

## SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

## Psych Sheet

## #101 Men 11 &amp; Under 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Steyn, Harry	11	CASC-CP	5:10.84
2 Mallin, Lukas	11	SAAW-CP	5:12.80
3 Richter, Joshua C	11	BEST-NM	5:15.85
4 Law Hing Choy, Flynn M	11	SAAW-CP	5:24.95
5 Breebaart, Matthew	10	CASC-CP	5:30.63
6 Bond, Ben L	11	ROA-ED	5:33.16
7 Delpport, Reynard	11	BEST-NM	5:34.46
8 Pieterse, Adriaan	10	DESA-NM	5:37.38
9 Skordis, Boyd A	11	AQDO-CP	5:39.66
10 Joyce, Guy	11	CASC-CP	5:42.38
11 Van Wyngaard, Daniël C	11	ROA-ED	5:42.90
12 Opperman, Conrad Willem	10	SEY	5:45.00
13 Desai, Rohin T	11	SAAW-CP	5:45.68
14 Knoetze, Ruben	11	ROA-ED	5:49.38
15 Poultney, Daniel	9	CASC-CP	5:51.06
16 Fouche, Ryan	10	CASC-CP	5:51.14
17 Gerber, Luke M	11	CASC-CP	5:51.15
18 Coetzee, Tristan R	11	FISH-ED	5:52.34
19 Parr, Riley C	11	KNYA-ED	5:55.90
20 Heunis, Johan C	11	BARR-CP	5:58.11
21 Van der Merwe, Logan	11	TYGE-CP	6:04.16
22 Louw, André J	11	KALA	6:04.69
23 Sebastian, Alexander	11	MANT-CP	6:04.76
24 Forsythe, Declan J	11	INFA-NM	6:06.39
25 Swartz, Seth J	11	TYGE-CP	6:07.86
26 Kuhn, Adrian-Brand	10	CASC-CP	6:10.38
27 Davenport, Daniel J	11	DESA-NM	6:10.94
28 Kriel, Ewan	11	QUIC-CP	6:15.24
29 Fraser, Luke	11	SAAW-CP	6:17.82
30 van der Westhuizen, Anri	11	INFA-NM	6:19.00
31 Serfontein, John-Lourens	11	ROA-ED	6:22.15
32 Marais, Ewan E	11	GREY-CP	6:32.07

## #102 Women 11 &amp; Under 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Pieterse, Haley	10	INFA-NM	5:14.06
2 Johnson, Ella J	11	SAAW-CP	5:17.34
3 Dabrowski, Leah A	11	BLMA-CP	5:23.28
4 Butau, Mila T	11	BEST-NM	5:35.80
5 Hofinger, Charlotte M	11	ASAC-CP	5:37.85
6 Olivier, Gianna G	11	PAQU-CE	5:38.03
7 Gilligan, Saskia	11	BLMA-CP	5:45.79
8 Walker, Kayla-Anne	11	CYBE-CP	5:58.34
9 Kretzmann, Sophie F	11	USC-BU	6:01.85
10 Van Der Byl, Emily	11	USC-BU	6:02.87
11 Normington, Olivia	11	XCEL-CP	6:05.30
12 Loni, Yama	11	INFA-NM	6:07.01
13 Strydom, Marli	11	QUIC-CP	6:08.57
14 Du Preez, Kyra J	11	USC-BU	6:08.82
15 Perrins, Hayden	11	GREY-CP	6:10.74
16 Kuhn, Alexa J	11	CASC-CP	6:10.83
17 Swanepoel, Pia Q	11	ASAC-CP	6:13.25
18 Vd Wal, Kaylee	11	CASC-CP	6:34.19
19 Engelbrecht, Zia-Bella L	11	HTSA-CP	6:37.63

## #103 Men 12 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 February, Dillon S	12	CASC-CP	5:17.65
2 Stander, Christiaan L	12	ASAW-CE	5:21.37
3 Van Onselen, Pierre S	12	TYGE-CP	5:23.82
4 Bendixen, Vidar R	12	SAAW-CP	5:31.76
5 Laufs, Connor R	12	SAAW-CP	5:39.04
6 Theunissen, Jude E	12	BEST-NM	5:43.66
7 Orffer, Llewellyn	12	UPSK	5:50.20
8 Spangenberg, Zach A	12	XCEL-CP	6:05.63

9 Odendaal, Riko	12	BARR-CP	6:29.95
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## #104 Women 12 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Els, Jamie	12	AQDO-CP	5:22.01
2 Jordaan, Mikayla E	12	CASC-CP	5:30.70
3 Barnes, Caitlin M	12	SAAW-CP	5:31.41
4 Christie, Laila A	12	USC-BU	5:33.61
5 McGluwa, Jovanah N	12	CASC-CP	5:37.62
6 Nel, Olivia	12	CLA-WC	5:39.00
7 Terwin, Brooklyn	12	USC-BU	5:41.70
8 Grebe, Ava	12	CUHE-OB	5:47.64
9 Emjedi, Saffiya	12	SAAW-CP	5:48.11
10 Theron, Alex	12	CASC-CP	5:49.41
11 Anthony, Jazmin A	12	PAQU-CE	5:49.93
12 Jurgens, Chloe-Leigh	12	MANT-CP	5:52.52
13 van der Mescht, Ava	12	DESA-NM	5:52.69
14 Tembo, Noku L	12	KNYA-ED	5:53.04
15 Adams, Ella	12	TYGE-CP	5:53.52
16 Van Zyl, Liane	12	UPSK	5:55.37
17 Schutzler, Amelia-Rose	12	USC-BU	5:55.65
18 Cupido, Kirsten	12	CYBE-CP	5:57.83
19 Van de Vyver, Mia	12	QSAW-CE	6:00.54
20 Ristow, Emma K	12	USC-BU	6:01.19
21 Mfabe, Zingce Z	12	USC-BU	6:01.20
22 Hendricks, Jada	12	TYGE-CP	6:03.40
23 March, Gea A	12	UPSK	6:10.79
24 Haldane, Bella	12	FISH-ED	6:27.93

## #105 Men 13 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Spencer, Marcus W	13	CYBE-CP	5:05.72
2 Strydom, Andre N	13	BEST-NM	5:09.45
3 Opperman, Cornelius Joh	13	SEY	5:11.04
4 Weber, Daniel	13	PLAY-CE	5:16.36
5 VerLoren Van Themaat, H	13	LALE-CE	5:20.05
6 Akinci, Can Batu	13	VINE-CP	5:20.16
7 Froneman, Dylan R	13	BLMA-CP	5:22.21
8 Heunis, Le Roux	13	TYGE-CP	5:24.21
9 Du Randt, Zack S	13	TYGE-CP	5:28.46
10 Coates, Caleb	13	FISH-ED	5:28.56
11 Ramorwesi, Oratilwe M	13	SAAW-CP	5:32.30
12 Lammaing, Jack	13	CLA-WC	5:33.16
13 Hucke, Tegan	13	SAAW-CP	5:33.36
14 Jooste, Ben D	13	CUHE-OB	5:36.00
15 Fouche, Jack	13	CASC-CP	5:36.26
16 Niemand, Leo	13	CYBE-CP	5:36.73
17 Lubbe, Alex C	13	USC-BU	5:36.99
18 Harvey, Waylon	13	CYBE-CP	5:40.03
19 Joubert, Wian	13	QUIC-CP	5:40.93
20 Smit, Christian F	13	ROA-ED	5:41.49
21 Conradie, D'Niel	13	ASAW-CE	5:41.87
22 Shipton, Christopher J	13	QUIC-CP	5:50.25
23 Abrie, Ryn J	13	CUHE-OB	6:09.49
24 Baadjies, Cruden H	13	PAQU-CE	6:09.77
25 Kruger, Rikhardt	13	UPSK	6:22.99

## #106 Women 13 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Sonnekus, Anya	13	TYGE-CP	5:17.40
2 Nienaber, Mila J	13	QSAW-CE	5:20.60
3 Strydom, Mia	13	INFA-NM	5:21.99
4 Brooker, Isabella J	13	AACTA-CP	5:22.12
5 Retief, Jane	13	LALE-CE	5:27.17
6 Palha, Isis Gabriela	13	APNL	5:32.35
7 Van Dyk, Zani	13	ASAC-CP	5:35.03
8 Joubert, Liandi	13	USC-BU	5:37.69
9 McLean, Daniella L	13	PEAS-NM	5:40.95

10 Pahl, Shelly F	13	QUIC-CP	5:41.26
11 Lourens, Mia	13	CASC-CP	5:41.89
12 Coetzee, Marli	13	CASC-CP	5:44.06
13 Thirsk, Savannah	13	TYGE-CP	5:54.60
14 Botha, Rebecca P	13	CASC-CP	5:58.02
15 Kröger, Sammy	13	BARR-CP	6:08.45

## #107 Men 14 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Coetzee, Sion M	14	QUIC-CP	5:00.21
2 Grobler, Chris I	14	CASC-CP	5:02.39
3 Lichthart, Nicus	14	QUIC-CP	5:04.03
4 Walther-Kotzè, Leon C	14	ASAC-CP	5:04.81
5 Nagendrakumar, Puneet	14	SLAQ-CP	5:05.22
6 Hodgskiss, Fin J	14	SSISA-CP	5:06.85
7 Wenn, Josiah	14	ASAC-CP	5:09.51
8 Lewis, Callum R	14	CASC-CP	5:09.54
9 van Wyk, Tariq K	14	CASC-CP	5:10.23
10 Visser, Wessel M	14	UWCA-CP	5:10.88
11 Addinall, Ethan	14	MANT-CP	5:11.44
12 Cook, Jedd R	14	USC-BU	5:15.03
13 Hodge, Cameron P	14	LALE-CE	5:16.50
14 Prince, Caleb T	14	BEST-NM	5:18.40
15 Wessels, Connor M	14	BLMA-CP	5:19.01
16 Van der Westhuizen, Luk	14	EVO-CP	5:19.78
17 Van Dyk, Stephaan	14	BLMA-CP	5:25.42
18 Gamielidien, Idreess	14	MARL-CP	5:26.88
19 Snyders, Reece	14	UWCA-CP	5:32.34
20 Fortune, Yaseen	14	MANT-CP	5:44.94

## #108 Women 14 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Parimbelli, Maria Teresa	14	APNL	5:06.98
2 Welsh, Stacey A	14	BEST-NM	5:11.03
3 O'Carroll, Nia E	14	STAQ-CE	5:17.27
4 Riley, Logan	14	CASC-CP	5:17.42
5 Pretorius, Mariné	14	UPSK	5:19.19
6 Crozier, Emily N	14	FAAC	5:20.86
7 Robinson, Alana	14	SAAW-CP	5:24.46
8 Messiter-Tooze, Luna S	14	SLAQ-CP	5:24.90
9 Basson, Lenè	14	CLA-WC	5:28.53
10 Heldsinger, Alexa L	14	SSISA-CP	5:30.57
11 Otterbach, Lily	14	TYGE-CP	5:31.46
12 Van Tromp, Seruby	14	LALE-CE	5:31.86
13 Hawley, Nicola	14	PLAY-CE	5:35.18
14 Harper, Maddie I	14	KNYA-ED	5:43.27

## #109 Men 15 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Basson, Lucca N	15	SFSC-CP	4:44.24
2 Spencer, Charles A	15	CYBE-CP	4:47.42
3 Williams, Evan B	15	SSISA-CP	4:49.16
4 Pullock, Sam J	15	CUHE-OB	4:51.10
5 Jenkins, Finn R	15	PEAS-NM	4:52.94
6 Njoroge, Alphonse	15	CASC-CP	4:53.97
7 Fernandes, Carlos Daniel	15	APNL	4:54.07
8 Poggenpoel, Troy J	15	SSISA-CP	4:54.25
9 Mansfield, Luke T	15	STAQ-CE	4:55.85
10 Liedeman, Mark	15	SWAR-WC	5:00.11
11 Field, Joshua J	15	SAAW-CP	5:29.04
12 van Staden, Mika L	15	AQUA-BU	5:29.51

## #110 Women 15 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Senekal, Margo	15	TYGE-CP	5:01.08
2 Santo, Rhanya Espirito	15	APNL	5:01.87
3 Blake, Abi E	15	CASC-CP	5:04.66
4 Kuhn, Tamzyn J	15	SAAW-CP	5:09.77

## SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

## Psych Sheet

<b>#110 ... (Women 15 Year Olds 400 LC Meter Freestyle)</b>				21	Van der Merwe, Josh E	16	SAAW-CP	58.59	88	Lichthart, Nicus	14	QUIC-CP	1:05.96	
5	Holthuis, Keilah-Naomi	15	QSAW-CE	5:14.58	22	Fernandes, Carlos Daniel	15	APNL	58.60	89	Wessels, Connor M	14	BLMA-CP	1:06.30
6	Strong, Ava J	15	PEAS-NM	5:15.34	23	Sousa, Guilherme Machac	16	APNL	58.67	90	Kleu, Wian M	12	STAQ-CE	1:06.44
7	Kleynhans, Sian	15	FISH-ED	5:22.55	24	Rayne, Leo	16	ASAC-CP	58.77	91	O'Connor, Cohen T	17	PEAS-NM	1:06.45
8	Hager, Carle	15	ASAW-CE	5:37.96	25	Vd Merwe, Thomas	15	LALE-CE	58.95	92	Coates, Caleb	13	FISH-ED	1:06.59
<b>#111 Men 16 Year Olds 400 LC Meter Freestyle</b>				26	Das Neves, Lucas P	15	TYGE-CP	58.99	93	Willenburg, Elijah K	14	SLAQ-CP	1:06.71	
	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	27	Ludik, Stephan E	17	KTS	59.00	94	Opperman, Cornelius Joh	13	SEY	1:06.71
1	Solomon, Ethan	16	AQDO-CP	4:31.32	28	Blauw, Tyriq D	16	TYGE-CP	59.07	95	Kruger, Rikhardt	13	UPSK	1:06.86
2	Allott, Jack R	16	ACTA-CP	4:37.00	29	Atkinson, Samuel A	16	SWAR-WC	59.13	96	Visser, Wessel M	14	UWCA-CP	1:06.93
3	Arnott, Carter J	16	ASAC-CP	4:43.48	30	Steyl, Douw L	18	UPSK	59.17	97	Hattingh, Ben	14	FAAC	1:07.23
4	Southey, Jamie	16	AQDO-CP	4:44.54	31	Solomon, Ethan	16	AQDO-CP	59.37	98	Strydom, Andre N	13	BEST-NM	1:07.28
5	Atkinson, Samuel A	16	SWAR-WC	4:45.16	32	Engelbrecht, Ruben J	17	PLAY-CE	59.42	99	Smith, Tristan A	15	CASC-CP	1:07.48
6	Sousa, Guilherme Machac	16	APNL	4:51.52	33	van Staden, Mika L	15	AQUA-BU	59.69	100	Cook, Jedd R	14	USC-BU	1:07.61
7	Thompson, Cameron G	16	HARL-BU	4:52.72	34	Hlangothi, Munguni S	17	PEAS-NM	59.71	101	Niemand, Leo	13	CYBE-CP	1:07.73
8	Strydom, Luan	16	TYGE-CP	5:05.27	35	De Bruyn, Cornè C	16	ASAC-CP	59.78	102	Steyn, Harry	11	CASC-CP	1:07.84
<b>#112 Women 16 Year Olds 400 LC Meter Freestyle</b>				36	Spencer, Charles A	15	CYBE-CP	59.83	103	Gomez, Alex W	14	MARL-CP	1:07.86	
	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	37	Pedro, Tamkeen	17	WALM-CP	59.89	104	Van Onselen, Pierre S	12	TYGE-CP	1:07.91
1	Zeelie, Shanna-Leigh	16	BLMA-CP	4:58.96	38	Germishuys, Liam J	15	QSAW-CE	59.92	105	Troskie, Jean	13	QUIC-CP	1:07.98
2	Rossouw, Emma M	16	TYGE-CP	5:08.37	39	Moolman, Carter S	16	MANT-CP	1:00.13	106	Lubbe, Alex C	13	USC-BU	1:08.06
3	Röntgen, Carine	16	ASAW-CE	5:10.19	40	Andrews, Carl R	15	PEAS-NM	1:00.16	107	Jooste, Ben D	13	CUHE-OB	1:08.11
4	Delpport, Milla	16	PEAS-NM	5:17.36	41	Gounden, Mikhael A	19	CLA-WC	1:00.39	108	Opperman, Conrad Wille	10	SEY	1:08.12
5	Jewell, Chloe I	16	PEAS-NM	5:21.12	42	Hewitt-Smook, Kristian	17	SWAR-WC	1:00.47	109	Orffer, Llewellyn	12	UPSK	1:08.13
6	Bosman, Jessica A	16	QUIC-CP	5:27.15	43	Gilbert, Thomas O	17	SAAW-CP	1:00.78	110	Jacobs, Seth G	12	MANT-CP	1:08.30
<b>#113 Men 17-19 400 LC Meter Freestyle</b>				44	Liedeman, Mark	15	SWAR-WC	1:00.82	111	Jonas, Leonardo	13	PLAY-CE	1:08.30	
	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	45	Schreuder, Steffen	17	ASAW-CE	1:01.07	112	Pitout, Zachary J	13	ASAC-CP	1:08.40
1	Brooker, Matthew W	17	ACTA-CP	4:34.42	46	Mansfield, Luke T	15	STAQ-CE	1:01.12	113	Bothma, Ryan	13	KSTAR-ED	1:08.41
2	Boonzaaier, Simon F	18	ASAW-CE	4:39.62	47	Booth, Jake J	14	VIKI-BU	1:01.12	114	Walther-Kotzè, Leon C	14	ASAC-CP	1:08.71
3	Van Der Merwe, Ula W	17	KNYA-ED	4:42.68	48	Allott, Jack R	16	ACTA-CP	1:01.14	115	Froneman, Dylan R	13	BLMA-CP	1:08.76
4	Lombard, Kyle M	17	CASC-CP	4:46.76	49	Saayman, Dehan	17	PLAY-CE	1:01.16	116	Moodie, Zak	14	BLMA-CP	1:09.36
5	Sheard, Dylan J	17	PEAS-NM	4:48.29	50	Jenkins, Finn R	15	PEAS-NM	1:01.20	117	Stander, Christiaan L	12	ASAW-CE	1:09.41
6	Zellie, Thomas J	17	SAAW-CP	4:52.12	51	Wright, Jonah S	14	TYGE-CP	1:01.28	118	Ramorwesi, Oratilwe M	13	SAAW-CP	1:09.81
7	O'Connor, Cohen T	17	PEAS-NM	4:52.27	52	Grovè, Daniël	15	CUHE-OB	1:01.28	119	Du Randt, Zack S	13	TYGE-CP	1:09.86
8	Schreuder, Steffen	17	ASAW-CE	4:52.44	53	Boonzaaier, Simon F	18	ASAW-CE	1:01.40	120	Heunis, Le Roux	13	TYGE-CP	1:10.03
9	Copteros, Ilyo B	17	PEAS-NM	4:58.02	54	Copteros, Ilyo B	17	PEAS-NM	1:01.45	121	Lewis, Callum R	14	CASC-CP	1:10.33
10	Martin, Alzhario	17	UWCA-CP	5:04.02	55	Samsodien, Saaligh S	14	MARL-CP	1:01.61	122	Richter, Joshua C	11	BEST-NM	1:10.45
11	Ludik, Stephan E	17	KTS	5:24.38	56	Beukes, Jaden L	15	WALM-CP	1:01.84	123	Harbron, Nicholas	13	FAAC	1:10.54
<b>#114 Women 17-19 400 LC Meter Freestyle</b>				57	Williams, Evan B	15	SSISA-CP	1:01.99	124	Louw, James	12	VINE-CP	1:10.61	
	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	58	Sheard, Dylan J	17	PEAS-NM	1:02.15	125	Troskie, Roean	13	QUIC-CP	1:10.73
1	Theron, Jady	18	PLAY-CE	5:01.39	59	Thompson, Cameron G	16	HARL-BU	1:02.35	126	Kretzmann, Kaleb B	14	USC-BU	1:11.02
2	Loubser, Jenna L	17	SLAQ-CP	5:04.28	60	Daniels, Joshua D	14	SLAQ-CP	1:02.44	127	Schoeman, Mateo J	11	QSAW-CE	1:11.08
3	Vd Westhuizen, Joy	17	AQDO-CP	5:13.32	61	Martin, Alzhario	17	UWCA-CP	1:02.49	128	Serfontein, John-Lourens	11	ROA-ED	1:11.43
<b>#201 Men 19 &amp; Under 100 LC Meter Freestyle</b>				62	Coetzee, Sion M	14	QUIC-CP	1:03.01	129	Laufs, Connor R	12	SAAW-CP	1:11.52	
	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	63	Poggenpoel, Troy J	15	SSISA-CP	1:03.23	130	Schabert, Lowen	11	QSAW-CE	1:11.53
1	Van Der Merwe, Ula W	17	KNYA-ED	56.76	64	VerLoren Van Themaat, H	13	LALE-CE	1:03.27	131	Schemel, Brody L	12	HARL-BU	1:11.66
2	Eilers, De-Anzo C	18	KALA	57.08	65	Coleman, Travis	13	BLMA-CP	1:03.34	132	Swanepoel, Hallett J	12	KNYA-ED	1:11.69
3	Zellie, Thomas J	17	SAAW-CP	57.15	66	Grobler, Chris I	14	CASC-CP	1:03.60	133	Lötter, Reuben	13	DESA-NM	1:11.71
4	Kalapac, Joshua	16	SLAQ-CP	57.33	67	Southey, Jamie	16	AQDO-CP	1:03.64	134	Goodall, Aaron	12	ASAC-CP	1:11.84
5	Alexander, Ammaar	17	MARL-CP	57.47	68	Nagendrakumar, Puneet	14	SLAQ-CP	1:03.69	135	February, Dillon S	12	CASC-CP	1:12.29
6	Brooker, Matthew W	17	ACTA-CP	57.62	69	Van der Watt, Alpheus J	16	PLAY-CE	1:03.77	136	Akinci, Can Batu	13	VINE-CP	1:12.37
7	Dupper, Leon H	16	INFA-NM	57.62	70	Njoroge, Alphonse	15	CASC-CP	1:03.79	137	Harvey, Waylon	13	CYBE-CP	1:12.50
8	Beukes, Mateo A	19	WALM-CP	57.66	71	Muller, Lukas D	13	LALE-CE	1:03.98	138	Viljoen, Jagger F	12	ASAC-CP	1:12.73
9	Viljoen, Jaden R	16	ASAC-CP	57.67	72	Zungu, Sinothando	16	VIKI-BU	1:04.07	139	Smit, Christian F	13	ROA-ED	1:12.80
10	Van der Walt, Lourens M	17	QSAW-CE	57.77	73	van Wyk, Tariq K	14	CASC-CP	1:04.17	140	Opperman, Theodore S	12	KTS	1:12.93
11	Kleinhans, Kyle	18	SSISA-CP	57.80	74	Strydom, Luan	16	TYGE-CP	1:04.35	141	Hucke, Tegan	13	SAAW-CP	1:13.02
12	Arnott, Carter J	16	ASAC-CP	57.86	75	Mallin, Lukas	11	SAAW-CP	1:04.60	142	Joyce, Guy	11	CASC-CP	1:13.31
13	Pincenth, Matthew	17	SAAW-CP	57.97	76	Van Dyk, Stephaan	14	BLMA-CP	1:04.70	143	Breebaart, Matthew	10	CASC-CP	1:13.33
14	Wedderburn, Liam	16	INFA-NM	58.12	77	Addinall, Ethan	14	MANT-CP	1:04.87	144	Van Rooyen, Louis B	15	FISH-ED	1:13.34
15	Basson, Lucca N	15	SFSC-CP	58.19	78	Prince, Caleb T	14	BEST-NM	1:04.93	145	Theunissen, Jude E	12	BEST-NM	1:13.69
16	Pullock, Sam J	15	CUHE-OB	58.20	79	Weber, Daniel	13	PLAY-CE	1:05.09	146	Van Rensburg, Janco	14	TYGE-CP	1:13.80
17	Walker, Yohan G	16	VINE-CP	58.24	80	Krause, Luke	14	CASC-CP	1:05.13	147	Abrie, Ryn J	13	CUHE-OB	1:13.99
18	De Jager, Nathan B	16	ASAC-CP	58.48	81	Nash, Daniel A	17	PEAS-NM	1:05.27	148	Kleinsmith, David	13	CASC-CP	1:14.00
19	Witbooi, Reinhardt J	18	STAQ-CE	58.49	82	Spencer, Marcus W	13	CYBE-CP	1:05.42	149	Nhipton, Christopher J	13	QUIC-CP	1:14.10
20	Lombard, Kyle M	17	CASC-CP	58.55	83	Field, Joshua J	15	SAAW-CP	1:05.43	150	Nolands, Reece T	14	USC-BU	1:14.12
					84	Wenn, Josiah	14	ASAC-CP	1:05.57	151	Vermaak, Bo	12	VINE-CP	1:14.19
					85	Francis, Ethan	13	MARL-CP	1:05.83	152	Comotti, Leonardo	10	APNL	1:14.30
					86	Van der Westhuizen, Luk	14	EVO-CP	1:05.89	153	Fouche, Jack	13	CASC-CP	1:14.38
					87	Jurgens, Ezra J	16	MANT-CP	1:05.94	154	Pieterse, Nicholas N	11	STAQ-CE	1:14.58

## SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

## Psych Sheet

## #201 ... (Men 19 &amp; Under 100 LC Meter Freestyle)

155	Coolen, Nicolas D	12	STAQ-CE	1:14.73
156	Desai, Rohin T	11	SAAW-CP	1:14.75
157	Lange, Oliver	11	VINE-CP	1:14.77
158	Sebastian, Alexander	11	MANT-CP	1:14.82
159	Knoetze, Ruben	11	ROA-ED	1:14.83
160	Maughan, Patrick F	12	ASAC-CP	1:15.16
161	Lategan, Wessel W	12	SWAR-WC	1:15.16
162	Bond, Ben L	11	ROA-ED	1:15.31
163	Gerber, Luke M	11	CASC-CP	1:15.40
164	Skordis, Boyd A	11	AQDO-CP	1:15.42
165	Spangenberg, Zach A	12	XCEL-CP	1:15.43
166	Ellis, Alec C	12	LALE-CE	1:15.55
167	King, Aidan J	12	CASC-CP	1:15.73
168	Stow, David-John	11	INFA-NM	1:15.85
169	van der Westhuizen, Anri	11	INFA-NM	1:16.12
170	Coetzee, Tristan R	11	FISH-ED	1:16.13
171	Delpport, Reynard	11	BEST-NM	1:16.44
172	Poultney, Daniel	9	CASC-CP	1:16.54
173	Swanepoel, Roehan J	11	BARR-CP	1:16.66
174	Perez Castellano, Emilio	11	TYGE-CP	1:16.79
175	Law Hing Choy, Flynn M	11	SAAW-CP	1:16.81
176	Wetzl, Alex J	11	STAQ-CE	1:16.85
177	Van Wyngaard, Daniël C	11	ROA-ED	1:16.92
178	Fouche, Ryan	10	CASC-CP	1:17.10
179	Davenport, Daniel J	11	DESA-NM	1:17.28
180	Pieterse, Adriaan	10	DESA-NM	1:17.33
181	Kuhn, Adrian-Brand	10	CASC-CP	1:17.46
182	Clark, Alexander L	11	UWCA-CP	1:17.71
183	Van der Merwe, Logan	11	TYGE-CP	1:17.95
184	Lewis, Amaru C	12	PAQU-CE	1:17.97
185	Kannemeyer, Luan	11	QUIC-CP	1:18.39
186	Titus, Brody	12	PAQU-CE	1:18.46
187	Hattingh, Theodor S	11	FAAC	1:18.57
188	Swartz, Seth J	11	TYGE-CP	1:18.67
189	Naude, Niel P	10	AGAQ-OB	1:18.98
190	Van Heerden, Emile L	11	FISH-ED	1:19.31
191	Heunis, Johan C	11	BARR-CP	1:19.33
192	Oodendaal, Riko	12	BARR-CP	1:20.21
193	Parr, Riley C	11	KNYA-ED	1:20.47
194	Bendixen, Vidar R	12	SAAW-CP	1:20.61
195	Rossouw, Marais	11	QUIC-CP	1:20.76
196	Louw, André J	11	KALA	1:21.70
197	Lubbe, Mikael B	12	ASAC-CP	1:22.66
198	Lötter, Daniel	11	DESA-NM	1:22.70
199	Kruger, Blake R	11	SWAR-WC	1:24.11
200	Olivier, Simeon	10	PAQU-CE	1:25.33
201	Stenekamp, Keanu	12	ASAC-CP	1:25.95
202	Wiener, Will D	11	TYGE-CP	1:36.37

## #202 Women 19 &amp; Under 100 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Body, Alice Celeste	14	APNL	1:04.18
2	Havemann, Bella	16	ASAC-CP	1:04.24
3	Theron, Jady	18	PLAY-CE	1:04.65
4	Holthuis, Keilah-Naomi	15	QSAW-CE	1:04.95
5	Santo, Rhanya Espirito	15	APNL	1:05.25
6	Fabricius, Kaylin	15	CASC-CP	1:05.48
7	Parimbelli, Maria Teresa	14	APNL	1:05.59
8	Faul, Ellen J	14	QSAW-CE	1:05.65
9	Senekal, Margo	15	TYGE-CP	1:05.88
10	Jarvis, Jade	17	SAAW-CP	1:06.15
11	Zeelie, Shanna-Leigh	16	BLMA-CP	1:06.15
12	Van Tromp, Seruby	14	LALE-CE	1:06.16
13	Kuhn, Tamzyn J	15	SAAW-CP	1:06.24
14	Adams, Sydni M	15	VINE-CP	1:06.33

