

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
Women 11-11 50 Free							
1	30.31	L	F	Gemma Goncalves	11	FRA ETH	23/11/2019 KZN TYR Westville Sprints 2019
2	30.51	L	F	Ruth Dredge	11	NWS	01/02/2020 NTS Invitational Gala 2020
3	31.12	L	F	Lilly Shaw	11	BEAV ETH	23/11/2019 KZN TYR Westville Sprints 2019
4	31.16	L	F	Christie Piguet	11	SWIM1 JHB	05/12/2019 CGA Championships 2019
5	31.24	L S	F	Mareza Frylinck	11	BLSS MAN	26/11/2019 FS Champs
6	31.41	L S	F	Anri Van Der Westhuizen	11	BLNE MAN	26/11/2019 FS Champs
7*	31.50	L	F	Cassidy Burgess	11	VINE CPT	01/12/2019 Western Cape Long Course
7*	31.50	L	P	Kathleen Welsh	11	MWSC NGD	29/11/2019 Mpumalanga Championships 2019
9	31.53	L	F	Savannah Mostert	11	TUKS FSH	27/09/2019 NTS September 2019 Age Group Gala
10	31.54	L	P	Erin Joubert	11	KLOO ETH	17/12/2019 KZNA Premier Provincial Championship
11	31.79	L	F	Jenna Coetzee	11	INFA NMA	29/11/2019 NMBA Championships 2019
12	31.82	L	F	Holly Allison	11	SGUL ETH	12/10/2019 eThekweni Junior Championships 2019
13	31.90	L	F	Jaime Mote	11	INFA NMA	29/11/2019 NMBA Championships 2019
14	31.92	L	F	Veronique Riekert	11	NWS	01/02/2020 NTS Invitational Gala 2020
15	31.96	L	F	Elisha Perumal	11	BAYV ETH	17/12/2019 KZNA Premier Provincial Championship
16	32.15	L	F	Simone Vd Merwe	11	PAQU CED	01/12/2019 Western Cape Long Course
17	32.38	L	F	Danielle Cronjè	11	GREY CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
18	32.47	L	F	Scarlett Le Roux	11	SOUL EKU	18/01/2020 Cape of Good Hope Gala 2020
19	32.56	L	P	Lara Gouws	11	TUKS FSH	04/12/2019 NTS Championships 2019
20	32.63	L S	F	Kendra Begley	11	PEAS NMA	07/02/2020 5th A League
21	32.67	L	F	Jana Vorster	11	TRAZ FSH	04/12/2019 NTS Championships 2019
22	32.73	L S	F	Leila Yazbek	11	BLNE MAN	26/11/2019 FS Champs
23	32.84	L	F	Kaylie Groenewald	11	LSMSA VBD	05/10/2019 Limpopo Age Group 4 & School Champs
24	33.08	L	F	Gizelle Maritz	11	LINR JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
25	33.12	L	F	Chloe Watson	11	PEAS NMA	29/11/2019 NMBA Championships 2019
26	33.27	L	F	Mieke Van Der Walt	11	FISH EDD	01/11/2019 38th Freda Barnard Invitational Gala
27	33.29	L	P	Stephanie Jurado	11	SAAW CPT	01/12/2019 Western Cape Long Course
28*	33.33	L	P	Mieke Vd Wal	11	BARR CPT	01/12/2019 Western Cape Long Course
28*	33.33	L	F	Emily Macqueen	11	SGUL ETH	12/10/2019 eThekweni Junior Championships 2019
30	33.53	L	F	Karmen Van Rensburg	11	UNIN MPD	29/11/2019 Mpumalanga Championships 2019
31	33.56	L	F	Jessica Sardinha	11	MDOL JHB	08/11/2019 EGA Summer 4
32	33.57	L	F	Hannah Sandilands	11	DRGN JHB	05/12/2019 CGA Championships 2019
33	33.63	L S	F	Paige Jacobs	11	FAAC FBD	26/11/2019 FS Champs
34	33.67	L	F	Maryse Magnee	11	PEAS NMA	29/11/2019 NMBA Championships 2019
35	33.78	L	F	Philippa Stevens	11	INFA NMA	21/02/2020 Infinity Champs LC Gala
36	33.81	L	F	Ella Stacey	11	AA JHB	03/11/2019 CGA All Levels
37	33.92	L	F	Ilke Prinsloo	11	INFA NMA	21/02/2020 Infinity Champs LC Gala
38*	34.01	L	P	Amy Combrink	11	VINE CPT	01/12/2019 Western Cape Long Course
38*	34.01	L	F	Leia Braithwaite	11	SGUL ETH	15/02/2020 KZN Aquatics Level 2 Provincial
40	34.06	L	F	Abigail Roberts	11	NWS	01/02/2020 NTS Invitational Gala 2020
41	34.15	L	F	Angel Williams	11	REDAQ CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
42	34.16	L	F	Rii Spoelstra	11	NWS	01/02/2020 NTS Invitational Gala 2020
43*	34.18	L	F	Ayanda Ntaka	11	UMSH ETH	28/02/2020 NDSA Gala 2020
43*	34.18	L S	F	Maria Steyn	11	BLSS MAN	26/11/2019 FS Champs
45	34.20	L	F	Sunny Huang	11	MDOL JHB	15/02/2020 EGA Last Chance Feb 2020
46	34.21	L	F	Madison du Plessis	CR	BLOT MAN	27/09/2019 Neptunes Open Gala
47	34.22	L S	F	Jade Burnand	11	DYNA EKU	05/12/2019 EGA Summer Championships 2019
48	34.23	L	F	Abigail Britz	11	TINC FSH	29/11/2019 2019 The Tshwane Mayoral Gala
49	34.29	L S	F	Giuliana Raccanello	11	DYNA EKU	05/12/2019 EGA Summer Championships 2019
50*	34.40	L	F	Naledi Thobeha	11	QUIC CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
50*	34.40	L	F	Zandile Sipuka	11	BEST NMA	21/02/2020 Infinity Champs LC Gala
52	34.42	L	P	Me-Kayla Rew	11	TUKS FSH	04/12/2019 NTS Championships 2019
53	34.44	L	F	Micke De Jager	VR	PSA ZLD	21/02/2020 Amajuba District Long Course
54	34.57	L	F	Jade O'Connor	11	NWS	01/02/2020 NTS Invitational Gala 2020
55	34.69	L	F	TehI-Cadi Day Garden	11	BLUO UGD	23/11/2019 KZN TYR Westville Sprints 2019
56	34.72	L	F	Kemantha Ayair	11	CROF ETH	15/02/2020 KZN Aquatics Level 2 Provincial
57	34.73	L	F	Grace Powell	11	CSC FSH	12/10/2019 NTS Oct 2019 Age Group Gala
58	34.76	L	F	Cathrijn Davel	11	MWSC NGD	29/11/2019 Mpumalanga Championships 2019

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59*	34.81 L	F	Athina Mc Colgan	11	JSA JHB	18/01/2020	CGA Last Chance Level 3-SANJ gala
59*	34.81 L	F	Jodi Boettger	11	USC BUF	21/02/2020	BCA 2nd Feb Age Group Gala 2020
61	34.84 L	F	Jesse-Leah Laderach	11	PEAS NMA	23/08/2019	Madibaz Spring Gala
62*	34.90 L	F	Zanté Young	11	NCASA FBD	02/11/2019	Fezile Dabi Inter District Gala 2019
62*	34.90 L	F	Emma Thiersen	11	PEAS NMA	26/09/2019	Aquabear Invitational Meet 2019
64	34.91 L	P	Jani Borman	11	SWAR WCD	01/12/2019	Western Cape Summer Championships
65	34.93 L S	F	Nicole Van Zyl	11	DYNA EKU	24/06/2019	Sasol National Winter Championship
66	34.95 L	F	Sarah-Jane Mouton	11	HARL BUF	26/09/2019	Aquabear Invitational Meet 2019
67	34.97 L	F	Helena Pretorius	11	TKS WBD	29/11/2019	Limpopo Champs
68	34.98 L	F	Mikayla Smit	11	WATR JHB	05/12/2019	CGA Championships 2019
69	35.01 L	F	Gabriella Kirsten	11	PAQU CED	29/02/2020	WCA Junior Champs - 2020
70	35.05 L	F	Tatum Renze	11	PEAS NMA	14/09/2019	2nd A League 14/9/2019
71	35.10 L	F	Sisanda Zikhali	11	SGUL ETH	28/02/2020	NDSA Gala 2020
72	35.13 L S	F	Logan Terreblanche	11	ESTR EKU	05/12/2019	EGA Summer Championships 2019
73	35.15 L	F	Caitlyn Govender	11	SGUL ETH	15/02/2020	KZN Aquatics Level 2 Provincial
74*	35.16 L	P	Janca Hattingh	11	NSA EZD	29/11/2019	Mpumalanga Championships 2019
74*	35.16 L	F	Reabiloe Kodisang	11	CRSC JHB	03/11/2019	CGA All Levels
76	35.18 L	F	Amy Botha	11	BOKS EKU	08/11/2019	EGA Summer 4
77	35.19 L	F	Tia Mari Theron	11	TKS WBD	29/11/2019	Limpopo Champs
78	35.20 L	F	Lucy Le Roux	11	ASAW CED	26/09/2019	Aquabear Invitational Meet 2019
79*	35.21 L S	F	Katelyn Fourie	11	TTNS EKU	24/06/2019	Sasol National Winter Championship
79*	35.21 L	P	Ilanthy Moolman	11	MWSC NGD	29/11/2019	Mpumalanga Championships 2019
81	35.23 L	P	Lily Durant	11	BARR CPT	01/12/2019	Western Cape Summer Championships
82*	35.24 L	P	Leah Scott	11	BLUO UGD	12/10/2019	eThekwini Junior Championships 2019
82*	35.24 L	F	Anne Marais	11	LSJM SKD	05/10/2019	Limpopo Age Group 4 & School Champs
84*	35.28 L S	F	Vera Chen	11	BLSS MAN	26/11/2019	FS Champs
84*	35.28 L	P	Kingsley Greyling	11	AZON ETH	12/10/2019	eThekwini Junior Championships 2019
86	35.35 L	F	Hannah Ferreira	11	AEC JHB	03/11/2019	CGA All Levels
87	35.36 L	F	Ashley Scholtz	11	SODO JHB	05/12/2019	CGA Championships 2019
88	35.38 L S	F	Leandre Voigt	11	VALS FDD	26/11/2019	FS Champs
89	35.41 L	F	Dorette du Plessis	11	MATL KKD	15/02/2020	NWS Last Chance AG5 1920
90	35.42 L	F	Caitlyn Dube	11	MDOL JHB	05/12/2019	CGA Championships 2019
91	35.43 L	F	Liza Schoeman	11	RBOT BPD	05/12/2019	NWS Championships 2019/2020
92*	35.44 L	P	Emily Mc Laren	11	SGUL ETH	17/12/2019	KZNA Premier Provincial Championship
92*	35.44 L	F	Kayla Gous	11	USC BUF	08/11/2019	BCA November Age Group Gala 2019
94	35.50 L S	F	Corli Liversage	11	BLSS MAN	26/11/2019	FS Champs
95*	35.54 L	F	Amy Gerber	11	LAD UTD	21/02/2020	Amajuba District Long Course
95*	35.54 L	F	Jaime Lee Roome	11	VRC FSH	29/11/2019	2019 The Tshwane Mayoral Gala
97*	35.58 L	F	Christi Serfontein	11	QUIC CPT	29/02/2020	WCA Junior Champs - 2020
97*	35.58 L	P	Taiga-Lee White	11	AZON ETH	12/10/2019	eThekwini Junior Championships 2019
99*	35.62 L	P	Abigail Scheffer	11	PAC FSH	04/12/2019	NTS Championships 2019
99*	35.62 L	F	Simone Van Aswegen	11	WATR JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
101*	35.66 L	F	Cait Da Cunha	11	BON JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1
101*	35.66 L	F	Emily Palmer	11	USC BUF	21/02/2020	BCA 2nd Feb Age Group Gala 2020
103	35.67 L	F	Rachel Hinckley	11	DYNA EKU	18/01/2020	Cape of Good Hope Gala 2020
104*	35.70 L	F	Ayalakha Mokoena	11	TUKS FSH	29/11/2019	2019 The Tshwane Mayoral Gala
104*	35.70 L	F	Genevieve Christensen	11	ACSA ETH	08/02/2020	eThekwini Age Group Gala 10
106	35.74 L	F	Samantha Magava	11	UNIQU JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1
107	35.76 L	F	Anastasia Sequeira	11	MDOL JHB	05/12/2019	CGA Championships 2019
108*	35.82 L	F	Michaela Nell	11	WATR JHB	18/01/2020	CGA Last Chance Level 3-SANJ gala
108*	35.82 L	F	Madisynn Elliott	11	LINR JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1
110*	35.83 L	F	Leane Muller	11	RFA FSH	29/11/2019	2019 The Tshwane Mayoral Gala
110*	35.83 L	F	Jenna Blaauw	11	ELEC JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
112	35.91 L	F	Hannah Naidoo	11	BAYV ETH	28/02/2020	NDSA Gala 2020
113	35.92 L S	F	Milla Delport	11	PEAS NMA	07/02/2020	5th A League
114	35.98 L	F	Amy Aaron	11	WSTV ETH	23/11/2019	KZN TYR Westville Sprints 2019
115*	36.00 L	F	Amy O'Connor	11	WATR JHB	03/11/2019	CGA All Levels
115*	36.00 L	F	Karla Myburgh	11	SELC BUF	26/10/2019	1st B Age Group Gala & EC Schools
117*	36.01 L	F	Paige Edmundson	11	SASE JHB	05/12/2019	CGA Championships 2019

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117*	36.01 L	P	Kiera Ruane	11	TUKS FSH	04/12/2019	NTS Championships 2019
119*	36.05 L	F	Jessica Smith	11	SWIM1 JHB	03/11/2019	CGA All Levels
119*	36.05 L	F	Emily Liebenberg	11	SWAR WCD	29/02/2020	WCA Junior Champs - 2020
121	36.19 L	F	Carme Louw	11	TASC MPD	15/02/2020	Limpopo Age Group 6
122	36.27 L	P	Abigail Sparapano	11	AZON ETH	12/10/2019	eThekwini Junior Championships 2019
123	36.28 L	F	Mariel Van Der Net	11	SASOL FDD	12/10/2019	Fezile Dabi Age Group October 2019
124	36.32 L S	F	Daniella Marcus	11	PEAS NMA	07/02/2020	5th A League
125	36.33 L	F	Caitlin Scheepers	11	AQDO CPT	29/02/2020	WCA Junior Champs - 2020
126	36.41 L S	F	Kayla Vosloo	DR	BLOT MAN	26/11/2019	FS Champs
127	36.42 L S	F	Katherine Williams	11	DYNA EKU	05/12/2019	EGA Summer Championships 2019
128*	36.45 L	F	Lungiswa Grootboom	11	SWAR WCD	29/02/2020	WCA Junior Champs - 2020
128*	36.45 L	F	Carine Röntgen	11	SWAR WCD	29/02/2020	WCA Junior Champs - 2020
130	36.47 L	F	Kayla Verbaan	11	KLOO ETH	15/02/2020	KZN Aquatics Level 2 Provincial
131	36.48 L	F	Milri-Ann Summerton	11	MATL KKD	09/11/2019	NWS Age Group 2 1920
132	36.50 L	F	Addison Bailey	11	WATR JHB	05/12/2019	CGA Championships 2019
133*	36.53 L	F	Kayla Honey	11	SOUL EKU	08/11/2019	EGA Summer 4
133*	36.53 L	F	Hannah Turner	11	VINE CPT	22/02/2020	Swartland Invitational Gala 2
135	36.54 L	F	Tayla Dowie	11	FLOD JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1
136	36.58 L	F	Lana Viljoen	11	CSC FSH	29/11/2019	2019 The Tshwane Mayoral Gala
137	36.62 L	F	Isabella Havemann	11	ASAC CPT	29/02/2020	WCA Junior Champs - 2020
138*	36.64 L	F	Storme Badenhorst	11	MANT CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
138*	36.64 L	F	Taylor-Blake Van Tonder	11	ROA EDD	01/11/2019	38th Freda Barnard Invitational Gala
140	36.67 L S	F	Kellen McLaren	11	SOUL EKU	05/12/2019	EGA Summer Championships 2019
141	36.74 L	F	Genevieve Court	11	AA JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1
142*	36.75 L S	F	Macy Hains	11	PEAS NMA	07/02/2020	5th A League
142*	36.75 L	F	Alika Vd Merwe	11	TUKS FSH	12/10/2019	NTS Oct 2019 Age Group Gala
144	36.76 L	F	Megan Nieman	11	TUKS FSH	29/11/2019	2019 The Tshwane Mayoral Gala
145	36.77 L	F	Zoe Green	11	TYGE CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
146	36.78 L	F	Kiara Banks	11	WATR JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
147	36.79 L	F	Anya Fernando	11	SASE JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
148	36.81 L S	F	Chloe Olivier	11	SOUL EKU	05/12/2019	EGA Summer Championships 2019
149	36.85 L	F	Mieka Wichmann	11	PSCP UMD	15/02/2020	KZN Aquatics Level 2 Provincial
150	36.90 L S	F	Taylor Ririe	11	BLSS MAN	26/11/2019	FS Champs
151*	36.94 L	F	Kate Savage	11	VINE CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
151*	36.94 L S	F	Rienke Blignaut	11	WSS FDD	26/11/2019	FS Champs
153	36.96 L	F	Ayanke Stander	11	ASAW CED	29/02/2020	WCA Junior Champs - 2020
154	36.99 L	F	Georgia Gouws	11	BEST NMA	12/10/2019	3rd A League 2019
155	37.01 L	F	Aarifah Haffijee	11	PEAS NMA	09/11/2019	4th A League
156	37.06 L	F	Mia Bruwer	11	SS MPD	15/02/2020	Limpopo Age Group 6
157	37.07 L	F	Zine Mostert	11	WATR JHB	05/12/2019	CGA Championships 2019
158*	37.08 L S	F	Katya Botha	11	BOKS EKU	05/12/2019	EGA Summer Championships 2019
158*	37.08 L	F	Marlene Ward	11	TUKS FSH	14/02/2020	NTS February 2020 Age Group Gala
160	37.10 L	P	Nina Rautenbach	11	SEAL UMD	12/10/2019	eThekwini Junior Championships 2019
161	37.15 L	F	Kate-Lynn de Jager	AR	BLOT MAN	31/01/2020	Neptune Last Chance Gala
162	37.21 L	F	Jamie-Lee Espag	11	AZON ETH	08/02/2020	eThekwini Age Group Gala 10
163	37.22 L	F	Candice Van Eeden	11	SGUL ETH	28/02/2020	NDSA Gala 2020
164	37.29 L	F	Bridget vd Westhuizen	11	TUKS FSH	14/02/2020	NTS February 2020 Age Group Gala
165	37.36 L S	F	Nieke Breytenbach	11	WELA FDD	26/11/2019	FS Champs
166	37.41 L	F	Jessica Greeff	11	HARL BUF	21/02/2020	BCA 2nd Feb Age Group Gala 2020
167	37.42 L	F	Anne Steyl	11	PRKA PSD	11/10/2019	Age Group 1 2019 Kimberley
168	37.43 L	F	Nicola Schwartz	11	HARL BUF	07/02/2020	BCA Feb Age Group Gala 2020
169	37.46 L S	F	Miana Fourie	11	WSS FDD	26/11/2019	FS Champs
170	37.47 L	F	Kehara Human	11	ASAW CED	04/10/2019	CTA TYR QUALIFYING GALA #2
171	37.48 L	F	Nicole Norman	11	RPAC EKU	08/11/2019	EGA Summer 4
172*	37.53 L	F	Jemma Pearse	11	VINE CPT	25/01/2020	West Coast Qualify Gala 2020
172*	37.53 L	F	Lienke Van OS	11	BULS MAN	31/01/2020	Neptune Last Chance Gala
174	37.55 L	F	Leané Gouws	11	HREF BPD	05/12/2019	NWS Championships 2019/2020
175	37.59 L	F	Giselle Kemper	11	CYBE CPT	29/02/2020	WCA Junior Champs - 2020
176	37.62 L	F	René Kotzé	11	POTC KKD	15/02/2020	NWS Last Chance AG5 1920

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177	37.64	L	P	Jaimee-Lee Wenham	11	SGUL	ETH 12/10/2019 eThekweni Junior Championships 2019
178	37.66	L	F	Miela Smit	11	NLS	BUF 14/03/2020 BCA Level 1 Gala 2020
179	37.76	L	F	Leigh Pijoos	11	BLMA	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
180	37.80	L	F	Karli Lotter	11	ROA	EDD 26/10/2019 EDEN 2nd A-League Gala 2019
181	37.83	L	P	Hayley Steyn	11	CSA	EZD 29/11/2019 Mpumalanga Championships 2019
182	37.87	L	F	Chloe Jewell	11	PEAS	NMA 09/11/2019 4th A League
183	37.90	L	F	Nicola Olivier	11	HARB	BPD 05/12/2019 NWS Championships 2019/2020
184	37.99	L	F	Larissa Visagie	11	ASAC	CPT 29/02/2020 WCA Junior Champs - 2020
185*	38.00	L	F	Donne Bruyns	11	NSA	EZD 31/01/2020 MP AGE GROUP 4 31 JANUARY - 1
185*	38.00	L	F	Moya Steer	11	NCDST	ILD 05/10/2019 eThekweni Age Group 6
185*	38.00	L	F	Logan Francke	11	RBOT	NW 19/10/2019 NWS Age Group 1 1920
188	38.03	L	F	Yvonne Pretorius	11	MWSC	NGD 10/01/2020 2020 Grand Prix Invitation Swimming
189*	38.04	L	F	Chrisley Barnard	11	WSS	FDD 12/10/2019 Fezile Dabi Age Group October 2019
189*	38.04	L	F	Rafaela Boltler	11	DRGN	JHB 05/12/2019 CGA Championships 2019
191	38.09	L	F	Simonè Schonken	11	SS	MPD 29/11/2019 Limpopo Champs
192	38.10	L	F	Michaela Mitchley	11	KTS	JTD 21/02/2020 NCASA Sprints 2020
193	38.11	L	F	Jemma Park	11	CRSC	JHB 03/11/2019 CGA All Levels
194	38.15	L	F	Dhenika Chetty	11	BEAV	ETH 14/03/2020 KZNA Level 1 Provincial Champs 2020
195	38.19	L	F	Sandri Visser	11	WELL	GED 21/09/2019 Winelands Senior League 3 - 21Sept
196*	38.23	L	F	Madison Markovic	11	MATL	KKD 15/02/2020 NWS Last Chance AG5 1920
196*	38.23	L	F	Jaime Maritz	11	MPS	NGD 19/10/2019 T. GOLFINHOS SPRINT 2019-2020
196*	38.23	L	F	Annika Potgieter	11	NWUC	KKD 15/02/2020 NWS Last Chance AG5 1920
199	38.25	L	F	Alexandra Houniet	11	MAC	EKU 15/02/2020 EGA Last Chance Feb 2020
200	38.29	L	F	Lara Verhoef	11	BCA	BUF 18/01/2020 CTA INTER DISTRICT PRESTIGE
201	38.33	L	F	Kendra Matthysen	11	MARL	CPT 25/01/2020 CTA TYR QUALIFYING GALA #3
202	38.36	L	F	Zoe Goebel	11	TYGE	CPT 29/02/2020 WCA Junior Champs - 2020
203	38.41	L	F	Kimberley Strong	11	KALA	JTD 29/02/2020 Kathu Special Age Group Gala
204	38.45	L	F	Lily Van Aswegen	11	WATR	JHB 12/10/2019 CGA Level 1,2,3, SANJ Gala
205	38.47	L	F	Talita Lubbe	11	PSC	FSH 01/11/2019 NTS November 2019 Age Group Gala
206	38.49	L	F	June Erasmus	11	RFA	FSH 08/03/2020 Aquatics Gauteng Level 1
207	38.51	L	F	Christina Ou	11	TUKS	FSH 29/11/2019 2019 The Tshwane Mayoral Gala
208	38.53	L S	P	Onkaribile Molamu	11	MATL	KKD 24/06/2019 Sasol National Winter Championship
209*	38.57	L	F	Mia Van Aswegen	11	TYGE	CPT 01/11/2019 38th Freda Barnard Invitational Gala
209*	38.57	L	F	Keera De Esclana	11	VRC	FSH 29/11/2019 2019 The Tshwane Mayoral Gala
211	38.59	L	F	Layla Reynecke	11	SGUL	ETH 08/02/2020 eThekweni Age Group Gala 10
212	38.68	L	F	Ella Eldar	11	TUKS	FSH 14/02/2020 NTS February 2020 Age Group Gala
213	38.74	L	F	Helena Van Vuuren	11	KALA	JTD 11/01/2020 NCASA Age Group 4 KTU 2019-2020
214	38.76	L	F	Micaela Mutooni	11	ELEC	JHB 12/10/2019 CGA Level 1,2,3, SANJ Gala
215	38.79	L	F	Sinoah Pretorius	11	TUKS	FSH 14/02/2020 NTS February 2020 Age Group Gala
216	38.82	L S	F	Megan Augustyn	11	ONYX	EKU 05/12/2019 EGA Summer Championships 2019
217	38.86	L	F	Caitlyn Arendse	11	CSC	FSH 07/09/2019 2019 Hillcrest Sprint Gala
218	38.88	L	F	Keira Holland	11	CRSC	JHB 03/11/2019 CGA All Levels
219	38.94	L	F	Miriam Bihlmaier	11	DBSC	SDD 08/11/2019 EGA Summer 4
220	38.97	L	F	Megan Webster	11	RFA	FSH 29/11/2019 2019 The Tshwane Mayoral Gala
221	39.00	L	F	Jane Glutz	11	AQU	ADJ 23/11/2019 KZN TYR Westville Sprints 2019
222	39.03	L	F	Jorja De Beer	11	AQWO	CPT 22/02/2020 Swartland Invitational Gala 2
223	39.14	L	F	Johanne Lamprecht	11	LSTHZ	WBD 05/10/2019 Limpopo Age Group 4 & School Champs
224	39.17	L	F	Gia Lazzari	11	TUKS	FSH 14/02/2020 NTS February 2020 Age Group Gala
225	39.20	L	F	Nisa Da Silva	11	TUKS	FSH 29/11/2019 2019 The Tshwane Mayoral Gala
226*	39.33	L	F	Emma Swart	11	KNYD	EDD 16/11/2019 EDEN 3rd A-League Gala 2019
226*	39.33	L	F	Alida Louw	11	UPTS	ZMD 15/02/2020 NCASA Age Group 5 UPT 2019-2020
228	39.36	L S	P	Bridget Van der Westhuizen	11	MATL	KKD 24/06/2019 Sasol National Winter Championship
229*	39.41	L	F	Eli Matoti	11	VIKI	BUF 08/11/2019 BCA November Age Group Gala 2019
229*	39.41	L	F	YiYi Luo	11	ESTR	EKU 31/08/2019 Adrian Grafe Speedo Sprint Meet
231*	39.42	L	P	Louise Lepront	11	SGUL	ETH 12/10/2019 eThekweni Junior Championships 2019
231*	39.42	L	F	Hannah Rogan	11	DBSC	SDD 14/09/2019 EGA Summer 1 2019
231*	39.42	L	F	Mila Naudé	11	TUKS	FSH 08/03/2020 Aquatics Gauteng Level 1
234*	39.43	L	F	Janke Breytenbach	GR	PSA	ZLD 25/01/2020 Ushaka Championship Gala 2020
234*	39.43	L S	F	Jaimee-Lee Marais	11	SWIFT	EKU 05/12/2019 EGA Summer Championships 2019

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
236	39.47 L	F	Emily Tsai	11	BLMA CPT	25/01/2020	West Coast Qualify Gala 2020
237*	39.53 L S	F	Ashley Seymour	11	WSS FDD	26/11/2019	FS Champs
237*	39.53 L	F	Anè Kemp	11	SWAR WCD	29/02/2020	WCA Junior Champs - 2020
239*	39.54 L	F	Kelly Stork	11	MAC EKU	31/08/2019	Adrian Grafe Speedo Sprint Meet
239*	39.54 L	F	Taegon Gunkel	11	BEAV ETH	23/11/2019	KZN TYR Westville Sprints 2019
241	39.56 L	F	Sian Kleynhans	11	KALA JTD	11/01/2020	NCASA Age Group 4 KTU 2019-2020
242*	39.57 L	F	Rebecca Kuhn	11	PER JHB	08/03/2020	Aquatics Gauteng Level 1
242*	39.57 L	F	Sanri Rossouw	11	POTC KKD	09/11/2019	NWS Age Group 2 1920
244	39.63 L S	F	Lily Ogden	11	PEAS NMA	07/02/2020	5th A League
245	39.68 L	F	Láne Fouché	11	HREF BPD	05/12/2019	NWS Championships 2019/2020
246	39.74 L	F	Chloe Wintermeyer	11	HASC JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
247	39.76 L	P	Suzanne Walsh	11	SAAW CPT	01/12/2019	Western Cape Long Course
248	39.78 L	F	Ella van Wyk	11	BARR CPT	01/11/2019	38th Freda Barnard Invitational Gala
249	39.79 L	F	Jocelyn Cromhout	11	HARL BUF	21/02/2020	BCA 2nd Feb Age Group Gala 2020
250	39.85 L	F	Elizabeth Opperman	11	KTS JTD	12/10/2019	Age Group 1 2019 Kathu
251	39.88 L	F	Sinakhokonke Nene	11	UMSH ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
252	39.95 L	F	Leandri Venter	11	RBOT NW	19/10/2019	NWS Age Group 1 1920
253	39.99 L	F	Daniëlla Müller	11	TUKS FSH	16/08/2019	NTS August 2019 Age Group Gala Level
254	40.07 L	F	Cecile Scheepers	11	WELA FDD	18/10/2019	Otters Prestige Gala 2019
255	40.15 L	F	Deoné Borstlap	11	POTC KKD	09/11/2019	NWS Age Group 2 1920
256	40.22 L	F	Sinalo Ndlovu	11	UMSH ETH	28/02/2020	NDSA Gala 2020
257	40.31 L	F	Chanè Grobbelaar	11	SWAR WCD	22/02/2020	Swartland Invitational Gala 2
258	40.35 L	F	Keanda Mokoena	11	TUKS FSH	17/01/2020	NTS Janaury 2020 Age Group Gala
259	40.38 L	F	Dakota McIntyre	11	SOUL EKU	17/08/2019	EGA Winter 4 (Soncini) 17.08.19
260	40.40 L	F	Stacey Smith	11	PAC FSH	29/11/2019	2019 The Tshwane Mayoral Gala
261	40.41 L	F	Amy Gulle	11	HARL BUF	22/11/2019	BCA Long Course Championships 2019
262*	40.45 L	F	Richelle Rothmann	11	AQU ADJ	21/02/2020	Amajuba District Long Course
262*	40.45 L	F	Katia Dias	11	BON JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
264*	40.47 L	F	Esther Sauls	11	BENS EKU	17/08/2019	EGA Winter 4 (Soncini) 17.08.19
264*	40.47 L	F	Isobel Todd	11	APEX SSD	14/03/2020	KZNA Level 1 Provincial Champs 2020
266	40.48 L	F	Ashleigh Davies	11	WELA FDD	09/11/2019	Bull-Sharks 2019
267	40.51 L	F	Neo Bhengu	11	MGSC UGD	23/11/2019	KZN TYR Westville Sprints 2019
268	40.53 L	F	Thaania Omar	11	WALM CPT	25/01/2020	CTA TYR QUALIFYING GALA #3
269	40.56 L	F	Kate Rankin	11	IND NGD	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
270	40.65 L	F	Kuzingca Siramza	11	AQUA BUF	07/02/2020	BCA Feb Age Group Gala 2020
271	40.69 L	F	Robyn Barbour	11	ESP EKU	18/01/2020	Cape of Good Hope Gala 2020
272	40.75 L S	F	Gabriella Fotheringham	11	SOUL EKU	05/12/2019	EGA Summer Championships 2019
273	40.76 L	P	Holly Jansens ter laeck	11	KLOO ETH	12/10/2019	eThekwini Junior Championships 2019
274	40.77 L	F	Shayla Harvey	11	SGUL ETH	08/02/2020	eThekwini Age Group Gala 10
275	40.79 L	F	Sarah Lourens	11	ELIT JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1
276	40.82 L	F	Lana Koegelenberg	11	CARN EKU	15/02/2020	EGA Last Chance Feb 2020
277	40.87 L	F	Jessica Bosman	11	QUIC CPT	29/02/2020	WCA Junior Champs - 2020
278	40.88 L	F	Olesego Molemo	11	UNIQ JHB	18/01/2020	EGA Summer 5 - 2020
279	40.89 L	F	Mianca Breitenbach	11	WRC MPD	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
280	40.91 L S	F	Kara Fourie	11	BLSS MAN	26/11/2019	FS Champs
281	40.92 L	F	Jannae De Villiers	11	PRKA PSD	25/10/2019	Flamingo Aquatics Academy Prestige
282	40.93 L	F	Lelanie Buhr	11	SWAR WCD	29/02/2020	WCA Junior Champs - 2020
283	40.99 L	F	Zoe Ann Kruger	11	AQU ADJ	25/01/2020	Amajuba District Age Group Gala 2
284	41.02 L	F	Leila Schenk	11	CPS BUF	14/03/2020	BCA Level 1 Gala 2020
285	41.03 L	F	Mia Crookham	11	TYGE CPT	25/01/2020	CTA TYR QUALIFYING GALA #3
286	41.04 L	F	Zoë Cilliers	11	LSN EZD	11/10/2019	MP AGE GROUP 2 - 11-12 October
287	41.06 L	F	Nina Van Reenen	11	GREY CPT	25/01/2020	CTA TYR QUALIFYING GALA #3
288	41.07 L	F	Emma Lategan	11	CUDU CPT	25/01/2020	CTA TYR QUALIFYING GALA #3
289	41.08 L	F	Mikayla Van Aswegen	11	LSB MP	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
290	41.11 L	F	Jessica Carrol	11	BLMA CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
291	41.16 L	F	Abby Tribe	11	TCA EKU	08/11/2019	EGA Summer 4
292	41.19 L	P	Buhle Mahlalela	11	UNIN MPD	29/11/2019	Mpumalanga Championships 2019
293	41.21 L	F	Sibongakonke Mchunu	11	TMAC ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
294	41.24 L	F	Lusanda Shabalala	11	TMAC ETH	28/02/2020	NDSA Gala 2020

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
295	41.35	L	F	Dorethe Meyer	DR	BLOT MAN	18/10/2019	Otters Prestige Gala 2019
296	41.42	L	F	Noa Mullin	11	HWSK FBD	08/11/2019	NCASA Age Group 2 KBY 2019
297*	41.46	L S	F	Christi Swarts	11	JAQ SDD	05/12/2019	EGA Summer Championships 2019
297*	41.46	L S	F	Christi Swarts	11	JAQ SDD	05/12/2019	EGA Summer Championships 2019
299	41.52	L	F	Jordan Riebeseel	11	SGUL ETH	08/02/2020	eThekwini Age Group Gala 10
300	41.55	L	F	Alea Du Toit	11	BLMA CPT	02/11/2019	Swartland Invitational #1
301	41.57	L	F	Ghia-Lorèn Grobler	11	BLMA CPT	02/11/2019	Swartland Invitational #1
302	41.61	L	F	Teagan Hamer	11	INFA NMA	29/11/2019	NMBA Championships 2019
303	41.62	L	F	Zayyaan Mostert	11	VINE CPT	25/01/2020	West Coast Qualify Gala 2020
304	41.73	L	F	Zoe-Jane Davies	11	CUDU CPT	25/01/2020	CTA TYR QUALIFYING GALA #3
305	41.76	L	F	Megan Van Den Heever	11	GTC EZD	29/11/2019	Mpumalanga Championships 2019
306	41.96	L	F	Chloe Petersen	11	TUKS TSH	07/09/2019	2019 Hillcrest Sprint Gala
307	42.01	L	F	Lehana Greeff	11	HREF BPD	05/12/2019	NWS Championships 2019/2020
308*	42.04	L	P	Aime' Heydricks	11	BLUO UGD	12/10/2019	eThekwini Junior Championships 2019
308*	42.04	L	F	Leanke Voigt	11	JAQ SDD	08/11/2019	EGA Summer 4
310	42.08	L	F	Monique Fourie	11	CSC TSH	29/11/2019	2019 The Tshwane Mayoral Gala
311	42.13	L	F	Claire Van Wyk	11	BLMA CPT	25/01/2020	West Coast Qualify Gala 2020
312	42.20	L	F	Blessing Nkuna	11	LSTZN MPD	05/10/2019	Limpopo Age Group 4 & School Champs
313	42.26	L	F	Gabrielle Kramer	11	PEAS NMA	14/06/2019	PEA Winter Gala
314*	42.27	L	F	Tatum Sanderson	11	SOWE JHB	05/12/2019	CGA Championships 2019
314*	42.27	L	F	Emma Jansen van Rensburg	11	CSC TSH	17/01/2020	NTS January 2020 Age Group Gala
316*	42.28	L	F	Elizabeth Du Plessis	11	SWAR WCD	22/02/2020	Swartland Invitational Gala 2
316*	42.28	L	F	Anja Koen	11	HARB BPD	05/12/2019	NWS Championships 2019/2020
316*	42.28	L	F	Carmen Wasowicz	11	ESTR EKU	18/01/2020	EGA Summer 5 - 2020
319	42.32	L	F	Zine Ferns	11	LPTBO CCD	05/10/2019	Limpopo Age Group 4 & School Champs
320	42.37	L	F	Esti Mouton	11	SWAR WCD	25/01/2020	West Coast Qualify Gala 2020
321	42.40	L	F	Zane Neethling	11	LSKP WBD	05/10/2019	Limpopo Age Group 4 & School Champs
322	42.44	L	F	Zoie Cloete	11	CLSC WCD	22/02/2020	Swartland Invitational Gala 2
323	42.56	L	F	Leah Crozier	11	FAAC FBD	18/01/2020	Good Hope Gala 2020
324	42.60	L	F	Annari Bignaut	11	WSS FDD	30/08/2019	Kovsie Aquatics Gala 2019
325	42.62	L	F	Hanrike Barnard	11	FSAC BPD	09/11/2019	NWS Age Group 2 1920
326	42.69	L	F	Ivana Vyncke	TR	PSA ZLD	25/01/2020	Ushaka Championship Gala 2020
327	42.78	L	F	Shyenne Laubcher	11	WSS FDD	14/03/2020	FSA Level 1 2020
328	42.81	L	F	Isabella Day	11	BEAV ETH	28/02/2020	NDSA Gala 2020
329	42.83	L	F	Jacoline Crous	11	SWAR WCD	02/11/2019	Swartland Invitational #1
330*	42.87	L	F	Tayla Gerber	11	AEC JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
330*	42.87	L	F	Alexa Olivier	AR	BLOT MAN	18/10/2019	Otters Prestige Gala 2019
332	42.89	L	F	Elena Frangou	11	BLSS MAN	04/10/2019	Seals Gala
333	42.93	L S	F	Michaela Blaine	11	PEAS NMA	07/02/2020	5th A League
334	42.94	L	F	Kgothatso Tsebe	11	STAR BPD	05/12/2019	NWS Championships 2019/2020
335	42.96	L	F	Abigail Leibbrandt	11	REDAQ CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
336	43.01	L	F	Margaretha Geldenhuys	11	STELL RMD	23/11/2019	NWS Age Group 3 2019/20
337	43.05	L	F	ANDREA MACHELM	11	FISHS EDD	01/11/2019	38th Freda Barnard Invitational Gala
338	43.16	L S	F	Neeshaan Sallie	11	PEAS NMA	07/02/2020	5th A League
339	43.20	L	F	Olivia Van der Nest	11	NSAD EZD	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
340	43.21	L	F	Selente Oosthuysen	11	HARB BPD	16/08/2019	NTS August 2019 Age Group Gala Level
341	43.28	L	F	Chloe Pieterse	11	CLSC WCD	25/01/2020	West Coast Qualify Gala 2020
342	43.43	L	F	Jenna Grove	11	SEAL UMD	15/02/2020	KZN Aquatics Level 2 Provincial
343	43.49	L S	F	Ilanze du Plessis	11	BULS MAN	26/11/2019	FS Champs
344	43.57	L	F	McKayla Moodley	11	BAYV ETH	28/02/2020	NDSA Gala 2020
345	43.59	L	F	Kailyn Roopchand	11	UM-SA UMD	10/11/2019	eThekwini Age Level 1 Gala 1
346	43.65	L	F	Zahra Spencer	11	BLMA CPT	02/11/2019	Swartland Invitational #1
347	43.66	L	F	Catherine O'Grady	11	EXA EZD	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
348	43.78	L	F	Lynell Smith	11	LSB MP	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
349	43.94	L	F	Izaan Meintjes	11	LSKP WBD	05/10/2019	Limpopo Age Group 4 & School Champs
350	43.96	L	F	Sophie Taylor	11	GREY CPT	25/01/2020	CTA TYR QUALIFYING GALA #3
351	44.01	L	F	Caitlyn Olkers	11	CUDU CPT	25/01/2020	CTA TYR QUALIFYING GALA #3
352	44.05	L S	P	Alandri Krause	11	WSS FDD	24/06/2019	Sasol National Winter Championship
353	44.09	L	F	Aniela Wenhold	11	RBUR BPD	05/12/2019	NWS Championships 2019/2020

Individual Top Times

Times since: 01-May-19

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	Time	P/F/S	Name	Age/Yr				
354	44.16	L	F	Nokwanda Nzuza	11	TMAC	ETH	28/02/2020 NDSA Gala 2020
355	44.18	L	F	Lenya Price	11	DYNA	EKU	31/08/2019 Adrian Grafe Speedo Sprint Meet
356*	44.28	L	F	Carla Carolus	11	XSAQ	CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
356*	44.28	L	F	Zelmari van der Walt	11	AQU	ADJ	26/10/2019 Amajuba District Age Group 1
358	44.40	L	F	Eva Joannou	11	WRC	MPD	29/02/2020 MP AGE GROUP 6 - 29 FEBRUARY
359	44.45	L	F	Refilwe Makudubele	11	SWAG	KKD	09/11/2019 NWS Age Group 2 1920
360*	44.48	L	F	Lutfiyya Sheik	11	AQSC	UMD	14/03/2020 KZNA Level 1 Provincial Champs 2020
360*	44.48	L	F	Marne Pretorius	11	WRC	MPD	31/01/2020 MP AGE GROUP 4 31 JANUARY - 1
362	44.52	L	F	Sofia Oosthuizen	11	WRP	EZD	11/10/2019 MP AGE GROUP 2 - 11-12 October
363	44.55	L	F	Bokamoso Imasiku	11	TLAC	BPD	05/12/2019 NWS Championships 2019/2020
364	44.57	L	F	Mpumelelo Mthandi	11	BLMA	CPT	02/11/2019 Swartland Invitational #1
365	44.64	L	F	Elmor Nolte	11	LSB	MP	14/03/2020 MP LEVEL 1 INTRA PROVINCIAL SWIM
366	44.69	L	F	Mia De Klerk	11	FINS	EZD	14/03/2020 MP LEVEL 1 INTRA PROVINCIAL SWIM
367	44.70	L	F	Maria Dos Santos	11	HREF	BPD	19/10/2019 NWS Age Group 1 1920
368	44.82	L	F	Prisca Mbokani	11	OTTO	ETH	10/11/2019 eThekwini Age Level 1 Gala 1
369	44.85	L	F	Nazeeha Norath	11	TUKS	FSH	29/11/2019 2019 The Tshwane Mayoral Gala
370*	45.51	L	F	Jaime Schweitzer	AR	BLOT	MAN	18/10/2019 Otters Prestige Gala 2019
370*	45.51	L	F	Amahle Ngubane	11	UMSH	ETH	10/11/2019 eThekwini Age Level 1 Gala 1
372*	45.77	L	F	Kayla Scheepers	11	PEAS	NMA	26/09/2019 Aquabear Invitational Meet 2019
372*	45.77	L	F	Theresa Du Plooy	11	LSPHA	MPD	05/10/2019 Limpopo Age Group 4 & School Champs
374	45.83	L	P	Chrystil Raymond	11	UNIN	MPD	29/11/2019 Mpumalanga Championships 2019
375	46.10	L	F	Su-Li Underdown	11	STAR	BPD	19/10/2019 NWS Age Group 1 1920
376	46.14	L	F	Celine Miles	11	APEX	SSD	14/03/2020 KZNA Level 1 Provincial Champs 2020
377	46.22	L	F	Nomthandazo Madonda	11	UMSH	ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
378	46.33	L	F	Mianca Breytenbach	11	WRP	EZD	11/10/2019 MP AGE GROUP 2 - 11-12 October
379	46.43	L	F	Hananje Pretorius	11	UPTS	ZMD	15/02/2020 NCASA Age Group 5 UPT 2019-2020
380	46.86	L S	F	Amy Burrell	11	PEAS	NMA	07/02/2020 5th A League
381	46.89	L	F	Jocke Coetzee	11	KALA	JTD	05/12/2019 NCASA Champs Dec 2019
382	47.02	L	F	Diya Khoosal	11	ATLA	JHB	08/03/2020 Aquatics Gauteng Level 1
383	47.06	L	F	Jade Schaller	11	ISSC	NMD	15/02/2020 NWS Last Chance AG5 1920
384	47.09	L	F	Lana Fourie	11	PAC	FSH	07/09/2019 2019 Hillcrest Sprint Gala
385	47.22	L S	P	Delinda Serfontein	11	VALS	FDD	24/06/2019 Sasol National Winter Championship
386	47.50	L S	F	Abigail Cullen	11	WELA	FDD	26/11/2019 FS Champs
387	47.58	L	F	Chrisna Du Plessis	11	KALA	JTD	16/11/2019 NCASA Age Group 3 2019 KTU
388	48.22	L	F	Esona Gongo	11	UWCA	CPT	02/11/2019 Swartland Invitational #1
389	48.25	L	F	Tayyibah Sayed	11	DBSC	SDD	18/01/2020 EGA Summer 5 - 2020
390	48.32	L	F	Asanda Khanyile	11	TMAC	ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
391	48.37	L	F	Remi Sundelowitz	11	SASE	JHB	22/02/2020 CGA Level 2 Last Chance Gala - Day 1
392	48.41	L	F	Paxton Rankin	11	TLAC	BPD	23/11/2019 NWS Age Group 3 2019/20
393	48.48	L	F	Kuhle Sithole	11	NPS	EZD	14/03/2020 MP LEVEL 1 INTRA PROVINCIAL SWIM
394	48.52	L	F	Chloe Van loggerenberg	11	BAR	EZD	11/10/2019 MP AGE GROUP 2 - 11-12 October
395	48.63	L	F	Jessica Mc Ardle	11	WSS	FDD	14/03/2020 FSA Level 1 2020
396	48.78	L	F	Danelle Conradie	11	HWSK	FBD	08/11/2019 NCASA Age Group 2 KBY 2019
397	48.97	L	F	Aphiwe Malembe	11	USH	KCD	07/12/2019 December Age Group Gala 2019
398	49.16	L	F	Mignon Burger	11	SWAR	WCD	22/02/2020 Swartland Invitational Gala 2
399	49.17	L	F	Nicole White	11	LSKP	WBD	05/10/2019 Limpopo Age Group 4 & School Champs
400	49.32	L	F	Amantle Nyokong	11	CBC	FBD	08/11/2019 NCASA Age Group 2 KBY 2019
401	49.59	L	F	Shannon Rautenbach	11	WRC	MPD	31/01/2020 MP AGE GROUP 4 31 JANUARY - 1
402	49.63	L	F	Mpilo Mahlangu	11	USHAK	EKU	08/11/2019 EGA Summer 4
403	50.00	L	F	Ayanda Luthuli	11	USH	KCD	25/01/2020 Ushaka Championship Gala 2020
404	50.01	L	F	Musa Tshabalala	11	STA	NGD	14/03/2020 MP LEVEL 1 INTRA PROVINCIAL SWIM
405	50.58	L	F	Ilse Roos	11	EXA	EZD	31/01/2020 MP AGE GROUP 4 31 JANUARY - 1
406	50.99	L	F	Diya Rooplal	11	PHOE	JHB	14/03/2020 KZNA Level 1 Provincial Champs 2020
407	51.23	L	F	Hannah Watson	11	SGUL	ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
408	51.30	L	F	Humairah Nakooda	11	AQUA	BUF	26/10/2019 Amajuba District Age Group 1
409	51.70	L	F	Botshelo Thompson	11	STA	NGD	14/03/2020 MP LEVEL 1 INTRA PROVINCIAL SWIM
410	52.19	L	F	Cornelia Du Plessis	11	WELA	FDD	12/10/2019 Fezile Dabi Age Group October 2019
411	52.24	L	F	Zoe Barnes	11	JSA	JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
412	52.65	L	F	Storm Cloete	11	MDOL	JHB	03/11/2019 CGA All Levels

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
413	53.43 L	F	Marlie Kruger	11	DDA FSH	12/10/2019	NTS Oct 2019 Age Group Gala
414	53.80 L	F	Naomi-Jane Kleinsmith	11	KHAY CPT	02/11/2019	Swartland Invitational #1
415	53.99 L	F	Kylie Surajlall	11	WVAQ ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
416	54.01 L	F	Luthando Khumalo	11	STA NGD	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
417	54.02 L	F	Marizette Strombeck	11	HRP NKD	11/10/2019	MP AGE GROUP 2 - 11-12 October
418	54.44 L	F	Zara Rossato	11	HARB BPD	19/10/2019	NWS Age Group 1 1920
419	54.69 L	F	Jessica Infante	11	LSB MP	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
420	55.06 L	F	Siphokazi Sioko	11	KALA JTD	29/02/2020	Kathu Special Age Group Gala
421	55.27 L	F	Leilah Snyman	11	JAK FBD	08/11/2019	NCASA Age Group 2 KBY 2019
422	55.65 L	F	Siyamthanda Thabethe	11	STA NGD	15/02/2020	MP AGE GROUP 5 15 FEBRUARY 2020
423	59.38 L	F	Linamandla Makabane	11	DPS BUF	14/03/2020	BCA Level 1 Gala 2020
424	59.94 L	F	Lynne Mari Wilson	11	LSLTT VBD	05/10/2019	Limpopo Age Group 4 & School Champs
425	1:01.57 L	F	Deidre Nell	11	WRP EZD	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
426	1:02.89 L	F	Naseerah Du Toit	11	UWCA CPT	02/11/2019	Swartland Invitational #1
427	1:03.44 L	F	Ashleigh Lombard	11	WELA FDD	16/11/2019	Fezile Dabi Age Group November 2019
428	1:03.83 L	F	Olwethu Zondo	11	STA NGD	15/02/2020	MP AGE GROUP 5 15 FEBRUARY 2020
429	1:08.23 L	F	Tshegofatso Modupe	11	USHAK EKU	15/02/2020	EGA Last Chance Feb 2020
430	1:08.27 L	F	Karabo Mocwane	11	CBC FBD	08/11/2019	NCASA Age Group 2 KBY 2019
431	1:12.12 L	F	Lesego Tshabalala	11	STA NGD	15/02/2020	MP AGE GROUP 5 15 FEBRUARY 2020
432	1:12.56 L	F	Mariné Oosthuizen	11	JAK FBD	08/11/2019	NCASA Age Group 2 KBY 2019
433	1:48.62 L	F	Anne Marie Smal	11	ESS EZD	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
Women 11-11 100 Free							
1	1:06.47 L	F	Ruth Dredge	11	PAC FSH	04/12/2019	NTS Championships 2019
2	1:07.71 L	F	Gemma Goncalves	11	FRA ETH	17/12/2019	KZNA Premier Provincial Championship
3	1:08.71 L	F	Lilly Shaw	11	BEAV ETH	23/11/2019	KZN TYR Westville Sprints 2019
4	1:08.75 L	F	Kathleen Welsh	11	MWSC NGD	27/09/2019	MP AGE GROUP 1 - 27-28
5	1:09.80 L S	F	Jaime Mote	11	INFA NMA	07/02/2020	5th A League
6	1:09.85 L	F	Savannah Mostert	11	TUKS FSH	14/02/2020	NTS February 2020 Age Group Gala
7	1:10.06 L	F	Erin Joubert	11	KLOO ETH	23/11/2019	KZN TYR Westville Sprints 2019
8	1:10.33 L	F	Holly Allison	11	SGUL ETH	23/11/2019	KZN TYR Westville Sprints 2019
9	1:10.38 L	F	Lara Gouws	11	TUKS FSH	17/01/2020	NTS Janaury 2020 Age Group Gala
10	1:10.59 L	F	Jenna Coetzee	11	INFA NMA	29/11/2019	NMBA Championships 2019
11	1:10.60 L	P	Cassidy Burgess	11	VINE CPT	31/01/2020	2020 Grand Prix Invitational Swimming
12	1:10.65 L	P	Stephanie Jurado	11	SAAW CPT	31/01/2020	2020 Grand Prix Invitational Swimming
13	1:10.67 L	F	Mareza Frylinck	11	BLSS MAN	30/08/2019	Kovsie Aquatics Gala 2019
14	1:11.22 L	F	Scarlett Le Roux	11	SOUL EKU	05/12/2019	EGA Summer Championships 2019
15	1:11.62 L	F	Elisha Perumal	11	BAYV ETH	28/02/2020	NDSA Gala 2020
16	1:11.69 L	F	Christie Piguet	11	SWIM1 JHB	05/12/2019	CGA Championships 2019
17	1:11.77 L	F	Kendra Begley	11	PEAS NMA	29/11/2019	NMBA Championships 2019
18	1:11.87 L	F	Veronique Riekert	11	TUKS FSH	15/11/2019	NTS November 2019 Age Group Gala
19	1:11.89 L	F	Cathrijn Davel	11	MWSC NGD	15/02/2020	MP AGE GROUP 5 15 FEBRUARY 2020
20	1:12.30 L S	F	Anri Van Der Westhuizen	11	BLNE MAN	26/11/2019	FS Champs
21	1:12.39 L S	F	Leila Yazbek	11	BLNE MAN	26/11/2019	FS Champs
22	1:12.48 L	F	Jana Vorster	11	TRAZ FSH	04/12/2019	NTS Championships 2019
23	1:12.62 L	F	Philippa Stevens	11	INFA NMA	21/02/2020	Infinity Champs LC Gala
24	1:12.69 L	P	Emily Macqueen	11	SGUL ETH	12/10/2019	eThekwini Junior Championships 2019
25	1:12.90 L	F	Paige Jacobs	11	FAAC FBD	05/12/2019	NCASA Champs Dec 2019
26	1:12.97 L	F	Simone Vd Merwe	11	PAQU CED	26/09/2019	Aquabear Invitational Meet 2019
27	1:13.54 L	F	Gizelle Maritz	11	LINR JHB	05/12/2019	CGA Championships 2019
28	1:13.58 L	F	Hannah Sandilands	11	DRGN JHB	15/02/2020	EGA Last Chance Feb 2020
29	1:13.93 L	F	Chloe Watson	11	PEAS NMA	29/11/2019	NMBA Championships 2019
30	1:13.95 L	F	Jade Burnand	11	DYNA EKU	05/12/2019	EGA Summer Championships 2019
31	1:14.08 L S	F	Madison du Plessis	CR	BLOT MAN	26/11/2019	FS Champs
32	1:14.10 L S	F	Maryse Magnee	11	PEAS NMA	07/02/2020	5th A League
33	1:15.05 L	P	Mieke Vd Wal	11	BARR CPT	01/12/2019	Western Cape Long Course
34	1:15.26 L	F	Kayla Gous	11	USC BUF	07/02/2020	BCA Feb Age Group Gala 2020
35	1:15.33 L	F	Karmen Van Rensburg	11	UNIN MPD	29/11/2019	Mpumalanga Championships 2019
36	1:15.38 L	F	Xanthe Nagel	11	HREF BPD	25/01/2020	4 + 1 Inter Provincial Gala 2020
37	1:15.53 L	F	Anastasia Sequeira	11	MDOL JHB	10/01/2020	2020 Grand Prix Invitation Swimming

