

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
Women 17-17 50 Free							
1	27.06	L	P	Tumaini Macdonell	17	ECA NMA	06/04/2022 SA National Aquatic SNR-JNR Champ
2	27.55	L	F	Lise Coetzee	17	TUKS FSH	15/12/2021 NTS Championships 2021
3	27.60	L	P	Hannah Robertson	17	AGB JHB	06/04/2022 SA National Aquatic SNR-JNR Champ
4	27.76	L	F	Ambrin Pienaar	17	ACSA ETH	17/12/2021 2021 KZNA Premier Provincial Champ
5	27.87	L	F	Chloe Ehlers	17	FAAC FB	05/02/2022 NCASA Sprints Gala 2022
6	27.96	L	F	Anieke Helmand	AR	BLOT MAN	30/03/2022 SA Regional Aquatic JNR-Senior Cha
7	27.97	L	F	Ashley Henegan	17	RAV EKU	02/10/2021 EGA Summer 2
8	28.04	L	F	Tayla Jonker	17	PSC FSH	28/01/2022 NTS February Age Group 15 & Over
9	28.05	L	F	Jolene Cornelius	17	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
10	28.09	L	F	Simone Moll	17	WSS FDD	25/02/2022 Gauteng Schools Championships 202
11	28.18	L S	F	Leah Christie	17	GSA CPT	07/12/2021 Western Cape LC-A Championship 20
12	28.19	L	P	Luchelle Oosthuizen	17	FSA FS	06/04/2022 SA National Aquatic SNR-JNR Champ
13	28.25	L	F	Tiana Köpplinger	17	TUKS FSH	10/12/2021 2021 The Tshwane Mayoral Gala
14	28.39	L	F	Jenna Biddulph	17	PEAS NMA	12/11/2021 PEA Winter Gala Take 2
15	28.45	L S	P	Hannah Cromhout	17	CYBE CPT	07/12/2021 Western Cape LC-A Championship 20
16	28.65	L	P	Maxine Boyce	17	AGC FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
17	28.73	L	F	Kayla Schmelzer	17	INFA NMA	10/12/2021 NMBA Championships 2021
18	28.77	L	F	Chazél Orton	17	POTC KKD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
19	28.80	L	F	Jessica Meter	17	SEAL JMD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
20	28.86	L	F	Corinna Meyer	17	PSC FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
21	29.04	L	P	Lezanne De Villiers	17	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
22	29.13	L	F	Anandi Botha	17	BLNE MAN	19/02/2022 Bull-Sharks Gala
23	29.15	L S	F	Bernelee Doster	17	JMDOL JHB	09/12/2021 EGA Summer Champs 2021
24	29.17	L S	F	Jordyn Dean	17	CA EKU	09/12/2021 EGA Summer Champs 2021
25	29.18	L	F	Cailey Sauvage	17	PAC FSH	05/11/2021 NTS Prestige Gala 2021
26	29.43	L	F	Sime Bekker	17	KLOO ETH	29/01/2022 EDA Age Group Gala 4
27	29.48	L	P	Erin Buffey	17	CA EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
28*	29.50	L	F	Kiannah Clarke	17	RFA FSH	18/03/2022 SA Level 3 Regional Age Group Chan
28*	29.50	L	F	Kate Tinley	17	ROA EDD	10/12/2021 NMBA Championships 2021
28*	29.50	L	F	Imke Koch	17	LALE CED	13/11/2021 Winelands SL Final
31	29.56	L	P	Lisa Kleyn	17	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
32	29.58	L	P	Tara Uys	17	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
33	29.66	L	F	Caylin Gous	17	FAAC FB	08/12/2021 Champs 2021
34*	29.68	L	F	Amori Potgieter	17	POTC KKD	08/12/2021 NWS Championships 2020/2021
34*	29.68	L	F	Bianca Landman	17	AA JHB	03/12/2021 CGA LC Summer Champs - Level3+
36	29.77	L	F	Kayla Gouws	17	TUKS FSH	08/10/2021 NTS October Combined Age Group
37	29.80	L	F	Tayla-Paige Lacey	17	INFA NMA	12/11/2021 PEA Winter Gala Take 2
38	29.88	L	F	Kiara Bester	17	TUKS FSH	22/10/2021 NTS October Level 1-3 Age Group
39	29.89	L	F	Gabriella de Beer	17	MATL KKD	08/12/2021 NWS Championships 2020/2021
40	29.90	L	F	Catherine Van Rensburg	17	TUKS FSH	28/01/2022 NTS February Age Group 15 & Over
41	29.95	L S	P	Emma Michell	17	LALE CED	07/12/2021 Western Cape LC-A Championship 20
42	30.08	L S	P	Kelsey Chiang	17	CYBE CPT	07/12/2021 Western Cape LC-A Championship 20
43	30.10	L	P	Autumn Knight	17	AA JHB	18/03/2022 SA Level 3 Regional Age Group Chan
44	30.19	L	F	Yasmin De Goede	17	OE JHB	22/10/2021 EGA Summer 3
45*	30.22	L S	P	Hannah Neilson	17	MATI CED	07/12/2021 Western Cape LC-A Championship 20
45*	30.22	L	F	Caitlyn Ribeiro	17	VINE CPT	30/10/2021 CANA Virtual Swimming Championship
47*	30.26	L	F	Anina Groenewald	17	BLNE MAN	23/10/2021 Otters Prestige Gala 2021
47*	30.26	L	P	Megan Bulose	17	WCA CPT	26/03/2022 SA Schools Swimming Championship
47*	30.26	L	P	Taylor-Jane Spieker	17	PSC FSH	15/12/2021 NTS Championships 2021
50	30.27	L	F	Elna Malan	17	STELL RMD	17/03/2022 SA Level 3 Regional Age Group Chan
51	30.30	L	P	Micca Steyn	17	MPA EZD	26/03/2022 SA Schools Swimming Championship
52	30.31	L	F	Megan Cronje	17	WATR JHB	17/12/2021 2021 KZNA Premier Provincial Champ
53	30.39	L	F	Abigail Morelli	17	MDOL EKU	28/01/2022 EGA Last Chance Gala
54	30.44	L	F	Keryn Benade	17	SSISA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
55	30.52	L	P	Elani Van Rooyen	17	WATR JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
56	30.53	L	F	Claire Gerber	17	TUKS FSH	08/10/2021 NTS October Combined Age Group
57	30.54	L	F	Alex Truter	17	BEAV ETH	29/01/2022 EDA Age Group Gala 4
58	30.60	L	F	Cherise Swartz	17	ACAQ CCD	18/03/2022 SA Level 3 Regional Age Group Chan

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	Time	P/F/S	Name	Age/Yr			
59	30.61	L	F	Zara Kleinhans	17	AQDO CPT	17/03/2022 SA Level 3 Regional Age Group Chan
60	30.62	L	P	Marnè Campbell	17	TYGE CPT	29/03/2022 SA Regional SNR & JNR Champs WC
61	30.69	L	F	Gemma Ferguson	17	UNI EZD	03/12/2021 Mpumalanga Championships 2021
62	30.71	L	F	Emma Gardiner	17	CA ECU	22/10/2021 EGA Summer 3
63	30.73	L	P	Caitlin Viljoen	17	RBUR BPD	08/12/2021 NWS Championships 2020/2021
64	30.79	L	F	Rebekah Haschick	17	VIKI BUF	27/11/2021 BCA November Age Group Gala 2021
65	30.81	L	P	Megan Africa	17	AQDO CPT	28/05/2021 Grand Prix No 4 Durban May 2021
66	30.83	L	F	Johlize Vorster	17	WSS FDD	08/12/2021 Free State Champs 2021
67	30.86	L	F	Klaudia Schmidt	17	CLSC WCD	08/10/2021 40th Freda Barnard Invitational Gala
68	30.89	L	F	Jenna Renecke	17	VINE CPT	25/02/2022 Infinity Gala
69	31.00	L	F	Ashleè Pretorius	17	SSISA CPT	29/03/2022 SA Regional SNR & JNR Champs WC
70	31.01	L	F	Aimee Langenhoven	17	AACTA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
71	31.05	L	P	Rachel O' Grady	17	DRGN ECU	18/03/2022 SA Level 3 Regional Age Group Chan
72	31.07	L	F	Zarah Abrahams	17	SSISA CPT	22/03/2022 SA Level 2 Regional Age Group Chan
73*	31.11	L	F	Candice Clifton-Smith	17	SGUL ETH	30/10/2021 CANA Virtual Swimming Championship
73*	31.11	L	P	Yvonne Botha	17	LP CCD	26/03/2022 SA Schools Swimming Championship
75	31.14	L	F	Caitlin De Beer	17	MDOL ECU	18/03/2022 SA Level 3 Regional Age Group Chan
76	31.16	L	F	Anneke van Eeden	17	HREF BPD	08/12/2021 NWS Championships 2020/2021
77	31.19	L	F	Anika Rossouw	17	POTC KKD	08/12/2021 NWS Championships 2020/2021
78	31.20	L	F	Zaria Fourie	17	TKS WBD	18/03/2022 SA Level 3 Regional Age Group Chan
79	31.24	L	F	Elizabeth Joubert	BR	BLOT MAN	23/10/2021 Otters Prestige Gala 2021
80	31.25	L	F	Cassady Krzychylkiewicz	17	ELEC JHB	03/12/2021 CGA LC Summer Champs - Level3+
81	31.26	L	F	Enrika Lubbe	17	WSS FDD	08/12/2021 Free State Champs 2021
82	31.33	L	F	Corlia Van Zyl	17	UPSK	03/09/2021 Mangaung Winter Champs
83	31.39	L	F	Amani Ismail	17	ATLA JHB	18/03/2022 SA Level 3 Regional Age Group Chan
84	31.49	L	F	Daniel Verster	17	WBSK WBD	06/11/2021 Limpopo Age Group 5
85	31.52	L	F	Jancke Potgieter	17	FISH EDD	25/02/2022 Infinity Gala
86	31.53	L	F	Jana-Mari Nel	17	UPSK	04/12/2021 Age Group 4 - Upington
87	31.62	L	F	Amelia Booth	17	SS MPD	11/03/2022 SA Level 2 Regional Age Group Cham
88	31.64	L	F	Yolandi Du Plooy	17	BLSS MAN	03/09/2021 Mangaung Winter Champs
89	31.70	L	F	Cheney Le Roux	17	KTS	08/12/2021 Champs 2021
90	31.72	L	F	Camille Loriston	17	CUHE OBD	30/10/2021 CANA Virtual Swimming Championship
91	31.74	L	F	Gabriella Benjamin	17	SEAL UMD	03/12/2021 WSC & Seals Summer LC Champs 20
92	31.75	L	F	Iine Von Wielligh	17	WELL CED	16/10/2021 Winelands SL 3
93	31.76	L	F	Kimberley Lewis	17	PSCP UMD	03/12/2021 WSC & Seals Summer LC Champs 20
94	31.78	L	F	Kara Fourie	17	LAD JTD	03/12/2021 WSC & Seals Summer LC Champs 20
95	31.79	L	F	Abigail Van Niekerk	17	EAGA CCD	12/02/2022 Limpopo Champs
96	31.84	L	F	Erin Haslehurst	17	UNIQ JHB	18/02/2022 EGA Lets Race 2022
97	31.85	L	F	Kelly Stuart	17	CTA CPT	15/01/2022 EDEN INTER DISTRICT PRESTIGE 2
98	31.93	L	P	Bradine Knock	17	RBOT BPD	08/12/2021 NWS Championships 2020/2021
99	31.94	L	P	Erin Sherwood	17	PER JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
100	31.97	L S	P	Danieka Bekker	17	ETTN ECU	09/12/2021 EGA Summer Champs 2021
101	32.02	L S	F	Joanica Kriegler	17	CUDU CPT	07/12/2021 Western Cape LC-A Championship 20
102	32.04	L S	P	Layla Rothuysen	17	TYGE CPT	07/12/2021 Western Cape LC-A Championship 20
103	32.12	L	P	Alisha Stanfley	17	FAAC FB	18/02/2022 2022 Grand Prix 2 Invitational Meet D
104	32.16	L	F	Jessica Vorster	17	SWAR WCD	12/11/2021 Swartland Invitational Gala 2021
105*	32.19	L	P	Tumelo Thelejane	17	OLDE JHB	18/03/2022 SA Level 3 Regional Age Group Chan
105*	32.19	L	F	Megan Wolvaardt	17	ELRAS WBD	06/11/2021 Limpopo Age Group 5
107	32.28	L S	P	Kara Cilliers	17	QSAW CED	07/12/2021 Western Cape LC-A Championship 20
108	32.37	L	F	Cameron Gilbert	17	UPSK	04/12/2021 Age Group 4 - Upington
109	32.55	L	P	Anastasia Sommer	17	ECA NMA	26/03/2022 SA Schools Swimming Championship
110	32.59	L	P	Jessica Longmore	17	PSCP UMD	17/03/2022 SA Level 3 Regional Age Group Chan
111*	32.65	L	F	Mia Huggett	17	FISH EDD	08/10/2021 40th Freda Barnard Invitational Gala
111*	32.65	L	F	Mele' Erlank	LR	PSA ZLD	04/12/2021 Stingrays Swim Club Championships 2
113	32.83	L	F	Jeska Tiersma	17	TKS WBD	06/11/2021 Limpopo Age Group 5
114	32.85	L	F	Santana Van Der Zandt	17	SOUL ECU	28/01/2022 EGA Last Chance Gala
115	32.91	L	F	Cameron Butler	17	SUPE JHB	03/12/2021 CGA LC Summer Champs - Level 2
116	32.93	L	F	Emmerentia Botha	17	TKS WBD	12/02/2022 Limpopo Champs
117*	32.99	L	F	Israa Weeder	17	MARL CPT	30/10/2021 CANA Virtual Swimming Championship

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	Time	P/F/S	Name	Age/Yr			
117*	32.99	L	F	Ayanda Tshabalala	17	DDA	FSH 11/03/2022 SA Level 2 Regional Age Group Cham
119	33.02	L	F	Sibongumusa Khumalo	17	SEAL	UMD 17/12/2021 2021 KZNA Premier Provincial Champ
120	33.07	L	F	Shreya Govender	17	SGUL	ETH 17/12/2021 2021 KZNA Premier Provincial Champ
121	33.15	L	F	Jesse Tribe	17	TCA	EKU 22/10/2021 EGA Summer 3
122	33.16	L	F	Shauna Craddock	17	OE	JHB 22/10/2021 EGA Summer 3
123	33.23	L	F	Zanté Beyers	17	TT	EKU 22/10/2021 EGA Summer 3
124	33.26	L	F	Nialize Cronje	17	BULS	MAN 19/02/2022 Bull-Sharks Gala
125	33.36	L	F	Donia Smit	17	SS	MPD 12/02/2022 Limpopo Champs
126	33.45	L	P	Kay-Lee Hall	17	WELA	FDD 08/12/2021 Free State Champs 2021
127	33.50	L	F	Thea Moodley	17	MDOL	EKU 18/02/2022 EGA Lets Race 2022
128	33.74	L	F	Sienna Pellizzon	17	VICT	EKU 22/10/2021 EGA Summer 3
129*	33.81	L	P	Megan Daniel	17	SASOL	FDD 08/12/2021 Free State Champs 2021
129*	33.81	L	P	Jessica Lazarou	17	AWSC	JHB 18/03/2022 SA Level 3 Regional Age Group Chan
131	33.83	L	F	Kaylyn Williams	17	TUKS	FSH 08/10/2021 NTS October Combined Age Group
132	34.07	L	F	Mila De Wet	17	TUKS	FSH 08/10/2021 NTS October Combined Age Group
133	34.36	L	F	Iona Neethling	17	WOAQ	GED 16/10/2021 Winelands SL 3
134	34.47	L	F	Caitlin Tobin	17	TYGE	CPT 04/12/2021 CTA Qualifying Meet
135	34.55	L	F	Ayabonga Makhaluza	17	ETTN	EKU 02/10/2021 EGA Summer 2
136	34.68	L	P	Surèlma Greeff	17	HARB	BPD 22/03/2022 SA Level 2 Regional Age Group Cham
137	34.72	L	F	Amy Van de Putte	17	WSTV	ETH 03/12/2021 WSC & Seals Summer LC Champs 20
138	34.82	L	F	Courtney Badenhorst	17	MARL	CPT 30/10/2021 CANA Virtual Swimming Championship
139	35.04	L	P	Aphiwe Mdluli	17	PSCP	UMD 11/03/2022 SA Level 2 Regional Age Group Chan
140	35.05	L	F	Jessica Lockyear	17	KALA	08/12/2021 Champs 2021
141	35.06	L	F	Ra-eesa Jephta	17	MANT	CPT 30/10/2021 CANA Virtual Swimming Championship
142	35.11	L	F	Tyra Smith	17	TUKS	FSH 08/10/2021 NTS October Combined Age Group
143	35.18	L	F	Tarien Kirsten	17	VRY	ZLD 04/12/2021 Stingrays Swim Club Championships 2
144	35.26	L S	P	Minke Janse Van Rensburg	17	FISH	EDD 07/12/2021 Western Cape LC-A Championship 20
145	35.45	L	F	Kiersten Pause	17	XSAQ	CPT 30/10/2021 CANA Virtual Swimming Championship
146	35.51	L	F	Luka Visagie	17	BLSS	MAN 02/10/2021 Frank Gray Memorial Championships :
147	35.53	L	F	Christina Steenekamp	17	TUKS	FSH 22/10/2021 NTS October Level 1-3 Age Group
148	35.70	L	F	Teagan Moore	17	NWUC	KKD 16/10/2021 NWS Age Group 1&2
149	36.14	L	F	Anja Nel	17	LALE	GED 13/11/2021 Winelands SL Final
150	36.21	L	P	Christine Harrison	17	AWSC	JHB 11/03/2022 SA Level 2 Regional Age Group Cham
151	36.48	L	F	Isabel Schoeman	17	WBSK	WBD 12/02/2022 Limpopo Champs
152	37.40	L	F	Gabriella Nel	17	STAR	BPD 16/10/2021 NWS Age Group 1&2
153	37.59	L	F	Erin Carter	17	EVO	CPT 12/11/2021 Swartland Invitational Gala 2021
154	38.20	L	F	Nhlamulo Mashimbye	17	SOSH	FSH 10/12/2021 2021 The Tshwane Mayoral Gala
155	38.24	L	F	Natalia Minichiello	17	FSE	UHD 05/03/2022 KCDA Level 2 Champs 2022
156	38.44	L	F	Famke Zeeman	17	MANT	CPT 19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
157	38.60	L	F	Lisa Terblanche	17	CUHE	QBD 08/10/2021 40th Freda Barnard Invitational Gala
158	38.72	L	F	Jodie Williams	17	SSISA	CPT 04/12/2021 CTA Qualifying Meet
159	38.73	L	F	Carla Landman	9N	FRAME	NMA 19/02/2022 EC Provincial Schools Gala
160	39.02	L	F	Abigail Benn	17	VGHS	NMA 19/02/2022 EC Provincial Schools Gala
161	39.82	L	P	Abigajil Wilson	17	EXA	EZD 03/12/2021 Mpumalanga Championships 2021
162	39.96	L	F	Ketso Mohapi	17	COSM	JHB 06/03/2022 SSA Regional Level 1 Championships
163	40.62	L	F	Shannon-Grace Thomas	17	FSE	UHD 29/01/2022 Frog n' Fish Sprints 2022
164	42.63	L	F	Margo Marx	17	EXA	EZD 03/12/2021 Mpumalanga Championships 2021
165	46.54	L	F	Lesego Mela	17	ONYX	EKU 06/03/2022 SSA Regional Level 1 Championships
166	46.56	L	F	Aaliyah Desai	17	IND	MP 21/01/2022 MP AGE GROUP 4 GALA 21 - 22 JAN
167	1:07.95	L	F	Kristi Kroon	17	CSA	EZD 05/03/2022 SSA LEVEL 1 PROVINCIAL SWIM 20;

Women 17-17 100 Free

1	57.51	L	P	Hannah Robertson	17	JMDOL	JHB 28/05/2021 Grand Prix No 4 Durban May 2021
2	58.56	L	P	Ambrin Pienaar	17	ACSA	ETH 28/05/2021 Grand Prix No 4 Durban May 2021
3	58.61	L	F	Lise Coetzee	17	TUKS	FSH 15/12/2021 NTS Championships 2021
4	58.88	L	F	Tumaini Macdonell	17	USC	BUF 18/02/2022 2022 Grand Prix 2 Invitational Meet Dt
5	59.49	L	F	Emma Kuhn	17	VINE	CPT 07/12/2021 Western Cape LC-A Championship 20
6	59.63	L	F	Luchelle Oosthuizen	AR	BLOT	MAN 08/12/2021 Free State Champs 2021
7	1:00.16	L	F	Leigh McMorran	17	AA	JHB 03/12/2021 CGA LC Summer Champs - Level3+
8	1:00.44	L	F	Maxine Boyce	17	AGC	FSH 06/04/2022 SA National Aquatic SNR-JNR Champ

