F	Isi Mshudulu	16	FLOD JHB	02/03/2023 SA Level 2 Regional Age Group Cham
152	32.60	L	F	Dhiya Pillay	16	ACSA ETH	17/03/2023 SA Level 2 Regional Age Group Cham
153	32.62	L S	P	Abigaile Pretorius	16	SOUL EKU	08/12/2022 EGA Summer Champs 2022
154	32.65	L	F	Sarah Byrne	16	LAD UTD	17/03/2023 SA Level 2 Regional Age Group Cham
155*	32.70	L	P	Jemma Stearns	16	AACTA CPT	31/03/2023 SA Level 3 Regional Age Group Cham
155*	32.70	L	F	Amy Van Der Merwe	16	SEAL UMD	17/03/2023 SA Level 2 Regional Age Group Cham
155*	32.70	L	F	Jordyn Neville	16	PSCP UMD	25/11/2022 WSC & Seals Summer LC Champs 20
158	32.73	L	F	Mariska Malan	16	BLNE MAN	06/12/2022 Free State Champs 2022
159	32.77	L	F	Joelle Buys	16	MARL CPT	03/09/2022 CTA Qualifying Meet #4
160	32.79	L	F	Georgina Francis	16	PSCP UMD	25/11/2022 WSC & Seals Summer LC Champs 20
161	32.97	L	F	Kye-Ann Fowler	16	UNI EZD	17/09/2022 MP SPRINT GALA 17 SEPTEMBER 2
162	33.04	L S	P	Ameline Ricketts	16	CUDU CPT	25/06/2022 PEA Winter Gala 2022
163	33.13	L	F	Aqeelah Rinquest	16	MARL CPT	11/02/2023 WCA-B Champs - 2023
164	33.15	L	F	Kieta Jack	16	CYBE CPT	04/11/2022 CTA A CHAMPS 2022
165	33.17	L	F	Leandri vd Walt	16	BERG BP	10/02/2023 NW School Championships 2023
166	33.22	L	F	Leoné Van Schalkwyk	16	PHS CCD	08/09/2022 Limpopo Interhoer (Capricorn Distrik)
167	33.23	L	F	Luané Scheepers	16	POTC KKD	07/12/2022 NWS Championships 2022/2023
168	33.27	L	P	Annabelle Davel	16	MSC NGD	02/12/2022 Mpumalanga Championships 2022
169	33.28	L	F	Emma Banda	16	ATTE TSH	02/10/2022 2022 AG Swim Stars 14&Over
170	33.39	L	P	Emma-Kate van Niekerk	16	CRSC JHB	02/03/2023 SA Level 2 Regional Age Group Cham
171	33.42	L	P	Abigail Hains	16	PGAC EKU	02/03/2023 SA Level 2 Regional Age Group Cham
172	33.48	L	P	Iman Ismail	16	ATLA JHB	02/03/2023 SA Level 2 Regional Age Group Cham
173	33.53	L	P	Erin Ramlukan	16	TOTIS ETH	01/07/2022 Prestige Tournament 2022
174	33.55	L	F	Zia Mahomed	16	ACSA ETH	17/03/2023 SA Level 2 Regional Age Group Cham
175	33.56	L	F	Channah Van Coller	16	FISH EDD	05/11/2022 EDEN 3rd A-League Gala 2022
176	x33.71	L	P	Aliyyah Rangraze	16	ATLA JHB	02/03/2023 SA Level 2 Regional Age Group Cham

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	Time	P/F/S	Name	Age/Yr			
177*	33.72	L	F	Elsje Jacobs	16	USC BUF	19/11/2022 BCA 2nd November Age Group Gala 2
177*	33.72	L	F	Taylor Henegan	16	RAV EKU	06/01/2023 2023 Grand Prix Invitation Swimming I
179	33.78	L	P	Megan Fermoyle	16	SASE JHB	02/03/2023 SA Level 2 Regional Age Group Cham
180	33.81	L	F	Holleigh Johnstone	16	UPC EZD	22/02/2023 EHLANZENI INTER HIGH GALA 22 FI
181	33.82	L	P	Melisca Everson	16	KZNA ETH	12/04/2023 SA National Aquatic SNR-Champ 202
182	33.84	L	F	Mi-ne Verster	16	TASC MPD	12/11/2022 Limpopo Age Group 5
183	33.87	L	F	Tara Dixon	16	AACTA CPT	03/09/2022 CTA Qualifying Meet #4
184	33.93	L	F	Aimy Engelbrecht	16	RFA TSH	02/12/2022 2022 The Tshwane Mayoral Gala
185	33.94	L	F	Carlia Nel	16	HPP BUF	04/02/2023 Limpopo School Champs
186	33.98	L	F	Isabella Horwood	16	PEAS NMA	17/09/2022 3rd A League Gala-Newton Park Pool
187	33.99	L	F	Lara Schilz	16	TUKS TSH	02/12/2022 2022 The Tshwane Mayoral Gala
188	34.03	L	P	Minette Brits	16	BLSS MAN	03/03/2023 SA Level 2 Regional Age Group Cham
189	34.26	L	F	Bianca Du Plessis	16	AQU ADJ	24/09/2022 Amajuba District Age Group Gala 3
190	34.27	L	F	Poshika Ramsamy	16	BEST NMA	10/02/2023 Infinity Gala 2023
191	34.29	L	F	Mamudo Fernandes	16	UNI EZD	28/01/2023 CANA GRAND PRIX JAN 2023 MBOM
192	34.31	L	F	Emma Imrie	16	HSTAN MPD	15/10/2022 Limpopo Top 10 - High Schools
193	34.45	L	P	Amyleigh Tolmay	16	AFIN JHB	02/03/2023 SA Level 2 Regional Age Group Cham
194	34.64	L	F	Phillippa Formo	16	CRSC JHB	25/02/2023 CGA Level 3+ Last Chance gala
195	34.76	L	F	Kayla Botha	16	BLSS MAN	05/11/2022 Seals Heidedal Gala
196	34.79	L	F	Caitlynn Foster	16	RPAC EKU	21/10/2022 EGA Summer 2 2022
197	34.95	L	F	Alta Radley	SR	PSA ZLD	04/02/2023 KCDA February Age Group Gala 2023
198	35.09	L	F	Fay-Lee Nel	16	SSISA CPT	03/09/2022 CTA Qualifying Meet #4
199	35.19	L	F	Chelsea Lavita	16	MANT CPT	18/02/2023 Swartland Invitational Gala 2023
200	35.28	L	F	Roxanne Coetzee	16	PGAC EKU	20/01/2023 EGA Last Chance Galal
201	35.60	L	F	Cailynn Foster	16	RPAC EKU	02/10/2022 2022 AG Swim Stars 14&Over
202	35.69	L	F	Elani Neethling	16	ELRAS WBD	02/12/2022 Limpopo Champs
203	35.90	L	F	Phoebe Saxton	16	HPHS BUF	25/02/2023 Eastern Cape Schools Swimming Trial
204	36.03	L	F	Tamika Wolfe	16	ASA ILD	25/11/2022 WSC & Seals Summer LC Champs 20
205	36.12	L	F	Mckayla-Leigh Brits	16	RFA TSH	02/12/2022 2022 The Tshwane Mayoral Gala
206	36.79	L	F	Nalizeri Pretorius	ER	BHS EZD	22/02/2023 EHLANZENI INTER HIGH GALA 22 FI
207	36.80	L	F	Lene Lavarack	16	FAAC FBD	07/10/2022 FLAMINGO GALA OCT 2022
208	36.99	L S	P	Shea Roach	16	SWIFT EKU	08/12/2022 EGA Summer Champs 2022
209	37.64	L	F	Lara Steenkamp	16	PENC EZD	22/02/2023 EHLANZENI INTER HIGH GALA 22 FI
210	37.95	L	F	Kiara Davids	16	MARL CPT	07/10/2022 41st Freda Barnard Invitational Gala
211	38.76	L	F	Ewa Kopieniak	16	AQU ADJ	24/09/2022 Amajuba District Age Group Gala 3
212	38.84	L	F	Bernice Erasmus	16	HPP BUF	15/10/2022 Limpopo Top 10 - High Schools
213	38.89	L	F	Chloe Jansen	16	AFIN JHB	02/10/2022 2022 AG Swim Stars 14&Over
214	38.98	L	F	Tabitha Dippenaar	16	HBV MPD	15/10/2022 Limpopo Top 10 - High Schools
215	39.19	L	P	Tania Marais	16	RBUR BPD	07/12/2022 NWS Championships 2022/2023
216	39.80	L	F	Jade Williams	16	PGH KKD	10/02/2023 NW School Championships 2023
217	39.83	L	F	Tyla Van Zyl	CR	ROB EZD	22/02/2023 EHLANZENI INTER HIGH GALA 22 FI
218	39.87	L	F	Kananelo Senokoane	16	SOWE JHB	02/10/2022 2022 AG Swim Stars 14&Over
219	40.56	L	F	Nqabayethu Shongwe	16	ZASC TSH	17/02/2023 NTS February Lev 1+2 Age Group Gal
220	40.86	L	F	Leandri Heyns	16	HFDT MPD	15/10/2022 Limpopo Top 10 - High Schools
221	41.67	L	F	Danè Van Zyl	16	BARR CPT	07/10/2022 41st Freda Barnard Invitational Gala
222	43.01	L	F	Lane Esterhuizen	16	UPSK	03/02/2023 NCASA SPRINTS - 3 & 4 FEBRUARY
223	44.46	L	F	Inge Nel	ER	BHS EZD	22/02/2023 EHLANZENI INTER HIGH GALA 22 FI
224	47.19	L	P	Nosipho Mathebula	16	MP EZ	21/04/2023 SA Schools Swimming Championship
225	52.53	L	F	Kristen Jordt	16	HE WBD	15/10/2022 Limpopo Top 10 - High Schools
226	52.72	L	F	Mariam Sululu	16	RETR CPT	11/11/2022 Swartland Prestige Gala 2022
227	53.04	L	F	Tshepang Tlhakola	16	CURHK CCD	08/09/2022 Limpopo Interhoer (Capricorn Distrik)
228	54.03	L	F	Simone Stoltz	16	TONAU CCD	08/09/2022 Limpopo Interhoer (Capricorn Distrik)
229	1:15.68	L	F	Yolandi Germeshuysen	16	ESS EZD	11/03/2023 SSA LEVEL 1 REGIONAL CHAMPS 2
Women 100 Free							
1	57.56	L	P	Milla Drakopoulos	16	KZNA ETH	12/04/2023 SA National Aquatic SNR-Champ 202
2	57.68	L	P	Jessica Thompson	16	AGB JHB	12/04/2023 SA National Aquatic SNR-Champ 202
3	58.66	L	F	Genna Cloete	16	PSC TSH	21/03/2023 SA National Junior Age Group Champ
4	59.18	L	F	Kendra Venter	16	INFA NMA	21/03/2023 SA National Junior Age Group Champ
5	59.73	L	F	Megan Stewart	16	KZNA ETH	21/04/2023 SA Schools Swimming Championship

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
6	1:00.11 L	P	Cara Knoblauch	16	AZON ETH	21/03/2023	SA National Junior Age Group Champs
7	1:00.51 L	F	Sofia French	16	TUKS FSH	21/03/2023	SA National Junior Age Group Champs
8	1:00.60 L	P	Xandri Fourie	16	TRAZ FSH	21/03/2023	SA National Junior Age Group Champs
9	1:00.63 L	P	Jessica Baker	16	WATR JHB	01/12/2022	CGA LC Summer Championships Lev
10	1:00.71 L	P	Tannah Lindsay	16	AGA EKU	12/04/2023	SA National Aquatic SNR-Champ 202
11	1:00.83 L	F	Indiana De Villers	16	KZNA ETH	21/04/2023	SA Schools Swimming Championship
12	1:00.91 L	P	Alexia McCabe	16	WATR JHB	01/12/2022	CGA LC Summer Championships Lev
13	1:01.26 L	P	Khwezi Jacobs	16	ECA BUF	12/04/2023	SA National Aquatic SNR-Champ 202
14	1:01.41 L	P	Caelyn White	16	ELEC FSH	21/03/2023	SA National Junior Age Group Champs
15	1:01.47 L	P	Gabriela Mladenov	16	RSA	21/07/2022	Solidarity Games Kazan July
16	1:01.87 L	F	Megan Matthews	16	SEAL UMD	25/11/2022	WSC & Seals Summer LC Champs 20
17	1:02.00 L	P	Francisca Van Rooyen	AR	BLOT MAN	21/03/2023	SA National Junior Age Group Champs
18	1:02.03 L	F	Monica Botha	16	BEAV ETH	16/12/2022	KZNA Premier Provincial Championshi
19	1:02.13 L	P	Jady Theron	16	ASAW CED	21/03/2023	SA National Junior Age Group Champs
20	1:02.63 L	F	Soleil Greyling	16	ASAW CED	13/11/2022	Winelands Summer League 4
21	1:02.66 L	P	Alexia Greyling	16	CA EKU	21/03/2023	SA National Junior Age Group Champs
22	1:02.72 L	F	Jemma Van Wyk	16	TUKS FSH	09/12/2022	NTS Championships 2022
23	1:02.82 L	F	Jenna Ellse	16	ASA ILD	25/11/2022	WSC & Seals Summer LC Champs 20
24	1:02.84 L	P	Kaylee Wiggill	16	RAV EKU	21/03/2023	SA National Junior Age Group Champs
25	1:02.90 L	P	Romy Day	16	ELEC FSH	21/03/2023	SA National Junior Age Group Champs
26	1:03.09 L	P	Julie Landmann	16	AGC FSH	12/04/2023	SA National Aquatic SNR-Champ 202
27	1:03.11 L	F	Leah Lachman	16	SEAL UMD	25/11/2022	WSC & Seals Summer LC Champs 20
28	1:03.15 L	F	Lica Van Niekerk	16	WCA CPT	21/04/2023	SA Schools Swimming Championship
29	1:03.29 L	F	Chloe Steyn	16	BEST NMA	09/12/2022	NMBA Championships 2022
30	1:03.30 L	P	Cleo Lin	16	AGB JHB	12/04/2023	SA National Aquatic SNR-Champ 202
31	1:03.44 L	P	Caitlin Herbst	16	MDOL EKU	03/03/2023	2023 Grand Prix 2 Invitational Meet - K
32	1:03.74 L	F	Jenna Smit	16	BLMA CPT	07/10/2022	41st Freda Barnard Invitational Gala
33	1:03.84 L	P	Christine Jackson	16	ELEC FSH	21/03/2023	SA National Junior Age Group Champs
34	1:03.94 L	P	Mila Prinsloo	16	ASAW CED	21/03/2023	SA National Junior Age Group Champs
35	1:04.00 L S	S	Kiara Croft	16	PEAS NMA	25/06/2022	PEA Winter Gala 2022
36	1:04.14 L	F	Xandri Palmer	16	POTC KKD	01/12/2022	CGA LC Summer Championships Lev
37	1:04.18 L	F	Chignet Davel	16	LP CC	21/04/2023	SA Schools Swimming Championship
38	1:04.21 L	P	Madison Goliath	16	ECA BUF	21/04/2023	SA Schools Swimming Championship
39	1:04.25 L	P	Marie-Ella Maske	16	AGA EKU	12/04/2023	SA National Aquatic SNR-Champ 202
40	1:04.30 L	P	Sophie Vickers	16	SSISA CPT	24/02/2023	Western Cape Elite Gala
41	1:04.32 L	F	Kairah George	16	TUKS FSH	21/10/2022	NTS October Lev 3 Age Group Gala 21
42	1:04.34 L	F	Jenna Shaw	16	SEAL UMD	01/07/2022	Prestige Tournament 2022
43	1:04.43 L	F	Chelsea White	16	CRSC JHB	01/12/2022	CGA LC Summer Championships Lev
44	1:04.78 L	F	Sarah Mc Laren	16	SGUL ETH	01/07/2022	Prestige Tournament 2022
45	1:04.85 L	P	Leigh-Ann Van der Vyver	16	CRSC JHB	03/03/2023	2023 Grand Prix 2 Invitational Meet - K
46	1:05.00 L	F	Emily Beatt	16	PEAS NMA	31/03/2023	SA Level 3 Regional Age Group Chan
47	1:05.06 L	F	Utah Novello	16	CLSC WCD	31/03/2023	SA Level 3 Regional Age Group Chan
48	1:05.09 L	P	Casey Roos	16	ELEC FSH	31/03/2023	SA Level 3 Regional Age Group Chan
49*	1:05.12 L	P	Nadia Rossouw	16	TYGE CPT	31/03/2023	SA Level 3 Regional Age Group Chan
49*	1:05.12 L	F	Amber Ogden	16	PEAS NMA	31/03/2023	SA Level 3 Regional Age Group Chan
51	1:05.25 L	F	Bailey Forrest	16	ACSA ETH	01/07/2022	Prestige Tournament 2022
52	1:05.26 L	P	Jacoba Muggenburg	16	ASAW CED	31/03/2023	SA Level 3 Regional Age Group Chan
53	1:05.32 L	F	Madison Alberts	16	SGUL ETH	02/12/2022	EDA AG Gala December 2022
54	1:05.36 L	P	Retha De Roubaix	16	LALE CED	21/03/2023	SA National Junior Age Group Champs
55	1:05.40 L	F	Liebe Karsten	16	NCASA	28/01/2023	4 + 1 Inter Provincial Gala 2023
56	1:05.47 L	P	Kaeli-Peace Armour	AR	BLOT MAN	16/12/2022	KZNA Premier Provincial Championshi
57	1:05.49 L	F	Rhys Purves	16	SEAL UMD	01/07/2022	Prestige Tournament 2022
58	1:05.53 L	F	Carli Vorster	16	SWAR WCD	09/12/2022	Western Cape LC-A Championship 20
59	1:05.70 L	F	Anri Wenhold	16	ETTN EKU	31/03/2023	SA Level 3 Regional Age Group Chan
60	1:05.76 L	P	Chloe Graaff	16	ELEC FSH	16/12/2022	KZNA Premier Provincial Championshi
61	1:05.80 L	P	Madison Scorgie	16	AA JHB	31/03/2023	SA Level 3 Regional Age Group Chan
62	1:05.87 L	F	Kayla Vorster	16	BLNE MAN	06/12/2022	Free State Champs 2022
63	1:05.94 L	P	Aurora Ryser	16	TYGE CPT	31/03/2023	SA Level 3 Regional Age Group Chan
64*	1:05.98 L	P	Skyla Havenga	16	CLSC WCD	31/03/2023	SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr				
64*	1:05.98 L	F	Ashley Ferguson	16	SEAL UMD	01/07/2022	Prestige Tournament 2022
66	1:06.01 L	F	Mikaela Landman	16	RFA TSH	17/02/2023	NTS February Lev 1+2 Age Group Gal
67	1:06.02 L	F	Anika Hugo	16	PAQU CED	24/09/2022	CTA Qualifying Meet #5
68	1:06.08 L	P	Annik Battheu	16	TUKS TSH	09/12/2022	NTS Championships 2022
69	1:06.12 L	F	Janeske Vd Walt	16	RBUR BPD	31/03/2023	SA Level 3 Regional Age Group Chan
70	1:06.16 L S	F	Susanna du Preez	16	NWUC KKD	03/10/2022	Sasolburg Swim Club Invitational Gala
71	1:06.27 L	F	Kaylin Oelschig	16	BLNE MAN	06/12/2022	Free State Champs 2022
72	1:06.36 L	F	Abby Nicholson	16	ACSA ETH	25/11/2022	WSC & Seals Summer LC Champs 20
73	1:06.37 L	F	Tayla Bruce	16	BEAV ETH	25/11/2022	WSC & Seals Summer LC Champs 20
74	1:06.51 L	F	Amber Warr	16	SEAL UMD	25/11/2022	WSC & Seals Summer LC Champs 20
75	1:06.59 L	F	Mieke Leonard	16	MSC NGD	10/02/2023	MP SA SCHOOLS TRIALS AG 5 10-11
76	1:06.62 L	F	Danielle Webster	16	RFA TSH	06/01/2023	2023 Grand Prix Invitation Swimming I
77	1:06.67 L	F	Lauren Bates	16	SEAL UMD	25/11/2022	WSC & Seals Summer LC Champs 20
78	1:06.74 L	F	Elné Haynes	16	SS MPD	12/11/2022	Limpopo Age Group 5
79	1:06.85 L	F	Jessica Apsey	16	ACSA ETH	25/11/2022	WSC & Seals Summer LC Champs 20
80	1:06.86 L	P	Miette Van Huyssteen	16	CUHE OBD	31/03/2023	SA Level 3 Regional Age Group Chan
81	1:06.88 L	F	Anke' Prinsloo	16	WELA LLD	22/10/2022	Otters Prestige Gala 2022
82	1:06.91 L	F	Maya Laubscher	16	GSA CPT	04/02/2023	CTA BRIAN BUTTON Qualifying Meet
83	1:06.94 L	F	Danel Da Veiga	16	FLOD JHB	01/12/2022	CGA LC Summer Championships Lev
84*	1:06.98 L	F	Lune Van Den Berg	16	QSAW CED	13/11/2022	Winelands Summer League 4
84*	1:06.98 L	P	Ashley Coetzee	16	FSS FS	21/04/2023	SA Schools Swimming Championship
86	1:07.04 L	F	Emma Lacey	16	INFA NMA	16/07/2022	1st A League Gala 2022 NMA
87	1:07.10 L	F	Erin Langenhoven	16	AACTA CPT	07/10/2022	41st Freda Barnard Invitational Gala
88	1:07.16 L	F	Hannah Parry	16	MGSC UGD	31/03/2023	SA Level 3 Regional Age Group Chan
89	1:07.17 L	F	Clio Smidt	16	MARL CPT	24/09/2022	CTA Qualifying Meet #5
90	1:07.35 L	F	Mari Nortje	JR	BLOT MAN	06/12/2022	Free State Champs 2022
91	1:07.44 L	P	Leah Durig	16	WATR JHB	01/12/2022	CGA LC Summer Championships Lev
92	1:07.48 L	F	Danika Vyncke	16	VRY ZLD	03/03/2023	KZN Qualifying Gala
93	1:07.52 L	P	Ella Bouw	16	PER JHB	31/03/2023	SA Level 3 Regional Age Group Chan
94	1:07.53 L	F	Abigail Olivier	16	ACAQ CCD	02/12/2022	Limpopo Champs
95	1:07.58 L	F	Nina Matthysen	16	SSISA CPT	15/10/2022	CTA Qualifying Meet #6
96	1:07.61 L	P	Gabriella Mitchell	16	CRSC JHB	31/03/2023	SA Level 3 Regional Age Group Chan
97	1:07.65 L	F	Elani Neethling	16	ELRAS WBD	02/12/2022	Limpopo Champs
98*	1:07.75 L	F	Isabella Groenewald	16	QSAW CED	13/11/2022	Winelands Summer League 4
98*	1:07.75 L	P	Isabel Skinner	16	TUKS TSH	31/03/2023	SA Level 3 Regional Age Group Chan
100	1:07.78 L	F	Linique Rowles	16	HREF BPD	07/12/2022	NWS Championships 2022/2023
101	1:07.87 L	P	Andrea Germs	16	WATR JHB	31/03/2023	SA Level 3 Regional Age Group Chan
102	1:07.92 L	F	Simphiwe Zulu	16	BAS EKU	20/01/2023	EGA Last Chance Galal
103	1:07.94 L	P	Rachel Murray	16	HARL BUF	31/03/2023	SA Level 3 Regional Age Group Chan
104	1:08.01 L	P	Marlouise Keet	16	DDA TSH	02/03/2023	SA Level 2 Regional Age Group Cham
105	1:08.04 L	P	Jorja Lindstrom	16	HARL BUF	25/06/2022	PEA Winter Gala 2022
106	1:08.16 L	F	Izaan Scheepers	16	VRY ZLD	10/12/2022	KCDA December Age Goup Gala 2022
107	1:08.19 L	P	Roxanne Lothian	16	AFIN JHB	01/12/2022	CGA LC Summer Championships Lev
108	1:08.20 L	P	Skye Micklethwaite	16	SSISA CPT	09/12/2022	Western Cape LC-A Championship 20
109	1:08.27 L	F	Danel Rossouw	16	TYGE CPT	24/09/2022	CTA Qualifying Meet #5
110	1:08.73 L	P	Kiera Cloete	16	SASE JHB	01/12/2022	CGA LC Summer Championships Lev
111	1:08.76 L	P	Caitlyn Fish	16	PER JHB	31/03/2023	SA Level 3 Regional Age Group Chan
112*	1:09.05 L	F	Lana Wasserman	ER	BLOT MAN	17/02/2023	Neptune Last Chance Gala
112*	1:09.05 L	P	Anke Van der Poel	16	BULS MAN	29/09/2022	MA Grand Prix
114	1:09.08 L	P	Justine Crator	16	SWIFT EKU	08/12/2022	EGA Summer Champs 2022
115	1:09.23 L	F	Cara Smook	AR	BLOT MAN	06/12/2022	Free State Champs 2022
116	1:09.30 L	P	Sophia Wium	16	QSAW CED	31/03/2023	SA Level 3 Regional Age Group Chan
117	1:09.31 L	P	Tasnim Nabbie	16	ACSA ETH	16/12/2022	KZNA Premier Provincial Championshi
118	1:09.42 L	F	Jaime Diamond	16	OLDE JHB	25/02/2023	CGA Level 3+ Last Chance gala
119	1:09.56 L	F	Jessica Burwood	16	AZON ETH	25/11/2022	WSC & Seals Summer LC Champs 20
120	1:09.73 L	P	Chante Joubert	16	CRSC JHB	31/03/2023	SA Level 3 Regional Age Group Chan
121	1:10.01 L	P	Amy Kruger	16	MDOL EKU	02/03/2023	SA Level 2 Regional Age Group Cham
122	1:10.04 L	P	Anmari Greeff	16	HFM WBD	02/03/2023	SA Level 2 Regional Age Group Cham
123	x1:10.13 L	F	Juliette Pascoe	16	TUKS TSH	02/12/2022	2022 The Tshwane Mayoral Gala

