

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
<b>Women 16 - 16 50 Free</b>							
1	25.29	L	F	Aimee Canny	16	RSA	20/08/2019 7TH FINA World Junior Swimming
2	26.41	L	P	Caitlin De Lange	16	PAA FSH	04/12/2019 NTS Championships 2019
3	26.59	L S	F	Veronique Rossouw	16	TUKS FSH	04/12/2019 NTS Championships 2019
4	27.57	L	F	Brooklyn Croxon	16	MPS NGD	09/12/2019 SA Schools Swimming Championship
5	27.72	L	F	Sune Liebenberg	16	NWS	01/02/2020 NTS Invitational Gala 2020
6	27.84	L	F	Lara Van Niekerk	16	PAC FSH	04/12/2019 NTS Championships 2019
7	27.94	L	P	Trinity Hearne	16	TYGE CPT	01/12/2019 Western Cape Summer Championships
8	28.02	L	F	Emma Franck	16	WATR JHB	05/12/2019 CGA Championships 2019
9	28.10	L	F	Laela Masson	16	PLAY CED	01/12/2019 Western Cape Summer Championships
10	28.31	L	P	Michelle Van Heerden	16	KNYD EDD	31/01/2020 2020 Grand Prix Invitational Swimming
11	28.37	L	F	Emma Divall	16	SGUL ETH	23/11/2019 KZN TYR Westville Sprints 2019
12	28.46	L	F	Amanda Vroon	16	TYGE CPT	01/12/2019 Western Cape Long Course
13	28.49	L	F	Izabella Gomes	16	WATR JHB	09/12/2019 SA Schools Swimming Championship
14	28.50	L	F	Hannah Murray	16	ROA EDD	21/02/2020 Infinity Champs LC Gala
15*	28.52	L	F	Paige Brombacher	16	INFA NMA	26/09/2019 Aquabear Invitational Meet 2019
15*	28.52	L	F	Nina Ehrich	16	DDA FSH	04/12/2019 NTS Championships 2019
17	28.53	L S	F	Chloe LE Roux	16	BLNE MAN	26/11/2019 FS Champs
18	28.56	L	F	Therese Soukup	16	SGUL ETH	17/12/2019 KZNA Premier Provincial Championship
19*	28.57	L	F	Lize-Marie Davidson	AR	BLOT MAN	18/10/2019 Otters Prestige Gala 2019
19*	28.57	L S	F	Guilma Lausberg	16	BLSS MAN	26/11/2019 FS Champs
21	28.66	L	F	Casey Smith	16	PAC FSH	12/10/2019 NTS Oct 2019 Age Group Gala
22	28.83	L	F	Magdalena Terblanche	16	GTC EZD	29/11/2019 Mpumalanga Championships 2019
23*	28.89	L	F	Simoné De Beer	16	MPS NGD	19/10/2019 T. GOLFINHOS SPRINT 2019-2020
23*	28.89	L	F	Kristin Lottering	16	NDSA ETH	21/06/2019 Illembé Age Group Gala 1
25	28.91	L	F	Georgina Church	16	ACSA ETH	17/12/2019 KZNA Premier Provincial Championship
26	29.04	L	P	Zandri Uys	16	PSC FSH	04/12/2019 NTS Championships 2019
27	29.06	L	F	Sandree Carolus	16	WATR JHB	05/12/2019 CGA Championships 2019
28*	29.10	L	F	Paige Nicholson	16	ACSA ETH	17/12/2019 KZNA Premier Provincial Championship
28*	29.10	L	F	Alexia Young	16	PEAS NMA	26/09/2019 Aquabear Invitational Meet 2019
28*	29.10	L	F	Tammy Frylinck	16	WATR JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
31	29.15	L S	F	Joane Meintjies	AR	BLOT MAN	26/11/2019 FS Champs
32	29.19	L S	F	Cara Hickling	DR	BLOT MAN	26/11/2019 FS Champs
33	29.24	L	F	Liv Etzold	16	CAMPS CPT	01/12/2019 Western Cape Long Course
34	29.27	L	F	Kelly Zwart	16	SEAL UMD	23/11/2019 KZN TYR Westville Sprints 2019
35	29.28	L	F	Arianne Bauer	16	FISH EDD	06/12/2019 Eden LC Champs 2019
36	29.37	L	F	Georgina Butcher	16	SEAL UMD	17/12/2019 KZNA Premier Provincial Championship
37	29.40	L	F	Grace Hudson	16	WATR JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
38	29.41	L	F	Zanje van Rensburg	16	HREF BPD	15/02/2020 NWS Last Chance AG5 1920
39	29.43	L	F	Tayla Parker	16	SWIFT EKU	15/02/2020 EGA Last Chance Feb 2020
40	29.51	L	F	Emma Branco-Lizen	16	AQU ADJ	21/02/2020 Amajuba District Long Course
41	29.54	L	F	Layla Vahed	16	SELC BUF	26/10/2019 1st B Age Group Gala & EC Schools
42	29.57	L	P	Fathima Moola	16	SRAY BUF	26/09/2019 Aquabear Invitational Meet 2019
43	29.59	L	P	Mia Viljoen	16	UNIN MPD	29/11/2019 Mpumalanga Championships 2019
44	29.66	L	F	Marizelle Schoeman	16	LP LP	09/12/2019 SA Schools Swimming Championship
45	29.71	L	F	Reese Harradine	16	NWS	01/02/2020 NTS Invitational Gala 2020
46	29.72	L	F	Tane Coetzer	16	TUKS FSH	27/09/2019 NTS September 2019 Age Group Gala
47	29.75	L	F	Megan Shepherd	16	ELEC JHB	05/12/2019 CGA Championships 2019
48	29.76	L	P	Naomi Van Der Nest	16	UNIN MPD	29/11/2019 Mpumalanga Championships 2019
49	29.77	L	P	Jaime Storm	16	BEAV ETH	17/12/2019 KZNA Premier Provincial Championship
50	29.79	L	P	Brookelyn Harvey	16	AZON ETH	17/12/2019 KZNA Premier Provincial Championship
51*	29.87	L	F	Trinity Pillay	16	KZNA ETH	09/12/2019 SA Schools Swimming Championship
51*	29.87	L	F	Zane Snyman	16	BLNE MAN	30/08/2019 Kovsie Aquatics Gala 2019
51*	29.87	L	F	Hannah Jacobs	16	DRGN JHB	03/11/2019 CGA All Levels
54	29.90	L	F	Mia Vd Walt	16	MATI CED	21/09/2019 Winelands Senior League 3 - 21Sept
55	29.91	L	P	Carmel Lombard	16	SEAL UMD	17/12/2019 KZNA Premier Provincial Championship
56	29.92	L S	F	Zanli Klopper	16	AQUB NMA	07/02/2020 5th A League
57	29.96	L	F	Kiara Oellermann	16	CRSC JHB	05/12/2019 CGA Championships 2019
58	29.97	L	F	Danica Van Jaarsveld	16	WATR JHB	21/09/2019 CGA SANJ/Level 3 Gala No 1

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	Time	P/F/S	Name	Age/Yr				
59	29.98 L	F	Angelina Audagnotti	16	HARB BPD	16/08/2019	NTS August 2019 Age Group Gala Level	
60	30.02 L S	F	Danielle Immelman	16	FAACP PSD	26/11/2019	FS Champs	
61*	30.04 L	F	Annika Fechter	16	PAC TSH	07/09/2019	2019 Hillcrest Sprint Gala 13/O	
61*	30.04 L S	F	Amidre Snyman	DR	BLOT MAN	26/11/2019	FS Champs	
63	30.06 L	F	Mikyla Burger	16	PAC TSH	07/09/2019	2019 Hillcrest Sprint Gala 13/O	
64	30.08 L S	F	Angela Ncube	16	WSS FDD	26/11/2019	FS Champs	
65	30.10 L	F	Danje Obermeyer	16	UNIN MPD	14/09/2019	MP Sprint Gala - 14 September 2019	
66	30.13 L	F	Hannah Andraos	16	TUKS TSH	27/09/2019	NTS September 2019 Age Group Gala	
67	30.14 L	P	Carla Kretschmar	16	BLUO UGD	17/12/2019	KZNA Premier Provincial Championship	
68	30.17 L S	F	Lizri Weyers	JR	BLOT MAN	26/11/2019	FS Champs	
69	30.22 L	F	Alexa Barnard	16	INFA NMA	23/08/2019	Madibaz Spring Gala	
70	30.23 L S	F	Kaylyn Leach	16	BOKS EKU	05/12/2019	EGA Summer Championships 2019	
71	30.26 L	F	Stacey McCulloch	16	ONYX EKU	14/09/2019	EGA Summer 1 2019	
72	30.27 L	P	Daniella Dal Medico	16	SODO JHB	04/12/2019	NTS Championships 2019	
73	30.30 L	F	Teagan Jose	16	AFIN JHB	18/01/2020	CGA Last Chance Level 3-SANJ gala	
74	30.32 L	F	Marnel Jv Rensburg	16	PSC TSH	30/08/2019	NTS August 2019 Age Group Gala Level	
75	30.37 L	F	Nicole Dreyer	DR	BLOT MAN	18/10/2019	Otters Prestige Gala 2019	
76	30.40 L	P	Jordyn Govender	16	TRIDE ETH	17/12/2019	KZNA Premier Provincial Championship	
77	30.43 L	F	Kerri - Lee HITGE	16	DORE JHB	05/12/2019	CGA Championships 2019	
78	30.45 L	F	Jessica Otto	16	MDOL JHB	05/12/2019	CGA Championships 2019	
79	30.54 L	P	Kerri-Lee Barnard	16	BEST NMA	09/12/2019	SA Schools Swimming Championship	
80	30.55 L	F	Christine Mbite	16	PEPPS CCD	05/10/2019	Limpopo Age Group 4 & School Champs	
81	30.64 L	F	Mieke Greyling	16	HPP WBD	15/10/2019	Limpopo Top 10 - High Schools	
82	30.65 L	F	Hayley Zeller	16	ELEC JHB	03/11/2019	CGA All Levels	
83	30.68 L	F	Serante Subramanian	16	PSCP UMD	15/02/2020	KZN Aquatics Level 2 Provincial	
84	30.69 L	F	Jewell Pelser	16	TUKS TSH	30/08/2019	NTS August 2019 Age Group Gala Level	
85	30.72 L	F	Caitlin-leigh Watts	16	CRSC JHB	05/12/2019	CGA Championships 2019	
86	30.73 L	F	Jenna Reynders	16	BON JHB	03/11/2019	CGA All Levels	
87	30.74 L	F	Kiara Fryer	16	WATR JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala	
88	30.81 L	P	Izani Van Der Merwe	16	CSA EZD	29/11/2019	Mpumalanga Championships 2019	
89	30.88 L	F	Christy-Anne Peers	16	DRGN JHB	15/02/2020	EGA Last Chance Feb 2020	
90	30.90 L	F	Sophia Sichtnik	16	ELEC JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala	
91	30.92 L	F	Tyla Campbell	16	MDOL JHB	14/02/2020	NTS February 2020 Age Group Gala	
92	30.95 L	F	Kyra Walker	16	CRSC JHB	05/12/2019	CGA Championships 2019	
93	30.97 L	P	Megan De Wet	16	MWSC NGD	29/11/2019	Mpumalanga Championships 2019	
94	30.98 L	F	Marjean Van Zyl	TR	PSA ZLD	15/02/2020	KZN Aquatics Level 2 Provincial	
95	31.00 L S	F	Abigail Rosendorff	16	BLNE MAN	26/11/2019	FS Champs	
96	31.11 L S	F	Tayla Ashton	16	H2O EKU	05/12/2019	EGA Summer Championships 2019	
97	31.12 L	P	Nelzaan Strydom	16	BLUO UGD	17/12/2019	KZNA Premier Provincial Championship	
98	31.15 L	F	Danika Uys	VR	PSA ZLD	12/10/2019	KCDA October Age Group Gala 2019	
99*	31.17 L	F	Eryn Meiklejohn	16	DRGN JHB	15/02/2020	EGA Last Chance Feb 2020	
99*	31.17 L	P	Marinet vd Walt	16	MPS NGD	09/12/2019	SA Schools Swimming Championship	
101	31.23 L	F	Kayleigh Theron	16	WATR JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala	
102	31.25 L	F	Erica Sibande	16	UNIN MPD	31/01/2020	MP AGE GROUP 4 31 JANUARY - 1	
103	31.29 L	P	Aimee-Jane Jephthah	16	MPS NGD	09/12/2019	SA Schools Swimming Championship	
104	31.32 L	F	Kerri-Lyn Claase	16	DYNA EKU	14/09/2019	EGA Summer 1 2019	
105	31.34 L	F	Charlize Coetzee	16	TRAZ TSH	14/02/2020	NTS February 2020 Age Group Gala	
106	31.35 L	F	Anna Frankenfeld	16	UNIQ JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1	
107	31.42 L	F	Zoe Ioannides	16	INFA NMA	29/11/2019	NMBA Championships 2019	
108*	31.44 L	F	Anika Bezuidenhout	16	HBV MPD	05/10/2019	Limpopo Age Group 4 & School Champs	
108*	31.44 L	F	Katherine Bowmaker	16	PSCP UMD	15/02/2020	KZN Aquatics Level 2 Provincial	
110	31.47 L	F	Chelsea Walden	16	PSCP UMD	23/11/2019	KZN TYR Westville Sprints 2019	
111	31.54 L	F	Danika Janssen	16	DDA TSH	29/11/2019	2019 The Tshwane Mayoral Gala	
112	31.57 L	P	Melanie Daniel	16	KZNA ETH	09/12/2019	SA Schools Swimming Championship	
113	31.59 L S	F	Marlien Crewe-Brown	16	INFA NMA	07/02/2020	5th A League	
114	31.62 L	F	Laura van der Merwe	16	NSA EZD	11/10/2019	MP AGE GROUP 2 - 11-12 October	
115	31.67 L	F	Refentse Ruele	16	DRGN JHB	03/11/2019	CGA All Levels	
116	31.70 L	F	Hannah Pause	16	VINE CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS	
117	31.74 L S	F	Savannah Van der Spuy	16	BLSS MAN	26/11/2019	FS Champs	

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118	31.76 L	P	Kaylynn Shelton	16	BLMA CPT	01/12/2019	Western Cape Summer Championships
119	31.84 L S	F	Kayleigh Geel	16	BLSS MAN	26/11/2019	FS Champs
120	31.91 L	P	Tawananyasha Makudo	16	MPS NGD	09/12/2019	SA Schools Swimming Championship
121	31.94 L	F	Mikella Calinikos	16	AZON ETH	05/10/2019	eThekwini Age Group 6
122	32.02 L	P	Hannah Drewes	16	UNIN MPD	29/11/2019	Mpumalanga Championships 2019
123	32.04 L	F	Inge Steyn	16	DYNA EKU	08/11/2019	EGA Summer 4
124	32.05 L	F	Hannalize Swanepoel	16	BLNE MAN	04/10/2019	Seals Gala
125	32.08 L	F	Brittney van Vuuren	16	MGSC UGD	23/11/2019	KZN TYR Westville Sprints 2019
126	32.11 L	F	Siona Maistrellis	16	TUKS TSH	30/08/2019	NTS August 2019 Age Group Gala Level
127	32.13 L	F	Jeanné vd Merwe	16	NCASA FBD	02/11/2019	Fezile Dabi Inter District Gala 2019
128	32.15 L	F	Lillian Dixon	16	TUKS TSH	13/09/2019	NTS September 2019 Age Group Gala
129	32.18 L	F	Philippa Sparg	16	HARL BUF	22/11/2019	BCA Long Course Championships 2019
130	32.19 L	P	Monique Du Toit	16	PEAS NMA	26/09/2019	Aquabear Invitational Meet 2019
131*	32.20 L S	F	Sydney Munks	16	BOKS EKU	05/12/2019	EGA Summer Championships 2019
131*	32.20 L	F	Jessica Wilcocks	16	PAC TSH	14/02/2020	NTS February 2020 Age Group Gala
133	32.21 L	F	Diantha Thambiran	16	DRGN JHB	26/10/2019	2019 OR Tambo/Soncini Games
134	32.22 L	F	Brooklyn Klaasen	16	CAMB BUF	26/10/2019	1st B Age Group Gala & EC Schools
135	32.26 L	F	Camryn Lowman	16	SWIM1 JHB	30/08/2019	NTS August 2019 Age Group Gala Level
136*	32.34 L	F	Jani Vd Merwe	16	AQ44 WCD	02/11/2019	Swartland Invitational #1
136*	32.34 L	P	Jacoba Kotzè	16	CUDU CPT	26/09/2019	Aquabear Invitational Meet 2019
136*	32.34 L	F	Michelle Steenekamp	16	AA JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1
139	32.39 L	F	Charni Du Plessis	16	RFA TSH	16/08/2019	NTS August 2019 Age Group Gala Level
140	32.41 L	F	Hannah Szapira	16	TYGE CPT	21/09/2019	Winelands Senior League 3 - 21Sept
141	32.50 L S	F	Asté Olivier	16	DYNA EKU	05/12/2019	EGA Summer Championships 2019
142	32.53 L	F	Joanne Combrink	16	WATR JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
143	32.56 L	F	Bryce Neale	16	FSE KCD	15/02/2020	KCDA February Age Group Gala 2020
144	32.67 L	F	Wine' Koekemoer	16	BLUO UGD	15/02/2020	KZN Aquatics Level 2 Provincial
145	32.70 L S	F	Lara Venter	16	SASOL FDD	26/11/2019	FS Champs
146*	32.71 L	F	Clarissa Liebenberg	16	NCASA FBD	02/11/2019	Fezile Dabi Inter District Gala 2019
146*	32.71 L	F	Victoria Kruger	16	NWUC KKD	15/02/2020	NWS Last Chance AG5 1920
148	32.73 L	F	Imke van Wyk	16	BULS MAN	09/11/2019	Bull-Sharks 2019
149	32.84 L	F	Tyla-Paige Clowes	16	PSCP UMD	15/02/2020	KZN Aquatics Level 2 Provincial
150	32.86 L	F	Teaghan Wafer	16	FSE KCD	12/10/2019	KCDA October Age Group Gala 2019
151	32.90 L	F	Miné Maritz	16	HSBV SKD	05/10/2019	Limpopo Age Group 4 & School Champs
152	32.92 L	F	Kyla Maartens	16	PSCP UMD	15/02/2020	KZN Aquatics Level 2 Provincial
153	32.93 L	F	Taylin Cronk	16	H2O EKU	15/02/2020	EGA Last Chance Feb 2020
154	32.96 L	P	Shaelyn Walker	16	AQUB NMA	26/09/2019	Aquabear Invitational Meet 2019
155	32.98 L	F	Abigail Da Costa	16	AA JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1
156	32.99 L S	F	Allisson Maguire	16	BLSS MAN	26/11/2019	FS Champs
157	33.02 L S	F	Jenna-Jade Beeton	16	ESTR EKU	05/12/2019	EGA Summer Championships 2019
158	33.06 L	F	Hestia Erwee	16	RFA TSH	29/11/2019	2019 The Tshwane Mayoral Gala
159	33.08 L	F	Marizelle Ferreira	16	ASAW CED	21/09/2019	Winelands Senior League 3 - 21Sept
160	33.11 L	F	Morgan Vermeulen	16	SWIFT EKU	15/02/2020	EGA Last Chance Feb 2020
161	33.14 L	F	Micheline Chetty	16	ESTR EKU	26/10/2019	2019 OR Tambo/Soncini Games
162	33.18 L	P	Tanya Joubert	16	KZNA ETH	09/12/2019	SA Schools Swimming Championship
163	33.20 L	F	Alex Voegt	16	WATR JHB	11/01/2020	NCASA Age Group 4 KTU 2019-2020
164	33.22 L	F	Sanchia Poovan	16	HUD BUF	14/03/2020	BCA Level 1 Gala 2020
165	33.23 L	F	Megan Daniel	16	TUKS TSH	16/08/2019	NTS August 2019 Age Group Gala Level
166	33.24 L	F	Zoe Leipoldt	16	BLSS MAN	27/09/2019	Neptunes Open Gala
167	33.32 L	F	Thilize Vd Heever	16	HWBA WBD	17/09/2019	Limpopo Interhoer (Waterberg distrik)
168	33.34 L	F	Reece Welgemoed	16	ESTR EKU	18/01/2020	Cape of Good Hope Gala 2020
169	33.38 L	F	Anke Weyers	JR	BLOT MAN	18/10/2019	Otters Prestige Gala 2019
170	33.41 L S	F	Electra Barbas	16	DYNA EKU	24/06/2019	Sasol National Winter Championship
171	33.42 L	F	Isabella Drewett	16	HSTAN MPD	15/10/2019	Limpopo Top 10 - High Schools
172	33.46 L	F	Louise Le Sueur	16	QUIC CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
173	33.64 L	F	Anika Weyers	16	PAC TSH	14/02/2020	NTS February 2020 Age Group Gala
174	33.84 L S	F	Kayleigh Mc Ardle	16	WSS FDD	26/11/2019	FS Champs
175	33.85 L	P	Tanya Verster	16	BAR EZD	29/11/2019	Mpumalanga Championships 2019
176	34.00 L	F	Nicole Mogajane	16	ISSC NMD	09/11/2019	NWS Age Group 2 1920

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177	34.02 L	F	Clarice Rothman	16	WELA FDD	30/08/2019	Kovsie Aquatics Gala 2019
178	34.03 L	F	Kiyara Reddy	16	AEC JHB	15/02/2020	EGA Last Chance Feb 2020
179	34.19 L	F	Elizabeth Ballack	16	BLUO UGD	15/02/2020	KZN Aquatics Level 2 Provincial
180	34.25 L	F	Jessica Deeb	16	SGUL ETH	23/11/2019	KZN TYR Westville Sprints 2019
181	34.43 L	P	Zarlia Engelbrecht	16	KSC EZD	29/11/2019	Mpumalanga Championships 2019
182	34.54 L	F	Mia Jardim	16	SOUL EKU	31/08/2019	Adrian Grafe Speedo Sprint Meet
183	34.64 L	F	Jana Truter	16	AQ44 WCD	02/11/2019	Swartland Invitational #1
184	34.65 L	P	Skye Hieckmann	16	CUDU CPT	26/09/2019	Aquabear Invitational Meet 2019
185	34.91 L	F	Jade Otto	16	ONYX EKU	18/01/2020	Cape of Good Hope Gala 2020
186	34.93 L	F	Renita Paul	16	PRA NGD	15/02/2020	MP AGE GROUP 5 15 FEBRUARY 2020
187	34.97 L	F	Cara Vd Merwe	16	REDAQ CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
188	35.04 L	F	Christelle Visser	16	HFDT MPD	16/09/2019	Limpopo Interhoer (Mopani Distrik)
189	35.29 L	F	Chane Louw	16	FAAC FBD	05/12/2019	NCASA Champs Dec 2019
190*	35.54 L	F	Kerrin Burgess	16	ESP EKU	15/02/2020	EGA Last Chance Feb 2020
190*	35.54 L	F	Stephina Roos	16	ELHS VBD	16/09/2019	Limpopo Interhoer (Mopani Distrik)
192	35.61 L	F	Paula Burger	16	UPTS ZMD	11/10/2019	Age Group 1 2019 Upington
193*	35.62 L	F	Clarissa Booysen	16	HE WBD	15/10/2019	Limpopo Top 10 - High Schools
193*	35.62 L S	F	Rene Parker	16	RPAC EKU	05/12/2019	EGA Summer Championships 2019
195	35.63 L	F	Zane' Engelbrecht	16	SASOL FDD	12/10/2019	Fezile Dabi Age Group October 2019
196	35.79 L	F	Lailah Moonasar	16	TUKS TSH	12/10/2019	NTS Oct 2019 Age Group Gala
197	35.95 L	F	Zeno Smith	16	WELA FDD	16/11/2019	Fezile Dabi Age Group November 2019
198	35.99 L	F	Kristen Klinkert	16	HSTAN MPD	05/10/2019	Limpopo Age Group 4 & School Champs
199	36.23 L	F	Armane Pretorius	16	UPTS ZMD	21/02/2020	NCASA Sprints 2020
200	36.32 L	F	Sarah Du Plessis	16	QGH BUF	14/03/2020	BCA Level 1 Gala 2020
201	36.53 L	F	Corli-Maré Griffioen	16	FISHS EDD	26/10/2019	EDEN 2nd A-League Gala 2019
202	36.65 L	F	Tamryn Prentice	16	CUR MP	19/02/2020	Inter High School Gala - 19 February
203	37.11 L	F	Safiyya Sayed	16	DBSC SDD	08/11/2019	EGA Summer 4
204	37.21 L	F	Mushfeeqah Fortuin	16	UWCA CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
205	37.49 L	F	Tayla Nortje	16	PENC MP	19/02/2020	Inter High School Gala - 19 February
206	37.59 L	F	Carmen Gilbert	16	UPTS ZMD	11/01/2020	NCASA Age Group 4 UP 2019-2020
207	37.62 L	F	Renée Fourie	16	PAC TSH	29/11/2019	2019 The Tshwane Mayoral Gala
208	37.89 L	F	Asiphosona Handile	16	PEAS NMA	14/06/2019	PEA Winter Gala
209	38.04 L	F	Robyn Spies	16	PENC MP	19/02/2020	Inter High School Gala - 19 February
210	38.07 L	F	Karléne Ludik	16	KTS JTD	16/11/2019	NCASA Age Group 3 2019 KTU
211	38.22 L	F	Zenaide Black	16	BEAV ETH	20/07/2019	eThekwini Age Group Gala 3
212	38.39 L	F	Kirsten Rankin	16	TLAC BPD	15/02/2020	NWS Last Chance AG5 1920
213	38.61 L	F	Tayla Lombard	16	WELA FDD	16/11/2019	Fezile Dabi Age Group November 2019
214	38.64 L	F	Simone Pretorius	16	UPTS ZMD	15/02/2020	NCASA Age Group 5 UPT 2019-2020
215	39.08 L	F	Gizela Reynolds	16	CUR MP	19/02/2020	Inter High School Gala - 19 February
216	39.15 L	F	alicia geelboom	16	HEIDE MAN	14/03/2020	FSA Level 1 2020
217	39.54 L	F	Kelita Scholtz	16	UPTS ZMD	15/02/2020	NCASA Age Group 5 UPT 2019-2020
218	39.60 L	F	Tshegofatso Makudubele	16	SWAG KKD	09/11/2019	NWS Age Group 2 1920
219	39.64 L	F	Luné Fritz	16	HMER MPD	15/10/2019	Limpopo Top 10 - High Schools
220	39.66 L	F	Adre Janse Van Vuuren	16	HPTS PSD	05/12/2019	NCASA Champs Dec 2019
221	39.73 L	F	Kayla Jacobs	16	SRAY BUF	21/02/2020	BCA 2nd Feb Age Group Gala 2020
222	40.77 L	F	Macayla Treurnich	16	HHS WBD	17/09/2019	Limpopo Interhoer (Waterberg distrik)
223	41.61 L	F	Emma Dalrymple-Hay	16	HMER MPD	16/09/2019	Limpopo Interhoer (Mopani Distrik)
224	41.83 L	F	Angelica Kannemeyer	16	CBC FBD	08/11/2019	NCASA Age Group 2 KBY 2019
225	42.32 L	F	Sune Meyer	16	HFM WBD	17/09/2019	Limpopo Interhoer (Waterberg distrik)
226	42.52 L	F	Xivono Chauke	16	ESP EKU	08/03/2020	Aquatics Gauteng Level 1
227	42.67 L	F	Lereisa Sagadevan	16	WVAQ ETH	19/01/2020	eThekwini Age Level 1 Gala 2
228	43.18 L	F	Sikhonzile Sibiyi	16	DBSC SDD	26/10/2019	2019 OR Tambo/Soncini Games
229	43.58 L	F	Gomolemo Jengece	16	WRAN WRD	26/10/2019	2019 OR Tambo/Soncini Games
230	43.81 L	F	Rebecca Ayillesbury	16	QGH BUF	14/03/2020	BCA Level 1 Gala 2020
231	44.72 L	F	Zoey Joubert	16	HFM WBD	17/09/2019	Limpopo Interhoer (Waterberg distrik)
232	44.74 L	F	Rhaushaan Webster	16	WRAN WRD	26/10/2019	2019 OR Tambo/Soncini Games
233	44.93 L	F	Mpho Koboyane	16	ATTE TSH	08/03/2020	Aquatics Gauteng Level 1
234	44.99 L	F	Danelle Venter	16	HSLTT VBD	16/09/2019	Limpopo Interhoer (Mopani Distrik)
235	45.52 L	F	Eliz mari Pretorius	16	HSLTT VBD	16/09/2019	Limpopo Interhoer (Mopani Distrik)

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
236	45.88	L S	F	Bridget Ndlamini	16	WSS FDD	26/11/2019 FS Champs
237	46.34	L	F	Chantelle Du Preez	16	TONAU CCD	05/10/2019 Limpopo Age Group 4 & School Champs
238	47.02	L	F	Nazley Jacobs	16	ISSC NMD	15/02/2020 NWS Last Chance AG5 1920
239	49.85	L	F	Fundiswa Ngcongwane	16	HSS NGD	11/10/2019 MP AGE GROUP 2 - 11-12 October
240	51.79	L	F	Kayla Noude	16	PENC MP	19/02/2020 Inter High School Gala - 19 February
241	51.98	L	F	Dasha Du Toit	GR	ROB MP	19/02/2020 Inter High School Gala - 19 February
242	52.41	L	F	Goodness Mlotshwa	16	ATTE TSH	08/03/2020 Aquatics Gauteng Level 1
243	53.12	L	F	Vivvica Bhana	16	WRAN WRD	26/10/2019 2019 OR Tambo/Soncini Games
244	58.98	L	F	Demi Venter	GR	ROB MP	19/02/2020 Inter High School Gala - 19 February
<b>Women 16 - 16 100 Free</b>							
1	54.87	L	S	Aimee Canny	16	RSA	20/08/2019 7TH FINA World Junior Swimming
2	58.93	L	F	Veronique Rossouw	16	TUKS TSH	21/02/2020 2020 Grand Prix Invitational Swimming
3	59.18	L	F	Caitlin De Lange	16	PAA TSH	18/10/2019 NTS Prestige Gala 2019
4	59.63	L	F	Emma Franck	16	WATR JHB	21/02/2020 2020 Grand Prix Invitational Swimming
5	59.69	L	P	Trinity Hearne	16	TYGE CPT	31/01/2020 2020 Grand Prix Invitational Swimming
6	59.76	L	P	Brooklyn Croxon	16	UNIN MPD	29/11/2019 Mpumalanga Championships 2019
7	1:00.39	L	F	Chloe LE Roux	16	BLNE MAN	18/10/2019 Otters Prestige Gala 2019
8	1:00.86	L	F	Laela Masson	16	PLAY CED	01/12/2019 Western Cape Long Course
9	1:01.00	L S	F	Guilma Lausberg	16	BLSS MAN	26/11/2019 FS Champs
10	1:01.13	L S	F	Lize-Marie Davidson	AR	BLOT MAN	26/11/2019 FS Champs
11	1:01.89	L	F	Michelle Van Heerden	16	BCA BUF	18/01/2020 CTA INTER DISTRICT PRESTIGE
12	1:01.94	L	F	Hannah Murray	16	ROA EDD	09/11/2019 4th A League
13	1:02.38	L	F	Magdalena Terblanche	16	MPS NGD	09/12/2019 SA Schools Swimming Championship
14	1:02.66	L	F	Therese Soukup	16	SGUL ETH	17/12/2019 KZNA Premier Provincial Championship
15	1:02.68	L	F	Sune Liebenberg	16	TUKS TSH	27/09/2019 NTS September 2019 Age Group Gala
16	1:02.81	L	F	Danica Van Jaarsveld	16	WATR JHB	10/01/2020 2020 Grand Prix Invitation Swimming
17	1:02.90	L	F	Sandree Carolus	16	WATR JHB	05/12/2019 CGA Championships 2019
18	1:02.95	L	F	Teagan Jose	16	AFIN JHB	05/12/2019 CGA Championships 2019
19	1:03.19	L	F	Mia Viljoen	16	UNIN MPD	29/11/2019 Mpumalanga Championships 2019
20	1:03.20	L	F	Simoné De Beer	16	GTC EZD	31/01/2020 MP AGE GROUP 4 31 JANUARY - 1
21	1:03.22	L	F	Tammy Frylinck	16	WATR JHB	09/12/2019 SA Schools Swimming Championship
22*	1:03.24	L	F	Casey Smith	16	PAC TSH	30/08/2019 NTS August 2019 Age Group Gala Level
22*	1:03.24	L	F	Liv Etzold	16	CAMPS CPT	01/12/2019 Western Cape Long Course
24	1:03.25	L	F	Amanda Vroon	16	TYGE CPT	01/12/2019 Western Cape Long Course
25	1:03.28	L	F	Carmel Lombard	16	SEAL UMD	23/11/2019 KZN TYR Westville Sprints 2019
26	1:03.30	L	F	Nina Ehrich	16	DDA TSH	17/01/2020 NTS January 2020 Age Group Gala
27	1:03.52	L	F	Tane Coetzer	16	TUKS TSH	30/08/2019 NTS August 2019 Age Group Gala Level
28	1:03.64	L	F	Tayla Parker	16	SWIFT ECU	05/12/2019 EGA Summer Championships 2019
29	1:03.67	L	F	Danje Obermeyer	16	UNIN MPD	14/09/2019 MP Sprint Gala - 14 September 2019
30	1:03.68	L	F	Paige Nicholson	16	ACSA ETH	17/12/2019 KZNA Premier Provincial Championship
31	1:03.82	L	P	Georgina Church	16	ACSA ETH	21/02/2020 2020 Grand Prix Invitational Swimming
32	1:03.84	L	F	Megan Shepherd	16	ELEC JHB	05/12/2019 CGA Championships 2019
33	1:03.87	L	F	Emma Branco-Lizen	16	AQU ADJ	26/10/2019 Amajuba District Age Group 1
34	1:03.89	L S	F	Cara Hickling	DR	BLOT MAN	26/11/2019 FS Champs
35	1:03.92	L	F	Grace Hudson	16	WATR JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
36	1:03.99	L	S	Paige Brombacher	16	INFA NMA	26/09/2019 Aquabear Invitational Meet 2019
37*	1:04.02	L	F	Izabella Gomes	16	WATR JHB	15/02/2020 EGA Last Chance Feb 2020
37*	1:04.02	L	F	Kelly Zwart	16	SEAL UMD	27/06/2019 2019 FLA International Cup
39	1:04.05	L	F	Emma Divall	16	SGUL ETH	23/11/2019 KZN TYR Westville Sprints 2019
40	1:04.06	L	F	Zanje van Rensburg	16	HREF BPD	15/02/2020 NWS Last Chance AG5 1920
41	1:04.11	L	F	Joane Meintjies	AR	BLOT MAN	18/10/2019 Otters Prestige Gala 2019
42	1:04.24	L	P	Brooklyn Harvey	16	AZON ETH	21/02/2020 2020 Grand Prix Invitational Swimming
43	1:04.31	L	S	Alexia Young	16	PEAS NMA	26/09/2019 Aquabear Invitational Meet 2019
44	1:04.41	L	F	Mikyla Burger	16	PAC TSH	30/08/2019 NTS August 2019 Age Group Gala Level
45	1:04.78	L	F	Christine Mbite	16	PEPPS CCD	05/10/2019 Limpopo Age Group 4 & School Champs
46*	1:04.95	L	P	Reese Harradine	16	PAC TSH	04/12/2019 NTS Championships 2019
46*	1:04.95	L S	F	Zanli Klopper	16	AQUB NMA	07/02/2020 5th A League
48*	1:05.08	L	F	Kiara Oellermann	16	CRSC JHB	05/12/2019 CGA Championships 2019
48*	1:05.08	L	F	Layla Vahed	16	SELC BUF	26/10/2019 1st B Age Group Gala & EC Schools