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Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
9	1:00.57	L	F	Jolene Cornelius	17	TUKS	FSH	05/11/2021 NTS Prestige Gala 2021
10	1:00.59	L	F	Catherine Van Rensburg	17	TUKS	FSH	05/11/2021 NTS Prestige Gala 2021
11	1:00.66	L	P	Chloe Ehlers	17	FAAC	FB	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
12	1:00.71	L	F	Anieke Helmand	AR	BLOT	MAN	30/03/2022 SA Regional Aquatic JNR-Senior Cha
13*	1:01.20	L	F	Hannah Cromhout	17	CYBE	CPT	07/12/2021 Western Cape LC-A Championship 20
13*	1:01.20	L	P	Leah Christie	17	GSA	CPT	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
15	1:01.35	L	P	Tiana Köpplinger	17	TUKS	FSH	15/12/2021 NTS Championships 2021
16	1:01.46	L	P	Bianca Landman	17	AA	JHB	03/12/2021 CGA LC Summer Champs - Level3+
17*	1:01.50	L	F	Jessica Meter	17	SEAL	UMD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
17*	1:01.50	L	F	Kayla Schmelzer	17	INFA	NMA	25/02/2022 Infinity Gala
19	1:01.58	L	P	Mykae Forrest	17	ACSA	ETH	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
20	1:01.81	L	F	Kirsten Engelbrecht	17	WATR	JHB	07/12/2021 Western Cape LC-A Championship 20
21	1:01.85	L	F	Chazél Orton	17	POTC	KKD	08/12/2021 NWS Championships 2020/2021
22	1:02.04	L	F	Tayla Jonker	17	PSC	FSH	15/12/2021 NTS Championships 2021
23	1:02.60	L	P	Bernelee Doster	17	JMDOL	JHB	09/12/2021 EGA Summer Champs 2021
24	1:02.74	L	F	Ashley Henegan	17	RAV	EKU	28/01/2022 EGA Last Chance Gala
25	1:02.93	L	P	Abigail Morelli	17	MDOL	EKU	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
26	1:02.99	L	P	Imke Koch	17	LALE	CED	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
27	1:03.14	L	F	Savannah Voigt	17	SSISA	CPT	30/10/2021 CANA Virtual Swimming Championship
28	1:03.27	L	F	Simone Moll	17	VICT	EKU	09/12/2021 EGA Summer Champs 2021
29	1:03.29	L	P	Catherine Morrison	17	TUKS	FSH	28/05/2021 Grand Prix No 4 Durban May 2021
30	1:03.35	L	P	Corinna Meyer	17	PSC	FSH	18/03/2022 SA Level 3 Regional Age Group Chan
31	1:03.36	L	F	Emma Michell	17	LALE	CED	29/03/2022 SA Regional SNR & JNR Champs WC
32	1:03.40	L	F	Lisa Kleyn	17	TUKS	FSH	08/10/2021 NTS October Combined Age Group
33	1:03.42	L	P	Chanel Fourie	17	AA	JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
34	1:03.57	L	F	Kayla Gouws	17	TUKS	FSH	05/11/2021 NTS Prestige Gala 2021
35*	1:03.67	L	T	Gabriella de Beer	17	MATL	KKD	11/02/2022 NW Last Chance
35*	1:03.67	L	P	Hannah Neilson	17	MATI	CED	07/12/2021 Western Cape LC-A Championship 20
37	1:03.78	L	P	Charman Beyers	17	TUKS	FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
38	1:04.00	L	P	Simei Bekker	17	KLOO	ETH	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
39	1:04.10	L	P	Amori Potgieter	17	POTC	KKD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
40	1:04.14	L	F	Tayla-Paige Lacey	17	INFA	NMA	29/01/2022 3rd A League Gala 2022
41	1:04.47	L	F	Lezanne De Villiers	17	PLAY	CED	08/10/2021 40th Freda Barnard Invitational Gala
42	1:04.70	L	F	Jordyn Buffel	17	AA	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
43*	1:04.72	L	F	Jordyn Dean	17	CA	EKU	09/12/2021 EGA Summer Champs 2021
43*	1:04.72	L	P	Tara Uys	17	TYGE	CPT	07/12/2021 Western Cape LC-A Championship 20
45	1:04.92	L	F	Cailey Sauvage	17	PAC	FSH	24/09/2021 NTS Age Group September SANJ+
46	1:04.99	L	P	Marnè Campbell	17	TYGE	CPT	07/12/2021 Western Cape LC-A Championship 20
47	1:05.08	L	F	Anandi Botha	17	BLNE	MAN	19/02/2022 Bull-Sharks Gala
48	1:05.10	L	F	Caylin Gous	17	FAAC	FB	08/12/2021 Champs 2021
49	1:05.17	L	F	Zara Kleinhans	17	AQDO	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
50	1:05.28	L	F	Autumn Knight	17	AA	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
51	1:05.58	L	F	Alex Truter	17	BEAV	ETH	17/03/2022 SA Level 3 Regional Age Group Chan
52	1:05.68	L	F	Claire Gerber	17	TUKS	FSH	08/10/2021 NTS October Combined Age Group
53	1:05.84	L	P	Kelsey Chiang	17	CYBE	CPT	07/12/2021 Western Cape LC-A Championship 20
54	1:06.10	L	F	Kerryn Benade	17	SSISA	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
55	1:06.15	L	F	Jessica Clarke	17	BEST	NMA	10/12/2021 NMBA Championships 2021
56	1:06.22	L	F	Klaudia Schmidt	17	CLSC	WCD	08/10/2021 40th Freda Barnard Invitational Gala
57	1:06.29	L	F	Amani Ismail	17	ATLA	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
58	1:06.33	L	F	Emma Gardiner	17	CA	EKU	18/03/2022 SA Level 3 Regional Age Group Chan
59	1:06.37	L	F	Taylor-Jane Spieker	17	PSC	FSH	22/10/2021 NTS October Level 1-3 Age Group
60	1:06.48	L	F	Kate Tinley	17	ROA	EDD	10/12/2021 NMBA Championships 2021
61	1:06.74	L	P	Cassady Krzychylkiewicz	17	ELEC	JHB	03/12/2021 CGA LC Summer Champs - Level3+
62	1:06.76	L	P	Elani Van Rooyen	17	WATR	JHB	07/12/2021 Western Cape LC-A Championship 20
63	1:06.78	L	F	Jenna Renecke	17	VINE	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
64	1:06.90	L	F	Kiannah Clarke	17	RFA	FSH	17/09/2021 NTS Age group September Level 2+3
65	1:07.26	L	P	Micca Steyn	17	MPA	EZD	26/03/2022 SA Schools Swimming Championship
66	1:07.41	L	F	Layla Rothuysen	17	TYGE	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
67	1:07.49	L	F	Rachel O' Grady	17	DRGN	EKU	18/03/2022 SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
68	1:07.57	L	P	Erin Haslehurst	17	UNIQ	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
69	1:07.82	L	F	Anika Rossouw	17	POTC	KKD	08/12/2021 NWS Championships 2020/2021
70	1:08.03	L	P	Cherise Swartz	17	LP	CCD	26/03/2022 SA Schools Swimming Championship
71	1:08.04	L	F	Jana-Mari Nel	17	UPSK		17/03/2022 SA Level 3 Regional Age Group Chan
72	1:08.12	L	F	Cheney Le Roux	17	KTS		08/12/2021 Champs 2021
73	1:08.20	L	F	Daniella September	17	KNYA	EDD	08/10/2021 40th Freda Barnard Invitational Gala
74	1:08.22	L	F	Anastasia Sommer	17	HPHS	BUF	19/02/2022 EC Provincial Schools Gala
75	1:08.37	L	P	Caitlin De Beer	17	MDOL	EKU	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
76	1:08.56	L	F	Bradine Knock	17	RBOT	BPD	08/12/2021 NWS Championships 2020/2021
77	1:08.68	L	F	Megan Cronje	17	WATR	JHB	17/12/2021 2021 KZNA Premier Provincial Champ
78	1:08.81	L	P	Zaria Fourie	17	TKS	WBD	18/03/2022 SA Level 3 Regional Age Group Chan
79	1:08.84	L	F	Aimee Langenhoven	17	AACTA	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
80	1:08.90	L	F	Jessica Vorster	17	SWAR	WCD	12/11/2021 Swartland Invitational Gala 2021
81	1:09.02	L	P	Megan Bulose	17	WCA	CPT	26/03/2022 SA Schools Swimming Championship
82	1:09.16	L	F	Zarah Abrahams	17	SSISA	CPT	22/03/2022 SA Level 2 Regional Age Group Chan
83	1:09.23	L	F	Danieka Bekker	17	ETTN	EKU	28/01/2022 EGA Last Chance Gala
84	1:09.25	L	F	Megan Wolvaardt	17	ELRAS	WBD	16/10/2021 Limpopo Age Group 4
85	1:09.27	L	F	Camille Loriston	17	CUHE	OBD	22/03/2022 SA Level 2 Regional Age Group Chan
86	1:09.39	L	P	Megan Africa	17	MARL	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
87	1:09.56	L	F	Daniel Verster	17	WBSK	WBD	06/11/2021 Limpopo Age Group 5
88	1:09.58	L	F	Anneke van Eeden	17	HREF	BPD	08/12/2021 NWS Championships 2020/2021
89	1:09.67	L	F	Caitlin Viljoen	17	RBUR	BPD	03/12/2021 CGA LC Summer Champs - Level3+
90	1:09.73	L S	F	Joanica Kriegler	17	WCA	CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
91	1:09.79	L	P	Alisha Stanfley	17	FAAC	FB	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
92	1:09.92	L	P	Amy Van de Putte	17	WSTV	ETH	17/03/2022 SA Level 3 Regional Age Group Chan
93	1:10.37	L	P	Jessica Longmore	17	PSCP	UMD	17/03/2022 SA Level 3 Regional Age Group Chan
94*	1:10.55	L	F	Yvonne Botha	17	SS	MPD	12/02/2022 Limpopo Champs
94*	1:10.55	L	P	Gemma Ferguson	17	UNI	EZD	03/12/2021 Mpumalanga Championships 2021
96	1:10.58	L	P	Mia Langenhoven	17	AA	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
97	1:10.59	L	F	Yolandi Du Plooy	17	BLSS	MAN	02/10/2021 Frank Gray Memorial Championships :
98	1:10.64	L	P	Donia Smit	17	SS	MPD	18/03/2022 SA Level 3 Regional Age Group Chan
99	1:10.72	L	F	Johlize Vorster	17	WSS	FDD	08/12/2021 Free State Champs 2021
100*	1:10.75	L	F	Mañana Du Toit	17	AFIN	JHB	22/10/2021 NTS October Level 1-3 Age Group
100*	1:10.75	L	F	Antionette Malherbe	17	SWAR	WCD	12/11/2021 Swartland Invitational Gala 2021
102	1:10.80	L	F	Gabriella Benjamin	17	SEAL	UMD	03/12/2021 WSC & Seals Summer LC Champs 20
103	1:11.41	L	F	Megan Adams	17	SOUL	EKU	28/01/2022 EGA Last Chance Gala
104	1:11.43	L	P	Amber Fourie	17	CRSC	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
105	1:11.49	L	F	Corlia Van Zyl	17	UPSK		15/01/2022 Age Group 5 - Upington
106	1:11.68	L	F	Abigail Van Niekerk	17	EAGA	CCD	06/11/2021 Limpopo Age Group 5
107	1:11.71	L	F	Jancke Potgieter	17	FISH	EDD	25/02/2022 Infinity Gala
108	1:11.74	L	F	Haylee Vd Merwe	17	QUIC	CPT	08/10/2021 40th Freda Barnard Invitational Gala
109	1:11.90	L	F	Israa Weeder	17	MARL	CPT	12/11/2021 Swartland Invitational Gala 2021
110	1:11.97	L	F	Shreya Govender	17	SGUL	ETH	30/10/2021 CANA Virtual Swimming Championship
111	1:12.09	L	F	Sibongumusa Khumalo	17	SEAL	UMD	03/12/2021 WSC & Seals Summer LC Champs 20
112	1:12.30	L	F	Kara Fourie	17	LAD	UTD	03/12/2021 WSC & Seals Summer LC Champs 20
113	1:12.31	L	F	Christina Steenekamp	17	TUKS	FSH	22/10/2021 NTS October Level 1-3 Age Group
114	1:12.37	L	F	Cameron Butler	17	SUPE	JHB	03/12/2021 CGA LC Summer Champs - Level 2
115	1:12.55	L	F	Elna Malan	17	STELL	RMD	08/12/2021 NWS Championships 2020/2021
116	1:12.63	L	F	Kimberley Lewis	17	PSCP	UMD	30/10/2021 CANA Virtual Swimming Championship
117	1:12.72	L	F	Elizabeth Joubert	BR	BLOT	MAN	28/10/2021 Neptune Prestige Gala
118	1:13.33	L	P	Enrika Lubbe	17	WSS	FDD	08/12/2021 Free State Champs 2021
119	1:13.35	L	F	Amelia Booth	17	SS	MPD	11/03/2022 SA Level 2 Regional Age Group Cham
120*	1:13.50	L	P	Kay-Lee Hall	17	WELA	FDD	22/03/2022 SA Level 2 Regional Age Group Cham
120*	1:13.50	L	F	IIne Von Wielligh	17	WELL	CED	13/11/2021 Winelands SL Final
122	1:13.62	L	F	Cameron Gilbert	17	UPSK		08/12/2021 Champs 2021
123	1:14.24	L	F	Emmerentia Botha	17	TKS	WBD	12/02/2022 Limpopo Champs
124	1:14.57	L	F	Mia Huggett	17	FISH	EDD	19/11/2021 Eden LC Champs 2021
125	1:14.63	L	P	Jessica Lazarou	17	AWSC	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
126	1:15.19	L	F	Caitlin Tobin	17	TYGE	CPT	22/03/2022 SA Level 2 Regional Age Group Chan

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
127	1:15.44	L	P	Jesse Tribe	17	TCA EKU	09/12/2021 EGA Summer Champs 2021
128	1:15.52	L	F	Thea Moodley	17	MDOL EKU	28/01/2022 EGA Last Chance Gala
129	1:15.70	L	F	Mila De Wet	17	TUKS FSH	08/10/2021 NTS October Combined Age Group
130	1:15.90	L	P	Iona Neethling	17	WOAQ CED	22/03/2022 SA Level 2 Regional Age Group Chan
131	1:16.82	L	F	Tarien Kirsten	17	VRY ZLD	04/12/2021 Stingrays Swim Club Championships 2
132	1:16.84	L	P	Amy Clarke	17	FLOD JHB	18/03/2022 SA Level 3 Regional Age Group Chan
133	1:17.11	L	F	Ra-eesa Jephtha	17	MANT CPT	30/10/2021 CANA Virtual Swimming Championship
134	1:17.73	L	F	Emma Smythe	17	DDA FSH	17/09/2021 NTS Age group September Level 2+3
135	1:18.28	L	P	Sienna Pellizzon	17	VICT EKU	09/12/2021 EGA Summer Champs 2021
136	1:18.41	L	F	Shannon Carr	17	MANT CPT	22/03/2022 SA Level 2 Regional Age Group Chan
137	1:18.50	L	P	Megan Daniel	17	SASOL FDD	08/12/2021 Free State Champs 2021
138	1:18.53	L	P	Minke Janse Van Rensburg	17	FISH EDD	07/12/2021 Western Cape LC-A Championship 20
139	1:18.65	L	F	Luka Visagie	17	BLSS MAN	02/10/2021 Frank Gray Memorial Championships :
140	1:18.66	L	F	Surëlma Greeff	17	HARB BPD	02/10/2021 Frank Gray Memorial Championships :
141	1:19.25	L	F	Jessica Lockyear	17	KALA	08/12/2021 Champs 2021
142	1:19.37	L	F	Jeska Tiersma	17	TKS WBD	12/02/2022 Limpopo Champs
143	1:19.51	L	F	Aphiwe Mdluli	17	PSCP UMD	11/03/2022 SA Level 2 Regional Age Group Chan
144	1:19.53	L	F	Courtney Badenhorst	17	MARL CPT	30/10/2021 CANA Virtual Swimming Championship
145	1:20.15	L	F	Elizabeth Slaughter	17	POTC KKD	16/10/2021 NWS Age Group 1&2
146	1:20.74	L	F	Kiersten Paulse	17	XSAQ CPT	30/10/2021 CANA Virtual Swimming Championship
147	1:22.53	L	F	Isabel Schoeman	17	WBSK WBD	12/02/2022 Limpopo Champs
148	1:23.27	L	F	Teagan Moore	17	NWUC KKD	16/10/2021 NWS Age Group 1&2
149	1:23.75	L	F	Erin Carter	17	EVO CPT	12/11/2021 Swartland Invitational Gala 2021
150	1:25.05	L	P	Gabriella Nel	17	STAR BPD	08/12/2021 NWS Championships 2020/2021
151	1:26.01	L	F	Lisa Terblanche	17	CUHE OBD	08/10/2021 40th Freda Barnard Invitational Gala
152	1:32.58	L	F	Nhlamulo Mashimbye	17	SOSH FSH	22/10/2021 NTS October Level 1-3 Age Group
153	1:34.89	L	F	Famke Zeeman	17	MANT CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
154	1:35.38	L	P	Abigail Wilson	17	EXA EZD	03/12/2021 Mpumalanga Championships 2021
155	1:44.02	L	P	Margo Marx	17	EXA EZD	03/12/2021 Mpumalanga Championships 2021
156	1:46.60	L	F	Lesego Mela	17	ONYX EKU	06/03/2022 SSA Regional Level 1 Championships
Women 17-17 200 Free							
1	2:04.05	L	P	Hannah Robertson	17	JMDOL JHB	28/05/2021 Grand Prix No 4 Durban May 2021
2	2:07.19	L	F	Leigh McMorrان	17	RSA	11/10/2021 14th Africa Junior Swimming Champio
3	2:07.31	L S	F	Catherine Van Rensburg	17	TUKS FSH	15/12/2021 NTS Championships 2021
4	2:07.36	L	P	Lise Coetzee	17	TUKS FSH	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
5	2:08.31	L	P	Ambrin Pienaar	17	ACSA ETH	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
6	2:09.41	L	F	Mykae Forrest	17	ACSA ETH	30/03/2022 SA Regional Aquatic JNR-Senior Cha
7	2:10.33	L	F	Chazél Orton	17	POTC KKD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
8	2:10.49	L	F	Emma Kuhn	17	VINE CPT	25/02/2022 Infinity Gala
9	2:12.79	L	F	Leah Christie	17	GSA CPT	07/12/2021 Western Cape LC-A Championship 20
10	2:12.87	L	F	Luchelle Oosthuizen	AR	BLOT MAN	08/12/2021 Free State Champs 2021
11	2:13.03	L	F	Tumaini Macdonell	17	USC BUF	12/11/2021 PEA Winter Gala Take 2
12	2:13.34	L S	F	Tiana Köpplinger	17	TUKS FSH	15/12/2021 NTS Championships 2021
13	2:13.63	L	P	Hannah Cromhout	17	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
14	2:13.93	L	F	Jessica Meter	17	SEAL UMD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
15	2:14.32	L	P	Hannah Neilson	17	MATI CED	29/03/2022 SA Regional SNR & JNR Champs WC
16	2:14.87	L	F	Kirsten Engelbrecht	17	WATR JHB	07/12/2021 Western Cape LC-A Championship 20
17	2:15.44	L	P	Bianca Landman	17	AA JHB	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
18	2:15.74	L	P	Abigail Morelli	17	MDOL EKU	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
19	2:16.87	L	P	Bernelee Doster	17	AGB JHB	06/04/2022 SA National Aquatic SNR-JNR Champ
20	2:17.09	L	F	Lisa Kleyn	17	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
21	2:17.21	L	P	Jolene Cornelius	17	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
22	2:17.62	L	F	Catherine Morrison	17	TUKS FSH	28/05/2021 Grand Prix No 4 Durban May 2021
23	2:17.83	L	F	Savannah Voigt	17	SSISA CPT	12/11/2021 PEA Winter Gala Take 2
24	2:18.54	L	F	Kayla Gouws	17	TUKS FSH	08/10/2021 NTS October Combined Age Group
25	2:18.56	L	F	Charan Beyers	17	TUKS FSH	08/10/2021 NTS October Combined Age Group
26	2:18.72	L	F	Caylin Gous	17	FAAC FB	28/10/2021 Neptune Prestige Gala
27	2:19.11	L	P	Emma Michell	17	LALE CED	07/12/2021 Western Cape LC-A Championship 20
28	2:19.12	L	F	Tara Uys	17	TYGE CPT	07/12/2021 Western Cape LC-A Championship 20

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
29	2:19.13	L	F	Chloe Ehlers	17	FAAC FB	21/01/2022 Flamingo Gala 2022
30	2:19.51	L	F	Kayla Schmelzer	17	INFA NMA	25/02/2022 Infinity Gala
31	2:19.66	L	F	Simeï Bekker	17	KLOO ETH	17/12/2021 2021 KZNA Premier Provincial Champ
32	2:19.77	L	F	Ashley Henegan	17	HASC JHB	28/05/2021 Grand Prix No 4 Durban May 2021
33	2:19.99	L	F	Emma Carmody	17	SGUL ETH	07/01/2022 2022 Grand Prix Invitation Swimming I
34	2:20.08	L	F	Anieke Helmand	AR	BLOT MAN	23/10/2021 Otters Prestige Gala 2021
35	2:20.65	L	F	Amani Ismail	17	ATLA JHB	18/03/2022 SA Level 3 Regional Age Group Chan
36	2:20.69	L	F	Gabriella de Beer	17	MATL KKD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
37	2:20.80	L	F	Chanel Fourie	17	AA JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
38	2:21.49	L	F	Claire Gerber	17	TUKS FSH	08/10/2021 NTS October Combined Age Group
39	2:22.10	L	P	Kelsey Chiang	17	CYBE CPT	07/12/2021 Western Cape LC-A Championship 20
40	2:22.13	L S	P	Charlize Pieterse	17	TUKS FSH	15/12/2021 NTS Championships 2021
41	2:22.49	L	F	Zara Kleinhans	17	AQDO CPT	17/03/2022 SA Level 3 Regional Age Group Chan
42	2:22.66	L	F	Kerryn Benade	17	SSISA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
43	2:22.85	L	F	Jordyn Buffel	17	AA JHB	18/03/2022 SA Level 3 Regional Age Group Chan
44	2:23.15	L	F	Marnè Campbell	17	TYGE CPT	29/03/2022 SA Regional SNR & JNR Champs WC
45	2:23.24	L	F	Jordyn Dean	17	CA EKU	09/12/2021 EGA Summer Champs 2021
46	2:24.33	L	F	Tayla-Paige Lacey	17	INFA NMA	10/12/2021 NMBA Championships 2021
47	2:25.41	L	P	Amori Potgieter	17	POTC KKD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
48	2:25.59	L	P	Elani Van Rooyen	17	WATR JHB	07/12/2021 Western Cape LC-A Championship 20
49	2:25.61	L	F	Kate Tinley	17	ROA EDD	17/03/2022 SA Level 3 Regional Age Group Chan
50	2:26.15	L	F	Anandi Botha	17	BLNE MAN	08/12/2021 Free State Champs 2021
51	2:26.27	L	F	Aimee Nickless	17	CA EKU	18/09/2021 EGA Summer 1
52	2:26.37	L	P	Layla Rothuysen	17	TYGE CPT	07/12/2021 Western Cape LC-A Championship 20
53	2:26.62	L	P	Lezanne De Villiers	17	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
54	2:26.75	L	F	Erin Haslehurst	17	UNIQ JHB	18/03/2022 SA Level 3 Regional Age Group Chan
55	2:26.94	L	P	Haylee Vd Merwe	17	QUIC CPT	29/03/2022 SA Regional SNR & JNR Champs WC
56*	2:27.20	L	P	Emma Gardiner	17	CA EKU	18/03/2022 SA Level 3 Regional Age Group Chan
56*	2:27.20	L	P	Ashleë Pretorius	17	ROA EDD	07/12/2021 Western Cape LC-A Championship 20
58	2:27.61	L	P	Caitlin De Beer	17	MDOL EKU	18/02/2022 2022 Grand Prix 2 Invitational Meet Dt
59	2:27.91	L	F	Rachel O' Grady	17	DRGN EKU	18/03/2022 SA Level 3 Regional Age Group Chan
60	2:28.07	L	F	Taylor-Jane Spieker	17	PSC FSH	22/10/2021 NTS October Level 1-3 Age Group
61	2:28.47	L	P	Megan Cronje	17	WATR JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
62	2:28.56	L	P	Klaudia Schmidt	17	CLSC WCD	07/12/2021 Western Cape LC-A Championship 20
63	2:28.64	L	F	Amy Van de Putte	17	WSTV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
64	2:30.01	L	F	Cheney Le Roux	17	KTS	17/03/2022 SA Level 3 Regional Age Group Chan
65	2:30.22	L	F	Corinna Meyer	17	PSC FSH	22/10/2021 NTS October Level 1-3 Age Group
66	2:30.49	L	P	Daniëka Bekker	17	ETTN EKU	09/12/2021 EGA Summer Champs 2021
67	2:30.62	L	F	Daniëlla September	17	KNYA EDD	08/10/2021 40th Freda Barnard Invitational Gala
68	2:30.65	L	F	Jenna Renecke	17	VINE CPT	17/03/2022 SA Level 3 Regional Age Group Chan
69	2:31.41	L	P	Mañana Du Toit	17	AFIN JHB	03/12/2021 CGA LC Summer Champs - Level3+
70	2:32.27	L	F	Anika Rossouw	17	POTC KKD	08/12/2021 NWS Championships 2020/2021
71	2:32.57	L	P	Kara Cilliers	17	QSAW CED	07/12/2021 Western Cape LC-A Championship 20
72	2:32.59	L	F	Anastasia Sommer	17	HPHS BUF	19/02/2022 EC Provincial Schools Gala
73	2:32.88	L	P	Joanica Kriegler	17	CUDU CPT	07/12/2021 Western Cape LC-A Championship 20
74	2:32.96	L	F	Mia Langenhoven	17	AA JHB	18/03/2022 SA Level 3 Regional Age Group Chan
75	2:33.18	L	P	Antionette Malherbe	17	SWAR WCD	07/12/2021 Western Cape LC-A Championship 20
76	2:33.31	L	P	Aimee Langenhoven	17	AACTA CPT	07/12/2021 Western Cape LC-A Championship 20
77	2:33.88	L	P	Megan Africa	17	AQDO CPT	28/05/2021 Grand Prix No 4 Durban May 2021
78	2:34.06	L	P	Anneke van Eeden	17	HREF BPD	17/03/2022 SA Level 3 Regional Age Group Chan
79	2:34.37	L	F	Camille Loriston	17	CUHE OBD	22/03/2022 SA Level 2 Regional Age Group Chan
80	2:34.67	L	P	Tumelo Thelejane	17	OLDE JHB	18/03/2022 SA Level 3 Regional Age Group Chan
81	2:34.70	L	F	Megan Wolvaardt	17	ELRAS WBD	16/10/2021 Limpopo Age Group 4
82	2:34.85	L	F	Cherise Swartz	17	ACAQ CCD	12/02/2022 Limpopo Champs
83	2:35.03	L	F	Jessica Vorster	17	SWAR WCD	12/11/2021 Swartland Invitational Gala 2021
84	2:35.21	L	F	Jana-Mari Nel	17	UPSK	08/12/2021 Champs 2021
85	2:35.49	L	F	Bradine Knock	17	RBOT BPD	16/10/2021 NWS Age Group 1&2
86	2:35.50	L	P	Zaria Fourie	17	TKS WBD	18/03/2022 SA Level 3 Regional Age Group Chan
87	2:35.51	L	F	Zarah Abrahams	17	SSISA CPT	22/03/2022 SA Level 2 Regional Age Group Chan