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
124	1:10.23	L	F	Bailey Hughes	16	KLOO	ETH 31/03/2023 SA Level 3 Regional Age Group Chan
125	1:10.24	L	F	Kieta Jack	16	CYBE	CPT 21/01/2023 CTA Qualifying Meet #7
126	1:10.26	L	F	Angel Geel	16	WES	KK 10/02/2023 NW School Championships 2023
127	1:10.37	L	F	Ella Williams	16	PGH	KKD 10/02/2023 NW School Championships 2023
128	1:10.45	L	F	Amber Botha	16	ONYX	EKU 20/01/2023 EGA Last Chance Galal
129	1:10.50	L	P	Amy Beetge	16	LALE	CED 24/02/2023 Western Cape Elite Gala
130	1:10.73	L	P	Casey Joubert	16	PEAS	NMA 07/12/2022 NWS Championships 2022/2023
131	1:10.74	L	P	Annabelle Davel	16	MSC	NGD 02/12/2022 Mpumalanga Championships 2022
132	1:10.80	L	P	Annika Erasmus	16	AA	JHB 31/03/2023 SA Level 3 Regional Age Group Chan
133	1:10.81	L	P	Gute Geldenhuys	16	WATR	JHB 31/03/2023 SA Level 3 Regional Age Group Chan
134	1:10.85	L	F	Kendall Jackson	16	CA	EKU 02/03/2023 SA Level 2 Regional Age Group Cham
135	1:10.88	L	F	Estella Mann	16	RAV	EKU 17/02/2023 EGA Let's Race 2023
136	1:10.90	L	P	Jemma Stearns	16	AACTA	CPT 31/03/2023 SA Level 3 Regional Age Group Chan
137*	1:10.93	L	F	Talia Vd Berg	16	QSAW	CED 11/11/2022 Swartland Prestige Gala 2022
137*	1:10.93	L	F	Janica Stone	16	KALA	03/03/2023 SA Level 2 Regional Age Group Cham
139	1:10.94	L	F	Morgan Botha	16	CA	EKU 11/06/2022 EGA Winter 1 2022
140	1:10.99	L	F	Jessica Bott	16	SOUL	EKU 20/01/2023 EGA Last Chance Galal
141	1:11.16	L	F	Erin De Montille	16	PGAC	EKU 20/01/2023 EGA Last Chance Galal
142	1:11.19	L	F	Annika Serfontein	16	VALS	FDD 03/03/2023 SA Level 2 Regional Age Group Cham
143	1:11.32	L	P	Sarah Banyard	16	TUKS	FSH 31/03/2023 SA Level 3 Regional Age Group Chan
144	1:11.36	L	P	Ameline Ricketts	16	CUDU	CPT 25/06/2022 PEA Winter Gala 2022
145	1:11.37	L	P	Abigaile Pretorius	16	SOUL	EKU 31/03/2023 SA Level 3 Regional Age Group Chan
146	1:11.38	L	P	Amyleigh Tolmay	16	AFIN	JHB 02/03/2023 SA Level 2 Regional Age Group Cham
147	1:11.41	L	F	Aqeelah Rinqest	16	MARL	CPT 11/02/2023 WCA-B Champs - 2023
148	1:11.53	L	F	Aine Van Eeden	16	PEAS	NMA 13/08/2022 Madibaz Swim Meet
149	1:11.59	L	F	Mila Kriek	16	QSAW	CED 13/11/2022 Winelands Summer League 4
150	1:11.83	L	F	Taylor Henegan	16	RAV	EKU 11/06/2022 EGA Winter 1 2022
151*	1:11.87	L	F	Tamica Visser	16	HREF	BPD 07/12/2022 NWS Championships 2022/2023
151*	1:11.87	L	F	Savannah Nicol	16	BEAV	ETH 17/03/2023 SA Level 2 Regional Age Group Cham
153	1:12.04	L	F	Dhiya Pillay	16	ACSA	ETH 02/12/2022 EDA AG Gala December 2022
154	1:12.08	L	F	Kye-Ann Fowler	16	UNI	EZD 04/11/2022 MP AGE GROUP 3 GALA 4-5 NOVEM
155	1:12.26	L	F	Mariska Malan	16	BLNE	MAN 29/10/2022 Neptune Gala
156	1:12.34	L	P	Alexandra Cunningham	16	AZON	ETH 17/03/2023 SA Level 2 Regional Age Group Cham
157	1:12.59	L	P	Gemma Haupt	16	ASAC	CPT 31/03/2023 SA Level 3 Regional Age Group Chan
158	1:12.73	L	F	Morgan-Hanna Russell	16	AACTA	CPT 04/02/2023 CTA BRIAN BUTTON Qualifying Meet
159	1:12.79	L	F	Sarah Byrne	16	LAD	UTD 03/12/2022 Uthukela District Age Group Gala 3 De
160	1:12.90	L	F	Jordyn Neville	16	PSCP	UMD 25/11/2022 WSC & Seals Summer LC Champs 20
161	1:13.01	L	F	Amy Van Der Merwe	16	SEAL	UMD 17/03/2023 SA Level 2 Regional Age Group Cham
162	x1:13.21	L	P	Aliyyah Rangraze	16	ATLA	JHB 02/03/2023 SA Level 2 Regional Age Group Cham
163	1:13.27	L	F	Leoné Van Schalkwyk	16	PHS	CCD 08/09/2022 Limpopo Interhoer (Capricorn Distrik)
164	1:13.29	L	F	Kelly Jackson	16	BLSS	MAN 04/02/2023 Heidedal Kovsie Gala
165	1:13.33	L	F	Dakota Wyngaard	16	QUIC	CPT 11/02/2023 WCA-B Champs - 2023
166	1:13.52	L	F	Abigail Hains	16	PGAC	EKU 02/03/2023 SA Level 2 Regional Age Group Cham
167*	1:13.84	L	P	Iman Ismail	16	ATLA	JHB 02/03/2023 SA Level 2 Regional Age Group Cham
167*	1:13.84	L	F	Heidri de Jager	16	RHS	BPD 10/02/2023 NW School Championships 2023
169	1:13.85	L	P	Leigh-Ann Mitchley	16	BEAV	ETH 17/03/2023 SA Level 2 Regional Age Group Cham
170	1:13.92	L	F	Kayleen van Reenen	16	AFIN	JHB 27/01/2023 NTS Janaury Lev 1+2 Age Group Gale
171	1:13.97	L	F	Tamryn Olsen	16	VINE	CPT 04/11/2022 CTA A CHAMPS 2022
172	1:14.02	L	F	Emma Banda	16	ATTE	FSH 02/10/2022 2022 AG Swim Stars 14&Over
173	1:14.42	L	F	Leané van Eeden	16	GHSK	03/03/2023 SA Level 2 Regional Age Group Cham
174	1:14.57	L	P	Wilma Strauss	16	UPSK	03/03/2023 SA Level 2 Regional Age Group Cham
175	1:14.60	L	F	Tara Dixon	16	AACTA	CPT 07/10/2022 41st Freda Barnard Invitational Gala
176	1:14.72	L	P	Zia Mahomed	16	ACSA	ETH 17/03/2023 SA Level 2 Regional Age Group Cham
177	1:14.75	L	F	Bianca Du Plessis	16	AQU	ADJ 24/09/2022 Amajuba District Age Group Gala 3
178	1:14.95	L	F	Joelle Buys	16	MARL	CPT 04/11/2022 CTA A CHAMPS 2022
179	1:14.97	L	F	Channah Van Coller	16	FISH	EDD 07/10/2022 41st Freda Barnard Invitational Gala
180	1:15.06	L	P	Anje Stapelberg	16	UNI	EZD 02/12/2022 Mpumalanga Championships 2022
181	1:15.17	L	F	Luané Scheepers	16	POTC	KKD 07/12/2022 NWS Championships 2022/2023
182	1:15.18	L	P	Bianca Ribeiro	16	SSISA	CPT 31/03/2023 SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
183	1:15.19	L	P	Phillippa Formo	16	CRSC JHB	02/03/2023 SA Level 2 Regional Age Group Cham
184	1:15.27	L	P	Melisca Everson	16	AQU ADJ	31/03/2023 SA Level 3 Regional Age Group Cham
185	1:15.39	L	F	Minette Brits	16	BLSS MAN	03/03/2023 SA Level 2 Regional Age Group Cham
186	1:15.53	L	P	Megan Fermoye	16	SASE JHB	02/03/2023 SA Level 2 Regional Age Group Cham
187	1:15.54	L	F	Carlia Nel	16	HPP BUF	04/02/2023 Limpopo School Champs
188	1:15.61	L	P	Emma-Kate van Niekerk	16	CRSC JHB	02/03/2023 SA Level 2 Regional Age Group Cham
189	1:15.88	L	F	Aimy Engelbrecht	16	RFA TSH	02/12/2022 2022 The Tshwane Mayoral Gala
190	1:15.95	L	F	Emma Imrie	16	HSTAN MPD	15/10/2022 Limpopo Top 10 - High Schools
191	1:15.96	L	F	Isi Mshudulu	16	FLOD JHB	02/10/2022 2022 AG Swim Stars 14&Over
192	1:16.34	L	F	Isabella Horwood	16	PEAS NMA	19/11/2022 5th A League Gala
193	1:16.53	L	F	Kiara Netherlands	16	AACTA CPT	03/09/2022 CTA Qualifying Meet #4
194	1:16.57	L	F	Erin De Beer	16	VINE CPT	04/11/2022 CTA A CHAMPS 2022
195	1:16.89	L	F	Tamika Wolfe	16	ASA HLD	25/11/2022 WSC & Seals Summer LC Champs 20
196	1:17.03	L	F	Lara Schilz	16	TUKS TSH	27/01/2023 NTS Janaury Lev 1+2 Age Group Gala
197	1:17.06	L	F	Leandri vd Walt	16	BERG BP	10/02/2023 NW School Championships 2023
198	1:17.20	L	P	Jenna Bidgood	16	AFIN JHB	01/12/2022 CGA LC Summer Championships Lev
199	1:17.64	L	F	Caitlynn Foster	16	RPAC EKU	02/03/2023 SA Level 2 Regional Age Group Cham
200	1:17.71	L	F	Poshika Ramsamy	16	RSA	25/02/2023 Eastern Cape Schools Swimming Trial
201	1:17.72	L	F	Leila Pollicutte	16	FISH EDD	07/10/2022 41st Freda Barnard Invitational Gala
202	x1:17.81	L	P	Kayla Botha	16	BLSS MAN	03/03/2023 SA Level 2 Regional Age Group Cham
203	1:17.86	L	F	Mamudo Fernandes	16	UNI EZD	17/09/2022 MP SPRINT GALA 17 SEPTEMBER 2
204	1:19.45	L	F	Roxanne Coetzee	16	PGAC EKU	17/02/2023 EGA Let's Race 2023
205	1:20.32	L	F	Cailynn Foster	16	XSAQ CPT	29/10/2022 OR TAMBO Soncini 2022
206	1:20.49	L	F	Fay-Lee Nel	16	SSISA CPT	03/09/2022 CTA Qualifying Meet #4
207	1:21.31	L	F	Kiara Davids	16	MARL CPT	07/10/2022 41st Freda Barnard Invitational Gala
208	1:21.44	L	F	Micaela Wilmot	16	PEAS NMA	10/02/2023 Infinity Gala 2023
209	1:21.50	L	P	Shea Roach	16	SWIFT EKU	08/12/2022 EGA Summer Champs 2022
210	1:22.62	L	P	Mckayla-Leigh Brits	16	RFA TSH	02/03/2023 SA Level 2 Regional Age Group Cham
211	1:23.14	L	F	Phoebe Saxton	16	HPHS BUF	25/02/2023 Eastern Cape Schools Swimming Trial
212	1:23.78	L	F	Chelsea Lavita	16	MANT CPT	18/02/2023 Swartland Invitational Gala 2023
213	1:25.19	L	F	Taniith Ward	16	SSISA CPT	04/11/2022 CTA A CHAMPS 2022
214	1:25.21	L	F	Chloe Jansen	16	AFIN JHB	02/10/2022 2022 AG Swim Stars 14&Over
215	1:25.45	L	F	Ewa Kopieniak	16	AQU ADJ	24/09/2022 Amajuba District Age Group Gala 3
216	1:26.21	L	F	Carla Van Deventer	16	HE WBD	15/10/2022 Limpopo Top 10 - High Schools
217	1:28.93	L	F	Tabitha Dippenaar	16	HBV MPD	15/10/2022 Limpopo Top 10 - High Schools
218	1:29.97	L	F	Jade Williams	16	PGH KKD	10/02/2023 NW School Championships 2023
219	1:31.91	L	F	Nqabayethu Shongwe	16	ZASC TSH	02/12/2022 2022 The Tshwane Mayoral Gala
220	1:32.74	L	P	Tania Marais	16	RBUR BPD	07/12/2022 NWS Championships 2022/2023
221	1:33.44	L	F	Kananelo Senokoane	16	SOWE JHB	02/10/2022 2022 AG Swim Stars 14&Over
222	1:35.20	L	F	Lane Esterhuizen	16	UPSK	03/02/2023 NCASA SPRINTS - 3 & 4 FEBRUARY
223	1:36.52	L	F	Christen Coetzee	16	HFDT MPD	15/10/2022 Limpopo Top 10 - High Schools
224	1:39.93	L	F	Kayla Vd Horst	16	HPP BUF	15/10/2022 Limpopo Top 10 - High Schools
225	2:03.37	L	F	Nosipho Mathebula	16	ESS EZD	04/11/2022 MP AGE GROUP 3 GALA 4-5 NOVEM
226	2:05.84	L	F	Mariam Sululu	16	RETR CPT	11/11/2022 Swartland Prestige Gala 2022
227	2:06.27	L	F	Tshepang Tlhakola	16	CURHK CCD	08/09/2022 Limpopo Interhoer (Capricorn Distrik)
228	3:04.05	L	F	Yolandi Germeshuysen	16	ESS EZD	10/02/2023 MP SA SCHOOLS TRIALS AG 5 10-11
Women 200 Free							
1	2:07.22	L	P	Alexia McCabe	16	WATR JHB	21/03/2023 SA National Junior Age Group Champs
2	2:07.28	L	F	Milla Drakopoulos	16	SEAL UMD	21/03/2023 SA National Junior Age Group Champs
3	2:09.32	L	F	Jessica Baker	16	WATR JHB	21/03/2023 SA National Junior Age Group Champs
4	2:09.58	L	F	Megan Stewart	16	AZON ETH	21/03/2023 SA National Junior Age Group Champs
5	2:09.84	L	F	Zoe Griffiths	16	TUKS TSH	21/03/2023 SA National Junior Age Group Champs
6	2:10.24	L	F	Sofia French	16	TUKS TSH	21/03/2023 SA National Junior Age Group Champs
7	2:10.49	L	P	Tannah Lindsay	16	BAS EKU	21/03/2023 SA National Junior Age Group Champs
8	2:11.07	L	F	Genna Cloete	16	PSC TSH	21/03/2023 SA National Junior Age Group Champs
9	2:11.70	L	F	Monica Botha	16	BEAV ETH	21/03/2023 SA National Junior Age Group Champs
10	2:11.85	L	F	Xandri Fourie	16	TRAZ TSH	21/03/2023 SA National Junior Age Group Champ
11	2:13.04	L	F	Megan Matthews	16	SEAL UMD	16/12/2022 KZNA Premier Provincial Championshi
12	2:13.91	L	P	Cara Knoblauch	16	AZON ETH	21/03/2023 SA National Junior Age Group Champs

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
13	2:14.34	L	P	Caitlin Herbst	16	MDOL	EKU 21/03/2023 SA National Junior Age Group Champs
14	2:14.46	L	P	Cleo Lin	16	AGB	JHB 12/04/2023 SA National Aquatic SNR-Champ 202
15	2:14.48	L	P	Jemma Van Wyk	16	TUKS	TSH 21/03/2023 SA National Junior Age Group Champs
16	2:14.85	L	F	Emily Martens	16	SEAL	UMD 16/12/2022 KZNA Premier Provincial Championship
17	2:15.11	L	F	Bailey Forrest	16	ACSA	ETH 01/07/2022 Prestige Tournament 2022
18	2:16.28	L	P	Kaylee Wiggill	16	RAV	EKU 03/03/2023 2023 Grand Prix 2 Invitational Meet - K
19	2:16.33	L	F	Caelyn White	16	GAUT	21/04/2023 SA Schools Swimming Championship
20	2:16.53	L	P	Alexia Greyling	16	CA	EKU 21/03/2023 SA National Junior Age Group Champs
21	2:16.55	L	F	Kendra Venter	16	INFA	NMA 09/12/2022 NMBA Championships 2022
22	2:16.85	L	P	Jady Theron	16	ASAW	GED 09/12/2022 Western Cape LC-A Championship 20
23	2:17.78	L	P	Gabriela Mladenov	16	AA	JHB 21/03/2023 SA National Junior Age Group Champ
24	2:17.83	L	P	Chelsea White	16	AGB	JHB 12/04/2023 SA National Aquatic SNR-Champ 202
25	2:17.98	L	P	Mila Prinsloo	16	ASAW	GED 21/03/2023 SA National Junior Age Group Champs
26	2:18.82	L	F	Jenna Smit	16	BLMA	CPT 25/06/2022 PEA Winter Gala 2022
27	2:18.89	L	P	Retha De Roubaix	16	LALE	GED 21/03/2023 SA National Junior Age Group Champs
28	2:19.17	L	F	Kiara Croft	16	PEAS	NMA 25/06/2022 PEA Winter Gala 2022
29	2:19.37	L	F	Kairah George	16	TUKS	TSH 28/10/2022 NTS October SARJ+ Age Group Gala
30	2:19.70	L S	P	Robyn Cowley	16	TUKS	TSH 09/12/2022 NTS Championships 2022
31	2:20.00	L	P	Leigh-Ann Van der Vyver	16	CRSC	JHB 21/03/2023 SA National Junior Age Group Champs
32	2:20.15	L	F	Jenna Ellse	16	ASA	ILD 25/11/2022 WSC & Seals Summer LC Champs 20
33	2:20.17	L	P	Madison Alberts	16	SGUL	ETH 16/12/2022 KZNA Premier Provincial Championship
34	2:20.51	L	P	Indiana De Villers	16	SEAL	UMD 16/12/2022 KZNA Premier Provincial Championship
35	2:20.56	L	P	Tayla Bruce	16	BEAV	ETH 03/03/2023 2023 Grand Prix 2 Invitational Meet - K
36	2:20.99	L	F	Raine Botes	16	TUKS	TSH 31/03/2023 SA Level 3 Regional Age Group Chan
37	2:21.22	L	F	Kaeli-Peace Armour	AR	BLOT	MAN 06/12/2022 Free State Champs 2022
38	2:21.38	L	F	Christine Jackson	16	GAUT	21/04/2023 SA Schools Swimming Championship
39	2:21.61	L	F	Lica Van Niekerk	16	QSAW	GED 07/10/2022 41st Freda Barnard Invitational Gala
40	2:21.87	L	F	Jo-Ell Viljoen	16	ASAW	GED 13/11/2022 Winelands Summer League 4
41	2:22.07	L	F	Chloe Steyn	16	BEST	NMA 22/10/2022 4th A League Gala
42	2:22.33	L	P	Jenna Shaw	16	SEAL	UMD 01/07/2022 Prestige Tournament 2022
43	2:22.36	L	F	Kiyara Campbell	16	USC	BUF 02/12/2022 BCA Long Course Championships 202
44	2:22.40	L	P	Jacoba Muggenburg	16	ASAW	GED 31/03/2023 SA Level 3 Regional Age Group Chan
45	2:22.46	L	F	Khwezi Jacobs	16	PEAS	NMA 22/10/2022 4th A League Gala
46	2:22.72	L	P	Isabella Mc Colgan	16	TUKS	TSH 21/03/2023 SA National Junior Age Group Champs
47	2:22.88	L	F	Xandri Palmer	16	POTC	KKD 03/10/2022 Sasolburg Swim Club Invitational Gala
48	2:22.94	L	P	Ashley Ferguson	16	SEAL	UMD 31/03/2023 SA Level 3 Regional Age Group Chan
49	2:23.12	L	F	Erin Langenhoven	16	AACTA	CPT 07/10/2022 41st Freda Barnard Invitational Gala
50	2:23.19	L	T	Sarah Mc Laren	16	SGUL	ETH 03/03/2023 KZN Qualifying Gala
51	2:23.33	L	F	Amber Warr	16	SEAL	UMD 25/11/2022 WSC & Seals Summer LC Champs 20
52*	2:23.46	L	F	Chignet Davel	16	PHS	CCD 04/02/2023 Limpopo School Champs
52*	2:23.46	L	F	Skyla Havenga	16	CLSC	WCD 31/03/2023 SA Level 3 Regional Age Group Chan
54	2:23.94	L	F	Anika Hugo	16	PAQU	GED 07/10/2022 41st Freda Barnard Invitational Gala
55	2:24.14	L	F	Gabriella Mitchell	16	CRSC	JHB 31/03/2023 SA Level 3 Regional Age Group Chan
56	2:24.41	L	F	Casey Roos	16	ELEC	TSH 31/03/2023 SA Level 3 Regional Age Group Chan
57	2:24.74	L	F	Anke' Prinsloo	16	WELA	LLD 31/03/2023 SA Level 3 Regional Age Group Chan
58	2:25.07	L	F	Anri Wenhold	16	ETTN	EKU 31/03/2023 SA Level 3 Regional Age Group Chan
59	2:25.35	L	F	Soleil Greyling	16	ASAW	GED 20/08/2022 Winelands SL 1
60	2:25.43	L	P	Yzabela Aromin	16	KZNA	ETH 21/04/2023 SA Schools Swimming Championship
61	2:25.69	L	P	Aurora Ryser	16	TYGE	CPT 31/03/2023 SA Level 3 Regional Age Group Chan
62	2:25.71	L	F	Carli Vorster	16	SWAR	WCD 09/12/2022 Western Cape LC-A Championship 20
63	2:25.82	L	F	Francisca Van Rooyen	AR	BLOT	MAN 22/10/2022 Otters Prestige Gala 2022
64	2:26.15	L	F	Chanel Du Plessis	16	VINE	CPT 15/10/2022 CTA Qualifying Meet #6
65	2:26.18	L	F	Madison Scorgie	16	AA	JHB 03/02/2023 NTS January Lev 3+ Age Group Gala :
66	2:26.37	L	F	Clio Smidt	16	MARL	CPT 28/01/2023 Winelands SL Final
67	2:26.38	L	P	Tasnim Nabbie	16	ACSA	ETH 16/12/2022 KZNA Premier Provincial Championship
68	2:26.69	L	P	Sophie Vickers	16	SSISA	CPT 21/03/2023 SA National Junior Age Group Champs
69	2:26.75	L	F	Janeske Vd Walt	16	RBUR	BPD 07/12/2022 NWS Championships 2022/2023
70	2:26.77	L	F	Gute Geldenhuys	16	WATR	JHB 01/12/2022 CGA LC Summer Championships Lev
71	2:27.15	L	F	Hannah Parry	16	MGSC	UGD 31/03/2023 SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
72	2:27.17	L	P	Emily Beatt	16	PEAS NMA	31/03/2023	SA Level 3 Regional Age Group Chan
73	2:27.31	L	F	Kaylin Oelschig	16	BLNE MAN	31/03/2023	SA Level 3 Regional Age Group Chan
74	2:27.45	L	P	Danel Da Veiga	16	FLOD JHB	01/12/2022	CGA LC Summer Championships Lev
75	2:27.53	L	F	Amber Ogden	16	PEAS NMA	31/03/2023	SA Level 3 Regional Age Group Chan
76	2:28.12	L	P	Skye Micklethwaite	16	SSISA CPT	24/02/2023	Western Cape Elite Gala
77	2:28.24	L	F	Mieke Leonard	16	MSC NGD	04/11/2022	MP AGE GROUP 3 GALA 4-5 NOVEM
78	2:28.33	L	P	Jessica Burwood	16	AZON ETH	01/07/2022	Prestige Tournament 2022
79	2:28.45	L	F	Alne Van Eeden	16	PEAS NMA	13/08/2022	Madibaz Swim Meet
80	2:28.54	L	F	Susanna du Preez	16	NWUC KKD	07/12/2022	NWS Championships 2022/2023
81*	2:28.61	L	P	Chante Joubert	16	CRSC JHB	31/03/2023	SA Level 3 Regional Age Group Chan
81*	2:28.61	L	F	Abigail Olivier	16	ACAQ CCD	02/12/2022	Limpopo Champs
83	2:28.82	L	P	Christine Bester	16	ASAW CED	09/12/2022	Western Cape LC-A Championship 20
84	2:28.86	L	P	Madison Goliath	16	ECA BUF	21/04/2023	SA Schools Swimming Championship
85	2:29.37	L	F	Kieta Jack	16	CYBE CPT	21/01/2023	CTA Qualifying Meet #7
86	2:29.56	L	P	Rebekah Olivier	16	SEAL UMD	31/03/2023	SA Level 3 Regional Age Group Chan
87	2:29.79	L	F	Elné Haynes	16	SS MPD	02/12/2022	Limpopo Champs
88	2:30.00	L	F	Kayla Vorster	16	BLNE MAN	05/11/2022	Seals Heidedal Gala
89	2:30.11	L	P	Kiera Cloete	16	SASE JHB	21/03/2023	SA National Junior Age Group Champ
90	2:30.28	L	F	Annik Battheu	16	TUKS FSH	28/10/2022	NTS October SARJ+ Age Group Gala
91	2:30.29	L	F	Leah Durig	16	WATR JHB	01/12/2022	CGA LC Summer Championships Lev
92	2:30.45	L	F	Jenna Broderick	16	DORE JHB	25/02/2023	CGA Level 3+ Last Chance gala
93	2:30.62	L	P	Rachel Murray	16	HARL BUF	31/03/2023	SA Level 3 Regional Age Group Chan
94	2:30.82	L S	P	Danielle Webster	16	RFA FSH	09/12/2022	NTS Championships 2022
95	2:30.89	L	F	Casey Joubert	16	PEAS NMA	07/12/2022	NWS Championships 2022/2023
96	2:31.24	L	P	Jessica Bott	16	SOUL EKU	08/12/2022	EGA Summer Champs 2022
97	2:31.37	L	F	Roxanne Lothian	16	AFIN JHB	25/02/2023	CGA Level 3+ Last Chance gala
98	2:31.43	L	P	Andrea Germs	16	WATR JHB	31/03/2023	SA Level 3 Regional Age Group Chan
99	2:31.66	L	F	Annabelle Davel	16	MSC NGD	02/12/2022	Mpumalanga Championships 2022
100	2:31.91	L	P	Marlouise Keet	16	DDA FSH	02/03/2023	SA Level 2 Regional Age Group Cham
101	2:31.96	L	P	Dominique Rabie	16	ACSA ETH	01/07/2022	Prestige Tournament 2022
102	2:32.42	L	F	Lara Botha	16	ASAW CED	20/08/2022	Winelands SL 1
103	2:32.49	L	F	Annika Erasmus	16	AA JHB	01/12/2022	CGA LC Summer Championships Lev
104	2:32.86	L	F	Lune Van Den Berg	16	QSAW CED	28/01/2023	Winelands SL Final
105	2:33.24	L	F	Nadia Rossouw	16	TYGE CPT	24/09/2022	CTA Qualifying Meet #5
106	2:33.35	L	P	Leah Lachman	16	SEAL UMD	01/07/2022	Prestige Tournament 2022
107	x2:33.50	L	F	Juliette Pascoe	16	TUKS FSH	02/12/2022	2022 The Tshwane Mayoral Gala
108	2:33.53	L	P	Jorja Lindstrom	16	HARL BUF	25/06/2022	PEA Winter Gala 2022
109	2:33.64	L	F	Nina Matthysen	16	SSISA CPT	15/10/2022	CTA Qualifying Meet #6
110	2:33.88	L	P	Amyleigh Tolmay	16	AFIN JHB	02/03/2023	SA Level 2 Regional Age Group Cham
111	2:33.89	L	F	Linique Rowles	16	HREF BPD	07/12/2022	NWS Championships 2022/2023
112	2:34.43	L	F	Bailey Hughes	16	KLOO ETH	03/10/2022	Sasolburg Swim Club Invitational Gala
113	2:34.49	L	F	Blair Benson	16	AACTA CPT	31/03/2023	SA Level 3 Regional Age Group Chan
114	2:34.50	L	F	Janica Stone	16	KALA	28/10/2022	KALAHARI CLASSIC CLUB GALA
115	2:34.60	L	F	Maya Laubscher	16	GSA CPT	07/10/2022	41st Freda Barnard Invitational Gala
116	2:34.75	L	F	Danel Rossouw	16	TYGE CPT	24/09/2022	CTA Qualifying Meet #5
117	2:34.80	L	P	Abigaile Pretorius	16	SOUL EKU	31/03/2023	SA Level 3 Regional Age Group Chan
118	2:34.81	L	F	Jemma Stearns	16	AACTA CPT	31/03/2023	SA Level 3 Regional Age Group Chan
119	2:34.88	L	P	Caitlyn Fish	16	PER JHB	01/12/2022	CGA LC Summer Championships Lev
120	2:35.27	L	P	Jaime Diamond	16	OLDE JHB	31/03/2023	SA Level 3 Regional Age Group Chan
121	2:35.29	L	F	Amber Botha	16	ONYX EKU	02/03/2023	SA Level 2 Regional Age Group Cham
122	2:35.53	L	F	Mila Kriek	16	QSAW CED	15/10/2022	CTA Qualifying Meet #6
123	2:35.98	L	F	Mari Nortje	JR	BLOT MAN	22/10/2022	Otters Prestige Gala 2022
124	2:36.20	L S	P	Mikaela Landman	16	RFA FSH	09/12/2022	NTS Championships 2022
125	2:36.82	L	F	Tamica Visser	16	MCS BPD	10/02/2023	NW School Championships 2023
126	2:36.89	L	P	Miette Van Huyssteen	16	CUHE OBD	31/03/2023	SA Level 3 Regional Age Group Chan
127	2:37.04	L	F	Liebe Karsten	16	UPSK	03/02/2023	NCASA SPRINTS - 3 & 4 FEBRUARY
128	x2:37.17	L	P	Simphiwe Zulu	16	BAS EKU	16/12/2022	KZNA Premier Provincial Championsh
129	2:37.24	L	F	Isabel Skinner	16	TUKS FSH	28/10/2022	NTS October SARJ+ Age Group Gala
130	2:37.32	L	F	Lana Wasserman	ER	BLOT MAN	06/12/2022	Free State Champs 2022

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
131	2:37.35	L	F	Mariska Malan	16	BLNE MAN	17/02/2023	Neptune Last Chance Gala
132	2:37.55	L	F	Ameline Ricketts	16	CUDU CPT	15/10/2022	CTA Qualifying Meet #6
133	2:37.75	L	F	Aqeelah Rinquest	16	MARL CPT	18/02/2023	Swartland Invitational Gala 2023
134	2:37.86	L	F	Phillippa Formo	16	CRSC JHB	02/03/2023	SA Level 2 Regional Age Group Cham
135	2:38.08	L	F	Morgan Botha	16	CA EKU	23/09/2022	EGA Summer 1 2022
136	2:38.58	L	F	Abigail Hains	16	PGAC EKU	02/03/2023	SA Level 2 Regional Age Group Cham
137	2:38.81	L	F	Jordyn Neville	16	PSCP UMD	17/03/2023	SA Level 2 Regional Age Group Cham
138	2:39.38	L	F	Danika Vyncke	16	VRY ZLD	21/01/2023	KCDA January Age Group Gala 2023
139	2:39.56	L	F	Leah Stewart	16	PSCP UMD	25/11/2022	WSC & Seals Summer LC Champs 20
140	2:39.87	L	F	Nicola Herbst	16	PEAS NMA	10/02/2023	Infinity Gala 2023
141	2:40.16	L	F	Tara Dixon	16	AACTA CPT	07/10/2022	41st Freda Barnard Invitational Gala
142	2:40.21	L	P	Justine Crator	16	SWIFT EKU	08/12/2022	EGA Summer Champs 2022
143	2:40.35	L	F	Anmari Greeff	16	HFM WBD	04/02/2023	Limpopo School Champs
144	2:40.40	L	F	Gemma Haupt	16	ASAC CPT	11/02/2023	WCA-B Champs - 2023
145	2:40.60	L	F	Rebekah Fleischer	16	WSTV ETH	28/01/2023	EDA January Gala 2023
146	2:41.08	L	F	Amy Beetge	16	LALE CED	28/01/2023	Winelands SL Final
147	2:41.15	L	P	Erin De Montille	16	PGAC EKU	08/12/2022	EGA Summer Champs 2022
148	2:41.67	L	F	Morgan-Hanna Russell	16	AACTA CPT	04/02/2023	CTA BRIAN BUTTON Qualifying Meet
149	2:41.69	L	F	Lauren Bates	16	SEAL UMD	03/03/2023	KZN Qualifying Gala
150	2:41.95	L	F	Dhiya Pillay	16	ACSA ETH	17/03/2023	SA Level 2 Regional Age Group Cham
151	2:42.34	L	F	Savannah Nicol	16	BEAV ETH	17/03/2023	SA Level 2 Regional Age Group Cham
152	2:42.70	L	F	Dakota Wyngaard	16	QUIC CPT	07/10/2022	41st Freda Barnard Invitational Gala
153	2:42.72	L	F	Georgina Francis	16	PSCP UMD	25/11/2022	WSC & Seals Summer LC Champs 20
154	2:42.87	L	F	Cara Smook	AR	BLOT MAN	22/10/2022	Otters Prestige Gala 2022
155	2:43.64	L	F	Talia Vd Berg	16	QSAW CED	03/03/2023	SA Level 2 Regional Age Group Cham
156	2:43.68	L	F	Kelly Jackson	16	BLSS MAN	05/11/2022	Seals Heidedal Gala
157	2:43.79	L	F	Sarah Banyard	16	TUKS TSH	21/10/2022	NTS October Lev 3 Age Group Gala 21
158	2:43.81	L	F	Bianca Du Plessis	16	AQU ADJ	24/09/2022	Amajuba District Age Group Gala 3
159	2:44.20	L	P	Angel Geel	16	NWSCH	21/04/2023	SA Schools Swimming Championship
160	2:44.76	L	F	Taylor Henegan	16	RAV EKU	20/01/2023	EGA Last Chance Galal
161	2:45.44	L	F	Luané Scheepers	16	POTC KKD	07/12/2022	NWS Championships 2022/2023
162	2:45.53	L	F	Izaan Scheepers	16	VRY ZLD	28/01/2023	Ushaka Champs 2023
163	2:45.81	L	F	Aimy Engelbrecht	16	RFA TSH	02/12/2022	2022 The Tshwane Mayoral Gala
164	2:46.12	L	F	Channah Van Coller	16	FISH EDD	18/02/2023	EDEN 5th A-League Gala 2023
165	2:46.44	L	P	Amy Kruger	16	MDOL EKU	02/03/2023	SA Level 2 Regional Age Group Cham
166	2:46.72	L	F	Kye-Ann Fowler	16	UNI EZD	04/11/2022	MP AGE GROUP 3 GALA 4-5 NOVEM
167	2:47.09	L	F	Sarah Byrne	16	LAD UTD	17/03/2023	SA Level 2 Regional Age Group Cham
168	2:47.19	L	F	Kayleen van Reenen	16	AFIN JHB	27/01/2023	NTS Janaury Lev 1+2 Age Group Gala
169	2:48.19	L	F	Lara Luttig	16	QUIC CPT	21/01/2023	CTA Qualifying Meet #7
170	2:48.36	L	F	Kiara Netherlands	16	AACTA CPT	03/09/2022	CTA Qualifying Meet #4
171	2:48.39	L	P	Kendall Jackson	16	CA EKU	08/12/2022	EGA Summer Champs 2022
172	2:48.59	L	F	Zia Mahomed	16	ACSA ETH	17/03/2023	SA Level 2 Regional Age Group Cham
173	2:48.60	L	F	Heidri de Jager	16	RHS BPD	10/02/2023	NW School Championships 2023
174	2:49.60	L	F	Isabella Groenewald	16	QSAW CED	13/11/2022	Winelands Summer League 4
175	2:50.01	L	P	Melisca Everson	16	AQU ADJ	16/12/2022	KZNA Premier Provincial Championshi
176	2:50.38	L	F	Amy Van Der Merwe	16	SEAL UMD	25/11/2022	WSC & Seals Summer LC Champs 20
177	2:50.51	L	F	Isabella Horwood	16	PEAS NMA	19/11/2022	5th A League Gala
178	2:50.84	L	F	Carlia Nel	16	HPP BUF	04/02/2023	Limpopo School Champs
179	2:50.87	L	F	Anje Stapelberg	16	UNI EZD	02/12/2022	Mpumalanga Championships 2022
180	2:51.24	L	F	Minette Brits	16	BLSS MAN	03/03/2023	SA Level 2 Regional Age Group Cham
181	2:51.27	L	F	Leandri vd Walt	16	BERG BP	10/02/2023	NW School Championships 2023
182	2:51.43	L	F	Millah Smith	16	BLSS MAN	03/03/2023	SA Level 2 Regional Age Group Cham
183	2:51.49	L	F	Iman Ismail	16	ATLA JHB	02/10/2022	2022 AG Swim Stars 14&Over
184	2:52.85	L	F	Lisa Bester	16	WELL CED	18/02/2023	Swartland Invitational Gala 2023
185	2:53.06	L	P	Wilma Strauss	16	UPSK	03/03/2023	SA Level 2 Regional Age Group Cham
186	2:53.27	L	F	Leané van Eeden	16	GHSK	18/02/2023	AGE GROUP 6 KBY- 2023
187	2:53.30	L	F	Joelle Buys	16	MARL CPT	04/11/2022	CTA A CHAMPS 2022
188	2:53.46	L	F	Erin De Beer	16	VINE CPT	15/10/2022	CTA Qualifying Meet #6
189	2:53.84	L	F	Emma Banda	16	CA EKU	23/09/2022	EGA Summer 1 2022

