

Individual Top Times

Times since: 01-Jan-21

Number of Top Times: 20 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
Women 11 Free							
1	2:03:12.10 L	F	Michelle Weber	23	SEAL UMD	19/06/2021	FINA Olympic Marathon Swim Qualifie
2	2:12:09.00 L	O	Amica De Jager	20	NMU NMA	24/10/2021	EC Swim Series OWS 2 2021
3	2:16:32.60 L	F	Stephanie Houtman	17	TUKS TSH	19/06/2021	FINA Olympic Marathon Swim Qualifie
Women 50 Free							
1	24.64 L	S	Emma Chelius	23	RSA	24/07/2021	2021 Tokyo Olympic Games
2	25.83 L	F	Inge Weidemann	19	RSA	11/10/2021	14th Africa Seniors Swimming Champi
3	25.85 L	P	Olivia Nel	17	SAAW CPT	28/05/2021	Grand Prix No 4 Durban May 2021
4	26.14 L	F	Rebecca Meder	17	SGUL ETH	28/05/2021	Grand Prix No 4 Durban May 2021
5	27.14 L	F	Kate Meyer	17	VIKI BUF	28/05/2021	Grand Prix No 4 Durban May 2021
6	27.22 L	P	Georgia Nel	17	SAAW CPT	06/05/2021	2021 Cana Grand Prix Swimming Stell
7*	27.34 L	F	Amica De Jager	20	NMU NMA	12/11/2021	PEA Winter Gala Take 2
7*	27.34 L	P	Michaela De Villiers	17	VINE CPT	28/05/2021	Grand Prix No 4 Durban May 2021
9	27.59 L	P	Carla Meikle	17	SEAL UMD	28/05/2021	Grand Prix No 4 Durban May 2021
10	28.17 L	F	Constantina Pietersen	18	INFA NMA	12/11/2021	PEA Winter Gala Take 2
11	28.20 L	F	Marné Meier	21	NWUC KKD	16/10/2021	NWS Age Group 1&2
12	28.30 L	F	Taneal Baptiste	20	PAC TSH	28/05/2021	Grand Prix No 4 Durban May 2021
13	28.35 L	F	Marine Nortje	19	KOVS MAN	23/10/2021	Otters Prestige Gala 2021
14	28.37 L	F	Lana Janson	17	TYGE CPT	30/10/2021	CANA Virtual Swimming Championshij
15	28.68 L	F	Nuria Ribeiro	17	MATI CED	16/10/2021	Winelands SL 3
16	28.84 L	P	Demi- Lee Carlisle	17	AA JHB	28/05/2021	Grand Prix No 4 Durban May 2021
17	28.89 L	P	Natalie Landmann	18	FROS MAN	28/05/2021	Grand Prix No 4 Durban May 2021
18	29.33 L	F	Jaime Storm	17	TUKS TSH	24/09/2021	NTS Age Group September SANJ+
19	29.34 L	P	Andrea Cudin	18	PEAS NMA	28/05/2021	Grand Prix No 4 Durban May 2021
20	29.85 L	F	Rachael Humphries	18	NWUC KKD	16/10/2021	NWS Age Group 1&2
Women 100 Free							
1	54.75 L	P	Erin Gallagher	21	RSA	24/07/2021	2021 Tokyo Olympic Games
2	55.59 L	F	Emma Chelius	23	SGUL ETH	28/05/2021	Grand Prix No 4 Durban May 2021
3	56.22 L	F	Rebecca Meder	17	RSA	11/10/2021	14th Africa Seniors Swimming Champi
4	56.31 L	F	Inge Weidemann	19	RSA	11/10/2021	14th Africa Seniors Swimming Champi
5	58.87 L	P	Carla Meikle	17	SEAL UMD	28/05/2021	Grand Prix No 4 Durban May 2021
6	1:00.09 L	P	Taneal Baptiste	20	PAC TSH	28/05/2021	Grand Prix No 4 Durban May 2021
7	1:00.38 L	F	Amica De Jager	20	NMU NMA	12/11/2021	PEA Winter Gala Take 2
8	1:00.54 L	P	Michaela De Villiers	17	VINE CPT	06/05/2021	2021 Cana Grand Prix Swimming Stell
9	1:00.71 L	F	Marine Nortje	19	KOVS MAN	23/10/2021	Otters Prestige Gala 2021
10	1:00.83 L	F	Lana Janson	17	TYGE CPT	30/10/2021	CANA Virtual Swimming Championshij
11	1:01.14 L	F	Constantina Pietersen	18	INFA NMA	12/11/2021	PEA Winter Gala Take 2
12	1:02.01 L	F	Victoria Earle	18	SGUL ETH	30/10/2021	CANA Virtual Swimming Championshij
13	1:02.48 L	F	Marné Meier	21	NWUC KKD	02/10/2021	Frank Gray Memorial Championships :
14	1:02.63 L	P	Demi- Lee Carlisle	17	AA JHB	28/05/2021	Grand Prix No 4 Durban May 2021
15	1:02.78 L	F	Jaime Storm	17	TUKS TSH	24/09/2021	NTS Age Group September SANJ+