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
88	2:35.67	L	F	Corlia Van Zyl	17	UPSK	19/02/2022 Age Group 6 & SA Schools Select - Uf
89	2:36.53	L	F	Donia Smit	17	SS MPD	12/02/2022 Limpopo Champs
90	2:37.48	L	F	Shreya Govender	17	SGUL ETH	17/12/2021 2021 KZNA Premier Provincial Champ
91	2:37.99	L	F	Alisha Stanfley	17	FAAC FB	05/02/2022 NCASA Sprints Gala 2022
92	2:38.84	L	F	Yolandi Du Plooy	17	BLSS MAN	08/10/2021 Super Seals Prestige Gala
93	2:39.49	L	P	Sibongumusa Khumalo	17	SEAL UMD	17/03/2022 SA Level 3 Regional Age Group Chan
94	2:39.56	L	P	Santana Van Der Zandt	17	SOUL EKU	18/03/2022 SA Level 3 Regional Age Group Chan
95	2:39.86	L	F	Megan Adams	17	SOUL EKU	28/01/2022 EGA Last Chance Gala
96	2:41.62	L	P	Ilne Von Wielligh	17	WELL CED	07/12/2021 Western Cape LC-A Championship 20
97	2:41.96	L	F	Johlize Vorster	17	WSS FDD	08/12/2021 Free State Champs 2021
98	2:43.10	L	F	Emmerentia Botha	17	TKS WBD	12/02/2022 Limpopo Champs
99	2:44.07	L	F	Ra-eesa Jephta	17	MANT CPT	08/10/2021 40th Freda Barnard Invitational Gala
100	2:45.18	L	F	Iona Neethling	17	WOAQ CED	22/03/2022 SA Level 2 Regional Age Group Chan
101	2:45.20	L	F	Thea Moodley	17	MDOL EKU	18/02/2022 EGA Lets Race 2022
102	2:45.99	L	F	Christina Steenekamp	17	TUKS TSH	22/10/2021 NTS October Level 1-3 Age Group
103	2:46.03	L	F	Mila De Wet	17	TUKS TSH	08/10/2021 NTS October Combined Age Group
104	2:47.14	L	P	Kay-Lee Hall	17	WELA FDD	22/03/2022 SA Level 2 Regional Age Group Cham
105	2:47.57	L	P	Jesse Tribe	17	TCA EKU	11/03/2022 SA Level 2 Regional Age Group Cham
106	2:48.76	L	F	Jancke Potgieter	17	FISH EDD	12/02/2022 EDEN 5th A-League Gala 2022
107	2:50.54	L	F	Cherna' Fouche	17	BETH FDD	28/10/2021 Neptune Prestige Gala
108	2:50.75	L	P	Amy Clarke	17	FLOD JHB	18/03/2022 SA Level 3 Regional Age Group Chan
109	2:50.95	L	P	Ayabonga Makhaluza	17	FSS FS	26/03/2022 SA Schools Swimming Championship
110	2:51.03	L	F	Israa Weeder	17	MARL CPT	12/11/2021 Swartland Invitational Gala 2021
111	2:51.04	L	F	Surëlma Greeff	17	HARB BPD	02/10/2021 Frank Gray Memorial Championships :
112	2:51.69	L	P	Elizabeth Slaughter	17	POTC KKD	08/12/2021 NWS Championships 2020/2021
113	2:52.00	L	P	Caitlin Tobin	17	TYGE CPT	22/03/2022 SA Level 2 Regional Age Group Chan
114	2:55.08	L	P	Enrika Lubbe	17	WSS FDD	08/12/2021 Free State Champs 2021
115	2:55.41	L	F	Francine Slaughter	17	POTC KKD	08/12/2021 NWS Championships 2020/2021
116	2:55.42	L	F	Tyra Smith	17	TUKS TSH	08/10/2021 NTS October Combined Age Group
117	2:55.79	L	F	Mia Huggett	17	FISH EDD	08/10/2021 40th Freda Barnard Invitational Gala
118	2:56.20	L	P	Shauna Craddock	17	OLDE JHB	18/03/2022 SA Level 3 Regional Age Group Chan
119	2:56.74	L	F	Cameron Butler	17	SUPE JHB	03/12/2021 CGA LC Summer Champs - Level 2
120	2:58.07	L	P	Jessica Lockyear	17	KALA	17/03/2022 SA Level 3 Regional Age Group Chan
121	3:01.26	L	F	Minke Janse Van Rensburg	17	FISH EDD	30/10/2021 CANA Virtual Swimming Championshipj
122	3:01.84	L	F	Kiersten Pause	17	XSAQ CPT	06/11/2021 CTA Qualifying Meet 4 - Long Distance
123	3:02.52	L	P	Megan Daniel	17	SASOL FDD	08/12/2021 Free State Champs 2021
124	3:02.70	L	F	Amelia Booth	17	SS MPD	12/02/2022 Limpopo Champs
125	3:02.87	L	F	Tarien Kirsten	17	VRY ZLD	11/12/2021 KCDA December 2021 Age Group Gal
126	3:04.03	L	F	Jodie Williams	17	SSISA CPT	30/10/2021 CANA Virtual Swimming Championshipj
127	3:11.05	L	F	Lisa Terblanche	17	CUHE OBD	08/10/2021 40th Freda Barnard Invitational Gala
128	3:11.36	L	F	Aphiwe Mdluli	17	PSCP UMD	11/03/2022 SA Level 2 Regional Age Group Chan
129	3:11.42	L	P	Gabriella Nel	17	STAR BPD	08/12/2021 NWS Championships 2020/2021
130	3:21.37	L	F	Isabel Schoeman	17	WBSK WBD	12/02/2022 Limpopo Champs
131	3:53.07	L	F	Nhlamulo Mashimbye	17	SOSH TSH	10/12/2021 2021 The Tshwane Mayoral Gala
132	3:57.34	L	F	Abigail Wilson	17	EXA EZD	03/12/2021 Mpumalanga Championships 2021
133	3:58.02	L	F	Margo Marx	17	EXA EZD	01/10/2021 MP AGE GROUP 1 1-2 OCTOBER 20
Women 17-17 400 Free							
1	4:23.07	L	P	Hannah Robertson	17	JMDOL JHB	28/05/2021 Grand Prix No 4 Durban May 2021
2	4:23.20	L S	F	Catherine Van Rensburg	17	AGC TSH	06/04/2022 SA National Aquatic SNR-JNR Champ
3	4:25.20	L	F	Leigh McMorrnan	17	AA JHB	28/05/2021 Grand Prix No 4 Durban May 2021
4	4:26.94	L	P	Lise Coetzee	17	TUKS TSH	28/05/2021 Grand Prix No 4 Durban May 2021
5	4:31.86	L	P	Mykae Forrest	17	ACSA ETH	18/02/2022 2022 Grand Prix 2 Invitational Meet Dt
6	4:34.56	L S	P	Emma Kuhn	17	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
7	4:36.22	L	F	Chazél Orton	17	POTC KKD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
8	4:38.03	L	F	Hannah Neilson	17	MATI CED	29/03/2022 SA Regional SNR & JNR Champs WC
9	4:40.37	L	F	Ambrin Pienaar	17	ACSA ETH	17/12/2021 2021 KZNA Premier Provincial Champ
10	4:41.33	L	P	Abigail Morelli	17	MDOL EKU	18/02/2022 2022 Grand Prix 2 Invitational Meet Dt
11	4:42.16	L S	P	Luchelle Oosthuizen	17	FSA FS	06/04/2022 SA National Aquatic SNR-JNR Champ
12	4:44.81	L	F	Kayla Schmelzer	17	INFA NMA	12/11/2021 PEA Winter Gala Take 2

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
13	4:46.32 L	F	Jessica Meter	17	SEAL UMD	30/03/2022	SA Regional Aquatic JNR-Senior Cha
14	4:46.34 L	F	Leah Christie	17	GSA CPT	07/12/2021	Western Cape LC-A Championship 20
15	4:46.61 L	F	Emma Carmody	17	SGUL ETH	17/12/2021	2021 KZNA Premier Provincial Champ
16	4:48.01 L	F	Maxine Boyce	17	TUKS FSH	05/11/2021	NTS Prestige Gala 2021
17	4:48.34 L	F	Savannah Voigt	17	SSISA CPT	12/11/2021	PEA Winter Gala Take 2
18	4:50.28 L	F	Caylin Gous	17	FAAC FB	30/03/2022	SA Regional Aquatic JNR-Senior Cha
19	4:50.91 L	P	Tara Uys	17	TYGE CPT	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
20	4:52.82 L	F	Bernelee Doster	17	JMDOL JHB	07/01/2022	2022 Grand Prix Invitation Swimming I
21	4:54.45 L	F	Tiana Köpplinger	17	TUKS FSH	15/12/2021	NTS Championships 2021
22	4:54.53 L	F	Tayla Jonker	17	PSC FSH	28/01/2022	NTS February Age Group 15 & Over
23	4:54.61 L	F	Lisa Kleyn	17	TUKS FSH	04/02/2022	NTS February Age Group 14 & Under
24	4:57.90 L	F	Tumaini Macdonell	17	BCA BUF	15/01/2022	EDEN INTER DISTRICT PRESTIGE 2
25	4:57.99 L	F	Emma Christianson	17	ACSA ETH	12/06/2021	Curro Age Group Gala 1
26	4:58.00 L S	F	Marnè Campbell	17	TYGE CPT	30/10/2021	CANA Virtual Swimming Championship
27	4:58.60 L	F	Jessica Clarke	17	BEST NMA	11/09/2021	Best Club LC Gala
28	5:00.10 L	F	Kayla Gouws	17	TUKS FSH	05/11/2021	NTS Prestige Gala 2021
29	5:00.75 L	P	Catherine Morrison	17	TUKS FSH	28/05/2021	Grand Prix No 4 Durban May 2021
30	5:02.68 L	F	Zara Kleinhans	17	AQDO CPT	17/03/2022	SA Level 3 Regional Age Group Chan
31	5:04.77 L	F	Kelsey Chiang	17	CYBE CPT	07/12/2021	Western Cape LC-A Championship 20
32	5:05.10 L	F	Amani Ismail	17	ATLA JHB	18/03/2022	SA Level 3 Regional Age Group Chan
33	5:06.17 L	F	Ashley Henegan	17	RAV EKU	28/01/2022	EGA Last Chance Gala
34	5:06.75 L	P	Chanel Fourie	17	AA JHB	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
35	5:07.18 L	F	Alex Truter	17	BEAV ETH	17/03/2022	SA Level 3 Regional Age Group Chan
36	5:07.59 L	F	Layla Rothuysen	17	TYGE CPT	07/12/2021	Western Cape LC-A Championship 20
37	5:08.41 L	F	Haylee Vd Merwe	17	QUIC CPT	29/03/2022	SA Regional SNR & JNR Champs WC
38	5:09.72 L	F	Kate Tinley	17	ROA EDD	17/03/2022	SA Level 3 Regional Age Group Chan
39	5:10.11 L	F	Ashleë Pretorius	17	ROA EDD	07/12/2021	Western Cape LC-A Championship 20
40	5:10.31 L	F	Erin Haslehurst	17	UNIQ JHB	18/03/2022	SA Level 3 Regional Age Group Chan
41	5:11.69 L	F	Aimee Nickless	17	CA EKU	18/03/2022	SA Level 3 Regional Age Group Chan
42	5:12.75 L	F	Megan Cronje	17	WATR JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
43	5:13.94 L	F	Mia Langenhoven	17	AA JHB	18/03/2022	SA Level 3 Regional Age Group Chan
44	5:14.29 L	F	Amori Potgieter	17	POTC KKD	30/03/2022	SA Regional Aquatic JNR-Senior Cha
45	5:16.25 L	F	Caitlin De Beer	17	MDOL EKU	18/03/2022	SA Level 3 Regional Age Group Chan
46	5:17.50 L	F	Rachel O' Grady	17	DRGN EKU	28/01/2022	EGA Last Chance Gala
47	5:17.79 L	F	Gabriella de Beer	17	MATL KKD	08/12/2021	NWS Championships 2020/2021
48	5:18.02 L	F	Anandi Botha	17	BLNE MAN	03/09/2021	Mangaung Winter Champs
49	5:18.09 L	F	Amy Van de Putte	17	SWTV ETH	17/03/2022	SA Level 3 Regional Age Group Chan
50	5:19.47 L	F	Antionette Malherbe	17	SWAR WCD	12/11/2021	Swartland Invitational Gala 2021
51	5:21.48 L	F	Joanica Krieglner	17	CDUD CPT	07/12/2021	Western Cape LC-A Championship 20
52	5:22.01 L	F	Danieka Bekker	17	ETTN EKU	18/03/2022	SA Level 3 Regional Age Group Chan
53	5:22.09 L	F	Cheney Le Roux	17	KTS	05/02/2022	NCASA Sprints Gala 2022
54	5:22.20 L	F	Tumelo Thelejane	17	OLDE JHB	18/03/2022	SA Level 3 Regional Age Group Chan
55	5:23.23 L	F	Donia Smit	17	SS MPD	18/03/2022	SA Level 3 Regional Age Group Chan
56	5:24.70 L	F	Bradine Knock	17	RBOT BPD	08/12/2021	NWS Championships 2020/2021
57	5:27.51 L	F	Corinna Meyer	17	PSC FSH	08/10/2021	NTS October Combined Age Group
58	5:29.78 L	F	Shreya Govender	17	SGUL ETH	17/12/2021	2021 KZNA Premier Provincial Champ
59	5:29.85 L	F	Camille Loriston	17	CUHE OBD	08/10/2021	40th Freda Barnard Invitational Gala
60	5:33.70 L	F	Jana-Mari Nel	17	UPSK	08/12/2021	Champs 2021
61	5:35.10 L	F	Kiannah Clarke	17	RFA FSH	08/10/2021	NTS October Combined Age Group
62	5:35.90 L	F	Alisha Stanfley	17	FAAC FB	05/02/2022	NCASA Sprints Gala 2022
63	5:43.96 L	F	Corlia Van Zyl	17	UPSK	21/01/2022	Flamingo Gala 2022
64	5:44.62 L	F	Caitlin Viljoen	17	RBUR BPD	13/11/2021	NWS Age Group 3 2021/22
65	5:44.76 L S	F	Megan Bulose	17	QUIC CPT	30/10/2021	CANA Virtual Swimming Championship
66	5:52.73 L	F	Suné van Zyl	17	HREF BPD	16/10/2021	NWS Age Group 1&2
67	5:54.40 L	F	Yolandi Du Plooy	17	BLSS MAN	02/10/2021	Frank Gray Memorial Championships ;
68	5:55.59 L	F	Ayabonga Makhaluza	17	ETTN EKU	02/10/2021	EGA Summer 2
69	5:56.39 L	F	Jesse Tribe	17	TCA EKU	02/10/2021	EGA Summer 2
70	5:57.35 L	F	Emmerentia Botha	17	TKS WBD	12/02/2022	Limpopo Champs
71	5:58.28 L	F	Megan Adams	17	SOUL EKU	04/09/2021	EGA Adrian Grafe Gala 2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
72	5:58.91 L	F	Iona Neethling	17	WOAQ CED	16/10/2021	Winelands SL 3
73	6:03.87 L	F	Surèlma Greeff	17	HARB BPD	02/10/2021	Frank Gray Memorial Championships :
74	6:06.51 L	F	Cherna' Fouche	17	BETH FDD	08/12/2021	Free State Champs 2021
75	6:07.85 L	F	Emma Smythe	17	DDA TSH	08/10/2021	NTS October Combined Age Group
76	6:09.56 L	F	Johlize Vorster	17	WSS FDD	02/10/2021	Frank Gray Memorial Championships :
77	6:11.51 L	F	Thea Moodley	17	MDOL EKU	07/01/2022	2022 Grand Prix Invitation Swimming T
78	6:22.90 L	F	Enrika Lubbe	17	WSS FDD	02/10/2021	Frank Gray Memorial Championships :
79	6:27.52 L	F	Elizabeth Slaughter	17	POTC KKD	16/10/2021	NWS Age Group 1&2
80	6:29.71 L	F	Jessica Lockyear	17	KALA	21/01/2022	Flamingo Gala 2022
81	6:35.92 L	F	Megan Daniel	17	SASOL FDD	16/10/2021	NWS Age Group 1&2
82	6:42.08 L	F	Amelia Booth	17	SS MPD	12/02/2022	Limpopo Champs
83	6:49.12 L	F	Lisa Terblanche	17	CUHE OBD	08/10/2021	40th Freda Barnard Invitational Gala
84	6:56.41 L	F	Gabriella Nel	17	STAR BPD	11/02/2022	NW Last Chance
85	7:00.08 L	F	Minke Janse Van Rensburg	17	FISH EDD	30/10/2021	CANA Virtual Swimming Championship
86	8:10.92 L	O	Margo Marx	17	EXA EZD	17/10/2021	AGE GROUP 2 - OPEN WATER SWIM
87	8:57.06 L	O	Ruane Van Niekerk	17	CSA EZD	17/10/2021	AGE GROUP 2 - OPEN WATER SWIM
Women 17-17 800 Free							
1	8:53.55 L S	F	Catherine Van Rensburg	17	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ
2	8:58.50 L S	F	Leigh McMorrان	17	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
3	9:09.55 L S	F	Hannah Robertson	17	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
4	9:17.67 L	F	Mykae Forrest	17	ACSA ETH	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
5	9:26.02 L	F	Chazél Orton	17	POTC KKD	30/03/2022	SA Regional Aquatic JNR-Senior Cha
6	9:28.58 L	F	Hannah Neilson	17	MATI CED	29/03/2022	SA Regional SNR & JNR Champs WC
7	9:46.77 L	F	Emma Carmody	17	SGUL ETH	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
8	9:52.26 L	F	Abigail Morelli	17	MDOL EKU	09/12/2021	EGA Summer Champs 2021
9	9:58.59 L	F	Bernelee Doster	17	JMDOL JHB	09/12/2021	EGA Summer Champs 2021
10	10:07.73 L	F	Charlize Pieterse	17	TUKS TSH	15/12/2021	NTS Championships 2021
11	10:15.67 L	F	Claire Gerber	17	TUKS TSH	22/10/2021	NTS October Level 1-3 Age Group
12	10:16.43 L	F	Jessica Meter	17	SEAL UMD	30/10/2021	CANA Virtual Swimming Championship
13	10:20.62 L	F	Caylin Gous	17	FAAC FB	21/01/2022	Flamingo Gala 2022
14	10:24.13 L	F	Yasmin De Goede	17	OE JHB	22/10/2021	EGA Summer 3
15	10:35.10 L	F	Ashleè Pretorius	17	SSISA CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
16	10:37.34 L	F	Zara Kleinhans	17	AQDO CPT	08/10/2021	40th Freda Barnard Invitational Gala
17	10:40.45 L	F	Kate Tinley	17	ROA EDD	10/12/2021	NMBA Championships 2021
18	10:48.00 L	F	Aimee Nickless	17	CA EKU	22/10/2021	EGA Summer 3
19	10:48.76 L	F	Alex Truter	17	BEAV ETH	30/10/2021	CANA Virtual Swimming Championship
20	10:54.86 L	F	Haylee Vd Merwe	17	QUIC CPT	29/03/2022	SA Regional SNR & JNR Champs WC
21	10:55.05 L	F	Layla Rothuysen	17	TYGE CPT	07/12/2021	Western Cape LC-A Championship 20
22	11:01.50 L	F	Tumelo Thelejane	17	OE JHB	22/10/2021	EGA Summer 3
23	11:09.50 L	F	Gabriella de Beer	17	MATL KKD	08/12/2021	NWS Championships 2020/2021
24	11:11.61 L	F	Erin Haslehurst	17	UNIQ JHB	15/12/2021	NTS Championships 2021
25	11:15.14 L	F	Anandi Botha	17	BLNE MAN	08/12/2021	Free State Champs 2021
26	11:17.26 L	F	Kiannah Clarke	17	RFA TSH	22/10/2021	NTS October Level 1-3 Age Group
27	11:17.48 L	F	Shreya Govender	17	SGUL ETH	17/12/2021	2021 KZNA Premier Provincial Champ
28	11:21.23 L	F	Donia Smit	17	SS MPD	12/02/2022	Limpopo Champs
29	11:24.46 L	F	Caitlin De Beer	17	MDOL EKU	22/10/2021	EGA Summer 3
30	11:37.23 L	F	Alisha Stanfley	17	FAAC FB	08/12/2021	Champs 2021
31	11:39.90 L	F	Jordyn Buffel	17	AA JHB	18/02/2022	NTS Combined February Age Group G
32	11:58.24 L	F	Camille Loriston	17	CUHE OBD	08/10/2021	40th Freda Barnard Invitational Gala
33	12:04.94 L	F	Jesse Tribe	17	TCA EKU	22/10/2021	EGA Summer 3
34	12:10.85 L	F	Jana-Mari Nel	17	UPSK	19/11/2021	Age Group 3 - Upington 2021
35	12:11.26 L	F	Yolandi Du Plooy	17	BLSS MAN	08/10/2021	Super Seals Prestige Gala
36	12:19.83 L	F	Suné van Zyl	17	HREF BPD	16/10/2021	NWS Age Group 1&2
37	12:33.97 L	F	Corlia Van Zyl	17	UPSK	08/12/2021	Champs 2021
38	12:45.07 L	F	Zanté Beyers	17	TT EKU	22/10/2021	EGA Summer 3
39	12:58.38 L	F	Cherna' Fouche	17	BETH FDD	28/10/2021	Neptune Prestige Gala
40	13:08.80 L	F	Surèlma Greeff	17	HARB BPD	08/12/2021	NWS Championships 2020/2021
41	13:14.84 L	F	Thea Moodley	17	MDOL EKU	22/10/2021	EGA Summer 3
42	13:55.78 L	F	Cameron Gilbert	17	UPSK	19/11/2021	Age Group 3 - Upington 2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
43	14:24.42 L	F	Lisa Terblanche	17	CUHE OBD	08/10/2021	40th Freda Barnard Invitational Gala	
44	16:48.74 L	F	Margo Marx	17	EXA EZD	03/12/2021	Mpumalanga Championships 2021	
Women 17-17 1500 Free								
1	16:58.39 L	F	Catherine Van Rensburg	17	TUKS TSH	15/12/2021	NTS Championships 2021	
2	17:08.30 L	F	Leigh McMorran	17	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ	
3	17:47.00 L S	F	Mykae Forrest	17	ACSA ETH	30/03/2022	SA Regional Aquatic JNR-Senior Cha	
4	17:58.67 L S	F	Chazél Orton	17	POTC KKD	30/03/2022	SA Regional Aquatic JNR-Senior Cha	
5	18:09.99 L S	F	Hannah Neilson	17	MATI CED	07/12/2021	Western Cape LC-A Championship 20	
6	18:31.05 L	F	Emma Carmody	17	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ	
7	20:41.03 L	F	Caylin Gous	17	FAAC FB	21/01/2022	Flamingo Gala 2022	
8	21:16.97 L	F	Kate Tinley	17	ROA EDD	12/11/2021	PEA Winter Gala Take 2	
9	21:35.97 L	F	Anandi Botha	17	BLNE MAN	03/09/2021	Mangaung Winter Champs	
10	21:47.68 L	F	Shreya Govender	17	SGUL ETH	30/10/2021	CANA Virtual Swimming Championship	
11	21:50.48 L	F	Chloe Ehlers	17	FAAC FB	21/01/2022	Flamingo Gala 2022	
12	22:34.00 L	F	Alisha Stanfley	17	FAAC FB	21/01/2022	Flamingo Gala 2022	
13	23:14.50 L	F	Yolandi Du Plooy	17	BLSS MAN	28/10/2021	Neptune Prestige Gala	
14	23:38.77 L	F	Kiannah Clarke	17	RFA TSH	14/01/2022	NTS January 2022 Combined Age Grc	
15	24:27.84 L	F	Luka Visagie	17	BLSS MAN	08/10/2021	Super Seals Prestige Gala	
16	24:28.11 L	F	Johlize Vorster	17	WSS FDD	08/10/2021	Super Seals Prestige Gala	
17	24:52.00 L	F	Corlia Van Zyl	17	UPSK	21/01/2022	Flamingo Gala 2022	
18	24:57.51 L	F	Surélma Greeff	17	HARB BPD	08/12/2021	NWS Championships 2020/2021	
Women 17-17 50 Back								
1	30.42 L S	T	Tayla Jonker	17	PSC TSH	15/12/2021	NTS Championships 2021	
2	30.63 L	P	Bernelee Doster	17	JMDOL JHB	18/02/2022	2022 Grand Prix 2 Invitational Meet Du	
3	30.65 L S	F	Tara Uys	17	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ	
4	31.06 L S	P	Kayla Schmelzer	17	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ	
5	31.30 L	F	Emma Kuhn	17	VINE CPT	07/12/2021	Western Cape LC-A Championship 20	
6	31.35 L	F	Lezanne De Villiers	17	WCA CPT	26/03/2022	SA Schools Swimming Championship	
7	31.86 L	F	Emma Michell	17	LALE CED	29/03/2022	SA Regional SNR & JNR Champs WC	
8	31.91 L	P	Erin Buffey	17	CA EKU	29/03/2022	SA Regional Aquatic Champs 2022- N	
9	31.98 L S	P	Emma Christianson	17	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ	
10	32.34 L	F	Elani Van Rooyen	17	WATR JHB	29/03/2022	SA Regional Aquatic Champs 2022- N	
11*	32.43 L	F	Anieke Helmand	17	FSS FS	26/03/2022	SA Schools Swimming Championship	
11*	32.43 L	F	Jolene Cornelius	17	TUKS TSH	29/03/2022	SA Regional Aquatic Champs 2022- N	
13	32.51 L	P	Emma Carmody	17	SGUL ETH	28/05/2021	Grand Prix No 4 Durban May 2021	
14	32.56 L	P	Ashley Henegan	17	HASC JHB	28/05/2021	Grand Prix No 4 Durban May 2021	
15	32.69 L	F	Chazél Orton	17	NWAS	02/10/2021	Frank Gray Memorial Championships :	
16	32.93 L	F	Erin Sherwood	17	PER JHB	29/03/2022	SA Regional Aquatic Champs 2022- N	
17	33.03 L	F	Kirsten Engelbrecht	17	WATR JHB	07/12/2021	Western Cape LC-A Championship 20	
18*	33.06 L S	P	Tumaini Macdonell	17	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ	
18*	33.06 L	P	Ambrin Pienaar	17	ACSA ETH	28/05/2021	Grand Prix No 4 Durban May 2021	
20	33.21 L	F	Hannah Robertson	17	JMDOL JHB	07/01/2022	2022 Grand Prix Invitation Swimming I	
21	33.35 L	F	Savannah Voigt	17	SSISA CPT	12/11/2021	PEA Winter Gala Take 2	
22	33.50 L	F	Klaudia Schmidt	17	CLSC WCD	29/01/2022	West Coast Qualify Gala 2022	
23*	33.58 L	P	Amani Ismail	17	GAUT	26/03/2022	SA Schools Swimming Championship	
23*	33.58 L	F	Tiana Köpplinger	17	TUKS TSH	24/09/2021	NTS Age Group September SANJ+	
25	33.61 L	F	Jenna Biddulph	17	PEAS NMA	12/11/2021	PEA Winter Gala Take 2	
26	33.70 L	F	Tayla-Paige Lacey	17	INFA NMA	29/01/2022	3rd A League Gala 2022	
27	33.75 L	F	Amori Potgieter	17	POTC KKD	30/03/2022	SA Regional Aquatic JNR-Senior Cha	
28	33.79 L	F	Megan Bulose	17	QUIC CPT	17/03/2022	SA Level 3 Regional Age Group Chan	
29	33.80 L	F	Cassady Krzychylkiewicz	17	ELEC JHB	03/12/2021	CGA LC Summer Champs - Level3+	
30	34.03 L	P	Corinna Meyer	17	PSC TSH	18/03/2022	SA Level 3 Regional Age Group Chan	
31	34.07 L	F	Chloe Ehlers	17	FAAC FB	08/12/2021	Champs 2021	
32	34.33 L S	P	Simone Moll	17	VICT EKU	09/12/2021	EGA Summer Champs 2021	
33	34.47 L	F	Kate Tinley	17	CTA CPT	15/01/2022	EDEN INTER DISTRICT PRESTIGE 2	
34	34.69 L	F	Anandi Botha	17	BLNE MAN	03/09/2021	Mangaung Winter Champs	
35*	34.91 L	F	Caylin Gous	17	FAAC FB	08/12/2021	Champs 2021	
35*	34.91 L	F	Gabriella de Beer	17	MATL KKD	08/12/2021	NWS Championships 2020/2021	

