

## SA Level 3 Regional Age Group Champs 2024-KZ - 26/03/2025 to 29/03/2025

## Psych Sheet

#101 Men 11 & Under 400 LC Meter Freestyle				4 Viseu, Keanu E 15 CBM 4:52.84				30 Muller, Nathan 14 WSTV-ET 1:04.80			
Name	Age	Team	Seed Time	5 Van Der Westhuizen, Janu 15 STSC-KC 4:55.68				31 Allison, Troy G 13 AZON-ET 1:05.00			
1 Potgieter, Caleb J	11	SEAL-UM	5:37.46	6 Grobbelaar, Jamey L 15 LEGC-ET 4:58.73				32 Fernandes, Luca A 13 AZON-ET 1:05.54			
2 Haslam, Seth J	11	KLOO-ET	5:40.72	7 Henwood-Fox, Ben H 15 SEALE-ET 4:59.19				33 Tapú, Taibo C 14 CDTM 1:05.57			
3 Rodrigues, Kael	11	CBM	5:41.27	#110 Women 15 Year Olds 400 LC Meter Freestyle				34 Maclachlan, Connor B 13 OHAN-IL 1:06.27			
4 Scott, Logan W	11	BLSS-MA	5:45.70	Name	Age	Team	Seed Time	35 McCracken, James F 13 LEGC-ET 1:06.80			
5 Nagel, Gideon P	11	BLSS-MA	5:46.58	1 Annandale, Lili	15	BLSS-MA	5:05.63	36 De Fleuriot, Matthew 13 SEALE-ET 1:06.83			
6 Slabber, Willem J	11	SEAL-UM	6:11.52	2 Van Rensburg, Marne'	15	BLSS-MA	5:17.10	37 Pioris, Whato E 12 CBM 1:07.68			
#102 Women 11 & Under 400 LC Meter Freestyle				3 Volschenk, Anja	15	BLSS-MA	5:18.66	38 Brummer, Eron A 17 BEAV-ET 1:07.93			
Name	Age	Team	Seed Time	4 Walton, Amy L	15	AZON-ET	5:22.18	39 Winkel, Liam H 14 LEGC-ET 1:08.28			
1 Symington, Arabella G	11	ACES-ET	5:32.34	5 Schuch, Talitha	15	LEGC-ET	5:45.69	40 Raynard, Enzo N 13 SEALE-ET 1:08.54			
2 Johns, Grace A	11	OHAN-IL	5:43.07	#111 Men 16 Year Olds 400 LC Meter Freestyle				41 Myeza, Ronewa 13 FRA-KC 1:08.65			
3 Morgado, Hannah O	11	CSA-EZ	5:45.85	Name	Age	Team	Seed Time	42 Slabber, Willem J 11 SEAL-UM 1:08.91			
4 McQueen, Leanne C	11	BLSS-MA	5:53.86	1 Smit, Jaques	16	BLSS-MA	4:44.27	43 Irving, Hayden J 13 KLOO-ET 1:09.22			
#103 Men 12 Year Olds 400 LC Meter Freestyle				2 Ntaka, Siyanda L	16	UMSH-ET	4:46.90	44 Ehlers, Josh 14 ASA-IL 1:09.29			
Name	Age	Team	Seed Time	3 Freitag, Heinrich	16	AZON-ET	4:54.12	45 Seppings, Malakai J 11 ASA-IL 1:09.51			
1 Koegelenberg, Peter	12	BLUO-UG	5:12.57	#112 Women 16 Year Olds 400 LC Meter Freestyle				46 Basto, Goncalo M 12 CDTM 1:10.01			
2 Henze, Anakin	12	WSTV-ET	5:24.23	Name	Age	Team	Seed Time	47 Hodgson, Jake A 11 OHAN-IL 1:10.43			
3 Smuts, Conor J	12	AZON-ET	5:43.37	1 Lally, Jenna-Mae	16	BEAV-ET	5:03.11	48 Pieterse, Nielan 13 MGSC-UG 1:10.50			