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
38	1:15.62	L	F	Jani Borman	11	SWAR WCD	22/02/2020 Swartland Invitational Gala 2
39	1:15.85	L	F	Grace Powell	11	CSC FSH	14/02/2020 NTS February 2020 Age Group Gala
40	1:16.08	L S	F	Ilke Prinsloo	11	INFA NMA	07/02/2020 5th A League
41	1:16.10	L	F	Ella Stacey	11	AA JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
42	1:16.11	L	P	Katelyn Fourie	11	ETTN ECU	05/12/2019 EGA Summer Championships 2019
43	1:16.18	L	F	Janca Hattingh	11	NSA EZD	31/01/2020 MP AGE GROUP 4 31 JANUARY - 1
44	1:16.51	L	F	Sunny Huang	11	MDOL JHB	15/02/2020 EGA Last Chance Feb 2020
45	1:16.55	L	F	Emma Thiersen	11	PEAS NMA	26/09/2019 Aquabear Invitational Meet 2019
46	1:16.59	L	F	Maria Steyn	11	BLSS MAN	29/02/2020 SEALS AGE GROUP GALA
47	1:16.66	L	P	Alika Vd Merwe	11	TUKS FSH	04/12/2019 NTS Championships 2019
48*	1:16.75	L	F	Mikayla Smit	11	WATR JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
48*	1:16.75	L	F	Ivana Vyncke	TR	PSA ZLD	01/02/2020 Uthukela District Age Group Gala 1 Feb
50	1:16.79	L	F	Karla Myburgh	11	BEST NMA	26/09/2019 Aquabear Invitational Meet 2019
51	1:16.91	L	F	Amy Gerber	11	LAD UTD	21/02/2020 Amajuba District Long Course
52	1:17.05	L	F	Jessica Sardinha	11	MDOL JHB	05/12/2019 CGA Championships 2019
53	1:17.19	L	F	Amy Botha	11	BOKS ECU	15/02/2020 EGA Last Chance Feb 2020
54	1:17.38	L	F	Naledi Thobeha	11	QUIC CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
55	1:17.40	L	F	Zandile Sipuka	11	BEST NMA	26/09/2019 Aquabear Invitational Meet 2019
56	1:17.52	L	F	Emily Mc Laren	11	SGUL ETH	23/11/2019 KZN TYR Westville Sprints 2019
57	1:17.67	L	F	Nicole Van Zyl	11	DYNA ECU	15/02/2020 EGA Last Chance Feb 2020
58	1:17.68	L	F	Ashley Scholtz	11	SODO JHB	15/02/2020 EGA Last Chance Feb 2020
59	1:17.69	L	P	Ayanda Ntaka	11	UMSH ETH	17/12/2019 KZNA Premier Provincial Championship
60	1:17.84	L	F	Amy Combrink	11	VINE CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
61	1:17.87	L	F	Liza Schoeman	11	RBOT NW	25/01/2020 4 + 1 Inter Provincial Gala 2020
62	1:17.90	L	F	Jade O'Connor	11	CSC FSH	14/02/2020 NTS February 2020 Age Group Gala
63	1:17.92	L	F	Abigail Sparapano	11	AZON ETH	12/10/2019 eThekweni Junior Championships 2019
64	1:17.94	L	P	Angel Williams	11	REDAQ CPT	01/12/2019 Western Cape Summer Championships
65	1:17.99	L	P	Giuliana Raccanello	11	DYNA ECU	05/12/2019 EGA Summer Championships 2019
66	1:18.07	L	F	Caitlin Scheepers	11	AQDO CPT	29/02/2020 WCA Junior Champs - 2020
67	1:18.18	L	F	Leia Braithwaite	11	SGUL ETH	28/02/2020 NDSA Gala 2020
68	1:18.23	L	F	Kellen McLaren	11	SOUL ECU	15/02/2020 EGA Last Chance Feb 2020
69	1:18.28	L	F	Kingsley Greyling	11	AZON ETH	12/10/2019 eThekweni Junior Championships 2019
70	1:18.35	L	F	Emily Liebenberg	11	SWAR WCD	29/02/2020 WCA Junior Champs - 2020
71	1:18.36	L	F	Abigail Roberts	11	TUKS FSH	14/02/2020 NTS February 2020 Age Group Gala
72	1:18.51	L	F	Daniella Marcus	11	PEAS NMA	29/11/2019 NMBA Championships 2019
73	1:18.61	L	F	Tia Mari Theron	11	TKS WBD	29/11/2019 Limpopo Champs
74	1:18.68	L	F	Tatum Renze	11	PEAS NMA	26/09/2019 Aquabear Invitational Meet 2019
75	1:18.77	L	F	Leeya Amon	11	TYGE CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
76	1:18.79	L	F	Kaylie Groenewald	11	LSMSA VBD	05/10/2019 Limpopo Age Group 4 & School Champs
77	1:18.83	L	F	Kayla Honey	11	SOUL ECU	05/12/2019 EGA Summer Championships 2019
78	1:18.90	L	F	Jemma Pearse	11	VINE CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
79	1:18.92	L	F	Rachel Hinckley	11	DYNA ECU	19/10/2019 EGA Summer 3 2019
80	1:18.95	L	F	Nicola Olivier	11	HARB BPD	15/02/2020 NWS Last Chance AG5 1920
81	1:19.01	L	F	Amy O'Connor	11	WATR JHB	03/11/2019 CGA All Levels
82	1:19.10	L	F	Caitlyn Govender	11	SGUL ETH	15/02/2020 KZN Aquatics Level 2 Provincial
83	1:19.13	L	F	Georgia Gouws	11	BEST NMA	26/09/2019 Aquabear Invitational Meet 2019
84	1:19.17	L	F	Hannah Naidoo	11	BAYV ETH	28/02/2020 NDSA Gala 2020
85	1:19.35	L	F	Kemantha Ayair	11	CROF ETH	15/02/2020 KZN Aquatics Level 2 Provincial
86	1:19.36	L	F	Elizabeth Victor	11	GTC EZD	29/02/2020 MP AGE GROUP 6 - 29 FEBRUARY
87	1:19.43	L	F	Carine Röntgen	11	SWAR WCD	29/02/2020 WCA Junior Champs - 2020
88	1:19.45	L	F	Mieke Van Der Walt	11	FISH EDD	01/11/2019 38th Freda Barnard Invitational Gala
89	1:19.55	L	F	Gabriella Kirsten	11	PAQU CED	29/02/2020 WCA Junior Champs - 2020
90	1:19.62	L	F	Tehl-Cadi Day Garden	11	BLUO UGD	23/11/2019 KZN TYR Westville Sprints 2019
91	1:19.64	L	F	Carmi Schoeman	11	TKS WBD	15/02/2020 Limpopo Age Group 6
92	1:19.66	L	F	Me-Kayla Rew	11	TUKS FSH	16/08/2019 NTS August 2019 Age Group Gala Level
93	1:19.67	L	F	Sarah-Jane Mouton	11	HARL BUF	21/02/2020 Infinity Champs LC Gala
94	1:19.87	L	F	Jesse-Leah Laderach	11	PEAS NMA	23/08/2019 Madibaz Spring Gala
95	1:19.89	L	P	Abigail Scheffer	11	PAC FSH	04/12/2019 NTS Championships 2019
96	1:20.01	L	F	Kiara Banks	11	WATR JHB	05/12/2019 CGA Championships 2019

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
97	1:20.04	L	F	Leah Scott	11	BLUO	UGD 23/11/2019 KZN TYR Westville Sprints 2019
98	1:20.16	L	F	Lucy Le Roux	11	ASAW	GED 02/11/2019 Swartland Invitational #1
99	1:20.17	L	F	Corli Liversage	11	BLSS	MAN 25/01/2020 Mangaung Classic Gala 2020
100	1:20.25	L	F	Gabriella Van Den Berg	11	ELEC	JHB 05/12/2019 CGA Championships 2019
101	1:20.36	L	F	Addison Bailey	11	WATR	JHB 05/12/2019 CGA Championships 2019
102	1:20.51	L	F	Danielle Cronjè	11	GREY	CPT 25/01/2020 CTA TYR QUALIFYING GALA #3
103	1:20.52	L	F	Lily Durant	11	WATR	JHB 15/02/2020 CGA Level 2 Last Chance Gala - Day 1
104	1:20.53	L	F	Leane Muller	11	RFA	FSH 14/02/2020 NTS February 2020 Age Group Gala
105	1:20.58	L	F	Helena Pretorius	11	LSJM	SKD 05/10/2019 Limpopo Age Group 4 & School Champs
106	1:20.66	L	F	Tayla Dowie	11	FLOD	JHB 15/02/2020 CGA Level 2 Last Chance Gala - Day 1
107	1:20.80	L	F	Leandre Voigt	11	VALS	FDD 25/01/2020 4 + 1 Inter Provincial Gala 2020
108	1:20.83	L	P	Karli Lotter	11	ROA	EDD 01/12/2019 Western Cape Summer Championships
109	1:20.85	L	F	Dorette du Plessis	11	MATL	KKD 23/11/2019 NWS Age Group 3 2019/20
110	1:21.00	L	F	Storme Badenhorst	11	MANT	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
111*	1:21.05	L	F	Rii Spoelstra	11	TUKS	FSH 12/10/2019 NTS Oct 2019 Age Group Gala
111*	1:21.05	L	F	Jamie-Lee Espag	11	AZON	ETH 15/02/2020 KZN Aquatics Level 2 Provincial
113	1:21.11	L	F	Ayanke Stander	11	ASAW	GED 29/02/2020 WCA Junior Champs - 2020
114	1:21.18	L	F	Taiga-Lee White	11	AZON	ETH 26/10/2019 eThekweni Age Group Gala 7
115	1:21.32	L	F	Zanté Young	11	NCASA	FBD 02/11/2019 Fezile Dabi Inter District Gala 2019
116	1:21.51	L	F	Giselle Kemper	11	CYBE	CPT 29/02/2020 WCA Junior Champs - 2020
117	1:21.56	L	F	Lungiswa Grootboom	11	SWAR	WCD 25/01/2020 West Coast Qualify Gala 2020
118	1:21.65	L	F	Katherine Williams	11	DYNA	EKU 15/02/2020 EGA Last Chance Feb 2020
119	1:21.70	L	F	Mariel Van Der Net	11	SASOL	FDD 12/10/2019 Fezile Dabi Age Group October 2019
120	1:21.71	L	F	Abigail Britz	11	TINC	FSH 13/09/2019 NTS September 2019 Age Group Gala
121	1:21.76	L	F	Caitlyn Dube	11	MDOL	JHB 05/12/2019 CGA Championships 2019
122	1:21.80	L S	F	Macy Hains	11	PEAS	NMA 07/02/2020 5th A League
123	1:21.91	L	F	Micke De Jager	VR	PSA	ZLD 21/02/2020 Amajuba District Long Course
124	1:22.02	L	F	Christi Serfontein	11	QUIC	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
125	1:22.15	L	P	Ilanthy Moolman	11	MWSC	NGD 29/11/2019 Mpumalanga Championships 2019
126	1:22.27	L	F	Annika Potgieter	11	NWUC	KKD 25/01/2020 4 + 1 Inter Provincial Gala 2020
127	1:22.42	L	F	Zia Petersen	11	XSAQ	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
128	1:22.47	L	F	Madison Hayes	11	TYGE	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
129	1:22.53	L	F	Sisanda Zikhali	11	SGUL	ETH 28/02/2020 NDSA Gala 2020
130	1:22.61	L	F	Leané Gouws	11	HREF	BPD 05/12/2019 NWS Championships 2019/2020
131	1:22.62	L	F	Anne Marais	11	LSJM	SKD 05/10/2019 Limpopo Age Group 4 & School Champs
132*	1:22.64	L	F	Yvonne Pretorius	11	MWSC	NGD 10/01/2020 2020 Grand Prix Invitation Swimming
132*	1:22.64	L	F	Simone Van Aswegen	11	WATR	JHB 05/12/2019 CGA Championships 2019
134	1:22.65	L	F	Milri-Ann Summerton	11	MATL	KKD 15/02/2020 NWS Last Chance AG5 1920
135	1:22.72	L S	F	Kate-Lynn de Jager	AR	BLOT	MAN 26/11/2019 FS Champs
136	1:22.75	L	F	Zoe Goebel	11	TYGE	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
137*	1:22.79	L	F	Jodi Boettger	11	USC	BUF 25/01/2020 BCA January Age Group Gala 2020
137*	1:22.79	L	F	Micaela Mutooni	11	ELEC	JHB 15/02/2020 CGA Level 2 Last Chance Gala - Day 1
139	1:22.83	L	F	Samantha Nimb	11	VINE	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
140	1:23.05	L	P	Nicole Norman	11	RPAC	EKU 05/12/2019 EGA Summer Championships 2019
141	1:23.10	L	F	Kate Savage	11	VINE	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
142	1:23.15	L	F	Moya Steer	11	NCDST	ILD 23/11/2019 KZN TYR Westville Sprints 2019
143	1:23.23	L S	F	Aarifah Haffijee	11	PEAS	NMA 07/02/2020 5th A League
144	1:23.24	L	F	Milla Delport	11	PEAS	NMA 12/10/2019 3rd A League 2019
145	1:23.27	L S	F	Lienke Van OS	11	BULS	MAN 26/11/2019 FS Champs
146	1:23.34	L	F	Sandri Visser	11	WELL	GED 25/01/2020 West Coast Qualify Gala 2020
147	1:23.52	L	F	Paige Edmundson	11	SASE	JHB 05/12/2019 CGA Championships 2019
148	1:23.72	L	F	Kayla Verbaan	11	KLOO	ETH 15/02/2020 KZN Aquatics Level 2 Provincial
149*	1:23.89	L	F	Zine Mostert	11	WATR	JHB 05/12/2019 CGA Championships 2019
149*	1:23.89	L	F	Gia Lazzari	11	TUKS	FSH 17/01/2020 NTS Janaury 2020 Age Group Gala
151	1:23.90	L	F	Kiera Ruane	11	TUKS	FSH 27/09/2019 NTS September 2019 Age Group Gala
152*	1:23.97	L	F	Megan Nieman	11	TUKS	FSH 14/02/2020 NTS February 2020 Age Group Gala
152*	1:23.97	L	F	Hannah Turner	11	VINE	CPT 22/02/2020 Swartland Invitational Gala 2
154	1:24.06	L	F	Miela Smit	11	NLS	BUF 14/03/2020 BCA Level 1 Gala 2020
155	1:24.07	L	F	Taylor-Blake Van Tonder	11	ROA	EDD 06/12/2019 Eden LC Champs 2019

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
156	1:24.14	L	F	Reabiloe Kodisang	11	CRSC JHB	05/12/2019 CGA Championships 2019
157	1:24.21	L	F	Michaela Nell	11	WATR JHB	03/11/2019 CGA All Levels
158	1:24.24	L	F	Lily Ogden	11	CAMBP BUF	26/10/2019 1st B Age Group Gala & EC Schools
159	1:24.38	L	F	Alexandra Houniet	11	MAC EKU	15/02/2020 EGA Last Chance Feb 2020
160	1:24.42	L	F	Anya Fernando	11	SASE JHB	05/12/2019 CGA Championships 2019
161	1:24.45	L	P	Logan Terreblanche	11	ESTR EKU	05/12/2019 EGA Summer Championships 2019
162	1:24.49	L	F	Jessica Greeff	11	HARL BUF	22/11/2019 BCA Long Course Championships 2019
163	1:24.67	L	F	Emma Rossouw	11	QUIC CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
164	1:24.69	L	F	Donne Bruyns	11	NSA EZD	29/11/2019 Mpumalanga Championships 2019
165	1:24.86	L	F	Summer Ascieti	11	CYBE CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
166	1:24.95	L	F	Amy Aaron	11	WSTV ETH	26/10/2019 eThekweni Age Group Gala 7
167	1:24.97	L	F	Keira Holland	11	CRSC JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
168	1:24.98	L	F	Candice Van Eeden	11	SGUL ETH	28/02/2020 NDSA Gala 2020
169	1:24.99	L	P	Chloe Olivier	11	SOUL EKU	05/12/2019 EGA Summer Championships 2019
170	1:25.04	L S	F	Vera Chen	11	BLSS MAN	26/11/2019 FS Champs
171	1:25.05	L	P	Jaimee-Lee Wenham	11	SGUL ETH	12/10/2019 eThekweni Junior Championships 2019
172	1:25.34	L	F	Chloe Petersen	11	TUKS FSH	14/02/2020 NTS February 2020 Age Group Gala
173	1:25.44	L	F	Chloe Jewell	11	PEAS NMA	21/02/2020 Infinity Champs LC Gala
174	1:25.45	L	F	Lara Smith	11	TYGE CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
175	1:25.49	L	F	Hayley Steyn	11	CSA EZD	31/01/2020 MP AGE GROUP 4 31 JANUARY - 1
176	1:25.63	L	F	Leandri Venter	11	RBOT BPD	05/12/2019 NWS Championships 2019/2020
177	1:25.69	L	F	Marlene Ward	11	TUKS FSH	29/11/2019 2019 The Tshwane Mayoral Gala
178	1:25.79	L	F	Jordan Riebeseel	11	SGUL ETH	28/02/2020 NDSA Gala 2020
179	1:25.82	L	F	Jocelyn Cromhout	11	HARL BUF	21/02/2020 BCA 2nd Feb Age Group Gala 2020
180	1:25.98	L	F	René Kotzé	11	POTC KKD	15/02/2020 NWS Last Chance AG5 1920
181	1:26.17	L	F	Talita Lubbe	11	PSC FSH	29/11/2019 2019 The Tshwane Mayoral Gala
182	1:26.21	L	F	Olesego Molemo	11	UNIQ JHB	15/02/2020 EGA Last Chance Feb 2020
183	1:26.23	L	F	Amy Gulle	11	HARL BUF	22/11/2019 BCA Long Course Championships 2019
184	1:26.26	L	F	Madison Markovic	11	MATL KKD	15/02/2020 NWS Last Chance AG5 1920
185	1:26.38	L S	F	Chrisley Barnard	11	WSS FDD	26/11/2019 FS Champs
186	1:26.56	L S	F	Rienke Blignaut	11	WSS FDD	26/11/2019 FS Champs
187*	1:26.76	L	F	Mia Bruwer	11	SS MPD	15/02/2020 Limpopo Age Group 6
187*	1:26.76	L	F	Isabella Havemann	11	ASAC CPT	29/02/2020 WCA Junior Champs - 2020
189	1:26.89	L	F	Ayalakha Mokoena	11	TUKS FSH	29/11/2019 2019 The Tshwane Mayoral Gala
190	1:27.00	L	P	Suzanne Walsh	11	SAAW CPT	01/12/2019 Western Cape Summer Championships
191	1:27.25	L	F	Taylor Ririe	11	BLSS MAN	25/01/2020 Mangaung Classic Gala 2020
192	1:27.28	L	F	Genevieve Court	11	AA JHB	05/12/2019 CGA Championships 2019
193*	1:27.30	L	F	Kelly Stork	11	MAC EKU	15/02/2020 EGA Last Chance Feb 2020
193*	1:27.30	L	F	Mieka Wichmann	11	PSCP UMD	15/02/2020 KZN Aquatics Level 2 Provincial
195	1:27.39	L	F	Cait Da Cunha	11	BON JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
196	1:27.43	L	F	Ella van Wyk	11	BARR CPT	01/11/2019 38th Freda Barnard Invitational Gala
197	1:27.44	L	F	Jorja De Beer	11	AQWO CPT	22/02/2020 Swartland Invitational Gala 2
198	1:27.52	L	F	Hannah Rogan	11	DBSC SDD	15/02/2020 EGA Last Chance Feb 2020
199	1:27.63	L	F	Louise Lepront	11	SGUL ETH	26/10/2019 eThekweni Age Group Gala 7
200	1:27.64	L	F	Simonè Schonken	11	LSTZN MPD	05/10/2019 Limpopo Age Group 4 & School Champs
201	1:27.66	L	F	Leigh Pijoo	11	BLMA CPT	25/01/2020 West Coast Qualify Gala 2020
202	1:27.82	L	F	Mia Van Aswegen	11	TYGE CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
203	1:28.01	L	F	Chanè Grobbelaar	11	SWAR WCD	02/11/2019 Swartland Invitational #1
204	1:28.09	L S	F	Anne Steyl	11	PRKA PSD	26/11/2019 FS Champs
205	1:28.16	L	F	Anè Kemp	11	SWAR WCD	29/02/2020 WCA Junior Champs - 2020
206*	1:28.28	L	F	Taegon Gunkel	11	BEAV ETH	28/02/2020 NDSA Gala 2020
206*	1:28.28	L	F	Sinoah Pretorius	11	TUKS FSH	29/11/2019 2019 The Tshwane Mayoral Gala
208	1:28.29	L	F	Kayla Vosloo	DR	BLOT MAN	31/01/2020 Neptune Last Chance Gala
209	1:28.39	L	F	Samantha Magava	11	UNIQ JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
210*	1:28.42	L	F	Lara Verhoef	11	ASAC CPT	29/02/2020 WCA Junior Champs - 2020
210*	1:28.42	L	F	Logan Francke	11	RBOT BPD	05/12/2019 NWS Championships 2019/2020
212	1:28.51	L S	F	Cecile Scheepers	11	WELA FDD	26/11/2019 FS Champs
213	1:28.58	L	F	Shayla Harvey	11	SGUL ETH	23/11/2019 KZN TYR Westville Sprints 2019
214	1:28.62	L	F	Bridget vd Westhuizen	11	TUKS FSH	29/11/2019 2019 The Tshwane Mayoral Gala

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr				
215	1:28.63 L	F	Madisynn Elliott	11	LINR JHB	05/12/2019	CGA Championships 2019
216	1:28.68 L	F	Ella Eldar	11	TUKS FSH	17/01/2020	NTS Janaury 2020 Age Group Gala
217	1:28.70 L	F	Kimberley Strong	11	KALA JTD	29/02/2020	Kathu Special Age Group Gala
218	1:28.88 L	F	Kayleigh Hahn	11	ROJ EDD	01/11/2019	38th Freda Barnard Invitational Gala
219	1:28.92 L	F	Imke Els	11	TYGE CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
220	1:28.99 L	F	Johanne Lamprecht	11	LSTHZ WBD	05/10/2019	Limpopo Age Group 4 & School Champs
221	1:29.32 L	P	Nina Rautenbach	11	SEAL UMD	12/10/2019	eThekwini Junior Championships 2019
222	1:29.40 L	F	Janke Breytenbach	GR	PSA ZLD	25/01/2020	Ushaka Championship Gala 2020
223	1:29.46 L	F	Megan Augustyn	11	ONYX EKU	15/02/2020	EGA Last Chance Feb 2020
224	1:29.49 L	F	Láne Fouché	11	HREF BPD	05/12/2019	NWS Championships 2019/2020
225	1:29.60 L	F	Caitlyn Arendse	11	CSC FSH	29/11/2019	2019 The Tshwane Mayoral Gala
226	1:29.75 L	F	Thaania Omar	11	WALM CPT	25/01/2020	CTA TYR QUALIFYING GALA #3
227	1:29.82 L	F	Dakota McIntyre	11	SOUL EKU	17/08/2019	EGA Winter 4 (Soncini) 17.08.19
228	1:29.83 L	F	Kehara Human	11	ASAW CED	02/11/2019	Swartland Invitational #1
229	1:29.87 L	F	Carmen Du Toit	11	PEAS NMA	14/06/2019	PEA Winter Gala
230	1:29.99 L S	F	Nieke Breytenbach	11	WELA FDD	26/11/2019	FS Champs
231	1:30.07 L	F	Keera De Esclana	11	VRC FSH	29/11/2019	2019 The Tshwane Mayoral Gala
232	1:30.08 L	F	Emily Tsai	11	BLMA CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
233	1:30.13 L	F	Helena Van Vuuren	11	KALA JTD	15/02/2020	NCASA Age Group 5 KTU 2019-2020
234	1:30.19 L	F	Zoe Ann Kruger	11	AQU ADJ	23/11/2019	KZN TYR Westville Sprints 2019
235	1:30.48 L	F	Larissa Visagie	11	ASAC CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
236	1:30.55 L	F	Emma Swart	11	KNYD EDD	26/10/2019	EDEN 2nd A-League Gala 2019
237	1:30.60 L	F	Sarah Lourens	11	ELIT JHB	15/02/2020	CGA Level 2 Last Chance Gala - Day 1
238	1:30.62 L	F	Emma Lategan	11	CUDU CPT	22/02/2020	Swartland Invitational Gala 2
239	1:30.70 L	F	Neo Bhengu	11	MGSC UGD	23/11/2019	KZN TYR Westville Sprints 2019
240	1:30.78 L	F	Saskia Gofman	11	ASAC CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
241	1:30.88 L	F	Jemma Park	11	CRSC JHB	15/02/2020	CGA Level 2 Last Chance Gala - Day 1
242	1:30.89 L S	F	Miana Fourie	11	WSS FDD	26/11/2019	FS Champs
243	1:30.99 L	F	Nina Van Reenen	11	GREY CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
244	1:31.13 L	F	June Erasmus	11	RFA FSH	08/03/2020	Aquatics Gauteng Level 1
245	1:31.14 L	F	Eli Matoti	11	VIKI BUF	07/02/2020	BCA Feb Age Group Gala 2020
246	1:31.21 L	F	Stacey Smith	11	PAC FSH	13/09/2019	NTS September 2019 Age Group Gala
247	1:31.34 L	F	Sienna Wilensky	11	ASAC CPT	29/02/2020	WCA Junior Champs - 2020
248	1:31.37 L	F	Amelie Brügers	11	AQWO CPT	25/01/2020	West Coast Qualify Gala 2020
249	1:31.41 L	F	Christina Ou	11	TUKS FSH	29/11/2019	2019 The Tshwane Mayoral Gala
250	1:31.54 L	F	Carme Louw	11	TASC MPD	29/11/2019	Limpopo Champs
251	1:31.56 L	F	Michaela Mitchley	11	KTS JTD	21/02/2020	NCASA Sprints 2020
252	1:31.58 L	P	Jaimie-Lee Marais	11	SWIFT EKU	05/12/2019	EGA Summer Championships 2019
253	1:31.62 L	F	Daniëlla Müller	11	TUKS FSH	29/11/2019	2019 The Tshwane Mayoral Gala
254	1:31.76 L	F	Sian Kleynhans	11	KALA JTD	05/12/2019	NCASA Champs Dec 2019
255	1:31.93 L	F	Sinalo Ndlovu	11	UMSH ETH	23/11/2019	KZN TYR Westville Sprints 2019
256	1:32.04 L	F	Alea Du Toit	11	BLMA CPT	02/11/2019	Swartland Invitational #1
257*	1:32.09 L	F	Sinakhokonke Nene	11	UMSH ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
257*	1:32.09 L	F	Simone Schutte	11	MDOL JHB	05/12/2019	CGA Championships 2019
259	1:32.21 L	F	Rebecca Kuhn	11	PER JHB	08/03/2020	Aquatics Gauteng Level 1
260	1:32.24 L	F	Katya Botha	11	BOKS EKU	15/02/2020	EGA Last Chance Feb 2020
261	1:32.29 L	F	Richelle Rothmann	11	AQU ADJ	21/02/2020	Amajuba District Long Course
262*	1:32.47 L	F	Kendra Matthysen	11	MARL CPT	25/01/2020	CTA TYR QUALIFYING GALA #3
262*	1:32.47 L	F	Lusanda Shabalala	11	TMAC ETH	28/02/2020	NDSA Gala 2020
264	1:32.64 L	F	Leah Crozier	11	FAAC FBD	21/02/2020	NCASA Sprints 2020
265	1:32.74 L	F	Emma Jansen van Rensburg	11	CSC FSH	08/03/2020	Aquatics Gauteng Level 1
266	1:32.78 L	F	Nisa Da Silva	11	TUKS FSH	14/02/2020	NTS February 2020 Age Group Gala
267	1:32.87 L	F	Jessica Bosman	11	QUIC CPT	29/02/2020	WCA Junior Champs - 2020
268	1:32.90 L	F	Megan Webster	11	RFA FSH	12/10/2019	NTS Oct 2019 Age Group Gala
269	1:33.04 L	P	Robyn Barbour	11	ESP EKU	05/12/2019	EGA Summer Championships 2019
270	1:33.08 L	F	Zianè Jantzen	11	QUIC CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
271	1:33.10 L	F	Gabriella Fotheringham	11	SOUL EKU	19/10/2019	EGA Summer 3 2019
272	1:33.27 L	F	Jane Glutz	11	AQU ADJ	23/11/2019	KZN TYR Westville Sprints 2019
273	1:33.38 L	P	Layla Reynecke	11	SGUL ETH	12/10/2019	eThekwini Junior Championships 2019

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
274	1:33.41	L	F	Mila Naudé	11	TUKS FSH	16/08/2019	NTS August 2019 Age Group Gala Level
275	1:33.90	L	F	Su-Li Underdown	11	STAR BPD	15/02/2020	NWS Last Chance AG5 1920
276	1:33.94	L	F	Holly Jansens ter laeck	11	KLOO ETH	26/10/2019	eThekwini Age Group Gala 7
277	1:33.95	L	F	Dhenika Chetty	11	BEAV ETH	15/02/2020	KZN Aquatics Level 2 Provincial
278	1:33.98	L	F	Jannae De Villiers	11	PRKA PSD	21/02/2020	NCASA Sprints 2020
279*	1:34.13	L	F	Anja Koen	11	HARB BPD	05/12/2019	NWS Championships 2019/2020
279*	1:34.13	L	F	Miriam Bihlmaier	11	DBSC SDD	19/10/2019	EGA Summer 3 2019
281	1:34.36	L	F	Onkaribile Molamu	11	MATL KKD	05/12/2019	NWS Championships 2019/2020
282*	1:34.40	L	P	Christi Swarts	11	JAQ SDD	05/12/2019	EGA Summer Championships 2019
282*	1:34.40	L	P	Christi Swarts	11	JAQ SDD	05/12/2019	EGA Summer Championships 2019
284	1:34.47	L	P	Aime' Heydricks	11	BLUO UGD	12/10/2019	eThekwini Junior Championships 2019
285	1:34.62	L	F	Ashley Seymour	11	WSS FDD	27/09/2019	Neptunes Open Gala
286	1:34.65	L	F	Isobel Todd	11	APEX SSD	14/03/2020	KZNA Level 1 Provincial Champs 2020
287	1:34.93	L	F	Katia Dias	11	BON JHB	03/11/2019	CGA All Levels
288	1:35.22	L	F	Lelanie Buhr	11	SWAR WCD	22/02/2020	Swartland Invitational Gala 2
289	1:35.43	L	F	Tayla Gerber	11	AEC JHB	15/02/2020	EGA Last Chance Feb 2020
290	1:35.44	L	F	Lana Koegelenberg	11	CARN EKU	17/08/2019	EGA Winter 4 (Soncini) 17.08.19
291	1:35.65	L	F	Kgothatso Tsebe	11	STAR BPD	15/02/2020	NWS Last Chance AG5 1920
292	1:35.78	L	F	Leila Schenk	11	CPS BUF	14/03/2020	BCA Level 1 Gala 2020
293	1:35.84	L	F	Kuzingca Siramza	11	CAMBP BUF	26/10/2019	1st B Age Group Gala & EC Schools
294	1:36.18	L	F	Jacoline Crous	11	SWAR WCD	29/02/2020	WCA Junior Champs - 2020
295	1:36.22	L	F	Elizabeth Du Plessis	11	SWAR WCD	25/01/2020	West Coast Qualify Gala 2020
296	1:36.26	L	F	Megan Van Den Heever	11	GTC EZD	31/01/2020	MP AGE GROUP 4 31 JANUARY - 1
297	1:36.29	L	F	Elizabeth Opperman	11	KTS JTD	16/11/2019	NCASA Age Group 3 2019 KTU
298	1:36.55	L	F	Mianca Breitenbach	11	WRC MPD	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
299	1:36.75	L	F	Jenna Grove	11	SEAL UMD	14/03/2020	KZNA Level 1 Provincial Champs 2020
300	1:36.77	L	F	Esther Sauls	11	BENS EKU	17/08/2019	EGA Winter 4 (Soncini) 17.08.19
301	1:37.07	L	F	Jessica Carrol	11	BLMA CPT	02/11/2019	Swartland Invitational #1
302	1:37.15	L	F	Ammaarah Davids	11	XSAQ CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
303	1:37.23	L	F	Jaime Schweitzer	AR	BLOT MAN	31/01/2020	Neptune Last Chance Gala
304	1:37.24	L	F	Zelmari van der Walt	11	AQU ADJ	26/10/2019	Amajuba District Age Group 1
305	1:37.37	L	F	Buhle Mahlalela	11	UNIN MPD	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
306	1:37.40	L	F	Zoie Cloete	11	CLSC WCD	22/02/2020	Swartland Invitational Gala 2
307	1:37.45	L S	F	Teagan Hamer	11	INFA NMA	07/02/2020	5th A League
308	1:37.59	L	F	Michaela Blaine	11	PEAS NMA	21/02/2020	Infinity Champs LC Gala
309	1:37.62	L	F	Kate Allwood	11	GREY CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
310	1:37.64	L	F	Tatum Sanderson	11	SOWE JHB	05/12/2019	CGA Championships 2019
311	1:38.24	L	F	Carla Carolus	11	XSAQ CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
312	1:38.51	L	F	Leanke Voigt	11	JAQ SDD	17/08/2019	EGA Winter 4 (Soncini) 17.08.19
313	1:38.52	L	F	Lehanra Greeff	11	HREF BPD	05/12/2019	NWS Championships 2019/2020
314*	1:38.62	L S	F	Alexa Olivier	AR	BLOT MAN	26/11/2019	FS Champs
314*	1:38.62	L	F	Kailyn Roopchand	11	UM-SA UMD	10/11/2019	eThekwini Age Level 1 Gala 1
316	1:38.64	L	F	Jaime Maritz	11	NSAD EZD	14/09/2019	MP Sprint Gala - 14 September 2019
317	1:38.75	L	P	Lenya Price	11	DYNA EKU	05/12/2019	EGA Summer Championships 2019
318	1:38.81	L	F	Alandri Krause	11	WSS FDD	27/09/2019	Neptunes Open Gala
319	1:38.87	L S	F	Gabrielle Kramer	11	PEAS NMA	07/02/2020	5th A League
320	1:38.92	L	F	Shyenne Laubcher	11	WSS FDD	14/03/2020	FSA Level 1 2020
321	1:39.18	L	F	Abby Tribe	11	TAY EKU	08/03/2020	Aquatics Gauteng Level 1
322	1:39.53	L	F	McKayla Moodley	11	BAYV ETH	28/02/2020	NDSA Gala 2020
323	1:39.59	L	F	Zane Neethling	11	LSKP WBD	05/10/2019	Limpopo Age Group 4 & School Champs
324	1:39.71	L	F	Monique Van Zyl	11	ASAC CPT	29/02/2020	WCA Junior Champs - 2020
325	1:39.97	L	F	Lutfiyya Sheik	11	AQSC UMD	10/11/2019	eThekwini Age Level 1 Gala 1
326	1:40.04	L	F	Hanrike Barnard	11	FSAC BPD	23/11/2019	NWS Age Group 3 2019/20
327	1:40.42	L	F	Abigail Leibbrandt	11	REDAQ CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
328	1:40.79	L	F	Dorethe Meyer	DR	BLOT MAN	27/09/2019	Neptunes Open Gala
329	1:41.09	L	F	Nomthandazo Madonda	11	UMSH ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
330	1:42.05	L	F	Maria Dos Santos	11	HREF BPD	19/10/2019	NWS Age Group 1 1920
331	1:42.17	L	F	Ebenette Van Niekerk	11	FISHS EDD	01/11/2019	38th Freda Barnard Invitational Gala
332	1:42.24	L	F	Zoe-Jane Davies	11	CUDU CPT	25/01/2020	CTA TYR QUALIFYING GALA #3

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
333	1:42.30	L	F	Zahra Spencer	11	BLMA CPT	02/11/2019 Swartland Invitational #1
334*	1:42.32	L	F	Mia De Klerk	11	FINS EZD	14/09/2019 MP Sprint Gala - 14 September 2019
334*	1:42.32	L	F	Nokwanda Nzuzu	11	TMAC ETH	15/02/2020 KZN Aquatics Level 2 Provincial
336	1:42.58	L	F	Margaretha Geldenhuys	11	STELL RMD	23/11/2019 NWS Age Group 3 2019/20
337	1:42.62	L	F	Mpumelelo Mthandi	11	BLMA CPT	02/11/2019 Swartland Invitational #1
338	1:42.65	L	F	Caitlyn Olkers	11	CUDU CPT	02/11/2019 Swartland Invitational #1
339	1:42.78	L	F	Ghia-Lorèn Grobler	11	BLMA CPT	02/11/2019 Swartland Invitational #1
340	1:42.95	L	F	Selente Oosthuysen	11	HARB BPD	05/12/2019 NWS Championships 2019/2020
341	1:42.99	L	F	Elena Frangou	11	BLSS MAN	04/10/2019 Seals Gala
342	1:43.01	L	F	Isabella Day	11	BEAV ETH	23/11/2019 KZN TYR Westville Sprints 2019
343	1:43.02	L	F	Blessing Nkuna	11	LSTZN MPD	05/10/2019 Limpopo Age Group 4 & School Champs
344	1:43.12	L	F	Lara Wink	11	AQWO CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
345	1:43.25	L	F	Chloe Pieterse	11	CLSC WCD	25/01/2020 West Coast Qualify Gala 2020
346	1:43.32	L	F	Keanda Mokoena	11	TUKS FSH	17/01/2020 NTS Janaury 2020 Age Group Gala
347	1:43.38	L	F	Chrystil Raymond	11	UNIN MPD	11/10/2019 MP AGE GROUP 2 - 11-12 October
348	1:43.84	L	F	Bokamoso Imasiku	11	TLAC BPD	05/12/2019 NWS Championships 2019/2020
349	1:44.03	L	F	Sophie Taylor	11	GREY CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
350	1:44.42	L	F	Mia Crookham	11	TYGE CPT	02/11/2019 Swartland Invitational #1
351	1:44.79	L S	F	Annari Blignaut	11	WSS FDD	26/11/2019 FS Champs
352	1:45.06	L	F	Marne Pretorius	11	WRC MPD	31/01/2020 MP AGE GROUP 4 31 JANUARY - 1
353	1:45.28	L S	F	Ilanze du Plessis	11	BULS MAN	26/11/2019 FS Champs
354	1:45.34	L	F	Noa Mullin	11	HWSK FBD	15/02/2020 NCASA Age Group 5 KBY 2019-2020
355	1:45.61	L	F	Jocke Coetzee	11	KALA JTD	21/02/2020 NCASA Sprints 2020
356	1:45.62	L	F	Amahle Ngubane	11	UMSH ETH	10/11/2019 eThekwini Age Level 1 Gala 1
357	1:45.84	L	F	Hananje Pretorius	11	UPTS ZMD	21/02/2020 NCASA Sprints 2020
358	1:45.86	L	F	Nazeeha Norath	11	TUKS FSH	14/02/2020 NTS February 2020 Age Group Gala
359	1:46.12	L	F	Aniela Wenhold	11	RBUR BPD	05/12/2019 NWS Championships 2019/2020
360	1:46.44	L	F	Catherine O'Grady	11	EXA EZD	15/02/2020 MP AGE GROUP 5 15 FEBRUARY 2020
361	1:46.72	L	F	Storm Cloete	11	MDOL JHB	05/12/2019 CGA Championships 2019
362	1:48.26	L	F	Chrisna Du Plessis	11	KALA JTD	21/02/2020 NCASA Sprints 2020
363	1:48.47	L	F	Esti Mouton	11	SWAR WCD	02/11/2019 Swartland Invitational #1
364	1:48.58	L S	F	Abigail Cullen	11	WELA FDD	26/11/2019 FS Champs
365	1:49.62	L	F	Jade Schaller	11	ISSC NMD	15/02/2020 NWS Last Chance AG5 1920
366	1:50.00	L	F	Esona Gongo	11	UWCA CPT	02/11/2019 Swartland Invitational #1
367	1:50.47	L	F	Mignon Burger	11	SWAR WCD	25/01/2020 West Coast Qualify Gala 2020
368	1:50.70	L	F	Theresa Du Plooy	11	LSPHA MPD	05/10/2019 Limpopo Age Group 4 & School Champs
369	1:50.88	L	F	Neeshaan Sallie	11	PEAS NMA	14/09/2019 2nd A League 14/9/2019
370	1:50.90	L	F	ANDREA MACHELM	11	FISHS EDD	01/11/2019 38th Freda Barnard Invitational Gala
371	1:51.15	L	F	Hannah Watson	11	SGUL ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
372	1:51.77	L	F	Karla Odendaal	11	TYGE CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
373	1:51.83	L	F	Abbey Poezyn	11	BLMA CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
374	1:52.43	L	F	Danelle Conradie	11	HWSK FBD	16/11/2019 NCASA Age Group 3 2019 KBY
375	1:52.65	L	F	Diya Khoosal	11	ATLA JHB	08/03/2020 Aquatics Gauteng Level 1
376	1:52.92	L S	F	Amy Burrell	11	PEAS NMA	07/02/2020 5th A League
377	1:53.73	L	F	Aphiwe Malembe	11	USH KCD	09/11/2019 KCDA November Age Group Gala 2019
378	1:53.78	L	F	Refilwe Makudubele	11	SWAG KKD	05/12/2019 NWS Championships 2019/2020
379	1:53.97	L	F	Delinda Serfontein	11	VALS FDD	16/11/2019 Fezile Dabi Age Group November 2019
380	1:54.27	L	F	Kayla Woods	11	NCST ILD	21/06/2019 Illeembe Age Group Gala 1
381	1:54.48	L	F	Mikyla Gerner	11	LSMSA VBD	05/10/2019 Limpopo Age Group 4 & School Champs
382	1:54.83	L	F	Tayyibah Sayed	11	DBSC SDD	15/02/2020 EGA Last Chance Feb 2020
383	1:55.17	L	F	Ilse Roos	11	EXA EZD	15/02/2020 MP AGE GROUP 5 15 FEBRUARY 2020
384	1:56.42	L	F	Diya Rooplal	11	PHOE JHB	14/03/2020 KZNA Level 1 Provincial Champs 2020
385	1:56.49	L	F	Kaitlyn Rix	11	BARR CPT	01/11/2019 38th Freda Barnard Invitational Gala
386	1:56.62	L	P	Chloe Van loggerenberg	11	BAR EZD	29/11/2019 Mpumalanga Championships 2019
387	1:57.03	L	P	Olivia Van der Nest	11	NSAD EZD	29/11/2019 Mpumalanga Championships 2019
388	1:58.73	L	P	Prisca Mbokani	11	OTTO ETH	12/10/2019 eThekwini Junior Championships 2019
389	1:58.82	L	F	Shannon Rautenbach	11	WRC MPD	29/02/2020 MP AGE GROUP 6 - 29 FEBRUARY
390	2:03.10	L	F	Paxton Rankin	11	TLAC BPD	15/02/2020 NWS Last Chance AG5 1920
391	2:03.64	L	F	Mpilo Mahlangu	11	USHAK EKU	17/08/2019 EGA Winter 4 (Soncini) 17.08.19

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
392	2:04.14	L	F	Amantle Nyokong	11	CBC	FBD 08/11/2019 NCASA Age Group 2 KBY 2019
393	2:04.73	L	F	Morgan Poezyn	11	BLMA	CPT 04/10/2019 CTA TYR QUALIFYING GALA #2
394	2:05.45	L	F	Musa Tshabalala	11	STA	NGD 14/03/2020 MP LEVEL 1 INTRA PROVINCIAL SWIM
395	2:06.25	L	F	Botshelo Thompson	11	STA	NGD 15/02/2020 MP AGE GROUP 5 15 FEBRUARY 2020
396	2:08.16	L	F	Naomi-Jane Kleinsmith	11	KHAY	CPT 02/11/2019 Swartland Invitational #1
397	2:09.82	L	F	Jessica Mc Ardle	11	WSS	FDD 12/10/2019 Fezile Dabi Age Group October 2019
398	2:14.75	L	F	Naseerah Du Toit	11	UWCA	CPT 02/11/2019 Swartland Invitational #1
399*	2:17.45	L	F	Lynne Mari Wilson	11	LSLTT	VBD 05/10/2019 Limpopo Age Group 4 & School Champs
399*	2:17.45	L	F	Siphokazi Sioko	11	KALA	JTD 29/02/2020 Kathu Special Age Group Gala
401	2:18.26	L	F	Kylie Surajlall	11	WVAQ	ETH 14/03/2020 KZNA Level 1 Provincial Champs 2020
402	2:19.10	L	F	Luthando Khumalo	11	STA	NGD 14/03/2020 MP LEVEL 1 INTRA PROVINCIAL SWIM
403	2:21.11	L	F	Siyamthanda Thabethe	11	STA	NGD 14/03/2020 MP LEVEL 1 INTRA PROVINCIAL SWIM
404	2:42.99	L	F	Tshegofatso Modupe	11	USHAK	EKU 15/02/2020 EGA Last Chance Feb 2020
405	2:46.67	L	F	Karabo Mocwane	11	CBC	FBD 08/11/2019 NCASA Age Group 2 KBY 2019
Women 11-11 200 Free							
1	2:29.69	L S	F	Ruth Dredge	11	PAC	FSH 04/12/2019 NTS Championships 2019
2	2:30.64	L	F	Lara Gouws	11	NWS	01/02/2020 NTS Invitational Gala 2020
3	2:31.72	L S	F	Lilly Shaw	11	BEAV	ETH 17/12/2019 KZNA Premier Provincial Championship
4	2:31.74	L	F	Kathleen Welsh	11	MWSC	NGD 27/09/2019 MP AGE GROUP 1 - 27-28
5	2:32.44	L S	F	Erin Joubert	11	KLOO	ETH 17/12/2019 KZNA Premier Provincial Championship
6	2:32.91	L	F	Holly Allison	11	SGUL	ETH 28/02/2020 NDSA Gala 2020
7	2:33.26	L	F	Mareza Frylinck	11	BLSS	MAN 30/08/2019 Kovsie Aquatics Gala 2019
8	2:33.89	L	F	Jenna Coetzee	11	INFA	NMA 21/02/2020 Infinity Champs LC Gala
9	2:34.30	L	F	Jaime Mote	11	INFA	NMA 26/09/2019 Aquabear Invitational Meet 2019
10	2:34.70	L	F	Philippa Stevens	11	INFA	NMA 21/02/2020 Infinity Champs LC Gala
11	2:35.06	L	P	Stephanie Jurado	11	SAAW	CPT 31/01/2020 2020 Grand Prix Invitational Swimming
12	2:35.30	L	F	Kendra Begley	11	PEAS	NMA 21/02/2020 Infinity Champs LC Gala
13	2:35.44	L	F	Cathrijn Davel	11	MWSC	NGD 15/02/2020 MP AGE GROUP 5 15 FEBRUARY 2020
14	2:36.62	L S	F	Maryse Magnee	11	PEAS	NMA 07/02/2020 5th A League
15	2:37.05	L	F	Madison du Plessis	CR	BLOT	MAN 30/08/2019 Kovsie Aquatics Gala 2019
16	2:38.12	L	F	Cassidy Burgess	11	VINE	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
17	2:39.46	L	F	Paige Jacobs	11	FAAC	FBD 05/12/2019 NCASA Champs Dec 2019
18	2:39.51	L	F	Savannah Mostert	11	TUKS	FSH 30/08/2019 NTS August 2019 Age Group Gala Level
19	2:39.53	L	F	Scarlett Le Roux	11	SOUL	EKU 18/01/2020 EGA Summer 5 - 2020
20	2:40.15	L	F	Hannah Sandilands	11	DRGN	JHB 15/02/2020 EGA Last Chance Feb 2020
21	2:40.40	L	F	Chloe Watson	11	PEAS	NMA 29/11/2019 NMBA Championships 2019
22	2:40.51	L S	F	Me-Kayla Rew	11	TUKS	FSH 04/12/2019 NTS Championships 2019
23	2:41.21	L	F	Angel Williams	11	REDAQ	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
24	2:41.53	L	F	Simone Vd Merwe	11	PAQU	CED 26/09/2019 Aquabear Invitational Meet 2019
25	2:42.04	L S	F	Veronique Riekert	11	TUKS	FSH 04/12/2019 NTS Championships 2019
26	2:42.80	L	F	Mieke Vd Wal	11	BARR	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
27	2:43.74	L S	F	Elisha Perumal	11	BAYV	ETH 17/12/2019 KZNA Premier Provincial Championship
28	2:43.76	L S	F	Anri Van Der Westhuizen	11	BLNE	MAN 26/11/2019 FS Champs
29	2:44.41	L	F	Karla Myburgh	11	BEST	NMA 29/11/2019 NMBA Championships 2019
30	2:44.94	L S	F	Leila Yazbek	11	BLNE	MAN 26/11/2019 FS Champs
31	2:45.18	L	F	Jani Borman	11	SWAR	WCD 22/02/2020 Swartland Invitational Gala 2
32	2:45.77	L S	F	Daniella Harcus	11	PEAS	NMA 07/02/2020 5th A League
33*	2:45.93	L	F	Jade Burnand	11	DYNA	EKU 14/09/2019 EGA Summer 1 2019
33*	2:45.93	L	F	Kayla Gous	11	USC	BUF 25/01/2020 BCA January Age Group Gala 2020
35	2:47.11	L S	P	Jana Vorster	11	TRAZ	FSH 04/12/2019 NTS Championships 2019
36	2:47.53	L	F	Georgia Gouws	11	BEST	NMA 21/02/2020 Infinity Champs LC Gala
37	2:47.85	L	F	Zandile Sipuka	11	BEST	NMA 21/02/2020 Infinity Champs LC Gala
38	2:47.98	L	P	Janca Hattingh	11	NSA	EZD 29/11/2019 Mpumalanga Championships 2019
39	2:48.37	L	F	Kemantha Ayair	11	CROF	ETH 15/02/2020 KZN Aquatics Level 2 Provincial
40	2:48.91	L	F	Ayanda Ntaka	11	UMSH	ETH 23/11/2019 KZN TYR Westville Sprints 2019
41	2:49.17	L	F	Gizelle Maritz	11	LINR	JHB 21/09/2019 CGA SANJ/Level 3 Gala No 1
42	2:49.19	L	F	Amy Botha	11	BOKS	EKU 18/01/2020 Cape of Good Hope Gala 2020
43	2:49.20	L	P	Kayla Honey	11	SOUL	EKU 05/12/2019 EGA Summer Championships 2019
44	2:49.27	L	F	Anastasia Sequeira	11	MDOL	JHB 22/02/2020 CGA Level 2 Last Chance Gala - Day 1

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
45	2:50.08	L	F	Katelyn Fourie	11	ETTN	EKU 05/12/2019 EGA Summer Championships 2019
46	2:50.59	L	F	Jemma Pearse	11	VINE	CPT 01/12/2019 Western Cape Long Course
47	2:50.89	L S	F	Emma Thiersen	11	PEAS	NMA 07/02/2020 5th A League
48	2:50.94	L	F	Ayanke Stander	11	ASAW	CED 29/02/2020 WCA Junior Champs - 2020
49	2:51.06	L	F	Lucy Le Roux	11	ASAW	CED 26/09/2019 Aquabear Invitational Meet 2019
50	2:51.13	L	F	Naledi Thobeha	11	QUIC	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
51	2:51.52	L S	P	Emily Mc Laren	11	SGUL	ETH 17/12/2019 KZNA Premier Provincial Championship
52	2:51.60	L	F	Mieke Van Der Walt	11	FISH	EDD 06/12/2019 Eden LC Champs 2019
53	2:51.92	L	F	Amy Combrink	11	VINE	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
54	2:52.22	L	F	Kellen McLaren	11	SOUL	EKU 15/02/2020 EGA Last Chance Feb 2020
55*	2:52.71	L	F	Mikayla Smit	11	WATR	JHB 22/02/2020 CGA Level 2 Last Chance Gala - Day 1
55*	2:52.71	L	F	Karmen Van Rensburg	11	UNIN	MPD 11/10/2019 MP AGE GROUP 2 - 11-12 October
57	2:52.95	L	F	Amy O'Connor	11	WATR	JHB 12/10/2019 CGA Level 1,2,3, SANJ Gala
58	2:53.57	L	F	Amy Gerber	11	LAD	UTD 26/10/2019 Amajuba District Age Group 1
59	2:53.66	L	F	Rii Spoelstra	11	TUKS	TSH 29/11/2019 2019 The Tshwane Mayoral Gala
60	2:53.69	L	F	Sunny Huang	11	MDOL	JHB 15/02/2020 EGA Last Chance Feb 2020
61	2:54.12	L	F	Karli Lotter	11	ROA	EDD 01/12/2019 Western Cape Summer Championships
62	2:54.48	L	F	Tehl-Cadi Day Garden	11	BLUO	UGD 12/10/2019 eThekweni Junior Championships 2019
63	2:54.67	L S	F	Macy Hains	11	PEAS	NMA 07/02/2020 5th A League
64	2:54.70	L	F	Tatum Renze	11	PEAS	NMA 26/09/2019 Aquabear Invitational Meet 2019
65	2:54.92	L	F	Alika Vd Merwe	11	TUKS	TSH 14/02/2020 NTS February 2020 Age Group Gala
66	2:55.25	L	F	Emily Liebenberg	11	SWAR	WCD 29/02/2020 WCA Junior Champs - 2020
67	2:55.64	L	F	Maria Steyn	11	BLSS	MAN 25/01/2020 Mangaung Classic Gala 2020
68	2:55.67	L	F	Carmi Schoeman	11	TKS	WBD 29/11/2019 Limpopo Champs
69	2:55.77	L S	F	Ilke Prinsloo	11	INFA	NMA 07/02/2020 5th A League
70	2:55.96	L	F	Caitlyn Govender	11	SGUL	ETH 15/02/2020 KZN Aquatics Level 2 Provincial
71	2:56.10	L	F	Abigail Roberts	11	TUKS	TSH 29/11/2019 2019 The Tshwane Mayoral Gala
72	2:56.18	L	F	Corli Liversage	11	BLSS	MAN 25/01/2020 Mangaung Classic Gala 2020
73	2:56.20	L S	P	Abigail Scheffer	11	PAC	TSH 04/12/2019 NTS Championships 2019
74	2:56.22	L	F	Jesse-Leah Laderach	11	PEAS	NMA 14/09/2019 2nd A League 14/9/2019
75	2:56.31	L	F	Anne Marais	11	LSJM	SKD 05/10/2019 Limpopo Age Group 4 & School Champs
76	2:56.33	L	F	Addison Bailey	11	WATR	JHB 03/11/2019 CGA All Levels
77	2:56.57	L	F	Jamie-Lee Espag	11	AZON	ETH 15/02/2020 KZN Aquatics Level 2 Provincial
78	2:56.65	L	F	Leeya Amon	11	TYGE	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
79	2:56.94	L	F	Nicole Van Zyl	11	DYNA	EKU 15/02/2020 EGA Last Chance Feb 2020
80	2:57.19	L	F	Liza Schoeman	11	RBOT	BPD 05/12/2019 NWS Championships 2019/2020
81	2:57.34	L	F	Christi Serfontein	11	QUIC	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
82*	2:57.36	L	P	Yvonne Pretorius	11	MWAS	NGD 29/11/2019 Mpumalanga Championships 2019
82*	2:57.36	L	F	Ella Stacey	11	AA	JHB 03/11/2019 CGA All Levels
84	2:58.01	L	F	Tia Mari Theron	11	TKS	WBD 29/11/2019 Limpopo Champs
85	2:58.88	L	F	Gabriella Kirsten	11	PAQU	CED 29/02/2020 WCA Junior Champs - 2020
86	2:58.93	L	F	Jessica Sardinha	11	MDOL	JHB 18/01/2020 CGA Last Chance Level 3-SANJ gala
87	2:59.01	L	F	Helena Pretorius	11	TKS	WBD 29/11/2019 Limpopo Champs
88	2:59.17	L	F	Tayla Dowie	11	FLOD	JHB 22/02/2020 CGA Level 2 Last Chance Gala - Day 1
89	2:59.36	L	P	Rachel Hinckley	11	DYNA	EKU 05/12/2019 EGA Summer Championships 2019
90	2:59.38	L	F	Abigail Sparapano	11	AZON	ETH 12/10/2019 eThekweni Junior Championships 2019
91	3:00.00	L	F	Lungiswa Grootboom	11	SWAR	WCD 22/02/2020 Swartland Invitational Gala 2
92	3:00.68	L	F	Taylor-Blake Van Tonder	11	ROA	EDD 01/11/2019 38th Freda Barnard Invitational Gala
93	3:00.70	L	F	Storme Badenhorst	11	MANT	CPT 25/01/2020 CTA TYR QUALIFYING GALA #3
94	3:00.73	L	F	Milla Delpont	11	PEAS	NMA 26/09/2019 Aquabear Invitational Meet 2019
95	3:01.04	L	F	Paige Edmundson	11	SASE	JHB 22/02/2020 CGA Level 2 Last Chance Gala - Day 1
96	3:01.15	L S	F	Lily Ogden	11	PEAS	NMA 07/02/2020 5th A League
97*	3:01.16	L	F	Hannah Naidoo	11	BAYV	ETH 15/02/2020 KZN Aquatics Level 2 Provincial
97*	3:01.16	L	F	Dorette du Plessis	11	MATL	KKD 09/11/2019 NWS Age Group 2 1920
99	3:01.26	L	F	Zia Petersen	11	XSAQ	CPT 04/10/2019 CTA TYR QUALIFYING GALA #2
100	3:01.47	L	F	Jade O'Connor	11	CSC	TSH 29/11/2019 2019 The Tshwane Mayoral Gala
101	3:02.30	L	F	Kayla Verbaan	11	KLOO	ETH 12/10/2019 eThekweni Junior Championships 2019
102	3:02.56	L	F	Madison Hayes	11	TYGE	CPT 22/02/2020 Swartland Invitational Gala 2
103	3:02.73	L	F	Sarah-Jane Mouton	11	HARL	BUF 26/09/2019 Aquabear Invitational Meet 2019