15	Fourie, Petro Marié	19	LALE-CE	1:06.40
16	Bruwer, Casey	15	AACTA-CP	1:06.45
17	Watson, Caitlin C	17	BLMA-CP	1:06.94
18	Röntgen, Carine	16	ASAW-CE	1:07.15
19	Riley, Logan	14	CASC-CP	1:07.19
20	O'Carroll, Nia E	14	STAQ-CE	1:07.20
21	Beetge, Amy	17	LALE-CE	1:07.26
22	Geldart, Olivia L	11	INFA-NM	1:07.51
23	Pieterse, Abby L	15	INFA-NM	1:07.57
24	Botha, Rebecca P	13	CASC-CP	1:07.66
25	Avenant, Ankia	14	UPSK	1:07.67
26	Hager, Carle	15	ASAW-CE	1:07.99
27	Delpport, Milla	16	PEAS-NM	1:08.00
28	Welsh, Stacey A	14	BEST-NM	1:08.12
29	Nixon, Sofia	13	VINE-CP	1:08.32
30	Dabrowski, Leah A	11	BLMA-CP	1:08.47
31	Vunge, Chelsea Idalina	14	APNL	1:08.49
32	Vd Merwe, Mia	15	ASAC-CP	1:08.50
33	Blake, Abi E	15	CASC-CP	1:08.60
34	Loubser, Jenna L	17	SLAQ-CP	1:08.67
35	Burger, Juanè	14	TYGE-CP	1:08.73
36	Pieterse, Haley	10	INFA-NM	1:08.76
37	Christie, Laila A	12	USC-BU	1:08.78
38	Otterbach, Lily	14	TYGE-CP	1:08.79
39	Louw, Alexa	17	BLMA-CP	1:08.93
40	Jantzen, Zianè	15	QUIC-CP	1:08.94
41	Basson, Lenè	14	CLA-WC	1:09.03
42	Van Wyk, Josie	13	LALE-CE	1:09.05
43	March, Gea A	12	UPSK	1:09.22
44	Gullan, Sophia	12	VINE-CP	1:09.31
45	Vd Westhuizen, Joy	17	AQDO-CP	1:09.42
46	Wilson, Samantha	11	INFA-NM	1:09.44
47	Corrigan, Cara J	17	FISH-ED	1:09.50
48	Brooker, Isabella J	13	AACTA-CP	1:09.70
49	Longueira, Ava L	12	ASAC-CP	1:09.70
50	White, Rebecca M	16	SSISA-CP	1:09.73
51	Myers, Kirsten E	14	SSISA-CP	1:09.80
52	Nienaber, Mila J	13	QSAW-CE	1:09.81
53	Coetsee, Elke M	10	FISH-ED	1:09.99
54	Johnson, Ella J	11	SAAW-CP	1:10.08
55	Schou, Lexi	14	SFSC-CP	1:10.09
56	Stevens, Judy C	16	QUIC-CP	1:10.13
57	Wyngaard, Dakota J	18	QUIC-CP	1:10.17
58	Latimer, Olivia H	13	SAAW-CP	1:10.19
59	Messiter-Tooze, Luna S	14	SLAQ-CP	1:10.30
60	Saayman, Nika D	14	PLAY-CE	1:10.31
61	Van Zyl, Liane	12	UPSK	1:10.33
62	Emjedi, Saffiya	12	SAAW-CP	1:10.38
63	De Beer, Isabella C	13	QSAW-CE	1:10.47
64	Sonnekus, Anya	13	TYGE-CP	1:10.50
65	Prins, Tiffany C	14	KTS	1:10.59
66	Heldsinger, Gia	12	SSISA-CP	1:10.65
67	Barnard, Adelmari D	15	SWAR-WC	1:10.72
68	Robinson, Alana	14	SAAW-CP	1:11.04
69	Madeley, Amy O	13	ANAX-CP	1:11.05
70	Serfontein, Christi	16	QUIC-CP	1:11.11
71	Pahl, Shelly F	13	QUIC-CP	1:11.11
72	Pohlmann, Sarah	12	BEST-NM	1:11.15
73	Van Dyk, Zani	13	ASAC-CP	1:11.19
74	Strydom, Mia	13	INFA-NM	1:11.21
75	Wilensky, Mikayla	11	ASAC-CP	1:11.29
76	Sadler, Arabella J	13	LEGC-ET	1:11.30
77	McLean, Daniella L	13	PEAS-NM	1:11.35
78	McGluwa, Jovanah N	12	CASC-CP	1:11.39
79	Steyl, Anne M	16	UPSK	1:11.46
80	Charles, Tyla	13	VINE-CP	1:11.63
81	Murray, Demi J	14	USC-BU	1:11.63
82	Retief, Jane	13	LALE-CE	1:11.72
83	Kruger, Livvy	11	PLAY-CE	1:11.87
84	Tsai, Emily A	16	BLMA-CP	1:12.11
85	Butau, Mila T	11	BEST-NM	1:12.12
86	Halford, Harper C	13	MANT-CP	1:12.17
87	Douglas, Keyla	11	ROA-ED	1:12.19
88	Goldman, Jasmine	14	VINE-CP	1:12.33
89	Visser, Sandri	16	PLAY-CE	1:12.38
90	Joubert, Liandi	13	USC-BU	1:12.44
91	Oliver, Isabella	14	QSAW-CE	1:12.47
92	Els, Jamie	12	AQDO-CP	1:12.80
93	Pretorius, Mariné	14	UPSK	1:12.85
94	Morais, Wendy Lukenya	12	APNL	1:12.91
95	Pearson-Adams, Oshun O	12	SAAW-CP	1:13.02
96	Terwin, Brooklyn	12	USC-BU	1:13.14
97	Kleynhans, Sian	15	FISH-ED	1:13.27
98	Haynes-Smart, Kaitlyn	12	VINE-CP	1:13.31
99	Lottering, Eirley	13	USC-BU	1:13.38
100	Tembo, Noku L	12	KNYA-ED	1:13.53
101	Gerber, Kayla M	12	STAQ-CE	1:13.70
102	Barnes, Caitlin M	12	SAAW-CP	1:13.86
103	Christensen, Milla M	12	WELL-CE	1:14.20
104	Coetzee, Marli	13	CASC-CP	1:14.25
105	Grebe, Ava	12	CUHE-OB	1:14.25
106	Lourens, Mia	13	CASC-CP	1:14.37
107	Cupido, Kirsten	12	CYBE-CP	1:14.45
108	Louw, Mali R	12	WELL-CE	1:14.53
109	Hofinger, Charlotte M	11	ASAC-CP	1:14.55
110	Makore, Bona M	11	ASAC-CP	1:14.73
111	Kleynhans, Kayla	12	ROA-ED	1:14.73
112	McAfee, Holly B	14	FISH-ED	1:14.92
113	Normington, Olivia	11	XCEL-CP	1:14.96
114	Perrins, Hayden	11	GREY-CP	1:14.97
115	Van den Berg, Nika	13	QSAW-CE	1:14.97
116	Nel, Olivia	12	CLA-WC	1:14.97
117	Olivier, Gianna G	11	PAQU-CE	1:15.30
118	Stevenson, Mikayla	12	QUIC-CP	1:15.35
119	Thirsk, Savannah	13	TYGE-CP	1:15.39
120	Hendricks, Jada	12	TYGE-CP	1:15.45
121	Shaw, Inge	12	LALE-CE	1:15.71
122	Cronjé, Miané	14	FISH-ED	1:15.90
123	Adams, Ella	12	TYGE-CP	1:15.92
124	Beyers, Lize M	11	AGAQ-OB	1:15.95
125	Jurgens, Chloe-Leigh	12	MANT-CP	1:16.07
126	Koegelenberg, Emily	12	XCEL-CP	1:16.10
127	Newkirk, Gia	12	TYGE-CP	1:16.18
128	Adams, Tatum	11	PAQU-CE	1:16.23
129	Joubert, Jane	13	ROA-ED	1:16.52
130	Du Plessis, Leah	12	PEAS-NM	1:16.56
131	Stearn, Hannah	11	INFA-NM	1:16.57
132	Castleden, Sophia K	12	STAQ-CE	1:16.74
133	Theron, Alex	12	CASC-CP	1:16.76
134	Loni, Yama	11	INFA-NM	1:17.06
135	Scheffer, Shaylee C	10	CASC-CP	1:17.47
136	Nieuwoudt, Jenna M	12	SWAR-WC	1:17.61
137	Pitout, Addison P	10	ASAC-CP	1:17.88
138	Jordaan, Mikayla E	12	CASC-CP	1:18.09
139	Louw, Yvette H	12	TYGE-CP	1:18.20
140	Strydom, Marli	11	QUIC-CP	1:18.44
141	Voysey, Ella N	12	VINE-CP	1:18.87
142	Sprong, Jaime M	11	ASAC-CP	1:19.39
143	Haldane, Bella	12	FISH-ED	1:19.53
144	Swanepoel, Pia Q	11	ASAC-CP	1:19.66
145	Hengst, Emily A	11	CASC-CP	1:19.82
146	Schutzler, Amelia-Rose	12	USC-BU	1:20.26
147	Kuhn, Alexa J	11	CASC-CP	1:20.35
148	Kalapac, Lexi	12	SLAQ-CP	1:20.58

## SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

## Psych Sheet

## #202 ... (Women 19 &amp; Under 100 LC Meter Freestyle)

149	Parker, Leila E	12	SSISA-CP	1:20.64
150	Van de Vyver, Mia	12	QSAW-CE	1:20.64
151	Kretzmann, Sophie F	11	USC-BU	1:20.84
152	Smit, Dione	11	CASC-CP	1:20.91
153	Daniels, Emily G	11	XCEL-CP	1:21.00
154	Thompson, Riley	12	HARL-BU	1:21.12
155	Mahlangu, Ndalo	11	BLMA-CP	1:21.34
156	Van Zyl, Neanè	12	GREY-CP	1:21.46
157	DU Plessis, Lheané	11	FISH-ED	1:21.81
158	van der Mescht, Ava	12	DESA-NM	1:22.20
159	Walker, Kayla-Anne	11	CYBE-CP	1:22.30
160	Verdon, Leah L	10	VINE-CP	1:22.39
161	Tranter, Alexia R	11	SSISA-CP	1:22.44
162	Van Der Byl, Emily	11	USC-BU	1:22.45
163	Van Jaarsveld, Bianca I	10	TYGE-CP	1:23.31
164	Barthus, Alessia	12	MANT-CP	1:23.37
165	Vd Wal, Kaylee	11	CASC-CP	1:25.34
166	Smith, Isabel H	11	HARL-BU	1:26.01
167	Knott, Cayleigh	11	ASAC-CP	1:26.06
168	Schemel, Leah I	11	HARL-BU	1:26.49
169	Benade, Aria	10	SAAW-CP	1:27.61
170	De Jager, Isabella	10	QSAW-CE	1:38.80

## #203 Men 99 &amp; Under 200 LC Meter IM Multi-Class Para

Name	Age	Team	Seed Time	
1	Pardoe, James N	13	SSISA-CP	3:03.86
2	Hartwig, Connor M	13	HARL-BU	4:53.30

## #204 Women 99 &amp; Under 200 LC Meter IM Multi-Class Para

Name	Age	Team	Seed Time	
1	Thiart, Annelie	13	CLA-WC	3:09.90

## #205 Men 19 &amp; Under 100 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Hendricks, Joshua	18	CASC-CP	1:10.61
2	Hlangothi, Munguni S	17	PEAS-NM	1:12.71
3	Steyl, Douw L	18	UPSK	1:14.70
4	Saayman, Dehan	17	PLAY-CE	1:14.73
5	Simpson, Jesse	16	CASC-CP	1:14.96
6	Zellie, Thomas J	17	SAAW-CP	1:15.23
7	Brooker, Matthew W	17	ACTA-CP	1:15.96
8	Manuel, Silverio Fernando	16	APNL	1:16.01
9	Wedderburn, Liam	16	INFA-NM	1:16.08
10	Mansfield, Luke T	15	STAQ-CE	1:16.48
11	Nash, Daniel A	17	PEAS-NM	1:16.81
12	Liedeman, Mark	15	SWAR-WC	1:16.97
13	Basson, Zethan L	14	PEAS-NM	1:17.61
14	Van der Watt, Alpheus J	16	PLAY-CE	1:17.79
15	Fernandes, Carlos Daniel	15	APNL	1:18.05
16	Jurgens, Ezra J	16	MANT-CP	1:18.17
17	Smith, Tristan A	15	CASC-CP	1:18.83
18	Atkinson, Samuel A	16	SWAR-WC	1:19.22
19	Lombard, Kyle M	17	CASC-CP	1:19.23
20	Basson, Trishaun T	15	MARL-CP	1:19.26
21	Beukes, Mateo A	19	WALM-CP	1:19.62
22	Witbooi, Reinhardt J	18	STAQ-CE	1:19.68
23	Booth, Jake J	14	VIKI-BU	1:19.76
24	Townsend, Lucan D	16	ASAC-CP	1:19.85
25	Martin, Alzhario	17	UWCA-CP	1:19.91
26	Spencer, Charles A	15	CYBE-CP	1:20.65
27	Zhukov, Oleksander Mari	15	APNL	1:21.08
28	Van Rooyen, Louis B	15	FISH-ED	1:21.52
29	Strydom, Luan	16	TYGE-CP	1:22.04
30	Gomez, Alex W	14	MARL-CP	1:22.23
31	Coleman, Travis	13	BLMA-CP	1:22.54
32	Theron, Oloff A	14	VINE-CP	1:22.75

33	Samsodien, Saaligh S	14	MARL-CP	1:23.95
34	Gamielidien, Idreess	14	MARL-CP	1:24.56
35	Spencer, Marcus W	13	CYBE-CP	1:24.64
36	Moodie, Zak	14	BLMA-CP	1:25.08
37	De Jager, Eben	13	QSAW-CE	1:25.22
38	Krause, Luke	14	CASC-CP	1:25.58
39	Strydom, Andre N	13	BEST-NM	1:25.71
40	Visser, Wessel M	14	UWCA-CP	1:25.76
41	Muller, Lukas D	13	LALE-CE	1:26.10
42	Van Rensburg, Janco	14	TYGE-CP	1:26.18
43	Mostert, Stian	13	FAAC	1:26.47
44	Kleu, Wian M	12	STAQ-CE	1:26.62
45	Van Dyk, Stephaan	14	BLMA-CP	1:26.71
46	Addinall, Ethan	14	MANT-CP	1:26.84
47	Prince, Caleb T	14	BEST-NM	1:26.89
48	Willenburg, Elijah K	14	SLAQ-CP	1:27.26
49	Opperman, Conrad Willen	10	SEY	1:27.27
50	Daniels, Joshua D	14	SLAQ-CP	1:27.34
51	Snyders, Reece	14	UWCA-CP	1:27.40
52	Coates, Caleb	13	FISH-ED	1:27.69
53	Hattingh, Ben	14	FAAC	1:27.82
54	Fortune, Hakeem	13	MANT-CP	1:28.06
55	Nolands, Reece T	14	USC-BU	1:28.38
56	Kretzmann, Kaleb B	14	USC-BU	1:29.35
57	Laufs, Connor R	12	SAAW-CP	1:29.67
58	Van der Westhuizen, Luk	14	EVO-CP	1:29.72
59	Harbron, Nicholas	13	FAAC	1:30.28
60	Francis, Ethan	13	MARL-CP	1:30.41
61	Bothma, Ryan	13	KSTAR-ED	1:30.61
62	Schoeman, Mateo J	11	QSAW-CE	1:30.91
63	Smit, Christian F	13	ROA-ED	1:31.22
64	Pitout, Zachary J	13	ASAC-CP	1:31.62
65	Jonas, Leonardo	13	PLAY-CE	1:31.80
66	Van der Merwe, Dandre J	12	STAQ-CE	1:31.87
67	Melnik, Yonatan	12	ASAC-CP	1:32.03
68	Kleinsmith, David	13	CASC-CP	1:32.03
69	Pedro, Maahier	13	WALM-CP	1:32.24
70	Maughan, Patrick F	12	ASAC-CP	1:32.31
71	Swanepoel, Hallett J	12	KNYA-ED	1:32.74
72	Forsythe, Declan J	11	INFA-NM	1:32.81
73	Lubbe, Alex C	13	USC-BU	1:33.22
74	Ellis, Alec C	12	LALE-CE	1:33.51
75	Fortune, Yaseen	14	MANT-CP	1:33.56
76	Abrie, Ryn J	13	CUHE-OB	1:34.00
77	Titus, Brody	12	PAQU-CE	1:34.93
78	Kenmuir, Ethan	12	VINE-CP	1:34.98
79	Lategan, Wessel W	12	SWAR-WC	1:35.08
80	Weber, Daniel	13	PLAY-CE	1:35.32
81	Troskie, Jean	13	QUIC-CP	1:35.53
82	Kleynhans, Michael	10	BARR-CP	1:35.60
83	February, Dillon S	12	CASC-CP	1:35.69
84	Lange, Oliver	11	VINE-CP	1:35.79
85	Stenekamp, Keanu	12	ASAC-CP	1:36.52
86	Baadjies, Cruden H	13	PAQU-CE	1:36.73
87	Desai, Rohin T	11	SAAW-CP	1:36.83
88	Serfontein, John-Lourens	11	ROA-ED	1:37.94
89	Fouche, Jack	13	CASC-CP	1:38.20
90	Van Wyngaard, Daniël C	11	ROA-ED	1:38.21
91	Van Heerden, Emile L	11	FISH-ED	1:38.93
92	Stander, Christiaan L	12	ASAW-CE	1:38.95
93	Bond, Ben L	11	ROA-ED	1:39.34
94	Lötter, Reuben	13	DESA-NM	1:39.40
95	Richter, Joshua C	11	BEST-NM	1:39.80
96	Perez Castellano, Emilio	11	TYGE-CP	1:40.26
97	Swanepoel, Roehan J	11	BARR-CP	1:40.85
98	Kannemeyer, Luan	11	QUIC-CP	1:40.97
99	Clark, Alexander L	11	UWCA-CP	1:41.89

100	Wetzl, Alex J	11	STAQ-CE	1:42.28
101	Poultney, Daniel	9	CASC-CP	1:42.78
102	Marais, Ewan E	11	GREY-CP	1:42.83
103	Knoetze, Ruben	11	ROA-ED	1:43.60
104	Vermaak, Bo	12	VINE-CP	1:43.70
105	Olivier, Simeon	10	PAQU-CE	1:43.84
106	Coetzee, Tristan R	11	FISH-ED	1:45.46
107	Parr, Riley C	11	KNYA-ED	1:45.56
108	Sebastian, Alexander	11	MANT-CP	1:45.86
109	Davenport, Daniel J	11	DESA-NM	1:47.08
110	Kruger, Rikhardt	13	UPSK	1:47.20
111	Lötter, Daniel	11	DESA-NM	1:47.73
112	Van der Merwe, Logan	11	TYGE-CP	1:48.08
113	Wiener, Will D	11	TYGE-CP	1:48.36
114	van der Merwe, Naude	11	DESA-NM	1:53.16
115	Delpport, Reynard	11	BEST-NM	1:55.38

## #206 Women 19 &amp; Under 100 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Fabricius, Kaylin	15	CASC-CP	1:24.96
2	Serfontein, Christi	16	QUIC-CP	1:24.98
3	Heldsinger, Alexa L	14	SSISA-CP	1:25.11
4	O'Connor, Kayden C	14	PEAS-NM	1:25.67
5	Beetge, Amy	17	LALE-CE	1:25.80
6	Pohlmann, Sarah	12	BEST-NM	1:26.11
7	Visser, Sandri	16	PLAY-CE	1:26.47
8	Corrigan, Cara J	17	FISH-ED	1:26.61
9	Latimer, Olivia H	13	SAAW-CP	1:26.73
10	Jewell, Chloe I	16	PEAS-NM	1:26.73
11	Santos, Neizla Miguela	16	APNL	1:26.91
12	Steyl, Anne M	16	UPSK	1:27.03
13	Edwards, Reese J	16	SSISA-CP	1:27.10
14	Oliver, Isabella	14	QSAW-CE	1:27.26
15	De Oliveira, Aliyah	15	TYGE-CP	1:27.31
16	Barnard, Adelmari D	15	SWAR-WC	1:27.41
17	Kriek, Mila	18	QSAW-CE	1:27.82
18	Adams, Sydni M	15	VINE-CP	1:28.02
19	Stevens, Judy C	16	QUIC-CP	1:28.13
20	Charles, Tyla	13	VINE-CP	1:28.26
21	Pretorius, Kara	12	SSISA-CP	1:28.32
22	Harper, Maddie I	14	KNYA-ED	1:28.32
23	Tsai, Emily A	16	BLMA-CP	1:28.41
24	Zhukov, Aleksandra Laris	17	APNL	1:28.65
25	Jurgens, Chloe-Leigh	12	MANT-CP	1:28.76
26	Mack, Kyrrah E	15	PEAS-NM	1:29.05
27	Louw, Mali R	12	WELL-CE	1:30.45
28	Parimbelli, Maria Teresa	14	APNL	1:30.52
29	Pieterse, Haley	10	INFA-NM	1:30.67
30	Mauer, Kayden	14	USC-BU	1:30.73
31	Kalapac, Lexi	12	SLAQ-CP	1:30.93
32	Geldart, Olivia L	11	INFA-NM	1:30.97
33	Schou, Lexi	14	SFSC-CP	1:30.99
34	Retief, Jane	13	LALE-CE	1:31.16
35	Halford, Harper C	13	MANT-CP	1:31.19
36	Van Wyk, Josie	13	LALE-CE	1:31.50
37	Lottering, Eirley	13	USC-BU	1:31.50
38	Röntgen, Carine	16	ASAW-CE	1:31.78
39	Bosman, Jessica A	16	QUIC-CP	1:32.07
40	Grebe, Ava	12	CUHE-OB	1:32.20
41	Newkirk, Gia	12	TYGE-CP	1:32.31
42	McAfee, Holly B	14	FISH-ED	1:32.32
43	Baillie, Gabi J	15	LALE-CE	1:32.40
44	Coetsee, Elke M	10	FISH-ED	1:32.65
45	Sadler, Arabella J	13	LEGC-ET	1:32.69
46	Robinson, Alana	14	SAAW-CP	1:32.83
47	Van Tromp, Seruby	14	LALE-CE	1:33.33
48	Loubser, Jenna L	17	SLAQ-CP	1:33.41

## SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

## Psych Sheet

## #206 ... (Women 19 &amp; Under 100 LC Meter Breaststroke)

49	Nixon, Sofia	13	VINE-CP	1:33.49
50	Crozier, Emily N	14	FAAC	1:33.73
51	McLean, Daniella L	13	PEAS-NM	1:34.29
52	Palha, Isis Gabriela	13	APNL	1:34.45
53	Ristow, Emma K	12	USC-BU	1:34.56
54	Heldsinger, Gia	12	SSISA-CP	1:34.94
55	Normington, Olivia	11	XCEL-CP	1:34.96
56	Castleden, Sophia K	12	STAQ-CE	1:35.08
57	Dabrowski, Leah A	11	BLMA-CP	1:35.21
58	Christensen, Milla M	12	WELL-CE	1:35.24
59	Anthony, Jazmin A	12	PAQU-CE	1:35.47
60	Pearson-Adams, Oshun O	12	SAAW-CP	1:35.95
61	Welsh, Stacey A	14	BEST-NM	1:35.95
62	Venter, Ané	11	FISH-ED	1:36.14
63	DU Plessis, Lheané	11	FISH-ED	1:36.77
64	Hendricks, Jada	12	TYGE-CP	1:36.98
65	Guimaraes, Carolina Roch	12	APNL	1:37.20
66	Strydom, Marli	11	QUIC-CP	1:37.40
67	Smith, Isabel H	11	HARL-BU	1:37.51
68	Stearn, Hannah	11	INFA-NM	1:37.59
69	Van Zyl, Neanè	12	GREY-CP	1:37.66
70	Strydom, Mia	13	INFA-NM	1:37.70
71	Kempson, Savannah	11	APNL	1:37.91
72	Voysey, Ella N	12	VINE-CP	1:38.09
73	Butau, Mila T	11	BEST-NM	1:38.22
74	Gerber, Kayla M	12	STAQ-CE	1:38.33
75	Haldane, Bella	12	FISH-ED	1:38.53
76	Schutzler, Amelia-Rose	12	USC-BU	1:38.58
77	Onkruid, Gianna R	11	UWCA-CP	1:38.84
78	Du Plessis, Leah	12	PEAS-NM	1:38.90
79	Botha, Rebecca P	13	CASC-CP	1:39.51
80	Schemel, Leah I	11	HARL-BU	1:39.59
81	Olivier, Gianna G	11	PAQU-CE	1:39.79
82	Mfabe, Zingce Z	12	USC-BU	1:40.34
83	Pretorius, Mariné	14	UPSK	1:40.61
84	Ras, Annabelle	11	QUIC-CP	1:41.05
85	Lloyd, Jemma A	12	VINE-CP	1:41.05
86	Haynes-Smart, Kaitlyn	12	VINE-CP	1:41.13
87	Du Preez, Kyra J	11	USC-BU	1:41.25
88	Joubert, Iane	13	ROA-ED	1:41.62
89	Koegelenberg, Emily	12	XCEL-CP	1:41.97
90	Benade, Aria	10	SAAW-CP	1:42.70
91	Verdon, Leah L	10	VINE-CP	1:42.96
92	Louw, Yvette H	12	TYGE-CP	1:43.05
93	Engelbrecht, Zia-Bella L	11	HTSA-CP	1:43.47
94	Mahlangu, Ndalo	11	BLMA-CP	1:43.72
95	Emjedi, Saffiya	12	SAAW-CP	1:44.16
96	De Jager, Isabella	10	QSAW-CE	1:45.91
97	Beyers, Lize M	11	AGAQ-OB	1:46.68
98	Barthus, Alessia	12	MANT-CP	1:50.91
99	Makore, Bona M	11	ASAC-CP	1:52.38

## #207 Men 19 &amp; Under 200 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	Njoroge, Alphonse	15	CASC-CP	2:22.37
2	Blauw, Tyriq D	16	TYGE-CP	2:22.66
3	Breet, Dawie-Louw L	17	PLAY-CE	2:22.86
4	Lombard, Kyle M	17	CASC-CP	2:27.23
5	Viljoen, Jaden R	16	ASAC-CP	2:28.48
6	Williams, Evan B	15	SSISA-CP	2:29.17
7	Moolman, Carter S	16	MANT-CP	2:30.09
8	Grovè, Daniël	15	CUHE-OB	2:30.31
9	Arnott, Carter J	16	ASAC-CP	2:30.55
10	Den Haan, Stéfan	18	QUIC-CP	2:30.62
11	Sheard, Dylan J	17	PEAS-NM	2:31.06

12	Coetzee, Sion M	14	QUIC-CP	2:31.51
13	Andrews, Carl R	15	PEAS-NM	2:31.85
14	Van der Merwe, Josh E	16	SAAW-CP	2:31.96
15	Raath, Jaedyn K	17	ANAX-CP	2:32.20
16	Gilbert, Thomas O	17	SAAW-CP	2:33.01
17	Grobler, Chris I	14	CASC-CP	2:33.16
18	Southey, Jamie	16	AQDO-CP	2:33.89
19	Zhukov, Oleksander Mari	15	APNL	2:34.15
20	De Bruyn, Cornè C	16	ASAC-CP	2:34.30
21	Wright, Jonah S	14	TYGE-CP	2:34.43
22	Rayne, Leo	16	ASAC-CP	2:34.54
23	Opperman, Cornelius Joh	13	SEY	2:35.38
24	Poggenpoel, Troy J	15	SSISA-CP	2:35.51
25	Lichthart, Nicus	14	QUIC-CP	2:35.82
26	Nagendrakumar, Puneet	14	SLAQ-CP	2:35.99
27	Field, Joshua J	15	SAAW-CP	2:36.53
28	Beukes, Jaden L	15	WALM-CP	2:36.78
29	De Jager, Nathan B	16	ASAC-CP	2:37.11
30	Hewitt-Smook, Kristian	17	SWAR-WC	2:38.07
31	Strydom, Luan	16	TYGE-CP	2:39.24
32	Hodge, Cameron P	14	LALE-CE	2:39.53
33	Fortune, Yaseen	14	MANT-CP	2:39.80
34	Vd Merwe, Thomas	15	LALE-CE	2:40.36
35	Lewis, Callum R	14	CASC-CP	2:40.51
36	van Wyk, Tariq K	14	CASC-CP	2:40.67
37	Martin, Alzhario	17	UWCA-CP	2:40.73
38	Van Onselen, Pierre S	12	TYGE-CP	2:42.85
39	Heunis, Le Roux	13	TYGE-CP	2:43.01
40	Van der Westhuizen, Luk	14	EVO-CP	2:43.28
41	Steyn, Harry	11	CASC-CP	2:43.92
42	Mallin, Lukas	11	SAAW-CP	2:44.37
43	Jooste, Ben D	13	CUHE-OB	2:44.45
44	Wenn, Josiah	14	ASAC-CP	2:46.09
45	Cook, Jedd R	14	USC-BU	2:47.03
46	Februury, Dillon S	12	CASC-CP	2:47.09
47	Addinall, Ethan	14	MANT-CP	2:47.46
48	Schabort, Lowen	11	QSAW-CE	2:47.52
49	Ramorwesi, Oratilwe M	13	SAAW-CP	2:47.67
50	Harvey, Waylon	13	CYBE-CP	2:47.88
51	Troskie, Roean	13	QUIC-CP	2:49.62
52	Lötter, Reuben	13	DESA-NM	2:50.19
53	Akinci, Can Batu	13	VINE-CP	2:50.64
54	Shtipon, Christopher J	13	QUIC-CP	2:50.76
55	Schoeman, Mateo J	11	QSAW-CE	2:51.16
56	Wessels, Connor M	14	BLMA-CP	2:51.39
57	VerLoren Van Themaat, H	13	LALE-CE	2:52.17
58	Visser, Wessel M	14	UWCA-CP	2:52.66
59	Opperman, Conrad Willer	10	SEY	2:53.19
60	Breebaart, Matthew	10	CASC-CP	2:53.24
61	Joubert, Wian	13	QUIC-CP	2:53.65
62	Richter, Joshua C	11	BEST-NM	2:53.80
63	Fortune, Hakeem	13	MANT-CP	2:54.00
64	Gamielidien, Idreess	14	MARL-CP	2:54.00
65	Du Randt, Zack S	13	TYGE-CP	2:54.17
66	Schemel, Brody L	12	HARL-BU	2:55.24
67	Lewis, Amaru C	12	PAQU-CE	2:55.71
68	Serfontein, John-Lourens	11	ROA-ED	2:56.37
69	Conradie, D'Niel	13	ASAW-CE	2:56.43
70	Froneman, Dylan R	13	BLMA-CP	2:56.76
71	Joyce, Guy	11	CASC-CP	2:56.86
72	Hattingh, Ben	14	FAAC	2:56.91
73	Hucke, Tegan	13	SAAW-CP	2:57.22
74	Pieterse, Adriaan	10	DESA-NM	2:57.23
75	Louw, James	12	VINE-CP	2:58.03
76	Gerber, Luke M	11	CASC-CP	2:58.32
77	Lamminga, Jack	13	CLA-WC	2:59.25
78	Pieterse, Nicholas N	11	STAQ-CE	2:59.59