4 Pioris, Whato E	12	CBM	5:47.54	2 Frylinck, Mareze	16	BLSS-MA	5:06.14	49 Basson, Gabriel J 13 SEALE-ET 1:10.60			
#104 Women 12 Year Olds 400 LC Meter Freestyle				3 Tselentis, Maria	16	OHAN-IL	5:19.33	50 Koegelenberg, Peter 12 BLUO-UG 1:11.52			
Name	Age	Team	Seed Time	4 Ntaka, Ayanda A	16	UMSH-ET	5:22.54	51 Naidoo, Riley M 13 BEAV-ET 1:11.62			
1 Hoar, Lily	12	KLOO-ET	5:49.77	5 Naidoo, Hannah	16	BEAV-ET	5:35.38	52 Haslam, Seth J 11 KLOO-ET 1:11.71			
2 van Heerden, Lia	12	BS-LL	5:58.83	#113 Men 17-19 400 LC Meter Freestyle				53 Massih, Kyle A 14 IND-M 1:11.85			
3 Tait, Holli	12	KLOO-ET	6:12.06	Name	Age	Team	Seed Time	54 Jacobs, Reynhardt D 11 TUKS-TS 1:11.99			
#105 Men 13 Year Olds 400 LC Meter Freestyle				1 Botha, Julian E	18	SEAL-UM	4:28.37	55 Rohde, Kade E 11 AZON-ET 1:12.13			
Name	Age	Team	Seed Time	2 Henwood-Fox, Guy P	17	SEALE-ET	4:36.46	56 Freeman-Smith, Liam A 12 PSCP-UM 1:12.15			
1 Crutchley, Connor M	13	SEAL-UM	5:05.00	3 Brummer, Eron A	17	BEAV-ET	5:04.61	57 Henze, Anakin 12 WSTV-ET 1:12.94			
2 Maclachlan, Connor B	13	OHAN-IL	5:07.74	#114 Women 17-19 400 LC Meter Freestyle				58 Dlamini, Nchubeko M 11 AZON-ET 1:13.40			
3 Naidoo, Riley M	13	BEAV-ET	5:22.55	Name	Age	Team	Seed Time	59 Rodrigues, Kael 11 CBM 1:14.11			
4 Myeza, Ronewa	13	FRA-KC	5:39.80	1 Cameron, Samantha	17	IND-M	5:07.35	60 Smit, Jayson A 11 SEAL-UM 1:14.27			
5 Fernandes, Luca A	13	AZON-ET	5:42.12	2 Fick, Aruli	17	USH-KC	5:13.48	61 Turner, Campbell T 12 PSCP-UM 1:14.28			
#106 Women 13 Year Olds 400 LC Meter Freestyle				#201 Men 19 & Under 100 LC Meter Freestyle				#202 Women 19 & Under 100 LC Meter Freestyle			
Name	Age	Team	Seed Time	Name	Age	Team	Seed Time	Name	Age	Team	Seed Time
1 Van Viegen, Ella A	13	BLSS-MA	5:20.62	1 Marcos, Elmer R	16	CDTM	56.82	1 Frylinck, Mareze	16	BLSS-MA	1:03.36
2 Du Toit, Lisa R	13	SEAL-UM	5:26.93	2 Steyn, Le Roux L	17	GHSK	57.27	2 Azran, Jordana K	17	KLOO-ET	1:04.01
3 Logie, Courtney A	13	KLOO-ET	5:30.17	3 Le Roux, Caden	15	LEGC-ET	57.97	3 Smith, Jessica P	16	ASA-IL	1:05.61
4 Janse van Rensburg, Mia	13	MGSC-UG	5:33.80	4 Bees-Atkinson, Preston T	15	OHAN-IL	58.06	4 Cameron, Samantha	17	IND-M	1:06.09
5 Zietsman, Lika	13	BLSS-MA	5:33.92	5 Watt, Alexander C	17	AZON-ET	58.07	5 Van Rensburg, Marne'	15	BLSS-MA	1:06.37
6 Van der Merwe, Ami	13	FSE-KC	5:38.40	6 Smit, Jaques	16	BLSS-MA	58.65	6 Hulse, Milla C	15	AZON-ET	1:06.41