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
104	3:03.15	L	F	Gabriella Van Den Berg	11	ELEC	JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1
105	3:03.34	L S	F	Kate-Lynn de Jager	AR	BLOT	MAN	26/11/2019	FS Champs
106	3:03.55	L	F	Ilanthy Moolman	11	MWSC	NGD	15/02/2020	MP AGE GROUP 5 15 FEBRUARY 2020
107	3:03.60	L	F	Kiara Banks	11	WATR	JHB	11/01/2020	NCASA Age Group 4 KTU 2019-2020
108	3:03.78	L	F	Lily Durant	11	BARR	CPT	01/11/2019	38th Freda Barnard Invitational Gala
109	3:04.20	L	F	Simone Van Aswegen	11	WATR	JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
110	3:04.34	L	F	Leane Muller	11	RFA	FSH	01/11/2019	NTS November 2019 Age Group Gala
111	3:04.58	L	F	Emma Rossouw	11	QUIC	CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
112	3:04.66	L	F	Taiga-Lee White	11	AZON	ETH	12/10/2019	eThekwini Junior Championships 2019
113	3:04.78	L	F	Giselle Kemper	11	CYBE	CPT	29/02/2020	WCA Junior Champs - 2020
114	3:04.80	L	F	Moya Steer	11	NCDST	ILD	12/10/2019	eThekwini Junior Championships 2019
115	3:04.92	L	F	Abigail Cullen	11	WELA	FDD	30/08/2019	Kovsie Aquatics Gala 2019
116	3:05.41	L	F	René Kotzé	11	POTC	KKD	18/01/2020	NWS Age Group 4 1920
117	3:05.45	L	F	Chloe Olivier	11	SOUL	EKU	14/09/2019	EGA Summer 1 2019
118	3:05.73	L	F	Annika Potgieter	11	NWUC	KKD	05/12/2019	NWS Championships 2019/2020
119	3:05.93	L	F	Nicole Norman	11	RPAC	EKU	14/09/2019	EGA Summer 1 2019
120	3:06.10	L	F	Zanté Young	11	RBOT	BPD	05/12/2019	NWS Championships 2019/2020
121	3:06.58	L	F	Anya Fernando	11	SASE	JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
122	3:06.83	L	F	Marlene Ward	11	TUKS	FSH	29/11/2019	2019 The Tshwane Mayoral Gala
123	3:07.53	L S	F	Vera Chen	11	BLSS	MAN	26/11/2019	FS Champs
124	3:08.67	L	F	Katya Botha	11	BOKS	EKU	15/02/2020	EGA Last Chance Feb 2020
125	3:08.75	L	F	Katherine Williams	11	DYNA	EKU	14/09/2019	EGA Summer 1 2019
126	3:09.20	L	F	Chanè Grobbelaar	11	SWAR	WCD	29/02/2020	WCA Junior Champs - 2020
127*	3:09.64	L	P	Alexandra Houniet	11	MAC	EKU	05/12/2019	EGA Summer Championships 2019
127*	3:09.64	L	F	Louise Lepront	11	SGUL	ETH	12/10/2019	eThekwini Junior Championships 2019
129	3:09.81	L	F	Cait Da Cunha	11	BON	JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1
130	3:10.10	L	F	Milri-Ann Summerton	11	MATL	KKD	05/12/2019	NWS Championships 2019/2020
131*	3:10.76	L	F	Kelly Stork	11	MAC	EKU	14/09/2019	EGA Summer 1 2019
131*	3:10.76	L	F	Genevieve Court	11	AA	JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1
133	3:10.81	L	F	Leané Gouws	11	HREF	BPD	05/12/2019	NWS Championships 2019/2020
134	3:10.84	L	F	Jessica Greeff	11	HARL	BUF	08/11/2019	BCA November Age Group Gala 2019
135	3:10.88	L	F	Danielle Cronjè	11	GREY	CPT	25/01/2020	CTA TYR QUALIFYING GALA #3
136	3:11.00	L	F	Nicola Olivier	11	HARB	BPD	05/12/2019	NWS Championships 2019/2020
137	3:11.34	L	F	Emma Swart	11	KNYD	EDD	06/12/2019	Eden LC Champs 2019
138	3:11.37	L	F	Madisynn Elliott	11	LINR	JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
139	3:11.42	L	F	Ella van Wyk	11	BARR	CPT	01/11/2019	38th Freda Barnard Invitational Gala
140	3:11.45	L	F	Micaela Mutooni	11	ELEC	JHB	03/11/2019	CGA All Levels
141	3:12.11	L	P	Donne Bruyns	11	NSA	EZD	29/11/2019	Mpumalanga Championships 2019
142	3:12.36	L	F	Daniëlla Müller	11	TUKS	FSH	17/01/2020	NTS Janaury 2020 Age Group Gala
143	3:12.38	L	F	Anè Kemp	11	SWAR	WCD	22/02/2020	Swartland Invitational Gala 2
144	3:12.54	L	F	Samantha Magava	11	UNIQ	JHB	18/01/2020	Cape of Good Hope Gala 2020
145	3:13.51	L	F	Caitlyn Arendse	11	CSC	FSH	12/10/2019	NTS Oct 2019 Age Group Gala
146	3:13.68	L	F	Sian Kleynhans	11	KALA	JTD	21/02/2020	NCASA Sprints 2020
147	3:13.76	L	F	Lara Verhoef	11	ASAC	CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
148	3:14.03	L	F	Lara Smith	11	TYGE	CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
149	3:14.59	L	F	Jodi Boettger	11	USC	BUF	07/02/2020	BCA Feb Age Group Gala 2020
150	3:14.73	L	F	Sarah Lourens	11	ELIT	JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1
151	3:14.91	L	F	Lusanda Shabalala	11	TMAC	ETH	15/02/2020	KZN Aquatics Level 2 Provincial
152	3:15.13	L	F	Jocelyn Cromhout	11	HARL	BUF	21/02/2020	BCA 2nd Feb Age Group Gala 2020
153	3:15.36	L	F	Caitlyn Dube	11	MDOL	JHB	03/11/2019	CGA All Levels
154	3:16.21	L	F	Sienna Wilensky	11	ASAC	CPT	29/02/2020	WCA Junior Champs - 2020
155	3:16.30	L	F	Mia Van Aswegen	11	TYGE	CPT	01/11/2019	38th Freda Barnard Invitational Gala
156	3:16.53	L	F	Larissa Visagie	11	ASA	CPT	26/09/2019	Aquabear Invitational Meet 2019
157	3:17.21	L S	F	Miana Fourie	11	WSS	FDD	26/11/2019	FS Champs
158	3:17.67	L	F	Kimberley Strong	11	KALA	JTD	21/02/2020	NCASA Sprints 2020
159	3:18.12	L	F	Zianè Jantzen	11	QUIC	CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
160	3:18.17	L	F	Reabiloe Kodisang	11	CRSC	JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1
161	3:18.85	L	F	Blessing Nkuna	11	LSTZN	MPD	05/10/2019	Limpopo Age Group 4 & School Champs
162	3:19.09	L	F	Madison Markovic	11	MATL	KKD	09/11/2019	NWS Age Group 2 1920

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Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
163	3:19.15	L	F	Lily Van Aswegen	11	WATR	JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
164	3:19.27	L	F	Katia Dias	11	BON	JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
165	3:19.30	L S	F	Anne Steyl	11	PRKA	PSD	26/11/2019	FS Champs
166	3:19.33	L	F	Deoné Borstlap	11	POTC	KKD	18/01/2020	NWS Age Group 4 1920
167	3:19.43	L	F	Janke Breytenbach	GR	PSA	ZLD	25/01/2020	Ushaka Championship Gala 2020
168	3:19.46	L	F	Lana Koegelenberg	11	CARN	EKU	14/09/2019	EGA Summer 1 2019
169	3:19.48	L	F	Helena Van Vuuren	11	KALA	JTD	11/01/2020	NCASA Age Group 4 KTU 2019-2020
170	3:20.44	L	F	Lelanie Buhr	11	SWAR	WCD	22/02/2020	Swartland Invitational Gala 2
171	3:21.33	L	F	Jaimee-Lee Marais	11	SWIFT	EKU	15/02/2020	EGA Last Chance Feb 2020
172	3:21.63	L	F	Taegon Gunkel	11	BEAV	ETH	19/01/2020	eThekwini Age Level 1 Gala 2
173	3:21.64	L	F	Jaimee-Lee Wenham	11	SGUL	ETH	03/08/2019	eThekwini Age Group Gala 4
174	3:22.18	L	F	Carmen Du Toit	11	PEAS	NMA	14/06/2019	PEA Winter Gala
175	3:22.78	L	F	Sinalo Ndlovu	11	UMSH	ETH	15/02/2020	KZN Aquatics Level 2 Provincial
176	3:23.12	L	F	Mia Bruwer	11	SS	MPD	29/11/2019	Limpopo Champs
177	3:23.17	L	F	Shayla Harvey	11	SGUL	ETH	03/08/2019	eThekwini Age Group Gala 4
178	3:23.31	L	F	Leah Crozier	11	FAAC	FBD	05/12/2019	NCASA Champs Dec 2019
179	3:23.50	L	F	Hannah Rogan	11	DBSC	SDD	18/01/2020	EGA Summer 5 - 2020
180	3:24.18	L	F	Emma Lategan	11	CUDU	CPT	26/09/2019	Aquabear Invitational Meet 2019
181	3:24.41	L	F	Saskia Gofman	11	ASAC	CPT	29/02/2020	WCA Junior Champs - 2020
182	3:24.54	L S	F	Tayler Ririe	11	BLSS	MAN	26/11/2019	FS Champs
183	3:24.78	L	F	Sinakhokonke Nene	11	UMSH	ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
184	3:24.97	L	F	Jaime Maritz	11	NSAD	EZD	17/01/2020	MP AGE GROUP 3 17 - 18 JANUARY
185	3:25.15	L	F	Robyn Barbour	11	ESP	EKU	15/02/2020	EGA Last Chance Feb 2020
186	3:25.28	L	F	Chrisley Barnard	11	WSS	FDD	29/02/2020	SEALS AGE GROUP GALA
187	3:25.51	L S	F	Rienke Blignaut	11	WSS	FDD	26/11/2019	FS Champs
188	3:25.55	L	F	Jannae De Villiers	11	PRKA	PSD	05/12/2019	NCASA Champs Dec 2019
189	3:26.35	L	F	Jessica Bosman	11	QUIC	CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
190	3:26.45	L	F	Anja Koen	11	HARB	BPD	05/12/2019	NWS Championships 2019/2020
191	3:26.82	L	F	Miriam Bihlmaier	11	DBSC	SDD	15/02/2020	EGA Last Chance Feb 2020
192	3:28.10	L	F	Mieka Wichmann	11	PSCP	UMD	15/02/2020	KZN Aquatics Level 2 Provincial
193	3:28.22	L	F	Logan Francke	11	RBOT	NW	18/01/2020	NWS Age Group 4 1920
194	3:28.23	L	F	Johanne Lamprecht	11	LSTHZ	WBD	05/10/2019	Limpopo Age Group 4 & School Champs
195	3:29.21	L	F	Láne Fouché	11	HREF	BPD	05/12/2019	NWS Championships 2019/2020
196	3:29.28	L	F	Leila Schenk	11	CPS	BUF	14/03/2020	BCA Level 1 Gala 2020
197	3:29.34	L	F	Mila Naudé	11	TUKS	FSH	12/10/2019	NTS Oct 2019 Age Group Gala
198	3:29.83	L	F	Nina Van Reenen	11	GREY	CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
199	3:30.40	L	F	Esther Sauls	11	BENS	EKU	08/03/2020	Aquatics Gauteng Level 1
200	3:32.38	L	P	Abby Tribe	11	TCA	EKU	05/12/2019	EGA Summer Championships 2019
201	3:32.39	L	F	Elizabeth Opperman	11	KTS	JTD	11/01/2020	NCASA Age Group 4 KTU 2019-2020
202	3:33.75	L	F	Su-Li Underdown	11	STAR	BPD	15/02/2020	NWS Last Chance AG5 1920
203	3:33.79	L	F	Michaela Mitchley	11	KTS	JTD	21/02/2020	NCASA Sprints 2020
204	3:34.58	L	F	Christi Swarts	11	JAQ	SDD	18/01/2020	EGA Summer 5 - 2020
205	3:34.76	L	F	Alandri Krause	11	WSS	FDD	04/10/2019	Seals Gala
206	3:34.77	L	F	Candice Van Eeden	11	SGUL	ETH	03/08/2019	eThekwini Age Group Gala 4
207	3:35.62	L	F	Jaime Schweitzer	AR	BLOT	MAN	14/03/2020	FSA Level 1 2020
208	3:35.78	L	F	Leigh Pijoo	11	BLMA	CPT	25/01/2020	West Coast Qualify Gala 2020
209	3:36.68	L	F	Kuzingca Siramza	11	AQUA	BUF	07/02/2020	BCA Feb Age Group Gala 2020
210	3:36.69	L	F	McKayla Moodley	11	BAYV	ETH	15/02/2020	KZN Aquatics Level 2 Provincial
211	3:37.54	L	F	Leanke Voigt	11	JAQ	SDD	18/01/2020	EGA Summer 5 - 2020
212	3:37.68	L	F	Mia De Klerk	11	FINS	EZD	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
213	3:38.65	L	F	Chloe Pieterse	11	CLSC	WCD	25/01/2020	West Coast Qualify Gala 2020
214	3:39.64	L	F	Buhle Mahlalela	11	UNIN	MPD	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
215	3:39.77	L	F	Eli Matoti	11	VIKI	BUF	14/03/2020	BCA Level 1 Gala 2020
216	3:40.74	L	F	Kgothatso Tsebe	11	STAR	BPD	15/02/2020	NWS Last Chance AG5 1920
217	3:42.69	L	F	Onkaribile Molamu	11	MATL	KKD	05/12/2019	NWS Championships 2019/2020
218	3:42.75	L	F	Kailyn Roopchand	11	UM-SA	UMD	10/11/2019	eThekwini Age Level 1 Gala 1
219	3:43.00	L	F	Jessica Carrol	11	BLMA	CPT	25/01/2020	West Coast Qualify Gala 2020
220	3:43.47	L	F	Nokwanda Nzuza	11	TMAC	ETH	15/02/2020	KZN Aquatics Level 2 Provincial
221	3:44.06	L	F	Nomthandazo Madonda	11	UMSH	ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020

Individual Top Times

Times since: 01-May-19

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	Time	P/F/S	Name	Age/Yr				
222	3:44.46	L S	F	Ashley Seymour	11	WSS FDD	26/11/2019	FS Champs
223	3:47.09	L	F	Celine Miles	11	APEX SSD	14/03/2020	KZNA Level 1 Provincial Champs 2020
224	3:48.99	L	P	Lenya Price	11	DYNA ECU	05/12/2019	EGA Summer Championships 2019
225	3:49.12	L	F	Hananje Pretorius	11	UPTS ZMD	21/02/2020	NCASA Sprints 2020
226	3:51.19	L	F	Lutfiyya Sheik	11	AQSC UMD	14/03/2020	KZNA Level 1 Provincial Champs 2020
227	3:51.24	L	F	Hannah Watson	11	SGUL ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
228	3:51.55	L	F	Elena Frangou	11	BLSS MAN	04/10/2019	Seals Gala
229	3:52.32	L	F	Lehanra Greeff	11	HREF BPD	05/12/2019	NWS Championships 2019/2020
230	3:53.02	L	F	Chrisna Du Plessis	11	KALA JTD	11/01/2020	NCASA Age Group 4 KTU 2019-2020
231	3:53.14	L	F	Catherine O'Grady	11	EXA EZD	15/02/2020	MP AGE GROUP 5 15 FEBRUARY 2020
232	3:53.48	L	F	Dorethe Meyer	DR	BLOT MAN	30/08/2019	Kovsie Aquatics Gala 2019
233	3:55.19	L	F	Jocke Coetzee	11	KALA JTD	21/02/2020	NCASA Sprints 2020
234	3:55.36	L	F	Selente Oosthuysen	11	HARB BPD	05/12/2019	NWS Championships 2019/2020
235	3:57.06	L	F	Amahle Ngubane	11	UMSH ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
236	3:59.62	L	F	Mpumelelo Mthandi	11	BLMA CPT	25/01/2020	West Coast Qualify Gala 2020
237	4:02.81	L	F	ANDREA MACHELM	11	FISHS EDD	01/11/2019	38th Freda Barnard Invitational Gala
238	4:06.21	L	F	Ilanze du Plessis	11	BULS MAN	14/03/2020	FSA Level 1 2020
239	4:06.76	L	F	Diya Rooplal	11	PHOE JHB	14/03/2020	KZNA Level 1 Provincial Champs 2020
240	4:08.20	L	F	Sibongakonke Mchunu	11	TMAC ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
241	4:12.43	L	F	Diya Khoosal	11	ATLA JHB	08/03/2020	Aquatics Gauteng Level 1
242	4:16.06	L	F	Kaitlyn Rix	11	BARR CPT	01/11/2019	38th Freda Barnard Invitational Gala
243	4:21.97	L	F	Mpilo Mahlangu	11	USHAK ECU	14/09/2019	EGA Summer 1 2019
244	4:30.39	L	F	Jade Schaller	11	ISSC NMA	05/12/2019	NWS Championships 2019/2020
245	4:42.97	L	F	Asanda Khanyile	11	TMAC ETH	19/01/2020	eThekwini Age Level 1 Gala 2
246	4:57.53	L	F	Kylie Surajlall	11	WVAQ ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
Women 11-11 400 Free								
1	5:19.38	L	F	Lara Gouws	11	TUKS FSH	27/09/2019	NTS September 2019 Age Group Gala
2	5:19.89	L	F	Kathleen Welsh	11	MWSC NGD	29/11/2019	Mpumalanga Championships 2019
3	5:24.11	L	F	Erin Joubert	11	KLOO ETH	28/02/2020	NDSA Gala 2020
4	5:24.80	L	F	Cathrijn Davel	11	MWSC NGD	29/11/2019	Mpumalanga Championships 2019
5	5:24.87	L	F	Me-Kayla Rew	11	TUKS FSH	04/12/2019	NTS Championships 2019
6	5:26.50	L	F	Kendra Begley	11	BEST NMA	23/08/2019	Madibaz Spring Gala
7	5:26.65	L	F	Chloe Watson	11	PEAS NMA	23/08/2019	Madibaz Spring Gala
8	5:27.77	L	F	Madison du Plessis	CR	BLOT MAN	05/12/2019	NCASA Champs Dec 2019
9	5:28.23	L	F	Philippa Stevens	11	INFA NMA	29/11/2019	NMBA Championships 2019
10	5:33.84	L	F	Savannah Mostert	11	TUKS FSH	14/02/2020	NTS February 2020 Age Group Gala
11	5:38.72	L	F	Jaime Mote	11	INFA NMA	12/10/2019	3rd A League 2019
12	5:38.96	L	F	Scarlett Le Roux	11	SOUL ECU	15/02/2020	EGA Last Chance Feb 2020
13	5:40.06	L	F	Maryse Magnee	11	PEAS NMA	12/10/2019	3rd A League 2019
14	5:43.27	L	F	Mareza Frylinck	11	BLSS MAN	14/06/2019	PEA Winter Gala
15	5:44.90	L	F	Paige Jacobs	11	FAAC FBD	26/09/2019	Aquabear Invitational Meet 2019
16	5:45.64	L	F	Angel Williams	11	REDAQ CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
17	5:45.83	L	F	Leeya Amon	11	TYGE CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
18	5:48.03	L	F	Jani Borman	11	SWAR WCD	25/01/2020	West Coast Qualify Gala 2020
19	5:50.55	L	F	Gemma Goncalves	11	FRA ETH	05/10/2019	eThekwini Age Group 6
20	5:52.36	L	F	Veronique Riekert	11	TUKS FSH	15/11/2019	NTS November 2019 Age Group Gala
21	5:52.80	L	F	Daniella Marcus	11	PEAS NMA	29/11/2019	NMBA Championships 2019
22	5:53.58	L	F	Zandile Sipuka	11	BEST NMA	26/09/2019	Aquabear Invitational Meet 2019
23	5:53.78	L S	F	Karla Myburgh	11	BEST NMA	07/02/2020	5th A League
24	5:54.28	L	F	Simone Vd Merwe	11	PAQU CED	26/09/2019	Aquabear Invitational Meet 2019
25	5:55.71	L	F	Georgia Gouws	11	BEST NMA	26/09/2019	Aquabear Invitational Meet 2019
26	5:57.49	L	F	Amy Botha	11	BOKS ECU	15/02/2020	EGA Last Chance Feb 2020
27	5:58.43	L	F	Amy Gerber	11	LAD UTD	05/10/2019	Uthukela District October 2019 Age
28	5:58.52	L	F	Kayla Honey	11	SOUL ECU	15/02/2020	EGA Last Chance Feb 2020
29	5:59.26	L	F	Ruth Dredge	11	PAC FSH	30/08/2019	NTS August 2019 Age Group Gala Level
30	6:00.60	L	F	Anastasia Sequeira	11	MDOL JHB	19/10/2019	EGA Summer 3 2019
31	6:01.10	L	F	Jade Burnand	11	DYNA ECU	19/10/2019	EGA Summer 3 2019
32	6:01.82	L	F	Jesse-Leah Laderach	11	PEAS NMA	29/11/2019	NMBA Championships 2019
33	6:02.11	L	F	Stephanie Jurado	11	SAAW CPT	26/09/2019	Aquabear Invitational Meet 2019

Individual Top Times

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	Time	P/F/S	Name	Age/Yr			
34	6:02.25	L	F	Mieke Van Der Walt	11	FISH EDD	06/12/2019 Eden LC Champs 2019
35	6:02.30	L	F	Tehl-Cadi Day Garden	11	BLUO UGD	09/11/2019 Ugu Distrist Age Group Gala 6
36	6:04.14	L	F	Amy O'Connor	11	WATR JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
37	6:05.10	L	F	Lucy Le Roux	11	ASAW CED	01/12/2019 Western Cape Summer Championships
38	6:06.71	L	F	Kemantha Ayair	11	CROF ETH	05/10/2019 eThekwini Age Group 6
39	6:08.57	L	F	Elisha Perumal	11	BAYV ETH	05/10/2019 eThekwini Age Group 6
40	6:08.63	L	F	Yvonne Pretorius	11	MWSC NGD	29/11/2019 Mpumalanga Championships 2019
41	6:10.51	L	F	Zia Petersen	11	BCA BUF	18/01/2020 CTA INTER DISTRICT PRESTIGE
42	6:10.66	L S	F	Macy Hains	11	PEAS NMA	07/02/2020 5th A League
43	6:10.94	L	F	Tia Mari Theron	11	TKS WBD	29/11/2019 Limpopo Champs
44	6:12.94	L S	F	Emma Thiersen	11	PEAS NMA	07/02/2020 5th A League
45	6:15.84	L	F	Ayanda Ntaka	11	UMSH ETH	05/10/2019 eThekwini Age Group 6
46	6:20.50	L	F	Helena Pretorius	11	TKS WBD	29/11/2019 Limpopo Champs
47	6:22.32	L	F	Jade O'Connor	11	CSC FSH	01/11/2019 NTS November 2019 Age Group Gala
48	6:22.56	L	F	Carmi Schoeman	11	TKS WBD	29/11/2019 Limpopo Champs
49	6:22.57	L	F	Giuliana Raccanello	11	DYNA ECU	19/10/2019 EGA Summer 3 2019
50	6:23.07	L	F	Kate-Lynn de Jager	AR	BLOT MAN	31/01/2020 Neptune Last Chance Gala
51	6:26.74	L S	F	Lily Ogden	11	PEAS NMA	07/02/2020 5th A League
52	6:27.21	L	F	Dorette du Plessis	11	MATL KKD	05/12/2019 NWS Championships 2019/2020
53	6:29.32	L	F	Sarah-Jane Mouton	11	HARL BUF	22/11/2019 BCA Long Course Championships 2019
54	6:32.81	L	F	Corli Liversage	11	BLSS MAN	27/09/2019 Neptunes Open Gala
55	6:33.16	L	F	Nicola Olivier	11	HARB BPD	05/12/2019 NWS Championships 2019/2020
56	6:36.07	L	F	Vera Chen	11	BLSS MAN	27/09/2019 Neptunes Open Gala
57	6:36.65	L	F	Nicole Van Zyl	11	DYNA ECU	19/10/2019 EGA Summer 3 2019
58	6:36.89	L	F	Sian Kleynhans	11	KALA JTD	11/01/2020 NCASA Age Group 4 KTU 2019-2020
59	6:37.62	L	F	Hannah Naidoo	11	BAYV ETH	05/10/2019 eThekwini Age Group 6
60	6:40.54	L	F	Anne Marais	11	TKS WBD	29/11/2019 Limpopo Champs
61	6:43.44	L	F	Emma Swart	11	KNYD EDD	26/09/2019 Aquabear Invitational Meet 2019
62	6:43.45	L	F	Leané Gouws	11	HREF BPD	05/12/2019 NWS Championships 2019/2020
63	6:45.53	L	F	Alexandra Houniet	11	MAC ECU	19/10/2019 EGA Summer 3 2019
64	6:46.00	L	F	Taylor-Blake Van Tonder	11	ROA EDD	01/11/2019 38th Freda Barnard Invitational Gala
65	6:46.82	L	F	Maria Steyn	11	BLSS MAN	27/09/2019 Neptunes Open Gala
66	6:49.96	L	F	Kelly Stork	11	MAC ECU	15/02/2020 EGA Last Chance Feb 2020
67	6:51.89	L	F	Milri-Ann Summerton	11	MATL KKD	05/12/2019 NWS Championships 2019/2020
68	6:57.29	L	F	Leah Crozier	11	FAAC FBD	25/10/2019 Flamingo Aquatics Academy Prestige
69	7:01.75	L	F	Nicola Schwartz	11	HARL BUF	07/02/2020 BCA Feb Age Group Gala 2020
70	7:10.66	L	F	Taegon Gunkel	11	BEAV ETH	05/10/2019 eThekwini Age Group 6
71	7:12.92	L	F	Deoné Borstlap	11	POTC KKD	05/12/2019 NWS Championships 2019/2020
72	7:17.75	L	F	Helena Van Vuuren	11	KALA JTD	11/01/2020 NCASA Age Group 4 KTU 2019-2020
73	7:21.32	L	F	Zianè Jantzen	11	QUIC CPT	01/11/2019 38th Freda Barnard Invitational Gala
74	7:22.63	L	F	Jannae De Villiers	11	PRKA PSD	25/10/2019 Flamingo Aquatics Academy Prestige
75	7:26.82	L	F	Alandri Krause	11	WSS FDD	27/09/2019 Neptunes Open Gala
76	7:28.44	L	F	Láne Fouché	11	HREF BPD	05/12/2019 NWS Championships 2019/2020
77	7:29.60	L	F	Chrisley Barnard	11	WSS FDD	27/09/2019 Neptunes Open Gala
78	7:30.81	L	F	Kuzingca Siramza	11	AQUA BUF	07/02/2020 BCA Feb Age Group Gala 2020
79	7:53.47	L	F	Anja Koen	11	HARB BPD	23/11/2019 NWS Age Group 3 2019/20
80	8:05.11	L	F	Lenya Price	11	DYNA ECU	19/10/2019 EGA Summer 3 2019
81	9:28.29	L	F	Humairah Nakooda	11	AQUA BUF	05/10/2019 Uthukela District October 2019 Age
Women 11-11 800 Free							
1	11:38.86	L	F	Me-Kayla Rew	11	TUKS FSH	17/01/2020 NTS Janaury 2020 Age Group Gala
2	12:08.24	L	F	Kathleen Welsh	11	MWSC NGD	17/01/2020 MP AGE GROUP 3 17 - 18 JANUARY
3	12:31.98	L	F	Amy Gerber	11	LAD UTD	26/10/2019 Amajuba District Age Group 1
4	13:26.87	L	F	Sarah-Jane Mouton	11	HARL BUF	22/11/2019 BCA Long Course Championships 2019
5	13:54.09	L	F	Kemantha Ayair	11	CROF ETH	20/07/2019 eThekwini Age Group Gala 3
6	14:03.97	L	F	Nicola Olivier	11	HARB BPD	23/11/2019 NWS Age Group 3 2019/20
Women 11-11 1000 Free							
1	18:53.82	L	O	Karli Lotter	11	ROA EDD	08/02/2020 WCA Open Water Swimming
2	22:48.00	L	F	Jaimee-Lee Wenham	11	SGUL ETH	30/11/2019 KZN Open Water

Individual Top Times

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	Time	P/F/S	Name	Age/Yr				
3	25:06.00	L	F	Shayla Harvey	11	SGUL	ETH	30/11/2019 KZN Open Water
Women 11-11 1500 Free								
1	44:36.82	L	F	Humairah Nakooda	11	AQUA	BUF	26/10/2019 Amajuba District Age Group 1
Women 11-11 3000 Free								
1	52:59.48	L	O	Cathrijn Davel	11	MWSC	NGD	02/02/2020 OPEN WATER SWIM 4
Women 11-11 50 Back								
1	35.82	L	F	Gemma Goncalves	11	FRA	ETH	23/11/2019 KZN TYR Westville Sprints 2019
2*	36.33	L	F	Stephanie Jurado	11	SAAW	CPT	01/12/2019 Western Cape Long Course
2*	36.33	L S	F	Anri Van Der Westhuizen	11	BLNE	MAN	26/11/2019 FS Champs
4	36.37	L	F	Cassidy Burgess	11	VINE	CPT	01/12/2019 Western Cape Summer Championships
5	36.64	L	F	Jenna Coetzee	11	INFA	NMA	29/11/2019 NMBA Championships 2019
6	36.69	L	F	Christie Piguet	11	SWIM1	JHB	05/12/2019 CGA Championships 2019
7*	36.75	L	F	Holly Allison	11	SGUL	ETH	23/11/2019 KZN TYR Westville Sprints 2019
7*	36.75	L S	F	Madison du Plessis	CR	BLOT	MAN	26/11/2019 FS Champs
9	37.27	L	F	Katelyn Fourie	11	ETTN	EKU	31/08/2019 Adrian Grafe Speedo Sprint Meet
10	37.55	L	F	Savannah Mostert	11	TUKS	TSH	07/09/2019 2019 Hillcrest Sprint Gala
11	37.56	L S	F	Erin Joubert	11	KLOO	ETH	17/12/2019 KZNA Premier Provincial Championship
12	37.76	L	F	Kendra Begley	11	PEAS	NMA	29/11/2019 NMBA Championships 2019
13	37.79	L	F	Scarlett Le Roux	11	SOUL	EKU	15/02/2020 EGA Last Chance Feb 2020
14	37.92	L	F	Veronique Riekert	11	TUKS	TSH	15/11/2019 NTS November 2019 Age Group Gala
15	37.99	L	F	Ruth Dredge	11	PAC	TSH	07/09/2019 2019 Hillcrest Sprint Gala
16	38.05	L	F	Jaime Mote	11	INFA	NMA	26/09/2019 Aquabear Invitational Meet 2019
17	38.11	L	F	Gizelle Maritz	11	LINR	JHB	05/12/2019 CGA Championships 2019
18	38.13	L	F	Emily Macqueen	11	SGUL	ETH	03/08/2019 eThekwini Age Group Gala 4
19	38.14	L	F	Paige Jacobs	11	FAAC	FBD	05/12/2019 NCASA Champs Dec 2019
20	38.70	L	F	Simone Vd Merwe	11	PAQU	CED	01/12/2019 Western Cape Summer Championships
21	38.74	L S	F	Jade Burnand	11	DYNA	EKU	05/12/2019 EGA Summer Championships 2019
22	38.78	L	F	Kingsley Greyling	11	AZON	ETH	12/10/2019 eThekwini Junior Championships 2019
23	39.05	L S	F	Mareza Frylinck	11	BLSS	MAN	26/11/2019 FS Champs
24	39.12	L	F	Naledi Thobeha	11	QUIC	CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
25	39.20	L	F	Ilke Prinsloo	11	INFA	NMA	29/11/2019 NMBA Championships 2019
26	39.27	L	F	Philippa Stevens	11	INFA	NMA	29/11/2019 NMBA Championships 2019
27	39.51	L	F	Kathleen Welsh	11	MWSC	NGD	11/10/2019 MP AGE GROUP 2 - 11-12 October
28	39.61	L	F	Anastasia Sequeira	11	MDOL	JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
29	39.62	L	F	Zoe Green	11	BCA	BUF	18/01/2020 CTA INTER DISTRICT PRESTIGE
30	39.64	L S	F	Emily Mc Laren	11	SGUL	ETH	17/12/2019 KZNA Premier Provincial Championship
31*	39.65	L	F	Nicole Van Zyl	11	DYNA	EKU	24/06/2019 Sasol National Winter Championship
31*	39.65	L S	F	Maryse Magnee	11	PEAS	NMA	07/02/2020 5th A League
33	39.70	L	P	Danielle Cronjè	11	GREY	CPT	01/12/2019 Western Cape Summer Championships
34	39.72	L	F	Hannah Sandilands	11	DRGN	JHB	05/12/2019 CGA Championships 2019
35	39.86	L	F	Kayla Gous	11	USC	BUF	07/02/2020 BCA Feb Age Group Gala 2020
36	39.89	L	F	Sarah-Jane Mouton	11	HARL	BUF	26/09/2019 Aquabear Invitational Meet 2019
37	39.90	L	F	Grace Powell	11	CSC	TSH	14/02/2020 NTS February 2020 Age Group Gala
38	39.92	L	F	Lara Gouws	11	TUKS	TSH	04/12/2019 NTS Championships 2019
39*	40.06	L	F	Abigail Roberts	11	NWS		01/02/2020 NTS Invitational Gala 2020
39*	40.06	L	P	Mia Van Aswegen	11	TYGE	CPT	01/12/2019 Western Cape Summer Championships
41	40.12	L	P	Abigail Scheffer	11	PAC	TSH	04/12/2019 NTS Championships 2019
42	40.25	L	F	Jaimee-Lee Wenham	11	SGUL	ETH	08/02/2020 eThekwini Age Group Gala 10
43	40.34	L	F	Hannah Turner	11	VINE	CPT	22/02/2020 Swartland Invitational Gala 2
44	40.52	L	F	Cathrijn Davel	11	MWSC	NGD	29/11/2019 Mpumalanga Championships 2019
45	40.69	L	F	Jesse-Leah Laderach	11	PEAS	NMA	29/11/2019 NMBA Championships 2019
46	40.80	L	F	Zanté Young	11	RBOT	NW	19/10/2019 NWS Age Group 1 1920
47	40.87	L	F	Lucy Le Roux	11	ASAW	CED	25/01/2020 West Coast Qualify Gala 2020
48	41.01	L	F	Madisynn Elliott	11	LINR	JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
49	41.10	L	F	Jana Vorster	11	TRAZ	TSH	07/09/2019 2019 Hillcrest Sprint Gala
50	41.22	L	F	Jaimee Lee Roome	11	VRC	TSH	16/08/2019 NTS August 2019 Age Group Gala Level
51	41.32	L	F	Emma Rossouw	11	QUIC	CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
52	41.42	L	F	Amy Combrink	11	VINE	CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
53	41.59 L S	F	Amy Botha	11	BOKS EKU	05/12/2019	EGA Summer Championships 2019	
54*	41.64 L	F	Amy O'Connor	11	WATR JHB	19/10/2019	EGA Summer 3 2019	
54*	41.64 L	F	Athina Mc Colgan	11	JSA JHB	30/08/2019	NTS August 2019 Age Group Gala Level	
56	41.69 L	F	Karmen Van Rensburg	11	UNIN MPD	29/11/2019	Mpumalanga Championships 2019	
57*	41.71 L	F	Leah Scott	11	BLUO UGD	23/11/2019	KZN TYR Westville Sprints 2019	
57*	41.71 L	F	Tatum Renze	11	PEAS NMA	26/09/2019	Aquabear Invitational Meet 2019	
59	41.78 L	F	Tia Mari Theron	11	CURHK CCD	05/10/2019	Limpopo Age Group 4 & School Champs	
60	41.79 L S	F	Corli Livsavage	11	BLSS MAN	26/11/2019	FS Champs	
61	41.85 L S	F	Chloe Olivier	11	SOUL EKU	05/12/2019	EGA Summer Championships 2019	
62	41.87 L	P	Nina Rautenbach	11	SEAL UMD	12/10/2019	eThekwini Junior Championships 2019	
63	41.89 L	F	Anne Marais	11	LSJM SKD	05/10/2019	Limpopo Age Group 4 & School Champs	
64	41.93 L S	F	Leila Yazbek	11	BLNE MAN	26/11/2019	FS Champs	
65	42.01 L	F	Tehl-Cadi Day Garden	11	BLUO UGD	23/11/2019	KZN TYR Westville Sprints 2019	
66	42.11 L	F	Aarifah Haffjee	11	PEAS NMA	26/09/2019	Aquabear Invitational Meet 2019	
67	42.13 L	F	Jessica Greeff	11	HARL BUF	07/12/2019	BCA December Age Group Gala 2019	
68	42.17 L	F	Genevieve Christensen	11	ACSA ETH	08/02/2020	eThekwini Age Group Gala 10	
69	42.27 L S	F	Kelly Stork	11	MAC EKU	05/12/2019	EGA Summer Championships 2019	
70	42.33 L	F	Kayla Verbaan	11	KLOO ETH	15/02/2020	KZN Aquatics Level 2 Provincial	
71	42.35 L	F	Mieke Van Der Walt	11	FISH EDD	16/11/2019	EDEN 3rd A-League Gala 2019	
72	42.36 L	F	Mikayla Smit	11	WATR JHB	05/12/2019	CGA Championships 2019	
73	42.37 L	F	Amy Gerber	11	LAD UTD	21/02/2020	Amajuba District Long Course	
74	42.39 L	F	Genevieve Court	11	AA JHB	05/12/2019	CGA Championships 2019	
75	42.53 L	F	Samantha Nimb	11	VINE CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS	
76	42.54 L S	F	Logan Terreblanche	11	ESTR EKU	05/12/2019	EGA Summer Championships 2019	
77	42.61 L	F	Jemma Pearse	11	VINE CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS	
78	42.62 L	F	Caitlyn Dube	11	MDOL JHB	05/12/2019	CGA Championships 2019	
79*	42.68 L	F	Ella Stacey	11	AA JHB	05/12/2019	CGA Championships 2019	
79*	42.68 L	P	Bridget Van der Westhuizen	11	MATL KKD	24/06/2019	Sasol National Winter Championship	
81	42.72 L	P	Taiga-Lee White	11	AZON ETH	12/10/2019	eThekwini Junior Championships 2019	
82	42.76 L	F	Isabella Havemann	11	ASAC CPT	29/02/2020	WCA Junior Champs - 2020	
83	42.79 L	P	Ayanda Ntaka	11	UMSH ETH	12/10/2019	eThekwini Junior Championships 2019	
84	42.85 L	F	Lily Durant	11	BARR CPT	01/11/2019	38th Freda Barnard Invitational Gala	
85	42.90 L	F	Ella van Wyk	11	BARR CPT	01/11/2019	38th Freda Barnard Invitational Gala	
86	42.95 L	F	Abigail Britz	11	TINC FSH	17/01/2020	NTS Janaury 2020 Age Group Gala	
87	42.99 L S	F	Georgia Gouws	11	BEST NMA	07/02/2020	5th A League	
88	43.00 L	F	Jamie-Lee Espag	11	AZON ETH	15/02/2020	KZN Aquatics Level 2 Provincial	
89	43.01 L S	F	Giuliana Raccanello	11	DYNA EKU	05/12/2019	EGA Summer Championships 2019	
90	43.08 L	F	Macy Hains	11	PEAS NMA	23/08/2019	Madibaz Spring Gala	
91	43.15 L	F	Amy Aaron	11	WSTV ETH	23/11/2019	KZN TYR Westville Sprints 2019	
92	43.16 L	F	Addison Bailey	11	WATR JHB	05/12/2019	CGA Championships 2019	
93	43.20 L	F	Larissa Visagie	11	ASA CPT	26/09/2019	Aquabear Invitational Meet 2019	
94	43.22 L	F	Dorette du Plessis	11	MATL KKD	15/02/2020	NWS Last Chance AG5 1920	
95	43.31 L	F	Ashley Scholtz	11	SODO JHB	19/10/2019	EGA Summer 3 2019	
96	43.32 L	F	Zoe Goebel	11	TYGE CPT	29/02/2020	WCA Junior Champs - 2020	
97	43.33 L	P	Moya Steer	11	NCDST ILD	12/10/2019	eThekwini Junior Championships 2019	
98	43.47 L	F	Marlene Ward	11	TUKS FSH	14/02/2020	NTS February 2020 Age Group Gala	
99	43.55 L	F	Taylor-Blake Van Tonder	11	ROA EDD	06/12/2019	Eden LC Champs 2019	
100	43.57 L	F	Cait Da Cunha	11	BON JHB	15/02/2020	CGA Level 2 Last Chance Gala - Day 1	
101	43.58 L	F	Anja Koen	11	HARB BPD	05/12/2019	NWS Championships 2019/2020	
102*	43.59 L	F	Hannah Naidoo	11	BAYV ETH	15/02/2020	KZN Aquatics Level 2 Provincial	
102*	43.59 L	F	Daniella Harcus	11	PEAS NMA	23/08/2019	Madibaz Spring Gala	
104	43.63 L	F	Kiara Banks	11	WATR JHB	15/02/2020	CGA Level 2 Last Chance Gala - Day 1	
105	43.66 L	F	Chloe Watson	11	PEAS NMA	09/11/2019	4th A League	
106	43.68 L	F	Kayla Honey	11	SOUL EKU	31/08/2019	Adrian Grafe Speedo Sprint Meet	
107*	43.72 L	P	Kiera Ruane	11	TUKS FSH	04/12/2019	NTS Championships 2019	
107*	43.72 L S	F	Katherine Williams	11	DYNA EKU	05/12/2019	EGA Summer Championships 2019	
109	43.75 L	F	Dakota McIntyre	11	SOUL EKU	31/08/2019	Adrian Grafe Speedo Sprint Meet	
110	43.80 L	P	Abigail Sparapano	11	AZON ETH	12/10/2019	eThekwini Junior Championships 2019	
111	44.05 L	F	Janca Hattingh	11	NSA EZD	31/01/2020	MP AGE GROUP 4 31 JANUARY - 1	

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
112	44.09	L	F	Maria Steyn	11	BLSS MAN	25/10/2019 Flamingo Aquatics Academy Prestige
113	44.17	L	F	Ayalakha Mokoena	11	TUKS FSH	13/09/2019 NTS September 2019 Age Group Gala
114	44.18	L	F	Ayanke Stander	11	ASAW CED	29/02/2020 WCA Junior Champs - 2020
115	44.19	L S	F	Kayla Vosloo	DR	BLOT MAN	26/11/2019 FS Champs
116	44.20	L S	F	Vera Chen	11	BLSS MAN	26/11/2019 FS Champs
117	44.21	L	F	Angel Williams	11	REDAQ CPT	19/10/2019 Winelands Senior League 4 - 19 Oct
118	44.22	L	F	Alexandra Houniet	11	MAC EKU	15/02/2020 EGA Last Chance Feb 2020
119	44.25	L	F	Emily Liebenberg	11	SWAR WCD	29/02/2020 WCA Junior Champs - 2020
120	44.28	L	F	Sandri Visser	11	WELL CED	19/10/2019 Winelands Senior League 4 - 19 Oct
121*	44.31	L	F	Christi Serfontein	11	QUIC CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
121*	44.31	L	F	Nicole Norman	11	RPAC EKU	31/08/2019 Adrian Grafe Speedo Sprint Meet
121*	44.31	L	F	Sunny Huang	11	MDOL JHB	31/08/2019 Adrian Grafe Speedo Sprint Meet
124	44.39	L	F	Rebecca Kuhn	11	PER JHB	08/03/2020 Aquatics Gauteng Level 1
125	44.44	L	F	Emma Lategan	11	CUDU CPT	26/09/2019 Aquabear Invitational Meet 2019
126*	44.46	L	F	Dorethe Meyer	DR	BLOT MAN	18/10/2019 Otters Prestige Gala 2019
126*	44.46	L	F	Kaylie Groenewald	11	LSMSA VBD	05/10/2019 Limpopo Age Group 4 & School Champs
128*	44.48	L	F	Bridget vd Westhuizen	11	TUKS FSH	07/09/2019 2019 Hillcrest Sprint Gala
128*	44.48	L S	F	Leandre Voigt	11	VALS FDD	26/11/2019 FS Champs
130	44.49	L	F	Láne Fouché	11	HREF BPD	05/12/2019 NWS Championships 2019/2020
131	44.50	L	F	Milri-Ann Summerton	11	MATL KKD	05/12/2019 NWS Championships 2019/2020
132	44.52	L	F	René Kotzé	11	POTC KKD	09/11/2019 NWS Age Group 2 1920
133	44.53	L	F	Storme Badenhorst	11	MANT CPT	26/09/2019 Aquabear Invitational Meet 2019
134	44.57	L	F	Tayla Dowie	11	FLOD JHB	05/12/2019 CGA Championships 2019
135*	44.58	L	F	Gabriella Kirsten	11	PAQU CED	29/02/2020 WCA Junior Champs - 2020
135*	44.58	L	F	Reabiloe Kodisang	11	CRSC JHB	05/12/2019 CGA Championships 2019
137	44.60	L S	F	Zandile Sipuka	11	BEST NMA	07/02/2020 5th A League
138	44.62	L	F	Lienke Van OS	11	BULS MAN	31/01/2020 Neptune Last Chance Gala
139*	44.63	L	F	Leigh Pijoo	11	BLMA CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
139*	44.63	L	F	Candice Van Eeden	11	SGUL ETH	28/02/2020 NDSA Gala 2020
141	44.66	L	F	Kellen McLaren	11	SOUL EKU	15/02/2020 EGA Last Chance Feb 2020
142	44.67	L	F	Donne Bruyns	11	NSA EZD	29/11/2019 Mpumalanga Championships 2019
143	44.68	L	F	Caitlyn Govender	11	SGUL ETH	15/02/2020 KZN Aquatics Level 2 Provincial
144*	44.70	L	F	Mariel Van Der Net	11	SASOL FDD	14/09/2019 Fezile Dabi Age Group
144*	44.70	L	F	Leané Gouws	11	HREF BPD	05/12/2019 NWS Championships 2019/2020
144*	44.70	L	F	Milla Delpoit	11	PEAS NMA	12/10/2019 3rd A League 2019
147	44.72	L	F	Nicola Olivier	11	HARB BPD	05/12/2019 NWS Championships 2019/2020
148	44.74	L	F	Jade O'Connor	11	CSC FSH	29/11/2019 2019 The Tshwane Mayoral Gala
149	44.77	L	F	Leia Braithwaite	11	SGUL ETH	15/02/2020 KZN Aquatics Level 2 Provincial
150	44.80	L	F	Carmen Du Toit	11	PEAS NMA	10/08/2019 1st A League 2019
151*	44.81	L	F	Lungiswa Grootboom	11	SWAR WCD	22/02/2020 Swartland Invitational Gala 2
151*	44.81	L	F	Ianthy Moolman	11	MWSC NGD	11/10/2019 MP AGE GROUP 2 - 11-12 October
153	44.85	L	F	Lily Ogden	11	PEAS NMA	09/11/2019 4th A League
154	44.86	L	F	Annika Potgieter	11	NWUC KKD	09/11/2019 NWS Age Group 2 1920
155	45.01	L	F	Keera De Esclana	11	VRC FSH	29/11/2019 2019 The Tshwane Mayoral Gala
156	45.02	L	P	Kemantha Ayair	11	CROF ETH	12/10/2019 eThekweni Junior Championships 2019
157	45.03	L	F	Miana Fourie	11	WSS FDD	09/11/2019 Bull-Sharks 2019
158	45.14	L	F	Helena Pretorius	11	LSJM SKD	05/10/2019 Limpopo Age Group 4 & School Champs
159	45.16	L	F	Grace Moussouris	11	SGUL ETH	08/02/2020 eThekweni Age Group Gala 10
160	45.17	L S	F	Jaimee-Lee Marais	11	SWIFT EKU	05/12/2019 EGA Summer Championships 2019
161	45.21	L	F	Elisha Perumal	11	BAYV ETH	03/08/2019 eThekweni Age Group Gala 4
162	45.25	L	F	Sisanda Zikhali	11	SGUL ETH	19/01/2020 eThekweni Age Level 1 Gala 2
163	45.26	L	F	Lana Viljoen	11	CSC FSH	14/02/2020 NTS February 2020 Age Group Gala
164	45.34	L	F	Jane Glutz	11	AQU ADJ	23/11/2019 KZN TYR Westville Sprints 2019
165	45.39	L S	F	Megan Augustyn	11	ONYX EKU	05/12/2019 EGA Summer Championships 2019
166*	45.41	L	F	Me-Kayla Rew	11	TUKS FSH	16/08/2019 NTS August 2019 Age Group Gala Level
166*	45.41	L	F	Abby Novos	11	ASAC CPT	29/02/2020 WCA Junior Champs - 2020
168	45.42	L	F	Jocelyn Cromhout	11	HARL BUF	21/02/2020 BCA 2nd Feb Age Group Gala 2020
169	45.45	L	F	Carine Röntgen	11	SWAR WCD	29/02/2020 WCA Junior Champs - 2020
170	45.46	L	F	Micaela Mutooni	11	ELEC JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1

Individual Top Times

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	Time	P/F/S	Name	Age/Yr			
171	45.47	L	F	Karli Lotter	11	ROA EDD	05/10/2019 EDEN District School Trials 2019
172	45.49	L	F	Tayler Ririe	11	BLSS MAN	09/11/2019 Bull-Sharks 2019
173	45.55	L	F	Logan Francke	11	RBOT NW	07/09/2019 2019 Hillcrest Sprint Gala
174	45.56	L	F	Emily Palmer	11	USC BUF	21/02/2020 BCA 2nd Feb Age Group Gala 2020
175*	45.57	L	F	Madison Markovic	11	MATL KKD	15/02/2020 NWS Last Chance AG5 1920
175*	45.57	L	F	Robyn Barbour	11	ESP EKU	31/08/2019 Adrian Grafe Speedo Sprint Meet
177	45.59	L	P	Yvonne Pretorius	11	MWSC NGD	29/11/2019 Mpumalanga Championships 2019
178	45.67	L	F	Ashleigh Davies	11	WELA FDD	09/11/2019 Bull-Sharks 2019
179	45.71	L S	F	Rachel Hinckley	11	DYNA EKU	05/12/2019 EGA Summer Championships 2019
180	45.74	L	F	Carmi Schoeman	11	LSKP WBD	05/10/2019 Limpopo Age Group 4 & School Champs
181*	45.77	L	F	Simonè Schonken	11	LSTZN MPD	05/10/2019 Limpopo Age Group 4 & School Champs
181*	45.77	L	F	Anne Steyl	11	PRKA PSD	05/12/2019 NCASA Champs Dec 2019
183	45.79	L	F	Mieka Wichmann	11	PSCP UMD	19/01/2020 eThekwini Age Level 1 Gala 2
184	45.85	L S	F	Nieke Breytenbach	11	WELA FDD	26/11/2019 FS Champs
185	45.87	L	F	Suzanne Venter	11	TYGE CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
186	45.89	L	F	Jemma Park	11	CRSC JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
187	45.94	L	F	Carme Louw	11	TASC MPD	15/02/2020 Limpopo Age Group 6
188	45.99	L	F	Rii Spoelstra	11	TUKS FSH	12/10/2019 NTS Oct 2019 Age Group Gala
189*	46.02	L	F	Jodi Boettger	11	USC BUF	07/02/2020 BCA Feb Age Group Gala 2020
189*	46.02	L	F	Zoe Ann Kruger	11	AQU ADJ	21/02/2020 Amajuba District Long Course
191	46.05	L	F	Saskia Gofman	11	ASAC CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
192	46.10	L	F	Hayley Steyn	11	CSA EZD	29/11/2019 Mpumalanga Championships 2019
193	46.14	L	F	Caitlin Scheepers	11	AQDO CPT	29/02/2020 WCA Junior Champs - 2020
194*	46.20	L	F	Daniëlla Müller	11	TUKS FSH	17/01/2020 NTS Janaury 2020 Age Group Gala
194*	46.20	L	F	Nina Van Reenen	11	GREY CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
196	46.22	L	F	Teagan Hamer	11	PEAS NMA	10/08/2019 1st A League 2019
197	46.25	L	F	Amy Gulle	11	HARL BUF	22/11/2019 BCA Long Course Championships 2019
198*	46.28	L	F	Janke Breytenbach	GR	PSA ZLD	25/01/2020 Ushaka Championship Gala 2020
198*	46.28	L	F	Zoë Cilliers	11	LSN EZD	11/10/2019 MP AGE GROUP 2 - 11-12 October
200	46.31	L	F	Micke De Jager	VR	PSA ZLD	12/10/2019 KCDA October Age Group Gala 2019
201	46.42	L	F	Megan Nieman	11	TUKS FSH	12/10/2019 NTS Oct 2019 Age Group Gala
202	46.51	L	F	Alika Vd Merwe	11	TUKS FSH	30/08/2019 NTS August 2019 Age Group Gala Level
203	46.52	L S	F	Cecile Scheepers	11	WELA FDD	26/11/2019 FS Champs
204	46.57	L	F	Tatum Sanderson	11	SOWE JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
205	46.61	L	F	Miela Smit	11	NLS BUF	14/03/2020 BCA Level 1 Gala 2020
206	46.65	L	F	Zine Mostert	11	WATR JHB	05/12/2019 CGA Championships 2019
207	46.69	L	F	Jessica Bosman	11	QUIC CPT	22/02/2020 Swartland Invitational Gala 2
208	46.74	L	F	Leane Muller	11	RFA FSH	29/11/2019 2019 The Tshwane Mayoral Gala
209	46.78	L	F	Samantha Magava	11	UNIQ JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
210	46.85	L	F	Chloe Jewell	11	PEAS NMA	14/06/2019 PEA Winter Gala
211	46.90	L	F	Zianè Jantzen	11	QUIC CPT	22/02/2020 Swartland Invitational Gala 2
212	46.91	L	P	Holly Jansens ter laeck	11	KLOO ETH	12/10/2019 eThekwini Junior Championships 2019
213	46.98	L	F	Shayla Harvey	11	SGUL ETH	23/11/2019 KZN TYR Westville Sprints 2019
214	47.00	L S	F	Ashley Seymour	11	WSS FDD	26/11/2019 FS Champs
215	47.02	L	F	Esther Sauls	11	BENS EKU	19/10/2019 EGA Summer 3 2019
216	47.11	L	F	YiYi Luo	11	ESTR EKU	31/08/2019 Adrian Grafe Speedo Sprint Meet
217	47.18	L	F	Emma Thiersen	11	PEAS NMA	14/06/2019 PEA Winter Gala
218	47.19	L	F	Sarah Lourens	11	ELIT JHB	05/12/2019 CGA Championships 2019
219	47.21	L	F	Zoe-Jane Davies	11	CUDU CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
220	47.22	L	F	Emma Swart	11	KNYD EDD	26/09/2019 Aquabear Invitational Meet 2019
221	47.24	L S	F	Katya Botha	11	BOKS EKU	05/12/2019 EGA Summer Championships 2019
222	47.38	L	F	Xandri Els	11	BEAV ETH	03/08/2019 eThekwini Age Group Gala 4
223	47.41	L	F	Stacey Smith	11	PAC FSH	29/11/2019 2019 The Tshwane Mayoral Gala
224	47.43	L	F	Sienna Wilensky	11	ASAC CPT	29/02/2020 WCA Junior Champs - 2020
225	47.56	L	F	Tayla Gerber	11	AEC JHB	15/02/2020 EGA Last Chance Feb 2020
226	47.57	L	F	Onkaribile Molamu	11	MATL KKD	09/11/2019 NWS Age Group 2 1920
227	47.61	L	F	Caitlyn Arendse	11	CSC FSH	29/11/2019 2019 The Tshwane Mayoral Gala
228*	47.62	L	F	Jaime Maritz	11	NSAD EZD	14/09/2019 MP Sprint Gala - 14 September 2019
228*	47.62	L	F	Ella Eldar	11	TUKS FSH	14/02/2020 NTS February 2020 Age Group Gala