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
50	1:05.17	L	F	Hannah Jacobs	16	DRGN	JHB 05/12/2019 CGA Championships 2019
51	1:05.33	L	F	Mia Vd Walt	16	MATI	GED 24/08/2019 Winelands Senior League 2 - 24Aug
52	1:05.40	L	F	Georgina Butcher	16	SEAL	UMD 27/06/2019 2019 FLA International Cup
53	1:05.46	L	F	Kaylyn Leach	16	BOKS	EKU 05/12/2019 EGA Summer Championships 2019
54	1:05.49	L	P	Kristin Lottering	16	NDSA	ETH 21/02/2020 2020 Grand Prix Invitational Swimming
55	1:05.70	L	F	Jaime Storm	16	BEAV	ETH 23/11/2019 KZN TYR Westville Sprints 2019
56	1:05.74	L	P	Jordyn Govender	16	TRIDE	ETH 17/12/2019 KZNA Premier Provincial Championship
57	1:05.78	L	F	Christy-Anne Peers	16	DRGN	JHB 15/02/2020 EGA Last Chance Feb 2020
58	1:05.86	L	F	Fathima Moola	16	SRAY	BUF 21/02/2020 BCA 2nd Feb Age Group Gala 2020
59	1:05.92	L	F	Zane Snyman	16	BLNE	MAN 18/10/2019 Otters Prestige Gala 2019
60	1:05.96	L	F	Tyla Campbell	16	MDOL	JHB 19/10/2019 EGA Summer 3 2019
61*	1:06.03	L	F	Angelina Audagnotti	16	HARB	BPD 05/12/2019 NWS Championships 2019/2020
61*	1:06.03	L	F	Marnel Jv Rensburg	16	PSC	TSH 14/02/2020 NTS February 2020 Age Group Gala
63	1:06.14	L	P	Hannah Andraos	16	TUKS	TSH 04/12/2019 NTS Championships 2019
64	1:06.21	L	F	Sophia Sichtnik	16	ELEC	JHB 03/11/2019 CGA All Levels
65	1:06.23	L	P	Bianca Windt	16	TUKS	TSH 04/12/2019 NTS Championships 2019
66	1:06.27	L	F	Kerri - Lee HITGE	16	DORE	JHB 05/12/2019 CGA Championships 2019
67	1:06.34	L	P	Daniella Dal Medico	16	SODO	JHB 04/12/2019 NTS Championships 2019
68	1:06.44	L	F	Stacey McCulloch	16	ONYX	EKU 19/10/2019 EGA Summer 3 2019
69	1:06.46	L	F	Ilane Du Plessis	16	TUKS	TSH 17/01/2020 NTS Janaury 2020 Age Group Gala
70	1:06.50	L	P	Zandri Uys	16	PSC	TSH 04/12/2019 NTS Championships 2019
71	1:06.53	L	F	Arianne Bauer	16	FISH	EDD 06/12/2019 Eden LC Champs 2019
72	1:06.65	L	F	Naomi Van Der Nest	16	UNIN	MPD 10/01/2020 2020 Grand Prix Invitation Swimming
73	1:06.91	L	F	Alexa Barnard	16	INFA	NMA 21/02/2020 Infinity Champs LC Gala
74	1:06.94	L	F	Laura van der Merwe	16	MPS	NGD 19/10/2019 T. GOLFINHOS SPRINT 2019-2020
75*	1:07.00	L	F	Danielle Immelman	16	FAACP	PSD 26/02/2020 Flamingo Time Trial Gala
75*	1:07.00	L S	F	Kerri-Lee Barnard	16	BEST	NMA 07/02/2020 5th A League
77	1:07.01	L	F	Kiara Fryer	16	WATR	JHB 05/12/2019 CGA Championships 2019
78	1:07.09	L	F	Jessica Otto	16	MDOL	JHB 05/12/2019 CGA Championships 2019
79	1:07.14	L	F	Morgan Ferriman	16	ELEC	JHB 05/12/2019 CGA Championships 2019
80	1:07.20	L	F	Marizelle Schoeman	16	HSBV	SKD 17/09/2019 Limpopo Interhoer (Waterberg distrik)
81	1:07.29	L	F	Ellen Wille	16	ETTN	EKU 17/08/2019 EGA Winter 4 (Soncini) 17.08.19
82	1:07.31	L	F	Kyra Walker	16	CRSC	JHB 15/02/2020 CGA Level 2 Last Chance Gala - Day 1
83	1:07.38	L	F	Megan De Wet	16	MWSC	NGD 29/11/2019 Mpumalanga Championships 2019
84	1:07.55	L	F	Trinity Pillay	16	ACSA	ETH 28/02/2020 NDSA Gala 2020
85*	1:07.58	L S	F	Nicole Dreyer	DR	BLOT	MAN 26/11/2019 FS Champs
85*	1:07.58	L	P	Nelzaan Strydom	16	BLUO	UGD 17/12/2019 KZNA Premier Provincial Championship
85*	1:07.58	L	F	Kayleigh Geel	16	BLSS	MAN 09/12/2019 SA Schools Swimming Championship
88	1:07.68	L	F	Amidre Snyman	DR	BLOT	MAN 09/11/2019 Bull-Sharks 2019
89	1:07.80	L	F	Katelyn Fletcher	16	TUKS	TSH 16/08/2019 NTS August 2019 Age Group Gala Level
90	1:07.84	L	P	Aimeè Scott	16	TYGE	CPT 01/12/2019 Western Cape Long Course
91	1:07.92	L	F	Lillian Dixon	16	TUKS	TSH 14/02/2020 NTS February 2020 Age Group Gala
92	1:07.98	L	P	Kerri-Lyn Claase	16	DYNA	EKU 05/12/2019 EGA Summer Championships 2019
93	1:08.04	L	P	Aimeè-Jane Jephthah	16	PAQU	GED 31/01/2020 2020 Grand Prix Invitational Swimming
94	1:08.07	L	F	Carla Kretzschmar	16	BLUO	UGD 09/11/2019 Ugu Distrist Age Group Gala 6
95	1:08.13	L	F	Zoe Ioannides	16	INFA	NMA 09/11/2019 4th A League
96	1:08.20	L	F	Danika Uys	VR	PSA	ZLD 25/01/2020 Ushaka Championship Gala 2020
97	1:08.24	L	F	Izani Van Der Merwe	16	CSA	EZD 14/09/2019 MP Sprint Gala - 14 September 2019
98	1:08.26	L	P	Jacoba Kotzè	16	CUDU	CPT 01/12/2019 Western Cape Long Course
99	1:08.36	L	F	Lizri Weyers	JR	BLOT	MAN 18/10/2019 Otters Prestige Gala 2019
100	1:08.43	L	F	Jenna Reynders	16	BON	JHB 03/11/2019 CGA All Levels
101	1:08.45	L	F	Abigail Swanepoel	16	INFA	NMA 14/06/2019 PEA Winter Gala
102	1:08.48	L	F	Erica Sibande	16	MPS	NGD 09/12/2019 SA Schools Swimming Championship
103	1:08.60	L	P	Inge Steyn	16	DYNA	EKU 05/12/2019 EGA Summer Championships 2019
104*	1:08.62	L	F	Philippa Sparg	16	HARL	BUF 22/11/2019 BCA Long Course Championships 2019
104*	1:08.62	L	F	Hannah Paulse	16	VINE	CPT 04/10/2019 CTA TYR QUALIFYING GALA #2
106	1:08.65	L	F	Hannah Szapira	16	TYGE	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
107	1:08.68	L	F	Michelle Steenekamp	16	AA	JHB 15/02/2020 CGA Level 2 Last Chance Gala - Day 1
108	1:08.73	L	F	Kayleigh Theron	16	WATR	JHB 05/12/2019 CGA Championships 2019

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
109	1:08.77	L	F	Hayley Zeller	16	ELEC	JHB	05/12/2019	CGA Championships 2019
110	1:08.81	L	F	Tayla Ashton	16	H2O	EKU	19/10/2019	EGA Summer 3 2019
111	1:08.82	L	F	Katherine Bowmaker	16	PSCP	UMD	23/11/2019	KZN TYR Westville Sprints 2019
112	1:08.84	L	F	Savannah Van der Spuy	16	BLSS	MAN	29/02/2020	SEALS AGE GROUP GALA
113	1:08.87	L	P	Jewell Pelser	16	TUKS	FSH	04/12/2019	NTS Championships 2019
114	1:09.00	L	F	Caitlin-leigh Watts	16	CRSC	JHB	05/12/2019	CGA Championships 2019
115	1:09.02	L	P	Sydney Munks	16	BOKS	EKU	05/12/2019	EGA Summer Championships 2019
116	1:09.06	L	F	Shaelyn Walker	16	AQUB	NMA	23/08/2019	Madibaz Spring Gala
117	1:09.18	L	F	Diantha Thambiran	16	DRGN	JHB	26/10/2019	2019 OR Tambo/Soncini Games
118	1:09.23	L	F	Serante Subramanian	16	PSCP	UMD	15/02/2020	KZN Aquatics Level 2 Provincial
119	1:09.26	L	F	Hannah Scott	16	BLUO	UGD	15/02/2020	KZN Aquatics Level 2 Provincial
120	1:09.29	L	F	Melanie Daniel	16	AZON	ETH	26/10/2019	eThekwini Age Group Gala 7
121	1:09.45	L	F	Joanne Combrink	16	WATR	JHB	21/09/2019	CGA SANJ/Level 3 Gala No 1
122	1:09.50	L	P	Monique Du Toit	16	PEAS	NMA	26/09/2019	Aquabear Invitational Meet 2019
123	1:09.54	L	F	Anna Frankenfeld	16	UNIQ	JHB	15/02/2020	EGA Last Chance Feb 2020
124	1:09.77	L	F	Abigail Rosendorff	16	BLNE	MAN	18/10/2019	Otters Prestige Gala 2019
125	1:09.87	L	F	Kaylynn Shelton	16	BLMA	CPT	02/11/2019	Swartland Invitational #1
126*	1:09.91	L	F	Jeanné vd Merwe	16	NWUC	KKD	05/12/2019	NWS Championships 2019/2020
126*	1:09.91	L	F	Keira Brown	16	TUKS	FSH	12/10/2019	NTS Oct 2019 Age Group Gala
128	1:09.93	L	P	Hannah Drewes	16	UNIN	MPD	29/11/2019	Mpumalanga Championships 2019
129	1:10.00	L	F	Tyla-Paige Clowes	16	PSCP	UMD	23/11/2019	KZN TYR Westville Sprints 2019
130	1:10.21	L	F	Brooklyn Klaasen	16	AQUA	BUF	21/02/2020	BCA 2nd Feb Age Group Gala 2020
131	1:10.22	L	F	Enya Engelbrecht	DR	BLOT	MAN	30/08/2019	Kovsie Aquatics Gala 2019
132	1:10.35	L	F	Marinet vd Walt	16	RBUR	BPD	05/12/2019	NWS Championships 2019/2020
133	1:10.45	L	F	Mieke Greyling	16	HPP	WBD	17/09/2019	Limpopo Interhoer (Waterberg distrik)
134	1:10.53	L S	F	Hannalize Swanepoel	16	BLNE	MAN	26/11/2019	FS Champs
135	1:10.57	L S	F	Anke Weyers	JR	BLOT	MAN	26/11/2019	FS Champs
136	1:10.79	L	P	Angela Ncube	16	WSS	FDD	17/12/2019	KZNA Premier Provincial Championship
137	1:10.82	L	F	Charlize Coetzee	16	TRAZ	FSH	12/10/2019	NTS Oct 2019 Age Group Gala
138	1:10.85	L	F	Brittney van Vuuren	16	MGSC	UGD	09/11/2019	Ugu Distrist Age Group Gala 6
139	1:10.92	L S	F	Imke van Wyk	16	BULS	MAN	26/11/2019	FS Champs
140	1:10.95	L	P	Asté Olivier	16	DYNA	EKU	05/12/2019	EGA Summer Championships 2019
141	1:11.00	L	F	Marjean Van Zyl	TR	PSA	ZLD	15/02/2020	KZN Aquatics Level 2 Provincial
142	1:11.06	L	F	Morgan Vermeulen	16	SWIFT	EKU	15/02/2020	EGA Last Chance Feb 2020
143	1:11.17	L	F	Anika Bezuidenhout	16	HBV	MPD	16/09/2019	Limpopo Interhoer (Mopani Distrik)
144	1:11.38	L	F	Megan Huyzer	16	SGUL	ETH	06/07/2019	eThekwini Age Group Gala 2
145	1:11.40	L	F	Refentse Ruele	16	DRGN	JHB	03/11/2019	CGA All Levels
146	1:11.46	L	F	Eryn Meiklejohn	16	DRGN	JHB	05/12/2019	CGA Championships 2019
147	1:11.50	L	F	Wine' Koekemoer	16	BLUO	UGD	23/11/2019	KZN TYR Westville Sprints 2019
148	1:11.67	L	P	Chelsea Walden	16	PSCP	UMD	17/12/2019	KZNA Premier Provincial Championship
149	1:11.75	L	F	Kyla Maartens	16	PSCP	UMD	23/11/2019	KZN TYR Westville Sprints 2019
150	1:12.05	L	F	Carmen Berg	16	ASAC	CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
151	1:12.33	L	P	Kelly Spencer	16	SOUL	EKU	05/12/2019	EGA Summer Championships 2019
152	1:12.39	L	F	Jani Vd Merwe	16	AQ44	WCD	29/02/2020	WCA Junior Champs - 2020
153	1:12.52	L	F	Marizelle Ferreira	16	ASAW	CED	04/10/2019	CTA TYR QUALIFYING GALA #2
154	1:12.60	L	F	Gabriella Scott	16	QUIC	CPT	25/01/2020	CTA TYR QUALIFYING GALA #3
155	1:12.64	L	F	Clarissa Liebenberg	16	NWUC	KKD	05/12/2019	NWS Championships 2019/2020
156	1:12.69	L	F	Marlien Crewe-Brown	16	INFA	NMA	23/08/2019	Madibaz Spring Gala
157	1:12.72	L	F	Bryce Neale	16	FSE	KCD	09/11/2019	KCDA November Age Group Gala 2019
158	1:12.98	L	F	Victoria Kruger	16	NWUC	KKD	15/02/2020	NWS Last Chance AG5 1920
159	1:13.09	L	F	Abigail Da Costa	16	AA	JHB	05/12/2019	CGA Championships 2019
160	1:13.11	L	F	Danika Janssen	16	DDA	FSH	17/01/2020	NTS Janaury 2020 Age Group Gala
161	1:13.12	L	F	Siona Maistrellis	16	TUKS	FSH	30/08/2019	NTS August 2019 Age Group Gala Level
162	1:13.16	L	F	Leia Wilson	16	TYGE	CPT	29/02/2020	WCA Junior Champs - 2020
163	1:13.49	L	P	Tanya Joubert	16	PSCP	UMD	17/12/2019	KZNA Premier Provincial Championship
164	1:13.58	L	F	Sanchia Poovan	16	HUD	BUF	14/03/2020	BCA Level 1 Gala 2020
165	1:13.97	L	F	Taylin Cronk	16	H2O	EKU	15/02/2020	EGA Last Chance Feb 2020
166	1:14.10	L	F	Charni Du Plessis	16	RFA	FSH	16/08/2019	NTS August 2019 Age Group Gala Level
167	1:14.12	L S	F	Lara Venter	16	SASOL	FDD	26/11/2019	FS Champs

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
168	1:14.27	L	F	Alex Voegt	16	WATR JHB	05/12/2019 CGA Championships 2019
169	1:14.48	L	F	Kayleigh Mc Ardle	16	WSS FDD	31/01/2020 Neptune Last Chance Gala
170	1:14.57	L	F	Megan Daniel	16	TUKS TSH	16/08/2019 NTS August 2019 Age Group Gala Level
171	1:14.63	L	F	Louise Le Sueur	16	BCA BUF	18/01/2020 CTA INTER DISTRICT PRESTIGE
172	1:14.64	L	F	Tawananyasha Makudo	16	ISSC NMD	15/02/2020 NWS Last Chance AG5 1920
173*	1:15.24	L	P	Jenna-Jade Beeton	16	ESTR EKU	05/12/2019 EGA Summer Championships 2019
173*	1:15.24	L	F	Zoe Leipoldt	16	BLSS MAN	25/10/2019 Flamingo Aquatics Academy Prestige
173*	1:15.24	L	F	Mia Jardim	16	SOUL EKU	19/10/2019 EGA Summer 3 2019
176	1:15.30	L	F	Thilize Vd Heever	16	HWBA WBD	17/09/2019 Limpopo Interhoer (Waterberg distrik)
177	1:15.56	L	F	Zeno Smith	16	WELA FDD	14/03/2020 FSA Level 1 2020
178	1:15.67	L S	F	Allisson Maguire	16	BLSS MAN	26/11/2019 FS Champs
179	1:15.85	L	F	Nicole Mogajane	16	MPS NGD	09/12/2019 SA Schools Swimming Championship
180	1:16.06	L	F	Zane' Engelbrecht	16	SASOL FDD	12/10/2019 Fezile Dabi Age Group October 2019
181	1:16.33	L S	F	Electra Barbas	16	DYNA EKU	24/06/2019 Sasol National Winter Championship
182	1:16.38	L	F	Reece Welgemoed	16	ESTR EKU	19/10/2019 EGA Summer 3 2019
183	1:16.44	L	F	Elizabeth Ballack	16	BLUO UGD	15/02/2020 KZN Aquatics Level 2 Provincial
184	1:16.62	L	F	Teaghan Wafer	16	FSE KCD	12/10/2019 KCDA October Age Group Gala 2019
185	1:16.80	L	F	Hestia Erwee	16	RFA TSH	29/11/2019 2019 The Tshwane Mayoral Gala
186	1:17.60	L	F	Cara Vd Merwe	16	REDAQ CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
187	1:17.67	L	F	Chloë Morrie	16	PLAY CED	24/08/2019 Winelands Senior League 2 - 24Aug
188	1:17.72	L	F	Kerrin Burgess	16	ESP EKU	19/10/2019 EGA Summer 3 2019
189	1:17.86	L	P	Micheline Chetty	16	ESTR EKU	05/12/2019 EGA Summer Championships 2019
190	1:17.89	L	P	Jade Otto	16	ONYX EKU	05/12/2019 EGA Summer Championships 2019
191	1:18.46	L	F	Jessica Deeb	16	SGUL ETH	23/11/2019 KZN TYR Westville Sprints 2019
192	1:18.50	L	F	Kristen Klinkert	16	HSTAN MPD	05/10/2019 Limpopo Age Group 4 & School Champs
193	1:18.93	L	F	Anika Weyers	16	PAC TSH	14/02/2020 NTS February 2020 Age Group Gala
194	1:19.31	L	F	Zarlia Engelbrecht	16	KSC EZD	14/09/2019 MP Sprint Gala - 14 September 2019
195	1:19.54	L	P	Skye Hieckmann	16	CUDU CPT	26/09/2019 Aquabear Invitational Meet 2019
196	1:19.58	L	F	Renita Paul	16	PRA NGD	15/02/2020 MP AGE GROUP 5 15 FEBRUARY 2020
197	1:20.15	L	P	Rene Parker	16	RPAC EKU	05/12/2019 EGA Summer Championships 2019
198	1:20.45	L	F	Lauren Singery	16	AA JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
199	1:20.54	L	F	Cara Pieterse	16	HFM WBD	05/10/2019 Limpopo Age Group 4 & School Champs
200	1:20.67	L	P	Tanya Verster	16	BAR EZD	29/11/2019 Mpumalanga Championships 2019
201	1:20.75	L	F	Chane Louw	16	FAAC FBD	05/12/2019 NCASA Champs Dec 2019
202	1:21.17	L	F	Asiphesona Handile	16	PEAS NMA	23/08/2019 Madibaz Spring Gala
203	1:21.52	L	F	Corli-Maré Griffioen	16	FISHS EDD	01/11/2019 38th Freda Barnard Invitational Gala
204	1:21.71	L	F	Clarice Rothman	16	WELA FDD	14/09/2019 Fezile Dabi Age Group
205	1:22.00	L	F	Clarissa Booysen	16	HE WBD	15/10/2019 Limpopo Top 10 - High Schools
206	1:22.23	L	F	Christelle Visser	16	HFDT MPD	15/10/2019 Limpopo Top 10 - High Schools
207	1:22.77	L	F	Zenaide Black	16	BEAV ETH	06/07/2019 eThekweni Age Group Gala 2
208	1:23.53	L	F	Quinelle Blaauw	16	HFM WBD	17/09/2019 Limpopo Interhoer (Waterberg distrik)
209	1:23.62	L	F	Isabella Twala	16	ELRAS WBD	29/11/2019 Limpopo Champs
210	1:24.69	L	F	Paula Burger	16	UPTS ZMD	11/10/2019 Age Group 1 2019 Upington
211	1:26.13	L	F	Carmen Gilbert	16	UPTS ZMD	11/01/2020 NCASA Age Group 4 UP 2019-2020
212	1:26.18	L	F	Stephina Roos	16	ELHS VBD	16/09/2019 Limpopo Interhoer (Mopani Distrik)
213	1:26.74	L	F	Shreya Patel	16	DYNA EKU	19/10/2019 EGA Summer 3 2019
214	1:26.86	L	F	Simone Pretorius	16	UPTS ZMD	21/02/2020 NCASA Sprints 2020
215	1:27.22	L	F	Karlène Ludik	16	KTS JTD	05/12/2019 NCASA Champs Dec 2019
216	1:27.50	L S	F	Safiyya Sayed	16	DBSC SDD	24/06/2019 Sasol National Winter Championship
217	1:27.79	L	F	Armane Pretorius	16	UPTS ZMD	21/02/2020 NCASA Sprints 2020
218	1:28.63	L	F	Renée Fourie	16	PAC TSH	14/02/2020 NTS February 2020 Age Group Gala
219	1:29.03	L	F	Adre Janse Van Vuuren	16	HPTS PSD	18/01/2020 Good Hope Gala 2020
220	1:29.86	L	F	Tahlia De Wet	16	FISHS EDD	01/11/2019 38th Freda Barnard Invitational Gala
221	1:30.39	L	F	Tayla Lombard	16	WELA FDD	16/11/2019 Fezile Dabi Age Group November 2019
222	1:32.34	L	F	alicia geelboom	16	HEIDE MAN	14/03/2020 FSA Level 1 2020
223	1:32.94	L	F	Kelita Scholtz	16	UPTS ZMD	11/01/2020 NCASA Age Group 4 UP 2019-2020
224	1:33.54	L	F	Tshegofatso Makudubele	16	SWAG KKD	05/12/2019 NWS Championships 2019/2020
225	1:35.23	L	F	Emma Dalrymple-Hay	16	HMER MPD	16/09/2019 Limpopo Interhoer (Mopani Distrik)
226	1:36.76	L	F	Lereisa Sagadevan	16	WVAQ ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020



## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
227	1:37.45	L	P	Xivono Chauke	16	ESP EKU	05/12/2019 EGA Summer Championships 2019
228	1:38.28	L	F	Angelica Kannemeyer	16	CBC FBD	08/11/2019 NCASA Age Group 2 KBY 2019
229	1:45.04	L	F	Rebecca Ayllesbury	16	QGH BUF	14/03/2020 BCA Level 1 Gala 2020
230	1:45.27	L	F	Rhaushaan Webster	16	MDOL JHB	08/03/2020 Aquatics Gauteng Level 1
231	1:45.48	L	F	Zoey Joubert	16	HFM WBD	17/09/2019 Limpopo Interhoer (Waterberg distrik)
232	1:49.56	L	F	Gomolemo Jengece	16	WRAN WRD	26/10/2019 2019 OR Tambo/Soncini Games
233	1:53.51	L	F	Mpho Kobyané	16	ATTE TSH	29/11/2019 2019 The Tshwane Mayoral Gala
234	1:58.04	L S	F	Bridget Ndlamini	16	WSS FDD	26/11/2019 FS Champs
235	1:59.72	L	F	Fundiswa Ngcongwane	16	HSS NGD	11/10/2019 MP AGE GROUP 2 - 11-12 October
236	2:23.06	L	F	Goodness Mlotshwa	16	ATTE TSH	17/01/2020 NTS January 2020 Age Group Gala
<b>Women 16 - 16 200 Free</b>							
1	2:00.49	L	F	Aimee Canny	16	KNYD EDD	21/02/2020 2020 Grand Prix Invitational Swimming
2	2:06.82	L	F	Veronique Rossouw	16	TUKS TSH	21/02/2020 2020 Grand Prix Invitational Swimming
3	2:08.35	L	F	Trinity Hearne	16	RSA	11/09/2019 13th CANA Junior African
4	2:09.45	L	F	Chloe LE Roux	16	BLNE MAN	04/10/2019 Seals Gala
5	2:09.61	L	F	Brooklyn Croxon	16	UNIN MPD	11/10/2019 MP AGE GROUP 2 - 11-12 October
6	2:10.11	L	P	Emma Franck	16	WATR JHB	21/02/2020 2020 Grand Prix Invitational Swimming
7	2:12.34	L	F	Sune Liebenberg	16	TUKS TSH	14/02/2020 NTS February 2020 Age Group Gala
8	2:12.60	L	F	Guilma Lausberg	16	BLSS MAN	30/08/2019 Kopsie Aquatics Gala 2019
9	2:12.65	L	F	Grace Hudson	16	WATR JHB	26/09/2019 Aquabear Invitational Meet 2019
10	2:13.87	L S	F	Lize-Marie Davidson	AR	BLOT MAN	26/11/2019 FS Champs
11	2:13.93	L	F	Danica Van Jaarsveld	16	RSA	20/02/2020 CANA Zone IV Championships
12	2:14.10	L	F	Paige Brombacher	16	INFA NMA	14/06/2019 PEA Winter Gala
13	2:14.84	L	F	Hannah Murray	16	ROA EDD	09/11/2019 4th A League
14	2:15.43	L	F	Therese Soukup	16	SGUL ETH	09/11/2019 eThekweni Age Group Gala 8
15	2:17.10	L	F	Laela Masson	16	PLAY CED	26/09/2019 Aquabear Invitational Meet 2019
16	2:17.58	L	F	Liv Etzold	16	CAMPS CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
17	2:18.05	L	F	Tammy Frylinck	16	WATR JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
18	2:18.25	L	F	Carmel Lombard	16	SEAL UMD	23/11/2019 KZN TYR Westville Sprints 2019
19	2:18.33	L	F	Tane Coetzer	16	TUKS TSH	18/10/2019 NTS Prestige Gala 2019
20	2:18.39	L	P	Michelle Van Heerden	16	KNYD EDD	31/01/2020 2020 Grand Prix Invitational Swimming
21	2:18.62	L	P	Magdalena Terblanche	16	GTC EZD	29/11/2019 Mpumalanga Championships 2019
22	2:19.03	L S	F	Paige Nicholson	16	ACSA ETH	17/12/2019 KZNA Premier Provincial Championship
23	2:19.58	L S	F	Ilane Du Plessis	16	TUKS TSH	04/12/2019 NTS Championships 2019
24	2:19.95	L S	P	Reese Harradine	16	PAC TSH	04/12/2019 NTS Championships 2019
25	2:20.22	L	F	Christine Mbite	16	RSA	28/11/2019 2019 EASC CANA Zone 3
26	2:20.27	L	P	Danje Obermeyer	16	CSA EZD	29/11/2019 Mpumalanga Championships 2019
27	2:20.76	L	F	Amanda Vroon	16	TYGE CPT	01/12/2019 Western Cape Long Course
28	2:20.91	L	F	Emma Branco-Lizen	16	AQU ADJ	23/11/2019 KZN TYR Westville Sprints 2019
29	2:21.40	L S	F	Jordyn Govender	16	TRIDE ETH	17/12/2019 KZNA Premier Provincial Championship
30	2:21.57	L S	F	Georgina Church	16	ACSA ETH	17/12/2019 KZNA Premier Provincial Championship
31	2:22.38	L	P	Mia Viljoen	16	UNIN MPD	29/11/2019 Mpumalanga Championships 2019
32	2:22.65	L	F	Megan Shepherd	16	ELEC JHB	09/12/2019 SA Schools Swimming Championship
33	2:23.50	L S	F	Kerri-Lee Barnard	16	BEST NMA	07/02/2020 5th A League
34	2:23.89	L S	F	Cara Hickling	DR	BLOT MAN	26/11/2019 FS Champs
35	2:24.25	L	F	Izabella Gomes	16	WATR JHB	09/12/2019 SA Schools Swimming Championship
36	2:24.57	L S	F	Nelzaan Strydom	16	BLUO UGD	17/12/2019 KZNA Premier Provincial Championship
37	2:24.65	L	F	Sandree Carolus	16	WATR JHB	03/11/2019 CGA All Levels
38	2:24.92	L	F	Arianne Bauer	16	FISH EDD	01/11/2019 38th Freda Barnard Invitational Gala
39	2:25.13	L	F	Marnel Jv Rensburg	16	PSC TSH	14/02/2020 NTS February 2020 Age Group Gala
40	2:25.37	L	F	Kerri - Lee HITGE	16	DORE JHB	03/11/2019 CGA All Levels
41*	2:25.60	L S	F	Zanli Klopper	16	AQUB NMA	07/02/2020 5th A League
41*	2:25.60	L	F	Layla Vahed	16	VIKI BUF	26/09/2019 Aquabear Invitational Meet 2019
43	2:25.64	L	F	Sophia Sichtnik	16	ELEC JHB	03/11/2019 CGA All Levels
44	2:25.82	L	F	Zandri Uys	16	PSC TSH	15/11/2019 NTS November 2019 Age Group Gala
45	2:26.07	L	F	Megan De Wet	16	MWSC NGD	11/10/2019 MP AGE GROUP 2 - 11-12 October
46	2:26.15	L	F	Tyla Campbell	16	MDOL JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
47	2:26.20	L	F	Sydney Munks	16	BOKS EKU	05/12/2019 EGA Summer Championships 2019
48	2:26.56	L	F	Laura van der Merwe	16	NSA EZD	11/10/2019 MP AGE GROUP 2 - 11-12 October