79	Kuhn, Adrian-Brand	10	CASC-CP	3:00.21
80	Odendaal, Riko	12	BARR-CP	3:00.43
81	Spangenberg, Zach A	12	XCEL-CP	3:00.47
82	Opperman, Theodore S	12	KTS	3:00.78
83	Knoetze, Ruben	11	ROA-ED	3:00.87
84	Heunis, Johan C	11	BARR-CP	3:02.75
85	Van der Merwe, Logan	11	TYGE-CP	3:02.87
86	King, Aidan J	12	CASC-CP	3:02.93
87	Delport, Reynard	11	BEST-NM	3:03.63
88	Lubbe, Mikael B	12	ASAC-CP	3:04.09
89	Poultney, Daniel	9	CASC-CP	3:04.99
90	Stenekamp, Keanu	12	ASAC-CP	3:05.46
91	Orffer, Llewellyn	12	UPSK	3:05.52
92	Fouche, Jack	13	CASC-CP	3:05.66
93	Harder, Callum R	11	VINE-CP	3:07.54
94	Abrie, Ryn J	13	CUHE-OB	3:07.83
95	Comotti, Leonardo	10	APNL	3:07.89
96	Hattingh, Theodor S	11	FAAC	3:08.90
97	Rossouw, Marais	11	QUIC-CP	3:08.91
98	van der Westhuizen, Anri	11	INFA-NM	3:10.23
99	Lötter, Daniel	11	DESA-NM	3:10.67
100	Fouche, Ryan	10	CASC-CP	3:11.77
101	Sebastian, Alexander	11	MANT-CP	3:11.78
102	Swartz, Seth J	11	TYGE-CP	3:12.20
103	Marais, Ewan E	11	GREY-CP	3:12.44
104	Naude, Niel P	10	AGAQ-OB	3:13.25
105	Kannemeyer, Luan	11	QUIC-CP	3:13.53
106	Desai, Rohin T	11	SAAW-CP	3:14.94
107	van der Merwe, Naude	11	DESA-NM	3:15.17
108	Kruger, Blake R	11	SWAR-WC	3:15.27

## #208 Women 19 &amp; Under 200 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	Rossouw, Emma M	16	TYGE-CP	2:36.63
2	Zeelie, Shanna-Leigh	16	BLMA-CP	2:38.29
3	Riley, Logan	14	CASC-CP	2:39.34
4	Strong, Ava J	15	PEAS-NM	2:40.30
5	Jantzen, Zianè	15	QUIC-CP	2:40.31
6	Fourie, Petro Marié	19	LALE-CE	2:40.32
7	Murray, Demi J	14	USC-BU	2:40.67
8	Santo, Rhanya Espirito	15	APNL	2:41.80
9	Vd Merwe, Mia	15	ASAC-CP	2:43.35
10	Senekal, Margo	15	TYGE-CP	2:43.92
11	Knott, Cayleigh	11	ASAC-CP	2:44.59
12	Burger, Juanè	14	TYGE-CP	2:44.73
13	Dabrowski, Leah A	11	BLMA-CP	2:44.75
14	Nienaber, Mila J	13	QSAW-CE	2:45.14
15	Kuhn, Tamzyn J	15	SAAW-CP	2:45.29
16	De Oliveira, Aliyah	15	TYGE-CP	2:45.60
17	Stevens, Judy C	16	QUIC-CP	2:45.63
18	O'Carroll, Nia E	14	STAQ-CE	2:45.76
19	Louw, Alexa	17	BLMA-CP	2:46.57
20	Basson, Lenè	14	CLA-WC	2:46.71
21	Blake, Abi E	15	CASC-CP	2:47.45
22	Kleynhans, Sian	15	FISH-ED	2:47.46
23	Christie, Laila A	12	USC-BU	2:47.85
24	Baillie, Gabi J	15	LALE-CE	2:48.18
25	Cronjé, Miané	14	FISH-ED	2:48.18
26	Thirsk, Savannah	13	TYGE-CP	2:48.47
27	De Beer, Isabella C	13	QSAW-CE	2:48.54
28	Madeley, Amy O	13	ANAX-CP	2:49.27
29	Olivier, Gianna G	11	PAQU-CE	2:50.42
30	Saayman, Nika D	14	PLAY-CE	2:51.49
31	Stevenson, Mikayla	12	QUIC-CP	2:51.62
32	Vd Westhuizen, Joy	17	AQDO-CP	2:51.62
33	Rinquest, Taaliah	17	MARL-CP	2:51.81
34	Pieterse, Abby L	15	INFA-NM	2:51.83

## SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

## Psych Sheet

## #208 ... (Women 19 &amp; Under 200 LC Meter Backstroke)

35	Robinson, Alana	14	SAAW-CP	2:52.21
36	Myers, Kirsten E	14	SSISA-CP	2:52.22
37	Welsh, Stacey A	14	BEST-NM	2:52.52
38	Van Dyk, Zani	13	ASAC-CP	2:53.56
39	Delpport, Milla	16	PEAS-NM	2:53.71
40	Bosman, Jessica A	16	QUIC-CP	2:53.92
41	Messiter-Tooze, Luna S	14	SLAQ-CP	2:55.16
42	Prins, Tiffany C	14	KTS	2:55.31
43	Coetzee, Marli	13	CASC-CP	2:55.64
44	Kröger, Sammy	13	BARR-CP	2:55.80
45	Gullan, Sophia	12	VINE-CP	2:56.34
46	Nel, Olivia	12	CLA-WC	2:56.35
47	Joubert, Iane	13	ROA-ED	2:57.57
48	Kruger, Livvy	11	PLAY-CE	2:57.57
49	Pearson-Adams, Oshun O	12	SAAW-CP	2:57.61
50	Johnson, Ella J	11	SAAW-CP	2:57.62
51	Van Tromp, Seruby	14	LALE-CE	2:57.89
52	Sonnekus, Anya	13	TYGE-CP	2:58.01
53	McLean, Daniella L	13	PEAS-NM	2:58.27
54	Avenant, Ankia	14	UPSK	2:58.35
55	McGluwa, Jovanah N	12	CASC-CP	2:59.02
56	Lourens, Mia	13	CASC-CP	2:59.30
57	Haldane, Bella	12	FISH-ED	2:59.47
58	Koegelenberg, Emily	12	XCEL-CP	2:59.54
59	Normington, Olivia	11	XCEL-CP	2:59.61
60	Jordaan, Mikayla E	12	CASC-CP	3:00.87
61	Lloyd, Jemma A	12	VINE-CP	3:01.64
62	Joubert, Liandi	13	USC-BU	3:01.81
63	Tranter, Alexia R	11	SSISA-CP	3:02.18
64	Barnes, Caitlin M	12	SAAW-CP	3:02.40
65	Malan, Lua B	12	WELL-CE	3:02.64
66	Kretzmann, Sophie F	11	USC-BU	3:02.71
67	Butau, Mila T	11	BEST-NM	3:03.49
68	Emjedi, Saffiya	12	SAAW-CP	3:04.21
69	Tembo, Noku L	12	KNYA-ED	3:05.29
70	March, Gea A	12	UPSK	3:06.56
71	Van Zyl, Liane	12	UPSK	3:07.68
72	Smit, Dione	11	CASC-CP	3:08.83
73	Parker, Leila E	12	SSISA-CP	3:09.15
74	Hengst, Emily A	11	CASC-CP	3:09.49
75	Venter, Ané	11	FISH-ED	3:09.68
76	Barthus, Alessia	12	MANT-CP	3:09.81
77	Daniels, Emily G	11	XCEL-CP	3:10.19
78	Harper, Maddie I	14	KNYA-ED	3:10.44
79	Strydom, Marli	11	QUIC-CP	3:10.77
80	Nieuwoudt, Jenna M	12	SWAR-WC	3:10.78
81	Haynes-Smart, Kaitlyn	12	VINE-CP	3:10.96
82	Beyers, Lize M	11	AGAQ-OB	3:11.06
83	Scheffer, Shaylee C	10	CASC-CP	3:11.30
84	Sprong, Jaime M	11	ASAC-CP	3:13.02
85	Kleynhans, Kayla	12	ROA-ED	3:13.84
86	Botha, Rebecca P	13	CASC-CP	3:14.09
87	Vd Wal, Kaylee	11	CASC-CP	3:14.82
88	Van Jaarsveld, Bianca I	10	TYGE-CP	3:15.08
89	Kuhn, Alexa J	11	CASC-CP	3:16.27
90	Engelbrecht, Zia-Bella L	11	HTSA-CP	3:18.29
91	Ras, Annabelle	11	QUIC-CP	3:18.55
92	van der Mescht, Ava	12	DESA-NM	3:19.35
93	Theron, Alex	12	CASC-CP	3:20.00
94	Pretorius, Mariné	14	UPSK	3:20.26
95	Adams, Ella	12	TYGE-CP	3:29.50
96	DU Plessis, Lheané	11	FISH-ED	3:54.11

## #209 Men 99 &amp; Under 50 LC Meter Backstroke Multi-Class

Name	Age	Team	Seed Time	
1	Pardoe, James N	13	SSISA-CP	36.63
2	Hartwig, Connor M	13	HARL-BU	54.74

## #210 Women 99 &amp; Under 50 LC Meter Backstroke Multi-Cl

Name	Age	Team	Seed Time	
1	Pienaar, Carli	11	CLA-WC	1:08.41

## #211 Men 19 &amp; Under 100 LC Meter Butterfly

Name	Age	Team	Seed Time	
1	Beukes, Mateo A	19	WALM-CP	1:01.63
2	Moolman, Carter S	16	MANT-CP	1:02.72
3	Pedro, Tamkeen	17	WALM-CP	1:02.81
4	Das Neves, Lucas P	15	TYGE-CP	1:02.89
5	Germishuys, Liam J	15	QSAW-CE	1:03.00
6	Engelbrecht, Ruben J	17	PLAY-CE	1:03.49
7	Kalapac, Joshua	16	SLAQ-CP	1:03.68
8	Alexander, Ammaar	17	MARL-CP	1:03.73
9	Basson, Lucca N	15	SFSC-CP	1:03.77
10	Pincente, Matthew	17	SAAW-CP	1:04.44
11	Kleinhans, Kyle	18	SSISA-CP	1:04.47
12	Breet, Dawie-Louw L	17	PLAY-CE	1:04.48
13	Gilbert, Thomas O	17	SAAW-CP	1:05.31
14	Solomon, Ethan	16	AQDO-CP	1:05.33
15	Pullock, Sam J	15	CUHE-OB	1:05.40
16	Copteros, Ilyo B	17	PEAS-NM	1:05.41
17	Dupper, Leon H	16	INFA-NM	1:05.69
18	Liedeman, Mark	15	SWAR-WC	1:05.72
19	Beukes, Jaden L	15	WALM-CP	1:06.32
20	Hendricks, Joshua	18	CASC-CP	1:06.47
21	Schreuder, Steffen	17	ASAW-CE	1:06.48
22	Sousa, Guilherme Machac	16	APNL	1:06.80
23	Jenkins, Finn R	15	PEAS-NM	1:06.86
24	Van Der Merwe, Ula W	17	KNYA-ED	1:07.09
25	van Staden, Mika L	15	AQUA-BU	1:07.66
26	Martin, Alzhario	17	UWCA-CP	1:07.73
27	Allott, Jack R	16	AACTA-CP	1:08.28
28	Steyl, Douw L	18	UPSK	1:08.30
29	Zellie, Thomas J	17	SAAW-CP	1:08.39
30	Booth, Jake J	14	VIKI-BU	1:08.40
31	Thompson, Cameron G	16	HARL-BU	1:08.42
32	Blauw, Tyriq D	16	TYGE-CP	1:08.51
33	Manuel, Silverio Fernando	16	APNL	1:09.15
34	Zungu, Sinothando	16	VIKI-BU	1:09.52
35	Dode, Davi Lucas	14	APNL	1:10.77
36	van Wyk, Tariq K	14	CASC-CP	1:11.17
37	Francis, Ethan	13	MARL-CP	1:13.19
38	Bothma, Ryan	13	KSTAR-ED	1:13.53
39	Weber, Daniel	13	PLAY-CE	1:13.64
40	Spencer, Marcus W	13	CYBE-CP	1:13.79
41	Coates, Caleb	13	FISH-ED	1:13.79
42	Njoroge, Alphonse	15	CASC-CP	1:14.32
43	Samsodien, Saaligh S	14	MARL-CP	1:15.03
44	Walther-Kotzè, Leon C	14	ASAC-CP	1:15.04
45	Jooste, Ben D	13	CUHE-OB	1:15.54
46	Lichthart, Nicus	14	QUIC-CP	1:15.68
47	Visser, Wessel M	14	UWCA-CP	1:15.95
48	Niemand, Leo	13	CYBE-CP	1:16.40
49	Townsend, Lucan D	16	ASAC-CP	1:17.04
50	Hattingh, Ben	14	FAAC	1:17.04
51	Viljoen, Jagger F	12	ASAC-CP	1:17.17
52	Titus, Brody	12	PAQU-CE	1:17.90
53	Ramorwesi, Oratilwe M	13	SAAW-CP	1:18.05
54	Schabort, Lowen	11	QSAW-CE	1:18.58
55	Janse van Rensburg, Dani	13	BARR-CP	1:19.00
56	Strydom, Andre N	13	BEST-NM	1:20.02

57	Prince, Caleb T	14	BEST-NM	1:20.04
58	De Jager, Eben	13	QSAW-CE	1:20.38
59	Mallin, Lukas	11	SAAW-CP	1:20.70
60	Steyn, Harry	11	CASC-CP	1:21.00
61	Kleinsmith, David	13	CASC-CP	1:21.23
62	Stander, Christiaan L	12	ASAW-CE	1:21.35
63	Simpson, Jesse	16	CASC-CP	1:22.57
64	February, Dillon S	12	CASC-CP	1:22.87
65	Kruger, Rikhardt	13	UPSK	1:23.22
66	Cook, Jedd R	14	USC-BU	1:23.78
67	Jacobs, Seth G	12	MANT-CP	1:23.97
68	Theunissen, Jude E	12	BEST-NM	1:24.01
69	Richter, Joshua C	11	BEST-NM	1:25.16
70	Orffer, Llewellyn	12	UPSK	1:25.23
71	Van der Merwe, Logan	11	TYGE-CP	1:26.09
72	Akinci, Can Batu	13	VINE-CP	1:26.89
73	Spangenberg, Zach A	12	XCEL-CP	1:27.54
74	Forsythe, Declan J	11	INFA-NM	1:29.50
75	Lewis, Amaru C	12	PAQU-CE	1:29.59
76	Pieterse, Adriaan	10	DESA-NM	1:32.12
77	Marais, Ewan E	11	GREY-CP	1:32.59
78	Odendaal, Riko	12	BARR-CP	1:33.97
79	Opperman, Theodore S	12	KTS	1:34.00
80	Heunis, Johan C	11	BARR-CP	1:34.82
81	Stow, David-John	11	INFA-NM	1:35.93
82	Gerber, Luke M	11	CASC-CP	1:36.70
83	Fouche, Ryan	10	CASC-CP	1:40.53
84	Davenport, Daniel J	11	DESA-NM	1:41.23
85	Kuhn, Adrian-Brand	10	CASC-CP	1:41.71
86	Lubbe, Mikael B	12	ASAC-CP	1:43.02

## #212 Women 19 &amp; Under 100 LC Meter Butterfly

Name	Age	Team	Seed Time	
1	Jantzen, Zianè	15	QUIC-CP	1:13.58
2	Strong, Ava J	15	PEAS-NM	1:13.68
3	Vd Westhuizen, Joy	17	AQDO-CP	1:15.70
4	Faul, Ellen J	14	QSAW-CE	1:16.45
5	Jarvis, Jade	17	SAAW-CP	1:16.53
6	Blake, Abi E	15	CASC-CP	1:16.55
7	Zeelie, Shanna-Leigh	16	BLMA-CP	1:17.34
8	March, Gea A	12	UPSK	1:18.27
9	Body, Alice Celeste	14	APNL	1:18.38
10	Burger, Juanè	14	TYGE-CP	1:18.74
11	Rinquest, Taaliah	17	MARL-CP	1:20.39
12	Johnson, Ella J	11	SAAW-CP	1:20.59
13	Jordaan, Mikayla E	12	CASC-CP	1:20.95
14	Fabricius, Kaylin	15	CASC-CP	1:21.30
15	Wilson, Samantha	11	INFA-NM	1:21.32
16	White, Rebecca M	16	SSISA-CP	1:21.92
17	Wilensky, Mikayla	11	ASAC-CP	1:22.13
18	Riley, Logan	14	CASC-CP	1:22.44
19	Pahl, Shelly F	13	QUIC-CP	1:24.15
20	Sonnekus, Anya	13	TYGE-CP	1:24.19
21	Pieterse, Haley	10	INFA-NM	1:24.41
22	O'Connor, Kayden C	14	PEAS-NM	1:24.47
23	Madeley, Amy O	13	ANAX-CP	1:25.15
24	Anthony, Jazmin A	12	PAQU-CE	1:25.58
25	Van Zyl, Liane	12	UPSK	1:25.67
26	McGluwa, Jovanah N	12	CASC-CP	1:25.89
27	Nienaber, Mila J	13	QSAW-CE	1:26.84
28	Morais, Wendy Lukenya	12	APNL	1:27.03
29	Strydom, Mia	13	INFA-NM	1:28.46
30	Kuhn, Alexa J	11	CASC-CP	1:29.08
31	Mfabe, Zingce Z	12	USC-BU	1:29.11
32	Normington, Olivia	11	XCEL-CP	1:29.31
33	Butau, Mila T	11	BEST-NM	1:29.63
34	Avenant, Ankia	14	UPSK	1:29.68

## SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

## Psych Sheet

## #212 ... (Women 19 &amp; Under 100 LC Meter Butterfly)

35	Terwin, Brooklyn	12	USC-BU	1:30.82
36	Van de Vyver, Mia	12	QSAW-CE	1:30.93
37	Adams, Tatum	11	PAQU-CE	1:31.36
38	Sprong, Jaime M	11	ASAC-CP	1:31.79
39	Lourens, Mia	13	CASC-CP	1:32.10
40	Thompson, Riley	12	HARL-BU	1:32.58
41	Ristow, Emma K	12	USC-BU	1:32.72
42	Mauer, Kayden	14	USC-BU	1:33.23
43	Du Preez, Kyra J	11	USC-BU	1:33.28
44	Steyl, Anne M	16	UPSK	1:33.60
45	Swanepoel, Pia Q	11	ASAC-CP	1:34.14
46	Van Der Byl, Emily	11	USC-BU	1:34.18
47	Olivier, Gianna G	11	PAQU-CE	1:34.38
48	Pitout, Addison P	10	ASAC-CP	1:35.04
49	Perrins, Hayden	11	GREY-CP	1:35.34
50	Tembo, Noku L	12	KNYA-ED	1:35.83
51	Cupido, Kirsten	12	CYBE-CP	1:37.42
52	Newkirk, Gia	12	TYGE-CP	1:37.64
53	Koegelenberg, Emily	12	XCEL-CP	1:37.92
54	Strydom, Marli	11	QUIC-CP	1:38.68
55	Venter, Ané	11	FISH-ED	1:40.92
56	Louw, Mali R	12	WELL-CE	1:41.95
57	Van Jaarsveld, Bianca I	10	TYGE-CP	1:43.14
58	Walker, Kayla-Anne	11	CYBE-CP	1:44.00
59	Loni, Yama	11	INFA-NM	1:44.40
60	Daniels, Emily G	11	XCEL-CP	1:56.55

## #213 Men 12 &amp; Under 4x100 LC Meter Freestyle Relay 4 X

Team	Relay	Seed Time
1 CASC-CP	M12 A	4:46.77
Breebaart, Matthew 10	Joyce, Guy 11	
Steyn, Harry 11	February, Dillon S 12	
2 SAAW-CP	M12 A	4:47.68
Mallin, Lukas 11	Desai, Rohin T 11	
Laufs, Connor R 12	Law Hing Choy, Flynn M 11	
3 ROA-ED	M12 A	4:58.49
Knoetze, Ruben 11	Van Wyngaard, Daniël C 11	
Bond, Ben L 11	Serfontein, John-Lourens 1	
4 TYGE-CP	M12 A	5:01.32
Perez Castellano, Emilio 11	Swartz, Seth J 11	
Van der Merwe, Logan 11	Van Onselen, Pierre S 12	
5 VINE-CP	M12 A	5:15.22
Kenmuir, Ethan 12	Harder, Callum R 11	
Lange, Oliver 11	Louw, James 12	

## #214 Women 12 &amp; Under 4x100 LC Meter Freestyle Relay 4 X

Team	Relay	Seed Time
1 INFA-NM	W12 A	4:42.28
Pieterse, Haley 10	Stearn, Hannah 11	
Wilson, Samantha 11	Geldart, Olivia L 11	
2 SAAW-CP	W12 A	4:47.34
Johnson, Ella J 11	Pearson-Adams, Oshun O 1	
Barnes, Caitlin M 12	Emjedi, Saffiya 12	
3 VINE-CP	W12 A	4:58.03
Haynes-Smart, Kaitlyn 12	Lloyd, Jemma A 12	
Gullan, Sophia 12	Voysey, Ella N 12	
4 USC-BU	W12 A	4:58.98
Terwin, Brooklyn 12	Schutzler, Amelia-Rose 12	
Mfabe, Zingee Z 12	Christie, Laila A 12	
5 CASC-CP	W12 A	5:03.71
Jordaan, Mikayla E 12	McGluwa, Jovanah N 12	
Theron, Alex 12	Scheffer, Shaylee C 10	
6 SSISA-CP	W12 A	5:08.51
Heldsinger, Gia 12	Pretorius, Kara 12	
Tranter, Alexia R 11	Parker, Leila E 12	

7 TYGE-CP	W12 A	5:10.86
Adams, Ella 12	Van Jaarsveld, Bianca I 10	
Newkirk, Gia 12	Hendricks, Jada 12	
8 ASAC-CP	W12 A	5:11.66
Makore, Bona M 11	Pitout, Addison P 10	
Sprong, Jaime M 11	Swanepoel, Pia Q 11	
9 FISH-ED	W12 A	5:13.38
Haldane, Bella 12	Venter, Ané 11	
DU Plessis, Lheané 11	Coetsee, Elke M 10	

## #215 Men 13-15 4x100 LC Meter Freestyle Relay 4 X 100 F

Team	Relay	Seed Time
1 LALE-CE	A	4:13.21
VerLoren Van Themaat, Hei	Hodge, Cameron P 14	
Muller, Lukas D 13	Vd Merwe, Thomas 15	
2 CASC-CP	A	4:16.69
van Wyk, Tariq K 14	Krause, Luke 14	
Grobler, Chris I 14	Njoroge, Alphonse 15	
3 TYGE-CP	A	4:20.16
Wright, Jonah S 14	Heunis, Le Roux 13	
Du Randt, Zack S 13	Das Neves, Lucas P 15	
4 BLMA-CP	A	4:23.10
Van Dyk, Stephaan 14	Froneman, Dylan R 13	
Wessels, Connor M 14	Coleman, Travis 13	
5 MARL-CP	A	4:27.54
Francis, Ethan 13	Gamielidien, Idrees 14	
Gomez, Alex W 14	Samsodien, Saaligh S 14	
6 CYBE-CP	A	4:30.00
Spencer, Charles A 15	Spencer, Marcus W 13	
Sampson, Zac 13	Niemand, Leo 13	
7 MANT-CP	A	4:44.73
Fortune, Yaseen 14	Fortune, Hakeem 13	
Addinall, Ethan 14	Jacobs, Seth G 12	
8 SAAW-CP	A	4:48.87
Field, Joshua J 15	Hucke, Tegan 13	
Ramorwesi, Oratilwe M 13	Bendixen, Vidar R 12	
9 ASAC-CP	A	4:58.95
Pitout, Zachary J 13	Viljoen, Jagger F 12	
Maughan, Patrick F 12	Lubbe, Mikael B 12	
10 BARR-CP	A	5:05.48
Janse van Rensburg, Daniël	Swanepoel, Roehan J 11	
Heunis, Johan C 11	Odendaal, Riko 12	

## #216 Women 13-15 4x100 LC Meter Freestyle Relay 4 X 100 F

Team	Relay	Seed Time
1 CASC-CP	A	4:28.93
Botha, Rebecca P 13	Blake, Abi E 15	
Fabricius, Kaylin 15	Riley, Logan 14	
2 TYGE-CP	A	4:33.90
Burger, Juané 14	Sonnekus, Anya 13	
Otterbach, Lily 14	Senekal, Margo 15	
3 LALE-CE	A	4:36.05
Van Wyk, Josie 13	Retief, Jane 13	
Bircher, Storm Z 13	Van Tromp, Seruby 14	
4 VINE-CP	A	4:38.61
Nixon, Sofia 13	Charles, Tyla 13	
Goldman, Jasmine 14	Adams, Sydni M 15	
5 ASAC-CP	A	4:40.68
Longueira, Ava L 12	Wilensky, Mikayla 11	
Van Dyk, Zani 13	Vd Merwe, Mia 15	
6 SAAW-CP	A	4:55.08
Kuhn, Tamzyn J 15	Robinson, Alana 14	
Latimer, Olivia H 13	Benade, Aria 10	
7 PEAS-NM	A	4:59.57
Strong, Ava J 15	O'Connor, Kayden C 14	
McLean, Daniella L 13	Mack, Kyrrah E 15	

## #217 Men 16-19 4x100 LC Meter Freestyle Relay 4 X 100 F

Team	Relay	Seed Time
1 ASAC-CP	A	3:53.79
Viljoen, Jaden R 16	De Jager, Nathan B 16	
De Bruyn, Cornè C 16	Arnott, Carter J 16	
2 SAAW-CP	A	3:54.49
Zellie, Thomas J 17	Pincente, Matthew 17	
Van der Merwe, Josh E 16	Gilbert, Thomas O 17	
3 PEAS-NM	A	4:09.12
Hlangothi, Munguni S 17	Copteros, Ilyo B 17	
Sheard, Dylan J 17	Nash, Daniel A 17	
4 WALM-CP	A	4:09.71
Beukes, Mateo A 19	Pedro, Tamkeen 17	
Beukes, Jaden L 15	Pedro, Maahier 13	
5 SLAQ-CP	A	4:10.17
Kalapac, Joshua 16	Willenburg, Elijah K 14	
Nagendrakumar, Puneet 14	Daniels, Joshua D 14	
6 SSISA-CP	A	4:14.03
Kleinbans, Kyle 18	Pardoe, James N 13	
Poggenpoel, Troy J 15	Williams, Evan B 15	
7 CASC-CP	A	4:15.55
Simpson, Jesse 16	Smith, Tristan A 15	
Lombard, Kyle M 17	Hendricks, Joshua 18	

## #218 Women 16-19 4x100 LC Meter Freestyle Relay 4 X 100 F

Team	Relay	Seed Time
1 BLMA-CP	A	4:35.66
Tsai, Emily A 16	Louw, Alexa 17	
Dabrowski, Leah A 11	Zeelie, Shanna-Leigh 16	
2 UPSK	A	4:41.20
Avenant, Ankia 14	March, Gea A 12	
Pretorius, Mariné 14	Steyl, Anne M 16	

## #301 Men 19 &amp; Under 200 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Jenkins, Finn R	15	PEAS-NM	2:03.78
2 Zellie, Thomas J	17	SAAW-CP	2:06.80
3 Brooker, Matthew W	17	AACTA-CP	2:07.01
4 Solomon, Ethan	16	AQDO-CP	2:09.08
5 Basson, Lucca N	15	SFSC-CP	2:09.15
6 Van Der Merwe, Ula W	17	KNYA-ED	2:09.15
7 Kalapac, Joshua	16	SLAQ-CP	2:09.39
8 Dupper, Leon H	16	INFA-NM	2:09.59
9 Sousa, Guilherme Machac	16	APNL	2:09.68
10 Arnott, Carter J	16	ASAC-CP	2:11.03
11 Allott, Jack R	16	AACTA-CP	2:11.28
12 Spencer, Charles A	15	CYBE-CP	2:11.32
13 Beukes, Mateo A	19	WALM-CP	2:12.24
14 Lombard, Kyle M	17	CASC-CP	2:12.25
15 Atkinson, Samuel A	16	SWAR-WC	2:12.43
16 Vd Merwe, Thomas	15	LALE-CE	2:12.65
17 Boonzaaier, Simon F	18	ASAW-CE	2:13.06
18 Eilers, De-Anzo C	18	KALA	2:13.31
19 Walker, Yohan G	16	VINE-CP	2:13.36
20 Pullock, Sam J	15	CUHE-OB	2:13.49
21 Das Neves, Lucas P	15	TYGE-CP	2:14.35
22 Rayne, Leo	16	ASAC-CP	2:14.44
23 Viljoen, Jaden R	16	ASAC-CP	2:14.63
24 Williams, Evan B	15	SSISA-CP	2:15.00
25 Steyl, Douw L	18	UPSK	2:15.32
26 Witbooi, Reinhardt J	18	STAQ-CE	2:15.94
27 Wright, Jonah S	14	TYGE-CP	2:16.08
28 Schreuder, Steffen	17	ASAW-CE	2:16.27
29 De Bruyn, Cornè C	16	ASAC-CP	2:17.19
30 De Jager, Nathan B	16	ASAC-CP	2:17.31
31 Mansfield, Luke T	15	STAQ-CE	2:17.35
32 Copteros, Ilyo B	17	PEAS-NM	2:17.41
33 Thompson, Cameron G	16	HARL-BU	2:17.58



## SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

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## #302 ... (Women 19 &amp; Under 200 LC Meter Freestyle)

75	Normington, Olivia	11	XCEL-CP	2:40.98
76	Barnes, Caitlin M	12	SAAW-CP	2:41.10
77	Butau, Mila T	11	BEST-NM	2:41.25
78	Jordaan, Mikayla E	12	CASC-CP	2:41.27
79	Van Zyl, Liane	12	UPSK	2:41.40
80	Morais, Wendy Lukenya	12	APNL	2:41.49
81	Nel, Olivia	12	CLA-WC	2:42.74
82	Steyl, Anne M	16	UPSK	2:43.19
83	Cupido, Kirsten	12	CYBE-CP	2:43.21
84	Adams, Ella	12	TYGE-CP	2:43.65
85	Cronjé, Miané	14	FISH-ED	2:43.77
86	Grebe, Ava	12	CUHE-OB	2:44.12
87	Thirsk, Savannah	13	TYGE-CP	2:44.40
88	Haynes-Smart, Kaitlyn	12	VINE-CP	2:44.54
89	Coetzee, Marli	13	CASC-CP	2:44.60
90	Olivier, Gianna G	11	PAQU-CE	2:44.80
91	Scheffer, Shaylee C	10	CASC-CP	2:45.75
92	Kleynhans, Kayla	12	ROA-ED	2:46.29
93	Mfabe, Zingce Z	12	USC-BU	2:46.77
94	Anthony, Jazmin A	12	PAQU-CE	2:47.11
95	Makore, Bona M	11	ASAC-CP	2:47.41
96	Emjedi, Saffiya	12	SAAW-CP	2:47.43
97	Mauer, Kayden	14	USC-BU	2:47.69
98	Pearson-Adams, Oshun O	12	SAAW-CP	2:47.83
99	Schutzler, Amelia-Rose	12	USC-BU	2:48.16
100	Kröger, Sammy	13	BARR-CP	2:48.38
101	Adams, Tatum	11	PAQU-CE	2:48.46
102	Theron, Alex	12	CASC-CP	2:48.91
103	Louw, Mali R	12	WELL-CE	2:49.42
104	Hendricks, Jada	12	TYGE-CP	2:49.78
105	Hengst, Emily A	11	CASC-CP	2:49.82
106	Nieuwoudt, Jenna M	12	SWAR-WC	2:51.03
107	Newkirk, Gia	12	TYGE-CP	2:51.32
108	Walker, Kayla-Anne	11	CYBE-CP	2:51.86
109	Thompson, Riley	12	HARL-BU	2:52.43
110	Shaw, Inge	12	LALE-CE	2:52.51
111	Smit, Dione	11	CASC-CP	2:52.83
112	Du Plessis, Leah	12	PEAS-NM	2:53.05
113	van der Mescht, Ava	12	DESA-NM	2:53.15
114	Haldane, Bella	12	FISH-ED	2:54.05
115	Lloyd, Jemma A	12	VINE-CP	2:54.30
116	Voysey, Ella N	12	VINE-CP	2:55.35
117	Kretzmann, Sophie F	11	USC-BU	2:55.37
118	Swanepoel, Pia Q	11	ASAC-CP	2:55.72
119	Parker, Leila E	12	SSISA-CP	2:56.05
120	Loni, Yama	11	INFA-NM	2:56.09
121	Pitout, Addison P	10	ASAC-CP	2:56.33
122	Daniels, Emily G	11	XCEL-CP	2:56.34
123	Kuhn, Alexa J	11	CASC-CP	2:56.48
124	Mahlangu, Ndalo	11	BLMA-CP	2:58.85
125	Du Preez, Kyra J	11	USC-BU	2:59.35
126	Van Jaarsveld, Bianca I	10	TYGE-CP	3:02.08
127	Verdon, Leah L	10	VINE-CP	3:02.32
128	DU Plessis, Lheané	11	FISH-ED	3:02.45
129	Schou, Lexi	14	SFSC-CP	3:03.30
130	Sprong, Jaime M	11	ASAC-CP	3:05.10
131	Barthus, Alessia	12	MANT-CP	3:06.74
132	Van Der Byl, Emily	11	USC-BU	3:06.83
133	Vd Wal, Kaylee	11	CASC-CP	3:09.66
134	Benade, Aria	10	SAAW-CP	3:10.82
135	Strydom, Marli	11	QUIC-CP	3:12.95
136	Schemel, Leah I	11	HARL-BU	3:13.52
137	Christensen, Milla M	12	WELL-CE	3:16.86
138	De Jager, Isabella	10	QSAW-CE	3:18.31
139	Pienaar, Carli	11	CLA-WC	4:22.13

## #303 Men 99 &amp; Under 100 LC Meter Freestyle Multi-Class

Name	Age	Team	Seed Time	
1	Pardoe, James N	13	SSISA-CP	1:11.01
2	Hartwig, Connor M	13	HARL-BU	1:55.49
<b>#304 Women 99 &amp; Under 100 LC Meter Freestyle Multi-Class</b>				
Name	Age	Team	Seed Time	
1	Thiart, Annelie	13	CLA-WC	1:13.02
2	Endres, Josephine	14	VINE-CP	1:18.43
3	Pienaar, Carli	11	CLA-WC	2:01.40
<b>#305 Men 19 &amp; Under 50 LC Meter Breaststroke</b>				
Name	Age	Team	Seed Time	
1	Hendricks, Joshua	18	CASC-CP	31.34
2	Hlangothi, Munguni S	17	PEAS-NM	31.62
3	Steyl, Douw L	18	UPSK	32.27
4	Manuel, Silverio Fernando	16	APNL	33.26
5	Alexander, Ammaar	17	MARL-CP	33.32
6	Saayman, Dehan	17	PLAY-CE	33.38
7	Kalapac, Joshua	16	SLAQ-CP	33.52
8	Fernandes, Carlos Daniel	15	APNL	33.67
9	Zellie, Thomas J	17	SAAW-CP	33.73
10	Van der Watt, Alpheus J	16	PLAY-CE	33.81
11	Basson, Zethan L	14	PEAS-NM	34.36
12	Wedderburn, Liam	16	INFA-NM	34.36
13	Eilers, De-Anzo C	18	KALA	34.37
14	Simpson, Jesse	16	CASC-CP	34.42
15	Dupper, Leon H	16	INFA-NM	34.50
16	Engelbrecht, Ruben J	17	PLAY-CE	34.57
17	Townsend, Lucan D	16	ASAC-CP	34.79
18	Nash, Daniel A	17	PEAS-NM	34.83
19	Jurgens, Ezra J	16	MANT-CP	34.92
20	Witbooi, Reinhardt J	18	STAQ-CE	35.03
21	Booth, Jake J	14	VIKI-BU	35.13
22	Basson, Trishaun T	15	MARL-CP	35.19
23	Atkinson, Samuel A	16	SWAR-WC	35.24
24	Mansfield, Luke T	15	STAQ-CE	35.51
25	Lombard, Kyle M	17	CASC-CP	35.52
26	Pedro, Tamkeen	17	WALM-CP	35.59
27	Liedeman, Mark	15	SWAR-WC	35.74
28	Spencer, Charles A	15	CYBE-CP	35.87
29	Basson, Lucca N	15	SFSC-CP	36.15
30	Smith, Tristan A	15	CASC-CP	36.25
31	Poggenpoel, Troy J	15	SSISA-CP	36.49
32	Jenkins, Finn R	15	PEAS-NM	36.69
33	Strydom, Luan	16	TYGE-CP	36.91
34	Wenn, Josiah	14	ASAC-CP	37.14
35	Coleman, Travis	13	BLMA-CP	37.20
36	Daniels, Joshua D	14	SLAQ-CP	37.45
37	Van Rooyen, Louis B	15	FISH-ED	37.63
38	Martin, Alzhario	17	UWCA-CP	37.76
39	Mostert, Stian	13	FAAC	37.89
40	Gamielidien, Idreess	14	MARL-CP	37.93
41	Hattingh, Ben	14	FAAC	38.12
42	Spencer, Marcus W	13	CYBE-CP	38.14
43	Dode, Davi Lucas	14	APNL	38.18
44	Kleu, Wian M	12	STAQ-CE	38.50
45	Krause, Luke	14	CASC-CP	38.53
46	Van Dyk, Stephaan	14	BLMA-CP	38.53
47	Theron, Oloff A	14	VINE-CP	38.61
48	Addinall, Ethan	14	MANT-CP	38.76
49	De Jager, Eben	13	QSAW-CE	38.77
50	Strydom, Andre N	13	BEST-NM	38.77
51	Willenburg, Elijah K	14	SLAQ-CP	38.90
52	Moodie, Zak	14	BLMA-CP	39.07
53	Coates, Caleb	13	FISH-ED	39.10
54	Raath, Jaedyn K	17	ANAX-CP	39.52

55	Bothma, Ryan	13	KSTAR-ED	39.81
56	Maughan, Patrick F	12	ASAC-CP	39.83
57	Gomez, Alex W	14	MARL-CP	39.91
58	Forsythe, Declan J	11	INFA-NM	40.13
59	Kretzmann, Kaleb B	14	USC-BU	40.37
60	Opperman, Conrad Wille	10	SEY	40.43
61	Nolands, Reece T	14	USC-BU	40.44
62	Harbron, Nicholas	13	FAAC	40.76
63	Fortune, Hakeem	13	MANT-CP	40.92
64	Swanepoel, Hallett J	12	KNYA-ED	41.46
65	Smit, Christian F	13	ROA-ED	41.63
66	Visser, Wessel M	14	UWCA-CP	41.66
67	Serfontein, John-Lourens	11	ROA-ED	41.71
68	Heunis, Le Roux	13	TYGE-CP	41.81
69	Kruger, Rikhardt	13	UPSK	41.89
70	Pitout, Zachary J	13	ASAC-CP	42.07
71	Fortune, Yaseen	14	MANT-CP	42.20
72	Lubbe, Alex C	13	USC-BU	42.33
73	Schoeman, Mateo J	11	QSAW-CE	42.35
74	Jonas, Leonardo	13	PLAY-CE	42.39
75	Kleinsmith, David	13	CASC-CP	42.56
76	Kenmuir, Ethan	12	VINE-CP	42.82
77	Stander, Christiaan L	12	ASAW-CE	42.98
78	Abrie, Ryn J	13	CUHE-OB	43.27
79	Lategan, Wessel W	12	SWAR-WC	43.28
80	Lange, Oliver	11	VINE-CP	43.33
81	Desai, Rohin T	11	SAAW-CP	43.57
82	February, Dillon S	12	CASC-CP	43.86
83	Breebaart, Matthew	10	CASC-CP	43.94
84	Baadjies, Cruden H	13	PAQU-CE	44.06
85	Kleynhans, Michael	10	BARR-CP	44.37
86	Du Randt, Zack S	13	TYGE-CP	44.47
87	Titus, Brody	12	PAQU-CE	44.64
88	Stenekamp, Keanu	12	ASAC-CP	44.72
89	Kannemeyer, Luan	11	QUIC-CP	44.96
90	Perez Castellano, Emilio	11	TYGE-CP	45.06
91	Laufs, Connor R	12	SAAW-CP	45.33
92	Van Heerden, Emile L	11	FISH-ED	45.45
93	Lötter, Reuben	13	DESA-NM	45.49
94	Swanepoel, Roehan J	11	BARR-CP	45.61
95	Bond, Ben L	11	ROA-ED	45.62
96	Fouche, Jack	13	CASC-CP	45.66
97	Schabort, Lowen	11	QSAW-CE	45.82
98	Wetzl, Alex J	11	STAQ-CE	45.87
99	Law Hing Choy, Flynn M	11	SAAW-CP	46.04
100	Richter, Joshua C	11	BEST-NM	46.04
101	Olivier, Simeon	10	PAQU-CE	46.51
102	Odendaal, Riko	12	BARR-CP	46.57
103	Spangenberg, Zach A	12	XCEL-CP	47.03
104	Vermaak, Bo	12	VINE-CP	47.17
105	Poultney, Daniel	9	CASC-CP	47.27
106	Melnik, Yonatan	12	ASAC-CP	47.37
107	Pieterse, Nicholas N	11	STAQ-CE	47.88
108	Lubbe, Mikael B	12	ASAC-CP	48.11
109	Davenport, Daniel J	11	DESA-NM	48.55
110	Knoetze, Ruben	11	ROA-ED	48.72
111	Theunissen, Jude E	12	BEST-NM	48.95
112	Coetzee, Tristan R	11	FISH-ED	49.26
113	Lötter, Daniel	11	DESA-NM	49.37
114	Delpoort, Reynard	11	BEST-NM	51.29
115	Wiener, Will D	11	TYGE-CP	51.55
116	van der Merwe, Naude	11	DESA-NM	52.54
117	Van der Merwe, Logan	11	TYGE-CP	54.12
118	Louw, André J	11	KALA	1:00.87

## SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

## Psych Sheet

#306 Women 19 & Under 50 LC Meter Breaststroke			
Name	Age	Team	Seed Time
1 Heldsinger, Alexa L	14	SSISA-CP	37.54
2 Latimer, Olivia H	13	SAAW-CP	37.74
3 Steyl, Anne M	16	UPSK	38.28
4 O'Connor, Kayden C	14	PEAS-NM	38.30
5 Santos, Neizla Miguella	16	APNL	38.33
6 Fabricius, Kaylin	15	CASC-CP	38.39
7 Corrigan, Cara J	17	FISH-ED	38.42
8 Visser, Sandri	16	PLAY-CE	38.72
9 Geldart, Olivia L	11	INFA-NM	38.80
10 Harper, Maddie I	14	KNYA-ED	38.82
11 Pretorius, Kara	12	SSISA-CP	38.86
12 Adams, Sydni M	15	VINE-CP	38.99
13 Pohlmann, Sarah	12	BEST-NM	39.16
14 Jewell, Chloe I	16	PEAS-NM	39.19
15 Edwards, Reese J	16	SSISA-CP	39.51
16 Barnard, Adelmar D	15	SWAR-WC	39.53
17 Zhukov, Aleksandra Laris	17	APNL	39.67
18 Kriek, Mila	18	QSAW-CE	39.70
19 Tsai, Emily A	16	BLMA-CP	39.77
20 Mack, Kyrrah E	15	PEAS-NM	39.84
21 De Oliveira, Aliyah	15	TYGE-CP	39.91
22 Serfontein, Christi	16	QUIC-CP	40.12
23 Van Dyk, Zani	13	ASAC-CP	40.32
24 Louw, Mali R	12	WELL-CE	40.41
25 Kalapac, Lexi	12	SLAQ-CP	40.55
26 Lottering, Eirley	13	USC-BU	40.63
27 Pieterse, Haley	10	INFA-NM	40.74
28 Sadler, Arabella J	13	LEGC-ET	41.22
29 Riley, Logan	14	CASC-CP	41.25
30 Halford, Harper C	13	MANT-CP	41.31
31 Faul, Ellen J	14	QSAW-CE	41.38
32 Loubser, Jenna L	17	SLAQ-CP	41.45
33 Nixon, Sofia	13	VINE-CP	41.45
34 Gerber, Kayla M	12	STAQ-CE	41.45
35 Baillie, Gabi J	15	LALE-CE	41.50
36 Jurgens, Chloe-Leigh	12	MANT-CP	41.50
37 Coetsee, Elke M	10	FISH-ED	41.69
38 Mauer, Kayden	14	USC-BU	41.95
39 Christensen, Milla M	12	WELL-CE	41.96
40 Grebe, Ava	12	CUHE-OB	42.10
41 Röntgen, Carine	16	ASAW-CE	42.55
42 Schou, Lexi	14	SFSC-CP	42.66
43 Nienaber, Mila J	13	QSAW-CE	42.68
44 McAfee, Holly B	14	FISH-ED	42.78
45 Longueira, Ava L	12	ASAC-CP	42.84
46 Van Wyk, Josie	13	LALE-CE	42.99
47 O'Carroll, Nia E	14	STAQ-CE	43.05
48 Ristow, Emma K	12	USC-BU	43.29
49 De Beer, Isabella C	13	QSAW-CE	43.40
50 Stearn, Hannah	11	INFA-NM	43.43
51 Dabrowski, Leah A	11	BLMA-CP	43.47
52 Wyngaard, Dakota J	18	QUIC-CP	43.66
53 Welsh, Stacey A	14	BEST-NM	43.66
54 Crozier, Emily N	14	FAAC	43.69
55 Sonnekus, Anya	13	TYGE-CP	43.70
56 Strydom, Marli	11	QUIC-CP	43.73
57 Olivier, Gianna G	11	PAQU-CE	43.77
58 Van den Berg, Nika	13	QSAW-CE	43.87
59 Palha, Isis Gabriela	13	APNL	43.89
60 Stevenson, Mikayla	12	QUIC-CP	43.95
61 Butau, Mila T	11	BEST-NM	44.11
62 Du Plessis, Leah	12	PEAS-NM	44.24
63 Normington, Olivia	11	XCEL-CP	44.44
64 Onkruid, Gianna R	11	UWCA-CP	44.66

65 Robinson, Alana	14	SAAW-CP	44.73
66 Newkirk, Gia	12	TYGE-CP	44.88
67 Scarpa, Isabella	14	VINE-CP	44.91
68 Birchler, Storm Z	13	LALE-CE	44.91
69 Haldane, Bella	12	FISH-ED	44.92
70 Venter, Ané	11	FISH-ED	45.23
71 Strydom, Mia	13	INFA-NM	45.36
72 Guimaraes, Carolina Roch	12	APNL	45.55
73 Du Preez, Kyra J	11	USC-BU	45.57
74 Schutzler, Amelia-Rose	12	USC-BU	45.75
75 Schemel, Leah I	11	HARL-BU	45.81
76 Smith, Isabel H	11	HARL-BU	46.05
77 Benade, Aria	10	SAAW-CP	46.24
78 Kempson, Savannah	11	APNL	46.27
79 DU Plessis, Lheané	11	FISH-ED	46.38
80 Ras, Annabelle	11	QUIC-CP	46.76
81 Hendricks, Jada	12	TYGE-CP	46.76
82 Botha, Rebecca P	13	CASC-CP	46.79
83 Emjedi, Saffiya	12	SAAW-CP	47.23
84 Mahlangu, Ndalo	11	BLMA-CP	47.28
85 Coetzee, Marli	13	CASC-CP	47.39
86 Kleynhans, Kayla	12	ROA-ED	47.91
87 Verdon, Leah L	10	VINE-CP	48.21
88 Perrins, Hayden	11	GREY-CP	48.25
89 Engelbrecht, Zia-Bella L	11	HTSA-CP	48.40
90 Scheffer, Shaylee C	10	CASC-CP	49.93
91 De Jager, Isabella	10	QSAW-CE	51.23
92 Adams, Tatum	11	PAQU-CE	54.41
93 Daniels, Emily G	11	XCEL-CP	56.47

## #307 Men 99 &amp; Under 50 LC Meter Breaststroke Multi-Clas

Name	Age	Team	Seed Time
1 Pardoe, James N	13	SSISA-CP	45.69

## #308 Women 99 &amp; Under 50 LC Meter Breaststroke Multi-Clas

Name	Age	Team	Seed Time
1 Thiart, Annelie	13	CLA-WC	41.12
2 Endres, Josephine	14	VINE-CP	46.42

## #309 Men 19 &amp; Under 100 LC Meter Backstroke

Name	Age	Team	Seed Time
1 Kleinhans, Kyle	18	SSISA-CP	1:03.50
2 Blauw, Tyriq D	16	TYGE-CP	1:04.96
3 Gounden, Mikhael A	19	CLA-WC	1:05.41
4 Rayne, Leo	16	ASAC-CP	1:05.53
5 Breet, Dawie-Louw L	17	PLAY-CE	1:05.60
6 Moolman, Carter S	16	MANT-CP	1:05.98
7 Walker, Yohan G	16	VINE-CP	1:05.99
8 Njoroge, Alphonse	15	CASC-CP	1:06.23
9 Engelbrecht, Ruben J	17	PLAY-CE	1:06.96
10 Van der Merwe, Josh E	16	SAAW-CP	1:07.19
11 Andrews, Carl R	15	PEAS-NM	1:07.38
12 Arnott, Carter J	16	ASAC-CP	1:07.57
13 Viljoen, Jaden R	16	ASAC-CP	1:07.72
14 Lombard, Kyle M	17	CASC-CP	1:07.97
15 Pincente, Matthew	17	SAAW-CP	1:08.55
16 Coetzee, Sion M	14	QUIC-CP	1:08.92
17 Gilbert, Thomas O	17	SAAW-CP	1:09.07
18 Eilers, De-Anzo C	18	KALA	1:09.21
19 Beukes, Mateo A	19	WALM-CP	1:09.46
20 Sheard, Dylan J	17	PEAS-NM	1:09.67
21 De Jager, Nathan B	16	ASAC-CP	1:09.68
22 De Bruyn, Cornè C	16	ASAC-CP	1:09.70
23 Williams, Evan B	15	SSISA-CP	1:09.79
24 Das Neves, Lucas P	15	TYGE-CP	1:09.84
25 Raath, Jaedyn K	17	ANAX-CP	1:09.99
26 Den Haan, Stéfan	18	QUIC-CP	1:10.09
27 Beukes, Jaden L	15	WALM-CP	1:10.13

28 Vd Merwe, Thomas	15	LALE-CE	1:10.27
29 Grobler, Chris I	14	CASC-CP	1:10.32
30 Nagendrakumar, Puneet	14	SLAQ-CP	1:11.59
31 Lichthart, Nicus	14	QUIC-CP	1:12.00
32 Field, Joshua J	15	SAAW-CP	1:12.04
33 Van der Watt, Alpheus J	16	PLAY-CE	1:12.07
34 Wright, Jonah S	14	TYGE-CP	1:12.12
35 Hewitt-Smook, Kristian	17	SWAR-WC	1:12.35
36 Opperman, Cornelius Joh	13	SEY	1:13.09
37 Pullock, Sam J	15	CUHE-OB	1:13.68
38 Hodge, Cameron P	14	LALE-CE	1:13.97
39 Lewis, Callum R	14	CASC-CP	1:14.44
40 van Wyk, Tariq K	14	CASC-CP	1:14.51
41 O'Connor, Cohen T	17	PEAS-NM	1:14.59
42 Mallin, Lukas	11	SAAW-CP	1:14.60
43 Jooste, Ben D	13	CUHE-OB	1:15.02
44 Muller, Lukas D	13	LALE-CE	1:15.03
45 Strydom, Luan	16	TYGE-CP	1:15.58
46 Fortune, Yaseen	14	MANT-CP	1:15.60
47 Francis, Ethan	13	MARL-CP	1:15.77
48 Bothma, Ryan	13	KSTAR-ED	1:15.95
49 Heunis, Le Roux	13	TYGE-CP	1:16.42
50 Cook, Jedd R	14	USC-BU	1:16.67
51 Lötter, Reuben	13	DESA-NM	1:16.99
52 Willenburg, Elijah K	14	SLAQ-CP	1:17.01
53 VerLoren Van Themaat, H	13	LALE-CE	1:17.01
54 Boonzaaier, Simon F	18	ASAW-CE	1:17.04
55 Wessels, Connor M	14	BLMA-CP	1:17.10
56 Ramorwesi, Oratilwe M	13	SAAW-CP	1:17.54
57 Van Onselen, Pierre S	12	TYGE-CP	1:17.70
58 Steyn, Harry	11	CASC-CP	1:17.76
59 Troskie, Roean	13	QUIC-CP	1:18.00
60 Schabort, Lowen	11	QSAW-CE	1:18.15
61 Strydom, Andre N	13	BEST-NM	1:18.23
62 Harvey, Waylon	13	CYBE-CP	1:18.48
63 Kruger, Rikhardt	13	UPSK	1:18.73
64 February, Dillon S	12	CASC-CP	1:18.86
65 Snyders, Reece	14	UWCA-CP	1:19.18
66 Prince, Caleb T	14	BEST-NM	1:19.35
67 Akinci, Can Batu	13	VINE-CP	1:19.80
68 Conradie, D'Niel	13	ASAW-CE	1:20.28
69 Huckle, Tegan	13	SAAW-CP	1:20.35
70 Gamieldeen, Idreess	14	MARL-CP	1:20.66
71 Schemel, Brody L	12	HARL-BU	1:20.66
72 Fortune, Hakeem	13	MANT-CP	1:20.68
73 Louw, James	12	VINE-CP	1:20.75
74 Froneman, Dylan R	13	BLMA-CP	1:20.82
75 Shipton, Christopher J	13	QUIC-CP	1:20.99
76 Coolen, Nicolas D	12	STAQ-CE	1:21.01
77 Schoeman, Mateo J	11	QSAW-CE	1:21.05
78 Kleu, Wian M	12	STAQ-CE	1:21.34
79 Viljoen, Jagger F	12	ASAC-CP	1:21.51
80 Serfontein, John-Lourens	11	ROA-ED	1:21.63
81 Du Randt, Zack S	13	TYGE-CP	1:21.72
82 Richter, Joshua C	11	BEST-NM	1:21.73
83 Jacobs, Seth G	12	MANT-CP	1:21.90
84 Breebaart, Matthew	10	CASC-CP	1:22.66
85 Lewis, Amaru C	12	PAQU-CE	1:22.75
86 Pieterse, Adriaan	10	DESA-NM	1:23.10
87 Odendaal, Riko	12	BARR-CP	1:23.12
88 Knoetze, Ruben	11	ROA-ED	1:23.24
89 Bond, Ben L	11	ROA-ED	1:23.60
90 King, Aidan J	12	CASC-CP	1:24.51
91 Lubbe, Mikael B	12	ASAC-CP	1:24.76
92 Gerber, Luke M	11	CASC-CP	1:25.02
93 Pieterse, Nicholas N	11	STAQ-CE	1:25.09
94 De Jager, Eben	13	QSAW-CE	1:25.35

## SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

## Psych Sheet

## #309 ... (Men 19 &amp; Under 100 LC Meter Backstroke)

95	Kuhn, Adrian-Brand	10	CASC-CP	1:25.51
96	Joyce, Guy	11	CASC-CP	1:25.67
97	Heunis, Johan C	11	BARR-CP	1:25.72
98	Lamminga, Jack	13	CLA-WC	1:25.88
99	Rossouw, Marais	11	QUIC-CP	1:26.00
100	Swanepoel, Roehan J	11	BARR-CP	1:26.12
101	Stenekamp, Keanu	12	ASAC-CP	1:26.23
102	Spangenberg, Zach A	12	XCEL-CP	1:26.49
103	Desai, Rohin T	11	SAAW-CP	1:26.84
104	Delpport, Reynard	11	BEST-NM	1:27.16
105	Harder, Callum R	11	VINE-CP	1:27.22
106	Clark, Alexander L	11	UWCA-CP	1:27.38
107	Kannemeyer, Luan	11	QUIC-CP	1:27.51
108	Titus, Brody	12	PAQU-CE	1:28.24
109	Van der Merwe, Logan	11	TYGE-CP	1:28.44
110	Van Wyngaard, Daniël C	11	ROA-ED	1:28.88
111	Abrie, Ryn J	13	CUHE-OB	1:29.11
112	Poultney, Daniel	9	CASC-CP	1:29.13
113	Comotti, Leonardo	10	APNL	1:29.13
114	Sebastian, Alexander	11	MANT-CP	1:29.36
115	Lötter, Daniel	11	DESA-NM	1:29.47
116	van der Westhuizen, Anri	11	INFA-NM	1:29.47
117	Swartz, Seth J	11	TYGE-CP	1:29.48
118	van der Merwe, Naude	11	DESA-NM	1:30.11
119	Fouche, Ryan	10	CASC-CP	1:30.78
120	Kruger, Blake R	11	SWAR-WC	1:32.40
121	Law Hing Choy, Flynn M	11	SAAW-CP	1:33.66
122	Parr, Riley C	11	KNYA-ED	1:34.33
123	Bendixen, Vidar R	12	SAAW-CP	1:37.06
124	Fraser, Luke	11	SAAW-CP	1:46.54
125	Louw, André J	11	KALA	1:50.94

## #310 Women 19 &amp; Under 100 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	Rossouw, Emma M	16	TYGE-CP	1:12.12
2	Murray, Demi J	14	USC-BU	1:12.65
3	Bester, Lisa	18	WELL-CE	1:13.25
4	Riley, Logan	14	CASC-CP	1:13.52
5	Fourie, Petro Marié	19	LALE-CE	1:13.60
6	Zeelie, Shanna-Leigh	16	BLMA-CP	1:13.74
7	Jantzen, Zianè	15	QUIC-CP	1:14.00
8	Strong, Ava J	15	PEAS-NM	1:14.34
9	Watson, Caitlin C	17	BLMA-CP	1:14.98
10	Johannes, Ty	15	VINE-CP	1:15.09
11	Kuhn, Tamzyn J	15	SAAW-CP	1:15.48
12	Santo, Rhanya Espirito	15	APNL	1:15.75
13	Holthuis, Keilah-Naomi	15	QSAW-CE	1:15.92
14	Vd Merwe, Mia	15	ASAC-CP	1:16.34
15	O'Carroll, Nia E	14	STAQ-CE	1:16.56
16	Basson, Lenè	14	CLA-WC	1:16.89
17	Pieterse, Abby L	15	INFA-NM	1:16.90
18	Louw, Alexa	17	BLMA-CP	1:16.95
19	De Beer, Isabella C	13	QSAW-CE	1:17.06
20	Messiter-Tooze, Luna S	14	SLAQ-CP	1:17.08
21	Dabrowski, Leah A	11	BLMA-CP	1:17.14
22	Senekal, Margo	15	TYGE-CP	1:17.47
23	Hager, Carle	15	ASAW-CE	1:17.77
24	Blake, Abi E	15	CASC-CP	1:18.03
25	Gullan, Sophia	12	VINE-CP	1:18.19
26	Wyngaard, Dakota J	18	QUIC-CP	1:18.50
27	Coetsee, Elke M	10	FISH-ED	1:18.55
28	Saayman, Nika D	14	PLAY-CE	1:18.58
29	Vd Westhuizen, Joy	17	AQDO-CP	1:18.68
30	Fabricius, Kaylin	15	CASC-CP	1:18.70
31	Thirsk, Savannah	13	TYGE-CP	1:18.71