16	1:03.34 L	P	Andrea Cudin	18	PEAS NMA	28/05/2021	Grand Prix No 4 Durban May 2021
17	1:04.22 L	F	Kristin Bellingan	22	TUKS TSH	17/09/2021	NTS Age group September Level 2+3
18	1:04.52 L	F	Rachael Humphries	18	NWUC KKD	16/10/2021	NWS Age Group 1&2
19	1:04.53 L	F	Jordainne Kazmierczak	17	FLOD JHB	17/09/2021	NTS Age group September Level 2+3
20	1:04.66 L	F	Idelé du Toit	17	NWUC KKD	02/10/2021	Frank Gray Memorial Championships :
Women 200 Free							
1	2:02.65 L	F	Rebecca Meder	17	RSA	11/10/2021	14th Africa Seniors Swimming Champi
2	2:04.55 L	P	Tatjana Schoenmaker	22	TUKS TSH	28/05/2021	Grand Prix No 4 Durban May 2021
3	2:04.56 L	F	Christin Mundell	18	TUKS TSH	28/05/2021	Grand Prix No 4 Durban May 2021
4	2:06.26 L	F	Kate Beavon	20	MAC EKU	29/04/2021	2021 UANA Tokyo Qualifier
5	2:09.62 L	P	Hannah Pearse	17	VINE CPT	06/05/2021	2021 Cana Grand Prix Swimming Stell
6	2:10.54 L	F	Carla Meikle	17	SEAL UMD	28/05/2021	Grand Prix No 4 Durban May 2021
7	2:11.09 L	F	Amica De Jager	20	NMU NMA	12/11/2021	PEA Winter Gala Take 2
8	2:11.84 L	F	Victoria Earle	18	SGUL ETH	30/10/2021	CANA Virtual Swimming Championshij
9	2:12.26 L	F	Lana Janson	17	TYGE CPT	06/11/2021	CTA Qualifying Meet 4 - Long Distance
10	2:16.59 L	F	Idelé du Toit	17	NWUC KKD	02/10/2021	Frank Gray Memorial Championships :
11	2:17.31 L	P	Demi- Lee Carlisle	17	AA JHB	28/05/2021	Grand Prix No 4 Durban May 2021

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	Time	P/F/S	Name	Age/Yr			
12	2:19.41	L	F	Tasneen Ebrahim	17	NMU NMA	16/10/2021 1st A League Gala 2021
13	2:20.23	L	F	Marine Nortje	19	KOVS MAN	23/10/2021 Otters Prestige Gala 2021
14	2:22.86	L	F	Anica Dennis	17	INFA NMA	08/10/2021 40th Freda Barnard Invitational Gala
15	2:23.84	L	F	Courtney Pretorius	18	TUKS FSH	17/09/2021 NTS Age group September Level 2+3
16	2:26.33	L	F	Rachael Humphries	18	NWUC KKD	02/10/2021 Frank Gray Memorial Championships ;
17	2:27.09	L	P	Olivia Scott	18	VINE CPT	28/05/2021 Grand Prix No 4 Durban May 2021
18	2:27.33	L	F	Talitha Vd Walt	19	BLMA CPT	30/10/2021 CANA Virtual Swimming Championship
19	2:30.99	L	F	Judi Smith	17	QUIC CPT	30/10/2021 CANA Virtual Swimming Championship
20	2:32.24	L	F	Carina Hambloch	40	SMSC ETH	30/10/2021 CANA Virtual Swimming Championship
Women 400 Free							
1	9:29	L	O	Samantha Howard	44	MSC NGD	31/10/2021 OPEN WATER SWIM 2
2	4:24.35	L	P	Christin Mundell	18	TUKS FSH	28/05/2021 Grand Prix No 4 Durban May 2021
3	4:25.96	L	F	Kate Beavon	20	MAC EKU	29/04/2021 2021 UANA Tokyo Qualifier
4	4:28.44	L	P	Victoria Earle	18	SGUL ETH	28/05/2021 Grand Prix No 4 Durban May 2021
5	4:33.45	L	F	Amica De Jager	20	NMU NMA	12/11/2021 PEA Winter Gala Take 2
6	4:36.34	L	F	Kristin Bellingan	22	TUKS FSH	17/09/2021 NTS Age group September Level 2+3
7	4:38.45	L	P	Hannah Pearse	17	VINE CPT	06/05/2021 2021 Cana Grand Prix Swimming Stell
8	4:40.17	L	F	Stephanie Houtman	17	RSA	11/10/2021 14th Africa Seniors Swimming Champi
9	4:40.53	L	F	Taylor Pharoah	17	TUKS FSH	24/09/2021 NTS Age Group September SANJ+
10	4:54.81	L	F	Idelé du Toit	17	NWUC KKD	02/10/2021 Frank Gray Memorial Championships ;
11	4:55.11	L	F	Tasneen Ebrahim	17	NMU NMA	16/10/2021 1st A League Gala 2021
12	4:57.14	L	P	Alani Ferreira	21	SEAL UMD	28/05/2021 Grand Prix No 4 Durban May 2021