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Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
230	47.69	L	F	Jannae De Villiers	11	PRKA PSD	05/12/2019 NCASA Champs Dec 2019
231	47.70	L	F	Leah Crozier	11	FAAC FBD	21/02/2020 NCASA Sprints 2020
232	47.71	L S	P	Louise Lepront	11	SGUL ETH	17/12/2019 KZNA Premier Provincial Championship
233	47.76	L	F	Lelanie Buhr	11	SWAR WCD	29/02/2020 WCA Junior Champs - 2020
234	47.83	L	F	Caitlyn Olkers	11	CUDU CPT	02/11/2019 Swartland Invitational #1
235*	47.85	L S	F	Gabriella Fotheringham	11	SOUL EKU	05/12/2019 EGA Summer Championships 2019
235*	47.85	L	F	Chanè Grobbelaar	11	SWAR WCD	29/02/2020 WCA Junior Champs - 2020
237	47.87	L	F	Keira Holland	11	CRSC JHB	05/12/2019 CGA Championships 2019
238	47.95	L	F	Lana Koegelenberg	11	CARN EKU	31/08/2019 Adrian Grafe Speedo Sprint Meet
239	48.00	L	F	Jessica Carrol	11	BLMA CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
240	48.06	L	F	Hannah Rogan	11	DBSC SDD	15/02/2020 EGA Last Chance Feb 2020
241	48.13	L S	F	Rienke Blignaut	11	WSS FDD	26/11/2019 FS Champs
242	48.20	L	F	Ilanze du Plessis	11	BULS MAN	25/01/2020 Mangaung Classic Gala 2020
243	48.24	L	F	Layla Reynecke	11	SGUL ETH	08/02/2020 eThekwini Age Group Gala 10
244	48.38	L	F	Lehanra Greeff	11	HREF BPD	05/12/2019 NWS Championships 2019/2020
245	48.39	L	F	Izaan Meintjes	11	LSKP WBD	05/10/2019 Limpopo Age Group 4 & School Champs
246	48.40	L	F	Kendra Matthysen	11	MARL CPT	26/09/2019 Aquabear Invitational Meet 2019
247	48.43	L	F	Alida Louw	11	UPTS ZMD	15/02/2020 NCASA Age Group 5 UPT 2019-2020
248	48.59	L	F	Lenya Price	11	DYNA EKU	31/08/2019 Adrian Grafe Speedo Sprint Meet
249	48.60	L	F	Sinoah Pretorius	11	TUKS TSH	13/09/2019 NTS September 2019 Age Group Gala
250*	48.62	L	F	Thaania Omar	11	WALM CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
250*	48.62	L	F	Talita Lubbe	11	PSC TSH	29/11/2019 2019 The Tshwane Mayoral Gala
252	48.63	L	F	Amelie Brügers	11	AQWO CPT	25/01/2020 West Coast Qualify Gala 2020
253	48.69	L S	F	Michaela Blaine	11	PEAS NMA	07/02/2020 5th A League
254	48.73	L	P	Elena Frangou	11	BLSS MAN	24/06/2019 Sasol National Winter Championship
255	48.74	L	F	Deoné Borstlap	11	POTC KKD	18/01/2020 NWS Age Group 4 1920
256	48.79	L	F	Kate-Lynn de Jager	AR	BLOT MAN	31/01/2020 Neptune Last Chance Gala
257	48.91	L	F	Kehara Human	11	ASAW CED	02/11/2019 Swartland Invitational #1
258	48.96	L	F	Nicola Schwartz	11	HARL BUF	07/02/2020 BCA Feb Age Group Gala 2020
259	49.05	L	F	Christina Ou	11	TUKS TSH	29/11/2019 2019 The Tshwane Mayoral Gala
260	49.11	L	F	Mia Bruwer	11	SS MPD	15/02/2020 Limpopo Age Group 6
261	49.19	L	F	Lirika Botha	11	FISH EDD	29/02/2020 WCA Junior Champs - 2020
262	49.32	L	F	Suzanne Walsh	11	SAAW CPT	02/11/2019 Swartland Invitational #1
263	49.38	L	F	Zine Ferns	11	LPTBO CCD	05/10/2019 Limpopo Age Group 4 & School Champs
264	49.39	L	F	Chrisley Barnard	11	WSS FDD	04/10/2019 Seals Gala
265	49.40	L	F	Emily Tsai	11	BLMA CPT	25/01/2020 West Coast Qualify Gala 2020
266*	49.43	L	F	Leandri Venter	11	RBOT BPD	05/12/2019 NWS Championships 2019/2020
266*	49.43	L	F	Isobel Todd	11	APEX SSD	14/03/2020 KZNA Level 1 Provincial Champs 2020
268	49.48	L	F	Alandri Krause	11	WSS FDD	04/10/2019 Seals Gala
269	49.49	L	F	Kayleigh Hahn	11	ROJ EDD	16/11/2019 EDEN 3rd A-League Gala 2019
270	49.67	L	P	Aime' Heydricks	11	BLUO UGD	12/10/2019 eThekwini Junior Championships 2019
271	49.75	L	F	June Erasmus	11	RFA TSH	08/03/2020 Aquatics Gauteng Level 1
272	49.88	L	F	Katia Dias	11	BON JHB	05/12/2019 CGA Championships 2019
273	49.93	L S	F	Gabrielle Kramer	11	PEAS NMA	07/02/2020 5th A League
274	49.98	L	F	Nisa Da Silva	11	TUKS TSH	16/08/2019 NTS August 2019 Age Group Gala Level
275	50.02	L	F	Isabella Day	11	BEAV ETH	28/02/2020 NDSA Gala 2020
276	50.04	L	F	Sian Kleynhans	11	KALA JTD	21/02/2020 NCASA Sprints 2020
277	50.05	L	F	Simone Van Aswegen	11	WATR JHB	11/01/2020 NCASA Age Group 4 KTU 2019-2020
278	50.11	L	F	Chloe Petersen	11	TUKS TSH	17/01/2020 NTS January 2020 Age Group Gala
279	50.36	L	F	Chrystil Raymond	11	UNIN MPD	11/10/2019 MP AGE GROUP 2 - 11-12 October
280	50.42	L	F	Kuzingca Siramza	11	CAMBP BUF	26/10/2019 1st B Age Group Gala & EC Schools
281	50.55	L	F	Mila Naudé	11	TUKS TSH	14/02/2020 NTS February 2020 Age Group Gala
282	50.60	L	F	Judy Stevens	11	AQWO CPT	02/11/2019 Swartland Invitational #1
283	50.61	L	F	Kyra Alexander	11	TYGE CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
284*	50.64	L	F	Anè Kemp	11	SWAR WCD	29/02/2020 WCA Junior Champs - 2020
284*	50.64	L	F	Alexa Olivier	AR	BLOT MAN	18/10/2019 Otters Prestige Gala 2019
284*	50.64	L	F	Leanke Voigt	11	JAQ SDD	17/08/2019 EGA Winter 4 (Soncini) 17.08.19
287	50.73	L	F	Ghia-Lorèn Grobler	11	BLMA CPT	02/11/2019 Swartland Invitational #1
288*	50.75	L	F	Megan Van Den Heever	11	GTC EZD	29/11/2019 Mpumalanga Championships 2019

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr				
288*	50.75 L	F	Neo Bhengu	11	MGSC UGD	23/11/2019	KZN TYR Westville Sprints 2019
288*	50.75 L	F	Kgothatso Tsebe	11	STAR BPD	15/02/2020	NWS Last Chance AG5 1920
291	50.89 L	F	Kimberley Strong	11	KALA JTD	21/02/2020	NCASA Sprints 2020
292	51.04 L	F	Hanrike Barnard	11	FSAC BPD	09/11/2019	NWS Age Group 2 1920
293	51.08 L	F	Selente Oosthuysen	11	HARB BPD	05/12/2019	NWS Championships 2019/2020
294*	51.12 L	F	Eli Matoti	11	VIKI BUF	07/02/2020	BCA Feb Age Group Gala 2020
294*	51.12 L	F	Zane Neethling	11	LSKP WBD	05/10/2019	Limpopo Age Group 4 & School Champs
296	51.16 L	F	Elizabeth Du Plessis	11	SWAR WCD	22/02/2020	Swartland Invitational Gala 2
297	51.27 L	F	Monique Van Zyl	11	ASAC CPT	29/02/2020	WCA Junior Champs - 2020
298	51.34 L	F	Elizabeth Opperman	11	KTS JTD	05/12/2019	NCASA Champs Dec 2019
299	51.38 L	F	Zoie Cloete	11	CLSC WCD	22/02/2020	Swartland Invitational Gala 2
300	51.45 L	F	Mikayla Van Aswegen	11	LSB MP	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
301	51.61 L	F	Abby Tribe	11	TCA EKU	15/02/2020	EGA Last Chance Feb 2020
302	51.63 L	P	Dhenika Chetty	11	BEAV ETH	12/10/2019	eThekwini Junior Championships 2019
303	51.67 L	F	Jenna Grove	11	NCDST ILD	03/08/2019	eThekwini Age Group Gala 4
304	51.82 L	F	Jocke Coetzee	11	KALA JTD	05/12/2019	NCASA Champs Dec 2019
305	51.94 L	F	Olivia Van der Nest	11	NSAD EZD	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
306	52.01 L	F	Keanda Mokoena	11	TUKS FSH	17/01/2020	NTS Janaury 2020 Age Group Gala
307	52.04 L	F	Emma Jansen van Rensburg	11	CSC FSH	17/01/2020	NTS Janaury 2020 Age Group Gala
308*	52.18 L	F	Taegon Gunkel	11	BEAV ETH	28/02/2020	NDSA Gala 2020
308*	52.18 L	F	Leila Schenk	11	CPS BUF	14/03/2020	BCA Level 1 Gala 2020
310	52.21 L	F	Jaime Schweitzer	AR	BLOT MAN	14/09/2019	Mangaung Sprints
311	52.24 L	F	Zahra Spencer	11	BLMA CPT	02/11/2019	Swartland Invitational #1
312	52.33 L	F	Jacoline Crous	11	SWAR WCD	29/02/2020	WCA Junior Champs - 2020
313	52.44 L	F	Jordan Riebeseel	11	SGUL ETH	23/11/2019	KZN TYR Westville Sprints 2019
314	52.62 L	F	Richelle Rothmann	11	AQU ADJ	25/01/2020	Amajuba District Age Group Gala 2
315	52.66 L	F	Ivana Vyncke	TR	PSA ZLD	25/01/2020	Ushaka Championship Gala 2020
316	52.91 L	F	Sinakhokonke Nene	11	UMSH ETH	15/02/2020	KZN Aquatics Level 2 Provincial
317	53.06 L	F	Sanri Rossouw	11	POTC KKD	09/11/2019	NWS Age Group 2 1920
318	53.07 L	F	Lana Fourie	11	PAC FSH	07/09/2019	2019 Hillcrest Sprint Gala
319	53.15 L	F	Johanne Lamprecht	11	LSTHZ WBD	05/10/2019	Limpopo Age Group 4 & School Champs
320	53.23 L	F	Mia Crookham	11	TYGE CPT	25/01/2020	CTA TYR QUALIFYING GALA #3
321	53.48 L	F	Amy Burrell	11	PEAS NMA	26/09/2019	Aquabear Invitational Meet 2019
322	53.51 L	F	Sibongakonke Mchunu	11	TMAC ETH	19/01/2020	eThekwini Age Level 1 Gala 2
323	53.54 L	F	Helena Van Vuuren	11	KALA JTD	21/02/2020	NCASA Sprints 2020
324	53.61 L	F	Marne Pretorius	11	WRP EZD	11/10/2019	MP AGE GROUP 2 - 11-12 October
325	53.83 L	F	Miriam Bihlmaier	11	DBSC SDD	19/10/2019	EGA Summer 3 2019
326	53.90 L	F	Refilwe Makudubele	11	SWAG KKD	09/11/2019	NWS Age Group 2 1920
327	53.93 L	F	Shyenne Laubcher	11	WSS FDD	14/03/2020	FSA Level 1 2020
328	54.00 L	F	Alea Du Toit	11	BLMA CPT	02/11/2019	Swartland Invitational #1
329	54.03 L	F	Zelmari van der Walt	11	AQU ADJ	26/10/2019	Amajuba District Age Group 1
330	54.12 L	F	Chloe Pieterse	11	CLSC WCD	25/01/2020	West Coast Qualify Gala 2020
331	54.15 L	F	Blessing Nkuna	11	LSTZN MPD	05/10/2019	Limpopo Age Group 4 & School Champs
332	54.73 L	P	Tayyibah Sayed	11	DBSC SDD	24/06/2019	Sasol National Winter Championship
333	54.83 L	F	Mpumelelo Mthandi	11	BLMA CPT	14/06/2019	PEA Winter Gala
334	54.86 L	F	Nazeeha Norath	11	TUKS FSH	14/02/2020	NTS February 2020 Age Group Gala
335	54.92 L	F	Marizette Strombeck	11	HRP NKD	11/10/2019	MP AGE GROUP 2 - 11-12 October
336	54.94 L	F	Jessica Mc Ardle	11	WSS FDD	14/03/2020	FSA Level 1 2020
337	54.98 L	F	Leilah Snyman	11	JAK FBD	08/11/2019	NCASA Age Group 2 KBY 2019
338	55.01 L	P	Mia De Klerk	11	FINS EZD	29/11/2019	Mpumalanga Championships 2019
339	55.03 L	F	Lutfiyya Sheik	11	AQSC UMD	19/01/2020	eThekwini Age Level 1 Gala 2
340	55.28 L	F	McKayla Moodley	11	BAYV ETH	15/02/2020	KZN Aquatics Level 2 Provincial
341	55.32 L	F	Maria Dos Santos	11	HREF BPD	19/10/2019	NWS Age Group 1 1920
342	55.34 L	F	Cornelia Du Plessis	11	WELA FDD	18/10/2019	Otters Prestige Gala 2019
343*	55.36 L S	F	Christi Swarts	11	JAQ SDD	05/12/2019	EGA Summer Championships 2019
343*	55.36 L S	F	Christi Swarts	11	JAQ SDD	05/12/2019	EGA Summer Championships 2019
345	55.40 L	F	Monique Fourie	11	CSC FSH	29/11/2019	2019 The Tshwane Mayoral Gala
346	55.43 L	F	Aniela Wenhold	11	RBUR BPD	05/12/2019	NWS Championships 2019/2020
347	55.44 L	F	Esti Mouton	11	SWAR WCD	02/11/2019	Swartland Invitational #1

Individual Top Times

Times since: 01-May-19

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	Time	P/F/S	Name	Age/Yr			
348	55.45	L	F	Catherine O'Grady	11	EXA EZD	14/03/2020 MP LEVEL 1 INTRA PROVINCIAL SWIM
349	55.52	L	F	Bokamoso Imasiku	11	TLAC BPD	19/10/2019 NWS Age Group 1 1920
350*	55.56	L	F	Abigail Cullen	11	WELA FDD	31/01/2020 Neptune Last Chance Gala
350*	55.56	L	F	Su-Li Underdown	11	STAR BPD	19/10/2019 NWS Age Group 1 1920
352	55.74	L	F	Diya Khoosal	11	ATLA JHB	08/03/2020 Aquatics Gauteng Level 1
353	55.83	L	F	Sinalo Ndlovu	11	UMSH ETH	15/02/2020 KZN Aquatics Level 2 Provincial
354	55.95	L	F	Esona Gongo	11	UWCA CPT	02/11/2019 Swartland Invitational #1
355	56.18	L	F	Izabella Alevras	11	QUES JHB	29/11/2019 2019 The Tshwane Mayoral Gala
356	56.23	L	P	Chloe Van loggerenberg	11	BAR EZD	29/11/2019 Mpumalanga Championships 2019
357	56.36	L	F	Jade Schaller	11	ISSC NMD	15/02/2020 NWS Last Chance AG5 1920
358	56.53	L	F	Lusanda Shabalala	11	TMAC ETH	19/01/2020 eThekweni Age Level 1 Gala 2
359	57.00	L	F	Ebenette Van Niekerk	11	FISHS EDD	01/11/2019 38th Freda Barnard Invitational Gala
360	57.14	L	P	Delinda Serfontein	11	VALS FDD	24/06/2019 Sasol National Winter Championship
361	57.21	L	F	Kayla Woods	11	NC DST ILD	21/06/2019 Illeembe Age Group Gala 1
362*	57.23	L	F	Annari Blignaut	11	WSS FDD	14/03/2020 FSA Level 1 2020
362*	57.23	L	F	Chrisna Du Plessis	11	KALA JTD	21/02/2020 NCASA Sprints 2020
364	57.40	L	F	Sofia Oosthuizen	11	WRP EZD	27/09/2019 MP AGE GROUP 1 - 27-28
365	57.52	L	F	Amantle Nyokong	11	CBC FBD	08/11/2019 NCASA Age Group 2 KBY 2019
366	57.59	L	F	Hannah Watson	11	SGUL ETH	19/01/2020 eThekweni Age Level 1 Gala 2
367	57.88	L	F	Ilse Roos	11	EXA EZD	31/01/2020 MP AGE GROUP 4 31 JANUARY - 1
368	57.98	L	F	Nicole White	11	LSKP WBD	05/10/2019 Limpopo Age Group 4 & School Champs
369	58.31	L	F	Noa Mullin	11	HWSK FBD	16/11/2019 NCASA Age Group 3 2019 KBY
370	58.58	L	F	Nokwanda Nzuza	11	TMAC ETH	15/02/2020 KZN Aquatics Level 2 Provincial
371	58.88	L	F	Mikyla Gerner	11	LSMSA VBD	05/10/2019 Limpopo Age Group 4 & School Champs
372	58.93	L	F	Zara Rossato	11	HARB BPD	05/12/2019 NWS Championships 2019/2020
373	59.78	L	F	Storm Cloete	11	MDOL JHB	05/12/2019 CGA Championships 2019
374	1:00.05	L	F	Shannon Rautenbach	11	WRC MPD	14/03/2020 MP LEVEL 1 INTRA PROVINCIAL SWIM
375	1:00.28	L	F	Mignon Burger	11	SWAR WCD	22/02/2020 Swartland Invitational Gala 2
376	1:01.39	L	F	Naseerah Du Toit	11	UWCA CPT	02/11/2019 Swartland Invitational #1
377	1:01.82	L	F	Musa Tshabalala	11	STA NGD	14/03/2020 MP LEVEL 1 INTRA PROVINCIAL SWIM
378	1:01.87	L	F	Hananje Pretorius	11	UPTS ZMD	25/10/2019 Flamingo Aquatics Academy Prestige
379	1:03.54	L	F	Karabo Mocwane	11	CBC FBD	08/11/2019 NCASA Age Group 2 KBY 2019
380	1:03.76	L	F	Amahle Ngubane	11	UMSH ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
381	1:03.78	L	P	Prisca Mbokani	11	OTTO ETH	12/10/2019 eThekweni Junior Championships 2019
382	1:05.80	L	F	ANDREA MACHELM	11	FISHS EDD	01/11/2019 38th Freda Barnard Invitational Gala
383	1:06.57	L	F	Diya Rooplal	11	PHOE JHB	19/01/2020 eThekweni Age Level 1 Gala 2
384	1:06.87	L	F	Siphokazi Sioko	11	KALA JTD	15/02/2020 NCASA Age Group 5 KTU 2019-2020
385	1:07.71	L	F	Theresa Du Plooy	11	LSPHA MPD	05/10/2019 Limpopo Age Group 4 & School Champs
386	1:08.64	L	F	Humairah Nakooda	VN	AQUA UTD	01/02/2020 Uthukela District Age Group Gala 1 Feb
387	1:08.84	L	F	Botshelo Thompson	11	STA NGD	14/03/2020 MP LEVEL 1 INTRA PROVINCIAL SWIM
388	1:09.41	L	F	Lynne Mari Wilson	11	SS MPD	29/11/2019 Limpopo Champs
389	1:11.81	L	F	Mpilo Mahlangu	11	USHAK EKU	31/08/2019 Adrian Grafe Speedo Sprint Meet
390	1:12.09	L	F	Paxton Rankin	11	TLAC BPD	15/02/2020 NWS Last Chance AG5 1920
391	1:13.47	L	F	Olwethu Zondo	11	STA NGD	15/02/2020 MP AGE GROUP 5 15 FEBRUARY 2020
392	1:22.34	L	F	Naomi-Jane Kleinsmith	11	KHAY CPT	02/11/2019 Swartland Invitational #1
393	1:25.90	L	F	Kylie Surajlall	11	WVAQ ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
394	1:30.11	L	F	Luthando Khumalo	11	STA NGD	15/02/2020 MP AGE GROUP 5 15 FEBRUARY 2020
395	1:32.39	L	F	Lesego Tshabalala	11	STA NGD	15/02/2020 MP AGE GROUP 5 15 FEBRUARY 2020
396	1:49.13	L	F	Mariné Oosthuizen	11	JAK FBD	08/11/2019 NCASA Age Group 2 KBY 2019
397	2:03.77	L	F	Anne Marie Smal	11	ESS EZD	14/03/2020 MP LEVEL 1 INTRA PROVINCIAL SWIM
Women 11-11 100 Back							
1	1:19.10	L	F	Ruth Dredge	11	NWS	01/02/2020 NTS Invitational Gala 2020
2	1:19.23	L	P	Stephanie Jurado	11	SAAW CPT	31/01/2020 2020 Grand Prix Invitational Swimming
3	1:19.71	L	P	Cassidy Burgess	11	VINE CPT	31/01/2020 2020 Grand Prix Invitational Swimming
4	1:20.78	L	F	Scarlett Le Roux	11	SOUL EKU	05/12/2019 EGA Summer Championships 2019
5	1:20.95	L	F	Kendra Begley	11	PEAS NMA	21/02/2020 Infinity Champs LC Gala
6	1:21.00	L	F	Jenna Coetzee	11	INFA NMA	29/11/2019 NMBA Championships 2019
7	1:21.10	L	F	Amy O'Connor	11	WATR JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
8	1:21.12	L	F	Christie Piguet	11	SWIM1 JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
9	1:21.13	L	F	Erin Joubert	11	KLOO	ETH 17/12/2019 KZNA Premier Provincial Championship
10	1:21.20	L	P	Gemma Goncalves	11	UNAT	JHB 12/10/2019 eThekwini Junior Championships 2019
11	1:21.92	L	F	Anri Van Der Westhuizen	11	BLNE	MAN 26/11/2019 FS Champs
12	1:22.01	L	F	Jaime Mote	11	INFA	NMA 29/11/2019 NMBA Championships 2019
13	1:22.62	L	F	Jade Burnand	11	DYNA	EKU 14/09/2019 EGA Summer 1 2019
14	1:23.01	L	F	Philippa Stevens	11	INFA	NMA 21/02/2020 Infinity Champs LC Gala
15	1:23.24	L	F	Katelyn Fourie	11	ETTN	EKU 19/10/2019 EGA Summer 3 2019
16	1:23.50	L	P	Lilly Shaw	11	BEAV	ETH 17/12/2019 KZNA Premier Provincial Championship
17	1:23.70	L	F	Simone Vd Merwe	11	PAQU	CED 01/12/2019 Western Cape Long Course
18	1:23.95	L	F	Holly Allison	11	SGUL	ETH 23/11/2019 KZN TYR Westville Sprints 2019
19	1:24.04	L S	F	Veronique Riekert	11	TUKS	FSH 04/12/2019 NTS Championships 2019
20	1:24.57	L	F	Gizelle Maritz	11	LINR	JHB 18/01/2020 CGA Last Chance Level 3-SANJ gala
21	1:24.64	L	F	Paige Jacobs	11	FAAC	FBD 26/11/2019 FS Champs
22	1:25.05	L	F	Mareza Frylinck	11	BLSS	MAN 26/11/2019 FS Champs
23	1:25.23	L	F	Zoe Green	11	TYGE	CPT 01/12/2019 Western Cape Long Course
24	1:25.34	L	F	Madison du Plessis	CR	BLOT	MAN 04/10/2019 Seals Gala
25	1:25.35	L	F	Naledi Thobeha	11	QUIC	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
26	1:25.44	L	P	Emily Mc Laren	11	SGUL	ETH 17/12/2019 KZNA Premier Provincial Championship
27	1:25.56	L	F	Hannah Sandilands	11	DRGN	JHB 22/02/2020 CGA Level 2 Last Chance Gala - Day 1
28	1:25.60	L	F	Anastasia Sequeira	11	MDOL	JHB 10/01/2020 2020 Grand Prix Invitation Swimming
29	1:25.67	L	F	Ilke Prinsloo	11	INFA	NMA 29/11/2019 NMBA Championships 2019
30	1:25.69	L S	F	Maryse Magnee	11	PEAS	NMA 07/02/2020 5th A League
31	1:25.73	L S	P	Lara Gouws	11	TUKS	FSH 04/12/2019 NTS Championships 2019
32	1:25.84	L	F	Kayla Gous	11	USC	BUF 21/02/2020 BCA 2nd Feb Age Group Gala 2020
33	1:25.87	L	F	Amy Botha	11	BOKS	EKU 15/02/2020 EGA Last Chance Feb 2020
34	1:26.03	L	P	Kingsley Greyling	11	AZON	ETH 12/10/2019 eThekwini Junior Championships 2019
35	1:26.63	L	F	Kathleen Welsh	11	MWSC	NGD 29/11/2019 Mpumalanga Championships 2019
36*	1:27.19	L	P	Cathrijn Davel	11	MWSC	NGD 29/11/2019 Mpumalanga Championships 2019
36*	1:27.19	L	F	Jana Vorster	11	TRAZ	FSH 15/11/2019 NTS November 2019 Age Group Gala
38	1:27.57	L S	F	Abigail Scheffer	11	PAC	FSH 04/12/2019 NTS Championships 2019
39	1:27.59	L	F	Emma Rossouw	11	QUIC	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
40	1:27.60	L	F	Abigail Roberts	11	TUKS	FSH 29/11/2019 2019 The Tshwane Mayoral Gala
41	1:28.31	L S	F	Georgia Gouws	11	BEST	NMA 07/02/2020 5th A League
42	1:28.54	L S	P	Savannah Mostert	11	TUKS	FSH 04/12/2019 NTS Championships 2019
43*	1:28.76	L	F	Lily Durant	11	WATR	JHB 22/02/2020 CGA Level 2 Last Chance Gala - Day 1
43*	1:28.76	L	F	Leeya Amon	11	TYGE	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
45	1:28.91	L	F	Karli Lotter	11	ROA	EDD 01/11/2019 38th Freda Barnard Invitational Gala
46	1:29.35	L	F	Zanté Young	11	NCASA	FBD 02/11/2019 Fezile Dabi Inter District Gala 2019
47	1:29.41	L	F	Anja Koen	11	HARB	BPD 25/01/2020 4 + 1 Inter Provincial Gala 2020
48	1:29.46	L	F	Anne Marais	11	LSJM	SKD 05/10/2019 Limpopo Age Group 4 & School Champs
49*	1:29.53	L	F	Amy Aaron	11	WSTV	ETH 28/02/2020 NDSA Gala 2020
49*	1:29.53	L	F	Zoe Goebel	11	TYGE	CPT 29/02/2020 WCA Junior Champs - 2020
51	1:29.73	L	F	Mia Van Aswegen	11	TYGE	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
52	1:29.78	L	F	Leila Yazbek	11	BLNE	MAN 26/11/2019 FS Champs
53	1:29.85	L	F	Nicole Van Zyl	11	DYNA	EKU 24/06/2019 Sasol National Winter Championship
54	1:29.97	L	P	Lucy Le Roux	11	ASAW	CED 01/12/2019 Western Cape Summer Championships
55	1:30.04	L	F	Jemma Pearse	11	VINE	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
56	1:30.25	L	P	Emily Macqueen	11	SGUL	ETH 12/10/2019 eThekwini Junior Championships 2019
57	1:30.33	L	F	Mikayla Smit	11	WATR	JHB 11/01/2020 NCASA Age Group 4 KTU 2019-2020
58	1:30.43	L	F	Hannah Naidoo	11	BAYV	ETH 28/02/2020 NDSA Gala 2020
59	1:30.66	L	P	Angel Williams	11	REDAQ	CPT 01/12/2019 Western Cape Long Course
60	1:30.69	L	F	Emma Lategan	11	CUDU	CPT 25/01/2020 CTA TYR QUALIFYING GALA #3
61	1:30.92	L	F	Karla Myburgh	11	SELC	BUF 26/10/2019 1st B Age Group Gala & EC Schools
62	1:31.08	L	F	Corli Liversage	11	BLSS	MAN 26/11/2019 FS Champs
63	1:31.21	L	F	Tehl-Cadi Day Garden	11	BLUO	UGD 23/11/2019 KZN TYR Westville Sprints 2019
64	1:31.39	L	F	Leah Scott	11	BLUO	UGD 15/02/2020 KZN Aquatics Level 2 Provincial
65*	1:31.47	L	F	Jani Borman	11	SWAR	WCD 22/02/2020 Swartland Invitational Gala 2
65*	1:31.47	L	F	Mieke Van Der Walt	11	FISH	EDD 01/11/2019 38th Freda Barnard Invitational Gala
67	1:31.55	L	F	Me-Kayla Rew	11	TUKS	FSH 12/10/2019 NTS Oct 2019 Age Group Gala

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
68	1:31.74	L	F	Kayla Verbaan	11	KLOO	ETH 15/02/2020 KZN Aquatics Level 2 Provincial
69	1:31.78	L	F	Amy Combrink	11	VINE	CPT 02/11/2019 Swartland Invitational #1
70	1:31.85	L	F	Chloe Watson	11	PEAS	NMA 29/11/2019 NMBA Championships 2019
71	1:31.92	L	F	Giuliana Raccanello	11	DYNA	EKU 05/12/2019 EGA Summer Championships 2019
72	1:31.95	L	F	Tia Mari Theron	11	CURHK	CCD 05/10/2019 Limpopo Age Group 4 & School Champs
73	1:32.02	L	F	Jesse-Leah Laderach	11	PEAS	NMA 29/11/2019 NMBA Championships 2019
74	1:32.15	L	P	Karmen Van Rensburg	11	UNIN	MPD 29/11/2019 Mpumalanga Championships 2019
75	1:32.21	L	F	Amy Gerber	11	LAD	UTD 21/02/2020 Amajuba District Long Course
76	1:32.28	L	P	Jaimee-Lee Wenham	11	SGUL	ETH 12/10/2019 eThekweni Junior Championships 2019
77	1:32.35	L	F	Ilanthy Moolman	11	MWSC	NGD 29/11/2019 Mpumalanga Championships 2019
78	1:32.52	L	F	Christi Serfontein	11	QUIC	CPT 25/01/2020 CTA TYR QUALIFYING GALA #3
79	1:32.57	L	F	Emily Liebenberg	11	SWAR	WCD 22/02/2020 Swartland Invitational Gala 2
80*	1:32.65	L	F	Kelly Stork	11	MAC	EKU 15/02/2020 EGA Last Chance Feb 2020
80*	1:32.65	L	F	Jessica Sardinha	11	MDOL	JHB 12/10/2019 CGA Level 1,2,3, SANJ Gala
82*	1:32.74	L	F	Sarah-Jane Mouton	11	BCA	BUF 18/01/2020 CTA INTER DISTRICT PRESTIGE
82*	1:32.74	L	F	Chloe Olivier	11	SOUL	EKU 19/10/2019 EGA Summer 3 2019
84	1:32.80	L	F	Nicola Olivier	11	HARB	BPD 19/10/2019 NWS Age Group 1 1920
85	1:32.85	L	F	Danielle Cronjé	11	GREY	CPT 25/01/2020 CTA TYR QUALIFYING GALA #3
86	1:32.86	L	P	Taiga-Lee White	11	AZON	ETH 12/10/2019 eThekweni Junior Championships 2019
87	1:33.09	L	F	Tatum Renze	11	PEAS	NMA 26/09/2019 Aquabear Invitational Meet 2019
88	1:33.18	L	F	Katherine Williams	11	DYNA	EKU 19/10/2019 EGA Summer 3 2019
89	1:33.38	L	F	Ella Stacey	11	AA	JHB 18/01/2020 CGA Last Chance Level 3-SANJ gala
90	1:33.54	L	F	Larissa Visagie	11	ASA	CPT 26/09/2019 Aquabear Invitational Meet 2019
91	1:33.74	L	F	Xanthe Nagel	11	HREF	BPD 15/02/2020 NWS Last Chance AG5 1920
92*	1:33.75	L	F	Bridget vd Westhuizen	11	TUKS	FSH 12/10/2019 NTS Oct 2019 Age Group Gala
92*	1:33.75	L	F	Athina Mc Colgan	11	JSJ	JHB 30/08/2019 NTS August 2019 Age Group Gala Level
94	1:33.80	L	F	Maria Steyn	11	BLSS	MAN 25/01/2020 Mangaung Classic Gala 2020
95	1:33.82	L	F	Megan Nieman	11	TUKS	FSH 14/02/2020 NTS February 2020 Age Group Gala
96	1:33.99	L	P	Logan Terreblanche	11	ESTR	EKU 05/12/2019 EGA Summer Championships 2019
97	1:34.00	L	F	Jade O'Connor	11	CSC	FSH 14/02/2020 NTS February 2020 Age Group Gala
98*	1:34.13	L	F	Gabriella Kirsten	11	PAQU	CED 29/02/2020 WCA Junior Champs - 2020
98*	1:34.13	L	F	Carine Röntgen	11	SWAR	WCD 29/02/2020 WCA Junior Champs - 2020
100	1:34.20	L	F	Kayla Honey	11	SOUL	EKU 18/01/2020 Cape of Good Hope Gala 2020
101	1:34.24	L	F	Lara Smith	11	TYGE	CPT 04/10/2019 CTA TYR QUALIFYING GALA #2
102	1:34.36	L	F	Ella van Wyk	11	BARR	CPT 01/11/2019 38th Freda Barnard Invitational Gala
103	1:34.55	L	F	Helena Pretorius	11	LSJM	SKD 05/10/2019 Limpopo Age Group 4 & School Champs
104	1:34.57	L	F	Addison Bailey	11	WATR	JHB 12/10/2019 CGA Level 1,2,3, SANJ Gala
105	1:34.59	L	F	Miana Fourie	11	WSS	FDD 31/01/2020 Neptune Last Chance Gala
106	1:34.75	L	F	Cait Da Cunha	11	BON	JHB 22/02/2020 CGA Level 2 Last Chance Gala - Day 1
107	1:34.80	L	F	René Kotzé	11	NCASA	FBD 02/11/2019 Fezile Dabi Inter District Gala 2019
108	1:34.83	L	F	Jamie-Lee Espag	11	AZON	ETH 15/02/2020 KZN Aquatics Level 2 Provincial
109*	1:34.85	L	F	Ayanke Stander	11	ASAW	CED 02/11/2019 Swartland Invitational #1
109*	1:34.85	L	F	Daniella Harcus	11	PEAS	NMA 14/09/2019 2nd A League 14/9/2019
111	1:34.91	L	F	Jessica Greeff	11	HARL	BUF 21/02/2020 BCA 2nd Feb Age Group Gala 2020
112	1:34.95	L	F	Jenna Blaauw	11	ELEC	JHB 12/10/2019 CGA Level 1,2,3, SANJ Gala
113	1:35.19	L	F	Alexandra Houniet	11	MAC	EKU 19/10/2019 EGA Summer 3 2019
114	1:35.25	L	F	Carmi Schoeman	11	TKS	WBD 15/02/2020 Limpopo Age Group 6
115	1:35.28	L	F	Genevieve Court	11	AA	JHB 12/10/2019 CGA Level 1,2,3, SANJ Gala
116	1:35.35	L	F	Sunny Huang	11	MDOL	JHB 10/01/2020 2020 Grand Prix Invitation Swimming
117	1:35.79	L	F	Keera De Esclana	11	VRC	FSH 29/11/2019 2019 The Tshwane Mayoral Gala
118*	1:35.97	L	F	Dorette du Plessis	11	MATL	KKD 15/02/2020 NWS Last Chance AG5 1920
118*	1:35.97	L	F	Yvonne Pretorius	11	MWSC	NGD 10/01/2020 2020 Grand Prix Invitation Swimming
120	1:36.00	L	F	Ayalakha Mokoena	11	TUKS	FSH 29/11/2019 2019 The Tshwane Mayoral Gala
121	1:36.04	L	F	Michaela Nell	11	WATR	JHB 18/01/2020 CGA Last Chance Level 3-SANJ gala
122	1:36.14	L	F	Dakota McIntyre	11	SOUL	EKU 17/08/2019 EGA Winter 4 (Soncini) 17.08.19
123	1:36.15	L	P	Rachel Hinckley	11	DYNA	EKU 05/12/2019 EGA Summer Championships 2019
124	1:36.19	L	P	Sandri Visser	11	WELL	CED 01/12/2019 Western Cape Summer Championships
125	1:36.27	L	F	Mieke Vd Wal	11	BARR	CPT 01/11/2019 38th Freda Barnard Invitational Gala
126	1:36.31	L S	F	Macy Hains	11	PEAS	NMA 07/02/2020 5th A League

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
127	1:36.40	L	F	Caitlyn Dube	11	MDOL JHB	22/02/2020 CGA Level 2 Last Chance Gala - Day 1
128*	1:36.69	L	F	Abigail Britz	11	TINC FSH	01/11/2019 NTS November 2019 Age Group Gala
128*	1:36.69	L	F	Nieke Breytenbach	11	WELA FDD	31/01/2020 Neptune Last Chance Gala
128*	1:36.69	L	F	Kiera Ruane	11	TUKS FSH	27/09/2019 NTS September 2019 Age Group Gala
131*	1:36.95	L	F	Paige Edmundson	11	SASE JHB	22/02/2020 CGA Level 2 Last Chance Gala - Day 1
131*	1:36.95	L	F	Lienke Van OS	11	BULS MAN	29/02/2020 SEALS AGE GROUP GALA
133	1:37.01	L	F	Moya Steer	11	NCDST ILD	12/10/2019 eThekwini Junior Championships 2019
134	1:37.17	L	F	Kiara Banks	11	WATR JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
135	1:37.19	L	F	Giselle Kemper	11	CYBE CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
136	1:37.56	L	F	Simonè Schonken	11	SS MPD	29/11/2019 Limpopo Champs
137	1:37.66	L	F	Nina Van Reenen	11	GREY CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
138	1:37.68	L	F	Kellen McLaren	11	SOUL EKU	19/10/2019 EGA Summer 3 2019
139	1:37.74	L	F	Sarah Lourens	11	ELIT JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
140	1:37.78	L	F	Lungiswa Grootboom	11	SWAR WCD	22/02/2020 Swartland Invitational Gala 2
141	1:37.88	L	F	Donne Bruyns	11	NSA EZD	31/01/2020 MP AGE GROUP 4 31 JANUARY - 1
142*	1:37.93	L	F	Milla Delpont	11	PEAS NMA	29/11/2019 NMBA Championships 2019
142*	1:37.93	L	F	Isabella Havemann	11	ASAC CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
144	1:37.95	L	F	Aarifah Haffijee	11	PEAS NMA	26/09/2019 Aquabear Invitational Meet 2019
145	1:37.98	L	F	Marlene Ward	11	TUKS FSH	29/11/2019 2019 The Tshwane Mayoral Gala
146	1:38.02	L	F	Summer Ascielli	11	CYBE CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
147*	1:38.23	L	F	Dorethe Meyer	DR	BLOT MAN	31/01/2020 Neptune Last Chance Gala
147*	1:38.23	L	F	Taylor-Blake Van Tonder	11	ROA EDD	06/12/2019 Eden LC Champs 2019
149	1:38.43	L	F	Abigail Sparapano	11	AZON ETH	09/11/2019 eThekwini Age Group Gala 8
150	1:38.46	L	F	Emily Palmer	11	USC BUF	21/02/2020 BCA 2nd Feb Age Group Gala 2020
151	1:38.87	L	F	Kemantha Ayair	11	CROF ETH	15/02/2020 KZN Aquatics Level 2 Provincial
152	1:38.89	L	F	Reabiloe Kodisang	11	CRSC JHB	22/02/2020 CGA Level 2 Last Chance Gala - Day 1
153	1:39.01	L	F	Janke Breytenbach	GR	PSA ZLD	25/01/2020 Ushaka Championship Gala 2020
154*	1:39.13	L	F	Tayla Dowie	11	FLOD JHB	19/10/2019 EGA Summer 3 2019
154*	1:39.13	L	F	Gia Lazzari	11	TUKS FSH	14/02/2020 NTS February 2020 Age Group Gala
156	1:39.21	L	P	Candice Van Eeden	11	SGUL ETH	12/10/2019 eThekwini Junior Championships 2019
157	1:39.26	L	F	Láne Fouché	11	HREF BPD	05/12/2019 NWS Championships 2019/2020
158	1:39.38	L	F	Micaela Mutooni	11	ELEC JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
159	1:39.54	L	F	Carmen Du Toit	11	PEAS NMA	09/11/2019 4th A League
160	1:39.55	L	F	Abby Novos	11	ASAC CPT	29/02/2020 WCA Junior Champs - 2020
161	1:39.64	L	F	Annika Potgieter	11	NWUC KKD	18/01/2020 NWS Age Group 4 1920
162	1:39.68	L	F	Caitlyn Govender	11	SGUL ETH	15/02/2020 KZN Aquatics Level 2 Provincial
163	1:39.69	L	F	Milri-Ann Summerton	11	MATL KKD	19/10/2019 NWS Age Group 1 1920
164	1:39.87	L	F	Tayla Gerber	11	AEC JHB	15/02/2020 EGA Last Chance Feb 2020
165	1:39.89	L	F	Carme Louw	11	TASC MPD	29/11/2019 Limpopo Champs
166	1:39.97	L	F	Zoe Ann Kruger	11	AQU ADJ	21/02/2020 Amajuba District Long Course
167*	1:39.99	L	F	Vera Chen	11	BLSS MAN	26/11/2019 FS Champs
167*	1:39.99	L	F	Lily Ogden	11	PEAS NMA	09/11/2019 4th A League
169	1:40.00	L	F	Emma Thiersen	11	PEAS NMA	26/09/2019 Aquabear Invitational Meet 2019
170	1:40.08	L	F	Samantha Magava	11	UNIQ JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
171	1:40.15	L	F	Hannah Turner	11	VINE CPT	22/02/2020 Swartland Invitational Gala 2
172	1:40.29	L	F	Miela Smit	11	NLS BUF	14/03/2020 BCA Level 1 Gala 2020
173	1:40.39	L	F	Lelanie Buhr	11	SWAR WCD	29/02/2020 WCA Junior Champs - 2020
174	1:40.45	L	F	Amelie Brügers	11	AQWO CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
175	1:40.46	L	F	Jodi Boettger	11	USC BUF	21/02/2020 BCA 2nd Feb Age Group Gala 2020
176	1:40.49	L	F	Robyn Barbour	11	ESP EKU	01/11/2019 NTS November 2019 Age Group Gala
177	1:40.61	L	F	Elizabeth Victor	11	GTC EZD	31/01/2020 MP AGE GROUP 4 31 JANUARY - 1
178	1:40.65	L	F	Daniëlla Müller	11	TUKS FSH	29/11/2019 2019 The Tshwane Mayoral Gala
179	1:40.82	L	F	Hayley Steyn	11	CSA EZD	29/11/2019 Mpumalanga Championships 2019
180	1:40.90	L	F	Zianè Jantzen	11	QUIC CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
181	1:40.96	L	F	Chanè Grobbelaar	11	SWAR WCD	22/02/2020 Swartland Invitational Gala 2
182	1:40.99	L	F	Madisynn Elliott	11	LINR JHB	11/01/2020 NCASA Age Group 4 KTU 2019-2020
183	1:41.05	L	F	Hannah Rogan	11	DBSC SDD	15/02/2020 EGA Last Chance Feb 2020
184*	1:41.10	L	F	Leané Gouws	11	HREF BPD	05/12/2019 NWS Championships 2019/2020
184*	1:41.10	L	F	Suzanne Walsh	11	SAAW CPT	25/01/2020 CTA TYR QUALIFYING GALA #3

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
186	1:41.12	L	F	Lirika Botha	11	FISH EDD	29/02/2020 WCA Junior Champs - 2020
187	1:41.27	L	F	Rebecca Kuhn	11	PER JHB	08/03/2020 Aquatics Gauteng Level 1
188	1:41.65	L	P	Jaimee-Lee Marais	11	SWIFT ECU	05/12/2019 EGA Summer Championships 2019
189	1:41.74	L	F	Logan Francke	11	RBOT NW	19/10/2019 NWS Age Group 1 1920
190	1:41.76	L	F	Zandile Sipuka	11	BEST NMA	12/10/2019 3rd A League 2019
191	1:41.81	L	F	Jessica Bosman	11	QUIC CPT	29/02/2020 WCA Junior Champs - 2020
192	1:41.89	L	F	Cecile Scheepers	11	WELA FDD	26/11/2019 FS Champs
193	1:41.91	L	F	Mariel Van Der Net	11	SASOL FDD	24/06/2019 Sasol National Winter Championship
194	1:41.98	L	F	Alandri Krause	11	WSS FDD	02/11/2019 Fezile Dabi Inter District Gala 2019
195	1:42.07	L	F	Kate-Lynn de Jager	AR	BLOT MAN	26/11/2019 FS Champs
196	1:42.14	L	F	Jane Glutz	11	AQU ADJ	21/02/2020 Amajuba District Long Course
197	1:42.33	L	F	Madison Markovic	11	MATL KKD	15/02/2020 NWS Last Chance AG5 1920
198	1:42.36	L	F	Lara Verhoef	11	ASAC CPT	29/02/2020 WCA Junior Champs - 2020
199	1:42.57	L	F	Jocelyn Cromhout	11	HARL BUF	21/02/2020 BCA 2nd Feb Age Group Gala 2020
200	1:42.60	L	F	Sienna Wilensky	11	ASAC CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
201	1:42.64	L	F	Caitlyn Arendse	11	CSC TSH	12/10/2019 NTS Oct 2019 Age Group Gala
202	1:43.28	L	F	Lily Van Aswegen	11	WATR JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
203	1:43.38	L	F	Kate Savage	11	VINE CPT	25/01/2020 West Coast Qualify Gala 2020
204	1:43.69	L	F	Claire Van Wyk	11	BLMA CPT	25/01/2020 West Coast Qualify Gala 2020
205	1:43.85	L	F	Emma Swart	11	KNYD EDD	06/12/2019 Eden LC Champs 2019
206	1:43.93	L	F	Chloe Petersen	11	TUKS TSH	14/02/2020 NTS February 2020 Age Group Gala
207	1:44.01	L	F	Saskia Gofman	11	ASAC CPT	29/02/2020 WCA Junior Champs - 2020
208	1:44.20	L	F	Ashleigh Davies	11	WELA FDD	09/11/2019 Bull-Sharks 2019
209	1:44.35	L	F	Sian Kleynhans	11	KALA JTD	11/01/2020 NCASA Age Group 4 KTU 2019-2020
210	1:44.53	L	F	Leah Crozier	11	FAAC FBD	05/12/2019 NCASA Champs Dec 2019
211	1:44.61	L	F	Chrisley Barnard	11	WSS FDD	31/01/2020 Neptune Last Chance Gala
212	1:44.68	L	F	Onkaribile Molamu	11	MATL KKD	05/12/2019 NWS Championships 2019/2020
213	1:44.88	L	F	Anya Fernando	11	SASE JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
214	1:45.00	L	F	Ella Eldar	11	TUKS TSH	14/02/2020 NTS February 2020 Age Group Gala
215	1:45.03	L	F	Samantha Nimb	11	VINE CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
216	1:45.04	L	F	Michaela Blaine	11	PEAS NMA	21/02/2020 Infinity Champs LC Gala
217	1:45.19	L	F	Micke De Jager	VR	PSA ZLD	21/02/2020 Amajuba District Long Course
218	1:45.24	L	F	Mila Naudé	11	TUKS TSH	08/03/2020 Aquatics Gauteng Level 1
219	1:45.27	L	F	Teagan Hamer	11	PEAS NMA	09/11/2019 4th A League
220	1:45.30	L	F	Thaania Omar	11	WALM CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
221	1:45.39	L	F	Jaime Maritz	11	MPS NGD	19/10/2019 T. GOLFINHOS SPRINT 2019-2020
222	1:45.61	L	F	Grace Moussouris	11	SGUL ETH	09/11/2019 eThekwini Age Group Gala 8
223	1:45.71	L	F	Leanke Voigt	11	JAQ SDD	17/08/2019 EGA Winter 4 (Soncini) 17.08.19
224	1:45.73	L	F	Sisanda Zikhali	11	SGUL ETH	28/02/2020 NDSA Gala 2020
225	1:45.95	L	F	Anè Kemp	11	SWAR WCD	29/02/2020 WCA Junior Champs - 2020
226	1:46.03	L	F	Taylor Ririe	11	BLSS MAN	26/11/2019 FS Champs
227	1:46.12	L	F	Louise Lepront	11	SGUL ETH	09/11/2019 eThekwini Age Group Gala 8
228	1:46.15	L	F	Anne Steyl	11	PRKA PSD	05/12/2019 NCASA Champs Dec 2019
229	1:46.24	L	F	Emily Tsai	11	BLMA CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
230	1:46.41	L	P	Gabriella Fotheringham	11	SOUL ECU	05/12/2019 EGA Summer Championships 2019
231*	1:46.79	L	F	Katya Botha	11	BOKS ECU	15/02/2020 EGA Last Chance Feb 2020
231*	1:46.79	L	F	Kendra Matthysen	11	MARL CPT	26/09/2019 Aquabear Invitational Meet 2019
233	1:46.93	L	F	Stacey Smith	11	PAC TSH	01/11/2019 NTS November 2019 Age Group Gala
234	1:47.21	L	F	Zane Neethling	11	LSKP WBD	05/10/2019 Limpopo Age Group 4 & School Champs
235	1:47.27	L	P	Lenya Price	11	DYNA ECU	05/12/2019 EGA Summer Championships 2019
236	1:47.46	L	F	Deoné Borstlap	11	NCASA FBD	02/11/2019 Fezile Dabi Inter District Gala 2019
237	1:47.78	L	F	Elisha Perumal	11	BAYV ETH	20/07/2019 eThekwini Age Group Gala 3
238	1:47.79	L	F	Esther Sauls	11	BENS ECU	14/09/2019 EGA Summer 1 2019
239	1:47.82	L	F	Caitlyn Olkers	11	CUDU CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
240	1:47.92	L	F	Lehanra Greeff	11	HREF BPD	19/10/2019 NWS Age Group 1 1920
241	1:47.97	L	F	Zoe-Jane Davies	11	CUDU CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
242*	1:48.15	L	P	Leia Braithwaite	11	SGUL ETH	12/10/2019 eThekwini Junior Championships 2019
242*	1:48.15	L	P	Ashley Seymour	11	WSS FDD	24/06/2019 Sasol National Winter Championship
244	1:48.57	L	F	Katia Dias	11	BON JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
245	1:48.58	L	F	Kimberley Strong	11	KALA	JTD 21/02/2020 NCASA Sprints 2020
246	1:48.64	L	F	Lana Koegelenberg	11	CARN	EKU 14/09/2019 EGA Summer 1 2019
247	1:48.76	L	F	Janna De Villiers	11	PRKA	PSD 05/12/2019 NCASA Champs Dec 2019
248	1:49.04	L	F	Jacoline Crous	11	SWAR	WCD 29/02/2020 WCA Junior Champs - 2020
249	1:49.26	L	F	Ilanze du Plessis	11	BULS	MAN 31/01/2020 Neptune Last Chance Gala
250	1:49.34	L	F	Jessica Carrol	11	BLMA	CPT 25/01/2020 West Coast Qualify Gala 2020
251	1:49.38	L	P	Aime' Heydricks	11	BLUO	UGD 12/10/2019 eThekwini Junior Championships 2019
252	1:49.39	L	F	Mieka Wichmann	11	PSCP	UMD 15/02/2020 KZN Aquatics Level 2 Provincial
253	1:49.63	L	F	Danelle Conradie	11	HWSK	FBD 08/11/2019 NCASA Age Group 2 KBY 2019
254	1:49.98	L	F	Taegon Gunkel	11	BEAV	ETH 28/02/2020 NDSA Gala 2020
255	1:50.11	L	F	Kayleigh Hahn	11	ROJ	EDD 26/10/2019 EDEN 2nd A-League Gala 2019
256	1:50.47	L	F	Carmen Wasowicz	11	ESTR	EKU 18/01/2020 Cape of Good Hope Gala 2020
257	1:50.82	L	F	Leila Schenk	11	CPS	BUF 14/03/2020 BCA Level 1 Gala 2020
258	1:50.99	L	F	Megan Van Den Heever	11	GTC	EZD 31/01/2020 MP AGE GROUP 4 31 JANUARY - 1
259	1:51.12	L	F	Gabrielle Kramer	11	PEAS	NMA 21/02/2020 Infinity Champs LC Gala
260	1:51.18	L	F	Alexa Olivier	AR	BLOT	MAN 26/11/2019 FS Champs
261	1:51.56	L	P	Elena Frangou	11	BLSS	MAN 24/06/2019 Sasol National Winter Championship
262	1:51.77	L	F	Abigail Leibbrandt	11	REDAQ	CPT 04/10/2019 CTA TYR QUALIFYING GALA #2
263	1:51.99	L	F	Rienke Blignaut	11	WSS	FDD 04/10/2019 Seals Gala
264	1:52.05	L	F	Jaime Schweitzer	AR	BLOT	MAN 31/01/2020 Neptune Last Chance Gala
265	1:52.09	L	F	Nisa Da Silva	11	TUKS	FSH 14/02/2020 NTS February 2020 Age Group Gala
266	1:52.28	L	F	Elizabeth Du Plessis	11	SWAR	WCD 22/02/2020 Swartland Invitational Gala 2
267	1:52.64	L	F	Lara Wink	11	AQWO	CPT 04/10/2019 CTA TYR QUALIFYING GALA #2
268	1:52.65	L	P	Abby Tribe	11	TCA	EKU 05/12/2019 EGA Summer Championships 2019
269	1:52.91	L	F	Alea Du Toit	11	BLMA	CPT 02/11/2019 Swartland Invitational #1
270	1:53.29	L	F	Jocke Coetzee	11	KALA	JTD 21/02/2020 NCASA Sprints 2020
271*	1:53.51	L	F	Isabella Day	11	BEAV	ETH 09/11/2019 eThekwini Age Group Gala 8
271*	1:53.51	L	F	Emma Jansen van Rensburg	11	CSC	FSH 14/02/2020 NTS February 2020 Age Group Gala
273	1:53.55	L	F	Ghia-Lorèn Grobler	11	BLMA	CPT 02/11/2019 Swartland Invitational #1
274	1:54.06	L	F	Carla Carolus	11	XSAQ	CPT 04/10/2019 CTA TYR QUALIFYING GALA #2
275	1:54.22	L	F	Megan Webster	11	RFA	FSH 16/08/2019 NTS August 2019 Age Group Gala Level
276	1:54.63	L	F	Olesego Molemo	11	UNIQ	JHB 18/01/2020 EGA Summer 5 - 2020
277	1:54.73	L	F	Remi Sundelowitz	11	SASE	JHB 22/02/2020 CGA Level 2 Last Chance Gala - Day 1
278	1:55.13	L	F	Helena Van Vuuren	11	KALA	JTD 21/02/2020 NCASA Sprints 2020
279	1:55.46	L	F	Mia Bruwer	11	SS	MPD 29/11/2019 Limpopo Champs
280	1:55.52	L	F	Chrystil Raymond	11	UNIN	MPD 11/10/2019 MP AGE GROUP 2 - 11-12 October
281	1:56.48	L	F	Karla Odendaal	11	TYGE	CPT 04/10/2019 CTA TYR QUALIFYING GALA #2
282	1:56.66	L	F	Mia Crookham	11	TYGE	CPT 04/10/2019 CTA TYR QUALIFYING GALA #2
283	1:57.07	L	P	Neo Bhengu	11	MGSC	UGD 05/12/2019 EGA Summer Championships 2019
284	1:57.10	L	F	Miriam Bihlmaier	11	DBSC	SDD 19/10/2019 EGA Summer 3 2019
285	1:58.93	L	F	Mpumelelo Mthandi	11	BLMA	CPT 02/11/2019 Swartland Invitational #1
286*	1:58.98	L	F	Selente Oosthuysen	11	HARB	BPD 16/08/2019 NTS August 2019 Age Group Gala Level
286*	1:58.98	L	F	Kgothatso Tsebe	11	STAR	BPD 05/12/2019 NWS Championships 2019/2020
288	1:59.09	L	F	Abbey Poezyn	11	BLMA	CPT 04/10/2019 CTA TYR QUALIFYING GALA #2
289	2:00.27	L	F	Eli Matoti	11	VIKI	BUF 26/09/2019 Aquabear Invitational Meet 2019
290	2:00.61	L	F	Lusanda Shabalala	11	TMAC	ETH 15/02/2020 KZN Aquatics Level 2 Provincial
291	2:01.37	L	F	Esona Gongo	11	UWCA	CPT 02/11/2019 Swartland Invitational #1
292	2:01.56	L	F	Esti Mouton	11	SWAR	WCD 25/01/2020 West Coast Qualify Gala 2020
293	2:01.62	L	F	Sinakhokonke Nene	11	UMSH	ETH 14/03/2020 KZNA Level 1 Provincial Champs 2020
294	2:01.81	L	F	Shyenne Laubcher	11	WSS	FDD 31/01/2020 Neptune Last Chance Gala
295	2:02.64	L	F	Tayyibah Sayed	11	DBSC	SDD 15/02/2020 EGA Last Chance Feb 2020
296	2:02.83	L	F	Ebenette Van Niekerk	11	FISHS	EDD 01/11/2019 38th Freda Barnard Invitational Gala
297	2:02.98	L	F	Aniela Wenhold	11	RBUR	BPD 05/12/2019 NWS Championships 2019/2020
298	2:04.17	L	F	Keanda Mokoena	11	TUKS	FSH 17/01/2020 NTS Janaury 2020 Age Group Gala
299	2:04.69	L	F	Mikyla Gerner	11	LSMSA	VBD 05/10/2019 Limpopo Age Group 4 & School Champs
300	2:04.72	L	F	Maria Dos Santos	11	HREF	BPD 19/10/2019 NWS Age Group 1 1920
301	2:04.89	L	F	Chrisna Du Plessis	11	KALA	JTD 11/01/2020 NCASA Age Group 4 KTU 2019-2020
302	2:05.06	L	F	Blessing Nkuna	11	LSTZN	MPD 05/10/2019 Limpopo Age Group 4 & School Champs
303	2:05.32	L	F	Sinalo Ndlovu	11	UMSH	ETH 15/02/2020 KZN Aquatics Level 2 Provincial