7 Azar, Caylie S	13	BLSS-MA	5:40.02	7 Botha, Julian E	18	SEAL-UM	58.79	7 Welgemoed, Isabelle	14	BLSS-MA	1:06.55
8 Slabber, Abi A	13	SEAL-UM	5:47.10	8 Viseu, Keanu E	15	CBM	58.91	8 Volschenk, Anja	15	BLSS-MA	1:06.68
9 Hughes, Cara	13	FRA-KC	6:14.76	9 Dos Santos, Abdul R	16	CDTM	58.99	9 Van Schalkwyk, Mayli	14	ASA-IL	1:06.68
#107 Men 14 Year Olds 400 LC Meter Freestyle				10 Schonken, Eliah	14	WSTV-ET	59.24	10 Gouws, Riley	14	ASA-IL	1:06.87
Name	Age	Team	Seed Time	11 Cole, Ethan	15	MGSC-UG	59.53	11 Annandale, Lili	15	BLSS-MA	1:06.96
1 Dos Santos Farias, Kaique	14	CBM	4:57.27	12 Naidoo, Saieshan N	15	BEAV-ET	59.65	12 Eybers, Carli E	13	VHD-ZL	1:06.97
2 Massih, Kyle A	14	IND-M	5:13.56	13 Marques, Rodrigo D	15	CBM	1:00.27	13 Van Heerden, Bella J	14	WSTV-ET	1:07.03
3 Stead, Owen B	14	FRA-KC	5:17.19	14 Byleveld, Tristan M	16	USH-KC	1:00.49	14 Maritz, Violet T	13	SEAL-UM	1:07.08
4 Watt, Cameron B	14	AZON-ET	5:18.50	15 Joubert, Owen C	15	AZON-ET	1:00.70	15 Cameron, Molly	14	IND-M	1:07.20
5 Delpport, Thomas J	14	BLUO-UG	NT	16 Delpport, Thomas J	14	BLUO-UG	1:01.70	16 Coetzer, Clarise	17	STSC-KC	1:07.27
#108 Women 14 Year Olds 400 LC Meter Freestyle				17 Pretorius, Marnus E	14	VHD-ZL	1:01.84	17 Filday, Deryn S	14	AZON-ET	1:07.28
Name	Age	Team	Seed Time	18 Massih, Arvin A	15	IND-M	1:02.01	18 Pieterse, Anouske	14	MGSC-UG	1:07.60
1 Welgemoed, Isabelle	14	BLSS-MA	5:18.38	19 Drummond, Matthew C	14	AZON-ET	1:02.13	19 Saint, Tara	15	KLOO-ET	1:07.78
2 Filday, Deryn S	14	AZON-ET	5:24.75	20 Schroeder, Andre M	15	AZON-ET	1:02.35	20 Fick, Aruli	17	USH-KC	1:08.10
3 Muller, Alexis S	14	AZON-ET	5:26.58	21 Crutchley, Connor M	13	SEAL-UM	1:02.66	21 Neizel, Megan J	16	PSCP-UM	1:08.26
4 Pool, Johandri	14	BLSS-MA	5:56.79	22 Van Der Westhuizen, Janu	15	STSC-KC	1:02.83				
#109 Men 15 Year Olds 400 LC Meter Freestyle				23 Dos Santos Farias, Kaique	14	CBM	1:02.84				
Name	Age	Team	Seed Time	24 Liversage, Liam W	17	BLSS-MA	1:02.98				
1 Joubert, Owen C	15	AZON-ET	4:44.16	25 Ngandu, Loic K	14	ASA-IL	1:03.40				
2 Massih, Arvin A	15	IND-M	4:48.41	26 Freitag, Heinrich	16	AZON-ET	1:03.65				
3 Marques, Rodrigo D	15	CBM	4:50.06	27 Stead, Owen B	14	FRA-KC	1:03.80				
				28 Prinsloo, Joshua M	16	STSC-KC	1:03.87				
				29 Watt, Cameron B	14	AZON-ET	1:04.14				