32	White, Rebecca M	16	SSISA-CP	1:18.79
33	Scarpa, Isabella	14	VINE-CP	1:18.91
34	Bircher, Storm Z	13	LALE-CE	1:18.99
35	Burger, Juanè	14	TYGE-CP	1:19.57
36	Myers, Kirsten E	14	SSISA-CP	1:19.65
37	Prins, Tiffany C	14	KTS	1:19.65
38	Christie, Laila A	12	USC-BU	1:19.69
39	Stevens, Judy C	16	QUIC-CP	1:19.71
40	Stevenson, Mikayla	12	QUIC-CP	1:19.90
41	Geldart, Olivia L	11	INFA-NM	1:20.02
42	Cronjé, Miané	14	FISH-ED	1:20.07
43	Bosman, Jessica A	16	QUIC-CP	1:20.25
44	Baillie, Gabi J	15	LALE-CE	1:20.27
45	Pearson-Adams, Oshun O	12	SAAW-CP	1:20.39
46	Avenant, Ankia	14	UPSK	1:20.47
47	Van Dyk, Zani	13	ASAC-CP	1:20.82
48	Kleynhans, Sian	15	FISH-ED	1:20.83
49	McLean, Daniella L	13	PEAS-NM	1:20.93
50	Visser, Sandri	16	PLAY-CE	1:21.04
51	Kruger, Livvy	11	PLAY-CE	1:21.08
52	Nienaber, Mila J	13	QSAW-CE	1:21.17
53	Otterbach, Lily	14	TYGE-CP	1:21.20
54	Welsh, Stacey A	14	BEST-NM	1:21.24
55	McGluwa, Jovanah N	12	CASC-CP	1:21.29
56	Van den Berg, Nika	13	QSAW-CE	1:21.33
57	Madeley, Amy O	13	ANAX-CP	1:21.43
58	Robinson, Alana	14	SAAW-CP	1:21.82
59	Butau, Mila T	11	BEST-NM	1:21.95
60	Gerber, Kayla M	12	STAQ-CE	1:22.24
61	Kröger, Sammy	13	BARR-CP	1:22.43
62	Coetzee, Marli	13	CASC-CP	1:23.16
63	Haldane, Bella	12	FISH-ED	1:23.18
64	Lourens, Mia	13	CASC-CP	1:23.24
65	Nel, Olivia	12	CLA-WC	1:23.29
66	Barnes, Caitlin M	12	SAAW-CP	1:23.31
67	Delpport, Milla	16	PEAS-NM	1:23.58
68	Koegelenberg, Emily	12	XCEL-CP	1:24.15
69	Harper, Maddie I	14	KNYA-ED	1:24.16
70	Van Tromp, Seruby	14	LALE-CE	1:24.29
71	Nieuwoudt, Jenna M	12	SWAR-WC	1:25.07
72	Malan, Lua B	12	WELL-CE	1:25.40
73	Daniels, Emily G	11	XCEL-CP	1:25.49
74	Latimer, Olivia H	13	SAAW-CP	1:25.92
75	Venter, Ané	11	FISH-ED	1:25.96
76	Barthus, Alessia	12	MANT-CP	1:26.33
77	Tembo, Noku L	12	KNYA-ED	1:26.53
78	Parker, Leila E	12	SSISA-CP	1:26.63
79	Louw, Yvette H	12	TYGE-CP	1:26.68
80	Van Zyl, Liane	12	UPSK	1:26.70
81	Shaw, Inge	12	LALE-CE	1:26.72
82	Normington, Olivia	11	XCEL-CP	1:26.98
83	Hendricks, Jada	12	TYGE-CP	1:27.21
84	Lloyd, Gemma A	12	VINE-CP	1:27.33
85	Knott, Cayleigh	11	ASAC-CP	1:27.54
86	Castleden, Sophia K	12	STAQ-CE	1:28.14
87	Hengst, Emily A	11	CASC-CP	1:28.35
88	Jordaan, Mikayla E	12	CASC-CP	1:28.36
89	Kretzmann, Sophie F	11	USC-BU	1:28.42
90	Joubert, Liandi	13	USC-BU	1:29.07
91	Strydom, Marli	11	QUIC-CP	1:29.18
92	Newkirk, Gia	12	TYGE-CP	1:29.38
93	Kleynhans, Kayla	12	ROA-ED	1:29.71
94	Haynes-Smart, Kaitlyn	12	VINE-CP	1:29.78
95	Du Plessis, Leah	12	PEAS-NM	1:30.46
96	Smit, Dione	11	CASC-CP	1:31.06
97	Scheffer, Shaylee C	10	CASC-CP	1:31.40
98	Kuhn, Alexa J	11	CASC-CP	1:31.42

99	Botha, Rebecca P	13	CASC-CP	1:32.08
100	Perrins, Hayden	11	GREY-CP	1:32.40
101	Van Jaarsveld, Bianca I	10	TYGE-CP	1:33.30
102	Vd Wal, Kaylee	11	CASC-CP	1:33.72
103	Theron, Alex	12	CASC-CP	1:33.88
104	Tranter, Alexia R	11	SSISA-CP	1:34.04
105	van der Mescht, Ava	12	DESA-NM	1:35.88
106	Ras, Annabelle	11	QUIC-CP	1:36.58
107	Adams, Ella	12	TYGE-CP	1:37.05
108	Smith, Isabel H	11	HARL-BU	1:37.35
109	Van Der Byl, Emily	11	USC-BU	1:38.15
110	Benade, Aria	10	SAAW-CP	1:38.31
111	Stearn, Hannah	11	INFA-NM	1:38.49
112	DU Plessis, Lheané	11	FISH-ED	1:46.27

## #311 Men 99 &amp; Under 100 LC Meter Backstroke Multi-Clas

Name	Age	Team	Seed Time	
1	Pardoe, James N	13	SSISA-CP	1:21.35
2	Hartwig, Connor M	13	HARL-BU	2:04.35

## #312 Women 99 &amp; Under 100 LC Meter Backstroke Multi-Clas

Name	Age	Team	Seed Time	
1	Endres, Josephine	14	VINE-CP	1:33.68

## #313 Men 19 &amp; Under 200 LC Meter IM

Name	Age	Team	Seed Time	
1	Brooker, Matthew W	17	ACTA-CP	2:25.97
2	Alexander, Ammaar	17	MARL-CP	2:26.33
3	Dupper, Leon H	16	INFA-NM	2:26.35
4	Basson, Lucca N	15	SFSC-CP	2:26.50
5	Solomon, Ethan	16	AQDO-CP	2:27.76
6	Allott, Jack R	16	ACTA-CP	2:28.33
7	Pullock, Sam J	15	CUHE-OB	2:29.00
8	Engelbrecht, Ruben J	17	PLAY-CE	2:29.27
9	Hendricks, Joshua	18	CASC-CP	2:29.52
10	Andrews, Carl R	15	PEAS-NM	2:31.64
11	Atkinson, Samuel A	16	SWAR-WC	2:31.74
12	Lombard, Kyle M	17	CASC-CP	2:31.88
13	Moolman, Carter S	16	MANT-CP	2:32.23
14	Liedeman, Mark	15	SWAR-WC	2:32.99
15	Spencer, Charles A	15	CYBE-CP	2:33.73
16	Van Der Merwe, Ula W	17	KNYA-ED	2:34.66
17	Steyl, Douw L	18	UPSK	2:35.07
18	Njoroge, Alphonse	15	CASC-CP	2:35.48
19	Jenkins, Finn R	15	PEAS-NM	2:35.66
20	Williams, Evan B	15	SSISA-CP	2:35.91
21	Vd Merwe, Thomas	15	LALE-CE	2:35.96
22	van Staden, Mika L	15	AQUA-BU	2:35.98
23	Martin, Alzhario	17	UWCA-CP	2:36.02
24	Booth, Jake J	14	VIKI-BU	2:36.95
25	Beukes, Jaden L	15	WALM-CP	2:37.67
26	Wedderburn, Liam	16	INFA-NM	2:37.96
27	Thompson, Cameron G	16	HARL-BU	2:38.46
28	Den Haan, Stéfan	18	QUIC-CP	2:38.59
29	Poggenpoel, Troy J	15	SSISA-CP	2:38.77
30	Wright, Jonah S	14	TYGE-CP	2:39.01
31	Zungu, Sinothando	16	VIKI-BU	2:39.48
32	Van der Westhuizen, Luk	14	EVO-CP	2:39.75
33	Hewitt-Smook, Kristian	17	SWAR-WC	2:40.71
34	van Wyk, Tariq K	14	CASC-CP	2:40.77
35	Blauw, Tyriq D	16	TYGE-CP	2:41.30
36	Coleman, Travis	13	BLMA-CP	2:41.36
37	Opperman, Cornelius Joh	13	SEY	2:42.13
38	Addinall, Ethan	14	MANT-CP	2:42.84
39	Spencer, Marcus W	13	CYBE-CP	2:43.18
40	Francis, Ethan	13	MARL-CP	2:43.28
41	Strydom, Luan	16	TYGE-CP	2:43.39
42	Sheard, Dylan J	17	PEAS-NM	2:44.07

## SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

## Psych Sheet

## #313 ... (Men 19 &amp; Under 200 LC Meter IM)

43	Wenn, Josiah	14	ASAC-CP	2:44.46
44	Copteros, Ilyo B	17	PEAS-NM	2:45.02
45	Raath, Jaedyn K	17	ANAX-CP	2:45.18
46	Grobler, Chris I	14	CASC-CP	2:45.48
47	Opperman, Conrad Wille	10	SEY	2:45.63
48	Gomez, Alex W	14	MARL-CP	2:46.33
49	Van Dyk, Stephaan	14	BLMA-CP	2:46.74
50	Jooste, Ben D	13	CUHE-OB	2:46.92
51	Krause, Luke	14	CASC-CP	2:47.02
52	Visser, Wessel M	14	UWCA-CP	2:47.20
53	Strydom, Andre N	13	BEST-NM	2:47.95
54	Prince, Caleb T	14	BEST-NM	2:47.98
55	Mallin, Lukas	11	SAAW-CP	2:48.04
56	Hodge, Cameron P	14	LALE-CE	2:48.31
57	Heunis, Le Roux	13	TYGE-CP	2:48.46
58	Townsend, Lucan D	16	ASAC-CP	2:48.51
59	Jacobs, Seth G	12	MANT-CP	2:48.81
60	Van Onselen, Pierre S	12	TYGE-CP	2:49.62
61	Coates, Caleb	13	FISH-ED	2:50.04
62	Jurgens, Ezra J	16	MANT-CP	2:50.24
63	Hattingh, Ben	14	FAAC	2:50.88
64	February, Dillon S	12	CASC-CP	2:51.43
65	Akinci, Can Batu	13	VINE-CP	2:52.11
66	Bothma, Ryan	13	KSTAR-ED	2:52.62
67	Fortune, Yaseen	14	MANT-CP	2:52.65
68	Steyn, Harry	11	CASC-CP	2:52.70
69	Schabort, Lowen	11	QSAW-CE	2:52.73
70	Basson, Zethan L	14	PEAS-NM	2:52.89
71	Kretzmann, Kaleb B	14	USC-BU	2:53.49
72	Weber, Daniel	13	PLAY-CE	2:53.95
73	Van Rooyen, Louis B	15	FISH-ED	2:54.01
74	Richter, Joshua C	11	BEST-NM	2:54.14
75	Jonas, Leonardo	13	PLAY-CE	2:55.04
76	Pitout, Zachary J	13	ASAC-CP	2:55.07
77	Lewis, Callum R	14	CASC-CP	2:55.17
78	Theron, Oloff A	14	VINE-CP	2:55.30
79	Simpson, Jesse	16	CASC-CP	2:55.68
80	Schemel, Brody L	12	HARL-BU	2:56.60
81	Smit, Christian F	13	ROA-ED	2:57.71
82	Muller, Lukas D	13	LALE-CE	2:57.97
83	Schoeman, Mateo J	11	QSAW-CE	2:58.40
84	Joyce, Guy	11	CASC-CP	2:58.59
85	Lötter, Reuben	13	DESA-NM	2:59.29
86	Harbron, Nicholas	13	FAAC	2:59.49
87	Bond, Ben L	11	ROA-ED	2:59.64
88	Kleinsmith, David	13	CASC-CP	3:01.23
89	Pieterse, Adriaan	10	DESA-NM	3:01.67
90	Kruger, Rikhardt	13	UPSK	3:01.85
91	Forsythe, Declan J	11	INFA-NM	3:02.09
92	Theunissen, Jude E	12	BEST-NM	3:03.01
93	Louw, James	12	VINE-CP	3:03.39
94	Desai, Rohin T	11	SAAW-CP	3:03.71
95	Laufs, Connor R	12	SAAW-CP	3:03.89
96	Hucke, Tegan	13	SAAW-CP	3:03.90
97	Stander, Christiaan L	12	ASAW-CE	3:04.00
98	Coolen, Nicolas D	12	STAQ-CE	3:04.62
99	Serfontein, John-Lourens	11	ROA-ED	3:04.82
100	Knoetze, Ruben	11	ROA-ED	3:05.26
101	Law Hing Choy, Flynn M	11	SAAW-CP	3:05.49
102	Van Heerden, Emile L	11	FISH-ED	3:05.54
103	Lategan, Wessel W	12	SWAR-WC	3:06.54
104	Fouche, Jack	13	CASC-CP	3:06.63
105	Van Wyngaard, Daniël C	11	ROA-ED	3:06.72
106	Lewis, Amaru C	12	PAQU-CE	3:06.90
107	Abrie, Ryn J	13	CUHE-OB	3:07.07

108	Niemand, Leo	13	CYBE-CP	3:07.08
109	Titus, Brody	12	PAQU-CE	3:08.07
110	Wetzel, Alex J	11	STAQ-CE	3:08.74
111	Mostler, Stian	13	FAAC	3:09.23
112	Lange, Oliver	11	VINE-CP	3:09.87
113	Spangenberg, Zach A	12	XCEL-CP	3:10.25
114	Kenmuir, Ethan	12	VINE-CP	3:10.64
115	Perez Castellano, Emilio	11	TYGE-CP	3:11.04
116	Ellis, Alec C	12	LALE-CE	3:11.77
117	Kleynhans, Michael	10	BARR-CP	3:13.18
118	Odendaal, Riko	12	BARR-CP	3:13.19
119	Coetzee, Tristan R	11	FISH-ED	3:15.88
120	Gerber, Luke M	11	CASC-CP	3:16.07
121	Baadjies, Cruden H	13	PAQU-CE	3:16.41
122	Sebastian, Alexander	11	MANT-CP	3:16.44
123	Davenport, Daniel J	11	DESA-NM	3:16.49
124	Nolands, Reece T	14	USC-BU	3:16.73
125	Kuhn, Adrian-Brand	10	CASC-CP	3:17.76
126	Clark, Alexander L	11	UWCA-CP	3:18.14
127	Stow, David-John	11	INFA-NM	3:18.32
128	Heunis, Johan C	11	BARR-CP	3:18.75
129	Fouche, Ryan	10	CASC-CP	3:19.25
130	van der Westhuizen, Anri	11	INFA-NM	3:20.26
131	Lötter, Daniel	11	DESA-NM	3:21.41
132	Swartz, Seth J	11	TYGE-CP	3:24.96
133	Parr, Riley C	11	KNYA-ED	3:25.40
134	Bendixen, Vidar R	12	SAAW-CP	3:29.17
135	van der Merwe, Naude	11	DESA-NM	3:31.69
136	Hattingh, Theodor S	11	FAAC	3:31.79
137	Wiener, Will D	11	TYGE-CP	3:36.69
138	Harder, Callum R	11	VINE-CP	3:46.37

## #314 Women 19 &amp; Under 200 LC Meter IM

	Name	Age	Team	Seed Time
1	Rossouw, Emma M	16	TYGE-CP	2:43.03
2	Jantzen, Zianè	15	QUIC-CP	2:44.41
3	Strong, Ava J	15	PEAS-NM	2:44.65
4	Body, Alice Celeste	14	APNL	2:44.88
5	De Oliveira, Aliyah	15	TYGE-CP	2:45.34
6	Holthuis, Keilah-Naomi	15	QSAW-CE	2:45.87
7	Burger, Juanè	14	TYGE-CP	2:45.88
8	Senekal, Margo	15	TYGE-CP	2:46.63
9	Zhukov, Aleksandra Laris	17	APNL	2:46.78
10	Bruwer, Casey	15	ACTA-CP	2:46.94
11	O'Connor, Kayden C	14	PEAS-NM	2:47.98
12	O'Carroll, Nia E	14	STAQ-CE	2:48.37
13	Parimbelli, Maria Teresa	14	APNL	2:48.57
14	Stevens, Judy C	16	QUIC-CP	2:48.93
15	Vd Merwe, Mia	15	ASAC-CP	2:48.96
16	Loubser, Jenna L	17	SLAQ-CP	2:48.96
17	Fabricius, Kaylin	15	CASC-CP	2:49.13
18	Johnson, Ella J	11	SAAW-CP	2:49.65
19	White, Rebecca M	16	SSISA-CP	2:50.09
20	Kuhn, Tamzyn J	15	SAAW-CP	2:50.17
21	Rinquest, Taaliah	17	MARL-CP	2:50.19
22	Serfontein, Christi	16	QUIC-CP	2:50.44
23	Fourie, Petro Marié	19	LALE-CE	2:51.60
24	Geldart, Olivia L	11	INFA-NM	2:51.74
25	Murray, Demi J	14	USC-BU	2:51.82
26	Bosman, Jessica A	16	QUIC-CP	2:51.90
27	Welsh, Stacey A	14	BEST-NM	2:51.97
28	Adams, Sydni M	15	VINE-CP	2:53.34
29	Goldman, Jasmine	14	VINE-CP	2:53.54
30	Christie, Laila A	12	USC-BU	2:53.54
31	Heldsinger, Alexa L	14	SSISA-CP	2:53.59
32	Röntgen, Carine	16	ASAW-CE	2:53.64
33	Pieterse, Haley	10	INFA-NM	2:53.76

34	Barnard, Adelmari D	15	SWAR-WC	2:53.82
35	Sonnekus, Anya	13	TYGE-CP	2:53.90
36	Dabrowski, Leah A	11	BLMA-CP	2:54.51
37	McLean, Daniella L	13	PEAS-NM	2:54.93
38	Bircher, Storm Z	13	LALE-CE	2:55.23
39	Hager, Carle	15	ASAW-CE	2:55.85
40	Nienaber, Mila J	13	QSAW-CE	2:56.53
41	Kleynhans, Sian	15	FISH-ED	2:56.77
42	Sadler, Arabella J	13	LEGC-ET	2:56.86
43	Heldsinger, Gia	12	SSISA-CP	2:56.95
44	Barnes, Caitlin M	12	SAAW-CP	2:57.05
45	Thirsk, Savannah	13	TYGE-CP	2:57.10
46	Jewell, Chloe I	16	PEAS-NM	2:57.19
47	Watson, Caitlin C	17	BLMA-CP	2:57.61
48	Visser, Sandri	16	PLAY-CE	2:57.82
49	Steyl, Anne M	16	UPSK	2:58.24
50	Edwards, Reese J	16	SSISA-CP	2:58.38
51	Cronjé, Miané	14	FISH-ED	2:58.51
52	Corrigan, Cara J	17	FISH-ED	2:58.77
53	Sabbagha, Georgia	12	PAQU-CE	2:59.21
54	Koegelenberg, Emily	12	XCEL-CP	2:59.43
55	Wilson, Samantha	11	INFA-NM	2:59.48
56	Pohlmann, Sarah	12	BEST-NM	2:59.74
57	Mauer, Kayden	14	USC-BU	3:00.42
58	Van Wyk, Josie	13	LALE-CE	3:00.91
59	Van Tromp, Seruby	14	LALE-CE	3:00.93
60	Butau, Mila T	11	BEST-NM	3:01.23
61	Faul, Ellen J	14	QSAW-CE	3:01.29
62	Strydom, Mia	13	INFA-NM	3:01.57
63	Normington, Olivia	11	XCEL-CP	3:01.63
64	McAfee, Holly B	14	FISH-ED	3:01.90
65	Coetsee, Elke M	10	FISH-ED	3:02.24
66	Madeley, Amy O	13	ANAX-CP	3:02.96
67	Olivier, Gianna G	11	PAQU-CE	3:03.16
68	Jurgens, Chloe-Leigh	12	MANT-CP	3:03.60
69	Lourens, Mia	13	CASC-CP	3:03.63
70	Terwin, Brooklyn	12	USC-BU	3:03.69
71	Pretorius, Kara	12	SSISA-CP	3:05.48
72	Stevenson, Mikayla	12	QUIC-CP	3:05.54
73	Mack, Kyras E	15	PEAS-NM	3:05.58
74	Wilensky, Mikayla	11	ASAC-CP	3:05.79
75	Morais, Wendy Lukenya	12	APNL	3:06.55
76	Hendricks, Jada	12	TYGE-CP	3:06.86
77	Nel, Olivia	12	CLA-WC	3:07.08
78	Joubert, Liandi	13	USC-BU	3:07.08
79	Avenant, Ankia	14	UPSK	3:07.28
80	Lottering, Eirley	13	USC-BU	3:07.33
81	Du Preez, Kyra J	11	USC-BU	3:07.69
82	Malan, Lua B	12	WELL-CE	3:07.93
83	Adams, Tatum	11	PAQU-CE	3:08.25
84	Kalapac, Lexi	12	SLAQ-CP	3:08.44
85	Ristow, Emma K	12	USC-BU	3:08.68
86	Anthony, Jazmin A	12	PAQU-CE	3:10.06
87	Newkirk, Gia	12	TYGE-CP	3:11.35
88	Swanepoel, Pia Q	11	ASAC-CP	3:11.69
89	Theron, Alex	12	CASC-CP	3:12.19
90	Halford, Harper C	13	MANT-CP	3:12.41
91	Makore, Bona M	11	ASAC-CP	3:12.61
92	Sprong, Jaime M	11	ASAC-CP	3:14.23
93	Mfabe, Zingce Z	12	USC-BU	3:14.36
94	Cupido, Kirsten	12	CYBE-CP	3:14.58
95	Venter, Ané	11	FISH-ED	3:14.87
96	Tembo, Noku L	12	KNYA-ED	3:15.13
97	Perrins, Hayden	11	GREY-CP	3:15.18
98	Kuhn, Alexa J	11	CASC-CP	3:16.24
99	Schutzler, Amelia-Rose	12	USC-BU	3:16.66
100	Kretzmann, Sophie F	11	USC-BU	3:17.09

## SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

## Psych Sheet

## #314 ... (Women 19 &amp; Under 200 LC Meter IM)

101	Haynes-Smart, Kaitlyn	12	VINE-CP	3:17.81
102	Barthus, Alessia	12	MANT-CP	3:18.36
103	Van Zyl, Liane	12	UPSK	3:18.48
104	Kleynhans, Kayla	12	ROA-ED	3:19.04
105	Thompson, Riley	12	HARL-BU	3:19.55
106	Van Jaarsveld, Bianca I	10	TYGE-CP	3:19.70
107	Hengst, Emily A	11	CASC-CP	3:19.72
108	Pitout, Addison P	10	ASAC-CP	3:20.35
109	Onkruid, Gianna R	11	UWCA-CP	3:20.70
110	Scheffer, Shaylee C	10	CASC-CP	3:21.29
111	Vd Wal, Kaylee	11	CASC-CP	3:22.13
112	Walker, Kayla-Anne	11	CYBE-CP	3:22.69
113	Engelbrecht, Zia-Bella L	11	HTSA-CP	3:23.17
114	Daniels, Emily G	11	XCEL-CP	3:23.30
115	Van Der Byl, Emily	11	USC-BU	3:23.30
116	Loni, Yama	11	INFA-NM	3:24.75
117	Schemel, Leah I	11	HARL-BU	3:25.82
118	DU Plessis, Lheané	11	FISH-ED	3:26.18
119	Stearn, Hannah	11	INFA-NM	3:26.38
120	Verdon, Leah L	10	VINE-CP	3:27.71
121	van der Mescht, Ava	12	DESA-NM	3:32.61
122	Strydom, Marli	11	QUIC-CP	3:33.73
123	Adams, Ella	12	TYGE-CP	3:33.77
124	Ras, Annabelle	11	QUIC-CP	3:33.89
125	Voysey, Ella N	12	VINE-CP	3:44.52

## #315 Men 12 &amp; Under 4x50 LC Meter Freestyle Relay 4 x 50 F

Team	Relay	Seed Time
1	CASC-CP	A 2:09.69
	February, Dillon S 12	Joyce, Guy 11
	Steyn, Harry 11	Gerber, Luke M 11
2	SAAW-CP	A 2:12.06
	Mallin, Lukas 11	Laufs, Connor R 12
	Desai, Rohin T 11	Bendixen, Vidar R 12
3	ROA-ED	A 2:14.02
	Bond, Ben L 11	Van Wyngaard, Daniël C 11
	Knoetze, Ruben 11	Serfontein, John-Lourens 1
4	TYGE-CP	A 2:16.10
	Van der Merwe, Logan 11	Swartz, Seth J 11
	Perez Castellano, Emilio 11	Van Onselen, Pierre S 12
5	VINE-CP	A 2:21.81
	Louw, James 12	Harder, Callum R 11
	Kenmuir, Ethan 12	Lange, Oliver 11

## #316 Women 12 &amp; Under 4x50 LC Meter Freestyle Relay 4

Team	Relay	Seed Time
1	INFA-NM	A 2:07.60
	Wilson, Samantha 11	Stearn, Hannah 11
	Pieterse, Haley 10	Geldart, Olivia L 11
2	VINE-CP	A 2:14.76
	Haynes-Smart, Kaitlyn 12	Voysey, Ella N 12
	Gullan, Sophia 12	Lloyd, Jemma A 12
3	CASC-CP	A 2:15.69
	Scheffer, Shaylee C 10	McGluwa, Jovanah N 12
	Theron, Alex 12	Jordaan, Mikayla E 12
4	SAAW-CP	A 2:16.09
	Pearson-Adams, Oshun O 1	Emjedi, Saffiya 12
	Barnes, Caitlin M 12	Johnson, Ella J 11
5	SSISA-CP	A 2:17.91
	Heldsinger, Gia 12	Tranter, Alexia R 11
	Parker, Leila E 12	Pretorius, Kara 12
6	FISH-ED	A 2:20.12
	Venter, Ané 11	Haldane, Bella 12
	DU Plessis, Lheané 11	Coetsee, Elke M 10
7	ASAC-CP	A 2:20.21
	Pitout, Addison P 10	Swanepoel, Pia Q 11
	Sprong, Jaime M 11	Makore, Bona M 11

8	TYGE-CP	A 2:20.60
	Newkirk, Gia 12	Van Jaarsveld, Bianca I 10
	Adams, Ella 12	Hendricks, Jada 12

## #317 Men 13-15 4x50 LC Meter Freestyle Relay 4 x 50 Free

Team	Relay	Seed Time
1	CASC-CP	A 1:53.80
	Njoroge, Alphonse 15	Krause, Luke 14
	Grobler, Chris I 14	van Wyk, Tariq K 14
2	CYBE-CP	A 1:57.72
	Spencer, Charles A 15	Spencer, Marcus W 13
	Sampson, Zac 13	Niemand, Leo 13
3	TYGE-CP	A 1:58.47
	Wright, Jonah S 14	Heunis, Le Roux 13
	Du Randt, Zack S 13	Das Neves, Lucas P 15
4	LAL-CE	A 1:58.89
	Muller, Lukas D 13	Hodge, Cameron P 14
	VerLoren Van Themaat, Hei	Vd Merwe, Thomas 15
5	MANT-CP	A 2:00.00
	Fortune, Yaseen 14	Fortune, Hakeem 13
	Addinall, Ethan 14	Jacobs, Seth G 12
6	MARL-CP	A 2:01.13
	Francis, Ethan 13	Gamielidien, Idreess 14
	Basson, Trishaun T 15	Samsodien, Saaligh S 14
7	BLMA-CP	A 2:01.49
	Van Dyk, Stephaan 14	Moodie, Zak 14
	Wessels, Connor M 14	Coleman, Travis 13
8	QUIC-CP	A 2:03.52
	Lichthart, Nicus 14	Troskie, Roean 13
	Shipton, Christopher J 13	Coetzee, Sion M 14
9	ASAC-CP	A 2:07.97
	Viljoen, Jagger F 12	Stenekamp, Keanu 12
	Pitout, Zachary J 13	Wenn, Josiah 14
10	SAAW-CP	A 2:09.48
	Field, Joshua J 15	Ramorwesi, Oratilwe M 13
	Hucke, Tegan 13	Desai, Rohin T 11
11	BARR-CP	A 2:15.41
	Janse van Rensburg, Daniël	Kleynhans, Michael 10
	Swanepoel, Roehan J 11	Heunis, Johan C 11
12	VINE-CP	A 2:15.51
	Theron, Oloff A 14	Louw, James 12
	Akinci, Can Batu 13	Kenmuir, Ethan 12