13	5:11.06	L	F	Rachael Humphries	18	NWUC KKD	02/10/2021 Frank Gray Memorial Championships ;
14	5:16.50	L	F	Nichola Greyling	17	VALS FDD	02/10/2021 Frank Gray Memorial Championships ;
15	5:20.11	L	F	Talitha Vd Walt	19	BLMA CPT	08/10/2021 40th Freda Barnard Invitational Gala
16	5:45.48	L	P	Katelyn Marais	17	LINR JHB	28/05/2021 Grand Prix No 4 Durban May 2021
17	5:58.73	L	F	Stephanie Hofmeyr	17	BARR CPT	08/10/2021 40th Freda Barnard Invitational Gala
18	6:58.46	L	F	Gail Potgieter	35	BLSS MAN	02/10/2021 Frank Gray Memorial Championships ;
19	7:04.42	L S	F	Melisa O'Neill	28	ASAC CPT	30/10/2021 CANA Virtual Swimming Championship
Women 800 Free							
1	9:01.57	L	F	Kate Beavon	20	MAC EKU	29/04/2021 2021 UANA Tokyo Qualifier
2	9:07.14	L	F	Stephanie Houtman	17	RSA	11/10/2021 14th Africa Seniors Swimming Champi
3	9:07.95	L	F	Samantha Randle	21	RSA	11/10/2021 14th Africa Seniors Swimming Champi
4	9:24.28	L	F	Carla Antonopoulos	19	SGUL ETH	30/10/2021 CANA Virtual Swimming Championship
5	9:24.62	L	F	Victoria Earle	18	SGUL ETH	30/10/2021 CANA Virtual Swimming Championship
6	9:36.96	L	F	Amica De Jager	20	NMU NMA	12/11/2021 PEA Winter Gala Take 2
7	10:15.07	L	F	Idelé du Toit	17	NWUC KKD	16/10/2021 NWS Age Group 1&2
8	10:35.14	L	F	Rachael Humphries	18	NWUC KKD	02/10/2021 Frank Gray Memorial Championships ;
9	11:04.06	L	F	Talitha Vd Walt	19	BLMA CPT	08/10/2021 40th Freda Barnard Invitational Gala
10	11:13.59	L	F	Nichola Greyling	17	VALS FDD	02/10/2021 Frank Gray Memorial Championships ;
11	14:06.07	L	F	Gail Potgieter	35	BLSS MAN	28/10/2021 Neptune Prestige Gala
12	15:14.29	L	F	Lizette Bannister	46	BARR CPT	08/10/2021 40th Freda Barnard Invitational Gala
Women 1500 Free							
1	16:55.59	L	F	Kate Beavon	20	MAC EKU	29/04/2021 2021 UANA Tokyo Qualifier
2	17:46.18	L	F	Samantha Randle	21	TUKS FSH	28/05/2021 Grand Prix No 4 Durban May 2021
3	17:54.06	L	F	Carla Antonopoulos	19	SGUL ETH	30/10/2021 CANA Virtual Swimming Championship
4	17:58.15	L	F	Victoria Earle	18	SGUL ETH	28/05/2021 Grand Prix No 4 Durban May 2021
5	20:21.32	L	F	Rachael Humphries	18	NWUC KKD	16/10/2021 NWS Age Group 1&2
Women 3000 Free							
1	38.14	L	O	Samantha Randle	21	TUKS FSH	07/11/2021 EC Swim Series OWS 3 2021
2	51.00	L	O	Sharon Viljoen	48	PEMA NMA	24/10/2021 EC Swim Series OWS 2 2021
3	55.04	L	O	Chere Donian	56	PEMA NMA	24/10/2021 EC Swim Series OWS 2 2021
4	1:04.15	L	O	Elizabeth Craig	75	PEMA NMA	24/10/2021 EC Swim Series OWS 2 2021
5	42:17.00	L	O	Michelle Weber	23	TYGE CPT	25/09/2021 CWD OWS - Quaggaskloof
6	48:01.43	L	O	Michele Esterhuizen	47	CSA EZD	17/10/2021 AGE GROUP 2 - OPEN WATER SWIM
7	51:56.03	L	O	Jean Degenaar	60	CLSC WCD	24/10/2021 CTA Harbour to Harbour OWS
8	55:50.13	L	O	Marië Smith	34	CLSC WCD	24/10/2021 CTA Harbour to Harbour OWS
9	1:03:02.00	L	O	Karin Cilliers	45	CSA EZD	17/10/2021 AGE GROUP 2 - OPEN WATER SWIM

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	Time	P/F/S	Name	Age/Yr				
10	1:06:03.38 L	O	Katherine Bihl	50	CLSC WCD	24/10/2021	CTA Harbour to Harbour OWS	
Women 5000 Free								
1	1:02.44 L	O	Samantha Randle	21	TUKS FSH	07/11/2021	EC Swim Series OWS 3 2021	
2	1:04.00 L	O	Amica De Jager	20	NMU NMA	24/10/2021	EC Swim Series OWS 2 2021	
3	1:09.43 L	O	Tasneen Ebrahim	17	NMU NMA	10/10/2021	EC Swim Series OWS 1 2021	