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## #202 ... (Women 19 &amp; Under 100 LC Meter Freestyle)

22	Van De Ruit, Carly A	14	AZON-ET	1:08.34
23	Dutton, Katelyn P	13	AZON-ET	1:08.34
24	Gaines, Ruby K	16	SEALE-ET	1:08.54
25	Santos, Alex G	16	PSCP-UM	1:08.63
26	Van Viegen, Ella A	13	BLSS-MA	1:08.66
27	Van der Merwe, Hannah S	14	PSCP-UM	1:09.19
28	Leiper, Isla C	14	LEGC-ET	1:09.26
29	Du Toit, Lisa R	13	SEAL-UM	1:09.81
30	Slabber, Abi A	13	SEAL-UM	1:10.07
31	Tselentis, Maria	16	OHAN-IL	1:10.22
32	Zietsman, Lika	13	BLSS-MA	1:10.39
33	Brown, Evalyn	14	LEGC-ET	1:10.59
34	Palframan, Sisanda B	12	SEAL-UM	1:10.84
35	Lally, Jenna-Mae	16	BEAV-ET	1:11.17
36	Kidgell, Sienna M	14	AZON-ET	1:11.24
37	Clowes, Cailyn	14	PSCP-UM	1:11.37
38	Van der Merwe, Ami	13	FSE-KC	1:11.65
39	Naidoo, Hannah	16	BEAV-ET	1:11.78
40	Pillay, Delija	12	VHD-ZL	1:11.81
41	Pabalinga, Reabetswe T	12	KLOO-ET	1:11.84
42	Fischer, Anika	17	CBM	1:11.90
43	Sykes, Sarah J	14	PSCP-UM	1:12.09
44	Symington, Arabella G	11	ACES-ET	1:12.24
45	Botha, Olivia A	13	OHAN-IL	1:13.25
46	Kalp, Ella A	12	AZON-ET	1:13.33
47	Wang, Emily S	12	OHAN-IL	1:13.45
48	Johns, Grace A	11	OHAN-IL	1:13.53
49	Vorster, Arinda	13	BLSS-MA	1:13.66
50	Palframan, Layla G	11	SEAL-UM	1:13.99
51	Morgado, Hannah O	11	CSA-EZ	1:14.31
52	Schofield, Sarah A	12	SEALE-ET	1:14.42
53	Van Heerden, Lia	12	BS-LL	1:14.46
54	Filday, Ziva L	13	AZON-ET	1:14.57
55	Ngema, Olwe S	12	FRA-KC	1:14.57
56	Azar, Caylie S	13	BLSS-MA	1:14.85
57	Logie, Courtney A	13	KLOO-ET	1:15.05
58	Mwandla, Senzelwe	12	PSCP-UM	1:15.61
59	Budram, Elah-Mae I	12	PSCP-UM	1:15.76
60	Pool, Johandri	14	BLSS-MA	1:15.97
61	Janse van Rensburg, Mia	13	MGSC-UG	1:16.29
62	Van Wyk, Jessica	13	SEAL-UM	1:16.49
63	Hoar, Lily	12	KLOO-ET	1:16.55
64	Jacobs, Xia K	11	WSTV-ET	1:16.82
65	Ronnie, Addyson H	13	PSCP-UM	1:16.95
66	Nchumali, Kwicia	11	CBM	1:17.44
67	Booyesen, Morgan H	11	PSCP-UM	1:18.38
68	Van der Linde, Kaylie K	11	SEAL-UM	1:18.46
69	Crossman, Chelsey M	11	BLSS-MA	1:18.94
70	McQueen, Leanne C	11	BLSS-MA	1:19.08
71	Coetzer, Alyssa M	12	AZON-ET	1:19.73
72	Fowler, Tenley P	11	AZON-ET	1:21.45
73	Couzens, Holly G	11	SGUL-ET	1:22.71
74	Radebe, Zekh S	12	PSCP-UM	1:23.54

## #204 Women 99 &amp; Under 200 LC Meter IM Multi-Class Para

Name	Age	Team	Seed Time
1 Haselau, Savanna N SM14	19	PSCP-UM	4:16.99

## #205 Men 19 &amp; Under 100 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Van Heerden, Aiden J	17	WSTV-ET	1:12.29
2	António, Ukay A	17	CDTM	1:12.40
3	Marques, Rodrigo D	15	CBM	1:15.15
4	Cohen, Mason	15	CDTM	1:16.06
5	Smit, Jaques	16	BLSS-MA	1:18.17