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
37	34.98	L	P	Kiannah Clarke	17	RFA	FSH 18/03/2022 SA Level 3 Regional Age Group Chan
38	35.01	L	P	Kelsey Chiang	17	CYBE	GPT 07/12/2021 Western Cape LC-A Championship 20
39	35.02	L	P	Micca Steyn	17	MPA	EZD 26/03/2022 SA Schools Swimming Championship
40	35.13	L	P	Yvonne Botha	17	LP	CCD 26/03/2022 SA Schools Swimming Championship
41	35.40	L	P	Kerryn Benade	17	ROA	EDD 07/12/2021 Western Cape LC-A Championship 20
42	35.63	L	F	Bianca Landman	17	AA	JHB 03/12/2021 CGA LC Summer Champs - Level3+
43	35.88	L	P	Cailey Sauvage	17	PAC	FSH 29/03/2022 SA Regional Aquatic Champs 2022- N
44	35.91	L	F	Anika Rossouw	17	POTC	KKD 08/12/2021 NWS Championships 2020/2021
45	35.92	L	F	Charlize Pieterse	17	TUKS	FSH 22/10/2021 NTS October Level 1-3 Age Group
46*	36.00	L	F	Nialize Cronje	17	BULS	MAN 25/02/2022 Neptune last chance gala
46*	36.00	L	F	Candice Clifton-Smith	17	SGUL	ETH 30/10/2021 CANA Virtual Swimming Championship
48	36.24	L	F	Jessica Longmore	17	PSCP	UMD 03/12/2021 WSC & Seals Summer LC Champs 20
49	36.27	L	P	Zaria Fourie	17	LP	CCD 26/03/2022 SA Schools Swimming Championship
50	36.29	L	P	Johlize Vorster	17	WSS	FDD 08/12/2021 Free State Champs 2021
51	36.30	L	F	Taylor-Jane Spieker	17	PSC	FSH 08/10/2021 NTS October Combined Age Group
52	36.35	L	P	Autumn Knight	17	AA	JHB 18/03/2022 SA Level 3 Regional Age Group Chan
53	36.42	L	P	Jenna Renecke	17	VINE	CPT 07/12/2021 Western Cape LC-A Championship 20
54	36.46	L S	P	Danieka Bekker	17	ETTN	EKU 09/12/2021 EGA Summer Champs 2021
55	36.51	L	F	Erin Haslehurst	17	UNIQ	JHB 18/03/2022 SA Level 3 Regional Age Group Chan
56	36.62	L	F	Cherise Swartz	17	ACAA	CCD 18/03/2022 SA Level 3 Regional Age Group Chan
57	36.73	L	F	Jana-Mari Nel	17	UPSK	08/12/2021 Champs 2021
58	36.80	L	F	Simei Bekker	17	KLOO	ETH 03/12/2021 WSC & Seals Summer LC Champs 20
59	36.93	L	F	Cameron Gilbert	17	UPSK	08/12/2021 Champs 2021
60	37.00	L	F	Megan Wolvaardt	17	ELRAS	WBD 06/11/2021 Limpopo Age Group 5
61	37.19	L	P	Emma Smythe	17	DDA	FSH 18/03/2022 SA Level 3 Regional Age Group Chan
62	37.20	L	F	Layla Rothuysen	17	TYGE	CPT 08/10/2021 40th Freda Barnard Invitational Gala
63	37.24	L	F	Caitlin Viljoen	17	RBUR	BPD 17/03/2022 SA Level 3 Regional Age Group Chan
64	37.25	L	F	Zarah Abrahams	17	SSISA	CPT 30/10/2021 CANA Virtual Swimming Championship
65	37.28	L	F	Mia Huggett	17	FISH	EDD 30/10/2021 CANA Virtual Swimming Championship
66	37.59	L	F	Jancke Potgieter	17	CTA	CPT 15/01/2022 EDEN INTER DISTRICT PRESTIGE 2
67*	37.61	L	F	Sibongumusa Khumalo	17	SEAL	UMD 03/12/2021 WSC & Seals Summer LC Champs 20
67*	37.61	L S	P	Rachel O' Grady	17	DRGN	EKU 09/12/2021 EGA Summer Champs 2021
69	37.82	L	P	Donia Smit	17	SS	MPD 18/03/2022 SA Level 3 Regional Age Group Chan
70	37.97	L	F	Kimberley Lewis	17	PSCP	UMD 03/12/2021 WSC & Seals Summer LC Champs 20
71	38.03	L	F	Kara Fourie	17	LAD	UTD 03/12/2021 WSC & Seals Summer LC Champs 20
72	38.26	L	P	Santana Van Der Zandt	17	SOUL	EKU 18/03/2022 SA Level 3 Regional Age Group Chan
73	38.57	L	F	Tumelo Thelejane	17	OE	JHB 22/10/2021 EGA Summer 3
74*	38.65	L	F	Megan Africa	17	AQDO	CPT 12/11/2021 Swartland Invitational Gala 2021
74*	38.65	L	F	Amelia Booth	17	SS	MPD 16/10/2021 Limpopo Age Group 4
76	38.98	L	F	Kara Cilliers	17	QSAW	GED 16/10/2021 Winelands SL 4
77	39.06	L S	F	Joanica Kriegler	17	WCA	CPT 06/04/2022 SA National Aquatic SNR-JNR Champ
78	39.11	L	F	Thea Moodley	17	MDOL	EKU 22/10/2021 EGA Summer 3
79	39.14	L	P	Ilne Von Wielligh	17	WELL	GED 07/12/2021 Western Cape LC-A Championship 20
80	39.39	L	F	Kay-Lee Hall	17	WELA	FDD 08/12/2021 Free State Champs 2021
81	39.51	L	P	Enrika Lubbe	17	WSS	FDD 08/12/2021 Free State Champs 2021
82	39.63	L	F	Mila De Wet	17	TUKS	FSH 08/10/2021 NTS October Combined Age Group
83	39.75	L	F	Shauna Craddock	17	OE	JHB 22/10/2021 EGA Summer 3
84	39.95	L	P	Jessica Lazarou	17	AWSC	JHB 18/03/2022 SA Level 3 Regional Age Group Chan
85	39.96	L	F	Corlia Van Zyl	17	UPSK	21/01/2022 Flamingo Gala 2022
86	39.98	L	F	Alisha Stanfley	17	FAAC	FB 05/02/2022 NCASA Sprints Gala 2022
87	40.10	L	P	Ayabonga Makhaluza	17	FSS	FS 26/03/2022 SA Schools Swimming Championship
88	40.14	L	F	Suné van Zyl	17	HREF	BPD 16/10/2021 NWS Age Group 1&2
89	40.15	L	F	Abigail Van Niekerk	17	EAGA	CCD 12/02/2022 Limpopo Champs
90*	40.27	L	F	Caitlin Tobin	17	TYGE	CPT 22/03/2022 SA Level 2 Regional Age Group Chan
90*	40.27	L	F	Cheney Le Roux	17	KTS	21/01/2022 Flamingo Gala 2022
92	40.38	L	F	Christina Steenekamp	17	TUKS	FSH 22/10/2021 NTS October Level 1-3 Age Group
93	40.40	L	F	Camille Loriston	17	CUHE	OBD 08/10/2021 40th Freda Barnard Invitational Gala
94	40.52	L	F	Amy Van de Putte	17	WSTV	ETH 03/12/2021 WSC & Seals Summer LC Champs 20
95	40.55	L	F	Israa Weeder	17	MARL	CPT 30/10/2021 CANA Virtual Swimming Championship

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
96	41.20	L	P	Mele' Erlank	LR	PSA ZLD	17/03/2022 SA Level 3 Regional Age Group Chan
97	41.24	L	F	Jeska Tiersma	17	TKS WBD	12/02/2022 Limpopo Champs
98	41.46	L	F	Luka Visagie	17	BLSS MAN	08/12/2021 Free State Champs 2021
99	41.89	L	F	Surèlma Greeff	17	HARB BPD	02/10/2021 Frank Gray Memorial Championships :
100	42.47	L	F	Iona Neethling	17	WOAQ CED	19/02/2022 Swartland Invitational #2 2022
101	42.53	L	P	Ayanda Tshabalala	17	DDA TSH	11/03/2022 SA Level 2 Regional Age Group Cham
102	42.66	L	F	Elizabeth Slaughter	17	POTC KKD	16/10/2021 NWS Age Group 1&2
103	42.90	L	F	Jessica Lockyear	17	KALA	08/12/2021 Champs 2021
104	43.19	L	F	Courtney Badenhorst	17	MARL CPT	30/10/2021 CANA Virtual Swimming Championship
105	43.21	L	F	Anja Nel	17	LALE CED	13/11/2021 Winelands SL Final
106	43.25	L	F	Sienna Pellizzon	17	VICT EKU	22/10/2021 EGA Summer 3
107	43.28	L	F	Shannon-Grace Thomas	17	FSE UHD	19/02/2022 Stingrays Swim Club Championships 2
108	43.64	L	F	Lisa Terblanche	17	CUHE OBD	08/10/2021 40th Freda Barnard Invitational Gala
109	44.27	L	P	Christine Harrison	17	AWSC JHB	11/03/2022 SA Level 2 Regional Age Group Cham
110	44.42	L	F	Isabel Schoeman	17	WBSK WBD	12/02/2022 Limpopo Champs
111	44.44	L	F	Marissa De Coning	17	SS MPD	12/02/2022 Limpopo Champs
112	44.75	L	P	Cameron Butler	17	SUPE JHB	18/03/2022 SA Level 3 Regional Age Group Chan
113	45.19	L	F	Megan Daniel	17	SASOL FDD	16/10/2021 NWS Age Group 1&2
114	45.27	L	F	Kiersten Paulse	17	XSAQ CPT	30/10/2021 CANA Virtual Swimming Championship
115	45.68	L	F	Yolandi Du Plooy	17	BLSS MAN	02/10/2021 Frank Gray Memorial Championships :
116	45.71	L	F	Jodie Williams	17	SSISA CPT	30/10/2021 CANA Virtual Swimming Championship
117	45.81	L	F	Natalia Minichiello	17	FSE UHD	19/02/2022 Stingrays Swim Club Championships 2
118	46.12	L	P	Abigajil Wilson	17	EXA EZD	03/12/2021 Mpumalanga Championships 2021
119	46.93	L	F	Famke Zeeman	17	MANT CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
120	47.72	L	F	Tarien Kirsten	17	VRY ZLD	04/12/2021 Stingrays Swim Club Championships 2
121	49.16	L	F	Minke Janse Van Rensburg	17	FISH EDD	08/10/2021 40th Freda Barnard Invitational Gala
122	49.74	L	F	Robyn Bruton	17	PENC EZD	05/11/2021 MP TOP SCHOOLS HIGH SCHOOLS
123	49.83	L	F	Nhlamulo Mashimbye	17	SOSH TSH	17/10/2021 2021 AG Swim Stars Champs & OR T
124	50.98	L	F	Ketso Mohapi	17	COSM JHB	06/03/2022 SSA Regional Level 1 Championships
125	55.17	L	F	Margo Marx	17	EXA EZD	03/12/2021 Mpumalanga Championships 2021
126	1:03.63	L	F	Lesego Mela	17	ONYX EKU	06/03/2022 SSA Regional Level 1 Championships
127	1:34.87	L	F	Kristi Kroon	17	CSA EZD	05/03/2022 SSA LEVEL 1 PROVINCIAL SWIM 20:
Women 17-17 100 Back							
1	1:05.16	L	F	Bernelee Doster	17	JMDOL JHB	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
2	1:05.52	L	P	Tayla Jonker	17	AGC TSH	06/04/2022 SA National Aquatic SNR-JNR Champ
3	1:05.70	L	F	Kayla Schmelzer	17	INFA NMA	25/02/2022 Infinity Gala
4	1:05.96	L	F	Emma Kuhn	17	VINE CPT	07/12/2021 Western Cape LC-A Championship 20
5	1:07.00	L S	F	Tara Uys	17	TYGE CPT	30/10/2021 CANA Virtual Swimming Championship
6	1:07.96	L	F	Chazél Orton	17	POTC KKD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
7	1:08.77	L	P	Lezanne De Villiers	17	PLAY CED	07/12/2021 Western Cape LC-A Championship 20
8	1:08.89	L	P	Emma Christianson	17	ACSA ETH	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
9	1:09.04	L	P	Kirsten Engelbrecht	17	WATR JHB	07/12/2021 Western Cape LC-A Championship 20
10	1:09.05	L	F	Erin Buffey	17	CA EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
11	1:09.47	L	P	Emma Carmody	17	SGUL ETH	28/05/2021 Grand Prix No 4 Durban May 2021
12	1:09.84	L	F	Lise Coetzee	17	TUKS TSH	24/09/2021 NTS Age Group September SANJ+
13	1:10.44	L	P	Emma Michell	17	LALE CED	07/12/2021 Western Cape LC-A Championship 20
14	1:10.60	L	F	Hannah Robertson	17	JMDOL JHB	28/01/2022 EGA Last Chance Gala
15	1:10.69	L	F	Anieke Helmand	AR	BLOT MAN	30/03/2022 SA Regional Aquatic JNR-Senior Cha
16	1:10.73	L	F	Leigh McMorrnan	17	AA JHB	07/01/2022 2022 Grand Prix Invitation Swimming I
17	1:10.81	L	F	Elani Van Rooyen	17	WATR JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
18	1:10.94	L	F	Catherine Van Rensburg	17	TUKS TSH	24/09/2021 NTS Age Group September SANJ+
19	1:11.32	L	P	Ambrin Pienaar	17	ACSA ETH	28/05/2021 Grand Prix No 4 Durban May 2021
20	1:11.44	L	F	Ashley Henegan	17	HASC JHB	28/05/2021 Grand Prix No 4 Durban May 2021
21	1:11.45	L	F	Cassady Krzychylkiewicz	17	ELEC JHB	03/12/2021 CGA LC Summer Champs - Level3+
22	1:11.59	L	F	Jolene Cornelius	17	TUKS TSH	28/01/2022 NTS February Age Group 15 & Over
23	1:11.63	L	P	Klaudia Schmidt	17	CLSC WCD	07/12/2021 Western Cape LC-A Championship 20
24	1:12.99	L	F	Chloe Ehlers	17	FAAC FB	21/01/2022 Flamingo Gala 2022
25	1:13.12	L S	F	Savannah Voigt	17	SSISA CPT	30/10/2021 CANA Virtual Swimming Championship
26	1:13.28	L	F	Cailey Sauvage	17	PAC TSH	24/09/2021 NTS Age Group September SANJ+