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
49	2:26.58	L	P	Tayla Parker	16	SWIFT	EKU 05/12/2019 EGA Summer Championships 2019
50	2:26.71	L	F	Abigail Swanepoel	16	INFA	NMA 23/08/2019 Madibaz Spring Gala
51	2:26.72	L	F	Kaylyn Leach	16	BOKS	EKU 05/12/2019 EGA Summer Championships 2019
52	2:27.10	L S	P	Daniella Dal Medico	16	SODO	JHB 04/12/2019 NTS Championships 2019
53	2:27.45	L	P	Kerri-Lyn Claase	16	DYNA	EKU 05/12/2019 EGA Summer Championships 2019
54	2:27.94	L	F	Teagan Jose	16	AFIN	JHB 18/01/2020 CGA Last Chance Level 3-SANJ gala
55	2:28.01	L	F	Savannah Van der Spuy	16	BLSS	MAN 09/12/2019 SA Schools Swimming Championship
56	2:28.28	L	F	Hannah Jacobs	16	DRGN	JHB 03/11/2019 CGA All Levels
57	2:28.75	L S	F	Nicole Dreyer	DR	BLOT	MAN 26/11/2019 FS Champs
58	2:29.09	L	F	Marjone De Beer	16	LP	LP 09/12/2019 SA Schools Swimming Championship
59	2:29.11	L S	F	Monique Du Toit	16	PEAS	NMA 07/02/2020 5th A League
60	2:29.21	L	F	Zane Snyman	16	BLNE	MAN 09/12/2019 SA Schools Swimming Championship
61	2:29.47	L	F	Shaelyn Walker	16	AQUB	NMA 26/09/2019 Aquabear Invitational Meet 2019
62	2:30.03	L	F	Joanne Combrink	16	WATR	JHB 12/10/2019 CGA Level 1,2,3, SANJ Gala
63	2:30.04	L	F	Zoe Ioannides	16	INFA	NMA 26/09/2019 Aquabear Invitational Meet 2019
64	2:30.45	L	F	Morgan Ferriman	16	ELEC	JHB 22/02/2020 CGA Level 2 Last Chance Gala - Day 1
65	2:30.80	L	F	Stacey McCulloch	16	ONYX	EKU 05/12/2019 EGA Summer Championships 2019
66	2:30.91	L S	P	Bianca Windt	16	TUKS	TSH 04/12/2019 NTS Championships 2019
67	2:31.02	L	F	Hannah Scott	16	BLUO	UGD 15/02/2020 KZN Aquatics Level 2 Provincial
68	2:31.10	L	F	Hannah Drewes	16	UNIN	MPD 29/02/2020 MP AGE GROUP 6 - 29 FEBRUARY
69	2:31.25	L	F	Kiara Fryer	16	WATR	JHB 12/10/2019 CGA Level 1,2,3, SANJ Gala
70	2:31.29	L	F	Kyra Walker	16	CRSC	JHB 22/02/2020 CGA Level 2 Last Chance Gala - Day 1
71	2:31.32	L S	F	Kayleigh Geel	16	BLSS	MAN 26/11/2019 FS Champs
72	2:31.55	L	F	Amidre Snyman	DR	BLOT	MAN 04/10/2019 Seals Gala
73	2:31.59	L	F	Tyla-Paige Clowes	16	PSCP	UMD 23/11/2019 KZN TYR Westville Sprints 2019
74	2:31.73	L	F	Lizri Weyers	JR	BLOT	MAN 18/10/2019 Otters Prestige Gala 2019
75	2:31.80	L	F	Zanje van Rensburg	16	HREF	BPD 05/12/2019 NWS Championships 2019/2020
76	2:31.99	L	F	Philippa Sparg	16	HARL	BUF 22/11/2019 BCA Long Course Championships 2019
77	2:32.75	L	F	Aimeè-Jane Jephthah	16	PAQU	GED 25/01/2020 West Coast Qualify Gala 2020
78	2:32.80	L	F	Katherine Bowmaker	16	PSCP	UMD 15/02/2020 KZN Aquatics Level 2 Provincial
79	2:32.89	L	F	Camryn Lowman	16	SWIM1	JHB 30/08/2019 NTS August 2019 Age Group Gala Level
80	2:33.35	L	F	Kayleigh Theron	16	WATR	JHB 12/10/2019 CGA Level 1,2,3, SANJ Gala
81	2:33.38	L	F	Hannah Szapira	16	TYGE	CPT 01/12/2019 Western Cape Summer Championships
82	2:33.41	L	F	Jacoba Kotzè	16	CUDU	CPT 26/09/2019 Aquabear Invitational Meet 2019
83	2:33.68	L	F	Diantha Thambiran	16	DRGN	JHB 26/10/2019 2019 OR Tambo/Soncini Games
84	2:33.82	L	F	Anna Frankenfeld	16	UNIQ	JHB 12/10/2019 CGA Level 1,2,3, SANJ Gala
85	2:34.26	L	F	Jenna Reynders	16	BON	JHB 18/01/2020 CGA Last Chance Level 3-SANJ gala
86	2:34.38	L	F	Morgan Vermeulen	16	SWIFT	EKU 26/10/2019 2019 OR Tambo/Soncini Games
87	2:34.40	L	F	Inge Steyn	16	DYNA	EKU 15/02/2020 EGA Last Chance Feb 2020
88	2:34.61	L	F	Fathima Moola	16	SRAY	BUF 26/09/2019 Aquabear Invitational Meet 2019
89	2:34.72	L	F	Angelina Audagnotti	16	HARB	BPD 16/08/2019 NTS August 2019 Age Group Gala Level
90	2:34.89	L	F	Michelle Steenekamp	16	AA	JHB 12/10/2019 CGA Level 1,2,3, SANJ Gala
91	2:34.97	L	F	Danielle Immelman	16	FAAC	FBD 05/12/2019 NCASA Champs Dec 2019
92	2:36.01	L	F	Tanya Joubert	16	PSCP	UMD 23/11/2019 KZN TYR Westville Sprints 2019
93	2:36.47	L	F	Lillian Dixon	16	TUKS	TSH 13/09/2019 NTS September 2019 Age Group Gala
94	2:37.08	L	F	Katelyn Fletcher	16	TUKS	TSH 14/02/2020 NTS February 2020 Age Group Gala
95	2:37.15	L	P	Asté Olivier	16	DYNA	EKU 05/12/2019 EGA Summer Championships 2019
96	2:37.61	L	F	Jewell Pelser	16	TUKS	TSH 30/08/2019 NTS August 2019 Age Group Gala Level
97	2:37.86	L	F	Erica Sibande	16	UNIN	MPD 10/01/2020 2020 Grand Prix Invitation Swimming
98	2:38.01	L	F	Jeanné vd Merwe	16	NWUC	KKD 09/11/2019 NWS Age Group 2 1920
99	2:38.42	L	F	Enya Engelbrecht	DR	BLOT	MAN 30/08/2019 Kovsie Aquatics Gala 2019
100	2:38.43	L	F	Kyla Maartens	16	PSCP	UMD 15/02/2020 KZN Aquatics Level 2 Provincial
101	2:38.44	L	F	Marinet vd Walt	16	RBUR	BPD 09/11/2019 NWS Age Group 2 1920
102	2:38.46	L	F	Abigail Da Costa	16	AA	JHB 22/02/2020 CGA Level 2 Last Chance Gala - Day 1
103	2:38.91	L	F	Hannah Paulse	16	VINE	CPT 22/02/2020 Swartland Invitational Gala 2
104	2:39.12	L	F	Wine' Koekemoer	16	BLUO	UGD 15/02/2020 KZN Aquatics Level 2 Provincial
105	2:39.39	L	F	Leia Wilson	16	TYGE	CPT 29/02/2020 WCA Junior Champs - 2020
106	2:39.81	L	F	Kaylynn Shelton	16	BLMA	CPT 01/12/2019 Western Cape Long Course
107	2:40.05	L	F	Keira Brown	16	TUKS	TSH 12/10/2019 NTS Oct 2019 Age Group Gala

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
108	2:40.20	L	F	Cara Vd Merwe	16	REDAQ CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
109	2:40.55	L	F	Abigail Rosendorff	16	BLNE MAN	18/10/2019 Otters Prestige Gala 2019
110	2:40.75	L	F	Victoria Kruger	16	NWUC KKD	15/02/2020 NWS Last Chance AG5 1920
111	2:41.40	L	F	Mia Jardim	16	SOUL EKU	05/12/2019 EGA Summer Championships 2019
112	2:41.47	L	F	Serante Subramanian	16	PSCP UMD	15/02/2020 KZN Aquatics Level 2 Provincial
113	2:41.79	L	F	Gabriella Scott	16	QUIC CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
114	2:41.83	L	F	Jade Otto	16	ONYX EKU	15/02/2020 EGA Last Chance Feb 2020
115	2:41.91	L	F	Anke Weyers	JR	BLOT MAN	18/10/2019 Otters Prestige Gala 2019
116	2:42.63	L	F	Hannalize Swanepoel	16	BLNE MAN	04/10/2019 Seals Gala
117	2:43.03	L	F	Marizelle Ferreira	16	ASAW CED	04/10/2019 CTA TYR QUALIFYING GALA #2
118	2:43.64	L	F	Charlize Coetzee	16	TRAZ FSH	01/11/2019 NTS November 2019 Age Group Gala
119	2:44.63	L	F	Sanchia Poovan	16	HUD BUF	14/03/2020 BCA Level 1 Gala 2020
120	2:45.42	L S	P	Angela Ncube	16	WSS FDD	17/12/2019 KZNA Premier Provincial Championship
121	2:45.49	L	F	Charni Du Plessis	16	RFA FSH	16/08/2019 NTS August 2019 Age Group Gala Level
122	2:46.10	L	F	Kerrin Burgess	16	ESP EKU	15/02/2020 EGA Last Chance Feb 2020
123	2:46.41	L	F	Clarissa Liebenberg	16	NWUC KKD	05/12/2019 NWS Championships 2019/2020
124	2:46.48	L	F	Bryce Neale	16	FSE KCD	15/02/2020 KCDA February Age Group Gala 2020
125	2:47.48	L	F	Alex Voegt	16	WATR JHB	11/01/2020 NCASA Age Group 4 KTU 2019-2020
126	2:47.51	L S	F	Kayleigh Mc Ardle	16	WSS FDD	26/11/2019 FS Champs
127	2:48.44	L	F	Eryn Meiklejohn	16	DRGN JHB	03/11/2019 CGA All Levels
128	2:49.14	L S	F	Lara Venter	16	SASOL FDD	26/11/2019 FS Champs
129	2:49.80	L	F	Naomi Olivier	16	ACSA ETH	03/08/2019 eThekweni Age Group Gala 4
130	2:51.08	L	F	Taylin Cronk	16	H2O EKU	14/09/2019 EGA Summer 1 2019
131	2:51.45	L S	F	Allisson Maguire	16	BLSS MAN	26/11/2019 FS Champs
132	2:52.01	L S	F	Zoe Leipoldt	16	BLSS MAN	26/11/2019 FS Champs
133	2:54.29	L	P	Electra Barbas	16	DYNA EKU	05/12/2019 EGA Summer Championships 2019
134	2:54.81	L S	F	Zane' Engelbrecht	16	SASOL FDD	26/11/2019 FS Champs
135	2:57.13	L	F	Zeno Smith	16	WELA FDD	14/03/2020 FSA Level 1 2020
136	2:57.87	L	F	Skye Hieckmann	16	CUDU CPT	26/09/2019 Aquabear Invitational Meet 2019
137	2:57.88	L	F	Anika Weyers	16	PAC FSH	12/10/2019 NTS Oct 2019 Age Group Gala
138	2:58.18	L	F	Nicole Mogajane	16	ISSC NMD	09/11/2019 NWS Age Group 2 1920
139	2:58.45	L	F	Jenna-Jade Beeton	16	ESTR EKU	18/01/2020 EGA Summer 5 - 2020
140	2:58.79	L	F	Tawananyasha Makudo	16	ISSC NMD	09/11/2019 NWS Age Group 2 1920
141	3:01.66	L	F	Micheline Chetty	16	ESTR EKU	26/10/2019 2019 OR Tambo/Soncini Games
142	3:01.88	L	P	Rene Parker	16	RPAC EKU	05/12/2019 EGA Summer Championships 2019
143	3:02.77	L	F	Kiyara Reddy	16	AEC JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
144	3:08.29	L	F	Zarlia Engelbrecht	16	KSC EZD	29/11/2019 Mpumalanga Championships 2019
145	3:09.17	L	F	Asiphesona Handile	16	PEAS NMA	14/06/2019 PEA Winter Gala
146	3:11.64	L	F	Tayla Lombard	16	WELA FDD	16/11/2019 Fezile Dabi Age Group November 2019
147	3:14.04	L	F	Simone Pretorius	16	UPTS ZMD	21/02/2020 NCASA Sprints 2020
148	3:16.12	L	F	Carmen Gilbert	16	UPTS ZMD	08/11/2019 NCASA Age Group 2 UP 2019
149	3:17.01	L	F	Armane Pretorius	16	UPTS ZMD	21/02/2020 NCASA Sprints 2020
150	3:27.70	L	F	Adre Janse Van Vuuren	16	HPTS PSD	05/12/2019 NCASA Champs Dec 2019
151	3:33.92	L	F	Lereisa Sagadevan	16	WVAQ ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
152	3:39.99	L	F	Kelita Scholtz	16	UPTS ZMD	11/01/2020 NCASA Age Group 4 UP 2019-2020
153	3:58.87	L	F	Xivono Chauke	16	ESP EKU	08/03/2020 Aquatics Gauteng Level 1
154	4:04.83	L	F	Rhaushaan Webster	16	WRAN WRD	26/10/2019 2019 OR Tambo/Soncini Games
155	4:15.49	L	F	Gomolemo Jengece	16	WRAN WRD	26/10/2019 2019 OR Tambo/Soncini Games
156	4:36.26	L S	F	Bridget Ndlamini	16	WSS FDD	26/11/2019 FS Champs
<b>Women 16 - 16 400 Free</b>							
1	4:27.16	L	F	Aimee Canny	16	KNYD EDD	26/09/2019 Aquabear Invitational Meet 2019
2	4:30.80	L	P	Michaela Pulford	16	TSS NGD	09/06/2019 2019 Hancock Prospecting Swimming
3	4:35.58	L	F	Chloe LE Roux	16	BLNE MAN	26/11/2019 FS Champs
4	4:37.91	L	F	Guilma Lausberg	16	BLSS MAN	26/11/2019 FS Champs
5	4:38.24	L	F	Paige Brombacher	16	INFA NMA	29/11/2019 NMBA Championships 2019
6	4:39.99	L	F	Brooklyn Croxon	16	UNIN MPD	29/11/2019 Mpumalanga Championships 2019
7	4:41.42	L	F	Hannah Murray	16	ROA EDD	21/02/2020 Infinity Champs LC Gala
8	4:42.14	L	F	Sune Liebenberg	16	TUKS FSH	14/02/2020 NTS February 2020 Age Group Gala
9	4:44.24	L	F	Trinity Hearne	16	TYGE CPT	01/12/2019 Western Cape Summer Championships

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
10	4:44.56	L	F	Lize-Marie Davidson	AR	BLOT MAN	26/09/2019 Aquabear Invitational Meet 2019
11	4:44.77	L	F	Therese Soukup	16	SGUL ETH	17/12/2019 KZNA Premier Provincial Championship
12	4:45.24	L	F	Mia Vd Walt	16	MATI CED	01/12/2019 Western Cape Summer Championships
13	4:47.76	L	F	Danica Van Jaarsveld	16	RSA	20/02/2020 CANA Zone IV Championships
14	4:48.38	L	F	Tane Coetzer	16	TUKS TSH	04/12/2019 NTS Championships 2019
15	4:48.94	L	F	Ilane Du Plessis	16	TUKS TSH	04/12/2019 NTS Championships 2019
16	4:50.90	L	F	Abigail Swanepoel	16	RSA	20/02/2020 CANA Zone IV Championships
17	4:52.35	L	F	Danje Obermeyer	16	CSA EZD	29/11/2019 Mpumalanga Championships 2019
18	4:53.05	L	F	Laela Masson	16	PLAY CED	01/12/2019 Western Cape Summer Championships
19	4:54.33	L	F	Carmel Lombard	16	SEAL UMD	23/11/2019 KZN TYR Westville Sprints 2019
20	4:58.90	L	F	Magdalena Terblanche	16	GTC EZD	29/11/2019 Mpumalanga Championships 2019
21	4:59.06	L	F	Megan De Wet	16	MWUC NGD	29/11/2019 Mpumalanga Championships 2019
22	5:00.42	L	F	Nelzaan Strydom	16	BLUO UGD	17/12/2019 KZNA Premier Provincial Championship
23	5:03.84	L	F	Christine Mbite	16	PEPPS CCD	05/10/2019 Limpopo Age Group 4 & School Champs
24	5:05.70	L	F	Brookelyn Harvey	16	AZON ETH	23/11/2019 KZN TYR Westville Sprints 2019
25	5:06.14	L	F	Laura van der Merwe	16	NSA EZD	29/02/2020 MP AGE GROUP 6 - 29 FEBRUARY
26	5:06.58	L	F	Hannah Andraos	16	TUKS TSH	18/10/2019 NTS Prestige Gala 2019
27	5:06.60	L	F	Georgina Church	16	ACSA ETH	05/10/2019 eThekwini Age Group 6
28	5:06.93	L	F	Ellen Wille	16	ETTN EKU	19/10/2019 EGA Summer 3 2019
29	5:07.23	L	F	Layla Vahed	16	VIKI BUF	07/02/2020 BCA Feb Age Group Gala 2020
30	5:07.77	L	F	Tyla Campbell	16	MDOL JHB	19/10/2019 EGA Summer 3 2019
31	5:08.14	L	F	Michelle Van Heerden	16	BCA BUF	18/01/2020 CTA INTER DISTRICT PRESTIGE
32*	5:08.48	L	F	Emma Branco-Lizen	16	AQU ADJ	21/02/2020 Amajuba District Long Course
32*	5:08.48	L S	F	Kerri-Lee Barnard	16	BEST NMA	07/02/2020 5th A League
34	5:08.52	L	F	Kiara Oellermann	16	CRSC JHB	05/12/2019 CGA Championships 2019
35	5:09.08	L	F	Jordyn Govender	16	TRIDE ETH	05/10/2019 eThekwini Age Group 6
36	5:09.15	L	F	Lindsay Foss	16	SEAL UMD	17/12/2019 KZNA Premier Provincial Championship
37	5:10.50	L	F	Sydney Munks	16	BOKS EKU	05/12/2019 EGA Summer Championships 2019
38	5:11.26	L	F	Shaelyn Walker	16	AQUB NMA	26/09/2019 Aquabear Invitational Meet 2019
39	5:11.29	L	F	Savannah Van der Spuy	16	BLSS MAN	09/12/2019 SA Schools Swimming Championship
40	5:11.91	L	F	Simoné De Beer	16	GTC EZD	31/01/2020 MP AGE GROUP 4 31 JANUARY - 1
41	5:13.45	L	F	Annika Fechter	16	PAC TSH	30/08/2019 NTS August 2019 Age Group Gala Level
42	5:13.85	L	F	Tammy Frylinck	16	WATR JHB	21/09/2019 CGA SANJ/Level 3 Gala No 1
43	5:14.26	L	F	Tanika Jones	16	SGUL ETH	23/11/2019 KZN TYR Westville Sprints 2019
44	5:16.29	L	F	Marjone De Beer	16	PHS CCD	05/10/2019 Limpopo Age Group 4 & School Champs
45	5:16.80	L	F	Daniella Dal Medico	16	SODO JHB	04/12/2019 NTS Championships 2019
46	5:19.26	L	F	Kaylyn Leach	16	BOKS EKU	05/12/2019 EGA Summer Championships 2019
47	5:19.28	L	F	Nicole Dreyer	DR	BLOT MAN	26/11/2019 FS Champs
48	5:19.48	L	F	Joanne Combrink	16	WATR JHB	05/12/2019 CGA Championships 2019
49	5:20.06	L	F	Tyla-Paige Clowes	16	PSCP UMD	23/11/2019 KZN TYR Westville Sprints 2019
50	5:20.33	L	F	Kayleigh Geel	16	BLSS MAN	26/11/2019 FS Champs
51	5:20.63	L	F	Melanie Daniel	16	AZON ETH	23/11/2019 KZN TYR Westville Sprints 2019
52	5:20.97	L	F	Zoe Ioannides	16	INFA NMA	21/02/2020 Infinity Champs LC Gala
53	5:21.07	L	F	Hannah Drewes	16	UNIN MPD	29/11/2019 Mpumalanga Championships 2019
54	5:21.11	L	F	Tayla Parker	16	SWIFT EKU	05/12/2019 EGA Summer Championships 2019
55	5:22.73	L	F	Zane Snyman	16	BLNE MAN	26/11/2019 FS Champs
56	5:23.53	L	F	Jacoba Kotzè	16	CUDU CPT	26/09/2019 Aquabear Invitational Meet 2019
57	5:24.36	L	F	Angelina Audagnotti	16	HARB BPD	05/12/2019 NWS Championships 2019/2020
58	5:24.46	L	F	Jessica Otto	16	MDOL JHB	05/12/2019 CGA Championships 2019
59	5:24.89	L	F	Inge Steyn	16	DYNA EKU	19/10/2019 EGA Summer 3 2019
60	5:25.02	L	F	Katelyn Fletcher	16	TUKS TSH	16/08/2019 NTS August 2019 Age Group Gala Level
61	5:25.06	L	F	Hannah Szapira	16	TYGE CPT	21/09/2019 Winelands Senior League 3 - 21Sept
62	5:28.70	L	F	Amidre Snyman	DR	BLOT MAN	26/11/2019 FS Champs
63	5:29.21	L	F	Lizri Weyers	JR	BLOT MAN	26/11/2019 FS Champs
64	5:29.40	L	F	Diantha Thambiran	16	DRGN JHB	05/12/2019 CGA Championships 2019
65	5:30.87	L	F	Jenna Reynders	16	BON JHB	05/12/2019 CGA Championships 2019
66	5:32.04	L	F	Kyra Walker	16	CRSC JHB	05/12/2019 CGA Championships 2019
67	5:34.59	L	F	Morgan Amery-Bosman	16	CYBE CPT	01/12/2019 Western Cape Long Course
68	5:36.37	L	F	Nina Ehrich	16	DDA TSH	27/09/2019 NTS September 2019 Age Group Gala

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
69	5:36.80	L	F	Aimeè-Jane Jephthah	16	PAQU	GED 21/09/2019 Winelands Senior League 3 - 21Sept
70	5:37.28	L	F	Marinet vd Walt	16	RBUR	BPD 19/10/2019 NWS Age Group 1 1920
71	5:38.14	L	F	Wine' Koekemoer	16	BLUO	UGD 09/11/2019 Ugu Distrist Age Group Gala 6
72	5:38.15	L	F	Caitlin-leigh Watts	16	CRSC	JHB 05/12/2019 CGA Championships 2019
73	5:39.15	L	F	Zanje van Rensburg	16	HREF	BPD 05/12/2019 NWS Championships 2019/2020
74	5:39.54	L	F	Abigail Rosendorff	16	BLNE	MAN 26/11/2019 FS Champs
75	5:41.03	L	F	Anke Weyers	JR	BLOT	MAN 26/11/2019 FS Champs
76	5:41.81	L	F	Jeanné vd Merwe	16	NWUC	KKD 19/10/2019 NWS Age Group 1 1920
77	5:42.17	L	F	Leia Wilson	16	TYGE	CPT 29/02/2020 WCA Junior Champs - 2020
78	5:43.68	L	F	Mia Jardim	16	SOUL	EKU 19/10/2019 EGA Summer 3 2019
79	5:44.33	L	F	Asté Olivier	16	DYNA	EKU 19/10/2019 EGA Summer 3 2019
80	5:44.78	L	F	Fathima Moola	16	SRAY	BUF 22/11/2019 BCA Long Course Championships 2019
81	5:45.28	L	F	Morgan Vermeulen	16	SWIFT	EKU 05/12/2019 EGA Summer Championships 2019
82	5:46.11	L	F	Cara Vd Merwe	16	REDAQ	CPT 25/01/2020 CTA TYR QUALIFYING GALA #3
83	5:48.84	L	F	Zoe Leipoldt	16	BLSS	MAN 26/11/2019 FS Champs
84	5:50.65	L	F	Marizelle Ferreira	16	ASAW	GED 21/09/2019 Winelands Senior League 3 - 21Sept
85	5:52.79	L	F	Hannalize Swanepoel	16	BLNE	MAN 26/11/2019 FS Champs
86	5:53.53	L	F	Jade Otto	16	ONYX	EKU 19/10/2019 EGA Summer 3 2019
87	5:53.85	L	F	Lillian Dixon	16	TUKS	FSH 16/08/2019 NTS August 2019 Age Group Gala Level
88	5:54.37	L	F	Abigail Da Costa	16	AA	JHB 05/12/2019 CGA Championships 2019
89	5:57.09	L	F	Kerrin Burgess	16	ESP	EKU 19/10/2019 EGA Summer 3 2019
90	5:59.99	L	F	Angela Ncube	16	WSS	FDD 17/12/2019 KZNA Premier Provincial Championship
91	6:02.91	L	F	Danielle Immelman	16	FAACP	PSD 25/10/2019 Flamingo Aquatics Academy Prestige
92	6:04.85	L	F	Zane' Engelbrecht	16	SASOL	FDD 25/01/2020 4 + 1 Inter Provincial Gala 2020
93	6:05.32	L	F	Taylin Cronk	16	H2O	EKU 19/10/2019 EGA Summer 3 2019
94	6:09.26	L	F	Jenna-Jade Beeton	16	ESTR	EKU 19/10/2019 EGA Summer 3 2019
95	6:11.68	L	F	Lara Venter	16	SASOL	FDD 25/01/2020 4 + 1 Inter Provincial Gala 2020
96	6:16.98	L	F	Danika Uys	VR	PSA	ZLD 12/10/2019 KCDA October Age Group Gala 2019
97	6:24.48	L	F	Kayleigh Mc Ardle	16	WSS	FDD 27/09/2019 Neptunes Open Gala
98	6:40.06	L	F	Asiphesona Handile	16	PEAS	NMA 14/06/2019 PEA Winter Gala
99	6:45.63	L	F	Tayla Lombard	16	WELA	FDD 09/11/2019 Bull-Sharks 2019
100	6:53.83	L	F	Nicole Mogajane	16	ISSC	NMA 05/12/2019 NWS Championships 2019/2020
101	6:56.37	L	F	Corli-Maré Griffioen	16	FISHS	EDD 08/02/2020 EDEN 5th A-League Gala 2020
102	7:02.57	L	F	Carmen Gilbert	16	UPTS	ZMD 05/12/2019 NCASA Champs Dec 2019
103	7:02.67	L	F	Safiyya Sayed	16	DBSC	SDD 19/10/2019 EGA Summer 3 2019
104	7:03.84	L	F	Simone Pretorius	16	UPTS	ZMD 08/11/2019 NCASA Age Group 2 UP 2019
105	7:05.76	L	F	Kiara-Lee Nelson	HR	OTSC	ETH 08/02/2020 eThekwini Age Group Gala 10
106	7:12.62	L	F	Shreya Patel	16	DYNA	EKU 19/10/2019 EGA Summer 3 2019
107	7:24.04	L	F	Adre Janse Van Vuuren	16	HPTS	PSD 05/12/2019 NCASA Champs Dec 2019
108	7:30.60	L	F	Armane Pretorius	16	UPTS	ZMD 25/10/2019 Flamingo Aquatics Academy Prestige
109	7:53.20	L	F	Kelita Scholtz	16	UPTS	ZMD 11/01/2020 NCASA Age Group 4 UP 2019-2020
<b>Women 16 - 16 800 Free</b>							
1	9:36.88	L	F	Guilma Lausberg	16	BLSS	MAN 26/11/2019 FS Champs
2	9:37.61	L	F	Mia Vd Walt	16	MATI	GED 19/10/2019 Winelands Senior League 4 - 19 Oct
3	9:40.07	L	F	Chloe LE Roux	16	BLNE	MAN 26/11/2019 FS Champs
4	9:43.51	L	F	Therese Soukup	16	SGUL	ETH 17/12/2019 KZNA Premier Provincial Championship
5	9:44.90	L	F	Hannah Murray	16	ROA	EDD 14/09/2019 2nd A League 14/9/2019
6	9:47.87	L	F	Tane Coetzer	16	TUKS	FSH 30/08/2019 NTS August 2019 Age Group Gala Level
7	9:51.68	L	F	Trinity Hearne	16	TYGE	CPT 01/12/2019 Western Cape Summer Championships
8	9:54.84	L	F	Lize-Marie Davidson	AR	BLOT	MAN 26/11/2019 FS Champs
9	9:54.85	L	F	Danica Van Jaarsveld	16	RSA	20/02/2020 CANA Zone IV Championships
10	10:06.28	L	F	Carmel Lombard	16	SEAL	UMD 17/12/2019 KZNA Premier Provincial Championship
11	10:15.96	L	F	Christine Mbite	16	RSA	20/02/2020 CANA Zone IV Championships
12	10:19.75	L	F	Megan De Wet	16	MWSC	NGD 29/11/2019 Mpumalanga Championships 2019
13	10:22.53	L	F	Nelzaan Strydom	16	BLUO	UGD 17/12/2019 KZNA Premier Provincial Championship
14	10:31.17	L	F	Lindsay Foss	16	SEAL	UMD 17/12/2019 KZNA Premier Provincial Championship
15	10:38.84	L	F	Tyla Campbell	16	MDOL	JHB 05/12/2019 CGA Championships 2019
16	10:42.18	L	F	Simoné De Beer	16	GTC	EZD 31/01/2020 MP AGE GROUP 4 31 JANUARY - 1
17	10:45.05	L	F	Joanne Combrink	16	WATR	JHB 05/12/2019 CGA Championships 2019

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
18	10:45.23	L	F	Tayla Parker	16	SWIFT EKU	05/12/2019 EGA Summer Championships 2019
19	10:49.43	L	F	Shaelyn Walker	16	AQUB NMA	26/09/2019 Aquabear Invitational Meet 2019
20	10:49.76	L	F	Megan Shepherd	16	ELEC JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
21	11:07.89	L	F	Emma Branco-Lizen	16	AQU ADJ	21/02/2020 Amajuba District Long Course
22	11:08.31	L	F	Kerri-Lyn Claase	16	DYNA EKU	05/12/2019 EGA Summer Championships 2019
23	11:08.45	L	F	Zoe Ioannides	16	INFA NMA	14/09/2019 2nd A League 14/9/2019
24	11:10.95	L	F	Daniella Dal Medico	16	SODO JHB	04/12/2019 NTS Championships 2019
25	11:11.87	L	F	Inge Steyn	16	DYNA EKU	08/11/2019 EGA Summer 4
26	11:12.57	L	F	Hannah Szapira	16	TYGE CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
27	11:14.89	L	F	Tanika Jones	16	SGUL ETH	26/10/2019 eThekwini Age Group Gala 7
28	11:16.54	L	F	Marjone De Beer	16	EAGA CCD	29/11/2019 Limpopo Champs
29	11:42.40	L	F	Amidre Snyman	DR	BLOT MAN	26/11/2019 FS Champs
30	11:45.93	L	F	Morgan Vermeulen	16	SWIFT EKU	08/11/2019 EGA Summer 4
31	11:47.53	L	F	Abigail Rosendorff	16	BLNE MAN	26/11/2019 FS Champs
32	12:01.14	L	F	Mia Jardim	16	SOUL EKU	08/11/2019 EGA Summer 4
33	12:02.93	L	F	Jade Otto	16	ONYX EKU	08/11/2019 EGA Summer 4
34	12:05.47	L	F	Cara Vd Merwe	16	REDAQ CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
35	12:11.24	L	F	Marinet vd Walt	16	RBUR BPD	05/12/2019 NWS Championships 2019/2020
36	13:00.63	L	F	Zane' Engelbrecht	16	SASOL FDD	16/11/2019 Fezile Dabi Age Group November 2019
37	13:45.39	L	F	Rene Parker	16	RPAC EKU	08/11/2019 EGA Summer 4
38	14:41.21	L	F	Simone Pretorius	16	UPTS ZMD	15/11/2019 NCASA Age Group 3 2019 UP
39	14:48.55	L	F	Armane Pretorius	16	UPTS ZMD	15/11/2019 NCASA Age Group 3 2019 UP
40	15:02.75	L	F	Carmen Gilbert	16	UPTS ZMD	15/11/2019 NCASA Age Group 3 2019 UP
<b>Women 16 - 16 1000 Free</b>							
1	14:44.00	L	F	Carmel Lombard	16	SEAL UMD	30/11/2019 KZN Open Water
2	15:48.00	L	F	Lindsay Foss	16	SEAL UMD	30/11/2019 KZN Open Water
3	17:57.00	L	F	Serante Subramanian	16	PSCP UMD	30/11/2019 KZN Open Water
4	18:16.00	L	F	Wine' Koekemoer	16	BLUO UGD	30/11/2019 KZN Open Water
5	29:39.70	L	O	Hannah Murray	16	ROA EDD	08/02/2020 WCA Open Water Swimming
<b>Women 16 - 16 1500 Free</b>							
1	18:46.68	L	F	Guilma Lausberg	16	BLSS MAN	14/06/2019 PEA Winter Gala
2	19:14.23	L	F	Tane Coetzer	16	TUKS FSH	18/10/2019 NTS Prestige Gala 2019
3	20:10.94	L	F	Megan De Wet	16	MWSC NGD	17/01/2020 MP AGE GROUP 3 17 - 18 JANUARY
4	20:53.60	L	F	Ellen Wille	16	ETTN EKU	14/09/2019 EGA Summer 1 2019
5	21:05.93	L	F	Shaelyn Walker	16	AQUB NMA	14/09/2019 2nd A League 14/9/2019
6	21:30.59	L	F	Tanika Jones	16	SGUL ETH	03/08/2019 eThekwini Age Group Gala 4
<b>Women 16 - 16 3000 Free</b>							
1	40:48.52	L	O	Chloe LE Roux	16	FSA FS	07/03/2020 SA National Aquatic Championship 2020
2	43:53.37	L	O	Morgan Ferriman	16	AGB JHB	07/03/2020 SA National Aquatic Championship 2020
3	44:01.56	L	O	Paige Nicholson	16	KZNA ETH	07/03/2020 SA National Aquatic Championship 2020
4	44:05.00	L	O	Kerri-Lee Barnard	16	BEST NMA	13/10/2019 EC Swim Series OWS 1 2019
5	45:19.28	L	O	Joanne Combrink	16	AGB JHB	07/03/2020 SA National Aquatic Championship 2020
6	45:24.73	L	F	Nelzaan Strydom	16	KZNA ETH	01/12/2019 Capital K
7	45:33.00	L	F	Tanika Jones	16	SGUL ETH	30/11/2019 KZN Open Water
8	45:48.90	L	O	Philippa Sparg	16	HARL BUF	13/10/2019 EC Swim Series OWS 1 2019
9	46:10.92	L	O	Megan De Wet	16	MWSC NGD	13/10/2019 OPEN WATER SWIM 1
10	46:19.40	L	O	Daniella Dal Medico	16	AGB JHB	07/03/2020 SA National Aquatic Championship 2020
11	46:20.52	L	O	Hannah Szapira	16	WCA WCA	07/03/2020 SA National Aquatic Championship 2020
12	46:21.12	L	O	Shaelyn Walker	16	ECA NMA	07/03/2020 SA National Aquatic Championship 2020
13	46:37.00	L	F	Lize-Marie Davidson	AR	BLOT MAN	18/01/2020 Dischem Kovsie Aquatics Open Water
14	48:27.00	L	O	Ulriché Uys	16	NWUC KKD	08/12/2019 Cradle Moon Swim Challenge 2
15	49:54.53	L	O	Jessica Otto	16	AGB JHB	07/03/2020 SA National Aquatic Championship 2020
16*	50:09.00	L	F	Lizri Weyers	JR	BLOT MAN	18/01/2020 Dischem Kovsie Aquatics Open Water
16*	50:09.00	L	F	Savannah Van der Spuy	16	BLSS MAN	18/01/2020 Dischem Kovsie Aquatics Open Water
18	50:15.00	L	F	Anke Weyers	JR	BLOT MAN	18/01/2020 Dischem Kovsie Aquatics Open Water
19	51:09.93	L	O	Abigail Da Costa	16	AGB JHB	07/03/2020 SA National Aquatic Championship 2020
20	52:05.00	L	F	Kayleigh Geel	16	BLSS MAN	18/01/2020 Dischem Kovsie Aquatics Open Water
21	56:39.00	L	F	Zane' Engelbrecht	16	SASOL FDD	18/01/2020 Dischem Kovsie Aquatics Open Water