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
190	2:54.96	L	F	Roxanne Coetzee	16	PGAC	EKU	17/02/2023	EGA Let's Race 2023
191	2:55.06	L	F	Juliette Brügers	16	VINE	CPT	24/09/2022	CTA Qualifying Meet #5
192	2:55.17	L	F	Sophia Wium	16	QSAW	CED	13/11/2022	Winelands Summer League 4
193	2:55.55	L	F	Elani Neethling	16	ELRAS	WBD	02/12/2022	Limpopo Champs
194	2:55.72	L	F	Lara Schilz	16	TUKS	TSH	27/01/2023	NTS Janaury Lev 1+2 Age Group Gala
195	2:55.75	L	F	Emma-Kate van Niekerk	16	AFIN	JHB	27/01/2023	NTS Janaury Lev 1+2 Age Group Gala
196	2:56.32	L	F	Kiara Davids	16	MARL	CPT	07/10/2022	41st Freda Barnard Invitational Gala
197	2:56.48	L	F	Bianca Ribeiro	16	SSISA	CPT	04/02/2023	CTA BRIAN BUTTON Qualifying Meet
198	2:56.53	L	P	Shea Roach	16	SWIFT	EKU	02/03/2023	SA Level 2 Regional Age Group Cham
199	2:56.61	L	F	Tamika Wolfe	16	ASA	ILD	25/11/2022	WSC & Seals Summer LC Champs 20
200	2:56.72	L	F	Ashley Loch	16	VRY	ZLD	19/11/2022	Froggies Aquatics Championships 202
201	2:56.98	L	F	Annika Serfontein	16	VALS	FDD	12/11/2022	Kroonstad Age Group
202	2:57.37	L	F	Tamryn Olsen	16	VINE	CPT	15/10/2022	CTA Qualifying Meet #6
203	2:57.60	L	P	Kayla Botha	16	BLSS	MAN	06/12/2022	Free State Champs 2022
204	2:57.68	L	F	Lauren Erasmus	16	VINE	CPT	15/10/2022	CTA Qualifying Meet #6
205	2:58.48	L	F	Poshika Ramsamy	16	BEST	NMA	10/02/2023	Infinity Gala 2023
206	3:00.98	L	F	Ewa Kopieniak	16	AQU	ADJ	24/09/2022	Amajuba District Age Group Gala 3
207	3:01.72	L	P	Mckayla-Leigh Brits	16	RFA	TSH	02/03/2023	SA Level 2 Regional Age Group Cham
208	3:05.23	L	F	Leila Pollicutte	16	FISH	EDD	05/11/2022	EDEN 3rd A-League Gala 2022
209	3:06.90	L	P	Cailynn Foster	16	RPAC	EKU	02/03/2023	SA Level 2 Regional Age Group Cham
210	3:07.03	L	F	Chelsea Lavita	16	MANT	CPT	18/02/2023	Swartland Invitational Gala 2023
211	3:10.15	L	F	Micaela Wilmot	16	PEAS	NMA	10/02/2023	Infinity Gala 2023
212	3:14.76	L	F	Fay-Lee Nel	16	SSISA	CPT	04/02/2023	CTA BRIAN BUTTON Qualifying Meet
213	3:17.90	L	F	Lara Steenkamp	16	KSC	EZD	24/02/2023	MP AGE GROUP 6 GALA
214	3:20.30	L	F	Alta Radley	SR	PSA	ZLD	28/01/2023	Ushaka Champs 2023
215	3:28.99	L	F	Lane Esterhuizen	16	UPSK		03/02/2023	NCASA SPRINTS - 3 & 4 FEBRUARY
216	3:35.23	L	F	Danè Van Zyl	16	BARR	CPT	15/10/2022	CTA Qualifying Meet #6
217	3:36.15	L	P	Tania Marais	16	RBUR	BPD	07/12/2022	NWS Championships 2022/2023
Women 400 Free									
1	4:26.99	L	F	Alexia McCabe	16	WATR	JHB	21/03/2023	SA National Junior Age Group Champs
2	4:29.91	L	F	Zoe Griffiths	16	TUKS	TSH	21/03/2023	SA National Junior Age Group Champs
3	4:33.13	L	F	Megan Stewart	16	AZON	ETH	21/03/2023	SA National Junior Age Group Champs
4	4:37.17	L	F	Sofia French	16	TUKS	TSH	21/03/2023	SA National Junior Age Group Champs
5	4:40.41	L	F	Caitlin Herbst	16	MDOL	EKU	20/07/2022	Irish Summer National Championships
6*	4:41.67	L	F	Bailey Forrest	16	ACSA	ETH	01/07/2022	Prestige Tournament 2022
6*	4:41.67	L	P	Emily Martens	16	SEAL	UMD	16/12/2022	KZNA Premier Provincial Championshi
8	4:42.37	L	F	Monica Botha	16	BEAV	ETH	21/03/2023	SA National Junior Age Group Champs
9	4:42.55	L	F	Megan Matthews	16	SEAL	UMD	21/03/2023	SA National Junior Age Group Champs
10	4:43.44	L	F	Tannah Lindsay	16	BAS	EKU	21/03/2023	SA National Junior Age Group Champs
11	4:46.49	L	P	Cara Knoblauch	16	AZON	ETH	16/12/2022	KZNA Premier Provincial Championshi
12	4:48.56	L	F	Kiara Croft	16	PEAS	NMA	21/03/2023	SA National Junior Age Group Champs
13	4:49.87	L	P	Kaeli-Peace Armour	AR	BLOT	MAN	16/12/2022	KZNA Premier Provincial Championshi
14	4:50.59	L	F	Tayla Bruce	16	BEAV	ETH	21/03/2023	SA National Junior Age Group Champs
15	4:50.83	L	F	Madison Alberts	16	SGUL	ETH	16/12/2022	KZNA Premier Provincial Championshi
16	4:52.72	L	F	Robyn Cowley	16	TUKS	TSH	16/12/2022	KZNA Premier Provincial Championshi
17	4:53.80	L	F	Leigh-Ann Van der Vyver	16	CRSC	JHB	21/03/2023	SA National Junior Age Group Champs
18	4:54.22	L	F	Jady Theron	16	ASAW	CED	09/12/2022	Western Cape LC-A Championship 20
19	4:54.35	L	P	Kaylee Wiggill	16	RAV	EKU	03/03/2023	2023 Grand Prix 2 Invitational Meet - K
20	4:54.40	L	F	Jo-Ell Viljoen	16	WCA	CPT	21/04/2023	SA Schools Swimming Championship
21	4:58.12	L	F	Jenna Smit	16	BLMA	CPT	04/11/2022	CTA A CHAMPS 2022
22	4:58.20	L	F	Caelyn White	16	ELEC	TSH	28/10/2022	NTS October SARJ+ Age Group Gala
23	4:58.40	L	F	Mila Prinsloo	16	ASAW	CED	09/12/2022	Western Cape LC-A Championship 20
24	4:59.17	L	F	Genna Cloete	16	PSC	TSH	03/02/2023	NTS January Lev 3+ Age Group Gala :
25	4:59.46	L	F	Ashley Ferguson	16	SEAL	UMD	01/07/2022	Prestige Tournament 2022
26	4:59.51	L	F	Jenna Shaw	16	SEAL	UMD	01/07/2022	Prestige Tournament 2022
27	4:59.58	L	F	Retha De Roubaix	16	LALE	CED	09/12/2022	Western Cape LC-A Championship 20
28	5:04.15	L	F	Tasnim Nabbie	16	ACSA	ETH	16/12/2022	KZNA Premier Provincial Championshi
29	5:04.66	L	F	Skyla Havenga	16	CLSC	WCD	31/03/2023	SA Level 3 Regional Age Group Chan
30	5:05.31	L	F	Aine Van Eeden	16	PEAS	NMA	13/08/2022	Madibaz Swim Meet

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
31	5:06.90	L	F	Maya Laubscher	16	GSA CPT	31/03/2023 SA Level 3 Regional Age Group Chan
32	5:07.69	L	F	Xandri Palmer	16	POTC KKD	31/03/2023 SA Level 3 Regional Age Group Chan
33	5:08.16	L	F	Amber Ogden	16	PEAS NMA	31/03/2023 SA Level 3 Regional Age Group Chan
34	5:08.67	L	F	Jessica Burwood	16	AZON ETH	01/07/2022 Prestige Tournament 2022
35	5:09.59	L	F	Aurora Ryser	16	TYGE CPT	31/03/2023 SA Level 3 Regional Age Group Chan
36	5:09.75	L	F	Francisca Van Rooyen	AR	BLOT MAN	09/09/2022 MA Long Distance Gala 1
37	5:10.45	L	F	Raine Botes	16	TUKS FSH	09/12/2022 NTS Championships 2022
38	5:10.50	L	F	Gute Geldenhuys	16	WATR JHB	01/12/2022 CGA LC Summer Championships Lev
39	5:10.88	L	F	Erin Langenhoven	16	AACTA CPT	07/10/2022 41st Freda Barnard Invitational Gala
40	5:12.68	L	F	Chignet Davel	16	ACAQ CCD	02/12/2022 Limpopo Champs
41	5:12.77	L	F	Kieta Jack	16	CYBE CPT	04/11/2022 CTA A CHAMPS 2022
42	5:12.94	L	F	Anri Wenhold	16	ETTN EKU	31/03/2023 SA Level 3 Regional Age Group Chan
43	5:13.39	L	F	Annabelle Davel	16	MSC NGD	02/12/2022 Mpumalanga Championships 2022
44	5:14.56	L	F	Dominique Rabie	16	ACSA ETH	01/07/2022 Prestige Tournament 2022
45	5:15.49	L	F	Yzabela Aromin	16	ACSA ETH	25/11/2022 WSC & Seals Summer LC Champs 20
46	x5:17.11	L	F	Juliette Pascoe	16	TUKS FSH	02/12/2022 2022 The Tshwane Mayoral Gala
47	5:17.79	L	F	Chante Joubert	16	GAUT	21/04/2023 SA Schools Swimming Championship
48	5:18.09	L	F	Gabriella Mitchell	16	CRSC JHB	31/03/2023 SA Level 3 Regional Age Group Chan
49	5:18.84	L	F	Utah Novello	16	CLSC WCD	11/11/2022 Swartland Prestige Gala 2022
50*	5:19.51	L	F	Rebekah Olivier	16	SEAL UMD	31/03/2023 SA Level 3 Regional Age Group Chan
50*	5:19.51	L	F	Clio Smidt	16	MARL CPT	04/11/2022 CTA A CHAMPS 2022
52	5:20.40	L	F	Rachel Murray	16	HARL BUF	04/02/2023 BCA Feb Age Group Gala 2023
53	5:21.11	L	F	Leah Durig	16	WATR JHB	01/12/2022 CGA LC Summer Championships Lev
54	5:22.89	L	F	Tara Dixon	16	AACTA CPT	11/11/2022 Swartland Prestige Gala 2022
55	5:23.04	L	F	Kayla Vorster	16	BLNE MAN	06/12/2022 Free State Champs 2022
56	5:23.72	L	F	Kaylin Oelschig	16	BLNE MAN	29/09/2022 MA Grand Prix
57	5:24.69	L	F	Annika Erasmus	16	AA JHB	31/03/2023 SA Level 3 Regional Age Group Chan
58	5:24.84	L	F	Casey Joubert	16	PEAS NMA	19/11/2022 5th A League Gala
59	5:26.21	L	F	Marlouse Keet	16	DDA FSH	27/01/2023 NTS Janaury Lev 1+2 Age Group Gala
60	5:26.22	L	F	Susanna du Preez	16	NWUC KKD	07/12/2022 NWS Championships 2022/2023
61	5:26.86	L	F	Janeske Vd Walt	16	RBUR BPD	07/12/2022 NWS Championships 2022/2023
62	5:27.90	L	F	Aqeelah Rinquest	16	MARL CPT	28/01/2023 Winelands SL Final
63	5:31.59	L	F	Simphiwe Zulu	16	BAS EKU	20/01/2023 EGA Last Chance Galal
64	5:31.97	L	F	Danielle Webster	16	RFA FSH	03/02/2023 NTS January Lev 3+ Age Group Gala :
65	5:32.72	L	F	Elné Haynes	16	SS MPD	02/12/2022 Limpopo Champs
66	5:36.35	L	F	Mariska Malan	16	BLNE MAN	06/12/2022 Free State Champs 2022
67	5:36.81	L	F	Tamica Visser	16	HREF BPD	07/12/2022 NWS Championships 2022/2023
68	5:37.42	L	F	Ameline Ricketts	16	CUDU CPT	25/06/2022 PEA Winter Gala 2022
69	5:37.73	L	F	Janica Stone	16	KALA	03/11/2022 AGE GROUP 2 KATHU 2022
70	5:37.81	L	F	Kiera Cloete	16	SASE JHB	01/12/2022 CGA LC Summer Championships Lev
71	5:39.00	L	F	Bailey Hughes	16	KLOO ETH	03/10/2022 Sasolburg Swim Club Invitational Gala
72	5:39.86	L	F	Jorja Lindstrom	16	HARL BUF	31/03/2023 SA Level 3 Regional Age Group Chan
73	5:44.60	L	F	Amyleigh Tolmay	16	AFIN JHB	03/02/2023 NTS January Lev 3+ Age Group Gala :
74	5:47.50	L	F	Kye-Ann Fowler	16	UNI EZD	04/11/2022 MP AGE GROUP 3 GALA 4-5 NOVEM
75	5:47.51	L	F	Anmari Greeff	16	HFM WBD	04/02/2023 Limpopo School Champs
76	5:51.51	L	F	Erin De Montille	16	PGAC EKU	31/03/2023 SA Level 3 Regional Age Group Chan
77	5:55.91	L	F	Cara Smook	AR	BLOT MAN	09/09/2022 MA Long Distance Gala 1
78	5:56.63	L	F	Danika Vyncke	16	VRY ZLD	22/10/2022 Stingrays Swim Club Championships 2
79	6:00.47	L	F	Aimy Engelbrecht	16	RFA FSH	17/02/2023 NTS February Lev 1+2 Age Group Gal
80	6:02.11	L	F	Leandri vd Walt	16	RBUR BPD	07/12/2022 NWS Championships 2022/2023
81	6:02.53	L	F	Carlia Nel	16	HPP BUF	04/02/2023 Limpopo School Champs
82	6:03.62	L	F	Minette Brits	16	BLSS MAN	06/12/2022 Free State Champs 2022
83	6:11.71	L	F	Liebe Karsten	16	UPSK	05/11/2022 AGE GROUP 2 UPINGTON 2022
84	6:12.22	L	F	Kiara Davids	16	MARL CPT	07/10/2022 41st Freda Barnard Invitational Gala
85	6:14.93	L	F	Zia Mahomed	16	ACSA ETH	28/01/2023 Ushaka Champs 2023
86	6:16.21	L	F	Millah Smith	16	BLSS MAN	06/12/2022 Free State Champs 2022
87	6:25.16	L	F	Wilma Strauss	16	UPSK	03/12/2022 AGE GROUP 4 UPT 2022
88	6:30.38	L	F	Melisca Everson	16	AQU ADJ	29/10/2022 Amajuba District Age Group 4 29 Oct
89	6:50.50	L	F	Micaela Wilmot	16	PEAS NMA	10/02/2023 Infinity Gala 2023

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
90	7:32.94 L	F	Lane Esterhuizen	16	UPSK	18/02/2023	AGE GROUP 6 UPT- 2023
Women 800 Free							
1	9:11.33 L	F	Alexia McCabe	16	WATR JHB	21/03/2023	SA National Junior Age Group Champs
2	9:20.12 L	F	Zoe Griffiths	16	TUKS TSH	21/03/2023	SA National Junior Age Group Champs
3	9:26.64 L	F	Bailey Forrest	16	ACSA ETH	01/07/2022	Prestige Tournament 2022
4	9:43.59 L	F	Emily Martens	16	SEAL UMD	16/12/2022	KZNA Premier Provincial Championship
5	9:55.85 L	F	Kaylee Wiggill	16	RAV EKU	21/03/2023	SA National Junior Age Group Champs
6	9:58.01 L	F	Tayla Bruce	16	BEAV ETH	21/03/2023	SA National Junior Age Group Champs
7	9:58.47 L	F	Kiara Croft	16	PEAS NMA	21/03/2023	SA National Junior Age Group Champs
8	10:01.37 L	F	Kaeli-Peace Armour	AR	BLOT MAN	16/12/2022	KZNA Premier Provincial Championship
9	10:02.81 L	F	Retha De Roubaix	16	LALE CED	21/03/2023	SA National Junior Age Group Champs
10	10:04.74 L	F	Jady Theron	16	ASAW CED	21/03/2023	SA National Junior Age Group Champs
11	10:04.86 L	F	Jo-Ell Viljoen	16	ASAW CED	09/12/2022	Western Cape LC-A Championship 20
12	10:05.89 L	F	Madison Alberts	16	SGUL ETH	16/12/2022	KZNA Premier Provincial Championship
13	10:08.19 L	F	Megan Matthews	16	SEAL UMD	25/11/2022	WSC & Seals Summer LC Champs 20
14	10:19.69 L	F	Jenna Smit	16	BLMA CPT	07/10/2022	41st Freda Barnard Invitational Gala
15	10:25.58 L	F	Jessica Burwood	16	AZON ETH	25/11/2022	WSC & Seals Summer LC Champs 20
16	10:27.86 L	F	Yzabela Aromin	16	ACSA ETH	16/12/2022	KZNA Premier Provincial Championship
17	10:27.98 L	F	Xandri Palmer	16	POTC KKD	07/12/2022	NWS Championships 2022/2023
18	10:29.25 L	F	Alne Van Eeden	16	PEAS NMA	25/06/2022	PEA Winter Gala 2022
19	10:29.49 L	F	Tasnim Nabbie	16	ACSA ETH	16/12/2022	KZNA Premier Provincial Championship
20	10:38.64 L	F	Gute Geldenhuys	16	WATR JHB	01/12/2022	CGA LC Summer Championships Lev
21	10:41.00 L	F	Kieta Jack	16	CYBE CPT	15/10/2022	CTA Qualifying Meet #6
22	10:41.22 L	F	Maya Laubscher	16	GSA CPT	09/12/2022	Western Cape LC-A Championship 20
23	10:44.05 L	F	Raine Botes	16	TUKS TSH	03/02/2023	NTS January Lev 3+ Age Group Gala :
24	10:47.05 L	F	Annabelle Davel	16	MSC NGD	14/10/2022	MP AGE GROUP 2 GALA 14-15 OCTO
25	10:47.74 L	F	Dominique Rabie	16	ACSA ETH	16/12/2022	KZNA Premier Provincial Championship
26	10:50.97 L	F	Chignet Davel	16	ACAQ CCD	02/12/2022	Limpopo Champs
27	11:01.24 L	F	Skye Micklethwaite	16	SSISA CPT	15/10/2022	CTA Qualifying Meet #6
28	11:10.05 L	F	Chante Joubert	16	SRSC JHB	01/12/2022	CGA LC Summer Championships Lev
29	11:13.13 L	F	Rachel Murray	16	HARL BUF	02/12/2022	BCA Long Course Championships 202
30	11:15.22 L	F	Madison Scorgie	16	AA JHB	25/02/2023	CGA Level 3+ Last Chance gala
31	11:17.17 L	F	Kayla Vorster	16	BLNE MAN	06/12/2022	Free State Champs 2022
32	11:21.94 L	F	Danielle Webster	16	RFA TSH	28/10/2022	NTS October SARJ+ Age Group Gala
33	11:22.07 L	F	Tara Dixon	16	AACTA CPT	07/10/2022	41st Freda Barnard Invitational Gala
34	11:24.13 L	F	Kaylin Oelschig	16	BLNE MAN	06/12/2022	Free State Champs 2022
35	11:24.54 L	F	Abigaile Pretorius	16	SOUL EKU	08/12/2022	EGA Summer Champs 2022
36	11:25.59 L	F	Simphiwe Zulu	16	BAS EKU	16/12/2022	KZNA Premier Provincial Championship
37	11:28.84 L	F	Mariska Malan	16	BLNE MAN	29/09/2022	MA Grand Prix
38	11:59.83 L	F	Amyleigh Tolmay	16	AFIN JHB	01/12/2022	CGA LC Summer Championships Lev
39	12:00.70 L	F	Gemma Haupt	16	VINE CPT	03/09/2022	CTA Qualifying Meet #4
40	12:06.56 L	F	Erin De Montille	16	PGAC EKU	08/12/2022	EGA Summer Champs 2022
41	12:06.58 L	F	Ameline Ricketts	16	CUDU CPT	25/06/2022	PEA Winter Gala 2022
42	12:21.53 L	F	Tamica Visser	16	HREF BPD	07/12/2022	NWS Championships 2022/2023
43	12:38.49 L	F	Liebe Karsten	16	UPSK	07/12/2022	NCASA CHAMPS 2022
44	13:14.18 L	F	Heidri de Jager	16	RBOT BPD	26/11/2022	NWS Age Group 3 2022/23
45	13:17.74 L	F	Millah Smith	16	BLSS MAN	06/12/2022	Free State Champs 2022
46	13:27.27 L	F	Kiara Davids	16	MARL CPT	03/09/2022	CTA Qualifying Meet #4
47	13:47.94 L	F	Wilma Strauss	16	UPSK	11/11/2022	UPINGTON CLUB GALA 2022
Women 1000 Free							
1	13:48.00 L	O	Tayla Bruce	16	BEAV ETH	20/11/2022	Capital-K 2022
2	14:14.00 L	O	Dominique Rabie	16	ACSA ETH	20/11/2022	Capital-K 2022
3	14:45.00 L	O	Tasnim Nabbie	16	ACSA ETH	20/11/2022	Capital-K 2022
4	14:57.00 L	O	Jessica Burwood	16	AZON ETH	20/11/2022	Capital-K 2022
5	16:34.00 L	O	Bailey Hughes	16	KLOO ETH	20/11/2022	Capital-K 2022
6	16:48.00 L	O	Leah Stewart	16	PSCP UMD	20/11/2022	Capital-K 2022
7	18:02.00 L	O	Georgina Francis	16	PSCP UMD	20/11/2022	Capital-K 2022
8	18:30.00 L	O	Jordyn Neville	16	PSCP UMD	20/11/2022	Capital-K 2022

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
9	19:02.00 L	O	Sarah Byrne	16	LAD UTD	20/11/2022	Capital-K 2022
10	21:59.00 L	O	Zia Mahomed	16	ACSA ETH	20/11/2022	Capital-K 2022
Women 1500 Free							
1	17:33.19 L	F	Alexia McCabe	16	AGB JHB	12/04/2023	SA National Aquatic SNR-Champ 202
2	17:50.05 L	F	Zoe Griffiths	16	AGC FSH	12/04/2023	SA National Aquatic SNR-Champ 202
3	18:40.10 L S	F	Bailey Forrest	16	ACSA ETH	21/03/2023	SA National Junior Age Group Champ:
4	18:54.01 L S	F	Tayla Bruce	16	BEAV ETH	21/03/2023	SA National Junior Age Group Champ:
5	18:58.47 L S	F	Emily Martens	16	SEAL UMD	21/03/2023	SA National Junior Age Group Champ:
6	19:10.03 L S	F	Kiara Croft	16	PEAS NMA	21/03/2023	SA National Junior Age Group Champ:
7	19:11.34 L S	F	Retha De Roubaix	16	LALE CED	21/03/2023	SA National Junior Age Group Champ:
8	19:21.74 L S	F	Jo-Ell Viljoen	16	ASAW CED	09/12/2022	Western Cape LC-A Championship 20
9	19:59.69 L	F	Alexia Greyling	16	CA EKU	21/10/2022	EGA Summer 2 2022
10	20:26.03 L	F	Raine Botes	16	TUKS FSH	03/02/2023	NTS January Lev 3+ Age Group Gala :
11	20:28.09 L	F	Tasnim Nabbie	16	ACSA ETH	16/12/2022	KZNA Premier Provincial Championsh
12	20:32.90 L	F	Annabelle Davel	16	MSC NGD	02/12/2022	Mpumalanga Championships 2022
13	21:35.66 L	F	Tara Dixon	16	AACTA CPT	24/09/2022	CTA Qualifying Meet #5
14	21:37.28 L	F	Rachel Murray	16	HARL BUF	19/11/2022	BCA 2nd November Age Group Gala 2
15	22:00.28 L	F	Sophie Vickers	16	SSISA CPT	28/01/2023	Winelands SL Final
16	22:45.62 L	F	Abigaile Pretorius	16	SOUL EKU	21/10/2022	EGA Summer 2 2022
17	23:13.89 L	F	Morgan Botha	16	CA EKU	21/10/2022	EGA Summer 2 2022
18	23:15.94 L	F	Jorja Lindstrom	16	HARL BUF	19/11/2022	BCA 2nd November Age Group Gala 2
19	23:21.94 L S	F	Ameline Ricketts	16	CUDU CPT	25/06/2022	PEA Winter Gala 2022
20	24:10.04 L	F	Liebe Karsten	16	UPSK	07/12/2022	NCASA CHAMPS 2022
21	25:17.60 L S	F	Millah Smith	16	BLSS MAN	06/12/2022	Free State Champs 2022
22	27:00.28 L	F	Wilma Strauss	16	UPSK	07/12/2022	NCASA CHAMPS 2022
Women 3000 Free							
1	41.41 L	F	Tayla Bruce	16	PSCP UMD	14/01/2023	Baynesfiels #2 Open Water KZN
2	44.06 L	F	Abby Nicholson	16	FSE KCD	12/11/2022	Baynesfield Open Water KZN
3	44.51 L	F	Kaeli-Peace Armour	AR	BLOT MAN	23/01/2023	Dischem Kovsie Aquatics Open Water
4	45.12 L	F	Cara Smook	AR	BLOT MAN	27/11/2022	Marina artinique
5	46.00 L	F	Jenna Ellse	16	PSCP UMD	14/01/2023	Baynesfiels #2 Open Water KZN
6	52.31 L	F	Kayla Vorster	16	BLNE MAN	23/01/2023	Dischem Kovsie Aquatics Open Water
7	54.12 L	F	Mariska Malan	16	BLNE MAN	23/01/2023	Dischem Kovsie Aquatics Open Water
8	57.45 L	F	Lana Wasserman	ER	BLOT MAN	23/01/2023	Dischem Kovsie Aquatics Open Water
9	1:01.04 L	F	Millah Smith	16	BLSS MAN	23/01/2023	Dischem Kovsie Aquatics Open Water
10	1:01.39 L	F	Yanka Engelbrecht	16	BLSS MAN	23/01/2023	Dischem Kovsie Aquatics Open Water
11	42:42.00 L	O	Alne Van Eeden	16	PEAS NMA	23/10/2022	EC Swim Series OWS 1 2022
12	44:14.30 L	O	Raine Botes	16	AGC FSH	10/03/2023	SA National OWS Championship 2023
13	44:33.00 L	O	Tasnim Nabbie	16	ACSA ETH	20/11/2022	Capital-K 2022
14	45:11.00 L	O	Amber Ogden	16	PEAS NMA	21/01/2023	NMBA OWS Championships 2023
15	45:39.00 L	O	Annabelle Davel	16	MSC NGD	16/10/2022	OPEN WATER 1
16	45:46.04 L	O	Erin Langenhoven	16	WCA CPT	10/03/2023	SA National OWS Championship 2023
17	45:54.00 L	F	Madison Scorgie	16	AA JHB	19/11/2022	Prime View Swim Challenge #2
18	45:54.14 L	O	Rebekah Olivier	16	KZNA ETH	10/03/2023	SA National OWS Championship 2023
19	46:41.26 L	O	Chante Joubert	16	AGB JHB	10/03/2023	SA National OWS Championship 2023
20	47:19.00 L	F	Abigaile Pretorius	16	SOUL EKU	03/12/2022	Prime View Swim Challenge #3
21	47:29.00 L	O	Jessica Burwood	16	AZON ETH	20/11/2022	Capital-K 2022
22	48:33.33 L	O	Tara Dixon	16	AACTA CPT	11/12/2022	Lomond OWS 2022
23	48:40.00 L	F	Jessica Bott	16	SOUL EKU	19/11/2022	Prime View Swim Challenge #2
24	57:21.00 L	O	Poshika Ramsamy	16	BEST NMA	21/01/2023	NMBA OWS Championships 2023
Women 5000 Free							
1	1:09.50 L	F	Bailey Forrest	16	ACSA ETH	14/01/2023	Baynesfiels #2 Open Water KZN
2	1:10.10 L	F	Emily Martens	16	SEAL UMD	12/11/2022	Baynesfield Open Water KZN
3	1:11.42 L	F	Tayla Bruce	16	PSCP UMD	14/01/2023	Baynesfiels #2 Open Water KZN
4	1:13.42 L	F	Dominique Rabie	16	ACSA ETH	12/11/2022	Baynesfield Open Water KZN
5	1:19.14 L	F	Tasnim Nabbie	16	WSTV ETH	14/01/2023	Baynesfiels #2 Open Water KZN
6	1:13:20.00 L	O	Alne Van Eeden	16	PEAS NMA	27/11/2022	EC Swim Series OWS 2 2022
7	1:14:51.80 L	O	Erin Langenhoven	16	WCA CPT	10/03/2023	SA National OWS Championship 2023

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
8	1:15:25.30 L	O	Raine Botes	16	AGC FSH	10/03/2023	SA National OWS Championship 2023	
9	x1:17:28.87 L	O	Madison Scorgie	16	AGB JHB	10/03/2023	SA National OWS Championship 2023	
10	x1:17:34.96 L	O	Annabelle Davel	16	MPA EZD	10/03/2023	SA National OWS Championship 2023	
Women 7500 Free								
1	1:46.04 L	F	Bailey Forrest	16	WSTV ETH	14/01/2023	Baynesfiels #2 Open Water KZN	
2	1:55.54 L	F	Dominique Rabie	16	ACSA ETH	14/01/2023	Baynesfiels #2 Open Water KZN	
3	1:59.47 L	F	Tasnim Nabbie	16	BEAV ETH	14/01/2023	Baynesfiels #2 Open Water KZN	
4	1:48:43.36 L	O	Tayla Bruce	16	KZNA ETH	10/03/2023	SA National OWS Championship 2023	
5	2:05:04.00 L	F	Madison Scorgie	16	AA JHB	03/12/2022	Prime View Swim Challenge #3	
Women 50 Back								
1	29.00 L	F	Milla Drakopoulos	16	RSA	30/08/2022	8th FINA JUNIOR WORLD SWIMMING	
2	29.09 L	F	Jessica Thompson	16	AGB JHB	12/04/2023	SA National Aquatic SNR-Champ 202	
3	31.41 L S	F	Francisca Van Rooyen	AR	BLOT MAN	21/03/2023	SA National Junior Age Group Champ	
4	31.47 L S	F	Chanel Du Plessis	16	VINE CPT	21/03/2023	SA National Junior Age Group Champ	
5	31.58 L	F	Indiana De Villers	16	KZNA ETH	21/04/2023	SA Schools Swimming Championship	
6	31.85 L	P	Tannah Lindsay	16	AGA EKU	12/04/2023	SA National Aquatic SNR-Champ 202	
7	31.97 L	F	Ashley Loch	16	VRY ZLD	28/01/2023	EDA January Gala 2023	
8	32.05 L S	F	Sarah Mc Laren	16	SGUL ETH	21/03/2023	SA National Junior Age Group Champ	
9	32.30 L	F	Marie-Ella Maske	16	RAV EKU	24/02/2023	NTS February Lev 3+ Age Group Gala	
10	32.34 L	P	Kendra Venter	16	ECA BUF	12/04/2023	SA National Aquatic SNR-Champ 202	
11	32.39 L	F	Jo-Ell Viljoen	16	WCA CPT	21/04/2023	SA Schools Swimming Championship	
12	32.47 L	F	Andrea Germs	16	WATR JHB	31/03/2023	SA Level 3 Regional Age Group Chan	
13	32.62 L	F	Monica Botha	16	BEAV ETH	16/12/2022	KZNA Premier Provincial Championshi	
14	32.65 L	F	Caelyn White	16	ELEC FSH	09/12/2022	NTS Championships 2022	
15	32.68 L	P	Megan Matthews	16	SEAL UMD	16/12/2022	KZNA Premier Provincial Championshi	
16	32.72 L	P	Romy Day	16	AGC FSH	12/04/2023	SA National Aquatic SNR-Champ 202	
17*	32.83 L	P	Cleo Lin	16	AGB JHB	12/04/2023	SA National Aquatic SNR-Champ 202	
17*	32.83 L	F	Leah Lachman	16	SEAL UMD	16/12/2022	KZNA Premier Provincial Championshi	
19	32.97 L S	P	Sophie Vickers	16	SSISA CPT	21/03/2023	SA National Junior Age Group Champ	
20	33.00 L	F	Soleil Greyling	16	ASAW CED	13/11/2022	Winelands Summer League 4	
21	33.01 L S	P	Clio Smidt	16	MARL CPT	21/03/2023	SA National Junior Age Group Champ	
22	33.13 L S	P	Jenna Smit	16	BLMA CPT	21/03/2023	SA National Junior Age Group Champ	
23	33.21 L	F	Lauren Bates	16	SEAL UMD	25/11/2022	WSC & Seals Summer LC Champs 20	
24	33.28 L	F	Julie Landmann	16	FSS FS	21/04/2023	SA Schools Swimming Championship	
25	33.39 L	F	Megan Stewart	16	AZON ETH	01/07/2022	Prestige Tournament 2022	
26	33.45 L	F	Caitlyn Fish	16	PER JHB	31/03/2023	SA Level 3 Regional Age Group Chan	
27	33.53 L	F	Jacoba Muggenburg	16	ASAW CED	24/02/2023	Western Cape Elite Gala	
28	33.57 L	F	Cara Smook	AR	BLOT MAN	06/12/2022	Free State Champs 2022	
29	33.60 L	F	Emily Beatt	16	PEAS NMA	31/03/2023	SA Level 3 Regional Age Group Chan	
30	33.63 L	F	Raine Botes	16	TUKS FSH	03/02/2023	NTS January Lev 3+ Age Group Gala :	
31	33.65 L	F	Lana Wasserman	ER	BLOT MAN	06/12/2022	Free State Champs 2022	
32	33.67 L	P	Genna Cloete	16	PSC FSH	09/12/2022	NTS Championships 2022	
33	33.68 L	F	Cara Knoblauch	16	AZON ETH	01/07/2022	Prestige Tournament 2022	
34*	33.70 L	F	Annik Battheu	16	TUKS FSH	31/03/2023	SA Level 3 Regional Age Group Chan	
34*	33.70 L	F	Mieke Leonard	16	MSC NGD	02/12/2022	Mpumalanga Championships 2022	
36	33.75 L S	P	Caitlin Herbst	16	MDOL EKU	08/12/2022	EGA Summer Champs 2022	
37	33.91 L	P	Gabriela Mladenov	16	RSA	21/07/2022	Solidarity Games Kazan July	
38	33.92 L	F	Chloe Steyn	16	CPRIM BUF	25/02/2023	Eastern Cape Schools Swimming Trial	
39	34.13 L	F	Rhys Purves	16	SEAL UMD	01/07/2022	Prestige Tournament 2022	
40	34.14 L S	P	Anika Hugo	16	PAQU CED	21/03/2023	SA National Junior Age Group Champ	
41	34.16 L	F	Christine Jackson	16	ELEC FSH	28/10/2022	NTS October SARJ+ Age Group Gala	
42	34.21 L	F	Miette Van Huyssteen	16	CUHE OBD	31/03/2023	SA Level 3 Regional Age Group Chan	
43	34.36 L	P	Aurora Ryser	16	TYGE CPT	31/03/2023	SA Level 3 Regional Age Group Chan	
44	34.38 L	F	Mila Prinsloo	16	ASAW CED	07/10/2022	41st Freda Barnard Invitational Gala	
45	34.39 L	F	Anri Wenhold	16	ETTN EKU	31/03/2023	SA Level 3 Regional Age Group Chan	
46	34.40 L	F	Chignet Davel	16	PHS CCD	04/02/2023	Limpopo School Champs	
47	34.41 L	P	Kayla Vorster	16	BLNE MAN	06/12/2022	Free State Champs 2022	
48	34.48 L	F	Elné Haynes	16	HBV MPD	15/10/2022	Limpopo Top 10 - High Schools	