## #318 Women 13-15 4x50 LC Meter Freestyle Relay 4 x 50 F

Team	Relay	Seed Time
1	APNL	A 2:01.59
	Parimbelli, Maria Teresa 14	Palha, Isis Gabriela 13
	Vunge, Chelsea Idalina 14	Body, Alice Celeste 14
2	TYGE-CP	A 2:05.60
	De Oliveira, Aliyah 15	Burger, Juané 14
	Otterbach, Lily 14	Senekal, Margo 15
3	ASAC-CP	A 2:08.06
	Van Dyk, Zani 13	Wilensky, Mikayla 11
	Longueira, Ava L 12	Vd Merwe, Mia 15
4	PEAS-NM	A 2:08.06
	McLean, Daniella L 13	Mack, Kyrach E 15
	Strong, Ava J 15	O'Connor, Kayden C 14
5	LAL-CE	A 2:08.31
	Van Wyk, Josie 13	Retief, Jane 13
	Bircher, Storm Z 13	Van Tromp, Seruby 14
6	VINE-CP	A 2:10.00
	Charles, Tyla 13	Johannes, Ty 15
	Nixon, Sofia 13	Adams, Sydney M 15
7	QUIC-CP	A 2:14.12
	Jantzen, Zianè 15	Strydom, Marli 11
	Stevenson, Mikayla 12	Pahl, Shelly F 13
8	SAAW-CP	A 2:14.46
	Kuhn, Tamzyn J 15	Latimer, Olivia H 13
	Benade, Aria 10	Robinson, Alana 14

## #319 Men 16-19 4x50 LC Meter Freestyle Relay 4 x 50 Free

Team	Relay	Seed Time
1	SAAW-CP	A 1:45.68
	Pincente, Matthew 17	Van der Merwe, Josh E 16
	Zellie, Thomas J 17	Gilbert, Thomas O 17
2	ASAC-CP	A 1:47.28
	De Jager, Nathan B 16	De Bruyn, Cornè C 16
	Arnott, Carter J 16	Viljoen, Jaden R 16
3	APNL	A 1:48.22
	Sousa, Guilherme Machado	Zhukov, Oleksander Mario
	Manuel, Silverio Fernando	Fernandes, Carlos Daniel 1
4	WALM-CP	A 1:49.50
	Pedro, Tamkeen 17	Beukes, Mateo A 19
	Beukes, Jaden L 15	Pedro, Maahier 13
5	SSISA-CP	A 1:50.00
	Kleinhans, Kyle 18	Poggenpoel, Troy J 15
	Pardoe, James N 13	Williams, Evan B 15
6	CASC-CP	A 1:51.75
	Hendricks, Joshua 18	Lombard, Kyle M 17
	Smith, Tristan A 15	Simpson, Jesse 16
7	PEAS-NM	A 1:51.79
	Hlangothi, Munguni S 17	Copteros, Ilyo B 17
	Sheard, Dylan J 17	Nash, Daniel A 17
8	SLAQ-CP	A 1:52.40
	Kalapac, Joshua 16	Willenburg, Elijah K 14
	Nagendrakumar, Puneet 14	Daniels, Joshua D 14

## #320 Women 16-19 4x50 LC Meter Freestyle Relay 4 x 50 F

Team	Relay	Seed Time
1	BLMA-CP	A 2:03.65
	Dabrowski, Leah A 11	Louw, Alexa 17
	Zeelie, Shanna-Leigh 16	Watson, Caitlin C 17
2	SSISA-CP	A 2:04.00
	White, Rebecca M 16	Edwards, Reese J 16
	Myers, Kirsten E 14	Heldsinger, Alexa L 14

## #321 Mixed 12 &amp; Under 4x50 LC Meter Medley Relay 4 x 50 F

Team	Relay	Seed Time
1	CASC-CP	A 2:27.99
	February, Dillon S M12	Steyn, Harry M11
	Jordaan, Mikayla E W12	McGluwa, Jovanah N W12
2	VINE-CP	A 2:30.25
	Gullan, Sophia W12	Lange, Oliver M11
	Louw, James M12	Haynes-Smart, Kaitlyn W12
3	TYGE-CP	A 2:30.91
	Van Onselen, Pierre S M12	Perez Castellano, Emilio M1
	Hendricks, Jada W12	Newkirk, Gia W12
4	QUIC-CP	A 2:32.65
	Rossouw, Marais M11	Strydom, Marli W11
	Stevenson, Mikayla W12	Kannemeyer, Luan M11
5	MANT-CP	A 2:33.71
	Sebastian, Alexander M11	Jurgens, Chloe-Leigh W12
	Jacobs, Seth G M12	Barthus, Alessia W12
6	SAAW-CP	A 2:34.23
	Barnes, Caitlin M W12	Emjedi, Saffiya W12
	Mallin, Lukas M11	Law Hing Choy, Flynn M M1
7	FISH-ED	A 2:38.86
	Van Heerden, Emile L M11	Haldane, Bella W12
	Coetsee, Elke M W10	Coetzee, Tristan R M11
8	PAQU-CE	A 2:41.58
	Titus, Brody M12	Anthony, Jazmin A W12
	Olivier, Gianna G W11	Lewis, Amaru C M12
9	INFA-NM	A NT
	Forsythe, Declan J M11	Geldart, Olivia L W11
	Wilson, Samantha W11	Stow, David-John M11

## SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

## Psych Sheet

#322 Mixed 13-15 4x50 LC Meter Medley Relay 4 x 50 Mixed			8 ASAW-CE			A			2:15.31			62 Simpson, Jesse			16 CASC-CP			29.05		
Team	Relay	Seed Time	Hager, Carle W15			Röntgen, Carine W16			63 Coetzee, Sion M			14 QUIC-CP			29.07					
1	BLMA-CP	A	Wessels, Connor M M14			Boonzaaijer, Simon F M18			64 Zungu, Sinothando			16 VIKI-BU			29.07					
		2:06.94	Coleman, Travis M13						65 Strydom, Luan			16 TYGE-CP			29.12					
			Gilligan, Saskia W11						66 Lichthart, Nicus			14 QUIC-CP			29.17					
2	CASC-CP	A	Njoroge, Alphonse M15			Smith, Tristan A M15			67 Nash, Daniel A			17 PEAS-NM			29.17					
		2:09.16	Riley, Logan W14			Fabricius, Kaylin W15			68 Martin, Alzhario			17 UWCA-CP			29.23					
3	PEAS-NM	A	Strong, Ava J W15			Basson, Zethan L M14			69 Thompson, Cameron G			16 HARL-BU			29.27					
		2:09.39	Andrews, Carl R M15			McLean, Daniella L W13			70 Sampson, Zac			13 CYBE-CP			29.32					
4	TYGE-CP	A	Wright, Jonah S M14			De Oliveira, Aliyah W15			71 Pedro, Maahier			13 WALM-CP			29.36					
		2:12.46	Das Neves, Lucas P M15			Senekal, Margo W15			72 Raath, Jaedyn K			17 ANAX-CP			29.40					
5	LALE-CE	A	Vd Merwe, Thomas M15			Baillie, Gabi J W15			73 Muller, Lukas D			13 LALE-CE			29.42					
		2:15.23	Muller, Lukas D M13			Van Tromp, Seruby W14			74 Kruger, Rikhardt			13 UPSK			29.53					
6	SSISA-CP	A	Myers, Kirsten E W14			Heldsinger, Alexa L W14			75 Mallin, Lukas			11 SAAW-CP			29.73					
		2:16.73	Poggenpoel, Troy J M15			Pardoe, James N M13			76 Smith, Tristan A			15 CASC-CP			29.74					
7	ASAC-CP	A	Van Dyk, Zani W13			Wenn, Josiah M14			77 Jooste, Ben D			13 CUHE-OB			29.80					
		2:17.84	Vd Merwe, Mia W15			Pitout, Zachary J M13			78 Willenburg, Elijah K			14 SLAQ-CP			29.82					
8	QUIC-CP	A	Lichthart, Nicus M14			Pahl, Shelly F W13			79 Strydom, Andre N			13 BEST-NM			29.86					
		2:19.26	Jantzen, Zianè W15			Coetzee, Sion M M14			80 VerLoren Van Themaat, H			13 LALE-CE			29.89					
9	SLAQ-CP	A	Nagendrakumar, Puneet M			Kalapac, Lexi W12			81 Coates, Caleb			13 FISH-ED			30.00					
		2:19.85	Daniels, Joshua D M14			Messiter-Tooze, Luna S W1			82 Hattingh, Ben			14 FAAC			30.04					
10	CYBE-CP	A	Spencer, Charles A M15			Spencer, Marcus W M13			83 Kleu, Wian M			12 STAQ-CE			30.10					
		2:20.00	Cupido, Kirsten W12			Walker, Kayla-Anne W11			84 Niemand, Leo			13 CYBE-CP			30.18					
11	SAAW-CP	A	Pearson-Adams, Oshun O W			Field, Joshua J M15			85 Field, Joshua J			15 SAAW-CP			30.32					
		2:22.10	Ramorwesi, Oratilwe M M1			Kuhn, Tamzyn J W15			86 Southey, Jamie			16 AQDO-CP			30.36					
12	VINE-CP	A	Gullan, Sophia W12			Charles, Tyla W13			87 Troskie, Jean			13 QUIC-CP			30.42					
		2:25.68	Kenmuir, Ethan M12			Lange, Oliver M11			88 Bothma, Ryan			13 KSTAR-ED			30.48					
13	APNL	A	Comotti, Leonardo M10			Guimaraes, Carolina Rocha			89 Opperman, Conrad Wille			10 SEY			30.59					
		2:31.00	Dode, Davi Lucas M14			Kempson, Savannah W11			90 Wessels, Connor M			14 BLMA-CP			30.66					
14	KNYA-ED	A	Swanepoel, Hallett J M12			Parr, Riley C M11			91 Lubbe, Alex C			13 USC-BU			30.72					
		2:44.58	Tembo, Noku L W12			Harper, Maddie I W14			92 Gomez, Alex W			14 MARL-CP			30.75					
#323 Mixed 16-19 4x50 LC Meter Medley Relay 4 x 50 Mixed			35 Vd Merwe, Thomas			15 LALE-CE			27.46			93 Kretzmann, Caleb B			14 USC-BU			30.81		
			36 Schreuder, Steffen			17 ASAW-CE			27.59			94 Opperman, Cornelius Joh			13 SEY			30.81		
1	APNL	A	37 Gounden, Mikhael A			19 CLA-WC			27.61			95 Janse van Rensburg, Dani			13 BARR-CP			30.82		
		2:04.20	38 Daniels, Joshua D			14 SLAQ-CP			27.78			96 Pitout, Zachary J			13 ASAC-CP			30.87		
2	SAAW-CP	A	39 Das Neves, Lucas P			15 TYGE-CP			27.84			97 Du Randt, Zack S			13 TYGE-CP			30.94		
		2:06.57	40 Gilbert, Thomas O			17 SAAW-CP			27.87			98 Conradie, D'Niel			13 ASAW-CE			30.97		
			41 Beukes, Jaden L			15 WALM-CP			27.88			99 Ramorwesi, Oratilwe M			13 SAAW-CP			30.99		
			42 Copteros, Ilyo B			17 PEAS-NM			27.91			100 Steyn, Harry			11 CASC-CP			31.02		
3	CASC-CP	A	43 Basson, Lucca N			15 SFSC-CP			27.92			101 Spencer, Marcus W			13 CYBE-CP			31.06		
		2:08.13	44 Sheard, Dylan J			17 PEAS-NM			27.99			102 Froneman, Dylan R			13 BLMA-CP			31.13		
			45 Zhukov, Oleksander Mari			15 APNL			28.05			103 Jacobs, Seth G			12 MANT-CP			31.15		
			46 Wright, Jonah S			14 TYGE-CP			28.07			104 Harbrun, Nicholas			13 FAAC			31.39		
			47 Grobler, Chris I			14 CASC-CP			28.09			105 Heunis, Le Roux			13 TYGE-CP			31.62		
5	PEAS-NM	A	48 Van der Watt, Alpheus J			16 PLAY-CE			28.10			106 Troskie, Roean			13 QUIC-CP			31.65		
		2:10.88	49 Liedeman, Mark			15 SWAR-WC			28.15			107 Stander, Christiaan L			12 ASAW-CE			31.75		
			50 Mansfield, Luke T			15 STAQ-CE			28.16			108 Goodall, Aaron			12 ASAC-CP			31.77		
6	INFA-NM	A	51 Njoroge, Alphonse			15 CASC-CP			28.37			109 Richter, Joshua C			11 BEST-NM			31.82		
		2:12.60	52 Boonzaaijer, Simon F			18 ASAW-CE			28.49			110 Cook, Jedd R			14 USC-BU			31.85		
			53 Krause, Luke			14 CASC-CP			28.56			111 Lewis, Callum R			14 CASC-CP			31.88		
			54 Williams, Evan B			15 SSISA-CP			28.71			112 Jonas, Leonardo			13 PLAY-CE			31.94		
			55 Jenkins, Finn R			15 PEAS-NM			28.75			113 Viljoen, Jagger F			12 ASAC-CP			31.96		
			56 Townsend, Lucan D			16 ASAC-CP			28.76			114 Visser, Wessel M			14 UWCA-CP			31.97		
			57 Nagendrakumar, Puneet			14 SLAQ-CP			28.77			115 Schemel, Brody L			12 HARL-BU			31.97		
			58 van Wyk, Tariq K			14 CASC-CP			28.78			116 Schoeman, Mateo J			11 QSAW-CE			32.00		
			59 Samsodien, Saaligh S			14 MARL-CP			28.78			117 Lötter, Reuben			13 DESA-NM			32.00		
			60 Coleman, Travis			13 BLMA-CP			28.82			118 Serfontein, John-Lourens			11 ROA-ED			32.06		
			61 Weber, Daniel			13 PLAY-CE			29.04			119 Harvey, Waylon			13 CYBE-CP			32.08		
												120 Hodge, Cameron P			14 LALE-CE			32.12		
												121 February, Dillon S			12 CASC-CP			32.18		
												122 Theron, Oloff A			14 VINE-CP			32.34		
												123 Van Rooyen, Louis B			15 FISH-ED			32.66		
												124 Abrie, Ryn J			13 CUHE-OB			32.71		
												125 Moodie, Zak			14 BLMA-CP			32.73		
												126 Stow, David-John			11 INFA-NM			32.73		
												127 Bond, Ben L			11 ROA-ED			32.76		
												128 Lange, Oliver			11 VINE-CP			32.81		

## SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

## Psych Sheet

## #401 ... (Men 19 &amp; Under 50 LC Meter Freestyle)

129	Swanepoel, Hallett J	12	KNYA-ED	32.82
130	Theunissen, Jude E	12	BEST-NM	33.06
131	Gerber, Luke M	11	CASC-CP	33.11
132	Kleinsmith, David	13	CASC-CP	33.12
133	Smit, Christian F	13	ROA-ED	33.12
134	Ellis, Alec C	12	LALE-CE	33.17
135	Delpoort, Reynard	11	BEST-NM	33.17
136	Nolands, Reece T	14	USC-BU	33.24
137	Coolen, Nicolas D	12	STAQ-CE	33.25
138	Comotti, Leonardo	10	APNL	33.33
139	Joyce, Guy	11	CASC-CP	33.38
140	Van Rensburg, Janco	14	TYGE-CP	33.38
141	Laufs, Connor R	12	SAAW-CP	33.52
142	Breebaart, Matthew	10	CASC-CP	33.53
143	Kuhn, Adrian-Brand	10	CASC-CP	33.55
144	Pieterse, Nicholas N	11	STAQ-CE	33.58
145	Knoetze, Ruben	11	ROA-ED	33.64
146	Louw, James	12	VINE-CP	33.67
147	Sebastian, Alexander	11	MANT-CP	33.70
148	King, Aidan J	12	CASC-CP	33.72
149	Wetzl, Alex J	11	STAQ-CE	33.75
150	Hucke, Tegan	13	SAAW-CP	33.83
151	Clark, Alexander L	11	UWCA-CP	33.84
152	Coetzee, Tristan R	11	FISH-ED	33.86
153	Poultney, Daniel	9	CASC-CP	34.00
154	Titus, Brody	12	PAQU-CE	34.19
155	Kannemeyer, Luan	11	QUIC-CP	34.25
156	Perez Castellano, Emilio	11	TYGE-CP	34.33
157	Desai, Rohin T	11	SAAW-CP	34.34
158	van der Westhuizen, Anri	11	INFA-NM	34.36
159	Bendixen, Vidar R	12	SAAW-CP	34.47
160	Fouche, Jack	13	CASC-CP	34.50
161	Lategan, Wessel W	12	SWAR-WC	34.53
162	Spangenberg, Zach A	12	XCEL-CP	34.59
163	Kleynhans, Michael	10	BARR-CP	34.60
164	Skordis, Boyd A	11	AQDO-CP	34.62
165	Lewis, Amaru C	12	PAQU-CE	34.63
166	Schabort, Lowen	11	QSAW-CE	34.78
167	Parr, Riley C	11	KNYA-ED	34.78
168	Swanepoel, Roehan J	11	BARR-CP	34.89
169	Heunis, Johan C	11	BARR-CP	35.10
170	Fouche, Ryan	10	CASC-CP	35.55
171	Lötter, Daniel	11	DESA-NM	35.57
172	Lubbe, Mikael B	12	ASAC-CP	35.60
173	Law Hing Choy, Flynn M	11	SAAW-CP	35.66
174	Pieterse, Adriaan	10	DESA-NM	35.66
175	Van Heerden, Emile L	11	FISH-ED	35.83
176	Odendaal, Riko	12	BARR-CP	35.86
177	Swartz, Seth J	11	TYGE-CP	35.94
178	Hattingh, Theodor S	11	FAAC	35.97
179	Davenport, Daniel J	11	DESA-NM	36.13
180	Maughan, Patrick F	12	ASAC-CP	36.21
181	Naude, Niel P	10	AGAQ-OB	36.29
182	Rossouw, Marais	11	QUIC-CP	36.32
183	Lamminga, Jack	13	CLA-WC	36.61
184	Vermaak, Bo	12	VINE-CP	36.73
185	Baadjies, Cruden H	13	PAQU-CE	36.84
186	Louw, André J	11	KALA	37.21
187	Kruger, Blake R	11	SWAR-WC	37.31
188	van der Merwe, Naude	11	DESA-NM	37.36
189	Van Zyl, Reghardt D	11	INFA-NM	38.27
190	Olivier, Simeon	10	PAQU-CE	38.63
191	Kriel, Ewan	11	QUIC-CP	40.79
192	Wiener, Will D	11	TYGE-CP	41.81

## #402 Women 19 &amp; Under 50 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Havemann, Bella	16	ASAC-CP	28.66
2	Fabricius, Kaylin	15	CASC-CP	29.06
3	Body, Alice Celeste	14	APNL	29.08
4	Santo, Rhanya Espirito	15	APNL	29.39
5	Faul, Ellen J	14	QSAW-CE	29.58
6	Parimbelli, Maria Teresa	14	APNL	29.64
7	Bruwer, Casey	15	AACTA-CP	29.67
8	Charles, Tyla	13	VINE-CP	30.10
9	Holthuis, Keilah-Naomi	15	QSAW-CE	30.20
10	Botha, Rebecca P	13	CASC-CP	30.24
11	Jarvis, Jade	17	SAAW-CP	30.29
12	Van Tromp, Seruby	14	LALE-CE	30.39
13	Nixon, Sofia	13	VINE-CP	30.40
14	Zeelie, Shanna-Leigh	16	BLMA-CP	30.40
15	Senekal, Margo	15	TYGE-CP	30.42
16	Van Niekerk, Ona	15	FISH-ED	30.42
17	Corrigan, Cara J	17	FISH-ED	30.44
18	White, Rebecca M	16	SSISA-CP	30.56
19	Burger, Juanè	14	TYGE-CP	30.58
20	Dabrowski, Leah A	11	BLMA-CP	30.60
21	Riley, Logan	14	CASC-CP	30.61
22	Vunge, Chelsea Idalina	14	APNL	30.62
23	Pieterse, Abby L	15	INFA-NM	30.66
24	Hager, Carle	15	ASAW-CE	30.72
25	Watson, Caitlin C	17	BLMA-CP	30.75
26	Geldart, Olivia L	11	INFA-NM	30.93
27	Gullan, Sophia	12	VINE-CP	30.96
28	Kuhn, Tamzyn J	15	SAAW-CP	30.96
29	Avenant, Ankia	14	UPSK	30.96
30	Welsh, Stacey A	14	BEST-NM	30.96
31	Heldsinger, Gia	12	SSISA-CP	31.11
32	Vd Merwe, Mia	15	ASAC-CP	31.17
33	Wilson, Samantha	11	INFA-NM	31.19
34	Pahl, Shelly F	13	QUIC-CP	31.22
35	Van Dyk, Zani	13	ASAC-CP	31.23
36	Schou, Lexi	14	SFSC-CP	31.26
37	Van Wyk, Josie	13	LALE-CE	31.30
38	Basson, Lenè	14	CLA-WC	31.34
39	Wyngaard, Dakota J	18	QUIC-CP	31.43
40	Pieterse, Haley	10	INFA-NM	31.46
41	Gerber, Kayla M	12	STAQ-CE	31.48
42	Butau, Mila T	11	BEST-NM	31.55
43	McLean, Daniella L	13	PEAS-NM	31.60
44	De Beer, Isabella C	13	QSAW-CE	31.62
45	Latimer, Olivia H	13	SAAW-CP	31.65
46	O'Carroll, Nia E	14	STAQ-CE	31.67
47	Coetsee, Elke M	10	FISH-ED	31.70
48	Christie, Laila A	12	USC-BU	31.70
49	Morais, Wendy Lukenya	12	APNL	31.73
50	Steyl, Anne M	16	UPSK	31.80
51	Halford, Harper C	13	MANT-CP	31.82
52	Barnard, Adelmari D	15	SWAR-WC	31.84
53	Pohlmann, Sarah	12	BEST-NM	31.85
54	Otterbach, Lily	14	TYGE-CP	31.91
55	Nienaber, Mila J	13	QSAW-CE	31.97
56	Myers, Kirsten E	14	SSISA-CP	31.98
57	Kruger, Livvy	11	PLAY-CE	31.99
58	Brooker, Isabella J	13	AACTA-CP	32.00
59	Prins, Tiffany C	14	KTS	32.04
60	Mack, Kyrrah E	15	PEAS-NM	32.06
61	Longueira, Ava L	12	ASAC-CP	32.09
62	McGluwa, Jovanah N	12	CASC-CP	32.17
63	Stevens, Judy C	16	QUIC-CP	32.17
64	Sadler, Arabella J	13	LEGC-ET	32.20

65	Loubser, Jenna L	17	SLAQ-CP	32.24
66	Sonnekus, Anya	13	TYGE-CP	32.25
67	Palha, Isis Gabriela	13	APNL	32.25
68	Lottering, Eirley	13	USC-BU	32.27
69	Douglas, Keyla	11	ROA-ED	32.34
70	Delpoort, Milla	16	PEAS-NM	32.44
71	Visser, Sandri	16	PLAY-CE	32.49
72	Blake, Abi E	15	CASC-CP	32.54
73	Louw, Mali R	12	WELL-CE	32.63
74	Edwards, Reese J	16	SSISA-CP	32.65
75	Robinson, Alana	14	SAAW-CP	32.65
76	Perrins, Hayden	11	GREY-CP	32.66
77	Jewell, Chloe I	16	PEAS-NM	32.74
78	Tembo, Noku L	12	KNYA-ED	32.80
79	McAfee, Holly B	14	FISH-ED	32.84
80	Pearson-Adams, Oshun O	12	SAAW-CP	32.85
81	Pretorius, Kara	12	SSISA-CP	32.87
82	Coetzee, Marli	13	CASC-CP	32.97
83	Murray, Demi J	14	USC-BU	32.97
84	Van Zyl, Liane	12	UPSK	33.04
85	Strydom, Mia	13	INFA-NM	33.16
86	Castleden, Sophia K	12	STAQ-CE	33.28
87	Christensen, Milla M	12	WELL-CE	33.34
88	Goldman, Jasmine	14	VINE-CP	33.45
89	Du Plessis, Leah	12	PEAS-NM	33.45
90	Messiter-Tooze, Luna S	14	SLAQ-CP	33.52
91	Wilensky, Mikayla	11	ASAC-CP	33.57
92	Grebe, Ava	12	CUHE-OB	33.62
93	Mauer, Kayden	14	USC-BU	33.64
94	Terwin, Brooklyn	12	USC-BU	33.68
95	Van den Berg, Nika	13	QSAW-CE	33.70
96	Barnes, Caitlin M	12	SAAW-CP	33.72
97	Cronjé, Miané	14	FISH-ED	33.74
98	Theron, Alex	12	CASC-CP	33.75
99	Kleynhans, Kayla	12	ROA-ED	33.79
100	Els, Jamie	12	AQDO-CP	33.88
101	Joubert, Liandi	13	USC-BU	33.92
102	Stearn, Hannah	11	INFA-NM	34.02
103	Baillie, Gabi J	15	LALE-CE	34.10
104	Emjedi, Saffiya	12	SAAW-CP	34.11
105	Lourens, Mia	13	CASC-CP	34.12
106	Hendricks, Jada	12	TYGE-CP	34.12
107	Beyers, Lize M	11	AGAQ-OB	34.17
108	Gilligan, Saskia	11	BLMA-CP	34.19
109	Mfabe, Zingce Z	12	USC-BU	34.20
110	Sprong, Jaime M	11	ASAC-CP	34.27
111	Pitout, Addison P	10	ASAC-CP	34.29
112	Hofinger, Charlotte M	11	ASAC-CP	34.30
113	Cupido, Kirsten	12	CYBE-CP	34.32
114	Nieuwoudt, Jenna M	12	SWAR-WC	34.37
115	Makore, Bona M	11	ASAC-CP	34.44
116	Kleynhans, Sian	15	FISH-ED	34.45
117	Newkirk, Gia	12	TYGE-CP	34.46
118	Olivier, Gianna G	11	PAQU-CE	34.77
119	Scheffer, Shaylee C	10	CASC-CP	34.79
120	Shaw, Inge	12	LALE-CE	34.80
121	Loni, Yama	11	INFA-NM	34.94
122	Jordaan, Mikayla E	12	CASC-CP	34.98
123	Daniels, Emily G	11	XCEL-CP	35.00
124	Barthus, Alessia	12	MANT-CP	35.26
125	Adams, Ella	12	TYGE-CP	35.44
126	Thirsk, Savannah	13	TYGE-CP	35.47
127	Nel, Olivia	12	CLA-WC	35.53
128	Smit, Dione	11	CASC-CP	35.58
129	Adams, Tatum	11	PAQU-CE	35.61
130	Mahlangu, Ndalo	11	BLMA-CP	35.63
131	Kalapac, Lexi	12	SLAQ-CP	35.71

## SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

## Psych Sheet

## #402 ... (Women 19 &amp; Under 50 LC Meter Freestyle)

132	Normington, Olivia	11	XCEL-CP	35.77
133	Hengst, Emily A	11	CASC-CP	35.99
134	Kuhn, Alexa J	11	CASC-CP	36.34
135	Kretzmann, Sophie F	11	USC-BU	36.39
136	Parker, Leila E	12	SSISA-CP	36.52
137	Van Jaarsveld, Bianca I	10	TYGE-CP	36.58
138	DU Plessis, Lheané	11	FISH-ED	36.64
139	Onkruid, Gianna R	11	UWCA-CP	36.86
140	Haldane, Bella	12	FISH-ED	36.89
141	Strydom, Marli	11	QUIC-CP	37.11
142	Vd Wal, Kaylee	11	CASC-CP	37.12
143	Walker, Kayla-Anne	11	CYBE-CP	37.55
144	Van Der Byl, Emily	11	USC-BU	38.30
145	van der Mescht, Ava	12	DESA-NM	38.30
146	Engelbrecht, Zia-Bella L	11	HTSA-CP	38.56
147	Knott, Cayleigh	11	ASAC-CP	38.83
148	Verdon, Leah L	10	VINE-CP	38.83
149	Benade, Aria	10	SAAW-CP	39.20
150	De Jager, Isabella	10	QSAW-CE	41.09

## #403 Men 99 &amp; Under 50 LC Meter Freestyle Multi-Class Pa

Name	Age	Team	Seed Time	
1	Pardoe, James N	13	SSISA-CP	31.84
2	Hartwig, Connor M	13	HARL-BU	51.47

## #404 Women 99 &amp; Under 50 LC Meter Freestyle Multi-Clas

Name	Age	Team	Seed Time	
1	Thiart, Annelie	13	CLA-WC	31.91
2	Endres, Josephine	14	VINE-CP	34.86
3	Pienaar, Carli	11	CLA-WC	55.77

## #405 Men 19 &amp; Under 200 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Hendricks, Joshua	18	CASC-CP	2:38.67
2	Saayman, Dehan	17	PLAY-CE	2:42.05
3	Zellie, Thomas J	17	SAAW-CP	2:42.72
4	Manuel, Silverio Fernando	16	APNL	2:46.11
5	Mansfield, Luke T	15	STAQ-CE	2:46.27
6	Hlangothi, Munguni S	17	PEAS-NM	2:46.82
7	Simpson, Jesse	16	CASC-CP	2:47.42
8	Brooker, Matthew W	17	ACTA-CP	2:47.72
9	Liedeman, Mark	15	SWAR-WC	2:48.41
10	Nash, Daniel A	17	PEAS-NM	2:49.60
11	Alexander, Ammaar	17	MARL-CP	2:51.16
12	Smith, Tristan A	15	CASC-CP	2:51.61
13	Basson, Zethan L	14	PEAS-NM	2:52.22
14	Jurgens, Ezra J	16	MANT-CP	2:52.79
15	Steyl, Douw L	18	UPSK	2:54.85
16	Beukes, Mateo A	19	WALM-CP	2:55.89
17	Van Rooyen, Louis B	15	FISH-ED	2:58.94
18	Basson, Trishaun T	15	MARL-CP	2:59.16
19	Moodie, Zak	14	BLMA-CP	3:00.11
20	Gomez, Alex W	14	MARL-CP	3:01.36
21	Strydom, Luan	16	TYGE-CP	3:02.38
22	Coleman, Travis	13	BLMA-CP	3:02.70
23	Wenn, Josiah	14	ASAC-CP	3:02.71
24	Gamielidien, Idreess	14	MARL-CP	3:04.82
25	Spencer, Marcus W	13	CYBE-CP	3:05.03
26	Townsend, Lucan D	16	ASAC-CP	3:05.49
27	Snyders, Reece	14	UWCA-CP	3:05.87
28	Krause, Luke	14	CASC-CP	3:06.06
29	Fortune, Hakeem	13	MANT-CP	3:06.35
30	Mostert, Stian	13	FAAC	3:06.41
31	Strydom, Andre N	13	BEST-NM	3:06.60
32	Njoroge, Alphonse	15	CASC-CP	3:06.73
33	Opperman, Conrad Willer	10	SEY	3:06.83