4	1:41.03 L	O	Marguerite Young	46	PEMA NMA	24/10/2021	EC Swim Series OWS 2 2021	
5	1:01:31.00 L	O	Michelle Weber	23	TYGE CPT	25/09/2021	CWD OWS - Quaggaskloof	
Women 50 Back								
1	29.04 L	F	Olivia Nel	17	SAAW CPT	28/05/2021	Grand Prix No 4 Durban May 2021	
2	29.90 L	F	Michaela De Villiers	17	VINE CPT	28/05/2021	Grand Prix No 4 Durban May 2021	
3	30.35 L	F	Natalie Landmann	18	FROS MAN	28/05/2021	Grand Prix No 4 Durban May 2021	
4	30.80 L	F	Kerryn Herbst	17	LINR JHB	28/05/2021	Grand Prix No 4 Durban May 2021	
5	30.81 L	P	Georgia Nel	17	SAAW CPT	06/05/2021	2021 Cana Grand Prix Swimming Stell	
6	31.43 L	P	Samantha Randle	21	RSA	11/10/2021	14th Africa Seniors Swimming Champi	
7	31.61 L	P	Hannah Pearse	17	VINE CPT	06/05/2021	2021 Cana Grand Prix Swimming Stell	
8	31.71 L	F	Demi- Lee Carlisle	17	AA JHB	28/05/2021	Grand Prix No 4 Durban May 2021	
9	31.86 L	F	Constantina Pietersen	18	INFA NMA	12/11/2021	PEA Winter Gala Take 2	
10	31.92 L	F	Kaylin De Almeida	17	AA JHB	28/05/2021	Grand Prix No 4 Durban May 2021	
11	32.26 L	F	Jaime Storm	17	TUKS FSH	24/09/2021	NTS Age Group September SANJ+	
12	32.45 L	F	Heike Thormahlen	20	SGUL ETH	30/10/2021	CANA Virtual Swimming Championship	
13	32.65 L	P	Christin Mundell	18	RSA	11/10/2021	14th Africa Seniors Swimming Champi	
14	33.04 L	F	Erin Hartzenberg	18	TYGE CPT	30/10/2021	CANA Virtual Swimming Championship	
15	33.47 L	P	Olivia Scott	18	VINE CPT	06/05/2021	2021 Cana Grand Prix Swimming Stell	
16	33.71 L	F	Marné Meier	21	NWUC KKD	02/10/2021	Frank Gray Memorial Championships :	
17	34.16 L	F	Anica Dennis	17	INFA NMA	12/11/2021	PEA Winter Gala Take 2	
18	35.27 L	F	Aletta Gersbach	17	RFA FSH	08/10/2021	NTS October Combined Age Group	
19*	35.33 L	F	Rachael Humphries	18	NWUC KKD	02/10/2021	Frank Gray Memorial Championships :	
19*	35.33 L	F	Idelé du Toit	17	NWUC KKD	02/10/2021	Frank Gray Memorial Championships :	
Women 100 Back								
1	1:02.47 L	F	Rebecca Meder	17	SGUL ETH	28/05/2021	Grand Prix No 4 Durban May 2021	
2	1:04.09 L	P	Olivia Nel	17	SAAW CPT	28/05/2021	Grand Prix No 4 Durban May 2021	
3	1:05.24 L	F	Hannah Pearse	17	VINE CPT	28/05/2021	Grand Prix No 4 Durban May 2021	
4	1:05.25 L	P	Natalie Landmann	18	FROS MAN	28/05/2021	Grand Prix No 4 Durban May 2021	
5	1:05.63 L	P	Michaela De Villiers	17	VINE CPT	28/05/2021	Grand Prix No 4 Durban May 2021	
6	1:06.01 L	F	Samantha Randle	21	RSA	11/10/2021	14th Africa Seniors Swimming Champi	
7	1:08.01 L	F	Kaylin De Almeida	17	AA JHB	28/05/2021	Grand Prix No 4 Durban May 2021	
8	1:08.25 L	F	Jaime Storm	17	TUKS FSH	24/09/2021	NTS Age Group September SANJ+	
9	1:09.98 L	F	Demi- Lee Carlisle	17	AA JHB	28/05/2021	Grand Prix No 4 Durban May 2021	
10	1:10.60 L	F	Heike Thormahlen	20	SGUL ETH	30/10/2021	CANA Virtual Swimming Championship	
11	1:11.98 L	F	Catherine Wilcocks	18	PAC FSH	24/09/2021	NTS Age Group September SANJ+	
12	1:12.53 L	F	Anica Dennis	17	INFA NMA	16/10/2021	1st A League Gala 2021	
13	1:13.10 L	P	Olivia Scott	18	VINE CPT	06/05/2021	2021 Cana Grand Prix Swimming Stell	
14	1:13.26 L	F	Marné Meier	21	NWUC KKD	16/10/2021	NWS Age Group 1&2	
15	1:14.01 L S	F	Erin Hartzenberg	18	TYGE CPT	30/10/2021	CANA Virtual Swimming Championship	
16	1:14.06 L	F	Idelé du Toit	17	NWUC KKD	16/10/2021	NWS Age Group 1&2	