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
304	2:06.77	L	F	Judy Stevens	11	AQWO CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
305	2:09.00	L	F	Catherine O'Grady	11	EXA EZD	15/02/2020 MP AGE GROUP 5 15 FEBRUARY 2020
306	2:09.11	L	P	Olivia Van der Nest	11	NSAD EZD	29/11/2019 Mpumalanga Championships 2019
307	2:10.58	L	F	Jessica Mc Ardle	11	WSS FDD	12/10/2019 Fezile Dabi Age Group October 2019
308	2:11.04	L	F	Hannah Watson	11	SGUL ETH	19/01/2020 eThekweni Age Level 1 Gala 2
309	2:11.25	L	F	Mignon Burger	11	SWAR WCD	22/02/2020 Swartland Invitational Gala 2
310	2:11.27	L	F	Abigail Cullen	11	WELA FDD	26/11/2019 FS Champs
311	2:11.54	L	F	Bokamoso Imasiku	11	TLAC BPD	05/12/2019 NWS Championships 2019/2020
312	2:12.45	L	F	Kaitlyn Rix	11	BARR CPT	01/11/2019 38th Freda Barnard Invitational Gala
313	2:12.47	L	F	Zayyaan Mostert	11	VINE CPT	25/01/2020 West Coast Qualify Gala 2020
314	2:12.92	L	F	Nokwanda Nzuza	11	TMAC ETH	15/02/2020 KZN Aquatics Level 2 Provincial
315	2:13.02	L	F	Naseerah Du Toit	11	UWCA CPT	02/11/2019 Swartland Invitational #1
316	2:13.57	L	F	Lejana Dunn	11	SWAR WCD	02/11/2019 Swartland Invitational #1
317	2:15.24	L	F	Zara Rossato	11	HARB BPD	05/12/2019 NWS Championships 2019/2020
318	2:15.57	L	F	Ilse Roos	11	EXA EZD	15/02/2020 MP AGE GROUP 5 15 FEBRUARY 2020
319	2:17.89	L	F	Annari Blignaut	11	WSS FDD	26/11/2019 FS Champs
320	2:19.10	L	F	Nomthandazo Madonda	11	UMSH ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
321	2:24.88	L	F	Jade Schaller	11	ISSC NMA	05/12/2019 NWS Championships 2019/2020
322	2:30.07	L	F	Lynne Mari Wilson	11	LSLTT VBD	05/10/2019 Limpopo Age Group 4 & School Champs
Women 11-11 200 Back							
1	2:47.61	L	F	Ruth Dredge	11	PAC FSH	14/02/2020 NTS February 2020 Age Group Gala
2	2:53.44	L	F	Kendra Begley	11	PEAS NMA	29/11/2019 NMBA Championships 2019
3	2:53.45	L	F	Erin Joubert	11	KLOO ETH	17/12/2019 KZNA Premier Provincial Championship
4	2:54.06	L	F	Amy O'Connor	11	WATR JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
5	2:54.15	L	P	Stephanie Jurado	11	SAAW CPT	31/01/2020 2020 Grand Prix Invitational Swimming
6	2:55.28	L	F	Philippa Stevens	11	INFA NMA	29/11/2019 NMBA Championships 2019
7	2:56.41	L	F	Mareza Frylinck	11	BLSS MAN	29/02/2020 SEALS AGE GROUP GALA
8	2:57.13	L	F	Scarlett Le Roux	11	SOUL EKU	08/11/2019 EGA Summer 4
9	2:57.62	L	F	Christie Piguet	11	SWIM1 JHB	05/12/2019 CGA Championships 2019
10	2:58.58	L	F	Simone Vd Merwe	11	PAQU CED	26/09/2019 Aquabear Invitational Meet 2019
11	2:58.93	L S	F	Maryse Magnee	11	PEAS NMA	07/02/2020 5th A League
12	2:58.96	L	F	Savannah Mostert	11	TUKS FSH	14/02/2020 NTS February 2020 Age Group Gala
13	2:59.59	L	F	Anastasia Sequeira	11	MDOL JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
14	2:59.67	L	F	Lilly Shaw	11	BEAV ETH	05/10/2019 eThekweni Age Group 6
15	3:00.33	L	F	Madison du Plessis	CR	BLOT MAN	09/11/2019 Bull-Sharks 2019
16	3:00.85	L S	F	Katelyn Fourie	11	TTNS EKU	24/06/2019 Sasol National Winter Championship
17	3:00.88	L S	F	Anri Van Der Westhuizen	11	BLNE MAN	26/11/2019 FS Champs
18	3:01.27	L	F	Kayla Gous	11	USC BUF	07/02/2020 BCA Feb Age Group Gala 2020
19	3:01.43	L	P	Cassidy Burgess	11	VINE CPT	31/01/2020 2020 Grand Prix Invitational Swimming
20	3:02.16	L	F	Gizelle Maritz	11	LINR JHB	05/12/2019 CGA Championships 2019
21	3:02.32	L	F	Jaime Mote	11	INFA NMA	12/10/2019 3rd A League 2019
22	3:02.34	L	F	Naledi Thobeha	11	QUIC CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
23	3:03.41	L	P	Veronique Riekert	11	TUKS FSH	04/12/2019 NTS Championships 2019
24	3:04.27	L	F	Paige Jacobs	11	FAAC FBD	21/02/2020 NCASA Sprints 2020
25	3:04.97	L	F	Hannah Sandilands	11	DRGN JHB	15/02/2020 EGA Last Chance Feb 2020
26	3:05.19	L	F	Holly Allison	11	SGUL ETH	18/01/2020 eThekweni Age Group Gala 9
27	3:05.24	L	F	Kathleen Welsh	11	MWSC NGD	29/11/2019 Mpumalanga Championships 2019
28	3:06.02	L	F	Amy Botha	11	BOKS EKU	15/02/2020 EGA Last Chance Feb 2020
29	3:06.86	L	F	Abigail Roberts	11	TUKS FSH	29/11/2019 2019 The Tshwane Mayoral Gala
30	3:07.20	L	F	Cathrijn Davel	11	MWSC NGD	29/11/2019 Mpumalanga Championships 2019
31	3:07.52	L	F	Karli Lotter	11	ROA EDD	01/12/2019 Western Cape Summer Championships
32	3:07.63	L	F	Lucy Le Roux	11	ASAW CED	26/09/2019 Aquabear Invitational Meet 2019
33	3:09.82	L	F	Ilke Prinsloo	11	INFA NMA	29/11/2019 NMBA Championships 2019
34	3:10.52	L	F	Leeya Amon	11	TYGE CPT	01/12/2019 Western Cape Summer Championships
35	3:11.77	L	F	Amy Combrink	11	VINE CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
36	3:11.97	L	F	Hannah Ferreira	11	AEC JHB	03/11/2019 CGA All Levels
37	3:12.32	L	F	Zanté Young	11	RBOT NW	23/11/2019 NWS Age Group 3 2019/20
38	3:12.86	L	F	Jemma Pearse	11	VINE CPT	09/11/2019 CTA MEET #4
39	3:13.00	L	F	Nicole Van Zyl	11	DYNA EKU	12/10/2019 NTS Oct 2019 Age Group Gala

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
40	3:13.12	L	F	Samantha Nimb	11	VINE CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
41	3:13.19	L	F	Emma Rossouw	11	QUIC CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
42	3:13.32	L	F	Georgia Gouws	11	BEST NMA	26/09/2019 Aquabear Invitational Meet 2019
43	3:13.72	L	F	Madisynn Elliott	11	LINR JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
44	3:14.06	L	F	Abigail Scheffer	11	PAC FSH	04/12/2019 NTS Championships 2019
45	3:14.07	L	F	Kingsley Greyling	11	AZON ETH	23/11/2019 KZN TYR Westville Sprints 2019
46	3:14.13	L	F	Jani Borman	11	SWAR WCD	25/01/2020 West Coast Qualify Gala 2020
47	3:14.52	L	F	Kiara Banks	11	WATR JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
48	3:14.59	L	F	Anne Marais	11	TKS WBD	29/11/2019 Limpopo Champs
49	3:14.64	L	F	Chloe Watson	11	PEAS NMA	23/08/2019 Madibaz Spring Gala
50	3:14.77	L	F	Mia Van Aswegen	11	TYGE CPT	01/12/2019 Western Cape Summer Championships
51	3:15.01	L	F	Anja Koen	11	HARB BPD	05/12/2019 NWS Championships 2019/2020
52	3:15.02	L	F	Tia Mari Theron	11	TKS WBD	29/11/2019 Limpopo Champs
53	3:15.34	L	F	Danielle Cronjè	11	GREY CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
54	3:15.39	L S	F	Corli Liversage	11	BLSS MAN	26/11/2019 FS Champs
55	3:16.75	L	F	Christi Serfontein	11	QUIC CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
56	3:16.99	L	F	Giuliana Raccanello	11	DYNA EKU	15/02/2020 EGA Last Chance Feb 2020
57	3:17.00	L	F	Lily Durant	11	WATR JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
58	3:17.72	L	F	Jessica Sardinha	11	MDOL JHB	08/11/2019 EGA Summer 4
59	3:17.86	L	F	Mieke Van Der Walt	11	FISH EDD	08/02/2020 EDEN 5th A-League Gala 2020
60	3:17.98	L	P	Kelly Stork	11	MAC EKU	05/12/2019 EGA Summer Championships 2019
61	3:18.62	L	F	Maria Steyn	11	BLSS MAN	29/02/2020 SEALS AGE GROUP GALA
62	3:18.65	L	F	Zoe Green	11	TYGE CPT	09/11/2019 CTA MEET #4
63	3:18.67	L	F	Mikayla Smit	11	WATR JHB	05/12/2019 CGA Championships 2019
64	3:19.61	L	F	Kayla Honey	11	SOUL EKU	05/12/2019 EGA Summer Championships 2019
65	3:19.76	L	F	Dorette du Plessis	11	MATL KKD	15/02/2020 NWS Last Chance AG5 1920
66	3:20.04	L	F	Addison Bailey	11	WATR JHB	03/11/2019 CGA All Levels
67*	3:22.20	L	F	Emily Mc Laren	11	SGUL ETH	06/07/2019 eThekweni Age Group Gala 2
67*	3:22.20	L	F	Jamie-Lee Espag	11	AZON ETH	15/02/2020 KZN Aquatics Level 2 Provincial
69	3:22.48	L	F	Lara Smith	11	TYGE CPT	09/11/2019 CTA MEET #4
70	3:22.75	L	F	Lungiswa Grootboom	11	SWAR WCD	29/02/2020 WCA Junior Champs - 2020
71	3:22.95	L	F	Larissa Visagie	11	ASAC CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
72	3:22.96	L	F	Nicola Olivier	11	HARB BPD	05/12/2019 NWS Championships 2019/2020
73	3:23.50	L	F	Ella van Wyk	11	BARR CPT	01/11/2019 38th Freda Barnard Invitational Gala
74	3:23.52	L	F	Helena Pretorius	11	TKS WBD	29/11/2019 Limpopo Champs
75	3:24.18	L	F	Jocelyn Cromhout	11	HARL BUF	21/02/2020 BCA 2nd Feb Age Group Gala 2020
76	3:24.54	L	F	René Kotzé	11	POTC KKD	09/11/2019 NWS Age Group 2 1920
77	3:24.71	L	F	Carmi Schoeman	11	TKS WBD	29/11/2019 Limpopo Champs
78	3:24.84	L	F	Milri-Ann Summerton	11	MATL KKD	15/02/2020 NWS Last Chance AG5 1920
79	3:24.89	L	F	Genevieve Court	11	AA JHB	05/12/2019 CGA Championships 2019
80	3:25.65	L	F	Gabriella Van Den Berg	11	ELEC JHB	03/11/2019 CGA All Levels
81	3:26.54	L	F	Emily Liebenberg	11	SWAR WCD	21/09/2019 Winelands Senior League 3 - 21Sept
82	3:26.88	L	F	Zia Petersen	11	XSAQ CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
83	3:27.94	L	F	Zoe Goebel	11	TYGE CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
84	3:28.26	L	F	Ayanke Stander	11	ASAW CED	21/09/2019 Winelands Senior League 3 - 21Sept
85	3:28.54	L	F	Yvonne Pretorius	11	MWSC NGD	17/01/2020 MP AGE GROUP 3 17 - 18 JANUARY
86	3:28.88	L	F	Marlene Ward	11	TUKS FSH	29/11/2019 2019 The Tshwane Mayoral Gala
87	3:29.13	L	F	Ianthy Moolman	11	MWSC NGD	27/09/2019 MP AGE GROUP 1 - 27-28
88	3:29.23	L	F	Keera De Esclana	11	VRC FSH	01/11/2019 NTS November 2019 Age Group Gala
89	3:30.35	L S	F	Vera Chen	11	BLSS MAN	26/11/2019 FS Champs
90	3:30.41	L S	F	Lily Ogden	11	PEAS NMA	07/02/2020 5th A League
91	3:30.57	L	F	Donne Bruyns	11	NSA EZD	31/01/2020 MP AGE GROUP 4 31 JANUARY - 1
92	3:30.76	L	F	Caitlyn Dube	11	MDOL JHB	03/11/2019 CGA All Levels
93	3:31.21	L	F	Robyn Barbour	11	ESP EKU	05/12/2019 EGA Summer Championships 2019
94	3:31.48	L	F	Lelanie Buhr	11	SWAR WCD	29/02/2020 WCA Junior Champs - 2020
95	3:31.83	L	F	Zandile Sipuka	11	BEST NMA	12/10/2019 3rd A League 2019
96	3:32.00	L	F	Emma Thiersen	11	PEAS NMA	10/08/2019 1st A League 2019
97	3:32.69	L	F	Micaela Mutooni	11	ELEC JHB	03/11/2019 CGA All Levels
98	3:32.77	L	F	Sarah Lourens	11	ELIT JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
99	3:32.83	L	F	Leah Crozier	11	FAAC FBD	05/12/2019 NCASA Champs Dec 2019
100	3:32.94	L	F	Jade O'Connor	11	CSC FSH	29/11/2019 2019 The Tshwane Mayoral Gala
101	3:33.07	L	F	Miana Fourie	11	WSS FDD	31/01/2020 Neptune Last Chance Gala
102	3:33.11	L	F	Annika Potgieter	11	NWUC KKD	05/12/2019 NWS Championships 2019/2020
103	3:33.75	L	F	Sandri Visser	11	WELL CED	25/01/2020 West Coast Qualify Gala 2020
104	3:34.26	L	F	Rii Spoelstra	11	TUKS FSH	13/09/2019 NTS September 2019 Age Group Gala
105	3:34.29	L	F	Paige Edmundson	11	SASE JHB	05/12/2019 CGA Championships 2019
106	3:34.77	L	F	Chrisley Barnard	11	WSS FDD	31/01/2020 Neptune Last Chance Gala
107	3:35.44	L	F	Tayla Gerber	11	AEC JHB	08/11/2019 EGA Summer 4
108	3:35.71	L	F	Shayla Harvey	11	SGUL ETH	18/01/2020 eThekwini Age Group Gala 9
109*	3:36.36	L S	F	Tayler Ririe	11	BLSS MAN	26/11/2019 FS Champs
109*	3:36.36	L	F	Mieke Vd Wal	11	BARR CPT	01/11/2019 38th Freda Barnard Invitational Gala
111	3:36.48	L	F	Amy Gulle	11	HARL BUF	22/11/2019 BCA Long Course Championships 2019
112	3:36.62	L	F	Taylor-Blake Van Tonder	11	ROA EDD	26/10/2019 EDEN 2nd A-League Gala 2019
113	3:37.02	L	F	Láne Fouché	11	HREF BPD	05/12/2019 NWS Championships 2019/2020
114	3:37.38	L	F	Chanè Grobbelaar	11	SWAR WCD	25/01/2020 West Coast Qualify Gala 2020
115	3:37.89	L	F	Samantha Magava	11	UNIQ JHB	15/02/2020 EGA Last Chance Feb 2020
116	3:38.41	L	F	Zianè Jantzen	11	QUIC CPT	22/02/2020 Swartland Invitational Gala 2
117	3:39.20	L	F	Reabiloe Kodisang	11	CRSC JHB	05/12/2019 CGA Championships 2019
118	3:39.40	L	F	Sian Kleynhans	11	KALA JTD	16/11/2019 NCASA Age Group 3 2019 KTU
119	3:39.55	L	F	Nina Van Reenen	11	GREY CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
120	3:39.64	L	F	Milla Delpont	11	PEAS NMA	26/09/2019 Aquabear Invitational Meet 2019
121	3:40.07	L	F	Jessica Bosman	11	QUIC CPT	29/02/2020 WCA Junior Champs - 2020
122	3:40.21	L	F	Jaimee-Lee Marais	11	SWIFT ECU	15/02/2020 EGA Last Chance Feb 2020
123	3:40.55	L	F	Kemantha Ayair	11	CROF ETH	05/10/2019 eThekwini Age Group 6
124	3:40.94	L	F	Madison Markovic	11	MATL KKD	05/12/2019 NWS Championships 2019/2020
125	3:41.14	L	F	Simone Schutte	11	MDOL JHB	03/11/2019 CGA All Levels
126	3:41.56	L	F	Alexandra Houniet	11	MAC ECU	08/11/2019 EGA Summer 4
127	3:41.96	L	F	Alandri Krause	11	WSS FDD	04/10/2019 Seals Gala
128	3:42.25	L	F	Sienna Wilensky	11	ASAC CPT	09/11/2019 CTA MEET #4
129	3:42.92	L	F	Deoné Borstlap	11	POTC KKD	09/11/2019 NWS Age Group 2 1920
130	3:42.94	L	F	Jessica Carrol	11	BLMA CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
131	3:43.01	L	F	Nicole Norman	11	RPAC ECU	08/11/2019 EGA Summer 4
132	3:43.42	L	F	Louise Lepront	11	SGUL ETH	06/07/2019 eThekwini Age Group Gala 2
133	3:44.14	L	F	Logan Francke	11	RBOT BPD	05/12/2019 NWS Championships 2019/2020
134	3:44.92	L	F	Stacey Smith	11	PAC FSH	14/02/2020 NTS February 2020 Age Group Gala
135	3:44.97	L	F	Summer Ascieri	11	CYBE CPT	09/11/2019 CTA MEET #4
136	3:45.01	L	P	Lenya Price	11	DYNA ECU	05/12/2019 EGA Summer Championships 2019
137	3:45.73	L	F	Aarifah Haffijee	11	PEAS NMA	12/10/2019 3rd A League 2019
138	3:45.79	L S	F	Kayla Verbaan	11	KLOO ETH	24/06/2019 Sasol National Winter Championship
139	3:46.54	L	F	Caitlyn Arendse	11	CSC FSH	17/01/2020 NTS Janaury 2020 Age Group Gala
140	3:47.15	L	F	Simone Van Aswegen	11	WATR JHB	03/11/2019 CGA All Levels
141	3:47.64	L	F	Leanke Voigt	11	JAQ SDD	08/11/2019 EGA Summer 4
142	3:47.70	L	F	Keira Holland	11	CRSC JHB	05/12/2019 CGA Championships 2019
143	3:47.92	L S	F	Kate-Lynn de Jager	AR	BLOT MAN	26/11/2019 FS Champs
144	3:48.32	L	F	Jaimee-Lee Wenham	11	SGUL ETH	06/07/2019 eThekwini Age Group Gala 2
145	3:48.80	L	F	Hayley Steyn	11	CSA EZD	11/10/2019 MP AGE GROUP 2 - 11-12 October
146	3:50.26	L	F	Anya Fernando	11	SASE JHB	05/12/2019 CGA Championships 2019
147	3:51.83	L	F	Dorethe Meyer	DR	BLOT MAN	25/01/2020 Mangaung Classic Gala 2020
148	3:54.07	L	F	Lehanra Greeff	11	HREF BPD	23/11/2019 NWS Age Group 3 2019/20
149	3:54.33	L	F	Jocke Coetzee	11	KALA JTD	15/02/2020 NCASA Age Group 5 KTU 2019-2020
150	3:54.39	L	P	Esther Sauls	11	BENS ECU	05/12/2019 EGA Summer Championships 2019
151	3:57.49	L	F	Ilanze du Plessis	11	BULS MAN	31/01/2020 Neptune Last Chance Gala
152	3:57.91	L S	F	Michaela Blaine	11	PEAS NMA	07/02/2020 5th A League
153	4:03.00	L S	F	Ashley Seymour	11	WSS FDD	26/11/2019 FS Champs
154	4:03.78	L	F	Isabella Day	11	BEAV ETH	18/01/2020 eThekwini Age Group Gala 9
155	4:07.66	L	F	Lana Koegelenberg	11	CARN ECU	15/02/2020 EGA Last Chance Feb 2020
156	4:10.34	L	F	Chrisna Du Plessis	11	KALA JTD	15/02/2020 NCASA Age Group 5 KTU 2019-2020
157	4:12.65	L	F	Elena Frangou	11	BLSS MAN	04/10/2019 Seals Gala

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
158	4:15.09	L S	P	Mariel Van Der Net	11	SASOL FDD	24/06/2019	Sasol National Winter Championship
159	4:22.03	L	F	Helena Van Vuuren	11	KALA JTD	05/12/2019	NCASA Champs Dec 2019
160	4:28.26	L	F	Mpumelelo Mthandi	11	BLMA CPT	14/06/2019	PEA Winter Gala
Women 11-11 50 Breast								
1	38.61	L	F	Madison du Plessis	CR	BLOT MAN	04/10/2019	Seals Gala
2	39.10	L	F	Maryse Magnee	11	PEAS NMA	29/11/2019	NMBA Championships 2019
3	39.83	L S	P	Lara Gouws	11	TUKS TSH	04/12/2019	NTS Championships 2019
4	40.12	L	F	Simone Vd Merwe	11	PAQU CED	01/12/2019	Western Cape Summer Championships
5	40.48	L	F	Christie Piguet	11	SWIM1 JHB	05/12/2019	CGA Championships 2019
6	40.61	L S	F	Kiera Ruane	11	TUKS TSH	04/12/2019	NTS Championships 2019
7	40.62	L	F	Lilly Shaw	11	BEAV ETH	23/11/2019	KZN TYR Westville Sprints 2019
8	41.29	L	F	Emily Mc Laren	11	SGUL ETH	17/12/2019	KZNA Premier Provincial Championship
9	41.45	L	F	Gabriella Van Den Berg	11	ELEC JHB	05/12/2019	CGA Championships 2019
10	41.66	L S	P	Jana Vorster	11	TRAZ TSH	04/12/2019	NTS Championships 2019
11	41.73	L S	F	Veronique Riekert	11	TUKS TSH	04/12/2019	NTS Championships 2019
12	41.75	L	F	Gemma Goncalves	11	UNAT JHB	12/10/2019	eThekwini Junior Championships 2019
13	41.95	L	F	Mareza Frylinck	11	BLSS MAN	26/11/2019	FS Champs
14	42.36	L	F	Savannah Mostert	11	TUKS TSH	07/09/2019	2019 Hillcrest Sprint Gala
15	42.59	L	F	Liza Schoeman	11	RBOT BPD	05/12/2019	NWS Championships 2019/2020
16	42.61	L	F	Jessica Sardinha	11	MDOL JHB	18/01/2020	CGA Last Chance Level 3-SANJ gala
17	42.62	L	P	Sandri Visser	11	WELL CED	01/12/2019	Western Cape Summer Championships
18	42.65	L	F	Suzanne Walsh	11	SAAW CPT	01/12/2019	Western Cape Summer Championships
19	42.66	L	F	Mieke Vd Wal	11	BARR CPT	01/12/2019	Western Cape Summer Championships
20	42.73	L	F	Giuliana Raccanello	11	DYNA ECU	15/02/2020	EGA Last Chance Feb 2020
21	42.92	L	F	Zine Mostert	11	WATR JHB	05/12/2019	CGA Championships 2019
22	43.21	L	F	Scarlett Le Roux	11	SOUL ECU	08/11/2019	EGA Summer 4
23	43.23	L S	F	Alika Vd Merwe	11	TUKS TSH	04/12/2019	NTS Championships 2019
24	43.40	L S	P	Grace Powell	11	CSC TSH	04/12/2019	NTS Championships 2019
25	43.50	L	F	Leandre Voigt	11	VALS FDD	26/11/2019	FS Champs
26	43.62	L	F	Chloe Jewell	11	PEAS NMA	26/09/2019	Aquabear Invitational Meet 2019
27	43.63	L	F	Ayanda Ntaka	11	UMSH ETH	28/02/2020	NDSA Gala 2020
28	43.68	L	F	Paige Jacobs	11	FAAC FBD	05/12/2019	NCASA Champs Dec 2019
29	43.77	L	F	Nicole Van Zyl	11	DYNA ECU	08/11/2019	EGA Summer 4
30	44.02	L S	F	Georgia Gouws	11	BEST NMA	07/02/2020	5th A League
31	44.10	L	P	Elisha Perumal	11	BAYV ETH	17/12/2019	KZNA Premier Provincial Championship
32	44.19	L	F	Ruth Dredge	11	PAC TSH	07/09/2019	2019 Hillcrest Sprint Gala
33	44.25	L	F	Stephanie Jurado	11	SAAW CPT	26/09/2019	Aquabear Invitational Meet 2019
34	44.27	L	F	Emily Macqueen	11	SGUL ETH	03/08/2019	eThekwini Age Group Gala 4
35	44.32	L	F	Leila Yazbek	11	BLNE MAN	26/11/2019	FS Champs
36	44.86	L	F	Chloe Watson	11	PEAS NMA	23/08/2019	Madibaz Spring Gala
37	44.95	L	P	Kingsley Greyling	11	AZON ETH	12/10/2019	eThekwini Junior Championships 2019
38	44.99	L	F	Kendra Begley	11	PEAS NMA	29/11/2019	NMBA Championships 2019
39	45.13	L	F	Leah Scott	11	BLUO UGD	15/02/2020	KZN Aquatics Level 2 Provincial
40	45.14	L	F	Caitlyn Dube	11	MDOL JHB	05/12/2019	CGA Championships 2019
41	45.25	L	F	Jodi Boettger	11	BCA BUF	18/01/2020	CTA INTER DISTRICT PRESTIGE
42	45.39	L	F	Zandile Sipuka	11	BEST NMA	29/11/2019	NMBA Championships 2019
43	45.40	L	F	Zoe Green	11	TYGE CPT	01/12/2019	Western Cape Long Course
44	45.42	L	P	Janca Hattingh	11	NSA EZD	29/11/2019	Mpumalanga Championships 2019
45	45.50	L	F	Emily Tsai	11	BLMA CPT	25/01/2020	West Coast Qualify Gala 2020
46	45.60	L	F	Kayla Verbaan	11	KLOO ETH	15/02/2020	KZN Aquatics Level 2 Provincial
47	45.65	L	F	Jaime Mote	11	INFA NMA	26/09/2019	Aquabear Invitational Meet 2019
48	45.73	L	F	Amy Combrink	11	VINE CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
49	45.74	L	F	Kayla Gous	11	USC BUF	07/12/2019	BCA December Age Group Gala 2019
50	45.79	L	F	Elizabeth Victor	11	GTC EZD	11/10/2019	MP AGE GROUP 2 - 11-12 October
51	45.85	L	F	Vera Chen	11	BLSS MAN	25/01/2020	Mangaung Classic Gala 2020
52	46.00	L	F	Jade O'Connor	11	NWS	01/02/2020	NTS Invitational Gala 2020
53	46.03	L	F	Tehl-Cadi Day Garden	11	BOA UGD	05/12/2019	EGA Summer Championships 2019
54*	46.05	L	F	Addison Bailey	11	WATR JHB	18/01/2020	CGA Last Chance Level 3-SANJ gala
54*	46.05	L	F	Amy Aaron	11	WSTV ETH	23/11/2019	KZN TYR Westville Sprints 2019

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
56	46.07	L	F	Sinoah Pretorius	11	TUKS FSH	29/11/2019 2019 The Tshwane Mayoral Gala
57	46.34	L	F	Michaela Nell	11	WATR JHB	03/11/2019 CGA All Levels
58	46.35	L	F	Karmen Van Rensburg	11	UNIN MPD	29/11/2019 Mpumalanga Championships 2019
59	46.42	L	F	Kathleen Welsh	11	MPS NGD	19/10/2019 T. GOLFINHOS SPRINT 2019-2020
60	46.47	L	F	Megan Nieman	11	TUKS FSH	29/11/2019 2019 The Tshwane Mayoral Gala
61	46.49	L	F	Amy O'Connor	11	WATR JHB	05/12/2019 CGA Championships 2019
62	46.50	L	P	Louise Lepront	11	SGUL ETH	12/10/2019 eThekweni Junior Championships 2019
63	46.53	L	F	Jorja De Beer	11	AQWO CPT	22/02/2020 Swartland Invitational Gala 2
64	46.61	L	F	Anastasia Sequeira	11	MDOL JHB	05/12/2019 CGA Championships 2019
65*	46.63	L	F	Sisanda Zikhali	11	SGUL ETH	28/02/2020 NDSA Gala 2020
65*	46.63	L	F	Megan Webster	11	NWS	01/02/2020 NTS Invitational Gala 2020
67	46.70	L	F	Carme Louw	11	TASC MPD	15/02/2020 Limpopo Age Group 6
68	46.77	L	F	Lucy Le Roux	11	ASAW CED	26/09/2019 Aquabear Invitational Meet 2019
69	46.78	L	F	Katelyn Fourie	11	ETTN EKU	18/01/2020 EGA Summer 5 - 2020
70	46.79	L	F	Simone Van Aswegen	11	WATR JHB	05/12/2019 CGA Championships 2019
71	46.80	L	F	Monique Van Zyl	11	ASAC CPT	29/02/2020 WCA Junior Champs - 2020
72	46.87	L	F	YiYi Luo	11	ESTR EKU	31/08/2019 Adrian Grafe Speedo Sprint Meet
73	46.94	L	F	Samantha Nimb	11	VINE CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
74	47.00	L	F	Rachel Hinckley	11	DYNA EKU	05/12/2019 EGA Summer Championships 2019
75	47.01	L	P	Onkaribile Molamu	11	MATL KKD	24/06/2019 Sasol National Winter Championship
76*	47.07	L	F	Tia Mari Theron	11	TKS WBD	29/11/2019 Limpopo Champs
76*	47.07	L	F	Amy Gerber	11	LAD UTD	21/02/2020 Amajuba District Long Course
78	47.08	L	F	Kaylie Groenewald	11	LSMSA VBD	05/10/2019 Limpopo Age Group 4 & School Champs
79	47.09	L	F	Naledi Thobeha	11	QUIC CPT	22/02/2020 Swartland Invitational Gala 2
80	47.24	L	F	Jaime Lee Roome	11	VRC FSH	29/11/2019 2019 The Tshwane Mayoral Gala
81	47.30	L	F	Genevieve Christensen	11	ACSA ETH	09/11/2019 eThekweni Age Group Gala 8
82	47.33	L	F	Jesse-Leah Laderach	11	PEAS NMA	23/08/2019 Madibaz Spring Gala
83	47.34	L	F	Isabella Havemann	11	ASAC CPT	29/02/2020 WCA Junior Champs - 2020
84	47.53	L	F	Alexa Olivier	AR	BLOT MAN	04/10/2019 Seals Gala
85	47.69	L	F	Sienna Wilensky	11	ASAC CPT	29/02/2020 WCA Junior Champs - 2020
86	47.70	L	F	Anri Van Der Westhuizen	11	BLNE MAN	26/11/2019 FS Champs
87	47.73	L	F	Nicola Schwartz	11	HARL BUF	22/11/2019 BCA Long Course Championships 2019
88	47.76	L	F	Jenna Blaauw	11	ELEC JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
89*	47.83	L	F	Helena Pretorius	11	TKS WBD	29/11/2019 Limpopo Champs
89*	47.83	L	F	Lana Viljoen	11	CSC FSH	29/11/2019 2019 The Tshwane Mayoral Gala
91	47.91	L	F	Kara Fourie	11	BLSS MAN	25/01/2020 Mangaung Classic Gala 2020
92	47.95	L	P	Cassidy Burgess	11	VINE CPT	01/12/2019 Western Cape Summer Championships
93	47.96	L	F	Jannae De Villiers	11	PRKA PSD	05/12/2019 NCASA Champs Dec 2019
94	47.97	L	F	Daniella Harcus	11	PEAS NMA	29/11/2019 NMBA Championships 2019
95*	48.04	L	F	Aarifah Haffjee	11	PEAS NMA	26/09/2019 Aquabear Invitational Meet 2019
95*	48.04	L	F	Rafaela Boltler	11	DRGN JHB	05/12/2019 CGA Championships 2019
97*	48.05	L	F	Carmi Schoeman	11	TKS WBD	29/11/2019 Limpopo Champs
97*	48.05	L	F	Lily Durant	11	BARR CPT	01/11/2019 38th Freda Barnard Invitational Gala
99	48.07	L	F	Anne Marais	11	TKS WBD	29/11/2019 Limpopo Champs
100	48.12	L	F	Erin Joubert	11	KLOO ETH	03/08/2019 eThekweni Age Group Gala 4
101	48.18	L	F	Daniëlla Müller	11	TUKS FSH	29/11/2019 2019 The Tshwane Mayoral Gala
102	48.20	L	F	Holly Allison	11	SGUL ETH	09/11/2019 eThekweni Age Group Gala 8
103	48.25	L	F	Dorette du Plessis	11	MATL KKD	15/02/2020 NWS Last Chance AG5 1920
104	48.40	L	F	Nieke Breytenbach	11	WELA FDD	26/11/2019 FS Champs
105	48.45	L	F	Leane Muller	11	RFA FSH	29/11/2019 2019 The Tshwane Mayoral Gala
106	48.47	L	F	Micke De Jager	VR	PSA ZLD	21/02/2020 Amajuba District Long Course
107	48.56	L	F	Kate-Lynn de Jager	AR	BLOT MAN	26/11/2019 FS Champs
108	48.65	L	F	Rebecca Kuhn	11	PER JHB	08/03/2020 Aquatics Gauteng Level 1
109	48.74	L	F	Gabriella Kirsten	11	PAQU CED	29/02/2020 WCA Junior Champs - 2020
110	48.77	L S	F	Ilke Prinsloo	11	INFA NMA	07/02/2020 5th A League
111	48.87	L	F	Karli Lotter	11	ROA EDD	01/11/2019 38th Freda Barnard Invitational Gala
112	48.99	L	F	Abigail Britz	11	TINC FSH	17/01/2020 NTS January 2020 Age Group Gala
113	49.06	L	F	Kayla Vosloo	DR	BLOT MAN	26/11/2019 FS Champs
114	49.08	L	F	Layla Reynecke	11	SGUL ETH	09/11/2019 eThekweni Age Group Gala 8

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
115	49.09	L	F	Kemantha Ayair	11	CROF	ETH 15/02/2020 KZN Aquatics Level 2 Provincial
116	49.13	L	F	Christi Serfontein	11	QUIC	CPT 01/11/2019 38th Freda Barnard Invitational Gala
117	49.14	L	F	Katherine Williams	11	DYNA	EKU 31/08/2019 Adrian Grafe Speedo Sprint Meet
118	49.15	L	F	Ella van Wyk	11	BARR	CPT 01/11/2019 38th Freda Barnard Invitational Gala
119	49.18	L	P	Logan Terreblanche	11	ESTR	EKU 05/12/2019 EGA Summer Championships 2019
120	49.22	L	F	Jessica Smith	11	SWIM1	JHB 03/11/2019 CGA All Levels
121	49.24	L	F	Sarah-Jane Mouton	11	HARL	BUF 21/02/2020 Infinity Champs LC Gala
122	49.26	L	F	Christina Ou	11	TUKS	FSH 29/11/2019 2019 The Tshwane Mayoral Gala
123	49.38	L	F	Anya Fernando	11	SASE	JHB 05/12/2019 CGA Championships 2019
124	49.40	L	F	Annika Potgieter	11	NWUC	KKD 15/02/2020 NWS Last Chance AG5 1920
125	49.45	L	F	Abby Novos	11	ASAC	CPT 29/02/2020 WCA Junior Champs - 2020
126*	49.50	L	F	Zoe Goebel	11	TYGE	CPT 29/02/2020 WCA Junior Champs - 2020
126*	49.50	L	F	Anne Steyl	11	NCASA	FBD 02/11/2019 Fezile Dabi Inter District Gala 2019
128	49.55	L	F	Lily Van Aswegen	11	WATR	JHB 12/10/2019 CGA Level 1,2,3, SANJ Gala
129	49.63	L	P	Nina Rautenbach	11	SEAL	UMD 12/10/2019 eThekwini Junior Championships 2019
130	49.64	L	F	Tayyibah Sayed	11	DBSC	SDD 24/06/2019 Sasol National Winter Championship
131	49.65	L	F	Carmen Du Toit	11	PEAS	NMA 09/11/2019 4th A League
132	49.70	L	F	Talita Lubbe	11	PSC	FSH 29/11/2019 2019 The Tshwane Mayoral Gala
133	49.72	L	P	Jade Burnand	11	DYNA	EKU 05/12/2019 EGA Summer Championships 2019
134	49.87	L	F	Jordan Riebeseel	11	SGUL	ETH 28/02/2020 NDSA Gala 2020
135	49.88	L	F	Kehara Human	11	ASAW	CED 25/01/2020 West Coast Qualify Gala 2020
136	49.90	L	F	Miriam Bihlmaier	11	DBSC	SDD 15/02/2020 EGA Last Chance Feb 2020
137	49.99	L	F	Isobel Todd	11	APEX	SSD 14/03/2020 KZNA Level 1 Provincial Champs 2020
138	50.01	L	F	Rii Spoelstra	11	TUKS	FSH 12/10/2019 NTS Oct 2019 Age Group Gala
139	50.08	L	F	Simonè Schonken	11	LSTZN	MPD 05/10/2019 Limpopo Age Group 4 & School Champs
140	50.13	L	F	Bridget vd Westhuizen	11	TUKS	FSH 29/11/2019 2019 The Tshwane Mayoral Gala
141*	50.33	L	F	Hannah Naidoo	11	BAYV	ETH 15/02/2020 KZN Aquatics Level 2 Provincial
141*	50.33	L	F	Jessica Greeff	11	HARL	BUF 21/02/2020 BCA 2nd Feb Age Group Gala 2020
141*	50.33	L	F	Michaela Mitchley	11	KTS	JTD 21/02/2020 NCASA Sprints 2020
144	50.37	L	F	Lara Verhoef	11	ASAC	CPT 29/02/2020 WCA Junior Champs - 2020
145	50.43	L	F	Amy Botha	11	BOKS	EKU 08/11/2019 EGA Summer 4
146*	50.46	L	F	Megan Van Den Heever	11	GTC	EZD 31/01/2020 MP AGE GROUP 4 31 JANUARY - 1
146*	50.46	L	F	Zoha Essop	11	KSTAR	ED 29/02/2020 WCA Junior Champs - 2020
148	50.49	L	F	Zanté Young	11	RBOT	BPD 05/12/2019 NWS Championships 2019/2020
149	50.50	L	F	Sofia Oosthuizen	11	WRP	EZD 11/10/2019 MP AGE GROUP 2 - 11-12 October
150	50.54	L	F	Emma Lategan	11	CUDU	CPT 22/02/2020 Swartland Invitational Gala 2
151	50.60	L	F	Lienke Van OS	11	BULS	MAN 04/10/2019 Seals Gala
152	50.62	L	F	McKayla Moodley	11	BAYV	ETH 15/02/2020 KZN Aquatics Level 2 Provincial
153	50.66	L	P	Jaime Maritz	11	NSAD	EZD 29/11/2019 Mpumalanga Championships 2019
154*	50.72	L	F	Yvonne Pretorius	11	MWSC	NGD 15/02/2020 MP AGE GROUP 5 15 FEBRUARY 2020
154*	50.72	L	F	Abigail Roberts	11	TUKS	FSH 14/02/2020 NTS February 2020 Age Group Gala
156	50.73	L	F	Mariel Van Der Net	11	SASOL	FDD 12/10/2019 Fezile Dabi Age Group October 2019
157	50.74	L	F	Christi Swarts	11	JAQ	SDD 18/01/2020 EGA Summer 5 - 2020
158	50.77	L	F	Amy Gulle	11	HARL	BUF 22/11/2019 BCA Long Course Championships 2019
159*	50.78	L	F	Maria Steyn	11	BLSS	MAN 26/11/2019 FS Champs
159*	50.78	L	F	Jessica Bosman	11	QUIC	CPT 22/02/2020 Swartland Invitational Gala 2
161	50.80	L	F	Reabiloe Kodisang	11	CRSC	JHB 22/02/2020 CGA Level 2 Last Chance Gala - Day 1
162	50.81	L	F	Madisynn Elliott	11	LINR	JHB 22/02/2020 CGA Level 2 Last Chance Gala - Day 1
163*	50.83	L	F	Zoë Cilliers	11	LSN	EZD 11/10/2019 MP AGE GROUP 2 - 11-12 October
163*	50.83	L	F	Ella Stacey	11	AA	JHB 18/01/2020 CGA Last Chance Level 3-SANJ gala
165	50.84	L	F	Stacey Smith	11	PAC	FSH 14/02/2020 NTS February 2020 Age Group Gala
166	50.86	L	F	Dhenika Chetty	11	BEAV	ETH 14/03/2020 KZNA Level 1 Provincial Champs 2020
167*	50.91	L	F	Emma Thiersen	11	PEAS	NMA 10/08/2019 1st A League 2019
167*	50.91	L	F	Izaan Meintjes	11	LSKP	WBD 05/10/2019 Limpopo Age Group 4 & School Champs
169	50.98	L	F	Alexandra Houniet	11	MAC	EKU 18/01/2020 EGA Summer 5 - 2020
170	50.99	L	F	Jenna Grove	11	SEAL	UMD 14/03/2020 KZNA Level 1 Provincial Champs 2020
171*	51.01	L	F	Nisa Da Silva	11	TUKS	FSH 29/11/2019 2019 The Tshwane Mayoral Gala
171*	51.01	L	F	Kayla Honey	11	SOUL	EKU 08/11/2019 EGA Summer 4
173	51.10	L	F	Samantha Magava	11	UNIQ	JHB 18/01/2020 Cape of Good Hope Gala 2020

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
174	51.12	L	F	Milla Delpont	11	PEAS NMA	23/08/2019	Madibaz Spring Gala
175*	51.16	L	F	Mikayla Smit	11	WATR JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
175*	51.16	L	F	Kiara Banks	11	WATR JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1
177	51.17	L	F	Alida Louw	11	UPTS ZMD	15/02/2020	NCASA Age Group 5 UPT 2019-2020
178	51.21	L	F	Nicola Olivier	11	HARB BPD	19/10/2019	NWS Age Group 1 1920
179	51.24	L	F	Sunny Huang	11	MDOL JHB	15/02/2020	EGA Last Chance Feb 2020
180	51.28	L	F	Carmen Wasowicz	11	ESTR EKU	18/01/2020	EGA Summer 5 - 2020
181	51.38	L	F	Miana Fourie	11	WSS FDD	26/11/2019	FS Champs
182*	51.43	L	F	Tatum Renze	11	PEAS NMA	14/09/2019	2nd A League 14/9/2019
182*	51.43	L	F	Cathrijn Davel	11	MWSC NGD	17/01/2020	MP AGE GROUP 3 17 - 18 JANUARY
184	51.45	L	F	Larissa Visagie	11	ASA CPT	26/09/2019	Aquabear Invitational Meet 2019
185	51.48	L	F	Mieke Van Der Walt	11	FISH EDD	06/12/2019	Eden LC Champs 2019
186	51.60	L	F	Paige Edmundson	11	SASE JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1
187	51.62	L	P	Holly Jansens ter laeck	11	KLOO ETH	12/10/2019	eThekwini Junior Championships 2019
188	51.66	L	F	Lana Koegeleberg	11	CARN EKU	08/11/2019	EGA Summer 4
189	51.71	L	F	Ella Eldar	11	TUKS TSH	17/01/2020	NTS Janaury 2020 Age Group Gala
190	51.76	L	F	Johanne Lamprecht	11	LSTHZ WBD	05/10/2019	Limpopo Age Group 4 & School Champs
191	51.78	L	F	Storme Badenhorst	11	MANT CPT	26/09/2019	Aquabear Invitational Meet 2019
192*	51.79	L	F	Kellen McLaren	11	SOUL EKU	08/11/2019	EGA Summer 4
192*	51.79	L	F	Ivana Vyncke	TR	PSA ZLD	21/02/2020	Amajuba District Long Course
194	51.87	L	F	Chloe Petersen	11	TUKS TSH	14/02/2020	NTS February 2020 Age Group Gala
195	52.01	L	F	Corli Liversage	11	BLSS MAN	27/09/2019	Neptunes Open Gala
196	52.02	L	F	Carine Röntgen	11	SWAR WCD	29/02/2020	WCA Junior Champs - 2020
197	52.10	L	F	Candice Van Eeden	11	SGUL ETH	28/02/2020	NDSA Gala 2020
198	52.16	L	F	Lenya Price	11	DYNA EKU	31/08/2019	Adrian Grafe Speedo Sprint Meet
199	52.21	L	F	Jessica Mc Ardle	11	WSS FDD	15/03/2020	FS Level 1 2020
200	52.23	L	F	Elizabeth Opperman	11	KTS JTD	15/02/2020	NCASA Age Group 5 KTU 2019-2020
201	52.26	L	F	Láne Fouché	11	HREF BPD	05/12/2019	NWS Championships 2019/2020
202	52.29	L	F	Logan Francke	11	RBOT NW	07/09/2019	2019 Hillcrest Sprint Gala
203	52.37	L	F	Ashleigh Davies	11	WELA FDD	26/11/2019	FS Champs
204	52.38	L	P	Megan Augustyn	11	ONYX EKU	05/12/2019	EGA Summer Championships 2019
205	52.41	L	F	Leia Braithwaite	11	SGUL ETH	15/02/2020	KZN Aquatics Level 2 Provincial
206	52.45	L	F	Tayla Dowie	11	FLOD JHB	03/11/2019	CGA All Levels
207	52.49	L	F	René Kotzé	11	POTC KKD	09/11/2019	NWS Age Group 2 1920
208*	52.51	L	F	Milri-Ann Summerton	11	MATL KKD	18/01/2020	NWS Age Group 4 1920
208*	52.51	L	F	Leigh Pijoo	11	BLMA CPT	14/06/2019	PEA Winter Gala
210	52.56	L	F	Abigail Cullen	11	WELA FDD	31/01/2020	Neptune Last Chance Gala
211	52.62	L	P	Ianthy Moolman	11	MWSC NGD	29/11/2019	Mpumalanga Championships 2019
212	52.82	L	F	Ashley Scholtz	11	SODO JHB	03/11/2019	CGA All Levels
213	52.86	L	F	Jemma Park	11	CRSC JHB	03/11/2019	CGA All Levels
214*	52.92	L	F	Chloe Olivier	11	SOUL EKU	31/08/2019	Adrian Grafe Speedo Sprint Meet
214*	52.92	L	F	Leandri Venter	11	NCASA FBD	02/11/2019	Fezile Dabi Inter District Gala 2019
216	52.93	L	P	Abigail Sparapano	11	AZON ETH	12/10/2019	eThekwini Junior Championships 2019
217	52.95	L	F	Aniela Wenhold	11	RBUR BPD	05/12/2019	NWS Championships 2019/2020
218	53.01	L	F	Nokwanda Nzuzza	11	TMAC ETH	28/02/2020	NDSA Gala 2020
219	53.19	L	F	Esther Sauls	11	BENS EKU	08/03/2020	Aquatics Gauteng Level 1
220	53.22	L	F	Buhle Mahlalela	11	UNIN MPD	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
221*	53.26	L	F	Taylor Ririe	11	BLSS MAN	26/11/2019	FS Champs
221*	53.26	L	F	Jane Glutz	11	AQU ADJ	25/01/2020	Amajuba District Age Group Gala 2
223	53.29	L	F	Grace Moussouris	11	SGUL ETH	09/11/2019	eThekwini Age Group Gala 8
224	53.31	L S	F	Teagan Hamer	11	INFA NMA	07/02/2020	5th A League
225	53.36	L	F	Keira Holland	11	CRSC JHB	05/12/2019	CGA Championships 2019
226	53.43	L	F	Sophie Taylor	11	GREY CPT	02/11/2019	Swartland Invitational #1
227	53.50	L	F	Leané Gouws	11	HREF BPD	05/12/2019	NWS Championships 2019/2020
228	53.71	L	F	Marlene Ward	11	TUKS TSH	07/09/2019	2019 Hillcrest Sprint Gala
229	53.77	L	F	Hanrike Barnard	11	FSAC BPD	09/11/2019	NWS Age Group 2 1920
230	53.79	L	F	Blessing Nkuna	11	LSTZN MPD	05/10/2019	Limpopo Age Group 4 & School Champs
231	53.80	L	F	June Erasmus	11	RFA TSH	08/03/2020	Aquatics Gauteng Level 1
232*	53.92	L	F	Genevieve Court	11	AA JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
232*	53.92 L	F	Hayley Steyn	11	CSA EZD	14/09/2019	MP Sprint Gala - 14 September 2019
234	54.02 L	F	Taylor-Blake Van Tonder	11	ROA EDD	01/11/2019	38th Freda Barnard Invitational Gala
235	54.04 L	F	Olesego Molemo	11	UNIQ JHB	18/01/2020	EGA Summer 5 - 2020
236	54.06 L	P	Mia De Klerk	11	FINS EZD	29/11/2019	Mpumalanga Championships 2019
237	54.09 L	F	Sarah Lourens	11	ELIT JHB	05/12/2019	CGA Championships 2019
238	54.13 L	F	Janke Breytenbach	GR	PSA ZLD	25/01/2020	Ushaka Championship Gala 2020
239	54.14 L	F	Mia Bruwer	11	SS MPD	15/02/2020	Limpopo Age Group 6
240	54.15 L	F	Micaela Mutooni	11	ELEC JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
241	54.21 L	P	Bridget Van der Westhuizen	11	MATL KKD	24/06/2019	Sasol National Winter Championship
242	54.22 L	F	Emma Jansen van Rensburg	11	CSC TSH	17/01/2020	NTS Janaury 2020 Age Group Gala
243*	54.27 L	F	Taegon Gunkel	11	BEAV ETH	28/02/2020	NDSA Gala 2020
243*	54.27 L S	F	Amy Burrell	11	PEAS NMA	07/02/2020	5th A League
245	54.30 L	F	Chanè Grobbelaar	11	SWAR WCD	29/02/2020	WCA Junior Champs - 2020
246	54.32 L	F	Richelle Rothmann	11	AQU ADJ	25/01/2020	Amajuba District Age Group Gala 2
247	54.42 L	F	Isabella Day	11	BEAV ETH	28/02/2020	NDSA Gala 2020
248	54.56 L	F	Gia Lazzari	11	TUKS TSH	14/02/2020	NTS February 2020 Age Group Gala
249	54.62 L	F	Macy Hains	11	PEAS NMA	23/08/2019	Madibaz Spring Gala
250	54.73 L	P	Chloe Van loggerenberg	11	BAR EZD	29/11/2019	Mpumalanga Championships 2019
251	54.76 L	F	Sinalo Ndlovu	11	UMSH ETH	23/11/2019	KZN TYR Westville Sprints 2019
252	54.84 L	P	Mieka Wichmann	11	PSCP UMD	12/10/2019	eThekwini Junior Championships 2019
253	54.86 L	F	Chrisley Barnard	11	WSS FDD	12/10/2019	Fezile Dabi Age Group October 2019
254	54.98 L	F	Sanri Rossouw	11	POTC KKD	09/11/2019	NWS Age Group 2 1920
255	55.04 L	F	Tayla Gerber	11	AEC JHB	15/02/2020	EGA Last Chance Feb 2020
256	55.09 L	F	Lelanie Buhr	11	SWAR WCD	02/11/2019	Swartland Invitational #1
257	55.10 L	F	Hannah Rogan	11	DBSC SDD	15/02/2020	EGA Last Chance Feb 2020
258	55.19 L	F	Lana Fourie	11	PAC TSH	07/09/2019	2019 Hillcrest Sprint Gala
259	55.22 L	F	Emma Swart	11	KNYD EDD	06/12/2019	Eden LC Champs 2019
260*	55.26 L	F	Jocelyn Cromhout	11	HARL BUF	21/02/2020	BCA 2nd Feb Age Group Gala 2020
260*	55.26 L	F	Su-Li Underdown	11	STAR BPD	19/10/2019	NWS Age Group 1 1920
262	55.33 L	F	Saskia Gofman	11	ASAC CPT	29/02/2020	WCA Junior Champs - 2020
263	55.36 L	F	Ammaarah Davids	11	XSAQ CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
264*	55.38 L	F	Xandri Els	11	BEAV ETH	03/08/2019	eThekwini Age Group Gala 4
264*	55.38 L	F	Deoné Borstlap	11	POTC KKD	05/12/2019	NWS Championships 2019/2020
266	55.39 L	F	Eva Joannou	11	WRC MPD	29/02/2020	MP AGE GROUP 6 - 29 FEBRUARY
267	55.43 L	F	Kuzingca Siramza	11	AQUA BUF	07/02/2020	BCA Feb Age Group Gala 2020
268	55.46 L	F	Kayla Scheepers	11	PEAS NMA	26/09/2019	Aquabear Invitational Meet 2019
269	55.49 L	F	ANDREA MACHELM	11	FISHS EDD	01/11/2019	38th Freda Barnard Invitational Gala
270	55.53 L	P	Caitlyn Govender	11	SGUL ETH	12/10/2019	eThekwini Junior Championships 2019
271	55.56 L	F	Katya Botha	11	BOKS ECU	15/02/2020	EGA Last Chance Feb 2020
272	55.62 L	F	Chloe Wintermeyer	11	HASC JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
273	55.79 L	F	Zoe Ann Kruger	11	AQU ADJ	21/02/2020	Amajuba District Long Course
274	55.84 L	F	Jaime Schweitzer	AR	BLOT MAN	26/11/2019	FS Champs
275	55.92 L	F	Kimberley Strong	11	KALA JTD	21/02/2020	NCASA Sprints 2020
276	55.96 L	F	Cecile Scheepers	11	WELA FDD	26/11/2019	FS Champs
277	55.97 L	F	Neeshaan Sallie	11	PEAS NMA	14/09/2019	2nd A League 14/9/2019
278	56.10 L	F	Ilanze du Plessis	11	BULS MAN	31/01/2020	Neptune Last Chance Gala
279	56.19 L	F	Ghia-Lorèn Grobler	11	BLMA CPT	02/11/2019	Swartland Invitational #1
280	56.25 L	F	Keera De Esclana	11	VRC TSH	12/10/2019	NTS Oct 2019 Age Group Gala
281	56.29 L	F	Madison Markovic	11	MATL KKD	15/02/2020	NWS Last Chance AG5 1920
282	56.34 L	P	Jaimee-Lee Marais	11	SWIFT ECU	05/12/2019	EGA Summer Championships 2019
283	56.47 L	F	Zianè Jantzen	11	QUIC CPT	22/02/2020	Swartland Invitational Gala 2
284	56.50 L	P	Chrystil Raymond	11	UNIN MPD	29/11/2019	Mpumalanga Championships 2019
285	56.58 L	F	Moya Steer	11	NCDST ILD	21/06/2019	Illeembe Age Group Gala 1
286	56.60 L	F	Refilwe Makudubele	11	SWAG KKD	15/02/2020	NWS Last Chance AG5 1920
287	56.61 L	F	Abigail Scheffer	11	PAC TSH	07/09/2019	2019 Hillcrest Sprint Gala
288*	56.62 L	F	Caitlyn Arendse	11	CSC TSH	13/09/2019	NTS September 2019 Age Group Gala
288*	56.62 L	F	Gabrielle Kramer	11	PEAS NMA	14/06/2019	PEA Winter Gala
290	56.63 L	F	Mikayla Van Aswegen	11	LSB MP	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
291	56.70 L	F	Kayleigh Hahn	11	ROJ EDD	01/11/2019	38th Freda Barnard Invitational Gala