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
<b>Women 16 - 16 5000 Free</b>							
1	1:06:19.70	L	O	Hannah Murray	16	ROA EDD	13/10/2019 EC Swim Series OWS 1 2019
2	1:08:34.82	L	O	Chloe LE Roux	16	FSA FS	07/03/2020 SA National Aquatic Championship 2020
3	1:11:21.00	L	F	Megan De Wet	16	MWSC NGD	13/10/2019 OPEN WATER SWIM 1
4	1:12:23.70	L	O	Kerri-Lee Barnard	16	BEST NMA	12/01/2020 EC Swim Series OWS 4 2020
5	1:12:28.70	L	O	Shaelyn Walker	16	PEAS NMA	13/10/2019 EC Swim Series OWS 1 2019
6	1:14:27.00	L	F	Tanika Jones	16	SGUL ETH	30/11/2019 KZN Open Water
7	1:16:02.09	L	O	Morgan Ferriman	16	AGB JHB	07/03/2020 SA National Aquatic Championship 2020
8	1:16:15.02	L	O	Joanne Combrink	16	AGB JHB	07/03/2020 SA National Aquatic Championship 2020
9	1:24:30.00	L	O	Danje Obermeyer	16	CSA EZD	10/01/2020 2020 Grand Prix Invitation Swimming
10	1:25:56.77	L	O	Hannah Szapira	16	TYGE CPT	08/02/2020 WCA Open Water Swimming
<b>Women 16 - 16 7500 Free</b>							
1	1:39:18.70	L	O	Hannah Murray	16	ROA EDD	25/01/2020 NMBA OWS Championships 2020
2	1:51:55.91	L	O	Megan De Wet	16	MPS NGD	07/03/2020 SA National Aquatic Championship 2020
3	1:53:03.50	L	O	Kerri-Lee Barnard	16	BEST NMA	12/01/2020 EC Swim Series OWS 4 2020
<b>Women 16 - 16 50 Back</b>							
1	31.38	L	F	Grace Hudson	16	WATR JHB	26/09/2019 Aquabear Invitational Meet 2019
2	31.49	L	F	Caitlin De Lange	16	PAA FSH	18/10/2019 NTS Prestige Gala 2019
3	31.53	L	F	Sune Liebenberg	16	TUKS FSH	17/01/2020 NTS Janaury 2020 Age Group Gala
4	31.70	L	F	Jaime Storm	16	BEAV ETH	19/10/2019 T. GOLFINHOS SPRINT 2019-2020
5	31.80	L	F	Emma Franck	16	WATR JHB	05/12/2019 CGA Championships 2019
6	31.82	L	F	Magdalena Terblanche	16	GTC EZD	11/10/2019 MP AGE GROUP 2 - 11-12 October
7	32.02	L S	F	Lize-Marie Davidson	AR	BLOT MAN	26/11/2019 FS Champs
8	32.10	L	P	Liv Etzold	16	CAMPS CPT	01/12/2019 Western Cape Summer Championships
9	32.26	L	F	Lara Van Niekerk	16	PAC FSH	04/12/2019 NTS Championships 2019
10	32.49	L	F	Nina Ehrich	16	DDA FSH	04/12/2019 NTS Championships 2019
11	32.69	L	F	Kristin Lottering	16	NDSA ETH	21/06/2019 Illeembe Age Group Gala 1
12	32.79	L	P	Georgina Church	16	ACSA ETH	17/12/2019 KZNA Premier Provincial Championship
13	32.82	L S	F	Chloe LE Roux	16	BLNE MAN	26/11/2019 FS Champs
14	32.88	L	P	Therese Soukup	16	SGUL ETH	17/12/2019 KZNA Premier Provincial Championship
15	32.95	L S	F	Ellen Wille	16	ETTN ECU	05/12/2019 EGA Summer Championships 2019
16	33.01	L	F	Reese Harradine	16	PAC FSH	04/12/2019 NTS Championships 2019
17	33.03	L	P	Kelly Zwart	16	SEAL UMD	14/06/2019 2019 Michael Lohberg
18	33.25	L	F	Tammy Frylinck	16	WATR JHB	09/12/2019 SA Schools Swimming Championship
19	33.27	L	F	Danje Obermeyer	16	MPS NGD	19/10/2019 T. GOLFINHOS SPRINT 2019-2020
20	33.28	L	F	Brooklyn Croxon	16	UNIN MPD	29/11/2019 Mpumalanga Championships 2019
21	33.31	L S	P	Angela Ncube	16	WSS FDD	17/12/2019 KZNA Premier Provincial Championship
22	33.32	L	F	Kerri - Lee HITGE	16	DORE JHB	05/12/2019 CGA Championships 2019
23	33.33	L	F	Emma Divall	16	SGUL ETH	23/11/2019 KZN TYR Westville Sprints 2019
24	33.36	L S	F	Guilma Lausberg	16	BLSS MAN	26/11/2019 FS Champs
25	33.37	L	F	Laura van der Merwe	16	MPS NGD	19/10/2019 T. GOLFINHOS SPRINT 2019-2020
26	33.47	L	F	Layla Vahed	16	VIKI BUF	26/09/2019 Aquabear Invitational Meet 2019
27	33.49	L	F	Mikyla Burger	16	PAC FSH	18/10/2019 NTS Prestige Gala 2019
28	33.60	L	F	Zanje van Rensburg	16	HREF BPD	05/12/2019 NWS Championships 2019/2020
29	33.70	L	F	Laela Masson	16	PLAY CED	01/12/2019 Western Cape Summer Championships
30	33.72	L	F	Joane Meintjies	AR	BLOT MAN	25/01/2020 Mangaung Classic Gala 2020
31	33.86	L	F	Megan De Wet	16	MWSC NGD	29/11/2019 Mpumalanga Championships 2019
32	33.91	L	P	Brooklyn Harvey	16	AZON ETH	17/12/2019 KZNA Premier Provincial Championship
33	33.93	L	F	Hannah Andraos	16	TUKS FSH	18/10/2019 NTS Prestige Gala 2019
34	34.03	L	F	Zanli Klopper	16	AQUB NMA	29/11/2019 NMBA Championships 2019
35	34.07	L	P	Alexia Young	16	PEAS NMA	26/09/2019 Aquabear Invitational Meet 2019
36	34.21	L	F	Tayla Parker	16	SWIFT ECU	19/10/2019 EGA Summer 3 2019
37	34.30	L	F	Kaylyn Leach	16	BOKS ECU	31/08/2019 Adrian Grafe Speedo Sprint Meet
38	34.31	L	F	Erica Sibande	16	UNIN MPD	14/09/2019 MP Sprint Gala - 14 September 2019
39	34.37	L	F	Christy-Anne Peers	16	DRGN JHB	05/12/2019 CGA Championships 2019
40	34.46	L	P	Jewell Pelsler	16	TUKS FSH	04/12/2019 NTS Championships 2019
41	34.59	L	P	Tane Coetzer	16	TUKS FSH	04/12/2019 NTS Championships 2019
42	34.60	L	F	Marnel Jv Rensburg	16	PSC FSH	04/12/2019 NTS Championships 2019

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
43	34.62 L	F	Teagan Jose	16	AFIN JHB	05/12/2019	CGA Championships 2019
44	34.67 L	F	Marinet vd Walt	16	MPS NGD	09/12/2019	SA Schools Swimming Championship
45	34.68 L	F	Megan Shepherd	16	ELEC JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
46	34.70 L	F	Abigail Swanepoel	16	RSA	20/02/2020	CANA Zone IV Championships
47	34.89 L	F	Trinity Pillay	16	KZNA ETH	09/12/2019	SA Schools Swimming Championship
48	34.96 L	F	Hannah Szapira	16	TYGE CPT	01/11/2019	38th Freda Barnard Invitational Gala
49	34.97 L	F	Mia Viljoen	16	UNIN MPD	29/11/2019	Mpumalanga Championships 2019
50	34.98 L	P	Annika Fechter	16	PAC TSH	04/12/2019	NTS Championships 2019
51	35.03 L	F	Elizabeth Ballack	16	BLUO UGD	15/02/2020	KZN Aquatics Level 2 Provincial
52	35.04 L	P	Carla Kretzschmar	16	BLUO UGD	17/12/2019	KZNA Premier Provincial Championship
53	35.06 L S	F	Cara Hickling	DR	BLOT MAN	26/11/2019	FS Champs
54	35.08 L	F	Marjone De Beer	16	EAGA CCD	29/11/2019	Limpopo Champs
55	35.23 L	F	Kiara Oellermann	16	CRSC JHB	05/12/2019	CGA Championships 2019
56	35.24 L	P	Carmel Lombard	16	SEAL UMD	17/12/2019	KZNA Premier Provincial Championship
57	35.43 L	F	Serante Subramanian	16	PSCP UMD	15/02/2020	KZN Aquatics Level 2 Provincial
58	35.48 L	F	Paige Nicholson	16	ACSA ETH	03/08/2019	eThekwi Age Group Gala 4
59*	35.55 L	F	Kayleigh Theron	16	WATR JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
59*	35.55 L S	F	Inge Steyn	16	DYNA EKU	05/12/2019	EGA Summer Championships 2019
61	35.63 L	F	Sophia Sichtnik	16	ELEC JHB	21/09/2019	CGA SANJ/Level 3 Gala No 1
62	35.71 L	F	Izabella Gomes	16	WATR JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
63	35.75 L	F	Arianne Bauer	16	FISH EDD	01/11/2019	38th Freda Barnard Invitational Gala
64	35.94 L	F	Aimee-Jane Jephthah	16	PAQU CED	22/02/2020	Swartland Invitational Gala 2
65	35.96 L	F	Jordyn Govender	16	TRIDE ETH	23/11/2019	KZN TYR Westville Sprints 2019
66	36.00 L	F	Melanie Daniel	16	KZNA ETH	09/12/2019	SA Schools Swimming Championship
67	36.03 L	F	Tyla Campbell	16	MDOL JHB	31/08/2019	Adrian Grafe Speedo Sprint Meet
68	36.04 L	P	Alexa Barnard	16	INFA NMA	26/09/2019	Aquabear Invitational Meet 2019
69	36.12 L	F	Sydney Munks	16	BOKS EKU	19/10/2019	EGA Summer 3 2019
70	36.14 L	F	Miné Maritz	16	HSBV SKD	17/09/2019	Limpopo Interhoer (Waterberg distrik)
71	36.17 L	P	Monique Du Toit	16	PEAS NMA	26/09/2019	Aquabear Invitational Meet 2019
72	36.19 L	F	Casey Smith	16	PAC TSH	07/09/2019	2019 Hillcrest Sprint Gala 13/O
73	36.23 L	F	Anna Frankenfeld	16	UNIQ JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
74	36.31 L	F	Sandree Carolus	16	WATR JHB	05/12/2019	CGA Championships 2019
75	36.33 L	F	Jessica Otto	16	MDOL JHB	05/12/2019	CGA Championships 2019
76	36.34 L	F	Danika Uys	VR	PSA ZLD	25/01/2020	Ushaka Championship Gala 2020
77	36.36 L	P	Shaelyn Walker	16	AQUB NMA	26/09/2019	Aquabear Invitational Meet 2019
78	36.41 L	F	Clarissa Liebenberg	16	MPS NGD	09/12/2019	SA Schools Swimming Championship
79	36.44 L	P	Georgina Butcher	16	SEAL UMD	17/12/2019	KZNA Premier Provincial Championship
80	36.52 L	F	Jani Vd Merwe	16	AQ44 WCD	02/11/2019	Swartland Invitational #1
81	36.61 L S	F	Tayla Ashton	16	H2O EKU	05/12/2019	EGA Summer Championships 2019
82	36.64 L	F	Lillian Dixon	16	TUKS TSH	17/01/2020	NTS Janaury 2020 Age Group Gala
83*	36.66 L	F	Michelle Van Heerden	16	KNYD EDD	05/10/2019	EDEN District School Trials 2019
83*	36.66 L	F	Louise Le Sueur	16	BCA BUF	18/01/2020	CTA INTER DISTRICT PRESTIGE
85	36.67 L	F	Fathima Moola	16	BCA BUF	18/01/2020	CTA INTER DISTRICT PRESTIGE
86	36.79 L	F	Danika Janssen	16	DDA TSH	01/11/2019	NTS November 2019 Age Group Gala
87	36.81 L S	F	Nicole Dreyer	DR	BLOT MAN	26/11/2019	FS Champs
88	36.84 L	F	Kristen Klinkert	16	HSTAN MPD	16/09/2019	Limpopo Interhoer (Mopani Distrik)
89	37.00 L S	F	Zane Snyman	16	BLNE MAN	26/11/2019	FS Champs
90	37.06 L	F	Marizelle Schoeman	16	HSBV SKD	09/11/2019	Limpopo Age Group 5
91	37.09 L	F	Kyla Maartens	16	PSCP UMD	15/02/2020	KZN Aquatics Level 2 Provincial
92	37.12 L	F	Siona Maistrellis	16	TUKS TSH	30/08/2019	NTS August 2019 Age Group Gala Level
93	37.24 L	F	Caitlin-leigh Watts	16	CRSC JHB	05/12/2019	CGA Championships 2019
94	37.27 L	F	Mikella Calinikos	16	AZON ETH	23/11/2019	KZN TYR Westville Sprints 2019
95	37.32 L	F	Daniella Dal Medico	16	SODO JHB	07/09/2019	2019 Hillcrest Sprint Gala 13/O
96	37.34 L	F	Hayley Zeller	16	ELEC JHB	05/12/2019	CGA Championships 2019
97	37.38 L	F	Marjean Van Zyl	TR	PSA ZLD	15/02/2020	KZN Aquatics Level 2 Provincial
98	37.41 L	F	Marinel Muller	16	HPP WBD	17/09/2019	Limpopo Interhoer (Waterberg distrik)
99	37.45 L	F	Amidre Snyman	DR	BLOT MAN	27/09/2019	Neptunes Open Gala
100	37.67 L	F	Stacey McCulloch	16	ONYX EKU	19/10/2019	EGA Summer 3 2019
101	37.72 L	F	Micheline Chetty	16	ESTR EKU	26/10/2019	2019 OR Tambo/Soncini Games



## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
102*	37.76	L	F	Victoria Kruger	16	NWUC KKD	15/02/2020 NWS Last Chance AG5 1920
102*	37.76	L	F	Emmerentia Vorster	16	HPP WBD	15/10/2019 Limpopo Top 10 - High Schools
104	37.78	L S	F	Danielle Immelman	16	FAACP PSD	26/11/2019 FS Champs
105	37.93	L	F	Kerri-Lee Barnard	16	PEAR NMA	26/10/2019 1st B Age Group Gala & EC Schools
106	37.95	L	F	Izani Van Der Merwe	16	NHS MP	19/02/2020 Inter High School Gala - 19 February
107	38.03	L S	F	Kerrin Burgess	16	ESP EKU	05/12/2019 EGA Summer Championships 2019
108	38.17	L	F	Christine Mbite	16	PEPPS CCD	05/10/2019 Limpopo Age Group 4 & School Champs
109	38.21	L S	F	Kayleigh Geel	16	BLSS MAN	26/11/2019 FS Champs
110	38.27	L	F	Kyra Walker	16	CRSC JHB	05/12/2019 CGA Championships 2019
111	38.28	L	P	Skye Hieckmann	16	CUDU CPT	26/09/2019 Aquabear Invitational Meet 2019
112	38.35	L	F	Morgan Ferriman	16	ELEC JHB	21/09/2019 CGA SANJ/Level 3 Gala No 1
113	38.48	L	F	Anika Weyers	16	PAC TSH	29/11/2019 2019 The Tshwane Mayoral Gala
114	38.63	L	F	Lauren Singery	16	AA JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
115	38.78	L	F	Wine' Koekemoer	16	BLUO UGD	23/11/2019 KZN TYR Westville Sprints 2019
116	38.81	L S	F	Hannalize Swanepoel	16	BLNE MAN	26/11/2019 FS Champs
117	38.88	L	P	Zoe Ioannides	16	INFA NMA	26/09/2019 Aquabear Invitational Meet 2019
118	39.00	L	F	Megan Daniel	16	TUKS TSH	16/08/2019 NTS August 2019 Age Group Gala Level
119	39.02	L	F	Enya Engelbrecht	DR	BLOT MAN	30/08/2019 Kovsie Aquatics Gala 2019
120	39.07	L	F	Diantha Thambiran	16	DRGN JHB	05/12/2019 CGA Championships 2019
121	39.14	L S	F	Zoe Leipoldt	16	BLSS MAN	26/11/2019 FS Champs
122	39.22	L	F	Emma Branco-Lizen	16	AQU ADJ	21/02/2020 Amajuba District Long Course
123	39.35	L	F	Charlize Coetzee	16	TRAZ TSH	12/10/2019 NTS Oct 2019 Age Group Gala
124	39.45	L S	F	Zane' Engelbrecht	16	SASOL FDD	26/11/2019 FS Champs
125	39.55	L	F	Lene Broere	16	SRSC FBD	18/01/2020 Good Hope Gala 2020
126	39.63	L	F	Brittney van Vuuren	16	MGSC UGD	23/11/2019 KZN TYR Westville Sprints 2019
127	39.74	L	F	Jeanné vd Merwe	16	NWUC KKD	09/11/2019 NWS Age Group 2 1920
128	39.80	L S	F	Lizri Weyers	JR	BLOT MAN	26/11/2019 FS Champs
129	39.86	L S	F	Jade Otto	16	ONYX EKU	05/12/2019 EGA Summer Championships 2019
130*	39.88	L	F	Jacoba Kotzè	16	CUDU CPT	19/10/2019 Winelands Senior League 4 - 19 Oct
130*	39.88	L	F	Naomi Olivier	16	ACSA ETH	03/08/2019 eThekweni Age Group Gala 4
132	40.01	L S	F	Abigail Rosendorff	16	BLNE MAN	26/11/2019 FS Champs
133	40.07	L S	F	Kayleigh Mc Ardle	16	WSS FDD	26/11/2019 FS Champs
134	40.08	L	P	Tanya Verster	16	BAR EZD	29/11/2019 Mpumalanga Championships 2019
135	40.16	L	F	Imke van Wyk	16	BULS MAN	30/08/2019 Kovsie Aquatics Gala 2019
136	40.35	L S	F	Anke Weyers	JR	BLOT MAN	26/11/2019 FS Champs
137	40.41	L	F	Electra Barbas	16	DYNA EKU	19/10/2019 EGA Summer 3 2019
138	40.42	L	F	Thilize Vd Heever	16	HWBA WBD	17/09/2019 Limpopo Interhoer (Waterberg distrik)
139	40.67	L	F	Tawananyasha Makudo	16	ISSC NMD	09/11/2019 NWS Age Group 2 1920
140	40.72	L S	F	Asté Olivier	16	DYNA EKU	05/12/2019 EGA Summer Championships 2019
141	40.74	L	F	Anika Bezuidenhout	16	HBV MPD	05/10/2019 Limpopo Age Group 4 & School Champs
142	40.96	L	F	Allisson Maguire	16	BLSS MAN	25/01/2020 Mangaung Classic Gala 2020
143	41.02	L	F	Brooklyn Klaasen	16	CAMB BUF	26/10/2019 1st B Age Group Gala & EC Schools
144	41.36	L	F	Reece Welgemoed	16	ESTR EKU	19/10/2019 EGA Summer 3 2019
145	41.41	L	F	Mia Jardim	16	SOUL EKU	31/08/2019 Adrian Grafe Speedo Sprint Meet
146	41.52	L	F	Kelly Spencer	16	SOUL EKU	19/10/2019 EGA Summer 3 2019
147	41.88	L	F	Hestia Erwee	16	RFA TSH	29/11/2019 2019 The Tshwane Mayoral Gala
148	41.94	L	F	Taylin Cronk	16	H2O EKU	19/10/2019 EGA Summer 3 2019
149	42.07	L	F	Jana Truter	16	AQ44 WCD	02/11/2019 Swartland Invitational #1
150	42.21	L S	F	Savannah Van der Spuy	16	BLSS MAN	26/11/2019 FS Champs
151*	42.40	L	F	Michelle Steenekamp	16	AA JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
151*	42.40	L	F	Teaghan Wafer	16	FSE KCD	12/10/2019 KCDA October Age Group Gala 2019
153	42.43	L	F	Clarice Rothman	16	WELA FDD	30/08/2019 Kovsie Aquatics Gala 2019
154	42.50	L S	F	Jenna-Jade Beeton	16	ESTR EKU	05/12/2019 EGA Summer Championships 2019
155	42.67	L	F	Morgan Vermeulen	16	SWIFT EKU	19/10/2019 EGA Summer 3 2019
156	42.84	L	F	Nicole Mogajane	16	ISSC NMD	15/02/2020 NWS Last Chance AG5 1920
157	43.10	L	F	Lara Venter	16	SASOL FDD	14/09/2019 Fezile Dabi Age Group
158	43.24	L	P	Zarlia Engelbrecht	16	KSC EZD	29/11/2019 Mpumalanga Championships 2019
159	43.25	L	F	Jomari De Beer	16	HMER MPD	15/10/2019 Limpopo Top 10 - High Schools
160	43.80	L	F	Rose Van Eeden	16	CUR MP	19/02/2020 Inter High School Gala - 19 February

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
161	43.91 L	F	Renée Fourie	16	PAC TSH	12/10/2019	NTS Oct 2019 Age Group Gala
162	44.03 L	F	Chane Louw	16	FAAC FBD	25/10/2019	Flamingo Aquatics Academy Prestige
163	44.30 L	F	Robyn Spies	16	PENC MP	19/02/2020	Inter High School Gala - 19 February
164	44.33 L	F	Cara Pieterse	16	HFM WBD	05/10/2019	Limpopo Age Group 4 & School Champs
165	44.71 L	F	Tahlia De Wet	16	FISHS EDD	01/11/2019	38th Freda Barnard Invitational Gala
166	45.28 L	F	Carmen Gilbert	16	UPTS ZMD	05/12/2019	NCASA Champs Dec 2019
167	45.63 L	F	Tshegofatso Makudubele	16	SWAG KKD	09/11/2019	NWS Age Group 2 1920
168	45.93 L	F	Kayla Jacobs	16	SRAY BUF	07/02/2020	BCA Feb Age Group Gala 2020
169	46.15 L	F	Rene Parker	16	RPAC EKU	31/08/2019	Adrian Grafe Speedo Sprint Meet
170*	46.31 L	F	Corli-Maré Griffioen	16	FISHS EDD	26/10/2019	EDEN 2nd A-League Gala 2019
170*	46.31 L	F	Kanya Steenkamp	16	HFDT MPD	16/09/2019	Limpopo Interhoer (Mopani Distrik)
172	46.40 L	F	Safiyya Sayed	16	DBSC SDD	15/02/2020	EGA Last Chance Feb 2020
173	46.75 L	F	Quinelle Blaauw	16	HFM WBD	17/09/2019	Limpopo Interhoer (Waterberg distrik)
174	46.90 L	F	Camilla Alexander	16	UPC MP	19/02/2020	Inter High School Gala - 19 February
175	48.58 L	F	Kirsten Rankin	16	TLAC BPD	15/02/2020	NWS Last Chance AG5 1920
176	48.72 L	F	Lereisa Sagadevan	16	WVAQ ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
177	48.97 L	F	Asiphesona Handile	16	PEAS NMA	14/06/2019	PEA Winter Gala
178	49.03 L	F	Armane Pretorius	16	UPTS ZMD	21/02/2020	NCASA Sprints 2020
179	49.11 L	F	Xivono Chauke	16	ESP EKU	08/03/2020	Aquatics Gauteng Level 1
180	49.13 L	F	Isabella Twala	16	HE WBD	15/10/2019	Limpopo Top 10 - High Schools
181	49.89 L	F	Karlène Ludik	16	KTS JTD	16/11/2019	NCASA Age Group 3 2019 KTU
182	50.30 L	F	alicia geelboom	16	HEIDE MAN	25/01/2020	Mangaung Classic Gala 2020
183	50.38 L	F	Simone Pretorius	16	UPTS ZMD	21/02/2020	NCASA Sprints 2020
184	51.29 L	F	Lara Prinsloo	16	DBSC SDD	26/10/2019	2019 OR Tambo/Soncini Games
185	51.51 L	F	Angelica Kannemeyer	16	CBC FBD	08/11/2019	NCASA Age Group 2 KBY 2019
186	52.72 L	F	Kelita Scholtz	16	UPTS ZMD	11/01/2020	NCASA Age Group 4 UP 2019-2020
187	54.73 L	F	Gomolemo Jengece	16	WRAN WRD	26/10/2019	2019 OR Tambo/Soncini Games
188	55.47 L	F	Alberta Manjate	16	PENC MP	19/02/2020	Inter High School Gala - 19 February
189	57.65 L	F	Nazley Jacobs	16	ISSC NMD	15/02/2020	NWS Last Chance AG5 1920
190	58.88 L	F	Fundiswa Ngcongwane	16	HSS NGD	11/10/2019	MP AGE GROUP 2 - 11-12 October
191	59.47 L	F	Rhaushaan Webster	16	WRAN WRD	26/10/2019	2019 OR Tambo/Soncini Games
192	1:01.40 L	F	Bridget Ndlamini	16	WSS FDD	27/09/2019	Neptunes Open Gala
193	1:02.38 L	F	Sikhonzile Sibiya	16	DBSC SDD	26/10/2019	2019 OR Tambo/Soncini Games
194	1:12.41 L	F	Emihle Manganye	16	KHS BUF	14/03/2020	BCA Level 1 Gala 2020
<b>Women 16 - 16 100 Back</b>							
1	1:06.57 L	F	Grace Hudson	16	RSA	11/09/2019	13th CANA Junior African
2	1:08.20 L	F	Sune Liebenberg	16	NWS	01/02/2020	NTS Invitational Gala 2020
3	1:08.28 L	F	Lize-Marie Davidson	AR	BLOT MAN	26/09/2019	Aquabear Invitational Meet 2019
4	1:08.35 L	P	Jaime Storm	16	BEAV ETH	17/12/2019	KZNA Premier Provincial Championship
5	1:08.92 L	P	Emma Franck	16	WATR JHB	21/02/2020	2020 Grand Prix Invitational Swimming
6	1:09.55 L	F	Chloe LE Roux	16	BLNE MAN	26/11/2019	FS Champs
7	1:09.64 L	F	Magdalena Terblanche	16	GTC EZD	29/11/2019	Mpumalanga Championships 2019
8	1:09.82 L	F	Therese Soukup	16	SGUL ETH	17/12/2019	KZNA Premier Provincial Championship
9	1:09.91 L	P	Liv Etzold	16	CAMPS CPT	31/01/2020	2020 Grand Prix Invitational Swimming
10	1:09.96 L	P	Georgina Church	16	ACSA ETH	17/12/2019	KZNA Premier Provincial Championship
11	1:09.98 L	F	Guilma Lausberg	16	BLSS MAN	30/08/2019	Kovsie Aquatics Gala 2019
12	1:10.09 L	P	Brooklyn Harvey	16	AZON ETH	17/12/2019	KZNA Premier Provincial Championship
13	1:10.75 L S	F	Reese Harradine	16	PAC TSH	04/12/2019	NTS Championships 2019
14	1:11.11 L	F	Brooklyn Croxon	16	UNIN MPD	29/11/2019	Mpumalanga Championships 2019
15	1:11.12 L	F	Tammy Frylinck	16	WATR JHB	09/12/2019	SA Schools Swimming Championship
16	1:11.36 L	F	Megan De Wet	16	MWSC NGD	29/11/2019	Mpumalanga Championships 2019
17	1:11.53 L	P	Kristin Lottering	16	NDSA ETH	17/12/2019	KZNA Premier Provincial Championship
18	1:11.69 L	F	Joane Meintjies	AR	BLOT MAN	31/01/2020	Neptune Last Chance Gala
19	1:11.80 L	F	Kelly Zwart	16	SEAL UMD	17/12/2019	KZNA Premier Provincial Championship
20	1:11.84 L	F	Ellen Wille	16	ETTN EKU	15/02/2020	EGA Last Chance Feb 2020
21	1:11.86 L	F	Gabriella Moll	16	WATR JHB	26/09/2019	Aquabear Invitational Meet 2019
22	1:11.92 L	F	Mikyla Burger	16	PAC TSH	18/10/2019	NTS Prestige Gala 2019
23	1:11.96 L	F	Mia Vd Walt	16	MATI CED	01/12/2019	Western Cape Summer Championships
24	1:11.99 L S	F	Tane Coetzer	16	TUKS TSH	04/12/2019	NTS Championships 2019

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
25	1:12.11	L S	P	Nina Ehrich	16	DDA	FSH	04/12/2019	NTS Championships 2019
26	1:12.23	L S	F	Hannah Andraos	16	TUKS	FSH	04/12/2019	NTS Championships 2019
27	1:12.24	L	F	Abigail Swanepoel	16	RSA		20/02/2020	CANA Zone IV Championships
28	1:12.48	L	F	Kerri - Lee HITGE	16	DORE	JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1
29	1:12.86	L	F	Paige Nicholson	16	ACSA	ETH	28/02/2020	NDSA Gala 2020
30	1:13.18	L	F	Zanli Klopper	16	AQUB	NMA	29/11/2019	NMBA Championships 2019
31	1:13.21	L	P	Amanda Vroon	16	TYGE	CPT	01/12/2019	Western Cape Long Course
32*	1:13.27	L	F	Christy-Anne Peers	16	DRGN	JHB	15/02/2020	EGA Last Chance Feb 2020
32*	1:13.27	L	F	Cara Hickling	DR	BLOT	MAN	26/11/2019	FS Champs
34	1:13.35	L	F	Annika Fechter	16	PAC	FSH	30/08/2019	NTS August 2019 Age Group Gala Level
35	1:13.42	L	F	Zanje van Rensburg	16	HREF	BPD	15/02/2020	NWS Last Chance AG5 1920
36	1:13.57	L	F	Megan Shepherd	16	ELEC	JHB	09/12/2019	SA Schools Swimming Championship
37	1:13.74	L	F	Laura van der Merwe	16	NSA	EZD	29/02/2020	MP AGE GROUP 6 - 29 FEBRUARY
38	1:14.17	L	F	Marnel Jv Rensburg	16	PSC	FSH	14/02/2020	NTS February 2020 Age Group Gala
39	1:14.34	L	F	Hannah Szapira	16	TYGE	CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
40	1:14.35	L	F	Aimeè Scott	16	TYGE	CPT	01/12/2019	Western Cape Summer Championships
41	1:14.38	L	P	Alexia Young	16	PEAS	NMA	26/09/2019	Aquabear Invitational Meet 2019
42	1:14.39	L	F	Carla Kretschmar	16	BLUO	UGD	23/11/2019	KZN TYR Westville Sprints 2019
43	1:14.89	L	P	Carmel Lombard	16	SEAL	UMD	17/12/2019	KZNA Premier Provincial Championship
44	1:14.97	L	F	Teagan Jose	16	AFIN	JHB	19/10/2019	EGA Summer 3 2019
45	1:15.27	L	F	Marjone De Beer	16	PHS	CCD	05/10/2019	Limpopo Age Group 4 & School Champs
46	1:15.44	L	F	Hannah Murray	16	ROA	EDD	14/06/2019	PEA Winter Gala
47	1:15.52	L	F	Simoné De Beer	16	GTC	EZD	11/10/2019	MP AGE GROUP 2 - 11-12 October
48	1:15.53	L	F	Inge Steyn	16	DYNA	EKU	15/02/2020	EGA Last Chance Feb 2020
49	1:15.77	L	F	Arianne Bauer	16	FISH	EDD	06/12/2019	Eden LC Champs 2019
50	1:15.79	L	P	Aimeè-Jane Jephthah	16	PAQU	GED	31/01/2020	2020 Grand Prix Invitational Swimming
51	1:15.84	L	F	Tayla Parker	16	SWIFT	EKU	19/10/2019	EGA Summer 3 2019
52	1:15.87	L	F	Layla Vahed	16	SELC	BUF	26/10/2019	1st B Age Group Gala & EC Schools
53	1:15.99	L	F	Tyla Campbell	16	MDOL	JHB	14/02/2020	NTS February 2020 Age Group Gala
54	1:16.31	L	F	Kaylyn Leach	16	BOKS	EKU	05/12/2019	EGA Summer Championships 2019
55	1:16.40	L S	P	Bianca Windt	16	TUKS	FSH	04/12/2019	NTS Championships 2019
56	1:16.41	L S	P	Jewell Pelser	16	TUKS	FSH	04/12/2019	NTS Championships 2019
57	1:16.59	L	F	Marinet vd Walt	16	MPS	NGD	09/12/2019	SA Schools Swimming Championship
58*	1:16.70	L	F	Mia Viljoen	16	UNIN	MPD	29/11/2019	Mpumalanga Championships 2019
58*	1:16.70	L	F	Jessica Wilcocks	16	PAC	FSH	14/02/2020	NTS February 2020 Age Group Gala
60	1:16.86	L	F	Serante Subramanian	16	PSCP	UMD	23/11/2019	KZN TYR Westville Sprints 2019
61	1:17.06	L	F	Angela Ncube	16	WSS	FDD	02/11/2019	Fezile Dabi Inter District Gala 2019
62	1:17.13	L	F	Trinity Pillay	16	ACSA	ETH	15/02/2020	KZN Aquatics Level 2 Provincial
63	1:17.38	L	F	Erica Sibande	16	UNIN	MPD	14/09/2019	MP Sprint Gala - 14 September 2019
64	1:17.60	L	F	Jordyn Govender	16	TRIDE	ETH	23/11/2019	KZN TYR Westville Sprints 2019
65	1:18.09	L	F	Melanie Daniel	16	AZON	ETH	23/11/2019	KZN TYR Westville Sprints 2019
66	1:18.12	L	F	Anna Frankenfeld	16	UNIQ	JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
67	1:18.15	L	F	Katherine Bowmaker	16	PSCP	UMD	23/11/2019	KZN TYR Westville Sprints 2019
68	1:18.22	L S	P	Daniella Dal Medico	16	SODO	JHB	04/12/2019	NTS Championships 2019
69	1:18.38	L	F	Hannah Scott	16	BLUO	UGD	15/02/2020	KZN Aquatics Level 2 Provincial
70	1:18.40	L	F	Kayleigh Theron	16	WATR	JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
71	1:18.49	L	F	Danje Obermeyer	16	MPS	NGD	19/10/2019	T. GOLFINHOS SPRINT 2019-2020
72	1:18.51	L	F	Joanne Combrink	16	WATR	JHB	21/09/2019	CGA SANJ/Level 3 Gala No 1
73	1:18.58	L	F	Morgan Ferriman	16	ELEC	JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
74	1:18.64	L	F	Lillian Dixon	16	TUKS	FSH	29/11/2019	2019 The Tshwane Mayor's Gala
75	1:18.66	L	F	Tanya Joubert	16	PSCP	UMD	23/11/2019	KZN TYR Westville Sprints 2019
76	1:18.86	L	F	Shaelyn Walker	16	AQUB	NMA	10/08/2019	1st A League 2019
77	1:18.95	L	F	Sydney Munks	16	BOKS	EKU	05/12/2019	EGA Summer Championships 2019
78	1:19.56	L	P	Kerri-Lyn Claase	16	DYNA	EKU	05/12/2019	EGA Summer Championships 2019
79	1:19.65	L	F	Elizabeth Ballack	16	BLUO	UGD	23/11/2019	KZN TYR Westville Sprints 2019
80	1:19.67	L	F	Jessica Otto	16	MDOL	JHB	19/10/2019	EGA Summer 3 2019
81	1:19.90	L	F	Nicole Dreyer	DR	BLOT	MAN	26/11/2019	FS Champs
82	1:20.00	L	F	Izabella Gomes	16	WATR	JHB	18/01/2020	CGA Last Chance Level 3-SANJ gala
83	1:20.09	L	F	Clarissa Liebenberg	16	NWUC	KKD	05/12/2019	NWS Championships 2019/2020