6	Grobelaar, Jamey L	15	LEGC-ET	1:18.25
7	Calado, Denilson M	15	CDTM	1:18.64
8	Byleveld, Tristan M	16	USH-KC	1:18.85
9	Gilson, Samuel D	14	PSCP-UM	1:18.87
10	Sento, Leruo	15	SWC	1:19.36
11	Naidoo, Saieshan N	15	BEAV-ET	1:19.39
12	Nhampossa, Tonio	14	CDTM	1:19.63
13	Patricio, Cristiane H	16	CDTM	1:19.66
14	Khosa, Yanni B	15	CDTM	1:19.76
15	Liversage, Liam W	17	BLSS-MA	1:21.95
16	Allison, Troy G	13	AZON-ET	1:22.90
17	Van Der Westhuizen, Janu	15	STSC-KC	1:24.14
18	Muller, Nathan	14	WSTV-ET	1:24.21
19	Ralfe, Jack W	13	PSCP-UM	1:24.23
20	Massih, Kyle A	14	IND-M	1:24.70
21	Crutchley, Connor M	13	SEAL-UM	1:25.50
22	Ehlers, Josh	14	ASA-IL	1:25.56
23	Kooijman, Conner W	13	SEALE-ET	1:27.17
24	Seppings, Malakai J	11	ASA-IL	1:27.32
25	McCracken, James F	13	LEGC-ET	1:27.65
26	Myeza, Renewa	13	FRA-KC	1:27.90
27	Drummond, Matthew C	14	AZON-ET	1:28.16
28	De Fleuriot, Matthew	13	SEALE-ET	1:29.39
29	Raynard, Enzo N	13	SEALE-ET	1:29.88
30	Pieterse, Nielan	13	MGSC-UG	1:29.92
31	Prinsloo, Joshua M	16	STSC-KC	1:30.66
32	Basson, Gabriel J	13	SEALE-ET	1:31.02
33	Bann, Rourke D	12	AZON-ET	1:31.28
34	Koegelenberg, Peter	12	BLUO-UG	1:31.70
35	Scott, Logan W	11	BLSS-MA	1:32.12
36	Steyn, Michael	13	VHD-ZL	1:32.22
37	Turner, Campbell T	12	PSCP-UM	1:32.80
38	Smit, Jayson A	11	SEAL-UM	1:33.95
39	Jacobs, Reynhardt D	11	TUKS-TS	1:34.20
40	Smuts, Conor J	12	AZON-ET	1:34.82
41	Freeman-Smith, Liam A	12	PSCP-UM	1:35.51
42	Rodrigues, Kael	11	CBM	1:35.54
43	Wessels, Charl J	12	BLSS-MA	1:35.59
44	Nagel, Gideon P	11	BLSS-MA	1:35.91
45	Swart, Petrus J	10	BLSS-MA	1:36.31
46	Hodgson, Jake A	11	OHAN-IL	1:36.78
47	Naidoo, Riley M	13	BEAV-ET	1:38.83
48	Pillay, Quade Z	11	PSCP-UM	1:39.60
49	Haslam, Seth J	11	KLOO-ET	1:40.55
50	Scott, Kingsley J	11	OHAN-IL	1:40.71
51	Hoffman, Anande N	11	SEAL-UM	1:44.15
52	Dlamini, Nchubeko M	11	AZON-ET	1:47.06

## #206 Women 19 &amp; Under 100 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Van Tonder, Chanel	15	SEAL-UM	1:24.17
2	Dutton, Katelyn P	13	AZON-ET	1:25.59
3	Coetzer, Clarise	17	STSC-KC	1:26.37
4	Van Heerden, Bella J	14	WSTV-ET	1:26.63
5	Coetzer, Cherise	17	STSC-KC	1:26.64
6	Tselentis, Maria	16	OHAN-IL	1:26.68
7	Schuch, Talitha	15	LEGC-ET	1:26.91
8	Vasco, Kyara C	15	CDTM	1:26.99
9	Frylinck, Mareze	16	BLSS-MA	1:27.36
10	Fick, Aruli	17	USH-KC	1:27.69
11	Van Rooyen, Isabella S	13	SEALE-ET	1:27.78
12	Grobler, Leandri	15	VHD-ZL	1:28.28
13	Pool, Johandri	14	BLSS-MA	1:28.51
14	Van der Merwe, Ami	13	FSE-KC	1:28.67
15	Fischer, Anika	17	CBM	1:28.70
16	Sykes, Sarah J	14	PSCP-UM	1:28.73
17	Walton, Amy L	15	AZON-ET	1:29.01

18	Clowes, Cailyn	14	PSCP-UM	1:29.20
19	Smith, Jessica P	16	ASA-IL	1:29.48
20	Maritz, Violet T	13	SEAL-UM	1:29.53
21	Van Wyk, Jessica	13	SEAL-UM	1:29.78
22	Cameron, Samantha	17	IND-M	1:29.81
23	Van Zijl, Tatum	12	OHAN-IL	1:30.40
24	Leiper, Isla C	14	LEGC-ET	1:31.38
25	Botha, Olivia A	13	OHAN-IL	1:31.84
26	Vorster, Arinda	13	BLSS-MA	1:32.21
27	Ronnie, Addyson H	13	PSCP-UM	1:32.70
28	Van Rensburg, Marne'	15	BLSS-MA	1:33.21
29	Gouws, Riley	14	ASA-IL	1:33.23
30	Hughes, Cara	13	FRA-KC	1:33.29
31	Ntaka, Ayanda A	16	UMSH-ET	1:33.70
32	Welgemoed, Isabelle	14	BLSS-MA	1:34.16
33	Palframan, Sisanda B	12	SEAL-UM	1:34.16
34	Fowler, Tenley P	11	AZON-ET	1:35.14
35	Jacobs, Xia K	11	WSTV-ET	1:36.16
36	Tait, Hollie	12	KLOO-ET	1:37.52
37	Budram, Elah-Mae I	12	PSCP-UM	1:37.59
38	Radebe, Zekh S	12	PSCP-UM	1:38.39
39	Steyn, Jessica	11	VHD-ZL	1:38.98
40	Mwandla, Senzelwe	12	PSCP-UM	1:39.45
41	Janse van Rensburg, Mia	13	MGSC-UG	1:39.70
42	Pillay, Delija	12	VHD-ZL	1:40.36
43	Johns, Grace A	11	OHAN-IL	1:40.81
44	Logie, Courtney A	13	KLOO-ET	1:40.89
45	McQueen, Leanne C	11	BLSS-MA	1:42.35
46	Booyesen, Morgan H	11	PSCP-UM	1:42.40
47	Crossman, Chelsey M	11	BLSS-MA	1:44.27
48	Couzens, Holly G	11	SGUL-ET	1:45.32
49	Maritz, Ava L	11	SEAL-UM	1:49.76