17	1:15.61 L	F	Rachael Humphries	18	NWUC KKD	02/10/2021	Frank Gray Memorial Championships :	
18	1:15.80 L	F	Courtney Pretorius	18	TUKS FSH	17/09/2021	NTS Age group September Level 2+3	
19	1:17.52 L	F	Carina Hambloch	40	SMSC ETH	30/10/2021	CANA Virtual Swimming Championship	
20	1:21.34 L	F	Talitha Vd Walt	19	BLMA CPT	08/10/2021	40th Freda Barnard Invitational Gala	
Women 200 Back								
1	2:16.62 L	F	Hannah Pearse	17	VINE CPT	28/05/2021	Grand Prix No 4 Durban May 2021	
2	2:16.65 L	P	Samantha Randle	21	TUKS FSH	28/05/2021	Grand Prix No 4 Durban May 2021	
3	2:16.74 L	F	Rebecca Meder	17	RSA	11/10/2021	14th Africa Seniors Swimming Champi	
4	2:24.19 L	F	Kaylin De Almeida	17	AA JHB	28/05/2021	Grand Prix No 4 Durban May 2021	
5	2:28.06 L	F	Jaime Storm	17	TUKS FSH	24/09/2021	NTS Age Group September SANJ+	
6	2:31.37 L	P	Jemma Tully	18	VINE CPT	28/05/2021	Grand Prix No 4 Durban May 2021	
7	2:31.79 L	F	Demi- Lee Carlisle	17	AA JHB	28/05/2021	Grand Prix No 4 Durban May 2021	
8	2:35.39 L	F	Anica Dennis	17	INFA NMA	16/10/2021	1st A League Gala 2021	

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	Time	P/F/S	Name	Age/Yr			
9	2:36.51 L	F	Taylor Pharoah	17	TUKS FSH	24/09/2021	NTS Age Group September SANJ+
10	2:36.73 L	F	Idelé du Toit	17	NWUC KKD	16/10/2021	NWS Age Group 1&2
11	2:37.10 L	F	Natalie Landmann	18	FROS MAN	28/05/2021	Grand Prix No 4 Durban May 2021
12	2:40.25 L	F	Rachael Humphries	18	NWUC KKD	16/10/2021	NWS Age Group 1&2
13	2:43.74 L	F	Aletta Gersbach	17	RFA FSH	08/10/2021	NTS October Combined Age Group
14	2:46.26 L	F	Marné Meier	21	NWUC KKD	16/10/2021	NWS Age Group 1&2
15	2:48.31 L	P	Olivia Scott	18	VINE CPT	28/05/2021	Grand Prix No 4 Durban May 2021
16	2:48.78 L	F	Nichola Greyling	17	VALS FDD	02/10/2021	Frank Gray Memorial Championships :
17	2:55.46 L	F	Carina Hambloch	40	SMSC ETH	30/10/2021	CANA Virtual Swimming Championship
18	3:01.71 L S	F	Judi Smith	17	QUIC CPT	30/10/2021	CANA Virtual Swimming Championship
19	3:04.46 L S	F	Michaela Kretzen	20	ASAC CPT	30/10/2021	CANA Virtual Swimming Championship
20	3:19.76 L	F	Stephanie Hofmeyr	17	BARR CPT	08/10/2021	40th Freda Barnard Invitational Gala
Women 50 Breast							
1	30.72 L	P	Tatjana Schoenmaker	22	TUKS FSH	28/05/2021	Grand Prix No 4 Durban May 2021
2	32.21 L	F	Kaylene Corbett	20	TUKS FSH	28/05/2021	Grand Prix No 4 Durban May 2021
3	32.64 L	F	Christin Mundell	18	RSA	11/10/2021	14th Africa Seniors Swimming Champi
4	33.50 L	P	Kate Meyer	17	VIKI BUF	28/05/2021	Grand Prix No 4 Durban May 2021
5	34.93 L	F	Brie Parker	23	NDSA ETH	28/05/2021	Grand Prix No 4 Durban May 2021
6	35.53 L	F	Marné Meier	21	NWUC KKD	02/10/2021	Frank Gray Memorial Championships :
7	35.67 L	P	Reedah Shaw	19	RSA	11/10/2021	14th Africa Seniors Swimming Champi
8	36.28 L	F	Taylor Pharoah	17	TUKS FSH	24/09/2021	NTS Age Group September SANJ+
9	36.35 L	F	Constantina Pietersen	18	INFA NMA	12/11/2021	PEA Winter Gala Take 2
10	37.18 L	F	Catherine Wilcocks	18	PAC FSH	24/09/2021	NTS Age Group September SANJ+
11	38.93 L	F	Nichola Greyling	17	VALS FDD	02/10/2021	Frank Gray Memorial Championships :
12	39.37 L	F	Wendy Cook	49	SMSC ETH	30/10/2021	CANA Virtual Swimming Championship
13	40.26 L	P	Alani Ferreira	21	SEAL UMD	06/05/2021	2021 Cana Grand Prix Swimming Stell