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
84	1:20.10	L	F	Jenna Reynders	16	BON	JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
85	1:20.11	L	F	Louise Le Sueur	16	QUIC	CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
86	1:20.95	L	F	Zane Snyman	16	BLNE	MAN	26/11/2019 FS Champs
87	1:21.23	L	F	Jani Vd Merwe	16	AQ44	WCD	29/02/2020 WCA Junior Champs - 2020
88	1:21.27	L	F	Kyla Maartens	16	PSCP	UMD	15/02/2020 KZN Aquatics Level 2 Provincial
89	1:21.48	L	F	Mieke Greyling	16	HPP	WBD	17/09/2019 Limpopo Interhoer (Waterberg distrik)
90	1:21.49	L	F	Eryn Meiklejohn	16	DRGN	JHB	15/02/2020 EGA Last Chance Feb 2020
91	1:21.59	L	F	Katelyn Fletcher	16	TUKS	FSH	12/10/2019 NTS Oct 2019 Age Group Gala
92	1:21.62	L	F	Miné Maritz	16	HSBV	SKD	17/09/2019 Limpopo Interhoer (Waterberg distrik)
93	1:22.00	L	P	Fathima Moola	16	SRAY	BUF	26/09/2019 Aquabear Invitational Meet 2019
94	1:22.05	L	F	Alexa Barnard	16	INFA	NMA	21/02/2020 Infinity Champs LC Gala
95	1:22.33	L	F	Megan Daniel	16	TUKS	FSH	12/10/2019 NTS Oct 2019 Age Group Gala
96*	1:22.41	L	F	Marjean Van Zyl	TR	PSA	ZLD	15/02/2020 KZN Aquatics Level 2 Provincial
96*	1:22.41	L	F	Stacey McCulloch	16	ONYX	EKU	14/09/2019 EGA Summer 1 2019
98	1:22.63	L	F	Carmen Berg	16	ASAC	CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
99	1:22.73	L	F	Victoria Kruger	16	NWUC	KKD	15/02/2020 NWS Last Chance AG5 1920
100	1:22.75	L	F	Kristen Klinkert	16	HSTAN	MPD	16/09/2019 Limpopo Interhoer (Mopani Distrik)
101	1:22.76	L	F	Kerri-Lee Barnard	16	PEAR	NMA	26/10/2019 1st B Age Group Gala & EC Schools
102	1:22.79	L	P	Morgan Amery-Bosman	16	CYBE	CPT	01/12/2019 Western Cape Long Course
103	1:22.88	L	F	Kayleigh Geel	16	BLSS	MAN	26/11/2019 FS Champs
104	1:22.93	L	F	Kerrin Burgess	16	ESP	EKU	14/09/2019 EGA Summer 1 2019
105	1:23.03	L	F	Refentse Ruele	16	DRGN	JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
106	1:23.04	L	F	Diantha Thambiran	16	DRGN	JHB	15/02/2020 EGA Last Chance Feb 2020
107	1:23.07	L	F	Amidre Snyman	DR	BLOT	MAN	31/01/2020 Neptune Last Chance Gala
108	1:23.21	L	F	Angelina Audagnotti	16	HARB	BPD	27/09/2019 NTS September 2019 Age Group Gala
109	1:23.30	L	F	Lauren Singery	16	AA	JHB	22/02/2020 CGA Level 2 Last Chance Gala - Day 1
110	1:23.98	L	F	Jade Otto	16	ONYX	EKU	15/02/2020 EGA Last Chance Feb 2020
111	1:24.07	L	F	Kyra Walker	16	CRSC	JHB	22/02/2020 CGA Level 2 Last Chance Gala - Day 1
112*	1:24.56	L	P	Skye Hieckmann	16	CUDU	CPT	26/09/2019 Aquabear Invitational Meet 2019
112*	1:24.56	L	F	Zane' Engelbrecht	16	SASOL	FDD	26/11/2019 FS Champs
114	1:24.70	L	F	Brittney van Vuuren	16	MGSC	UGD	23/11/2019 KZN TYR Westville Sprints 2019
115	1:24.81	L	F	Keira Brown	16	TUKS	FSH	12/10/2019 NTS Oct 2019 Age Group Gala
116	1:24.95	L	F	Anika Weyers	16	PAC	FSH	29/11/2019 2019 The Tshwane Mayoral Gala
117	1:25.18	L	F	Emmerentia Vorster	16	HPP	WBD	17/09/2019 Limpopo Interhoer (Waterberg distrik)
118	1:25.56	L	P	Jacoba Kotzè	16	CUDU	CPT	26/09/2019 Aquabear Invitational Meet 2019
119	1:25.57	L	F	Wine' Koekemoer	16	BLUO	UGD	15/02/2020 KZN Aquatics Level 2 Provincial
120	1:25.67	L	F	Lizri Weyers	JR	BLOT	MAN	26/11/2019 FS Champs
121	1:26.15	L	F	Danielle Immelman	16	FAAC	FBD	21/02/2020 NCASA Sprints 2020
122	1:26.25	L	F	Brooklyn Klaasen	16	AQUA	BUF	22/11/2019 BCA Long Course Championships 2019
123	1:26.30	L	F	Charlize Coetzee	16	TRAZ	FSH	12/10/2019 NTS Oct 2019 Age Group Gala
124	1:26.93	L	F	Electra Barbás	16	DYNA	EKU	26/10/2019 2019 OR Tambo/Soncini Games
125	1:27.18	L	F	Hannalize Swanepoel	16	BLNE	MAN	26/11/2019 FS Champs
126	1:27.21	L	F	Abigail Rosendorff	16	BLNE	MAN	31/01/2020 Neptune Last Chance Gala
127	1:27.45	L	F	Naomi Olivier	16	ACSA	ETH	20/07/2019 eThekweni Age Group Gala 3
128	1:27.47	L	F	Danika Janssen	16	DDA	FSH	29/11/2019 2019 The Tshwane Mayoral Gala
129	1:27.79	L	F	Anke Weyers	JR	BLOT	MAN	26/11/2019 FS Champs
130	1:28.28	L	P	Mia Jardim	16	SOUL	EKU	05/12/2019 EGA Summer Championships 2019
131*	1:28.60	L	F	Lene Broere	16	SRSC	FBD	05/12/2019 NCASA Champs Dec 2019
131*	1:28.60	L	F	Kayleigh Mc Ardle	16	WSS	FDD	31/01/2020 Neptune Last Chance Gala
133	1:28.83	L	F	Savannah Van der Spuy	16	BLSS	MAN	30/08/2019 Kopsie Aquatics Gala 2019
134	1:28.99	L	F	Marizelle Ferreira	16	ASAW	CED	04/10/2019 CTA TYR QUALIFYING GALA #2
135	1:29.12	L	F	Allisson Maguire	16	BLSS	MAN	18/10/2019 Otters Prestige Gala 2019
136	1:29.21	L	P	Asté Olivier	16	DYNA	EKU	05/12/2019 EGA Summer Championships 2019
137	1:29.30	L	F	Zoe Ioannides	16	INFA	NMA	21/02/2020 Infinity Champs LC Gala
138	1:29.54	L	F	Micheline Chetty	16	ESTR	EKU	14/09/2019 EGA Summer 1 2019
139	1:30.10	L	F	Tyla-Paige Clowes	16	PSCP	UMD	23/11/2019 KZN TYR Westville Sprints 2019
140	1:30.84	L	F	Marlien Crewe-Brown	16	INFA	NMA	21/02/2020 Infinity Champs LC Gala
141	1:31.00	L	F	Morgan Vermeulen	16	SWIFT	EKU	19/10/2019 EGA Summer 3 2019
142	1:31.09	L	F	Zoe Leipoldt	16	BLSS	MAN	26/11/2019 FS Champs

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
143	1:31.33	L	F	Taylin Cronk	16	H2O EKU	14/09/2019 EGA Summer 1 2019
144	1:31.76	L	F	Reece Welgemoed	16	ESTR EKU	19/10/2019 EGA Summer 3 2019
145	1:33.69	L	P	Jenna-Jade Beeton	16	ESTR EKU	05/12/2019 EGA Summer Championships 2019
146	1:35.13	L	F	Tawananyasha Makudo	16	ISSC NMD	18/01/2020 NWS Age Group 4 1920
147	1:36.33	L	F	Clarice Rothman	16	WELA FDD	14/09/2019 Fezile Dabi Age Group
148	1:36.37	L	F	Lara Venter	16	SASOL FDD	24/06/2019 Sasol National Winter Championship
149	1:36.88	L	F	Carlin Schabort	16	HWBA WBD	17/09/2019 Limpopo Interhoer (Waterberg distrik)
150	1:38.27	L	F	Nicole Mogajane	16	ISSC NMD	19/10/2019 NWS Age Group 1 1920
151	1:38.29	L	F	Chane Louw	16	FAAC FBD	05/12/2019 NCASA Champs Dec 2019
152	1:39.61	L	F	Corli-Maré Griffioen	16	FISHS EDD	01/11/2019 38th Freda Barnard Invitational Gala
153	1:40.87	L	F	Kayla Jacobs	16	SRAY BUF	21/02/2020 BCA 2nd Feb Age Group Gala 2020
154	1:45.87	L	F	Lereisa Sagadevan	16	WVAQ ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
155	1:46.03	L	F	Carmen Gilbert	16	UPTS ZMD	05/12/2019 NCASA Champs Dec 2019
156	1:46.33	L	F	Asiphesona Handile	16	PEAS NMA	23/08/2019 Madibaz Spring Gala
157	1:47.57	L	F	Angelica Kannemeyer	16	CBC FBD	08/11/2019 NCASA Age Group 2 KBY 2019
158	1:47.58	L	F	Safiyya Sayed	16	DBSC SDD	15/02/2020 EGA Last Chance Feb 2020
159	1:48.16	L	F	Isabella Twala	16	HE WBD	17/09/2019 Limpopo Interhoer (Waterberg distrik)
160	1:50.59	L	F	Vene Blignaut	16	PHS CCD	15/10/2019 Limpopo Top 10 - High Schools
161	1:51.46	L	F	Xivono Chauke	16	ESP EKU	08/03/2020 Aquatics Gauteng Level 1
162	1:53.47	L	F	Karlène Ludik	16	KTS JTD	05/12/2019 NCASA Champs Dec 2019
163	1:59.99	L	F	Armane Pretorius	16	UPTS ZMD	08/11/2019 NCASA Age Group 2 UP 2019
164	2:03.19	L	F	Simone Pretorius	16	UPTS ZMD	08/11/2019 NCASA Age Group 2 UP 2019
165	3:01.87	L	F	Lebone Modiba	16	HSLTT WBD	16/09/2019 Limpopo Interhoer (Mopani Distrik)
<b>Women 16 - 16 200 Back</b>							
1	2:23.33	L	F	Grace Hudson	16	RSA	11/09/2019 13th CANA Junior African
2	2:24.34	L	F	Sune Liebenberg	16	NWS	01/02/2020 NTS Invitational Gala 2020
3	2:28.52	L	F	Lize-Marie Davidson	AR	BLOT MAN	09/12/2019 SA Schools Swimming Championship
4	2:28.55	L	F	Jaime Storm	16	BEAV ETH	17/12/2019 KZNA Premier Provincial Championship
5	2:29.22	L	P	Emma Franck	16	WATR JHB	21/02/2020 2020 Grand Prix Invitational Swimming
6	2:29.40	L	F	Guilma Lausberg	16	BLSS MAN	09/12/2019 SA Schools Swimming Championship
7	2:31.77	L	F	Hannah Andraos	16	TUKS TSH	04/12/2019 NTS Championships 2019
8	2:32.33	L	F	Reese Harradine	16	PAC TSH	04/12/2019 NTS Championships 2019
9	2:32.57	L	F	Ellen Wille	16	ETTN EKU	12/10/2019 NTS Oct 2019 Age Group Gala
10	2:32.76	L	F	Tammy Frylinck	16	WATR JHB	09/12/2019 SA Schools Swimming Championship
11	2:32.85	L	F	Gabriella Moll	16	WATR JHB	26/09/2019 Aquabear Invitational Meet 2019
12	2:32.93	L	F	Liv Etzold	16	CAMPS CPT	01/12/2019 Western Cape Long Course
13	2:33.68	L	F	Megan De Wet	16	MWSC NGD	29/11/2019 Mpumalanga Championships 2019
14	2:33.69	L	F	Magdalena Terblanche	16	MPS NGD	09/12/2019 SA Schools Swimming Championship
15	2:34.52	L	F	Abigail Swanepoel	16	RSA	20/02/2020 CANA Zone IV Championships
16	2:35.05	L	P	Kerri - Lee HITGE	16	DORE JHB	05/12/2019 CGA Championships 2019
17	2:35.10	L S	F	Chloe LE Roux	16	BLNE MAN	26/11/2019 FS Champs
18	2:35.44	L	P	Carmel Lombard	16	SEAL UMD	17/12/2019 KZNA Premier Provincial Championship
19	2:36.13	L	F	Mia Vd Walt	16	MATI CED	21/09/2019 Winelands Senior League 3 - 21Sept
20	2:36.29	L	P	Tane Coetzer	16	TUKS TSH	04/12/2019 NTS Championships 2019
21	2:38.97	L	F	Laura van der Merwe	16	NSA EZD	29/02/2020 MP AGE GROUP 6 - 29 FEBRUARY
22	2:39.78	L	F	Hannah Murray	16	ROA EDD	14/06/2019 PEA Winter Gala
23	2:39.82	L	P	Brookelyn Harvey	16	AZON ETH	17/12/2019 KZNA Premier Provincial Championship
24	2:39.95	L	F	Georgina Church	16	ACSA ETH	17/12/2019 KZNA Premier Provincial Championship
25	2:40.33	L	F	Aimeè Scott	16	TYGE CPT	01/12/2019 Western Cape Long Course
26	2:41.55	L	F	Megan Shepherd	16	ELEC JHB	18/10/2019 NTS Prestige Gala 2019
27	2:41.81	L	F	Zanje van Rensburg	16	NWS	01/02/2020 NTS Invitational Gala 2020
28	2:42.38	L	F	Carla Kretzschmar	16	BLUO UGD	09/11/2019 Ugu Distrit Age Group Gala 6
29	2:42.43	L	F	Teagan Jose	16	AFIN JHB	19/10/2019 EGA Summer 3 2019
30	2:42.72	L	F	Erin McCann	16	PSCP UMD	18/01/2020 eThekwini Age Group Gala 9
31	2:42.87	L	F	Christy-Anne Peers	16	DRGN JHB	15/02/2020 EGA Last Chance Feb 2020
32	2:43.53	L S	F	Cara Hickling	DR	BLOT MAN	26/11/2019 FS Champs
33	2:43.68	L	F	Marjone De Beer	16	EAGA CCD	15/02/2020 Limpopo Age Group 6
34	2:43.96	L	F	Arienne Bauer	16	FISH EDD	01/11/2019 38th Freda Barnard Invitational Gala
35	2:44.30	L	P	Kayleigh Theron	16	WATR JHB	05/12/2019 CGA Championships 2019

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
36	2:44.47	L	F	Aimeè-Jane Jephthah	16	PAQU CED	25/01/2020 West Coast Qualify Gala 2020
37	2:44.75	L	F	Hannah Szapira	16	TYGE CPT	01/12/2019 Western Cape Summer Championships
38	2:45.00	L	F	Tyla Campbell	16	MDOL JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
39	2:45.28	L	F	Shaelyn Walker	16	AQUB NMA	23/08/2019 Madibaz Spring Gala
40	2:46.31	L	F	Annika Fechter	16	PAC TSH	30/08/2019 NTS August 2019 Age Group Gala Level
41	2:46.34	L	F	Sophia Sichtnik	16	ELEC JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
42	2:46.37	L	F	Jordyn Govender	16	TRIDE ETH	23/11/2019 KZN TYR Westville Sprints 2019
43	2:46.57	L	F	Tayla Parker	16	SWIFT EKU	05/12/2019 EGA Summer Championships 2019
44	2:46.69	L	F	Nina Ehrich	16	DDA TSH	27/09/2019 NTS September 2019 Age Group Gala
45	2:47.33	L	F	Layla Vahed	16	VIKI BUF	22/11/2019 BCA Long Course Championships 2019
46	2:48.18	L	F	Kaylyn Leach	16	BOKS EKU	05/12/2019 EGA Summer Championships 2019
47	2:48.29	L	F	Joanne Combrink	16	WATR JHB	21/09/2019 CGA SANJ/Level 3 Gala No 1
48*	2:48.31	L	F	Anna Frankenfeld	16	UNIQ JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
48*	2:48.31	L	P	Kiara Oellermann	16	CRSC JHB	05/12/2019 CGA Championships 2019
50	2:48.70	L	P	Jessica Otto	16	MDOL JHB	05/12/2019 CGA Championships 2019
51	2:48.79	L	F	Tanya Joubert	16	PSCP UMD	05/10/2019 eThekweni Age Group 6
52	2:48.90	L	F	Inge Steyn	16	DYNA EKU	05/12/2019 EGA Summer Championships 2019
53*	2:49.14	L	F	Marinet vd Walt	16	RBUR BPD	25/01/2020 4 + 1 Inter Provincial Gala 2020
53*	2:49.14	L	P	Sydney Munks	16	BOKS EKU	05/12/2019 EGA Summer Championships 2019
55	2:49.73	L	F	Lillian Dixon	16	TUKS TSH	29/11/2019 2019 The Tshwane Mayoral Gala
56	2:49.95	L	F	Erica Sibande	16	MPS NGD	09/12/2019 SA Schools Swimming Championship
57	2:50.18	L	F	Katherine Bowmaker	16	PSCP UMD	15/02/2020 KZN Aquatics Level 2 Provincial
58	2:50.58	L	F	Serante Subramanian	16	PSCP UMD	15/02/2020 KZN Aquatics Level 2 Provincial
59	2:51.75	L	F	Hannah Scott	16	BLUO UGD	15/02/2020 KZN Aquatics Level 2 Provincial
60	2:53.94	L	F	Kyla Maartens	16	PSCP UMD	23/11/2019 KZN TYR Westville Sprints 2019
61	2:54.29	L	F	Morgan Ferriman	16	ELEC JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
62	2:54.31	L	F	Morgan Amery-Bosman	16	CYBE CPT	09/11/2019 CTA MEET #4
63	2:54.35	L	F	Mikella Calinikos	16	AZON ETH	23/11/2019 KZN TYR Westville Sprints 2019
64	2:54.66	L	F	Clarissa Liebenberg	16	NWUC KKD	05/12/2019 NWS Championships 2019/2020
65	2:56.74	L	P	Kerri-Lyn Claase	16	DYNA EKU	05/12/2019 EGA Summer Championships 2019
66	2:57.13	L	P	Jenna Reynders	16	BON JHB	05/12/2019 CGA Championships 2019
67	2:57.70	L	P	Angela Ncube	16	WSS FDD	17/12/2019 KZNA Premier Provincial Championship
68	2:59.40	L	F	Jade Otto	16	ONYX EKU	15/02/2020 EGA Last Chance Feb 2020
69	2:59.52	L	F	Fathima Moola	16	SRAY BUF	26/09/2019 Aquabear Invitational Meet 2019
70	3:00.13	L	F	Elizabeth Ballack	16	BLUO UGD	23/11/2019 KZN TYR Westville Sprints 2019
71	3:00.18	L S	F	Amidre Snyman	DR	BLOT MAN	26/11/2019 FS Champs
72	3:00.45	L	F	Jani Vd Merwe	16	AQ44 WCD	29/02/2020 WCA Junior Champs - 2020
73	3:00.56	L	F	Wine' Koekemoer	16	BLUO UGD	23/11/2019 KZN TYR Westville Sprints 2019
74	3:01.14	L	P	Daniella Dal Medico	16	SODO JHB	04/12/2019 NTS Championships 2019
75	3:01.96	L	F	Brooklyn Klaasen	16	AQUA BUF	22/11/2019 BCA Long Course Championships 2019
76	3:02.95	L	P	Kerrin Burgess	16	ESP EKU	05/12/2019 EGA Summer Championships 2019
77	3:03.18	L	F	Abigail Rosendorff	16	BLNE MAN	31/01/2020 Neptune Last Chance Gala
78	3:04.20	L	F	Kayleigh Geel	16	BLSS MAN	14/06/2019 PEA Winter Gala
79	3:05.26	L	F	Lauren Singery	16	AA JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
80	3:05.33	L	P	Kyra Walker	16	CRSC JHB	05/12/2019 CGA Championships 2019
81	3:06.07	L	F	Brittney van Vuuren	16	MGSC UGD	09/11/2019 Ugu Distrist Age Group Gala 6
82	3:07.09	L S	F	Savannah Van der Spuy	16	BLSS MAN	26/11/2019 FS Champs
83	3:07.33	L	F	Stacey McCulloch	16	ONYX EKU	08/11/2019 EGA Summer 4
84	3:07.47	L	F	Zane' Engelbrecht	16	SASOL FDD	16/11/2019 Fezile Dabi Age Group November 2019
85	3:07.65	L	F	Anika Weyers	16	PAC TSH	14/02/2020 NTS February 2020 Age Group Gala
86	3:08.26	L S	F	Anke Weyers	JR	BLOT MAN	26/11/2019 FS Champs
87	3:10.12	L	F	Charlize Coetzee	16	TRAZ TSH	29/11/2019 2019 The Tshwane Mayoral Gala
88	3:11.22	L S	F	Allisson Maguire	16	BLSS MAN	26/11/2019 FS Champs
89	3:11.60	L	F	Louise Le Sueur	16	QUIC CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
90	3:13.64	L	F	Marizelle Ferreira	16	ASAW CED	21/09/2019 Winelands Senior League 3 - 21Sept
91	3:14.01	L S	F	Zoe Leipoldt	16	BLSS MAN	26/11/2019 FS Champs
92	3:14.75	L	F	Kayleigh Mc Ardle	16	WSS FDD	31/01/2020 Neptune Last Chance Gala
93	3:20.11	L	F	Cara Vd Merwe	16	REDAQ CPT	09/11/2019 CTA MEET #4
94	3:21.61	L	P	Morgan Vermeulen	16	SWIFT EKU	05/12/2019 EGA Summer Championships 2019

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
95	3:21.65 L	F	Asha Jack	16	CYBE CPT	09/11/2019	CTA MEET #4	
96	3:24.43 L	F	Jenna-Jade Beeton	16	ESTR EKU	19/10/2019	EGA Summer 3 2019	
97	3:30.97 L	P	Micheline Chetty	16	ESTR EKU	05/12/2019	EGA Summer Championships 2019	
98	3:53.68 L	F	Lereisa Sagadevan	16	WVAQ ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020	
99	4:00.03 L	F	Carmen Gilbert	16	UPTS ZMD	05/12/2019	NCASA Champs Dec 2019	
<b>Women 16 - 16 50 Breast</b>								
1	31.12 L	F	Lara Van Niekerk	16	RSA	20/08/2019	7TH FINA World Junior Swimming	
2	33.28 L S	F	Caitlin De Lange	16	PAA FSH	04/12/2019	NTS Championships 2019	
3	33.93 L	F	Georgina Butcher	16	SEAL UMD	17/12/2019	KZNA Premier Provincial Championship	
4	34.36 L	F	Paige Brombacher	16	INFA NMA	14/06/2019	PEA Winter Gala	
5	35.27 L	F	Brooklyn Croxon	16	UNIN MPD	29/11/2019	Mpumalanga Championships 2019	
6	35.46 L	F	Grace Hudson	16	WATR JHB	26/09/2019	Aquabear Invitational Meet 2019	
7*	35.77 L	F	Gabriella Moll	16	WATR JHB	26/09/2019	Aquabear Invitational Meet 2019	
7*	35.77 L	F	Chloe LE Roux	16	BLNE MAN	26/11/2019	FS Champs	
9	35.95 L	F	Christine Mbite	16	PEPPS CCD	05/10/2019	Limpopo Age Group 4 & School Champs	
10	36.11 L	F	Laela Masson	16	PLAY CED	01/12/2019	Western Cape Long Course	
11	36.32 L	F	Simoné De Beer	16	GTC EZD	29/11/2019	Mpumalanga Championships 2019	
12	36.36 L	F	Izani Van Der Merwe	16	NHS MP	19/02/2020	Inter High School Gala - 19 February	
13	36.42 L	F	Arianne Bauer	16	BCA BUF	18/01/2020	CTA INTER DISTRICT PRESTIGE	
14	36.48 L S	F	Annika Fechter	16	PAC FSH	04/12/2019	NTS Championships 2019	
15	36.52 L	F	Taylin Cronk	16	H2O EKU	15/02/2020	EGA Last Chance Feb 2020	
16	36.58 L	F	Alexa Barnard	16	INFA NMA	26/09/2019	Aquabear Invitational Meet 2019	
17	36.63 L	F	Megan Shepherd	16	ELEC JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala	
18	36.67 L	P	Kiara Fryer	16	WATR JHB	05/12/2019	CGA Championships 2019	
19	36.96 L	F	Teagan Jose	16	RSA	20/02/2020	CANA Zone IV Championships	
20	37.03 L	F	Tayla Ashton	16	H2O EKU	15/02/2020	EGA Last Chance Feb 2020	
21	37.19 L	F	Nina Ehrich	16	DDA FSH	17/01/2020	NTS Janaury 2020 Age Group Gala	
22	37.20 L	P	Hannah Jacobs	16	DRGN JHB	05/12/2019	CGA Championships 2019	
23	37.26 L	F	Sophia Sichtnik	16	ELEC JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala	
24	37.29 L	P	Hannah Paulse	16	VINE CPT	01/12/2019	Western Cape Long Course	
25	37.39 L	F	Kaylyn Leach	16	BOKS EKU	31/08/2019	Adrian Grafe Speedo Sprint Meet	
26	37.40 L	F	Cara Hickling	DR	BLOT MAN	26/11/2019	FS Champs	
27	37.47 L	P	Mia Vd Walt	16	MATI CED	01/12/2019	Western Cape Long Course	
28	37.54 L	F	Morgan Ferriman	16	ELEC JHB	18/10/2019	NTS Prestige Gala 2019	
29	37.57 L	F	Chelsea Walden	16	PSCP UMD	23/11/2019	KZN TYR Westville Sprints 2019	
30	37.58 L	F	Philippa Sparg	16	HARL BUF	22/11/2019	BCA Long Course Championships 2019	
31	37.65 L	P	Caitlin-leigh Watts	16	CRSC JHB	05/12/2019	CGA Championships 2019	
32	37.75 L	F	Paige Nicholson	16	ACSA ETH	28/02/2020	NDSA Gala 2020	
33	37.79 L	F	Trinity Pillay	16	ACSA ETH	23/11/2019	KZN TYR Westville Sprints 2019	
34	38.08 L	P	Tyla Campbell	16	MDOL JHB	05/12/2019	CGA Championships 2019	
35	38.14 L	F	Mikyla Burger	16	PAC FSH	07/09/2019	2019 Hillcrest Sprint Gala 13/O	
36	38.20 L	F	Hannah Drewes	16	UPC MP	19/02/2020	Inter High School Gala - 19 February	
37	38.74 L	F	Jaime Storm	16	BEAV ETH	19/10/2019	T. GOLFINHOS SPRINT 2019-2020	
38	38.94 L	F	Layla Vahed	16	VIKI BUF	26/09/2019	Aquabear Invitational Meet 2019	
39*	38.96 L	F	Kerri-Lyn Claase	16	DYNA EKU	05/12/2019	EGA Summer Championships 2019	
39*	38.96 L	F	Jacoba Kotzè	16	CUDU CPT	01/12/2019	Western Cape Summer Championships	
41	39.05 L	F	Siona Maistrellis	16	TUKS FSH	29/11/2019	2019 The Tshwane Mayoral Gala	
42	39.07 L	F	Electra Barbas	16	DYNA EKU	05/12/2019	EGA Summer Championships 2019	
43	39.09 L	F	Mia Viljoen	16	UNIN MPD	29/11/2019	Mpumalanga Championships 2019	
44	39.21 L	F	Guilma Lausberg	16	BLSS MAN	26/11/2019	FS Champs	
45	39.40 L	F	Zandri Uys	16	PSC FSH	15/11/2019	NTS November 2019 Age Group Gala	
46	39.47 L	F	Casey Smith	16	PAC FSH	30/08/2019	NTS August 2019 Age Group Gala Level	
47	39.49 L	P	Tayla Parker	16	SWIFT EKU	05/12/2019	EGA Summer Championships 2019	
48	39.65 L	F	Alex Voegt	16	WATR JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1	
49	39.68 L	F	Nicole Dreyer	DR	BLOT MAN	26/11/2019	FS Champs	
50	40.07 L	F	Marizelle Schoeman	16	LP LP	09/12/2019	SA Schools Swimming Championship	
51	40.19 L	F	Hannah Andraos	16	TUKS FSH	15/11/2019	NTS November 2019 Age Group Gala	
52	40.40 L	P	Georgina Church	16	ACSA ETH	21/02/2020	2020 Grand Prix Invitational Swimming	
53	40.55 L	F	Chane Louw	16	FAAC FBD	21/02/2020	NCASA Sprints 2020	