## #207 Men 19 &amp; Under 200 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	De Sousa, Hugo L	17	CDTM	2:23.13
2	Joubert, Owen C	15	AZON-ET	2:30.58
3	Rai, Gabriel A	14	ASA-IL	2:30.88
4	Menete, Lazaro	15	CDTM	2:32.42
5	Liversage, Liam W	17	BLSS-MA	2:33.71
6	Branquinho, Voiky M	14	CDTM	2:35.65
7	Freitag, Heinrich	16	AZON-ET	2:35.83
8	Brummer, Eron A	17	BEAV-ET	2:36.01
9	Smit, Jaques	16	BLSS-MA	2:37.74
10	Winkel, Liam H	14	LEGC-ET	2:41.66
11	Dos Santos Farias, Kaique	14	CBM	2:42.67
12	Henze, Anakin	12	WSTV-ET	2:48.25
13	Rohde, Kade E	11	AZON-ET	2:49.24
14	Drummond, Matthew C	14	AZON-ET	2:49.88
15	Fernandes, Luca A	13	AZON-ET	2:51.23
16	Watt, Cameron B	14	AZON-ET	2:56.40
17	Jacobs, Reynhardt D	11	TUKS-TS	2:58.78
18	Pioris, Whato E	12	CBM	2:59.29
19	Scott, Logan W	11	BLSS-MA	3:00.25
20	Naidoo, Riley M	13	BEAV-ET	3:01.84
21	Swart, Petrus J	10	BLSS-MA	3:03.81
22	Slabber, Willem J	11	SEAL-UM	3:15.86

## #208 Women 19 &amp; Under 200 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	Frylinck, Mareze	16	BLSS-MA	2:41.52
2	Lally, Jenna-Mae	16	BEAV-ET	2:44.43
3	Cameron, Samantha	17	IND-M	2:45.55
4	Neizel, Megan J	16	PSCP-UM	2:45.66
5	Van De Ruit, Carly A	14	AZON-ET	2:46.10
6	Muller, Alexis S	14	AZON-ET	2:46.31
7	Van Rooyen, Isabella S	13	SEALE-ET	2:48.37

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## #208 ... (Women 19 &amp; Under 200 LC Meter Backstroke)

8	du Plessis, Ilanze	16	BETH-FD	2:48.54
9	Filday, Deryn S	14	AZON-ET	2:49.39
10	Naidoo, Hannah	16	BEAV-ET	2:50.03
11	Van den Heever, Liv M	13	AZON-ET	2:50.21
12	Hulse, Milla C	15	AZON-ET	2:50.32
13	Zietsman, Lika	13	BLSS-MA	2:50.74
14	Santos, Alex G	16	PSCP-UM	2:51.04
15	Bishop, Gaby	16	BETH-FD	2:51.07
16	Van Rensburg, Marne'	15	BLSS-MA	2:51.53
17	Brown, Evalyn	14	LEGC-ET	2:51.77
18	Saint, Tara	15	KLOO-ET	2:52.76
19	Azran, Jordana K	17	KLOO-ET	2:53.23
20	Volschenk, Anja	15	BLSS-MA	2:53.71
21	Van Schalkwyk, Mayli	14	ASA-IL	2:56.59
22	Van Viegen, Ella A	13	BLSS-MA	2:56.65
23	Annandale, Lili	15	BLSS-MA	2:56.67
24	Coetzer, Cherise	17	STSC-KC	2:56.72
25	Filday, Ziva L	13	AZON-ET	2:58.10
26	Pabalinga, Reabetswe T	12	KLOO-ET	2:59.82
27	Slabber, Abi A	13	SEAL-UM	2:59.97
28	Johns, Grace A	11	OHAN-IL	3:00.06
29	Kidgell, Sienna M	14	AZON-ET	3:02.02
30	Nchumali, Kwicia	11	CBM	3:04.47
31	Tait, Holli	12	KLOO-ET	3:04.55
32	Du Toit, Lisa R	13	SEAL-UM	3:04.83
33	Hoar, Lily	12	KLOO-ET	3:04.98
34	Coetzer, Alyssa M	12	AZON-ET	3:06.06
35	Wang, Emily S	12	OHAN-IL	3:08.14
36	Azar, Caylie S	13	BLSS-MA	3:08.70
37	Kalp, Ella A	12	AZON-ET	3:10.17
38	van Heerden, Lia	12	BS-LL	3:10.67
39	Morgado, Hannah O	11	CSA-EZ	3:12.35
40	McQueen, Leanne C	11	BLSS-MA	3:12.78
41	Van Zijl, Tatum	12	OHAN-IL	3:14.09
42	Vorster, Arinda	13	BLSS-MA	3:17.45
43	Crossman, Chelsey M	11	BLSS-MA	3:21.03