14	41.03 L	F	Michele Esterhuizen	47	CSA EZD	18/09/2021	MP SPRINT GALA 18 SEPTEMBER 2
15	43.63 L	F	Talitha Vd Walt	19	BLMA CPT	08/10/2021	40th Freda Barnard Invitational Gala
16	44.58 L	F	Stephanie Hofmeyr	17	BARR CPT	08/10/2021	40th Freda Barnard Invitational Gala
17	46.90 L	F	Michaela Kretzen	20	ASAC CPT	30/10/2021	CANA Virtual Swimming Championship
18	56.77 L	F	Rentia Oosthuizen	28	INFA NMA	08/10/2021	40th Freda Barnard Invitational Gala
19	56.96 L	F	Gail Potgieter	35	BLSS MAN	02/10/2021	Frank Gray Memorial Championships :
20	1:14.15 L	F	Marne Kock	22	RBUR BPD	16/10/2021	NWS Age Group 1&2
Women 100 Breast							
1	1:04.82 L	P	Tatjana Schoenmaker	22	RSA	24/07/2021	2021 Tokyo Olympic Games
2	1:08.11 L	F	Kaylene Corbett	20	TUKS FSH	28/05/2021	Grand Prix No 4 Durban May 2021
3	1:10.63 L	F	Rebecca Meder	17	SGUL ETH	30/10/2021	CANA Virtual Swimming Championship
4	1:10.81 L	F	Emily Visagie	22	RSA	11/10/2021	14th Africa Seniors Swimming Champi
5	1:10.90 L	P	Christin Mundell	18	RSA	11/10/2021	14th Africa Seniors Swimming Champi
6	1:13.88 L	P	Kate Meyer	17	VIKI BUF	28/05/2021	Grand Prix No 4 Durban May 2021
7	1:15.05 L	F	Marné Meier	21	NWUC KKD	02/10/2021	Frank Gray Memorial Championships :
8	1:15.62 L	F	Taylor Pharoah	17	TUKS FSH	24/09/2021	NTS Age Group September SANJ+
9	1:16.00 L	F	Lana Janson	17	TYGE CPT	30/10/2021	CANA Virtual Swimming Championship
10	1:17.27 L	P	Brie Parker	23	NDSA ETH	28/05/2021	Grand Prix No 4 Durban May 2021
11	1:19.39 L	P	Helen Taylor	22	AZON ETH	28/05/2021	Grand Prix No 4 Durban May 2021
12	1:20.56 L	F	Constantina Pietersen	18	INFA NMA	12/11/2021	PEA Winter Gala Take 2
13	1:22.83 L	F	Catherine Wilcocks	18	PAC FSH	24/09/2021	NTS Age Group September SANJ+
14	1:22.86 L	F	Jordainne Kazimierzczak	17	FLOD JHB	17/09/2021	NTS Age group September Level 2+3
15	1:24.22 L	P	Alani Ferreira	21	SEAL UMD	28/05/2021	Grand Prix No 4 Durban May 2021
16	1:26.24 L	P	Cornelle Leach	21	DRGN JHB	28/05/2021	Grand Prix No 4 Durban May 2021
17	1:27.45 L	F	Gabriella Jardim	17	FLOD JHB	17/09/2021	NTS Age group September Level 2+3
18	1:28.96 L	F	Wendy Cook	49	SMSC ETH	30/10/2021	CANA Virtual Swimming Championship
19	1:32.03 L	F	Aletta Gersbach	17	RFA FSH	08/10/2021	NTS October Combined Age Group
20	1:42.61 L	F	Stephanie Hofmeyr	17	BARR CPT	08/10/2021	40th Freda Barnard Invitational Gala
Women 200 Breast							
1	2:18.96 L	F	Tatjana Schoenmaker	22	RSA	24/07/2021	2021 Tokyo Olympic Games
2	2:22.06 L	F	Kaylene Corbett	20	RSA	24/07/2021	2021 Tokyo Olympic Games
3	2:34.07 L	P	Emily Visagie	22	SGUL ETH	28/05/2021	Grand Prix No 4 Durban May 2021

Individual Top Times

Times since: 01-Jan-21

Number of Top Times: 20 Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
4	2:41.33	L	F	Taylor Pharoah	17	TUKS FSH	24/09/2021	NTS Age Group September SANJ+
5	2:42.62	L	P	Kate Meyer	17	VIKI BUF	28/05/2021	Grand Prix No 4 Durban May 2021
6	2:45.03	L	F	Marné Meier	21	NWUC KKD	16/10/2021	NWS Age Group 1&2
7	2:50.78	L	F	Reedah Shaw	19	RSA	11/10/2021	14th Africa Seniors Swimming Champi
8	2:50.95	L	F	Constantina Pietersen	18	INFA NMA	12/11/2021	PEA Winter Gala Take 2
9	2:53.34	L	F	Lana Janson	17	TYGE CPT	30/10/2021	CANA Virtual Swimming Championship
10	3:39.10	L	F	Stephanie Hofmeyr	17	BARR CPT	08/10/2021	40th Freda Barnard Invitational Gala