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
54	40.75	L S	P	Jordyn Govender	16	TRIDE	ETH 17/12/2019 KZNA Premier Provincial Championship
55	40.91	L	F	Reese Harradine	16	PAC	FSH 07/09/2019 2019 Hillcrest Sprint Gala 13/O
56	40.96	L	F	Mikella Calinikos	16	AZON	ETH 03/08/2019 eThekwini Age Group Gala 4
57	41.10	L	F	Melanie Daniel	16	AZON	ETH 23/11/2019 KZN TYR Westville Sprints 2019
58	41.23	L	F	Brooklyn Klaasen	16	BCA	BUF 18/01/2020 CTA INTER DISTRICT PRESTIGE
59	41.24	L	F	Tanika Jones	16	SGUL	ETH 03/08/2019 eThekwini Age Group Gala 4
60	41.36	L	F	Marlien Crewe-Brown	16	INFA	NMA 23/08/2019 Madibaz Spring Gala
61*	41.59	L	F	Carlin Schabert	16	HWBA	WBD 17/09/2019 Limpopo Interhoer (Waterberg distrik)
61*	41.59	L	F	Clarissa Liebenberg	16	NWUC	KKD 05/12/2019 NWS Championships 2019/2020
63*	41.71	L	F	Imke van Wyk	16	BULS	MAN 27/09/2019 Neptunes Open Gala
63*	41.71	L	P	Kayleigh Theron	16	WATR	JHB 05/12/2019 CGA Championships 2019
65	41.95	L	F	Kayleigh Mc Ardle	16	WSS	FDD 09/11/2019 Bull-Sharks 2019
66	42.12	L	F	Megan De Wet	16	MWSC	NGD 17/01/2020 MP AGE GROUP 3 17 - 18 JANUARY
67	42.19	L	F	Amidre Snyman	DR	BLOT	MAN 26/11/2019 FS Champs
68	42.39	L S	P	Nelzaan Strydom	16	BLUO	UGD 17/12/2019 KZNA Premier Provincial Championship
69	42.40	L	F	Danika Uys	VR	PSA	ZLD 25/01/2020 Ushaka Championship Gala 2020
70	42.46	L	F	Danika Janssen	16	DDA	FSH 29/11/2019 2019 The Tshwane Mayoral Gala
71	42.47	L	F	Gabriella Scott	16	QUIC	CPT 04/10/2019 CTA TYR QUALIFYING GALA #2
72	42.48	L	F	Jessica Deeb	16	SGUL	ETH 23/11/2019 KZN TYR Westville Sprints 2019
73*	42.49	L	F	Abigail Da Costa	16	AA	JHB 22/02/2020 CGA Level 2 Last Chance Gala - Day 1
73*	42.49	L	F	Angela Ncube	16	WSS	FDD 26/11/2019 FS Champs
75	42.53	L	F	Anke Weyers	JR	BLOT	MAN 26/11/2019 FS Champs
76	42.57	L	P	Shaelyn Walker	16	AQUB	NMA 26/09/2019 Aquabear Invitational Meet 2019
77*	42.68	L	F	Tanya Verster	16	BAR	EZD 29/11/2019 Mpumalanga Championships 2019
77*	42.68	L	P	Hayley Zeller	16	ELEC	JHB 05/12/2019 CGA Championships 2019
79	42.89	L	F	Daniella Dal Medico	16	SODO	JHB 07/09/2019 2019 Hillcrest Sprint Gala 13/O
80	42.97	L	F	Lailah Moonasar	16	TUKS	FSH 14/02/2020 NTS February 2020 Age Group Gala
81	43.02	L	F	Asté Olivier	16	DYNA	EKU 05/12/2019 EGA Summer Championships 2019
82	43.06	L	P	Kaylynn Shelton	16	BLMA	CPT 01/12/2019 Western Cape Summer Championships
83	43.07	L	F	Lizri Weyers	JR	BLOT	MAN 04/10/2019 Seals Gala
84	43.10	L	F	Zanje van Rensburg	16	HREF	BPD 07/09/2019 2019 Hillcrest Sprint Gala 13/O
85	43.14	L	F	Brittney van Vuuren	16	MGSC	UGD 23/11/2019 KZN TYR Westville Sprints 2019
86*	43.30	L	F	Isabella Drewett	16	HSTAN	MPD 16/09/2019 Limpopo Interhoer (Mopani Distrik)
86*	43.30	L	F	Safiyya Sayed	16	DBSC	SDD 15/02/2020 EGA Last Chance Feb 2020
88	43.34	L	F	Danielle Immelman	16	FAACP	PSD 25/10/2019 Flamingo Aquatics Academy Prestige
89	43.40	L	F	Ellen Wille	16	ETTN	EKU 31/08/2019 Adrian Grafe Speedo Sprint Meet
90	43.41	L	F	Simone Pretorius	16	UPTS	ZMD 21/02/2020 NCASA Sprints 2020
91	43.48	L	F	Hannalize Swanepoel	16	BLNE	MAN 27/09/2019 Neptunes Open Gala
92	43.53	L	F	Zane Snyman	16	BLNE	MAN 30/08/2019 Kovsie Aquatics Gala 2019
93	43.65	L	F	Hannah Szapira	16	TYGE	CPT 14/06/2019 PEA Winter Gala
94	43.69	L	F	Cara Pieterse	16	HFM	WBD 17/09/2019 Limpopo Interhoer (Waterberg distrik)
95	43.77	L	F	Zeno Smith	16	WELA	FDD 14/03/2020 FSA Level 1 2020
96	43.79	L	F	Leia Wilson	16	TYGE	CPT 29/02/2020 WCA Junior Champs - 2020
97	43.84	L	F	Marnel Jv Rensburg	16	PSC	FSH 30/08/2019 NTS August 2019 Age Group Gala Level
98	43.93	L	F	Anika Bezuidenhout	16	HBV	MPD 05/10/2019 Limpopo Age Group 4 & School Champs
99*	43.95	L	F	Anika Weyers	16	PAC	FSH 16/08/2019 NTS August 2019 Age Group Gala Level
99*	43.95	L	F	Lene Broere	16	SRSC	FBD 05/12/2019 NCASA Champs Dec 2019
101	43.96	L	P	Diantha Thambiran	16	DRGN	JHB 05/12/2019 CGA Championships 2019
102	44.06	L	F	Berenique Naude	16	HSBV	SKD 15/10/2019 Limpopo Top 10 - High Schools
103	44.16	L	F	Charni Du Plessis	16	RFA	FSH 16/08/2019 NTS August 2019 Age Group Gala Level
104	44.19	L	P	Fathima Moola	16	SRAY	BUF 26/09/2019 Aquabear Invitational Meet 2019
105	44.38	L	F	Inge Steyn	16	DYNA	EKU 08/11/2019 EGA Summer 4
106	44.43	L	F	Angelina Audagnotti	16	MPS	NGD 09/12/2019 SA Schools Swimming Championship
107	44.53	L	F	Savannah Van der Spuy	16	BLSS	MAN 26/11/2019 FS Champs
108	44.55	L	F	Tayla Lombard	16	WELA	FDD 09/11/2019 Bull-Sharks 2019
109	44.71	L	F	Morgan Vermeulen	16	SWIFT	EKU 15/02/2020 EGA Last Chance Feb 2020
110	44.80	L	P	Sydney Munks	16	BOKS	EKU 05/12/2019 EGA Summer Championships 2019
111	44.88	L	F	Kerri-Lee Barnard	16	PEAR	NMA 26/10/2019 1st B Age Group Gala & EC Schools
112	44.90	L	P	Anna Frankenfeld	16	UNIQ	JHB 05/12/2019 CGA Championships 2019



## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
113	44.92	L	F	Lauren Singery	16	AA JHB	22/02/2020 CGA Level 2 Last Chance Gala - Day 1
114	45.06	L	F	Kerrin Burgess	16	ESP EKU	15/02/2020 EGA Last Chance Feb 2020
115	45.14	L	F	Allisson Maguire	16	BLSS MAN	26/11/2019 FS Champs
116	45.16	L	F	Johanna Roos	16	ELHS VBD	16/09/2019 Limpopo Interhoer (Mopani Distrik)
117	45.20	L	F	Mushfeeqah Fortuin	16	UWCA CPT	02/11/2019 Swartland Invitational #1
118	45.24	L	F	Marinet vd Walt	16	RBUR BPD	05/12/2019 NWS Championships 2019/2020
119	45.27	L	F	Micheline Chetty	16	ESTR EKU	15/02/2020 EGA Last Chance Feb 2020
120	45.41	L	F	Bryce Neale	16	FSE KCD	25/01/2020 Ushaka Championship Gala 2020
121	45.63	L	F	Miné Maritz	16	HSBV SKD	05/10/2019 Limpopo Age Group 4 & School Champs
122	45.73	L	P	Jenna-Jade Beeton	16	ESTR EKU	05/12/2019 EGA Summer Championships 2019
123	45.76	L	F	Kiyara Reddy	16	AEC JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
124	45.87	L	F	Erica Sibande	16	UNIN MPD	14/09/2019 MP Sprint Gala - 14 September 2019
125	45.91	L	F	Rose Van Eeden	16	CUR MP	19/02/2020 Inter High School Gala - 19 February
126	45.97	L	P	Monique Du Toit	16	PEAS NMA	26/09/2019 Aquabear Invitational Meet 2019
127*	45.99	L	F	Abigail Rosendorff	16	BLNE MAN	26/11/2019 FS Champs
127*	45.99	L	F	Zoe Leipoldt	16	BLSS MAN	27/09/2019 Neptunes Open Gala
129	46.09	L	F	Nicole Mogajane	16	ISSC NMD	15/02/2020 NWS Last Chance AG5 1920
130	46.12	L	F	Danje Obermeyer	16	UNIN MPD	11/10/2019 MP AGE GROUP 2 - 11-12 October
131	46.35	L	F	Lara Venter	16	SASOL FDD	26/11/2019 FS Champs
132	46.43	L	F	Kayleigh Geel	16	BLSS MAN	26/11/2019 FS Champs
133	46.44	L	F	Kayla Hefer	16	HE WBD	17/09/2019 Limpopo Interhoer (Waterberg distrik)
134	46.47	L	F	Kate Comins	16	PENC MP	19/02/2020 Inter High School Gala - 19 February
135*	46.59	L	F	Michelle Steenekamp	16	AA JHB	22/02/2020 CGA Level 2 Last Chance Gala - Day 1
135*	46.59	L	F	Jeanné vd Merwe	16	NWUC KKD	05/12/2019 NWS Championships 2019/2020
137	47.62	L	P	Zarlia Engelbrecht	16	KSC EZD	29/11/2019 Mpumalanga Championships 2019
138	47.73	L	F	Renita Paul	16	PRA NGD	15/02/2020 MP AGE GROUP 5 15 FEBRUARY 2020
139	47.83	L	F	Reece Welgemoed	16	ESTR EKU	18/01/2020 EGA Summer 5 - 2020
140	48.00	L	F	Mandie Gericke	16	HFDT MPD	16/09/2019 Limpopo Interhoer (Mopani Distrik)
141	48.11	L	F	Zane' Engelbrecht	16	SASOL FDD	26/11/2019 FS Champs
142	48.19	L	F	Corli-Maré Griffioen	16	FISHS EDD	26/10/2019 EDEN 2nd A-League Gala 2019
143	48.35	L	F	Tshegofatso Makudubele	16	SWAG KKD	09/11/2019 NWS Age Group 2 1920
144	48.88	L	F	Carmen Gilbert	16	UPTS ZMD	25/10/2019 Flamingo Aquatics Academy Prestige
145	49.62	L	F	Teaghan Wafer	16	FSE KCD	09/11/2019 KCDA November Age Group Gala 2019
146	49.93	L	F	Kayla Day	16	HSTAN MPD	16/09/2019 Limpopo Interhoer (Mopani Distrik)
147	50.20	L	F	Nazley Jacobs	16	ISSC NMD	15/02/2020 NWS Last Chance AG5 1920
148	50.23	L	F	Lereisa Sagadevan	16	WVAQ ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
149	50.50	L	F	Renée Fourie	16	PAC FSH	29/11/2019 2019 The Tshwane Mayoral Gala
150	51.26	L	F	Armane Pretorius	16	UPTS ZMD	25/10/2019 Flamingo Aquatics Academy Prestige
151	51.57	L	F	Kristen Klinkert	16	HSTAN MPD	05/10/2019 Limpopo Age Group 4 & School Champs
152	51.82	L	F	Robyn Davids	16	XSAQ CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
153	52.59	L	P	Shreya Patel	16	DYNA EKU	05/12/2019 EGA Summer Championships 2019
154	52.86	L	F	Tawananyasha Makudo	16	ISSC NMD	09/11/2019 NWS Age Group 2 1920
155	52.93	L	F	Angelique Coetsee	16	ELHS VBD	15/10/2019 Limpopo Top 10 - High Schools
156	52.97	L	F	Kayla Noude	16	PENC MP	19/02/2020 Inter High School Gala - 19 February
157	53.36	L	F	Kelita Scholtz	16	UPTS ZMD	11/01/2020 NCASA Age Group 4 UP 2019-2020
158	53.40	L	F	Asiphesona Handile	16	PEAS NMA	23/08/2019 Madibaz Spring Gala
159	53.95	L	F	Mpho Kobyane	16	ATTE FSH	14/02/2020 NTS February 2020 Age Group Gala
160	54.25	L	F	alicia geelboom	16	HEIDE MAN	26/11/2019 FS Champs
161	54.31	L	F	Rene Parker	16	RPAC EKU	31/08/2019 Adrian Grafe Speedo Sprint Meet
162	54.39	L	F	Sune Meyer	16	HFM WBD	17/09/2019 Limpopo Interhoer (Waterberg distrik)
163	56.20	L	F	Annalene Rood	16	HMER MPD	15/10/2019 Limpopo Top 10 - High Schools
164	57.11	L	F	Emma Dalrymple-Hay	16	HMER MPD	16/09/2019 Limpopo Interhoer (Mopani Distrik)
165	57.57	L	F	Bridget Ndlamini	16	WSS FDD	04/10/2019 Seals Gala
166	58.37	L	F	Xivono Chauke	16	ESP EKU	08/03/2020 Aquatics Gauteng Level 1
167	59.52	L	F	Goodness Mlotshwa	16	ATTE FSH	08/03/2020 Aquatics Gauteng Level 1
168	1:02.35	L	F	Karléne Ludik	16	KTS JTD	05/12/2019 NCASA Champs Dec 2019
169	1:08.92	L	F	Fundiswa Ngcongwane	16	HSS NGD	11/10/2019 MP AGE GROUP 2 - 11-12 October
170	1:11.16	L	F	Angelica Kannemeyer	16	CBC FBD	08/11/2019 NCASA Age Group 2 KBY 2019
171	1:12.81	L	F	Sikhonzile Sibiya	16	DBSC SDD	26/10/2019 2019 OR Tambo/Soncini Games

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
<b>Women 16 - 16 100 Breast</b>							
1	1:09.68	L	F	Lara Van Niekerk	16	PAC TSH	04/12/2019 NTS Championships 2019
2	1:13.92	L	P	Paige Brombacher	16	INFA NMA	21/02/2020 2020 Grand Prix Invitational Swimming
3	1:14.59	L S	F	Georgina Butcher	16	SEAL UMD	17/12/2019 KZNA Premier Provincial Championship
4	1:15.24	L	F	Caitlin De Lange	16	PAA TSH	14/02/2020 NTS February 2020 Age Group Gala
5	1:16.32	L	F	Gabriella Moll	16	WATR JHB	10/01/2020 2020 Grand Prix Invitation Swimming
6	1:16.51	L	P	Brooklyn Croxon	16	UNIN MPD	29/11/2019 Mpumalanga Championships 2019
7	1:18.22	L	F	Chloe LE Roux	16	BLNE MAN	18/10/2019 Otters Prestige Gala 2019
8	1:18.71	L	F	Teagan Jose	16	AFIN JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
9	1:19.32	L	F	Christine Mbite	16	RSA	20/02/2020 CANA Zone IV Championships
10	1:19.34	L	F	Simoné De Beer	16	MPS NGD	19/10/2019 T. GOLFINHOS SPRINT 2019-2020
11	1:19.68	L	F	Laela Masson	16	PLAY CED	01/12/2019 Western Cape Long Course
12	1:19.75	L	F	Mia Vd Walt	16	MATI CED	01/12/2019 Western Cape Summer Championships
13	1:19.85	L	F	Kiara Fryer	16	WATR JHB	15/02/2020 EGA Last Chance Feb 2020
14	1:20.00	L	F	Alexa Barnard	16	INFA NMA	29/11/2019 NMBA Championships 2019
15	1:20.08	L	F	Megan Shepherd	16	ELEC JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
16	1:20.12	L	F	Grace Hudson	16	WATR JHB	26/09/2019 Aquabear Invitational Meet 2019
17	1:20.83	L	F	Tayla Ashton	16	H2O EKU	15/02/2020 EGA Last Chance Feb 2020
18	1:21.36	L	P	Izani Van Der Merwe	16	CSA EZD	29/11/2019 Mpumalanga Championships 2019
19	1:21.40	L	F	Hannah Murray	16	ROA EDD	14/06/2019 PEA Winter Gala
20	1:21.48	L	F	Sophia Sichtnik	16	ELEC JHB	03/11/2019 CGA All Levels
21	1:21.57	L	F	Annika Fechter	16	PAC TSH	04/12/2019 NTS Championships 2019
22	1:21.79	L	F	Arianne Bauer	16	BCA BUF	18/01/2020 CTA INTER DISTRICT PRESTIGE
23	1:21.84	L	F	Morgan Ferriman	16	ELEC JHB	21/09/2019 CGA SANJ/Level 3 Gala No 1
24	1:21.89	L	F	Hannah Drewes	16	UPC MP	19/02/2020 Inter High School Gala - 19 February
25	1:21.96	L	F	Hannah Pause	16	MPS NGD	09/12/2019 SA Schools Swimming Championship
26	1:22.08	L	F	Caitlin-leigh Watts	16	CRSC JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
27	1:22.54	L	P	Philippa Sparg	16	HARL BUF	26/09/2019 Aquabear Invitational Meet 2019
28	1:23.44	L	F	Hannah Jacobs	16	DRGN JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
29	1:23.61	L	F	Mikyla Burger	16	PAC TSH	18/10/2019 NTS Prestige Gala 2019
30	1:23.67	L	F	Nina Ehrich	16	DDA TSH	04/12/2019 NTS Championships 2019
31	1:23.75	L	P	Kaylyn Leach	16	BOKS EKU	05/12/2019 EGA Summer Championships 2019
32	1:23.80	L	F	Paige Nicholson	16	ACSA ETH	23/11/2019 KZN TYR Westville Sprints 2019
33	1:24.26	L	F	Chelsea Walden	16	PSCP UMD	23/11/2019 KZN TYR Westville Sprints 2019
34	1:24.37	L	F	Taylin Cronk	16	H2O EKU	15/02/2020 EGA Last Chance Feb 2020
35	1:24.55	L	F	Layla Vahed	16	VIKI BUF	22/11/2019 BCA Long Course Championships 2019
36	1:25.42	L	F	Reese Harradine	16	PAC TSH	30/08/2019 NTS August 2019 Age Group Gala Level
37	1:25.48	L	F	Tyla Campbell	16	MDOL JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
38	1:25.64	L	F	Jacoba Kotzè	16	CUDU CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
39	1:26.26	L	F	Mikella Calinikos	16	KLOO ETH	18/01/2020 eThekwini Age Group Gala 9
40	1:27.00	L S	F	Guilma Lausberg	16	BLSS MAN	26/11/2019 FS Champs
41	1:27.62	L	F	Trinity Pillay	16	ACSA ETH	15/02/2020 KZN Aquatics Level 2 Provincial
42	1:28.10	L	F	Tane Coetzer	16	TUKS TSH	15/11/2019 NTS November 2019 Age Group Gala
43	1:28.17	L	F	Electra Barbas	16	DYNA EKU	05/12/2019 EGA Summer Championships 2019
44	1:28.22	L	F	Jordyn Govender	16	TRIDE ETH	23/11/2019 KZN TYR Westville Sprints 2019
45	1:28.64	L	F	Megan Huyzer	16	SGUL ETH	06/07/2019 eThekwini Age Group Gala 2
46	1:28.66	L	P	Kerri-Lyn Claase	16	DYNA EKU	05/12/2019 EGA Summer Championships 2019
47	1:28.81	L	F	Siona Maistrellis	16	TUKS TSH	14/02/2020 NTS February 2020 Age Group Gala
48	1:29.37	L S	F	Nicole Dreyer	DR	BLOT MAN	26/11/2019 FS Champs
49	1:30.00	L	P	Zandri Uys	16	PSC TSH	04/12/2019 NTS Championships 2019
50	1:30.12	L	F	Brooklyn Klaasen	16	BCA BUF	18/01/2020 CTA INTER DISTRICT PRESTIGE
51	1:30.42	L	F	Tayla Parker	16	SWIFT EKU	03/11/2019 CGA All Levels
52	1:30.45	L	F	Louise Le Sueur	16	QUIC CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
53	1:30.55	L	F	Chane Louw	16	FAAC FBD	21/02/2020 NCASA Sprints 2020
54	1:30.69	L	F	Carlin Schabort	16	HWBA WBD	17/09/2019 Limpopo Interhoer (Waterberg distrik)
55	1:31.63	L	F	Tanika Jones	16	SGUL ETH	06/07/2019 eThekwini Age Group Gala 2
56	1:32.51	L S	F	Imke van Wyk	16	BULS MAN	26/11/2019 FS Champs
57	1:33.14	L	F	Marlien Crewe-Brown	16	INFA NMA	29/11/2019 NMBA Championships 2019
58	1:33.54	L	F	Shaelyn Walker	16	AQUB NMA	23/08/2019 Madibaz Spring Gala

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
59	1:33.95	L	F	Daniella Dal Medico	16	SODO	JHB 27/09/2019 NTS September 2019 Age Group Gala
60	1:34.33	L	F	Chloë Morrie	16	PLAY	GED 24/08/2019 Winelands Senior League 2 - 24Aug
61	1:34.45	L	F	Nelzaan Strydom	16	BLUO	UGD 23/11/2019 KZN TYR Westville Sprints 2019
62	1:34.58	L	F	Alex Voegt	16	WATR	JHB 03/11/2019 CGA All Levels
63	1:34.64	L	F	Lillian Dixon	16	TUKS	FSH 14/02/2020 NTS February 2020 Age Group Gala
64	1:34.71	L	P	Tanya Verster	16	BAR	EZD 29/11/2019 Mpumalanga Championships 2019
65	1:34.72	L	F	Anika Weyers	16	PAC	FSH 29/11/2019 2019 The Tshwane Mayoral Gala
66	1:34.95	L S	F	Kayleigh Mc Ardle	16	WSS	FDD 26/11/2019 FS Champs
67	1:35.07	L	F	Lailah Moonasar	16	TUKS	FSH 14/02/2020 NTS February 2020 Age Group Gala
68	1:35.15	L S	F	Anke Weyers	JR	BLOT	MAN 26/11/2019 FS Champs
69	1:36.11	L S	F	Amidre Snyman	DR	BLOT	MAN 26/11/2019 FS Champs
70*	1:36.31	L S	F	Savannah Van der Spuy	16	BLSS	MAN 26/11/2019 FS Champs
70*	1:36.31	L	F	Kaylynn Shelton	16	BLMA	CPT 02/11/2019 Swartland Invitational #1
72*	1:36.32	L	F	Danika Janssen	16	DDA	FSH 29/11/2019 2019 The Tshwane Mayoral Gala
72*	1:36.32	L	F	Leia Wilson	16	TYGE	CPT 25/01/2020 CTA TYR QUALIFYING GALA #3
74	1:36.58	L	F	Zane Snyman	16	BLNE	MAN 27/09/2019 Neptunes Open Gala
75	1:37.20	L	F	Angela Ncube	16	WSS	FDD 12/10/2019 Fezile Dabi Age Group October 2019
76	1:37.21	L	F	Anika Bezuidenhout	16	HBV	MPD 05/10/2019 Limpopo Age Group 4 & School Champs
77	1:37.78	L	F	Lene Broere	16	SRSC	FBD 05/12/2019 NCASA Champs Dec 2019
78	1:37.95	L	F	Marinet vd Walt	16	NCASA	FBD 02/11/2019 Fezile Dabi Inter District Gala 2019
79	1:37.96	L	F	Sydney Munks	16	BOKS	EKU 14/09/2019 EGA Summer 1 2019
80	1:38.07	L	F	Jessica Deeb	16	SGUL	ETH 23/11/2019 KZN TYR Westville Sprints 2019
81	1:38.08	L	F	Hannah Szapira	16	TYGE	CPT 14/06/2019 PEA Winter Gala
82	1:38.29	L S	F	Hannalize Swanepoel	16	BLNE	MAN 26/11/2019 FS Champs
83	1:38.30	L S	F	Kayleigh Geel	16	BLSS	MAN 26/11/2019 FS Champs
84	1:38.51	L	F	Cara Pieterse	16	HFM	WBD 17/09/2019 Limpopo Interhoer (Waterberg distrik)
85	1:38.64	L	F	Lizri Weyers	JR	BLOT	MAN 18/10/2019 Otters Prestige Gala 2019
86	1:38.65	L	F	Angelina Audagnotti	16	HARB	BPD 05/12/2019 NWS Championships 2019/2020
87	1:38.80	L	F	Tayla Lombard	16	WELA	FDD 16/11/2019 Fezile Dabi Age Group November 2019
88	1:38.93	L	F	Charni Du Plessis	16	RFA	FSH 16/08/2019 NTS August 2019 Age Group Gala Level
89	1:39.49	L	F	Simone Pretorius	16	UPTS	ZMD 21/02/2020 NCASA Sprints 2020
90	1:39.62	L	F	Zeno Smith	16	WELA	FDD 31/01/2020 Neptune Last Chance Gala
91	1:39.67	L	F	Carmen Berg	16	ASAC	CPT 25/01/2020 CTA TYR QUALIFYING GALA #3
92	1:40.05	L	F	Safiyya Sayed	16	DBSC	SDD 15/02/2020 EGA Last Chance Feb 2020
93	1:40.23	L	F	Morgan Vermeulen	16	SWIFT	EKU 14/09/2019 EGA Summer 1 2019
94	1:40.40	L	F	Kerrin Burgess	16	ESP	EKU 14/09/2019 EGA Summer 1 2019
95	1:40.78	L	F	Mushfeeqah Fortuin	16	UWCA	CPT 02/11/2019 Swartland Invitational #1
96	1:40.84	L	F	Brittney van Vuuren	16	MGSC	UGD 23/11/2019 KZN TYR Westville Sprints 2019
97	1:40.96	L	F	Asté Olivier	16	DYNA	EKU 14/09/2019 EGA Summer 1 2019
98	1:41.10	L S	F	Allisson Maguire	16	BLSS	MAN 26/11/2019 FS Champs
99	1:41.23	L	F	Jenna-Jade Beeton	16	ESTR	EKU 08/03/2020 Aquatics Gauteng Level 1
100	1:41.28	L	F	Berenique Naude	16	HSBV	SKD 17/09/2019 Limpopo Interhoer (Waterberg distrik)
101	1:41.46	L	F	Kiyara Reddy	16	AEC	JHB 03/11/2019 CGA All Levels
102	1:42.15	L	P	Fathima Moola	16	SRAY	BUF 26/09/2019 Aquabear Invitational Meet 2019
103	1:42.20	L	F	Bryce Neale	16	FSE	KCD 09/11/2019 KCDA November Age Group Gala 2019
104	1:44.33	L	F	Abigail Rosendorff	16	BLNE	MAN 18/10/2019 Otters Prestige Gala 2019
105	1:44.55	L S	P	Kirsten Rankin	16	TLAC	BPD 24/06/2019 Sasol National Winter Championship
106	1:44.60	L	F	Nicole Mogajane	16	ISSC	NMD 15/02/2020 NWS Last Chance AG5 1920
107	1:44.74	L S	F	Lara Venter	16	SASOL	FDD 26/11/2019 FS Champs
108	1:44.76	L	F	Micheline Chetty	16	ESTR	EKU 26/10/2019 2019 OR Tambo/Soncini Games
109	1:45.05	L	F	Kayla Hefer	16	HE	WBD 17/09/2019 Limpopo Interhoer (Waterberg distrik)
110	1:45.30	L	F	Johanna Roos	16	ELHS	VBD 16/09/2019 Limpopo Interhoer (Mopani Distrik)
111	1:45.52	L	F	Zarlia Engelbrecht	16	KSC	EZD 29/11/2019 Mpumalanga Championships 2019
112	1:48.01	L	F	Corli-Maré Griffioen	16	FISHS	EDD 26/10/2019 EDEN 2nd A-League Gala 2019
113	1:48.40	L	F	Tshegofatso Makudubele	16	SWAG	KKD 23/11/2019 NWS Age Group 3 2019/20
114	1:48.51	L	F	Twana Nel	16	HFM	WBD 17/09/2019 Limpopo Interhoer (Waterberg distrik)
115	1:48.54	L	F	Zoe Leipoldt	16	BLSS	MAN 04/10/2019 Seals Gala
116	1:48.82	L	F	Renita Paul	16	PRA	NGD 17/01/2020 MP AGE GROUP 3 17 - 18 JANUARY
117	1:49.52	L	F	Kayla Day	16	HSTAN	MPD 15/10/2019 Limpopo Top 10 - High Schools

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
118	1:50.08	L	F	Lereisa Sagadevan	16	WVAQ	ETH 14/03/2020 KZNA Level 1 Provincial Champs 2020
119	1:50.85	L	F	Zenaide Black	16	BEAV	ETH 06/07/2019 eThekwini Age Group Gala 2
120	1:52.17	L	F	Renée Fourie	16	PAC	TSH 29/11/2019 2019 The Tshwane Mayoral Gala
121	1:52.37	L	F	Angelique Coetsee	16	ELHS	VBD 15/10/2019 Limpopo Top 10 - High Schools
122	1:53.35	L	F	Jani Roux	16	PHS	CCD 15/10/2019 Limpopo Top 10 - High Schools
123	1:54.10	L	F	Robyn Davids	16	XSAQ	CPT 04/10/2019 CTA TYR QUALIFYING GALA #2
124	1:54.47	L	F	Carmen Gilbert	16	UPTS	ZMD 05/12/2019 NCASA Champs Dec 2019
125	1:58.00	L	F	Kelita Scholtz	16	UPTS	ZMD 15/02/2020 NCASA Age Group 5 UPT 2019-2020
126	1:59.46	L	F	Asiphosona Handile	16	PEAS	NMA 14/06/2019 PEA Winter Gala
127	2:00.21	L	F	Mpho Kobyané	16	ATTE	TSH 08/03/2020 Aquatics Gauteng Level 1
128	2:00.48	L	F	Armane Pretorius	16	UPTS	ZMD 21/02/2020 NCASA Sprints 2020
129	2:01.08	L	F	Andrea Van Jaarsveld	16	HMER	MPD 15/10/2019 Limpopo Top 10 - High Schools
130	2:02.81	L	F	alicia geelboom	16	HEIDE	MAN 14/03/2020 FSA Level 1 2020
131	2:12.31	L	F	Goodness Mlotshwa	16	ATTE	TSH 08/03/2020 Aquatics Gauteng Level 1
132	2:21.06	L	F	Xivono Chauke	16	ESP	EKU 08/03/2020 Aquatics Gauteng Level 1
133	2:33.30	L S	F	Bridget Ndlamini	16	WSS	FDD 26/11/2019 FS Champs
<b>Women 16 - 16 200 Breast</b>							
1	2:34.98	L	F	Lara Van Niekerk	16	RSA	11/09/2019 13th CANA Junior African
2	2:37.40	L	F	Paige Brombacher	16	INFA	NMA 26/09/2019 Aquabear Invitational Meet 2019
3	2:42.37	L	F	Brooklyn Croxon	16	UNIN	MPD 29/11/2019 Mpumalanga Championships 2019
4	2:42.91	L S	F	Georgina Butcher	16	SEAL	UMD 17/12/2019 KZNA Premier Provincial Championship
5	2:43.97	L	F	Gabriella Moll	16	WATR	JHB 10/01/2020 2020 Grand Prix Invitation Swimming
6	2:51.12	L	F	Teagan Jose	16	RSA	20/02/2020 CANA Zone IV Championships
7	2:51.97	L	F	Mia Vd Walt	16	MATI	GED 01/12/2019 Western Cape Long Course
8	2:52.50	L	F	Grace Hudson	16	WATR	JHB 26/09/2019 Aquabear Invitational Meet 2019
9	2:52.62	L	F	Kiara Fryer	16	WATR	JHB 15/02/2020 EGA Last Chance Feb 2020
10	2:53.21	L	F	Christine Mbite	16	RSA	20/02/2020 CANA Zone IV Championships
11	2:53.55	L	F	Chloe LE Roux	16	BLNE	MAN 27/09/2019 Neptunes Open Gala
12	2:53.70	L	F	Megan Shepherd	16	ELEC	JHB 09/12/2019 SA Schools Swimming Championship
13	2:56.16	L	F	Alexa Barnard	16	INFA	NMA 26/09/2019 Aquabear Invitational Meet 2019
14	2:56.43	L	F	Philippa Sparg	16	HARL	BUF 26/09/2019 Aquabear Invitational Meet 2019
15	2:57.76	L	F	Morgan Ferriman	16	ELEC	JHB 18/10/2019 NTS Prestige Gala 2019
16	2:57.96	L	F	Arianne Bauer	16	FISH	EDD 06/12/2019 Eden LC Champs 2019
17	2:57.99	L	F	Simoné De Beer	16	MPS	NGD 09/12/2019 SA Schools Swimming Championship
18	2:58.42	L	F	Hannah Drewes	16	UNIN	MPD 29/02/2020 MP AGE GROUP 6 - 29 FEBRUARY
19	2:59.48	L	F	Hannah Paulse	16	VINE	CPT 01/12/2019 Western Cape Long Course
20	3:01.01	L	F	Sophia Sichtnik	16	ELEC	JHB 12/10/2019 CGA Level 1,2,3, SANJ Gala
21	3:02.33	L	F	Taylin Cronk	16	H2O	EKU 15/02/2020 EGA Last Chance Feb 2020
22	3:03.00	L	F	Camryn Lowman	16	SWIM1	JHB 30/08/2019 NTS August 2019 Age Group Gala Level
23	3:04.31	L S	F	Guilma Lausberg	16	BLSS	MAN 26/11/2019 FS Champs
24	3:05.22	L	F	Paige Nicholson	16	ACSA	ETH 26/10/2019 eThekwini Age Group Gala 7
25	3:05.36	L	F	Caitlin-leigh Watts	16	CRSC	JHB 05/12/2019 CGA Championships 2019
26	3:05.58	L	F	Hannah Murray	16	ROA	EDD 23/08/2019 Madibaz Spring Gala
27	3:07.24	L	F	Jacoba Kotzè	16	CUDU	CPT 01/12/2019 Western Cape Summer Championships
28	3:07.27	L	F	Hannah Andraos	16	TUKS	TSH 15/11/2019 NTS November 2019 Age Group Gala
29	3:07.30	L	F	Nina Ehrich	16	DDA	TSH 30/08/2019 NTS August 2019 Age Group Gala Level
30	3:07.63	L	F	Siona Maistrellis	16	TUKS	TSH 27/09/2019 NTS September 2019 Age Group Gala
31	3:08.80	L S	F	Kaylyn Leach	16	BOKS	EKU 05/12/2019 EGA Summer Championships 2019
32	3:09.95	L	F	Reese Harradine	16	PAC	TSH 30/08/2019 NTS August 2019 Age Group Gala Level
33	3:10.31	L	F	Izani Van Der Merwe	16	CSA	EZD 29/11/2019 Mpumalanga Championships 2019
34	3:10.88	L	F	Chelsea Walden	16	PSCP	UMD 17/12/2019 KZNA Premier Provincial Championship
35	3:11.17	L	F	Marjone De Beer	16	PHS	CCD 05/10/2019 Limpopo Age Group 4 & School Champs
36	3:14.15	L	F	Mikella Calinikos	16	AZON	ETH 23/11/2019 KZN TYR Westville Sprints 2019
37	3:15.91	L S	F	Nicole Dreyer	DR	BLOT	MAN 26/11/2019 FS Champs
38	3:16.30	L	F	Tayla Parker	16	SWIFT	EKU 19/10/2019 EGA Summer 3 2019
39	3:18.00	L	F	Brooklyn Klaasen	16	AQUA	BUF 22/11/2019 BCA Long Course Championships 2019
40	3:19.12	L	F	Electra Barbas	16	DYNA	EKU 19/10/2019 EGA Summer 3 2019
41	3:19.61	L	F	Shaelyn Walker	16	AQUB	NMA 23/08/2019 Madibaz Spring Gala
42	3:20.81	L	F	Alex Voegt	16	WATR	JHB 22/02/2020 CGA Level 2 Last Chance Gala - Day 1