## #211 Men 19 &amp; Under 100 LC Meter Butterfly

Name	Age	Team	Seed Time	
1	Dos Santos, Abdul R	16	CDTM	1:02.04
2	Bees-Atkinson, Preston T	15	OHAN-IL	1:03.86
3	Botha, Julian E	18	SEAL-UM	1:03.91
4	Marcos, Elmer R	16	CDTM	1:04.25
5	Naidoo, Saieshan N	15	BEAV-ET	1:05.07
6	Ntaka, Siyanda L	16	UMSH-ET	1:05.29
7	De Sousa, Hugo L	17	CDTM	1:05.60
8	Schonken, Eliah	14	WSTV-ET	1:06.15
9	Khosa, Yanni B	15	CDTM	1:08.16
10	Prinsloo, Joshua M	16	STSC-KC	1:10.09
11	Schroeder, Andre M	15	AZON-ET	1:10.20
12	Massih, Arvin A	15	IND-M	1:10.95
13	Crutchley, Connor M	13	SEAL-UM	1:11.08
14	Van Der Westhuizen, Janu	15	STSC-KC	1:11.31
15	Grobelaar, Jamey L	15	LEGC-ET	1:11.63
16	Basto, Goncalo M	12	CDTM	1:12.96
17	Branquinho, Voiky M	14	CDTM	1:13.03
18	Tapú, Taibo C	14	CDTM	1:14.14
19	Pretorius, Marnus E	14	VHD-ZL	1:14.22
20	Stead, Owen B	14	FRA-KC	1:14.68
21	Maclachlan, Connor B	13	OHAN-IL	1:17.02
22	Seppings, Malakai J	11	ASA-IL	1:17.66
23	McCracken, James F	13	LEGC-ET	1:20.26
24	Swart, Petrus J	10	BLSS-MA	1:20.78
25	Freeman-Smith, Liam A	12	PSCP-UM	1:20.96
26	Raynard, Enzo N	13	SEALE-ET	1:21.64

27	Smit, Jayson A	11	SEAL-UM	1:21.73
28	Nagel, Gideon P	11	BLSS-MA	1:22.43
29	Basson, Gabriel J	13	SEALE-ET	1:23.11
30	Hodgson, Jake A	11	OHAN-IL	1:25.06
31	Henze, Anakin	12	WSTV-ET	1:26.85
32	Naidoo, Riley M	13	BEAV-ET	1:27.07
33	Wessels, Charl J	12	BLSS-MA	1:28.14
34	Pieterse, Nielan	13	MGSC-UG	1:28.73
35	Scott, Logan W	11	BLSS-MA	1:34.41
36	Slabber, Willem J	11	SEAL-UM	1:34.82
37	Dlamini, Nchubeko M	11	AZON-ET	1:37.33
38	Smit, Carter S	11	ASA-IL	1:40.01