34	De Jager, Eben	13	QSAW-CE	3:07.20
35	Kretzmann, Caleb B	14	USC-BU	3:09.89
36	Van Dyk, Stephan	14	BLMA-CP	3:10.60
37	Hattingh, Ben	14	FAAC	3:11.64
38	Addinall, Ethan	14	MANT-CP	3:12.03
39	Melnik, Yonatan	12	ASAC-CP	3:12.04
40	Nolands, Reece T	14	USC-BU	3:13.73
41	Harbron, Nicholas	13	FAAC	3:13.76
42	Dode, Davi Lucas	14	APNL	3:13.76
43	Van Rensburg, Janco	14	TYGE-CP	3:14.64
44	Fortune, Yaseen	14	MANT-CP	3:15.41
45	Van der Merwe, Dandre J	12	STAQ-CE	3:15.58
46	Pitout, Zachary J	13	ASAC-CP	3:17.26
47	Jonas, Leonardo	13	PLAY-CE	3:18.25
48	Lategan, Wessel W	12	SWAR-WC	3:18.61
49	Smit, Christian F	13	ROA-ED	3:19.00
50	Schoeman, Mateo J	11	QSAW-CE	3:20.10
51	Abrie, Ryn J	13	CUHE-OB	3:20.54
52	Visser, Wessel M	14	UWCA-CP	3:20.55
53	Stenekamp, Keanu	12	ASAC-CP	3:21.03
54	February, Dillon S	12	CASC-CP	3:21.07
55	Laufs, Connor R	12	SAAW-CP	3:21.20
56	Pedro, Maahier	13	WALM-CP	3:21.22
57	Troskie, Jean	13	QUIC-CP	3:21.59
58	Forsythe, Declan J	11	INFA-NM	3:22.37
59	Baadjies, Cruden H	13	PAQU-CE	3:23.08
60	Kleinsmith, David	13	CASC-CP	3:23.18
61	Titus, Brody	12	PAQU-CE	3:24.19
62	Lange, Oliver	11	VINE-CP	3:24.81
63	Serfontein, John-Lourens	11	ROA-ED	3:25.00
64	Francis, Ethan	13	MARL-CP	3:25.88
65	Van Onselen, Pierre S	12	TYGE-CP	3:26.68
66	Fouche, Jack	13	CASC-CP	3:27.81
67	Kleynhans, Michael	10	BARR-CP	3:27.89
68	Jacobs, Seth G	12	MANT-CP	3:28.39
69	Kenmuir, Ethan	12	VINE-CP	3:29.29
70	Van Wyngaard, Daniël C	11	ROA-ED	3:29.42
71	Janse van Rensburg, Dani	13	BARR-CP	3:31.44
72	Bond, Ben L	11	ROA-ED	3:33.49
73	Van Heerden, Emile L	11	FISH-ED	3:34.71
74	Olivier, Simeon	10	PAQU-CE	3:35.73
75	Knoetze, Ruben	11	ROA-ED	3:37.39
76	Kannemeyer, Luan	11	QUIC-CP	3:38.12
77	Perez Castellano, Emilio	11	TYGE-CP	3:38.17
78	Swanepoel, Roehan J	11	BARR-CP	3:38.93
79	Lubbe, Alex C	13	USC-BU	3:40.94
80	Kruger, Rikhardt	13	UPSK	3:43.69
81	Coetzee, Tristan R	11	FISH-ED	3:44.05
82	Wiener, Will D	11	TYGE-CP	3:44.52
83	Sebastian, Alexander	11	MANT-CP	3:45.05
84	Lötter, Daniel	11	DESA-NM	3:45.13
85	Van der Merwe, Logan	11	TYGE-CP	3:45.18
86	Harvey, Waylon	13	CYBE-CP	3:45.71
87	Van Zyl, Reghardt D	11	INFA-NM	3:46.34
88	Davenport, Daniel J	11	DESA-NM	3:46.42
89	Spangenberg, Zach A	12	XCEL-CP	3:47.25
90	Kruger, Blake R	11	SWAR-WC	3:54.15
91	Pieterse, Adriaan	10	DESA-NM	3:55.82
92	Kriel, Ewan	11	QUIC-CP	3:59.98
93	van der Merwe, Naude	11	DESA-NM	4:02.40
94	Delpont, Reynard	11	BEST-NM	4:07.16

## #406 Women 19 &amp; Under 200 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	De Oliveira, Aliyah	15	TYGE-CP	3:03.20
2	Van Niekerk, Ona	15	FISH-ED	3:03.23
3	Edwards, Reese J	16	SSISA-CP	3:04.88

4	Barnard, Adelmari D	15	SWAR-WC	3:05.18
5	Serfontein, Christi	16	QUIC-CP	3:07.60
6	Beetge, Amy	17	LALE-CE	3:08.03
7	Heldsinger, Alexa L	14	SSISA-CP	3:08.18
8	Corrigan, Cara J	17	FISH-ED	3:08.39
9	Pohlmann, Sarah	12	BEST-NM	3:08.51
10	Visser, Sandri	16	PLAY-CE	3:08.87
11	Johnson, Ella J	11	SAAW-CP	3:09.34
12	Santos, Neizla Miguela	16	APNL	3:09.40
13	Van Wyk, Josie	13	LALE-CE	3:11.13
14	Zhukov, Aleksandra Laris	17	APNL	3:11.15
15	O'Connor, Kayden C	14	PEAS-NM	3:11.30
16	Jewell, Chloe I	16	PEAS-NM	3:11.40
17	Crozier, Emily N	14	FAAC	3:11.63
18	Robinson, Alana	14	SAAW-CP	3:13.18
19	Adams, Sydney M	15	VINE-CP	3:13.64
20	Jurgens, Chloe-Leigh	12	MANT-CP	3:13.73
21	Grebe, Ava	12	CUHE-OB	3:14.18
22	Steyl, Anne M	16	UPSK	3:14.33
23	Louw, Mali R	12	WELL-CE	3:14.56
24	McAfee, Holly B	14	FISH-ED	3:14.74
25	Lottering, Eirley	13	USC-BU	3:15.65
26	Retief, Jane	13	LALE-CE	3:15.72
27	Baillie, Gabi J	15	LALE-CE	3:15.81
28	Charles, Tyla	13	VINE-CP	3:16.08
29	Pretorius, Kara	12	SSISA-CP	3:16.12
30	Normington, Olivia	11	XCEL-CP	3:16.66
31	Olivier, Gianna G	11	PAQU-CE	3:16.91
32	Sadler, Arabella J	13	LEGG-ET	3:17.28
33	Newkirk, Gia	12	TYGE-CP	3:17.59
34	Van Tromp, Seruby	14	LALE-CE	3:18.50
35	Tsai, Emily A	16	BLMA-CP	3:18.50
36	Pieterse, Haley	10	INFA-NM	3:19.19
37	Ristow, Emma K	12	USC-BU	3:19.40
38	Cronjé, Miané	14	FISH-ED	3:20.01
39	Harper, Maddie I	14	KNYA-ED	3:20.56
40	Mauer, Kayden	14	USC-BU	3:20.73
41	Kalapac, Lexi	12	SLAQ-CP	3:21.76
42	Thiart, Annelie	13	CLA-WC	3:23.17
43	Mack, Kyrach E	15	PEAS-NM	3:23.78
44	Dabrowski, Leah A	11	BLMA-CP	3:24.03
45	Latimer, Olivia H	13	SAAW-CP	3:25.08
46	Anthony, Jarmin A	12	PAQU-CE	3:25.52
47	Halford, Harper C	13	MANT-CP	3:26.05
48	Schutzler, Amelia-Rose	12	USC-BU	3:28.01
49	Venter, Ané	11	FISH-ED	3:28.22
50	Lloyd, Jemma A	12	VINE-CP	3:28.62
51	Kempson, Savannah	11	APNL	3:29.29
52	Stevenson, Mikayla	12	QUIC-CP	3:29.40
53	Voysey, Ella N	12	VINE-CP	3:29.70
54	Schou, Lexi	14	SFSC-CP	3:29.75
55	Guimaraes, Carolina Roch	12	APNL	3:29.96
56	Hendricks, Jada	12	TYGE-CP	3:30.09
57	Strydom, Marli	11	QUIC-CP	3:30.42
58	Schemel, Leah I	11	HARL-BU	3:30.63
59	Emjedi, Saffiya	12	SAAW-CP	3:30.70
60	Onkruid, Gianna R	11	UWCA-CP	3:30.77
61	Ras, Annabelle	11	QUIC-CP	3:30.86
62	Du Plessis, Leah	12	PEAS-NM	3:32.00
63	Haynes-Smart, Kaitlyn	12	VINE-CP	3:32.14
64	Smith, Isabel H	11	HARL-BU	3:32.51
65	Benade, Aria	10	SAAW-CP	3:32.62
66	Kröger, Sammy	13	BARR-CP	3:32.73
67	Koegelenberg, Emily	12	XCEL-CP	3:33.57
68	Mahlangu, Ndalo	11	BLMA-CP	3:34.11
69	Gilligan, Saskia	11	BLMA-CP	3:36.86
70	Butau, Mila T	11	BEST-NM	3:37.03

## SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

## Psych Sheet

## #406 ... (Women 19 &amp; Under 200 LC Meter Breaststroke)

71	Engelbrecht, Zia-Bella L	11	HTSA-CP	3:37.71
72	Du Preez, Kyra J	11	USC-BU	3:37.74
73	Beyers, Lize M	11	AGAQ-OB	3:38.92
74	Knott, Cayleigh	11	ASAC-CP	3:38.93
75	De Jager, Isabella	10	QSAW-CE	3:39.24
76	Nel, Olivia	12	CLA-WC	3:39.69
77	Swanepoel, Pia Q	11	ASAC-CP	3:40.47
78	Verdon, Leah L	10	VINE-CP	3:41.72
79	DU Plessis, Lheané	11	FISH-ED	3:42.13
80	Lourens, Mia	13	CASC-CP	3:42.34
81	Perrins, Hayden	11	GREY-CP	3:46.66

## #407 Men 99 &amp; Under 100 LC Meter Breaststroke Multi-Cl

Name	Age	Team	Seed Time	
1	Pardoe, James N	13	SSISA-CP	1:39.40

## #408 Women 99 &amp; Under 100 LC Meter Breaststroke Multi

Name	Age	Team	Seed Time	
1	Thiart, Annelie	13	CLA-WC	1:33.11
2	Endres, Josephine	14	VINE-CP	1:41.87

## #409 Men 19 &amp; Under 50 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	Kannemeyer, Luan	11	QUIC-CP	11.47
2	Forsythe, Declan J	11	INFA-NM	27.63
3	Kleinhans, Kyle	18	SSISA-CP	29.33
4	Breet, Dawie-Louw L	17	PLAY-CE	29.42
5	Andrews, Carl R	15	PEAS-NM	30.08
6	Engelbrecht, Ruben J	17	PLAY-CE	30.15
7	Moolman, Carter S	16	MANT-CP	30.24
8	Blauw, Tyriq D	16	TYGE-CP	30.42
9	Kalapac, Joshua	16	SLAQ-CP	30.58
10	Basson, Lucca N	15	SFSC-CP	30.73
11	Gounden, Mikhael A	19	CLA-WC	30.91
12	Van der Merwe, Josh E	16	SAAW-CP	30.93
13	Eilers, De-Anzo C	18	KALA	31.04
14	Pincente, Matthew	17	SAAW-CP	31.08
15	Njoroge, Alphonse	15	CASC-CP	31.19
16	Viljoen, Jaden R	16	ASAC-CP	31.26
17	De Jager, Nathan B	16	ASAC-CP	31.43
18	Pullock, Sam J	15	CUHE-OB	31.65
19	Lombard, Kyle M	17	CASC-CP	31.78
20	Gilbert, Thomas O	17	SAAW-CP	31.86
21	Beukes, Jaden L	15	WALM-CP	32.04
22	Sheard, Dylan J	17	PEAS-NM	32.15
23	Saayman, Dehan	17	PLAY-CE	32.17
24	De Bruyn, Cornè C	16	ASAC-CP	32.36
25	Vd Merwe, Thomas	15	LALE-CE	32.53
26	Van der Watt, Alpheus J	16	PLAY-CE	32.55
27	Grobler, Chris I	14	CASC-CP	32.71
28	Zhukov, Oleksander Mari	15	APNL	32.83
29	Raath, Jaedyn K	17	ANAX-CP	32.87
30	Lichthart, Nicus	14	QUIC-CP	32.92
31	Nagendrakumar, Puneet	14	SLAQ-CP	32.92
32	Daniels, Joshua D	14	SLAQ-CP	33.26
33	Muller, Lukas D	13	LALE-CE	33.37
34	Coetzee, Sion M	14	QUIC-CP	33.43
35	Southey, Jamie	16	AQDO-CP	33.44
36	van Wyk, Tariq K	14	CASC-CP	33.51
37	Wright, Jonah S	14	TYGE-CP	33.76
38	Zungu, Sinothando	16	VIKI-BU	33.83
39	Schreuder, Steffen	17	ASAW-CE	34.03
40	Willenburg, Elijah K	14	SLAQ-CP	34.18
41	Booth, Jake J	14	VIKI-BU	34.34
42	Cook, Jedd R	14	USC-BU	34.64
43	Van der Westhuizen, Luk	14	EVO-CP	34.70

44	Jooste, Ben D	13	CUHE-OB	34.72
45	Kleu, Wian M	12	STAQ-CE	34.72
46	VerLoren Van Themaat, H	13	LALE-CE	34.73
47	Coleman, Travis	13	BLMA-CP	34.84
48	Opperman, Cornelius Joh	13	SEY	34.97
49	Troskie, Roean	13	QUIC-CP	35.07
50	Heunis, Le Roux	13	TYGE-CP	35.07
51	Schabort, Lowen	11	QSAW-CE	35.08
52	Mallin, Lukas	11	SAAW-CP	35.12
53	Martin, Alzhario	17	UWCA-CP	35.17
54	Harvey, Waylon	13	CYBE-CP	35.21
55	Wessels, Connor M	14	BLMA-CP	35.27
56	Lötter, Reuben	13	DESA-NM	35.40
57	Hodge, Cameron P	14	LALE-CE	35.42
58	Copteros, Ilyo B	17	PEAS-NM	35.46
59	Weber, Daniel	13	PLAY-CE	35.60
60	Bothma, Ryan	13	KSTAR-ED	35.65
61	Strydom, Andre N	13	BEST-NM	35.79
62	Fortune, Yaseen	14	MANT-CP	35.81
63	Ramorwesi, Oratilwe M	13	SAAW-CP	35.98
64	Lewis, Callum R	14	CASC-CP	36.03
65	Serfontein, John-Lourens	11	ROA-ED	36.06
66	Van Onsenel, Pierre S	12	TYGE-CP	36.12
67	Steyn, Harry	11	CASC-CP	36.21
68	February, Dillon S	12	CASC-CP	36.22
69	Schemel, Brody L	12	HARL-BU	36.37
70	Breebaart, Matthew	10	CASC-CP	36.75
71	Kruger, Rikhardt	13	UPSK	36.76
72	Du Randt, Zack S	13	TYGE-CP	37.02
73	Hattingh, Ben	14	FAAC	37.03
74	Janse van Rensburg, Dani	13	BARR-CP	37.04
75	Jonas, Leonardo	13	PLAY-CE	37.18
76	Schoeman, Mateo J	11	QSAW-CE	37.27
77	Opperman, Conrad Willel	10	SEY	37.30
78	Basson, Zethan L	14	PEAS-NM	37.43
79	Van Dyk, Stephaan	14	BLMA-CP	37.49
80	Snyders, Reece	14	UWCA-CP	37.54
81	Coolen, Nicolas D	12	STAQ-CE	37.62
82	Louw, James	12	VINE-CP	37.79
83	Lewis, Amaru C	12	PAQU-CE	38.05
84	Rossouw, Marais	11	QUIC-CP	38.32
85	Pieterse, Nicholas N	11	STAQ-CE	38.38
86	King, Aidan J	12	CASC-CP	38.45
87	Abrie, Ryn J	13	CUHE-OB	38.45
88	Moodie, Zak	14	BLMA-CP	38.50
89	Froneman, Dylan R	13	BLMA-CP	38.51
90	Bond, Ben L	11	ROA-ED	38.52
91	Wetzl, Alex J	11	STAQ-CE	38.61
92	Heunis, Johan C	11	BARR-CP	38.70
93	Visser, Wessel M	14	UWCA-CP	38.96
94	Richter, Joshua C	11	BEST-NM	39.01
95	Joyce, Guy	11	CASC-CP	39.03
96	Kuhn, Adrian-Brand	10	CASC-CP	39.27
97	Lategan, Wessel W	12	SWAR-WC	39.43
98	Fortune, Hakeem	13	MANT-CP	39.51
99	Spangenberg, Zach A	12	XCEL-CP	39.56
100	Knoetze, Ruben	11	ROA-ED	39.68
101	Odendaal, Riko	12	BARR-CP	39.79
102	Harder, Callum R	11	VINE-CP	39.83
103	Gerber, Luke M	11	CASC-CP	39.93
104	Basson, Trishaun T	15	MARL-CP	40.21
105	Harbron, Nicholas	13	FAAC	40.23
106	Hattingh, Theodor S	11	FAAC	40.34
107	Titus, Brody	12	PAQU-CE	40.45
108	Lamminga, Jack	13	CLA-WC	40.48
109	Lubbe, Mikael B	12	ASAC-CP	40.60
110	Fouche, Ryan	10	CASC-CP	40.71

111	Pieterse, Adriaan	10	DESA-NM	40.81
112	Lötter, Daniel	11	DESA-NM	40.94
113	van der Westhuizen, Anri	11	INFA-NM	41.00
114	Van der Merwe, Dandre J	12	STAQ-CE	41.20
115	Vermaak, Bo	12	VINE-CP	41.33
116	Comotti, Leonardo	10	APNL	41.34
117	Theunissen, Jude E	12	BEST-NM	41.61
118	Parr, Riley C	11	KNYA-ED	41.68
119	Swanepoel, Roehan J	11	BARR-CP	41.69
120	Davenport, Daniel J	11	DESA-NM	41.70
121	Poultney, Daniel	9	CASC-CP	41.83
122	Delpoit, Reynard	11	BEST-NM	41.87
123	Hucke, Tegan	13	SAAW-CP	42.06
124	Conradie, D'Niel	13	ASAW-CE	42.13
125	Naude, Niel P	10	AGAQ-OB	42.16
126	van der Merwe, Naude	11	DESA-NM	42.20
127	Swartz, Seth J	11	TYGE-CP	42.31
128	Fouche, Jack	13	CASC-CP	42.36
129	Sebastian, Alexander	11	MANT-CP	42.67
130	Kruger, Blake R	11	SWAR-WC	42.92
131	Van Heerden, Emile L	11	FISH-ED	43.10
132	Law Hing Choy, Flynn M	11	SAAW-CP	43.22
133	Perez Castellano, Emilio	11	TYGE-CP	43.77
134	Baadjes, Cruden H	13	PAQU-CE	44.18
135	Kriel, Ewan	11	QUIC-CP	44.55
136	Bendixen, Vidar R	12	SAAW-CP	45.78
137	Wiener, Will D	11	TYGE-CP	45.84
138	Louw, André J	11	KALA	49.95

## #410 Women 19 &amp; Under 50 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	Dabrowski, Leah A	11	BLMA-CP	22.79
2	Riley, Logan	14	CASC-CP	33.62
3	Johannes, Ty	15	VINE-CP	33.86
4	Holthuis, Keilah-Naomi	15	QSAW-CE	33.94
5	Rossouw, Emma M	16	TYGE-CP	33.98
6	Watson, Caitlin C	17	BLMA-CP	34.02
7	Murray, Demi J	14	USC-BU	34.36
8	White, Rebecca M	16	SSISA-CP	34.57
9	Strong, Ava J	15	PEAS-NM	34.70
10	Zeelie, Shanna-Leigh	16	BLMA-CP	34.71
11	Pieterse, Abby L	15	INFA-NM	34.76
12	Bruwer, Casey	15	AACTA-CP	34.87
13	Saayman, Nika D	14	PLAY-CE	35.09
14	Fabricius, Kaylin	15	CASC-CP	35.27
15	Basson, Lenè	14	CLA-WC	35.29
16	De Beer, Isabella C	13	QSAW-CE	35.31
17	Santo, Rhanya Espirito	15	APNL	35.52
18	Kuhn, Tamzyn J	15	SAAW-CP	35.58
19	Gullan, Sophia	12	VINE-CP	35.88
20	Faul, Ellen J	14	QSAW-CE	35.97
21	Hager, Carle	15	ASAW-CE	36.05
22	McGluwa, Jovanah N	12	CASC-CP	36.14
23	O'Carroll, Nia E	14	STAQ-CE	36.14
24	Geldart, Olivia L	11	INFA-NM	36.17
25	Van Dyk, Zani	13	ASAC-CP	36.21
26	Van den Berg, Nika	13	QSAW-CE	36.24
27	McLean, Daniella L	13	PEAS-NM	36.40
28	Myers, Kirsten E	14	SSISA-CP	36.41
29	Pearson-Adams, Oshun O	12	SAAW-CP	36.60
30	Gerber, Kayla M	12	STAQ-CE	36.65
31	Coetsee, Elke M	10	FISH-ED	36.75
32	Thirsk, Savannah	13	TYGE-CP	36.76
33	Burger, Juanè	14	TYGE-CP	36.91
34	Delpoit, Milla	16	PEAS-NM	36.92
35	Wyngaard, Dakota J	18	QUIC-CP	37.00
36	Van Tromp, Seruby	14	LALE-CE	37.03

## SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

## Psych Sheet

## #410 ... (Women 19 &amp; Under 50 LC Meter Backstroke)

37	Kruger, Livvy	11	PLAY-CE	37.07
38	Blake, Abi E	15	CASC-CP	37.08
39	Butau, Mila T	11	BEST-NM	37.22
40	Prins, Tiffany C	14	KTS	37.25
41	Christie, Laila A	12	USC-BU	37.28
42	Visser, Sandri	16	PLAY-CE	37.29
43	Nienaber, Mila J	13	QSAW-CE	37.59
44	Coetzee, Marli	13	CASC-CP	37.61
45	Vd Westhuizen, Joy	17	AQDO-CP	37.85
46	Avenant, Ankia	14	UPSK	37.90
47	Latimer, Olivia H	13	SAAW-CP	37.97
48	Barthus, Alessia	12	MANT-CP	38.00
49	Nieuwoudt, Jenna M	12	SWAR-WC	38.03
50	Baillie, Gabi J	15	LALE-CE	38.15
51	Gilligan, Saskia	11	BLMA-CP	38.23
52	Barnes, Caitlin M	12	SAAW-CP	38.58
53	McAfee, Holly B	14	FISH-ED	38.69
54	Tembo, Noku L	12	KNYA-ED	38.79
55	Stevenson, Mikayla	12	QUIC-CP	38.80
56	Knott, Cayleigh	11	ASAC-CP	39.08
57	Pohlmann, Sarah	12	BEST-NM	39.14
58	Kleynhans, Sian	15	FISH-ED	39.30
59	Harper, Maddie I	14	KNYA-ED	39.41
60	Malan, Lua B	12	WELL-CE	39.47
61	Nel, Olivia	12	CLA-WC	39.60
62	Strydom, Mia	13	INFA-NM	39.60
63	Sonnekus, Anya	13	TYGE-CP	39.61
64	Daniels, Emily G	11	XCEL-CP	39.61
65	Sprong, Jaime M	11	ASAC-CP	39.66
66	Venter, Ané	11	FISH-ED	39.72
67	Beyers, Lize M	11	AGAQ-OB	39.84
68	Haynes-Smart, Kaitlyn	12	VINE-CP	39.85
69	Botha, Rebecca P	13	CASC-CP	39.97
70	Douglas, Keyla	11	ROA-ED	40.07
71	Shaw, Inge	12	LALE-CE	40.31
72	Hengst, Emily A	11	CASC-CP	40.37
73	Parker, Leila E	12	SSISA-CP	40.37
74	Hendricks, Jada	12	TYGE-CP	40.51
75	Joubert, Liandi	13	USC-BU	40.51
76	Jordaan, Mikayla E	12	CASC-CP	40.53
77	Du Plessis, Leah	12	PEAS-NM	40.57
78	Kretzmann, Sophie F	11	USC-BU	40.84
79	Newkirk, Gia	12	TYGE-CP	41.20
80	Stearn, Hannah	11	INFA-NM	41.45
81	Smit, Dione	11	CASC-CP	41.58
82	Van Zyl, Liane	12	UPSK	41.66
83	Mahlangu, Ndalo	11	BLMA-CP	41.73
84	Vd Wal, Kaylee	11	CASC-CP	41.98
85	Theron, Alex	12	CASC-CP	42.05
86	Scheffer, Shaylee C	10	CASC-CP	42.11
87	Perrins, Hayden	11	GREY-CP	42.33
88	Van Jaarsveld, Bianca I	10	TYGE-CP	42.49
89	Kuhn, Alexa J	11	CASC-CP	42.73
90	Strydom, Marli	11	QUIC-CP	42.79
91	Engelbrecht, Zia-Bella L	11	HTSA-CP	43.47
92	Olivier, Gianna G	11	PAQU-CE	43.54
93	Ras, Annabelle	11	QUIC-CP	43.56
94	Schemel, Leah I	11	HARL-BU	44.41
95	Benade, Aria	10	SAAW-CP	44.80
96	van der Mescht, Ava	12	DESA-NM	46.26
97	DU Plessis, Lheané	11	FISH-ED	48.31
98	Rinquest, Taaliah	17	MARL-CP	1:15.63

## #411 Men 19 &amp; Under 50 LC Meter Butterfly

Name	Age	Team	Seed Time	
1	Eilers, De-Anzo C	18	KALA	27.34
2	Moolman, Carter S	16	MANT-CP	27.36
3	Pedro, Tamkeen	17	WALM-CP	27.48
4	Kalapac, Joshua	16	SLAQ-CP	27.51
5	Beukes, Mateo A	19	WALM-CP	27.66
6	Van Der Merwe, Ula W	17	KNYA-ED	27.75
7	Kleinhans, Kyle	18	SSISA-CP	27.76
8	Pincente, Matthew	17	SAAW-CP	27.85
9	Alexander, Ammaar	17	MARL-CP	27.89
10	Pullock, Sam J	15	CUHE-OB	27.99
11	Van der Merwe, Josh E	16	SAAW-CP	28.07
12	van Staden, Mika L	15	AQUA-BU	28.15
13	Engelbrecht, Ruben J	17	PLAY-CE	28.18
14	Schreuder, Steffen	17	ASAW-CE	28.22
15	Das Neves, Lucas P	15	TYGE-CP	28.37
16	Breet, Dawie-Louw L	17	PLAY-CE	28.43
17	Solomon, Ethan	16	AQDO-CP	28.47
18	Hlangothi, Munguni S	17	PEAS-NM	28.54
19	Dupper, Leon H	16	INFA-NM	28.56
20	Basson, Lucca N	15	SFSC-CP	28.61
21	Germishuys, Liam J	15	QSAW-CE	28.65
22	Steyl, Douw L	18	UPSK	28.71
23	Andrews, Carl R	15	PEAS-NM	28.73
24	Gilbert, Thomas O	17	SAAW-CP	28.80
25	Sousa, Guilherme Machac	16	APNL	29.19
26	Dode, Davi Lucas	14	APNL	29.32
27	Beukes, Jaden L	15	WALM-CP	29.35
28	Jenkins, Finn R	15	PEAS-NM	29.38
29	Fernandes, Carlos Daniel	15	APNL	29.41
30	Hewitt-Smook, Kristian	17	SWAR-WC	29.45
31	Wedderburn, Liam	16	INFA-NM	29.47
32	Arnott, Carter J	16	ASAC-CP	29.52
33	Gounden, Mikhael A	19	CLA-WC	29.58
34	Copteros, Ilyo B	17	PEAS-NM	29.58
35	Manuel, Silverio Fernand	16	APNL	29.60
36	Spencer, Charles A	15	CYBE-CP	29.80
37	Liedeman, Mark	15	SWAR-WC	29.83
38	Saayman, Dehan	17	PLAY-CE	29.94
39	Booth, Jake J	14	VIKI-BU	29.99
40	Zellie, Thomas J	17	SAAW-CP	30.03
41	Zungu, Sinothando	16	VIKI-BU	30.13
42	Williams, Evan B	15	SSISA-CP	30.61
43	Muller, Lukas D	13	LALE-CE	30.81
44	Sheard, Dylan J	17	PEAS-NM	30.84
45	van Wyk, Tariq K	14	CASC-CP	30.89
46	Boonzaaier, Simon F	18	ASAW-CE	30.89
47	Poggenpoel, Troy J	15	SSISA-CP	30.94
48	Vd Merwe, Thomas	15	LALE-CE	30.97
49	Bothma, Ryan	13	KSTAR-ED	31.08
50	Kruger, Rikhardt	13	UPSK	31.11
51	Thompson, Cameron G	16	HARL-BU	31.15
52	Coates, Caleb	13	FISH-ED	31.35
53	Martin, Alzhario	17	UWCA-CP	31.41
54	Njoroge, Alphonse	15	CASC-CP	31.49
55	Lombard, Kyle M	17	CASC-CP	31.50
56	Brooker, Matthew W	17	AACTA-CP	31.71
57	Lichthart, Nicus	14	QUIC-CP	31.87
58	Weber, Daniel	13	PLAY-CE	31.93
59	Raath, Jaedyn K	17	ANAX-CP	32.08
60	Samsodien, Saaligh S	14	MARL-CP	32.09
61	Spencer, Marcus W	13	CYBE-CP	32.24
62	Coetzee, Sion M	14	QUIC-CP	32.33
63	Willenburg, Elijah K	14	SLAQ-CP	32.49
64	Mostert, Stian	13	FAAC	32.56