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
49	34.53 L	F	Liebe Karsten	16	UPSK	07/12/2022	NCASA CHAMPS 2022
50*	34.54 L S	P	Amber Warr	16	SEAL UMD	21/03/2023	SA National Junior Age Group Champ
50*	34.54 L	P	Roxanne Lothian	16	AFIN JHB	01/12/2022	CGA LC Summer Championships Lev
52	34.60 L	F	Ella Bouw	16	PER JHB	31/03/2023	SA Level 3 Regional Age Group Chan
53	34.62 L S	P	Leigh-Ann Van der Vyver	16	CRSC JHB	21/03/2023	SA National Junior Age Group Champ
54	34.70 L	P	Jenna Broderick	16	DORE JHB	31/03/2023	SA Level 3 Regional Age Group Chan
55	34.72 L	P	Robyn Cowley	16	TUKS TSH	09/12/2022	NTS Championships 2022
56	34.89 L	F	Mikaela Landman	16	RFA TSH	31/03/2023	SA Level 3 Regional Age Group Chan
57	34.91 L	F	Lisa Bester	16	WELL CED	31/03/2023	SA Level 3 Regional Age Group Chan
58	34.92 L	F	Susanna du Preez	16	NWUC KKD	03/10/2022	Sasolburg Swim Club Invitational Gala
59	34.95 L	F	Xandri Palmer	16	POTC KKD	03/10/2022	Sasolburg Swim Club Invitational Gala
60	35.06 L	F	Rachel Murray	16	HARL BUF	31/03/2023	SA Level 3 Regional Age Group Chan
61	35.10 L	P	Kaeli-Peace Armour	AR	BLOT MAN	16/12/2022	KZNA Premier Provincial Championshi
62	35.13 L	F	Danel Da Veiga	16	FLOD JHB	01/12/2022	CGA LC Summer Championships Lev
63	35.16 L	F	Amber Ogden	16	PEAS NMA	10/02/2023	Infinity Gala 2023
64*	35.30 L	F	Skye Micklethwaite	16	SSISA CPT	09/12/2022	Western Cape LC-A Championship 20
64*	35.30 L	P	Lune Van Den Berg	16	QSAW CED	09/12/2022	Western Cape LC-A Championship 20
66	35.36 L	F	Sarah Banyard	16	TUKS TSH	02/12/2022	2022 The Tshwane Mayoral Gala
67	35.39 L	F	Bailey Hughes	16	KLOO ETH	31/03/2023	SA Level 3 Regional Age Group Chan
68	35.44 L	F	Linique Rowles	16	HREF BPD	10/09/2022	Adrian Grafe Gala 2022
69	35.69 L	P	Janeske Vd Walt	16	RBUR BPD	07/12/2022	NWS Championships 2022/2023
70	35.74 L	P	Sophia Wium	16	QSAW CED	09/12/2022	Western Cape LC-A Championship 20
71	35.84 L	F	Leah Durig	16	WATR JHB	01/12/2022	CGA LC Summer Championships Lev
72	35.88 L	F	Morgan Botha	16	CA EKU	23/09/2022	EGA Summer 1 2022
73*	35.90 L	F	Madison Goliath	16	VIKI BUF	02/12/2022	BCA Long Course Championships 202
73*	35.90 L	F	Emma Lacey	16	INFA NMA	13/08/2022	Madibaz Swim Meet
75	35.92 L	F	Carlia Nel	16	HPP BUF	04/02/2023	Limpopo School Champs
76	35.96 L	P	Mila Kriek	16	WCA CPT	21/04/2023	SA Schools Swimming Championship
77	36.02 L	F	Casey Joubert	16	PEAS NMA	07/12/2022	NWS Championships 2022/2023
78	36.04 L	F	Ashley Ferguson	16	SEAL UMD	31/03/2023	SA Level 3 Regional Age Group Chan
79	36.14 L	F	Justine Crator	16	SWIFT EKU	10/09/2022	Adrian Grafe Gala 2022
80	36.16 L	F	Hannah Parry	16	MGSC UGD	31/03/2023	SA Level 3 Regional Age Group Chan
81	36.26 L	P	Ashley Coetzee	16	FSS FS	21/04/2023	SA Schools Swimming Championship
82	36.30 L	F	Kiara Croft	16	PEAS NMA	09/12/2022	NMBA Championships 2022
83	36.34 L S	F	Abigaile Pretorius	16	SOUL EKU	08/12/2022	EGA Summer Champs 2022
84	36.35 L	P	Gabriella Mitchell	16	CRSC JHB	31/03/2023	SA Level 3 Regional Age Group Chan
85	36.54 L	P	Danielle Webster	16	AGC TSH	12/04/2023	SA National Aquatic SNR-Champ 202
86	36.65 L	F	Erin De Montille	16	PGAC EKU	17/02/2023	EGA Let's Race 2023
87	36.66 L	P	Mari Nortje	JR	BLOT MAN	29/09/2022	MA Grand Prix
88	36.70 L	F	Anke' Prinsloo	16	WELA LLD	24/09/2022	Bull-Sharks Gala
89	36.75 L	P	Carli Vorster	16	SWAR WCD	09/12/2022	Western Cape LC-A Championship 20
90	36.77 L	F	Jenna Ellse	16	ASA LLD	25/11/2022	WSC & Seals Summer LC Champs 20
91	36.78 L	F	Utah Novello	16	CLSC WCD	11/11/2022	Swartland Prestige Gala 2022
92	36.79 L	P	Simphiwe Zulu	16	BAS EKU	16/12/2022	KZNA Premier Provincial Championshi
93	36.81 L	F	Amy Kruger	16	MDOL EKU	02/03/2023	SA Level 2 Regional Age Group Cham
94	36.87 L	F	Izaan Scheepers	16	VRY ZLD	17/03/2023	SA Level 2 Regional Age Group Cham
95	36.92 L	F	Leigh-Ann Mitchley	16	BEAV ETH	25/11/2022	WSC & Seals Summer LC Champs 20
96*	36.95 L	F	Kaylin Oelschig	16	BLNE MAN	06/12/2022	Free State Champs 2022
96*	36.95 L	P	Dakota Wyngaard	16	QUIC CPT	31/03/2023	SA Level 3 Regional Age Group Chan
98	37.02 L S	P	Kendall Jackson	16	CA EKU	08/12/2022	EGA Summer Champs 2022
99	37.10 L	F	Danika Vyncke	16	VRY ZLD	03/03/2023	KZN Qualifying Gala
100	37.16 L	P	Blair Benson	16	AACTA CPT	31/03/2023	SA Level 3 Regional Age Group Chan
101	37.21 L	F	Maya Laubscher	16	GSA CPT	07/10/2022	41st Freda Barnard Invitational Gala
102	37.32 L	F	Gemma Haupt	16	VINE CPT	03/09/2022	CTA Qualifying Meet #4
103	37.33 L	F	Georgina Francis	16	PSCP UMD	25/11/2022	WSC & Seals Summer LC Champs 20
104	37.59 L	P	Marlouise Keet	16	DDA TSH	02/03/2023	SA Level 2 Regional Age Group Cham
105	37.68 L	F	Justine Thom	16	AA JHB	08/10/2022	NTS Sprint Gala
106	37.72 L	F	Tanith Ward	16	SSISA CPT	04/11/2022	CTA A CHAMPS 2022
107	37.73 L	F	Taylor Henegan	16	RAV EKU	11/06/2022	EGA Winter 1 2022

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
108	37.74	L	F	Leandri vd Walt	16	RBUR	BPD	07/12/2022 NWS Championships 2022/2023
109	37.81	L	F	Tamica Visser	16	MCS	BPD	10/02/2023 NW School Championships 2023
110	37.87	L	P	Chante Joubert	16	CRSC	JHB	31/03/2023 SA Level 3 Regional Age Group Cham
111	37.98	L	F	Jaime Diamond	16	OLDE	JHB	25/02/2023 CGA Level 3+ Last Chance gala
112	37.99	L S	P	Amber Botha	16	ONYX	EKU	08/12/2022 EGA Summer Champs 2022
113	38.01	L	F	Mariska Malan	16	BLNE	MAN	24/09/2022 Bull-Sharks Gala
114	38.12	L	P	Janica Stone	16	NC		21/04/2023 SA Schools Swimming Championship
115	38.17	L	P	Annabelle Davel	16	MSC	NGD	02/12/2022 Mpumalanga Championships 2022
116*	38.41	L	F	Kye-Ann Fowler	16	UNI	EZD	04/11/2022 MP AGE GROUP 3 GALA 4-5 NOVEM
116*	38.41	L	F	Lara Schilz	16	TUKS	TSH	27/01/2023 NTS Janaury Lev 1+2 Age Group Gala
118	38.43	L	F	Rebekah Fleischer	16	WSTV	ETH	28/01/2023 EDA January Gala 2023
119	38.44	L	F	Talia Vd Berg	16	QSAW	CED	13/11/2022 Winelands Summer League 4
120	38.53	L	F	Abigail Olivier	16	ACAQ	CCD	02/12/2022 Limpopo Champs
121	38.61	L	F	Kelly Jackson	16	BLSS	MAN	05/11/2022 Seals Heidedal Gala
122	38.67	L	F	Emma Banda	16	CA	EKU	10/09/2022 Adrian Grafe Gala 2022
123	38.72	L	F	Estella Mann	16	RAV	EKU	11/06/2022 EGA Winter 1 2022
124	39.06	L	F	Ameline Ricketts	16	CUDU	CPT	04/02/2023 CTA BRIAN BUTTON Qualifying Meet
125	39.10	L	F	Tasnim Nabbie	16	ACSA	ETH	28/01/2023 EDA January Gala 2023
126	39.19	L	P	Annika Erasmus	16	AA	JHB	01/12/2022 CGA LC Summer Championships Lev
127	39.31	L	F	Anmari Greeff	16	HFM	WBD	04/02/2023 Limpopo School Champs
128	39.32	L	F	Annika Serfontein	16	VALS	FDD	06/12/2022 Free State Champs 2022
129	39.34	L	F	Quinn Calder	16	PGH	KKD	10/02/2023 NW School Championships 2023
130	39.48	L	F	Luané Scheepers	16	POTC	KKD	07/12/2022 NWS Championships 2022/2023
131	39.51	L	F	Ella Williams	16	PGH	KKD	10/02/2023 NW School Championships 2023
132	39.75	L	F	Iman Ismail	16	ATLA	JHB	02/10/2022 2022 AG Swim Stars 14&Over
133	39.81	L	F	Joelle Buys	16	MARL	CPT	11/02/2023 WCA-B Champs - 2023
134	x40.03	L	P	Kayla Botha	16	BLSS	MAN	03/03/2023 SA Level 2 Regional Age Group Cham
135	40.41	L	F	Heidri de Jager	16	RBOT	BPD	21/01/2023 NWS Sprint Gala 2023
136	40.50	L	F	Catherine Pretorius	16	HSBV	SKD	15/10/2022 Limpopo Top 10 - High Schools
137	40.53	L	P	Jenna Bidgood	16	AFIN	JHB	31/03/2023 SA Level 3 Regional Age Group Chan
138	40.63	L	P	Amy Van Der Merwe	16	SEAL	UMD	17/03/2023 SA Level 2 Regional Age Group Cham
139	40.81	L	F	Lara Steenkamp	16	PENC	EZD	22/02/2023 EHLANZENI INTER HIGH GALA 22 FI
140	40.84	L	F	Phillippa Formo	16	CRSC	JHB	02/03/2023 SA Level 2 Regional Age Group Cham
141	40.88	L	F	Savannah Nicol	16	BEAV	ETH	25/11/2022 WSC & Seals Summer LC Champs 20
142	40.99	L	F	Jordyn Neville	16	PSCP	UMD	25/11/2022 WSC & Seals Summer LC Champs 20
143	41.02	L	F	Isi Mshudulu	16	FLOD	JHB	02/10/2022 2022 AG Swim Stars 14&Over
144	41.20	L	F	Kaylin Slabberts	16	PSC	TSH	02/12/2022 2022 The Tshwane Mayoral Gala
145	41.30	L	F	Abigail Hains	16	PGAC	EKU	17/02/2023 EGA Let's Race 2023
146	41.47	L	F	Minette Brits	16	BLSS	MAN	06/12/2022 Free State Champs 2022
147	41.79	L	F	Mamudo Fernandes	16	UNI	EZD	28/01/2023 CANA GRAND PRIX JAN 2023 MBOM
148	41.82	L	F	Isabella Horwood	16	PEAS	NMA	17/09/2022 3rd A League Gala-Newton Park Pool
149	41.87	L	F	Wilma Strauss	16	UPSK		18/02/2023 AGE GROUP 6 UPT- 2023
150	41.88	L	F	Alta Radley	SR	PSA	ZLD	04/02/2023 KCDA February Age Group Gala 2023
151	41.90	L	F	Leané van Eeden	16	GHSK		03/03/2023 SA Level 2 Regional Age Group Cham
152	41.92	L	F	Aimy Engelbrecht	16	XSAQ	CPT	29/10/2022 OR TAMBO Soncini 2022
153	41.93	L	F	Mckayla-Leigh Brits	16	RFA	TSH	02/12/2022 2022 The Tshwane Mayoral Gala
154	42.11	L	F	Tara Dixon	16	AACTA	CPT	07/10/2022 41st Freda Barnard Invitational Gala
155	42.20	L	F	Nabatende Kituuka	16	ISSA		10/02/2023 NW School Championships 2023
156	42.22	L	F	Melisca Everson	16	KZNA	ETH	21/04/2023 SA Schools Swimming Championship
157	42.46	L	F	Sarah Byrne	16	LAD	UTD	04/02/2023 Uthukela District Age Group Gal 4 Feb
158	42.55	L	F	Elani Neethling	16	ELRAS	WBD	22/10/2022 Limpopo Age Group 4
159	42.73	L	P	Shea Roach	16	SWIFT	EKU	02/03/2023 SA Level 2 Regional Age Group Cham
160	42.88	L	F	Roxanne Coetzee	16	PGAC	EKU	17/02/2023 EGA Let's Race 2023
161	43.50	L	F	Zia Mahomed	16	ACSA	ETH	28/01/2023 Ushaka Champs 2023
162	43.56	L	F	Cailynn Foster	16	XSAQ	CPT	29/10/2022 OR TAMBO Soncini 2022
163	44.59	L	F	Kiara Davids	16	MARL	CPT	03/03/2023 SA Level 2 Regional Age Group Cham
164	44.86	L	F	Aqeelah Rinqest	16	MARL	CPT	03/09/2022 CTA Qualifying Meet #4
165	44.90	L	F	Carla Van Deventer	16	HE	WBD	15/10/2022 Limpopo Top 10 - High Schools
166	45.18	L	F	Channah Van Coller	16	FISH	EDD	22/10/2022 EDEN 2nd A-League Gala 2022

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
167	45.54	L	F	Chanté Swarts	16	PHS CCD	15/10/2022 Limpopo Top 10 - High Schools
168	45.95	L	F	Lene Lavarack	16	FAAC FBD	07/10/2022 FLAMINGO GALA OCT 2022
169	46.02	L	F	Fay-Lee Nel	16	SSISA CPT	03/09/2022 CTA Qualifying Meet #4
170	46.21	L	F	Jade Williams	16	PGH KKD	10/02/2023 NW School Championships 2023
171	46.24	L	F	Poshika Ramsamy	16	BEST NMA	16/07/2022 1st A League Gala 2022 NMA
172	46.39	L	F	Kayla Vd Horst	16	HPP BUF	15/10/2022 Limpopo Top 10 - High Schools
173	46.77	L	F	Leandri Heyns	16	HFDT MPD	15/10/2022 Limpopo Top 10 - High Schools
174	47.02	L	F	Nqabayethu Shongwe	16	ZASC TSH	02/12/2022 2022 The Tshwane Mayoral Gala
175	49.43	L	P	Caitlynn Foster	16	RPAC EKU	02/03/2023 SA Level 2 Regional Age Group Cham
176	50.17	L	F	Danè Van Zyl	16	BARR CPT	07/10/2022 41st Freda Barnard Invitational Gala
177	50.52	L	P	Tania Marais	16	RBUR BPD	07/12/2022 NWS Championships 2022/2023
178	51.99	L	F	Alida Vd Wait	16	HBV MPD	15/10/2022 Limpopo Top 10 - High Schools
179	52.21	L	F	Lane Esterhuizen	16	UPSK	18/02/2023 AGE GROUP 6 UPT- 2023
180	59.88	L	F	Simone Stoltz	16	TONAU CCD	08/09/2022 Limpopo Interhoer (Capricorn Distrik)
181	1:09.92	L	F	Nosipho Mathebula	16	ESS EZD	10/02/2023 MP SA SCHOOLS TRIALS AG 5 10-11
182	1:22.93	L	F	Yolandi Germeshuysen	16	ESS EZD	11/03/2023 SSA LEVEL 1 REGIONAL CHAMPS 2
Women 100 Back							
1	1:02.16	L	F	Milla Drakopoulos	16	SEAL UMD	21/03/2023 SA National Junior Age Group Champs
2	1:03.08	L	P	Jessica Thompson	16	AGB JHB	12/04/2023 SA National Aquatic SNR-Champ 202
3	1:06.41	L	F	Indiana De Villers	16	KZNA ETH	21/04/2023 SA Schools Swimming Championship
4	1:07.91	L	P	Chanel Du Plessis	16	VINE CPT	21/03/2023 SA National Junior Age Group Champs
5	1:08.23	L	P	Sarah Mc Laren	16	SGUL ETH	21/03/2023 SA National Junior Age Group Champs
6	1:08.28	L	F	Kendra Venter	16	INFA NMA	21/03/2023 SA National Junior Age Group Champs
7	1:08.41	L	P	Tannah Lindsay	16	BAS EKU	21/03/2023 SA National Junior Age Group Champs
8	1:08.48	L	P	Zoe Griffiths	16	AGC TSH	12/04/2023 SA National Aquatic SNR-Champ 202
9	1:08.85	L	F	Francisca Van Rooyen	AR	BLOT MAN	21/03/2023 SA National Junior Age Group Champs
10	1:08.99	L	F	Megan Matthews	16	SEAL UMD	16/12/2022 KZNA Premier Provincial Championshi
11	1:09.40	L	P	Monica Botha	16	BEAV ETH	03/03/2023 2023 Grand Prix 2 Invitational Meet - K
12	1:09.97	L	P	Cleo Lin	16	AGB JHB	12/04/2023 SA National Aquatic SNR-Champ 202
13	1:10.28	L	F	Clio Smidt	16	MARL CPT	04/02/2023 CTA BRIAN BUTTON Qualifying Meet
14	1:10.42	L	F	Megan Stewart	16	AZON ETH	01/07/2022 Prestige Tournament 2022
15	1:10.63	L	F	Sophie Vickers	16	SSISA CPT	21/03/2023 SA National Junior Age Group Champs
16	1:10.90	L	P	Jo-Ell Viljoen	16	WCA CPT	21/04/2023 SA Schools Swimming Championship
17	1:10.99	L	F	Andrea Germs	16	WATR JHB	01/12/2022 CGA LC Summer Championships Lev
18	1:11.02	L	F	Jenna Smit	16	BLMA CPT	03/09/2022 CTA Qualifying Meet #4
19	1:11.15	L S	F	Caelyn White	16	ELEC TSH	09/12/2022 NTS Championships 2022
20	1:11.16	L	F	Chloe Steyn	16	BEST NMA	22/10/2022 4th A League Gala
21	1:11.17	L	F	Ashley Loch	16	VRY ZLD	28/01/2023 EDA January Gala 2023
22	1:11.28	L	P	Gabriela Mladenov	16	RSA	21/07/2022 Solidarity Games Kazan July
23	1:12.02	L	P	Marie-Ella Maske	16	AGA EKU	12/04/2023 SA National Aquatic SNR-Champ 202
24	1:12.10	L	F	Mieke Leonard	16	MSC NGD	10/02/2023 MP SA SCHOOLS TRIALS AG 5 10-11
25	1:12.27	L	P	Romy Day	16	ELEC TSH	21/03/2023 SA National Junior Age Group Champs
26	1:12.70	L	F	Lica Van Niekerk	16	QSAW CED	07/10/2022 41st Freda Barnard Invitational Gala
27	1:12.89	L	P	Amber Warr	16	SEAL UMD	21/03/2023 SA National Junior Age Group Champs
28	1:12.90	L	F	Roxanne Lothian	16	AFIN JHB	25/02/2023 CGA Level 3+ Last Chance gala
29	1:13.04	L	F	Jacoba Muggenburg	16	ASAW CED	31/03/2023 SA Level 3 Regional Age Group Chan
30	1:13.06	L	F	Aurora Ryser	16	TYGE CPT	31/03/2023 SA Level 3 Regional Age Group Chan
31	1:13.21	L	F	Soleil Greyling	16	ASAW CED	24/09/2022 CTA Qualifying Meet #5
32	1:13.46	L	F	Cara Smook	AR	BLOT MAN	06/12/2022 Free State Champs 2022
33	1:13.49	L	P	Mila Prinsloo	16	ASAW CED	09/12/2022 Western Cape LC-A Championship 20
34	1:13.51	L	F	Anika Hugo	16	PAQU CED	24/09/2022 CTA Qualifying Meet #5
35	1:13.59	L	F	Jenna Broderick	16	DORE JHB	31/03/2023 SA Level 3 Regional Age Group Chan
36	1:13.73	L	F	Kiyara Campbell	16	USC BUF	02/12/2022 BCA Long Course Championships 202
37	1:13.83	L	F	Lara Botha	16	ASAW CED	09/12/2022 Western Cape LC-A Championship 20
38	1:13.88	L	F	Miette Van Huyssteen	16	CUHE OBD	31/03/2023 SA Level 3 Regional Age Group Chan
39	1:14.17	L	F	Ella Bouw	16	PER JHB	31/03/2023 SA Level 3 Regional Age Group Chan
40	1:14.41	L	F	Lisa Bester	16	WELL CED	31/03/2023 SA Level 3 Regional Age Group Chan
41	1:14.43	L	F	Nadia Rossouw	16	TYGE CPT	31/03/2023 SA Level 3 Regional Age Group Chan
42	1:14.45	L	F	Lana Wasserman	ER	BLOT MAN	06/12/2022 Free State Champs 2022

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
43	1:14.46	L	P	Julie Landmann	16	FSS FS	21/04/2023 SA Schools Swimming Championship
44	1:14.58	L	P	Cara Knoblauch	16	AZON ETH	01/07/2022 Prestige Tournament 2022
45	1:14.75	L	P	Caitlyn Fish	16	PER JHB	31/03/2023 SA Level 3 Regional Age Group Chan
46	1:14.95	L	P	Retha De Roubaix	16	LALE CED	21/03/2023 SA National Junior Age Group Champ
47	1:14.97	L	P	Rebekah Olivier	16	SEAL UMD	31/03/2023 SA Level 3 Regional Age Group Chan
48	1:15.06	L	F	Tayla Bruce	16	BEAV ETH	25/11/2022 WSC & Seals Summer LC Champs 20
49	1:15.17	L	F	Lauren Bates	16	SEAL UMD	25/11/2022 WSC & Seals Summer LC Champs 20
50	1:15.22	L	F	Elné Haynes	16	SS MPD	02/12/2022 Limpopo Champs
51*	1:15.24	L S	P	Robyn Cowley	16	TUKS TSH	09/12/2022 NTS Championships 2022
51*	1:15.24	L	F	Xandri Palmer	16	POTC KKD	03/10/2022 Sasolburg Swim Club Invitational Gala
53	1:15.28	L	F	Raine Botes	16	TUKS TSH	31/03/2023 SA Level 3 Regional Age Group Chan
54	1:15.45	L	F	Kaeli-Peace Armour	AR	BLOT MAN	06/12/2022 Free State Champs 2022
55	1:15.48	L	F	Susanna du Preez	16	NWUC KKD	07/12/2022 NWS Championships 2022/2023
56	1:15.49	L	F	Chignet Davel	16	PHS CCD	08/09/2022 Limpopo Interhoer (Capricorn Distrik)
57	1:15.99	L S	P	Annik Battheu	16	TUKS TSH	09/12/2022 NTS Championships 2022
58	1:16.02	L	F	Emily Beatt	16	PEAS NMA	31/03/2023 SA Level 3 Regional Age Group Chan
59	1:16.07	L	F	Kayla Vorster	16	BLNE MAN	06/12/2022 Free State Champs 2022
60	1:16.21	L	F	Bailey Hughes	16	KLOO ETH	31/03/2023 SA Level 3 Regional Age Group Chan
61	1:16.25	L	P	Ashley Ferguson	16	SEAL UMD	31/03/2023 SA Level 3 Regional Age Group Chan
62	1:16.33	L	F	Anri Wenholt	16	ETTN EKU	08/12/2022 EGA Summer Champs 2022
63	1:16.67	L	P	Danel Da Veiga	16	FLOD JHB	01/12/2022 CGA LC Summer Championships Lev
64	1:17.28	L	F	Liebe Karsten	16	UPSK	07/12/2022 NCASA CHAMPS 2022
65	1:17.37	L	F	Rachel Murray	16	HARL BUF	31/03/2023 SA Level 3 Regional Age Group Chan
66	1:17.91	L	F	Sarah Banyard	16	TUKS TSH	02/12/2022 2022 The Tshwane Mayoral Gala
67*	1:17.96	L	P	Mikaela Landman	16	RFA TSH	31/03/2023 SA Level 3 Regional Age Group Chan
67*	1:17.96	L	F	Anke' Prinsloo	16	WELA LLD	31/03/2023 SA Level 3 Regional Age Group Chan
69	1:18.11	L	F	Skye Micklethwaite	16	SSISA CPT	09/12/2022 Western Cape LC-A Championship 20
70	1:18.16	L	P	Jessica Bott	16	SOUL EKU	08/12/2022 EGA Summer Champs 2022
71	1:18.18	L	P	Erin De Montille	16	PGAC EKU	31/03/2023 SA Level 3 Regional Age Group Chan
72	1:18.22	L	F	Hannah Parry	16	MGSC UGD	25/11/2022 WSC & Seals Summer LC Champs 20
73	1:18.31	L	F	Janeske Vd Walt	16	RBUR BPD	07/12/2022 NWS Championships 2022/2023
74	1:18.83	L	P	Leah Durig	16	WATR JHB	01/12/2022 CGA LC Summer Championships Lev
75	1:18.98	L	F	Abigaile Pretorius	16	SOUL EKU	08/12/2022 EGA Summer Champs 2022
76	1:19.22	L	F	Linique Rowles	16	HREF BPD	07/12/2022 NWS Championships 2022/2023
77	1:19.28	L	P	Justine Crator	16	SWIFT EKU	31/03/2023 SA Level 3 Regional Age Group Chan
78	1:19.38	L	F	Carlia Nel	16	HPP BUF	04/02/2023 Limpopo School Champs
79	1:19.39	L	F	Leigh-Ann Mitchley	16	BEAV ETH	17/03/2023 SA Level 2 Regional Age Group Cham
80*	1:19.82	L	P	Lune Van Den Berg	16	QSAW CED	09/12/2022 Western Cape LC-A Championship 20
80*	1:19.82	L	F	Izaan Scheepers	16	VRY ZLD	19/11/2022 Froggies Aquatics Championships 202
82	1:20.08	L	P	Mila Kriek	16	QSAW CED	09/12/2022 Western Cape LC-A Championship 20
83	1:20.29	L	P	Dakota Wyngaard	16	QUIC CPT	31/03/2023 SA Level 3 Regional Age Group Chan
84	1:20.34	L	F	Amy Kruger	16	MDOL EKU	02/03/2023 SA Level 2 Regional Age Group Cham
85	1:20.80	L	F	Nina Matthysen	16	SSISA CPT	15/10/2022 CTA Qualifying Meet #6
86	1:20.84	L	P	Carli Vorster	16	SWAR WCD	09/12/2022 Western Cape LC-A Championship 20
87	1:20.88	L	F	Georgina Francis	16	PSCP UMD	17/03/2023 SA Level 2 Regional Age Group Cham
88	1:20.95	L	P	Gute Geldenhuys	16	WATR JHB	31/03/2023 SA Level 3 Regional Age Group Chan
89	1:21.21	L	P	Simphiwe Zulu	16	BAS EKU	16/12/2022 KZNA Premier Provincial Championshi
90	1:21.22	L	F	Casey Joubert	16	PEAS NMA	07/12/2022 NWS Championships 2022/2023
91	1:21.25	L	P	Kaylin Oelschig	16	BLNE MAN	06/12/2022 Free State Champs 2022
92	1:21.41	L	F	Tamica Visser	16	HREF BPD	07/12/2022 NWS Championships 2022/2023
93	1:21.46	L	F	Marlouise Keet	16	DDA TSH	27/01/2023 NTS Janaury Lev 1+2 Age Group Gala
94	1:21.63	L	P	Jaime Diamond	16	OLDE JHB	31/03/2023 SA Level 3 Regional Age Group Chan
95	1:21.68	L	F	Amber Ogden	16	PEAR NMA	25/02/2023 Eastern Cape Schools Swimming Trial
96	1:21.72	L	F	Chante Joubert	16	CRSC JHB	25/02/2023 CGA Level 3+ Last Chance gala
97	1:22.02	L	F	Kieta Jack	16	CYBE CPT	15/10/2022 CTA Qualifying Meet #6
98	1:22.59	L	F	Amber Botha	16	ONYX EKU	20/01/2023 EGA Last Chance Galal
99	1:22.64	L	F	Kendall Jackson	16	CA EKU	02/03/2023 SA Level 2 Regional Age Group Cham
100*	1:22.66	L	F	Gabriella Mitchell	16	CRSC JHB	01/12/2022 CGA LC Summer Championships Lev
100*	1:22.66	L	F	Jady Theron	16	ASAW CED	20/08/2022 Winelands SL 1