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
43	3:21.12	L	F	Chane Louw	16	FAAC	FBD 21/02/2020 NCASA Sprints 2020
44	3:21.86	L	F	Louise Le Sueur	16	QUIC	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
45	3:24.48	L	F	Tanya Verster	16	BAR	EZD 29/11/2019 Mpumalanga Championships 2019
46	3:24.84	L	F	Kayleigh Mc Ardle	16	WSS	FDD 31/01/2020 Neptune Last Chance Gala
47	3:25.88	L S	F	Imke van Wyk	16	BULS	MAN 26/11/2019 FS Champs
48	3:27.13	L	F	Lailah Moonasar	16	TUKS	FSH 14/02/2020 NTS February 2020 Age Group Gala
49	3:27.98	L S	F	Savannah Van der Spuy	16	BLSS	MAN 26/11/2019 FS Champs
50	3:28.07	L	F	Jessica Otto	16	MDOL	JHB 19/10/2019 EGA Summer 3 2019
51	3:30.23	L	F	Leia Wilson	16	TYGE	CPT 25/01/2020 CTA TYR QUALIFYING GALA #3
52	3:31.95	L S	F	Kayleigh Geel	16	BLSS	MAN 26/11/2019 FS Champs
53	3:32.40	L S	F	Zane Snyman	16	BLNE	MAN 26/11/2019 FS Champs
54	3:33.65	L	F	Morgan Vermeulen	16	SWIFT	EKU 15/02/2020 EGA Last Chance Feb 2020
55	3:33.71	L	F	Anke Weyers	JR	BLOT	MAN 04/10/2019 Seals Gala
56	3:34.25	L S	F	Lizri Weyers	JR	BLOT	MAN 26/11/2019 FS Champs
57	3:34.61	L	F	Bryce Neale	16	FSE	KCD 25/01/2020 Ushaka Championship Gala 2020
58	3:35.76	L	F	Allisson Maguire	16	BLSS	MAN 04/10/2019 Seals Gala
59	3:36.82	L S	F	Angela Ncube	16	WSS	FDD 26/11/2019 FS Champs
60	3:36.97	L	F	Abigail Da Costa	16	AA	JHB 05/12/2019 CGA Championships 2019
61	3:37.38	L S	F	Asté Olivier	16	DYNA	EKU 05/12/2019 EGA Summer Championships 2019
62	3:38.32	L	F	Hannalize Swanepoel	16	BLNE	MAN 04/10/2019 Seals Gala
63	3:38.71	L	F	Simone Pretorius	16	UPTS	ZMD 21/02/2020 NCASA Sprints 2020
64	3:39.33	L S	F	Kerrin Burgess	16	ESP	EKU 05/12/2019 EGA Summer Championships 2019
65	3:40.53	L	F	Anika Weyers	16	PAC	FSH 01/11/2019 NTS November 2019 Age Group Gala
66	3:49.68	L S	F	Abigail Rosendorff	16	BLNE	MAN 26/11/2019 FS Champs
67	3:50.98	L	P	Safiyya Sayed	16	DBSC	SDD 24/06/2019 Sasol National Winter Championship
68	3:51.24	L	F	Nicole Mogajane	16	ISSC	NMA 05/12/2019 NWS Championships 2019/2020
69	3:51.56	L	F	Jessica Deeb	16	SSGUL	ETH 20/07/2019 eThekwini Age Group Gala 3
70	3:52.65	L	F	Cara Vd Merwe	16	REDAQ	CPT 09/11/2019 CTA MEET #4
71	3:53.24	L	F	Zoe Leipoldt	16	BLSS	MAN 04/10/2019 Seals Gala
72	3:54.91	L S	F	Micheline Chetty	16	ESTR	EKU 05/12/2019 EGA Summer Championships 2019
73	3:57.09	L	F	Lereisa Sagadevan	16	VVAQ	ETH 14/03/2020 KZNA Level 1 Provincial Champs 2020
74	3:57.41	L	F	Zarlia Engelbrecht	16	KSC	EZD 29/11/2019 Mpumalanga Championships 2019
75	4:08.99	L	F	Carmen Gilbert	16	UPTS	ZMD 08/11/2019 NCASA Age Group 2 UP 2019
76	4:13.51	L	F	Rene Parker	16	RPAC	EKU 26/10/2019 2019 OR Tambo/Soncini Games
77	4:18.20	L	F	Kelita Scholtz	16	UPTS	ZMD 11/01/2020 NCASA Age Group 4 UP 2019-2020
78	4:25.58	L	F	Mpho Kobyane	16	ATTE	FSH 29/11/2019 2019 The Tshwane Mayoral Gala
79	4:32.34	L	F	Kiara-Lee Nelson	HR	OTSC	ETH 08/02/2020 eThekwini Age Group Gala 10
80	4:37.05	L	F	Armane Pretorius	16	UPTS	ZMD 08/11/2019 NCASA Age Group 2 UP 2019
<b>Women 16 - 16 50 Fly</b>							
1	28.27	L	F	Aimee Canny	16	KNYD	EDD 26/09/2019 Aquabear Invitational Meet 2019
2	28.55	L	F	Caitlin De Lange	16	PAA	FSH 18/10/2019 NTS Prestige Gala 2019
3	28.62	L	F	Trinity Hearne	16	RSA	11/09/2019 13th CANA Junior African
4	28.66	L	F	Veronique Rossouw	16	RSA	11/09/2019 13th CANA Junior African
5	28.70	L	F	Annika Fechter	16	PAC	FSH 04/12/2019 NTS Championships 2019
6	28.86	L	F	Lara Van Niekerk	16	PAC	FSH 04/12/2019 NTS Championships 2019
7	29.86	L	F	Alexia Young	16	RSA	20/02/2020 CANA Zone IV Championships
8	30.17	L	F	Liv Etzold	16	CAMPS	CPT 01/12/2019 Western Cape Long Course
9	30.29	L S	P	Brookelyn Harvey	16	AZON	ETH 17/12/2019 KZNA Premier Provincial Championship
10	30.39	L	F	Hannah Jacobs	16	DRGN	JHB 05/12/2019 CGA Championships 2019
11	30.43	L	F	Kelly Zwart	16	SEAL	UMD 27/06/2019 2019 FLA International Cup
12	30.57	L	F	Ellen Wille	16	ETTN	EKU 12/10/2019 NTS Oct 2019 Age Group Gala
13	30.76	L	P	Amanda Vroon	16	TYGE	CPT 01/12/2019 Western Cape Summer Championships
14	30.77	L	P	Michelle Van Heerden	16	KNYD	EDD 31/01/2020 2020 Grand Prix Invitational Swimming
15	30.86	L	F	Simoné De Beer	16	MPS	NGD 19/10/2019 T. GOLFINHOS SPRINT 2019-2020
16	30.94	L	F	Casey Smith	16	PAC	FSH 30/08/2019 NTS August 2019 Age Group Gala Level
17	30.99	L S	F	Lize-Marie Davidson	AR	BLOT	MAN 26/11/2019 FS Champs
18	31.05	L S	F	Guilma Lausberg	16	BLSS	MAN 26/11/2019 FS Champs
19	31.13	L	F	Megan Shepherd	16	ELEC	JHB 05/12/2019 CGA Championships 2019
20	31.18	L	F	Joane Meintjies	AR	BLOT	MAN 25/01/2020 Mangaung Classic Gala 2020

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
21	31.37	L	F	Georgina Butcher	16	SEAL UMD	17/12/2019 KZNA Premier Provincial Championship
22	31.47	L	P	Marnel Jv Rensburg	16	PSC FSH	04/12/2019 NTS Championships 2019
23	31.48	L	P	Reese Harradine	16	PAC FSH	04/12/2019 NTS Championships 2019
24	31.50	L	F	Chloe LE Roux	16	BLNE MAN	30/08/2019 Kovsie Aquatics Gala 2019
25	31.53	L	F	Grace Hudson	16	WATR JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
26	31.55	L	P	Layla Vahed	16	VIKI BUF	26/09/2019 Aquabear Invitational Meet 2019
27	31.58	L	F	Kristin Lottering	16	NDSA ETH	17/12/2019 KZNA Premier Provincial Championship
28	31.63	L	F	Izabella Gomes	16	WATR JHB	09/12/2019 SA Schools Swimming Championship
29	31.65	L	F	Christine Mbite	16	RSA	20/02/2020 CANA Zone IV Championships
30	31.73	L	F	Zanje van Rensburg	16	HREF BPD	05/12/2019 NWS Championships 2019/2020
31	31.86	L	F	Nina Ehrich	16	DDA FSH	17/01/2020 NTS Janaury 2020 Age Group Gala
32	31.95	L	F	Paige Brombacher	16	INFA NMA	23/08/2019 Madibaz Spring Gala
33	31.96	L	F	Abigail Swanepoel	16	INFA NMA	29/11/2019 NMBA Championships 2019
34	31.99	L	F	Emma Franck	16	WATR JHB	05/12/2019 CGA Championships 2019
35	32.00	L	F	Kerri - Lee HITGE	16	DORE JHB	05/12/2019 CGA Championships 2019
36	32.02	L	F	Angelina Audagnotti	16	HARB BPD	16/08/2019 NTS August 2019 Age Group Gala Level
37	32.22	L	F	Magdalena Terblanche	16	GTC EZD	29/11/2019 Mpumalanga Championships 2019
38	32.23	L	F	Sandree Carolus	16	WATR JHB	05/12/2019 CGA Championships 2019
39	32.27	L	F	Brooklyn Croxon	16	UNIN MPD	29/11/2019 Mpumalanga Championships 2019
40	32.31	L S	F	Jordyn Govender	16	TRIDE ETH	17/12/2019 KZNA Premier Provincial Championship
41	32.33	L	F	Jaime Storm	16	BEAV ETH	25/01/2020 Ushaka Championship Gala 2020
42	32.39	L	F	Naomi Van Der Nest	16	UNIN MPD	29/11/2019 Mpumalanga Championships 2019
43	32.46	L	F	Laura van der Merwe	16	MPS NGD	19/10/2019 T. GOLFINHOS SPRINT 2019-2020
44*	32.54	L	F	Teagan Jose	16	AFIN JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
44*	32.54	L	F	Trinity Pillay	16	KZNA ETH	09/12/2019 SA Schools Swimming Championship
46	32.58	L	F	Marizelle Schoeman	16	LP LP	09/12/2019 SA Schools Swimming Championship
47	32.59	L	F	Aimeè-Jane Jephthah	16	RSA	28/11/2019 2019 EASC CANA Zone 3
48	32.87	L	F	Tanya Joubert	16	PSCP UMD	23/11/2019 KZN TYR Westville Sprints 2019
49	32.89	L	F	Marjone De Beer	16	EAGA CCD	09/11/2019 Limpopo Age Group 5
50	32.94	L	F	Emma Branco-Lizen	16	AQU ADJ	23/11/2019 KZN TYR Westville Sprints 2019
51	32.97	L	F	Marinet vd Walt	16	MPS NGD	09/12/2019 SA Schools Swimming Championship
52	33.00	L	F	Ilane Du Plessis	16	TUKS FSH	17/01/2020 NTS Janaury 2020 Age Group Gala
53	33.07	L	F	Tyla Campbell	16	MDOL JHB	05/12/2019 CGA Championships 2019
54	33.08	L	P	Monique Du Toit	16	PEAS NMA	26/09/2019 Aquabear Invitational Meet 2019
55	33.09	L	F	Tammy Frylinck	16	WATR JHB	05/12/2019 CGA Championships 2019
56	33.17	L	P	Hannah Andraos	16	TUKS FSH	04/12/2019 NTS Championships 2019
57	33.27	L	F	Kerri-Lyn Claase	16	DYNA EKU	14/09/2019 EGA Summer 1 2019
58	33.28	L	F	Mia Vd Walt	16	MATI CED	24/08/2019 Winelands Senior League 2 - 24Aug
59	33.30	L S	F	Georgina Church	16	ACSA ETH	17/12/2019 KZNA Premier Provincial Championship
60	33.32	L	F	Fathima Moola	16	BCA BUF	18/01/2020 CTA INTER DISTRICT PRESTIGE
61	33.39	L	F	Jessica Otto	16	MDOL JHB	05/12/2019 CGA Championships 2019
62	33.40	L	P	Alexa Barnard	16	INFA NMA	26/09/2019 Aquabear Invitational Meet 2019
63	33.44	L	P	Sydney Munks	16	BOKS EKU	05/12/2019 EGA Summer Championships 2019
64*	33.49	L	F	Mia Viljoen	16	UNIN MPD	29/11/2019 Mpumalanga Championships 2019
64*	33.49	L	F	Stacey McCulloch	16	ONYX EKU	19/10/2019 EGA Summer 3 2019
66	33.52	L	F	Imke van Wyk	16	BULS MAN	27/09/2019 Neptunes Open Gala
67*	33.57	L	F	Serante Subramanian	16	PSCP UMD	15/02/2020 KZN Aquatics Level 2 Provincial
67*	33.57	L	F	Tawananyasha Makudo	16	MPS NGD	09/12/2019 SA Schools Swimming Championship
69	33.63	L	F	Paige Nicholson	16	ACSA ETH	23/11/2019 KZN TYR Westville Sprints 2019
70	33.69	L	F	Melanie Daniel	16	AZON ETH	09/11/2019 eThekwini Age Group Gala 8
71*	33.73	L	F	Arianne Bauer	16	FISH EDD	06/12/2019 Eden LC Champs 2019
71*	33.73	L	F	Kelly Spencer	16	SOUL EKU	05/12/2019 EGA Summer Championships 2019
73	33.76	L	F	Tane Coetzer	16	TUKS FSH	30/08/2019 NTS August 2019 Age Group Gala Level
74	33.86	L	P	Philippa Sparg	16	HARL BUF	26/09/2019 Aquabear Invitational Meet 2019
75	33.89	L	F	Zanli Klopper	16	MARL CPT	26/10/2019 1st B Age Group Gala & EC Schools
76	33.97	L	F	Zoe Ioannides	16	INFA NMA	29/11/2019 NMBA Championships 2019
77	34.00	L S	F	Nicole Dreyer	DR	BLOT MAN	26/11/2019 FS Champs
78	34.03	L	F	Sophia Sichtnik	16	ELEC JHB	21/09/2019 CGA SANJ/Level 3 Gala No 1
79	34.04	L	F	Danica Van Jaarsveld	16	WATR JHB	05/12/2019 CGA Championships 2019

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
80	34.07	L S	F	Cara Hickling	DR	BLOT MAN	26/11/2019	FS Champs
81*	34.11	L	F	Kerri-Lee Barnard	16	BEST NMA	29/11/2019	NMBA Championships 2019
81*	34.11	L	F	Kaylyn Leach	16	BOKS EKU	31/08/2019	Adrian Grafe Speedo Sprint Meet
83	34.23	L	F	Kyra Walker	16	CRSC JHB	05/12/2019	CGA Championships 2019
84	34.24	L	F	Zane Snyman	16	BLNE MAN	30/08/2019	Kovsie Aquatics Gala 2019
85	34.25	L	F	Hannah Szapira	16	TYGE CPT	14/06/2019	PEA Winter Gala
86	34.26	L	F	Jenna Reynders	16	BON JHB	05/12/2019	CGA Championships 2019
87	34.30	L	F	Caitlin-leigh Watts	16	CRSC JHB	05/12/2019	CGA Championships 2019
88*	34.39	L	F	Morgan Ferriman	16	ELEC JHB	21/09/2019	CGA SANJ/Level 3 Gala No 1
88*	34.39	L	P	Tayla Parker	16	SWIFT EKU	05/12/2019	EGA Summer Championships 2019
90	34.41	L	F	Danielle Immelman	16	FAAC FBD	21/02/2020	NCASA Sprints 2020
91	34.44	L S	F	Kayleigh Geel	16	BLSS MAN	26/11/2019	FS Champs
92	34.46	L	F	Nelzaan Strydom	16	BLUO UGD	23/11/2019	KZN TYR Westville Sprints 2019
93	34.49	L S	F	Lizri Weyers	JR	BLOT MAN	26/11/2019	FS Champs
94	34.60	L	F	Anna Frankenfeld	16	UNIQ JHB	05/12/2019	CGA Championships 2019
95	34.63	L	F	Mikyla Burger	16	PAC TSH	30/08/2019	NTS August 2019 Age Group Gala Level
96	34.68	L	F	Tanika Jones	16	SGUL ETH	03/08/2019	eThekwini Age Group Gala 4
97	34.83	L	F	Siona Maistrellis	16	TUKS TSH	29/11/2019	2019 The Tshwane Mayoral Gala
98	34.86	L	F	Marlien Crewe-Brown	16	INFA NMA	12/10/2019	3rd A League 2019
99	34.95	L	F	Anika Bezuidenhout	16	HBV MPD	05/10/2019	Limpopo Age Group 4 & School Champs
100	35.03	L	F	Danika Uys	VR	PSA ZLD	12/10/2019	KCDA October Age Group Gala 2019
101	35.09	L	F	Refentse Ruele	16	DRGN JHB	03/11/2019	CGA All Levels
102	35.18	L	F	Jewell Pelser	16	TUKS TSH	30/08/2019	NTS August 2019 Age Group Gala Level
103	35.22	L	F	Hannah Pause	16	VINE CPT	25/01/2020	West Coast Qualify Gala 2020
104	35.24	L	F	Jani Vd Merwe	16	AQ44 WCD	02/11/2019	Swartland Invitational #1
105	35.33	L	P	Inge Steyn	16	DYNA EKU	05/12/2019	EGA Summer Championships 2019
106	35.34	L S	P	Carmel Lombard	16	SEAL UMD	17/12/2019	KZNA Premier Provincial Championship
107	35.37	L	F	Tayla Ashton	16	H2O EKU	19/10/2019	EGA Summer 3 2019
108	35.57	L	F	Clarissa Liebenberg	16	NWUC KKD	05/12/2019	NWS Championships 2019/2020
109	35.59	L	F	Danje Obermeyer	16	UNIN MPD	14/09/2019	MP Sprint Gala - 14 September 2019
110	35.65	L	F	Emmerentia Vorster	16	HPP WBD	17/09/2019	Limpopo Interhoer (Waterberg distrik)
111	35.67	L S	F	Anke Weyers	JR	BLOT MAN	26/11/2019	FS Champs
112	35.85	L	F	Marjean Van Zyl	TR	PSA ZLD	25/01/2020	Ushaka Championship Gala 2020
113	36.02	L	F	Tyla-Paige Clowes	16	PSCP UMD	23/11/2019	KZN TYR Westville Sprints 2019
114	36.04	L	F	Mikella Calinikos	16	AZON ETH	03/08/2019	eThekwini Age Group Gala 4
115	36.17	L	F	Lillian Dixon	16	TUKS TSH	29/11/2019	2019 The Tshwane Mayoral Gala
116	36.22	L	F	Miné Maritz	16	HSBV SKD	05/10/2019	Limpopo Age Group 4 & School Champs
117	36.23	L	F	Danika Janssen	16	DDA TSH	29/11/2019	2019 The Tshwane Mayoral Gala
118	36.27	L	F	Taylin Cronk	16	H2O EKU	19/10/2019	EGA Summer 3 2019
119*	36.36	L	F	Allisson Maguire	16	BLSS MAN	04/10/2019	Seals Gala
119*	36.36	L	F	Brittney van Vuuren	16	MGSC UGD	23/11/2019	KZN TYR Westville Sprints 2019
121	36.37	L	F	Electra Barbas	16	DYNA EKU	17/08/2019	EGA Winter 4 (Soncini) 17.08.19
122	36.47	L	F	Bryce Neale	16	FSE KCD	25/01/2020	Ushaka Championship Gala 2020
123	36.55	L	F	Erica Sibande	16	UNIN MPD	14/09/2019	MP Sprint Gala - 14 September 2019
124	36.70	L	F	Charlize Coetzee	16	TRAZ TSH	12/10/2019	NTS Oct 2019 Age Group Gala
125	36.76	L	F	Michelle Steenekamp	16	AA JHB	15/02/2020	CGA Level 2 Last Chance Gala - Day 1
126	36.78	L	F	Angela Ncube	16	WSS FDD	30/08/2019	Kovsie Aquatics Gala 2019
127	36.83	L S	F	Savannah Van der Spuy	16	BLSS MAN	26/11/2019	FS Champs
128	36.92	L	F	Gabriella Scott	16	QUIC CPT	25/01/2020	CTA TYR QUALIFYING GALA #3
129	36.96	L	F	Kyla Maartens	16	PSCP UMD	23/11/2019	KZN TYR Westville Sprints 2019
130	36.99	L	F	Jacoba Kotzè	16	CUDU CPT	02/11/2019	Swartland Invitational #1
131	37.04	L	F	Nicole Meyer	16	HE WBD	17/09/2019	Limpopo Interhoer (Waterberg distrik)
132	37.13	L	F	Charni Du Plessis	16	RFA TSH	26/10/2019	2019 OR Tambo/Soncini Games
133	37.15	L	F	Camryn Lowman	16	SWIM1 JHB	30/08/2019	NTS August 2019 Age Group Gala Level
134	37.26	L	F	Abigail Da Costa	16	AA JHB	05/12/2019	CGA Championships 2019
135	37.31	L	F	Mushfeeqah Fortuin	16	MPS NGD	09/12/2019	SA Schools Swimming Championship
136	37.36	L	F	Kiara Oellermann	16	CRSC JHB	05/12/2019	CGA Championships 2019
137	37.38	L	F	Micheline Chetty	16	ESTR EKU	26/10/2019	2019 OR Tambo/Soncini Games
138	37.41	L	F	Christelle Visser	16	HFDT MPD	16/09/2019	Limpopo Interhoer (Mopani Distrik)

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
139	37.47	L	F	Tanya Verster	16	BAR EZD	29/11/2019 Mpumalanga Championships 2019
140	37.64	L	P	Shaelyn Walker	16	AQUB NMA	26/09/2019 Aquabear Invitational Meet 2019
141*	37.69	L S	F	Hannalize Swanepoel	16	BLNE MAN	26/11/2019 FS Champs
141*	37.69	L	F	Kiyara Reddy	16	AEC JHB	15/02/2020 EGA Last Chance Feb 2020
143	37.96	L	P	Asté Olivier	16	DYNA ECU	05/12/2019 EGA Summer Championships 2019
144	38.23	L	F	Jessica Deeb	16	SGUL ETH	23/11/2019 KZN TYR Westville Sprints 2019
145	38.31	L	F	Diantha Thambiran	16	DRGN JHB	05/12/2019 CGA Championships 2019
146	38.41	L	F	Teaghan Wafer	16	FSE KCD	09/11/2019 KCDA November Age Group Gala 2019
147	38.63	L S	F	Zane' Engelbrecht	16	SASOL FDD	26/11/2019 FS Champs
148	38.84	L	F	Victoria Kruger	16	NWUC KKD	23/11/2019 NWS Age Group 3 2019/20
149	39.07	L	F	Reece Welgemoed	16	ESTR ECU	19/10/2019 EGA Summer 3 2019
150	39.46	L	F	Chelsea Walden	16	PSCP UMD	05/10/2019 eThekweni Age Group 6
151	39.69	L	F	Kerrin Burgess	16	ESP ECU	19/10/2019 EGA Summer 3 2019
152	39.86	L S	F	Kayleigh Mc Ardle	16	WSS FDD	26/11/2019 FS Champs
153	39.87	L	F	Cara Pieterse	16	HFM WBD	17/09/2019 Limpopo Interhoer (Waterberg distrik)
154*	39.96	L	F	Daniella Dal Medico	16	SODO JHB	07/09/2019 2019 Hillcrest Sprint Gala 13/O
154*	39.96	L	F	Isabella Drewett	16	HSTAN MPD	16/09/2019 Limpopo Interhoer (Mopani Distrik)
156	40.23	L	F	Tayla Nortje	16	PENC MP	19/02/2020 Inter High School Gala - 19 February
157	40.34	L	F	Morgan Vermeulen	16	SWIFT ECU	31/08/2019 Adrian Grafe Speedo Sprint Meet
158	40.39	L	F	Lara Venter	16	SASOL FDD	04/10/2019 Seals Gala
159	40.58	L	F	Marizelle Ferreira	16	ASAW CED	24/08/2019 Winelands Senior League 2 - 24Aug
160	40.60	L	P	Shreya Patel	16	DYNA ECU	05/12/2019 EGA Summer Championships 2019
161	40.85	L	F	Tamryn Prentice	16	CUR MP	19/02/2020 Inter High School Gala - 19 February
162	40.93	L	F	Jade Otto	16	ONYX ECU	19/10/2019 EGA Summer 3 2019
163	41.24	L	F	Anika Weyers	16	PAC FSH	07/09/2019 2019 Hillcrest Sprint Gala 13/O
164	41.47	L	F	Lene Broere	16	SRSC FBD	05/12/2019 NCASA Champs Dec 2019
165	41.56	L	F	Hannah Drewes	16	UPC MP	19/02/2020 Inter High School Gala - 19 February
166	41.57	L	F	Jenna-Jade Beeton	16	ESTR ECU	08/03/2020 Aquatics Gauteng Level 1
167	41.59	L	F	Johanna Roos	16	ELHS VBD	16/09/2019 Limpopo Interhoer (Mopani Distrik)
168	41.60	L	F	Chloë Morrie	16	PLAY CED	24/08/2019 Winelands Senior League 2 - 24Aug
169	41.62	L	F	Armane Pretorius	16	UPTS ZMD	21/02/2020 NCASA Sprints 2020
170	41.63	L	F	Nicole Mogajane	16	ISSC NMD	15/02/2020 NWS Last Chance AG5 1920
171	41.76	L	F	Carlin Schabot	16	HWBA WBD	17/09/2019 Limpopo Interhoer (Waterberg distrik)
172	41.77	L S	F	Zoe Leipoldt	16	BLSS MAN	26/11/2019 FS Champs
173	42.16	L	F	Kayleigh Theron	16	WATR JHB	05/12/2019 CGA Championships 2019
174	42.39	L	F	Paula Burger	16	UPTS ZMD	11/10/2019 Age Group 1 2019 Upington
175	42.76	L	F	Abigail Rosendorff	16	BLNE MAN	30/08/2019 Kovsie Aquatics Gala 2019
176	43.41	L	F	Kristen Klinkert	16	HSTAN MPD	15/10/2019 Limpopo Top 10 - High Schools
177	43.61	L	F	Lailah Moonasar	16	TUKS FSH	01/11/2019 NTS November 2019 Age Group Gala
178	45.17	L	F	Simone Pretorius	16	UPTS ZMD	21/02/2020 NCASA Sprints 2020
179	45.34	L	F	Sarah Du Plessis	16	QGH BUF	14/03/2020 BCA Level 1 Gala 2020
180	45.76	L	F	Zarlia Engelbrecht	16	KSC EZD	29/11/2019 Mpumalanga Championships 2019
181	46.28	L	F	Carmen Gilbert	16	UPTS ZMD	05/12/2019 NCASA Champs Dec 2019
182	46.64	L	F	Tshegofatso Makudubele	16	SWAG KKD	05/12/2019 NWS Championships 2019/2020
183	46.73	L	F	Kayla Day	16	HSTAN MPD	15/10/2019 Limpopo Top 10 - High Schools
184	47.01	L	F	Asiphesona Handile	16	PEAS NMA	14/06/2019 PEA Winter Gala
185	47.18	L	F	Annalene Rood	16	HMER MPD	16/09/2019 Limpopo Interhoer (Mopani Distrik)
186	47.59	L	F	Lereisa Sagadevan	16	VVAQ ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
187	48.97	L	F	Corli-Maré Griffioen	16	FISHS EDD	01/11/2019 38th Freda Barnard Invitational Gala
188	49.20	L	F	Vene Blignaut	16	PHS CCD	15/10/2019 Limpopo Top 10 - High Schools
189	49.84	L	F	Rene Parker	16	RPAC ECU	31/08/2019 Adrian Grafe Speedo Sprint Meet
190	50.25	L	F	Safiyya Sayed	16	DBSC SDD	15/02/2020 EGA Last Chance Feb 2020
191	50.41	L	F	Renée Fourie	16	PAC FSH	29/11/2019 2019 The Tshwane Mayoral Gala
192	51.57	L	F	Rebecca Ayllesbury	16	QGH BUF	14/03/2020 BCA Level 1 Gala 2020
193	51.64	L	F	Nazley Jacobs	16	ISSC NMD	15/02/2020 NWS Last Chance AG5 1920
194	54.40	L	F	Tahlia De Wet	16	FISHS EDD	01/11/2019 38th Freda Barnard Invitational Gala
195	56.29	L	F	Kelita Scholtz	16	UPTS ZMD	11/01/2020 NCASA Age Group 4 UP 2019-2020
196	56.99	L	F	Xivono Chauke	16	ESP ECU	08/03/2020 Aquatics Gauteng Level 1
197	57.78	L	F	Sikhonzile Sibiya	16	DBSC SDD	26/10/2019 2019 OR Tambo/Soncini Games



## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
198	1:00.56 L	F	Robyn Davids	16	XSAQ CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
199	1:02.26 L	F	Fundiswa Ngcongwane	16	HSS NGD	11/10/2019	MP AGE GROUP 2 - 11-12 October
200	1:07.83 L S	F	Bridget Ndlamini	16	WSS FDD	26/11/2019	FS Champs
<b>Women 16 - 16 100 Fly</b>							
1	1:03.18 L	F	Trinity Hearne	16	TYGE CPT	29/06/2019	5 Treviso Swim Cup
2	1:03.59 L	F	Lara Van Niekerk	16	PAC TSH	04/12/2019	NTS Championships 2019
3	1:04.11 L	P	Veronique Rossouw	16	TUKS TSH	21/02/2020	2020 Grand Prix Invitational Swimming
4	1:05.79 L	F	Annika Fechter	16	PAC TSH	04/12/2019	NTS Championships 2019
5	1:06.72 L	F	Kelly Zwart	16	SEAL UMD	27/06/2019	2019 FLA International Cup
6	1:07.32 L	F	Hannah Jacobs	16	DRGN JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
7	1:07.77 L	F	Ellen Wille	16	ETTN EKU	15/02/2020	EGA Last Chance Feb 2020
8	1:08.23 L	P	Brooklyn Harvey	16	AZON ETH	21/02/2020	2020 Grand Prix Invitational Swimming
9	1:09.12 L	F	Alexia Young	16	PEAS NMA	29/11/2019	NMBA Championships 2019
10	1:09.15 L	F	Casey Smith	16	PAC TSH	30/08/2019	NTS August 2019 Age Group Gala Level
11	1:09.27 L	F	Chloe LE Roux	16	BLNE MAN	18/10/2019	Otters Prestige Gala 2019
12	1:09.48 L	P	Liv Etzold	16	CAMPS CPT	01/12/2019	Western Cape Long Course
13	1:09.71 L	P	Megan Shepherd	16	ELEC JHB	05/12/2019	CGA Championships 2019
14	1:09.82 L S	F	Guilma Lausberg	16	BLSS MAN	26/11/2019	FS Champs
15	1:09.86 L S	F	Abigail Swanepoel	16	INFA NMA	07/02/2020	5th A League
16	1:10.42 L S	F	Joane Meintjies	AR	BLOT MAN	26/11/2019	FS Champs
17	1:11.22 L	F	Simoné De Beer	16	GTC EZD	29/11/2019	Mpumalanga Championships 2019
18	1:11.68 L	F	Christine Mbite	16	RSA	28/11/2019	2019 EASC CANA Zone 3
19	1:12.01 L	P	Georgina Butcher	16	SEAL UMD	17/12/2019	KZNA Premier Provincial Championship
20	1:12.30 L	F	Lize-Marie Davidson	AR	BLOT MAN	26/09/2019	Aquabear Invitational Meet 2019
21	1:12.76 L	F	Angelina Audagnotti	16	HARB BPD	05/12/2019	NWS Championships 2019/2020
22	1:13.00 L	F	Michelle Van Heerden	16	BCA BUF	18/01/2020	CTA INTER DISTRICT PRESTIGE
23	1:13.06 L	P	Sandree Carolus	16	WATR JHB	05/12/2019	CGA Championships 2019
24	1:13.08 L	F	Izabella Gomes	16	WATR JHB	09/12/2019	SA Schools Swimming Championship
25	1:13.19 L	F	Marjone De Beer	16	LP LP	09/12/2019	SA Schools Swimming Championship
26	1:13.48 L	F	Tanya Joubert	16	PSCP UMD	23/11/2019	KZN TYR Westville Sprints 2019
27	1:13.95 L	F	Zanje van Rensburg	16	HREF BPD	05/12/2019	NWS Championships 2019/2020
28	1:14.13 L	P	Emma Branco-Lizen	16	KZNA ETH	09/12/2019	SA Schools Swimming Championship
29	1:14.14 L	F	Jordyn Govender	16	TRIDE ETH	23/11/2019	KZN TYR Westville Sprints 2019
30	1:14.28 L	F	Marnel Jv Rensburg	16	PSC TSH	04/12/2019	NTS Championships 2019
31	1:17.07 L	F	Sydney Munks	16	BOKS EKU	08/11/2019	EGA Summer 4
32	1:17.08 L	F	Marinet vd Walt	16	RBUR BPD	05/12/2019	NWS Championships 2019/2020
33	1:17.32 L	F	Marizelle Schoeman	16	HSBV SKD	17/09/2019	Limpopo Interhoer (Waterberg distrik)
34	1:17.38 L	P	Aimeè-Jane Jephthah	16	PAQU CED	31/01/2020	2020 Grand Prix Invitational Swimming
35	1:17.57 L	P	Ilane Du Plessis	16	TUKS TSH	04/12/2019	NTS Championships 2019
36	1:17.58 L	F	Serante Subramanian	16	PSCP UMD	15/02/2020	KZN Aquatics Level 2 Provincial
37	1:19.35 L	F	Magdalena Terblanche	16	GTC EZD	11/10/2019	MP AGE GROUP 2 - 11-12 October
38	1:19.46 L	F	Kerri-Lee Barnard	16	BEST NMA	29/11/2019	NMBA Championships 2019
39	1:19.50 L	F	Refentse Ruele	16	DRGN JHB	18/01/2020	CGA Last Chance Level 3-SANJ gala
40	1:19.66 L	F	Stacey McCulloch	16	ONYX EKU	08/11/2019	EGA Summer 4
41	1:19.68 L	F	Hannah Szapira	16	TYGE CPT	01/11/2019	38th Freda Barnard Invitational Gala
42	1:19.90 L S	F	Inge Steyn	16	DYNA EKU	05/12/2019	EGA Summer Championships 2019
43	1:19.96 L	F	Zoe Ioannides	16	INFA NMA	26/09/2019	Aquabear Invitational Meet 2019
44	1:20.22 L S	F	Lizri Weyers	JR	BLOT MAN	26/11/2019	FS Champs
45	1:20.33 L	F	Philippa Sparg	16	HARL BUF	08/11/2019	BCA November Age Group Gala 2019
46	1:21.76 L S	F	Tayla Parker	16	SWIFT EKU	05/12/2019	EGA Summer Championships 2019
47	1:21.87 L	F	Danje Obermeyer	16	UNIN MPD	14/09/2019	MP Sprint Gala - 14 September 2019
48	1:21.95 L	F	Hannah Paulse	16	UNIN CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
49	1:22.16 L	F	Fathima Moola	16	SRAY BUF	21/02/2020	BCA 2nd Feb Age Group Gala 2020
50	1:22.19 L	F	Tyla-Paige Clowes	16	PSCP UMD	15/02/2020	KZN Aquatics Level 2 Provincial
51	1:22.72 L	F	Imke van Wyk	16	BULS MAN	18/10/2019	Otters Prestige Gala 2019
52	1:22.83 L	F	Anika Bezuidenhout	16	HBV MPD	16/09/2019	Limpopo Interhoer (Mopani Distrik)
53	1:23.22 L	F	Tawananyasha Makudo	16	ISSC NMD	09/11/2019	NWS Age Group 2 1920
54	1:23.34 L S	F	Kayleigh Geel	16	BLSS MAN	26/11/2019	FS Champs
55	1:23.75 L	P	Kyra Walker	16	CRSC JHB	05/12/2019	CGA Championships 2019

