

## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22  
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
<b>Men 50 Free</b>							
1	22.22 L	P	Bradley Tandy	30	RSA	24/07/2021	2021 Tokyo Olympic Games
2	22.32 L	F	Ryan Coetzee	26	SEAL UMD	28/05/2021	Grand Prix No 4 Durban May 2021
3	22.60 L	F	Guy Brooks	19	RSA	11/10/2021	14th Africa Seniors Swimming Champi
4	22.82 L S	F	Clayton Jimmie	26	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ
5	23.01 L S	P	Michael Houlie	21	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
6	23.28 L S	P	Jesse vd A	22	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
7	23.50 L	F	Alex Goddard	21	TUKS FSH	24/09/2021	USSA Swimming Championships
8*	23.52 L	P	Kobe Ndebele	19	SEAL UMD	28/05/2021	Grand Prix No 4 Durban May 2021
8*	23.52 L	F	Matthew Bosch	20	SGUL ETH	06/05/2021	2021 Cana Grand Prix Swimming Stell
10	23.58 L	P	Gabriel Nortje	20	SGUL ETH	28/05/2021	Grand Prix No 4 Durban May 2021
11	23.60 L S	P	Simon Haddon	23	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
12	23.66 L S	P	Luke Altmann	20	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
13	23.68 L	P	Hendrich Muth	20	TUKS FSH	15/12/2021	NTS Championships 2021
14	23.71 L	P	Daniel Donaldson	25	SGUL ETH	06/05/2021	2021 Cana Grand Prix Swimming Stell
15	23.72 L	F	Kobus Groenewald	20	KOVUS MAN	08/12/2021	Free State Champs 2021
16	23.74 L	F	Martin Binedell	26	SEAL UMD	17/12/2021	2021 KZNA Premier Provincial Champ
17	23.75 L	P	Matthew Bowers	26	TUKS FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
18	23.84 L S	P	Anandt Van Rensburg	22	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
19	23.85 L	P	Jacques Van Wyk	29	WWOL FSH	15/12/2021	NTS Championships 2021
20	23.87 L	F	Danté Nortjé	21	TUKS FSH	05/11/2021	NTS Prestige Gala 2021
21	23.88 L	F	Ethan Riekert	19	TUKS FSH	15/12/2021	NTS Championships 2021
22	23.90 L	P	Luke Slabber	19	VINE CPT	28/05/2021	Grand Prix No 4 Durban May 2021
23	23.97 L	F	Ross Hartigan	23	TUKS FSH	10/12/2021	2021 The Tshwane Mayoral Gala
24	24.00 L	F	Chase Rayment	20	SGUL ETH	17/12/2021	2021 KZNA Premier Provincial Champ
25	24.02 L S	P	Ruan Hanaczek Kruger	20	LP CCD	06/04/2022	SA National Aquatic SNR-JNR Champ
26	24.05 L	P	Andrew Ross	20	TUKS FSH	15/12/2021	NTS Championships 2021
27	24.06 L S	P	Gustav Schlechter	19	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
28	24.18 L	P	Riccardo Di Domenico	21	JMDOLA JHB	28/05/2021	Grand Prix No 4 Durban May 2021
29	24.27 L	P	Arno Krüger	19	TUKS FSH	15/12/2021	NTS Championships 2021
30*	24.32 L	F	Giano Dos Santos	19	TUKS FSH	10/12/2021	2021 The Tshwane Mayoral Gala
30*	24.32 L	P	Fadhil Saleh	20	TUKS FSH	11/10/2021	14th Africa Seniors Swimming Champi
32*	24.38 L	P	Evan Matthysen	23	WSTV ETH	28/05/2021	Grand Prix No 4 Durban May 2021
32*	24.38 L S	P	Kaydn Naidoo	19	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ
34	24.41 L	F	Benjamin Plattner	22	TUKS FSH	15/12/2021	NTS Championships 2021
35*	24.43 L	P	Ma'Az Khota	21	RSA	11/10/2021	14th Africa Seniors Swimming Champi
35*	24.43 L	F	Janco Rademeyer	22	TUKS FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
37	24.44 L	F	Marc Allan	44	SMSC ETH	30/10/2021	CANA Virtual Swimming Championship
38	24.46 L	F	Brandon Chapman	19	PEAS NMA	28/05/2021	Grand Prix No 4 Durban May 2021
39	24.48 L S	P	Pieter Mostert	19	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
40	24.49 L	F	Divan Pretorius	21	BAS EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
41	24.52 L	F	Frans-Josef Mentz	22	NWUC KKD	30/03/2022	SA Regional Aquatic JNR-Senior Cha
42	24.53 L S	P	Brenden Crawford	26	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
43	24.55 L	F	Joshua Emslie	20	MATI CED	25/02/2022	Infinity Gala
44	24.61 L S	P	Joshua Parry	19	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ
45	24.67 L	F	Jaden Delpoit	20	NMU NMA	28/05/2021	Grand Prix No 4 Durban May 2021
46	24.68 L	F	Cullen Biddulph	19	PEAS NMA	10/12/2021	NMBA Championships 2021
47	24.71 L	F	Adam Moncherry	23	MATI CED	13/11/2021	Winelands SL Final
48	24.81 L	F	Daniel Vorster	24	NMU NMA	29/03/2022	SA Regional SNR & JNR Champs WC
49	24.82 L	F	Ruan Hutten	19	RFA FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
50	24.83 L S	P	Adrian Robinson	22	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
51	24.84 L S	P	Adriaan Viljoen	19	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
52	24.86 L S	F	Christiaan Engelbrecht	22	CLSC WCD	07/12/2021	Western Cape LC-A Championship 20
53*	24.87 L	P	Jordan Bradshaw	21	CRSC JHB	18/03/2022	SA Level 3 Regional Age Group Chan
53*	24.87 L	F	Van Zyl Brand	24	NWUC KKD	16/10/2021	NWS Age Group 1&2
55*	24.91 L S	P	Divan Bester	20	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
55*	24.91 L S	P	Jaiden Staines	19	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
57*	24.96 L	P	Ethan Koekemoer	19	AZON ETH	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
57*	24.96 L S	P	Jaden Harris	22	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ

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	Time	P/F/S	Name	Age/Yr			
59	24.98	L	P	Hermanus Steyn	20	PSC FSH	15/12/2021 NTS Championships 2021
60	24.99	L	F	Andre Van Huyssteen	23	TUKS FSH	28/01/2022 NTS February Age Group 15 & Over
61	25.10	L	F	William Slaughter	19	NWUC KKD	16/10/2021 NWS Age Group 1&2
62*	25.12	L	P	Nathan Armstrong	22	TRAZ FSH	15/12/2021 NTS Championships 2021
62*	25.12	L S	P	Kian Du Toit	21	SOUL EKU	09/12/2021 EGA Summer Champs 2021
64	25.14	L	P	Stephanus Bekker	19	RFA FSH	15/12/2021 NTS Championships 2021
65	25.16	L	F	Darren Minnies	24	MATI CED	24/09/2021 USSA Swimming Championships
66	25.17	L	P	Gideon Wolmarans	19	PAC FSH	15/12/2021 NTS Championships 2021
67	25.19	L	F	Matthias Hipper	19	ELEC JHB	18/03/2022 SA Level 3 Regional Age Group Chan
68	25.21	L	F	Marthinus Matthee	24	KOVS MAN	19/02/2022 Bull-Sharks Gala
69*	25.26	L	F	Thomas Woodhead	20	PER JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
69*	25.26	L	F	Joshua Goldberg	23	RAV EKU	28/01/2022 EGA Last Chance Gala
71	25.28	L S	P	Keagan Pulford	19	CA EKU	09/12/2021 EGA Summer Champs 2021
72	25.34	L	F	Mpumelelo Mosue	24	TUKS FSH	05/11/2021 NTS Prestige Gala 2021
73	25.35	L S	F	Dirco Nienaber	19	FISH EDD	07/12/2021 Western Cape LC-A Championship 20
74	25.36	L	P	Juan Hayman	23	SAAW CPT	18/02/2022 2022 Grand Prix 2 Invitational Meet D
75	25.38	L	F	Jan Venter	34	UNI EZD	03/12/2021 Mpumalanga Championships 2021
76	25.42	L	P	Chris van Heerden	19	NWUC KKD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
77	25.43	L	F	Marthinus Matthee	24	KOVS MAN	25/02/2022 Neptune last chance gala
78	25.49	L	F	Rourke McGrath	21	USC BUF	12/11/2021 PEA Winter Gala Take 2
79	25.51	L	F	Edrich Janse Van Rensburg	21	ONYX EKU	28/01/2022 EGA Last Chance Gala
80	25.52	L	P	Chris Luus	21	RFA FSH	28/05/2021 Grand Prix No 4 Durban May 2021
81	25.53	L	F	Ruan Breytenbach	19	TUKS FSH	05/11/2021 NTS Prestige Gala 2021
82*	25.55	L S	P	Ethan Hieckmann	21	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
82*	25.55	L	P	Frederik De Beer	20	TUKS FSH	15/12/2021 NTS Championships 2021
84*	25.56	L	F	Jonah Pool-Jones	19	MATI CED	25/02/2022 Infinity Gala
84*	25.56	L	F	Jetro Piso	20	UNI EZD	03/12/2021 Mpumalanga Championships 2021
86*	25.57	L	F	Dylan Botha	19	NMU NMA	20/11/2021 2nd A League Gala 2021
86*	25.57	L	F	Georgios Synodinos	22	TUKS FSH	24/09/2021 USSA Swimming Championships
88	25.61	L	P	Zinadeen Scheepers	19	AA JHB	18/02/2022 2022 Grand Prix 2 Invitational Meet D
89	25.62	L S	P	Matthew Bedderson	22	KZNA ETH	06/04/2022 SA National Aquatic SNR-JNR Champ
90	25.63	L	F	Johannes Ferreira	20	NWUC KKD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
91	25.66	L	F	Bryce Grassi	24	INFA NMA	10/12/2021 NMBA Championships 2021
92	25.69	L S	F	Ryan Van Reenen	23	BLMA CPT	07/12/2021 Western Cape LC-A Championship 20
93	25.75	L	F	Robert Le Roux	22	TUKS FSH	28/01/2022 NTS February Age Group 15 & Over
94*	25.78	L	P	Bernard Wolfaardt	19	LINR JHB	28/05/2021 Grand Prix No 4 Durban May 2021
94*	25.78	L	F	Bailey Musgrave	23	SGUL ETH	07/01/2022 2022 Grand Prix Invitation Swimming I
96	25.88	L	P	Matthew Abrahams	22	ASAC CPT	29/03/2022 SA Regional SNR & JNR Champs WC
97	25.93	L	F	Cameron Casali	19	INFA NMA	08/10/2021 40th Freda Barnard Invitational Gala
98	25.97	L	F	Minkateko Makamu	22	MDOL EKU	28/01/2022 EGA Last Chance Gala
99	25.98	L	F	Connor Theron	19	SAAW CPT	29/03/2022 SA Regional SNR & JNR Champs WC
100	26.00	L	F	Sean Loock	22	PSC FSH	28/01/2022 NTS February Age Group 15 & Over
101	26.02	L	F	Michael de Beer	19	TUKS FSH	05/11/2021 NTS Prestige Gala 2021
102	26.03	L	P	Reece Zowitsky	19	TUKS FSH	15/12/2021 NTS Championships 2021
103	26.04	L	P	Ronan Theron	19	TASC MPD	18/03/2022 SA Level 3 Regional Age Group Chan
104	26.08	L	F	Kyle De Fin	21	TUKS FSH	24/09/2021 USSA Swimming Championships
105	26.12	L	F	Daniel Triggiani	21	FRA UHD	30/10/2021 CANA Virtual Swimming Championshipj
106	26.13	L S	P	Malcolm Botha	19	AGC FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
107	26.21	L S	P	Kyle Letley	20	ESTR EKU	09/12/2021 EGA Summer Champs 2021
108	26.23	L	P	Luke Ashton	21	SASE JHB	18/02/2022 2022 Grand Prix 2 Invitational Meet D
109*	26.24	L	F	Jacques Malan	20	TUKS FSH	05/11/2021 NTS Prestige Gala 2021
109*	26.24	L	F	Hlalele Chaane	21	NWUC KKD	08/12/2021 NWS Championships 2020/2021
109*	26.24	L	F	Nicholas Oosthuizen	20	SAAW CPT	06/05/2021 2021 Cana Grand Prix Swimming Stell
112	26.27	L	F	Kairav Mahabeer	19	PISC ETH	29/01/2022 EDA Age Group Gala 4
113*	26.32	L S	F	Johannes Opperman	28	CPTM CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
113*	26.32	L	F	Matthew-Ethan Falconer	19	DRGN EKU	22/10/2021 EGA Summer 3
115	26.37	L	F	Michael Bromfield	21	MATI CED	24/09/2021 USSA Swimming Championships
116	26.42	L S	P	Chad Erasmus	19	VINE CPT	07/12/2021 Western Cape LC-A Championship 20
117	26.45	L	F	Aldo Scribante	22	TUKS FSH	24/09/2021 USSA Swimming Championships

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118	26.52	L	F	Ethan Bailey	19	AQDO CPT	08/10/2021 40th Freda Barnard Invitational Gala
119	26.53	L	F	Dale Coetzee	19	AWSC JHB	18/03/2022 SA Level 3 Regional Age Group Chan
120	26.60	L	F	Nicholas Nel	19	TOTIS ETH	17/03/2022 SA Level 3 Regional Age Group Chan
121	26.67	L	F	Mel Stronkhorst	30	KSC EZD	03/12/2021 Mpumalanga Championships 2021
122	26.68	L S	P	Thomas Klopstra	21	ASAC CPT	07/12/2021 Western Cape LC-A Championship 20
123	26.70	L S	F	Peter-John Joseph	20	UWCA CPT	30/10/2021 CANA Virtual Swimming Championship
124	26.78	L	P	Matthew Estment	22	PER JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
125	26.79	L	F	Matthew Hibberd	24	BLMA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
126	26.81	L S	P	Avron Manchest	26	XSAQ CPT	07/12/2021 Western Cape LC-A Championship 20
127	26.83	L	F	Schalk Van Heerden	22	ETTN ECU	02/10/2021 Frank Gray Memorial Championships :
128	26.86	L	F	Tristan Williamson	23	WBSK WBD	12/02/2022 Limpopo Champs
129	26.89	L	P	Juandr� Uys	19	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
130	27.00	L	F	Angus Solomons	21	TUKS FSH	05/11/2021 NTS Prestige Gala 2021
131	27.01	L	F	Hendrick Ramaala	21	TUKS FSH	28/01/2022 NTS February Age Group 15 & Over
132	27.03	L	F	Andries Jansen van Vuuren	19	BLSS MAN	23/10/2021 Otters Prestige Gala 2021
133	27.05	L S	P	Walter De Jongh	19	TYGE CPT	07/12/2021 Western Cape LC-A Championship 20
134*	27.06	L	F	Nishan Fernando	20	PEAS NMA	10/12/2021 NMBA Championships 2021
134*	27.06	L	F	Daniel Smit	19	SS MPD	12/02/2022 Limpopo Champs
134*	27.06	L	F	Kegan Corns	25	JSA JHB	03/12/2021 CGA LC Summer Champs - Level3+
137	27.12	L	F	Muhammed Adam	20	TUKS FSH	24/09/2021 USSA Swimming Championships
138	27.15	L	F	Johannes Malan	19	STELL RMD	08/12/2021 NWS Championships 2020/2021
139	27.25	L	F	George Versfeld	19	ASAC CPT	04/12/2021 CTA Qualifying Meet
140*	27.37	L S	F	Greg McLeRoth	54	CPTM CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
140*	27.37	L	F	Nkosinolwazi Mbatha	25	USH UHD	29/01/2022 EDA Age Group Gala 4
142	27.39	L	F	Dustin Hale	24	TRAZ FSH	05/11/2021 NTS Prestige Gala 2021
143	27.40	L	F	Linda Mporana	19	UMSH ETH	29/01/2022 EDA Age Group Gala 4
144	27.53	L	F	Matthew Andrew	19	MSC NGD	11/02/2022 MP SA SCHOOLS TRIALS 11-12 FEB
145	27.62	L	F	Byron Govender	21	BEAV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
146	27.64	L	F	Clem Sweet	22	HPS FSH	05/11/2021 NTS Prestige Gala 2021
147	27.66	L	F	Daniel Manus	22	MATI CED	24/09/2021 USSA Swimming Championships
148	27.68	L	P	Thornton Velloen	19	ESTR ECU	18/03/2022 SA Level 3 Regional Age Group Chan
149	27.75	L	F	Dirk Bonemma	22	MATI CED	19/02/2022 Swartland Invitational #2 2022
150	27.81	L	P	Bronte Margro	19	RAV ECU	18/03/2022 SA Level 3 Regional Age Group Chan
151	27.88	L	P	Eduan Du Preez	19	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
152	27.93	L S	F	Ammar Anthony	19	MARL CPT	30/10/2021 CANA Virtual Swimming Championship
153	27.94	L S	F	Ethan Pause	26	CLSC WCD	07/12/2021 Western Cape LC-A Championship 20
154	28.07	L	F	Michael Witbooi	20	BIOS CED	16/10/2021 Winelands SL 3
155	28.31	L	F	Hein Van Tonder	21	TUKS FSH	28/01/2022 NTS February Age Group 15 & Over
156	28.37	L	F	Aaron Putz	25	KZNA ETH	06/04/2022 SA National Aquatic SNR-JNR Champ
157	28.46	L	F	Giorgio Roberto Pier Raccanello	52	CA ECU	02/10/2021 EGA Summer 2
158	28.66	L	P	Thomas Peycke	19	BLMA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
159	28.73	L	P	Ethyn Harris	19	WATR JHB	18/03/2022 SA Level 3 Regional Age Group Chan
160	28.78	L S	F	Jean Pretorius	25	CYBE CPT	07/12/2021 Western Cape LC-A Championship 20
161	28.82	L	F	Sean Jevon	54	USC BUF	12/11/2021 PEA Winter Gala Take 2
162	28.83	L	F	Tgegofatso Nkutshweu	19	ATTE FSH	10/12/2021 2021 The Tshwane Mayoral Gala
163	28.97	L S	F	Philip Winfield	28	CPTM CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
164	29.05	L	F	Brett Allan	40	SMSC ETH	30/10/2021 CANA Virtual Swimming Championship
165	29.10	L	F	Andre Van Der Merwe	50	TT ECU	28/01/2022 EGA Last Chance Gala
166	29.14	L	F	Jan Gutter	39	BLNE MAN	28/10/2021 Neptune Prestige Gala
167	29.15	L	F	Mizaan Alli	19	BAS ECU	22/10/2021 EGA Summer 3
168	29.22	L	P	Christian Sadie	24	RSA	25/08/2021 2021 Tokyo Paralympic Games
169	29.23	L	F	Ryno Van der Walt	LR	PSA ZLD	29/01/2022 Frog n' Fish Sprints 2022
170	29.30	L	F	Vincent Potgieter	23	TLAC BPD	16/10/2021 NWS Age Group 1&2
171	29.50	L	F	Van Reenen Cloete	46	WBSK WBD	16/10/2021 Limpopo Age Group 4
172	29.58	L	F	Roberto Riccardi	49	CA ECU	02/10/2021 EGA Summer 2
173	29.66	L	P	Joshua Bowers	19	MANT CPT	17/03/2022 SA Level 3 Regional Age Group Chan
174	29.75	L	P	Kealeboga Khoza	19	NWUC KKD	08/12/2021 NWS Championships 2020/2021
175	29.84	L	F	Jonathan Pheiffer	19	UWCA CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
176	30.08	L	F	Erhardt Gerber	44	FEMS EDD	12/02/2022 EDEN 5th A-League Gala 2022

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177	30.43 L	P	Khosi Matsipa	20	OLDE JHB	18/03/2022	SA Level 3 Regional Age Group Chan
178	30.45 L	F	Ivan Janse Van Vuuren	38	BLSS MAN	08/10/2021	Super Seals Prestige Gala
179	30.66 L S	F	Andrè Roothman	67	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
180	30.70 L	F	Terence O'Hara	21	TUKS TSH	28/01/2022	NTS February Age Group 15 & Over
181	30.88 L	F	Llewellyn Buys	20	TUKS TSH	24/09/2021	USSA Swimming Championships
182	31.16 L S	F	Valentino Vergotine	34	VINE CPT	07/12/2021	Western Cape LC-A Championship 20
183	31.30 L	F	Ethan George	19	AQDO CPT	08/10/2021	40th Freda Barnard Invitational Gala
184	31.32 L	F	Casper Pretorius	43	ETTN EKU	22/10/2021	EGA Summer 3
185	31.33 L	F	Sthembela Khawula	20	UMSH ETH	29/01/2022	EDA Age Group Gala 4
186	31.34 L	F	Bruce Rankin	58	TLAC BPD	16/10/2021	NWS Age Group 1&2
187	31.65 L	F	Mncedisi Dlamini	21	UMSH ETH	03/12/2021	WSC & Seals Summer LC Champs 20
188	31.82 L	F	Arno Opperman	41	KTS	19/02/2022	Age Group 6 & SA Schools Select - Ke
189	31.88 L S	F	Jean-Pierre Nel	22	ETTN EKU	09/12/2021	EGA Summer Champs 2021
190	32.03 L	F	Phahleng Mampa	19	SOSH TSH	06/03/2022	SSA Regional Level 1 Championships
191	33.01 L S	F	Sean O'Neill	37	ASAC CPT	07/12/2021	Western Cape LC-A Championship 20
192	33.81 L	F	Pieter Weideman	50	FEMS EDD	12/02/2022	EDEN 5th A-League Gala 2022
193	34.07 L	F	Rouan Weideman	23	FEMS EDD	12/02/2022	EDEN 5th A-League Gala 2022
194	34.13 L	F	Louis O'Tool	41	WELA FDD	23/10/2021	Otters Prestige Gala 2021
195	34.30 L	P	Schalk Kock	54	RBUR BPD	08/12/2021	NWS Championships 2020/2021
196	34.32 L	F	Elih Lawrence	19	BLNE MAN	28/10/2021	Neptune Prestige Gala
197	34.49 L	F	Willscott Radley	49	NSAD EZD	04/02/2022	MP AGE GROUP 5 GALA 4-5 FEBRU.
198	34.69 L	F	Simphiwe Wanda	21	FSE UJD	12/02/2022	KCDA February Age Group Gala 2022
199	34.71 L	F	Ryan Ollsson	43	BARR CPT	08/10/2021	40th Freda Barnard Invitational Gala
200	34.93 L	F	Andre Maritz	45	GHSK	19/02/2022	Age Group 6 & SA Schools Select - Ke
201	35.10 L	F	Donovan Van Der Schyf	45	MAC EKU	02/10/2021	EGA Summer 2
202	35.62 L	F	Jeremy Maritz	49	NSAD EZD	01/10/2021	MP AGE GROUP 1 1-2 OCTOBER 20.
203	36.33 L	F	Barend Kok	59	FEMS EDD	12/02/2022	EDEN 5th A-League Gala 2022
204	37.09 L	F	Vumani Msweli	21	FSE UJD	17/03/2022	SA Level 3 Regional Age Group Chan
205	37.20 L S	F	Peter Bennetto	68	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
206	37.25 L	F	Brandon-Leigh Roux	19	FSE UJD	02/10/2021	Froggies Aquatics Championships 202
207	37.99 L	F	Boitshepo Radebe	19	SOSH TSH	22/10/2021	NTS October Level 1-3 Age Group
208	38.82 L	F	Leon Louw	39	KALA	19/02/2022	Age Group 6 & SA Schools Select - Ke
209	39.00 L	P	Mahlatsi Machaka	19	ATTE TSH	11/03/2022	SA Level 2 Regional Age Group Cham
210	39.71 L	P	Kabelo Zwane	19	JMDOL JHB	28/05/2021	Grand Prix No 4 Durban May 2021
211	39.99 L	F	Cecil Cochrane	56	NSAD EZD	04/02/2022	MP AGE GROUP 5 GALA 4-5 FEBRU.
212	41.43 L	F	Mosala Rankopi	31	BLNE MAN	28/10/2021	Neptune Prestige Gala
213	41.83 L	F	Pieter Pretorius	47	MSC NGD	05/03/2022	SSA LEVEL 1 PROVINCIAL SWIM 20;
214	44.05 L	F	Nsindiso Ntombelo	24	FSE UJD	20/11/2021	KCDA November Age Group Gala 202
215	45.28 L	F	Siphelele Mkhize	20	FSE UJD	19/02/2022	Stingrays Swim Club Championships 2
216	47.54 L	F	Mike McDonald	76	FEMS EDD	29/01/2022	EDEN 4th A-League Gala 2022
217	49.13 L	F	Sarel Swanepoel	32	NSAD EZD	15/10/2021	MP AGE GROUP 2 - 15-16 October 20
<b>Men 100 Free</b>							
1	49.41 L	F	Chad Le Clos	30	CYBE CPT	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
2	49.84 L	P	Guy Brooks	19	SGUL ETH	28/05/2021	Grand Prix No 4 Durban May 2021
3	50.65 L	F	Matthew Bosch	20	SGUL ETH	28/05/2021	Grand Prix No 4 Durban May 2021
4	50.79 L	F	Clayton Jimmie	26	RSA	11/10/2021	14th Africa Seniors Swimming Champi
5	50.84 L	P	Daniel Ronaldson	25	SGUL ETH	28/05/2021	Grand Prix No 4 Durban May 2021
6	50.87 L	P	Kobe Ndebele	19	SEAL UMD	28/05/2021	Grand Prix No 4 Durban May 2021
7	50.93 L	F	Simon Haddon	23	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
8	51.03 L	F	Andrew Ross	20	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ
9	51.05 L	F	Danté Nortjé	21	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ
10	51.47 L	P	Gabriel Nortje	20	SGUL ETH	28/05/2021	Grand Prix No 4 Durban May 2021
11	51.52 L	P	Jesse vd A	22	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
12	51.58 L	P	Luke Altmann	20	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
13	51.74 L	P	Anandt Van Rensburg	22	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
14	51.88 L	F	Martin Binedell	26	SGUL ETH	06/05/2021	2021 Cana Grand Prix Swimming Stell
15	52.08 L	F	Hendrich Muth	20	TUKS TSH	15/12/2021	NTS Championships 2021
16	52.18 L	P	Ross Hartigan	23	TUKS TSH	15/12/2021	NTS Championships 2021
17	52.25 L	P	Riccardo Di Domenico	21	JMDOL JHB	28/05/2021	Grand Prix No 4 Durban May 2021

## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22  
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
18	52.35	L	F	Alex Goddard	21	TUKS	FSH 05/11/2021 NTS Prestige Gala 2021
19	52.39	L	P	Hendrik Louw	20	TUKS	FSH 28/05/2021 Grand Prix No 4 Durban May 2021
20	52.40	L	P	Kaydn Naidoo	19	KZNA	ETH 06/04/2022 SA National Aquatic SNR-JNR Champ
21	52.41	L	P	Luke Slabber	19	WCA	CPT 06/04/2022 SA National Aquatic SNR-JNR Champ
22	52.42	L	P	Arno Krüger	19	AGC	FSH 06/04/2022 SA National Aquatic SNR-JNR Champ
23	52.53	L	P	Ruan Hanaczek Kruger	20	LP	CCD 06/04/2022 SA National Aquatic SNR-JNR Champ
24	52.58	L	P	Ethan Riekert	19	TUKS	FSH 28/05/2021 Grand Prix No 4 Durban May 2021
25*	52.82	L	P	Joshua Parry	19	KZNA	ETH 06/04/2022 SA National Aquatic SNR-JNR Champ
25*	52.82	L	P	Andre Van Huyssteen	23	AGC	FSH 06/04/2022 SA National Aquatic SNR-JNR Champ
27	52.84	L	P	Pieter Mostert	19	TUKS	FSH 15/12/2021 NTS Championships 2021
28	52.96	L	P	Chase Rayment	20	SGUL	ETH 28/05/2021 Grand Prix No 4 Durban May 2021
29	53.03	L	F	Kobus Groenewald	20	KOVS	MAN 23/10/2021 Otters Prestige Gala 2021
30	53.10	L	P	Evan Matthysen	23	WSTV	ETH 28/05/2021 Grand Prix No 4 Durban May 2021
31	53.18	L	P	Jonah Pool-Jones	19	WCA	CPT 06/04/2022 SA National Aquatic SNR-JNR Champ
32	53.20	L	P	Adriaan Viljoen	19	WCA	CPT 06/04/2022 SA National Aquatic SNR-JNR Champ
33	53.36	L	F	Divan Pretorius	21	BAS	EKU 29/03/2022 SA Regional Aquatic Champs 2022- N
34	53.40	L	P	Righardt Muller	19	CYBE	CPT 07/12/2021 Western Cape LC-A Championship 20
35	53.42	L	F	Matthew Bowers	26	TUKS	FSH 29/03/2022 SA Regional Aquatic Champs 2022- N
36	53.44	L	F	Janco Rademeyer	22	TUKS	FSH 18/02/2022 NTS Combined February Age Group C
37	53.45	L	P	Bernard Wolfaardt	19	LINR	JHB 28/05/2021 Grand Prix No 4 Durban May 2021
38	53.61	L	F	Gustav Schlechter	19	TUKS	FSH 24/09/2021 USSA Swimming Championships
39	53.66	L	P	Frans-Josef Mentz	22	NWUC	KKD 30/03/2022 SA Regional Aquatic JNR-Senior Cha
40	53.67	L	P	Cameron Casali	19	AGC	FSH 06/04/2022 SA National Aquatic SNR-JNR Champ
41	53.82	L	P	Chris Luus	21	AGC	FSH 06/04/2022 SA National Aquatic SNR-JNR Champ
42*	53.92	L	P	Divan Bester	20	WCA	CPT 06/04/2022 SA National Aquatic SNR-JNR Champ
42*	53.92	L	F	Hermanus Steyn	20	PSC	FSH 15/12/2021 NTS Championships 2021
44	54.03	L	P	Ruan Ras	25	TUKS	FSH 15/12/2021 NTS Championships 2021
45	54.16	L	P	Joshua Emslie	20	WCA	CPT 06/04/2022 SA National Aquatic SNR-JNR Champ
46	54.22	L	P	Benjamin Plattner	22	TUKS	FSH 15/12/2021 NTS Championships 2021
47	54.31	L	F	William Slaughter	19	NWUC	KKD 24/09/2021 USSA Swimming Championships
48	54.43	L	P	Aiden Petersen	20	AGB	JHB 06/04/2022 SA National Aquatic SNR-JNR Champ
49	54.49	L	F	Jetro Piso	20	UNI	EZD 03/12/2021 Mpumalanga Championships 2021
50	54.52	L	F	Cullen Biddulph	19	PEAS	NMA 12/11/2021 PEA Winter Gala Take 2
51	54.53	L	F	Philippus vd Spuy	19	BEST	NMA 16/10/2021 1st A League Gala 2021
52	54.56	L	F	Adam Moncherry	23	MATI	GED 13/11/2021 Winelands SL Final
53	54.57	L	F	Ethan Bailey	19	AQDO	CPT 07/12/2021 Western Cape LC-A Championship 20
54	54.62	L	P	Fadhil Saleh	20	TUKS	FSH 11/10/2021 14th Africa Seniors Swimming Champi
55	54.64	L	P	Michael Bromfield	21	MATI	GED 07/12/2021 Western Cape LC-A Championship 20
56	54.73	L	F	Ma'Az Khota	21	TUKS	FSH 05/11/2021 NTS Prestige Gala 2021
57	54.81	L	P	Christiaan Engelbrecht	22	NWUC	KKD 30/03/2022 SA Regional Aquatic JNR-Senior Cha
58	54.87	L	P	Jaden Harris	22	AGA	EKU 06/04/2022 SA National Aquatic SNR-JNR Champ
59	54.90	L	P	Kian Du Toit	21	SOUL	EKU 09/12/2021 EGA Summer Champs 2021
60	54.91	L	P	Michael Duckham	20	SEAL	UMD 18/02/2022 2022 Grand Prix 2 Invitational Meet Du
61*	54.98	L	P	Gideon Wolmarans	19	PAC	FSH 15/12/2021 NTS Championships 2021
61*	54.98	L	P	Ethan Koekemoer	19	AZON	ETH 18/02/2022 2022 Grand Prix 2 Invitational Meet Du
63*	55.06	L	F	Thomas Woodhead	20	PER	JHB 29/03/2022 SA Regional Aquatic Champs 2022- N
63*	55.06	L	P	Ruan Hutten	19	RFA	FSH 18/02/2022 2022 Grand Prix 2 Invitational Meet Du
65	55.07	L	F	Jordan Bradshaw	21	CRSC	JHB 18/03/2022 SA Level 3 Regional Age Group Chan
66	55.20	L	F	Gert Beetge	21	TUKS	FSH 24/09/2021 USSA Swimming Championships
67	55.33	L	P	Zinadeen Scheepers	19	AA	JHB 29/03/2022 SA Regional Aquatic Champs 2022- N
68	55.35	L	F	Marc Allan	44	SMSC	ETH 30/10/2021 CANA Virtual Swimming Championship
69	55.41	L	P	Reece Zowitsky	19	AGC	FSH 06/04/2022 SA National Aquatic SNR-JNR Champ
70	55.50	L	F	Daniel Vorster	24	NMU	NMA 29/03/2022 SA Regional SNR & JNR Champs WC
71	55.53	L	P	Johannes Ferreira	20	NWUC	KKD 08/12/2021 NWS Championships 2020/2021
72	55.65	L	P	Nathan Armstrong	22	TRAZ	FSH 15/12/2021 NTS Championships 2021
73	55.86	L	P	Max Johnson	19	DORE	JHB 03/12/2021 CGA LC Summer Champs - Level3+
74	55.95	L	F	Mpumelelo Mosue	24	TUKS	FSH 24/09/2021 USSA Swimming Championships
75	56.00	L	F	Chris van Heerden	19	NWUC	KKD 08/12/2021 NWS Championships 2020/2021
76	56.02	L	P	Juan Hayman	23	SAAW	CPT 18/02/2022 2022 Grand Prix 2 Invitational Meet Du

## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
77	56.18	L	F	Joshua Goldberg	23	RAV	EKU	28/01/2022	EGA Last Chance Gala
78	56.29	L	P	Stephanus Bekker	19	RFA	FSH	15/12/2021	NTS Championships 2021
79	56.32	L	P	Ethan Hieckmann	21	WCA	CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
80	56.45	L	P	Frederik De Beer	20	TUKS	FSH	15/12/2021	NTS Championships 2021
81	56.46	L	F	Georgios Synodinos	22	TUKS	FSH	24/09/2021	USSA Swimming Championships
82	56.48	L	F	Rance Gower-Winter	22	SGUL	ETH	07/01/2022	2022 Grand Prix Invitation Swimming I
83*	56.57	L	F	Marthinus Matthee	24	KOVS	MAN	25/02/2022	Neptune last chance gala
83*	56.57	L	F	Rourke McGrath	21	USC	BUF	12/11/2021	PEA Winter Gala Take 2
85	56.59	L	P	Jan Venter	34	UNI	EZD	03/12/2021	Mpumalanga Championships 2021
86	56.60	L	F	Matthias Hipper	19	ELEC	JHB	18/03/2022	SA Level 3 Regional Age Group Chan
87	56.62	L	P	Matthew-Ethan Falconer	19	DRGN	EKU	18/02/2022	2022 Grand Prix 2 Invitational Meet D
88	56.73	L	F	Keagan Pulford	19	CA	EKU	05/11/2021	NTS Prestige Gala 2021
89	56.84	L S	F	Johannes Opperman	28	CPTM	CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
90	56.95	L	P	Matthew Abrahams	22	ASAC	CPT	07/12/2021	Western Cape LC-A Championship 20
91	56.99	L	F	Michael de Beer	19	TUKS	FSH	24/09/2021	USSA Swimming Championships
92*	57.03	L	P	Nicholas Oosthuizen	20	SAAW	CPT	07/12/2021	Western Cape LC-A Championship 20
92*	57.03	L	F	Kyle De Fin	21	TUKS	FSH	24/09/2021	USSA Swimming Championships
94	57.09	L	F	Connor Theron	19	SAAW	CPT	29/03/2022	SA Regional SNR & JNR Champs WC
95	57.17	L	F	Dylan Botha	19	NMU	NMA	29/01/2022	3rd A League Gala 2022
96	57.21	L	F	Sean Loock	22	PSC	FSH	05/11/2021	NTS Prestige Gala 2021
97	57.32	L	P	Kyle Letley	20	ESTR	EKU	09/12/2021	EGA Summer Champs 2021
98	57.78	L	P	Matthew Estment	22	PER	JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
99	57.86	L	P	Juandr� Uys	19	POTC	KKD	08/12/2021	NWS Championships 2020/2021
100*	57.87	L	P	Minkateko Makamu	22	MDOL	EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
100*	57.87	L	P	Hlalele Chaane	21	NWUC	KKD	08/12/2021	NWS Championships 2020/2021
102	57.88	L	F	Marthinus Matthee	24	KOVS	MAN	19/02/2022	Bull-Sharks Gala
103	58.08	L	F	Andries Jansen van Vuuren	19	BLSS	MAN	17/03/2022	SA Level 3 Regional Age Group Chan
104	58.19	L	F	Walter De Jongh	19	TYGE	CPT	17/03/2022	SA Level 3 Regional Age Group Chan
105	58.23	L	F	Bryce Grassi	24	INFA	NMA	12/11/2021	PEA Winter Gala Take 2
106	58.46	L	F	Kairav Mahabeer	19	PISC	ETH	29/01/2022	EDA Age Group Gala 4
107	58.64	L	P	Dale Coetzee	19	AWSC	JHB	03/12/2021	CGA LC Summer Champs - Level3+
108*	58.66	L	P	Chad Erasmus	19	VINE	CPT	07/12/2021	Western Cape LC-A Championship 20
108*	58.66	L	P	Dirco Nienaber	19	FISH	EDD	07/12/2021	Western Cape LC-A Championship 20
110	58.72	L	P	Ryan Van Reenen	23	BLMA	CPT	07/12/2021	Western Cape LC-A Championship 20
111	58.99	L	F	Matthew Andrew	19	MSC	NGD	21/01/2022	MP AGE GROUP 4 GALA 21 - 22 JAN
112	59.05	L	F	Aldo Scribante	22	TUKS	FSH	24/09/2021	USSA Swimming Championships
113	59.06	L	F	Nicholas Nel	19	TOTIS	ETH	17/03/2022	SA Level 3 Regional Age Group Chan
114	59.08	L	F	Muhammed Adam	20	TUKS	FSH	24/09/2021	USSA Swimming Championships
115	59.09	L	F	Johannes Malan	19	STELL	RMD	17/03/2022	SA Level 3 Regional Age Group Chan
116	59.30	L	P	Ronan Theron	19	TASC	MPD	18/03/2022	SA Level 3 Regional Age Group Chan
117*	59.34	L	F	Jacques Malan	20	TUKS	FSH	28/01/2022	NTS February Age Group 15 & Over
117*	59.34	L	F	Hein Van Tonder	21	TUKS	FSH	22/10/2021	NTS October Level 1-3 Age Group
119	59.47	L	P	Matthew Hibberd	24	BLMA	CPT	07/12/2021	Western Cape LC-A Championship 20
120	59.52	L	F	Nkosinolwazi Mbatha	25	USH	UHD	03/12/2021	WSC & Seals Summer LC Champs 20
121	59.67	L	F	Nishan Fernando	20	PEAS	NMA	10/12/2021	NMBA Championships 2021
122	59.79	L	F	Daniel Smit	19	SS	MPD	16/10/2021	Limpopo Age Group 4
123	59.82	L	F	Heinrich Vorster	19	PEAS	NMA	12/11/2021	PEA Winter Gala Take 2
124	1:00.01	L	F	Avron Manchest	26	XSAQ	CPT	30/10/2021	CANA Virtual Swimming Championship
125	1:00.16	L	F	Edrich Janse Van Rensburg	21	ONYX	EKU	09/12/2021	EGA Summer Champs 2021
126	1:00.25	L	F	Angus Solomons	21	TUKS	FSH	05/11/2021	NTS Prestige Gala 2021
127	1:00.48	L	P	Eduan Du Preez	19	TUKS	FSH	15/12/2021	NTS Championships 2021
128	1:00.49	L	F	Daniel Triggiani	21	FRA	UHD	30/10/2021	CANA Virtual Swimming Championship
129	1:00.51	L	F	Linda Mpofana	19	UMSH	ETH	17/03/2022	SA Level 3 Regional Age Group Chan
130	1:00.91	L	P	George Versfeld	19	ASAC	CPT	07/12/2021	Western Cape LC-A Championship 20
131	1:00.97	L S	F	Ethan Paulse	26	CLSC	WCD	07/12/2021	Western Cape LC-A Championship 20
132	1:01.02	L	F	Peter-John Joseph	20	UWCA	CPT	04/12/2021	CTA Qualifying Meet
133	1:01.24	L	F	Tristan Williamson	23	WBSK	WBD	12/02/2022	Limpopo Champs
134	1:01.30	L	F	Dustin Hale	24	TRAZ	FSH	05/11/2021	NTS Prestige Gala 2021
135	1:01.79	L	P	Bronte Margro	19	RAV	EKU	18/03/2022	SA Level 3 Regional Age Group Chan

## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
136	1:02.17	L	P	Ammar Anthony	19	MARL CPT	17/03/2022	SA Level 3 Regional Age Group Chan
137	1:02.37	L	P	Byron Govender	21	BEAV ETH	17/03/2022	SA Level 3 Regional Age Group Chan
138	1:02.78	L	F	Jonathan Pheiffer	19	UWCA CPT	22/03/2022	SA Level 2 Regional Age Group Chan
139	1:03.02	L	P	Ethyn Harris	19	WATR JHB	18/03/2022	SA Level 3 Regional Age Group Chan
140	1:03.07	L S	F	Greg McLeRoth	54	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
141	1:03.18	L	F	Aaron Putz	25	WSTV ETH	17/12/2021	2021 KZNA Premier Provincial Champ
142	1:03.38	L	P	Thornton Velloen	19	ESTR EKU	18/03/2022	SA Level 3 Regional Age Group Chan
143	1:03.46	L	F	Clem Sweet	22	HPS TSH	05/11/2021	NTS Prestige Gala 2021
144	1:03.88	L	P	Thomas Peycke	19	BLMA CPT	17/03/2022	SA Level 3 Regional Age Group Chan
145	1:04.24	L	F	Daniel Manus	22	MATI CED	24/09/2021	USSA Swimming Championships
146	1:04.49	L	P	Joshua Bowers	19	MANT CPT	17/03/2022	SA Level 3 Regional Age Group Chan
147	1:04.65	L	P	Jean Pretorius	25	CYBE CPT	07/12/2021	Western Cape LC-A Championship 20
148	1:05.20	L S	F	Philip Winfield	28	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
149	1:05.55	L	F	Ryno Van der Walt	LR	PSA ZLD	04/12/2021	Stingrays Swim Club Championships 2
150	1:05.67	L	F	Sean Jevon	54	USC BUF	12/11/2021	PEA Winter Gala Take 2
151	1:05.69	L	P	Llewellyn Buys	20	MATI CED	17/03/2022	SA Level 3 Regional Age Group Chan
152	1:06.02	L	F	Andre Van Der Merwe	50	TT EKU	28/01/2022	EGA Last Chance Gala
153	1:06.11	L	F	Tgegofatso Nkutshweu	19	ATTE TSH	17/10/2021	2021 AG Swim Stars Champs & OR T
154	1:06.55	L	F	Erhardt Gerber	44	FEMS EDD	12/02/2022	EDEN 5th A-League Gala 2022
155	1:06.66	L S	F	Christian Sadie	24	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
156	1:06.72	L S	F	Andr� Roothman	67	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
157	1:07.52	L	P	Ethan George	19	AQDO CPT	17/03/2022	SA Level 3 Regional Age Group Chan
158	1:07.65	L	P	Sthembela Khawula	20	UMSH ETH	17/03/2022	SA Level 3 Regional Age Group Chan
159	1:07.95	L	F	Van Reenen Cloete	46	WBSK WBD	06/11/2021	Limpopo Age Group 5
160	1:07.97	L S	F	Jean-Pierre Nel	22	ETTN EKU	09/12/2021	EGA Summer Champs 2021
161	1:08.18	L S	F	Valentino Vergotine	34	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
162	1:08.21	L	P	Kealeboga Khoza	19	NWUC KKD	08/12/2021	NWS Championships 2020/2021
163	1:08.27	L	F	Jan Gutter	39	BLNE MAN	28/10/2021	Neptune Prestige Gala
164	1:09.78	L	F	Ivan Janse Van Vuuren	38	BLSS MAN	16/10/2021	Bull-Sharks Gala
165	1:09.88	L	F	Khosi Matsipa	20	MAC EKU	28/01/2022	EGA Last Chance Gala
166	1:10.76	L	P	Casper Pretorius	43	ETTN EKU	09/12/2021	EGA Summer Champs 2021
167	1:12.67	L	F	Bruce Rankin	58	TLAC BPD	16/10/2021	NWS Age Group 1&2
168	1:13.10	L S	F	Michael Winfield	67	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
169	1:16.92	L	F	Andre Maritz	45	GHSK	06/11/2021	Age Group 1 & 2 - Kimberley
170	1:17.57	L	F	Phahleng Mampa	19	SOSH TSH	06/03/2022	SSA Regional Level 1 Championships
171	1:17.64	L S	F	Douglas Howieson	69	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
172	1:19.03	L S	F	David Frost	63	WINE CED	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
173	1:19.72	L	P	Schalk Kock	54	RBUR BPD	08/12/2021	NWS Championships 2020/2021
174	1:20.60	L S	F	Elih Lawrence	19	FSA FS	06/04/2022	SA National Aquatic SNR-JNR Champ
175	1:20.91	L S	F	Sean O'Neill	37	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
176	1:21.75	L	F	Jeremy Maritz	49	NSAD EZD	29/10/2021	CANA Virtual Swimming Championship
177	1:22.67	L	F	Arno Opperman	41	KTS	28/10/2021	Neptune Prestige Gala
178	1:23.72	L	F	Willscott Radley	49	NSAD EZD	04/02/2022	MP AGE GROUP 5 GALA 4-5 FEBRU.
179	1:26.50	L S	F	Peter Bennetto	68	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
180	1:27.31	L	F	Simphiwe Wanda	21	FSE UHD	04/12/2021	Stingrays Swim Club Championships 2
181	1:27.32	L	F	Louis O'Tool	41	WELA FDD	13/11/2021	NWS Age Group 3 2021/22
182	1:27.66	L	F	Vumani Msweli	21	FSE UHD	04/12/2021	Stingrays Swim Club Championships 2
183	1:27.74	L	F	Barend Kok	59	FEMS EDD	12/02/2022	EDEN 5th A-League Gala 2022
184	1:29.56	L	F	Leon Louw	39	KALA	16/10/2021	Age Group 1 - Kathu
185	1:33.71	L	F	Cecil Cochrane	56	NSAD EZD	04/02/2022	MP AGE GROUP 5 GALA 4-5 FEBRU.
186	1:35.69	L	F	Boitshepo Radebe	19	SOSH TSH	22/10/2021	NTS October Level 1-3 Age Group
187	1:38.94	L	F	Pieter Pretorius	47	MSC NGD	05/03/2022	SSA LEVEL 1 PROVINCIAL SWIM 20;
188	1:44.47	L	F	Mahlatsi Machaka	19	ATTE TSH	10/12/2021	2021 The Tshwane Mayoral Gala
189	1:56.51	L	F	Mike McDonald	76	FEMS EDD	12/02/2022	EDEN 5th A-League Gala 2022
190	2:28.56	L	F	Sarel Swanepoel	32	NSAD EZD	15/10/2021	MP AGE GROUP 2 - 15-16 October 20
<b>Men 200 Free</b>								
1	1:48.83	L	F	Chad Le Clos	30	CYBE CPT	06/05/2021	2021 Cana Grand Prix Swimming Stell
2	1:49.49	L	F	Max Litchfield	27	GBR	06/04/2022	SA National Aquatic SNR-JNR Champ
3	1:49.59	L	F	Andrew Ross	20	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ

### Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22  
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
4	1:51.70	L	F	Danté Nortjé	21	AGC	FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
5	1:51.80	L	P	Hendrik Louw	20	TUKS	FSH	28/05/2021	Grand Prix No 4 Durban May 2021
6	1:51.99	L	F	Guy Brooks	19	RSA		11/10/2021	14th Africa Seniors Swimming Champi
7	1:52.37	L	P	Righardt Muller	19	WCA	CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
8	1:52.44	L	F	Matthew Bosch	20	SGUL	ETH	28/05/2021	Grand Prix No 4 Durban May 2021
9	1:53.15	L	P	Ross Hartigan	23	AGC	FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
10	1:53.61	L S	F	Andre Van Huyssteen	23	TUKS	FSH	15/12/2021	NTS Championships 2021
11	1:53.67	L	P	Arno Krüger	19	AGC	FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
12	1:53.70	L	P	Simon Haddon	23	WCA	CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
13	1:54.17	L	F	Michael McGlynn	22	ACSA	ETH	28/05/2021	Grand Prix No 4 Durban May 2021
14	1:54.48	L	P	Kobe Ndebele	19	SEAL	UMD	28/05/2021	Grand Prix No 4 Durban May 2021
15	1:55.20	L	P	Luke Altmann	20	WCA	CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
16	1:55.86	L	F	Bernard Wolfaardt	19	LINR	JHB	28/05/2021	Grand Prix No 4 Durban May 2021
17	1:55.97	L S	F	Pieter Mostert	19	TUKS	FSH	15/12/2021	NTS Championships 2021
18	1:56.07	L	P	Joshua Parry	19	KZNA	ETH	06/04/2022	SA National Aquatic SNR-JNR Champ
19	1:56.17	L	F	Ruan Ras	25	TUKS	FSH	05/11/2021	NTS Prestige Gala 2021
20	1:56.29	L	F	Divan Pretorius	21	BAS	EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
21*	1:56.56	L	F	Divan Bester	20	CYBE	CPT	28/05/2021	Grand Prix No 4 Durban May 2021
21*	1:56.56	L S	F	Roberto Gomes	22	TUKS	FSH	15/12/2021	NTS Championships 2021
23	1:56.58	L	F	Janco Rademeyer	22	TUKS	FSH	18/02/2022	NTS Combined February Age Group G
24	1:56.62	L	F	Cameron Casali	19	INFA	NMA	28/05/2021	Grand Prix No 4 Durban May 2021
25	1:56.78	L	P	Alex Goddard	21	AGC	FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
26	1:57.17	L	F	Connor Buck	19	ACSA	ETH	17/12/2021	2021 KZNA Premier Provincial Champ
27	1:57.29	L	P	Michael Duckham	20	SEAL	UMD	18/02/2022	2022 Grand Prix 2 Invitational Meet Dt
28	1:57.34	L	P	Aiden Petersen	20	WATR	JHB	28/05/2021	Grand Prix No 4 Durban May 2021
29	1:58.00	L	P	Hermanus Steyn	20	AGC	FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
30	1:58.05	L	F	Adriaan Viljoen	19	MATI	GED	25/02/2022	Infinity Gala
31	1:58.38	L	F	Gabriel Nortje	20	SGUL	ETH	17/12/2021	2021 KZNA Premier Provincial Champ
32	1:59.17	L	P	Reece Zowitsky	19	AGC	FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
33	1:59.24	L	P	Rance Gower-Winter	22	SGUL	ETH	28/05/2021	Grand Prix No 4 Durban May 2021
34	1:59.30	L	F	Ethan Bailey	19	AQDO	CPT	07/12/2021	Western Cape LC-A Championship 20
35	1:59.52	L	P	Ethan Riekert	19	AGC	FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
36	2:00.38	L	P	Luke Slabber	19	VINE	CPT	07/12/2021	Western Cape LC-A Championship 20
37	2:00.94	L	P	Dylan Wright	19	TYGE	CPT	06/05/2021	2021 Cana Grand Prix Swimming Stell
38	2:01.11	L	P	Michael Bromfield	21	MATI	GED	07/12/2021	Western Cape LC-A Championship 20
39	2:01.55	L	F	Darren Minnies	24	MATI	GED	24/09/2021	USSA Swimming Championships
40	2:01.60	L	F	Anandt Van Rensburg	22	CA	EKU	28/01/2022	EGA Last Chance Gala
41	2:01.72	L	F	Joshua Ashley	19	ACSA	ETH	17/12/2021	2021 KZNA Premier Provincial Champ
42	2:01.94	L	F	Thomas Woodhead	20	PER	JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
43	2:02.30	L	F	Kobus Groenewald	20	KOVS	MAN	08/12/2021	Free State Champs 2021
44	2:02.44	L	F	Gustav Schlechter	19	TUKS	FSH	24/09/2021	USSA Swimming Championships
45	2:02.73	L	F	Ruan Hutten	19	RFA	FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
46	2:03.01	L	F	Frans-Josef Mentz	22	NWUC	KKD	30/03/2022	SA Regional Aquatic JNR-Senior Cha
47	2:03.71	L	P	Johannes Ferreira	20	NWUC	KKD	08/12/2021	NWS Championships 2020/2021
48	2:04.18	L	F	Terence O'Hara	21	TUKS	FSH	28/01/2022	NTS February Age Group 15 & Over
49	2:04.56	L	F	Zinadeen Scheepers	19	AA	JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
50	2:04.73	L	P	Fadhil Saleh	20	TUKS	FSH	11/10/2021	14th Africa Seniors Swimming Champi
51	2:04.82	L	F	Reino Von Wielligh	29	TUKS	FSH	24/09/2021	NTS Age Group September SANJ+
52	2:05.20	L	F	Cullen Biddulph	19	TUKS	FSH	24/09/2021	USSA Swimming Championships
53	2:05.79	L	P	Matthew Andrew	19	MSC	NGD	29/03/2022	SA Regional Aquatic Champs 2022- N
54	2:06.03	L	F	Alfonso Janse Van Rensburg	20	MATI	GED	24/09/2021	USSA Swimming Championships
55	2:06.10	L	P	Joshua Emslie	20	MATI	GED	07/12/2021	Western Cape LC-A Championship 20
56	2:06.89	L	F	Mpumelelo Mosue	24	TUKS	FSH	24/09/2021	USSA Swimming Championships
57	2:07.65	L	F	Muhammed Adam	20	TUKS	FSH	24/09/2021	USSA Swimming Championships
58	2:07.83	L	F	Frederik De Beer	20	TUKS	FSH	28/01/2022	NTS February Age Group 15 & Over
59	2:07.94	L	F	Walter De Jongh	19	TYGE	CPT	17/03/2022	SA Level 3 Regional Age Group Chan
60	2:09.07	L	F	Michael de Beer	19	TUKS	FSH	24/09/2021	USSA Swimming Championships
61	2:09.65	L	P	Matthew Abrahams	22	ASAC	CPT	07/12/2021	Western Cape LC-A Championship 20
62	2:10.02	L	F	Chris van Heerden	19	NWUC	KKD	24/09/2021	USSA Swimming Championships



## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
63	2:10.23	L	F	Jetro Piso	20	UNI EZD	03/12/2021 Mpumalanga Championships 2021
64	2:10.29	L	F	Matthew-Ethan Falconer	19	DRGN EKU	18/09/2021 EGA Summer 1
65	2:10.63	L	F	Heinrich Vorster	19	PEAS NMA	12/11/2021 PEA Winter Gala Take 2
66	2:10.98	L	F	Rourke McGrath	21	USC BUF	12/11/2021 PEA Winter Gala Take 2
67	2:11.32	L	F	Georgios Synodinos	22	TUKS FSH	24/09/2021 USSA Swimming Championships
68	2:11.69	L	P	Hlalele Chaane	21	NWUC KKD	08/12/2021 NWS Championships 2020/2021
69	2:12.00	L	F	Kyle De Fin	21	TUKS FSH	24/09/2021 USSA Swimming Championships
70	2:12.44	L	P	Matthias Hipper	19	ELEC JHB	03/12/2021 CGA LC Summer Champs - Level3+
71	2:13.41	L	P	Juandr� Uys	19	POTC KKD	08/12/2021 NWS Championships 2020/2021
72	2:14.28	L	F	Hein Van Tonder	21	TUKS FSH	28/01/2022 NTS February Age Group 15 & Over
73	2:15.32	L	P	Bronte Margro	19	RAV EKU	18/03/2022 SA Level 3 Regional Age Group Chan
74	2:16.53	L	F	Eduan Du Preez	19	TUKS FSH	24/09/2021 USSA Swimming Championships
75	2:17.01	L	F	Nishan Fernando	20	TUKS FSH	24/09/2021 USSA Swimming Championships
76	2:17.28	L	F	Nkosinolwazi Mbatha	25	USH UJD	15/01/2022 KCDA January 2022 Age Group Gala
77	2:17.29	L	P	Matthew Hibberd	24	BLMA CPT	07/12/2021 Western Cape LC-A Championship 20
78	2:17.72	L	F	Malcolm Botha	19	VRC FSH	28/01/2022 NTS February Age Group 15 & Over
79	2:17.80	L	F	Linda Mpfana	19	UMSH ETH	29/01/2022 EDA Age Group Gala 4
80	2:18.05	L	F	Joshua Bowers	19	MANT CPT	17/03/2022 SA Level 3 Regional Age Group Chan
81	2:18.67	L	F	Dirco Nienaber	19	FISH EDD	19/11/2021 Eden LC Champs 2021
82	2:18.84	L	P	Ryan Van Reenen	23	BLMA CPT	07/12/2021 Western Cape LC-A Championship 20
83	2:19.17	L	F	Kyle Letley	20	ESTR EKU	18/09/2021 EGA Summer 1
84	2:19.28	L S	F	Ethan Paulse	26	CLSC WCD	07/12/2021 Western Cape LC-A Championship 20
85	2:19.33	L	P	Chad Erasmus	19	VINE CPT	07/12/2021 Western Cape LC-A Championship 20
86	2:19.34	L	P	Ethyn Harris	19	WATR JHB	18/03/2022 SA Level 3 Regional Age Group Chan
87	2:19.66	L	F	Jeanr� van Antwerpen	21	NWUC KKD	16/10/2021 NWS Age Group 1&2
88	2:20.96	L	F	Daniel Smit	19	SS MPD	12/02/2022 Limpopo Champs
89	2:23.28	L	P	Llewellyn Buys	20	MATI CED	17/03/2022 SA Level 3 Regional Age Group Chan
90	2:23.38	L	F	Edrich Janse Van Rensburg	21	ONYX EKU	09/12/2021 EGA Summer Champs 2021
91	2:25.69	L	F	Daniel Triggiani	21	FRA UJD	30/10/2021 CANA Virtual Swimming Championship
92	2:25.71	L	P	Thomas Peycke	19	BLMA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
93	2:25.79	L	F	Ammar Anthony	19	MARL CPT	08/10/2021 40th Freda Barnard Invitational Gala
94	2:27.39	L	F	George Versfeld	19	ASAC CPT	04/12/2021 CTA Qualifying Meet
95	2:27.86	L	F	Andries Jansen van Vuuren	19	BLSS MAN	23/10/2021 Otters Prestige Gala 2021
96	2:28.83	L	P	Thornton Velloen	19	ESTR EKU	18/03/2022 SA Level 3 Regional Age Group Chan
97	2:28.98	L	F	Andre Van Der Merwe	50	TT EKU	28/01/2022 EGA Last Chance Gala
98	2:29.26	L	F	Jonathan Pheiffer	19	UWCA CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
99	2:29.44	L	F	Ethan George	19	AQDO CPT	08/10/2021 40th Freda Barnard Invitational Gala
100	2:32.59	L	F	Jean-Pierre Nel	22	ETTN EKU	12/11/2021 EGA Summer 4
101	2:32.68	L	F	Donovan Daniell	42	MAC EKU	12/11/2021 EGA Summer 4
102	2:33.96	L	F	Brett Allan	40	SMSC ETH	30/10/2021 CANA Virtual Swimming Championship
103	2:34.36	L S	F	Valentino Vergotine	34	VINE CPT	07/12/2021 Western Cape LC-A Championship 20
104	2:34.43	L	F	Peter-John Joseph	20	UWCA CPT	06/11/2021 CTA Qualifying Meet 4 - Long Distance
105	2:35.17	L	F	Clem Sweet	22	HPS FSH	17/09/2021 NTS Age group September Level 2+3
106	2:36.22	L	F	Sthembela Khawula	20	UMSH ETH	29/01/2022 EDA Age Group Gala 4
107	2:39.92	L	F	Casper Pretorius	43	ETTN EKU	18/09/2021 EGA Summer 1
108	2:45.18	L	F	Ivan Janse Van Vuuren	38	BLSS MAN	02/10/2021 Frank Gray Memorial Championships ;
109	2:45.24	L	F	Van Reenen Cloete	46	WBSK WBD	12/02/2022 Limpopo Champs
110	2:50.04	L S	F	Douglas Howieson	69	CPTM CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
111	2:50.80	L S	F	Roderick Holshausen	63	CPTM CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
112	2:54.36	L	P	Elih Lawrence	19	FSA FS	06/04/2022 SA National Aquatic SNR-JNR Champ
113	2:56.37	L	F	Bruce Rankin	58	TLAC BPD	16/10/2021 NWS Age Group 1&2
114	3:03.20	L	F	Andre Maritz	45	GHSK	19/02/2022 Age Group 6 & SA Schools Select - Ke
115	3:12.88	L	F	Khosi Matsipa	20	OLDE JHB	12/11/2021 EGA Summer 4
116	3:19.13	L S	F	Peter Bennetto	68	CPTM CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
117	3:21.09	L	F	Phahleng Mampa	19	SOSH FSH	06/03/2022 SSA Regional Level 1 Championships
118	3:31.92	L	F	Leon Louw	39	KALA	16/10/2021 Age Group 1 - Kathu
119	3:38.39	L	F	Simphiwe Wanda	21	FSE UJD	19/02/2022 Stingrays Swim Club Championships 2
120	3:51.58	L	F	Vumani Msweli	21	FSE UJD	22/01/2022 Fish Eagles Long Distance Champs 2f
121	4:09.40	L	F	Boitshupo Radebe	19	SOSH FSH	10/12/2021 2021 The Tshwane Mayoral Gala

## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
<b>Men 400 Free</b>							
1	3:51.37 L	F	Max Litchfield	27	GBR	06/04/2022	SA National Aquatic SNR-JNR Champ
2	3:53.95 L	P	Brent Szurdoki	25	WATR JHB	28/05/2021	Grand Prix No 4 Durban May 2021
3	3:56.16 L	P	Andrew Ross	20	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
4	3:56.56 L	F	Michael McGlynn	22	ACSA ETH	28/05/2021	Grand Prix No 4 Durban May 2021
5	3:56.83 L	F	Hendrik Louw	20	TUKS FSH	28/05/2021	Grand Prix No 4 Durban May 2021
6	3:57.75 L	F	Righardt Muller	19	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
7	3:59.15 L	P	Connor Buck	19	ACSA ETH	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
8	3:59.30 L	F	Danté Nortjé	21	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
9	4:00.46 L	P	Roberto Gomes	22	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
10	4:01.22 L	P	Ross Hartigan	23	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
11	4:03.61 L	P	Cameron Casali	19	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
12	4:04.29 L	P	Bernard Wolfaardt	19	LINR JHB	28/05/2021	Grand Prix No 4 Durban May 2021
13	4:06.47 L	P	Pieter Mostert	19	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
14	4:06.92 L	P	Ruan Breytenbach	19	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
15	4:07.26 L	P	Aiden Petersen	20	WATR JHB	28/05/2021	Grand Prix No 4 Durban May 2021
16	4:07.58 L	F	Guy Brooks	19	SGUL ETH	29/01/2022	EDA Age Group Gala 4
17	4:09.03 L	F	Ruan Ras	25	TUKS FSH	05/11/2021	NTS Prestige Gala 2021
18	4:09.26 L	P	Michael Duckham	20	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ
19	4:09.47 L	F	Reece Zowitsky	19	TUKS FSH	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
20	4:10.28 L	P	Adriaan Viljoen	19	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
21	4:10.67 L	P	Divan Bester	20	CYBE CPT	28/05/2021	Grand Prix No 4 Durban May 2021
22	4:12.16 L	F	Ethan Bailey	19	AQDO CPT	07/12/2021	Western Cape LC-A Championship 20
23	4:12.82 L	F	Divan Pretorius	21	BAS EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
24	4:13.89 L	F	Joshua Ashley	19	ACSA ETH	17/12/2021	2021 KZNA Premier Provincial Champ
25	4:18.68 L	F	Michael Bromfield	21	MATI CED	25/02/2022	Infinity Gala
26	4:21.00 L	F	Reino Von Wielligh	29	TUKS FSH	24/09/2021	NTS Age Group September SANJ+
27	4:22.61 L	F	Gabriel Nortje	20	SGUL ETH	17/12/2021	2021 KZNA Premier Provincial Champ
28	4:23.44 L	F	Jetro Piso	20	UNI EZD	03/12/2021	Mpumalanga Championships 2021
29	4:24.99 L	P	Muhammed Adam	20	RSA	11/10/2021	14th Africa Seniors Swimming Champi
30	4:25.43 L	F	Ethan Riekert	19	TUKS FSH	24/09/2021	USSA Swimming Championships
31	4:26.23 L	F	Darren Minnies	24	MATI CED	24/09/2021	USSA Swimming Championships
32	4:29.40 L	F	Matthew Andrew	19	MSC NGD	29/03/2022	SA Regional Aquatic Champs 2022- N
33	4:30.11 L	P	Matthew-Ethan Falconer	19	DRGN EKU	28/05/2021	Grand Prix No 4 Durban May 2021
34	4:30.30 L	F	Johannes Ferreira	20	NWUC KKD	24/09/2021	USSA Swimming Championships
35	4:34.52 L	F	Walter De Jongh	19	TYGE CPT	17/03/2022	SA Level 3 Regional Age Group Chan
36	4:36.12 L	P	Rogan Shepherd	20	TUKS FSH	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
37	4:37.02 L	F	Frederik De Beer	20	TUKS FSH	15/12/2021	NTS Championships 2021
38	4:38.39 L	F	Matthew Pelser	19	AZON ETH	12/06/2021	Curro Age Group Gala 1
39	4:42.68 L	F	Alfonso Janse Van Rensburg	20	MATI CED	24/09/2021	USSA Swimming Championships
40	4:42.71 L	F	Joshua Jacoby	22	BEAV ETH	30/10/2021	CANA Virtual Swimming Championship
41	4:43.25 L	F	Heinrich Vorster	19	PEAS NMA	12/11/2021	PEA Winter Gala Take 2
42	4:47.01 L	F	Matthew Abrahams	22	ASAC CPT	07/12/2021	Western Cape LC-A Championship 20
43	4:52.41 L	F	Joshua Bowers	19	MANT CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
44	4:54.09 L	F	Malcolm Botha	19	VRC FSH	28/01/2022	NTS February Age Group 15 & Over
45	4:55.35 L	F	Bronte Margro	19	RAV EKU	18/03/2022	SA Level 3 Regional Age Group Chan
46	4:57.20 L	F	Thomas Klopstra	21	ASAC CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
47	4:59.29 L	F	Mpumelelo Mosue	24	TUKS FSH	24/09/2021	USSA Swimming Championships
48	4:59.59 L	F	Hlalele Chaane	21	NWUC KKD	02/10/2021	Frank Gray Memorial Championships :
49	4:59.94 L	F	Llewellyn Buys	20	MATI CED	16/10/2021	Winelands SL 3
50	5:01.68 L	F	Jeanré van Antwerpen	21	NWUC KKD	16/10/2021	NWS Age Group 1&2
51	5:02.34 L	F	Nishan Fernando	20	PEAS NMA	16/10/2021	1st A League Gala 2021
52	5:05.20 L	F	Ethyn Harris	19	WATR JHB	18/03/2022	SA Level 3 Regional Age Group Chan
53	5:05.73 L	F	Matthew Hibberd	24	BLMA CPT	17/03/2022	SA Level 3 Regional Age Group Chan
54	5:20.01 L	F	Ethan George	19	AQDO CPT	17/03/2022	SA Level 3 Regional Age Group Chan
55	5:21.59 L	P	Christian Sadie	24	LALE CED	28/05/2021	Grand Prix No 4 Durban May 2021
56	5:22.39 L	F	Roberto Riccardi	49	CA EKU	02/10/2021	EGA Summer 2
57	5:28.87 L	F	Edrich Janse Van Rensburg	21	ONYX EKU	04/09/2021	EGA Adrian Grafe Gala 2021
58	5:29.63 L	F	Dirco Nienaber	19	FISH EDD	08/10/2021	40th Freda Barnard Invitational Gala

## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
59	5:37.01 L	F	Valentino Vergotine	34	VINE CPT	30/10/2021	CANA Virtual Swimming Championship
60	5:39.61 L	F	Giorgio Roberto Pier Raccanello	52	CA EKU	02/10/2021	EGA Summer 2
61	5:56.19 L	F	Jean-Pierre Nel	22	ETTN EKU	02/10/2021	EGA Summer 2
62	5:58.19 L S	F	Roderick Holshausen	63	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
63	6:01.99 L	F	Ivan Janse Van Vuuren	38	BLSS MAN	02/10/2021	Frank Gray Memorial Championships ;
64	6:03.05 L	F	Casper Pretorius	43	ETTN EKU	02/10/2021	EGA Summer 2
65	6:05.72 L S	F	Douglas Howieson	69	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
66	6:12.49 L S	F	David Frost	63	WINE CED	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
67	6:20.51 L	O	Deon Janse van Rensburg	19	NSAD EZD	17/10/2021	AGE GROUP 2 - OPEN WATER SWIM
68	6:24.39 L	F	Thornton Velloen	19	ESTR EKU	04/09/2021	EGA Adrian Grafe Gala 2021
69	6:36.75 L	F	Brian Whistler	52	MEGA EKU	02/10/2021	EGA Summer 2
70	6:41.13 L	F	Elih Lawrence	19	BLNE MAN	28/10/2021	Neptune Prestige Gala
71	6:54.01 L	F	Tgegofatso Nkutshweu	19	ATTE FSH	28/01/2022	NTS February Age Group 15 & Over
72	7:12.52 L S	F	Peter Bennetto	68	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
73	8:30.47 L	F	Daniel Vile	69	MEGA EKU	02/10/2021	EGA Summer 2
<b>Men 800 Free</b>							
1	8:03.22 L	P	Brent Szurdoki	25	WATR JHB	28/05/2021	Grand Prix No 4 Durban May 2021
2	8:18.54 L	F	Connor Buck	19	ACSA ETH	17/12/2021	2021 KZNA Premier Provincial Champ
3	8:19.10 L	F	Roberto Gomes	22	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
4	8:20.30 L	F	Ruan Breytenbach	19	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
5	8:23.30 L S	F	Righardt Muller	19	CYBE CPT	07/12/2021	Western Cape LC-A Championship 20
6	8:24.16 L	F	Hendrik Louw	20	TCA EKU	01/12/2021	2021 Toyota US Open Championships
7	8:25.89 L	F	Danté Nortjé	21	TUKS FSH	15/12/2021	NTS Championships 2021
8	8:26.36 L	F	Cameron Casali	19	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
9	8:35.98 L	F	Reece Zowitsky	19	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
10	8:39.86 L	F	Aiden Petersen	20	WATR JHB	28/05/2021	Grand Prix No 4 Durban May 2021
11	8:52.06 L	F	Joshua Ashley	19	ACSA ETH	17/12/2021	2021 KZNA Premier Provincial Champ
12	8:52.53 L	F	Ethan Bailey	19	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
13	9:02.27 L	F	Reino Von Wielligh	29	TUKS FSH	15/12/2021	NTS Championships 2021
14	9:03.92 L	P	Michael McGlynn	22	ACSA ETH	28/05/2021	Grand Prix No 4 Durban May 2021
15	9:09.58 L	F	Muhammed Adam	20	RSA	11/10/2021	14th Africa Seniors Swimming Champi
16	9:47.96 L	F	Anandt Van Rensburg	22	CA EKU	22/10/2021	EGA Summer 3
17	9:54.33 L	F	Divan Pretorius	21	BAS EKU	22/10/2021	EGA Summer 3
18	10:11.95 L	F	Joshua Jacoby	22	BEAV ETH	30/03/2022	SA Regional Aquatic JNR-Senior Cha
19	10:24.51 L	F	Jeanré van Antwerpen	21	NWUC KKD	16/10/2021	NWS Age Group 1&2
20	11:03.39 L	F	Ethan George	19	AQDO CPT	08/10/2021	40th Freda Barnard Invitational Gala
21	12:27.37 L S	F	Roderick Holshausen	63	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
22	12:27.54 L	F	Casper Pretorius	43	ETTN EKU	22/10/2021	EGA Summer 3
23	12:45.43 L S	F	David Frost	63	WINE CED	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
24	14:25.00 L	F	Clifford Wallace	63	FEMS EDD	19/11/2021	Eden LC Champs 2021
25	15:38.28 L	F	Gerald Kirsten	47	BARR CPT	08/10/2021	40th Freda Barnard Invitational Gala
<b>Men 1500 Free</b>							
1	15:36.70 L S	F	Righardt Muller	19	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
2	15:45.62 L	F	Connor Buck	19	ACSA ETH	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
3	15:59.39 L	F	Ruan Breytenbach	19	TUKS FSH	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
4	16:01.07 L	F	Roberto Gomes	22	TUKS FSH	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
5	16:34.42 L S	F	Reece Zowitsky	19	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
6	16:53.54 L	F	Ethan Bailey	19	AQDO CPT	07/12/2021	Western Cape LC-A Championship 20
7	17:29.81 L	F	Reino Von Wielligh	29	TUKS FSH	24/09/2021	NTS Age Group September SANJ+
8	17:40.98 L	F	Muhammed Adam	20	RSA	11/10/2021	14th Africa Seniors Swimming Champi
9	17:45.74 L	F	Divan Pretorius	21	BAS EKU	09/12/2021	EGA Summer Champs 2021
10	17:52.49 L	F	Rogan Shepherd	20	TUKS FSH	24/09/2021	USSA Swimming Championships
11	17:59.98 L	F	Matthew Pelser	19	AZON ETH	30/10/2021	CANA Virtual Swimming Championship
12	18:38.76 L	F	Alfonso Janse Van Rensburg	20	MATI CED	24/09/2021	USSA Swimming Championships
13	19:00.96 L	F	Ruan Hutten	19	RFA FSH	14/01/2022	NTS January 2022 Combined Age Grc
14	19:50.48 L	F	Jeanré van Antwerpen	21	NWUC KKD	24/09/2021	USSA Swimming Championships
15	20:45.57 L	F	Hlalele Chaane	21	NWUC KKD	16/10/2021	NWS Age Group 1&2
16	24:46.29 L	F	Ivan Janse Van Vuuren	38	BLSS MAN	02/10/2021	Frank Gray Memorial Championships ;

## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
<b>Men 50 Back</b>							
1	25.93 L	T	Ian Venter	23	PEAS NMA	01/12/2021	2021 Time Trials -Toyota US Open
2	26.24 L	F	Jacques Van Wyk	29	WWOL FSH	15/12/2021	NTS Championships 2021
3	26.30 L S	T	Jonah Pool-Jones	19	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
4	26.68 L	F	Chris Luus	21	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
5	26.95 L	P	Clayton Jimmie	26	RSA	11/10/2021	14th Africa Seniors Swimming Champi
6	27.07 L	F	Danté Nortjé	21	TUKS FSH	05/11/2021	NTS Prestige Gala 2021
7	27.21 L	F	Martin Binedell	26	SEAL UMD	17/12/2021	2021 KZNA Premier Provincial Champ
8	27.27 L	F	Chase Rayment	20	SGUL ETH	17/12/2021	2021 KZNA Premier Provincial Champ
9	27.35 L	P	Alex Goddard	21	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
10	27.43 L	F	Ruan Ras	25	TUKS FSH	05/11/2021	NTS Prestige Gala 2021
11	27.44 L	P	Andrew Ross	20	RSA	11/10/2021	14th Africa Seniors Swimming Champi
12	27.52 L	F	Giano Dos Santos	19	TUKS FSH	24/09/2021	USSA Swimming Championships
13	27.69 L	F	Ethan Hieckmann	21	TUKS FSH	24/09/2021	USSA Swimming Championships
14	27.76 L	F	Kaydn Naidoo	19	RSA	11/10/2021	14th Africa Junior Swimming Champio
15	27.79 L	P	Ethan Koekemoer	19	AZON ETH	18/02/2022	2022 Grand Prix 2 Invitational Meet Dt
16	27.83 L	F	Frederik De Beer	20	TUKS FSH	05/11/2021	NTS Prestige Gala 2021
17	28.13 L	F	Robert Le Roux	22	TUKS FSH	05/11/2021	NTS Prestige Gala 2021
18	28.24 L	P	Jaden Harris	22	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
19	28.30 L	F	Ethan Riekert	19	TUKS FSH	15/12/2021	NTS Championships 2021
20	28.31 L	F	Matthew-Ethan Falconer	19	DRGN EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
21	28.39 L	P	Minkateko Makamu	22	MDOL EKU	18/02/2022	2022 Grand Prix 2 Invitational Meet Dt
22	28.44 L	F	Guy Brooks	19	SGUL ETH	12/06/2021	Curro Age Group Gala 1
23	28.49 L	F	Stephanus Bekker	19	RFA FSH	15/12/2021	NTS Championships 2021
24	28.50 L	P	Luke Slabber	19	VINE CPT	07/12/2021	Western Cape LC-A Championship 20
25	28.54 L	P	Ronan Theron	19	TASC MPD	18/03/2022	SA Level 3 Regional Age Group Chan
26	28.63 L	F	Kobus Groenewald	20	KOVS MAN	08/12/2021	Free State Champs 2021
27	28.75 L	F	Daniel Vorster	24	NMU NMA	10/12/2021	NMBA Championships 2021
28	28.78 L	F	Dylan Botha	19	NMU NMA	10/12/2021	NMBA Championships 2021
29	28.84 L	P	Gideon Wolmarans	19	PAC FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
30	28.93 L	F	Van Zyl Brand	24	NWUC KKD	16/10/2021	NWS Age Group 1&2
31	28.94 L	F	Joshua Goldberg	23	RAV EKU	28/01/2022	EGA Last Chance Gala
32*	28.99 L	F	William Slaughter	19	NWUC KKD	24/09/2021	USSA Swimming Championships
32*	28.99 L	F	Kaleb Lombard	19	BLSS MAN	28/05/2021	Grand Prix No 4 Durban May 2021
34	29.06 L	F	Cullen Thomas	21	TUKS FSH	24/09/2021	USSA Swimming Championships
35*	29.07 L	F	Righardt Muller	19	CYBE CPT	30/10/2021	CANA Virtual Swimming Championship
35*	29.07 L	P	Michael Duckham	20	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ
37	29.16 L	F	Bryce Grassi	24	INFA NMA	25/02/2022	Infinity Gala
38*	29.18 L	P	Ruan Hutten	19	RFA FSH	18/02/2022	2022 Grand Prix 2 Invitational Meet Dt
38*	29.18 L	F	Thomas Woodhead	20	PER JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
38*	29.18 L	F	Morné van der Bank	23	NWUC KKD	24/09/2021	USSA Swimming Championships
41	29.40 L	F	Matthew Estment	22	PER JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
42	29.51 L	P	Jaiden Staines	19	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
43	29.53 L S	F	Johannes Opperman	28	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
44	29.61 L	F	Jetro Piso	20	UNI EZD	03/12/2021	Mpumalanga Championships 2021
45	29.72 L	F	Connor Theron	19	SAAW CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
46	30.15 L	P	Johannes Malan	19	STELL RMD	08/12/2021	NWS Championships 2020/2021
47	30.37 L S	P	Edrich Janse Van Rensburg	21	ONYX EKU	09/12/2021	EGA Summer Champs 2021
48	30.38 L	F	Georgios Synodinos	22	TUKS FSH	24/09/2021	USSA Swimming Championships
49	30.47 L	F	Marc Allan	44	SMSC ETH	30/10/2021	CANA Virtual Swimming Championship
50	30.74 L	F	Michael Bromfield	21	MATI CED	24/09/2021	USSA Swimming Championships
51	30.99 L	F	Rogan Shepherd	20	TUKS FSH	05/11/2021	NTS Prestige Gala 2021
52	31.00 L S	P	Kyle Letley	20	ESTR EKU	09/12/2021	EGA Summer Champs 2021
53	31.14 L	F	Ryan Whitaker	23	MATI CED	24/09/2021	USSA Swimming Championships
54	31.17 L	F	Hermanus Steyn	20	PSC FSH	28/01/2022	NTS February Age Group 15 & Over
55	31.19 L	F	Hlalele Chaane	21	NWUC KKD	02/10/2021	Frank Gray Memorial Championships ;
56	31.21 L	F	Daniel Smit	19	SS MPD	16/10/2021	Limpopo Age Group 4
57	31.27 L	P	Mel Stronkhorst	30	KSC EZD	03/12/2021	Mpumalanga Championships 2021
58	31.29 L	F	Keagan Pulford	19	CA EKU	05/11/2021	NTS Prestige Gala 2021

## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
59	31.33 L	F	Mpumelelo Mosue	24	TUKS FSH	24/09/2021	USSA Swimming Championships
60	31.44 L	F	Hein Van Tonder	21	TUKS FSH	22/10/2021	NTS October Level 1-3 Age Group
61	31.54 L	F	Joshua Bowers	19	MANT CPT	30/10/2021	CANA Virtual Swimming Championship
62	31.56 L S	F	Jay Richards	44	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
63	31.70 L	F	Hayden Adamson	29	SMSC ETH	30/10/2021	CANA Virtual Swimming Championship
64	31.72 L	P	Nicholas Oosthuizen	20	SAAW CPT	07/12/2021	Western Cape LC-A Championship 20
65	31.83 L	F	Matthias Hipper	19	ELEC JHB	03/12/2021	CGA LC Summer Champs - Level3+
66	32.08 L	P	Jan Venter	34	UNI EZD	03/12/2021	Mpumalanga Championships 2021
67	32.39 L	F	Byron Govender	21	BEAV ETH	17/03/2022	SA Level 3 Regional Age Group Chan
68	32.57 L	F	Nishan Fernando	20	PEAS NMA	12/11/2021	PEA Winter Gala Take 2
69*	32.62 L	F	Johannes Ferreira	20	NWUC KKD	16/10/2021	NWS Age Group 1&2
69*	32.62 L	F	Ryno Van der Walt	LR	PSA ZLD	11/12/2021	KCDA December 2021 Age Group Gal
71	33.19 L	F	Marthinus Mathee	24	KTS	28/10/2021	Neptune Prestige Gala
72	33.32 L	F	Mswane Tsabedze	25	TUKS FSH	24/09/2021	USSA Swimming Championships
73	33.33 L	F	Thomas Klopstra	21	ASAC CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
74	33.45 L	F	Matthew Hibberd	24	BLMA CPT	08/10/2021	40th Freda Barnard Invitational Gala
75	33.63 L	P	Andries Jansen van Vuuren	19	BLSS MAN	17/03/2022	SA Level 3 Regional Age Group Chan
76	33.84 L	P	Ryan Van Reenen	23	BLMA CPT	07/12/2021	Western Cape LC-A Championship 20
77	33.90 L	F	Aaron Putz	25	WSTV ETH	17/12/2021	2021 KZNA Premier Provincial Champ
78	33.92 L S	F	Ethan Paulse	26	CLSC WCD	07/12/2021	Western Cape LC-A Championship 20
79	34.28 L	F	Peter-John Joseph	20	UWCA CPT	04/12/2021	CTA Qualifying Meet
80	34.62 L	F	Dale Coetzee	19	AWSC JHB	03/12/2021	CGA LC Summer Champs - Level3+
81	34.96 L	F	Matthew Andrew	19	MSC NGD	21/01/2022	MP AGE GROUP 4 GALA 21 - 22 JAN
82	35.42 L	F	Mizaan Alli	19	BAS EKU	22/10/2021	EGA Summer 3
83	35.50 L	P	Jonathan Pheiffer	19	UWCA CPT	22/03/2022	SA Level 2 Regional Age Group Chan
84	35.62 L	F	Adam Moncherry	23	MATI CED	29/01/2022	West Coast Qualify Gala 2022
85	35.63 L	F	Tgegofatso Nkutshweu	19	ATTE FSH	28/01/2022	NTS February Age Group 15 & Over
86	35.81 L	F	Van Reenen Cloete	46	WBSK WBD	06/11/2021	Limpopo Age Group 5
87	35.84 L	F	Ammar Anthony	19	MARL CPT	12/11/2021	Swartland Invitational Gala 2021
88	35.91 L	F	Vincent Potgieter	23	TLAC BPD	16/10/2021	NWS Age Group 1&2
89	36.37 L	F	Jan Gutter	39	BLNE MAN	28/10/2021	Neptune Prestige Gala
90	36.55 L	F	Michael Witbooi	20	BIOS CED	16/10/2021	Winelands SL 4
91	36.88 L S	F	Philip Winfield	28	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
92	37.05 L	F	Chad Erasmus	19	VINE CPT	30/10/2021	CANA Virtual Swimming Championship
93	37.09 L S	F	Michael Winfield	67	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
94	37.44 L	F	Sean Jevon	54	USC BUF	12/11/2021	PEA Winter Gala Take 2
95	37.57 L	F	Ivan Janse Van Vuuren	38	BLSS MAN	08/12/2021	Free State Champs 2021
96	37.85 L S	P	Valentino Vergotine	34	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
97	38.03 L	F	Thomas Peycke	19	BLMA CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
98	38.41 L S	P	Casper Pretorius	43	ETTN EKU	09/12/2021	EGA Summer Champs 2021
99	39.26 L	F	Thornton Velloen	19	ESTR EKU	04/09/2021	EGA Adrian Grafe Gala 2021
100	39.45 L	F	Bruce Rankin	58	TLAC BPD	16/10/2021	NWS Age Group 1&2
101	40.39 L	P	Elih Lawrence	19	BLNE MAN	08/12/2021	Free State Champs 2021
102	41.40 L	F	Mncedisi Dlamini	21	UMSH ETH	03/12/2021	WSC & Seals Summer LC Champs 20
103	41.43 L	F	Jean-Pierre Nel	22	ETTN EKU	22/10/2021	EGA Summer 3
104	42.88 L	F	Andre Van Der Merwe	50	TT EKU	22/10/2021	EGA Summer 3
105	42.91 L S	F	Roderick Holshausen	63	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
106	47.38 L	F	Hendrik De Wet	42	BARR CPT	08/10/2021	40th Freda Barnard Invitational Gala
107	48.26 L	F	Andre Maritz	45	GHSK	01/12/2021	Age Group 4
108	49.42 L	F	Leon Louw	39	KALA	16/10/2021	Age Group 1 - Kathu
109	50.57 L	F	Willscott Radley	49	NSAD EZD	04/02/2022	MP AGE GROUP 5 GALA 4-5 FEBRU.
110	50.78 L S	F	Peter Bennetto	68	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
111	52.45 L	F	Pieter Pretorius	47	MSC NGD	11/02/2022	MP SA SCHOOLS TRIALS 11-12 FEB
112	53.40 L	F	Mike McDonald	76	FEMS EDD	29/01/2022	EDEN 4th A-League Gala 2022
113	54.39 L	F	Cecil Cochrane	56	NSAD EZD	04/02/2022	MP AGE GROUP 5 GALA 4-5 FEBRU.
114	54.89 L	F	Siphelele Mkhize	20	FSE UHD	19/02/2022	Stingrays Swim Club Championships 2
115	57.29 L	F	Nsindiso Ntombelo	24	FSE UHD	20/10/2021	KCDA October Age Group Gala 2021
<b>Men 100 Back</b>							
1	56.32 L	P	Ian Venter	23	PEAS NMA	01/12/2021	2021 Time Trials -Toyota US Open

## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
2	56.57 L	F	Martin Binedell	26	RSA	11/10/2021	14th Africa Seniors Swimming Champi
3	57.92 L S	F	Jacques Van Wyk	29	WWOL FSH	15/12/2021	NTS Championships 2021
4	58.51 L	P	Jonah Pool-Jones	19	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
5	58.59 L	P	Guy Brooks	19	SGUL ETH	28/05/2021	Grand Prix No 4 Durban May 2021
6	58.61 L	F	Ruan Ras	25	TUKS FSH	05/11/2021	NTS Prestige Gala 2021
7	58.87 L	F	Andrew Ross	20	TUKS FSH	24/09/2021	USSA Swimming Championships
8	59.05 L	P	Chase Rayment	20	SGUL ETH	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
9	59.29 L	P	Chris Luus	21	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
10	59.40 L	P	Vincent Ribeiro	19	TUKS FSH	22/07/2021	2021 ST TXLA Speedo Southern Secti
11	59.83 L	F	Giano Dos Santos	19	TUKS FSH	05/11/2021	NTS Prestige Gala 2021
12	59.85 L	P	Kaydn Naidoo	19	BEAV ETH	28/05/2021	Grand Prix No 4 Durban May 2021
13*	59.86 L	P	Damian Mullen	25	RSA	11/10/2021	14th Africa Seniors Swimming Champi
13*	59.86 L	P	Eric Slabbert	19	PLAY CED	28/05/2021	Grand Prix No 4 Durban May 2021
15	1:00.06 L	P	Ethan Koekemoer	19	AZON ETH	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
16	1:00.23 L S	F	Ethan Riekert	19	TUKS FSH	15/12/2021	NTS Championships 2021
17	1:00.50 L	P	Ethan Hieckmann	21	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
18	1:00.68 L	P	Alex Goddard	21	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
19	1:00.77 L	P	Cameron Pennell	22	ACSA ETH	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
20	1:00.98 L	F	Stephanus Bekker	19	RFA FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
21	1:01.33 L	F	Ruan Hanaczek Kruger	20	SS MPD	12/02/2022	Limpopo Champs
22	1:01.60 L	P	Joshua Jacoby	22	BEAV ETH	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
23	1:01.70 L	F	Ronan Theron	19	TASC MPD	18/03/2022	SA Level 3 Regional Age Group Chan
24	1:01.72 L	F	Gideon Wolmarans	19	PAC FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
25	1:01.77 L	F	Ruan Hutten	19	RFA FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
26	1:02.06 L	P	Michael Duckham	20	SEAL UMD	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
27	1:02.07 L	F	Robert Le Roux	22	TUKS FSH	28/01/2022	NTS February Age Group 15 & Over
28	1:02.18 L	F	Matthew-Ethan Falconer	19	DRGN EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
29	1:02.59 L	F	Kaleb Lombard	19	INFA NMA	25/02/2022	Infinity Gala
30*	1:02.67 L	F	Joshua Goldberg	23	RAV EKU	28/01/2022	EGA Last Chance Gala
30*	1:02.67 L	P	Minkateko Makamu	22	MDOL EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
32	1:02.69 L	F	Cameron Casali	19	INFA NMA	08/10/2021	40th Freda Barnard Invitational Gala
33	1:02.75 L	F	Frans-Josef Mentz	22	NWUC KKD	30/03/2022	SA Regional Aquatic JNR-Senior Cha
34	1:03.12 L	F	Kobus Groenewald	20	KOVS MAN	23/10/2021	Otters Prestige Gala 2021
35	1:03.17 L	F	Connor Theron	19	SAAW CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
36	1:03.18 L	F	Daniel Vorster	24	NMU NMA	12/11/2021	PEA Winter Gala Take 2
37	1:03.38 L	F	Ma'Az Khota	21	TUKS FSH	24/09/2021	USSA Swimming Championships
38	1:03.83 L	F	Matthew Estment	22	PER JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
39	1:03.92 L	F	Morné van der Bank	23	NWUC KKD	24/09/2021	USSA Swimming Championships
40	1:03.95 L	F	Ross Hartigan	23	TUKS FSH	28/01/2022	NTS February Age Group 15 & Over
41	1:04.01 L	F	Bryce Grassi	24	INFA NMA	25/02/2022	Infinity Gala
42	1:04.02 L	F	Frederik De Beer	20	TUKS FSH	24/09/2021	USSA Swimming Championships
43	1:04.14 L	F	Cullen Thomas	21	TUKS FSH	24/09/2021	USSA Swimming Championships
44	1:04.31 L	F	Adriaan Viljoen	19	MATI CED	29/01/2022	West Coast Qualify Gala 2022
45	1:04.51 L	F	William Slaughter	19	NWUC KKD	24/09/2021	USSA Swimming Championships
46	1:04.62 L	F	Righardt Muller	19	CYBE CPT	30/10/2021	CANA Virtual Swimming Championship
47	1:04.69 L	F	Johannes Malan	19	STELL RMD	08/12/2021	NWS Championships 2020/2021
48	1:04.95 L	F	Jaden Harris	22	RAV EKU	28/01/2022	EGA Last Chance Gala
49	1:04.99 L	F	Dylan Botha	19	NMU NMA	08/10/2021	40th Freda Barnard Invitational Gala
50	1:05.11 L	F	Ethan Bailey	19	AQDO CPT	08/10/2021	40th Freda Barnard Invitational Gala
51	1:05.29 L	F	Jetro Piso	20	UNI EZD	03/12/2021	Mpumalanga Championships 2021
52	1:05.82 L S	F	Johannes Opperman	28	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
53	1:05.99 L	P	Thomas Woodhead	20	PER JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
54	1:07.43 L	P	Edrich Janse Van Rensburg	21	ONYX EKU	09/12/2021	EGA Summer Champs 2021
55	1:07.59 L	F	Hein Van Tonder	21	TUKS FSH	22/10/2021	NTS October Level 1-3 Age Group
56	1:08.02 L	P	Nicholas Oosthuizen	20	SAAW CPT	07/12/2021	Western Cape LC-A Championship 20
57	1:08.08 L	P	Daniel Smit	19	SS MPD	03/12/2021	Mpumalanga Championships 2021
58	1:08.16 L	F	Rogan Shepherd	20	TUKS FSH	05/11/2021	NTS Prestige Gala 2021
59	1:09.14 L	F	Reece Zowitsky	19	TUKS FSH	24/09/2021	USSA Swimming Championships
60	1:09.18 L	F	Darren Minnies	24	MATI CED	24/09/2021	USSA Swimming Championships

## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
61	1:09.39	L	F	Joshua Bowers	19	MANT CPT	17/03/2022 SA Level 3 Regional Age Group Chan
62	1:09.62	L	F	Hermanus Steyn	20	PSC FSH	08/10/2021 NTS October Combined Age Group
63	1:10.03	L	F	Byron Govender	21	BEAV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
64	1:10.41	L	F	Hayden Adamson	29	SMSC ETH	30/10/2021 CANA Virtual Swimming Championshipj
65	1:11.64	L	F	Liam Bruce	19	BEAV ETH	30/10/2021 CANA Virtual Swimming Championshipj
66	1:12.55	L	P	Ethyn Harris	19	WATR JHB	18/03/2022 SA Level 3 Regional Age Group Chan
67	1:12.56	L	F	Ryno Van der Walt	LR	PSA ZLD	04/12/2021 Stingrays Swim Club Championships 2
68	1:12.80	L	F	Matthew Andrew	19	MSC NGD	15/10/2021 MP AGE GROUP 2 - 15-16 October 20
69*	1:12.98	L	F	Aaron Putz	25	KZNA ETH	06/04/2022 SA National Aquatic SNR-JNR Champ
69*	1:12.98	L S	F	Jay Richards	44	CPTM CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
71	1:13.80	L S	F	Jean Pretorius	25	CYBE CPT	07/12/2021 Western Cape LC-A Championship 20
72	1:14.15	L	F	Nkosinolwazi Mbatha	25	USH UHD	03/12/2021 WSC & Seals Summer LC Champs 20
73	1:14.69	L	F	Matthew Hibberd	24	BLMA CPT	08/10/2021 40th Freda Barnard Invitational Gala
74	1:14.94	L	F	Christian Sadie	24	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
75	1:15.30	L	F	Andries Jansen van Vuuren	19	BLSS MAN	28/10/2021 Neptune Prestige Gala
76	1:15.72	L S	F	Ethan Paulse	26	CLSC WCD	07/12/2021 Western Cape LC-A Championship 20
77	1:17.07	L	F	Ryan Van Reenen	23	BLMA CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
78	1:18.93	L	F	Jan Venter	34	UNI EZD	03/12/2021 Mpumalanga Championships 2021
79	1:19.16	L	F	Llewellyn Buys	20	TUKS FSH	24/09/2021 USSA Swimming Championships
80	1:20.09	L	F	Vincent Potgieter	23	TLAC BPD	16/10/2021 NWS Age Group 1&2
81	1:20.70	L S	F	Michael Winfield	67	CPTM CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
82	1:22.44	L S	F	Philip Winfield	28	CPTM CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
83	1:22.89	L	F	Ivan Janse Van Vuuren	38	BLSS MAN	08/10/2021 Super Seals Prestige Gala
84	1:23.67	L	F	Valentino Vergotine	34	VINE CPT	30/10/2021 CANA Virtual Swimming Championshipj
85	1:24.69	L	F	Bruce Rankin	58	TLAC BPD	16/10/2021 NWS Age Group 1&2
86	1:24.92	L	P	Casper Pretorius	43	ETTN EKU	09/12/2021 EGA Summer Champs 2021
87	1:29.73	L	F	Jan Gutter	39	BLNE MAN	28/10/2021 Neptune Prestige Gala
88	1:29.89	L	F	Thornton Velloen	19	ESTR EKU	02/10/2021 EGA Summer 2
89	1:31.23	L	F	Elih Lawrence	19	FSA FS	06/04/2022 SA National Aquatic SNR-JNR Champ
90	1:39.29	L	F	Sean O'Neill	37	ASAC CPT	30/10/2021 CANA Virtual Swimming Championshipj
91	1:54.08	L	F	Pieter Pretorius	47	MSC NGD	05/03/2022 SSA LEVEL 1 PROVINCIAL SWIM 20;
92	1:57.59	L	F	Leon Louw	39	KALA	16/10/2021 Age Group 1 - Kathu
93	2:07.83	L	F	Siphelele Mkhize	20	FSE UHD	20/11/2021 KCDA November Age Group Gala 202
94	2:13.93	L	F	Mike McDonald	76	FEMS EDD	12/02/2022 EDEN 5th A-League Gala 2022
<b>Men 200 Back</b>							
1	1:58.47	L	P	Martin Binedell	26	RSA	24/07/2021 2021 Tokyo Olympic Games
2	2:03.50	L	F	Ian Venter	23	PEAS NMA	01/12/2021 2021 Time Trials -Toyota US Open
3	2:03.98	L	F	Ruan Ras	25	RSA	11/10/2021 14th Africa Seniors Swimming Champi
4	2:05.33	L S	F	Guy Brooks	19	KZNA ETH	06/04/2022 SA National Aquatic SNR-JNR Champ
5	2:05.57	L S	P	Andrew Ross	20	AGC FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
6	2:06.87	L	F	Danté Nortjé	21	TUKS FSH	05/11/2021 NTS Prestige Gala 2021
7	2:08.42	L	P	Cameron Pennell	22	ACSA ETH	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
8	2:09.52	L S	F	Cameron Casali	19	AGC FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
9	2:11.71	L	F	Eric Slabbert	19	PLAY CED	28/05/2021 Grand Prix No 4 Durban May 2021
10	2:12.67	L	F	Matthew-Ethan Falconer	19	DRGN EKU	28/05/2021 Grand Prix No 4 Durban May 2021
11	2:12.74	L	F	Jonah Pool-Jones	19	MATI CED	17/12/2021 French Regional Junior/Senior Christr
12	2:13.50	L S	P	Ethan Hieckmann	21	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
13	2:14.78	L S	F	Ruan Hutten	19	RFA FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
14	2:15.04	L	F	Robert Le Roux	22	TUKS FSH	24/09/2021 USSA Swimming Championships
15	2:15.51	L	F	Anandt Van Rensburg	22	CA EKU	12/11/2021 EGA Summer 4
16	2:16.26	L	P	Stephanus Bekker	19	RFA FSH	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
17	2:16.27	L	F	Divan Bester	20	CYBE CPT	28/05/2021 Grand Prix No 4 Durban May 2021
18	2:16.96	L S	F	Kaleb Lombard	19	INFA NMA	29/03/2022 SA Regional SNR & JNR Champs WC
19	2:17.35	L	P	Gideon Wolmarans	19	PAC FSH	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
20	2:18.31	L	F	Van Zyl Brand	24	NWUC KKD	24/09/2021 USSA Swimming Championships
21	2:18.42	L	F	Righardt Muller	19	CYBE CPT	30/10/2021 CANA Virtual Swimming Championshipj
22	2:21.76	L	F	Morné van der Bank	23	NWUC KKD	24/09/2021 USSA Swimming Championships
23	2:22.53	L	P	Joshua Jacoby	22	BEAV ETH	30/03/2022 SA Regional Aquatic JNR-Senior Cha
24	2:23.70	L S	F	Matthew Estment	22	PER JHB	29/03/2022 SA Regional Aquatic Champs 2022- N

## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
25	2:25.62 L	F	Daniel Vorster	24	NMU NMA	24/09/2021	USSA Swimming Championships
26	2:27.60 L	F	Johannes Malan	19	STELL RMD	17/03/2022	SA Level 3 Regional Age Group Chan
27	2:27.62 L	F	Daniel Smit	19	SS MPD	03/12/2021	Mpumalanga Championships 2021
28	2:28.93 L	F	Adriaan Viljoen	19	MATI CED	24/09/2021	USSA Swimming Championships
29	2:29.79 L	F	Minkateko Makamu	22	MDOL EKU	09/12/2021	EGA Summer Champs 2021
30	2:32.42 L	F	Joshua Bowers	19	MANT CPT	17/03/2022	SA Level 3 Regional Age Group Chan
31	2:35.42 L S	P	Aaron Putz	25	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ
32	2:35.47 L	F	Dirk Bonemma	22	MATI CED	19/02/2022	Swartland Invitational #2 2022
33	2:44.89 L	F	Nishan Fernando	20	PEAS NMA	10/12/2021	NMBA Championships 2021
34	2:47.58 L S	P	Ethan Paulse	26	CLSC WCD	07/12/2021	Western Cape LC-A Championship 20
35	2:59.56 L	F	Ivan Janse Van Vuuren	38	BLSS MAN	08/10/2021	Super Seals Prestige Gala
36	3:08.02 L S	F	Michael Winfield	67	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
37	3:22.79 L S	P	Bruce Rankin	58	TLAC BPD	08/12/2021	NWS Championships 2020/2021
38	3:36.91 L S	F	Elih Lawrence	19	BLNE MAN	08/12/2021	Free State Champs 2021
39	4:40.30 L S	F	Arthur Platte	65	WINE CED	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
<b>Men 50 Breast</b>							
1	27.22 L	F	Michael Houlie	21	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
2	28.12 L	F	Brenden Crawford	26	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
3	28.62 L	F	Alard Basson	26	NMU NMA	28/05/2021	Grand Prix No 4 Durban May 2021
4	28.72 L S	F	Adrian Robinson	22	TUKS FSH	15/12/2021	NTS Championships 2021
5	28.75 L	F	Jared Pike	31	SODO JHB	28/05/2021	Grand Prix No 4 Durban May 2021
6	28.77 L	P	Alaric Basson	26	NMU NMA	28/05/2021	Grand Prix No 4 Durban May 2021
7	28.98 L	F	Joshua Emslie	20	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
8	29.05 L	F	Simon Haddon	23	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
9	29.19 L	F	Jaiden Staines	19	RSA	11/10/2021	14th Africa Junior Swimming Champio
10	29.31 L	P	Michael Deans	20	WATR JHB	28/05/2021	Grand Prix No 4 Durban May 2021
11	29.69 L S	F	Robert Le Roux	22	TUKS FSH	15/12/2021	NTS Championships 2021
12	29.70 L	P	Malcolm Botha	19	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
13	29.71 L	P	Bailey Musgrave	23	RSA	11/10/2021	14th Africa Seniors Swimming Champi
14	29.89 L	P	Vincent Ribeiro	19	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
15	30.06 L	P	Matthew Bedderson	22	RSA	11/10/2021	14th Africa Seniors Swimming Champi
16*	30.11 L	P	Benjamin Sack	25	SAAW CPT	18/02/2022	2022 Grand Prix 2 Invitational Meet Dt
16*	30.11 L	F	Terence O'Hara	21	TUKS FSH	24/09/2021	USSA Swimming Championships
18	30.12 L	F	Ruan Hanaczek Kruger	20	SS MPD	12/02/2022	Limpopo Champs
19	30.13 L	F	Luke Slabber	19	VINE CPT	28/05/2021	Grand Prix No 4 Durban May 2021
20	30.33 L	F	Bernard Mentz	19	LP CCD	29/03/2022	SA Regional Aquatic Champs 2022- N
21	30.50 L	F	Ude Fuchs	24	ACAQ CCD	16/10/2021	Limpopo Age Group 4
22	30.51 L	F	Andrew Ross	20	TUKS FSH	14/01/2022	NTS January 2022 Combined Age Grc
23	30.52 L	P	Ethan Koekemoer	19	AZON ETH	18/02/2022	2022 Grand Prix 2 Invitational Meet Dt
24*	30.53 L	F	Ryan Whitaker	23	MATI CED	24/09/2021	USSA Swimming Championships
24*	30.53 L	P	Jonah Pool-Jones	19	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
26*	30.61 L	F	Reece Whitaker	23	MATI CED	24/09/2021	USSA Swimming Championships
26*	30.61 L	F	Juandr� Uys	19	TUKS FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
28	30.78 L	F	Jacques Malan	20	TUKS FSH	05/11/2021	NTS Prestige Gala 2021
29	30.82 L	P	Luke Ashton	21	SASE JHB	18/02/2022	2022 Grand Prix 2 Invitational Meet Dt
30	31.15 L	F	Rourke McGrath	21	USC BUF	12/11/2021	PEA Winter Gala Take 2
31	31.22 L	F	Cameron Casali	19	INFA NMA	08/10/2021	40th Freda Barnard Invitational Gala
32	31.33 L	F	Pierre Theron	26	FAAC FB	06/11/2021	Heidedal Gala
33	31.39 L	F	Chris van Heerden	19	NWUC KKD	30/03/2022	SA Regional Aquatic JNR-Senior Cha
34	31.44 L	P	Keagan Pulford	19	CA EKU	09/12/2021	EGA Summer Champs 2021
35	31.55 L	F	Dylan Botha	19	CTA CPT	15/01/2022	EDEN INTER DISTRICT PRESTIGE 2
36	31.60 L	F	Joshua Jacoby	22	BEAV ETH	17/12/2021	2021 KZNA Premier Provincial Champ
37	31.61 L	P	Zinadeen Scheepers	19	AA JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
38	31.66 L	P	Hlalele Chaane	21	NWUC KKD	08/12/2021	NWS Championships 2020/2021
39	31.74 L	F	Dale Coetzee	19	AWSC JHB	18/03/2022	SA Level 3 Regional Age Group Chan
40*	31.80 L S	P	Hendrich Muth	20	TUKS FSH	15/12/2021	NTS Championships 2021
40*	31.80 L	P	Divan Pretorius	21	BAS EKU	09/12/2021	EGA Summer Champs 2021
42	31.86 L	F	Matthew Andrew	19	MSC NGD	29/03/2022	SA Regional Aquatic Champs 2022- N
43	31.90 L	F	Hendrick Ramaala	21	TUKS FSH	24/09/2021	USSA Swimming Championships



## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
44	32.04	L	F	Deshaan Pillay	24	INFA NMA	25/02/2022 Infinity Gala
45	32.15	L	F	Matthew Hibberd	24	BLMA CPT	07/12/2021 Western Cape LC-A Championship 20
46	32.24	L	P	Walter De Jongh	19	TYGE CPT	07/12/2021 Western Cape LC-A Championship 20
47	32.31	L	F	Ethan Hieckmann	21	BARR CPT	07/12/2021 Western Cape LC-A Championship 20
48	32.41	L	F	Jetro Piso	20	UNI EZD	03/12/2021 Mpumalanga Championships 2021
49	32.54	L	F	Bryce Grassi	24	INFA NMA	25/02/2022 Infinity Gala
50	32.67	L	F	Angus Solomons	21	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
51	32.68	L	F	Arno Krüger	19	TUKS FSH	05/11/2021 NTS Prestige Gala 2021
52	32.73	L	F	Ryan Van Reenen	23	BLMA CPT	07/12/2021 Western Cape LC-A Championship 20
53	32.96	L	F	Marc Allan	44	SMSC ETH	30/10/2021 CANA Virtual Swimming Championship
54	33.01	L	F	Adam Moncherry	23	TUKS FSH	24/09/2021 USSA Swimming Championships
55	33.19	L	P	Minkateko Makamu	22	MDOL EKU	09/12/2021 EGA Summer Champs 2021
56	33.21	L	F	Cullen Biddulph	19	PEAS NMA	10/12/2021 NMBA Championships 2021
57	33.32	L	F	Morné van der Bank	23	NWUC KKD	24/09/2021 USSA Swimming Championships
58	33.53	L	F	Dustin Hale	24	TRAZ FSH	05/11/2021 NTS Prestige Gala 2021
59	33.54	L	F	Clem Sweet	22	HPS FSH	05/11/2021 NTS Prestige Gala 2021
60	33.57	L	P	Andries Jansen van Vuuren	19	BLSS MAN	08/12/2021 Free State Champs 2021
61	33.71	L	P	Kyle Letley	20	ESTR EKU	09/12/2021 EGA Summer Champs 2021
62	33.79	L	F	Eduan Du Preez	19	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
63	33.82	L	F	Mel Stronkhorst	30	KSC EZD	03/12/2021 Mpumalanga Championships 2021
64	33.98	L	F	Theo Van Der Westhuizen	49	CSA EZD	04/02/2022 MP AGE GROUP 5 GALA 4-5 FEBRU.
65	34.36	L	F	Ammar Anthony	19	MARL CPT	17/03/2022 SA Level 3 Regional Age Group Chan
66*	34.56	L	F	Hermanus Steyn	20	PSC FSH	08/10/2021 NTS October Combined Age Group
66*	34.56	L	F	Ruan Hutten	19	RFA FSH	08/10/2021 NTS October Combined Age Group
68	34.61	L	F	Thornton Velloen	19	ESTR EKU	18/03/2022 SA Level 3 Regional Age Group Chan
69*	34.76	L	P	Thomas Klopstra	21	ASAC CPT	07/12/2021 Western Cape LC-A Championship 20
69*	34.76	L	F	Johannes Malan	19	STELL RMD	08/12/2021 NWS Championships 2020/2021
71	34.82	L	F	Nathan Armstrong	22	TRAZ FSH	05/11/2021 NTS Prestige Gala 2021
72	35.13	L	P	Edrich Janse Van Rensburg	21	ONYX EKU	09/12/2021 EGA Summer Champs 2021
73	35.14	L	F	Thomas Peycke	19	BLMA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
74	35.21	L	P	Aaron Putz	25	KZNA ETH	06/04/2022 SA National Aquatic SNR-JNR Champ
75	35.28	L	F	Marthinus Mathee	24	KTS	28/10/2021 Neptune Prestige Gala
76	35.99	L	F	Jan Venter	34	UNI EZD	03/12/2021 Mpumalanga Championships 2021
77	36.22	L	F	Byron Govender	21	BEAV ETH	17/12/2021 2021 KZNA Premier Provincial Champ
78	36.48	L	F	Khosi Matsipa	20	MAC EKU	28/01/2022 EGA Last Chance Gala
79	37.07	L	F	Linda Mpfana	19	UMSH ETH	17/03/2022 SA Level 3 Regional Age Group Chan
80	37.71	L	F	Vincent Potgieter	23	TLAC BPD	16/10/2021 NWS Age Group 1&2
81	38.02	L	F	Tgegofatso Nkutshweu	19	ATTE FSH	11/03/2022 SA Level 2 Regional Age Group Cham
82	38.04	L	F	Jan Gutter	39	BLNE MAN	28/10/2021 Neptune Prestige Gala
83	38.38	L S	F	Philip Winfield	28	CPTM CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
84	38.43	L S	F	Valentino Vergotine	34	VINE CPT	07/12/2021 Western Cape LC-A Championship 20
85	38.60	L	F	Brett Allan	40	SMSC ETH	30/10/2021 CANA Virtual Swimming Championship
86	38.80	L S	F	Ethan Paulse	26	CLSC WCD	07/12/2021 Western Cape LC-A Championship 20
87	38.84	L	F	Sthembela Khawula	20	UMSH ETH	29/01/2022 EDA Age Group Gala 4
88	39.23	L	F	Mncedisi Dlamini	21	UMSH ETH	03/12/2021 WSC & Seals Summer LC Champs 20
89	39.30	L	F	Andre Van Der Merwe	50	TT EKU	28/01/2022 EGA Last Chance Gala
90	39.75	L	F	Ryno Van der Walt	LR	PSA ZLD	02/10/2021 Froggies Aquatics Championships 202
91	39.83	L	F	Kealeboga Khoza	19	NWUC KKD	08/12/2021 NWS Championships 2020/2021
92	39.87	L	F	Liam Bruce	19	BEAV ETH	17/12/2021 2021 KZNA Premier Provincial Champ
93	40.45	L	F	Ivan Janse Van Vuuren	38	BLSS MAN	08/10/2021 Super Seals Prestige Gala
94	40.46	L	F	Casper Pretorius	43	ETTN EKU	11/03/2022 SA Level 2 Regional Age Group Cham
95	41.61	L	F	Arno Opperman	41	KTS	28/10/2021 Neptune Prestige Gala
96	41.67	L	F	Erhardt Gerber	44	FEMS EDD	12/02/2022 EDEN 5th A-League Gala 2022
97	42.07	L	F	Mahlatsi Machaka	19	ATTE FSH	11/03/2022 SA Level 2 Regional Age Group Cham
98	42.11	L	F	Ethan George	19	AQDO CPT	08/10/2021 40th Freda Barnard Invitational Gala
99	42.44	L	P	John Mosime	36	ISSC NMD	08/12/2021 NWS Championships 2020/2021
100	42.87	L S	F	Jean-Pierre Nel	22	ETTN EKU	09/12/2021 EGA Summer Champs 2021
101	43.13	L	F	Andre Maritz	45	GHSK	06/11/2021 Age Group 1 & 2 - Kimberley
102	43.47	L	F	Willscott Radley	49	NSAD EZD	29/10/2021 CANA Virtual Swimming Championship

### Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22  
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
103	43.63 L S	F	Jacob Burger	48	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
104	44.59 L	F	Boitshepo Radebe	19	SOSH TSH	10/12/2021	2021 The Tshwane Mayoral Gala
105	45.44 L	P	Hendrik Vd Merwe	31	TUKS TSH	28/05/2021	Grand Prix No 4 Durban May 2021
106	45.85 L	F	Phahleng Mampa	19	SOSH TSH	18/02/2022	NTS Combined February Age Group C
107	46.50 L	F	Mosala Rankopi	31	BLNE MAN	28/10/2021	Neptune Prestige Gala
108	46.97 L	F	Bruce Rankin	58	TLAC BPD	16/10/2021	NWS Age Group 1&2
109	47.02 L	F	Hendrik De Wet	42	BARR CPT	08/10/2021	40th Freda Barnard Invitational Gala
110	47.61 L	P	Kabelo Zwane	19	JMDOL JHB	28/05/2021	Grand Prix No 4 Durban May 2021
111	47.64 L	F	Leon Louw	39	KALA	14/01/2022	KCC Pool
112	47.91 L	F	Cecil Cochrane	56	NSAD EZD	04/02/2022	MP AGE GROUP 5 GALA 4-5 FEBRU
113	48.16 L	F	Brandon-Leigh Roux	19	FSE UJD	02/10/2021	Froggies Aquatics Championships 202
114	48.32 L	F	Jeremy Maritz	49	NSAD EZD	01/10/2021	MP AGE GROUP 1 1-2 OCTOBER 20
115	48.94 L	F	Vumani Msweli	21	FSE UJD	20/11/2021	KCDA November Age Group Gala 202
116	49.32 L	F	Barend Kok	59	FEMS EDD	12/02/2022	EDEN 5th A-League Gala 2022
117	49.77 L	F	Sean O'Neill	37	ASAC CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
118	50.15 L	F	Elih Lawrence	19	BLNE MAN	25/02/2022	Neptune last chance gala
119	51.69 L	F	Schalk Kock	54	RBUR BPD	08/12/2021	NWS Championships 2020/2021
120	52.35 L	F	Nsindiso Ntombelo	24	FSE UJD	20/11/2021	KCDA November Age Group Gala 202
121	52.64 L	F	Ryan Ollsson	43	BARR CPT	08/10/2021	40th Freda Barnard Invitational Gala
122	56.58 L	F	Pieter Pretorius	47	MSC NGD	11/02/2022	MP SA SCHOOLS TRIALS 11-12 FEB
123	56.99 L S	F	Arthur Platte	65	WINE CED	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
124	57.67 L	F	Simphiwe Wanda	21	FSE UJD	02/10/2021	Froggies Aquatics Championships 202
125	59.63 L	F	Mike McDonald	76	FEMS EDD	29/01/2022	EDEN 4th A-League Gala 2022
126	1:02.77 L	F	Sarel Swanepoel	32	NSAD EZD	15/10/2021	MP AGE GROUP 2 - 15-16 October 20
<b>Men 100 Breast</b>							
1	1:00.21 L	P	Michael Houlie	21	SAAW CPT	28/05/2021	Grand Prix No 4 Durban May 2021
2	1:01.00 L	F	Brenden Crawford	26	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
3	1:01.28 L	P	Alaric Basson	26	NMU NMA	28/05/2021	Grand Prix No 4 Durban May 2021
4	1:02.66 L	F	Vincent Ribeiro	19	TUKS TSH	22/07/2021	2021 ST TXLA Speedo Southern Secti
5	1:02.96 L	P	Jared Pike	31	SODO JHB	28/05/2021	Grand Prix No 4 Durban May 2021
6	1:03.09 L	P	Michael Deans	20	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
7	1:03.12 L	F	Bailey Musgrave	23	RSA	11/10/2021	14th Africa Seniors Swimming Champi
8	1:03.47 L	P	Adrian Robinson	22	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ
9	1:03.81 L	F	Jaiden Staines	19	BAS EKU	22/10/2021	EGA Summer 3
10	1:04.49 L	P	Anandt Van Rensburg	22	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
11	1:05.37 L	F	Robert Le Roux	22	TUKS TSH	29/03/2022	SA Regional Aquatic Champs 2022- N
12	1:05.60 L	P	Malcolm Botha	19	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ
13	1:05.68 L	F	Terence O'Hara	21	TUKS TSH	24/09/2021	USSA Swimming Championships
14	1:05.70 L	P	Luke Slabber	19	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
15	1:05.74 L	F	Joshua Emslie	20	MATI CED	24/09/2021	USSA Swimming Championships
16	1:05.77 L	F	Benjamin Sack	25	SAAW CPT	07/12/2021	Western Cape LC-A Championship 20
17	1:06.08 L	F	Ruan Breytenbach	19	TUKS TSH	05/11/2021	NTS Prestige Gala 2021
18	1:06.27 L	F	Danté Nortjé	21	TUKS TSH	05/11/2021	NTS Prestige Gala 2021
19	1:06.64 L	F	Matthew Bedderson	22	SGUL ETH	30/10/2021	CANA Virtual Swimming Championship
20	1:07.12 L	F	Cameron Casali	19	INFA NMA	12/11/2021	PEA Winter Gala Take 2
21	1:07.15 L	F	Ruan Ras	25	TUKS TSH	05/11/2021	NTS Prestige Gala 2021
22	1:07.27 L	F	Ruan Hanaczeck Kruger	20	SS MPD	12/02/2022	Limpopo Champs
23	1:07.33 L	P	Jacques Malan	20	TUKS TSH	29/03/2022	SA Regional Aquatic Champs 2022- N
24	1:07.58 L	P	Alard Basson	26	NMU NMA	28/05/2021	Grand Prix No 4 Durban May 2021
25	1:08.12 L	P	Dylan Botha	19	NMU NMA	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
26	1:08.31 L	F	Bernard Mentz	19	LP CCD	29/03/2022	SA Regional Aquatic Champs 2022- N
27	1:08.40 L	F	Reece Whitaker	23	MATI CED	24/09/2021	USSA Swimming Championships
28	1:08.72 L	F	Pierre Theron	26	FAAC FB	23/10/2021	Otters Prestige Gala 2021
29	1:09.17 L	P	Juandré Uys	19	POTC KKD	08/12/2021	NWS Championships 2020/2021
30	1:09.59 L	F	Chris van Heerden	19	NWUC KKD	30/03/2022	SA Regional Aquatic JNR-Senior Cha
31	1:09.64 L	F	Hendrick Ramaala	21	TUKS TSH	05/11/2021	NTS Prestige Gala 2021
32	1:09.96 L	F	Ryan Whitaker	23	MATI CED	24/09/2021	USSA Swimming Championships
33	1:10.33 L	P	Luke Ashton	21	SASE JHB	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
34	1:11.54 L	P	Matthew Hibberd	24	BLMA CPT	07/12/2021	Western Cape LC-A Championship 20

## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
35	1:12.03	L	F	Deshaan Pillay	24	INFA NMA	12/11/2021	PEA Winter Gala Take 2
36	1:12.21	L	P	Hlalele Chaane	21	NWUC KKD	08/12/2021	NWS Championships 2020/2021
37	1:12.52	L	P	Keagan Pulford	19	CA EKU	09/12/2021	EGA Summer Champs 2021
38	1:12.64	L	P	Matthew Andrew	19	MSC NGD	29/03/2022	SA Regional Aquatic Champs 2022- N
39	1:12.84	L	F	Angus Solomons	21	TUKS FSH	18/03/2022	SA Level 3 Regional Age Group Chan
40	1:12.97	L	F	Walter De Jongh	19	TYGE CPT	07/12/2021	Western Cape LC-A Championship 20
41	1:13.57	L	F	Morné van der Bank	23	NWUC KKD	24/09/2021	USSA Swimming Championships
42	1:14.12	L	F	Dale Coetzee	19	AWSC JHB	18/03/2022	SA Level 3 Regional Age Group Chan
43	1:14.34	L	F	Benjamin Plattner	22	TUKS FSH	05/11/2021	NTS Prestige Gala 2021
44	1:14.60	L	F	Ude Fuchs	24	ACAQ CCD	16/10/2021	Limpopo Age Group 4
45	1:15.28	L	F	Adriaan Viljoen	19	MATI CED	29/01/2022	West Coast Qualify Gala 2022
46	1:15.54	L	F	Philippus vd Spuy	19	BEST NMA	16/10/2021	1st A League Gala 2021
47	1:15.74	L	P	Eduan Du Preez	19	TUKS FSH	18/03/2022	SA Level 3 Regional Age Group Chan
48	1:15.96	L	F	Andrius Jansen van Vuuren	19	BLSS MAN	17/03/2022	SA Level 3 Regional Age Group Chan
49	1:16.17	L	F	Hermanus Steyn	20	PSC FSH	08/10/2021	NTS October Combined Age Group
50	1:16.71	L	F	Ethan Bailey	19	AQDO CPT	08/10/2021	40th Freda Barnard Invitational Gala
51	1:17.32	L	F	Dustin Hale	24	TRAZ FSH	05/11/2021	NTS Prestige Gala 2021
52	1:17.92	L	F	Aaron Putz	25	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ
53	1:18.06	L	P	Theo Van Der Westhuizen	49	CSA EZD	03/12/2021	Mpumalanga Championships 2021
54	1:18.20	L	F	Thornton Velloen	19	ESTR EKU	22/10/2021	EGA Summer 3
55	1:18.29	L	F	Clem Sweet	22	HPS FSH	05/11/2021	NTS Prestige Gala 2021
56	1:18.48	L	P	Ammar Anthony	19	MARL CPT	17/03/2022	SA Level 3 Regional Age Group Chan
57	1:18.78	L	P	Kyle Letley	20	ESTR EKU	09/12/2021	EGA Summer Champs 2021
58	1:19.17	L	F	Marthinus Mathee	24	KTS	28/10/2021	Neptune Prestige Gala
59	1:19.23	L	P	Ryan Van Reenen	23	BLMA CPT	17/03/2022	SA Level 3 Regional Age Group Chan
60	1:19.42	L	P	Ethyn Harris	19	WATR JHB	18/03/2022	SA Level 3 Regional Age Group Chan
61	1:19.98	L	P	Johannes Malan	19	STELL RMD	08/12/2021	NWS Championships 2020/2021
62	1:20.64	L	P	Chad Erasmus	19	VINE CPT	07/12/2021	Western Cape LC-A Championship 20
63	1:21.02	L S	F	Jean Pretorius	25	CYBE CPT	07/12/2021	Western Cape LC-A Championship 20
64*	1:21.33	L	F	Peter-John Joseph	20	UWCA CPT	04/12/2021	CTA Qualifying Meet
64*	1:21.33	L	F	Thomas Peycke	19	BLMA CPT	04/12/2021	CTA Qualifying Meet
66	1:22.21	L	F	Linda Mpošana	19	UMSH ETH	17/03/2022	SA Level 3 Regional Age Group Chan
67	1:22.28	L	P	Khosi Matsipa	20	OLDE JHB	18/03/2022	SA Level 3 Regional Age Group Chan
68	1:22.77	L	F	Edrich Janse Van Rensburg	21	ONYX EKU	09/12/2021	EGA Summer Champs 2021
69	1:23.72	L	P	Christian Sadie	24	LALE CED	28/05/2021	Grand Prix No 4 Durban May 2021
70	1:23.89	L	F	Daniel Manu	22	MATI CED	24/09/2021	USSA Swimming Championships
71	1:23.97	L	F	Valentino Vergotine	34	VINE CPT	25/02/2022	Infinity Gala
72	1:24.52	L	P	Sthembela Khawula	20	UMSH ETH	17/03/2022	SA Level 3 Regional Age Group Chan
73	1:26.03	L	F	Jeanré van Antwerpen	21	NWUC KKD	24/09/2021	USSA Swimming Championships
74	1:26.12	L	F	Mizaan Alli	19	BAS EKU	22/10/2021	EGA Summer 3
75	1:26.13	L S	F	Ethan Paulse	26	CLSC WCD	07/12/2021	Western Cape LC-A Championship 20
76	1:26.47	L	F	Mncedisi Dlamini	21	UMSH ETH	03/12/2021	WSC & Seals Summer LC Champs 20
77	1:27.00	L	F	Tgegotatso Nkutshweu	19	ATTE FSH	17/10/2021	2021 AG Swim Stars Champs & OR T
78	1:29.83	L	F	Kealeboga Khoza	19	NWUC KKD	22/03/2022	SA Level 2 Regional Age Group Cham
79	1:30.21	L	F	Andre Van Der Merwe	50	TT EKU	28/01/2022	EGA Last Chance Gala
80	1:30.60	L	P	Ryno Van der Walt	LR	PSA ZLD	17/03/2022	SA Level 3 Regional Age Group Chan
81	1:31.69	L	F	Brett Allan	40	SMSC ETH	30/10/2021	CANA Virtual Swimming Championship
82	1:33.20	L S	F	Jean-Pierre Nel	22	ETTN EKU	09/12/2021	EGA Summer Champs 2021
83	1:33.74	L	F	Casper Pretorius	43	ETTN EKU	22/10/2021	EGA Summer 3
84	1:33.95	L S	F	David Frost	63	WINE CED	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
85	1:34.19	L	F	Ivan Janse Van Vuuren	38	BLSS MAN	16/10/2021	Bull-Sharks Gala
86	1:35.10	L	F	Ethan George	19	AQDO CPT	08/10/2021	40th Freda Barnard Invitational Gala
87	1:35.73	L	F	Willscott Radley	49	NSAD EZD	29/10/2021	CANA Virtual Swimming Championship
88	1:35.79	L	P	Mahlatsi Machaka	19	ATTE FSH	11/03/2022	SA Level 2 Regional Age Group Cham
89	1:36.44	L S	F	Jacob Burger	48	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
90	1:37.57	L	F	Andre Maritz	45	GHSK	06/11/2021	Age Group 1 & 2 - Kimberley
91	1:42.19	L	F	Hendrik Vd Merwe	31	TUKS FSH	28/05/2021	Grand Prix No 4 Durban May 2021
92	1:44.02	L	F	Boitshupo Radebe	19	SOSH FSH	22/10/2021	NTS October Level 1-3 Age Group
93	1:44.64	L	F	Phahleng Mampa	19	SOSH FSH	18/02/2022	NTS Combined February Age Group C

### Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22  
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
94	1:44.95	L	P	John Mosime	36	ISSC NMD	08/12/2021 NWS Championships 2020/2021
95	1:48.67	L	F	Cecil Cochrane	56	NSAD EZD	04/02/2022 MP AGE GROUP 5 GALA 4-5 FEBRU.
96	1:49.34	L	F	Elih Lawrence	19	BLNE MAN	25/02/2022 Neptune last chance gala
97	1:51.29	L	F	Sean O'Neill	37	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
98	1:51.37	L	F	Leon Louw	39	KALA	14/01/2022 KCC Pool
99	1:52.18	L	F	Vumani Msweli	21	FSE UHD	04/12/2021 Stingrays Swim Club Championships 2
100	1:54.02	L	F	Jeremy Maritz	49	NSAD EZD	29/10/2021 CANA Virtual Swimming Championship
101	1:54.81	L	P	Bruce Rankin	58	TLAC BPD	08/12/2021 NWS Championships 2020/2021
102	1:57.81	L	F	Mosala Rankopi	31	BLNE MAN	28/10/2021 Neptune Prestige Gala
103	1:58.36	L	F	Barend Kok	59	FEMS EDD	12/02/2022 EDEN 5th A-League Gala 2022
104	2:02.40	L	P	Schalk Kock	54	RBUR BPD	08/12/2021 NWS Championships 2020/2021
105	2:03.06	L	F	Pieter Pretorius	47	MSC NGD	05/03/2022 SSA LEVEL 1 PROVINCIAL SWIM 20
106	2:10.78	L	F	Simphiwe Wanda	21	FSE UHD	04/12/2021 Stingrays Swim Club Championships 2
107	2:12.83	L	F	Mike McDonald	76	FEMS EDD	12/02/2022 EDEN 5th A-League Gala 2022
108	2:23.62	L S	F	Arthur Platte	65	WINE CED	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
<b>Men 200 Breast</b>							
1	2:14.47	L	F	Bailey Musgrave	23	RSA	11/10/2021 14th Africa Seniors Swimming Champi
2	2:14.49	L	F	Craig Keylock	44	AGA EKU	06/04/2022 SA National Aquatic SNR-JNR Champ
3	2:15.44	L	F	Alaric Basson	26	NMU NMA	28/05/2021 Grand Prix No 4 Durban May 2021
4	2:16.24	L	F	Vincent Ribeiro	19	TUKS FSH	22/07/2021 2021 ST TXLA Speedo Southern Secti
5	2:16.50	L	F	Ruan Breytenbach	19	AGC FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
6	2:17.16	L	P	Michael Deans	20	AGB JHB	06/04/2022 SA National Aquatic SNR-JNR Champ
7	2:21.27	L	P	Andrew Brown	23	WATR JHB	28/05/2021 Grand Prix No 4 Durban May 2021
8	2:21.46	L	P	Damian Mullen	25	WATR JHB	28/05/2021 Grand Prix No 4 Durban May 2021
9	2:22.10	L	P	Brenden Crawford	26	DRGN EKU	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
10	2:22.90	L	P	Jaiden Staines	19	AGA EKU	06/04/2022 SA National Aquatic SNR-JNR Champ
11	2:23.27	L	F	Andre Van Huyssteen	23	TUKS FSH	15/12/2021 NTS Championships 2021
12	2:23.99	L	P	Jonathan Bennett	23	KZNA ETH	06/04/2022 SA National Aquatic SNR-JNR Champ
13	2:24.49	L	F	Dylan Botha	19	NMU NMA	29/01/2022 3rd A League Gala 2022
14	2:25.32	L	F	Ruan Ras	25	TUKS FSH	24/09/2021 USSA Swimming Championships
15	2:25.57	L	F	Cameron Casali	19	INFA NMA	12/11/2021 PEA Winter Gala Take 2
16	2:25.63	L	F	Terence O'Hara	21	TUKS FSH	15/12/2021 NTS Championships 2021
17	2:27.08	L	F	Robert Le Roux	22	TUKS FSH	24/09/2021 USSA Swimming Championships
18	2:29.58	L	P	Benjamin Sack	25	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
19	2:30.77	L	F	Malcolm Botha	19	VRC FSH	15/12/2021 NTS Championships 2021
20	2:32.84	L	F	Hendrick Ramaala	21	TUKS FSH	05/11/2021 NTS Prestige Gala 2021
21	2:32.87	L	F	Pieter Mostert	19	TUKS FSH	24/09/2021 USSA Swimming Championships
22	2:33.36	L	F	Pierre Theron	26	FAAC FB	28/10/2021 Neptune Prestige Gala
23	2:33.96	L S	F	Matthew Andrew	19	MSC NGD	29/03/2022 SA Regional Aquatic Champs 2022- N
24	2:35.44	L	F	Kaydn Naidoo	19	BEAV ETH	28/05/2021 Grand Prix No 4 Durban May 2021
25	2:36.09	L	F	Anandt Van Rensburg	22	CA EKU	02/10/2021 EGA Summer 2
26	2:36.21	L	F	Ross Hartigan	23	TUKS FSH	28/01/2022 NTS February Age Group 15 & Over
27	2:36.82	L S	F	Bernard Mentz	19	LP CCD	29/03/2022 SA Regional Aquatic Champs 2022- N
28	2:37.37	L	F	Adrian Robinson	22	TUKS FSH	24/09/2021 USSA Swimming Championships
29	2:37.85	L	F	Jacques Malan	20	TUKS FSH	24/09/2021 USSA Swimming Championships
30	2:39.62	L	F	Chris van Heerden	19	NWUC KKD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
31	2:39.81	L	F	Deshaan Pillay	24	INFA NMA	25/02/2022 Infinity Gala
32	2:40.06	L	F	Andrew Ross	20	TUKS FSH	28/01/2022 NTS February Age Group 15 & Over
33	2:40.67	L	F	Reece Whitaker	23	MATI CED	24/09/2021 USSA Swimming Championships
34	2:41.39	L	F	Matthew Hibberd	24	BLMA CPT	07/12/2021 Western Cape LC-A Championship 20
35	2:41.42	L	F	Joshua Emslie	20	MATI CED	16/10/2021 Winelands SL 4
36	2:41.48	L	F	Walter De Jongh	19	TYGE CPT	17/03/2022 SA Level 3 Regional Age Group Chan
37	2:41.66	L	F	Janco Rademeyer	22	TUKS FSH	24/09/2021 USSA Swimming Championships
38	2:42.41	L	F	Luke Hanlon	19	WATR JHB	28/01/2022 NTS February Age Group 15 & Over
39	2:44.10	L S	F	Hlalele Chaane	21	NWUC KKD	08/12/2021 NWS Championships 2020/2021
40	2:46.40	L	F	Ryan Whitaker	23	MATI CED	24/09/2021 USSA Swimming Championships
41	2:53.51	L	F	Ethyn Harris	19	WATR JHB	18/03/2022 SA Level 3 Regional Age Group Chan
42	2:53.65	L	F	Clem Sweet	22	HPS FSH	15/12/2021 NTS Championships 2021
43	2:54.34	L	F	Ammar Anthony	19	MARL CPT	17/03/2022 SA Level 3 Regional Age Group Chan

## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
44	2:55.22	L	F	Keagan Pulford	19	CA EKU	05/11/2021 NTS Prestige Gala 2021
45	2:55.53	L	F	Dale Coetzee	19	AWSC JHB	18/03/2022 SA Level 3 Regional Age Group Chan
46	2:56.06	L	F	Thornton Velloen	19	ESTR EKU	18/03/2022 SA Level 3 Regional Age Group Chan
47	2:59.86	L	F	Linda Mpfana	19	UMSH ETH	17/03/2022 SA Level 3 Regional Age Group Chan
48	3:01.60	L	F	Michael Witbooi	20	BIOS CED	16/10/2021 Winelands SL 4
49	3:04.54	L	F	Chad Erasmus	19	VINE CPT	04/12/2021 CTA Qualifying Meet
50	3:04.77	L	F	Valentino Vergotine	34	VINE CPT	25/02/2022 Infinity Gala
51	3:05.37	L	F	Peter-John Joseph	20	UWCA CPT	06/11/2021 CTA Qualifying Meet 4 - Long Distance
52	3:05.39	L	F	Jeanré van Antwerpen	21	NWUC KKD	24/09/2021 USSA Swimming Championships
53	3:06.73	L	F	Theo Van Der Westhuizen	49	CSA EZD	04/02/2022 MP AGE GROUP 5 GALA 4-5 FEBRU.
54	3:07.97	L	P	Khosi Matsipa	20	OLDE JHB	18/03/2022 SA Level 3 Regional Age Group Chan
55	3:08.84	L	F	Jean Pretorius	25	CYBE CPT	06/11/2021 CTA Qualifying Meet 4 - Long Distance
56	3:09.20	L	F	Thomas Peycke	19	BLMA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
57	3:09.96	L S	F	Ethan Pause	26	CLSC WCD	07/12/2021 Western Cape LC-A Championship 20
58	3:10.95	L	F	Sthembela Khawula	20	UMSH ETH	17/12/2021 2021 KZNA Premier Provincial Champ
59	3:12.15	L	F	Llewellyn Buys	20	MATI CED	16/10/2021 Winelands SL 4
60	3:13.44	L	F	Tgegofatso Nkutshweu	19	ATTE FSH	10/12/2021 2021 The Tshwane Mayoral Gala
61	3:24.71	L	F	Giorgio Roberto Pier Raccanello	52	CA EKU	02/10/2021 EGA Summer 2
62	3:25.53	L	P	Ethan George	19	AQDO CPT	17/03/2022 SA Level 3 Regional Age Group Chan
63	3:26.16	L S	F	David Frost	63	WINE CED	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
64	3:29.07	L S	P	Jean-Pierre Nel	22	ETTN EKU	09/12/2021 EGA Summer Champs 2021
65	3:32.30	L	F	Casper Pretorius	43	ETTN EKU	02/10/2021 EGA Summer 2
66	3:34.11	L	F	Willscott Radley	49	NSAD EZD	15/10/2021 MP AGE GROUP 2 - 15-16 October 20
67	3:38.34	L	F	Mahlatsi Machaka	19	ATTE FSH	10/12/2021 2021 The Tshwane Mayoral Gala
68	3:42.36	L S	F	Jacob Burger	48	CPTM CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
69	3:52.35	L	F	Elih Lawrence	19	BLNE MAN	25/02/2022 Neptune last chance gala
70	3:58.38	L S	F	Sean O'Neill	37	ASAC CPT	07/12/2021 Western Cape LC-A Championship 20
71	3:59.02	L	F	Boitshepo Radebe	19	SOSH FSH	22/10/2021 NTS October Level 1-3 Age Group
72	4:08.63	L	F	Leon Louw	39	KALA	19/02/2022 Age Group 6 & SA Schools Select - K&
73	4:18.39	L S	F	Schalk Kock	54	RBUR BPD	08/12/2021 NWS Championships 2020/2021
74	4:38.56	L	F	Cecil Cochrane	56	NSAD EZD	15/10/2021 MP AGE GROUP 2 - 15-16 October 20
75	4:41.50	L	F	Vumani Msweli	21	FSE UHD	22/01/2022 Fish Eagles Long Distance Champs 20
<b>Men 50 Fly</b>							
1	23.93	L	F	Chad Le Clos	30	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
2	24.13	L	F	Clayton Jimmie	26	RSA	11/10/2021 14th Africa Seniors Swimming Champi
3	24.39	L	P	Ryan Coetzee	26	SEAL UMD	06/05/2021 2021 Cana Grand Prix Swimming Stell
4	24.56	L	F	Simon Haddon	23	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
5	24.75	L	F	Guy Brooks	19	RSA	11/10/2021 14th Africa Seniors Swimming Champi
6	24.79	L	F	Benjamin Plattner	22	TUKS FSH	15/12/2021 NTS Championships 2021
7	24.83	L	F	Chase Rayment	20	SGUL ETH	17/12/2021 2021 KZNA Premier Provincial Champ
8	24.97	L	P	Michael Houlie	21	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
9	25.03	L	F	Daniel Ronaldson	25	SGUL ETH	06/05/2021 2021 Cana Grand Prix Swimming Stell
10	25.05	L	P	Alard Basson	26	NMU NMA	28/05/2021 Grand Prix No 4 Durban May 2021
11	25.08	L	F	Danté Nortjé	21	TUKS FSH	28/01/2022 NTS February Age Group 15 & Over
12	25.12	L	P	Hendrich Muth	20	TUKS FSH	15/12/2021 NTS Championships 2021
13	25.34	L	P	Luke Altmann	20	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
14	25.35	L	P	Alex Goddard	21	AGC FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
15	25.36	L	F	Brandon Chapman	19	PEAS NMA	28/05/2021 Grand Prix No 4 Durban May 2021
16	25.41	L	F	Matthew Bowers	26	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
17	25.43	L	P	Ruan Hanaczek Kruger	20	LP CCD	06/04/2022 SA National Aquatic SNR-JNR Champ
18	25.45	L	P	Riccardo Di Domenico	21	JMDOL JHB	28/05/2021 Grand Prix No 4 Durban May 2021
19	25.47	L	P	Jesse vd A	22	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
20*	25.48	L	P	Ross Hartigan	23	TUKS FSH	15/12/2021 NTS Championships 2021
20*	25.48	L	P	Joshua Parry	19	KZNA ETH	06/04/2022 SA National Aquatic SNR-JNR Champ
22*	25.49	L	P	Kaydn Naidoo	19	KZNA ETH	06/04/2022 SA National Aquatic SNR-JNR Champ
22*	25.49	L	F	Luke Slabber	19	VINE CPT	28/05/2021 Grand Prix No 4 Durban May 2021
24	25.54	L	P	Jaden Harris	22	AGA EKU	06/04/2022 SA National Aquatic SNR-JNR Champ
25	25.55	L	P	Chris Luus	21	AGC FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
26	25.57	L	F	Martin Binedell	26	SEAL UMD	17/12/2021 2021 KZNA Premier Provincial Champ

## Individual Top Times

**Times since: 01-May-21 Times until: 30-Apr-22**

**Number of Top Times: All Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
27	25.60	L	P	Anandt Van Rensburg	22	AGA	EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
28	25.68	L	P	Gustav Schlechter	19	WCA	CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
29	25.71	L	F	Jaiden Staines	19	BAS	EKU	05/11/2021	NTS Prestige Gala 2021
30	25.73	L	F	Ruan Ras	25	TUKS	FSH	05/11/2021	NTS Prestige Gala 2021
31	25.78	L	P	Ma'Az Khota	21	RSA		11/10/2021	14th Africa Seniors Swimming Champi
32	25.79	L	F	Adam Moncherry	23	TUKS	FSH	24/09/2021	USSA Swimming Championships
33	25.81	L	F	Gert Beetge	21	TUKS	FSH	24/09/2021	USSA Swimming Championships
34*	25.83	L	F	Andrew Ross	20	TUKS	FSH	28/01/2022	NTS February Age Group 15 & Over
34*	25.83	L	F	Cullen Biddulph	19	PEAS	NMA	10/12/2021	NMBA Championships 2021
36	25.88	L	P	Robert Le Roux	22	TUKS	FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
37	25.90	L	F	Hermanus Steyn	20	PSC	FSH	15/12/2021	NTS Championships 2021
38	25.92	L	P	Arno Krüger	19	AGC	FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
39	25.96	L	P	Kobe Ndebele	19	SEAL	UMD	28/05/2021	Grand Prix No 4 Durban May 2021
40*	25.97	L	F	Marc Allan	44	SMSC	ETH	30/10/2021	CANA Virtual Swimming Championship
40*	25.97	L	P	Giano Dos Santos	19	TUKS	FSH	15/12/2021	NTS Championships 2021
42	25.98	L	F	Juan Hayman	23	SAAW	CPT	07/12/2021	Western Cape LC-A Championship 20
43	25.99	L	P	Joshua Emslie	20	MATI	GED	07/12/2021	Western Cape LC-A Championship 20
44	26.04	L	P	Pieter Mostert	19	TUKS	FSH	15/12/2021	NTS Championships 2021
45	26.13	L	P	Christiaan Engelbrecht	22	CLSC	WCD	07/12/2021	Western Cape LC-A Championship 20
46	26.14	L	P	Ronan Theron	19	TASC	MPD	28/05/2021	Grand Prix No 4 Durban May 2021
47	26.27	L	F	Stephanus Bekker	19	RFA	FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
48	26.35	L	F	Gabriel Nortje	20	SGUL	ETH	17/12/2021	2021 KZNA Premier Provincial Champ
49	26.42	L	F	Divan Bester	20	CYBE	CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
50	26.47	L	F	Ude Fuchs	24	ACAQ	CCD	16/10/2021	Limpopo Age Group 4
51*	26.50	L	P	Jordan Bradshaw	21	CRSC	JHB	18/03/2022	SA Level 3 Regional Age Group Chan
51*	26.50	L	P	Michael Bromfield	21	MATI	GED	07/12/2021	Western Cape LC-A Championship 20
53	26.51	L	P	Kaleb Lombard	19	INFA	NMA	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
54	26.53	L	F	William Slaughter	19	NWUC	KKD	16/10/2021	NWS Age Group 1&2
55	26.54	L	P	Dylan Botha	19	ECA	NMA	06/04/2022	SA National Aquatic SNR-JNR Champ
56	26.61	L	F	Mpumelelo Mosue	24	TUKS	FSH	24/09/2021	USSA Swimming Championships
57	26.68	L	F	Kobus Groenewald	20	KOVS	MAN	08/12/2021	Free State Champs 2021
58	26.69	L	P	Jaden Delpont	20	NMU	NMA	28/05/2021	Grand Prix No 4 Durban May 2021
59*	26.71	L	P	Thomas Woodhead	20	PER	JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
59*	26.71	L	F	Adrian Robinson	22	TUKS	FSH	24/09/2021	USSA Swimming Championships
61	26.79	L	P	Ruan Hutten	19	RFA	FSH	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
62	26.81	L	F	Schalk Van Heerden	22	ETTN	EKU	02/10/2021	Frank Gray Memorial Championships :
63	26.85	L	F	Ethan Riekert	19	TUKS	FSH	05/11/2021	NTS Prestige Gala 2021
64*	26.86	L	F	Michael de Beer	19	TUKS	FSH	05/11/2021	NTS Prestige Gala 2021
64*	26.86	L	F	Sean Loock	22	PSC	FSH	05/11/2021	NTS Prestige Gala 2021
66*	26.89	L	P	Johannes Ferreira	20	NWUC	KKD	30/03/2022	SA Regional Aquatic JNR-Senior Cha
66*	26.89	L	F	Ruan Breytenbach	19	TUKS	FSH	28/01/2022	NTS February Age Group 15 & Over
68	26.90	L	P	Zinadeen Scheepers	19	AA	JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
69	26.94	L	P	Ethan Hieckmann	21	WCA	CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
70	26.95	L	P	Dylan Wright	19	TYGE	CPT	06/05/2021	2021 Cana Grand Prix Swimming Stell
71	26.96	L	F	Keagan Pulford	19	CA	EKU	05/11/2021	NTS Prestige Gala 2021
72*	26.97	L	P	Nathan Armstrong	22	TRAZ	FSH	15/12/2021	NTS Championships 2021
72*	26.97	L	F	Jetro Piso	20	UNI	EZD	29/10/2021	CANA Virtual Swimming Championship
74	27.00	L	F	Cullen Thomas	21	TUKS	FSH	24/09/2021	USSA Swimming Championships
75	27.03	L	P	Gideon Wolmarans	19	PAC	FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
76	27.04	L	F	Frans-Josef Mentz	22	NWUC	KKD	30/03/2022	SA Regional Aquatic JNR-Senior Cha
77	27.11	L	F	Janco Rademeyer	22	TUKS	FSH	24/09/2021	USSA Swimming Championships
78	27.12	L	P	Malcolm Botha	19	AGC	FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
79	27.21	L	P	Chris van Heerden	19	NWUC	KKD	30/03/2022	SA Regional Aquatic JNR-Senior Cha
80	27.22	L	F	Divan Pretorius	21	TUKS	FSH	24/09/2021	USSA Swimming Championships
81	27.25	L	P	Frederik De Beer	20	TUKS	FSH	15/12/2021	NTS Championships 2021
82	27.31	L	F	Kyle De Fin	21	TUKS	FSH	24/09/2021	USSA Swimming Championships
83*	27.35	L	F	Connor Theron	19	SAAW	CPT	29/03/2022	SA Regional SNR & JNR Champs WC
83*	27.35	L	P	Luke Ashton	21	SASE	JHB	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
85	27.42	L	F	Ryan Van Reenen	23	BLMA	CPT	17/03/2022	SA Level 3 Regional Age Group Chan

## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
86*	27.44	L	F	Righardt Muller	19	CYBE	CPT	30/10/2021	CANA Virtual Swimming Championship
86*	27.44	L	F	Andre Van Huyssteen	23	TUKS	FSH	28/01/2022	NTS February Age Group 15 & Over
88	27.49	L	P	Jan Venter	34	UNI	EZD	03/12/2021	Mpumalanga Championships 2021
89*	27.54	L	P	Dirco Nienaber	19	FISH	EDD	07/12/2021	Western Cape LC-A Championship 20
89*	27.54	L	F	Matthew Bedderson	22	SGUL	ETH	17/12/2021	2021 KZNA Premier Provincial Champ
91	27.55	L	F	Kyle Letley	20	ESTR	EKU	09/12/2021	EGA Summer Champs 2021
92	27.58	L	P	Benjamin Sack	25	SAAW	CPT	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
93	27.61	L	P	Matthew Hibberd	24	BLMA	CPT	07/12/2021	Western Cape LC-A Championship 20
94	27.62	L	F	Bailey Musgrave	23	SGUL	ETH	07/01/2022	2022 Grand Prix Invitation Swimming I
95	27.64	L	P	Hlalele Chaane	21	NWUC	KKD	08/12/2021	NWS Championships 2020/2021
96	27.65	L	F	Jacques Malan	20	TUKS	FSH	28/01/2022	NTS February Age Group 15 & Over
97	27.67	L	F	Rance Gower-Winter	22	SGUL	ETH	07/01/2022	2022 Grand Prix Invitation Swimming I
98	27.77	L	P	Rogan Shepherd	20	TUKS	FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
99	27.79	L	F	Nicholas Nel	19	TOTIS	ETH	17/03/2022	SA Level 3 Regional Age Group Chan
100	27.86	L	F	Ethan Bailey	19	AQDO	CPT	08/10/2021	40th Freda Barnard Invitational Gala
101	27.97	L	F	Cameron Casali	19	TUKS	FSH	18/02/2022	NTS Combined February Age Group C
102	28.06	L	F	Edrich Janse Van Rensburg	21	ONYX	EKU	02/10/2021	EGA Summer 2
103	28.20	L	F	Marthinus Matthee	24	KTS		08/12/2021	Champs 2021
104	28.21	L	P	Juandr� Uys	19	TUKS	FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
105	28.25	L	F	Walter De Jongh	19	TYGE	CPT	17/03/2022	SA Level 3 Regional Age Group Chan
106	28.29	L	P	Dale Coetzee	19	AWSC	JHB	18/03/2022	SA Level 3 Regional Age Group Chan
107	28.33	L	F	Reece Whitaker	23	MATI	GED	24/09/2021	USSA Swimming Championships
108	28.35	L	F	Bryce Grassi	24	INFA	NMA	12/11/2021	PEA Winter Gala Take 2
109	28.36	L	F	Tristan Williamson	23	WBSK	WBD	12/02/2022	Limpopo Champs
110	28.41	L	F	Rourke McGrath	21	USC	BUF	12/11/2021	PEA Winter Gala Take 2
111	28.47	L	P	Nicholas Oosthuizen	20	SAAW	CPT	07/12/2021	Western Cape LC-A Championship 20
112	28.50	L	P	Matthew Abrahams	22	ASAC	CPT	07/12/2021	Western Cape LC-A Championship 20
113	28.65	L	P	Matthias Hipper	19	ELEC	JHB	03/12/2021	CGA LC Summer Champs - Level3+
114	28.75	L S	F	Jay Richards	44	CPTM	CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
115	28.85	L	F	Ammar Anthony	19	MARL	CPT	17/03/2022	SA Level 3 Regional Age Group Chan
116	28.86	L	F	Pierre Theron	26	FAAC	FB	21/01/2022	Flamingo Gala 2022
117	28.87	L	P	Chad Erasmus	19	VINE	CPT	07/12/2021	Western Cape LC-A Championship 20
118	28.89	L	F	Thomas Klopstra	21	ASAC	CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
119	28.90	L	P	Angus Solomons	21	TUKS	FSH	18/03/2022	SA Level 3 Regional Age Group Chan
120	28.95	L	F	Avron Manchest	26	XSAQ	CPT	30/10/2021	CANA Virtual Swimming Championship
121	29.05	L	F	Daniel Triggiani	21	FRA	UHD	30/10/2021	CANA Virtual Swimming Championship
122	29.07	L	F	Mswane Tsabedze	25	TUKS	FSH	24/09/2021	USSA Swimming Championships
123	29.13	L	F	Dustin Hale	24	TRAZ	FSH	05/11/2021	NTS Prestige Gala 2021
124	29.22	L	P	Minkateko Makamu	22	MDOL	EKU	09/12/2021	EGA Summer Champs 2021
125	29.32	L	P	Eduan Du Preez	19	TUKS	FSH	15/12/2021	NTS Championships 2021
126	29.33	L	P	Ethan Paulse	26	CLSC	WCD	07/12/2021	Western Cape LC-A Championship 20
127	29.36	L	P	Mel Stronkhorst	30	KSC	EZD	03/12/2021	Mpumalanga Championships 2021
128	29.38	L	F	Johannes Malan	19	STELL	RMD	08/12/2021	NWS Championships 2020/2021
129	29.44	L	P	Kegan Corns	25	JSA	JHB	03/12/2021	CGA LC Summer Champs - Level3+
130	29.46	L	F	Matthew Andrew	19	MSC	NGD	21/01/2022	MP AGE GROUP 4 GALA 21 - 22 JAN
131	29.55	L	F	Andries Jansen van Vuuren	19	BLSS	MAN	28/10/2021	Neptune Prestige Gala
132	29.62	L	F	Hayden Adamson	29	SMSC	ETH	30/10/2021	CANA Virtual Swimming Championship
133	29.66	L	F	Byron Govender	21	BEAV	ETH	17/12/2021	2021 KZNA Premier Provincial Champ
134	29.68	L	F	Nkosinolwazi Mbatha	25	USH	UHD	15/01/2022	KCDA January 2022 Age Group Gala
135	29.75	L	F	Ryno Van der Walt	LR	PSA	ZLD	17/03/2022	SA Level 3 Regional Age Group Chan
136	29.81	L	F	Nishan Fernando	20	PEAS	NMA	25/02/2022	Infinity Gala
137	29.92	L	P	Bronte Margro	19	RAV	EKU	18/03/2022	SA Level 3 Regional Age Group Chan
138	29.96	L	F	Heinrich Vorster	19	PEAS	NMA	12/11/2021	PEA Winter Gala Take 2
139	30.05	L	P	Thornton Velloen	19	ESTR	EKU	18/03/2022	SA Level 3 Regional Age Group Chan
140	30.10	L	F	Peter-John Joseph	20	UWCA	CPT	04/12/2021	CTA Qualifying Meet
141	30.26	L	F	Thomas Peycke	19	BLMA	CPT	04/12/2021	CTA Qualifying Meet
142	30.35	L	F	Christian Sadie	24	WCA	CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
143	30.50	L	F	Jonathan Pheiffer	19	UWCA	CPT	22/03/2022	SA Level 2 Regional Age Group Chan
144	30.84	L	F	Sthembela Khawula	20	UMSH	ETH	17/03/2022	SA Level 3 Regional Age Group Chan

## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
145	31.03 L	P	George Versfeld	19	ASAC CPT	07/12/2021	Western Cape LC-A Championship 20	
146	31.63 L	F	Aaron Putz	25	WSTV ETH	17/12/2021	2021 KZNA Premier Provincial Champ	
147	31.89 L	P	Linda Mpfana	19	UMSH ETH	17/03/2022	SA Level 3 Regional Age Group Chan	
148	32.21 L	F	Theo Van Der Westhuizen	49	CSA EZD	03/12/2021	Mpumalanga Championships 2021	
149	32.41 L	F	Giorgio Roberto Pier Raccanello	52	CA EKU	02/10/2021	EGA Summer 2	
150	32.54 L	P	Tgegofatso Nkutshweu	19	ATTE TSH	11/03/2022	SA Level 2 Regional Age Group Cham	
151*	32.67 L	F	Joshua Bowers	19	MANT CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe	
151*	32.67 L	P	Khosi Matsipa	20	OLDE JHB	18/03/2022	SA Level 3 Regional Age Group Chan	
153	33.31 L	F	Donovan Daniell	42	MAC EKU	12/11/2021	EGA Summer 4	
154*	33.43 L	F	Van Reenen Cloete	46	WBSK WBD	12/02/2022	Limpopo Champs	
154*	33.43 L	F	Sean Jevon	54	USC BUF	12/11/2021	PEA Winter Gala Take 2	
156	33.63 L	F	Vincent Potgieter	23	TLAC BPD	16/10/2021	NWS Age Group 1&2	
157	33.83 L	P	Valentino Vergotine	34	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ	
158	34.00 L	F	Erhardt Gerber	44	FEMS EDD	29/01/2022	West Coast Qualify Gala 2022	
159	34.07 L	F	Clem Sweet	22	HPS TSH	17/09/2021	NTS Age group September Level 2+3	
160	34.26 L	F	Roberto Riccardi	49	CA EKU	02/10/2021	EGA Summer 2	
161	34.45 L S	F	Andrè Roothman	67	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe	
162	34.49 L	F	Jean-Pierre Nel	22	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ	
163	34.58 L	F	Ivan Janse Van Vuuren	38	BLSS MAN	08/10/2021	Super Seals Prestige Gala	
164	34.61 L S	F	Philip Winfield	28	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe	
165	35.98 L	P	Casper Pretorius	43	ETTN EKU	11/03/2022	SA Level 2 Regional Age Group Cham	
166	36.81 L	F	Ethan George	19	AQDO CPT	08/10/2021	40th Freda Barnard Invitational Gala	
167	37.66 L S	F	Roderick Holshausen	63	CPTM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe	
168	37.93 L	F	Sean O'Neill	37	ASAC CPT	30/10/2021	CANA Virtual Swimming Championship	
169	38.21 L	F	Mncedisi Dlamini	21	UMSH ETH	03/12/2021	WSC & Seals Summer LC Champs 20	
170	38.57 L	P	Kabelo Zwane	19	JMDOL JHB	28/05/2021	Grand Prix No 4 Durban May 2021	
171	38.63 L	F	Andre Maritz	45	GHSK	01/12/2021	Age Group 4	
172	39.79 L	F	Bruce Rankin	58	TLAC BPD	16/10/2021	NWS Age Group 1&2	
173	39.90 L	F	Phahleng Mampa	19	SOSH TSH	18/02/2022	NTS Combined February Age Group G	
174	47.68 L	F	Donovan Van Der Schyf	45	MAC EKU	02/10/2021	EGA Summer 2	
175	48.87 L	P	Elih Lawrence	19	BLNE MAN	08/12/2021	Free State Champs 2021	
176	1:00.97 L S	F	Arthur Platte	65	WINE GED	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe	
177	1:03.31 L	F	Boitshepo Radebe	19	SOSH TSH	17/10/2021	2021 AG Swim Stars Champs & OR Tz	
<b>Men 100 Fly</b>								
1	51.84 L	P	Chad Le Clos	30	RSA	24/07/2021	2021 Tokyo Olympic Games	
2	53.91 L	F	Guy Brooks	19	RSA	11/10/2021	14th Africa Seniors Swimming Champi	
3	54.09 L	P	Daniel Ronaldson	25	SGUL ETH	28/05/2021	Grand Prix No 4 Durban May 2021	
4	54.28 L	F	Benjamin Plattner	22	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ	
5	54.59 L	P	Brandon Chapman	19	PEAS NMA	28/05/2021	Grand Prix No 4 Durban May 2021	
6	54.78 L	F	Andrew Ross	20	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ	
7	55.00 L	F	Ross Hartigan	23	RSA	11/10/2021	14th Africa Seniors Swimming Champi	
8	55.10 L	P	Ryan Coetzee	26	SEAL UMD	06/05/2021	2021 Cana Grand Prix Swimming Stell	
9	55.26 L	F	Alard Basson	26	NMU NMA	28/05/2021	Grand Prix No 4 Durban May 2021	
10	55.72 L	F	Kaydn Naidoo	19	BEAV ETH	18/02/2022	2022 Grand Prix 2 Invitational Meet Dt	
11	55.75 L	P	Vincent Ribeiro	19	TUKS TSH	22/07/2021	2021 ST TXLA Speedo Southern Secti	
12*	56.07 L	F	Chase Rayment	20	SGUL ETH	29/01/2022	EDA Age Group Gala 4	
12*	56.07 L	P	Clayton Jimmie	26	RSA	11/10/2021	14th Africa Seniors Swimming Champi	
14	56.40 L	F	Ruan Ras	25	TUKS TSH	24/09/2021	USSA Swimming Championships	
15	56.45 L	F	Danté Nortjé	21	TUKS TSH	24/09/2021	USSA Swimming Championships	
16	56.58 L	P	Joshua Parry	19	SEAL UMD	18/02/2022	2022 Grand Prix 2 Invitational Meet Dt	
17	56.61 L	F	Martin Binedell	26	SEAL UMD	17/12/2021	2021 KZNA Premier Provincial Champ	
18	56.65 L	P	Alex Goddard	21	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ	
19	56.78 L	P	Luke Altmann	20	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ	
20	56.94 L	F	Giano Dos Santos	19	TUKS TSH	15/12/2021	NTS Championships 2021	
21	57.01 L	P	Hendrich Muth	20	TUKS TSH	28/05/2021	Grand Prix No 4 Durban May 2021	
22	57.02 L S	F	Matthew Bowers	26	TUKS TSH	29/03/2022	SA Regional Aquatic Champs 2022- N	
23*	57.09 L S	F	Joshua Emslie	20	MATI GED	07/12/2021	Western Cape LC-A Championship 20	
23*	57.09 L	P	Riccardo Di Domenico	21	JMDOL JHB	28/05/2021	Grand Prix No 4 Durban May 2021	
23*	57.09 L	P	Andre Van Huyssteen	23	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ	



## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
26*	57.16	L	P	Divan Bester	20	WCA	CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
26*	57.16	L	P	Ruan Hanaczeck Kruger	20	LP	CCD	06/04/2022	SA National Aquatic SNR-JNR Champ
28	57.30	L	F	Gert Beetge	21	TUKS	FSH	24/09/2021	USSA Swimming Championships
29	57.34	L	F	Robert Le Roux	22	TUKS	FSH	15/12/2021	NTS Championships 2021
30	57.41	L	F	Jaden Delpont	20	NMU	NMA	28/05/2021	Grand Prix No 4 Durban May 2021
31	57.92	L S	F	Janco Rademeyer	22	TUKS	FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
32	57.99	L	F	Jaden Harris	22	DRGN	EKU	28/05/2021	Grand Prix No 4 Durban May 2021
33	58.24	L	F	Kaleb Lombard	19	INFA	NMA	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
34	58.46	L	F	Jaiden Staines	19	BAS	EKU	05/11/2021	NTS Prestige Gala 2021
35	58.61	L	P	Gustav Schlechter	19	WCA	CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
36	58.70	L	P	Hermanus Steyn	20	PSC	FSH	15/12/2021	NTS Championships 2021
37	58.76	L	F	Righardt Muller	19	CYBE	CPT	30/10/2021	CANA Virtual Swimming Championship
38	58.87	L S	F	Ethan Bailey	19	AQDO	CPT	07/12/2021	Western Cape LC-A Championship 20
39	58.93	L	P	Luke Slabber	19	WCA	CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
40	59.21	L	F	Michael Bromfield	21	MATI	CCD	24/09/2021	USSA Swimming Championships
41	59.36	L	F	Adam Moncherry	23	TUKS	FSH	24/09/2021	USSA Swimming Championships
42	59.37	L S	F	Gideon Wolmarans	19	PAC	FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
43	59.40	L	F	Cullen Biddulph	19	PEAS	NMA	12/11/2021	PEA Winter Gala Take 2
44	59.42	L	F	Jetro Piso	20	UNI	EZD	03/12/2021	Mpumalanga Championships 2021
45	59.50	L	P	Joshua Ashley	19	ACSA	ETH	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
46	59.52	L	F	Darren Minnies	24	MATI	CCD	24/09/2021	USSA Swimming Championships
47	59.62	L S	P	Kian Du Toit	21	SOUL	EKU	09/12/2021	EGA Summer Champs 2021
48	59.81	L	P	Ronan Theron	19	TASC	MPD	18/03/2022	SA Level 3 Regional Age Group Chan
49	1:00.08	L S	F	Divan Pretorius	21	BAS	EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
50	1:00.13	L	F	Cullen Thomas	21	TUKS	FSH	24/09/2021	USSA Swimming Championships
51	1:00.24	L	P	Rance Gower-Winter	22	SGUL	ETH	28/05/2021	Grand Prix No 4 Durban May 2021
52	1:00.31	L	F	Adriaan Viljoen	19	MATI	CCD	29/01/2022	West Coast Qualify Gala 2022
53	1:00.36	L	F	William Slaughter	19	NWUC	KKD	16/10/2021	NWS Age Group 1&2
54	1:00.57	L	P	Ethan Riekert	19	TUKS	FSH	15/12/2021	NTS Championships 2021
55	1:00.61	L	F	Cameron Casali	19	INFA	NMA	08/10/2021	40th Freda Barnard Invitational Gala
56	1:00.68	L	F	Ma'Az Khota	21	TUKS	FSH	05/11/2021	NTS Prestige Gala 2021
57	1:00.73	L	F	Terence O'Hara	21	TUKS	FSH	28/01/2022	NTS February Age Group 15 & Over
58	1:01.05	L	P	Johannes Ferreira	20	NWUC	KKD	30/03/2022	SA Regional Aquatic JNR-Senior Cha
59	1:01.06	L	F	Pieter Mostert	19	TUKS	FSH	28/01/2022	NTS February Age Group 15 & Over
60	1:01.26	L S	F	Thomas Woodhead	20	PER	JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
61	1:01.37	L S	P	Rogan Shepherd	20	TUKS	FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
62	1:01.39	L S	F	Connor Theron	19	SAAW	CPT	29/03/2022	SA Regional SNR & JNR Champs WC
63	1:01.51	L	F	Nicholas Nel	19	TOTIS	ETH	17/03/2022	SA Level 3 Regional Age Group Chan
64	1:01.60	L	P	Frederik De Beer	20	TUKS	FSH	15/12/2021	NTS Championships 2021
65	1:01.70	L	P	Max Johnson	19	DORE	JHB	03/12/2021	CGA LC Summer Champs - Level3+
66	1:01.77	L	P	Zinadeen Scheepers	19	AA	JHB	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
67	1:01.83	L	F	Adrian Robinson	22	TUKS	FSH	24/09/2021	USSA Swimming Championships
68	1:02.64	L	F	Hendrick Ramaala	21	TUKS	FSH	05/11/2021	NTS Prestige Gala 2021
69*	1:02.77	L S	P	Thomas Klopstra	21	ASAC	CPT	07/12/2021	Western Cape LC-A Championship 20
69*	1:02.77	L	P	Jordan Bradshaw	21	CRSC	JHB	18/03/2022	SA Level 3 Regional Age Group Chan
71	1:03.06	L S	P	Matthew Hibberd	24	BLMA	CPT	07/12/2021	Western Cape LC-A Championship 20
72	1:03.24	L	F	Christiaan Engelbrecht	22	SAAW	CPT	30/10/2021	CANA Virtual Swimming Championship
73	1:03.39	L	F	Hlalele Chaane	21	NWUC	KKD	11/02/2022	NW Last Chance
74	1:03.44	L	F	Mswane Tsabedze	25	TUKS	FSH	24/09/2021	USSA Swimming Championships
75	1:03.51	L S	P	Walter De Jongh	19	TYGE	CPT	07/12/2021	Western Cape LC-A Championship 20
76	1:03.67	L	F	Philippus vd Spuy	19	BEST	NMA	11/09/2021	Beast Club LC Gala
77	1:03.72	L	F	Matthew-Ethan Falconer	19	DRGN	EKU	12/11/2021	EGA Summer 4
78	1:04.04	L	F	Frans-Josef Mentz	22	NWUC	KKD	24/09/2021	USSA Swimming Championships
79	1:04.43	L S	P	Ryan Van Reenen	23	BLMA	CPT	07/12/2021	Western Cape LC-A Championship 20
80	1:04.46	L	F	Marthinus Matthee	24	KTS		08/12/2021	Champs 2021
81*	1:04.52	L	F	Malcolm Botha	19	VRC	FSH	24/09/2021	NTS Age Group September SANJ+
81*	1:04.52	L	F	Dirco Nienaber	19	FISH	EDD	19/11/2021	Eden LC Champs 2021
83	1:04.60	L	F	Dirk Bonemma	22	MATI	CCD	16/10/2021	Winelands SL 3
84	1:04.64	L	F	Michael de Beer	19	TUKS	FSH	24/09/2021	USSA Swimming Championships

## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
85	1:04.99	L	F	Marthinus Matthee	24	KOVS MAN	19/02/2022 Bull-Sharks Gala
86	1:05.24	L	P	Ammar Anthony	19	MARL CPT	17/03/2022 SA Level 3 Regional Age Group Chan
87	1:06.63	L S	P	Chad Erasmus	19	VINE CPT	07/12/2021 Western Cape LC-A Championship 20
88	1:06.80	L	F	Byron Govender	21	BEAV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
89	1:06.83	L S	F	Juandré Uys	19	POTC KKD	08/12/2021 NWS Championships 2020/2021
90	1:07.39	L	F	Nkosinolwazi Mbatha	25	USH UHD	03/12/2021 WSC & Seals Summer LC Champs 20
91	1:07.74	L	F	Daniel Manus	22	MATI CED	24/09/2021 USSA Swimming Championships
92	1:07.86	L S	P	Kyle Letley	20	ESTR EKU	09/12/2021 EGA Summer Champs 2021
93	1:07.87	L	F	Ryno Van der Walt	LR	PSA ZLD	04/12/2021 Stingrays Swim Club Championships 2
94	1:08.51	L	P	Bronte Margro	19	RAV EKU	18/03/2022 SA Level 3 Regional Age Group Chan
95	1:09.14	L S	P	Ethan Paulse	26	CLSC WCD	07/12/2021 Western Cape LC-A Championship 20
96	1:09.50	L	F	Andries Jansen van Vuuren	19	BLSS MAN	17/03/2022 SA Level 3 Regional Age Group Chan
97	1:09.86	L	P	Ethyn Harris	19	WATR JHB	18/03/2022 SA Level 3 Regional Age Group Chan
98	1:10.13	L	P	Dale Coetzee	19	AWSC JHB	03/12/2021 CGA LC Summer Champs - Level3+
99	1:10.30	L	F	Christian Sadie	24	LALE CED	16/10/2021 Winelands SL 3
100	1:10.91	L	F	Linda Mpfana	19	UMSH ETH	17/03/2022 SA Level 3 Regional Age Group Chan
101	1:11.01	L	F	Eduan Du Preez	19	TUKS FSH	28/01/2022 NTS February Age Group 15 & Over
102	1:11.25	L	P	Sthembela Khawula	20	UMSH ETH	17/03/2022 SA Level 3 Regional Age Group Chan
103	1:11.27	L S	P	Avron Manchest	26	XSAQ CPT	07/12/2021 Western Cape LC-A Championship 20
104	1:11.51	L	P	Thomas Peycke	19	BLMA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
105	1:11.52	L	F	Nishan Fernando	20	TUKS FSH	24/09/2021 USSA Swimming Championships
106	1:11.73	L	F	Joshua Bowers	19	MANT CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
107	1:12.10	L S	F	Jean Pretorius	25	CYBE CPT	07/12/2021 Western Cape LC-A Championship 20
108	1:12.80	L	F	Edrich Janse Van Rensburg	21	ONYX EKU	28/01/2022 EGA Last Chance Gala
109	1:13.46	L	P	Thornton Velloen	19	ESTR EKU	18/03/2022 SA Level 3 Regional Age Group Chan
110	1:15.82	L	F	Jonathan Pheiffer	19	UWCA CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
111	1:16.85	L	F	Mizaan Alli	19	BAS EKU	22/10/2021 EGA Summer 3
112	1:17.41	L	F	Jean-Pierre Nel	22	AGA EKU	06/04/2022 SA National Aquatic SNR-JNR Champ
113	1:17.46	L	P	Llewellyn Buys	20	MATI CED	17/03/2022 SA Level 3 Regional Age Group Chan
114	1:19.59	L S	F	André Roothman	67	CPTM CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
115	1:23.77	L	F	Ethan George	19	AQDO CPT	08/10/2021 40th Freda Barnard Invitational Gala
116	1:24.30	L	F	Sean Jevon	54	USC BUF	12/11/2021 PEA Winter Gala Take 2
117	1:25.93	L S	F	Roderick Holshausen	63	CPTM CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
118	1:26.21	L	F	Ivan Janse Van Vuuren	38	BLSS MAN	08/10/2021 Super Seals Prestige Gala
119	2:33.86	L S	F	Arthur Platte	65	WINE CED	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
<b>Men 200 Fly</b>							
1	1:54.93	L	F	Chad Le Clos	30	RSA	24/07/2021 2021 Tokyo Olympic Games
2	1:57.66	L	F	Max Litchfield	27	GBR	06/04/2022 SA National Aquatic SNR-JNR Champ
3	2:00.10	L	F	Ross Hartigan	23	RSA	11/10/2021 14th Africa Seniors Swimming Champi
4	2:01.67	L	F	Ruan Ras	25	RSA	11/10/2021 14th Africa Seniors Swimming Champi
5	2:02.36	L	P	Righardt Muller	19	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
6	2:03.15	L	F	Benjamin Plattner	22	AGC FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
7	2:03.20	L	P	Brandon Chapman	19	PEAS NMA	28/05/2021 Grand Prix No 4 Durban May 2021
8	2:07.62	L	F	Connor Buck	19	ACSA ETH	17/12/2021 2021 KZNA Premier Provincial Champ
9	2:09.23	L	F	Joshua Ashley	19	ACSA ETH	17/12/2021 2021 KZNA Premier Provincial Champ
10	2:10.52	L	F	Ethan Bailey	19	AQDO CPT	07/12/2021 Western Cape LC-A Championship 20
11	2:11.25	L	F	Rance Gower-Winter	22	SGUL ETH	28/05/2021 Grand Prix No 4 Durban May 2021
12	2:12.32	L	F	Cameron Casali	19	INFA NMA	16/10/2021 1st A League Gala 2021
13	2:12.48	L	P	Kaleb Lombard	19	INFA NMA	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
14	2:13.27	L	F	Divan Bester	20	CYBE CPT	07/12/2021 Western Cape LC-A Championship 20
15	2:13.82	L	F	Dylan Wright	19	TYGE CPT	06/05/2021 2021 Cana Grand Prix Swimming Stell
16	2:15.41	L	F	Kian Du Toit	21	SOUL EKU	09/12/2021 EGA Summer Champs 2021
17	2:16.12	L	F	Rogan Shepherd	20	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
18	2:19.50	L	F	Alfonso Janse Van Rensburg	20	MATI CED	24/09/2021 USSA Swimming Championships
19	2:20.27	L	F	Kaydn Naidoo	19	BEAV ETH	29/01/2022 EDA Age Group Gala 4
20	2:28.57	L	F	Ma'Az Khota	21	TUKS FSH	24/09/2021 USSA Swimming Championships
21	2:28.96	L	F	Matthew-Ethan Falconer	19	DRGN EKU	22/10/2021 EGA Summer 3
22	2:29.38	L	F	Deshaan Pillay	24	INFA NMA	12/11/2021 PEA Winter Gala Take 2
23	2:29.76	L	F	Johannes Ferreira	20	NWUC KKD	24/09/2021 USSA Swimming Championships

## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22  
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
24	2:34.54 L	F	Ethan Paulse	26	CLSC WCD	07/12/2021	Western Cape LC-A Championship 20	
25	2:35.67 L	F	Hermanus Steyn	20	PSC FSH	28/01/2022	NTS February Age Group 15 & Over	
26	2:42.23 L	F	Matthew Hibberd	24	BLMA CPT	30/10/2021	CANA Virtual Swimming Championship	
27	3:01.77 L	F	Daniel Manus	22	MATI CED	24/09/2021	USSA Swimming Championships	
<b>Men 200 IM</b>								
1	1:59.96 L S	F	Max Litchfield	27	GBR	06/04/2022	SA National Aquatic SNR-JNR Champ	
2	2:02.45 L	F	Vincent Ribeiro	19	TUKS FSH	22/07/2021	2021 ST TXLA Speedo Southern Secti	
3	2:03.95 L	P	Damian Mullen	25	WATR JHB	28/05/2021	Grand Prix No 4 Durban May 2021	
4	2:04.28 L S	P	Ross Hartigan	23	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ	
5	2:04.52 L S	F	Craig Keylock	44	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ	
6	2:04.58 L S	P	Andrew Ross	20	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ	
7	2:05.22 L S	P	Andre Van Huyssteen	23	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ	
8	2:05.80 L	P	Ruan Ras	25	TUKS FSH	28/05/2021	Grand Prix No 4 Durban May 2021	
9	2:06.61 L	P	Danté Nortjé	21	TUKS FSH	28/05/2021	Grand Prix No 4 Durban May 2021	
10	2:07.34 L	P	Andrew Brown	23	WATR JHB	28/05/2021	Grand Prix No 4 Durban May 2021	
11	2:07.56 L	P	Luke Slabber	19	VINE CPT	28/05/2021	Grand Prix No 4 Durban May 2021	
12	2:08.47 L	P	Cameron Casali	19	INFA NMA	28/05/2021	Grand Prix No 4 Durban May 2021	
13	2:08.62 L S	P	Anandt Van Rensburg	22	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ	
14	2:08.81 L	P	Ruan Breytenbach	19	TUKS FSH	18/02/2022	2022 Grand Prix 2 Invitational Meet Du	
15	2:08.87 L	F	Martin Binedell	26	SEAL UMD	17/12/2021	2021 KZNA Premier Provincial Champ	
16	2:09.67 L	F	Robert Le Roux	22	TUKS FSH	29/03/2022	SA Regional Aquatic Champs 2022- N	
17	2:09.87 L	P	Divan Bester	20	CYBE CPT	28/05/2021	Grand Prix No 4 Durban May 2021	
18	2:10.16 L S	P	Adriaan Viljoen	19	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ	
19	2:10.24 L S	P	Guy Brooks	19	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ	
20	2:10.95 L S	P	Kaydn Naidoo	19	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ	
21	2:11.75 L	T	Jonathan Bennett	23	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ	
22	2:12.20 L	P	Joshua Parry	19	SEAL UMD	18/02/2022	2022 Grand Prix 2 Invitational Meet Du	
23	2:13.01 L S	P	Aiden Petersen	20	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ	
24	2:13.40 L	P	Michael Duckham	20	SEAL UMD	28/05/2021	Grand Prix No 4 Durban May 2021	
25	2:13.42 L	F	Giano Dos Santos	19	TUKS FSH	24/09/2021	USSA Swimming Championships	
26	2:13.69 L	F	Pieter Mostert	19	TUKS FSH	15/12/2021	NTS Championships 2021	
27	2:13.77 L	P	Hendrich Muth	20	TUKS FSH	15/12/2021	NTS Championships 2021	
28	2:13.91 L	F	Roberto Gomes	22	TUKS FSH	24/09/2021	USSA Swimming Championships	
29	2:15.63 L S	P	Jaiden Staines	19	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ	
30	2:15.71 L	F	Arno Krüger	19	TUKS FSH	05/11/2021	NTS Prestige Gala 2021	
31	2:15.92 L	F	Jetro Piso	20	UNI EZD	03/12/2021	Mpumalanga Championships 2021	
32	2:16.12 L	F	Kaleb Lombard	19	INFA NMA	29/03/2022	SA Regional SNR & JNR Champs WC	
33	2:16.60 L	F	Terence O'Hara	21	TUKS FSH	15/12/2021	NTS Championships 2021	
34	2:16.97 L	F	Ma'Az Khota	21	TUKS FSH	29/03/2022	SA Regional Aquatic Champs 2022- N	
35	2:17.00 L	F	Dylan Botha	19	NMU NMA	10/12/2021	NMBA Championships 2021	
36	2:17.46 L	F	Divan Pretorius	21	BAS EKU	09/12/2021	EGA Summer Champs 2021	
37	2:17.70 L	P	Gideon Wolmarans	19	PAC FSH	29/03/2022	SA Regional Aquatic Champs 2022- N	
38	2:17.98 L	P	Ethan Bailey	19	AQDO CPT	28/05/2021	Grand Prix No 4 Durban May 2021	
39	2:18.53 L	F	Van Zyl Brand	24	NWUC KKD	16/10/2021	NWS Age Group 1&2	
40	2:19.70 L	F	Ruan Hanaczeck Kruger	20	SS MPD	12/02/2022	Limpopo Champs	
41	2:19.86 L	F	Hendrick Ramaala	21	TUKS FSH	24/09/2021	USSA Swimming Championships	
42	2:20.09 L	F	Kian Du Toit	21	SOUL EKU	09/12/2021	EGA Summer Champs 2021	
43	2:20.21 L	F	Rogan Shepherd	20	TUKS FSH	24/09/2021	USSA Swimming Championships	
44	2:20.67 L	F	Philippus vd Spuy	19	BEST NMA	11/09/2021	Best Club LC Gala	
45	2:21.20 L	P	Zinadeen Scheepers	19	AA JHB	18/02/2022	2022 Grand Prix 2 Invitational Meet Du	
46	2:21.26 L	F	Matthew Andrew	19	MSC NGD	29/03/2022	SA Regional Aquatic Champs 2022- N	
47	2:21.35 L	F	Hermanus Steyn	20	PSC FSH	08/10/2021	NTS October Combined Age Group	
48	2:21.44 L	F	Deshaan Pillay	24	INFA NMA	10/12/2021	NMBA Championships 2021	
49	2:21.81 L S	P	Joshua Emslie	20	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ	
50	2:22.25 L	F	Jonah Pool-Jones	19	MATI CED	29/01/2022	West Coast Qualify Gala 2022	
51	2:23.04 L	F	Ruan Hutten	19	RFA FSH	08/10/2021	NTS October Combined Age Group	
52	2:23.21 L	F	Ethan Riekert	19	TUKS FSH	05/11/2021	NTS Prestige Gala 2021	
53	2:23.48 L	F	Alfonso Janse Van Rensburg	20	MATI CED	24/09/2021	USSA Swimming Championships	
54	2:24.70 L	P	Malcolm Botha	19	VRC FSH	15/12/2021	NTS Championships 2021	

## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
55	2:24.93	L	F	Frederik De Beer	20	TUKS FSH	28/01/2022 NTS February Age Group 15 & Over
56	2:25.35	L	F	Morné van der Bank	23	NWUC KKD	24/09/2021 USSA Swimming Championships
57	2:26.17	L	F	Chris van Heerden	19	NWUC KKD	24/09/2021 USSA Swimming Championships
58	2:26.35	L	P	Joshua Jacoby	22	BEAV ETH	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
59	2:26.38	L	F	Frans-Josef Mentz	22	NWUC KKD	24/09/2021 USSA Swimming Championships
60	2:26.68	L	F	Matthias Hipper	19	ELEC JHB	18/03/2022 SA Level 3 Regional Age Group Chan
61	2:27.04	L	P	Matthew-Ethan Falconer	19	DRGN EKU	09/12/2021 EGA Summer Champs 2021
62	2:27.64	L	F	Stephanus Bekker	19	RFA FSH	08/10/2021 NTS October Combined Age Group
63	2:27.79	L	F	Reece Zowitsky	19	TUKS FSH	24/09/2021 USSA Swimming Championships
64	2:28.12	L	F	Pierre Theron	26	FAAC FB	08/12/2021 Champs 2021
65	2:28.51	L	F	Matthew Hibberd	24	BLMA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
66	2:28.57	L	F	Eduan Du Preez	19	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
67	2:28.58	L	P	Walter De Jongh	19	TYGE CPT	07/12/2021 Western Cape LC-A Championship 20
68	2:29.21	L	P	Juandré Uys	19	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
69	2:29.61	L	F	Angus Solomons	21	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
70	2:30.63	L	P	Matthew Estment	22	PER JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
71	2:30.71	L	F	Nicholas Nel	19	TOTIS ETH	03/12/2021 WSC & Seals Summer LC Champs 20
72	2:31.19	L	P	Thomas Klopstra	21	ASAC CPT	07/12/2021 Western Cape LC-A Championship 20
73	2:32.11	L	F	Nkosinolwazi Mbatha	25	USH UHD	03/12/2021 WSC & Seals Summer LC Champs 20
74	2:32.96	L S	F	Aaron Putz	25	KZNA ETH	06/04/2022 SA National Aquatic SNR-JNR Champ
75	2:33.00	L	F	Dirco Nienaber	19	FISH EDD	08/10/2021 40th Freda Barnard Invitational Gala
76	2:33.05	L	F	Liam Bruce	19	BEAV ETH	30/10/2021 CANA Virtual Swimming Championship
77	2:33.19	L	P	Johannes Malan	19	STELL RMD	08/12/2021 NWS Championships 2020/2021
78	2:33.29	L	F	Minkateko Makamu	22	MDOL EKU	28/01/2022 EGA Last Chance Gala
79	2:33.61	L	F	Hlalele Chaane	21	NWUC KKD	11/02/2022 NW Last Chance
80	2:34.12	L	F	Hein Van Tonder	21	TUKS FSH	22/10/2021 NTS October Level 1-3 Age Group
81	2:34.77	L	F	Jan Venter	34	UNI EZD	03/12/2021 Mpumalanga Championships 2021
82	2:35.94	L	F	Christian Sadie	24	RSA	25/08/2021 2021 Tokyo Paralympic Games
83	2:36.70	L	P	Ethyn Harris	19	WATR JHB	18/03/2022 SA Level 3 Regional Age Group Chan
84	2:36.99	L	F	William Slaughter	19	NWUC KKD	16/10/2021 NWS Age Group 1&2
85	2:37.25	L	F	Dirk Bonemma	22	MATI CED	19/02/2022 Swartland Invitational #2 2022
86	2:38.24	L	F	Edrich Janse Van Rensburg	21	ONYX EKU	28/01/2022 EGA Last Chance Gala
87	2:39.15	L	P	Jean Pretorius	25	CYBE CPT	07/12/2021 Western Cape LC-A Championship 20
88	2:39.53	L	F	Chad Erasmus	19	VINE CPT	04/12/2021 CTA Qualifying Meet
89	2:39.69	L S	F	Ethan Paulse	26	CLSC WCD	07/12/2021 Western Cape LC-A Championship 20
90	2:39.72	L S	F	Ammar Anthony	19	MARL CPT	30/10/2021 CANA Virtual Swimming Championship
91	2:39.76	L S	F	Jay Richards	44	CPTM CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
92	2:39.92	L	F	Daniel Smit	19	SS MPD	12/02/2022 Limpopo Champs
93	2:40.24	L	F	Marthinus Matthee	24	KTS	28/10/2021 Neptune Prestige Gala
94	2:40.53	L S	F	Peter-John Joseph	20	UWCA CPT	30/10/2021 CANA Virtual Swimming Championship
95	2:41.10	L	F	Connor Theron	19	SAAW CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
96	2:41.72	L	F	Kyle Letley	20	ESTR EKU	18/09/2021 EGA Summer 1
97	2:42.60	L	F	Michael Witbooi	20	BIOS CED	16/10/2021 Winelands SL 4
98	2:43.25	L	P	Ryan Van Reenen	23	BLMA CPT	07/12/2021 Western Cape LC-A Championship 20
99	2:43.62	L	F	Dustin Hale	24	TRAZ FSH	05/11/2021 NTS Prestige Gala 2021
100	2:43.94	L	F	Nishan Fernando	20	PEAS NMA	29/01/2022 3rd A League Gala 2022
101	2:44.16	L	P	Bronte Margro	19	RAV EKU	18/03/2022 SA Level 3 Regional Age Group Chan
102	2:45.65	L	F	Llewellyn Buys	20	TUKS FSH	24/09/2021 USSA Swimming Championships
103	2:46.04	L	F	Andries Jansen van Vuuren	19	BLSS MAN	23/10/2021 Otters Prestige Gala 2021
104	2:46.40	L	F	Ryno Van der Walt	LR	PSA ZLD	15/01/2022 KCDA January 2022 Age Group Gala
105	2:46.52	L	F	Joshua Bowers	19	MANT CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
106	2:46.73	L	P	Thomas Peycke	19	BLMA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
107	2:46.94	L	F	Jonathan Pheiffer	19	UWCA CPT	22/03/2022 SA Level 2 Regional Age Group Chan
108	2:48.20	L	F	Daniel Manus	22	MATI CED	24/09/2021 USSA Swimming Championships
109	2:48.28	L	F	Thornton Velloen	19	ESTR EKU	28/01/2022 EGA Last Chance Gala
110	2:50.61	L S	F	Valentino Vergotine	34	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
111	2:51.43	L	P	Ethan George	19	AQDO CPT	17/03/2022 SA Level 3 Regional Age Group Chan
112	2:52.30	L	F	Dale Coetzee	19	AWSC JHB	03/12/2021 CGA LC Summer Champs - Level3+
113	2:53.00	L S	F	Jean-Pierre Nel	22	AGA EKU	06/04/2022 SA National Aquatic SNR-JNR Champ

## Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
114	2:54.63 L	F	George Versfeld	19	ASAC CPT	04/12/2021	CTA Qualifying Meet	
115	2:56.25 L	F	Clem Sweet	22	HPS FSH	17/09/2021	NTS Age group September Level 2+3	
116	2:58.85 L	F	Tgegofatso Nkutshweu	19	ATTE FSH	10/12/2021	2021 The Tshwane Mayoral Gala	
117	3:02.59 L	P	Casper Pretorius	43	ETTN ECU	11/03/2022	SA Level 2 Regional Age Group Cham	
118	3:02.71 L	F	Van Reenen Cloete	46	WBSK WBD	16/10/2021	Limpopo Age Group 4	
119	3:05.15 L	F	Khosi Matsipa	20	MAC ECU	28/01/2022	EGA Last Chance Gala	
120	3:09.23 L	P	Ivan Janse Van Vuuren	38	BLSS MAN	08/12/2021	Free State Champs 2021	
121	3:13.39 L	P	Kealeboga Khoza	19	NWUC KKD	08/12/2021	NWS Championships 2020/2021	
122	3:13.90 L	F	Ronan Theron	19	TASC MPD	16/10/2021	Limpopo Age Group 4	
123	3:21.48 L S	F	Sean O'Neill	37	ASAC CPT	30/10/2021	CANA Virtual Swimming Championship	
124	3:28.23 L S	P	Elih Lawrence	19	FSA FS	06/04/2022	SA National Aquatic SNR-JNR Champ	
125	4:38.38 L S	F	Arthur Platte	65	WINE CED	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe	
<b>Men 400 IM</b>								
1	4:15.39 L	F	Max Litchfield	27	GBR	06/04/2022	SA National Aquatic SNR-JNR Champ	
2	4:24.06 L	P	Danté Nortjé	21	TUKS FSH	18/02/2022	2022 Grand Prix 2 Invitational Meet Du	
3	4:24.46 L	F	Ruan Ras	25	RSA	11/10/2021	14th Africa Seniors Swimming Champi	
4	4:27.14 L	F	Ruan Breytenbach	19	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ	
5	4:28.29 L	F	Damian Mullen	25	WATR JHB	28/05/2021	Grand Prix No 4 Durban May 2021	
6	4:33.02 L	F	Cameron Casali	19	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ	
7	4:35.49 L	F	Ross Hartigan	23	TUKS FSH	24/09/2021	USSA Swimming Championships	
8	4:35.94 L	F	Andrew Ross	20	TUKS FSH	24/09/2021	USSA Swimming Championships	
9	4:37.45 L	P	Andrew Brown	23	WATR JHB	28/05/2021	Grand Prix No 4 Durban May 2021	
10	4:46.29 L	P	Jonathan Bennett	23	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ	
11	4:48.91 L	F	Ethan Bailey	19	AQDO CPT	07/12/2021	Western Cape LC-A Championship 20	
12	4:49.88 L	F	Philippus vd Spuy	19	BEST NMA	16/10/2021	1st A League Gala 2021	
13	4:54.88 L	P	Hendrick Ramaala	21	RSA	11/10/2021	14th Africa Seniors Swimming Champi	
14	5:02.26 L	F	Adriaan Viljoen	19	MATI CED	25/02/2022	Infinity Gala	
15	5:09.30 L	F	Deshaan Pillay	24	INFA NMA	10/12/2021	NMBA Championships 2021	
16	5:09.78 L	F	Kian Du Toit	21	SOUL ECU	09/12/2021	EGA Summer Champs 2021	
17	5:11.53 L	F	Alfonso Janse Van Rensburg	20	MATI CED	24/09/2021	USSA Swimming Championships	
18	5:12.22 L	P	Matthew Andrew	19	MSC NGD	28/05/2021	Grand Prix No 4 Durban May 2021	
19	5:12.95 L	F	Johannes Ferreira	20	NWUC KKD	24/09/2021	USSA Swimming Championships	
20	5:13.29 L	F	Rogan Shepherd	20	TUKS FSH	24/09/2021	USSA Swimming Championships	
21	5:13.69 L	F	Matthew-Ethan Falconer	19	DRGN ECU	22/10/2021	EGA Summer 3	
22	5:15.86 L	F	Darren Minnies	24	MATI CED	24/09/2021	USSA Swimming Championships	
23	5:17.87 L	F	Aaron Putz	25	WSTV ETH	17/12/2021	2021 KZNA Premier Provincial Champ	
24	5:27.52 L	F	Ruan Hutten	19	RFA FSH	14/01/2022	NTS January 2022 Combined Age Grc	
25	5:30.64 L	F	Hlalele Chaane	21	NWUC KKD	16/10/2021	NWS Age Group 1&2	
26	5:33.38 L	F	Liam Bruce	19	BEAV ETH	30/10/2021	CANA Virtual Swimming Championship	
27	5:55.06 L	F	Matthew Hibberd	24	BLMA CPT	08/10/2021	40th Freda Barnard Invitational Gala	
28	6:07.47 L	F	Nishan Fernando	20	PEAS NMA	29/01/2022	3rd A League Gala 2022	
29	6:27.24 L	F	Thornton Velloen	19	ESTR ECU	09/12/2021	EGA Summer Champs 2021	
30	6:28.84 L	F	Ryan Van Reenen	23	BLMA CPT	08/10/2021	40th Freda Barnard Invitational Gala	
31	6:34.81 L	F	Ethan George	19	AQDO CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe	
32	6:41.91 L	F	Casper Pretorius	43	ETTN ECU	22/10/2021	EGA Summer 3	