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
102	1:22.82	L	F	Janica Stone	16	KALA	03/03/2023 SA Level 2 Regional Age Group Cham
103	1:22.86	L	F	Tasnim Nabbie	16	ACSA ETH	28/01/2023 EDA January Gala 2023
104	1:22.89	L	F	Sophia Wium	16	QSAW CED	07/10/2022 41st Freda Barnard Invitational Gala
105	1:22.95	L	F	Mariska Malan	16	BLNE MAN	06/12/2022 Free State Champs 2022
106	1:22.99	L	F	Erin De Beer	16	VINE CPT	04/11/2022 CTA A CHAMPS 2022
107	1:23.08	L	F	Leandri vd Walt	16	RBUR BPD	03/03/2023 SA Level 2 Regional Age Group Cham
108	1:23.14	L	F	Morgan-Hanna Russell	16	AACTA CPT	04/02/2023 CTA BRIAN BUTTON Qualifying Meet
109	1:23.22	L	F	Maya Laubscher	16	GSA CPT	20/08/2022 Winelands SL 1
110	1:23.28	L	F	Talia Vd Berg	16	QSAW CED	21/01/2023 CTA Qualifying Meet #7
111	1:23.51	L	F	Kelly Jackson	16	BLSS MAN	06/12/2022 Free State Champs 2022
112	1:23.86	L	F	Blair Benson	16	AACTA CPT	07/10/2022 41st Freda Barnard Invitational Gala
113	1:24.17	L	F	Skyla Havenga	16	CLSC WCD	20/08/2022 Winelands SL 1
114	1:24.65	L	F	Joané Scheepers	16	POTC KKD	07/12/2022 NWS Championships 2022/2023
115	1:24.97	L	F	Joelle Buys	16	MARL CPT	04/11/2022 CTA A CHAMPS 2022
116	1:25.10	L	F	Lara Schilz	16	TUKS TSH	27/01/2023 NTS Janaury Lev 1+2 Age Group Gala
117	1:25.24	L	F	Tamryn Olsen	16	VINE CPT	04/11/2022 CTA A CHAMPS 2022
118	1:25.38	L	P	Ameline Ricketts	16	CUDU CPT	25/06/2022 PEA Winter Gala 2022
119	1:26.39	L	F	Lara Luttig	16	QUIC CPT	21/01/2023 CTA Qualifying Meet #7
120	1:26.73	L	F	Annika Erasmus	16	AA JHB	01/12/2022 CGA LC Summer Championships Lev
121	1:27.00	L	F	Alexandra Cunningham	16	AZON ETH	17/03/2023 SA Level 2 Regional Age Group Cham
122	1:27.27	L	F	Abigail Hains	16	PGAC ECU	02/03/2023 SA Level 2 Regional Age Group Cham
123	1:27.31	L	F	Amy Van Der Merwe	16	SEAL UMD	25/11/2022 WSC & Seals Summer LC Champs 20
124	1:27.56	L	F	Leoné Van Schalkwyk	16	PHS CCD	08/09/2022 Limpopo Interhoer (Capricorn Distrik)
125	1:27.60	L	F	Casey Morrison	16	SGUL ETH	25/11/2022 WSC & Seals Summer LC Champs 20
126	1:27.72	L	F	Annabelle Davel	16	MSC NGD	10/02/2023 MP SA SCHOOLS TRIALS AG 5 10-11
127	1:28.31	L	F	Aimy Engelbrecht	16	RFA TSH	02/12/2022 2022 The Tshwane Mayoral Gala
128	1:28.94	L	F	Emma Banda	16	ATTE TSH	02/10/2022 2022 AG Swim Stars 14&Over
129	1:29.28	L	F	Juliette Brügers	16	VINE CPT	15/10/2022 CTA Qualifying Meet #6
130	1:29.68	L	F	Phillippa Formo	16	CRSC JHB	02/03/2023 SA Level 2 Regional Age Group Cham
131	1:29.95	L	P	Iman Ismail	16	ATLA JHB	02/03/2023 SA Level 2 Regional Age Group Cham
132	1:30.32	L	F	Kiara Netherlands	16	AACTA CPT	03/09/2022 CTA Qualifying Meet #4
133	1:30.38	L	F	Isi Mshudulu	16	FLOD JHB	02/03/2023 SA Level 2 Regional Age Group Cham
134	1:31.21	L	P	Shea Roach	16	SWIFT ECU	08/12/2022 EGA Summer Champs 2022
135	1:31.29	L	F	Elani Neethling	16	ELRAS WBD	02/12/2022 Limpopo Champs
136	1:31.64	L	F	Savannah Nicol	16	BEAV ETH	25/11/2022 WSC & Seals Summer LC Champs 20
137	1:31.77	L	F	Annika Serfontein	16	VALS FDD	06/12/2022 Free State Champs 2022
138	1:31.96	L	F	Melisca Everson	16	KZNA ETH	12/04/2023 SA National Aquatic SNR-Champ 202
139	1:32.03	L	F	Jordyn Neville	16	PSCP UMD	25/11/2022 WSC & Seals Summer LC Champs 20
140	1:32.09	L	F	Roxanne Coetzee	16	PGAC ECU	17/02/2023 EGA Let's Race 2023
141	1:32.19	L	F	Lauren Erasmus	16	VINE CPT	15/10/2022 CTA Qualifying Meet #6
142	1:32.25	L	F	Wilma Strauss	16	UPSK	18/02/2023 AGE GROUP 6 UPT- 2023
143	1:32.30	L	F	Channah Van Coller	16	FISH EDD	07/10/2022 41st Freda Barnard Invitational Gala
144	1:32.36	L	F	Mamudo Fernandes	16	UNI EZD	28/01/2023 CANA GRAND PRIX JAN 2023 MBON
145	1:32.52	L	F	Nabatende Kituuka	16	ISSA	10/02/2023 NW School Championships 2023
146	1:32.53	L	F	Tara Dixon	16	AACTA CPT	07/10/2022 41st Freda Barnard Invitational Gala
147	1:33.09	L	F	Minette Brits	16	BLSS MAN	06/12/2022 Free State Champs 2022
148	1:33.10	L	F	Catherine Pretorius	16	HSBV SKD	15/10/2022 Limpopo Top 10 - High Schools
149	1:34.28	L	F	Dhiya Pillay	16	ACSA ETH	17/03/2023 SA Level 2 Regional Age Group Cham
150	1:34.58	L	F	Lara Steenkamp	16	PENC EZD	22/02/2023 EHLANZENI INTER HIGH GALA 22 FI
151	1:34.80	L	F	Kiara Davids	16	MARL CPT	24/09/2022 CTA Qualifying Meet #5
152	1:35.29	L	F	Kayla Botha	16	BLSS MAN	27/01/2023 Seals Bullsharks Gala
153	1:36.31	L	F	Fay-Lee Nel	16	SSISA CPT	03/09/2022 CTA Qualifying Meet #4
154	1:36.33	L	F	Sarah Byrne	16	LAD UTD	25/11/2022 WSC & Seals Summer LC Champs 20
155	1:37.08	L	F	Zia Mahomed	16	ACSA ETH	28/01/2023 Ushaka Champs 2023
156	1:40.40	L	F	Ewa Kopieniak	16	AQU ADJ	24/09/2022 Amajuba District Age Group Gala 3
157	1:42.47	L	F	Tshepang Tlhakola	16	CURHK CCD	08/09/2022 Limpopo Interhoer (Capricorn Distrik)
158	1:45.52	L	F	Jade Williams	16	PGH KKD	10/02/2023 NW School Championships 2023
159	1:46.89	L	F	Poshika Ramsamy	16	BEST NMA	07/10/2022 41st Freda Barnard Invitational Gala
160	1:49.40	L	F	Danè Van Zyl	16	BARR CPT	07/10/2022 41st Freda Barnard Invitational Gala

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
161	1:54.83 L	P	Tania Marais	16	RBUR BPD	07/12/2022	NWS Championships 2022/2023
162	2:02.78 L	F	Lane Esterhuizen	16	UPSK	03/02/2023	NCASA SPRINTS - 3 & 4 FEBRUARY
163	2:03.46 L	F	Alida Vd Walt	16	HBV MPD	15/10/2022	Limpopo Top 10 - High Schools
164	2:51.41 L	F	Nosipho Mathebula	16	ESS EZD	10/02/2023	MP SA SCHOOLS TRIALS AG 5 10-11
165	3:05.26 L	F	Yolandi Germeshuysen	16	ESS EZD	02/12/2022	Mpumalanga Championships 2022
Women 200 Back							
1	2:18.49 L	F	Milla Drakopoulos	16	SEAL UMD	21/03/2023	SA National Junior Age Group Champs
2	2:24.46 L	F	Zoe Griffiths	16	TUKS FSH	01/07/2022	Prestige Tournament 2022
3	2:25.02 L	F	Indiana De Villers	16	SEAL UMD	03/03/2023	2023 Grand Prix 2 Invitational Meet - K
4	2:25.58 L	P	Jessica Thompson	16	AA JHB	21/03/2023	SA National Junior Age Group Champs
5	2:25.98 L	F	Megan Matthews	16	SEAL UMD	25/11/2022	WSC & Seals Summer LC Champs 20
6	2:29.70 L	F	Megan Stewart	16	AZON ETH	01/07/2022	Prestige Tournament 2022
7	2:29.73 L	P	Tannah Lindsay	16	BAS EKU	21/03/2023	SA National Junior Age Group Champs
8	2:29.83 L	P	Sarah Mc Laren	16	RSA	30/08/2022	8th FINA JUNIOR WORLD SWIMMING
9	2:29.84 L	P	Gabriela Mladenov	16	RSA	21/07/2022	Solidarity Games Kazan July
10	2:30.34 L	F	Chanel Du Plessis	16	VINE CPT	21/03/2023	SA National Junior Age Group Champs
11	2:31.24 L	F	Kendra Venter	16	INFA NMA	10/02/2023	Infinity Gala 2023
12	2:31.59 L	F	Monica Botha	16	BEAV ETH	21/03/2023	SA National Junior Age Group Champs
13	2:31.72 L	P	Sophie Vickers	16	SSISA CPT	21/03/2023	SA National Junior Age Group Champs
14	2:32.67 L	P	Jo-Ell Viljoen	16	ASAW CED	21/03/2023	SA National Junior Age Group Champs
15	2:33.95 L	F	Caelyn White	16	ELEC FSH	21/03/2023	SA National Junior Age Group Champs
16	2:34.20 L	P	Clio Smidt	16	MARL CPT	21/03/2023	SA National Junior Age Group Champs
17	2:34.56 L	P	Caitlin Herbst	16	MDOL EKU	21/03/2023	SA National Junior Age Group Champs
18	2:34.76 L	F	Sofia French	16	DORE JHB	01/12/2022	CGA LC Summer Championships Level
19	2:34.88 L	F	Cara Knoblauch	16	AZON ETH	25/11/2022	WSC & Seals Summer LC Champs 20
20	2:36.13 L	P	Lara Botha	16	ASAW CED	21/03/2023	SA National Junior Age Group Champs
21	2:36.25 L	P	Tayla Bruce	16	BEAV ETH	03/03/2023	2023 Grand Prix 2 Invitational Meet - K
22	2:36.48 L	P	Amber Warr	16	SEAL UMD	21/03/2023	SA National Junior Age Group Champs
23	2:37.27 L	P	Jenna Smit	16	BLMA CPT	21/03/2023	SA National Junior Age Group Champs
24	2:37.66 L	F	Mila Prinsloo	16	WCA CPT	21/04/2023	SA Schools Swimming Championship
25	2:37.85 L	F	Nadia Rossouw	16	TYGE CPT	31/03/2023	SA Level 3 Regional Age Group Chan
26	2:38.16 L	F	Jenna Broderick	16	DORE JHB	31/03/2023	SA Level 3 Regional Age Group Chan
27	2:38.25 L	P	Cleo Lin	16	WATR JHB	01/12/2022	CGA LC Summer Championships Level
28	2:38.41 L	F	Jacoba Muggenburg	16	ASAW CED	18/02/2023	Swartland Invitational Gala 2023
29	2:38.47 L	F	Aurora Ryser	16	TYGE CPT	31/03/2023	SA Level 3 Regional Age Group Chan
30	2:39.01 L	F	Marie-Ella Maske	16	RAV EKU	20/01/2023	EGA Last Chance Gala
31	2:39.97 L	P	Ashley Ferguson	16	SEAL UMD	01/07/2022	Prestige Tournament 2022
32	2:40.29 L	F	Anika Hugo	16	PAQU CED	07/10/2022	41st Freda Barnard Invitational Gala
33	2:40.62 L	F	Robyn Cowley	16	TUKS FSH	09/12/2022	NTS Championships 2022
34	2:40.80 L	F	Chignet Davel	16	PHS CCD	04/02/2023	Limpopo School Champs
35	2:41.03 L	F	Andrea Germs	16	WATR JHB	01/12/2022	CGA LC Summer Championships Level
36	2:41.35 L	P	Retha De Roubaix	16	LALE CED	21/03/2023	SA National Junior Age Group Champs
37	2:41.36 L S	F	Susanna du Preez	16	NWUC KKD	07/12/2022	NWS Championships 2022/2023
38	2:41.48 L	P	Kaeli-Peace Armour	AR	BLOT MAN	21/03/2023	SA National Junior Age Group Champs
39	2:41.77 L	F	Danel Da Veiga	16	FLOD JHB	01/12/2022	CGA LC Summer Championships Level
40	2:42.06 L	F	Mieke Leonard	16	MSC NGD	31/03/2023	SA Level 3 Regional Age Group Chan
41	2:42.80 L	F	Roxanne Lothian	16	AFIN JHB	03/02/2023	NTS January Lev 3+ Age Group Gala :
42	2:43.38 L	F	Francisca Van Rooyen	AR	BLOT MAN	24/09/2022	Bull-Sharks Gala
43	2:44.25 L	F	Rachel Murray	16	HARL BUF	31/03/2023	SA Level 3 Regional Age Group Chan
44	2:44.37 L	P	Rebekah Olivier	16	SEAL UMD	31/03/2023	SA Level 3 Regional Age Group Chan
45	2:45.20 L	F	Skye Micklethwaite	16	SSISA CPT	24/09/2022	CTA Qualifying Meet #5
46	2:45.22 L	F	Raine Botes	16	TUKS FSH	31/03/2023	SA Level 3 Regional Age Group Chan
47	2:45.47 L	F	Caitlyn Fish	16	PER JHB	31/03/2023	SA Level 3 Regional Age Group Chan
48	2:45.49 L	P	Ella Bouw	16	PER JHB	01/12/2022	CGA LC Summer Championships Level
49	2:45.83 L	F	Xandri Palmer	16	POTC KKD	03/10/2022	Sasolburg Swim Club Invitational Gala
50	2:46.35 L	F	Bailey Hughes	16	KLOO ETH	03/10/2022	Sasolburg Swim Club Invitational Gala
51	2:46.51 L	F	Emily Beatt	16	PEAS NMA	13/01/2023	Eastern Cape Aquatics LC Champs 20
52	2:46.92 L	F	Elné Haynes	16	SS MPD	12/11/2022	Limpopo Age Group 5
53	2:47.49 L	F	Jessica Bott	16	SOUL EKU	17/02/2023	EGA Let's Race 2023

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
54	2:48.02	L	F	Lana Wasserman	ER	BLOT MAN	27/01/2023	Seals Bullsharks Gala
55	2:48.46	L	F	Gute Geldenhuys	16	WATR JHB	31/03/2023	SA Level 3 Regional Age Group Chan
56	2:48.50	L	F	Erin De Montille	16	PGAC EKU	31/03/2023	SA Level 3 Regional Age Group Chan
57	2:48.61	L	P	Miette Van Huyssteen	16	CUHE OBD	31/03/2023	SA Level 3 Regional Age Group Chan
58	2:48.89	L	P	Kieta Jack	16	CYBE CPT	24/02/2023	Western Cape Elite Gala
59	2:48.91	L	P	Cara Smook	AR	BLOT MAN	29/09/2022	MA Grand Prix
60	2:49.06	L	F	Abigaile Pretorius	16	SOUL EKU	31/03/2023	SA Level 3 Regional Age Group Chan
61	2:49.49	L	F	Leah Durig	16	WATR JHB	31/03/2023	SA Level 3 Regional Age Group Chan
62	2:49.93	L	F	Blair Benson	16	AACTA CPT	07/10/2022	41st Freda Barnard Invitational Gala
63	2:49.96	L S	F	Kayla Vorster	16	BLNE MAN	06/12/2022	Free State Champs 2022
64	2:50.49	L	F	Chante Joubert	16	CRSC JHB	31/03/2023	SA Level 3 Regional Age Group Chan
65*	2:50.83	L	P	Jessica Burwood	16	AZON ETH	01/07/2022	Prestige Tournament 2022
65*	2:50.83	L S	F	Linique Rowles	16	HREF BPD	07/12/2022	NWS Championships 2022/2023
67	2:51.56	L	P	Hannah Parry	16	MGSC UGD	31/03/2023	SA Level 3 Regional Age Group Chan
68	2:51.97	L	F	Mariska Malan	16	BLNE MAN	29/09/2022	MA Grand Prix
69	2:52.22	L	F	Anri Wenhold	16	ETTN EKU	31/03/2023	SA Level 3 Regional Age Group Chan
70	2:52.64	L S	F	Tamica Visser	16	HREF BPD	07/12/2022	NWS Championships 2022/2023
71	2:52.69	L	F	Anke' Prinsloo	16	WELA LLD	24/09/2022	Bull-Sharks Gala
72	2:52.75	L	F	Dakota Wyngaard	16	QUIC CPT	24/02/2023	Western Cape Elite Gala
73	2:52.97	L S	F	Casey Joubert	16	PEAS NMA	07/12/2022	NWS Championships 2022/2023
74	2:54.00	L	P	Simphiwe Zulu	16	BAS EKU	16/12/2022	KZNA Premier Provincial Championship
75	2:55.31	L	P	Tasnim Nabbie	16	KZNA ETH	21/04/2023	SA Schools Swimming Championship
76	2:55.42	L	F	Liebe Karsten	16	UPSK	07/12/2022	NCASA CHAMPS 2022
77	2:56.68	L	F	Mikaela Landman	16	RFA TSH	31/03/2023	SA Level 3 Regional Age Group Chan
78	2:57.14	L	F	Georgina Francis	16	PSCP UMD	25/11/2022	WSC & Seals Summer LC Champs 20
79	2:57.58	L	F	Carlia Nel	16	HPP BUF	04/02/2023	Limpopo School Champs
80	2:57.91	L	P	Justine Crator	16	SWIFT EKU	08/12/2022	EGA Summer Champs 2022
81	2:58.54	L	F	Marlouise Keet	16	DDA TSH	02/12/2022	2022 The Tshwane Mayoral Gala
82	2:59.21	L S	P	Luané Scheepers	16	POTC KKD	07/12/2022	NWS Championships 2022/2023
83	2:59.44	L	F	Tanith Ward	16	SSISA CPT	04/11/2022	CTA A CHAMPS 2022
84	3:01.02	L	P	Kaylin Oelschig	16	BLNE MAN	29/09/2022	MA Grand Prix
85	3:01.72	L	F	Amy Kruger	16	MDOL EKU	02/03/2023	SA Level 2 Regional Age Group Cham
86	3:01.92	L S	F	Leandri vd Walt	16	RBUR BPD	07/12/2022	NWS Championships 2022/2023
87	3:02.22	L	F	Lara Luttig	16	QUIC CPT	04/02/2023	CTA BRIAN BUTTON Qualifying Meet
88	3:02.27	L	F	Janica Stone	16	KALA	03/03/2023	SA Level 2 Regional Age Group Cham
89	3:02.45	L	F	Lune Van Den Berg	16	QSAW CED	07/10/2022	41st Freda Barnard Invitational Gala
90	3:03.01	L	F	Tamryn Olsen	16	VINE CPT	04/11/2022	CTA A CHAMPS 2022
91	3:03.39	L	F	Ameline Ricketts	16	CUDU CPT	11/02/2023	WCA-B Champs - 2023
92	3:03.50	L	P	Annika Erasmus	16	AA JHB	01/12/2022	CGA LC Summer Championships Leve
93	3:04.40	L	F	Jorja Lindstrom	16	HARL BUF	18/02/2023	BCA 2nd Feb Age Group Gala 2023
94	3:05.42	L	F	Izaan Scheepers	16	VRY ZLD	04/02/2023	KCDA February Age Group Gala 2023
95	3:06.10	L	F	Aimy Engelbrecht	16	RFA TSH	02/12/2022	2022 The Tshwane Mayoral Gala
96	3:09.97	L	F	Annabelle Davel	16	MSC NGD	10/02/2023	MP SA SCHOOLS TRIALS AG 5 10-11
97	3:10.31	L	F	Iman Ismail	16	ATLA JHB	02/03/2023	SA Level 2 Regional Age Group Cham
98	3:10.90	L	F	Talia Vd Berg	16	QSAW CED	28/01/2023	Winelands SL Final
99	3:11.96	L	F	Morgan-Hanna Russell	16	AACTA CPT	21/01/2023	CTA Qualifying Meet #7
100	3:19.00	L	F	Kiara Davids	16	MARL CPT	18/02/2023	Swartland Invitational Gala 2023
101	3:25.03	L	P	Shea Roach	16	SWIFT EKU	08/12/2022	EGA Summer Champs 2022
102	3:26.73	L	F	Lara Steenkamp	16	KSC EZD	24/02/2023	MP AGE GROUP 6 GALA
103	3:30.81	L	F	Wilma Strauss	16	UPSK	03/03/2023	SA Level 2 Regional Age Group Cham
104	4:18.76	L	F	Lane Esterhuizen	16	UPSK	03/02/2023	NCASA SPRINTS - 3 & 4 FEBRUARY
Women 50 Breast								
1	33.76	L	F	Kiera Cloete	16	AGB JHB	12/04/2023	SA National Aquatic SNR-Champ 202
2	34.06	L S	F	Isabella Mc Colgan	16	TUKS TSH	09/12/2022	NTS Championships 2022
3	34.40	L	F	Khwezi Jacobs	16	PEAS NMA	21/03/2023	SA National Junior Age Group Champ
4	34.48	L	P	Danielle Webster	16	RFA TSH	21/03/2023	SA National Junior Age Group Champ
5	34.94	L	P	Jessica Thompson	16	AA JHB	21/03/2023	SA National Junior Age Group Champ
6*	35.16	L	F	Emily Martens	16	SEAL UMD	16/12/2022	KZNA Premier Provincial Championshi
6*	35.16	L	F	Megan Stewart	16	RSA	04/12/2022	AUSC-Region 5 Under 20 YTH Games

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
8	35.48	L	F	Kendra Venter	16	INFA NMA	13/08/2022 Madibaz Swim Meet
9	35.85	L	P	Chloe Steyn	16	BEST NMA	21/03/2023 SA National Junior Age Group Champs
10	35.88	L	P	Alexia Greyling	16	CA EKU	21/03/2023 SA National Junior Age Group Champs
11	36.03	L	P	Cara Knoblauch	16	KZNA ETH	21/04/2023 SA Schools Swimming Championship
12	36.07	L	P	Leah Lachman	16	KZNA ETH	21/04/2023 SA Schools Swimming Championship
13	36.82	L	P	Rhys Purves	16	SEAL UMD	01/07/2022 Prestige Tournament 2022
14	36.85	L	P	Sarah Mc Laren	16	SGUL ETH	21/03/2023 SA National Junior Age Group Champs
15	36.89	L	P	Christine Jackson	16	ELEC TSH	21/03/2023 SA National Junior Age Group Champs
16	36.91	L	F	Lica Van Niekerk	16	QSAW CED	09/12/2022 Western Cape LC-A Championship 20
17	36.97	L	F	Leigh-Ann Van der Vyver	16	CRSC JHB	01/12/2022 CGA LC Summer Championships Leve
18	37.01	L S	P	Xandri Fourie	16	TRAZ TSH	09/12/2022 NTS Championships 2022
19	37.08	L	F	Chloe Graaff	16	ELEC TSH	31/03/2023 SA Level 3 Regional Age Group Chan
20	37.39	L	F	Anika Hugo	16	PAQU CED	09/12/2022 Western Cape LC-A Championship 20
21	37.43	L	F	Jorja Lindstrom	16	STHS BUF	25/02/2023 Eastern Cape Schools Swimming Trial
22	37.48	L	F	Bianca Ribeiro	16	SSISA CPT	04/02/2023 CTA BRIAN BUTTON Qualifying Meet
23	37.61	L	F	Utah Novello	16	CLSC WCD	31/03/2023 SA Level 3 Regional Age Group Chan
24	37.65	L	F	Marie-Ella Maske	16	RAV EKU	11/06/2022 EGA Winter 1 2022
25	37.75	L	F	Jessica Bott	16	SOUL EKU	31/03/2023 SA Level 3 Regional Age Group Chan
26	37.84	L	P	Jenna Shaw	16	SEAL UMD	21/03/2023 SA National Junior Age Group Champs
27	37.97	L	F	Erin Langenhoven	16	AACTA CPT	07/10/2022 41st Freda Barnard Invitational Gala
28	38.03	L	F	Juliette Pascoe	16	TUKS TSH	31/03/2023 SA Level 3 Regional Age Group Chan
29	38.18	L	F	Maya Laubscher	16	GSA CPT	31/03/2023 SA Level 3 Regional Age Group Chan
30	38.19	L S	P	Romy Day	16	ELEC TSH	09/12/2022 NTS Championships 2022
31	38.28	L	F	Danika Vyncke	16	KZNA ETH	12/04/2023 SA National Aquatic SNR-Champ 202
32	38.29	L	P	Madison Scorgie	16	AA JHB	01/12/2022 CGA LC Summer Championships Leve
33	38.31	L	F	Jenna Bidgood	16	AFIN JHB	31/03/2023 SA Level 3 Regional Age Group Chan
34	38.57	L	P	Skyla Havenga	16	CLSC WCD	09/12/2022 Western Cape LC-A Championship 20
35	38.63	L	F	Alexandra Cunningham	16	AZON ETH	17/03/2023 SA Level 2 Regional Age Group Cham
36	38.75	L	F	Xandri Palmer	16	POTC KKD	03/10/2022 Sasolburg Swim Club Invitational Gala
37	38.85	L	F	Mila Kriek	16	WCA CPT	21/04/2023 SA Schools Swimming Championship
38	39.08	L	F	Christine Bester	16	ASAW CED	20/08/2022 Winelands SL 1
39	39.13	L	P	Justine Crator	16	SWIFT EKU	31/03/2023 SA Level 3 Regional Age Group Chan
40	39.14	L	F	Aqeelah Rinqest	16	MARL CPT	21/01/2023 CTA Qualifying Meet #7
41	39.17	L	F	Aurora Ryser	16	TYGE CPT	09/12/2022 Western Cape LC-A Championship 20
42*	39.18	L	F	Yzabela Aromin	16	ACSA ETH	28/01/2023 Ushaka Champs 2023
42*	39.18	L	F	Lara Botha	16	ASAW CED	20/08/2022 Winelands SL 1
44	39.27	L	F	Susanna du Preez	16	NWUC KKD	03/10/2022 Sasolburg Swim Club Invitational Gala
45	39.43	L	P	Mari Nortje	JR	BLOT MAN	06/12/2022 Free State Champs 2022
46	39.46	L	F	Leila Pollicutte	16	EDEN EDD	28/01/2023 NMBA Intra-District Championship
47*	39.55	L	F	Amber Warr	16	SEAL UMD	25/11/2022 WSC & Seals Summer LC Champs 20
47*	39.55	L	F	Erin Ramlukan	16	TOTIS ETH	01/07/2022 Prestige Tournament 2022
49	39.61	L	P	Danel Da Veiga	16	FLOD JHB	01/12/2022 CGA LC Summer Championships Leve
50	39.69	L	F	Leah Stewart	16	PSCP UMD	25/11/2022 WSC & Seals Summer LC Champs 20
51	39.87	L	F	Caitlynn Foster	16	RPAC EKU	21/10/2022 EGA Summer 2 2022
52	40.03	L	F	Rebekah Fleischer	16	WSTV ETH	25/11/2022 WSC & Seals Summer LC Champs 20
53	40.12	L	F	Amy Beetge	16	LALE CED	31/03/2023 SA Level 3 Regional Age Group Chan
54	40.13	L	F	Amy Kruger	16	MDOL EKU	02/03/2023 SA Level 2 Regional Age Group Cham
55	40.16	L	F	Genna Cloete	16	PSC TSH	08/10/2022 NTS Sprint Gala
56*	40.17	L	P	Sophia Wium	16	QSAW CED	09/12/2022 Western Cape LC-A Championship 20
56*	40.17	L	P	Gemma Haupt	16	ASAC CPT	31/03/2023 SA Level 3 Regional Age Group Chan
58	40.18	L	P	Megan Fermoyle	16	SASE JHB	02/03/2023 SA Level 2 Regional Age Group Cham
59	40.23	L	F	Abigail Olivier	16	ACAQ CCD	02/12/2022 Limpopo Champs
60	40.35	L	F	Fay-Lee Nel	16	SSISA CPT	04/11/2022 CTA A CHAMPS 2022
61	40.37	L	F	Janeske Vd Walt	16	RBUR BPD	07/12/2022 NWS Championships 2022/2023
62	40.50	L	F	Soleil Greyling	16	ASAW CED	20/08/2022 Winelands SL 1
63	40.55	L	F	Nadia Rossouw	16	TYGE CPT	24/09/2022 CTA Qualifying Meet #5
64*	40.59	L	F	Cara Smook	AR	BLOT MAN	06/12/2022 Free State Champs 2022
64*	40.59	L	F	Jasmine Witthuhn	16	INFA NMA	13/08/2022 Madibaz Swim Meet
66	40.62	L	P	Kaylee Wiggill	16	RAV EKU	08/12/2022 EGA Summer Champs 2022

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
67	40.73 L	F	Casey Roos	16	ELEC	FSH	24/02/2023 NTS February Lev 3+ Age Group Gala
68	x40.86 L	P	Aliyyah Rangraze	16	ATLA	JHB	02/03/2023 SA Level 2 Regional Age Group Cham
69	40.90 L	F	Kye-Ann Fowler	16	UNI	EZD	04/11/2022 MP AGE GROUP 3 GALA 4-5 NOVEM
70	41.02 L	F	Kayleen van Reenen	16	AFIN	JHB	27/01/2023 NTS Janaury Lev 1+2 Age Group Gala
71	41.07 L	F	Kaylin Oelschig	16	BLNE	MAN	06/12/2022 Free State Champs 2022
72	41.21 L	F	Nina Matthysen	16	SSISA	CPT	03/09/2022 CTA Qualifying Meet #4
73	41.30 L	P	Madison Goliath	16	ECA	BUF	21/04/2023 SA Schools Swimming Championship
74	41.44 L	F	Elsje Jacobs	16	USC	BUF	19/11/2022 BCA 2nd November Age Group Gala 2
75	41.61 L	F	Bailey Hughes	16	KLOO	ETH	03/10/2022 Sasolburg Swim Club Invitational Gala
76	41.78 L	F	Talia Vd Berg	16	QSAW	CED	11/02/2023 WCA-B Champs - 2023
77	41.79 L	F	Linique Rowles	16	HREF	BPD	07/12/2022 NWS Championships 2022/2023
78*	41.95 L	F	Gabriela Mladenov	16	AA	JHB	08/10/2022 NTS Sprint Gala
78*	41.95 L	F	Chanel Du Plessis	16	VINE	CPT	24/09/2022 CTA Qualifying Meet #5
80	42.03 L	F	Kiara Croft	16	PEAS	NMA	16/07/2022 1st A League Gala 2022 NMA
81	42.15 L	F	Amber Botha	16	ONYX	EKU	02/03/2023 SA Level 2 Regional Age Group Cham
82	42.16 L S	P	Julie Landmann	16	PAC	FSH	09/12/2022 NTS Championships 2022
83*	42.23 L	P	Jenna Smit	16	BLMA	CPT	25/06/2022 PEA Winter Gala 2022
83*	42.23 L	P	Anje Stapelberg	16	UNI	EZD	02/12/2022 Mpumalanga Championships 2022
85	42.25 L	F	Kayla Vorster	16	BLNE	MAN	06/12/2022 Free State Champs 2022
86	42.30 L	F	Marlouise Keet	16	DDA	FSH	02/12/2022 2022 The Tshwane Mayoral Gala
87	42.31 L	F	Annika Serfontein	16	VALS	FDD	29/10/2022 Neptune Gala
88	42.36 L	F	Mariska Malan	16	BLNE	MAN	29/10/2022 Neptune Gala
89	42.39 L	P	Annika Erasmus	16	AA	JHB	31/03/2023 SA Level 3 Regional Age Group Cham
90	42.44 L	P	Angel Geel	16	NWSCH		21/04/2023 SA Schools Swimming Championship
91	42.69 L	P	Leané van Eeden	16	NC		21/04/2023 SA Schools Swimming Championship
92	42.73 L	P	Millah Smith	16	BLSS	MAN	06/12/2022 Free State Champs 2022
93	42.78 L	F	Estella Mann	16	RAV	EKU	11/06/2022 EGA Winter 1 2022
94	42.79 L	F	Izaan Scheepers	16	VRY	ZLD	17/03/2023 SA Level 2 Regional Age Group Cham
95	43.05 L	F	Alne Van Eeden	16	PEAS	NMA	16/07/2022 1st A League Gala 2022 NMA
96	43.18 L	F	Jady Theron	16	ASAW	CED	20/08/2022 Winelands SL 1
97	43.19 L	F	Jaymé Pretorius	16	HSBV	SKD	15/10/2022 Limpopo Top 10 - High Schools
98	43.25 L	P	Abigail Hains	16	PGAC	EKU	02/03/2023 SA Level 2 Regional Age Group Cham
99	43.27 L	F	Mckayla-Leigh Brits	16	RFA	FSH	01/10/2022 2022 AG Swim Stars&OR Tambo 13&L
100	43.30 L	F	Casey Morrison	16	SGUL	ETH	25/11/2022 WSC & Seals Summer LC Champs 20
101	43.32 L	F	Liebe Karsten	16	UPSK		03/02/2023 NCASA SPRINTS - 3 & 4 FEBRUARY
102*	43.48 L	F	Quinn Calder	16	PGH	KKD	10/02/2023 NW School Championships 2023
102*	43.48 L	F	Elné Haynes	16	SS	MPD	02/12/2022 Limpopo Champs
104	43.60 L	F	Sarah Banyard	16	TUKS	FSH	02/12/2022 2022 The Tshwane Mayoral Gala
105	43.70 L	F	Emma-Kate van Niekerk	16	CRSC	JHB	02/03/2023 SA Level 2 Regional Age Group Cham
106	43.77 L	F	Mi-ne Verster	16	HMER	MPD	15/10/2022 Limpopo Top 10 - High Schools
107	43.79 L	F	Tamryn Olsen	16	VINE	CPT	04/11/2022 CTA A CHAMPS 2022
108	43.87 L	P	Dhiya Pillay	16	ACSA	ETH	17/03/2023 SA Level 2 Regional Age Group Cham
109	43.91 L	F	Aimy Engelbrecht	16	RFA	FSH	02/12/2022 2022 The Tshwane Mayoral Gala
110	44.13 L	F	Annabelle Davel	16	MSC	NGD	20/01/2023 MP AGE GROUP 4 GALA 21 - 22 JAN
111	44.26 L	F	Jacoba Muggenburg	16	ASAW	CED	20/08/2022 Winelands SL 1
112	44.27 L	F	Dakota Wyngaard	16	QUIC	CPT	07/10/2022 41st Freda Barnard Invitational Gala
113	44.30 L	P	Ameline Ricketts	16	CUDU	CPT	25/06/2022 PEA Winter Gala 2022
114	44.34 L	F	Nalizeri Pretorius	ER	BHS	EZD	22/02/2023 EHLANZENI INTER HIGH GALA 22 FI
115	44.41 L	F	Emma Banda	16	ATTE	FSH	02/10/2022 2022 AG Swim Stars 14&Over
116	44.44 L	F	Anke Van der Poel	16	BULS	MAN	27/08/2022 Kovsie Gala
117	44.60 L	F	Ella Williams	16	PGH	KKD	10/02/2023 NW School Championships 2023
118	44.72 L	F	Casey Joubert	16	PEAS	NMA	17/09/2022 3rd A League Gala-Newton Park Pool
119	44.77 L	F	Ellené Vd Westhuyzen	16	HSBV	SKD	15/10/2022 Limpopo Top 10 - High Schools
120	45.15 L	F	Iman Ismail	16	ATLA	JHB	02/03/2023 SA Level 2 Regional Age Group Cham
121	45.21 L	P	Minette Brits	16	BLSS	MAN	03/03/2023 SA Level 2 Regional Age Group Cham
122	45.33 L	F	Anke' Prinsloo	16	WELA	LLD	27/08/2022 Kovsie Gala
123	45.38 L	P	Shea Roach	16	SWIFT	EKU	08/12/2022 EGA Summer Champs 2022
124	45.40 L	F	Blair Benson	16	AACTA	CPT	07/10/2022 41st Freda Barnard Invitational Gala
125	45.41 L	F	Isabella Horwood	16	PEAS	NMA	17/09/2022 3rd A League Gala-Newton Park Pool