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
56	1:24.44	L	P	Angela Ncube	16	WSS FDD	17/12/2019 KZNA Premier Provincial Championship
57	1:24.54	L	F	Mia Viljoen	16	NHS MP	19/02/2020 Inter High School Gala - 19 February
58	1:25.21	L	F	Taylin Cronk	16	H2O EKU	15/02/2020 EGA Last Chance Feb 2020
59	1:25.42	L	F	Anna Frankenfeld	16	UNIQ JHB	18/01/2020 Cape of Good Hope Gala 2020
60	1:25.44	L	F	Brooklyn Klaasen	16	AQUA BUF	22/11/2019 BCA Long Course Championships 2019
61	1:25.87	L	F	Danielle Immelman	16	FAAC FBD	05/12/2019 NCASA Champs Dec 2019
62	1:25.90	L	F	Bryce Neale	16	FSE KCD	15/02/2020 KCDA February Age Group Gala 2020
63	1:26.49	L	F	Anke Weyers	JR	BLOT MAN	18/10/2019 Otters Prestige Gala 2019
64	1:27.39	L	F	Gabriella Scott	16	QUIC CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
65	1:27.89	L	F	Miné Maritz	16	HSBV SKD	17/09/2019 Limpopo Interhoer (Waterberg distrik)
66	1:28.09	L	F	Michelle Steenekamp	16	AA JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
67	1:28.20	L	P	Daniella Dal Medico	16	SODO JHB	04/12/2019 NTS Championships 2019
68	1:29.29	L	F	Erica Sibande	16	CUR MP	19/02/2020 Inter High School Gala - 19 February
69	1:29.32	L	F	Savannah Van der Spuy	16	BLSS MAN	30/08/2019 Kovsie Aquatics Gala 2019
70	1:29.36	L	F	Emmerentia Vorster	16	HPP WBD	17/09/2019 Limpopo Interhoer (Waterberg distrik)
71	1:29.79	L	F	Morgan Amery-Bosman	16	CYBE CPT	09/11/2019 CTA MEET #4
72	1:30.75	L S	F	Allisson Maguire	16	BLSS MAN	26/11/2019 FS Champs
73	1:31.14	L	F	Marjean Van Zyl	TR	PSA ZLD	23/11/2019 KZN TYR Westville Sprints 2019
74	1:31.64	L S	F	Electra Barbas	16	DYNA EKU	24/06/2019 Sasol National Winter Championship
75	1:34.18	L	F	Brittney van Vuuren	16	MGSC UGD	23/11/2019 KZN TYR Westville Sprints 2019
76	1:34.80	L	F	Nicole Meyer	16	HE WBD	17/09/2019 Limpopo Interhoer (Waterberg distrik)
77	1:35.70	L	F	Cara Pieterse	16	HFM WBD	17/09/2019 Limpopo Interhoer (Waterberg distrik)
78	1:36.66	L	F	Asha Jack	16	CYBE CPT	09/11/2019 CTA MEET #4
79	1:36.73	L S	F	Zane' Engelbrecht	16	SASOL FDD	24/06/2019 Sasol National Winter Championship
80	1:37.36	L	F	Kayleigh Mc Ardle	16	WSS FDD	12/10/2019 Fezile Dabi Age Group October 2019
81	1:38.53	L	F	Isabella Drewett	16	HSTAN MPD	15/10/2019 Limpopo Top 10 - High Schools
82	1:38.77	L	F	Morgan Vermeulen	16	SWIFT EKU	26/10/2019 2019 OR Tambo/Soncini Games
83	1:39.81	L	F	Kiyara Reddy	16	AEC JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
84	1:42.93	L	F	Isabella Twala	16	HE WBD	05/10/2019 Limpopo Age Group 4 & School Champs
85	1:45.41	L	F	Carmen Gilbert	16	UPTS ZMD	25/10/2019 Flamingo Aquatics Academy Prestige
86	1:46.32	L	F	Kiara-Lee Nelson	HR	OTSC ETH	08/02/2020 eThekweni Age Group Gala 10
87	1:47.09	L	F	Nicole Mogajane	16	ISSC NMA	05/12/2019 NWS Championships 2019/2020
88	1:56.00	L	F	Rene Parker	16	RPAC EKU	08/11/2019 EGA Summer 4
89	1:58.23	L	F	Simone Pretorius	16	UPTS ZMD	08/11/2019 NCASA Age Group 2 UP 2019
90	1:58.72	L	F	Lereisa Sagadevan	16	WVAQ ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
91	2:10.27	L	F	Armane Pretorius	16	UPTS ZMD	08/11/2019 NCASA Age Group 2 UP 2019
<b>Women 16 - 16 200 Fly</b>							
1	2:21.51	L	F	Trinity Hearne	16	TYGE CPT	29/06/2019 5 Treviso Swim Cup
2	2:29.02	L	F	Kelly Zwart	16	SEAL UMD	27/06/2019 2019 FLA International Cup
3	2:29.90	L	F	Veronique Rossouw	16	TUKS FSH	15/11/2019 NTS November 2019 Age Group Gala
4	2:38.84	L	F	Abigail Swanepoel	16	RSA	20/02/2020 CANA Zone IV Championships
5	2:42.62	L	F	Chloe LE Roux	16	BLNE MAN	26/11/2019 FS Champs
6	2:43.19	L	F	Guilma Lausberg	16	BLSS MAN	26/11/2019 FS Champs
7	2:44.21	L	F	Ellen Wille	16	ETTN EKU	19/10/2019 EGA Summer 3 2019
8	2:51.64	L	F	Angelina Audagnotti	16	MPS NGD	09/12/2019 SA Schools Swimming Championship
9	2:52.32	L	F	Tanya Joubert	16	PSCP UMD	23/11/2019 KZN TYR Westville Sprints 2019
10	2:55.17	L	F	Emma Branco-Lizen	16	AQU ADJ	21/02/2020 Amajuba District Long Course
11	2:56.74	L	F	Sydney Munks	16	BOKS EKU	05/12/2019 EGA Summer Championships 2019
12	3:16.15	L	F	Lizri Weyers	JR	BLOT MAN	26/11/2019 FS Champs
<b>Women 16 - 16 200 IM</b>							
1	2:19.34	L	F	Aimee Canny	16	KNYD EDD	26/09/2019 Aquabear Invitational Meet 2019
2	2:21.46	L	F	Lara Van Niekerk	16	RSA	11/09/2019 13th CANA Junior African
3	2:23.95	L	F	Trinity Hearne	16	RSA	11/09/2019 13th CANA Junior African
4	2:24.59	L	F	Sune Liebenberg	16	NWS	01/02/2020 NTS Invitational Gala 2020
5	2:26.91	L	F	Chloe LE Roux	16	BLNE MAN	18/10/2019 Otters Prestige Gala 2019
6	2:29.46	L	F	Grace Hudson	16	WATR JHB	26/09/2019 Aquabear Invitational Meet 2019
7	2:29.71	L	F	Paige Brombacher	16	INFA NMA	29/11/2019 NMBA Championships 2019
8	2:31.00	L	F	Brooklyn Croxon	16	UNIN MPD	14/09/2019 MP Sprint Gala - 14 September 2019

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
9	2:31.75	L	F	Veronique Rossouw	16	TUKS FSH	04/12/2019 NTS Championships 2019
10	2:32.55	L	P	Gabriella Moll	16	WATR JHB	21/02/2020 2020 Grand Prix Invitational Swimming
11	2:33.17	L	F	Megan Shepherd	16	ELEC JHB	05/12/2019 CGA Championships 2019
12	2:33.35	L	F	Guilma Lausberg	16	BLSS MAN	26/11/2019 FS Champs
13	2:33.46	L	F	Caitlin De Lange	16	PAA FSH	30/08/2019 NTS August 2019 Age Group Gala Level
14	2:34.33	L	F	Mia Vd Walt	16	MATI CED	19/10/2019 Winelands Senior League 4 - 19 Oct
15*	2:35.60	L	F	Hannah Jacobs	16	DRGN JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
15*	2:35.60	L	F	Georgina Butcher	16	SEAL UMD	27/06/2019 2019 FLA International Cup
17	2:36.04	L	F	Hannah Andraos	16	TUKS FSH	04/12/2019 NTS Championships 2019
18	2:36.93	L	F	Annika Fechter	16	PAC FSH	04/12/2019 NTS Championships 2019
19	2:37.06	L	F	Simoné De Beer	16	MPS NGD	19/10/2019 T. GOLFINHOS SPRINT 2019-2020
20	2:37.35	L	F	Hannah Murray	16	ROA EDD	21/02/2020 Infinity Champs LC Gala
21	2:38.39	L	F	Emma Franck	16	WATR JHB	05/12/2019 CGA Championships 2019
22	2:38.59	L	F	Jaime Storm	16	BEAV ETH	23/11/2019 KZN TYR Westville Sprints 2019
23	2:38.95	L	F	Lize-Marie Davidson	AR	BLOT MAN	26/11/2019 FS Champs
24	2:38.97	L	F	Kelly Zwart	16	SEAL UMD	27/06/2019 2019 FLA International Cup
25	2:39.18	L	F	Alexa Barnard	16	INFA NMA	23/08/2019 Madibaz Spring Gala
26	2:39.34	L	F	Alexia Young	16	PEAS NMA	26/09/2019 Aquabear Invitational Meet 2019
27	2:39.35	L	P	Brookelyn Harvey	16	AZON ETH	17/12/2019 KZNA Premier Provincial Championship
28	2:39.44	L	F	Teagan Jose	16	AFIN JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
29	2:39.53	L	F	Paige Nicholson	16	ACSA ETH	23/11/2019 KZN TYR Westville Sprints 2019
30	2:39.62	L	F	Tammy Frylinck	16	WATR JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
31	2:39.63	L	F	Joane Meintjies	AR	BLOT MAN	26/11/2019 FS Champs
32	2:40.17	L	F	Ellen Wille	16	ETTNI ECU	05/12/2019 EGA Summer Championships 2019
33	2:40.67	L	F	Christine Mbite	16	LP LP	09/12/2019 SA Schools Swimming Championship
34	2:41.13	L	F	Sophia Sichtnik	16	ELEC JHB	03/11/2019 CGA All Levels
35	2:41.74	L	P	Liv Etzold	16	CAMPS CPT	31/01/2020 2020 Grand Prix Invitational Swimming
36	2:41.76	L	F	Arianne Bauer	16	BCA BUF	18/01/2020 CTA INTER DISTRICT PRESTIGE
37	2:42.05	L	F	Megan De Wet	16	MWSC NGD	29/11/2019 Mpumalanga Championships 2019
38*	2:42.22	L	F	Ilane Du Plessis	16	TUKS FSH	04/12/2019 NTS Championships 2019
38*	2:42.22	L	F	Abigail Swanepoel	16	INFA NMA	26/09/2019 Aquabear Invitational Meet 2019
40	2:42.50	L	F	Cara Hickling	DR	BLOT MAN	26/11/2019 FS Champs
41	2:43.26	L	F	Magdalena Terblanche	16	GTC EZD	29/11/2019 Mpumalanga Championships 2019
42	2:43.88	L	F	Kristin Lottering	16	NDSA ETH	18/10/2019 Ilembe District Age Group Gala 2
43	2:43.90	L	F	Marjone De Beer	16	EAGA CCD	29/11/2019 Limpopo Champs
44	2:44.27	L	F	Zanje van Rensburg	16	HREF BPD	25/01/2020 4 + 1 Inter Provincial Gala 2020
45	2:44.58	L	F	Tane Coetzer	16	TUKS FSH	15/11/2019 NTS November 2019 Age Group Gala
46	2:44.76	L	F	Casey Smith	16	PAC FSH	07/09/2019 2019 Hillcrest Sprint Gala 13/O
47	2:44.79	L	F	Reese Harradine	16	PAC FSH	07/09/2019 2019 Hillcrest Sprint Gala 13/O
48	2:44.85	L	F	Tyla Campbell	16	MDOL JHB	05/12/2019 CGA Championships 2019
49	2:45.01	L	F	Danica Van Jaarsveld	16	WATR JHB	21/09/2019 CGA SANJ/Level 3 Gala No 1
50	2:45.32	L	F	Kaylyn Leach	16	BOKS ECU	31/08/2019 Adrian Grafe Speedo Sprint Meet
51	2:45.64	L	F	Sandree Carolus	16	WATR JHB	05/12/2019 CGA Championships 2019
52	2:46.24	L	F	Layla Vahed	16	VIKI BUF	26/09/2019 Aquabear Invitational Meet 2019
53	2:46.26	L	F	Laela Masson	16	PLAY CED	26/09/2019 Aquabear Invitational Meet 2019
54	2:46.29	L	P	Jordyn Govender	16	TRIDE ETH	17/12/2019 KZNA Premier Provincial Championship
55	2:47.12	L	F	Erin McCann	16	PSCP UMD	18/01/2020 eThekweni Age Group Gala 9
56	2:47.13	L	F	Kerri - Lee HITGE	16	DORE JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
57	2:47.34	L	F	Tayla Parker	16	SWIFT ECU	18/01/2020 EGA Summer 5 - 2020
58	2:47.62	L	F	Bianca Windt	16	TUKS FSH	15/11/2019 NTS November 2019 Age Group Gala
59	2:48.15	L	F	Nina Ehrich	16	DDA FSH	30/08/2019 NTS August 2019 Age Group Gala Level
60	2:48.25	L	F	Kiara Fryer	16	WATR JHB	03/11/2019 CGA All Levels
61	2:48.39	L	F	Philippa Sparg	16	BCA BUF	18/01/2020 CTA INTER DISTRICT PRESTIGE
62	2:48.52	L	F	Caitlin-leigh Watts	16	CRSC JHB	05/12/2019 CGA Championships 2019
63	2:48.82	L	F	Kerri-Lyn Claase	16	DYNA ECU	12/10/2019 CGA Level 1,2,3, SANJ Gala
64	2:49.41	L	F	Jacoba Kotzè	16	CUDU CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
65	2:49.58	L	F	Trinity Pillay	16	ACSA ETH	15/02/2020 KZN Aquatics Level 2 Provincial
66	2:49.65	L	F	Hannah Szapira	16	TYGE CPT	01/12/2019 Western Cape Summer Championships
67	2:49.84	L	F	Zanli Klopper	16	AQUB NMA	14/06/2019 PEA Winter Gala

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
68	2:49.90	L	F	Laura van der Merwe	16	NHS MP	19/02/2020 Inter High School Gala - 19 February
69	2:49.98	L	F	Mikyla Burger	16	PAC FSH	07/09/2019 2019 Hillcrest Sprint Gala 13/O
70	2:50.14	L	F	Nelzaan Strydom	16	BLUO UGD	23/11/2019 KZN TYR Westville Sprints 2019
71	2:50.26	L	F	Morgan Ferriman	16	ELEC JHB	09/12/2019 SA Schools Swimming Championship
72	2:50.32	L	F	Kiara Oellermann	16	CRSC JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
73	2:50.64	L	F	Georgina Church	16	ACSA ETH	21/06/2019 Illeembe Age Group Gala 1
74	2:50.67	L	F	Camryn Lowman	16	SWIM1 JHB	30/08/2019 NTS August 2019 Age Group Gala Level
75	2:51.12	L	P	Sydney Munks	16	BOKS EKU	05/12/2019 EGA Summer Championships 2019
76	2:51.74	L	F	Katherine Bowmaker	16	PSCP UMD	23/11/2019 KZN TYR Westville Sprints 2019
77	2:52.01	L	F	Erica Sibande	16	CUR MP	19/02/2020 Inter High School Gala - 19 February
78	2:52.04	L	F	Nicole Dreyer	DR	BLOT MAN	26/11/2019 FS Champs
79	2:52.38	L	F	Melanie Daniel	16	AZON ETH	23/11/2019 KZN TYR Westville Sprints 2019
80	2:52.52	L	F	Jessica Otto	16	MDOL JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
81	2:52.58	L	F	Aimeè-Jane Jephthah	16	MPS NGD	09/12/2019 SA Schools Swimming Championship
82	2:52.79	L	F	Clarissa Liebenberg	16	NWUC KKD	05/12/2019 NWS Championships 2019/2020
83	2:52.85	L	F	Angelina Audagnotti	16	HARB BPD	05/12/2019 NWS Championships 2019/2020
84	2:53.04	L	F	Izabella Gomes	16	WATR JHB	05/12/2019 CGA Championships 2019
85	2:53.31	L	F	Inge Steyn	16	DYNA EKU	15/02/2020 EGA Last Chance Feb 2020
86	2:53.49	L	F	Danje Obermeyer	16	UNIN MPD	11/10/2019 MP AGE GROUP 2 - 11-12 October
87	2:53.69	L	F	Hannah Paulse	16	VINE CPT	01/12/2019 Western Cape Long Course
88	2:54.14	L	F	Aimeè Scott	16	TYGE CPT	01/12/2019 Western Cape Summer Championships
89	2:54.34	L	F	Shaelyn Walker	16	AQUB NMA	10/08/2019 1st A League 2019
90	2:54.38	L	P	Tayla Ashton	16	H2O EKU	05/12/2019 EGA Summer Championships 2019
91	2:54.80	L	F	Hannah Drewes	16	UPC MP	19/02/2020 Inter High School Gala - 19 February
92	2:54.82	L	F	Marinet vd Walt	16	RBUR BPD	05/12/2019 NWS Championships 2019/2020
93	2:54.95	L	F	Zoe Ioannides	16	INFA NMA	26/09/2019 Aquabear Invitational Meet 2019
94	2:55.13	L	F	Mikella Calinikos	16	KLOO ETH	18/01/2020 eThekwini Age Group Gala 9
95	2:55.94	L	F	Kayleigh Geel	16	BLSS MAN	26/11/2019 FS Champs
96	2:56.03	L S	F	Monique Du Toit	16	PEAS NMA	07/02/2020 5th A League
97	2:56.14	L	F	Jenna Reynders	16	BON JHB	03/11/2019 CGA All Levels
98	2:56.21	L	F	Joanne Combrink	16	WATR JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
99	2:56.31	L	F	Brooklyn Klaasen	16	BCA BUF	18/01/2020 CTA INTER DISTRICT PRESTIGE
100	2:56.44	L	F	Kayleigh Theron	16	WATR JHB	05/12/2019 CGA Championships 2019
101	2:56.65	L	F	Daniella Dal Medico	16	SODO JHB	17/01/2020 NTS Janaury 2020 Age Group Gala
102	2:56.72	L	F	Siona Maistrellis	16	TUKS FSH	29/11/2019 2019 The Tshwane Mayoral Gala
103	2:57.49	L	F	Fathima Moola	16	SRAY BUF	26/09/2019 Aquabear Invitational Meet 2019
104	2:57.67	L	F	Leia Wilson	16	TYGE CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
105	2:58.15	L	F	Marizelle Schoeman	16	HSBV SKD	15/10/2019 Limpopo Top 10 - High Schools
106	2:58.16	L	F	Diantha Thambiran	16	DRGN JHB	15/02/2020 EGA Last Chance Feb 2020
107	2:58.40	L	F	Lillian Dixon	16	TUKS FSH	17/01/2020 NTS Janaury 2020 Age Group Gala
108	2:58.45	L	F	Carmen Berg	16	ASAC CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
109	2:58.47	L	F	Savannah Van der Spuy	16	BLSS MAN	25/01/2020 Mangaung Classic Gala 2020
110	2:58.71	L	F	Hayley Zeller	16	ELEC JHB	03/11/2019 CGA All Levels
111	2:58.87	L	F	Lizri Weyers	JR	BLOT MAN	18/10/2019 Otters Prestige Gala 2019
112	2:59.24	L	F	Katelyn Fletcher	16	TUKS FSH	16/08/2019 NTS August 2019 Age Group Gala Level
113	2:59.66	L	P	Tanya Joubert	16	PSCP UMD	17/12/2019 KZNA Premier Provincial Championship
114	3:00.07	L	F	Emma Branco-Lizen	16	AQU ADJ	26/10/2019 Amajuba District Age Group 1
115	3:00.30	L	F	Taylin Cronk	16	H2O EKU	15/02/2020 EGA Last Chance Feb 2020
116	3:00.31	L	F	Izani Van Der Merwe	16	CSA EZD	14/09/2019 MP Sprint Gala - 14 September 2019
117	3:00.39	L	P	Angela Ncube	16	WSS FDD	17/12/2019 KZNA Premier Provincial Championship
118	3:01.18	L	F	Zane Snyman	16	BLNE MAN	26/11/2019 FS Champs
119	3:01.36	L	F	Jewell Pelser	16	TUKS FSH	15/11/2019 NTS November 2019 Age Group Gala
120	3:01.42	L S	F	Marlien Crewe-Brown	16	INFA NMA	07/02/2020 5th A League
121	3:01.66	L	F	Amidre Snyman	DR	BLOT MAN	18/10/2019 Otters Prestige Gala 2019
122	3:01.81	L	F	Kyra Walker	16	CRSC JHB	05/12/2019 CGA Championships 2019
123	3:02.25	L	F	Anke Weyers	JR	BLOT MAN	18/10/2019 Otters Prestige Gala 2019
124	3:02.80	L	F	Tyla-Paige Clowes	16	PSCP UMD	23/11/2019 KZN TYR Westville Sprints 2019
125	3:03.09	L	F	Zandri Uys	16	PSC FSH	12/10/2019 NTS Oct 2019 Age Group Gala
126	3:03.12	L	F	Michelle Steenekamp	16	AA JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
127	3:03.25	L	F	Hannalize Swanepoel	16	BLNE MAN	26/11/2019 FS Champs
128	3:03.59	L	P	Stacey McCulloch	16	ONYX EKU	05/12/2019 EGA Summer Championships 2019
129	3:03.75	L	F	Kerri-Lee Barnard	16	BEST NMA	12/10/2019 3rd A League 2019
130	3:04.24	L	F	Morgan Amery-Bosman	16	CYBE CPT	01/12/2019 Western Cape Summer Championships
131	3:04.72	L	F	Jade Otto	16	ONYX EKU	15/02/2020 EGA Last Chance Feb 2020
132*	3:05.56	L	F	Jani Vd Merwe	16	AQ44 WCD	02/11/2019 Swartland Invitational #1
132*	3:05.56	L	F	Danielle Immelman	16	FAAC FBD	21/02/2020 NCASA Sprints 2020
134	3:05.65	L	F	Eryn Meiklejohn	16	DRGN JHB	05/12/2019 CGA Championships 2019
135	3:06.27	L	F	Marjean Van Zyl	TR	PSA ZLD	23/11/2019 KZN TYR Westville Sprints 2019
136	3:06.58	L	F	Kayleigh Mc Ardle	16	WSS FDD	26/11/2019 FS Champs
137	3:06.93	L	F	Wine' Koekemoer	16	BLUO UGD	23/11/2019 KZN TYR Westville Sprints 2019
138	3:07.57	L	F	Louise Le Sueur	16	QUIC CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
139	3:07.76	L	F	Abigail Da Costa	16	AA JHB	05/12/2019 CGA Championships 2019
140	3:08.03	L	F	Asté Olivier	16	DYNA EKU	01/11/2019 NTS November 2019 Age Group Gala
141	3:08.20	L	F	Electra Barbas	16	DYNA EKU	17/08/2019 EGA Winter 4 (Soncini) 17.08.19
142*	3:08.27	L	F	Morgan Vermeulen	16	SWIFT EKU	18/01/2020 Cape of Good Hope Gala 2020
142*	3:08.27	L	F	Allisson Maguire	16	BLSS MAN	26/11/2019 FS Champs
144	3:08.38	L	F	Kaylynn Shelton	16	BLMA CPT	02/11/2019 Swartland Invitational #1
145	3:09.08	L	F	Kyla Maartens	16	PSCP UMD	15/02/2020 KZN Aquatics Level 2 Provincial
146	3:09.41	L	F	Mia Jardim	16	SOUL EKU	26/10/2019 2019 OR Tambo/Soncini Games
147	3:10.17	L	F	Cara Vd Merwe	16	REDAQ CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
148	3:10.48	L	F	Charlize Coetzee	16	TRAZ FSH	12/10/2019 NTS Oct 2019 Age Group Gala
149	3:11.31	L	F	Danika Janssen	16	DDA FSH	17/01/2020 NTS Janaury 2020 Age Group Gala
150	3:11.87	L	F	Imke van Wyk	16	BULS MAN	18/10/2019 Otters Prestige Gala 2019
151	3:12.32	L	P	Kerrin Burgess	16	ESP EKU	05/12/2019 EGA Summer Championships 2019
152	3:12.57	L	F	Chane Louw	16	FAAC FBD	05/12/2019 NCASA Champs Dec 2019
153	3:13.31	L	F	Victoria Kruger	16	NWUC KKD	18/01/2020 NWS Age Group 4 1920
154	3:15.23	L	F	Mia Viljoen	16	UNIN MPD	29/02/2020 MP AGE GROUP 6 - 29 FEBRUARY
155	3:15.25	L	F	Bryce Neale	16	FSE KCD	09/11/2019 KCDA November Age Group Gala 2019
156	3:15.76	L	F	Abigail Rosendorff	16	BLNE MAN	26/11/2019 FS Champs
157	3:15.98	L	F	Danika Uys	VR	PSA ZLD	12/10/2019 KCDA October Age Group Gala 2019
158	3:16.80	L	F	Naomi Olivier	16	ACSA ETH	20/07/2019 eThekwini Age Group Gala 3
159	3:17.26	L	F	Zoe Leipoldt	16	BLSS MAN	25/10/2019 Flamingo Aquatics Academy Prestige
160	3:17.62	L	F	Jeanné vd Merwe	16	NWUC KKD	05/12/2019 NWS Championships 2019/2020
161	3:17.75	L	F	Alex Voegt	16	WATR JHB	05/12/2019 CGA Championships 2019
162	3:18.68	L	F	Anika Weyers	16	PAC FSH	07/09/2019 2019 Hillcrest Sprint Gala 13/O
163	3:18.93	L	F	Isabella Drewett	16	HSTAN MPD	16/09/2019 Limpopo Interhoer (Mopani Distrik)
164	3:18.95	L	F	Lene Broere	16	SRSC FBD	05/12/2019 NCASA Champs Dec 2019
165	3:19.16	L	F	Lara Venter	16	SASOL FDD	26/11/2019 FS Champs
166	3:19.34	L	F	Carlin Schabort	16	HWBA WBD	17/09/2019 Limpopo Interhoer (Waterberg distrik)
167	3:19.46	L	F	Asha Jack	16	CYBE CPT	09/11/2019 CTA MEET #4
168	3:19.76	L	P	Jenna-Jade Beeton	16	ESTR EKU	05/12/2019 EGA Summer Championships 2019
169	3:20.40	L	F	Tanya Verster	FR	BHS MP	19/02/2020 Inter High School Gala - 19 February
170	3:21.15	L	F	Kristen Klinkert	16	HSTAN MPD	15/10/2019 Limpopo Top 10 - High Schools
171	3:21.94	L	P	Zane' Engelbrecht	16	SASOL FDD	24/06/2019 Sasol National Winter Championship
172	3:22.64	L	F	Reece Welgemoed	16	ESTR EKU	18/01/2020 Cape of Good Hope Gala 2020
173	3:23.66	L	F	Lailah Moonasar	16	TUKS FSH	01/11/2019 NTS November 2019 Age Group Gala
174	3:26.00	L	F	Micheline Chetty	16	ESTR EKU	18/01/2020 EGA Summer 5 - 2020
175	3:26.39	L	F	Zeno Smith	16	WELA FDD	31/01/2020 Neptune Last Chance Gala
176	3:26.50	L	F	Nicole Mogajane	16	ISSC NMA	05/12/2019 NWS Championships 2019/2020
177	3:32.49	L	F	Elizabeth Ballack	16	BLUO UGD	15/02/2020 KZN Aquatics Level 2 Provincial
178	3:33.64	L	F	Zarlia Engelbrecht	16	KSC EZD	14/09/2019 MP Sprint Gala - 14 September 2019
179	3:35.17	L	F	Zenaide Black	16	BEAV ETH	20/07/2019 eThekwini Age Group Gala 3
180	3:35.19	L	F	Corli-Maré Griffioen	16	FISHS EDD	01/11/2019 38th Freda Barnard Invitational Gala
181	3:36.52	L	F	Isabella Twala	16	ELRAS WBD	29/11/2019 Limpopo Champs
182	3:37.92	L	F	Clarice Rothman	16	WELA FDD	14/09/2019 Fezile Dabi Age Group
183	3:38.72	L	F	Jana Truter	16	AQ44 WCD	19/10/2019 Winelands Senior League 4 - 19 Oct
184	3:39.65	L	F	Nicole Meyer	16	HE WBD	17/09/2019 Limpopo Interhoer (Waterberg distrik)
185	3:39.90	L	F	Renita Paul	16	PRA NGD	17/01/2020 MP AGE GROUP 3 17 - 18 JANUARY

## Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
186	3:40.37 L	F	Simone Pretorius	16	UPTS ZMD	21/02/2020	NCASA Sprints 2020
187	3:41.66 L	F	Tawananyasha Makudo	16	ISSC NMD	19/10/2019	NWS Age Group 1 1920
188	3:43.43 L	F	Rene Parker	16	RPAC EKV	08/11/2019	EGA Summer 4
189	3:44.48 L	F	Safiyya Sayed	16	DBSC SDD	18/01/2020	Cape of Good Hope Gala 2020
190	3:45.54 L	F	Asiphesona Handile	16	PEAS NMA	14/06/2019	PEA Winter Gala
191	3:48.26 L	F	Carmen Gilbert	16	UPTS ZMD	05/12/2019	NCASA Champs Dec 2019
192	3:53.52 L	F	Lereisa Sagadevan	16	WVAQ ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
193	4:06.31 L	F	Kelita Scholtz	16	UPTS ZMD	11/01/2020	NCASA Age Group 4 UP 2019-2020
194	4:39.72 L	F	Xivono Chauke	16	ESP EKV	15/02/2020	EGA Last Chance Feb 2020
195	5:27.21 L	F	Bridget Ndlamini	16	WSS FDD	26/11/2019	FS Champs
<b>Women 16 - 16 400 IM</b>							
1	5:09.46 L	F	Trinity Hearne	16	TYGE CPT	01/12/2019	Western Cape Long Course
2	5:16.22 L	F	Grace Hudson	16	RSA	11/09/2019	13th CANA Junior African
3	5:19.11 L	F	Chloe LE Roux	16	BLNE MAN	26/11/2019	FS Champs
4	5:20.81 L	F	Paige Brombacher	16	INFA NMA	26/09/2019	Aquabear Invitational Meet 2019
5	5:23.67 L	F	Guilma Lausberg	16	BLSS MAN	26/11/2019	FS Champs
6	5:25.68 L	P	Gabriella Moll	16	WATR JHB	21/02/2020	2020 Grand Prix Invitational Swimming
7	5:39.30 L	F	Hannah Murray	16	ROA EDD	23/08/2019	Madibaz Spring Gala
8	5:42.86 L	F	Lize-Marie Davidson	AR	BLOT MAN	26/11/2019	FS Champs
9	5:45.03 L	F	Abigail Swanepoel	16	INFA NMA	29/11/2019	NMBA Championships 2019
10	5:50.71 L	F	Ellen Wille	16	ETTN EKV	14/09/2019	EGA Summer 1 2019
11	5:57.51 L	F	Kerri-Lyn Claase	16	DYNA EKV	05/12/2019	EGA Summer Championships 2019
12	5:58.59 L	F	Christine Mbite	16	EAGA CCD	15/02/2020	Limpopo Age Group 6
13	6:02.88 L	F	Tayla Parker	16	SWIFT EKV	14/09/2019	EGA Summer 1 2019
14	6:11.83 L	F	Mikyla Burger	16	PAC TSH	30/08/2019	NTS August 2019 Age Group Gala Level
15	6:24.80 L	F	Kayleigh Geel	16	BLSS MAN	26/11/2019	FS Champs
16	6:35.63 L	F	Marinet vd Walt	16	RBUR BPD	18/01/2020	NWS Age Group 4 1920
17	6:39.30 L	F	Fathima Moola	16	SRAY BUF	22/11/2019	BCA Long Course Championships 2019
18	8:22.89 L	F	Carmen Gilbert	16	UPTS ZMD	05/12/2019	NCASA Champs Dec 2019