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
27	1:13.32	L	P	Bianca Landman	17	AA JHB	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
28	1:13.43	L	F	Amori Potgieter	17	POTC KKD	08/12/2021 NWS Championships 2020/2021
29	1:13.48	L	P	Erin Sherwood	17	PER JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
30	1:13.64	L	P	Charnan Beyers	17	TUKS TSH	29/03/2022 SA Regional Aquatic Champs 2022- N
31	1:13.70	L	F	Amani Ismail	17	GAUT	26/03/2022 SA Schools Swimming Championship
32	1:14.37	L	P	Maxine Boyce	17	AGC TSH	06/04/2022 SA National Aquatic SNR-JNR Champ
33	1:14.50	L	P	Corinna Meyer	17	PSC TSH	18/03/2022 SA Level 3 Regional Age Group Chan
34	1:14.87	L	F	Megan Bulose	17	QUIC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
35	1:15.37	L	F	Chanel Fourie	17	WSS FDD	25/02/2022 Gauteng Schools Championships 202
36	1:15.47	L S	P	Charlize Pieterse	17	TUKS TSH	15/12/2021 NTS Championships 2021
37	1:15.56	L	F	Anandi Botha	17	BLNE MAN	23/10/2021 Otters Prestige Gala 2021
38	1:15.91	L	F	Gabriella de Beer	17	MATL KKD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
39	1:15.94	L	F	Tiana Köpplinger	17	TUKS TSH	28/01/2022 NTS February Age Group 15 & Over
40	1:15.96	L	P	Abigail Morelli	17	MDOL EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
41	1:16.08	L	F	Caylin Gous	17	FAAC FB	08/12/2021 Champs 2021
42	1:16.19	L	P	Kelsey Chiang	17	CYBE CPT	07/12/2021 Western Cape LC-A Championship 20
43	1:16.31	L	F	Haylee Vd Merwe	17	QUIC CPT	29/03/2022 SA Regional SNR & JNR Champs WC
44	1:16.35	L	F	Tumaini Macdonell	17	BCA BUF	15/01/2022 EDEN INTER DISTRICT PRESTIGE 2
45	1:16.49	L	P	Antionette Malherbe	17	SWAR WCD	07/12/2021 Western Cape LC-A Championship 20
46	1:16.60	L	P	Kerryn Benade	17	ROA EDD	07/12/2021 Western Cape LC-A Championship 20
47	1:16.74	L	F	Yvonne Botha	17	SS MPD	18/03/2022 SA Level 3 Regional Age Group Chan
48	1:16.87	L	P	Emma Gardiner	17	CA EKU	18/03/2022 SA Level 3 Regional Age Group Chan
49	1:16.88	L	F	Anika Rossouw	17	POTC KKD	08/12/2021 NWS Championships 2020/2021
50	1:17.07	L	F	Megan Wolvaardt	17	ELRAS WBD	16/10/2021 Limpopo Age Group 4
51	1:17.36	L	F	Kate Tinley	17	ROA EDD	10/12/2021 NMBA Championships 2021
52	1:17.57	L	P	Aimee Langenhoven	17	AACTA CPT	07/12/2021 Western Cape LC-A Championship 20
53	1:17.82	L	P	Erin Haslehurst	17	UNIQ JHB	18/03/2022 SA Level 3 Regional Age Group Chan
54	1:18.13	L	P	Mia Langenhoven	17	AA JHB	18/03/2022 SA Level 3 Regional Age Group Chan
55	1:18.19	L	P	Santana Van Der Zandt	17	SOUL EKU	18/03/2022 SA Level 3 Regional Age Group Chan
56	1:18.29	L	F	Daniella September	17	KNYA EDD	08/10/2021 40th Freda Barnard Invitational Gala
57	1:18.39	L	F	Jessica Meter	17	SEAL UMD	17/12/2021 2021 KZNA Premier Provincial Champ
58	1:18.42	L	P	Jenna Renecke	17	VINE CPT	07/12/2021 Western Cape LC-A Championship 20
59	1:18.49	L	F	Nialize Cronje	17	BULS MAN	17/03/2022 SA Level 3 Regional Age Group Chan
60	1:18.69	L	F	Sime Bekker	17	KLOO ETH	02/10/2021 Frank Gray Memorial Championships ;
61	1:18.76	L	P	Micca Steyn	17	MPA EZD	26/03/2022 SA Schools Swimming Championship
62	1:18.92	L	F	Cherise Swartz	17	ACAQ CCD	18/03/2022 SA Level 3 Regional Age Group Chan
63	1:18.97	L	F	Mañana Du Toit	17	AFIN JHB	22/10/2021 NTS October Level 1-3 Age Group
64	1:19.12	L	P	Caitlin De Beer	17	MDOL EKU	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
65	1:19.30	L	F	Ashleë Pretorius	17	SSISA CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
66	1:19.89	L	F	Caitlin Viljoen	17	RBUR BPD	17/03/2022 SA Level 3 Regional Age Group Chan
67	1:19.93	L	F	Anina Groenewald	17	BLNE MAN	03/09/2021 Mangaung Winter Champs
68	1:20.03	L	P	Jessica Longmore	17	PSCP UMD	17/03/2022 SA Level 3 Regional Age Group Chan
69	1:20.08	L	P	Donia Smit	17	SS MPD	18/03/2022 SA Level 3 Regional Age Group Chan
70	1:20.16	L S	F	Caitlyn Ribeiro	17	VINE CPT	30/10/2021 CANA Virtual Swimming Championshipj
71	1:20.22	L	F	Taylor-Jane Spieker	17	PSC TSH	08/10/2021 NTS October Combined Age Group
72*	1:20.41	L	F	Zaria Fourie	17	TKS WBD	12/02/2022 Limpopo Champs
72*	1:20.41	L	P	Kiannah Clarke	17	RFA TSH	18/03/2022 SA Level 3 Regional Age Group Chan
74	1:20.54	L	P	Emma Smythe	17	DDA TSH	18/03/2022 SA Level 3 Regional Age Group Chan
75	1:20.78	L	F	Johlize Vorster	17	WSS FDD	08/12/2021 Free State Champs 2021
76	1:21.08	L	F	Danieka Bekker	17	ETTN EKU	28/01/2022 EGA Last Chance Gala
77	1:21.20	L	F	Yasmin De Goede	17	MAC EKU	02/10/2021 EGA Summer 2
78	1:21.81	L	F	Jaruschka Williams	17	PSC TSH	22/10/2021 NTS October Level 1-3 Age Group
79	1:22.26	L	F	Sibongumusa Khumalo	17	SEAL UMD	03/12/2021 WSC & Seals Summer LC Champs 20
80	1:22.47	L	P	Anneke van Eeden	17	HREF BPD	08/12/2021 NWS Championships 2020/2021
81	1:22.60	L	F	Kimberley Lewis	17	PSCP UMD	30/10/2021 CANA Virtual Swimming Championshipj
82	1:22.64	L	F	Abigail Van Niekerk	17	EAGA CCD	06/11/2021 Limpopo Age Group 5
83*	1:22.67	L	P	Amy Van de Putte	17	WSTV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
83*	1:22.67	L	P	Megan Africa	17	AQDO CPT	28/05/2021 Grand Prix No 4 Durban May 2021
85	1:22.81	L	P	Autumn Knight	17	AA JHB	18/03/2022 SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
86	1:22.83	L S	F	Zarah Abrahams	17	SSISA CPT	30/10/2021 CANA Virtual Swimming Championship
87	1:22.85	L	F	Cameron Gilbert	17	UPSK	08/12/2021 Champs 2021
88	1:23.17	L	P	Tumelo Thelejane	17	OLDE JHB	18/03/2022 SA Level 3 Regional Age Group Cham
89	1:23.31	L	F	Joanica Kriegler	17	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
90	1:24.06	L	F	Suné van Zyl	17	HREF BPD	28/01/2022 NTS February Age Group 15 & Over
91	1:24.29	L	P	Rachel O' Grady	17	DRGN EKU	18/03/2022 SA Level 3 Regional Age Group Chan
92	1:24.77	L	F	Jana-Mari Nel	17	UPSK	06/11/2021 Upington Age Group 2
93	1:25.09	L	F	Francine Slaughter	17	POTC KKD	08/12/2021 NWS Championships 2020/2021
94	1:25.69	L	P	Layla Rothuysen	17	TYGE CPT	17/03/2022 SA Level 3 Regional Age Group Chan
95	1:26.01	L	F	Mia Huggett	17	FISH EDD	08/10/2021 40th Freda Barnard Invitational Gala
96	1:26.36	L	P	Jessica Lazarou	17	AWSC JHB	18/03/2022 SA Level 3 Regional Age Group Chan
97	1:26.37	L	P	Cheney Le Roux	17	KTS	17/03/2022 SA Level 3 Regional Age Group Chan
98	1:26.97	L	F	Kaylyn Williams	17	TUKS FSH	08/10/2021 NTS October Combined Age Group
99	1:27.76	L	F	Luka Visagie	17	BLSS MAN	02/10/2021 Frank Gray Memorial Championships :
100	1:27.96	L	P	Caitlin Tobin	17	TYGE CPT	22/03/2022 SA Level 2 Regional Age Group Chan
101	1:28.11	L	P	Shauna Craddock	17	OLDE JHB	18/03/2022 SA Level 3 Regional Age Group Chan
102	1:28.40	L	F	Christina Steenekamp	17	TUKS FSH	22/10/2021 NTS October Level 1-3 Age Group
103	1:29.48	L	P	Megan Adams	17	SOUL EKU	09/12/2021 EGA Summer Champs 2021
104	1:29.76	L	P	Ayabonga Makhaluza	17	FSS FS	26/03/2022 SA Schools Swimming Championship
105	1:30.09	L	F	Jeska Tiersma	17	TKS WBD	12/02/2022 Limpopo Champs
106	1:30.31	L	F	Jancke Potgieter	17	FISH EDD	30/10/2021 CANA Virtual Swimming Championship
107	1:30.34	L	F	Corlia Van Zyl	17	UPSK	08/12/2021 Champs 2021
108	1:30.44	L	F	Amelia Booth	17	SS MPD	12/02/2022 Limpopo Champs
109	1:30.74	L	P	Enrika Lubbe	17	WSS FDD	08/12/2021 Free State Champs 2021
110	1:31.18	L	P	Surélma Greeff	17	HARB BPD	08/12/2021 NWS Championships 2020/2021
111	1:31.45	L	P	Jesse Tribe	17	TCA EKU	11/03/2022 SA Level 2 Regional Age Group Cham
112	1:32.24	L	F	Elizabeth Slaughter	17	POTC KKD	16/10/2021 NWS Age Group 1&2
113	1:32.84	L	P	Kay-Lee Hall	17	WELA FDD	08/12/2021 Free State Champs 2021
114	1:33.09	L	F	Camille Loriston	17	CUHE OBD	08/10/2021 40th Freda Barnard Invitational Gala
115	1:34.45	L	F	Jessica Lockyear	17	KALA	08/12/2021 Champs 2021
116	1:34.95	L	F	Courtney Badenhorst	17	MARL CPT	08/10/2021 40th Freda Barnard Invitational Gala
117	1:37.16	L	F	Catharina De Beer	LR	PSA ZLD	20/11/2021 KCDA November Age Group Gala 202
118	1:37.65	L	P	Christine Harrison	17	AWSC JHB	11/03/2022 SA Level 2 Regional Age Group Cham
119	1:37.95	L	F	Isabel Schoeman	17	WBSK WBD	12/02/2022 Limpopo Champs
120	1:39.06	L	F	Yolandi Du Plooy	17	BLSS MAN	02/10/2021 Frank Gray Memorial Championships :
121	1:39.37	L	P	Cameron Butler	17	SUPE JHB	18/03/2022 SA Level 3 Regional Age Group Chan
122	1:40.00	L S	F	Jodie Williams	17	SSISA CPT	30/10/2021 CANA Virtual Swimming Championship
123	1:40.35	L	F	Lisa Terblanche	17	CUHE OBD	08/10/2021 40th Freda Barnard Invitational Gala
124	1:40.43	L	F	Megan Daniel	17	SASOL FDD	16/10/2021 NWS Age Group 1&2
125	1:43.03	L	F	Erin Carter	17	EVO CPT	12/11/2021 Swartland Invitational Gala 2021
126	1:53.86	L	F	Abigajil Wilson	17	EXA EZD	03/12/2021 Mpumalanga Championships 2021
127	1:58.64	L	F	Ketso Mohapi	17	COSM JHB	06/03/2022 SSA Regional Level 1 Championships
128	1:59.38	L	F	Nhlamulo Mashimbye	17	SOSH FSH	10/12/2021 2021 The Tshwane Mayoral Gala
129	2:07.40	L	F	Margo Marx	17	EXA EZD	03/12/2021 Mpumalanga Championships 2021
130	2:28.95	L	F	Lesego Mela	17	ONYX EKU	28/01/2022 EGA Last Chance Gala
Women 17-17 200 Back							
1	2:18.43	L	F	Bernelee Doster	17	ESP EKU	28/05/2021 Grand Prix No 4 Durban May 2021
2	2:21.32	L	F	Dakota Tucker	17	WATR JHB	28/05/2021 Grand Prix No 4 Durban May 2021
3	2:21.51	L	F	Tayla Jonker	17	AGC FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
4	2:21.65	L	F	Kayla Schmelzer	17	ECA NMA	06/04/2022 SA National Aquatic SNR-JNR Champ
5	2:21.95	L	F	Emma Kuhn	17	VINE CPT	28/05/2021 Grand Prix No 4 Durban May 2021
6	2:23.58	L S	F	Chazél Orton	17	POTC KKD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
7	2:27.11	L	F	Tara Uys	17	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
8	2:27.28	L	P	Emma Carmody	17	SGUL ETH	28/05/2021 Grand Prix No 4 Durban May 2021
9	2:31.14	L	P	Ambrin Pienaar	17	ACSA ETH	28/05/2021 Grand Prix No 4 Durban May 2021
10	2:31.92	L	F	Catherine Van Rensburg	17	TUKS FSH	05/11/2021 NTS Prestige Gala 2021
11	2:32.13	L	F	Kirsten Engelbrecht	17	WATR JHB	07/12/2021 Western Cape LC-A Championship 20
12	2:32.57	L	F	Lise Coetzee	17	TUKS FSH	24/09/2021 NTS Age Group September SANJ+
13	2:33.33	L	F	Hannah Robertson	17	JMDOL JHB	28/01/2022 EGA Last Chance Gala

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
14	2:33.66	L S	F	Emma Michell	17	LALE	GED	29/03/2022 SA Regional SNR & JNR Champs WC
15	2:33.80	L S	F	Anieke Helmand	AR	BLOT	MAN	30/03/2022 SA Regional Aquatic JNR-Senior Cha
16	2:34.19	L	P	Lezanne De Villiers	17	WCA	CPT	26/03/2022 SA Schools Swimming Championship
17	2:34.68	L S	F	Elani Van Rooyen	17	WATR	JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
18	2:36.47	L	F	Klaudia Schmidt	17	CLSC	WCD	07/12/2021 Western Cape LC-A Championship 20
19	2:37.71	L	F	Cassady Krzychkiewicz	17	ELEC	JHB	03/12/2021 CGA LC Summer Champs - Level3+
20	2:38.64	L	F	Caylin Gous	17	FAAC	FB	08/12/2021 Champs 2021
21	2:39.44	L S	F	Amori Potgieter	17	POTC	KKD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
22	2:39.56	L	F	Amani Ismail	17	GAUT		26/03/2022 SA Schools Swimming Championship
23	2:40.25	L	P	Bianca Landman	17	AA	JHB	03/12/2021 CGA LC Summer Champs - Level3+
24	2:40.49	L	P	Abigail Morelli	17	MDOL	EKU	09/12/2021 EGA Summer Champs 2021
25	2:40.67	L S	P	Erin Buffey	17	CA	EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
26	2:40.97	L	F	Charlize Pieterse	17	TUKS	FSH	15/12/2021 NTS Championships 2021
27	2:41.07	L	F	Chloe Ehlers	17	FAAC	FB	08/12/2021 Champs 2021
28	2:42.20	L	F	Charnan Beyers	17	TUKS	FSH	08/10/2021 NTS October Combined Age Group
29	2:43.29	L	F	Anandi Botha	17	BLNE	MAN	28/10/2021 Neptune Prestige Gala
30	2:44.42	L S	P	Erin Sherwood	17	PER	JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
31	2:44.63	L	F	Kerryn Benade	17	SSISA	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
32	2:45.66	L	F	Erin Haslehurst	17	UNIQ	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
33	2:45.74	L	F	Mia Langenhoven	17	WSS	FDD	25/02/2022 Gauteng Schools Championships 202
34	2:45.98	L	P	Caitlin De Beer	17	MDOL	EKU	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
35	2:46.54	L	F	Donia Smit	17	SS	MPD	18/03/2022 SA Level 3 Regional Age Group Chan
36	2:46.65	L	F	Gabriella de Beer	17	NWAS		02/10/2021 Frank Gray Memorial Championships ;
37	2:47.36	L	P	Kelsey Chiang	17	CYBE	CPT	07/12/2021 Western Cape LC-A Championship 20
38	2:48.43	L	F	Simei Bekker	17	KLOO	ETH	02/10/2021 Frank Gray Memorial Championships ;
39	2:48.97	L	F	Cherise Swartz	17	ACAO	CCD	12/02/2022 Limpopo Champs
40	2:49.50	L	F	Kate Tinley	17	ROA	EDD	17/03/2022 SA Level 3 Regional Age Group Chan
41	2:49.98	L	P	Megan Bulose	17	QUIC	CPT	07/12/2021 Western Cape LC-A Championship 20
42	2:50.59	L	F	Mañana Du Toit	17	AFIN	JHB	22/10/2021 NTS October Level 1-3 Age Group
43	2:50.94	L	F	Daniella September	17	KNYA	EDD	08/10/2021 40th Freda Barnard Invitational Gala
44	2:51.92	L	F	Megan Wolvaardt	17	ELRAS	WBD	16/10/2021 Limpopo Age Group 4
45	2:53.16	L S	F	Caitlyn Ribeiro	17	VINE	CPT	30/10/2021 CANA Virtual Swimming Championship
46	2:53.25	L	F	Antionette Malherbe	17	SWAR	WCD	12/11/2021 Swartland Invitational Gala 2021
47	2:53.67	L	F	Aimee Langenhoven	17	AACTA	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
48	2:54.16	L	F	Tumelo Thelejane	17	OLDE	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
49	2:54.65	L	F	Kara Cilliers	17	QSAW	GED	16/10/2021 Winelands SL 3
50	2:54.88	L	F	Aimee Nickless	17	CA	EKU	12/11/2021 EGA Summer 4
51	2:56.18	L	F	Santana Van Der Zandt	17	SOUL	EKU	18/03/2022 SA Level 3 Regional Age Group Chan
52	2:56.23	L	P	Jenna Renecke	17	VINE	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
53	2:56.46	L	F	Jessica Longmore	17	PSCP	UMD	03/12/2021 WSC & Seals Summer LC Champs 20
54	2:57.62	L	P	Zaria Fourie	17	TKS	WBD	18/03/2022 SA Level 3 Regional Age Group Chan
55	2:58.06	L	P	Amy Van de Putte	17	WSTV	ETH	17/03/2022 SA Level 3 Regional Age Group Chan
56*	2:59.66	L	F	Jessica Lazarou	17	AWSC	JHB	03/12/2021 CGA LC Summer Champs - Level 2
56*	2:59.66	L	P	Joanica Kriegler	17	CUDU	CPT	07/12/2021 Western Cape LC-A Championship 20
58	2:59.78	L S	F	Johlize Vorster	17	WSS	FDD	08/12/2021 Free State Champs 2021
59	3:00.02	L	F	Danika Bekker	17	ETTN	EKU	12/11/2021 EGA Summer 4
60	3:00.53	L	F	Sibongumusa Khumalo	17	SEAL	UMD	17/03/2022 SA Level 3 Regional Age Group Chan
61	3:00.70	L	P	Emma Smythe	17	DDA	FSH	18/03/2022 SA Level 3 Regional Age Group Chan
62	3:02.28	L	F	Cameron Gilbert	17	UPSK		08/12/2021 Champs 2021
63	3:02.39	L	F	Caitlin Viljoen	17	RBUR	BPD	16/10/2021 NWS Age Group 1&2
64	3:02.92	L	F	Suné van Zyl	17	HREF	BPD	16/10/2021 NWS Age Group 1&2
65	3:03.19	L	F	Cheney Le Roux	17	KTS		21/01/2022 Flamingo Gala 2022
66	3:08.80	L	F	Jesse Tribe	17	TCA	EKU	11/03/2022 SA Level 2 Regional Age Group Cham
67	3:09.79	L	F	Jana-Mari Nel	17	UPSK		08/12/2021 Champs 2021
68	3:13.33	L S	P	Enrika Lubbe	17	WSS	FDD	08/12/2021 Free State Champs 2021
69	3:15.45	L	F	Kimberley Lewis	17	PSCP	UMD	03/12/2021 WSC & Seals Summer LC Champs 20
70	3:20.83	L	F	Amelia Booth	17	SS	MPD	11/03/2022 SA Level 2 Regional Age Group Cham
71	3:25.75	L	F	Jessica Lockyear	17	KALA		08/12/2021 Champs 2021
72	3:29.01	L	F	Corlia Van Zyl	17	UPSK		05/02/2022 NCASA Sprints Gala 2022