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
126	45.53 L	P	Zia Mahomed	16	ACSA ETH	17/03/2023	SA Level 2 Regional Age Group Cham	
127	45.71 L	F	Kelly Jackson	16	BLSS MAN	03/03/2023	SA Level 2 Regional Age Group Cham	
128	45.88 L	F	Morgan Botha	16	CA EKU	23/09/2022	EGA Summer 1 2022	
129	46.02 L	P	Roxanne Coetzee	16	PGAC EKU	08/12/2022	EGA Summer Champs 2022	
130	46.15 L	F	Leandri vd Walt	16	RBUR BPD	03/03/2023	SA Level 2 Regional Age Group Cham	
131	46.27 L	F	Luané Scheepers	16	PGIM KKD	10/02/2023	NW School Championships 2023	
132	46.32 L	F	Lune Van Den Berg	16	QSAW CED	07/10/2022	41st Freda Barnard Invitational Gala	
133	46.37 L	F	Kendall Jackson	16	CA EKU	21/10/2022	EGA Summer 2 2022	
134	46.38 L	F	Phillippa Formo	16	CRSC JHB	02/03/2023	SA Level 2 Regional Age Group Cham	
135	46.85 L	F	Heidri de Jager	16	RBOT BPD	21/01/2023	NWS Sprint Gala 2023	
136	46.87 L	F	Chelsea Lavita	16	MANT CPT	03/09/2022	CTA Qualifying Meet #4	
137	47.16 L	P	Jordyn Neville	16	PSCP UMD	17/03/2023	SA Level 2 Regional Age Group Cham	
138	47.19 L	F	Tara Dixon	16	AACTA CPT	07/10/2022	41st Freda Barnard Invitational Gala	
139	47.60 L	F	Juliette Brügers	16	VINE CPT	24/09/2022	CTA Qualifying Meet #5	
140	47.95 L	F	Chloe Jansen	16	XSAQ CPT	29/10/2022	OR TAMBO Soncini 2022	
141	48.00 L	F	Tania Marais	16	RBUR BPD	07/12/2022	NWS Championships 2022/2023	
142	48.03 L	F	Amy Van Der Merwe	16	SEAL UMD	25/11/2022	WSC & Seals Summer LC Champs 20	
143	48.51 L	P	Wilma Strauss	16	UPSK	03/03/2023	SA Level 2 Regional Age Group Cham	
144	48.63 L	F	Natasha Bourdin	16	UPC EZD	22/02/2023	EHLANZENI INTER HIGH GALA 22 FI	
145	48.77 L	F	Tabitha Dippenaar	16	HBV MPD	15/10/2022	Limpopo Top 10 - High Schools	
146	48.98 L	P	Erin De Montille	16	PGAC EKU	08/12/2022	EGA Summer Champs 2022	
147	49.00 L	F	Mamudo Fernandes	16	UNI EZD	17/09/2022	MP SPRINT GALA 17 SEPTEMBER 2	
148	49.02 L	F	Carla Van Deventer	16	HE WBD	15/10/2022	Limpopo Top 10 - High Schools	
149	49.19 L	F	Nabatende Kituuka	16	ISSA	10/02/2023	NW School Championships 2023	
150	49.21 L	F	Channah Van Collier	16	FISH EDD	07/10/2022	41st Freda Barnard Invitational Gala	
151	49.35 L	F	Lene Lavarack	16	FAAC FBD	07/10/2022	FLAMINGO GALA OCT 2022	
152	49.69 L	F	Isi Mshudulu	16	FLOD JHB	02/10/2022	2022 AG Swim Stars 14&Over	
153	49.89 L	P	Cailynn Foster	16	RPAC EKU	02/03/2023	SA Level 2 Regional Age Group Cham	
154	49.98 L	F	Abigaile Pretorius	16	SOUL EKU	23/09/2022	EGA Summer 1 2022	
155	50.02 L	F	Mia Alberts	16	PHS CCD	15/10/2022	Limpopo Top 10 - High Schools	
156	50.22 L	F	Caitlin Le Roux	16	HSTAN MPD	15/10/2022	Limpopo Top 10 - High Schools	
157	50.72 L	F	Alta Radley	SR	PSA ZLD	04/02/2023	KCDA February Age Group Gala 2023	
158	50.94 L	F	Tamica Visser	16	HREF BPD	10/09/2022	Adrian Grafe Gala 2022	
159	51.56 L	P	Lara Steenkamp	16	KSC EZD	02/03/2023	SA Level 2 Regional Age Group Cham	
160	51.64 L	F	Lara Schilz	16	TUKS FSH	02/12/2022	2022 The Tshwane Mayoral Gala	
161	51.65 L	F	Sarah Byrne	16	LAD UTD	04/02/2023	Uthukela District Age Group Gal 4 Feb	
162	52.50 L	F	Christen Coetzee	16	HFDT MPD	15/10/2022	Limpopo Top 10 - High Schools	
163	52.62 L	F	Nqabayethu Shongwe	16	ZASC FSH	02/12/2022	2022 The Tshwane Mayoral Gala	
164	52.65 L	F	Kiara Davids	16	MARL CPT	03/09/2022	CTA Qualifying Meet #4	
165	52.77 L	F	Kayla Vd Horst	16	HPP BUF	15/10/2022	Limpopo Top 10 - High Schools	
166	53.27 L	F	Reese Manowe	16	UPC EZD	22/02/2023	EHLANZENI INTER HIGH GALA 22 FI	
167	53.53 L	F	Poshika Ramsamy	16	RSA	25/02/2023	Eastern Cape Schools Swimming Trial	
168	54.71 L	F	Sumari Vorster	16	HBV MPD	15/10/2022	Limpopo Top 10 - High Schools	
169	55.51 L	F	Danè Van Zyl	16	BARR CPT	07/10/2022	41st Freda Barnard Invitational Gala	
170	55.70 L	F	Jade Williams	16	PGH KKD	10/02/2023	NW School Championships 2023	
171	1:00.72 L	F	Mariam Sululu	16	RETR CPT	11/11/2022	Swartland Prestige Gala 2022	
172	1:07.61 L	F	Lane Esterhuizen	16	UPSK	18/02/2023	AGE GROUP 6 UPT- 2023	
173	1:09.37 L	F	Kristen Jordt	16	HE WBD	15/10/2022	Limpopo Top 10 - High Schools	
Women 100 Breast								
1	1:13.87 L	F	Isabella Mc Colgan	16	TUKS FSH	09/12/2022	NTS Championships 2022	
2	1:14.98 L	P	Kiera Cloete	16	SASE JHB	03/03/2023	2023 Grand Prix 2 Invitational Meet - K	
3	1:16.04 L	F	Megan Stewart	16	RSA	04/12/2022	AUSC-Region 5 Under 20 YTH Games	
4	1:16.83 L	P	Alexia Greyling	16	CA EKU	21/03/2023	SA National Junior Age Group Champs	
5	1:17.03 L	P	Khwezi Jacobs	16	ECA BUF	12/04/2023	SA National Aquatic SNR-Champ 202	
6	1:17.51 L	F	Danielle Webster	16	RFA FSH	21/03/2023	SA National Junior Age Group Champs	
7	1:17.56 L	F	Sofia French	16	TUKS FSH	21/03/2023	SA National Junior Age Group Champs	
8	1:17.89 L	P	Emily Martens	16	SEAL UMD	03/03/2023	2023 Grand Prix 2 Invitational Meet - K	
9	1:19.02 L	F	Kendra Venter	16	INFA NMA	13/08/2022	Madibaz Swim Meet	
10	1:20.03 L	P	Sarah Mc Laren	16	SGUL ETH	21/03/2023	SA National Junior Age Group Champs	

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
11	1:20.55	L	F	Xandri Fourie	16	TRAZ	FSH 09/12/2022 NTS Championships 2022
12	1:20.65	L	F	Chelsea White	16	CRSC	JHB 01/12/2022 CGA LC Summer Championships Leve
13	1:20.67	L	F	Chloe Graaff	16	GAUT	21/04/2023 SA Schools Swimming Championship
14	1:20.85	L	F	Chloe Steyn	16	CPRIM	BUF 25/02/2023 Eastern Cape Schools Swimming Trial
15	1:20.92	L	F	Christine Jackson	16	GAUT	21/04/2023 SA Schools Swimming Championship
16	1:20.99	L	F	Leah Lachman	16	KZNA	ETH 21/04/2023 SA Schools Swimming Championship
17	1:21.62	L	F	Jorja Lindstrom	16	HARL	BUF 31/03/2023 SA Level 3 Regional Age Group Chan
18	1:21.83	L	F	Jessica Bott	16	SOUL	EKU 31/03/2023 SA Level 3 Regional Age Group Chan
19	1:22.81	L	F	Bianca Ribeiro	16	SSISA	CPT 24/02/2023 Western Cape Elite Gala
20	1:22.95	L	P	Anika Hugo	16	PAQU	CED 21/03/2023 SA National Junior Age Group Champ
21	1:23.20	L	F	Rhys Purves	16	SEAL	UMD 01/07/2022 Prestige Tournament 2022
22	1:23.25	L	P	Maya Laubscher	16	GSA	CPT 31/03/2023 SA Level 3 Regional Age Group Chan
23	1:23.30	L	P	Lara Botha	16	ASAW	CED 21/03/2023 SA National Junior Age Group Champ
24	1:23.49	L	F	Roxanne Lothian	16	AFIN	JHB 01/12/2022 CGA LC Summer Championships Leve
25	1:23.74	L	F	Leigh-Ann Van der Vyver	16	CRSC	JHB 01/12/2022 CGA LC Summer Championships Leve
26	1:23.92	L	F	Christine Bester	16	ASAW	CED 28/01/2023 Winelands SL Final
27	1:24.34	L	P	Juliette Pascoe	16	TUKS	FSH 31/03/2023 SA Level 3 Regional Age Group Chan
28	1:24.39	L	F	Yzabela Aromin	16	ACSA	ETH 28/01/2023 Ushaka Champs 2023
29	1:24.58	L	P	Mila Kriek	16	WCA	CPT 21/04/2023 SA Schools Swimming Championship
30	1:24.96	L	P	Marie-Ella Maske	16	RAV	EKU 31/03/2023 SA Level 3 Regional Age Group Chan
31	1:24.97	L	F	Danika Vyncke	16	VRY	ZLD 03/03/2023 KZN Qualifying Gala
32	1:25.19	L	P	Kaylee Wiggill	16	RAV	EKU 21/03/2023 SA National Junior Age Group Champ
33	1:25.37	L	F	Xandri Palmer	16	POTC	KKD 01/12/2022 CGA LC Summer Championships Leve
34	1:25.61	L	F	Tayla Bruce	16	BEAV	ETH 16/12/2022 KZNA Premier Provincial Championsh
35	1:25.79	L	F	Erin Langenhoven	16	AACTA	CPT 07/10/2022 41st Freda Barnard Invitational Gala
36	1:25.94	L	F	Aurora Ryser	16	TYGE	CPT 07/10/2022 41st Freda Barnard Invitational Gala
37	1:26.04	L	F	Aqeelah Rinquest	16	MARL	CPT 21/01/2023 CTA Qualifying Meet #7
38	1:26.52	L	F	Mari Nortje	JR	BLOT	MAN 22/10/2022 Otters Prestige Gala 2022
39	1:26.62	L	F	Utah Novello	16	CLSC	WCD 09/12/2022 Western Cape LC-A Championship 20
40	1:26.67	L	F	Jenna Bidgood	16	AFIN	JHB 31/03/2023 SA Level 3 Regional Age Group Chan
41	1:26.68	L	F	Skyla Havenga	16	CLSC	WCD 31/03/2023 SA Level 3 Regional Age Group Chan
42	1:26.92	L	F	Genna Cloete	16	PSC	FSH 03/02/2023 NTS January Lev 3+ Age Group Gala :
43	1:27.02	L	F	Alexandra Cunningham	16	AZON	ETH 17/03/2023 SA Level 2 Regional Age Group Cham
44*	1:27.13	L	P	Madison Scorgie	16	AA	JHB 03/03/2023 2023 Grand Prix 2 Invitational Meet - k
44*	1:27.13	L	F	Abigail Olivier	16	ACAQ	CCD 02/12/2022 Limpopo Champs
46	1:27.51	L	P	Jenna Shaw	16	SEAL	UMD 01/07/2022 Prestige Tournament 2022
47	x1:27.84	L	P	Aliyyah Rangraze	16	ATLA	JHB 02/03/2023 SA Level 2 Regional Age Group Cham
48	1:27.84	L	F	Amy Kruger	16	MDL	EKU 02/03/2023 SA Level 2 Regional Age Group Cham
49	1:28.50	L	P	Amy Beetge	16	LALE	CED 24/02/2023 Western Cape Elite Gala
50	1:28.52	L	F	Rebekah Fleischer	16	WSTV	ETH 25/11/2022 WSC & Seals Summer LC Champs 20
51	1:28.63	L	F	Leah Stewart	16	PSCP	UMD 25/11/2022 WSC & Seals Summer LC Champs 20
52	1:29.09	L	P	Casey Roos	16	ELEC	FSH 31/03/2023 SA Level 3 Regional Age Group Chan
53	1:29.24	L	F	Bailey Hughes	16	KLOO	ETH 31/03/2023 SA Level 3 Regional Age Group Chan
54	1:29.29	L	F	Cara Smook	AR	BLOT	MAN 27/01/2023 Seals Bullsharks Gala
55	1:29.35	L	F	Sophia Wium	16	QSAW	CED 07/10/2022 41st Freda Barnard Invitational Gala
56	1:29.62	L	P	Megan Fermoye	16	SASE	JHB 02/03/2023 SA Level 2 Regional Age Group Cham
57	1:29.80	L	P	Anri Wenhold	16	ETTN	EKU 31/03/2023 SA Level 3 Regional Age Group Chan
58	1:29.91	L	F	Kye-Ann Fowler	16	UNI	EZD 17/09/2022 MP SPRINT GALA 17 SEPTEMBER 2
59	1:30.02	L	P	Justine Crator	16	SWIFT	EKU 31/03/2023 SA Level 3 Regional Age Group Chan
60	1:30.14	L	F	Kaylin Oelschig	16	BLNE	MAN 06/12/2022 Free State Champs 2022
61	1:30.28	L	F	Gemma Haupt	16	ASAC	CPT 21/01/2023 CTA Qualifying Meet #7
62	1:30.35	L	P	Erin Ramlukan	16	TOTIS	ETH 01/07/2022 Prestige Tournament 2022
63	1:30.52	L	F	Leila Pollicutte	16	EDEN	EDD 28/01/2023 NMBA Intra-District Championship
64	1:30.89	L	F	Elsje Jacobs	16	USC	BUF 02/12/2022 BCA Long Course Championships 202
65	1:30.98	L	P	Kayleen van Reenen	16	AFIN	JHB 02/03/2023 SA Level 2 Regional Age Group Cham
66	1:31.16	L	F	Aine Van Eeden	16	PEAS	NMA 07/10/2022 41st Freda Barnard Invitational Gala
67	1:31.30	L	P	Dominique Rabie	16	ACSA	ETH 01/07/2022 Prestige Tournament 2022
68	1:31.53	L	F	Jasmine Witthuhn	16	INFA	NMA 13/08/2022 Madibaz Swim Meet
69	1:32.07	L	F	Kiara Croft	16	PEAS	NMA 16/07/2022 1st A League Gala 2022 NMA

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
70	1:32.44	L	F	Janeske Vd Walt	16	RBUR	BPD	07/12/2022 NWS Championships 2022/2023
71	1:32.56	L	P	Jaime Diamond	16	OLDE	JHB	31/03/2023 SA Level 3 Regional Age Group Cham
72	1:32.73	L	F	Talia Vd Berg	16	QSAW	CED	24/09/2022 CTA Qualifying Meet #5
73	1:32.84	L	F	Nadia Rossouw	16	TYGE	CPT	21/01/2023 CTA Qualifying Meet #7
74	1:32.94	L	F	Clio Smidt	16	MARL	CPT	03/09/2022 CTA Qualifying Meet #4
75	1:33.13	L	F	Angel Geel	16	NWUC	KKD	27/01/2023 NTS Janaury Lev 1+2 Age Group Gale
76	1:33.42	L	P	Annabelle Davel	16	MSC	NGD	02/12/2022 Mpumalanga Championships 2022
77*	1:33.64	L	F	Nina Matthysen	16	SSISA	CPT	03/09/2022 CTA Qualifying Meet #4
77*	1:33.64	L	F	Estella Mann	16	RAV	EKU	17/02/2023 EGA Let's Race 2023
79	1:33.65	L	F	Izaan Scheepers	16	VRY	ZLD	10/12/2022 KCDA December Age Goup Gala 2022
80	1:33.99	L	P	Caitlynn Foster	16	RPAC	EKU	02/03/2023 SA Level 2 Regional Age Group Cham
81	1:34.33	L	F	Jacey Filipe	16	AQU	ADJ	24/09/2022 Amajuba District Age Group Gala 3
82	1:34.56	L	F	Linique Rowles	16	HREF	BPD	07/12/2022 NWS Championships 2022/2023
83	1:34.92	L	P	Abigail Hains	16	PGAC	EKU	08/12/2022 EGA Summer Champs 2022
84	1:35.18	L	P	Amber Botha	16	ONYX	EKU	08/12/2022 EGA Summer Champs 2022
85	1:35.19	L	P	Kayla Vorster	16	BLNE	MAN	29/09/2022 MA Grand Prix
86	1:35.44	L	F	Liebe Karsten	16	UPSK		03/02/2023 NCASA SPRINTS - 3 & 4 FEBRUARY
87	1:35.57	L	F	Isabella Groenewald	16	QSAW	CED	15/10/2022 CTA Qualifying Meet #6
88	1:35.62	L	P	Marlouise Keet	16	DDA	FSH	02/03/2023 SA Level 2 Regional Age Group Cham
89	1:35.73	L	F	Mckayla-Leigh Brits	16	RFA	FSH	02/03/2023 SA Level 2 Regional Age Group Cham
90	1:36.45	L	F	Leané van Eeden	16	GHSK		03/03/2023 SA Level 2 Regional Age Group Cham
91	1:36.75	L	P	Annika Erasmus	16	AA	JHB	31/03/2023 SA Level 3 Regional Age Group Chan
92	1:37.08	L	F	Mariska Malan	16	BLNE	MAN	22/10/2022 Otters Prestige Gala 2022
93	1:37.46	L	F	Dhiya Pillay	16	ACSA	ETH	28/01/2023 Ushaka Champs 2023
94	1:37.63	L	F	Anje Stapelberg	16	UNI	EZD	02/12/2022 Mpumalanga Championships 2022
95	1:37.77	L	F	Tamryn Olsen	16	VINE	CPT	04/11/2022 CTA A CHAMPS 2022
96	1:37.90	L	F	Emma-Kate van Niekerk	16	CRSC	JHB	02/03/2023 SA Level 2 Regional Age Group Cham
97	1:38.71	L	F	Minette Brits	16	BLSS	MAN	06/12/2022 Free State Champs 2022
98	1:38.73	L	P	Millah Smith	16	BLSS	MAN	03/03/2023 SA Level 2 Regional Age Group Cham
99	1:39.26	L	F	Lara Luttig	16	QUIC	CPT	21/01/2023 CTA Qualifying Meet #7
100	1:39.61	L	P	Ameline Ricketts	16	CUDU	CPT	25/06/2022 PEA Winter Gala 2022
101	1:39.64	L	F	Luané Scheepers	16	POTC	KKD	26/11/2022 NWS Age Group 3 2022/23
102	1:39.84	L	F	Isabella Horwood	16	PEAS	NMA	19/11/2022 5th A League Gala
103	1:40.24	L	F	Shea Roach	16	SWIFT	EKU	20/01/2023 EGA Last Chance Galal
104	1:40.72	L	F	Ellené Vd Westhuyzen	16	HSBV	SKD	15/10/2022 Limpopo Top 10 - High Schools
105	1:41.27	L	F	Fay-Lee Nel	16	SSISA	CPT	04/02/2023 CTA BRIAN BUTTON Qualifying Meet
106	1:41.42	L	P	Simphele Zulu	16	BAS	EKU	16/12/2022 KZNA Premier Provincial Championships
107*	1:41.46	L	F	Emma Banda	16	ATTE	FSH	02/10/2022 2022 AG Swim Stars 14&Over
107*	1:41.46	L	P	Kelly Jackson	16	BLSS	MAN	06/12/2022 Free State Champs 2022
109	1:42.05	L	F	Jaymé Pretorius	16	HSBV	SKD	15/10/2022 Limpopo Top 10 - High Schools
110	1:42.94	L	F	Mi-ne Verster	16	TASC	MPD	12/11/2022 Limpopo Age Group 5
111	1:42.97	L	F	Zia Mahomed	16	ACSA	ETH	17/03/2023 SA Level 2 Regional Age Group Cham
112	1:43.08	L	P	Phillippa Formo	16	CRSC	JHB	02/03/2023 SA Level 2 Regional Age Group Cham
113	1:43.14	L	P	Iman Ismail	16	ATLA	JHB	02/03/2023 SA Level 2 Regional Age Group Cham
114	1:43.34	L	F	Chelsea Lavita	16	MANT	CPT	07/10/2022 41st Freda Barnard Invitational Gala
115	1:44.21	L	F	Dakota Wyngaard	16	QUIC	CPT	07/10/2022 41st Freda Barnard Invitational Gala
116	1:44.28	L	F	Aimy Engelbrecht	16	RFA	FSH	27/01/2023 NTS Janaury Lev 1+2 Age Group Gale
117	1:44.50	L	F	Jordyn Neville	16	PSCP	UMD	25/11/2022 WSC & Seals Summer LC Champs 20
118	1:44.83	L	F	Leandri vd Walt	16	RBUR	BPD	07/12/2022 NWS Championships 2022/2023
119	1:46.21	L	F	Tania Marais	16	RBUR	BPD	07/12/2022 NWS Championships 2022/2023
120	1:46.25	L	F	Tara Dixon	16	AACTA	CPT	07/10/2022 41st Freda Barnard Invitational Gala
121	1:47.41	L	F	Chloe Jansen	16	XSAQ	CPT	29/10/2022 OR TAMBO Soncini 2022
122	1:47.54	L	F	Abigaile Pretorius	16	SOUL	EKU	23/09/2022 EGA Summer 1 2022
123	1:47.62	L	F	Wilma Strauss	16	UPSK		03/03/2023 SA Level 2 Regional Age Group Cham
124	1:47.64	L	F	Isabella Dando	16	HSTAN	MPD	15/10/2022 Limpopo Top 10 - High Schools
125	1:47.76	L	F	Elani Neethling	16	ELRAS	WBD	02/12/2022 Limpopo Champs
126	1:48.35	L	F	Annika Serfontein	16	VALS	FDD	22/10/2022 Otters Prestige Gala 2022
127	1:48.36	L	F	Morgan Botha	16	CA	EKU	11/06/2022 EGA Winter 1 2022
128	1:48.88	L	F	Tamika Wolfe	16	ASA	ILD	25/11/2022 WSC & Seals Summer LC Champs 20

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
129	1:48.89	L	F	Juliette Brügers	16	VINE CPT	24/09/2022 CTA Qualifying Meet #5
130	1:51.31	L	P	Erin De Montille	16	PGAC EKU	08/12/2022 EGA Summer Champs 2022
131	1:51.64	L	F	Kiara Davids	16	MARL CPT	07/10/2022 41st Freda Barnard Invitational Gala
132	1:53.07	L	F	Nabatende Kituuka	16	ISSA	10/02/2023 NW School Championships 2023
133	1:53.59	L	F	Mamudo Fernandes	16	UNI EZD	17/09/2022 MP SPRINT GALA 17 SEPTEMBER 2
134	1:54.38	L	F	Ewa Kopieniak	16	AQU ADJ	24/09/2022 Amajuba District Age Group Gala 3
135	1:54.47	L	P	Isi Mshudulu	16	FLOD JHB	02/03/2023 SA Level 2 Regional Age Group Cham
136	1:54.87	L	P	Cailynn Foster	16	RPAC EKU	02/03/2023 SA Level 2 Regional Age Group Cham
137	2:00.44	L	F	Chanté Swarts	16	PHS CCD	08/09/2022 Limpopo Interhoer (Capricorn Distrik)
138	2:00.46	L	F	Nqabayethu Shongwe	16	ZASC TSH	17/02/2023 NTS February Lev 1+2 Age Group Gal
139	2:01.83	L	F	Christen Coetzee	16	HFDT MPD	15/10/2022 Limpopo Top 10 - High Schools
140	2:03.80	L	F	Danè Van Zyl	16	BARR CPT	07/10/2022 41st Freda Barnard Invitational Gala
141	2:04.75	L	F	Bernice Erasmus	16	HPP BUF	15/10/2022 Limpopo Top 10 - High Schools
Women 200 Breast							
1	2:41.43	L S	F	Isabella Mc Colgan	16	TUKS TSH	21/03/2023 SA National Junior Age Group Champ
2	2:43.50	L	F	Megan Stewart	16	RSA	04/12/2022 AUSC-Region 5 Under 20 YTH Games
3	2:45.14	L S	F	Alexia Greyling	16	CA EKU	21/03/2023 SA National Junior Age Group Champ
4	2:46.77	L S	F	Sofia French	16	TUKS TSH	21/03/2023 SA National Junior Age Group Champ
5	2:48.52	L	F	Xandri Fourie	16	TRAZ TSH	03/02/2023 NTS January Lev 3+ Age Group Gala :
6	2:50.08	L	P	Sarah Mc Laren	16	RSA	30/08/2022 8th FINA JUNIOR WORLD SWIMMING
7	2:51.00	L	P	Danielle Webster	16	AGC TSH	12/04/2023 SA National Aquatic SNR-Champ 202
8	2:51.28	L S	P	Kiera Cloete	16	SASE JHB	21/03/2023 SA National Junior Age Group Champ
9	2:52.67	L S	P	Christine Jackson	16	ELEC TSH	21/03/2023 SA National Junior Age Group Champ
10	2:53.83	L S	F	Chelsea White	16	CRSC JHB	21/03/2023 SA National Junior Age Group Champ
11	2:56.03	L	F	Chloe Graaff	16	ELEC TSH	24/02/2023 NTS February Lev 3+ Age Group Gala
12	2:56.73	L	F	Christine Bester	16	ASAW CED	09/12/2022 Western Cape LC-A Championship 20
13	2:57.69	L	F	Chloe Steyn	16	ECA BUF	21/04/2023 SA Schools Swimming Championship
14	2:59.75	L	F	Maya Laubscher	16	GSA CPT	31/03/2023 SA Level 3 Regional Age Group Chan
15	3:00.00	L	F	Tayla Bruce	16	BEAV ETH	25/11/2022 WSC & Seals Summer LC Champs 20
16	3:00.35	L	F	Anika Hugo	16	PAQU CED	07/10/2022 41st Freda Barnard Invitational Gala
17	3:01.15	L	F	Jorja Lindstrom	16	HARL BUF	13/01/2023 Eastern Cape Aquatics LC Champs 2C
18	3:01.58	L	F	Yzabela Aromin	16	KZNA ETH	21/04/2023 SA Schools Swimming Championship
19	3:02.25	L	F	Mila Kriek	16	WCA CPT	21/04/2023 SA Schools Swimming Championship
20	3:02.39	L	F	Jessica Bott	16	SOUL EKU	31/03/2023 SA Level 3 Regional Age Group Chan
21	3:04.57	L	F	Leah Lachman	16	SEAL UMD	16/12/2022 KZNA Premier Provincial Championshi
22	3:05.25	L	F	Juliette Pascoe	16	TUKS TSH	31/03/2023 SA Level 3 Regional Age Group Chan
23	3:06.64	L S	P	Leigh-Ann Van der Vyver	16	CRSC JHB	21/03/2023 SA National Junior Age Group Champ
24	3:07.40	L	F	Erin Langenhoven	16	AACTA CPT	07/10/2022 41st Freda Barnard Invitational Gala
25	3:07.45	L	F	Aurora Ryser	16	TYGE CPT	09/12/2022 Western Cape LC-A Championship 20
26	3:07.97	L S	F	Mari Nortje	JR	BLOT MAN	06/12/2022 Free State Champs 2022
27	3:09.03	L	F	Bianca Ribeiro	16	SSISA CPT	21/01/2023 CTA Qualifying Meet #7
28	3:09.08	L	F	Aqeelah Rinquest	16	MARL CPT	11/02/2023 WCA-B Champs - 2023
29	3:09.98	L	F	Roxanne Lothian	16	AFIN JHB	01/12/2022 CGA LC Summer Championships Lev
30	3:10.19	L S	P	Marie-Ella Maske	16	RAV EKU	08/12/2022 EGA Summer Champs 2022
31	3:10.47	L	P	Amy Beetge	16	LALE CED	24/02/2023 Western Cape Elite Gala
32	3:10.92	L	F	Alne Van Eeden	16	PEAS NMA	25/06/2022 PEA Winter Gala 2022
33	3:11.28	L	F	Bailey Hughes	16	KLOO ETH	03/10/2022 Sasolburg Swim Club Invitational Gala
34	3:11.90	L	F	Abigail Olivier	16	ACAQ CCD	02/12/2022 Limpopo Champs
35	x3:12.09	L	P	Aliyyah Rangraze	16	ATLA JHB	02/03/2023 SA Level 2 Regional Age Group Cham
36	3:12.27	L S	P	Kaylee Wiggill	16	RAV EKU	21/03/2023 SA National Junior Age Group Champ
37	3:14.32	L	F	Gemma Haupt	16	ASAC CPT	11/02/2023 WCA-B Champs - 2023
38	3:15.05	L	F	Rebekah Fleischer	16	WSTV ETH	31/03/2023 SA Level 3 Regional Age Group Chan
39	3:15.29	L	F	Xandri Palmer	16	POTC KKD	03/10/2022 Sasolburg Swim Club Invitational Gala
40	3:15.38	L	F	Dominique Rabie	16	ACSA ETH	01/07/2022 Prestige Tournament 2022
41	3:15.42	L	F	Leah Stewart	16	PSCP UMD	25/11/2022 WSC & Seals Summer LC Champs 20
42	3:15.90	L	F	Megan Fermoyle	16	SASE JHB	02/03/2023 SA Level 2 Regional Age Group Cham
43*	3:16.18	L	F	Utah Novello	16	CLSC WCD	07/10/2022 41st Freda Barnard Invitational Gala
43*	3:16.18	L	P	Madison Scorgie	16	AA JHB	01/12/2022 CGA LC Summer Championships Lev
45	3:16.67	L	F	Kye-Ann Fowler	16	UNI EZD	04/11/2022 MP AGE GROUP 3 GALA 4-5 NOVEM