Individual Top Times

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	Time	P/F/S	Name	Age/Yr				
292	56.89	L	F	Leila Schenk	11	CPS BUF	14/03/2020	BCA Level 1 Gala 2020
293	56.95	L	P	Jaimee-Lee Wenham	11	SGUL ETH	12/10/2019	eThekwini Junior Championships 2019
294*	57.10	L	F	Claire Van Wyk	11	BLMA CPT	25/01/2020	West Coast Qualify Gala 2020
294*	57.10	L	F	Michaela Blaine	11	AQUB NMA	23/08/2019	Madibaz Spring Gala
296	57.15	L	F	Zane Neethling	11	TKS WBD	29/11/2019	Limpopo Champs
297	57.36	L	F	Taiga-Lee White	11	AZON ETH	03/08/2019	eThekwini Age Group Gala 4
298	57.53	L	F	Sian Kleynhans	11	KALA JTD	21/02/2020	NCASA Sprints 2020
299	57.59	L	F	Kate Savage	11	VINE CPT	25/01/2020	West Coast Qualify Gala 2020
300	57.75	L	P	Jamie-Lee Espag	11	AZON ETH	12/10/2019	eThekwini Junior Championships 2019
301	57.76	L	P	Aime' Heydricks	11	BLUO UGD	12/10/2019	eThekwini Junior Championships 2019
302	57.96	L	F	Marlie Kruger	11	DDA TSH	12/10/2019	NTS Oct 2019 Age Group Gala
303	57.98	L	F	Tatum Sanderson	11	SOWE JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1
304	58.03	L	F	Eli Matoti	11	VIKI BUF	22/11/2019	BCA Long Course Championships 2019
305	58.60	L	F	Kelly Stork	11	MAC EKU	31/08/2019	Adrian Grafe Speedo Sprint Meet
306	58.84	L	F	Nicole White	11	LSKP WBD	05/10/2019	Limpopo Age Group 4 & School Champs
307	58.89	L	F	Zelmari van der Walt	11	AQU ADJ	26/10/2019	Amajuba District Age Group 1
308	58.90	L	F	Nicole Norman	11	RPAC EKU	31/08/2019	Adrian Grafe Speedo Sprint Meet
309	58.96	L	P	Gabriella Fotheringham	11	SOUL EKU	05/12/2019	EGA Summer Championships 2019
310	59.05	L	F	Ebenette Van Niekerk	11	FISHS EDD	01/11/2019	38th Freda Barnard Invitational Gala
311	59.10	L	F	Mianca Breytenbach	11	WRP EZD	11/10/2019	MP AGE GROUP 2 - 11-12 October
312	59.11	L	F	Caitlyn Olkers	11	CUDU CPT	02/11/2019	Swartland Invitational #1
313*	59.13	L	F	Alea Du Toit	11	BLMA CPT	02/11/2019	Swartland Invitational #1
313*	59.13	L	F	Jade Schaller	11	ISSC NMA	05/12/2019	NWS Championships 2019/2020
315*	59.14	L	F	Alandri Krause	11	WSS FDD	27/09/2019	Neptunes Open Gala
315*	59.14	L	F	Kaitlyn Rix	11	BARR CPT	01/11/2019	38th Freda Barnard Invitational Gala
317	59.16	L	F	Ayanda Luthuli	11	USH KCD	18/01/2020	KCDA January Age Group Gala 2020
318	59.27	L	F	Anè Kemp	11	SWAR WCD	29/02/2020	WCA Junior Champs - 2020
319	59.48	L	F	Rienke Blignaut	11	WSS FDD	26/11/2019	FS Champs
320	59.49	L	F	Elena Frangou	11	BLSS MAN	04/10/2019	Seals Gala
321	59.61	L	F	Anja Koen	11	HARB BPD	05/12/2019	NWS Championships 2019/2020
322	59.72	L	F	Marne Pretorius	11	WRP EZD	11/10/2019	MP AGE GROUP 2 - 11-12 October
323	59.80	L	P	Ashley Seymour	11	WSS FDD	24/06/2019	Sasol National Winter Championship
324	59.85	L	F	Mpumelelo Mthandi	11	BLMA CPT	02/11/2019	Swartland Invitational #1
325*	59.89	L	F	Chrisna Du Plessis	11	KALA JTD	11/01/2020	NCASA Age Group 4 KTU 2019-2020
325*	59.89	L	P	Olivia Van der Nest	11	NSAD EZD	29/11/2019	Mpumalanga Championships 2019
327	59.95	L	F	Noa Mullin	11	HWSK FBD	18/01/2020	Good Hope Gala 2020
328	59.98	L	F	Leah Crozier	11	FAAC FBD	08/11/2019	NCASA Age Group 2 KBY 2019
329	1:00.02	L	F	Neo Bhengu	11	MGSC UGD	09/11/2019	UGA Level 1 Gala 6
330	1:00.04	L	F	Katia Dias	11	BON JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
331	1:00.07	L	F	Miela Smit	11	NLS BUF	14/03/2020	BCA Level 1 Gala 2020
332	1:00.17	L	F	Sinakhokonke Nene	11	UMSH ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
333	1:00.44	L	F	Zoie Cloete	11	CLSC WCD	25/01/2020	West Coast Qualify Gala 2020
334	1:00.52	L	F	Diya Khoosal	11	ATLA JHB	08/03/2020	Aquatics Gauteng Level 1
335	1:00.70	L	F	Zoe-Jane Davies	11	CUDU CPT	02/11/2019	Swartland Invitational #1
336	1:00.71	L	F	Robyn Barbour	11	ESP EKU	15/02/2020	EGA Last Chance Feb 2020
337	1:00.97	L	F	Mianca Breitenbach	11	WRC MPD	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
338	1:01.11	L	F	Delinda Serfontein	11	VALS FDD	12/10/2019	Fezile Dabi Age Group October 2019
339	1:01.22	L	F	Leilah Snyman	11	JAK FBD	08/11/2019	NCASA Age Group 2 KBY 2019
340	1:01.27	L	F	Abby Tribe	11	TCA EKU	15/02/2020	EGA Last Chance Feb 2020
341	1:01.45	L	P	Shannon Rautenbach	11	WRC MPD	29/11/2019	Mpumalanga Championships 2019
342	1:01.75	L	F	Nazeeha Norath	11	TUKS TSH	07/09/2019	2019 Hillcrest Sprint Gala
343	1:01.82	L	F	Helena Van Vuuren	11	KALA JTD	11/01/2020	NCASA Age Group 4 KTU 2019-2020
344	1:01.89	L	F	Jocke Coetzee	11	KALA JTD	05/12/2019	NCASA Champs Dec 2019
345	1:01.91	L	F	Mignon Burger	11	SWAR WCD	25/01/2020	West Coast Qualify Gala 2020
346	1:02.18	L	F	Theresa Du Plooy	11	LSPHA MPD	05/10/2019	Limpopo Age Group 4 & School Champs
347	1:02.50	L	F	Esti Mouton	11	SWAR WCD	02/11/2019	Swartland Invitational #1
348	1:02.53	L	P	Storm Cloete	11	MDOL JHB	05/12/2019	CGA Championships 2019
349	1:03.14	L	F	Selente Oosthuysen	11	HARB BPD	16/08/2019	NTS August 2019 Age Group Gala Level
350	1:03.28	L	F	Bokamoso Imasiku	11	TLAC BPD	19/10/2019	NWS Age Group 1 1920

Individual Top Times

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	Time	P/F/S	Name	Age/Yr					
351	1:03.47	L	F	Remi Sundelowitz	11	SASE	JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1
352	1:03.53	L	F	Aphiwe Malembe	11	USH	KCD	15/02/2020	KCDA February Age Group Gala 2020
353	1:03.75	L	F	Maria Dos Santos	11	HREF	BPD	19/10/2019	NWS Age Group 1 1920
354*	1:04.13	L	F	Mia Crookham	11	TYGE	CPT	02/11/2019	Swartland Invitational #1
354*	1:04.13	L	F	Lutfiyya Sheik	11	AQSC	UMD	14/03/2020	KZNA Level 1 Provincial Champs 2020
356	1:04.38	L	F	Catherine O'Grady	11	EXA	EZD	15/02/2020	MP AGE GROUP 5 15 FEBRUARY 2020
357	1:04.50	L	F	Carla Carolus	11	XSAQ	CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
358	1:04.53	L	F	Nomthandazo Madonda	11	UMSH	ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
359	1:04.75	L	F	Paxton Rankin	11	TLAC	BPD	05/12/2019	NWS Championships 2019/2020
360	1:05.21	L	F	Zoe Barnes	11	JSA	JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
361	1:05.24	L	F	Hannah Watson	11	SGUL	ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
362	1:05.71	L	F	Mariné Oosthuizen	11	JAK	FBD	08/11/2019	NCASA Age Group 2 KBY 2019
363	1:06.55	L	F	Hananje Pretorius	11	UPTS	ZMD	21/02/2020	NCASA Sprints 2020
364	1:06.64	L	F	Lejana Dunn	11	SWAR	WCD	02/11/2019	Swartland Invitational #1
365	1:06.68	L	F	Lehanra Greeff	11	HREF	BPD	05/12/2019	NWS Championships 2019/2020
366	1:07.32	L	F	Shyenne Laubcher	11	WSS	FDD	04/10/2019	Seals Gala
367	1:08.74	L	F	Annari Blignaut	11	WSS	FDD	14/03/2020	FSA Level 1 2020
368	1:09.39	L	P	Prisca Mbokani	11	OTTO	ETH	12/10/2019	eThekwini Junior Championships 2019
369	1:09.73	L	F	Zara Rossato	11	HARB	BPD	19/10/2019	NWS Age Group 1 1920
370	1:11.57	L	F	Kgothatso Tsebe	11	STAR	BPD	05/12/2019	NWS Championships 2019/2020
371	1:11.91	L	F	Ilse Roos	11	EXA	EZD	15/02/2020	MP AGE GROUP 5 15 FEBRUARY 2020
372	1:12.86	L	F	Diya Rooplal	11	PHOE	JHB	14/03/2020	KZNA Level 1 Provincial Champs 2020
373	1:15.59	L	F	Humairah Nakooda	11	AQUA	BUF	25/01/2020	Amajuba District Age Group Gala 2
374	1:17.23	L	F	Kylie Surajlall	11	WVAQ	ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
375	1:19.18	L	F	Siyamthanda Thabethe	11	STA	NGD	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
376	1:19.47	L	F	Botshelo Thompson	11	STA	NGD	15/02/2020	MP AGE GROUP 5 15 FEBRUARY 2020
377	1:19.79	L	F	Ashleigh Lombard	11	WELA	FDD	09/11/2019	Bull-Sharks 2019
378	1:20.73	L	F	Mpilo Mahlangu	11	USHAK	EKU	08/11/2019	EGA Summer 4
379	1:20.76	L	F	Lynne Mari Wilson	11	SS	MPD	09/11/2019	Limpopo Age Group 5
380	1:21.59	L	F	Amahle Ngubane	11	UMSH	ETH	15/02/2020	KZN Aquatics Level 2 Provincial
381	1:32.08	L	F	Luthando Khumalo	11	STA	NGD	15/02/2020	MP AGE GROUP 5 15 FEBRUARY 2020
Women 11-11 100 Breast									
1	1:23.73	L	F	Maryse Magnee	11	PEAS	NMA	21/02/2020	Infinity Champs LC Gala
2	1:26.65	L	F	Lilly Shaw	11	BEAV	ETH	05/10/2019	eThekwini Age Group 6
3	1:27.02	L	F	Madison du Plessis	CR	BLOT	MAN	18/10/2019	Otters Prestige Gala 2019
4	1:27.44	L	F	Simone Vd Merwe	11	PAQU	GED	01/12/2019	Western Cape Long Course
5	1:27.81	L	F	Christie Piguet	11	SWIM1	JHB	18/01/2020	CGA Last Chance Level 3-SANJ gala
6	1:29.40	L	F	Lara Gouws	11	TUKS	FSH	04/12/2019	NTS Championships 2019
7	1:30.56	L	F	Athina Mc Colgan	11	JSA	JHB	30/08/2019	NTS August 2019 Age Group Gala Level
8	1:30.95	L	F	Mareza Frylinck	11	BLSS	MAN	25/01/2020	Mangaung Classic Gala 2020
9	1:31.23	L	F	Savannah Mostert	11	NWS		01/02/2020	NTA Invitational Gala 2020
10	1:31.39	L S	F	Emily Mc Laren	11	SGUL	ETH	17/12/2019	KZNA Premier Provincial Championship
11	1:32.33	L	F	Mieke Vd Wal	11	BARR	CPT	01/12/2019	Western Cape Long Course
12	1:32.58	L	F	Alika Vd Merwe	11	NWS		01/02/2020	NTS Invitational Gala 2020
13	1:32.77	L	F	Veronique Riekert	11	TUKS	FSH	04/12/2019	NTS Championships 2019
14	1:32.83	L	F	Kiera Ruane	11	TUKS	FSH	04/12/2019	NTS Championships 2019
15	1:33.04	L	F	Liza Schoeman	11	RBOT	NW	25/01/2020	4 + 1 Inter Provincial Gala 2020
16	1:33.99	L	F	Stephanie Jurado	11	SAAW	CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
17	1:34.05	L	F	Gemma Goncalves	11	FRA	ETH	23/11/2019	KZN TYR Westville Sprints 2019
18	1:34.74	L	F	Gabriella Van Den Berg	11	ELEC	JHB	03/11/2019	CGA All Levels
19	1:34.93	L	F	Kathleen Welsh	11	MWSC	NGD	29/11/2019	Mpumalanga Championships 2019
20	1:35.78	L	F	Amy Combrink	11	VINE	CPT	01/12/2019	Western Cape Summer Championships
21	1:35.89	L	F	Chloe Watson	11	PEAS	NMA	29/11/2019	NMBA Championships 2019
22	1:35.91	L	F	Kendra Begley	11	PEAS	NMA	21/02/2020	Infinity Champs LC Gala
23	1:36.36	L	F	Zine Mostert	11	WATR	JHB	03/11/2019	CGA All Levels
24	1:36.42	L	F	Suzanne Walsh	11	SAAW	CPT	25/01/2020	CTA TYR QUALIFYING GALA #3
25	1:36.54	L	F	Chloe Jewell	11	PEAS	NMA	26/09/2019	Aquabear Invitational Meet 2019
26	1:36.63	L	F	Ayanda Ntaka	11	UMSH	ETH	28/02/2020	NDSA Gala 2020
27	1:36.81	L S	F	Leandre Voigt	11	VALS	FDD	26/11/2019	FS Champs

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
28	1:37.06	L	F	Jodi Boettger	11	BCA BUF	18/01/2020 CTA INTER DISTRICT PRESTIGE
29	1:37.15	L	F	Giuliana Raccanello	11	DYNA ECU	05/12/2019 EGA Summer Championships 2019
30	1:37.21	L	F	Paige Jacobs	11	FAAC FBD	05/12/2019 NCASA Champs Dec 2019
31	1:37.31	L	F	Scarlett Le Roux	11	SOUL ECU	05/12/2019 EGA Summer Championships 2019
32	1:37.47	L	F	Jana Vorster	11	TRAZ TSH	04/12/2019 NTS Championships 2019
33	1:37.54	L	F	Elizabeth Victor	11	GTC EZD	29/02/2020 MP AGE GROUP 6 - 29 FEBRUARY
34	1:37.66	L	F	Elisha Perumal	11	KZNA ETH	09/12/2019 SA Schools Swimming Championship
35	1:37.80	L	F	Kayla Verbaan	11	KLOO ETH	15/02/2020 KZN Aquatics Level 2 Provincial
36	1:37.81	L	F	Ruth Dredge	11	PAC TSH	12/10/2019 NTS Oct 2019 Age Group Gala
37*	1:37.85	L	P	Janca Hattingh	11	NSA EZD	29/11/2019 Mpumalanga Championships 2019
37*	1:37.85	L	F	Leah Scott	11	BLUO UGD	15/02/2020 KZN Aquatics Level 2 Provincial
39	1:37.93	L	F	Anastasia Sequeira	11	MDOL JHB	10/01/2020 2020 Grand Prix Invitation Swimming
40	1:38.33	L	F	Georgia Gouws	11	BEST NMA	21/02/2020 Infinity Champs LC Gala
41	1:38.42	L	F	Kayla Gous	11	USC BUF	07/12/2019 BCA December Age Group Gala 2019
42	1:38.75	L	F	Layla Reynecke	11	SGUL ETH	18/01/2020 eThekwini Age Group Gala 9
43	1:38.95	L	F	Addison Bailey	11	WATR JHB	03/11/2019 CGA All Levels
44	1:39.01	L	F	Sandri Visser	11	WELL CED	01/12/2019 Western Cape Long Course
45	1:39.03	L	F	Michaela Nell	11	WATR JHB	03/11/2019 CGA All Levels
46	1:39.05	L S	F	Leila Yazbek	11	BLNE MAN	26/11/2019 FS Champs
47*	1:39.15	L	F	Amy O'Connor	11	WATR JHB	03/11/2019 CGA All Levels
47*	1:39.15	L	F	Grace Powell	11	CSC TSH	14/02/2020 NTS February 2020 Age Group Gala
49	1:39.40	L	F	Kingsley Greyling	11	AZON ETH	23/11/2019 KZN TYR Westville Sprints 2019
50	1:39.47	L	F	Hannah Ferreira	11	AEC JHB	03/11/2019 CGA All Levels
51	1:39.76	L	F	Louise Lepront	11	SGUL ETH	12/10/2019 eThekwini Junior Championships 2019
52	1:39.85	L	F	Monique Van Zyl	11	ASAC CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
53	1:39.98	L	F	Samantha Nimb	11	VINE CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
54	1:40.54	L	F	Caitlyn Dube	11	MDOL JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
55	1:40.78	L	F	Nicole Van Zyl	11	DYNA ECU	14/09/2019 EGA Summer 1 2019
56	1:41.16	L	F	Jorja De Beer	11	AQWO CPT	22/02/2020 Swartland Invitational Gala 2
57	1:41.25	L	F	Karmen Van Rensburg	11	UNIN MPD	29/11/2019 Mpumalanga Championships 2019
58	1:41.37	L	P	Emily Macqueen	11	SGUL ETH	12/10/2019 eThekwini Junior Championships 2019
59	1:41.41	L	F	Jade O'Connor	11	CSC TSH	29/11/2019 2019 The Tshwane Mayoral Gala
60	1:42.18	L	F	Sinoah Pretorius	11	TUKS TSH	14/02/2020 NTS February 2020 Age Group Gala
61	1:42.32	L	F	Hannah Naidoo	11	BAYV ETH	28/02/2020 NDSA Gala 2020
62	1:42.55	L	F	Nicola Schwartz	11	HARL BUF	22/11/2019 BCA Long Course Championships 2019
63	1:42.63	L	F	Amy Gerber	11	LAD UTD	21/02/2020 Amajuba District Long Course
64	1:42.79	L	F	Genevieve Christensen	11	ACSA ETH	18/01/2020 eThekwini Age Group Gala 9
65	1:42.95	L	F	Katherine Williams	11	DYNA ECU	15/02/2020 EGA Last Chance Feb 2020
66	1:43.11	L	F	Abby Novos	11	ASAC CPT	29/02/2020 WCA Junior Champs - 2020
67*	1:43.16	L	F	Tehl-Cadi Day Garden	11	BLUO UGD	23/11/2019 KZN TYR Westville Sprints 2019
67*	1:43.16	L	F	Isabella Havemann	11	ASAC CPT	29/02/2020 WCA Junior Champs - 2020
69	1:43.17	L	F	Zoe Green	11	TYGE CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
70	1:43.25	L	F	Jani Borman	11	SWAR WCD	22/02/2020 Swartland Invitational Gala 2
71	1:43.36	L	F	Carmi Schoeman	11	TKS WBD	15/02/2020 Limpopo Age Group 6
72	1:43.42	L	F	Tia Mari Theron	11	CURHK CCD	05/10/2019 Limpopo Age Group 4 & School Champs
73	1:43.57	L	F	Amy Aaron	11	WSTV ETH	28/02/2020 NDSA Gala 2020
74	1:43.60	L	F	Simone Van Aswegen	11	WATR JHB	03/11/2019 CGA All Levels
75	1:43.72	L	F	Ilke Prinsloo	11	INFA NMA	21/02/2020 Infinity Champs LC Gala
76	1:43.89	L	F	Helena Pretorius	11	TKS WBD	29/11/2019 Limpopo Champs
77	1:43.91	L	F	Jenna Coetzee	11	INFA NMA	21/02/2020 Infinity Champs LC Gala
78	1:44.18	L	P	Rachel Hinckley	11	DYNA ECU	05/12/2019 EGA Summer Championships 2019
79	1:44.19	L	F	Zandile Sipuka	11	BEST NMA	26/09/2019 Aquabear Invitational Meet 2019
80	1:44.35	L	F	Me-Kayla Rew	11	TUKS TSH	27/09/2019 NTS September 2019 Age Group Gala
81	1:44.45	L	F	Sisanda Zikhali	11	SGUL ETH	28/02/2020 NDSA Gala 2020
82	1:44.73	L	F	Megan Nieman	11	TUKS TSH	14/02/2020 NTS February 2020 Age Group Gala
83	1:44.82	L	F	Dorette du Plessis	11	MATL KKD	05/12/2019 NWS Championships 2019/2020
84*	1:45.01	L	F	Anne Marais	11	TKS WBD	29/11/2019 Limpopo Champs
84*	1:45.01	L	F	Leane Muller	11	RFA TSH	14/02/2020 NTS February 2020 Age Group Gala
86	1:45.19	L	F	Carme Louw	11	TASC MPD	29/11/2019 Limpopo Champs

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
87	1:45.21	L	F	Naledi Thobeha	11	QUIC CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
88	1:45.30	L	F	Madison Hayes	11	TYGE CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
89	1:45.33	L	F	Jesse-Leah Laderach	11	PEAS NMA	09/11/2019 4th A League
90	1:45.36	L	F	Lily Durant	11	BARR CPT	01/11/2019 38th Freda Barnard Invitational Gala
91	1:45.48	L	F	Aarifah Haffijee	11	PEAS NMA	21/02/2020 Infinity Champs LC Gala
92	1:45.56	L	F	Emily Tsai	11	BLMA CPT	25/01/2020 West Coast Qualify Gala 2020
93	1:45.78	L	F	Jannae De Villiers	11	PRKA PSD	21/02/2020 NCASA Sprints 2020
94	1:45.79	L	F	Anne Steyl	11	PRKA PSD	25/10/2019 Flamingo Aquatics Academy Prestige
95	1:46.02	L	F	Jade Burnand	11	DYNA ECU	05/12/2019 EGA Summer Championships 2019
96	1:46.19	L	F	Cathrijn Davel	11	MWSC NGD	14/09/2019 MP Sprint Gala - 14 September 2019
97	1:46.23	L	F	Judy Stevens	11	AQWO CPT	02/11/2019 Swartland Invitational #1
98	1:46.39	L	F	Megan Webster	11	RFA FSH	12/10/2019 NTS Oct 2019 Age Group Gala
99	1:46.41	L	F	Vera Chen	11	BLSS MAN	25/10/2019 Flamingo Aquatics Academy Prestige
100	1:46.60	L	F	Christi Serfontein	11	QUIC CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
101	1:46.82	L	F	Lienke Van OS	11	BULS MAN	31/01/2020 Neptune Last Chance Gala
102	1:46.98	L	F	Amy Botha	11	BOKS ECU	15/02/2020 EGA Last Chance Feb 2020
103	1:47.14	L	F	Lucy Le Roux	11	ASAW CED	26/09/2019 Aquabear Invitational Meet 2019
104	1:47.29	L	F	Larissa Visagie	11	ASAC CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
105	1:47.33	L	F	Nieke Breytenbach	11	WELA FDD	31/01/2020 Neptune Last Chance Gala
106	1:47.54	L	F	Kate Allwood	11	GREY CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
107	1:47.63	L	F	Corli Liversage	11	BLSS MAN	29/02/2020 SEALS AGE GROUP GALA
108	1:47.80	L	F	Karli Lotter	11	BCA BUF	18/01/2020 CTA INTER DISTRICT PRESTIGE
109	1:47.93	L	F	Gabriella Kirsten	11	PAQU CED	29/02/2020 WCA Junior Champs - 2020
110	1:48.02	L	F	Nicola Olivier	11	HARB BPD	23/11/2019 NWS Age Group 3 2019/20
111	1:48.13	L	F	Kehara Human	11	ASAW CED	02/11/2019 Swartland Invitational #1
112	1:48.22	L	F	Ella van Wyk	11	BARR CPT	01/11/2019 38th Freda Barnard Invitational Gala
113	1:48.38	L	F	Sienna Wilensky	11	ASAC CPT	29/02/2020 WCA Junior Champs - 2020
114	1:48.53	L	F	Emma Lategan	11	CUDU CPT	22/02/2020 Swartland Invitational Gala 2
115	1:48.66	L	P	Logan Terreblanche	11	ESTR ECU	05/12/2019 EGA Summer Championships 2019
116	1:48.72	L	F	Lara Verhoef	11	ASAC CPT	29/02/2020 WCA Junior Champs - 2020
117	1:48.75	L	F	Christina Ou	11	TUKS FSH	29/11/2019 2019 The Tshwane Mayoral Gala
118	1:48.77	L	F	Annika Potgieter	11	NWUC KKD	15/02/2020 NWS Last Chance AG5 1920
119	1:48.80	L	F	Sophie Taylor	11	GREY CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
120	1:48.98	L	F	Jordan Riebeseel	11	SGUL ETH	15/02/2020 KZN Aquatics Level 2 Provincial
121	1:49.00	L	F	Kate Savage	11	VINE CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
122	1:49.07	L	F	Zoe Goebel	11	TYGE CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
123	1:49.17	L S	F	Anri Van Der Westhuizen	11	BLNE MAN	26/11/2019 FS Champs
124	1:49.28	L S	P	Onkaribile Molamu	11	MATL KKD	24/06/2019 Sasol National Winter Championship
125	1:49.34	L	F	Yvonne Pretorius	11	MPS NGD	19/10/2019 T. GOLFINHOS SPRINT 2019-2020
126	1:49.37	L	F	Tatum Renze	11	PEAS NMA	26/09/2019 Aquabear Invitational Meet 2019
127	1:49.43	L	F	Holly Jansens ter laeck	11	KLOO ETH	18/01/2020 eThekweni Age Group Gala 9
128	1:49.58	L	F	Ella Eldar	11	TUKS FSH	14/02/2020 NTS February 2020 Age Group Gala
129	1:49.66	L S	F	Carmen Du Toit	11	PEAS NMA	07/02/2020 5th A League
130	1:49.76	L	F	Kellen McLaren	11	SOUL ECU	15/02/2020 EGA Last Chance Feb 2020
131	1:49.92	L	F	Izaan Meintjes	11	LSKP WBD	05/10/2019 Limpopo Age Group 4 & School Champs
132	1:49.96	L	F	Bridget vd Westhuizen	11	TUKS FSH	29/11/2019 2019 The Tshwane Mayoral Gala
133	1:49.99	L	F	Katelyn Fourie	11	ETTN ECU	17/08/2019 EGA Winter 4 (Soncini) 17.08.19
134	1:50.04	L	P	Kayla Honey	11	SOUL ECU	05/12/2019 EGA Summer Championships 2019
135	1:50.11	L	F	Daniëlla Müller	11	TUKS FSH	13/09/2019 NTS September 2019 Age Group Gala
136	1:50.17	L	P	Kemantha Ayair	11	CROF ETH	12/10/2019 eThekweni Junior Championships 2019
137	1:50.19	L	F	Xanthe Nagel	11	HREF BPD	15/02/2020 NWS Last Chance AG5 1920
138	1:50.22	L	F	Imke Els	11	TYGE CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
139	1:50.40	L	F	Micke De Jager	VR	PSA ZLD	25/01/2020 Ushaka Championship Gala 2020
140	1:50.43	L	F	Storme Badenhorst	11	MANT CPT	22/02/2020 Swartland Invitational Gala 2
141	1:50.46	L	F	Leigh Pijoes	11	BLMA CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
142	1:50.85	L	F	Carine Röntgen	11	SWAR WCD	29/02/2020 WCA Junior Champs - 2020
143	1:50.99	L	F	Jessica Greeff	11	HARL BUF	22/11/2019 BCA Long Course Championships 2019
144	1:51.26	L	F	Megan Van Den Heever	11	GTC EZD	31/01/2020 MP AGE GROUP 4 31 JANUARY - 1
145*	1:51.41	L S	F	Maria Steyn	11	BLSS MAN	26/11/2019 FS Champs

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
145*	1:51.41	L	P	Carmen Wasowicz	11	ESTR	EKU 05/12/2019 EGA Summer Championships 2019
147	1:51.49	L	F	Jessica Bosman	11	QUIC	CPT 29/02/2020 WCA Junior Champs - 2020
148	1:51.56	L	F	Isobel Todd	11	APEX	SSD 14/03/2020 KZNA Level 1 Provincial Champs 2020
149	1:51.58	L	F	Hayley Steyn	11	CSA	EZD 29/11/2019 Mpumalanga Championships 2019
150*	1:51.60	L	P	Christi Swarts	11	JAQ	SDD 05/12/2019 EGA Summer Championships 2019
150*	1:51.60	L	P	Christi Swarts	11	JAQ	SDD 05/12/2019 EGA Summer Championships 2019
152	1:51.66	L	F	Mariel Van Der Net	11	SASOL	FDD 14/09/2019 Fezile Dabi Age Group
153	1:51.70	L	F	Keira Holland	11	CRSC	JHB 15/02/2020 CGA Level 2 Last Chance Gala - Day 1
154	1:51.92	L	F	Amelie Brügers	11	AQWO	CPT 14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
155	1:51.94	L	P	Megan Augustyn	11	ONYX	EKU 05/12/2019 EGA Summer Championships 2019
156	1:52.03	L	F	Daniella Harcus	11	PEAS	NMA 23/08/2019 Madibaz Spring Gala
157*	1:52.15	L	F	Milla Delpont	11	PEAS	NMA 29/11/2019 NMBA Championships 2019
157*	1:52.15	L	F	Kara Fourie	11	BLSS	MAN 25/01/2020 Mangaung Classic Gala 2020
159	1:52.20	L	F	McKayla Moodley	11	BAYV	ETH 28/02/2020 NDSA Gala 2020
160	1:52.21	L	F	Stacey Smith	11	PAC	TSH 29/11/2019 2019 The Tshwane Mayoral Gala
161	1:52.34	L	F	Miana Fourie	11	WSS	FDD 31/01/2020 Neptune Last Chance Gala
162	1:52.47	L S	F	René Kotzé	11	POTC	KKD 24/06/2019 Sasol National Winter Championship
163	1:52.57	L	F	Zoë Cilliers	11	LSN	EZD 11/10/2019 MP AGE GROUP 2 - 11-12 October
164	1:52.80	L	F	Janke Breytenbach	GR	PSA	ZLD 25/01/2020 Ushaka Championship Gala 2020
165	1:52.90	L	F	Simonè Schonken	11	LSTZN	MPD 05/10/2019 Limpopo Age Group 4 & School Champs
166	1:52.93	L	F	Leané Gouws	11	HREF	BPD 05/12/2019 NWS Championships 2019/2020
167	1:53.01	L	F	Alexa Olivier	AR	BLOT	MAN 04/10/2019 Seals Gala
168	1:53.07	L	F	Alida Louw	11	UPTS	ZMD 15/02/2020 NCASA Age Group 5 UPT 2019-2020
169	1:53.10	L	F	Jemma Park	11	CRSC	JHB 03/11/2019 CGA All Levels
170	1:53.21	L	F	Karla Myburgh	11	BEST	NMA 12/10/2019 3rd A League 2019
171	1:53.28	L	F	Samantha Magava	11	UNIQ	JHB 15/02/2020 EGA Last Chance Feb 2020
172	1:53.34	L	F	Tayyibah Sayed	11	DBSC	SDD 15/02/2020 EGA Last Chance Feb 2020
173	1:53.43	L	F	Reabiloe Kodisang	11	CRSC	JHB 03/11/2019 CGA All Levels
174	1:53.45	L	F	Rii Spoelstra	11	TUKS	TSH 13/09/2019 NTS September 2019 Age Group Gala
175	1:53.54	L	F	Abigail Britz	11	TINC	TSH 01/11/2019 NTS November 2019 Age Group Gala
176	1:53.94	L	P	Moya Steer	11	NCDST	ILD 12/10/2019 eThekwini Junior Championships 2019
177	1:53.99	L	F	Shayla Harvey	11	SGUL	ETH 23/11/2019 KZN TYR Westville Sprints 2019
178	1:54.06	L	F	Amy Gulle	11	HARL	BUF 22/11/2019 BCA Long Course Championships 2019
179	1:54.54	L	F	Emma Jansen van Rensburg	11	CSC	TSH 08/03/2020 Aquatics Gauteng Level 1
180	1:54.62	L	F	Micaela Mutooni	11	ELEC	JHB 03/11/2019 CGA All Levels
181*	1:54.66	L	F	Lana Viljoen	11	CSC	TSH 14/02/2020 NTS February 2020 Age Group Gala
181*	1:54.66	L	F	Su-Li Underdown	11	STAR	BPD 15/02/2020 NWS Last Chance AG5 1920
183	1:54.70	L	F	Aniela Wenhold	11	RBUR	BPD 05/12/2019 NWS Championships 2019/2020
184	1:54.81	L	F	Kate Rankin	11	IND	NGD 14/03/2020 MP LEVEL 1 INTRA PROVINCIAL SWIM
185	1:54.89	L	F	Mieke Van Der Walt	11	FISH	EDD 08/02/2020 EDEN 5th A-League Gala 2020
186	1:54.91	L	F	Dhenika Chetty	11	BEAV	ETH 14/03/2020 KZNA Level 1 Provincial Champs 2020
187	1:55.00	L	F	Richelle Rothmann	11	AQU	ADJ 21/02/2020 Amajuba District Long Course
188	1:55.33	L	F	Emma Thiersen	11	PEAS	NMA 14/06/2019 PEA Winter Gala
189	1:55.51	L	F	Logan Francke	11	RBOT	NW 19/10/2019 NWS Age Group 1 1920
190	1:55.52	L	P	Xandri Els	11	BEAV	ETH 12/10/2019 eThekwini Junior Championships 2019
191	1:55.56	L	P	Alexandra Houniet	11	MAC	EKU 05/12/2019 EGA Summer Championships 2019
192	1:55.58	L	F	Milri-Ann Summerton	11	MATL	KKD 19/10/2019 NWS Age Group 1 1920
193	1:55.80	L	F	Nisa Da Silva	11	TUKS	TSH 14/02/2020 NTS February 2020 Age Group Gala
194	1:55.94	L	F	Leeya Amon	11	TYGE	CPT 25/01/2020 CTA TYR QUALIFYING GALA #3
195	1:56.03	L	F	Ella Stacey	11	AA	JHB 18/01/2020 CGA Last Chance Level 3-SANJ gala
196	1:56.13	L	F	Gia Lazzari	11	TUKS	TSH 17/01/2020 NTS January 2020 Age Group Gala
197*	1:56.18	L	F	Jenna Grove	11	SEAL	UMD 15/02/2020 KZN Aquatics Level 2 Provincial
197*	1:56.18	L	F	Hanrike Barnard	11	FSAC	BPD 23/11/2019 NWS Age Group 3 2019/20
199	1:56.21	L	F	Cait Da Cunha	11	BON	JHB 03/11/2019 CGA All Levels
200	1:56.28	L	F	Sarah Lourens	11	ELIT	JHB 15/02/2020 CGA Level 2 Last Chance Gala - Day 1
201	1:56.31	L	F	Jane Glutz	11	AQU	ADJ 21/02/2020 Amajuba District Long Course
202	1:56.37	L	F	Chanè Grobbelaar	11	SWAR	WCD 25/01/2020 West Coast Qualify Gala 2020
203	1:56.43	L	F	Michaela Mitchley	11	KTS	JTD 21/02/2020 NCASA Sprints 2020
204	1:56.46	L	P	Chloe Olivier	11	SOUL	EKU 05/12/2019 EGA Summer Championships 2019

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
205	1:56.59	L	F	Nokwanda Nzuza	11	TMAC	ETH	15/02/2020 KZN Aquatics Level 2 Provincial
206	1:56.75	L	F	Teagan Hamer	11	INFA	NMA	21/02/2020 Infinity Champs LC Gala
207	1:56.81	L S	F	Tayler Ririe	11	BLSS	MAN	26/11/2019 FS Champs
208	1:56.84	L	F	Eva Joannou	11	WRC	MPD	29/02/2020 MP AGE GROUP 6 - 29 FEBRUARY
209	1:56.88	L	P	Miriam Bihlmaier	11	DBSC	SDD	05/12/2019 EGA Summer Championships 2019
210	1:56.91	L	F	Chloe Petersen	11	TUKS	FSH	14/02/2020 NTS February 2020 Age Group Gala
211	1:56.99	L	F	Buhle Mahlalela	11	UNIN	MPD	14/03/2020 MP LEVEL 1 INTRA PROVINCIAL SWIM
212	1:57.13	L	F	Sibongakonke Mchunu	11	TMAC	ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
213	1:57.48	L	F	Lenya Price	11	DYNA	EKU	12/10/2019 NTS Oct 2019 Age Group Gala
214	1:57.76	L	P	Ilanthy Moolman	11	MWSC	NGD	29/11/2019 Mpumalanga Championships 2019
215	1:57.86	L	F	Emily Liebenberg	11	SWAR	WCD	24/08/2019 Winelands Senior League 2 - 24Aug
216	1:57.89	L	F	Taylor-Blake Van Tonder	11	ROA	EDD	01/11/2019 38th Freda Barnard Invitational Gala
217	1:57.95	L S	F	Abigail Cullen	11	WELA	FDD	26/11/2019 FS Champs
218	1:58.06	L	F	Saskia Gofman	11	ASAC	CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
219	1:58.33	L	F	Mia Bruwer	11	SS	MPD	15/02/2020 Limpopo Age Group 6
220	1:58.63	L	F	Lelanie Buhr	11	SWAR	WCD	02/11/2019 Swartland Invitational #1
221	1:58.86	L	F	Blessing Nkuna	11	LSTZN	MPD	05/10/2019 Limpopo Age Group 4 & School Champs
222	1:59.33	L	F	Ivana Vyncke	TR	PSA	ZLD	21/02/2020 Amajuba District Long Course
223	1:59.42	L	F	Chloe Van loggerenberg	11	BAR	EZD	29/02/2020 MP AGE GROUP 6 - 29 FEBRUARY
224	1:59.47	L	F	Olesego Molemo	11	UNIQ	JHB	15/02/2020 EGA Last Chance Feb 2020
225	1:59.60	L	F	Taegon Gunkel	11	BEAV	ETH	28/02/2020 NDSA Gala 2020
226	1:59.66	L	F	Jaime Maritz	11	NSAD	EZD	17/01/2020 MP AGE GROUP 3 17 - 18 JANUARY
227	1:59.67	L	F	Mia De Klerk	11	FINS	EZD	29/02/2020 MP AGE GROUP 6 - 29 FEBRUARY
228	1:59.68	L	P	Caitlyn Govender	11	SGUL	ETH	12/10/2019 eThekweni Junior Championships 2019
229	1:59.84	L	F	Keera De Esclana	11	VRC	FSH	12/10/2019 NTS Oct 2019 Age Group Gala
230	2:00.02	L	F	Abigail Scheffer	11	PAC	FSH	30/08/2019 NTS August 2019 Age Group Gala Level
231	2:00.03	L	F	Kuzingca Siramza	11	CAMB	BUF	26/10/2019 1st B Age Group Gala & EC Schools
232*	2:00.10	L	F	Macy Hains	11	PEAS	NMA	26/09/2019 Aquabear Invitational Meet 2019
232*	2:00.10	L	F	Láne Fouché	11	HREF	BPD	05/12/2019 NWS Championships 2019/2020
234	2:00.26	L	F	Sian Kleynhans	11	KALA	JTD	15/02/2020 NCASA Age Group 5 KTU 2019-2020
235	2:00.32	L	F	June Erasmus	11	RFA	FSH	08/03/2020 Aquatics Gauteng Level 1
236	2:00.38	L	F	Isabella Day	11	BEAV	ETH	28/02/2020 NDSA Gala 2020
237	2:00.48	L	F	Sinalo Ndlovu	11	UMSH	ETH	15/02/2020 KZN Aquatics Level 2 Provincial
238	2:00.52	L	F	Kelly Stork	11	MAC	EKU	17/08/2019 EGA Winter 4 (Soncini) 17.08.19
239	2:00.69	L	F	Jessica Mc Ardle	11	WSS	FDD	14/03/2020 FSA Level 1 2020
240	2:00.77	L	F	Emma Rossouw	11	QUIC	CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
241	2:00.84	L	F	Cecile Scheepers	11	WELA	FDD	31/01/2020 Neptune Last Chance Gala
242	2:00.87	L	F	Leandri Venter	11	RBOT	NW	19/10/2019 NWS Age Group 1 1920
243	2:01.04	L	F	Amy Burrell	11	PEAS	NMA	12/10/2019 3rd A League 2019
244	2:01.38	L	F	Mieka Wichmann	11	PSCP	UMD	15/02/2020 KZN Aquatics Level 2 Provincial
245	2:01.49	L	F	Leila Schenk	11	CPS	BUF	14/03/2020 BCA Level 1 Gala 2020
246	2:01.85	L	F	Kayla Scheepers	11	PEAS	NMA	26/09/2019 Aquabear Invitational Meet 2019
247	2:01.87	L	F	Claire Van Wyk	11	BLMA	CPT	25/01/2020 West Coast Qualify Gala 2020
248	2:02.44	L	F	Elizabeth Opperman	11	KTS	JTD	15/02/2020 NCASA Age Group 5 KTU 2019-2020
249	2:02.54	L	F	Zianè Jantzen	11	QUIC	CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
250	2:02.63	L	F	Kendra Matthysen	11	MARL	CPT	25/01/2020 CTA TYR QUALIFYING GALA #3
251	2:02.83	L	F	Emma Swart	11	KNYD	EDD	06/12/2019 Eden LC Champs 2019
252	2:03.09	L	F	Gabrielle Kramer	11	PEAS	NMA	12/10/2019 3rd A League 2019
253	2:03.19	L	F	Kimberley Strong	11	KALA	JTD	15/02/2020 NCASA Age Group 5 KTU 2019-2020
254	2:03.22	L	F	ANDREA MACHELM	11	FISHS	EDD	01/11/2019 38th Freda Barnard Invitational Gala
255	2:03.25	L	F	Nina Van Reenen	11	GREY	CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
256	2:03.29	L	P	Esther Sauls	11	BENS	EKU	05/12/2019 EGA Summer Championships 2019
257	2:04.36	L	F	Ayanke Stander	11	ASAW	CED	29/02/2020 WCA Junior Champs - 2020
258	2:04.41	L	F	Chrisley Barnard	11	WSS	FDD	09/11/2019 Bull-Sharks 2019
259	2:04.54	L	F	Neeshaan Sallie	11	PEAS	NMA	14/09/2019 2nd A League 14/9/2019
260	2:05.10	L	F	Chrystil Raymond	11	UNIN	MPD	11/10/2019 MP AGE GROUP 2 - 11-12 October
261	2:05.18	L	F	Michaela Blaine	11	PEAS	NMA	21/02/2020 Infinity Champs LC Gala
262	2:05.19	L	F	Kayleigh Hahn	11	ROJ	EDD	01/11/2019 38th Freda Barnard Invitational Gala
263	2:05.40	L	F	Hannah Rogan	11	DBSC	SDD	14/09/2019 EGA Summer 1 2019

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
264	2:05.49	L	F	Leia Braithwaite	11	SGUL	ETH	06/07/2019	eThekwini Age Group Gala 2
265	2:05.53	L	F	Ghia-Lorèn Grobler	11	BLMA	CPT	02/11/2019	Swartland Invitational #1
266	2:05.84	L	F	Zoe Ann Kruger	11	AQU	ADJ	21/02/2020	Amajuba District Long Course
267	2:05.90	L	F	Katia Dias	11	BON	JHB	03/11/2019	CGA All Levels
268	2:05.94	L	P	Gabriella Fotheringham	11	SOUL	EKU	05/12/2019	EGA Summer Championships 2019
269	2:05.95	L	F	Noa Mullin	11	HWSK	FBD	15/02/2020	NCASA Age Group 5 KBY 2019-2020
270	2:06.15	L	F	Anja Koen	11	HARB	BPD	23/11/2019	NWS Age Group 3 2019/20
271	2:06.74	L	F	Donne Bruyns	11	NSA	EZD	31/01/2020	MP AGE GROUP 4 31 JANUARY - 1
272	2:06.78	L	P	Lana Koegelenberg	11	CARN	EKU	05/12/2019	EGA Summer Championships 2019
273	2:07.13	L	F	Giselle Kemper	11	CYBE	CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
274	2:07.66	L	F	Eli Matoti	11	VIKI	BUF	22/11/2019	BCA Long Course Championships 2019
275	2:07.84	L	F	Marne Pretorius	11	WRC	MPD	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
276	2:08.20	L	F	Jaime Schweitzer	AR	BLOT	MAN	04/10/2019	Seals Gala
277	2:09.03	L	F	Anè Kemp	11	SWAR	WCD	22/02/2020	Swartland Invitational Gala 2
278	2:09.13	L	F	Ilanze du Plessis	11	BULS	MAN	29/02/2020	SEALS AGE GROUP GALA
279	2:09.17	L	F	Izabella Alevras	11	QUES	JHB	29/11/2019	2019 The Tshwane Mayoral Gala
280	2:09.24	L	F	Danelle Conradie	11	HWSK	FBD	16/11/2019	NCASA Age Group 3 2019 KBY
281	2:09.28	L	F	Refilwe Makudubele	11	SWAG	KKD	05/12/2019	NWS Championships 2019/2020
282	2:09.83	L	F	Kyra Alexander	11	TYGE	CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
283	2:10.29	L	F	Elizabeth Du Plessis	11	SWAR	WCD	25/01/2020	West Coast Qualify Gala 2020
284	2:10.36	L	F	Selente Oosthuysen	11	HARB	BPD	05/12/2019	NWS Championships 2019/2020
285	2:10.49	L	F	Ebenette Van Niekerk	11	FISHS	EDD	01/11/2019	38th Freda Barnard Invitational Gala
286	2:10.51	L	P	Nicole Norman	11	RPAC	EKU	05/12/2019	EGA Summer Championships 2019
287	2:10.57	L	F	Jaimee-Lee Marais	11	SWIFT	EKU	14/09/2019	EGA Summer 1 2019
288	2:10.67	L	F	Katya Botha	11	BOKS	EKU	15/02/2020	EGA Last Chance Feb 2020
289	2:10.85	L	F	Chrisna Du Plessis	11	KALA	JTD	15/02/2020	NCASA Age Group 5 KTU 2019-2020
290	2:11.19	L S	F	Rienke Blignaut	11	WSS	FDD	26/11/2019	FS Champs
291	2:11.30	L	P	Robyn Barbour	11	ESP	EKU	05/12/2019	EGA Summer Championships 2019
292	2:11.50	L	F	Esti Mouton	11	SWAR	WCD	25/01/2020	West Coast Qualify Gala 2020
293	2:11.55	L	F	Shannon Rautenbach	11	WRC	MPD	29/02/2020	MP AGE GROUP 6 - 29 FEBRUARY
294	2:12.32	L	F	Zelmari van der Walt	11	AQU	ADJ	26/10/2019	Amajuba District Age Group 1
295	2:12.38	L	F	Nicole White	11	LSKP	WBD	05/10/2019	Limpopo Age Group 4 & School Champs
296	2:12.69	L	F	Lusanda Shabalala	11	TMAC	ETH	28/02/2020	NDSA Gala 2020
297	2:13.15	L S	P	Alandri Krause	11	WSS	FDD	24/06/2019	Sasol National Winter Championship
298	2:13.38	L	F	Jaimee-Lee Wenham	11	SGUL	ETH	06/07/2019	eThekwini Age Group Gala 2
299	2:13.60	L	F	Lara Wink	11	AQWO	CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
300	2:13.72	L	F	Madison Markovic	11	MATL	KKD	05/12/2019	NWS Championships 2019/2020
301	2:13.87	L	F	Jessica Carrol	11	BLMA	CPT	02/11/2019	Swartland Invitational #1
302	2:14.43	L	F	Jocke Coetzee	11	KALA	JTD	16/11/2019	NCASA Age Group 3 2019 KTU
303	2:14.60	L	F	Shyenne Laubcher	11	WSS	FDD	14/03/2020	FSA Level 1 2020
304	2:15.31	L	F	Jade Schaller	11	ISSC	NMD	19/10/2019	NWS Age Group 1 1920
305	2:15.48	L	F	Lungiswa Grootboom	11	SWAR	WCD	24/08/2019	Winelands Senior League 2 - 24Aug
306	2:15.87	L	F	Hannah Watson	11	SGUL	ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
307	2:16.34	L	F	Zoie Cloete	11	CLSC	WCD	22/02/2020	Swartland Invitational Gala 2
308	2:16.54	L	F	Leah Crozier	11	FAAC	FBD	08/11/2019	NCASA Age Group 2 KBY 2019
309	2:16.72	L	F	Alea Du Toit	11	BLMA	CPT	02/11/2019	Swartland Invitational #1
310	2:16.78	L	F	Lutfiyya Sheik	11	AQSC	UMD	14/03/2020	KZNA Level 1 Provincial Champs 2020
311	2:16.99	L	F	Elena Frangou	11	BLSS	MAN	04/10/2019	Seals Gala
312	2:17.06	L S	P	Ashley Seymour	11	WSS	FDD	24/06/2019	Sasol National Winter Championship
313	2:17.07	L	F	Mpumelelo Mthandi	11	BLMA	CPT	25/01/2020	West Coast Qualify Gala 2020
314	2:17.11	L	F	Storm Cloete	11	MDOL	JHB	18/01/2020	CGA Last Chance Level 3-SANJ gala
315	2:17.28	L	F	Lehanra Greeff	11	HREF	BPD	23/11/2019	NWS Age Group 3 2019/20
316	2:18.07	L	F	Sinakhokonke Nene	11	UMSH	ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
317	2:18.34	L	P	Olivia Van der Nest	11	NSAD	EZD	29/11/2019	Mpumalanga Championships 2019
318	2:18.37	L	F	Jacoline Crous	11	SWAR	WCD	25/01/2020	West Coast Qualify Gala 2020
319	2:18.68	L S	P	Paxton Rankin	11	TLAC	BPD	24/06/2019	Sasol National Winter Championship
320	2:18.74	L	F	Caitlyn Olkers	11	CUDU	CPT	25/01/2020	CTA TYR QUALIFYING GALA #3
321	2:18.83	L	F	Abby Tribe	11	TCA	EKU	14/09/2019	EGA Summer 1 2019
322	2:18.98	L	F	Bokamoso Imasiku	11	TLAC	BPD	05/12/2019	NWS Championships 2019/2020