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
73	3:36.24 L	F	Jodie Williams	17	SSISA CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
74	4:13.45 L	F	Abigajil Wilson	17	EXA EZD	03/12/2021	Mpumalanga Championships 2021
75	4:30.52 L	F	Margo Marx	17	EXA EZD	03/12/2021	Mpumalanga Championships 2021
Women 17-17 50 Breast							
1	32.85 L	F	Simone Moll	17	GAUT	26/03/2022	SA Schools Swimming Championship
2	33.96 L S	F	Catherine Van Rensburg	17	TUKS FSH	15/12/2021	NTS Championships 2021
3	34.72 L	F	Savannah Voigt	17	SAAW CPT	07/12/2021	Western Cape LC-A Championship 20
4	34.75 L	F	Emma Kuhn	17	VINE CPT	07/12/2021	Western Cape LC-A Championship 20
5*	34.82 L	F	Jolene Cornelius	17	TUKS FSH	05/11/2021	NTS Prestige Gala 2021
5*	34.82 L	F	Maxine Boyce	17	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
7	35.36 L	P	Imke Koch	17	LALE CED	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
8	35.78 L	P	Tumaini Macdonell	17	USC BUF	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
9	35.88 L	F	Yasmin De Goede	17	OLDE JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
10	35.90 L	F	Elna Malan	17	STELL RMD	17/03/2022	SA Level 3 Regional Age Group Chan
11	36.03 L	P	Cailey Sauvage	17	PAC FSH	28/05/2021	Grand Prix No 4 Durban May 2021
12	36.09 L	F	Kayla Schmelzer	17	INFA NMA	16/10/2021	1st A League Gala 2021
13	36.12 L	P	Megan Cronje	17	WATR JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
14	36.15 L	F	Lisa Kleyn	17	TUKS FSH	05/11/2021	NTS Prestige Gala 2021
15	36.19 L	F	Simej Bekker	17	KLOO ETH	02/10/2021	Frank Gray Memorial Championships ;
16	36.23 L	F	Stephanie Baigrie	17	PER JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
17	36.30 L	F	Alex Truter	17	BEAV ETH	30/03/2022	SA Regional Aquatic JNR-Senior Cha
18	36.40 L	F	Rebekah Haschick	17	BCA BUF	15/01/2022	EDEN INTER DISTRICT PRESTIGE 2
19	36.46 L	F	Anieke Helmand	AR	BLOT MAN	30/03/2022	SA Regional Aquatic JNR-Senior Cha
20	36.93 L	F	Bernelee Doster	17	JMDOL JHB	12/11/2021	EGA Summer 4
21*	37.02 L	F	Gemma Ferguson	17	UNI EZD	03/12/2021	Mpumalanga Championships 2021
21*	37.02 L	F	Gabriella Benjamin	17	KZNS ET	26/03/2022	SA Schools Swimming Championship
23	37.06 L	F	Chazél Orton	17	POTC KKD	08/12/2021	NWS Championships 2020/2021
24	37.63 L	F	Jessica Clarke	17	BEST NMA	10/12/2021	NMBA Championships 2021
25	37.69 L	F	Leah Christie	17	GSA CPT	29/03/2022	SA Regional SNR & JNR Champs WC
26	37.79 L	F	Kiara Bester	17	TUKS FSH	18/02/2022	NTS Combined February Age Group C
27	37.88 L	P	Lezanne De Villiers	17	WCA CPT	26/03/2022	SA Schools Swimming Championship
28	38.12 L	F	Jordyn Buffel	17	GAUT	26/03/2022	SA Schools Swimming Championship
29	38.32 L	F	Caylin Gous	17	FAAC FB	08/12/2021	Champs 2021
30	38.39 L	F	Kelly Stuart	17	CTA CPT	15/01/2022	EDEN INTER DISTRICT PRESTIGE 2
31	38.45 L	P	Elizabeth Joubert	BR	BLOT MAN	08/12/2021	Free State Champs 2021
32	38.48 L	F	Ambrin Pienaar	17	ACSA ETH	29/01/2022	EDA Age Group Gala 4
33	38.49 L	F	Zoe Richards	17	VRY ZLD	04/12/2021	Stingrays Swim Club Championships 2
34	38.58 L	P	Amber Fourie	17	CRSC JHB	03/12/2021	CGA LC Summer Champs - Level3+
35	38.61 L	F	Kara Cilliers	17	QSAW CED	29/03/2022	SA Regional SNR & JNR Champs WC
36	38.67 L	F	Gabriella de Beer	17	NWAS	02/10/2021	Frank Gray Memorial Championships ;
37	38.71 L	F	Jordyn Dean	17	CA EKU	09/12/2021	EGA Summer Champs 2021
38	38.82 L	F	Anneke van Eeden	17	HREF BPD	08/12/2021	NWS Championships 2020/2021
39	38.84 L	P	Ashleè Pretorius	17	ROA EDD	07/12/2021	Western Cape LC-A Championship 20
40	38.92 L	F	Haylee Vd Merwe	17	QUIC CPT	07/12/2021	Western Cape LC-A Championship 20
41	38.94 L	F	Ashley Henegan	17	RAV EKU	28/01/2022	EGA Last Chance Gala
42	39.16 L	F	Sofia Goedhart	17	PEAS NMA	16/10/2021	1st A League Gala 2021
43	39.17 L	F	Amori Potgieter	17	POTC KKD	08/12/2021	NWS Championships 2020/2021
44	39.27 L	F	Jancke Potgieter	17	FISH EDD	08/10/2021	40th Freda Barnard Invitational Gala
45	39.63 L	F	Caitlin Viljoen	17	RBUR BPD	17/03/2022	SA Level 3 Regional Age Group Chan
46	39.64 L	F	Emma Gardiner	17	CA EKU	09/12/2021	EGA Summer Champs 2021
47	39.67 L	F	Tayla-Paige Lacey	17	INFA NMA	16/10/2021	1st A League Gala 2021
48	39.74 L	F	Megan Bulose	17	QUIC CPT	07/12/2021	Western Cape LC-A Championship 20
49	39.77 L	F	Charnan Beyers	17	TUKS FSH	28/01/2022	NTS February Age Group 15 & Over
50	40.28 L	P	Anika Rossouw	17	POTC KKD	08/12/2021	NWS Championships 2020/2021
51	40.38 L	P	Luka Visagie	17	BLSS MAN	08/12/2021	Free State Champs 2021
52	40.49 L	F	Cameron Butler	17	SUPE JHB	18/03/2022	SA Level 3 Regional Age Group Chan
53	40.74 L	P	Erin Sherwood	17	PER JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
54	40.82 L	P	Jessica Vorster	17	SWAR WCD	17/03/2022	SA Level 3 Regional Age Group Chan
55	41.15 L	F	Israa Weeder	17	MARL CPT	12/11/2021	Swartland Invitational Gala 2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
56	41.27 L	F	Courtney Badenhorst	17	MARL CPT	30/10/2021	CANA Virtual Swimming Championship
57	41.31 L	F	Zara Kleinhans	17	AQDO CPT	08/10/2021	40th Freda Barnard Invitational Gala
58	41.54 L	F	Mele' Erlank	LR	PSA ZLD	20/11/2021	KCDA November Age Group Gala 202
59	41.56 L	F	Cameron Gilbert	17	UPSK	08/12/2021	Champs 2021
60	41.81 L	F	Jessica Lockyear	17	KALA	08/12/2021	Champs 2021
61	41.84 L	F	Emmerentia Botha	17	TKS WBD	12/02/2022	Limpopo Champs
62	42.01 L	P	Megan Adams	17	SOUL EKU	09/12/2021	EGA Summer Champs 2021
63	42.02 L	F	Erin Haslehurst	17	UNIQ JHB	18/02/2022	EGA Lets Race 2022
64	42.26 L	F	Danieka Bekker	17	ETTN EKU	18/09/2021	EGA Summer 1
65	42.27 L	F	Yvonne Botha	17	SS MPD	12/02/2022	Limpopo Champs
66	42.44 L	F	Caitlin De Beer	17	MDOL EKU	28/01/2022	EGA Last Chance Gala
67	42.56 L	F	Jana-Mari Nel	17	UPSK	21/01/2022	Flamingo Gala 2022
68	42.72 L	P	Alisha Stanfley	17	FAAC FB	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
69	42.98 L	F	Caitlyn Ribeiro	17	VINE CPT	30/10/2021	CANA Virtual Swimming Championship
70	43.08 L	F	Daniel Verster	17	WBSK WBD	06/11/2021	Limpopo Age Group 5
71	43.11 L	F	Yolandi Du Plooy	17	BLSS MAN	02/10/2021	Frank Gray Memorial Championships :
72	43.28 L	F	Catharina De Beer	LR	PSA ZLD	05/03/2022	KCDA Level 2 Champs 2022
73	43.30 L	P	Joanica Kriegler	17	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
74	43.36 L	F	Zaria Fourie	17	TKS WBD	12/02/2022	Limpopo Champs
75	43.39 L	F	Johlize Vorster	17	WSS FDD	08/12/2021	Free State Champs 2021
76	43.61 L	F	Shreya Govender	17	SGUL ETH	17/12/2021	2021 KZNA Premier Provincial Champ
77	43.66 L	F	Kiannah Clarke	17	RFA TSH	14/01/2022	NTS January 2022 Combined Age Grc
78	44.14 L S	P	Ayanda Tshabalala	17	DDA TSH	15/12/2021	NTS Championships 2021
79	44.17 L	P	Surëlma Greeff	17	HARB BPD	22/03/2022	SA Level 2 Regional Age Group Cham
80	44.20 L	F	Sibongumusa Khumalo	17	SEAL UMD	03/12/2021	WSC & Seals Summer LC Champs 20
81	44.50 L	P	Elizabeth Slaughter	17	POTC KKD	08/12/2021	NWS Championships 2020/2021
82	44.51 L	F	Camille Loriston	17	CUHE QBD	22/03/2022	SA Level 2 Regional Age Group Chan
83	44.56 L	F	Anandi Botha	17	BLNE MAN	28/10/2021	Neptune Prestige Gala
84	44.65 L	F	Anastasia Sommer	17	HPHS BUF	19/02/2022	EC Provincial Schools Gala
85	44.77 L	F	Mañana Du Toit	17	AFIN JHB	22/10/2021	NTS October Level 1-3 Age Group
86	44.87 L	F	Nialize Cronje	17	BULS MAN	25/02/2022	Neptune last chance gala
87	45.18 L	F	Jessica Lazarou	17	AWSC JHB	18/03/2022	SA Level 3 Regional Age Group Chan
88	45.29 L	F	Corlia Van Zyl	17	UPSK	03/09/2021	Mangaung Winter Champs
89	45.30 L	F	Megan Daniel	17	SASOL FDD	16/10/2021	NWS Age Group 1&2
90	45.52 L	F	Cheney Le Roux	17	KTS	08/12/2021	Champs 2021
91	45.66 L	F	Amelia Booth	17	SS MPD	11/03/2022	SA Level 2 Regional Age Group Cham
92*	46.27 L	F	Caitlin Tobin	17	TYGE CPT	22/03/2022	SA Level 2 Regional Age Group Chan
92*	46.27 L	F	Jeska Tiersma	17	TKS WBD	12/02/2022	Limpopo Champs
94	46.34 L	P	Francine Slaughter	17	POTC KKD	08/12/2021	NWS Championships 2020/2021
95	46.70 L	F	Aphiwe Mdluli	17	PSCP UMD	11/03/2022	SA Level 2 Regional Age Group Chan
96	46.83 L	F	Abigail Van Niekerk	17	EAGA CCD	12/02/2022	Limpopo Champs
97	47.01 L	P	Thea Moodley	17	MDOL EKU	09/12/2021	EGA Summer Champs 2021
98	47.05 L	F	Cherna' Fouche	17	BETH FDD	28/10/2021	Neptune Prestige Gala
99	47.49 L	F	Sienna Pellizzon	17	VICT EKU	12/11/2021	EGA Summer 4
100	47.91 L	F	Emma Smythe	17	DDA TSH	17/09/2021	NTS Age group September Level 2+3
101	48.51 L	F	Teagan Moore	17	NWUC KKD	16/10/2021	NWS Age Group 1&2
102	48.62 L	P	Iona Neethling	17	WOAQ CED	22/03/2022	SA Level 2 Regional Age Group Chan
103	48.76 L	F	Kiersten Pause	17	XSAQ CPT	30/10/2021	CANA Virtual Swimming Championship
104	49.18 L	F	Jesse Tribe	17	TCA EKU	28/01/2022	EGA Last Chance Gala
105	49.52 L	F	Enrika Lubbe	17	WSS FDD	02/10/2021	Frank Gray Memorial Championships :
106	50.75 L	F	Famke Zeeman	17	MANT CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
107	51.60 L	P	Christine Harrison	17	AWSC JHB	11/03/2022	SA Level 2 Regional Age Group Cham
108	52.40 L	F	Erin Carter	17	EVO CPT	12/11/2021	Swartland Invitational Gala 2021
109	53.08 L	F	Ketso Mohapi	17	COSM JHB	06/03/2022	SSA Regional Level 1 Championships
110	53.11 L	F	Natalia Minichiello	17	FSE UHD	29/01/2022	Frog n' Fish Sprints 2022
111	54.59 L	F	Nhlamulo Mashimbye	17	SOSH TSH	17/10/2021	2021 AG Swim Stars Champs & OR Tz
112	55.03 L	F	Minke Janse Van Rensburg	17	FISH EDD	12/02/2022	EDEN 5th A-League Gala 2022
113	55.57 L	F	Aaliyah Desai	17	IND MP	21/01/2022	MP AGE GROUP 4 GALA 21 - 22 JAN
114	57.32 L	F	Thatago Pie	17	PEAS NMA	16/10/2021	1st A League Gala 2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
115	59.92 L	F	Jodie Williams	17	SSISA CPT	04/12/2021	CTA Qualifying Meet
116	1:26.87 L	F	Lesego Mela	17	ONYX ECU	06/03/2022	SSA Regional Level 1 Championships
117	1:41.50 L	F	Kristi Kroon	17	CSA EZD	05/03/2022	SSA LEVEL 1 PROVINCIAL SWIM 20
Women 17-17 100 Breast							
1	1:12.76 L	F	Catherine Van Rensburg	17	RSA	11/10/2021	14th Africa Junior Swimming Champio
2	1:13.17 L	P	Simone Moll	17	VICT ECU	28/05/2021	Grand Prix No 4 Durban May 2021
3	1:14.86 L	F	Emma Kuhn	17	VINE CPT	28/05/2021	Grand Prix No 4 Durban May 2021
4	1:16.34 L	F	Savannah Voigt	17	SAAW CPT	07/12/2021	Western Cape LC-A Championship 20
5	1:16.38 L	P	Dakota Tucker	17	WATR JHB	07/12/2021	Western Cape LC-A Championship 20
6	1:17.09 L	F	Cailey Sauvage	17	PAC FSH	28/05/2021	Grand Prix No 4 Durban May 2021
7	1:17.29 L	F	Maxine Boyce	17	TUKS FSH	05/11/2021	NTS Prestige Gala 2021
8	1:17.30 L	F	Yasmin De Goede	17	OLDE JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
9	1:17.88 L	P	Imke Koch	17	LALE CED	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
10	1:18.75 L	P	Jolene Cornelius	17	TUKS FSH	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
11	1:18.88 L	F	Lisa Kleyn	17	TUKS FSH	15/12/2021	NTS Championships 2021
12	1:19.14 L	F	Luchelle Oosthuizen	AR	BLOT MAN	08/12/2021	Free State Champs 2021
13	1:19.50 L	P	Megan Cronje	17	WATR JHB	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
14	1:19.78 L	P	Simeji Bekker	17	KLOO ETH	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
15	1:20.11 L	F	Alex Truter	17	BEAV ETH	30/03/2022	SA Regional Aquatic JNR-Senior Cha
16	1:20.27 L	F	Jessica Clarke	17	BEST NMA	12/11/2021	PEA Winter Gala Take 2
17	1:20.29 L	F	Rebekah Haschick	17	BCA BUF	15/01/2022	EDEN INTER DISTRICT PRESTIGE 2
18	1:20.47 L	F	Leah Christie	17	GSA CPT	07/12/2021	Western Cape LC-A Championship 20
19	1:21.25 L	F	Stephanie Baigrie	17	WSS FDD	25/02/2022	Gauteng Schools Championships 202
20	1:22.17 L	F	Anieke Helmand	AR	BLOT MAN	30/03/2022	SA Regional Aquatic JNR-Senior Cha
21	1:22.35 L	F	Caylin Gous	17	FAAC FB	08/12/2021	Champs 2021
22	1:22.56 L	F	Kelly Stuart	17	INFA NMA	12/11/2021	PEA Winter Gala Take 2
23	1:22.81 L	F	Chazél Orton	17	POTC KKD	08/12/2021	NWS Championships 2020/2021
24	1:23.31 L	P	Anneke van Eeden	17	HREF BPD	08/12/2021	NWS Championships 2020/2021
25	1:23.78 L	F	Gabriella de Beer	17	MATL KKD	30/03/2022	SA Regional Aquatic JNR-Senior Cha
26	1:23.99 L	F	Kara Cilliers	17	QSAW CED	29/03/2022	SA Regional SNR & JNR Champs WC
27	1:24.12 L	F	Haylee Vd Merwe	17	QUIC CPT	07/12/2021	Western Cape LC-A Championship 20
28	1:24.16 L	F	Jordyn Buffel	17	GAUT	26/03/2022	SA Schools Swimming Championship
29	1:24.55 L	F	Ashleè Pretorius	17	SSISA CPT	29/03/2022	SA Regional SNR & JNR Champs WC
30	1:24.76 L	F	Kiara Bester	17	TUKS FSH	18/02/2022	NTS Combined February Age Group C
31	1:24.86 L	F	Candice Clifton-Smith	17	SGUL ETH	30/10/2021	CANA Virtual Swimming Championship
32	1:25.53 L	F	Gabriella Benjamin	17	SEAL UMD	29/01/2022	EDA Age Group Gala 4
33	1:26.78 L	F	Gemma Ferguson	17	UNI EZD	18/03/2022	SA Level 3 Regional Age Group Chan
34	1:27.19 L	F	Emma Gardiner	17	CA ECU	09/12/2021	EGA Summer Champs 2021
35	1:27.40 L	F	Joy-Mari Boyce	17	TUKS FSH	22/10/2021	NTS October Level 1-3 Age Group
36	1:27.44 L	F	Zoe Richards	17	PTY ZLD	04/12/2021	Stingrays Swim Club Championships 2
37	1:28.13 L	P	Amori Potgieter	17	POTC KKD	30/03/2022	SA Regional Aquatic JNR-Senior Cha
38	1:28.15 L	F	Elna Malan	17	STELL RMD	17/03/2022	SA Level 3 Regional Age Group Chan
39	1:28.51 L	F	Anika Rossouw	17	POTC KKD	08/12/2021	NWS Championships 2020/2021
40	1:28.68 L	P	Megan Adams	17	SOUL ECU	18/03/2022	SA Level 3 Regional Age Group Chan
41	1:28.99 L	F	Elizabeth Joubert	BR	BLOT MAN	08/12/2021	Free State Champs 2021
42	1:29.37 L	F	Anina Groenewald	17	BLNE MAN	23/10/2021	Otters Prestige Gala 2021
43	1:29.43 L	F	Megan Bulose	17	QUIC CPT	17/03/2022	SA Level 3 Regional Age Group Chan
44	1:29.47 L	F	Luka Visagie	17	BLSS MAN	08/12/2021	Free State Champs 2021
45	1:30.19 L	F	Caitlin Viljoen	17	RBUR BPD	16/10/2021	NWS Age Group 1&2
46	1:30.39 L	P	Amber Fourie	17	CRSC JHB	18/03/2022	SA Level 3 Regional Age Group Chan
47	1:30.45 L	F	Zara Kleinhans	17	AQDO CPT	08/10/2021	40th Freda Barnard Invitational Gala
48	1:30.77 L	F	Charnan Beyers	17	TUKS FSH	28/01/2022	NTS February Age Group 15 & Over
49*	1:30.86 L	P	Yvonne Botha	17	SS MPD	18/03/2022	SA Level 3 Regional Age Group Chan
49*	1:30.86 L	P	Jessica Vorster	17	SWAR WCD	17/03/2022	SA Level 3 Regional Age Group Chan
51	1:31.77 L	F	Aimee Nickless	17	CA ECU	18/03/2022	SA Level 3 Regional Age Group Chan
52	1:31.82 L	F	Israa Weeder	17	MARL CPT	12/11/2021	Swartland Invitational Gala 2021
53	1:32.05 L	P	Jancke Potgieter	17	FISH EDD	17/03/2022	SA Level 3 Regional Age Group Chan
54	1:32.25 L	F	Mele' Erlank	LR	PSA ZLD	17/03/2022	SA Level 3 Regional Age Group Chan
55	1:32.56 L	F	Cameron Butler	17	SUPE JHB	18/03/2022	SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
56	1:32.62	L	F	Erin Haslehurst	17	UNIQ	JHB	18/02/2022	EGA Lets Race 2022
57	1:32.75	L	F	Courtney Badenhorst	17	MARL	CPT	17/03/2022	SA Level 3 Regional Age Group Chan
58	1:32.87	L	F	Yolandi Du Plooy	17	BLSS	MAN	08/10/2021	Super Seals Prestige Gala
59	1:33.02	L	F	Danieka Bekker	17	ETTN	EKU	02/10/2021	Frank Gray Memorial Championships :
60	1:33.84	L	F	Emmerentia Botha	17	TKS	WBD	12/02/2022	Limpopo Champs
61	1:34.69	L	F	Cameron Gilbert	17	UPSK		08/12/2021	Champs 2021
62	1:35.14	L	F	Jessica Lockyear	17	KALAH		19/02/2022	Age Group 6 & SA Schools Select - K&
63	1:35.98	L	F	Joanica Krieglner	17	WCA	CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
64	1:36.04	L	F	Jana-Mari Nel	17	UPSK		08/12/2021	Champs 2021
65	1:36.23	L	P	Johlize Vorster	17	WSS	FDD	08/12/2021	Free State Champs 2021
66	1:36.38	L	F	Shreya Govender	17	SGUL	ETH	29/01/2022	EDA Age Group Gala 4
67	1:36.46	L	F	Camille Loriston	17	CUHE	QBD	22/03/2022	SA Level 2 Regional Age Group Chan
68	1:36.50	L	F	Donia Smit	17	SS	MPD	06/11/2021	Limpopo Age Group 5
69	1:36.93	L	F	Catharina De Beer	LR	PSA	ZLD	11/12/2021	KCDA December 2021 Age Group Gal
70	1:36.94	L	F	Alisha Stanfley	17	FAAC	FB	21/01/2022	Flamingo Gala 2022
71	1:37.21	L	F	Suné van Zyl	17	HREF	BPD	16/10/2021	NWS Age Group 1&2
72	1:38.18	L	F	Surèlma Greeff	17	HARB	BPD	02/10/2021	Frank Gray Memorial Championships :
73	1:38.32	L	F	Cheney Le Roux	17	KTS		05/02/2022	NCASA Sprints Gala 2022
74	1:38.55	L	F	Megan Africa	17	MARL	CPT	17/03/2022	SA Level 3 Regional Age Group Chan
75	1:39.35	L	F	Zaria Fourie	17	TKS	WBD	16/10/2021	Limpopo Age Group 4
76	1:40.11	L	F	Anastasia Sommer	17	HPHS	BUF	19/02/2022	EC Provincial Schools Gala
77	1:41.38	L	F	Anandi Botha	17	BLNE	MAN	03/09/2021	Mangaung Winter Champs
78	1:41.51	L	F	Megan Daniel	17	SASOL	FDD	13/11/2021	NWS Age Group 3 2021/22
79	1:42.07	L	P	Jessica Lazarou	17	AWSC	JHB	18/03/2022	SA Level 3 Regional Age Group Chan
80	1:42.16	L	F	Zanté Beyers	17	TT	EKU	22/10/2021	EGA Summer 3
81	1:42.25	L	F	Antionette Malherbe	17	SWAR	WCD	29/01/2022	West Coast Qualify Gala 2022
82	1:43.01	L	F	Francine Slaughtner	17	POTC	KKD	16/10/2021	NWS Age Group 1&2
83	1:43.89	L	F	Cherna' Fouche	17	BETH	FDD	28/10/2021	Neptune Prestige Gala
84	1:44.03	L	F	Caitlin Tobin	17	TYGE	CPT	30/10/2021	CANA Virtual Swimming Championship
85	1:44.16	L	F	Shauna Craddock	17	OE	JHB	22/10/2021	EGA Summer 3
86	1:44.24	L	P	Ayanda Tshabalala	17	DDA	FSH	15/12/2021	NTS Championships 2021
87	1:44.46	L	P	Aphiwe Mdluli	17	PSCP	UMD	11/03/2022	SA Level 2 Regional Age Group Chan
88*	1:46.60	L	F	Jeska Tiersma	17	TKS	WBD	06/11/2021	Limpopo Age Group 5
88*	1:46.60	L	F	Corlia Van Zyl	17	UPSK		21/01/2022	Flamingo Gala 2022
90	1:47.55	L	F	Anja Nel	17	LALE	GED	13/11/2021	Winelands SL Final
91	1:47.87	L	F	Shannon Carr	17	MANT	CPT	22/03/2022	SA Level 2 Regional Age Group Chan
92	1:51.24	L	F	Enrika Lubbe	17	WSS	FDD	02/10/2021	Frank Gray Memorial Championships :
93	1:51.93	L	F	Kiersten Paulse	17	XSAQ	CPT	30/10/2021	CANA Virtual Swimming Championship
94	1:52.00	L	P	Christine Harrison	17	AWSC	JHB	11/03/2022	SA Level 2 Regional Age Group Cham
95	1:52.37	L	F	Tarien Kirsten	17	VRY	ZLD	11/12/2021	KCDA December 2021 Age Group Gal
96	1:56.75	L	F	Kay-Lee Hall	17	WELA	FDD	23/10/2021	Otters Prestige Gala 2021
97	1:59.07	L	F	Gabriella Nel	17	STAR	BPD	16/10/2021	NWS Age Group 1&2
98	2:25.39	L	F	Ketso Mohapi	17	COSM	JHB	06/03/2022	SSA Regional Level 1 Championships

Women 17-17 200 Breast

1	2:35.28	L	F	Catherine Van Rensburg	17	TUKS	FSH	28/05/2021	Grand Prix No 4 Durban May 2021
2	2:36.08	L	F	Dakota Tucker	17	WATR	JHB	28/05/2021	Grand Prix No 4 Durban May 2021
3	2:42.08	L	F	Cailey Sauvage	17	PAC	FSH	15/12/2021	NTS Championships 2021
4	2:45.44	L	F	Simone Moll	17	GAUT		26/03/2022	SA Schools Swimming Championship
5	2:46.63	L	F	Savannah Voigt	17	SAAW	CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
6	2:48.41	L	F	Luchelle Oosthuizen	17	FSS	FS	26/03/2022	SA Schools Swimming Championship
7	2:48.81	L	P	Emma Kuhn	17	VINE	CPT	06/05/2021	2021 Cana Grand Prix Swimming Stell
8	2:49.28	L	P	Imke Koch	17	LALE	GED	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
9	2:49.46	L	F	Maxine Boyce	17	TUKS	FSH	05/11/2021	NTS Prestige Gala 2021
10	2:50.42	L	F	Leah Christie	17	GSA	CPT	07/12/2021	Western Cape LC-A Championship 20
11	2:51.06	L	F	Lisa Kleyn	17	TUKS	FSH	18/02/2022	NTS Combined February Age Group C
12	2:51.33	L	F	Caylin Gous	17	FAAC	FB	08/12/2021	Champs 2021
13	2:52.77	L	F	Jessica Clarke	17	BEST	NMA	10/12/2021	NMBA Championships 2021
14	2:53.01	L	F	Sime Bekker	17	KLOO	ETH	03/12/2021	WSC & Seals Summer LC Champs 20
15	2:53.91	L S	P	Yasmin De Goede	17	OLDE	JHB	29/03/2022	SA Regional Aquatic Champs 2022- N

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
16	2:54.36	L S	F	Alex Truter	17	BEAV	ETH 30/03/2022 SA Regional Aquatic JNR-Senior Cha
17	2:54.94	L	F	Jolene Cornelius	17	TUKS	FSH 08/10/2021 NTS October Combined Age Group
18	2:57.32	L	P	Megan Cronje	17	WATR	JHB 18/02/2022 2022 Grand Prix 2 Invitational Meet Du
19	2:59.23	L S	F	Gabriella de Beer	17	MATL	KKD 30/03/2022 SA Regional Aquatic JNR-Senior Cha
20	2:59.72	L S	F	Chazél Orton	17	POTC	KKD 08/12/2021 NWS Championships 2020/2021
21	3:00.81	L	F	Joy-Mari Boyce	17	TUKS	FSH 18/03/2022 SA Level 3 Regional Age Group Chan
22	3:00.87	L	F	Stephanie Baigrie	17	WSS	FDD 25/02/2022 Gauteng Schools Championships 2021
23	3:00.91	L	F	Bernelee Doster	17	RSA	11/10/2021 14th Africa Junior Swimming Champio
24	3:04.07	L S	F	Ashleè Pretorius	17	SSISA	CPT 29/03/2022 SA Regional SNR & JNR Champs WC
25	3:04.17	L	P	Haylee Vd Merwe	17	QUIC	CPT 07/12/2021 Western Cape LC-A Championship 20
26	3:05.86	L S	P	Anneke van Eeden	17	HREF	BPD 08/12/2021 NWS Championships 2020/2021
27	3:07.35	L	F	Rebekah Haschick	17	VIKI	BUF 10/12/2021 BCA Long Course Championships 202
28	3:08.24	L	F	Megan Adams	17	SOUL	EKU 18/03/2022 SA Level 3 Regional Age Group Chan
29	3:08.41	L	F	Jordyn Buffel	17	AA	JHB 18/03/2022 SA Level 3 Regional Age Group Chan
30	3:08.87	L	F	Kara Cilliers	17	WCA	CPT 26/03/2022 SA Schools Swimming Championship
31	3:11.67	L S	F	Amori Potgieter	17	POTC	KKD 30/03/2022 SA Regional Aquatic JNR-Senior Cha
32	3:12.35	L	F	Gabriella Benjamin	17	SEAL	UMD 17/12/2021 2021 KZNA Premier Provincial Champ
33	3:12.61	L S	F	Anika Rossouw	17	POTC	KKD 08/12/2021 NWS Championships 2020/2021
34	3:12.89	L	F	Yvonne Botha	17	SS	MPD 18/03/2022 SA Level 3 Regional Age Group Chan
35	3:13.39	L	F	Danieka Bekker	17	ETTN	EKU 18/03/2022 SA Level 3 Regional Age Group Chan
36	3:16.42	L S	F	Luka Visagie	17	BLSS	MAN 08/12/2021 Free State Champs 2021
37	3:16.75	L	F	Donia Smit	17	SS	MPD 16/10/2021 Limpopo Age Group 4
38	3:18.00	L	F	Yolandi Du Plooy	17	BLSS	MAN 08/10/2021 Super Seals Prestige Gala
39	3:18.27	L	F	Aimee Nickless	17	CA	EKU 18/03/2022 SA Level 3 Regional Age Group Chan
40	3:19.01	L	P	Caitlin Viljoen	17	RBUR	BPD 03/12/2021 CGA LC Summer Champs - Level3+
41	3:19.55	L	F	Erin Haslehurst	17	UNIQ	JHB 03/12/2021 CGA LC Summer Champs - Level3+
42	3:20.41	L	F	Anina Groenewald	17	BLNE	MAN 03/09/2021 Mangaung Winter Champs
43	3:20.58	L	F	Jessica Lockyear	17	KALA	08/12/2021 Champs 2021
44	3:20.61	L	F	Jessica Vorster	17	SWAR	WCD 17/03/2022 SA Level 3 Regional Age Group Chan
45	3:22.78	L	F	Amber Fourie	17	CRSC	JHB 03/12/2021 CGA LC Summer Champs - Level3+
46	3:23.50	L	F	Camille Loriston	17	CUHE	QBD 22/03/2022 SA Level 2 Regional Age Group Chan
47	3:24.03	L	F	Jana-Mari Nel	17	UPSK	08/12/2021 Champs 2021
48	3:24.09	L	F	Megan Bulose	17	QUIC	CPT 17/03/2022 SA Level 3 Regional Age Group Chan
49	3:25.03	L S	F	Elizabeth Joubert	BR	BLOT	MAN 08/12/2021 Free State Champs 2021
50	3:25.74	L	F	Cameron Gilbert	17	UPSK	08/12/2021 Champs 2021
51	3:26.93	L	F	Mele' Erlank	LR	PSA	ZLD 04/12/2021 Stingrays Swim Club Championships 2
52	3:27.90	L	F	Jancke Potgieter	17	FISH	EDD 08/10/2021 40th Freda Barnard Invitational Gala
53	3:28.82	L	F	Emmerentia Botha	17	TKS	WBD 12/02/2022 Limpopo Champs
54	3:29.01	L	F	Courtney Badenhorst	17	MARL	CPT 30/10/2021 CANA Virtual Swimming Championship
55	3:32.05	L	F	Johlize Vorster	17	WSS	FDD 02/10/2021 Frank Gray Memorial Championships ;
56	3:32.51	L	F	Surèlma Greeff	17	HARB	BPD 02/10/2021 Frank Gray Memorial Championships ;
57	3:34.99	L	F	Jessica Lazarou	17	AWSC	JHB 03/12/2021 CGA LC Summer Champs - Level 2
58	3:35.54	L	F	Suné van Zyl	17	HREF	BPD 16/10/2021 NWS Age Group 1&2
59	3:39.69	L S	P	Elna Malan	17	STELL	RMD 08/12/2021 NWS Championships 2020/2021
60	3:42.89	L	F	Christine Harrison	17	AWSC	JHB 03/12/2021 CGA LC Summer Champs - Level 2
61	3:47.52	L S	F	Megan Daniel	17	SASOL	FDD 08/12/2021 Free State Champs 2021
62	3:48.39	L	F	Aphiwe Mdluli	17	PSCP	UMD 11/03/2022 SA Level 2 Regional Age Group Chan
63	3:54.52	L	F	Tarien Kirsten	17	VRY	ZLD 04/12/2021 Stingrays Swim Club Championships 2
64	3:56.13	L	F	Jeska Tiersma	17	TKS	WBD 12/02/2022 Limpopo Champs
65	3:58.46	L	F	Kiersten Paulse	17	XSAQ	CPT 06/11/2021 CTA Qualifying Meet 4 - Long Distance
66	4:24.68	L S	P	Gabriella Nel	17	STAR	BPD 08/12/2021 NWS Championships 2020/2021