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
46	3:16.91	L	P	Kayleen van Reenen	16	AFIN	JHB	02/03/2023 SA Level 2 Regional Age Group Cham
47	3:17.18	L	F	Sophia Wium	16	QSAW	GED	28/01/2023 Winelands SL Final
48	3:17.24	L	F	Jenna Bidgood	16	AFIN	JHB	31/03/2023 SA Level 3 Regional Age Group Cham
49	3:17.51	L	F	Danika Vyncke	16	VRY	ZLD	03/03/2023 KZN Qualifying Gala
50	3:19.14	L	F	Amy Kruger	16	MDOL	EKU	02/03/2023 SA Level 2 Regional Age Group Cham
51	3:19.17	L	F	Elsje Jacobs	16	USC	BUF	19/11/2022 BCA 2nd November Age Group Gala 2
52	3:19.30	L S	F	Kaylin Oelschig	16	BLNE	MAN	06/12/2022 Free State Champs 2022
53	3:19.44	L	F	Clio Smidt	16	MARL	CPT	03/09/2022 CTA Qualifying Meet #4
54	3:19.72	L	F	Skyla Havenga	16	CLSC	WCD	11/11/2022 Swartland Prestige Gala 2022
55	3:21.22	L	F	Talia Vd Berg	16	QSAW	GED	28/01/2023 Winelands SL Final
56	3:23.21	L S	P	Anri Wenhold	16	ETTN	EKU	08/12/2022 EGA Summer Champs 2022
57	3:24.89	L	F	Estella Mann	16	RAV	EKU	21/10/2022 EGA Summer 2 2022
58	3:25.17	L S	P	Abigail Hains	16	PGAC	EKU	08/12/2022 EGA Summer Champs 2022
59	3:26.48	L	F	Marlouise Keet	16	DDA	TSH	02/12/2022 2022 The Tshwane Mayoral Gala
60	3:26.49	L	F	Liebe Karsten	16	UPSK		03/02/2023 NCASA SPRINTS - 3 & 4 FEBRUARY
61	3:27.75	L	F	Anje Stapelberg	16	UNI	EZD	02/12/2022 Mpumalanga Championships 2022
62	3:28.38	L	F	Lara Luttig	16	QUIC	CPT	21/01/2023 CTA Qualifying Meet #7
63	3:28.57	L	F	Angel Geel	16	WES	KK	10/02/2023 NW School Championships 2023
64	3:29.21	L	F	Annabelle Davel	16	MSC	NGD	10/02/2023 MP SA SCHOOLS TRIALS AG 5 10-11
65	3:31.00	L	F	Mariska Malan	16	BLNE	MAN	29/10/2022 Neptune Gala
66	3:31.17	L	P	Emma-Kate van Niekerk	16	CRSC	JHB	02/03/2023 SA Level 2 Regional Age Group Cham
67	3:31.85	L	F	Amber Botha	16	ONYX	EKU	21/10/2022 EGA Summer 2 2022
68	3:33.03	L	F	Blair Benson	16	AACTA	CPT	21/01/2023 CTA Qualifying Meet #7
69	3:33.18	L	F	Mckayla-Leigh Brits	16	RFA	TSH	02/03/2023 SA Level 2 Regional Age Group Cham
70	3:34.61	L	P	Caitlynn Foster	16	RPAC	EKU	02/03/2023 SA Level 2 Regional Age Group Cham
71	3:34.66	L S	F	Luané Scheepers	16	POTC	KKD	07/12/2022 NWS Championships 2022/2023
72	3:35.12	L	P	Shea Roach	16	SWIFT	EKU	02/03/2023 SA Level 2 Regional Age Group Cham
73	3:35.72	L	F	Leané van Eeden	16	GHSK		03/03/2023 SA Level 2 Regional Age Group Cham
74	3:36.13	L	F	Leandri vd Walt	16	RBUR	BPD	03/03/2023 SA Level 2 Regional Age Group Cham
75	3:37.15	L	F	Minette Brits	16	BLSS	MAN	27/01/2023 Seals Bullsharks Gala
76	3:37.40	L	F	Roxanne Coetzee	16	PGAC	EKU	20/01/2023 EGA Last Chance Galal
77	3:37.73	L S	P	Justine Crator	16	SWIFT	EKU	08/12/2022 EGA Summer Champs 2022
78	3:39.67	L	P	Simphiwe Zulu	16	BAS	EKU	16/12/2022 KZNA Premier Provincial Championsh
79	3:39.81	L	F	Millah Smith	16	BLSS	MAN	03/03/2023 SA Level 2 Regional Age Group Cham
80	3:40.87	L	F	Ameline Ricketts	16	CUDU	CPT	25/06/2022 PEA Winter Gala 2022
81	3:41.50	L	F	Dakota Wyngaard	16	QUIC	CPT	15/10/2022 CTA Qualifying Meet #6
82	3:44.43	L	F	Chelsea Lavita	16	MANT	CPT	21/01/2023 CTA Qualifying Meet #7
83	3:48.36	L	F	Zia Mahomed	16	ACSA	ETH	17/03/2023 SA Level 2 Regional Age Group Cham
84	3:48.75	L	F	Aimy Engelbrecht	16	RFA	TSH	17/02/2023 NTS February Lev 1+2 Age Group Gal
85	3:49.78	L	F	Chloe Jansen	16	AFIN	JHB	02/10/2022 2022 AG Swim Stars 14&Over
86	3:50.44	L	P	Jordyn Neville	16	PSCP	UMD	17/03/2023 SA Level 2 Regional Age Group Cham
87	3:53.81	L S	P	Heidri de Jager	16	RBOT	BPD	07/12/2022 NWS Championships 2022/2023
88	3:55.20	L	P	Wilma Strauss	16	UPSK		03/03/2023 SA Level 2 Regional Age Group Cham
89	4:01.34	L	F	Kiara Davids	16	MARL	CPT	03/09/2022 CTA Qualifying Meet #4
90	4:14.39	L	P	Cailynn Foster	16	RPAC	EKU	02/03/2023 SA Level 2 Regional Age Group Cham
Women 50 Fly								
1	26.57	L S	P	Jessica Thompson	16	AGB	JHB	12/04/2023 SA National Aquatic SNR-Champ 202
2	28.36	L	F	Cara Knoblauch	16	AZON	ETH	21/03/2023 SA National Junior Age Group Champs
3	29.28	L	F	Lica Van Niekerk	16	QSAW	GED	21/03/2023 SA National Junior Age Group Champs
4	29.44	L	P	Megan Stewart	16	AZON	ETH	03/03/2023 2023 Grand Prix 2 Invitational Meet - K
5	29.55	L	F	Khwezi Jacobs	16	RSA		04/12/2022 AUSC-Region 5 Under 20 YTH Games
6	29.60	L	P	Indiana De Villers	16	SEAL	UMD	03/03/2023 2023 Grand Prix 2 Invitational Meet - K
7	29.76	L	F	Jessica Baker	16	WATR	JHB	21/03/2023 SA National Junior Age Group Champs
8	29.83	L	P	Genna Cloete	16	PSC	TSH	09/12/2022 NTS Championships 2022
9	29.90	L	F	Tannah Lindsay	16	BAS	EKU	20/01/2023 EGA Last Chance Galal
10	29.95	L	F	Cleo Lin	16	WATR	JHB	21/03/2023 SA National Junior Age Group Champs
11	30.42	L	F	Zoe Griffiths	16	TUKS	TSH	09/12/2022 NTS Championships 2022
12	30.53	L	F	Madison Scorgie	16	AA	JHB	31/03/2023 SA Level 3 Regional Age Group Chan
13	30.60	L	F	Romy Day	16	ELEC	TSH	21/03/2023 SA National Junior Age Group Champs

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23
 Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr
14	30.62 L	F Carli Vorster	16 SWAR WCD 31/03/2023 SA Level 3 Regional Age Group Chan
15	30.67 L	F Mila Prinsloo	16 WCA CPT 21/04/2023 SA Schools Swimming Championship
16	30.73 L	F Leah Lachman	16 SEAL UMD 31/03/2023 SA Level 3 Regional Age Group Chan
17	30.82 L S	F Kendra Venter	16 INFA NMA 25/06/2022 PEA Winter Gala 2022
18	30.84 L	F Chloe Steyn	16 BEST NMA 22/10/2022 4th A League Gala
19	30.85 L S	P Chelsea White	16 AGB JHB 12/04/2023 SA National Aquatic SNR-Champ 202
20	30.86 L	P Julie Landmann	16 PAC TSH 09/12/2022 NTS Championships 2022
21	30.87 L	F Francisca Van Rooyen	AR BLOT MAN 27/08/2022 Kovsie Gala
22	30.91 L	P Sarah Mc Laren	16 SGUL ETH 21/03/2023 SA National Junior Age Group Champ
23	31.05 L	P Caelyn White	16 ELEC TSH 09/12/2022 NTS Championships 2022
24	31.08 L	P Alexia McCabe	16 WATR JHB 21/03/2023 SA National Junior Age Group Champ
25	31.11 L	F Chanel Du Plessis	16 VINE CPT 04/11/2022 CTA A CHAMPS 2022
26	31.31 L	F Isabel Skinner	16 TUKS TSH 31/03/2023 SA Level 3 Regional Age Group Chan
27	31.32 L	F Annik Battheu	16 TUKS TSH 31/03/2023 SA Level 3 Regional Age Group Chan
28	31.39 L S	P Isabella Mc Colgan	16 AGC TSH 12/04/2023 SA National Aquatic SNR-Champ 202
29	31.45 L	F Clio Smidt	16 MARL CPT 07/10/2022 41st Freda Barnard Invitational Gala
30	31.55 L	F Lana Wasserman	ER BLOT MAN 06/12/2022 Free State Champs 2022
31*	31.56 L	P Rhys Purves	16 SEAL UMD 01/07/2022 Prestige Tournament 2022
31*	31.56 L S	P Kiara Croft	16 ECA BUF 12/04/2023 SA National Aquatic SNR-Champ 202
33	31.58 L	F Jo-Ell Viljoen	16 ASAW CED 09/12/2022 Western Cape LC-A Championship 20
34	31.63 L	P Anika Hugo	16 PAQU CED 21/03/2023 SA National Junior Age Group Champ
35	31.66 L	F Chloe Graaff	16 RSA 04/12/2022 AUSC-Region 5 Under 20 YTH Games
36	31.70 L	F Susanna du Preez	16 NWUC KKD 07/12/2022 NWS Championships 2022/2023
37	31.71 L	F Megan Matthews	16 SEAL UMD 25/11/2022 WSC & Seals Summer LC Champs 20
38	31.83 L	P Leigh-Ann Van der Vyver	16 CRSC JHB 21/03/2023 SA National Junior Age Group Champ
39	31.88 L	F Skye Micklethwaite	16 SSISA CPT 09/12/2022 Western Cape LC-A Championship 20
40	31.90 L	F Casey Joubert	16 PEAS NMA 07/12/2022 NWS Championships 2022/2023
41	31.92 L	F Monica Botha	16 BEAV ETH 01/07/2022 Prestige Tournament 2022
42	31.95 L	F Kairah George	16 TUKS TSH 21/10/2022 NTS October Lev 3 Age Group Gala 21
43	32.06 L	F Madison Goliath	16 VIKI BUF 31/03/2023 SA Level 3 Regional Age Group Chan
44	32.07 L	P Emily Martens	16 SEAL UMD 16/12/2022 KZNA Premier Provincial Championshi
45	32.35 L	P Soleil Greyling	16 ASAW CED 09/12/2022 Western Cape LC-A Championship 20
46*	32.44 L	F Bailey Hughes	16 KLOO ETH 03/10/2022 Sasolburg Swim Club Invitational Gala
46*	32.44 L	F Gabriela Mladenov	16 AA JHB 01/12/2022 CGA LC Summer Championships Lev
48	32.47 L	F Emma Lacey	16 INFA NMA 16/07/2022 1st A League Gala 2022 NMA
49	32.53 L	P Jaime Diamond	16 OLDE JHB 31/03/2023 SA Level 3 Regional Age Group Chan
50*	32.56 L	F Kiyara Campbell	16 USC BUF 02/12/2022 BCA Long Course Championships 202
50*	32.56 L	P Daniella Giai-Minietti	16 SEAL UMD 17/03/2023 SA Level 2 Regional Age Group Cham
52	32.69 L	F Jenna Smit	16 BLMA CPT 07/10/2022 41st Freda Barnard Invitational Gala
53	32.78 L	F Skylla Havenga	16 CLSC WCD 31/03/2023 SA Level 3 Regional Age Group Chan
54	32.85 L	F Bianca Du Plessis	16 AQU ADJ 24/09/2022 Amajuba District Age Group Gala 3
55	32.86 L	F Jorja Lindstrom	16 HARL BUF 31/03/2023 SA Level 3 Regional Age Group Chan
56	32.89 L	F Yzabela Aromin	16 ACSA ETH 16/12/2022 KZNA Premier Provincial Championshi
57*	32.93 L	F Utah Novello	16 CLSC WCD 31/03/2023 SA Level 3 Regional Age Group Chan
57*	32.93 L	P Janeske Vd Walt	16 RBUR BPD 31/03/2023 SA Level 3 Regional Age Group Chan
59	33.05 L	P Ella Bouw	16 PER JHB 31/03/2023 SA Level 3 Regional Age Group Chan
60	33.06 L	F Caitlin Herbst	16 MDOL EKU 06/01/2023 2023 Grand Prix Invitation Swimming I
61*	33.07 L	P Andrea Germs	16 WATR JHB 01/12/2022 CGA LC Summer Championships Lev
61*	33.07 L	F Miette Van Huyssteen	16 CUHE OBD 31/03/2023 SA Level 3 Regional Age Group Chan
61*	33.07 L	F Elné Haynes	16 HBV MPD 04/02/2023 Limpopo School Champs
64	33.22 L	P Aurora Ryser	16 TYGE CPT 09/12/2022 Western Cape LC-A Championship 20
65	33.24 L	F Amber Ogden	16 PEAR NMA 25/02/2023 Eastern Cape Schools Swimming Trial
66	33.33 L	F Leigh-Ann Mitchley	16 BEAV ETH 17/03/2023 SA Level 2 Regional Age Group Cham
67	33.40 L	F Maya Laubscher	16 GSA CPT 07/10/2022 41st Freda Barnard Invitational Gala
68	33.41 L	F Jenna Ellse	16 ASA ILD 28/01/2023 EDA January Gala 2023
69	33.49 L	P Sophia Wium	16 QSAW CED 31/03/2023 SA Level 3 Regional Age Group Chan
70	33.58 L	F Emily Beatt	16 PEAS NMA 07/10/2022 41st Freda Barnard Invitational Gala
71	33.60 L	F Lauren Bates	16 SEAL UMD 25/11/2022 WSC & Seals Summer LC Champs 20
72	33.61 L	F Rebekah Olivier	16 SEAL UMD 31/03/2023 SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
73	33.64	L	F	Xandri Palmer	16	POTC KKD	10/09/2022 Adrian Grafe Gala 2022
74	33.71	L	F	Chignet Davel	16	ACAA QCD	02/12/2022 Limpopo Champs
75	33.74	L	F	Liebe Karsten	16	UPSK	11/11/2022 UPINGTON CLUB GALA 2022
76	33.91	L	F	Anke' Prinsloo	16	WELA LLD	27/08/2022 Kovsie Gala
77	33.92	L	F	Gabriella Mitchell	16	CRSC JHB	31/03/2023 SA Level 3 Regional Age Group Cham
78	33.94	L	F	Morgan Botha	16	CA EKU	23/09/2022 EGA Summer 1 2022
79	33.95	L	P	Kayla Vorster	16	BLNE MAN	29/09/2022 MA Grand Prix
80	34.06	L	P	Amy Kruger	16	MDOL EKU	02/03/2023 SA Level 2 Regional Age Group Cham
81	x34.07	L	P	Simphiwe Zulu	16	BAS EKU	16/12/2022 KZNA Premier Provincial Championshi
82	34.09	L	P	Annika Erasmus	16	AA JHB	31/03/2023 SA Level 3 Regional Age Group Cham
83	34.12	L	P	Lune Van Den Berg	16	QSAW CED	09/12/2022 Western Cape LC-A Championship 20
84	34.19	L	F	Joelle Buys	16	MARL CPT	04/11/2022 CTA A CHAMPS 2022
85	34.26	L	P	Caitlyn Fish	16	PER JHB	01/12/2022 CGA LC Summer Championships Leve
86	34.27	L	P	Anri Wenhold	16	ETTN EKU	31/03/2023 SA Level 3 Regional Age Group Cham
87	34.35	L	F	Kaylin Oelschig	16	BLNE MAN	06/12/2022 Free State Champs 2022
88	34.37	L	P	Jenna Shaw	16	SEAL UMD	01/07/2022 Prestige Tournament 2022
89*	34.39	L	F	Justine Thom	16	AA JHB	08/10/2022 NTS Sprint Gala
89*	34.39	L	F	Abigail Olivier	16	ACAA QCD	02/12/2022 Limpopo Champs
91	34.54	L	P	Annika Serfontein	16	VALS FDD	03/03/2023 SA Level 2 Regional Age Group Cham
92	34.55	L	P	Danel Da Veiga	16	FLOD JHB	01/12/2022 CGA LC Summer Championships Leve
93*	34.61	L	F	Danel Rossouw	16	TYGE CPT	24/09/2022 CTA Qualifying Meet #5
93*	34.61	L	F	Cara Smook	AR	BLOT MAN	06/12/2022 Free State Champs 2022
95	34.64	L	F	Jessica Burwood	16	AZON ETH	25/11/2022 WSC & Seals Summer LC Champs 20
96*	34.69	L	P	Danielle Webster	16	RFA TSH	09/12/2022 NTS Championships 2022
96*	34.69	L	F	Mari Nortje	JR	BLOT MAN	12/11/2022 Kroonstad Age Group
98	34.72	L	F	Georgina Francis	16	PSCP UMD	17/03/2023 SA Level 2 Regional Age Group Cham
99	34.73	L	P	Rachel Murray	16	HARL BUF	31/03/2023 SA Level 3 Regional Age Group Cham
100	34.74	L	F	Kendall Jackson	16	CA EKU	02/03/2023 SA Level 2 Regional Age Group Cham
101*	34.76	L	F	Leah Durig	16	WATR JHB	01/12/2022 CGA LC Summer Championships Leve
101*	34.76	L	P	Lisa Bester	16	WELL CED	31/03/2023 SA Level 3 Regional Age Group Cham
103	34.85	L	F	Tamryn Olsen	16	VINE CPT	04/11/2022 CTA A CHAMPS 2022
104	34.86	L	P	Justine Crator	16	SWIFT EKU	31/03/2023 SA Level 3 Regional Age Group Cham
105	34.95	L	F	Sarah Banyard	16	TUKS TSH	02/12/2022 2022 The Tshwane Mayoral Gala
106	34.99	L	F	Hannah Parry	16	MGSC UGD	25/11/2022 WSC & Seals Summer LC Champs 20
107	35.01	L	F	Ameline Ricketts	16	CUDU CPT	04/11/2022 CTA A CHAMPS 2022
108	35.08	L	F	Tamica Visser	16	HREF BPD	10/09/2022 Adrian Grafe Gala 2022
109	35.14	L	F	Nadia Rossouw	16	TYGE CPT	21/01/2023 CTA Qualifying Meet #7
110	35.17	L	P	Jessica Bott	16	SOUL EKU	31/03/2023 SA Level 3 Regional Age Group Cham
111	35.19	L	P	Alexia Greyling	16	CA EKU	08/12/2022 EGA Summer Champs 2022
112	35.36	L	P	Amyleigh Tolmay	16	AFIN JHB	02/03/2023 SA Level 2 Regional Age Group Cham
113	35.47	L	F	Morgan-Hanna Russell	16	AACTA CPT	04/02/2023 CTA BRIAN BUTTON Qualifying Meet
114	35.49	L	F	Leané van Eeden	16	GHSK	03/03/2023 SA Level 2 Regional Age Group Cham
115	35.53	L	F	Heidri de Jager	16	RHS BPD	10/02/2023 NW School Championships 2023
116	35.55	L	F	Janica Stone	16	KALA	07/10/2022 FLAMINGO GALA OCT 2022
117	35.78	L	P	Megan Fermoye	16	SASE JHB	02/03/2023 SA Level 2 Regional Age Group Cham
118	36.04	L	P	Amber Botha	16	ONYX EKU	02/03/2023 SA Level 2 Regional Age Group Cham
119	36.08	L	F	Tanith Ward	16	SSISA CPT	04/11/2022 CTA A CHAMPS 2022
120	x36.16	L	P	Aliyyah Rangraze	16	ATLA JHB	02/03/2023 SA Level 2 Regional Age Group Cham
121	36.31	L	F	Leila Pollicutte	16	FISH EDD	07/10/2022 41st Freda Barnard Invitational Gala
122	36.72	L	P	Anmari Greeff	16	HFM WBD	02/03/2023 SA Level 2 Regional Age Group Cham
123	36.84	L	F	Savannah Nicol	16	BEAV ETH	17/03/2023 SA Level 2 Regional Age Group Cham
124	36.90	L	F	Elsje Jacobs	16	USC BUF	02/12/2022 BCA Long Course Championships 202
125	37.04	L	P	Linique Rowles	16	HREF BPD	07/12/2022 NWS Championships 2022/2023
126	37.05	L	F	Mi-ne Verster	16	HMER MPD	15/10/2022 Limpopo Top 10 - High Schools
127	37.10	L	P	Tara Dixon	16	AACTA CPT	31/03/2023 SA Level 3 Regional Age Group Cham
128	37.25	L	F	Isabella Horwood	16	PEAS NMA	17/09/2022 3rd A League Gala-Newton Park Pool
129	37.31	L	P	Mieke Leonard	16	MSC NGD	02/12/2022 Mpumalanga Championships 2022
130	37.34	L	P	Melisca Everson	16	KZNA ETH	12/04/2023 SA National Aquatic SNR-Champ 202
131	37.44	L	F	Blair Benson	16	AACTA CPT	07/10/2022 41st Freda Barnard Invitational Gala

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
132	37.49	L	F	Kiara Netherlands	16	AACTA CPT	03/09/2022 CTA Qualifying Meet #4
133	37.61	L	P	Erin De Montille	16	PGAC EKU	08/12/2022 EGA Summer Champs 2022
134	37.73	L	P	Mariska Malan	16	BLNE MAN	06/12/2022 Free State Champs 2022
135	37.74	L	F	Angel Geel	16	WES KK	10/02/2023 NW School Championships 2023
136	37.88	L	F	Minette Brits	16	BLSS MAN	06/12/2022 Free State Champs 2022
137	37.89	L	F	Kye-Ann Fowler	16	UNI EZD	17/09/2022 MP SPRINT GALA 17 SEPTEMBER 2
138	37.93	L	F	Holleigh Johnstone	16	UPC EZD	22/02/2023 EHLANZENI INTER HIGH GALA 22 FI
139	37.94	L	F	Marlouise Keet	16	DDA TSH	08/10/2022 NTS Sprint Gala
140	38.30	L	P	Leandri vd Walt	16	RBUR BPD	03/03/2023 SA Level 2 Regional Age Group Cham
141	38.34	L	F	Kieta Jack	16	CYBE CPT	04/11/2022 CTA A CHAMPS 2022
142	38.53	L	F	Emma-Kate van Niekerk	16	CRSC JHB	02/03/2023 SA Level 2 Regional Age Group Cham
143	38.65	L	F	Luané Scheepers	16	POTC KKD	07/12/2022 NWS Championships 2022/2023
144	39.13	L	F	Caitlynn Foster	16	RPAC EKU	02/10/2022 2022 AG Swim Stars 14&Over
145	39.29	L	F	Emma Banda	16	ATTE TSH	02/10/2022 2022 AG Swim Stars 14&Over
146	39.33	L	F	Aimy Engelbrecht	16	RFA TSH	02/12/2022 2022 The Tshwane Mayoral Gala
147	39.44	L	F	Amy Van Der Merwe	16	SEAL UMD	25/11/2022 WSC & Seals Summer LC Champs 20
148	39.46	L	F	Kayla Botha	16	BLSS MAN	29/10/2022 Neptune Gala
149	39.50	L	F	Leoné Van Schalkwyk	16	PHS CCD	15/10/2022 Limpopo Top 10 - High Schools
150	39.70	L	F	Talia Vd Berg	16	QSAW CED	11/11/2022 Swartland Prestige Gala 2022
151	39.72	L	P	Annabelle Davel	16	MSC NGD	02/12/2022 Mpumalanga Championships 2022
152	40.02	L	F	Mckayla-Leigh Brits	16	RFA TSH	02/12/2022 2022 The Tshwane Mayoral Gala
153*	40.09	L	F	Chelsea Lavita	16	MANT CPT	18/02/2023 Swartland Invitational Gala 2023
153*	40.09	L	P	Millah Smith	16	BLSS MAN	29/09/2022 MA Grand Prix
155	40.13	L	F	Kelly Jackson	16	BLSS MAN	27/01/2023 Seals Bullsharks Gala
156	40.61	L	F	Abigaile Pretorius	16	SOUL EKU	23/09/2022 EGA Summer 1 2022
157	40.65	L	F	Zia Mahomed	16	ACSA ETH	28/01/2023 Ushaka Champs 2023
158	40.86	L	P	Abigail Hains	16	PGAC EKU	08/12/2022 EGA Summer Champs 2022
159	40.95	L	F	Erin De Beer	16	VINE CPT	15/10/2022 CTA Qualifying Meet #6
160	40.99	L	P	Phillippa Formo	16	CRSC JHB	02/03/2023 SA Level 2 Regional Age Group Cham
161	41.08	L	F	Anke Van der Poel	16	BULS MAN	27/08/2022 Kovsie Gala
162	41.17	L	F	Jordyn Neville	16	PSCP UMD	25/11/2022 WSC & Seals Summer LC Champs 20
163	41.29	L	F	Cailynn Foster	16	RP EKU	23/09/2022 EGA Summer 1 2022
164	41.64	L	F	Roxanne Coetzee	16	PGAC EKU	20/01/2023 EGA Last Chance Galal
165	42.00	L	F	Poshika Ramsamy	16	RSA	25/02/2023 Eastern Cape Schools Swimming Trial
166	42.02	L	P	Isi Mshudulu	16	FLOD JHB	02/03/2023 SA Level 2 Regional Age Group Cham
167	42.60	L	F	Sarah Byrne	16	LAD UTD	25/11/2022 WSC & Seals Summer LC Champs 20
168	42.82	L	F	Nabatende Kituuka	16	ISSA	10/02/2023 NW School Championships 2023
169	44.00	L	P	Lara Steenkamp	16	KSC EZD	02/12/2022 Mpumalanga Championships 2022
170	44.84	L	F	Wilma Strauss	16	UPSK	03/12/2022 AGE GROUP 4 UPT 2022
171	45.00	L	F	Aqeelah Rinquest	16	MARL CPT	07/10/2022 41st Freda Barnard Invitational Gala
172	45.13	L	F	Tyla Van Zyl	CR	ROB EZD	22/02/2023 EHLANZENI INTER HIGH GALA 22 FI
173	45.69	L	P	Shea Roach	16	SWIFT EKU	08/12/2022 EGA Summer Champs 2022
174	45.82	L	F	Bernice Erasmus	16	HPP BUF	15/10/2022 Limpopo Top 10 - High Schools
175	46.15	L	F	Chloe Jansen	16	AFIN JHB	02/10/2022 2022 AG Swim Stars 14&Over
176	46.39	L	F	Kiara Davids	16	MARL CPT	07/10/2022 41st Freda Barnard Invitational Gala
177	47.07	L	F	Nqabayethu Shongwe	16	ZASC TSH	17/02/2023 NTS February Lev 1+2 Age Group Gal
178	47.47	L	F	Danè Van Zyl	16	BARR CPT	07/10/2022 41st Freda Barnard Invitational Gala
179	48.47	L	F	Inge Nel	ER	BHS EZD	22/02/2023 EHLANZENI INTER HIGH GALA 22 FI
180	48.50	L	F	Reese Manowe	16	UPC EZD	22/02/2023 EHLANZENI INTER HIGH GALA 22 FI
181	49.91	L	F	Jana Prinsloo	16	HSTAN MPD	15/10/2022 Limpopo Top 10 - High Schools
182	50.43	L	F	Leandri Heyns	16	HFDT MPD	15/10/2022 Limpopo Top 10 - High Schools
183	50.90	L	F	Kananelo Senokoane	16	SOWE JHB	02/10/2022 2022 AG Swim Stars 14&Over
184	54.55	L	F	Tania Marais	16	RBUR BPD	07/12/2022 NWS Championships 2022/2023
185	59.69	L	F	Lane Esterhuizen	16	UPSK	18/02/2023 AGE GROUP 6 UPT- 2023
186	1:15.78	L	F	Tshepang Tlhakola	16	CURHK CCD	08/09/2022 Limpopo Interhoer (Capricorn Distrik)
Women 100 Fly							
1	1:02.65	L S	F	Jessica Thompson	16	AA JHB	21/03/2023 SA National Junior Age Group Champ
2	1:03.78	L S	F	Cara Knoblauch	16	AZON ETH	21/03/2023 SA National Junior Age Group Champ
3	1:06.81	L S	F	Lica Van Niekerk	16	QSAW CED	21/03/2023 SA National Junior Age Group Champ

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
4	1:07.12 L	F	Jessica Baker	16	WATR JHB	01/12/2022	CGA LC Summer Championships Leve
5	1:07.18 L S	F	Tannah Lindsay	16	BAS EKU	21/03/2023	SA National Junior Age Group Champ
6	1:07.25 L S	P	Mila Prinsloo	16	ASAW CED	21/03/2023	SA National Junior Age Group Champ
7	1:07.35 L	P	Indiana De Villers	16	SEAL UMD	03/03/2023	2023 Grand Prix 2 Invitational Meet - K
8	1:07.85 L	F	Khwezi Jacobs	16	PEAS NMA	09/12/2022	NMBA Championships 2022
9	1:08.02 L S	F	Chelsea White	16	CRSC JHB	21/03/2023	SA National Junior Age Group Champ
10	1:08.16 L	F	Chloe Steyn	16	BEST NMA	09/12/2022	NMBA Championships 2022
11	1:08.59 L S	F	Jo-Ell Viljoen	16	ASAW CED	21/03/2023	SA National Junior Age Group Champ
12	1:08.68 L	F	Romy Day	16	GAUT	21/04/2023	SA Schools Swimming Championship
13	1:08.92 L	P	Cleo Lin	16	AGB JHB	12/04/2023	SA National Aquatic SNR-Champ 202
14	1:09.91 L S	P	Anika Hugo	16	PAQU CED	21/03/2023	SA National Junior Age Group Champ
15	1:09.97 L	P	Genna Cloete	16	PSC FSH	03/03/2023	2023 Grand Prix 2 Invitational Meet - K
16	1:10.04 L	F	Kiara Croft	16	PEAS NMA	10/02/2023	Infinity Gala 2023
17	1:10.08 L	F	Megan Matthews	16	SEAL UMD	16/12/2022	KZNA Premier Provincial Championshi
18	1:10.26 L	P	Chanel Du Plessis	16	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202
19	1:10.29 L S	P	Sarah Mc Laren	16	SGUL ETH	21/03/2023	SA National Junior Age Group Champ
20	1:10.56 L	F	Clio Smidt	16	MARL CPT	28/01/2023	Winelands SL Final
21	1:10.82 L	F	Megan Stewart	16	AZON ETH	16/07/2022	AQZ Dual Meet
22	1:10.98 L	F	Annik Battheu	16	TUKS FSH	09/12/2022	NTS Championships 2022
23	1:11.61 L	F	Madison Scorgie	16	AA JHB	03/02/2023	NTS January Lev 3+ Age Group Gala :
24	1:12.10 L S	P	Lara Botha	16	ASAW CED	21/03/2023	SA National Junior Age Group Champ
25	1:12.23 L	P	Isabella Mc Colgan	16	TUKS FSH	09/12/2022	NTS Championships 2022
26	1:12.57 L	F	Bailey Hughes	16	KLOO ETH	03/03/2023	KZN Qualifying Gala
27	1:12.59 L S	P	Soleil Greyling	16	ASAW CED	09/12/2022	Western Cape LC-A Championship 20
28	1:12.89 L	F	Tasnim Nabbie	16	ACSA ETH	16/12/2022	KZNA Premier Provincial Championshi
29	1:13.00 L	F	Isabel Skinner	16	TUKS FSH	03/02/2023	NTS January Lev 3+ Age Group Gala :
30	1:13.68 L	F	Emma Lacey	16	INFA NMA	13/08/2022	Madibaz Swim Meet
31	1:13.95 L	F	Jaime Diamond	16	OLDE JHB	31/03/2023	SA Level 3 Regional Age Group Chan
32	1:14.04 L	P	Alexia McCabe	16	WATR JHB	01/12/2022	CGA LC Summer Championships Leve
33	1:14.09 L S	P	Carli Vorster	16	SWAR WCD	09/12/2022	Western Cape LC-A Championship 20
34	1:14.23 L	F	Leigh-Ann Van der Vyver	16	CRSC JHB	01/12/2022	CGA LC Summer Championships Leve
35	1:14.51 L	F	Erin Langenhoven	16	AACTA CPT	07/10/2022	41st Freda Barnard Invitational Gala
36	1:14.60 L	F	Aurora Ryser	16	TYGE CPT	28/01/2023	Winelands SL Final
37	1:14.86 L	F	Rachel Murray	16	HARL BUF	31/03/2023	SA Level 3 Regional Age Group Chan
38	1:15.28 L S	F	Janeske Vd Walt	16	RBUR BPD	07/12/2022	NWS Championships 2022/2023
39	1:15.37 L	F	Jenna Smit	16	BLMA CPT	03/09/2022	CTA Qualifying Meet #4
40	1:15.86 L S	F	Skyla Havenga	16	CLSC WCD	09/12/2022	Western Cape LC-A Championship 20
41	1:15.97 L S	F	Casey Joubert	16	PEAS NMA	07/12/2022	NWS Championships 2022/2023
42	1:16.20 L	P	Chloe Graaff	16	ELEC FSH	31/03/2023	SA Level 3 Regional Age Group Chan
43	1:16.27 L	F	Daniella Giai-Minietti	16	SEAL UMD	17/03/2023	SA Level 2 Regional Age Group Cham
44	1:16.47 L S	F	Alne Van Eeden	16	PEAS NMA	25/06/2022	PEA Winter Gala 2022
45	1:16.58 L S	P	Gabriela Mladenov	16	AA JHB	21/03/2023	SA National Junior Age Group Champ
46	1:16.73 L	F	Jessica Burwood	16	AZON ETH	25/11/2022	WSC & Seals Summer LC Champs 20
47	1:16.76 L	F	Elné Haynes	16	SS MPD	02/12/2022	Limpopo Champs
48	1:16.82 L	F	Rebekah Olivier	16	SEAL UMD	31/03/2023	SA Level 3 Regional Age Group Chan
49	1:17.54 L	F	Leah Stewart	16	PSCP UMD	25/11/2022	WSC & Seals Summer LC Champs 20
50	1:18.13 L	F	Leah Durig	16	WATR JHB	01/12/2022	CGA LC Summer Championships Leve
51	1:18.15 L S	F	Kayla Vorster	16	BLNE MAN	06/12/2022	Free State Champs 2022
52	1:18.22 L	F	Maya Laubscher	16	GSA CPT	31/03/2023	SA Level 3 Regional Age Group Chan
53	1:18.59 L	P	Danel Da Veiga	16	FLOD JHB	01/12/2022	CGA LC Summer Championships Leve
54	1:18.87 L	F	Kaylin Oelschig	16	BLNE MAN	22/10/2022	Otters Prestige Gala 2022
55	1:18.88 L	F	Madison Goliath	16	VIKI BUF	13/01/2023	Eastern Cape Aquatics LC Champs 20
56	1:18.89 L	F	Danielle Webster	16	RFA FSH	06/01/2023	2023 Grand Prix Invitation Swimming I
57	1:18.91 L	F	Janica Stone	16	NCASA	28/01/2023	4 + 1 Inter Provincial Gala 2023
58	1:19.41 L	F	Skye Micklethwaite	16	SSISA CPT	03/09/2022	CTA Qualifying Meet #4
59	1:19.44 L	F	Jessica Bott	16	SOUL EKU	31/03/2023	SA Level 3 Regional Age Group Chan
60	1:20.01 L	F	Ella Bouw	16	PER JHB	25/02/2023	CGA Level 3+ Last Chance gala
61	1:20.18 L S	F	Susanna du Preez	16	NWUC KKD	07/12/2022	NWS Championships 2022/2023
62	1:20.59 L S	P	Utah Novello	16	CLSC WCD	09/12/2022	Western Cape LC-A Championship 20