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
323	2:19.02	L	F	Delinda Serfontein	11	VALS FDD	16/11/2019 Fezile Dabi Age Group November 2019
324	2:19.58	L	F	Catherine O'Grady	11	EXA EZD	14/03/2020 MP LEVEL 1 INTRA PROVINCIAL SWIM
325	2:20.13	L	F	Mignon Burger	11	SWAR WCD	25/01/2020 West Coast Qualify Gala 2020
326	2:20.39	L	F	Nazeeha Norath	11	TUKS TSH	16/08/2019 NTS August 2019 Age Group Gala Level
327	2:21.09	L	F	Helena Van Vuuren	11	KALA JTD	05/12/2019 NCASA Champs Dec 2019
328	2:22.27	L	F	Karla Odendaal	11	TYGE CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
329	2:22.30	L	F	Nomthandazo Madonda	11	UMSH ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
330	2:22.75	L	F	Theresa Du Plooy	11	LSPHA MPD	05/10/2019 Limpopo Age Group 4 & School Champs
331	2:27.14	L	F	Mia Crookham	11	TYGE CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
332	2:27.31	L	F	Esona Gongo	11	UWCA CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
333	2:29.91	L	F	Annari Blygnaut	11	WSS FDD	14/03/2020 FSA Level 1 2020
334	2:35.33	L	F	Hananje Pretorius	11	UPTS ZMD	21/02/2020 NCASA Sprints 2020
335	2:35.86	L	F	Diya Rooplal	11	PHOE JHB	14/03/2020 KZNA Level 1 Provincial Champs 2020
336	2:56.59	L	F	Amahle Ngubane	11	UMSH ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
Women 11-11 200 Breast							
1	3:00.85	L	F	Maryse Magnee	11	PEAS NMA	29/11/2019 NMBA Championships 2019
2	3:04.61	L S	F	Lilly Shaw	11	BEAV ETH	17/12/2019 KZNA Premier Provincial Championship
3	3:05.15	L	F	Madison du Plessis	CR	BLOT MAN	05/12/2019 NCASA Champs Dec 2019
4	3:06.43	L	F	Lara Gouws	11	NWS	01/02/2020 NTS Invitational Gala 2020
5	3:12.17	L	F	Alika Vd Merwe	11	NWS	01/02/2020 NTS Invitational Gala 2020
6	3:13.35	L	F	Savannah Mostert	11	NWS	01/02/2020 NTS Invitational Gala 2020
7	3:14.83	L	F	Athina Mc Colgan	11	JSA JHB	18/01/2020 CGA Last Chance Level 3-SANJ gala
8	3:15.31	L	F	Simone Vd Merwe	11	PAQU CED	01/12/2019 Western Cape Long Course
9	3:17.18	L	F	Mareza Frylinck	11	BLSS MAN	29/02/2020 SEALS AGE GROUP GALA
10	3:18.08	L	F	Mieke Vd Wal	11	BARR CPT	01/12/2019 Western Cape Summer Championships
11	3:18.29	L S	F	Emily Mc Laren	11	SGUL ETH	17/12/2019 KZNA Premier Provincial Championship
12	3:18.55	L	F	Chloe Watson	11	PEAS NMA	29/11/2019 NMBA Championships 2019
13	3:19.36	L	F	Kathleen Welsh	11	MWAS NGD	29/11/2019 Mpumalanga Championships 2019
14	3:20.13	L	F	Christie Piguet	11	SWIM1 JHB	05/12/2019 CGA Championships 2019
15	3:20.25	L	F	Kiera Ruane	11	NWS	01/02/2020 NTS Invitational Gala 2020
16	3:20.62	L	F	Angel Williams	11	REDAQ CPT	01/12/2019 Western Cape Summer Championships
17	3:21.94	L	F	Amy O'Connor	11	WATR JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
18	3:23.06	L	F	Kayla Gous	11	USC BUF	25/01/2020 BCA January Age Group Gala 2020
19	3:23.77	L	F	Jessica Sardinha	11	MDOL JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
20	3:24.55	L	F	Giuliana Raccanello	11	DYNA ECU	15/02/2020 EGA Last Chance Feb 2020
21	3:26.03	L	F	Liza Schoeman	11	RBOT BPD	05/12/2019 NWS Championships 2019/2020
22	3:26.58	L	F	Elizabeth Victor	11	GTC EZD	29/02/2020 MP AGE GROUP 6 - 29 FEBRUARY
23	3:26.72	L	F	Suzanne Walsh	11	SAAW CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
24	3:27.31	L	F	Jodi Boettger	11	USC BUF	25/01/2020 BCA January Age Group Gala 2020
25	3:27.90	L	F	Ruth Dredge	11	PAC TSH	14/02/2020 NTS February 2020 Age Group Gala
26	3:28.02	L	F	Kayla Verbaan	11	KLOO ETH	15/02/2020 KZN Aquatics Level 2 Provincial
27	3:30.09	L	F	Zine Mostert	11	WATR JHB	05/12/2019 CGA Championships 2019
28	3:30.45	L	F	Amy Combrink	11	VINE CPT	01/12/2019 Western Cape Long Course
29	3:30.55	L	F	Sandri Visser	11	WELL CED	19/10/2019 Winelands Senior League 4 - 19 Oct
30	3:31.91	L S	F	Elisha Perumal	11	BAYV ETH	17/12/2019 KZNA Premier Provincial Championship
31	3:32.40	L	F	Paige Jacobs	11	FAAC FBD	05/12/2019 NCASA Champs Dec 2019
32	3:32.75	L	F	Monique Van Zyl	11	ASAC CPT	29/02/2020 WCA Junior Champs - 2020
33	3:32.83	L	F	Nicole Van Zyl	11	DYNA ECU	15/02/2020 EGA Last Chance Feb 2020
34	3:33.22	L	F	Veronique Riekert	11	TUKS TSH	30/08/2019 NTS August 2019 Age Group Gala Level
35	3:33.29	L	F	Gabriella Van Den Berg	11	ELEC JHB	22/02/2020 CGA Level 2 Last Chance Gala - Day 1
36	3:33.88	L	F	Jani Borman	11	SWAR WCD	22/02/2020 Swartland Invitational Gala 2
37	3:34.30	L	F	Sinoah Pretorius	11	TUKS TSH	29/11/2019 2019 The Tshwane Mayoral Gala
38	3:34.31	L	F	Samantha Nimb	11	VINE CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
39	3:34.68	L	F	Jana Vorster	11	TRAZ TSH	17/01/2020 NTS January 2020 Age Group Gala
40	3:34.74	L	F	Carmi Schoeman	11	TKS WBD	29/11/2019 Limpopo Champs
41	3:34.96	L S	F	Karla Myburgh	11	BEST NMA	07/02/2020 5th A League
42	3:35.28	L S	P	Ayanda Ntaka	11	UMSH ETH	17/12/2019 KZNA Premier Provincial Championship
43	3:35.69	L	F	Louise Lepront	11	SGUL ETH	26/10/2019 eThekweni Age Group Gala 7
44	3:35.79	L	F	Jade O'Connor	11	CSC TSH	14/02/2020 NTS February 2020 Age Group Gala

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
45	3:36.11	L	F	Georgia Gouws	11	BEST NMA	29/11/2019	NMBA Championships 2019
46	3:36.16	L	F	Janca Hattingh	11	NSA EZD	29/02/2020	MP AGE GROUP 6 - 29 FEBRUARY
47	3:36.21	L	F	Anastasia Sequeira	11	MDOL JHB	05/12/2019	CGA Championships 2019
48	3:36.35	L	F	Zoe Green	11	TYGE CPT	01/12/2019	Western Cape Summer Championships
49	3:36.88	L S	F	Scarlett Le Roux	11	SOUL EKU	05/12/2019	EGA Summer Championships 2019
50	3:37.14	L	F	Kingsley Greyling	11	AZON ETH	26/10/2019	eThekwini Age Group Gala 7
51	3:37.35	L	F	Simone Van Aswegen	11	WATR JHB	05/12/2019	CGA Championships 2019
52	3:37.71	L S	F	Leila Yazbek	11	BLNE MAN	26/11/2019	FS Champs
53	3:37.84	L S	F	Leandre Voigt	11	VALS FDD	26/11/2019	FS Champs
54	3:37.94	L	F	Lily Durant	11	BARR CPT	01/12/2019	Western Cape Long Course
55	3:38.39	L	F	Chloe Jewell	11	PEAS NMA	26/09/2019	Aquabear Invitational Meet 2019
56	3:38.55	L	F	Michaela Nell	11	WATR JHB	18/01/2020	CGA Last Chance Level 3-SANJ gala
57	3:38.73	L	F	Dorette du Plessis	11	MATL KKD	09/11/2019	NWS Age Group 2 1920
58	3:38.93	L	F	Layla Reynecke	11	SGUL ETH	28/02/2020	NDSA Gala 2020
59	3:39.82	L	F	Addison Bailey	11	WATR JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
60	3:40.14	L	F	Rachel Hinckley	11	DYNA EKU	19/10/2019	EGA Summer 3 2019
61	3:41.22	L	F	Caitlyn Dube	11	MDOL JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1
62	3:41.59	L S	F	Vera Chen	11	BLSS MAN	26/11/2019	FS Champs
63	3:42.13	L	F	Tia Mari Theron	11	CURHK CCD	05/10/2019	Limpopo Age Group 4 & School Champs
64	3:42.42	L	F	Helena Pretorius	11	TKS WBD	29/11/2019	Limpopo Champs
65	3:42.54	L	F	Larissa Visagie	11	ASAC CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
66	3:42.92	L	F	Emily Tsai	11	BLMA CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
67	3:43.90	L	F	Jannae De Villiers	11	PRKA PSD	21/02/2020	NCASA Sprints 2020
68	3:43.96	L	F	Jordan Riebeseel	11	SGUL ETH	08/02/2020	eThekwini Age Group Gala 10
69	3:44.92	L	F	Hannah Naidoo	11	BAYV ETH	08/02/2020	eThekwini Age Group Gala 10
70	3:45.53	L	F	Christi Serfontein	11	QUIC CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
71	3:45.81	L	F	Megan Nieman	11	TUKS TSH	29/11/2019	2019 The Tshwane Mayoral Gala
72	3:45.94	L	F	Yvonne Pretorius	11	MWSC NGD	11/10/2019	MP AGE GROUP 2 - 11-12 October
73	3:45.96	L	F	Lucy Le Roux	11	ASAW CED	26/09/2019	Aquabear Invitational Meet 2019
74	3:46.07	L	F	Abby Novos	11	ASAC CPT	29/02/2020	WCA Junior Champs - 2020
75	3:46.42	L S	F	Katherine Williams	11	DYNA EKU	05/12/2019	EGA Summer Championships 2019
76	3:46.52	L	F	Nicola Schwartz	11	HARL BUF	22/11/2019	BCA Long Course Championships 2019
77	3:46.59	L	F	Sienna Wilensky	11	ASAC CPT	29/02/2020	WCA Junior Champs - 2020
78	3:47.28	L	F	Nicola Olivier	11	HARB BPD	05/12/2019	NWS Championships 2019/2020
79	3:47.45	L	F	Me-Kayla Rew	11	TUKS TSH	16/08/2019	NTS August 2019 Age Group Gala Level
80	3:47.65	L	F	Zia Petersen	11	XSAQ CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
81	3:47.93	L	F	Daniëlla Müller	11	TUKS TSH	14/02/2020	NTS February 2020 Age Group Gala
82	3:48.36	L	F	Maria Steyn	11	BLSS MAN	29/02/2020	SEALS AGE GROUP GALA
83	3:48.84	L	F	Megan Webster	11	RFA TSH	29/11/2019	2019 The Tshwane Mayoral Gala
84	3:48.95	L S	F	Carmen Du Toit	11	PEAS NMA	07/02/2020	5th A League
85	3:49.49	L	F	Anne Marais	11	TKS WBD	29/11/2019	Limpopo Champs
86	3:49.58	L	F	Corli Liversage	11	BLSS MAN	29/02/2020	SEALS AGE GROUP GALA
87	3:49.85	L S	F	Anri Van Der Westhuizen	11	BLNE MAN	26/11/2019	FS Champs
88	3:50.43	L	F	René Kotzé	11	POTC KKD	09/11/2019	NWS Age Group 2 1920
89	3:50.81	L	F	Tayla Dowie	11	FLOD JHB	22/02/2020	CGA Level 2 Last Chance Gala - Day 1
90	3:50.88	L	F	Anne Steyl	11	PRKA PSD	05/12/2019	NCASA Champs Dec 2019
91	3:50.90	L	F	Madison Hayes	11	TYGE CPT	22/02/2020	Swartland Invitational Gala 2
92	3:50.94	L	F	Bridget vd Westhuizen	11	TUKS TSH	29/11/2019	2019 The Tshwane Mayoral Gala
93	3:51.17	L	F	Ella van Wyk	11	BARR CPT	01/11/2019	38th Freda Barnard Invitational Gala
94	3:51.28	L	F	Jesse-Leah Laderach	11	PEAS NMA	14/06/2019	PEA Winter Gala
95	3:52.21	L	F	Kayla Honey	11	SOUL EKU	15/02/2020	EGA Last Chance Feb 2020
96	3:52.55	L	F	Zandile Sipuka	11	BEST NMA	26/09/2019	Aquabear Invitational Meet 2019
97	3:52.85	L	F	Stacey Smith	11	PAC TSH	14/02/2020	NTS February 2020 Age Group Gala
98	3:52.92	L	F	McKayla Moodley	11	BAYV ETH	08/02/2020	eThekwini Age Group Gala 10
99	3:53.11	L	F	Lara Verhoef	11	ASAC CPT	29/02/2020	WCA Junior Champs - 2020
100	3:53.73	L	F	Onkaribile Molamu	11	MATL KKD	24/06/2019	Sasol National Winter Championship
101	3:54.32	L	F	Milla Delport	11	PEAS NMA	23/08/2019	Madibaz Spring Gala
102	3:55.58	L	F	Isobel Todd	11	APEX SSD	14/03/2020	KZNA Level 1 Provincial Champs 2020
103	3:55.76	L	F	Shayla Harvey	11	SGUL ETH	08/02/2020	eThekwini Age Group Gala 10

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
104	3:55.80	L	F	Jessica Bosman	11	QUIC	CPT 29/02/2020 WCA Junior Champs - 2020
105	3:56.57	L	F	Kemantha Ayair	11	CROF	ETH 15/02/2020 KZN Aquatics Level 2 Provincial
106	3:56.63	L	F	Amy Gulle	11	HARL	BUF 22/11/2019 BCA Long Course Championships 2019
107	3:57.81	L	F	Simonè Schonken	11	SS	MPD 29/11/2019 Limpopo Champs
108	3:58.06	L	F	Imke Els	11	TYGE	CPT 04/10/2019 CTA TYR QUALIFYING GALA #2
109	3:59.26	L	F	Kehara Human	11	ASAW	CED 19/10/2019 Winelands Senior League 4 - 19 Oct
110	4:00.25	L S	F	Amy Botha	11	BOKS	EKU 05/12/2019 EGA Summer Championships 2019
111	4:01.87	L	F	Daniella Harcus	11	PEAS	NMA 09/11/2019 4th A League
112	4:02.57	L S	F	Lana Koegelenberg	11	CARN	EKU 05/12/2019 EGA Summer Championships 2019
113	4:03.15	L S	F	Emma Thiersen	11	PEAS	NMA 07/02/2020 5th A League
114	4:03.58	L	F	Reabiloe Kodisang	11	CRSC	JHB 05/12/2019 CGA Championships 2019
115	4:03.71	L	F	Anya Fernando	11	SASE	JHB 05/12/2019 CGA Championships 2019
116	4:03.75	L S	F	Alexa Olivier	AR	BLOT	MAN 26/11/2019 FS Champs
117	4:04.47	L	F	Zianè Jantzen	11	QUIC	CPT 22/02/2020 Swartland Invitational Gala 2
118	4:04.73	L	F	Esther Sauls	11	BENS	EKU 19/10/2019 EGA Summer 3 2019
119	4:04.78	L S	F	Alexandra Houniet	11	MAC	EKU 05/12/2019 EGA Summer Championships 2019
120	4:04.81	L	F	Jessica Greeff	11	HARL	BUF 21/02/2020 BCA 2nd Feb Age Group Gala 2020
121	4:04.95	L	F	Hanrike Barnard	11	FSAC	BPD 09/11/2019 NWS Age Group 2 1920
122	4:05.35	L	F	Milri-Ann Summerton	11	MATL	KKD 05/12/2019 NWS Championships 2019/2020
123*	4:05.44	L S	F	Christi Swarts	11	JAQ	SDD 05/12/2019 EGA Summer Championships 2019
123*	4:05.44	L S	F	Christi Swarts	11	JAQ	SDD 05/12/2019 EGA Summer Championships 2019
125	4:06.37	L	F	Chanè Grobbelaar	11	SWAR	WCD 22/02/2020 Swartland Invitational Gala 2
126	4:06.47	L	F	Annika Potgieter	11	NWUC	KKD 05/12/2019 NWS Championships 2019/2020
127	4:06.82	L	F	Jenna Grove	11	SEAL	UMD 14/03/2020 KZNA Level 1 Provincial Champs 2020
128	4:07.12	L	F	Paige Edmundson	11	SASE	JHB 05/12/2019 CGA Championships 2019
129	4:07.48	L	F	Logan Francke	11	RBOT	BPD 05/12/2019 NWS Championships 2019/2020
130	4:07.96	L	F	Su-Li Underdown	11	STAR	BPD 15/02/2020 NWS Last Chance AG5 1920
131	4:08.37	L	F	Kelly Stork	11	MAC	EKU 15/02/2020 EGA Last Chance Feb 2020
132	4:09.38	L	F	Lenya Price	11	DYNA	EKU 12/10/2019 NTS Oct 2019 Age Group Gala
133	4:10.01	L	F	Sanri Rossouw	11	POTC	KKD 18/01/2020 NWS Age Group 4 1920
134	4:10.10	L	F	Miriam Bihlmaier	11	DBSC	SDD 15/02/2020 EGA Last Chance Feb 2020
135	4:11.68	L S	F	Tayler Ririe	11	BLSS	MAN 26/11/2019 FS Champs
136	4:11.85	L	F	Keira Holland	11	CRSC	JHB 05/12/2019 CGA Championships 2019
137	4:12.29	L	P	Mariel Van Der Net	11	SASOL	FDD 24/06/2019 Sasol National Winter Championship
138	4:12.61	L S	F	Amy Burrell	11	PEAS	NMA 07/02/2020 5th A League
139	4:12.87	L	F	Deoné Borstlap	11	POTC	KKD 05/12/2019 NWS Championships 2019/2020
140	4:12.98	L	F	Madisynn Elliott	11	LINR	JHB 12/10/2019 CGA Level 1,2,3, SANJ Gala
141	4:14.78	L	F	Suzanne Venter	11	TYGE	CPT 09/11/2019 CTA MEET #4
142	4:15.16	L	F	Sinalo Ndlovu	11	UMSH	ETH 15/02/2020 KZN Aquatics Level 2 Provincial
143	4:15.24	L	F	Nisa Da Silva	11	TUKS	TSH 14/02/2020 NTS February 2020 Age Group Gala
144	4:16.31	L	F	Leigh Pijooos	11	BLMA	CPT 25/01/2020 West Coast Qualify Gala 2020
145	4:17.45	L	F	Chloe Van loggerenberg	11	BAR	EZD 29/02/2020 MP AGE GROUP 6 - 29 FEBRUARY
146	4:17.90	L	F	Nokwanda Nzuzza	11	TMAC	ETH 28/02/2020 NDSA Gala 2020
147	4:18.31	L	F	Sarah Lourens	11	ELIT	JHB 19/10/2019 EGA Summer 3 2019
148	4:19.87	L	F	Gabriella Kirsten	11	WELL	CED 19/10/2019 Winelands Senior League 4 - 19 Oct
149	4:19.98	L	F	Sian Kleynhans	11	KALA	JTD 21/02/2020 NCASA Sprints 2020
150	4:23.41	L	F	Láne Fouché	11	HREF	BPD 05/12/2019 NWS Championships 2019/2020
151	4:23.66	L	F	Chrisna Du Plessis	11	KALA	JTD 11/01/2020 NCASA Age Group 4 KTU 2019-2020
152	4:24.15	L	F	Mia De Klerk	11	FINS	EZD 29/11/2019 Mpumalanga Championships 2019
153	4:25.09	L	F	Anja Koen	11	HARB	BPD 05/12/2019 NWS Championships 2019/2020
154	4:26.23	L	F	Marne Pretorius	11	WRC	MPD 31/01/2020 MP AGE GROUP 4 31 JANUARY - 1
155	4:26.38	L	F	Dhenika Chetty	11	BEAV	ETH 20/07/2019 eThekweni Age Group Gala 3
156	4:28.26	L	F	ANDREA MACHELM	11	FISHS	EDD 01/11/2019 38th Freda Barnard Invitational Gala
157	4:28.31	L	F	Kimberley Strong	11	KALA	JTD 05/12/2019 NCASA Champs Dec 2019
158	4:28.84	L	F	Tatum Sanderson	11	SOWE	JHB 22/02/2020 CGA Level 2 Last Chance Gala - Day 1
159	4:29.68	L	F	Alandri Krause	11	WSS	FDD 27/09/2019 Neptunes Open Gala
160	4:30.28	L	F	Ammaarah Davids	11	XSAQ	CPT 04/10/2019 CTA TYR QUALIFYING GALA #2
161	4:35.82	L	F	Gabriella Fotheringham	11	SOUL	EKU 19/10/2019 EGA Summer 3 2019
162	4:36.21	L	F	Lusanda Shabalala	11	TMAC	ETH 28/02/2020 NDSA Gala 2020

Individual Top Times

Times since: 01-May-19

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	Time	P/F/S	Name	Age/Yr			
163	4:37.24 L	F	Madison Markovic	11	MATL KKD	05/12/2019	NWS Championships 2019/2020
164	4:44.84 L	F	Kaitlyn Rix	11	BARR CPT	01/11/2019	38th Freda Barnard Invitational Gala
165	4:45.99 L	F	Jocke Coetzee	11	KALA JTD	05/12/2019	NCASA Champs Dec 2019
166	4:48.62 L	F	Chrisley Barnard	11	WSS FDD	27/09/2019	Neptunes Open Gala
167	4:50.97 L	F	Jade Schaller	11	ISSC NMA	05/12/2019	NWS Championships 2019/2020
168	4:52.65 L	F	Nicole Norman	11	RPAC EKU	19/10/2019	EGA Summer 3 2019
169	4:56.22 L S	F	Ashley Seymour	11	WSS FDD	26/11/2019	FS Champs
170	5:00.35 L	F	Nomthandazo Madonda	11	UMSH ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
171	5:03.81 L	F	Lehanra Greeff	11	HREF BPD	05/12/2019	NWS Championships 2019/2020
Women 11-11 50 Fly							
1	33.02 L	F	Ruth Dredge	11	PAC FSH	04/12/2019	NTS Championships 2019
2	33.03 L	F	Gemma Goncalves	11	FRA ETH	17/12/2019	KZNA Premier Provincial Championship
3	34.31 L	F	Emily Macqueen	11	SGUL ETH	12/10/2019	eThekwini Junior Championships 2019
4	34.44 L	F	Cassidy Burgess	11	VINE CPT	01/12/2019	Western Cape Summer Championships
5	35.04 L	P	Stephanie Jurado	11	SAAW CPT	31/01/2020	2020 Grand Prix Invitational Swimming
6	35.17 L S	F	Mareza Frylinck	11	BLSS MAN	26/11/2019	FS Champs
7*	35.18 L S	F	Leila Yazbek	11	BLNE MAN	26/11/2019	FS Champs
7*	35.18 L	F	Savannah Mostert	11	TUKS FSH	04/12/2019	NTS Championships 2019
9	35.24 L	F	Lilly Shaw	11	BEAV ETH	17/12/2019	KZNA Premier Provincial Championship
10	35.28 L	F	Jenna Coetzee	11	INFA NMA	29/11/2019	NMBA Championships 2019
11	35.29 L	P	Elisha Perumal	11	BAYV ETH	17/12/2019	KZNA Premier Provincial Championship
12	35.63 L	F	Lara Gouws	11	TUKS FSH	17/01/2020	NTS Janaury 2020 Age Group Gala
13	35.72 L	F	Giuliana Raccanello	11	DYNA EKU	15/02/2020	EGA Last Chance Feb 2020
14	35.73 L S	F	Kendra Begley	11	PEAS NMA	07/02/2020	5th A League
15	35.80 L	F	Emily Mc Laren	11	SGUL ETH	17/12/2019	KZNA Premier Provincial Championship
16	35.90 L	F	Jaime Mote	11	INFA NMA	21/02/2020	Infinity Champs LC Gala
17	36.11 L	F	Christie Piguet	11	SWIM1 JHB	18/01/2020	CGA Last Chance Level 3-SANJ gala
18	36.13 L	F	Scarlett Le Roux	11	SOUL EKU	05/12/2019	EGA Summer Championships 2019
19	36.25 L	F	Sarah-Jane Mouton	11	HARL BUF	21/02/2020	Infinity Champs LC Gala
20	36.62 L	F	Madison du Plessis	CR	BLOT MAN	18/10/2019	Others Prestige Gala 2019
21	36.79 L	P	Mieke Vd Wal	11	BARR CPT	01/12/2019	Western Cape Summer Championships
22	36.88 L	F	Erin Joubert	11	KLOO ETH	23/11/2019	KZN TYR Westville Sprints 2019
23	37.02 L	F	Xanthe Nagel	11	HREF BPD	25/01/2020	4 + 1 Inter Provincial Gala 2020
24	37.29 L	F	Ashley Scholtz	11	SODO JHB	19/10/2019	EGA Summer 3 2019
25	37.46 L	F	Hannah Sandilands	11	DRGN JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
26	37.74 L	F	Abigail Roberts	11	NWS	01/02/2020	NTS Invitational Gala 2020
27	37.77 L	F	Leia Braithwaite	11	SGUL ETH	15/02/2020	KZN Aquatics Level 2 Provincial
28	37.97 L	F	Jana Vorster	11	TRAZ FSH	04/12/2019	NTS Championships 2019
29	38.10 L S	F	Anri Van Der Westhuizen	11	BLNE MAN	26/11/2019	FS Champs
30	38.44 L	F	Karla Myburgh	11	BEST NMA	29/11/2019	NMBA Championships 2019
31	38.45 L	F	Ayanda Ntaka	11	UMSH ETH	28/02/2020	NDSA Gala 2020
32	38.46 L	F	Danielle Cronjè	11	GREY CPT	25/01/2020	CTA TYR QUALIFYING GALA #3
33	38.65 L	F	Amy Aaron	11	WSTV ETH	28/02/2020	NDSA Gala 2020
34*	38.74 L S	F	Maryse Magnee	11	PEAS NMA	07/02/2020	5th A League
34*	38.74 L	F	Cathrijn Davel	11	MWSC NGD	29/11/2019	Mpumalanga Championships 2019
36	38.79 L	F	Alika Vd Merwe	11	TUKS FSH	14/02/2020	NTS February 2020 Age Group Gala
37	38.92 L	F	Ilke Prinsloo	11	INFA NMA	21/02/2020	Infinity Champs LC Gala
38	38.99 L	F	Veronique Riekert	11	TUKS FSH	30/08/2019	NTS August 2019 Age Group Gala Level
39	39.02 L	F	Amy Gerber	11	LAD JTD	21/02/2020	Amajuba District Long Course
40	39.09 L	F	Emily Liebenberg	11	SWAR WCD	29/02/2020	WCA Junior Champs - 2020
41	39.11 L	F	Paige Jacobs	11	FAAC FBD	04/10/2019	Seals Gala
42	39.14 L	P	Karmen Van Rensburg	11	UNIN MPD	29/11/2019	Mpumalanga Championships 2019
43	39.20 L	P	Grace Powell	11	CSC FSH	04/12/2019	NTS Championships 2019
44	39.26 L	F	Chloe Watson	11	PEAS NMA	29/11/2019	NMBA Championships 2019
45	39.28 L	P	Nicole Van Zyl	11	DYNA EKU	05/12/2019	EGA Summer Championships 2019
46	39.32 L	F	Kaylie Groenewald	11	LSMSA VBD	05/10/2019	Limpopo Age Group 4 & School Champs
47	39.43 L	F	Jesse-Leah Laderach	11	PEAS NMA	29/11/2019	NMBA Championships 2019
48*	39.46 L	F	Hannah Naidoo	11	BAYV ETH	15/02/2020	KZN Aquatics Level 2 Provincial
48*	39.46 L	F	Gabriella Van Den Berg	11	ELEC JHB	05/12/2019	CGA Championships 2019

Individual Top Times

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	Time	P/F/S	Name	Age/Yr			
50	39.53	L	F	Ella Stacey	11	AA JHB	03/11/2019 CGA All Levels
51	39.56	L	F	Helena Pretorius	11	TKS WBD	29/11/2019 Limpopo Champs
52	39.62	L	P	Me-Kayla Rew	11	TUKS TSH	04/12/2019 NTS Championships 2019
53	39.65	L	F	Tatum Renze	11	PEAS NMA	14/06/2019 PEA Winter Gala
54	39.67	L	F	Leah Scott	11	BLUO UGD	15/02/2020 KZN Aquatics Level 2 Provincial
55	39.74	L	F	Philippa Stevens	11	INFA NMA	21/02/2020 Infinity Champs LC Gala
56	39.81	L	F	Holly Allison	11	SGUL ETH	09/11/2019 eThekwini Age Group Gala 8
57	39.87	L	F	Kayla Gous	11	USC BUF	22/11/2019 BCA Long Course Championships 2019
58	39.89	L S	F	Vera Chen	11	BLSS MAN	26/11/2019 FS Champs
59	39.93	L	F	Amy O'Connor	11	WATR JHB	19/10/2019 EGA Summer 3 2019
60	40.10	L	P	Kathleen Welsh	11	MWSC NGD	29/11/2019 Mpumalanga Championships 2019
61	40.14	L	F	Miela Smit	11	NLS BUF	14/03/2020 BCA Level 1 Gala 2020
62	40.15	L	F	Jade O'Connor	11	NWS	01/02/2020 NTS Invitational Gala 2020
63	40.24	L	F	Naledi Thobeha	11	QUIC CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
64	40.33	L	F	Jade Burnand	11	DYNA ECU	14/09/2019 EGA Summer 1 2019
65	40.50	L	F	Kingsley Greyling	11	AZON ETH	12/10/2019 eThekwini Junior Championships 2019
66	40.61	L	F	Zandile Sipuka	11	BEST NMA	26/09/2019 Aquabear Invitational Meet 2019
67	40.66	L	F	Megan Nieman	11	TUKS TSH	29/11/2019 2019 The Tshwane Mayoral Gala
68	40.69	L	F	Sunny Huang	11	MDOL JHB	15/02/2020 EGA Last Chance Feb 2020
69	40.71	L	F	Mieke Van Der Walt	11	BCA BUF	18/01/2020 CTA INTER DISTRICT PRESTIGE
70	40.72	L	P	Katelyn Fourie	11	ETTN ECU	05/12/2019 EGA Summer Championships 2019
71	40.73	L	F	Katherine Williams	11	DYNA ECU	15/02/2020 EGA Last Chance Feb 2020
72	40.88	L	F	Carmi Schoeman	11	TKS WBD	29/11/2019 Limpopo Champs
73	40.93	L	P	Kiera Ruane	11	TUKS TSH	04/12/2019 NTS Championships 2019
74	41.04	L	F	Moya Steer	11	NCDS T ILD	23/11/2019 KZN TYR Westville Sprints 2019
75	41.13	L	F	Amy Botha	11	BOKS ECU	15/02/2020 EGA Last Chance Feb 2020
76	41.17	L	P	Simone Vd Merwe	11	PAQU CED	01/12/2019 Western Cape Summer Championships
77	41.20	L	F	Kayla Verbaan	11	KLOO ETH	15/02/2020 KZN Aquatics Level 2 Provincial
78	41.23	L	F	Lily Durant	11	BARR CPT	01/11/2019 38th Freda Barnard Invitational Gala
79	41.27	L	F	Ayalakha Mokoena	11	TUKS TSH	29/11/2019 2019 The Tshwane Mayoral Gala
80*	41.31	L	F	Dorette du Plessis	11	MATL KKD	15/02/2020 NWS Last Chance AG5 1920
80*	41.31	L	F	Candice Van Eeden	11	SGUL ETH	28/02/2020 NDSA Gala 2020
82	41.45	L	F	Lara Verhoef	11	BCA BUF	18/01/2020 CTA INTER DISTRICT PRESTIGE
83	41.46	L	F	Caitlyn Govender	11	SGUL ETH	15/02/2020 KZN Aquatics Level 2 Provincial
84	41.51	L	F	Amy Combrink	11	VINE CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
85	41.59	L	F	Zanté Young	11	RBOT BPD	05/12/2019 NWS Championships 2019/2020
86	41.61	L	F	Abigail Britz	11	TINC TSH	17/01/2020 NTS January 2020 Age Group Gala
87	41.66	L	F	Jessica Greeff	11	HARL BUF	25/01/2020 BCA January Age Group Gala 2020
88	41.89	L	F	Aarifah Haffijee	11	PEAS NMA	09/11/2019 4th A League
89*	41.91	L	F	Anastasia Sequeira	11	MDOL JHB	05/12/2019 CGA Championships 2019
89*	41.91	L	F	Genevieve Christensen	11	ACSA ETH	08/02/2020 eThekwini Age Group Gala 10
91	41.96	L	F	Tia Mari Theron	11	TKS WBD	09/11/2019 Limpopo Age Group 5
92	42.02	L	F	Caitlyn Dube	11	MDOL JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
93	42.08	L	P	Mia Van Aswegen	11	TYGE CPT	01/12/2019 Western Cape Long Course
94	42.15	L	F	Anne Marais	11	TKS WBD	29/11/2019 Limpopo Champs
95	42.35	L	F	Abigail Scheffer	11	PAC TSH	14/02/2020 NTS February 2020 Age Group Gala
96	42.41	L	F	Chloe Jewell	11	PEAS NMA	21/02/2020 Infinity Champs LC Gala
97	42.52	L	F	Gizelle Maritz	11	LINR JHB	05/12/2019 CGA Championships 2019
98	42.53	L	F	Leigh Pijoo	11	BLMA CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
99	42.70	L	P	Louise Lepront	11	SGUL ETH	12/10/2019 eThekwini Junior Championships 2019
100	42.82	L	F	Reabiloe Kodisang	11	CRSC JHB	05/12/2019 CGA Championships 2019
101	43.06	L	F	Taylor-Blake Van Tonder	11	ROA EDD	01/11/2019 38th Freda Barnard Invitational Gala
102	43.08	L	F	Genevieve Court	11	AA JHB	05/12/2019 CGA Championships 2019
103	43.09	L S	F	Corli Liversage	11	BLSS MAN	26/11/2019 FS Champs
104	43.10	L	F	Tehl-Cadi Day Garden	11	BLUO UGD	23/11/2019 KZN TYR Westville Sprints 2019
105	43.16	L	F	Addison Bailey	11	WATR JHB	05/12/2019 CGA Championships 2019
106	43.20	L	F	René Kotzé	11	NCASA FBD	02/11/2019 Fezile Dabi Inter District Gala 2019
107	43.21	L	F	Layla Reynecke	11	SGUL ETH	08/02/2020 eThekwini Age Group Gala 10
108*	43.33	L	F	Keera De Esclana	11	VRC TSH	14/02/2020 NTS February 2020 Age Group Gala

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
108*	43.33	L	F	Micke De Jager	VR	PSA ZLD	21/02/2020	Amajuba District Long Course
110	43.36	L S	F	Taylor Ririe	11	BLSS MAN	26/11/2019	FS Champs
111	43.38	L	F	Kemantha Ayair	11	CROF ETH	15/02/2020	KZN Aquatics Level 2 Provincial
112	43.51	L	F	Zoe Green	11	TYGE CPT	25/01/2020	CTA TYR QUALIFYING GALA #3
113	43.65	L	F	Leané Gouws	11	HREF BPD	25/01/2020	4 + 1 Inter Provincial Gala 2020
114	43.72	L	F	Emily Palmer	11	USC BUF	21/02/2020	BCA 2nd Feb Age Group Gala 2020
115	43.75	L	F	Chloe Olivier	11	SOUL EKU	05/12/2019	EGA Summer Championships 2019
116	43.80	L	F	Giselle Kemper	11	CYBE CPT	29/02/2020	WCA Junior Champs - 2020
117	43.83	L	F	Dhenika Chetty	11	BEAV ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
118	43.89	L	F	Kelly Stork	11	MAC EKU	17/08/2019	EGA Winter 4 (Soncini) 17.08.19
119	44.28	L	F	Rafaela Boltler	11	DRGN JHB	05/12/2019	CGA Championships 2019
120	44.33	L	F	Paige Edmundson	11	SASE JHB	05/12/2019	CGA Championships 2019
121	44.35	L	F	Kate-Lynn de Jager	AR	BLOT MAN	18/10/2019	Otters Prestige Gala 2019
122	44.43	L	P	Kayla Honey	11	SOUL EKU	05/12/2019	EGA Summer Championships 2019
123	44.56	L	F	Carine Röntgen	11	SWAR WCD	29/02/2020	WCA Junior Champs - 2020
124*	44.60	L	F	Keira Holland	11	CRSC JHB	15/02/2020	CGA Level 2 Last Chance Gala - Day 1
124*	44.60	L	F	Sisanda Zikhali	11	SGUL ETH	28/02/2020	NDSA Gala 2020
126	44.80	L	F	Jani Borman	11	SWAR WCD	24/08/2019	Winelands Senior League 2 - 24Aug
127	44.83	L	F	Grace Moussouris	11	SGUL ETH	08/02/2020	eThekwini Age Group Gala 10
128	45.02	L S	F	Maria Steyn	11	BLSS MAN	26/11/2019	FS Champs
129	45.03	L	F	Milri-Ann Summerton	11	MATL KKD	19/10/2019	NWS Age Group 1 1920
130	45.17	L	F	Larissa Visagie	11	ASA CPT	26/09/2019	Aquabear Invitational Meet 2019
131	45.18	L	F	Stacey Smith	11	PAC TSH	29/11/2019	2019 The Tshwane Mayoral Gala
132	45.22	L	F	Christi Serfontein	11	QUIC CPT	01/11/2019	38th Freda Barnard Invitational Gala
133	45.24	L	F	Leandri Venter	11	RBOT BPD	05/12/2019	NWS Championships 2019/2020
134	45.35	L	F	Jordan Riebeseel	11	SGUL ETH	08/02/2020	eThekwini Age Group Gala 10
135	45.36	L	F	Jane Glutz	11	AQU ADJ	21/02/2020	Amajuba District Long Course
136	45.41	L	F	Jaimee-Lee Wenham	11	SGUL ETH	08/02/2020	eThekwini Age Group Gala 10
137	45.49	L	F	Rii Spoelstra	11	TUKS TSH	29/11/2019	2019 The Tshwane Mayoral Gala
138	45.53	L	F	Ianthy Moolman	11	MWSC NGD	15/02/2020	MP AGE GROUP 5 15 FEBRUARY 2020
139	45.56	L	F	Nicola Olivier	11	HARB BPD	05/12/2019	NWS Championships 2019/2020
140	45.59	L	F	Alexandra Houniet	11	MAC EKU	15/02/2020	EGA Last Chance Feb 2020
141	45.70	L	F	Caitlyn Arendse	11	CSC TSH	14/02/2020	NTS February 2020 Age Group Gala
142	45.85	L	P	Hayley Steyn	11	CSA EZD	29/11/2019	Mpumalanga Championships 2019
143	45.87	L	F	Carmen Du Toit	11	PEAS NMA	09/11/2019	4th A League
144	45.92	L	P	Kellen McLaren	11	SOUL EKU	05/12/2019	EGA Summer Championships 2019
145	45.93	L	F	Lienke Van OS	11	BULS MAN	25/01/2020	Mangaung Classic Gala 2020
146	46.27	L	F	Daniella Harcus	11	PEAS NMA	23/08/2019	Madibaz Spring Gala
147	46.28	L	F	Lara Smith	11	TYGE CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
148	46.50	L	F	Lucy Le Roux	11	ASAW CED	24/08/2019	Winelands Senior League 2 - 24Aug
149	46.51	L	F	Nicole Norman	11	RPAC EKU	31/08/2019	Adrian Grafe Speedo Sprint Meet
150	46.53	L	F	Tayla Dowie	11	FLOD JHB	05/12/2019	CGA Championships 2019
151	46.63	L	F	Lungiswa Grootboom	11	SWAR WCD	29/02/2020	WCA Junior Champs - 2020
152	46.67	L	P	Nina Rautenbach	11	SEAL UMD	12/10/2019	eThekwini Junior Championships 2019
153*	46.71	L	P	Abigail Sparapano	11	AZON ETH	12/10/2019	eThekwini Junior Championships 2019
153*	46.71	L	F	Sienna Wilensky	11	ASAC CPT	29/02/2020	WCA Junior Champs - 2020
155	46.72	L	F	Taiga-Lee White	11	AZON ETH	03/08/2019	eThekwini Age Group Gala 4
156	46.78	L	F	Simonè Schonken	11	SS MPD	29/11/2019	Limpopo Champs
157	46.80	L	F	Kayla Vosloo	DR	BLOT MAN	18/10/2019	Otters Prestige Gala 2019
158	46.85	L	F	Macy Hains	11	PEAS NMA	26/09/2019	Aquabear Invitational Meet 2019
159	46.89	L	F	Leane Muller	11	RFA TSH	29/11/2019	2019 The Tshwane Mayoral Gala
160	46.96	L	F	Zoe Ann Kruger	11	AQU ADJ	21/02/2020	Amajuba District Long Course
161	47.10	L	F	Onkaribile Molamu	11	MATL KKD	26/09/2019	Aquabear Invitational Meet 2019
162	47.14	L	F	Jessica Smith	11	SWIM1 JHB	03/11/2019	CGA All Levels
163	47.16	L	F	Georgia Gouws	11	BEST NMA	12/10/2019	3rd A League 2019
164	47.22	L	F	Ella van Wyk	11	BARR CPT	01/11/2019	38th Freda Barnard Invitational Gala
165	47.27	L	F	Kate Rankin	11	IND NGD	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
166	47.50	L	F	Jaime Maritz	11	MPS NGD	19/10/2019	T. GOLFINHOS SPRINT 2019-2020
167	47.59	L	F	Donne Bruyns	11	NSA EZD	31/01/2020	MP AGE GROUP 4 31 JANUARY - 1

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
168	47.67	L	F	Suzanne Walsh	11	SAAW	CPT 02/11/2019 Swartland Invitational #1
169	47.69	L	F	Jodi Boettger	11	USC	BUF 22/11/2019 BCA Long Course Championships 2019
170	47.74	L	F	Zianè Jantzen	11	QUIC	CPT 01/11/2019 38th Freda Barnard Invitational Gala
171	47.93	L	F	Láne Fouché	11	HREF	BPD 05/12/2019 NWS Championships 2019/2020
172	47.98	L	P	Jaimee-Lee Marais	11	SWIFT	EKU 05/12/2019 EGA Summer Championships 2019
173	48.08	L S	F	Cecile Scheepers	11	WELA	FDD 26/11/2019 FS Champs
174	48.18	L	F	Deoné Borstlap	11	POTC	KKD 18/01/2020 NWS Age Group 4 1920
175	48.52	L	F	Sinakhokonke Nene	11	UMSH	ETH 15/02/2020 KZN Aquatics Level 2 Provincial
176	48.67	L	P	Logan Terreblanche	11	ESTR	EKU 05/12/2019 EGA Summer Championships 2019
177	48.68	L	F	Madisynn Elliott	11	LINR	JHB 05/12/2019 CGA Championships 2019
178	48.85	L	F	Isabella Day	11	BEAV	ETH 28/02/2020 NDSA Gala 2020
179	49.11	L	F	Jessica Bosman	11	QUIC	CPT 25/01/2020 CTA TYR QUALIFYING GALA #3
180	49.12	L	P	Miriam Bihlmaier	11	DBSC	SDD 05/12/2019 EGA Summer Championships 2019
181	49.15	L	F	Emma Swart	11	KNYD	EDD 21/02/2020 Infinity Champs LC Gala
182	49.16	L	F	Madison Markovic	11	MATL	KKD 05/12/2019 NWS Championships 2019/2020
183	49.41	L	F	Taegon Gunkel	11	BEAV	ETH 28/02/2020 NDSA Gala 2020
184	49.46	L	F	Katya Botha	11	BOKS	EKU 31/08/2019 Adrian Grafe Speedo Sprint Meet
185	49.50	L	F	Monique Van Zyl	11	ASAC	CPT 25/01/2020 CTA TYR QUALIFYING GALA #3
186	49.59	L	F	Megan Webster	11	RFA	FSH 29/11/2019 2019 The Tshwane Mayoral Gala
187	49.63	L	F	Tatum Sanderson	11	SOWE	JHB 15/02/2020 CGA Level 2 Last Chance Gala - Day 1
188	49.67	L	F	Karli Lotter	11	ROA	EDD 05/10/2019 EDEN District School Trials 2019
189	49.72	L	F	Zahra Spencer	11	BLMA	CPT 02/11/2019 Swartland Invitational #1
190	49.78	L	F	Kayleigh Hahn	11	ROJ	EDD 01/11/2019 38th Freda Barnard Invitational Gala
191	49.83	L	F	Sanri Rossouw	11	POTC	KKD 18/01/2020 NWS Age Group 4 1920
192	49.85	L	F	Thaania Omar	11	WALM	CPT 04/10/2019 CTA TYR QUALIFYING GALA #2
193	49.89	L	F	Robyn Barbour	11	ESP	EKU 12/10/2019 NTS Oct 2019 Age Group Gala
194	49.94	L	F	Xandri Els	11	BEAV	ETH 03/08/2019 eThekwini Age Group Gala 4
195	50.00	L	F	Kehara Human	11	ASAW	CED 02/11/2019 Swartland Invitational #1
196	50.01	L	F	Carme Louw	11	TASC	MPD 29/11/2019 Limpopo Champs
197	50.02	L	F	Shayla Harvey	11	SGUL	ETH 03/08/2019 eThekwini Age Group Gala 4
198	50.07	L	F	Megan Van Den Heever	11	GTC	EZD 29/11/2019 Mpumalanga Championships 2019
199	50.26	L	P	Rachel Hinckley	11	DYNA	EKU 05/12/2019 EGA Summer Championships 2019
200	50.33	L	P	Holly Jansens ter laeck	11	KLOO	ETH 12/10/2019 eThekwini Junior Championships 2019
201	50.34	L	F	Dorethe Meyer	DR	BLOT	MAN 18/10/2019 Otters Prestige Gala 2019
202	50.45	L	F	Miana Fourie	11	WSS	FDD 09/11/2019 Bull-Sharks 2019
203	50.77	L	P	Yvonne Pretorius	11	MWSC	NGD 29/11/2019 Mpumalanga Championships 2019
204	50.86	L	F	Logan Francke	11	RBOT	NW 07/09/2019 2019 Hillcrest Sprint Gala
205	50.92	L S	F	Chrisley Barnard	11	WSS	FDD 26/11/2019 FS Champs
206	51.02	L	F	Rienke Bignaut	11	WSS	FDD 30/08/2019 Kovsie Aquatics Gala 2019
207	51.22	L	F	Samantha Magava	11	UNIQ	JHB 05/12/2019 CGA Championships 2019
208	51.41	L	F	Storme Badenhorst	11	MANT	CPT 26/09/2019 Aquabear Invitational Meet 2019
209	51.62	L	F	Lirika Botha	11	FISH	EDD 29/02/2020 WCA Junior Champs - 2020
210	51.74	L	F	Esther Sauls	11	BENS	EKU 08/03/2020 Aquatics Gauteng Level 1
211	51.77	L	F	Chloe Petersen	11	TUKS	FSH 13/09/2019 NTS September 2019 Age Group Gala
212	51.94	L	F	Bridget vd Westhuizen	11	TUKS	FSH 14/02/2020 NTS February 2020 Age Group Gala
213	51.95	L	F	Teagan Hamer	11	INFA	NMA 21/02/2020 Infinity Champs LC Gala
214	52.09	L	F	Johanne Lamprecht	11	LSTHZ	WBD 05/10/2019 Limpopo Age Group 4 & School Champs
215	52.25	L	F	Kgothatso Tsebe	11	STAR	BPD 05/12/2019 NWS Championships 2019/2020
216	52.29	L	F	Celine Miles	11	APEX	SSD 14/03/2020 KZNA Level 1 Provincial Champs 2020
217	52.37	L	F	Lehanra Greeff	11	HREF	BPD 19/10/2019 NWS Age Group 1 1920
218	52.40	L	F	Lana Koegelenberg	11	CARN	EKU 17/08/2019 EGA Winter 4 (Soncini) 17.08.19
219	52.43	L	F	Su-Li Underdown	11	STAR	BPD 05/12/2019 NWS Championships 2019/2020
220	52.52	L	F	Rebecca Kuhn	11	PER	JHB 08/03/2020 Aquatics Gauteng Level 1
221	52.70	L	F	Janke Breytenbach	GR	PSA	ZLD 25/01/2020 Ushaka Championship Gala 2020
222	52.73	L	P	Mariel Van Der Net	11	SASOL	FDD 24/06/2019 Sasol National Winter Championship
223	52.90	L	F	Mia Crookham	11	TYGE	CPT 02/11/2019 Swartland Invitational #1
224	53.28	L	F	Isobel Todd	11	APEX	SSD 14/03/2020 KZNA Level 1 Provincial Champs 2020
225	53.29	L	P	Gabriella Fotheringham	11	SOUL	EKU 05/12/2019 EGA Summer Championships 2019
226	53.30	L	F	Buhle Mahlalela	11	UNIN	MPD 14/03/2020 MP LEVEL 1 INTRA PROVINCIAL SWIM

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
227	53.31 L	F	Abby Novos	11	ASAC CPT	29/02/2020	WCA Junior Champs - 2020
228	53.36 L	F	Hanrike Barnard	11	FSAC BPD	23/11/2019	NWS Age Group 3 2019/20
229	53.58 L	F	Leah Crozier	11	FAAC FBD	08/11/2019	NCASA Age Group 2 KBY 2019
230	53.87 L	F	Sarah Lourens	11	ELIT JHB	05/12/2019	CGA Championships 2019
231	54.06 L	F	Chanè Grobbelaar	11	SWAR WCD	24/08/2019	Winelands Senior League 2 - 24Aug
232	54.13 L	F	Eli Matoti	11	VIKI BUF	22/11/2019	BCA Long Course Championships 2019
233	54.19 L	F	Kimberley Strong	11	KALA JTD	21/02/2020	NCASA Sprints 2020
234	54.32 L	F	Lenya Price	11	DYNA EKU	31/08/2019	Adrian Grafe Speedo Sprint Meet
235	54.43 L	F	Selente Oosthuysen	11	HARB BPD	05/12/2019	NWS Championships 2019/2020
236	54.50 L	F	Neo Bhengu	11	MGSC UGD	23/11/2019	KZN TYR Westville Sprints 2019
237	54.53 L	F	Sinoah Pretorius	11	TUKS TSH	13/09/2019	NTS September 2019 Age Group Gala
238	54.66 L	F	Anne Steyl	11	PRKA PSD	05/12/2019	NCASA Champs Dec 2019
239	54.67 L	F	Catherine O'Grady	11	EXA EZD	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
240	54.69 L	F	Anja Koen	11	HARB BPD	19/10/2019	NWS Age Group 1 1920
241	54.79 L	F	Marlene Ward	11	TUKS TSH	12/10/2019	NTS Oct 2019 Age Group Gala
242	54.96 L	F	Mianca Breitenbach	11	WRC MPD	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM
243	55.01 L	F	Marne Pretorius	11	WRC MPD	31/01/2020	MP AGE GROUP 4 31 JANUARY - 1
244	55.23 L	P	Alandri Krause	11	WSS FDD	24/06/2019	Sasol National Winter Championship
245	55.30 L	F	Madison Hayes	11	TYGE CPT	25/01/2020	CTA TYR QUALIFYING GALA #3
246	55.40 L	F	Milla Delport	11	PEAS NMA	12/10/2019	3rd A League 2019
247	55.41 L	F	Richelle Rothmann	11	AQU ADJ	25/01/2020	Amajuba District Age Group Gala 2
248	55.46 L	F	Jannae De Villiers	11	PRKA PSD	05/12/2019	NCASA Champs Dec 2019
249	55.56 L	F	Nomthandazo Madonda	11	UMSH ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
250	55.64 L	F	Esti Mouton	11	SWAR WCD	02/11/2019	Swartland Invitational #1
251	55.81 L	F	Mpumelelo Mthandi	11	BLMA CPT	25/01/2020	West Coast Qualify Gala 2020
252	55.82 L	P	Jamie-Lee Espag	11	AZON ETH	12/10/2019	eThekweni Junior Championships 2019
253	56.04 L	F	Jade Schaller	11	ISSC NMD	15/02/2020	NWS Last Chance AG5 1920
254	56.14 L	F	Nokwanda Nzuza	11	TMAC ETH	28/02/2020	NDSA Gala 2020
255	56.44 L	F	Leila Schenk	11	CPS BUF	14/03/2020	BCA Level 1 Gala 2020
256	56.49 L	F	Emma Lategan	11	CUDU CPT	26/09/2019	Aquabear Invitational Meet 2019
257	56.64 L	F	Sinalo Ndlovu	11	UMSH ETH	28/02/2020	NDSA Gala 2020
258	56.74 L	F	Jessica Mc Ardle	11	WSS FDD	27/09/2019	Neptunes Open Gala
259	56.81 L	F	Hannah Rogan	11	DBSC SDD	17/08/2019	EGA Winter 4 (Soncini) 17.08.19
260	56.91 L	F	Zane Neethling	11	LSKP WBD	05/10/2019	Limpopo Age Group 4 & School Champs
261	56.92 L	F	Alida Louw	11	UPTS ZMD	15/02/2020	NCASA Age Group 5 UPT 2019-2020
262	56.95 L	F	Mia Bruwer	11	SS MPD	29/11/2019	Limpopo Champs
263	57.16 L	F	Ebenette Van Niekerk	11	FISHS EDD	01/11/2019	38th Freda Barnard Invitational Gala
264	57.30 L	F	Izaan Meintjes	11	LSKP WBD	05/10/2019	Limpopo Age Group 4 & School Champs
265	57.36 L S	F	Abigail Cullen	11	WELA FDD	26/11/2019	FS Champs
266	57.73 L	F	Nisa Da Silva	11	TUKS TSH	16/08/2019	NTS August 2019 Age Group Gala Level
267	57.83 L	F	Kaitlyn Rix	11	BARR CPT	01/11/2019	38th Freda Barnard Invitational Gala
268	57.88 L S	F	Ilanze du Plessis	11	BULS MAN	26/11/2019	FS Champs
269	58.03 L	F	Ashleigh Davies	11	WELA FDD	09/11/2019	Bull-Sharks 2019
270	58.19 L	F	Alexa Olivier	AR	BLOT MAN	18/10/2019	Otters Prestige Gala 2019
271	58.36 L	F	Lutfiyya Sheik	11	AQSC UMD	14/03/2020	KZNA Level 1 Provincial Champs 2020
272*	58.45 L	F	Lelanie Buhr	11	SWAR WCD	02/11/2019	Swartland Invitational #1
272*	58.45 L	F	Amahle Ngubane	11	UMSH ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
274	58.52 L	F	Helena Van Vuuren	11	KALA JTD	21/02/2020	NCASA Sprints 2020
275	58.57 L	F	Blessing Nkuna	11	LSTZN MPD	05/10/2019	Limpopo Age Group 4 & School Champs
276	59.11 L	F	Refilwe Makudubele	11	SWAG KKD	15/02/2020	NWS Last Chance AG5 1920
277	59.16 L	F	Chloe Pieterse	11	CLSC WCD	25/01/2020	West Coast Qualify Gala 2020
278	59.47 L	F	Judy Stevens	11	AQWO CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
279	59.59 L	F	Kate Allwood	11	GREY CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
280	59.96 L	F	Ammaarah Davids	11	XSAQ CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
281	1:00.15 L	F	Jaime Schweitzer	AR	BLOT MAN	14/03/2020	FSA Level 1 2020
282	1:00.44 L	F	Marizette Strombeck	11	HRP NKD	11/10/2019	MP AGE GROUP 2 - 11-12 October
283	1:00.62 L	P	Ashley Seymour	11	WSS FDD	24/06/2019	Sasol National Winter Championship
284	1:00.66 L	P	Chrystil Raymond	11	UNIN MPD	29/11/2019	Mpumalanga Championships 2019
285	1:00.87 L	F	Ayanda Luthuli	11	USH KCD	12/10/2019	KCDA October Age Group Gala 2019