Women 17-17 50 Fly

1	29.03	L	P	Emma Kuhn	17	WCA	CPT 06/04/2022 SA National Aquatic SNR-JNR Champ
2	29.23	L	F	Simone Moll	17	WSS	FDD 25/02/2022 Gauteng Schools Championships 2021
3	29.40	L	P	Emma Christianson	17	KZNA	ETH 06/04/2022 SA National Aquatic SNR-JNR Champ
4*	29.47	L	F	Luchelle Oosthuizen	AR	BLOT	MAN 08/12/2021 Free State Champs 2021
4*	29.47	L	F	Hannah Robertson	17	JMDOL	JHB 07/01/2022 2022 Grand Prix Invitation Swimming I
6	29.53	L	P	Kayla Schmelzer	17	ECA	NMA 06/04/2022 SA National Aquatic SNR-JNR Champ
7	29.87	L	F	Tayla Jonker	17	PSC	FSH 15/12/2021 NTS Championships 2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
8	30.25	L	P	Tumaini Macdonell	17	USC BUF	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
9	30.27	L	F	Ambrin Pienaar	17	ACSA ETH	17/12/2021	2021 KZNA Premier Provincial Champ
10	30.43	L	F	Kayla Gouws	17	TUKS FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
11	30.46	L	F	Jolene Cornelius	17	TUKS FSH	05/11/2021	NTS Prestige Gala 2021
12	30.50	L	P	Cailey Sauvage	17	PAC FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
13	30.51	L	F	Marnè Campbell	17	TYGE CPT	07/12/2021	Western Cape LC-A Championship 20
14	30.54	L	F	Lisa Kleyn	17	TUKS FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
15	30.61	L	F	Jenna Biddulph	17	PEAS NMA	12/11/2021	PEA Winter Gala Take 2
16	30.64	L	F	Ashley Henegan	17	RAV EKU	28/01/2022	EGA Last Chance Gala
17	30.68	L	P	Chloe Ehlers	17	FAAC FB	30/03/2022	SA Regional Aquatic JNR-Senior Cha
18	30.70	L	F	Lise Coetzee	17	TUKS FSH	28/01/2022	NTS February Age Group 15 & Over
19	30.73	L	F	Leigh McMorran	17	AA JHB	07/01/2022	2022 Grand Prix Invitation Swimming I
20*	30.82	L	P	Bernelee Doster	17	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
20*	30.82	L	F	Chazél Orton	17	POTC KKD	08/12/2021	NWS Championships 2020/2021
22	30.96	L	F	Corinna Meyer	17	PSC FSH	18/03/2022	SA Level 3 Regional Age Group Chan
23	31.09	L	F	Leah Christie	17	GSA CPT	29/03/2022	SA Regional SNR & JNR Champs WC
24	31.26	L	F	Kiara Bester	17	TUKS FSH	22/10/2021	NTS October Level 1-3 Age Group
25	31.35	L	F	Imke Koch	17	LALE CED	13/11/2021	Winelands SL Final
26	31.40	L	F	Kiannah Clarke	17	RFA FSH	18/03/2022	SA Level 3 Regional Age Group Chan
27	31.42	L	F	Lezanne De Villiers	17	PLAY CED	07/12/2021	Western Cape LC-A Championship 20
28	31.61	L S	F	Savannah Voigt	17	SSISA CPT	30/10/2021	CANA Virtual Swimming Championship
29	31.63	L	F	Caylin Gous	17	FAAC FB	30/03/2022	SA Regional Aquatic JNR-Senior Cha
30	31.67	L	P	Tara Uys	17	TYGE CPT	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
31	31.75	L	F	Layla Rothuysen	17	TYGE CPT	17/03/2022	SA Level 3 Regional Age Group Chan
32	31.76	L	P	Tiana Köpplinger	17	TUKS FSH	15/12/2021	NTS Championships 2021
33	31.83	L	P	Stephanie Baigrie	17	PER JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
34	31.96	L	F	Bianca Landman	17	AA JHB	03/12/2021	CGA LC Summer Champs - Level3+
35	32.09	L	F	Kelly Stuart	17	INFA NMA	12/11/2021	PEA Winter Gala Take 2
36	32.13	L	F	Jessica Meter	17	SEAL UMD	17/12/2021	2021 KZNA Premier Provincial Champ
37	32.15	L	F	Cassady Krzychkiewicz	17	ELEC JHB	03/12/2021	CGA LC Summer Champs - Level3+
38	32.26	L	F	Taylor-Jane Spieker	17	PSC FSH	22/10/2021	NTS October Level 1-3 Age Group
39	32.35	L	F	Charman Beyers	17	TUKS FSH	28/01/2022	NTS February Age Group 15 & Over
40	32.58	L	F	Simeï Bekker	17	KLOO ETH	02/10/2021	Frank Gray Memorial Championships :
41	32.80	L	P	Megan Cronje	17	WATR JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
42	32.83	L	P	Jordyn Dean	17	CA EKU	09/12/2021	EGA Summer Champs 2021
43	32.89	L	F	Elani Van Rooyen	17	WSS FDD	25/02/2022	Gauteng Schools Championships 2021
44	32.93	L	F	Gabriella de Beer	17	MATL KKD	30/03/2022	SA Regional Aquatic JNR-Senior Cha
45	33.03	L	F	Anandi Botha	17	BLNE MAN	08/12/2021	Free State Champs 2021
46	33.18	L	F	Tayla-Paige Lacey	17	INFA NMA	10/12/2021	NMBA Championships 2021
47	33.33	L	F	Johlize Vorster	17	WSS FDD	08/10/2021	Super Seals Prestige Gala
48	33.36	L	F	Anneke van Eeden	17	HREF BPD	08/12/2021	NWS Championships 2020/2021
49	33.42	L	F	Bradine Knock	17	RBOT BPD	08/12/2021	NWS Championships 2020/2021
50	33.48	L	P	Erin Haslehurst	17	UNIQ JHB	15/12/2021	NTS Championships 2021
51	33.55	L	P	Kara Cilliers	17	QSAW CED	29/03/2022	SA Regional SNR & JNR Champs WC
52	33.59	L	F	Ashleë Pretorius	17	SSISA CPT	29/03/2022	SA Regional SNR & JNR Champs WC
53	33.63	L	F	Danieka Bekker	17	WSS FDD	25/02/2022	Gauteng Schools Championships 2021
54*	33.65	L	F	Alex Truter	17	BEAV ETH	30/03/2022	SA Regional Aquatic JNR-Senior Cha
54*	33.65	L	P	Jordyn Buffel	17	AA JHB	18/03/2022	SA Level 3 Regional Age Group Chan
56	33.79	L	F	Megan Bulose	17	WCA CPT	26/03/2022	SA Schools Swimming Championship
57	33.99	L	F	Kate Tinley	17	ROA EDD	08/10/2021	40th Freda Barnard Invitational Gala
58	34.06	L	F	Gemma Ferguson	17	UNI EZD	18/03/2022	SA Level 3 Regional Age Group Chan
59	34.11	L	F	Zara Kleinhans	17	AQDO CPT	08/10/2021	40th Freda Barnard Invitational Gala
60	34.19	L	F	Yolandi Du Plooy	17	BLSS MAN	03/09/2021	Mangaung Winter Champs
61	34.20	L	P	Kelsey Chiang	17	CYBE CPT	07/12/2021	Western Cape LC-A Championship 20
62	34.30	L	F	Charlize Pieterse	17	TUKS FSH	08/10/2021	NTS October Combined Age Group
63	34.31	L	F	Haylee Vd Merwe	17	QUIC CPT	08/10/2021	40th Freda Barnard Invitational Gala
64	34.34	L	F	Shauna Craddock	17	OLDE JHB	18/03/2022	SA Level 3 Regional Age Group Chan
65	34.38	L	P	Jenna Reneclé	17	VINE CPT	07/12/2021	Western Cape LC-A Championship 20
66	34.55	L	F	Elna Malan	17	STELL RMD	08/12/2021	NWS Championships 2020/2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
67	34.56	L	P	IIne Von Wielligh	17	WELL	CED	07/12/2021 Western Cape LC-A Championship 20
68	34.59	L	F	Anika Rossouw	17	POTC	KKD	08/12/2021 NWS Championships 2020/2021
69	34.60	L	P	Autumn Knight	17	AA	JHB	03/12/2021 CGA LC Summer Champs - Level3+
70	34.68	L	F	Erin Buffey	17	CA	EKU	02/10/2021 EGA Summer 2
71	34.77	L	P	Elizabeth Joubert	BR	BLOT	MAN	08/12/2021 Free State Champs 2021
72	34.79	L	F	Abigail Van Niekerk	17	EAGA	CCD	06/11/2021 Limpopo Age Group 5
73*	34.97	L	F	Jessica Vorster	17	SWAR	WCD	12/11/2021 Swartland Invitational Gala 2021
73*	34.97	L	F	Caitlin Viljoen	17	RBUR	BPD	17/03/2022 SA Level 3 Regional Age Group Chan
75	35.00	L	F	Thea Moodley	17	MDOL	EKU	09/12/2021 EGA Summer Champs 2021
76	35.17	L	F	Gabriella Benjamin	17	SEAL	UMD	17/03/2022 SA Level 3 Regional Age Group Chan
77	35.21	L	P	Amori Potgieter	17	POTC	KKD	08/12/2021 NWS Championships 2020/2021
78*	35.22	L	F	Jessica Lazarou	17	AWSC	JHB	03/12/2021 CGA LC Summer Champs - Level 2
78*	35.22	L	F	Daniella September	17	KNYA	EDD	08/10/2021 40th Freda Barnard Invitational Gala
80	35.26	L	F	Camille Loriston	17	CUHK	QBD	08/10/2021 40th Freda Barnard Invitational Gala
81	35.35	L	F	Joanica Kriegler	17	WCA	CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
82	35.45	L	P	Zaria Fourie	17	LP	CCD	26/03/2022 SA Schools Swimming Championship
83	35.52	L	F	Shreya Govender	17	SGUL	ETH	29/01/2022 EDA Age Group Gala 4
84	35.59	L	F	Jancke Potgieter	17	FISH	EDD	25/02/2022 Infinity Gala
85*	35.66	L	F	Cameron Gilbert	17	UPSK		08/12/2021 Champs 2021
85*	35.66	L	P	Megan Africa	17	AQDO	CPT	28/05/2021 Grand Prix No 4 Durban May 2021
87	35.67	L	F	Jana-Mari Nel	17	UPSK		19/11/2021 Age Group 3 - Upington 2021
88*	35.76	L	F	Enrika Lubbe	17	WSS	FDD	02/10/2021 Frank Gray Memorial Championships :
88*	35.76	L	F	Mañana Du Toit	17	AFIN	JHB	22/10/2021 NTS October Level 1-3 Age Group
90	35.79	L	F	Klaudia Schmidt	17	CLSC	WCD	08/10/2021 40th Freda Barnard Invitational Gala
91	35.93	L	F	Daniel Verster	17	WBSK	WBD	06/11/2021 Limpopo Age Group 5
92	35.99	L	F	Yvonne Botha	17	SS	MPD	12/02/2022 Limpopo Champs
93*	36.12	L	P	Megan Adams	17	SOUL	EKU	09/12/2021 EGA Summer Champs 2021
93*	36.12	L	P	Rachel O' Grady	17	DRGN	EKU	18/03/2022 SA Level 3 Regional Age Group Chan
95	36.26	L	P	Amy Clarke	17	FLOD	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
96	36.45	L	F	Amelia Booth	17	SS	MPD	16/10/2021 Limpopo Age Group 4
97	36.49	L	P	Caitlin De Beer	17	MDOL	EKU	18/03/2022 SA Level 3 Regional Age Group Chan
98	36.55	L	F	Anina Groenewald	17	BLNE	MAN	03/09/2021 Mangaung Winter Champs
99	36.95	L	F	Nialize Cronje	17	BULS	MAN	25/02/2022 Neptune last chance gala
100*	36.97	L	F	Mia Huggett	17	FISH	EDD	30/10/2021 CANA Virtual Swimming Championship
100*	36.97	L	P	Ra-eesa Jephta	17	MANT	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
102	36.98	L	F	Jessica Longmore	17	PSCP	UMD	03/12/2021 WSC & Seals Summer LC Champs 20
103	37.06	L	F	Sibongumusa Khumalo	17	SEAL	UMD	03/12/2021 WSC & Seals Summer LC Champs 20
104	37.10	L	F	Emma Smythe	17	DDA	FSH	17/09/2021 NTS Age group September Level 2+3
105	37.23	L	F	Hannah Neilson	17	MATI	CED	08/10/2021 40th Freda Barnard Invitational Gala
106	37.30	L	F	Iona Neethling	17	WOAQ	CED	22/03/2022 SA Level 2 Regional Age Group Chan
107	37.39	L	P	Luka Visagie	17	BLSS	MAN	08/12/2021 Free State Champs 2021
108	37.44	L	F	Mele' Erlank	LR	PSA	ZLD	20/11/2021 KCDA November Age Group Gala 202
109	37.52	L S	F	Zarah Abrahams	17	SSISA	CPT	30/10/2021 CANA Virtual Swimming Championship
110	37.64	L	F	Anastasia Sommer	17	HPHS	BUF	19/02/2022 EC Provincial Schools Gala
111	37.86	L	F	Shannon Carr	17	MANT	CPT	22/03/2022 SA Level 2 Regional Age Group Chan
112	38.33	L	F	Cheney Le Roux	17	KTS		05/02/2022 NCASA Sprints Gala 2022
113	38.34	L	F	Caitlin Tobin	17	TYGE	CPT	22/03/2022 SA Level 2 Regional Age Group Chan
114	38.47	L	F	Corlia Van Zyl	17	UPSK		03/09/2021 Mangaung Winter Champs
115	39.02	L	F	Kay-Lee Hall	17	WELA	FDD	08/12/2021 Free State Champs 2021
116	39.10	L	F	Mila De Wet	17	TUKS	FSH	08/10/2021 NTS October Combined Age Group
117	39.41	L	F	Kimberley Lewis	17	PSCP	UMD	30/10/2021 CANA Virtual Swimming Championship
118	39.50	L	F	Catharina De Beer	LR	PSA	ZLD	05/03/2022 KCDA Level 2 Champs 2022
119	39.68	L	F	Surëlma Greeff	17	HARB	BPD	02/10/2021 Frank Gray Memorial Championships :
120	39.71	L	F	Ayabonga Makhaluza	17	ETTN	EKU	02/10/2021 EGA Summer 2
121	39.80	L	F	Natalia Minichiello	17	FSE	UHD	19/02/2022 Stingrays Swim Club Championships 2
122	39.88	L	P	Jesse Tribe	17	TCA	EKU	09/12/2021 EGA Summer Champs 2021
123	39.90	L	F	Ayanda Tshabalala	17	DDA	FSH	11/03/2022 SA Level 2 Regional Age Group Cham
124	40.33	L	F	Emmerentia Botha	17	TKS	WBD	12/02/2022 Limpopo Champs
125	40.91	L	F	Erin Carter	17	EVO	CPT	12/11/2021 Swartland Invitational Gala 2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
126	40.92	L	F	Jessica Lockyear	17	KALA	21/01/2022 Flamingo Gala 2022
127	41.54	L	F	Aphiwe Mdluli	17	PSCP UMD	11/03/2022 SA Level 2 Regional Age Group Chan
128	41.57	L	F	Cameron Butler	17	SUPE JHB	03/12/2021 CGA LC Summer Champs - Level 2
129	42.94	L	F	Minke Janse Van Rensburg	17	FISH EDD	19/11/2021 Eden LC Champs 2021
130	43.48	L	F	Sienna Pellizzon	17	VICT EKU	02/10/2021 EGA Summer 2
131	43.59	L	F	Tarien Kirsten	17	VRY ZLD	04/12/2021 Stingrays Swim Club Championships 2
132	43.72	L	F	Courtney Badenhorst	17	MARL CPT	08/10/2021 40th Freda Barnard Invitational Gala
133	44.22	L	F	Lisa Terblanche	17	CUHE OBD	08/10/2021 40th Freda Barnard Invitational Gala
134	44.82	L	F	Christine Harrison	17	AWSC JHB	03/12/2021 CGA LC Summer Champs - Level 2
135	47.35	L S	F	Kiersten Pause	17	XSAQ CPT	30/10/2021 CANA Virtual Swimming Championship
136	47.78	L	F	Abigail Benn	17	VGHS NMA	19/02/2022 EC Provincial Schools Gala
137	47.83	L	F	Nhlamulo Mashimbye	17	SOSH FSH	22/10/2021 NTS October Level 1-3 Age Group
138	49.57	L	F	Jodie Williams	17	SSISA CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
139	49.81	L	F	Ketso Mohapi	17	COSM JHB	06/03/2022 SSA Regional Level 1 Championships
140	51.26	L	F	Famke Zeeman	17	MANT CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
141	56.90	L	F	Lesego Mela	17	ONYX EKU	12/11/2021 EGA Summer 4
142	58.13	L	P	Margo Marx	17	EXA EZD	03/12/2021 Mpumalanga Championships 2021
143	1:00.21	L	P	Abigajil Wilson	17	EXA EZD	03/12/2021 Mpumalanga Championships 2021
Women 17-17 100 Fly							
1	1:02.70	L	P	Hannah Robertson	17	JMDOL JHB	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
2	1:02.88	L	F	Emma Christianson	17	ACSA ETH	28/05/2021 Grand Prix No 4 Durban May 2021
3	1:02.93	L	F	Dakota Tucker	17	WATR JHB	28/05/2021 Grand Prix No 4 Durban May 2021
4	1:03.17	L	F	Kayla Schmelzer	17	INFA NMA	25/02/2022 Infinity Gala
5	1:03.52	L	P	Emma Kuhn	17	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
6	1:03.53	L	F	Luchelle Oosthuizen	17	FSS FS	26/03/2022 SA Schools Swimming Championship
7	1:04.02	L	P	Leigh McMorrnan	17	AA JHB	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
8	1:05.32	L	F	Lise Coetzee	17	TUKS FSH	15/12/2021 NTS Championships 2021
9	1:05.55	L	P	Ambrin Pienaar	17	ACSA ETH	28/05/2021 Grand Prix No 4 Durban May 2021
10	1:06.05	L S	P	Marnè Campbell	17	TYGE CPT	07/12/2021 Western Cape LC-A Championship 20
11	1:06.67	L S	F	Kayla Gouws	17	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
12	1:07.90	L S	F	Lisa Kleyn	17	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
13	1:08.64	L	F	Cailey Sauvage	17	PAC FSH	24/09/2021 NTS Age Group September SANJ+
14	1:09.46	L	F	Bernelee Doster	17	JMDOL JHB	07/01/2022 2022 Grand Prix Invitation Swimming I
15	1:09.47	L	F	Simone Moll	17	VICT EKU	22/10/2021 EGA Summer 3
16	1:09.58	L	P	Caylin Gous	17	FAAC FB	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
17	1:09.85	L	P	Bianca Landman	17	AA JHB	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
18	1:10.09	L	F	Lezanne De Villiers	17	PLAY CED	08/10/2021 40th Freda Barnard Invitational Gala
19	1:10.60	L S	F	Jolene Cornelius	17	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
20	1:10.67	L	P	Tara Uys	17	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
21	1:10.92	L	F	Chazél Orton	17	POTC KKD	11/02/2022 NW Last Chance
22	1:11.40	L S	P	Yasmin De Goede	17	OLDE JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
23	1:11.55	L	F	Mykae Forrest	17	ACSA ETH	29/01/2022 EDA Age Group Gala 4
24	1:11.59	L	P	Tiana Köpplinger	17	TUKS FSH	15/12/2021 NTS Championships 2021
25	1:11.72	L	F	Catherine Van Rensburg	17	TUKS FSH	28/01/2022 NTS February Age Group 15 & Over
26	1:12.18	L	F	Maxine Boyce	17	TUKS FSH	04/02/2022 NTS February Age Group 14 & Under
27	1:12.32	L	F	Savannah Voigt	17	SSISA CPT	12/11/2021 PEA Winter Gala Take 2
28	1:12.50	L	F	Kara Cilliers	17	WCA CPT	26/03/2022 SA Schools Swimming Championship
29	1:12.64	L	F	Kelly Stuart	17	INFA NMA	10/12/2021 NMBA Championships 2021
30	1:12.81	L	P	Chanel Fourie	17	AA JHB	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
31	1:13.24	L	P	Megan Cronje	17	WATR JHB	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
32	1:13.94	L S	F	Jessica Meter	17	SEAL UMD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
33	1:13.96	L S	P	Abigail Morelli	17	MDOL EKU	09/12/2021 EGA Summer Champs 2021
34	1:14.61	L	F	Erin Haslehurst	17	UNIQ JHB	03/12/2021 CGA LC Summer Champs - Level3+
35	1:14.63	L S	P	Layla Rothuysen	17	TYGE CPT	07/12/2021 Western Cape LC-A Championship 20
36	1:15.88	L S	F	Johlize Vorster	17	WSS FDD	08/12/2021 Free State Champs 2021
37	1:16.16	L	F	Chloe Ehlers	17	FAAC FB	08/12/2021 Champs 2021
38	1:16.46	L S	F	Bradine Knock	17	RBOT BPD	08/12/2021 NWS Championships 2020/2021
39	1:17.13	L	F	Gabriella de Beer	17	MATL KKD	16/10/2021 NWS Age Group 1&2
40	1:17.65	L S	F	Zara Kleinhans	17	AQDO CPT	07/12/2021 Western Cape LC-A Championship 20