65	Townsend, Lucan D	16	ASAC-CP	32.68
66	Mallin, Lukas	11	SAAW-CP	32.76
67	Wessels, Connor M	14	BLMA-CP	32.76
68	Pedro, Maahier	13	WALM-CP	32.80
69	Opperman, Cornelius Joh	13	SEY	32.81
70	Daniels, Joshua D	14	SLAQ-CP	32.86
71	Simpson, Jesse	16	CASC-CP	32.91
72	Mansfield, Luke T	15	STAQ-CE	33.04
73	Jooste, Ben D	13	CUHE-OB	33.06
74	Francis, Ethan	13	MARL-CP	33.08
75	Janse van Rensburg, Dani	13	BARR-CP	33.13
76	Van Dyk, Stephaan	14	BLMA-CP	33.20
77	Coleman, Travis	13	BLMA-CP	33.43
78	VerLoren Van Themaat, H	13	LALE-CE	33.47
79	Hattingh, Ben	14	FAAC	33.49
80	Schabert, Lowen	11	QSAW-CE	33.55
81	Wenn, Josiah	14	ASAC-CP	33.57
82	Kleinsmith, David	13	CASC-CP	33.58
83	Strydom, Andre N	13	BEST-NM	33.59
84	Opperman, Conrad Wille	10	SEY	33.81
85	Niemand, Leo	13	CYBE-CP	33.86
86	Lötter, Reuben	13	DESA-NM	33.89
87	De Jager, Eben	13	QSAW-CE	33.95
88	Viljoen, Jagger F	12	ASAC-CP	33.99
89	Cook, Jedd R	14	USC-BU	34.22
90	Heunis, Le Roux	13	TYGE-CP	34.24
91	Grobler, Chris I	14	CASC-CP	34.28
92	Jacobs, Seth G	12	MANT-CP	34.28
93	Serfontein, John-Lourens	11	ROA-ED	34.60
94	Van Onselen, Pierre S	12	TYGE-CP	34.74
95	Theron, Oloff A	14	VINE-CP	35.09
96	Basson, Zethan L	14	PEAS-NM	35.21
97	Ramorwesi, Oratilwe M	13	SAAW-CP	35.23
98	Steyn, Harry	11	CASC-CP	35.25
99	Goodall, Aaron	12	ASAC-CP	35.37
100	Van Rensburg, Janco	14	TYGE-CP	35.38
101	Schemel, Brody L	12	HARL-BU	35.39
102	Jonas, Leonardo	13	PLAY-CE	35.48
103	February, Dillon S	12	CASC-CP	36.08
104	Visser, Wessel M	14	UWCA-CP	36.17
105	Pitout, Zachary J	13	ASAC-CP	36.19
106	Schoeman, Mateo J	11	QSAW-CE	36.28
107	Gomez, Alex W	14	MARL-CP	36.30
108	Stander, Christiaan L	12	ASAW-CE	36.41
109	Bond, Ben L	11	ROA-ED	36.44
110	Kleu, Wian M	12	STAQ-CE	36.47
111	Ellis, Alec C	12	LALE-CE	36.62
112	Van Rooyen, Louis B	15	FISH-ED	36.73
113	Titus, Brody	12	PAQU-CE	36.88
114	Coolen, Nicolas D	12	STAQ-CE	36.91
115	Troskie, Roean	13	QUIC-CP	36.97
116	Theunissen, Jude E	12	BEST-NM	37.15
117	Basson, Trishaun T	15	MARL-CP	37.17
118	Wetzel, Alex J	11	STAQ-CE	37.19
119	Louw, James	12	VINE-CP	37.32
120	Richter, Joshua C	11	BEST-NM	37.33
121	Troskie, Jean	13	QUIC-CP	37.56
122	Lubbe, Alex C	13	USC-BU	37.61
123	Froneman, Dylan R	13	BLMA-CP	37.68
124	Lewis, Amaru C	12	PAQU-CE	37.85
125	Stow, David-John	11	INFA-NM	37.93
126	Forsythe, Declan J	11	INFA-NM	37.97
127	van der Westhuizen, Anri	11	INFA-NM	38.10
128	Spangenberg, Zach A	12	XCEL-CP	38.15
129	Breebaart, Matthew	10	CASC-CP	38.40
130	Smith, Tristan A	15	CASC-CP	38.41
131	Kretzmann, Kaleb B	14	USC-BU	38.43

## SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

## Psych Sheet

## #411 ... (Men 19 &amp; Under 50 LC Meter Butterfly)

132	Kenmuir, Ethan	12	VINE-CP	38.58
133	Pieterse, Nicholas N	11	STAQ-CE	38.62
134	Heunis, Johan C	11	BARR-CP	38.65
135	Joyce, Guy	11	CASC-CP	38.81
136	Lubbe, Mikael B	12	ASAC-CP	39.03
137	Du Randt, Zack S	13	TYGE-CP	39.21
138	Gerber, Luke M	11	CASC-CP	39.74
139	Nolands, Reece T	14	USC-BU	39.97
140	King, Aidan J	12	CASC-CP	40.02
141	Hattingh, Theodor S	11	FAAC	40.39
142	Naude, Niel P	10	AGAQ-OB	40.63
143	Kleynhans, Michael	10	BARR-CP	40.67
144	Laufs, Connor R	12	SAAW-CP	40.78
145	Pieterse, Adriaan	10	DESA-NM	40.79
146	Perez Castellano, Emilio	11	TYGE-CP	41.37
147	Kuhn, Adrian-Brand	10	CASC-CP	41.40
148	Fouche, Ryan	10	CASC-CP	41.61
149	Davenport, Daniel J	11	DESA-NM	41.66
150	Knoetze, Ruben	11	ROA-ED	41.90
151	Fouche, Jack	13	CASC-CP	41.97
152	Swartz, Seth J	11	TYGE-CP	42.10
153	Clark, Alexander L	11	UWCA-CP	42.35
154	Van Heerden, Emile L	11	FISH-ED	42.54
155	Odendaal, Riko	12	BARR-CP	42.78
156	Law Hing Choy, Flynn M	11	SAAW-CP	42.82
157	Coetzee, Tristan R	11	FISH-ED	42.97
158	Van der Merwe, Logan	11	TYGE-CP	43.16
159	Lötter, Daniel	11	DESA-NM	43.67
160	Delport, Reynard	11	BEST-NM	43.82
161	Stenekamp, Keanu	12	ASAC-CP	43.90
162	Hucke, Tegan	13	SAAW-CP	44.23
163	Poultney, Daniel	9	CASC-CP	45.24
164	van der Merwe, Naude	11	DESA-NM	46.64
165	Van Zyl, Reghardt D	11	INFA-NM	48.66
166	Harder, Callum R	11	VINE-CP	48.82

## #412 Women 19 &amp; Under 50 LC Meter Butterfly

Name	Age	Team	Seed Time	
1	Bruwer, Casey	15	AACTA-CP	31.16
2	Havemann, Bella	16	ASAC-CP	32.06
3	Faul, Ellen J	14	QSAW-CE	32.06
4	Body, Alice Celeste	14	APNL	32.20
5	Zeelie, Shanna-Leigh	16	BLMA-CP	32.37
6	Jarvis, Jade	17	SAAW-CP	32.49
7	Fabricius, Kaylin	15	CASC-CP	32.52
8	Riley, Logan	14	CASC-CP	32.66
9	Watson, Caitlin C	17	BLMA-CP	32.84
10	Strong, Ava J	15	PEAS-NM	32.88
11	Hager, Carle	15	ASAW-CE	33.12
12	Corrigan, Cara J	17	FISH-ED	33.24
13	Burger, Juanè	14	TYGE-CP	33.29
14	Parimbelli, Maria Teresa	14	APNL	33.34
15	Santos, Neizla Miguela	16	APNL	33.52
16	Theron, Jady	18	PLAY-CE	33.54
17	Vd Westhuizen, Joy	17	AQDO-CP	33.58
18	Vd Merwe, Mia	15	ASAC-CP	33.62
19	Pieterse, Abby L	15	INFA-NM	33.68
20	Morais, Wendy Lukenya	12	APNL	33.78
21	White, Rebecca M	16	SSISA-CP	33.81
22	Vunge, Chelsea Idalina	14	APNL	33.91
23	Kuhn, Tamzyn J	15	SAAW-CP	34.00
24	Charles, Tyla	13	VINE-CP	34.07
25	O'Connor, Kayden C	14	PEAS-NM	34.09
26	O'Carroll, Nia E	14	STAQ-CE	34.10
27	Wilson, Samantha	11	INFA-NM	34.30

28	Pahl, Shelly F	13	QUIC-CP	34.31
29	Jantzen, Zianè	15	QUIC-CP	34.35
30	Van Zyl, Liane	12	UPSK	34.35
31	Van Niekerk, Ona	15	FISH-ED	34.46
32	Loubser, Jenna L	17	SLAQ-CP	34.67
33	Visser, Sandri	16	PLAY-CE	34.67
34	Adams, Sydni M	15	VINE-CP	34.68
35	Blake, Abi E	15	CASC-CP	34.77
36	De Oliveira, Aliyah	15	TYGE-CP	34.79
37	Geldart, Olivia L	11	INFA-NM	34.83
38	Otterbach, Lily	14	TYGE-CP	34.88
39	Avenant, Ankia	14	UPSK	34.89
40	Nienaber, Mila J	13	QSAW-CE	34.91
41	Castleden, Sophia K	12	STAQ-CE	34.98
42	Prins, Tiffany C	14	KTS	34.98
43	Nixon, Sofia	13	VINE-CP	34.99
44	Basson, Lenè	14	CLA-WC	35.04
45	Mack, Kyrah E	15	PEAS-NM	35.06
46	Hendricks, Jada	12	TYGE-CP	35.27
47	Goldman, Jasmine	14	VINE-CP	35.37
48	Douglas, Keyla	11	ROA-ED	35.39
49	Terwin, Brooklyn	12	USC-BU	35.41
50	Rossouw, Emma M	16	TYGE-CP	35.47
51	Butau, Mila T	11	BEST-NM	35.64
52	Gullan, Sophia	12	VINE-CP	35.66
53	McGluwa, Jovanah N	12	CASC-CP	35.67
54	Zhukov, Aleksandra Laris	17	APNL	35.71
55	Longueira, Ava L	12	ASAC-CP	35.82
56	Jordaan, Mikayla E	12	CASC-CP	35.90
57	Lottering, Eirley	13	USC-BU	36.08
58	Dabrowski, Leah A	11	BLMA-CP	36.15
59	Lourens, Mia	13	CASC-CP	36.16
60	Stevenson, Mikayla	12	QUIC-CP	36.35
61	Jewell, Chloe I	16	PEAS-NM	36.50
62	Madeley, Amy O	13	ANAX-CP	36.53
63	Pieterse, Haley	10	INFA-NM	36.54
64	Mfabe, Zingce Z	12	USC-BU	36.77
65	Sonnekus, Anya	13	TYGE-CP	36.84
66	Coetsee, Elke M	10	FISH-ED	36.98
67	Cupido, Kirsten	12	CYBE-CP	37.02
68	Sadler, Arabella J	13	LEGC-ET	37.02
69	Botha, Rebecca P	13	CASC-CP	37.18
70	Strydom, Mia	13	INFA-NM	37.24
71	Van Dyk, Zani	13	ASAC-CP	37.31
72	Pretorius, Kara	12	SSISA-CP	37.31
73	Gerber, Kayla M	12	STAQ-CE	37.32
74	Schou, Lexi	14	SFSC-CP	37.37
75	Venter, Ané	11	FISH-ED	37.76
76	Mauer, Kayden	14	USC-BU	37.78
77	Louw, Mali R	12	WELL-CE	37.80
78	Halford, Harper C	13	MANT-CP	37.86
79	Du Plessis, Leah	12	PEAS-NM	37.92
80	Steyl, Anne M	16	UPSK	38.01
81	Wilensky, Mikayla	11	ASAC-CP	38.05
82	Newkirk, Gia	12	TYGE-CP	38.09
83	Rinquest, Taaliah	17	MARL-CP	38.12
84	Barnes, Caitlin M	12	SAAW-CP	38.35
85	Ristow, Emma K	12	USC-BU	38.36
86	Jurgens, Chloe-Leigh	12	MANT-CP	38.37
87	Makore, Bona M	11	ASAC-CP	38.39
88	Kempson, Savannah	11	APNL	38.41
89	Wyngaard, Dakota J	18	QUIC-CP	38.51
90	Van de Vyver, Mia	12	QSAW-CE	38.75
91	Van Der Byl, Emily	11	USC-BU	38.79
92	Gilligan, Saskia	11	BLMA-CP	38.94
93	Sprong, Jaime M	11	ASAC-CP	39.04
94	Emjedi, Saffiya	12	SAAW-CP	39.05

95	Palha, Isis Gabriela	13	APNL	39.06
96	Kalapac, Lexi	12	SLAQ-CP	39.18
97	Swanepoel, Pia Q	11	ASAC-CP	39.19
98	Pitout, Addison P	10	ASAC-CP	39.22
99	Beyers, Lize M	11	AGAQ-OB	39.28
100	Normington, Olivia	11	XCEL-CP	39.37
101	Perrins, Hayden	11	GREY-CP	39.42
102	Kuhn, Alexa J	11	CASC-CP	39.86
103	Smit, Dione	11	CASC-CP	39.95
104	Adams, Tatum	11	PAQU-CE	40.03
105	Schutzler, Amelia-Rose	12	USC-BU	40.07
106	Du Preez, Kyra J	11	USC-BU	40.17
107	Nieuwoudt, Jenna M	12	SWAR-WC	40.37
108	Hofinger, Charlotte M	11	ASAC-CP	40.43
109	Hengst, Emily A	11	CASC-CP	40.69
110	Daniels, Emily G	11	XCEL-CP	40.98
111	Engelbrecht, Zia-Bella L	11	HTSA-CP	41.84
112	Theron, Alex	12	CASC-CP	42.06
113	Thirsk, Savannah	13	TYGE-CP	42.24
114	Loni, Yama	11	INFA-NM	42.29
115	Vd Wal, Kaylee	11	CASC-CP	42.37
116	Johnson, Ella J	11	SAAW-CP	42.48
117	Stearn, Hannah	11	INFA-NM	42.49
118	Onkruid, Gianna R	11	UWCA-CP	43.11
119	Tembo, Noku L	12	KNYA-ED	43.17
120	Walker, Kayla-Anne	11	CYBE-CP	43.23
121	Adams, Ella	12	TYGE-CP	43.35
122	DU Plessis, Lheané	11	FISH-ED	43.45
123	Scheffer, Shaylee C	10	CASC-CP	43.73
124	Verdon, Leah L	10	VINE-CP	43.78
125	Van Jaarsveld, Bianca I	10	TYGE-CP	44.31
126	Thompson, Riley	12	HARL-BU	44.58
127	Strydom, Marli	11	QUIC-CP	44.60
128	Mahlangu, Ndalo	11	BLMA-CP	44.78
129	Haynes-Smart, Kaitlyn	12	VINE-CP	45.04
130	van der Mescht, Ava	12	DESA-NM	52.21

## #413 Men 99 &amp; Under 50 LC Meter Butterfly Multi-Class Pa

Name	Age	Team	Seed Time	
1	Pardoe, James N	13	SSISA-CP	41.23
2	Hartwig, Connor M	13	HARL-BU	1:04.37

## #415 Men 12 &amp; Under 4x50 LC Meter Medley Relay 4 x 50 I

Team	Relay	Seed Time	
1	INFA-NM	A	2:27.43
	Forsythe, Declan J 11	Van Zyl, Reghardt D 11	
	Stow, David-John 11	van der Westhuizen, Anrich	
2	CASC-CP	A	2:28.97
	Breebaart, Matthew 10	February, Dillon S 12	
	Steyn, Harry 11	Gerber, Luke M 11	
3	SAAW-CP	A	2:32.64
	Laufs, Connor R 12	Desai, Rohin T 11	
	Mallin, Lukas 11	Bendixen, Vidar R 12	
4	VINE-CP	A	2:32.78
	Harder, Callum R 11	Kenmuir, Ethan 12	
	Louw, James 12	Lange, Oliver 11	
5	ROA-ED	A	2:33.29
	Serfontein, John-Lourens 1	Van Wyngaard, Daniël C 11	
	Bond, Ben L 11	Knoetze, Ruben 11	
6	TYGE-CP	A	2:36.23
	Van der Merwe, Logan 11	Perez Castellano, Emilio 11	
	Van Onselen, Pierre S 12	Swartz, Seth J 11	

## #416 Women 12 &amp; Under 4x50 LC Meter Medley Relay 4 x

Team	Relay	Seed Time	
1	INFA-NM	A	2:25.23
	Geldart, Olivia L 11	Pieterse, Haley 10	
	Wilson, Samantha 11	Stearn, Hannah 11	

## SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

## Psych Sheet

## #416 ... (Women 12 &amp; Under 4x50 LC Meter Medley Relay)

Team	Relay	Seed Time
2 USC-BU	A	2:30.18
Christie, Laila A 12	Ristow, Emma K 12	
Terwin, Brooklyn 12	Mfabe, Zingce Z 12	
3 SSISA-CP	A	2:31.55
Tranter, Alexia R 11	Pretorius, Kara 12	
Heldsinger, Gia 12	Parker, Leila E 12	
4 FISH-ED	A	2:33.79
Haldane, Bella 12	DU Plessis, Lhean� 11	
Venter, An� 11	Coetsee, Elke M 10	
5 CASC-CP	A	2:35.61
McGluwa, Jovanah N 12	Vd Wal, Kaylee 11	
Jordaan, Mikayla E 12	Theron, Alex 12	
6 SAAW-CP	A	2:36.73
Pearson-Adams, Oshun O 1	Johnson, Ella J 11	
Barnes, Caitlin M 12	Emjedi, Saffiya 12	
7 TYGE-CP	A	2:38.08
Van Jaarsveld, Bianca I 10	Newkirk, Gia 12	
Hendricks, Jada 12	Adams, Ella 12	
8 USC-BU	B	2:41.03
Kretzmann, Sophie F 11	Du Preez, Kyra J 11	
Van Der Byl, Emily 11	Schutzler, Amelia-Rose 12	
9 VINE-CP	A	2:41.13
Gullan, Sophia 12	Voysey, Ella N 12	
Haynes-Smart, Kaitlyn 12	Lloyd, Jemma A 12	
10 ASAC-CP	A	2:44.70
Sprong, Jaime M 11	Pitout, Addison P 10	
Swanepoel, Pia Q 11	Makore, Bona M 11	

## #417 Men 13-15 4x50 LC Meter Medley Relay 4 x 50 Medle

Team	Relay	Seed Time
1 CASC-CP	A	2:06.42
Njoroge, Alphonse 15	Smith, Tristan A 15	
van Wyk, Tariq K 14	Grobler, Chris I 14	
2 TYGE-CP	A	2:10.94
Heunis, Le Roux 13	Van Rensburg, Janco 14	
Das Neves, Lucas P 15	Wright, Jonah S 14	
3 MARL-CP	A	2:13.45
Gamielidien, Idreess 14	Basson, Trishaun T 15	
Francis, Ethan 13	Samsodien, Saaligh S 14	
4 CYBE-CP	A	2:13.50
Harvey, Waylon 13	Spencer, Charles A 15	
Spencer, Marcus W 13	Niemand, Leo 13	
5 LALE-CE	A	2:15.50
Hodge, Cameron P 14	Muller, Lukas D 13	
Vd Merwe, Thomas 15	VerLoren Van Themaat, Hei	
6 QUIC-CP	A	2:17.33
Troskie, Roean 13	Troskie, Jean 13	
Lichthart, Nicus 14	Coetsee, Sion M 14	
7 ASAC-CP	A	2:18.81
Wenn, Josiah 14	Maughan, Patrick F 12	
Viljoen, Jagger F 12	Pitout, Zachary J 13	
8 SAAW-CP	A	2:20.00
Ramorwesi, Oratilwe M 13	Field, Joshua J 15	
Bendixen, Vidar R 12	Hucke, Tegan 13	
9 MANT-CP	A	2:20.00
Fortune, Yaseen 14	Fortune, Hakeem 13	
Addinall, Ethan 14	Jacobs, Seth G 12	
10 USC-BU	A	2:25.83
Cook, Jedd R 14	Nolands, Reece T 14	
Kretzmann, Kaleb B 14	Lubbe, Alex C 13	
11 VINE-CP	A	2:27.79
Louw, James 12	Theron, Oloff A 14	
Kenmuir, Ethan 12	Lange, Oliver 11	
12 BARR-CP	A	2:34.95
Janse van Rensburg, Dani�l	Kleynhans, Michael 10	
Heunis, Johan C 11	Swanepoel, Roehan J 11	

## #418 Women 13-15 4x50 LC Meter Medley Relay 4 x 50 Me

Team	Relay	Seed Time
1 VINE-CP	A	2:16.87
Johannes, Ty 15	Charles, Tyla 13	
Nixon, Sofia 13	Adams, Sydney M 15	
2 CASC-CP	A	2:17.02
Riley, Logan 14	Fabricius, Kaylin 15	
Blake, Abi E 15	Botha, Rebecca P 13	
3 PEAS-NM	A	2:19.12
Strong, Ava J 15	O'Connor, Kayden C 14	
McLean, Daniella L 13	Mack, Kyrah E 15	
4 TYGE-CP	A	2:22.12
Burger, Juan� 14	De Oliveira, Aliyah 15	
Otterbach, Lily 14	Senekal, Margo 15	
5 ASAC-CP	A	2:25.11
Knott, Cayleigh 11	Van Dyk, Zani 13	
Vd Merwe, Mia 15	Longueira, Ava L 12	
6 LALE-CE	A	2:25.78
Bircher, Storm Z 13	Baillie, Gabi J 15	
Van Tromp, Seruby 14	Van Wyk, Josie 13	
7 USC-BU	A	2:26.91
Murray, Demi J 14	Mauer, Kayden 14	
Lottering, Eirley 13	Joubert, Liandi 13	
8 SAAW-CP	A	2:29.50
Robinson, Alana 14	Latimer, Olivia H 13	
Kuhn, Tamzyn J 15	Benade, Aria 10	

## #419 Men 16-19 4x50 LC Meter Medley Relay 4 x 50 Medle

Team	Relay	Seed Time
1 SAAW-CP	A	1:58.87
Van der Merwe, Josh E 16	Zellie, Thomas J 17	
Gilbert, Thomas O 17	Pincente, Matthew 17	
2 APNL	A	2:01.30
Zhukov, Oleksander Mario	Manuel, Silverio Fernando	
Sousa, Guilherme Machado	Fernandes, Carlos Daniel 15	
3 ASAC-CP	A	2:02.50
Arnott, Carter J 16	Townsend, Lucan D 16	
De Jager, Nathan B 16	Viljoen, Jaden R 16	
4 PEAS-NM	A	2:02.54
Sheard, Dylan J 17	Hlangothi, Munguni S 17	
Copteros, Ilyo B 17	Nash, Daniel A 17	
5 CASC-CP	A	2:04.59
Lombard, Kyle M 17	Hendricks, Joshua 18	
Simpson, Jesse 16	Krause, Luke 14	
6 WALM-CP	A	2:06.78
Beukes, Jaden L 15	Beukes, Mateo A 19	
Pedro, Tamkeen 17	Pedro, Maahier 13	
7 SLAQ-CP	A	2:07.11
Nagendrakumar, Puneet 14	Willenburg, Elijah K 14	
Kalapac, Joshua 16	Daniels, Joshua D 14	
8 SSISA-CP	A	2:08.27
Kleinhans, Kyle 18	Poggenpoel, Troy J 15	
Williams, Evan B 15	Pardoe, James N 13	

## #420 Women 16-19 4x50 LC Meter Medley Relay 4 x 50 Me

Team	Relay	Seed Time
1 APNL	A	2:17.02
Santo, Rhanya Espirito 15	Santos, Neizla Miguela 16	
Body, Alice Celeste 14	Zhukov, Aleksandra Larissa	
2 BLMA-CP	A	2:21.57
Louw, Alexa 17	Dabrowski, Leah A 11	
Zeelie, Shanna-Leigh 16	Watson, Caitlin C 17	
3 QUIC-CP	A	2:24.96
Stevens, Judy C 16	Serfontein, Christi 16	
Bosman, Jessica A 16	Wyngaard, Dakota J 18	
4 SSISA-CP	A	4:25.00
Myers, Kirsten E 14	Edwards, Reese J 16	
White, Rebecca M 16	Heldsinger, Alexa L 14	

## #421 Mixed 12 &amp; Under 4x100 LC Meter Freestyle Relay 4

Team	Relay	Seed Time
1 SAAW-CP	A	4:43.29
Mallin, Lukas M11	Johnson, Ella J W11	
Barnes, Caitlin M W12	Desai, Rohin T M11	
2 VINE-CP	A	4:48.00
Gullan, Sophia W12	Louw, James M12	
Haynes-Smart, Kaitlyn W12	Lange, Oliver M11	
3 INFA-NM	A	4:48.24
Pieterse, Haley W10	Stow, David-John M11	
van der Westhuizen, Anri�	Geldart, Olivia L W11	
4 CASC-CP	A	4:48.28
February, Dillon S M12	McGluwa, Jovanah N W12	
Steyn, Harry M11	Theron, Alex W12	
5 TYGE-CP	A	4:56.07
Perez Castellano, Emilio M1	Adams, Ella W12	
Hendricks, Jada W12	Van Onselen, Pierre S M12	
6 ASAC-CP	A	4:59.61
Makore, Bona M W11	Maughan, Patrick F M12	
Pitout, Addison P W10	Goodall, Aaron M12	
7 MANT-CP	A	5:02.56
Sebastian, Alexander M11	Jurgens, Chloe-Leigh W12	
Jacobs, Seth G M12	Barthus, Alessia W12	
8 FISH-ED	A	5:04.96
Coetsee, Tristan R M11	Haldane, Bella W12	
Van Heerden, Emile L M11	Coetsee, Elke M W10	
9 INFA-NM	B	5:10.07
Stearn, Hannah W11	Van Zyl, Reghardt D M11	
Forsythe, Declan J M11	Wilson, Samantha W11	

## #422 Mixed 13-15 4x100 LC Meter Freestyle Relay 4 x 100

Team	Relay	Seed Time
1 TYGE-CP	A	4:14.88
Wright, Jonah S M14	Burger, Juan� W14	
Senekal, Margo W15	Das Neves, Lucas P M15	
2 LALE-CE	A	4:17.64
VerLoren Van Themaat, Hei	Van Wyk, Josie W13	
Van Tromp, Seruby W14	Vd Merwe, Thomas M15	
3 CASC-CP	A	4:20.53
Njoroge, Alphonse M15	Botha, Rebecca P W13	
Grobler, Chris I M14	Fabricius, Kaylin W15	
4 PEAS-NM	A	4:22.29
Andrews, Carl R M15	Jenkins, Finn R M15	
Strong, Ava J W15	O'Connor, Kayden C W14	
5 ASAC-CP	A	4:33.66
Vd Merwe, Mia W15	Van Dyk, Zani W13	
Pitout, Zachary J M13	Wenn, Josiah M14	
6 SAAW-CP	A	4:34.50
Ramorwesi, Oratilwe M M1	Field, Joshua J M15	
Kuhn, Tamzyn J W15	Pearson-Adams, Oshun O V	
7 SLAQ-CP	A	4:37.01
Daniels, Joshua D M14	Kalapac, Lexi W12	
Messiter-Tooze, Luna S W1	Nagendrakumar, Puneet M	
8 VINE-CP	A	4:39.34
Adams, Sydney M W15	Gullan, Sophia W12	
Theron, Oloff A M14	Akinci, Can Batu M13	
9 CYBE-CP	A	4:42.00
Spencer, Charles A M15	Spencer, Marcus W M13	
Cupido, Kirsten W12	Walker, Kayla-Anne W11	
10 KNYA-ED	A	4:56.73
Swanepoel, Hallett J M12	Parr, Riley C M11	
Tembo, Noku L W12	Harper, Maddie I W14	

## #423 Mixed 16-24 4x100 LC Meter Freestyle Relay 4 x 100

Team	Relay	Seed Time
1 APNL	A	3:58.43
Santo, Rhanya Espirito W15		

## SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

## Psych Sheet

## #423 ... (Mixed 16-24 4x100 LC Meter Freestyle Relay 4 x

2	SAAW-CP	A	4:11.46
	Pincente, Matthew M17	Zellie, Thomas J M17	
	Jarvis, Jade W17	Latimer, Olivia H W13	
3	CASC-CP	A	4:13.76
	Lombard, Kyle M M17	Hendricks, Joshua M18	
	Riley, Logan W14	Blake, Abi E W15	
4	ASAW-CE	A	4:17.61
	Boonzaaier, Simon F M18	Hager, Carle W15	
	Röntgen, Carine W16	Schreuder, Steffen M17	
5	BLMA-CP	A	4:23.12
	Coleman, Travis M13	Van Dyk, Stephaan M14	
	Zeelie, Shanna-Leigh W16	Louw, Alexa W17	
6	PEAS-NM	A	4:23.43
	Hlangothi, Munguni S M17	Copteros, Ilyo B M17	
	Delpport, Milla W16	Jewell, Chloe I W16	
7	UPSK	A	4:25.16
	Steyl, Douw L M18	Kruger, Rikhardt M13	
	Avenant, Ankia W14	Steyl, Anne M W16	