11	4:20.60	L	F	Ada Barnard	40	SWAR WCD	16/10/2021	Winelands SL 4
12	4:20.62	L	F	Rentia Oosthuizen	28	INFA NMA	08/10/2021	40th Freda Barnard Invitational Gala
Women 50 Fly								
1	27.14	L	F	Inge Weidemann	19	RSA	11/10/2021	14th Africa Seniors Swimming Champi
2	28.01	L	F	Natalie Landmann	18	FROS MAN	28/05/2021	Grand Prix No 4 Durban May 2021
3	28.44	L	F	Kerryn Herbst	17	LINR JHB	28/05/2021	Grand Prix No 4 Durban May 2021
4	28.70	L	P	Michaela De Villiers	17	VINE CPT	28/05/2021	Grand Prix No 4 Durban May 2021
5	28.79	L	P	Taneal Baptiste	20	PAC FSH	28/05/2021	Grand Prix No 4 Durban May 2021
6	29.38	L	F	Carla Meikle	17	SEAL UMD	28/05/2021	Grand Prix No 4 Durban May 2021
7	29.80	L	F	Constantina Pietersen	18	INFA NMA	12/11/2021	PEA Winter Gala Take 2
8	29.91	L S	F	Erin Hartzenberg	18	TYGE CPT	30/10/2021	CANA Virtual Swimming Championship
9	29.95	L	P	Lizanne Viljoen	21	RSA	11/10/2021	14th Africa Seniors Swimming Champi
10	30.04	L	F	Marné Meier	21	NWUC KKD	02/10/2021	Frank Gray Memorial Championships :
11	31.18	L	F	Andrea Cudin	18	PEAS NMA	28/05/2021	Grand Prix No 4 Durban May 2021
12	31.57	L	P	Kaylene Corbett	20	TUKS FSH	28/05/2021	Grand Prix No 4 Durban May 2021
13	31.69	L	F	Jaime Storm	17	TUKS FSH	24/09/2021	NTS Age Group September SANJ+
14	31.83	L	F	Idelé du Toit	17	NWUC KKD	02/10/2021	Frank Gray Memorial Championships :
15	31.84	L	F	Lana Janson	17	TYGE CPT	06/05/2021	2021 Cana Grand Prix Swimming Stell
16	32.20	L	F	Marine Nortje	19	KOVS MAN	08/10/2021	Super Seals Prestige Gala
17	32.66	L	F	Olivia Scott	18	VINE CPT	06/05/2021	2021 Cana Grand Prix Swimming Stell
18	33.16	L	F	Aletta Gersbach	17	RFA FSH	08/10/2021	NTS October Combined Age Group
19	33.28	L S	F	Talitha Vd Walt	19	BLMA CPT	30/10/2021	CANA Virtual Swimming Championship
20	33.39	L	F	Michele Esterhuizen	47	CSA EZD	29/10/2021	CANA Virtual Swimming Championship
Women 100 Fly								
1	59.67	L	F	Dune Coetzee	17	TUKS FSH	28/05/2021	Grand Prix No 4 Durban May 2021
2	59.69	L	P	Erin Gallagher	21	RSA	24/07/2021	2021 Tokyo Olympic Games
3	1:02.39	L	F	Rebecca Meder	17	SGUL ETH	30/10/2021	CANA Virtual Swimming Championship
4	1:03.66	L	P	Taneal Baptiste	20	PAC FSH	28/05/2021	Grand Prix No 4 Durban May 2021
5	1:03.85	L	P	Kerryn Herbst	17	LINR JHB	28/05/2021	Grand Prix No 4 Durban May 2021
6	1:04.09	L	F	Inge Weidemann	19	RSA	11/10/2021	14th Africa Seniors Swimming Champi
7	1:04.17	L	F	Natalie Landmann	18	FROS MAN	28/05/2021	Grand Prix No 4 Durban May 2021
8	1:04.19	L	F	Lizanne Viljoen	21	RSA	11/10/2021	14th Africa Seniors Swimming Champi
9	1:07.09	L	P	Kirsten de Goede	17	SGUL ETH	28/05/2021	Grand Prix No 4 Durban May 2021
10	1:07.38	L	F	Kaylene Corbett	20	TUKS FSH	28/05/2021	Grand Prix No 4 Durban May 2021
11	1:07.88	L	F	Constantina Pietersen	18	INFA NMA	12/11/2021	PEA Winter Gala Take 2
12	1:09.03	L	F	Erin Hartzenberg	18	TYGE CPT	30/10/2021	CANA Virtual Swimming Championship
13	1:09.17	L	F	Marine Nortje	19	KOVS MAN	03/09/2021	Mangaung Winter Champs
14	1:09.50	L	F	Idelé du Toit	17	NWUC KKD	02/10/2021	Frank Gray Memorial Championships :
15	1:10.00	L	P	Andrea Cudin	18	PEAS NMA	28/05/2021	Grand Prix No 4 Durban May 2021
16	1:11.61	L	F	Courtney Pretorius	18	TUKS FSH	17/09/2021	NTS Age group September Level 2+3