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
41	1:18.21	L	F	Anandi Botha	17	BLNE	MAN	16/10/2021 Bull-Sharks Gala
42	1:18.23	L	F	Danieka Bekker	17	ETTN	EKU	18/03/2022 SA Level 3 Regional Age Group Chan
43	1:18.41	L	F	Anneke van Eeden	17	HREF	BPD	17/03/2022 SA Level 3 Regional Age Group Chan
44	1:18.52	L	F	Alex Truter	17	BEAV	ETH	17/03/2022 SA Level 3 Regional Age Group Chan
45	1:20.10	L	F	Haylee Vd Merwe	17	QUIC	CPT	08/10/2021 40th Freda Barnard Invitational Gala
46	1:20.20	L	F	Kate Tinley	17	ROA	EDD	10/12/2021 NMBA Championships 2021
47	1:20.64	L	F	Charnan Beyers	17	TUKS	FSH	28/01/2022 NTS February Age Group 15 & Over
48	1:21.73	L	P	Amy Van de Putte	17	WSTV	ETH	17/03/2022 SA Level 3 Regional Age Group Chan
49	1:23.06	L	F	Ra-eesa Jephtha	17	MANT	CPT	30/10/2021 CANA Virtual Swimming Championship
50	1:23.19	L	F	Tumelo Thelejane	17	OLDE	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
51	1:24.43	L	F	Nialize Cronje	17	BULS	MAN	17/03/2022 SA Level 3 Regional Age Group Chan
52	1:24.47	L	F	Shauna Craddock	17	OLDE	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
53	1:24.65	L	P	Jessica Lazarou	17	AWSC	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
54	1:25.31	L	P	Emma Smythe	17	DDA	FSH	15/12/2021 NTS Championships 2021
55	1:25.58	L	F	Yolandi Du Plooy	17	BLSS	MAN	08/10/2021 Super Seals Prestige Gala
56	1:26.11	L	F	Donia Smit	17	SS	MPD	12/02/2022 Limpopo Champs
57	1:26.19	L	F	Cameron Gilbert	17	UPSK		08/12/2021 Champs 2021
58	1:30.02	L	F	Camille Loriston	17	CUHE	OBD	22/03/2022 SA Level 2 Regional Age Group Chan
59	1:30.81	L	F	Amy Clarke	17	FLOD	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
60	1:33.31	L	F	Daniel Verster	17	WBSK	WBD	06/11/2021 Limpopo Age Group 5
61	1:33.55	L	F	Thea Moodley	17	MDOL	EKU	28/01/2022 EGA Last Chance Gala
62	1:35.01	L	F	Enrika Lubbe	17	WSS	FDD	08/10/2021 Super Seals Prestige Gala
63	1:35.41	L	F	Cheney Le Roux	17	KTS		08/12/2021 Champs 2021
64	1:41.40	L	F	Natalia Minichiello	17	FSE	UHD	05/03/2022 KCDA Level 2 Champs 2022
65	1:43.34	L S	F	Minke Janse Van Rensburg	17	FISH	EDD	07/12/2021 Western Cape LC-A Championship 20
66	1:49.03	L	F	Marissa De Coning	17	SS	MPD	12/02/2022 Limpopo Champs
67	2:22.07	L	F	Nhlamulo Mashimbye	17	SOSH	FSH	10/12/2021 2021 The Tshwane Mayoral Gala
Women 17-17 200 Fly								
1	2:17.65	L	P	Emma Christianson	17	ACSA	ETH	28/05/2021 Grand Prix No 4 Durban May 2021
2	2:17.88	L S	F	Leigh McMorrان	17	AGB	JHB	06/04/2022 SA National Aquatic SNR-JNR Champ
3	2:18.84	L	F	Dakota Tucker	17	WATR	JHB	07/12/2021 Western Cape LC-A Championship 20
4	2:20.93	L S	F	Luchelle Oosthuizen	17	FSA	FS	06/04/2022 SA National Aquatic SNR-JNR Champ
5	2:28.32	L S	F	Kayla Schmelzer	17	ECA	NMA	06/04/2022 SA National Aquatic SNR-JNR Champ
6	2:29.16	L	F	Kayla Gouws	17	TUKS	FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
7	2:32.38	L	F	Marnè Campbell	17	TYGE	CPT	07/12/2021 Western Cape LC-A Championship 20
8	2:33.43	L	P	Caylin Gous	17	FAAC	FB	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
9	2:55.15	L	F	Danieka Bekker	17	ETTN	EKU	22/10/2021 EGA Summer 3
10	2:55.95	L	F	Bradine Knock	17	RBOT	BPD	08/12/2021 NWS Championships 2020/2021
11	3:06.00	L	F	Ra-eesa Jephtha	17	MANT	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
12	3:26.63	L	F	Cameron Gilbert	17	UPSK		08/12/2021 Champs 2021
Women 17-17 200 IM								
1	2:17.53	L	P	Dakota Tucker	17	AGB	JHB	06/04/2022 SA National Aquatic SNR-JNR Champ
2	2:21.26	L	P	Emma Kuhn	17	VINE	CPT	28/05/2021 Grand Prix No 4 Durban May 2021
3	2:22.37	L	F	Catherine Van Rensburg	17	TUKS	FSH	15/12/2021 NTS Championships 2021
4	2:26.00	L	F	Luchelle Oosthuizen	AR	BLOT	MAN	17/12/2021 2021 KZNA Premier Provincial Champ
5	2:26.10	L	F	Kayla Schmelzer	17	INFA	NMA	10/12/2021 NMBA Championships 2021
6	2:27.62	L	F	Hannah Robertson	17	JMDOL	JHB	12/11/2021 EGA Summer 4
7	2:27.75	L	F	Chazél Orton	17	POTC	KKD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
8	2:28.42	L	P	Leigh McMorrان	17	AGB	JHB	06/04/2022 SA National Aquatic SNR-JNR Champ
9	2:30.42	L	F	Cailey Sauvage	17	PAC	FSH	15/12/2021 NTS Championships 2021
10	2:30.55	L	F	Bernelee Doster	17	JMDOL	JHB	07/01/2022 2022 Grand Prix Invitation Swimming I
11	2:31.49	L	F	Kirsten Engelbrecht	17	WATR	JHB	07/12/2021 Western Cape LC-A Championship 20
12	2:31.97	L	P	Leah Christie	17	GSA	CPT	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
13	2:32.51	L	P	Imke Koch	17	LALE	GED	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
14	2:32.58	L	F	Lise Coetzee	17	TUKS	FSH	24/09/2021 NTS Age Group September SANJ+
15	2:32.73	L	F	Tara Uys	17	TYGE	CPT	06/11/2021 CTA Qualifying Meet 4 - Long Distance
16	2:32.97	L	F	Savannah Voigt	17	SAAW	CPT	07/01/2022 2022 Grand Prix Invitation Swimming I
17	2:33.13	L	P	Tumaini Macdonell	17	ECA	NMA	06/04/2022 SA National Aquatic SNR-JNR Champ

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
18	2:33.48	L	F	Caylin Gous	17	FAAC FB	28/10/2021 Neptune Prestige Gala
19	2:35.30	L	F	Lisa Kleyn	17	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
20	2:35.40	L	P	Jolene Cornelius	17	TUKS FSH	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
21	2:35.48	L	F	Jessica Meter	17	SEAL UMD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
22	2:35.59	L	F	Yasmin De Goede	17	OLDE JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
23	2:36.40	L	F	Abigail Morelli	17	MDOL EKU	12/11/2021 EGA Summer 4
24	2:37.63	L	F	Simone Moll	17	GAUT	26/03/2022 SA Schools Swimming Championship
25	2:37.81	L	F	Gabriella de Beer	17	MATL KKD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
26	2:38.84	L	F	Tiana Köpplinger	17	TUKS FSH	24/09/2021 NTS Age Group September SANJ+
27	2:39.31	L	P	Marnè Campbell	17	TYGE CPT	07/12/2021 Western Cape LC-A Championship 20
28	2:39.54	L	F	Kayla Gouws	17	TUKS FSH	08/10/2021 NTS October Combined Age Group
29	2:39.56	L	F	Emma Michell	17	LALE CED	07/12/2021 Western Cape LC-A Championship 20
30	2:39.80	L	F	Simeï Bekker	17	KLOO ETH	17/12/2021 2021 KZNA Premier Provincial Champ
31	2:39.84	L	F	Kara Cilliers	17	QSAW CED	29/03/2022 SA Regional SNR & JNR Champs WC
32	2:39.93	L	F	Jessica Clarke	17	BEST NMA	10/12/2021 NMBA Championships 2021
33	2:40.46	L	P	Hannah Neilson	17	MATI CED	07/12/2021 Western Cape LC-A Championship 20
34	2:41.62	L	F	Alex Truter	17	BEAV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
35	2:42.70	L	P	Chanel Fourie	17	AA JHB	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
36	2:42.71	L	P	Elani Van Rooyen	17	WATR JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
37	2:42.83	L	F	Lezanne De Villiers	17	PLAY CED	08/10/2021 40th Freda Barnard Invitational Gala
38	2:42.99	L	F	Anieke Helmand	AR	BLOT MAN	23/10/2021 Otters Prestige Gala 2021
39	2:44.30	L	F	Erin Haslehurst	17	UNIQ JHB	18/03/2022 SA Level 3 Regional Age Group Chan
40	2:44.76	L	F	Kelly Stuart	17	INFA NMA	12/11/2021 PEA Winter Gala Take 2
41	2:45.10	L	F	Tayla-Paige Lacey	17	INFA NMA	16/10/2021 1st A League Gala 2021
42	2:45.29	L	F	Charlize Pieterse	17	TUKS FSH	22/10/2021 NTS October Level 1-3 Age Group
43	2:45.89	L	F	Ashley Henegan	17	RAV EKU	28/01/2022 EGA Last Chance Gala
44	2:46.16	L	P	Haylee Vd Merwe	17	QUIC CPT	07/12/2021 Western Cape LC-A Championship 20
45	2:46.28	L	P	Megan Cronje	17	WATR JHB	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
46	2:46.76	L	F	Amani Ismail	17	ATLA JHB	18/03/2022 SA Level 3 Regional Age Group Chan
47	2:47.24	L	F	Ashleë Pretorius	17	SSISA CPT	29/03/2022 SA Regional SNR & JNR Champs WC
48	2:47.77	L	F	Jordyn Dean	17	CA EKU	09/12/2021 EGA Summer Champs 2021
49	2:47.78	L	P	Kelsey Chiang	17	CYBE CPT	07/12/2021 Western Cape LC-A Championship 20
50	2:48.08	L	P	Amori Potgieter	17	POTC KKD	08/12/2021 NWS Championships 2020/2021
51	2:48.27	L	F	Tumelo Thelejane	17	OLDE JHB	18/03/2022 SA Level 3 Regional Age Group Chan
52	2:48.32	L	P	Zara Kleinhans	17	AQDO CPT	07/12/2021 Western Cape LC-A Championship 20
53	2:49.16	L	F	Anandi Botha	17	BLNC MAN	08/12/2021 Free State Champs 2021
54	2:49.17	L	F	Klaudia Schmidt	17	CLSC WCD	08/10/2021 40th Freda Barnard Invitational Gala
55	2:49.80	L	F	Candice Clifton-Smith	17	SGUL ETH	30/10/2021 CANA Virtual Swimming Championship
56	2:50.03	L	F	Kiara Bester	17	TUKS FSH	22/10/2021 NTS October Level 1-3 Age Group
57	2:50.07	L	F	Kerryn Benade	17	SSISA CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
58	2:50.35	L	F	Danieka Bekker	17	ETTN EKU	18/03/2022 SA Level 3 Regional Age Group Chan
59	2:50.64	L	F	Claire Gerber	17	TUKS FSH	08/10/2021 NTS October Combined Age Group
60	2:50.80	L	P	Jenna Renecke	17	VINE CPT	07/12/2021 Western Cape LC-A Championship 20
61	2:50.89	L	F	Chloe Ehlers	17	FAAC FB	08/12/2021 Champs 2021
62	2:51.40	L	F	Charnan Beyers	17	TUKS FSH	28/01/2022 NTS February Age Group 15 & Over
63	2:51.41	L	F	Mañana Du Toit	17	AFIN JHB	03/12/2021 CGA LC Summer Champs - Level3+
64	2:51.59	L	F	Layla Rothuysen	17	TYGE CPT	06/11/2021 CTA Qualifying Meet 4 - Long Distance
65	2:52.57	L	F	Caitlin De Beer	17	MDOL EKU	28/01/2022 EGA Last Chance Gala
66	2:52.93	L	F	Sofia Goedhart	17	PEAS NMA	16/10/2021 1st A League Gala 2021
67	2:53.64	L	P	Bradine Knock	17	RBOT BPD	08/12/2021 NWS Championships 2020/2021
68	2:53.75	L	F	Kiannah Clarke	17	RFA FSH	22/10/2021 NTS October Level 1-3 Age Group
69	2:54.50	L	F	Jessica Vorster	17	SWAR WCD	12/11/2021 Swartland Invitational Gala 2021
70	2:54.55	L	F	Mia Langenhoven	17	WSS FDD	25/02/2022 Gauteng Schools Championships 202
71	2:54.85	L	P	Donia Smit	17	LP CCD	26/03/2022 SA Schools Swimming Championship
72	2:55.05	L	F	Corinna Meyer	17	PSC FSH	08/10/2021 NTS October Combined Age Group
73	2:55.28	L	F	Megan Wolvaardt	17	ELRAS WBD	16/10/2021 Limpopo Age Group 4
74	2:56.35	L	F	Anika Rossouw	17	POTC KKD	16/10/2021 NWS Age Group 1&2
75	2:56.65	L	P	Joanica Kriegler	17	CUDU CPT	07/12/2021 Western Cape LC-A Championship 20
76	2:57.45	L	F	Johlize Vorster	17	WSS FDD	02/10/2021 Frank Gray Memorial Championships :

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
77	2:57.58	L	F	Yvonne Botha	17	SS MPD	12/02/2022 Limpopo Champs
78	2:57.60	L	F	Shreya Govender	17	SGUL ETH	30/10/2021 CANA Virtual Swimming Championship
79	2:57.70	L	F	Kate Tinley	17	ROA EDD	10/12/2021 NMBA Championships 2021
80	2:58.52	L	F	Cherise Swartz	17	ACAAQ CCD	06/11/2021 Limpopo Age Group 5
81*	2:58.55	L	P	Santana Van Der Zandt	17	SOUL EKU	18/03/2022 SA Level 3 Regional Age Group Chan
81*	2:58.55	L	F	Anina Groenewald	17	BLNE MAN	23/10/2021 Otters Prestige Gala 2021
83	2:58.62	L	P	Megan Bulose	17	QUIC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
84	2:58.97	L	F	Zaria Fourie	17	TKS WBD	12/02/2022 Limpopo Champs
85	2:59.98	L	F	Christina Steenekamp	17	TUKS TSH	22/10/2021 NTS October Level 1-3 Age Group
86	3:00.00	L	P	Megan Africa	17	AQDO CPT	28/05/2021 Grand Prix No 4 Durban May 2021
87	3:00.14	L	F	Jessica Longmore	17	PSCP UMD	17/12/2021 2021 KZNA Premier Provincial Champ
88	3:01.69	L	F	Yolandi Du Plooy	17	BLSS MAN	02/10/2021 Frank Gray Memorial Championships :
89	3:01.98	L	F	Amber Fourie	17	CRSC JHB	03/12/2021 CGA LC Summer Champs - Level3+
90	3:02.17	L	F	Caitlin Viljoen	17	RBUR BPD	03/12/2021 CGA LC Summer Champs - Level3+
91	3:02.97	L	F	Camille Loriston	17	CUHE QBD	22/03/2022 SA Level 2 Regional Age Group Chan
92	3:04.32	L	F	Luka Visagie	17	BLSS MAN	06/11/2021 Heidedal Gala
93	3:04.44	L	F	Rachel O' Grady	17	DRGN EKU	12/11/2021 EGA Summer 4
94	3:04.62	L	F	Emmerentia Botha	17	TKS WBD	12/02/2022 Limpopo Champs
95	3:04.85	L	F	Gabriella Benjamin	17	SEAL UMD	30/10/2021 CANA Virtual Swimming Championship
96	3:05.28	L	P	Sibongumusa Khumalo	17	SEAL UMD	17/03/2022 SA Level 3 Regional Age Group Chan
97	3:05.40	L	F	Alisha Stanfley	17	FAAC FB	08/12/2021 Champs 2021
98	3:05.92	L	P	Megan Adams	17	SOUL EKU	09/12/2021 EGA Summer Champs 2021
99	3:06.21	L	F	Cheney Le Roux	17	KTS	08/12/2021 Champs 2021
100	3:06.40	L	F	Jana-Mari Nel	17	UPSK	08/12/2021 Champs 2021
101	3:06.67	L	F	Emma Smythe	17	DDA TSH	08/10/2021 NTS October Combined Age Group
102	3:06.69	L	F	Cameron Gilbert	17	UPSK	08/12/2021 Champs 2021
103	3:07.30	L	F	Jancke Potgieter	17	FISH EDD	30/10/2021 CANA Virtual Swimming Championship
104	3:07.59	L	F	Joy-Mari Boyce	17	TUKS TSH	28/01/2022 NTS February Age Group 15 & Over
105	3:08.03	L	F	Ra-eesa Jephtha	17	MANT CPT	08/10/2021 40th Freda Barnard Invitational Gala
106	3:08.21	L	F	Gemma Ferguson	17	UNI EZD	03/12/2021 Mpumalanga Championships 2021
107	3:08.33	L	P	Elizabeth Joubert	BR	BLOT MAN	08/12/2021 Free State Champs 2021
108	3:08.65	L	F	Ilne Von Wielligh	17	WELL CED	13/11/2021 Winelands SL Final
109	3:09.88	L	P	Jesse Tribe	17	TCA EKU	09/12/2021 EGA Summer Champs 2021
110	3:10.99	L	F	Nialize Cronje	17	BULS MAN	25/02/2022 Neptune last chance gala
111	3:12.29	L	F	Elna Malan	17	STELL RMD	13/11/2021 NWS Age Group 3 2021/22
112	3:12.99	L	F	Suné van Zyl	17	HREF BPD	16/10/2021 NWS Age Group 1&2
113	3:13.51	L	F	Francine Slaughtier	17	POTC KKD	16/10/2021 NWS Age Group 1&2
114	3:14.02	L	F	Surèlma Greeff	17	HARB BPD	02/10/2021 Frank Gray Memorial Championships :
115	3:14.84	L	F	Jessica Lockyear	17	KALA	08/12/2021 Champs 2021
116	3:15.22	L	F	Kaylyn Williams	17	TUKS TSH	22/10/2021 NTS October Level 1-3 Age Group
117	3:15.56	L	F	Amelia Booth	17	SS MPD	16/10/2021 Limpopo Age Group 4
118	3:16.50	L	F	Amy Van de Putte	17	WSTV ETH	29/01/2022 EDA Age Group Gala 4
119	3:16.89	L	F	Mele' Erlank	LR	PSA ZLD	20/11/2021 KCDA November Age Group Gala 202
120	3:16.96	L	F	Mia Huggett	17	FISH EDD	08/10/2021 40th Freda Barnard Invitational Gala
121	3:18.70	L	F	Zoe Richards	17	VRY ZLD	04/12/2021 Stingrays Swim Club Championships 2
122	3:18.71	L	P	Iona Neethling	17	WOAQ CED	22/03/2022 SA Level 2 Regional Age Group Chan
123	3:19.33	L	F	Caitlin Tobin	17	TYGE CPT	30/10/2021 CANA Virtual Swimming Championship
124	3:19.53	L	F	Corlia Van Zyl	17	UPSK	15/01/2022 Age Group 5 - Upington
125	3:20.05	L	F	Cameron Butler	17	SUPE JHB	03/12/2021 CGA LC Summer Champs - Level 2
126	3:20.40	L	F	Kimberley Lewis	17	PSCP UMD	03/12/2021 WSC & Seals Summer LC Champs 20
127	3:23.91	L	F	Kara Fourie	17	LAD UTD	03/12/2021 WSC & Seals Summer LC Champs 20
128	3:24.67	L	F	Enrika Lubbe	17	WSS FDD	02/10/2021 Frank Gray Memorial Championships :
129	3:24.98	L	F	Jeska Tiersma	17	TKS WBD	12/02/2022 Limpopo Champs
130	3:25.89	L	F	Megan Daniel	17	SASOL FDD	16/10/2021 NWS Age Group 1&2
131	3:29.00	L	F	Elizabeth Slaughter	17	POTC KKD	16/10/2021 NWS Age Group 1&2
132	3:29.67	L	F	Courtney Badenhorst	17	MARL CPT	12/11/2021 Swartland Invitational Gala 2021
133	3:30.07	L	F	Tarien Kirsten	17	VRY ZLD	11/12/2021 KCDA December 2021 Age Group Gal
134	3:33.52	L	F	Catharina De Beer	LR	PSA ZLD	20/11/2021 KCDA November Age Group Gala 202
135	3:33.96	L	F	Cherna' Fouche	17	BETH FDD	28/10/2021 Neptune Prestige Gala

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
136	3:38.88 L S	P	Minke Janse Van Rensburg	17	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ		
137	3:39.34 L	F	Lisa Terblanche	17	CUHE QBD	08/10/2021	40th Freda Barnard Invitational Gala		
138	3:40.18 L	P	Sienna Pellizzon	17	VICT EKV	09/12/2021	EGA Summer Champs 2021		
139	3:44.48 L	F	Kay-Lee Hall	17	WELA FDD	23/10/2021	Otters Prestige Gala 2021		
140	3:47.62 L	F	Thatago Pie	17	PEAS NMA	16/10/2021	1st A League Gala 2021		
141	3:47.75 L	F	Jodie Williams	17	SSISA CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe		
142	3:51.23 L	F	Ayanda Tshabalala	17	DDA TSH	28/01/2022	NTS February Age Group 15 & Over		
143	3:52.37 L	F	Gabriella Nel	17	STAR BPD	11/02/2022	NW Last Chance		
144	3:56.85 L	F	Natalia Minichiello	17	FSE UHD	11/12/2021	KCDA December 2021 Age Group Gal		
Women 17-17 400 IM									
1	4:56.80 L	F	Catherine Van Rensburg	17	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ		
2	4:59.66 L	F	Dakota Tucker	17	WATR JHB	07/12/2021	Western Cape LC-A Championship 20		
3	5:02.40 L	P	Emma Kuhn	17	VINE CPT	06/05/2021	2021 Cana Grand Prix Swimming Stell		
4	5:03.99 L	F	Leigh McMorrin	17	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ		
5	5:15.35 L	F	Chazél Orton	17	POTC KKD	30/03/2022	SA Regional Aquatic JNR-Senior Cha		
6	5:20.53 L	F	Luchelle Oosthuizen	AR	BLOT MAN	08/12/2021	Free State Champs 2021		
7*	5:23.33 L	F	Caylin Gous	17	FAAC FB	18/02/2022	2022 Grand Prix 2 Invitational Meet Du		
7*	5:23.33 L	F	Savannah Voigt	17	SAAW CPT	07/12/2021	Western Cape LC-A Championship 20		
9	5:23.78 L	F	Cailey Sauvage	17	PAC TSH	15/12/2021	NTS Championships 2021		
10	5:24.87 L	P	Maxine Boyce	17	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ		
11	5:25.57 L	F	Bernelee Doster	17	JMDOL JHB	03/12/2021	CGA LC Summer Champs - Level3+		
12	5:32.08 L	F	Leah Christie	17	WCA CPT	26/03/2022	SA Schools Swimming Championship		
13	5:43.78 L	F	Yasmin De Goede	17	OE JHB	22/10/2021	EGA Summer 3		
14	5:48.84 L	F	Haylee Vd Merwe	17	QUIC CPT	07/12/2021	Western Cape LC-A Championship 20		
15	5:56.71 L	F	Erin Haslehurst	17	UNIQ JHB	28/01/2022	EGA Last Chance Gala		
16	5:56.86 L	F	Ashleè Pretorius	17	SSISA CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe		
17	6:05.28 L	F	Danieka Bekker	17	ETTN EKV	22/10/2021	EGA Summer 3		
18	6:07.25 L	F	Gabriella de Beer	17	MATL KKD	16/10/2021	NWS Age Group 1&2		
19	6:27.35 L	F	Zara Kleinhans	17	AQDO CPT	08/10/2021	40th Freda Barnard Invitational Gala		
20	6:42.60 L	F	Emmerentia Botha	17	TKS WBD	12/02/2022	Limpopo Champs		
21	6:44.48 L	F	Camille Loriston	17	CUHE QBD	30/10/2021	CANA Virtual Swimming Championship		
22	6:48.77 L	F	Emma Smythe	17	DDA TSH	08/10/2021	NTS October Combined Age Group		
23	6:51.33 L	F	Jesse Tribe	17	TCA EKV	09/12/2021	EGA Summer Champs 2021		
24	6:51.81 L	F	Cameron Gilbert	17	UPSK	08/12/2021	Champs 2021		
25	6:55.27 L	F	Cheney Le Roux	17	KTS	28/10/2021	Neptune Prestige Gala		