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
286	1:01.39	L	F	Maria Dos Santos	11	HREF BPD	19/10/2019 NWS Age Group 1 1920
287	1:01.50	L	F	Mignon Burger	11	SWAR WCD	25/01/2020 West Coast Qualify Gala 2020
288	1:01.79	L	F	Daniëlla Müller	11	TUKS TSH	07/09/2019 2019 Hillcrest Sprint Gala
289	1:02.68	L	F	Tayyibah Sayed	11	DBSC SDD	15/02/2020 EGA Last Chance Feb 2020
290	1:02.72	L	F	Jacoline Crous	11	SWAR WCD	25/01/2020 West Coast Qualify Gala 2020
291	1:03.36	L	F	Karla Odendaal	11	TYGE CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
292	1:03.47	L	F	Elizabeth Du Plessis	11	SWAR WCD	25/01/2020 West Coast Qualify Gala 2020
293	1:03.73	L	F	Mieka Wichmann	11	PSCP UMD	05/10/2019 eThekwini Age Group 6
294	1:03.93	L	F	Sian Kleynhans	11	KALA JTD	21/02/2020 NCASA Sprints 2020
295	1:04.06	L	F	Hananje Pretorius	11	UPTS ZMD	21/02/2020 NCASA Sprints 2020
296	1:04.14	L	F	Jocke Coetzee	11	KALA JTD	21/02/2020 NCASA Sprints 2020
297	1:04.15	L	F	Elena Frangou	11	BLSS MAN	04/10/2019 Seals Gala
298	1:04.33	L	F	McKayla Moodley	11	BAYV ETH	09/11/2019 eThekwini Age Group Gala 8
299	1:04.71	L	F	Kayla Woods	11	NC DST ILD	21/06/2019 Illembé Age Group Gala 1
300	1:04.85	L	F	Mia De Klerk	11	FINS EZD	14/09/2019 MP Sprint Gala - 14 September 2019
301	1:04.88	L	F	Shyenne Laubcher	11	WSS FDD	14/03/2020 FSA Level 1 2020
302	1:05.94	L S	F	Annari Blignaut	11	WSS FDD	26/11/2019 FS Champs
303	1:06.90	L	F	Zine Mostert	11	WATR JHB	03/11/2019 CGA All Levels
304	1:07.94	L	F	Abbey Poezyn	11	BLMA CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
305	1:08.02	L	F	Michaela Blaine	11	PEAS NMA	21/02/2020 Infinity Champs LC Gala
306	1:08.43	L	P	Prisca Mbokani	11	OTTO ETH	12/10/2019 eThekwini Junior Championships 2019
307	1:08.50	L	F	Anè Kemp	11	SWAR WCD	25/01/2020 West Coast Qualify Gala 2020
308	1:08.84	L	F	Hannah Watson	11	SGUL ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
309	1:10.14	L	F	Aphiwe Malembe	11	USH KCD	25/01/2020 Ushaka Championship Gala 2020
310	1:10.61	L	F	Eva Joannou	11	WRC MPD	29/02/2020 MP AGE GROUP 6 - 29 FEBRUARY
311	1:11.20	L	F	Humairah Nakooda	11	AQUA BUF	05/10/2019 Uthukela District October 2019 Age
312	1:12.43	L	F	Diya Rooplal	11	PHOE JHB	14/03/2020 KZNA Level 1 Provincial Champs 2020
313	1:12.64	L	F	Noa Mullin	11	HWSK FBD	15/02/2020 NCASA Age Group 5 KBY 2019-2020
314	1:23.65	L	F	Kylie Surajlall	11	WVAQ ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
Women 11-11 100 Fly							
1	1:12.60	L	F	Ruth Dredge	11	NWS	01/02/2020 NTS Invitational Gala 2020
2	1:18.41	L	F	Lara Gouws	11	NWS	01/02/2020 NTS Invitational Gala 2020
3	1:19.26	L	F	Emily Mc Laren	11	SGUL ETH	17/12/2019 KZNA Premier Provincial Championship
4	1:19.68	L	F	Lilly Shaw	11	BEAV ETH	23/11/2019 KZN TYR Westville Sprints 2019
5	1:20.24	L S	F	Mareza Frylinck	11	BLSS MAN	26/11/2019 FS Champs
6	1:21.69	L S	F	Kendra Begley	11	PEAS NMA	07/02/2020 5th A League
7	1:23.81	L	P	Cassidy Burgess	11	VINE CPT	31/01/2020 2020 Grand Prix Invitational Swimming
8	1:23.85	L	F	Elisha Perumal	11	BAYV ETH	17/12/2019 KZNA Premier Provincial Championship
9	1:25.53	L	F	Karla Myburgh	11	BEST NMA	29/11/2019 NMBA Championships 2019
10	1:26.31	L	P	Mieke Vd Wal	11	BARR CPT	01/12/2019 Western Cape Long Course
11	1:26.41	L	F	Me-Kayla Rew	11	NWS	01/02/2020 NTS Invitational Gala 2020
12	1:26.44	L	F	Hannah Sandilands	11	DRGN JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
13	1:27.09	L	F	Leia Braithwaite	11	SGUL ETH	15/02/2020 KZN Aquatics Level 2 Provincial
14	1:27.26	L	F	Giuliana Raccanello	11	DYNA ECU	15/02/2020 EGA Last Chance Feb 2020
15	1:28.06	L	F	Madison du Plessis	CR	BLOT MAN	09/11/2019 Bull-Sharks 2019
16	1:28.08	L	F	Jesse-Leah Laderach	11	PEAS NMA	29/11/2019 NMBA Championships 2019
17	1:28.41	L	F	Ayanda Ntaka	11	UMSH ETH	28/02/2020 NDSA Gala 2020
18	1:29.08	L	F	Hannah Naidoo	11	BAYV ETH	28/02/2020 NDSA Gala 2020
19	1:29.38	L	F	Scarlett Le Roux	11	SOUL ECU	15/02/2020 EGA Last Chance Feb 2020
20	1:30.73	L S	F	Leila Yazbek	11	BLNE MAN	26/11/2019 FS Champs
21	1:30.97	L	F	Leeya Amon	11	TYGE CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
22	1:31.09	L	F	Tatum Renze	11	PEAS NMA	26/09/2019 Aquabear Invitational Meet 2019
23	1:31.29	L S	F	Anri Van Der Westhuizen	11	BLNE MAN	26/11/2019 FS Champs
24	1:32.21	L	F	Sarah-Jane Mouton	11	HARL BUF	25/01/2020 BCA January Age Group Gala 2020
25	1:32.34	L	F	Jenna Coetzee	11	CAMB BUF	26/10/2019 1st B Age Group Gala & EC Schools
26	1:32.49	L	F	Philippa Stevens	11	INFA NMA	09/11/2019 4th A League
27	1:33.34	L	F	Cathrijn Davel	11	MWSC NGD	15/02/2020 MP AGE GROUP 5 15 FEBRUARY 2020
28	1:33.72	L	F	Amy Gerber	11	LAD UTD	21/02/2020 Amajuba District Long Course
29	1:34.21	L	F	Emily Macqueen	11	SGUL ETH	20/07/2019 eThekwini Age Group Gala 3

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
30	1:34.35	L	F	Karmen Van Rensburg	11	UNIN MPD	29/11/2019 Mpumalanga Championships 2019
31	1:35.00	L	F	Dorette du Plessis	11	MATL KKD	15/02/2020 NWS Last Chance AG5 1920
32	1:35.10	L S	F	Jade Burnand	11	DYNA EKU	05/12/2019 EGA Summer Championships 2019
33	1:35.28	L	F	Nicole Van Zyl	11	DYNA EKU	15/02/2020 EGA Last Chance Feb 2020
34	1:35.52	L	F	Carmi Schoeman	11	TKS WBD	15/02/2020 Limpopo Age Group 6
35	1:36.27	L	F	Abigail Roberts	11	TUKS TSH	14/02/2020 NTS February 2020 Age Group Gala
36	1:36.75	L	P	Lily Durant	11	BARR CPT	01/12/2019 Western Cape Long Course
37	1:37.38	L	F	Emily Liebenberg	11	SWAR WCD	21/09/2019 Winelands Senior League 3 - 21Sept
38	1:37.81	L	F	Naledi Thobeha	11	QUIC CPT	22/02/2020 Swartland Invitational Gala 2
39	1:38.24	L	F	Vera Chen	11	BLSS MAN	25/10/2019 Flamingo Aquatics Academy Prestige
40	1:38.78	L	F	Kayla Gous	11	USC BUF	07/02/2020 BCA Feb Age Group Gala 2020
41	1:39.02	L	P	Louise Lepront	11	SGUL ETH	17/12/2019 KZNA Premier Provincial Championship
42	1:39.57	L	F	Tia Mari Theron	11	TKS WBD	29/11/2019 Limpopo Champs
43	1:41.48	L	F	Paige Jacobs	11	FAAC FBD	11/10/2019 Age Group 1 2019 Kimberley
44	1:41.50	L	F	Anne Marais	11	TKS WBD	29/11/2019 Limpopo Champs
45	1:41.82	L	F	Miela Smit	11	NLS BUF	14/03/2020 BCA Level 1 Gala 2020
46	1:41.91	L	F	Helena Pretorius	11	TKS WBD	15/02/2020 Limpopo Age Group 6
47	1:42.09	L	F	Zia Petersen	11	BCA BUF	18/01/2020 CTA INTER DISTRICT PRESTIGE
48	1:42.20	L	F	Lara Verhoef	11	BCA BUF	18/01/2020 CTA INTER DISTRICT PRESTIGE
49	1:42.45	L	F	Jordan Riebeseel	11	SGUL ETH	28/02/2020 NDSA Gala 2020
50	1:42.60	L	F	Mieke Van Der Walt	11	FISH EDD	08/02/2020 EDEN 5th A-League Gala 2020
51	1:43.79	L	F	Kayla Honey	11	SOUL EKU	08/11/2019 EGA Summer 4
52	1:44.00	L S	F	Kate-Lynn de Jager	AR	BLOT MAN	26/11/2019 FS Champs
53	1:44.52	L	F	Maria Steyn	11	BLSS MAN	29/02/2020 SEALS AGE GROUP GALA
54	1:44.86	L	F	Sunny Huang	11	MDOL JHB	05/12/2019 CGA Championships 2019
55	1:44.87	L	F	Ella van Wyk	11	BARR CPT	01/11/2019 38th Freda Barnard Invitational Gala
56	1:45.15	L	F	Elizabeth Victor	11	GTC EZD	14/09/2019 MP Sprint Gala - 14 September 2019
57	1:45.72	L	F	Kemantha Ayair	11	CROF ETH	15/02/2020 KZN Aquatics Level 2 Provincial
58	1:46.25	L	F	Zandile Sipuka	11	BEST NMA	14/09/2019 2nd A League 14/9/2019
59	1:46.78	L	F	Genevieve Christensen	11	ACSA ETH	18/01/2020 eThekweni Age Group Gala 9
60	1:46.86	L	F	Aarifah Haffjee	11	PEAS NMA	09/11/2019 4th A League
61	1:47.03	L	F	TehI-Cadi Day Garden	11	BLUO UGD	23/11/2019 KZN TYR Westville Sprints 2019
62	1:47.21	L S	F	Corli Liversage	11	BLSS MAN	26/11/2019 FS Champs
63	1:47.93	L	F	Moya Steer	11	NCDST ILD	18/10/2019 Ilembe District Age Group Gala 2
64	1:50.05	L	F	Nicola Olivier	11	HARB BPD	05/12/2019 NWS Championships 2019/2020
65	1:53.02	L	F	Jade O'Connor	11	CSC TSH	01/11/2019 NTS November 2019 Age Group Gala
66	1:54.29	L	F	Zoe Ann Kruger	11	AQU ADJ	21/02/2020 Amajuba District Long Course
67	1:54.46	L	F	Sienna Wilensky	11	ASAC CPT	09/11/2019 CTA MEET #4
68	1:56.39	L	F	Nicole Norman	11	RPAC EKU	08/11/2019 EGA Summer 4
69	1:56.99	L	F	Emma Rossouw	11	QUIC CPT	09/11/2019 CTA MEET #4
70	1:57.12	L S	F	Miriam Bihlmaier	11	DBSC SDD	05/12/2019 EGA Summer Championships 2019
71	1:57.60	L S	F	Kelly Stork	11	MAC EKU	05/12/2019 EGA Summer Championships 2019
72	1:58.11	L	F	Isabella Day	11	BEAV ETH	12/10/2019 eThekweni Junior Championships 2019
73	1:58.60	L	F	Lusanda Shabalala	11	TMAC ETH	28/02/2020 NDSA Gala 2020
74	1:58.91	L	F	Taegon Gunkel	11	BEAV ETH	28/02/2020 NDSA Gala 2020
75	1:58.99	L	F	Su-Li Underdown	11	STAR BPD	15/02/2020 NWS Last Chance AG5 1920
76	1:59.62	L	F	Onkaribile Molamu	11	MATL KKD	05/12/2019 NWS Championships 2019/2020
77	2:00.31	L	F	Miana Fourie	11	WSS FDD	31/01/2020 Neptune Last Chance Gala
78	2:00.48	L	F	Sinakhonke Nene	11	UMSH ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
79	2:02.24	L	F	Tatum Sanderson	11	SOWE JHB	22/02/2020 CGA Level 2 Last Chance Gala - Day 1
80	2:03.70	L	F	Lehanra Greeff	11	HREF BPD	05/12/2019 NWS Championships 2019/2020
81	2:04.33	L	F	Kgothatso Tsebe	11	STAR BPD	05/12/2019 NWS Championships 2019/2020
82	2:08.15	L	F	Jannae De Villiers	11	PRKA PSD	21/02/2020 NCASA Sprints 2020
83	2:08.16	L	F	Milri-Ann Summerton	11	MATL KKD	05/12/2019 NWS Championships 2019/2020
84	2:10.26	L S	F	Alandri Krause	11	WSS FDD	24/06/2019 Sasol National Winter Championship
85	2:12.63	L	F	Nokwanda Nzuzza	11	TMAC ETH	19/01/2020 eThekweni Age Level 1 Gala 2
86	2:13.01	L	F	Sibongakonke Mchunu	11	TMAC ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
87	2:18.59	L S	F	Chrisley Barnard	11	WSS FDD	26/11/2019 FS Champs
88	2:18.69	L	F	Dorethe Meyer	DR	BLOT MAN	30/08/2019 Kovsie Aquatics Gala 2019

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
89	2:21.90 L	F	Asanda Khanyile	11	TMAC ETH	14/03/2020	KZNA Level 1 Provincial Champs 2020
90	2:26.48 L	F	Esona Gongo	11	UWCA CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
91	2:35.39 L	F	Diya Rooplal	11	PHOE JHB	14/03/2020	KZNA Level 1 Provincial Champs 2020
Women 11-11 200 IM							
1	2:46.76 L	F	Ruth Dredge	11	PAC FSH	04/12/2019	NTS Championships 2019
2	2:48.91 L	F	Lilly Shaw	11	BEAV ETH	17/12/2019	KZNA Premier Provincial Championship
3	2:49.65 L	F	Mareza Frylinck	11	BLSS MAN	26/11/2019	FS Champs
4	2:49.94 L	F	Madison du Plessis	CR	BLOT MAN	18/10/2019	Otters Prestige Gala 2019
5	2:50.42 L	F	Lara Gouws	11	TUKS FSH	04/12/2019	NTS Championships 2019
6	2:52.43 L	F	Savannah Mostert	11	NWS	01/02/2020	NTS Invitational Gala 2020
7	2:53.16 L	F	Stephanie Jurado	11	SAAW CPT	01/12/2019	Western Cape Summer Championships
8	2:53.94 L	F	Gemma Goncalves	11	FRA ETH	17/12/2019	KZNA Premier Provincial Championship
9	2:55.19 L	F	Jaime Mote	11	INFA NMA	29/11/2019	NMBA Championships 2019
10	2:55.40 L	F	Maryse Magnee	11	PEAS NMA	29/11/2019	NMBA Championships 2019
11	2:56.78 L	F	Jenna Coetzee	11	INFA NMA	29/11/2019	NMBA Championships 2019
12	2:57.33 L	F	Kathleen Welsh	11	MWSC NGD	29/11/2019	Mpumalanga Championships 2019
13	2:58.64 L	F	Scarlett Le Roux	11	SOUL EKU	05/12/2019	EGA Summer Championships 2019
14	3:00.45 L	F	Emily Mc Laren	11	SGUL ETH	17/12/2019	KZNA Premier Provincial Championship
15*	3:00.52 L	F	Philippa Stevens	11	INFA NMA	21/02/2020	Infinity Champs LC Gala
15*	3:00.52 L	F	Simone Vd Merwe	11	PAQU CED	26/09/2019	Aquabear Invitational Meet 2019
17	3:00.61 L	F	Christie Piguët	11	SWIM1 JHB	12/10/2019	CGA Level 1,2,3, SANJ Gala
18	3:01.13 L	F	Kendra Begley	11	PEAS NMA	29/11/2019	NMBA Championships 2019
19	3:02.02 L	F	Erin Joubert	11	KLOO ETH	23/11/2019	KZN TYR Westville Sprints 2019
20	3:03.08 L	F	Me-Kayla Rew	11	NWS	01/02/2020	NTS Invitational Gala 2020
21	3:03.33 L	F	Hannah Sandilands	11	DRGN JHB	15/02/2020	EGA Last Chance Feb 2020
22	3:04.26 L	F	Chloe Watson	11	PEAS NMA	29/11/2019	NMBA Championships 2019
23	3:04.53 L	F	Karla Myburgh	11	BEST NMA	29/11/2019	NMBA Championships 2019
24	3:04.58 L	F	Amy O'Connor	11	WATR JHB	18/01/2020	CGA Last Chance Level 3-SANJ gala
25	3:05.13 L	F	Kayla Gous	11	USC BUF	25/01/2020	BCA January Age Group Gala 2020
26	3:05.60 L	F	Cassidy Burgess	11	VINE CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
27	3:05.91 L	F	Giuliana Raccanello	11	DYNA EKU	15/02/2020	EGA Last Chance Feb 2020
28	3:06.50 L	F	Jana Vorster	11	TRAZ FSH	04/12/2019	NTS Championships 2019
29	3:06.72 L	F	Anri Van Der Westhuizen	11	BLNE MAN	26/11/2019	FS Champs
30	3:06.74 L	F	Angel Williams	11	REDAQ CPT	01/12/2019	Western Cape Long Course
31	3:07.28 L	F	Jade Burnand	11	DYNA EKU	05/12/2019	EGA Summer Championships 2019
32	3:07.33 L	F	Holly Allison	11	SGUL ETH	23/11/2019	KZN TYR Westville Sprints 2019
33	3:07.90 L	F	Sarah-Jane Mouton	11	HARL BUF	21/02/2020	Infinity Champs LC Gala
34	3:08.03 L	F	Danielle Cronjé	11	BCA BUF	18/01/2020	CTA INTER DISTRICT PRESTIGE
35	3:08.26 L	F	Paige Jacobs	11	FAAC FBD	21/02/2020	NCASA Sprints 2020
36	3:08.40 L	F	Leila Yazbek	11	BLNE MAN	26/11/2019	FS Champs
37	3:08.45 L	F	Emily Macqueen	11	SGUL ETH	12/10/2019	eThekwini Junior Championships 2019
38	3:09.03 L	F	Anastasia Sequeira	11	MDOL JHB	15/02/2020	CGA Level 2 Last Chance Gala - Day 1
39	3:09.46 L	F	Jani Borman	11	SWAR WCD	01/12/2019	Western Cape Long Course
40	3:09.58 L	F	Grace Powell	11	CSC FSH	04/12/2019	NTS Championships 2019
41	3:09.61 L	F	Mikayla Smit	11	WATR JHB	15/02/2020	CGA Level 2 Last Chance Gala - Day 1
42	3:09.62 L	F	Ayanda Ntaka	11	UMSH ETH	12/10/2019	eThekwini Junior Championships 2019
43	3:10.71 L	F	Kingsley Greyling	11	AZON ETH	23/11/2019	KZN TYR Westville Sprints 2019
44	3:10.88 L	F	Leeya Amon	11	TYGE CPT	01/12/2019	Western Cape Long Course
45	3:11.14 L	F	Cathrijn Davel	11	MWSC NGD	29/11/2019	Mpumalanga Championships 2019
46	3:11.16 L	F	Nicole Van Zyl	11	DYNA EKU	15/02/2020	EGA Last Chance Feb 2020
47	3:11.72 L	F	Janca Hattingh	11	NSA EZD	31/01/2020	MP AGE GROUP 4 31 JANUARY - 1
48	3:11.80 L	P	Elisha Perumal	11	BAYV ETH	17/12/2019	KZNA Premier Provincial Championship
49	3:12.05 L	F	Amy Gerber	11	LAD UTD	23/11/2019	KZN TYR Westville Sprints 2019
50	3:12.09 L	F	Ilke Prinsloo	11	INFA NMA	21/02/2020	Infinity Champs LC Gala
51	3:12.17 L	F	Jade O'Connor	11	NWS	01/02/2020	NTS Invitational Gala 2020
52	3:12.19 L	F	Mieke Vd Wal	11	BARR CPT	01/11/2019	38th Freda Barnard Invitational Gala
53	3:12.95 L	F	Naledi Thobeha	11	QUIC CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
54	3:13.01 L	F	Liza Schoeman	11	RBOT BPD	05/12/2019	NWS Championships 2019/2020
55	3:13.04 L	F	Karmen Van Rensburg	11	UNIN MPD	29/11/2019	Mpumalanga Championships 2019

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
56	3:13.07	L	F	Amy Combrink	11	VINE CPT	09/11/2019 CTA MEET #4
57	3:13.35	L	F	Georgia Gouws	11	BEST NMA	26/09/2019 Aquabear Invitational Meet 2019
58	3:13.78	L	F	Kayla Verbaan	11	KLOO ETH	15/02/2020 KZN Aquatics Level 2 Provincial
59	3:13.84	L	F	Katelyn Fourie	11	ETTN ECU	05/12/2019 EGA Summer Championships 2019
60	3:13.88	L	F	Jessica Sardinha	11	MDOL JHB	08/11/2019 EGA Summer 4
61	3:14.04	L	F	Alika Vd Merwe	11	TUKS TSH	21/02/2020 NTS February 2020 IM Gala
62	3:14.48	L	F	Xanthe Nagel	11	HREF BPD	15/02/2020 NWS Last Chance AG5 1920
63	3:14.54	L	F	Gizelle Maritz	11	LINR JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
64	3:14.74	L	F	Kiera Ruane	11	TUKS TSH	21/02/2020 NTS February 2020 IM Gala
65	3:15.39	L	F	Carmi Schoeman	11	TKS WBD	29/11/2019 Limpopo Champs
66	3:15.43	L	F	Amy Botha	11	BOKS ECU	18/01/2020 Cape of Good Hope Gala 2020
67	3:15.65	L	F	Hannah Naidoo	11	BAYV ETH	15/02/2020 KZN Aquatics Level 2 Provincial
68	3:15.90	L	F	Daniella Harcus	11	PEAS NMA	29/11/2019 NMBA Championships 2019
69	3:16.14	L	F	Katherine Williams	11	DYNA ECU	15/02/2020 EGA Last Chance Feb 2020
70	3:17.53	L	F	Samantha Nimb	11	VINE CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
71	3:17.61	L	F	Tehl-Cadi Day Garden	11	BLUO UGD	23/11/2019 KZN TYR Westville Sprints 2019
72	3:18.21	L	F	Mieke Van Der Walt	11	FISH EDD	08/02/2020 EDEN 5th A-League Gala 2020
73	3:18.85	L	F	Kayla Honey	11	SOUL ECU	05/12/2019 EGA Summer Championships 2019
74	3:19.15	L	F	Zandile Sipuka	11	BEST NMA	26/09/2019 Aquabear Invitational Meet 2019
75	3:19.28	L	F	Rii Spoelstra	11	NWS	01/02/2020 NTS Invitational Gala 2020
76	3:19.76	L	F	Abigail Roberts	11	NWS	01/02/2020 NTS Invitational Gala 2020
77	3:19.81	L	F	Kemantha Ayair	11	CROF ETH	15/02/2020 KZN Aquatics Level 2 Provincial
78	3:20.04	L	F	Ella Stacey	11	AA JHB	03/11/2019 CGA All Levels
79	3:20.13	L	F	Corli Liversage	11	BLSS MAN	26/11/2019 FS Champs
80	3:20.56	L	F	Vera Chen	11	BLSS MAN	18/10/2019 Otters Prestige Gala 2019
81	3:20.57	L	F	Helena Pretorius	11	TKS WBD	29/11/2019 Limpopo Champs
82	3:20.65	L	F	Lara Verhoef	11	ASAC CPT	29/02/2020 WCA Junior Champs - 2020
83	3:20.68	L	F	Moya Steer	11	SEAL UMD	18/01/2020 eThekweni Age Group Gala 9
84	3:20.91	L	F	Zia Petersen	11	XSAQ CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
85	3:20.99	L	F	Emily Liebenberg	11	SWAR WCD	29/02/2020 WCA Junior Champs - 2020
86	3:21.25	L	F	Elizabeth Victor	11	GTC EZD	11/10/2019 MP AGE GROUP 2 - 11-12 October
87	3:21.38	L	F	Tatum Renze	11	PEAS NMA	26/09/2019 Aquabear Invitational Meet 2019
88	3:21.47	L	F	Sunny Huang	11	MDOL JHB	15/02/2020 EGA Last Chance Feb 2020
89	3:21.58	L	F	Jesse-Leah Laderach	11	PEAS NMA	14/06/2019 PEA Winter Gala
90	3:21.94	L	F	Tia Mari Theron	11	TKS WBD	29/11/2019 Limpopo Champs
91	3:22.11	L	F	Lucy Le Roux	11	ASAW CED	02/11/2019 Swartland Invitational #1
92	3:22.17	L	F	Ella van Wyk	11	BARR CPT	01/11/2019 38th Freda Barnard Invitational Gala
93	3:22.45	L	F	Ashley Scholtz	11	SODO JHB	05/12/2019 CGA Championships 2019
94	3:22.48	L	F	Lily Durant	11	WATR JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
95	3:22.60	L	F	Addison Bailey	11	WATR JHB	05/12/2019 CGA Championships 2019
96	3:22.73	L	F	Anne Marais	11	TKS WBD	29/11/2019 Limpopo Champs
97	3:23.04	L	F	Dorette du Plessis	11	MATL KKD	25/01/2020 4 + 1 Inter Provincial Gala 2020
98	3:23.17	L	F	Emily Palmer	11	USC BUF	21/02/2020 BCA 2nd Feb Age Group Gala 2020
99	3:23.48	L	F	Hannah Ferreira	11	AEC JHB	03/11/2019 CGA All Levels
100	3:23.88	L	F	Maria Steyn	11	BLSS MAN	26/11/2019 FS Champs
101	3:24.35	L	F	Mia Van Aswegen	11	TYGE CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
102*	3:24.41	L	F	Gabriella Kirsten	11	PAQU CED	29/02/2020 WCA Junior Champs - 2020
102*	3:24.41	L	F	Carmen Du Toit	11	PEAS NMA	23/08/2019 Madibaz Spring Gala
104	3:24.42	L	F	Jemma Pearse	11	VINE CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
105	3:24.75	L	F	Tayla Dowie	11	FLOD JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
106	3:24.93	L	F	Zanté Young	11	RBOT NW	23/11/2019 NWS Age Group 3 2019/20
107	3:25.10	L	F	Carine Röntgen	11	SWAR WCD	22/02/2020 Swartland Invitational Gala 2
108	3:25.17	L	F	René Kotzé	11	POTC KKD	25/01/2020 4 + 1 Inter Provincial Gala 2020
109	3:25.21	L	F	Zoe Green	11	TYGE CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
110	3:25.80	L	F	Ianthy Moolman	11	MWSC NGD	29/11/2019 Mpumalanga Championships 2019
111	3:25.84	L	F	Kiara Banks	11	WATR JHB	03/11/2019 CGA All Levels
112	3:25.89	L	F	Larissa Visagie	11	ASAC CPT	14/02/2020 CTA L2,L3 & SANJ+ CHAMPIONSHIPS
113	3:25.98	L	F	Leané Gouws	11	HREF BPD	05/12/2019 NWS Championships 2019/2020
114	3:26.97	L	F	Yvonne Pretorius	11	MWSC NGD	10/01/2020 2020 Grand Prix Invitation Swimming

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
115	3:27.24	L	F	Megan Augustyn	11	ONYX	EKU	15/02/2020	EGA Last Chance Feb 2020
116	3:27.32	L	F	Leah Scott	11	BLUO	UGD	12/10/2019	eThekwini Junior Championships 2019
117	3:27.55	L	F	Milri-Ann Summerton	11	MATL	KKD	15/02/2020	NWS Last Chance AG5 1920
118	3:28.04	L	F	Louise Lepront	11	SGUL	ETH	12/10/2019	eThekwini Junior Championships 2019
119	3:28.05	L	F	Taylor-Blake Van Tonder	11	ROA	EDD	06/12/2019	Eden LC Champs 2019
120	3:28.29	L	F	Hannah Turner	11	VINE	CPT	22/02/2020	Swartland Invitational Gala 2
121	3:28.80	L	F	Suzanne Walsh	11	SAAW	CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
122	3:28.87	L	P	Kellen McLaren	11	SOUL	EKU	05/12/2019	EGA Summer Championships 2019
123	3:29.03	L	F	Kate-Lynn de Jager	AR	BLOT	MAN	26/11/2019	FS Champs
124	3:29.93	L	F	Madison Hayes	11	TYGE	CPT	22/02/2020	Swartland Invitational Gala 2
125*	3:30.01	L	F	Chloe Jewell	11	PEAS	NMA	29/11/2019	NMBA Championships 2019
125*	3:30.01	L	F	Lienke Van OS	11	BULS	MAN	26/11/2019	FS Champs
127	3:30.06	L	F	Megan Nieman	11	TUKS	TSH	21/02/2020	NTS February 2020 IM Gala
128	3:30.21	L	F	Christi Serfontein	11	QUIC	CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
129	3:30.43	L	F	Jodi Boettger	11	USC	BUF	22/11/2019	BCA Long Course Championships 2019
130	3:30.50	L	F	Simone Van Aswegen	11	WATR	JHB	05/12/2019	CGA Championships 2019
131	3:30.65	L	F	Nicola Olivier	11	HARB	BPD	05/12/2019	NWS Championships 2019/2020
132	3:30.70	L	F	Caitlin Scheepers	11	AQDO	CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
133	3:31.27	L	F	Caitlyn Govender	11	SGUL	ETH	15/02/2020	KZN Aquatics Level 2 Provincial
134	3:31.59	L	F	Kayla Vosloo	DR	BLOT	MAN	31/01/2020	Neptune Last Chance Gala
135	3:31.88	L	F	Stacey Smith	11	PAC	TSH	29/11/2019	2019 The Tshwane Mayoral Gala
136	3:31.91	L	F	Janke Breytenbach	GR	PSA	ZLD	25/01/2020	Ushaka Championship Gala 2020
137	3:32.00	L	F	Sandri Visser	11	WELL	GED	25/01/2020	West Coast Qualify Gala 2020
138	3:32.13	L	F	Leane Muller	11	NWS		01/02/2020	NTS Invitational Gala 2020
139	3:32.25	L	P	Rachel Hinckley	11	DYNA	EKU	05/12/2019	EGA Summer Championships 2019
140	3:32.35	L	F	Jaimee-Lee Wenham	11	SGUL	ETH	12/10/2019	eThekwini Junior Championships 2019
141	3:32.39	L	F	Leandre Voigt	11	VALS	FDD	31/01/2020	Neptune Last Chance Gala
142	3:32.44	L	F	Michaela Nell	11	WATR	JHB	03/11/2019	CGA All Levels
143	3:32.73	L	F	Ayanke Stander	11	ASAW	GED	29/02/2020	WCA Junior Champs - 2020
144	3:33.02	L	F	Jessica Greeff	11	HARL	BUF	07/02/2020	BCA Feb Age Group Gala 2020
145	3:33.26	L	F	Jocelyn Cromhout	11	HARL	BUF	21/02/2020	BCA 2nd Feb Age Group Gala 2020
146	3:33.48	L	F	Aarifah Haffijee	11	PEAS	NMA	09/11/2019	4th A League
147	3:33.66	L	P	Chloe Olivier	11	SOUL	EKU	05/12/2019	EGA Summer Championships 2019
148	3:33.68	L	F	Keera De Esclana	11	VRC	TSH	21/02/2020	NTS February 2020 IM Gala
149	3:33.77	L	F	Genevieve Court	11	AA	JHB	05/12/2019	CGA Championships 2019
150	3:33.84	L	F	Abigail Scheffer	11	PAC	TSH	30/08/2019	NTS August 2019 Age Group Gala Level
151	3:34.54	L	F	Imke Els	11	TYGE	CPT	25/01/2020	CTA TYR QUALIFYING GALA #3
152	3:34.93	L	F	Miela Smit	11	NLS	BUF	14/03/2020	BCA Level 1 Gala 2020
153	3:35.07	L	F	Emma Thiersen	11	PEAS	NMA	26/09/2019	Aquabear Invitational Meet 2019
154	3:35.09	L	F	Paige Edmundson	11	SASE	JHB	03/11/2019	CGA All Levels
155	3:35.17	L	F	Madisynn Elliott	11	LINR	JHB	05/12/2019	CGA Championships 2019
156	3:35.18	L	F	Hayley Steyn	11	CSA	EZD	29/11/2019	Mpumalanga Championships 2019
157	3:35.21	L	F	Reabiloe Kodisang	11	CRSC	JHB	03/11/2019	CGA All Levels
158	3:35.32	L	F	Lara Smith	11	TYGE	CPT	09/11/2019	CTA MEET #4
159	3:35.47	L	F	Leia Braithwaite	11	SGUL	ETH	15/02/2020	KZN Aquatics Level 2 Provincial
160	3:35.50	L	F	Sienna Wilensky	11	ASAC	CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
161	3:35.52	L	F	Cait Da Cunha	11	BON	JHB	15/02/2020	CGA Level 2 Last Chance Gala - Day 1
162	3:35.59	L	F	Taiga-Lee White	11	AZON	ETH	12/10/2019	eThekwini Junior Championships 2019
163	3:35.79	L	F	Micaela Mutooni	11	ELEC	JHB	03/11/2019	CGA All Levels
164	3:35.90	L	F	Anya Fernando	11	SASE	JHB	05/12/2019	CGA Championships 2019
165	3:35.94	L	F	Nicola Schwartz	11	HARL	BUF	07/02/2020	BCA Feb Age Group Gala 2020
166	3:35.95	L	F	Chanè Grobbelaar	11	SWAR	WCD	29/02/2020	WCA Junior Champs - 2020
167	3:36.13	L	F	Jordan Riebeseel	11	SGUL	ETH	15/02/2020	KZN Aquatics Level 2 Provincial
168	3:36.14	L	F	Mariel Van Der Net	11	SASOL	FDD	14/09/2019	Fezile Dabi Age Group
169	3:36.72	L	F	Abigail Sparapano	11	AZON	ETH	20/07/2019	eThekwini Age Group Gala 3
170	3:37.04	L	F	Micke De Jager	VR	PSA	ZLD	21/02/2020	Amajuba District Long Course
171	3:37.57	L	F	Daniëlla Müller	11	TUKS	TSH	01/11/2019	NTS November 2019 Age Group Gala
172	3:37.70	L	F	Emma Rossouw	11	QUIC	CPT	14/02/2020	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
173	3:38.18	L	F	Taylor Ririe	11	BLSS	MAN	26/11/2019	FS Champs

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
174	3:38.63	L	F	Amy Aaron	11	WSTV	ETH	23/11/2019	KZN TYR Westville Sprints 2019
175	3:39.08	L	F	Storme Badenhorst	11	MANT	CPT	26/09/2019	Aquabear Invitational Meet 2019
176	3:39.33	L	F	Simonè Schonken	11		SS MPD	29/11/2019	Limpopo Champs
177	3:39.58	L	F	Macy Hains	11	PEAS	NMA	10/08/2019	1st A League 2019
178	3:39.73	L	F	Jannae De Villiers	11	PRKA	PSD	05/12/2019	NCASA Champs Dec 2019
179	3:39.78	L	F	Abigail Britz	11	TINC	FSH	01/11/2019	NTS November 2019 Age Group Gala
180	3:39.91	L	F	Donne Bruyns	11	NSA	EZD	29/11/2019	Mpumalanga Championships 2019
181	3:40.37	L	F	Logan Francke	11	RBOT	NW	19/10/2019	NWS Age Group 1 1920
182	3:40.58	L	F	Marlene Ward	11	TUKS	FSH	12/10/2019	NTS Oct 2019 Age Group Gala
183	3:40.84	L	F	Kelly Stork	11	MAC	EKU	31/08/2019	Adrian Grafe Speedo Sprint Meet
184	3:41.35	L	F	Olesego Molemo	11	UNIQ	JHB	15/02/2020	EGA Last Chance Feb 2020
185	3:41.38	L	F	Nisa Da Silva	11	TUKS	FSH	21/02/2020	NTS February 2020 IM Gala
186	3:41.39	L	F	Keira Holland	11	CRSC	JHB	05/12/2019	CGA Championships 2019
187	3:41.50	L	F	Kehara Human	11	ASAW	CED	02/11/2019	Swartland Invitational #1
188	3:41.98	L	F	Anne Steyl	11	PRKA	PSD	05/12/2019	NCASA Champs Dec 2019
189	3:42.29	L	F	Sinoah Pretorius	11	TUKS	FSH	21/02/2020	NTS February 2020 IM Gala
190	3:42.40	L	F	Lelanie Buhr	11	SWAR	WCD	25/01/2020	West Coast Qualify Gala 2020
191	3:42.77	L	F	Layla Reynecke	11	SGUL	ETH	18/01/2020	eThekwini Age Group Gala 9
192	3:42.97	L	P	Jaimee-Lee Marais	11	SWIFT	EKU	05/12/2019	EGA Summer Championships 2019
193	3:43.01	L	F	Shayla Harvey	11	SGUL	ETH	12/10/2019	eThekwini Junior Championships 2019
194	3:43.09	L	F	Carme Louw	11	TASC	MPD	29/11/2019	Limpopo Champs
195	3:43.24	L	F	Xandri Els	11	BEAV	ETH	12/10/2019	eThekwini Junior Championships 2019
196	3:43.25	L	F	Emma Swart	11	KNYD	EDD	16/11/2019	EDEN 3rd A-League Gala 2019
197	3:43.30	L	F	Alexandra Houniet	11	MAC	EKU	08/11/2019	EGA Summer 4
198	3:43.32	L	F	Emma Lategan	11	CUDU	CPT	25/01/2020	CTA TYR QUALIFYING GALA #3
199	3:43.85	L	F	Bridget vd Westhuizen	11	TUKS	FSH	29/11/2019	2019 The Tshwane Mayoral Gala
200	3:43.87	L	F	Madison Markovic	11	MATL	KKD	15/02/2020	NWS Last Chance AG5 1920
201	3:44.49	L	F	Karli Lotter	11	ROA	EDD	05/10/2019	EDEN District School Trials 2019
202	3:44.55	L	F	Gia Lazzari	11	TUKS	FSH	17/01/2020	NTS Janaury 2020 Age Group Gala
203	3:44.92	L	F	Isabella Havemann	11	ASAC	CPT	29/02/2020	WCA Junior Champs - 2020
204	3:44.95	L	F	Katia Dias	11	BON	JHB	05/12/2019	CGA Championships 2019
205	3:44.97	L	F	Láne Fouché	11	HREF	BPD	05/12/2019	NWS Championships 2019/2020
206	3:45.13	L	F	Onkaribile Molamu	11	MATL	KKD	18/01/2020	NWS Age Group 4 1920
207	3:45.26	L	F	Su-Li Underdown	11	STAR	BPD	15/02/2020	NWS Last Chance AG5 1920
208	3:45.53	L	F	Miana Fourie	11	WSS	FDD	09/11/2019	Bull-Sharks 2019
209	3:45.54	L	F	Abby Novos	11	ASAC	CPT	25/01/2020	CTA TYR QUALIFYING GALA #3
210	3:45.74	L	F	Milla Delpoit	11	PEAS	NMA	26/09/2019	Aquabear Invitational Meet 2019
211	3:46.34	L	F	Robyn Barbour	11	ESP	EKU	15/02/2020	EGA Last Chance Feb 2020
212	3:46.69	L	F	Annika Potgieter	11	NWUC	KKD	24/06/2019	Sasol National Winter Championship
213	3:46.76	L	F	Cecile Scheepers	11	WELA	FDD	31/01/2020	Neptune Last Chance Gala
214	3:47.00	L	F	Megan Webster	11	RFA	FSH	01/11/2019	NTS November 2019 Age Group Gala
215	3:47.28	L	F	Candice Van Eeden	11	SGUL	ETH	20/07/2019	eThekwini Age Group Gala 3
216	3:47.50	L	F	Emily Tsai	11	BLMA	CPT	04/10/2019	CTA TYR QUALIFYING GALA #2
217	3:47.78	L	F	Dorethe Meyer	DR	BLOT	MAN	18/10/2019	Otters Prestige Gala 2019
218	3:47.80	L	F	Jemma Park	11	CRSC	JHB	15/02/2020	CGA Level 2 Last Chance Gala - Day 1
219	3:47.97	L	F	Monique Van Zyl	11	ASAC	CPT	29/02/2020	WCA Junior Champs - 2020
220	3:48.12	L	F	Ashleigh Davies	11	WELA	FDD	09/11/2019	Bull-Sharks 2019
221	3:48.15	L	F	Sarah Lourens	11	ELIT	JHB	05/12/2019	CGA Championships 2019
222	3:48.44	L	F	Anja Koen	11	HARB	BPD	23/11/2019	NWS Age Group 3 2019/20
223	3:48.52	L	F	Leah Crozier	11	FAAC	FBD	18/01/2020	Good Hope Gala 2020
224	3:48.79	L	F	Zoe Ann Kruger	11	AQU	ADJ	23/11/2019	KZN TYR Westville Sprints 2019
225	3:48.93	L	P	Esther Sauls	11	BENS	EKU	05/12/2019	EGA Summer Championships 2019
226	3:49.04	L	P	Lana Koegelenberg	11	CARN	EKU	05/12/2019	EGA Summer Championships 2019
227	3:49.40	L	F	Kayleigh Hahn	11	ROJ	EDD	26/10/2019	EDEN 2nd A-League Gala 2019
228	3:49.66	L	F	Nicole Norman	11	RPAC	EKU	08/11/2019	EGA Summer 4
229	3:49.73	L	F	Ella Eldar	11	TUKS	FSH	17/01/2020	NTS Janaury 2020 Age Group Gala
230	3:50.10	L	F	Zoe Goebel	11	TYGE	CPT	09/11/2019	CTA MEET #4
231	3:50.25	L	F	Suzanne Venter	11	TYGE	CPT	09/11/2019	CTA MEET #4
232	3:51.23	L	F	Hannah Rogan	11	DBSC	SDD	15/02/2020	EGA Last Chance Feb 2020

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
233	3:51.42	L	F	Tatum Sanderson	11	SOWE	JHB	15/02/2020 CGA Level 2 Last Chance Gala - Day 1
234	3:51.51	L	F	Megan Van Den Heever	11	GTC	EZD	29/02/2020 MP AGE GROUP 6 - 29 FEBRUARY
235	3:51.82	L	F	Tayla Gerber	11	AEC	JHB	22/02/2020 CGA Level 2 Last Chance Gala - Day 1
236	3:51.87	L	F	Amelie Brügers	11	AQWO	CPT	25/01/2020 West Coast Qualify Gala 2020
237	3:51.91	L	F	Dakota McIntyre	11	SOUL	EKU	31/08/2019 Adrian Grafe Speedo Sprint Meet
238	3:52.06	L	F	Teagan Hamer	11	INFA	NMA	21/02/2020 Infinity Champs LC Gala
239	3:52.55	L	F	Sian Kleynhans	11	KALA	JTD	09/11/2019 NCASA Age Group 2 KTU 2019
240	3:52.93	L	F	Nieke Breytenbach	11	WELA	FDD	31/01/2020 Neptune Last Chance Gala
241	3:52.94	L	F	Taegon Gunkel	11	BEAV	ETH	15/02/2020 KZN Aquatics Level 2 Provincial
242	3:53.25	L	F	Jane Glutz	11	AQU	ADJ	21/02/2020 Amajuba District Long Course
243	3:53.47	L	F	Zine Mostert	11	WATR	JHB	12/10/2019 CGA Level 1,2,3, SANJ Gala
244	3:54.14	L	F	Lily Ogden	11	PEAS	NMA	09/11/2019 4th A League
245	3:54.22	L	F	Chloe Petersen	11	TUKS	TSH	17/01/2020 NTS Janaury 2020 Age Group Gala
246	3:54.24	L	F	Katya Botha	11	BOKS	EKU	15/02/2020 EGA Last Chance Feb 2020
247	3:54.44	L	F	Jaime Maritz	11	NSAD	EZD	14/09/2019 MP Sprint Gala - 14 September 2019
248	3:54.55	L	F	Samantha Magava	11	UNIQ	JHB	03/11/2019 CGA All Levels
249	3:54.98	L	F	Kimberley Strong	11	KALA	JTD	15/02/2020 NCASA Age Group 5 KTU 2019-2020
250	3:55.47	L	F	Leandri Venter	11	RBOT	NW	19/10/2019 NWS Age Group 1 1920
251	3:55.73	L	F	Ivana Vyncke	TR	PSA	ZLD	21/02/2020 Amajuba District Long Course
252	3:55.77	L	F	Jamie-Lee Espag	11	AZON	ETH	18/01/2020 eThekwini Age Group Gala 9
253	3:56.14	L	F	Johanne Lamprecht	11	LSTHZ	WBD	05/10/2019 Limpopo Age Group 4 & School Champs
254	3:57.17	L	F	Carmen Wasowicz	11	ESTR	EKU	18/01/2020 EGA Summer 5 - 2020
255	3:57.43	L	F	Leigh Pijoo	11	BLMA	CPT	02/11/2019 Swartland Invitational #1
256	3:57.51	L	F	Chrisley Barnard	11	WSS	FDD	18/10/2019 Otters Prestige Gala 2019
257	3:58.54	L	F	Miriam Bihlmaier	11	DBSC	SDD	08/11/2019 EGA Summer 4
258	3:59.17	L	F	Mia Bruwer	11	SS	MPD	29/11/2019 Limpopo Champs
259	3:59.38	L	F	Christi Swarts	11	JAQ	SDD	18/01/2020 EGA Summer 5 - 2020
260	3:59.43	L	F	Deoné Borstlap	11	POTC	KKD	18/01/2020 NWS Age Group 4 1920
261	4:00.39	L	F	Sinakhokonke Nene	11	UMSH	ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
262	4:00.42	L	F	Jessica Carrol	11	BLMA	CPT	02/11/2019 Swartland Invitational #1
263	4:01.31	L	P	Gabriella Fotheringham	11	SOUL	EKU	05/12/2019 EGA Summer Championships 2019
264	4:01.61	L	F	Leanke Voigt	11	JAQ	SDD	08/11/2019 EGA Summer 4
265	4:01.74	L	F	Dhenika Chetty	11	BEAV	ETH	18/01/2020 eThekwini Age Group Gala 9
266	4:02.64	L	F	Sinalo Ndlou	11	UMSH	ETH	15/02/2020 KZN Aquatics Level 2 Provincial
267	4:02.66	L	F	Selente Oosthuysen	11	HARB	BPD	05/12/2019 NWS Championships 2019/2020
268	4:02.69	L	F	Mieka Wichmann	11	PSCP	UMD	12/10/2019 eThekwini Junior Championships 2019
269	4:02.71	L	F	Isabella Day	11	BEAV	ETH	23/11/2019 KZN TYR Westville Sprints 2019
270	4:03.31	L	F	Zane Neethling	11	TKS	WBD	29/11/2019 Limpopo Champs
271	4:03.34	L	F	Lanya Price	11	DYNA	EKU	12/10/2019 NTS Oct 2019 Age Group Gala
272	4:04.82	L	F	Leila Schenk	11	CPS	BUF	14/03/2020 BCA Level 1 Gala 2020
273	4:05.17	L	F	Jaime Schweitzer	AR	BLOT	MAN	14/03/2020 FSA Level 1 2020
274	4:05.60	L	F	Lutfiyya Sheik	11	AQSC	UMD	14/03/2020 KZNA Level 1 Provincial Champs 2020
275	4:06.05	L	F	Kailyn Roopchand	11	UM-SA	UMD	10/11/2019 eThekwini Age Level 1 Gala 1
276	4:06.74	L	P	Alandri Krause	11	WSS	FDD	24/06/2019 Sasol National Winter Championship
277	4:07.56	L	F	Simone Schutte	11	MDOL	JHB	03/11/2019 CGA All Levels
278	4:09.85	L	F	Anè Kemp	11	SWAR	WCD	22/02/2020 Swartland Invitational Gala 2
279	4:12.81	L	F	Abigail Cullen	11	WELA	FDD	26/11/2019 FS Champs
280	4:13.21	L	F	Lehanra Greeff	11	HREF	BPD	19/10/2019 NWS Age Group 1 1920
281	4:15.10	L	F	Refilwe Makudubele	11	SWAG	KKD	23/11/2019 NWS Age Group 3 2019/20
282	4:15.87	L	F	Marne Pretorius	11	WRC	MPD	31/01/2020 MP AGE GROUP 4 31 JANUARY - 1
283	4:16.30	L	F	Ilanze du Plessis	11	BULS	MAN	09/11/2019 Bull-Sharks 2019
284	4:17.17	L	P	Neo Bhengu	11	MGSC	UGD	05/12/2019 EGA Summer Championships 2019
285	4:17.34	L	F	Zahra Spencer	11	BLMA	CPT	02/11/2019 Swartland Invitational #1
286	4:19.16	L	F	Jocke Coetzee	11	KALA	JTD	11/01/2020 NCASA Age Group 4 KTU 2019-2020
287	4:19.73	L	F	Mia Crookham	11	TYGE	CPT	04/10/2019 CTA TYR QUALIFYING GALA #2
288	4:20.93	L	F	Nomthandazo Madonda	11	UMSH	ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
289	4:22.10	L	F	Hannah Watson	11	SGUL	ETH	14/03/2020 KZNA Level 1 Provincial Champs 2020
290	4:22.29	L	F	Kgothatso Tsebe	11	STAR	BPD	05/12/2019 NWS Championships 2019/2020
291	4:25.23	L	F	Jessica Mc Ardle	11	WSS	FDD	09/11/2019 Bull-Sharks 2019

Individual Top Times

Times since: 01-May-19

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
292	4:25.50 L	F	Mpumelelo Mthandi	11	BLMA CPT	14/06/2019	PEA Winter Gala	
293	4:26.54 L	F	Catherine O'Grady	11	EXA EZD	14/03/2020	MP LEVEL 1 INTRA PROVINCIAL SWIM	
294	4:26.69 L	F	Helena Van Vuuren	11	KALA JTD	21/02/2020	NCASA Sprints 2020	
295	4:28.38 L	F	Tayyibah Sayed	11	DBSC SDD	15/02/2020	EGA Last Chance Feb 2020	
296	4:30.58 L	P	Ashley Seymour	11	WSS FDD	24/06/2019	Sasol National Winter Championship	
297	4:33.93 L	F	Shyenne Laubcher	11	WSS FDD	31/01/2020	Neptune Last Chance Gala	
298*	4:34.04 L	F	Michaela Blaine	11	PEAS NMA	09/11/2019	4th A League	
298*	4:34.04 L	F	Maria Dos Santos	11	HREF BPD	19/10/2019	NWS Age Group 1 1920	
300	4:35.32 L	F	Danelle Conradie	11	HWSK FBD	16/11/2019	NCASA Age Group 3 2019 KBY	
301	4:38.17 L	F	Margaretha Geldenhuys	11	STELL RMD	23/11/2019	NWS Age Group 3 2019/20	
302	4:42.99 L	F	Bokamoso Imasiku	11	TLAC BPD	15/02/2020	NWS Last Chance AG5 1920	
303	4:48.95 L	F	Jade Schaller	11	ISSC NMA	05/12/2019	NWS Championships 2019/2020	
304	4:49.52 L	F	Noa Mullin	11	HWSK FBD	16/11/2019	NCASA Age Group 3 2019 KBY	
305	4:54.59 L	F	Hananje Pretorius	11	UPTS ZMD	21/02/2020	NCASA Sprints 2020	
306	4:57.18 L	F	Aphiwe Malembe	11	USH KCD	25/01/2020	Ushaka Championship Gala 2020	
307	5:28.28 L	F	Humairah Nakooda	VN	AQUA JTD	01/02/2020	Uthukela District Age Group Gala 1 Feb	
Women 11-11 400 IM								
1	6:53.78 L	F	Mieke Vd Wal	11	BARR CPT	01/11/2019	38th Freda Barnard Invitational Gala	
2	7:08.22 L	F	Paige Jacobs	11	FAAC FBD	25/10/2019	Flamingo Aquatics Academy Prestige	
3	7:13.44 L	F	Ella van Wyk	11	BARR CPT	01/11/2019	38th Freda Barnard Invitational Gala	