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
63	1:20.73	L	F	Jenna Ellse	16	ASA ILD	25/11/2022 WSC & Seals Summer LC Champs 20
64	1:20.85	L	F	Leigh-Ann Mitchley	16	BEAV ETH	17/03/2023 SA Level 2 Regional Age Group Cham
65	1:20.94	L	P	Julie Landmann	16	PAC TSH	09/12/2022 NTS Championships 2022
66	1:21.06	L	F	Miette Van Huyssteen	16	CUHE OBD	03/09/2022 CTA Qualifying Meet #4
67	1:21.41	L S	P	Kaylee Wiggill	16	RAV EKU	08/12/2022 EGA Summer Champs 2022
68	1:21.42	L	F	Savannah Nicol	16	BEAV ETH	17/03/2023 SA Level 2 Regional Age Group Cham
69	1:21.75	L	P	Simphiwe Zulu	16	BAS EKU	16/12/2022 KZNA Premier Provincial Championshi
70	1:22.00	L	F	Gabriella Mitchell	16	CRSC JHB	31/03/2023 SA Level 3 Regional Age Group Chan
71	1:22.60	L S	P	Lune Van Den Berg	16	QSAW CED	09/12/2022 Western Cape LC-A Championship 20
72	1:22.61	L	F	Annika Erasmus	16	AA JHB	31/03/2023 SA Level 3 Regional Age Group Chan
73	1:23.06	L	F	Tamica Visser	16	MCS BPD	10/02/2023 NW School Championships 2023
74	1:23.26	L	F	Amyleigh Tolmay	16	AFIN JHB	02/03/2023 SA Level 2 Regional Age Group Cham
75	1:23.68	L	F	Joelle Buys	16	MARL CPT	04/02/2023 CTA BRIAN BUTTON Qualifying Meet
76	1:24.42	L	F	Liebe Karsten	16	UPSK	07/12/2022 NCASA CHAMPS 2022
77	1:24.69	L	F	Jorja Lindstrom	16	HARL BUF	02/12/2022 BCA Long Course Championships 202
78	1:26.01	L S	P	Mariska Malan	16	BLNE MAN	06/12/2022 Free State Champs 2022
79	1:26.27	L S	P	Ameline Ricketts	16	CUDU CPT	25/06/2022 PEA Winter Gala 2022
80	1:27.22	L	P	Georgina Francis	16	PSCP UMD	17/03/2023 SA Level 2 Regional Age Group Cham
81	1:29.75	L	P	Melisca Everson	16	KZNA ETH	12/04/2023 SA National Aquatic SNR-Champ 202
82	1:29.80	L S	P	Amber Botha	16	ONYX EKU	08/12/2022 EGA Summer Champs 2022
83	1:30.23	L	F	Minette Brits	16	BLSS MAN	03/03/2023 SA Level 2 Regional Age Group Cham
84	1:30.87	L	P	Kelly Jackson	16	BLSS MAN	03/03/2023 SA Level 2 Regional Age Group Cham
85	1:30.89	L	F	Tara Dixon	16	AACTA CPT	07/10/2022 41st Freda Barnard Invitational Gala
86	1:30.96	L	F	Angel Geel	16	NWUC KKD	26/11/2022 NWS Age Group 3 2022/23
87	1:34.86	L S	P	Justine Crator	16	SWIFT EKU	08/12/2022 EGA Summer Champs 2022
88	1:35.25	L	F	Aimy Engelbrecht	16	RFA TSH	02/12/2022 2022 The Tshwane Mayoral Gala
89	1:35.37	L S	P	Kayla Botha	16	BLSS MAN	06/12/2022 Free State Champs 2022
90	1:36.09	L	F	Sophia Wium	16	QSAW CED	07/10/2022 41st Freda Barnard Invitational Gala
91	1:36.29	L	F	Amy Kruger	16	MDOL EKU	06/01/2023 2023 Grand Prix Invitation Swimming I
92	1:41.72	L	F	Jordyn Neville	16	PSCP UMD	25/11/2022 WSC & Seals Summer LC Champs 20
93	1:44.24	L	F	Dakota Wyngaard	16	QUIC CPT	07/10/2022 41st Freda Barnard Invitational Gala
94	1:46.97	L	F	Tyla Van Zyl	CR	ROB EZD	22/02/2023 EHLANZENI INTER HIGH GALA 22 FI
95	1:49.84	L	P	Zia Mahomed	16	ACSA ETH	17/03/2023 SA Level 2 Regional Age Group Cham
96	1:50.34	L	F	Danè Van Zyl	16	BARR CPT	07/10/2022 41st Freda Barnard Invitational Gala
97	1:52.09	L S	P	Shea Roach	16	SWIFT EKU	08/12/2022 EGA Summer Champs 2022
98	1:53.51	L	F	Wilma Strauss	16	UPSK	28/10/2022 KALAHARI CLASSIC CLUB GALA
Women 200 Fly							
1	2:28.20	L	F	Jo-Ell Viljoen	16	WCA CPT	21/04/2023 SA Schools Swimming Championship
2	2:33.01	L	F	Lica Van Niekerk	16	QSAW CED	21/03/2023 SA National Junior Age Group Champs
3	2:34.20	L	F	Cara Knoblauch	16	KZNA ETH	21/04/2023 SA Schools Swimming Championship
4	2:34.34	L	F	Chelsea White	16	CRSC JHB	21/03/2023 SA National Junior Age Group Champs
5	2:35.71	L	F	Megan Matthews	16	SEAL UMD	21/03/2023 SA National Junior Age Group Champs
6	2:36.16	L	P	Kiara Croft	16	PEAS NMA	25/06/2022 PEA Winter Gala 2022
7	2:43.29	L	F	Tannah Lindsay	16	BAS EKU	21/10/2022 EGA Summer 2 2022
8	2:47.21	L	F	Yzabela Aromin	16	ACSA ETH	16/12/2022 KZNA Premier Provincial Championshi
9	2:51.80	L	F	Madison Scorgie	16	AA JHB	03/02/2023 NTS January Lev 3+ Age Group Gala ;
10	2:52.00	L	F	Clio Smidt	16	RSA	04/12/2022 AUSC-Region 5 Under 20 YTH Games
11	3:19.21	L	F	Amyleigh Tolmay	16	AFIN JHB	01/12/2022 CGA LC Summer Championships Lev
Women 200 IM							
1	2:25.75	L	F	Megan Stewart	16	AZON ETH	21/03/2023 SA National Junior Age Group Champs
2	2:26.99	L	F	Sofia French	16	TUKS TSH	21/03/2023 SA National Junior Age Group Champs
3	2:28.49	L	F	Cara Knoblauch	16	AZON ETH	16/12/2022 KZNA Premier Provincial Championshi
4	2:30.95	L	F	Chelsea White	16	CRSC JHB	21/03/2023 SA National Junior Age Group Champs
5	2:31.77	L	P	Sarah Mc Laren	16	SGUL ETH	03/03/2023 2023 Grand Prix 2 Invitational Meet - k
6	2:32.01	L	F	Emily Martens	16	SEAL UMD	16/12/2022 KZNA Premier Provincial Championshi
7	2:32.45	L	F	Megan Matthews	16	SEAL UMD	16/12/2022 KZNA Premier Provincial Championshi
8	2:32.52	L	F	Chloe Steyn	16	BEST NMA	09/12/2022 NMBA Championships 2022
9	2:32.68	L	P	Jessica Baker	16	WATR JHB	01/12/2022 CGA LC Summer Championships Lev

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
10	2:32.77	L	F	Monica Botha	16	BEAV	ETH 21/03/2023 SA National Junior Age Group Champs
11	2:32.98	L	F	Lica Van Niekerk	16	QSAW	CED 28/01/2023 Winelands SL Final
12	2:33.19	L	F	Xandri Fourie	16	TRAZ	TSH 09/12/2022 NTS Championships 2022
13	2:33.71	L	F	Cleo Lin	16	WATR	JHB 21/03/2023 SA National Junior Age Group Champs
14	2:33.90	L	F	Kairah George	16	TUKS	TSH 28/10/2022 NTS October SARJ+ Age Group Gala
15	2:34.28	L	F	Kendra Venter	16	INFA	NMA 13/08/2022 Madibaz Swim Meet
16	2:34.72	L	P	Isabella Mc Colgan	16	AGC	TSH 12/04/2023 SA National Aquatic SNR-Champ 202
17	2:35.38	L	F	Zoe Griffiths	16	TUKS	TSH 28/10/2022 NTS October SARJ+ Age Group Gala
18	2:36.68	L	P	Mila Prinsloo	16	ASAW	CED 21/03/2023 SA National Junior Age Group Champs
19	2:37.01	L	P	Lara Botha	16	ASAW	CED 21/03/2023 SA National Junior Age Group Champs
20	2:37.49	L	P	Christine Jackson	16	ELEC	TSH 21/03/2023 SA National Junior Age Group Champs
21	2:38.01	L	P	Anika Hugo	16	PAQU	CED 21/03/2023 SA National Junior Age Group Champs
22	2:38.60	L S	F	Alexia McCabe	16	WATR	JHB 25/06/2022 PEA Winter Gala 2022
23	2:39.34	L	F	Tayla Bruce	16	BEAV	ETH 16/12/2022 KZNA Premier Provincial Championship
24	2:39.46	L	P	Amber Warr	16	SEAL	UMD 21/03/2023 SA National Junior Age Group Champs
25	2:39.61	L	F	Rhys Purves	16	SEAL	UMD 01/07/2022 Prestige Tournament 2022
26	2:39.89	L	F	Yzabela Aromin	16	ACSA	ETH 28/01/2023 Ushaka Champs 2023
27	2:39.96	L	P	Kaeli-Peace Armour	AR	BLOT	MAN 16/12/2022 KZNA Premier Provincial Championship
28	2:40.17	L	F	Utah Novello	16	CLSC	WCD 31/03/2023 SA Level 3 Regional Age Group Chan
29	2:40.55	L	P	Leigh-Ann Van der Vyver	16	CRSC	JHB 21/03/2023 SA National Junior Age Group Champs
30	2:40.99	L	P	Robyn Cowley	16	TUKS	TSH 09/12/2022 NTS Championships 2022
31	2:41.07	L	F	Romy Day	16	ELEC	TSH 28/10/2022 NTS October SARJ+ Age Group Gala
32	2:41.30	L	F	Khwezi Jacobs	16	RSA	04/12/2022 AUSC-Region 5 Under 20 YTH Games
33	2:41.73	L	F	Aurora Ryser	16	TYGE	CPT 09/12/2022 Western Cape LC-A Championship 20
34	2:41.83	L	F	Caitlin Herbst	16	MDOL	EKU 01/07/2022 Prestige Tournament 2022
35*	2:41.84	L	P	Kaylee Wiggill	16	RAV	EKU 21/03/2023 SA National Junior Age Group Champs
35*	2:41.84	L	F	Bailey Forrest	16	ACSA	ETH 01/07/2022 Prestige Tournament 2022
37	2:41.93	L	F	Chloe Graaff	16	ELEC	TSH 31/03/2023 SA Level 3 Regional Age Group Chan
38	2:42.55	L	F	Kiara Croft	16	PEAS	NMA 10/02/2023 Infinity Gala 2023
39	2:42.72	L	P	Marie-Ella Maske	16	AGA	EKU 12/04/2023 SA National Aquatic SNR-Champ 202
40	2:43.07	L	F	Jenna Smit	16	BLMA	CPT 07/10/2022 41st Freda Barnard Invitational Gala
41	2:43.08	L	P	Danielle Webster	16	RFA	TSH 09/12/2022 NTS Championships 2022
42	2:43.34	L	F	Maya Laubscher	16	GSA	CPT 31/03/2023 SA Level 3 Regional Age Group Chan
43	2:43.56	L	F	Danel Da Veiga	16	FLOD	JHB 01/12/2022 CGA LC Summer Championships Lev
44	2:44.30	L	F	Chignet Davel	16	PHS	CCD 04/02/2023 Limpopo School Champs
45	2:44.50	L	F	Abby Nicholson	16	ACSA	ETH 25/11/2022 WSC & Seals Summer LC Champs 20
46	2:44.87	L	P	Nadia Rossouw	16	TYGE	CPT 31/03/2023 SA Level 3 Regional Age Group Chan
47	2:44.93	L	F	Xandri Palmer	16	POTC	KKD 03/10/2022 Sasolburg Swim Club Invitational Gala
48	2:45.08	L	F	Raine Botes	16	TUKS	TSH 31/03/2023 SA Level 3 Regional Age Group Chan
49	2:45.57	L	F	Annik Battheu	16	TUKS	TSH 31/03/2023 SA Level 3 Regional Age Group Chan
50	2:45.93	L	F	Rachel Murray	16	BCA	BUF 28/01/2023 NMBA Intra-District Championship
51*	2:45.99	L	P	Madison Alberts	16	SGUL	ETH 16/12/2022 KZNA Premier Provincial Championship
51*	2:45.99	L	F	Gabriela Mladenov	16	AA	JHB 01/12/2022 CGA LC Summer Championships Lev
53	2:46.25	L	F	Skyla Havenga	16	CLSC	WCD 31/03/2023 SA Level 3 Regional Age Group Chan
54	2:46.26	L	F	Clio Smidt	16	MARL	CPT 03/09/2022 CTA Qualifying Meet #4
55	2:46.30	L	P	Skye Micklethwaite	16	SSISA	CPT 09/12/2022 Western Cape LC-A Championship 20
56	2:47.01	L	F	Erin Langenhoven	16	AACTA	CPT 07/10/2022 41st Freda Barnard Invitational Gala
57	2:47.68	L	F	Jessica Bott	16	SOUL	EKU 31/03/2023 SA Level 3 Regional Age Group Chan
58	2:48.39	L	F	Cara Smook	AR	BLOT	MAN 06/12/2022 Free State Champs 2022
59	2:48.44	L	F	Jenna Shaw	16	SEAL	UMD 01/07/2022 Prestige Tournament 2022
60	2:48.48	L	F	Roxanne Lothian	16	AFIN	JHB 01/12/2022 CGA LC Summer Championships Lev
61	2:48.53	L	F	Bailey Hughes	16	KLOO	ETH 31/03/2023 SA Level 3 Regional Age Group Chan
62	2:48.63	L	F	Leah Durig	16	WATR	JHB 01/12/2022 CGA LC Summer Championships Lev
63	2:48.89	L	P	Andrea Germs	16	WATR	JHB 31/03/2023 SA Level 3 Regional Age Group Chan
64	2:48.90	L	F	Anri Wenhold	16	ETTN	EKU 31/03/2023 SA Level 3 Regional Age Group Chan
65	2:49.86	L	F	Ella Bouw	16	PER	JHB 25/02/2023 CGA Level 3+ Last Chance gala
66	2:49.99	L	F	Gabriella Mitchell	16	CRSC	JHB 31/03/2023 SA Level 3 Regional Age Group Chan
67	2:50.09	L	F	Leah Lachman	16	SEAL	UMD 01/07/2022 Prestige Tournament 2022
68	2:50.68	L	F	Abigail Olivier	16	ACAQ	CCD 02/12/2022 Limpopo Champs

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
69	2:50.85	L S	P	Jorja Lindstrom	16	HARL BUF	25/06/2022	PEA Winter Gala 2022
70	2:50.92	L	F	Kayla Vorster	16	BLNE MAN	06/12/2022	Free State Champs 2022
71	2:50.94	L	P	Abigaile Pretorius	16	SOUL EKU	08/12/2022	EGA Summer Champs 2022
72	2:50.96	L	F	Dominique Rabie	16	ACSA ETH	01/07/2022	Prestige Tournament 2022
73	2:51.09	L	P	Alne Van Eeden	16	PEAS NMA	31/03/2023	SA Level 3 Regional Age Group Cham
74	2:51.41	L	F	Kaylin Oelschig	16	BLNE MAN	06/12/2022	Free State Champs 2022
75	2:52.08	L	F	Susanna du Preez	16	NWUC KKD	21/01/2023	NWS Sprint Gala 2023
76	2:52.82	L	F	Casey Joubert	16	PEAS NMA	07/12/2022	NWS Championships 2022/2023
77	2:52.88	L	F	Mieke Leonard	16	MSC NGD	04/11/2022	MP AGE GROUP 3 GALA 4-5 NOVEM
78	2:52.96	L	F	Elné Haynes	16	HBV MPD	15/10/2022	Limpopo Top 10 - High Schools
79	2:53.12	L	P	Justine Crator	16	SWIFT EKU	08/12/2022	EGA Summer Champs 2022
80	2:53.18	L	F	Madison Goliath	16	BCA BUF	28/01/2023	NMBA Intra-District Championship
81	2:53.27	L	F	Rebekah Fleischer	16	WSTV ETH	25/11/2022	WSC & Seals Summer LC Champs 20
82	2:53.31	L	F	Jaime Diamond	16	OLDE JHB	31/03/2023	SA Level 3 Regional Age Group Chan
83	2:53.66	L	F	Mari Nortje	JR	BLOT MAN	22/10/2022	Otters Prestige Gala 2022
84	2:53.75	L	F	Leah Stewart	16	PSCP UMD	25/11/2022	WSC & Seals Summer LC Champs 20
85	2:53.85	L	F	Nicola Herbst	16	PEAS NMA	10/02/2023	Infinity Gala 2023
86	2:54.40	L	F	Jessica Burwood	16	AZON ETH	25/11/2022	WSC & Seals Summer LC Champs 20
87	2:54.45	L	F	Retha De Roubaix	16	LALE CED	13/11/2022	Winelands Summer League 4
88	2:54.52	L	F	Anke' Prinsloo	16	WELA LLD	22/10/2022	Otters Prestige Gala 2022
89	2:54.64	L	F	Marlouise Keet	16	DDA TSH	02/03/2023	SA Level 2 Regional Age Group Cham
90	2:54.66	L	F	Francisca Van Rooyen	AR	BLOT MAN	24/09/2022	Bull-Sharks Gala
91	2:54.73	L	F	Tamica Visser	16	HREF BPD	07/12/2022	NWS Championships 2022/2023
92	2:54.79	L	F	Kieta Jack	16	CYBE CPT	04/11/2022	CTA A CHAMPS 2022
93	2:55.24	L	F	Sarah Banyard	16	TUKS TSH	02/12/2022	2022 The Tshwane Mayoral Gala
94	2:55.69	L	F	Lana Wasserman	ER	BLOT MAN	27/01/2023	Seals Bullsharks Gala
95	2:55.94	L	P	Aqeelah Rinquest	16	MARL CPT	31/03/2023	SA Level 3 Regional Age Group Chan
96	2:56.01	L	F	Linique Rowles	16	HREF BPD	07/12/2022	NWS Championships 2022/2023
97	2:56.16	L	F	Janeske Vd Walt	16	BERG BP	10/02/2023	NW School Championships 2023
98	2:56.24	L	F	Megan Fermoyle	16	SASE JHB	02/03/2023	SA Level 2 Regional Age Group Cham
99	2:56.81	L	F	Danel Rossouw	16	TYGE CPT	24/09/2022	CTA Qualifying Meet #5
100	2:56.93	L	F	Amy Beetge	16	LALE CED	13/11/2022	Winelands Summer League 4
101	2:57.63	L S	P	Amber Ogden	16	PEAS NMA	25/06/2022	PEA Winter Gala 2022
102	2:57.72	L	F	Tasnim Nabbie	16	ACSA ETH	01/07/2022	Prestige Tournament 2022
103	2:58.02	L	F	Ashley Loch	16	VRY ZLD	19/11/2022	Froggies Aquatics Championships 202
104	2:58.26	L	P	Caitlyn Fish	16	PER JHB	01/12/2022	CGA LC Summer Championships Leve
105	2:58.34	L	P	Erin De Montille	16	PGAC EKU	08/12/2022	EGA Summer Champs 2022
106	2:58.51	L	F	Chante Joubert	16	CRSC JHB	01/12/2022	CGA LC Summer Championships Leve
107	2:58.64	L	P	Gute Geldenhuys	16	WATR JHB	31/03/2023	SA Level 3 Regional Age Group Chan
108	2:58.70	L	F	Talia Vd Berg	16	QSAW CED	13/11/2022	Winelands Summer League 4
109	2:58.71	L	F	Lauren Bates	16	SEAL UMD	25/11/2022	WSC & Seals Summer LC Champs 20
110	2:58.74	L	P	Annika Erasmus	16	AA JHB	31/03/2023	SA Level 3 Regional Age Group Chan
111	2:58.78	L	P	Gemma Haupt	16	ASAC CPT	31/03/2023	SA Level 3 Regional Age Group Chan
112	2:59.08	L	F	Blair Benson	16	AACTA CPT	07/10/2022	41st Freda Barnard Invitational Gala
113	2:59.67	L	F	Justine Thom	16	AA JHB	28/10/2022	NTS October SARJ+ Age Group Gala
114	3:00.10	L	F	Miette Van Huyssteen	16	CUHE OBD	13/11/2022	Winelands Summer League 4
115	3:00.25	L	F	Amy Kruger	16	MDOL EKU	02/03/2023	SA Level 2 Regional Age Group Cham
116	3:00.55	L	P	Simphiwe Zulu	16	BAS EKU	02/03/2023	SA Level 2 Regional Age Group Cham
117	3:00.78	L	F	Ameline Ricketts	16	CUDU CPT	15/10/2022	CTA Qualifying Meet #6
118	3:01.10	L	F	Janica Stone	16	KALA	07/10/2022	FLAMINGO GALA OCT 2022
119	3:01.28	L	F	Mila Kriek	16	QSAW CED	07/10/2022	41st Freda Barnard Invitational Gala
120	3:01.66	L	P	Amber Botha	16	ONYX EKU	02/03/2023	SA Level 2 Regional Age Group Cham
121	3:01.76	L	F	Lune Van Den Berg	16	QSAW CED	24/09/2022	CTA Qualifying Meet #5
122	3:02.25	L	F	Mariska Malan	16	BLNE MAN	24/09/2022	Bull-Sharks Gala
123	3:02.48	L	F	Liebe Karsten	16	UPSK	03/02/2023	NCASA SPRINTS - 3 & 4 FEBRUARY
124	x3:03.43	L	P	Aliyyah Rangraze	16	ATLA JHB	02/03/2023	SA Level 2 Regional Age Group Cham
125	3:03.68	L	P	Alexandra Cunningham	16	AZON ETH	17/03/2023	SA Level 2 Regional Age Group Cham
126	3:04.29	L	P	Leigh-Ann Mitchley	16	BEAV ETH	17/03/2023	SA Level 2 Regional Age Group Cham
127*	3:04.44	L	P	Abigail Hains	16	PGAC EKU	02/03/2023	SA Level 2 Regional Age Group Cham

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
127*	3:04.44	L	F	Isabella Groenewald	16	QSAW	CED	15/10/2022 CTA Qualifying Meet #6
129	3:04.61	L	F	Lara Luttig	16	QUIC	CPT	15/10/2022 CTA Qualifying Meet #6
130	3:05.44	L	F	Sophia Wium	16	QSAW	CED	13/11/2022 Winelands Summer League 4
131	3:05.81	L	F	Anmari Greeff	16	HFM	WBD	04/02/2023 Limpopo School Champs
132	3:05.97	L	F	Kelly Jackson	16	BLSS	MAN	03/03/2023 SA Level 2 Regional Age Group Cham
133	3:06.82	L	F	Phillippa Formo	16	CRSC	JHB	02/03/2023 SA Level 2 Regional Age Group Cham
134	3:07.14	L	F	Mikaela Landman	16	RFA	FSH	21/10/2022 NTS October Lev 3 Age Group Gala 21
135	3:07.43	L	F	Joelle Buys	16	MARL	CPT	07/10/2022 41st Freda Barnard Invitational Gala
136	3:07.67	L	F	Kye-Ann Fowler	16	UNI	EZD	04/11/2022 MP AGE GROUP 3 GALA 4-5 NOVEM
137	3:07.85	L	P	Jenna Bidgood	16	AFIN	JHB	31/03/2023 SA Level 3 Regional Age Group Cham
138	3:08.69	L	F	Emily Beatt	16	PEAS	NMA	13/08/2022 Madibaz Swim Meet
139	3:09.22	L	F	Morgan-Hanna Russell	16	AACTA	CPT	21/01/2023 CTA Qualifying Meet #7
140	3:09.35	L	F	Tara Dixon	16	AACTA	CPT	07/10/2022 41st Freda Barnard Invitational Gala
141	3:09.45	L	F	Izaan Scheepers	16	VRY	ZLD	28/01/2023 Ushaka Champs 2023
142	3:09.72	L	F	Kendall Jackson	16	CA	EKU	17/02/2023 EGA Let's Race 2023
143	3:10.13	L	F	Carlia Nel	16	HPP	BUF	04/02/2023 Limpopo School Champs
144	3:10.32	L	F	Luané Scheepers	16	POTC	KKD	07/12/2022 NWS Championships 2022/2023
145	3:10.77	L	F	Kayleen van Reenen	16	AFIN	JHB	27/01/2023 NTS Janaury Lev 1+2 Age Group Gale
146	3:11.57	L	F	Dakota Wyngaard	16	QUIC	CPT	07/10/2022 41st Freda Barnard Invitational Gala
147	3:12.97	L	F	Minette Brits	16	BLSS	MAN	03/03/2023 SA Level 2 Regional Age Group Cham
148	3:13.55	L	F	Aimy Engelbrecht	16	XSAQ	CPT	29/10/2022 OR TAMBO Soncini 2022
149	3:13.78	L	F	Erin De Beer	16	VINE	CPT	04/11/2022 CTA A CHAMPS 2022
150	3:14.39	L	F	Emma Banda	16	CA	EKU	23/09/2022 EGA Summer 1 2022
151	3:14.61	L	F	Isabella Horwood	16	PEAS	NMA	17/09/2022 3rd A League Gala-Newton Park Pool
152	3:15.06	L	F	Jacey Filipe	16	AQU	ADJ	24/09/2022 Amajuba District Age Group Gala 3
153	3:15.53	L	F	Elani Neethling	16	ELRAS	WBD	22/10/2022 Limpopo Age Group 4
154	3:15.62	L	F	Leandri vd Walt	16	RBUR	BPD	21/01/2023 NWS Sprint Gala 2023
155	3:15.91	L	P	Emma-Kate van Niekerk	16	CRSC	JHB	02/03/2023 SA Level 2 Regional Age Group Cham
156	3:15.92	L	F	Georgina Francis	16	PSCP	UMD	01/07/2022 Prestige Tournament 2022
157	3:16.35	L	F	Amyleigh Tolmay	16	AFIN	JHB	03/02/2023 NTS January Lev 3+ Age Group Gala :
158	3:17.51	L	F	Leané van Eeden	16	GHSK		18/02/2023 AGE GROUP 6 KBY- 2023
159	3:17.54	L	F	Jordyn Neville	16	PSCP	UMD	25/11/2022 WSC & Seals Summer LC Champs 20
160	3:18.06	L	F	Millah Smith	16	BLSS	MAN	03/03/2023 SA Level 2 Regional Age Group Cham
161	3:18.11	L	F	Dhiya Pillay	16	ACSA	ETH	28/01/2023 Ushaka Champs 2023
162	3:18.62	L	F	Mckayla-Leigh Brits	16	RFA	FSH	02/12/2022 2022 The Tshwane Mayoral Gala
163	3:19.90	L	F	Channah Van Coller	16	FISH	EDD	05/11/2022 EDEN 3rd A-League Gala 2022
164	3:21.82	L	P	Iman Ismail	16	ATLA	JHB	02/03/2023 SA Level 2 Regional Age Group Cham
165	3:21.99	L	F	Fay-Lee Nel	16	SSISA	CPT	03/09/2022 CTA Qualifying Meet #4
166	3:22.17	L	F	Isi Mshudulu	16	XSAQ	CPT	29/10/2022 OR TAMBO Soncini 2022
167	3:22.94	L	P	Heidri de Jager	16	RBOT	BPD	07/12/2022 NWS Championships 2022/2023
168	3:23.17	L	F	Savannah Nicol	16	BEAV	ETH	25/11/2022 WSC & Seals Summer LC Champs 20
169	x3:23.49	L	P	Kayla Botha	16	BLSS	MAN	03/03/2023 SA Level 2 Regional Age Group Cham
170	3:23.99	L	F	Zia Mahomed	16	ACSA	ETH	17/03/2023 SA Level 2 Regional Age Group Cham
171	3:24.52	L	P	Shea Roach	16	SWIFT	EKU	08/12/2022 EGA Summer Champs 2022
172	3:26.68	L	P	Wilma Strauss	16	UPSK		03/03/2023 SA Level 2 Regional Age Group Cham
173	3:29.35	L	F	Kiara Davids	16	MARL	CPT	04/02/2023 CTA BRIAN BUTTON Qualifying Meet
174	3:33.57	L	F	Chelsea Lavita	16	MANT	CPT	07/10/2022 41st Freda Barnard Invitational Gala
175	3:35.33	L	F	Nabatende Kituuka	16	ISSA		10/02/2023 NW School Championships 2023
176	3:36.73	L	F	Annika Serfontein	16	VALS	FDD	05/11/2022 Seals Heidedal Gala
177	3:37.24	L	F	Chloe Jansen	16	AFIN	JHB	02/10/2022 2022 AG Swim Stars 14&Over
178	3:39.90	L	P	Cailynn Foster	16	RPAC	EKU	08/12/2022 EGA Summer Champs 2022
179	3:42.28	L	F	Lara Steenkamp	16	KSC	EZD	24/02/2023 MP AGE GROUP 6 GALA
180	3:44.14	L	F	Ewa Kopieniak	16	AQU	ADJ	24/09/2022 Amajuba District Age Group Gala 3
181	3:47.48	L	F	Melisca Everson	16	AQU	ADJ	29/10/2022 Amajuba District Age Group 4 29 Oct
182	3:48.35	L	F	Alta Radley	SR	PSA	ZLD	19/11/2022 Froggies Aquatics Championships 202
183	3:49.15	L	F	Danè Van Zyl	16	BARR	CPT	07/10/2022 41st Freda Barnard Invitational Gala
184	3:49.52	L	F	Poshika Ramsamy	16	BEST	NMA	07/10/2022 41st Freda Barnard Invitational Gala
185	3:55.67	L	F	Tania Marais	16	BERG	BP	10/02/2023 NW School Championships 2023
186	4:01.36	L	F	Micaela Wilmot	16	PEAS	NMA	17/09/2022 3rd A League Gala-Newton Park Pool

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
187	4:12.07 L	F	Kananelo Senokoane	16	SOWE JHB	02/10/2022	2022 AG Swim Stars 14&Over
188	4:25.14 L	F	Lane Esterhuizen	16	UPSK	18/02/2023	AGE GROUP 6 UPT- 2023
Women 400 IM							
1	5:10.96 L	F	Megan Stewart	16	AZON ETH	21/03/2023	SA National Junior Age Group Champ
2	5:21.25 L	P	Chelsea White	16	AGB JHB	12/04/2023	SA National Aquatic SNR-Champ 202
3	5:21.77 L	P	Monica Botha	16	BEAV ETH	03/03/2023	2023 Grand Prix 2 Invitational Meet - K
4	5:24.48 L	F	Sarah Mc Laren	16	SGUL ETH	21/03/2023	SA National Junior Age Group Champ
5	5:25.87 L	F	Megan Matthews	16	SEAL UMD	16/12/2022	KZNA Premier Provincial Championshi
6	5:34.45 L	F	Anika Hugo	16	PAQU CED	09/12/2022	Western Cape LC-A Championship 20
7	5:40.13 L	F	Chanel Du Plessis	16	VINE CPT	24/09/2022	CTA Qualifying Meet #5
8	5:41.03 L	F	Robyn Cowley	16	TUKS TSH	09/12/2022	NTS Championships 2022
9	5:55.29 L	F	Erin Langenhoven	16	AACTA CPT	07/10/2022	41st Freda Barnard Invitational Gala
10	5:57.95 L	F	Utah Novello	16	CLSC WCD	07/10/2022	41st Freda Barnard Invitational Gala
11	5:59.68 L	F	Genna Cloete	16	PSC TSH	28/10/2022	NTS October SARJ+ Age Group Gala
12	6:01.30 L	F	Indiana De Villers	16	SEAL UMD	01/07/2022	Prestige Tournament 2022
13	6:02.12 L	F	Rachel Murray	16	HARL BUF	04/02/2023	BCA Feb Age Group Gala 2023
14	6:07.37 L	F	Jessica Bott	16	SOUL EKU	08/12/2022	EGA Summer Champs 2022
15	6:12.28 L	F	Janeske Vd Walt	16	RBUR BPD	07/12/2022	NWS Championships 2022/2023
16	6:12.56 L	F	Maya Laubscher	16	GSA CPT	07/10/2022	41st Freda Barnard Invitational Gala
17	6:24.71 L	F	Janica Stone	16	KALA	07/12/2022	NCASA CHAMPS 2022
18	6:39.21 L	F	Amber Botha	16	ONYX EKU	21/10/2022	EGA Summer 2 2022