17	1:17.41	L	F	Michele Esterhuizen	47	CSA EZD	29/10/2021	CANA Virtual Swimming Championship
18	1:18.61	L	F	Talitha Vd Walt	19	BLMA CPT	30/10/2021	CANA Virtual Swimming Championship
19	1:36.48	L	P	Katelyn Marais	17	LINR JHB	28/05/2021	Grand Prix No 4 Durban May 2021
Women 200 Fly								
1	2:11.30	L	P	Dune Coetzee	17	TUKS FSH	28/05/2021	Grand Prix No 4 Durban May 2021
2	2:19.35	L	F	Lizanne Viljoen	21	RSA	11/10/2021	14th Africa Seniors Swimming Champi
3	2:22.75	L	F	Marizel Van Jaarsveld	20	LINR JHB	28/05/2021	Grand Prix No 4 Durban May 2021
4	2:23.40	L	P	Carla Antonopoulos	19	SGUL ETH	28/05/2021	Grand Prix No 4 Durban May 2021
5	2:29.27	L	F	Christin Mundell	18	RSA	11/10/2021	14th Africa Seniors Swimming Champi
6	2:37.33	L	F	Idelé du Toit	17	NWUC KKD	02/10/2021	Frank Gray Memorial Championships :
7	2:46.18	L	F	Marné Meier	21	NWUC KKD	02/10/2021	Frank Gray Memorial Championships :

Individual Top Times

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	Time	P/F/S	Name	Age/Yr				
Women 150 IM								
1	3:21.19 L	P	Katherine Swanepoel	32	RSA	25/08/2021	2021 Tokyo Paralympic Games	
Women 200 IM								
1	2:12.98 L	P	Rebecca Meder	17	SGUL ETH	28/05/2021	Grand Prix No 4 Durban May 2021	
2	2:20.64 L	F	Marizel Van Jaarsveld	20	LINR JHB	28/05/2021	Grand Prix No 4 Durban May 2021	
3	2:22.24 L	P	Christin Mundell	18	TUKS FSH	28/05/2021	Grand Prix No 4 Durban May 2021	
4	2:24.45 L	F	Emily Visagie	22	RSA	11/10/2021	14th Africa Seniors Swimming Champi	
5	2:24.60 L	P	Samantha Randle	21	TUKS FSH	28/05/2021	Grand Prix No 4 Durban May 2021	
6	2:26.73 L	F	Georgia Nel	17	SAAW CPT	06/05/2021	2021 Cana Grand Prix Swimming Stell	
7	2:29.28 L	F	Kaylin De Almeida	17	AA JHB	28/05/2021	Grand Prix No 4 Durban May 2021	
8	2:30.92 L	F	Taylor Pharoah	17	TUKS FSH	24/09/2021	NTS Age Group September SANJ+	
9	2:32.00 L	F	Lana Janson	17	TYGE CPT	30/10/2021	CANA Virtual Swimming Championship	
10	2:33.01 L	F	Kristin Belligan	22	TUKS FSH	17/09/2021	NTS Age group September Level 2+3	
11	2:33.43 L	P	Jemma Tully	18	VINE CPT	28/05/2021	Grand Prix No 4 Durban May 2021	
12	2:34.39 L	P	Demi- Lee Carlisle	17	AA JHB	28/05/2021	Grand Prix No 4 Durban May 2021	
13	2:37.29 L	F	Idelé du Toit	17	NWUC KKD	16/10/2021	NWS Age Group 1&2	
14	2:46.49 L	F	Nichola Greyling	17	VALS FDD	02/10/2021	Frank Gray Memorial Championships :	
15	2:47.62 L	F	Hannah Ledingham	19	MATI CED	16/10/2021	Winelands SL 4	
16	2:47.94 L	F	Anica Dennis	17	INFA NMA	12/11/2021	PEA Winter Gala Take 2	
17	2:49.04 L	F	Rachael Humphries	18	NWUC KKD	02/10/2021	Frank Gray Memorial Championships :	
18	2:50.86 L	F	Erin Hartzenberg	18	TYGE CPT	30/10/2021	CANA Virtual Swimming Championship	
19	2:52.03 L	F	Talitha Vd Walt	19	BLMA CPT	30/10/2021	CANA Virtual Swimming Championship	
20	2:56.24 L	F	Carina Hambloch	40	SMSC ETH	30/10/2021	CANA Virtual Swimming Championship	
Women 400 IM								
1	4:55.36 L	F	Rebecca Meder	17	RSA	11/10/2021	14th Africa Seniors Swimming Champi	
2	5:01.91 L	F	Christin Mundell	18	TUKS FSH	28/05/2021	Grand Prix No 4 Durban May 2021	
3	5:05.75 L	P	Marizel Van Jaarsveld	20	LINR JHB	28/05/2021	Grand Prix No 4 Durban May 2021	
4	6:15.32 L	F	Talitha Vd Walt	19	BLMA CPT	08/10/2021	40th Freda Barnard Invitational Gala	
5	7:49.55 L	F	Melisa O'Neill	28	ASAC CPT	30/10/2021	CANA Virtual Swimming Championship	