## #212 Women 19 &amp; Under 100 LC Meter Butterfly

Name	Age	Team	Seed Time	
1	Gaines, Ruby K	16	SEALE-ET	1:14.44
2	Frylinck, Mareze	16	BLSS-MA	1:14.79
3	Walton, Amy L	15	AZON-ET	1:15.66
4	Muller, Alexis S	14	AZON-ET	1:17.24
5	Cameron, Molly	14	IND-M	1:17.37
6	Coetzer, Clarise	17	STSC-KC	1:17.79
7	Van Heerden, Bella J	14	WSTV-ET	1:19.27
8	Clowes, Cailyn	14	PSCP-UM	1:19.98
9	Kidgell, Sienna M	14	AZON-ET	1:20.58
10	Symington, Arabella G	11	ACES-ET	1:21.73
11	Booysen, Morgan H	11	PSCP-UM	1:24.00
12	Volschenk, Anja	15	BLSS-MA	1:24.09
13	Palframan, Sisanda B	12	SEAL-UM	1:26.80
14	Naidoo, Hannah	16	BEAV-ET	1:27.28
15	Morgado, Hannah O	11	CSA-EZ	1:27.86
16	Van der Linde, Kaylie K	11	SEAL-UM	1:28.08
17	Van der Merwe, Hannah S	14	PSCP-UM	1:28.57
18	Sykes, Sarah J	14	PSCP-UM	1:28.66
19	Miambo, Kianga T	12	CDTM	1:29.53
20	Mwandla, Senzelwe	12	PSCP-UM	1:31.19
21	Crossman, Chelsey M	11	BLSS-MA	1:31.97
22	Janse van Rensburg, Mia	13	MGSC-UG	1:32.59
23	Azar, Caylie S	13	BLSS-MA	1:33.86
24	Palframan, Layla G	11	SEAL-UM	1:34.70
25	Couzens, Holly G	11	SGUL-ET	1:38.19
26	Schofield, Sarah A	12	SEALE-ET	1:41.31

## #213 Men 12 &amp; Under 4x100 LC Meter Freestyle Relay 4 X

Team	Relay	Seed Time
1	AZON-ET	M12 A 4:57.80
	Dlamini, Nchubeko M 11	Bann, Rourke D 12
	Smuts, Conor J 12	Rohde, Kade E 11
2	BLSS-MA	M12 A NT
	Swart, Petrus J 10	Nagel, Gideon P 11
	Wessels, Charl J 12	Scott, Logan W 11

## #214 Women 12 &amp; Under 4x100 LC Meter Freestyle Relay 4 X

Team	Relay	Seed Time
1	PSCP-UM	W12 A 5:04.89

## #215 Men 13-15 4x100 LC Meter Freestyle Relay 4 X 100 F

Team	Relay	Seed Time
1	CNGM	A 4:03.80
	Nhampossa, Tonio 14	
2	AZON-ET	A 4:09.32
	Drummond, Matthew C 14	Watt, Cameron B 14
	Schroeder, Andre M 15	Joubert, Owen C 15
3	PSCP-UM	A 4:24.11
4	CNGM	B NT

## #216 Women 13-15 4x100 LC Meter Freestyle Relay 4 X 10

Team	Relay	Seed Time
1	KLOO-ET	A 4:22.49

2	AZON-ET	A 4:30.37
	Filday, Deryn S 14	Van De Ruit, Carly A 14
	Dutton, Katelyn P 13	Hulse, Milla C 15
3	AZON-ET	B 4:48.51
	Kidgell, Sienna M 14	Filday, Ziva L 13
	Walton, Amy L 15	Muller, Alexis S 14
4	BLSS-MA	A NT
	Annandale, Lili 15	Zietsman, Lika 13
	Vorster, Arinda 13	Van Viegen, Ella A 13
5	BLSS-MA	B NT
	Azar, Caylie S 13	Crossman, Chelsey M 11
	McQueen, Leanne C 11	Pool, Johandri 14

## #217 Men 16-19 4x100 LC Meter Freestyle Relay 4 X 100 F

Team	Relay	Seed Time
1	CNGM	A 3:44.95

## #218 Women 16-19 4x100 LC Meter Freestyle Relay 4 X 10

Team	Relay	Seed Time
1	KLOO-ET	A 4:24.01
2	PSCP-UM	A 5:08.33
3	BLSS-MA	A NT
	Frylinck, Mareze 16	Volschenk, Anja 15
	Welgemoed, Isabelle 14	Van Rensburg, Marne' 15

## #301 Men 19 &amp; Under 200 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Botha, Julian E	18	SEAL-UM	2:07.06
2	Dos Santos, Abdul R	16	CDTM	2:09.88
3	Steyn, Le Roux L	17	GHSK	2:11.20
4	Smit, Jaques	16	BLSS-MA	2:11.49
5	Ntaka, Siyanda L	16	UMSH-ET	2:12.10
6	Bees-Atkinson, Preston T	15	OHAN-IL	2:12.37
7	Rai, Gabriel A	14	ASA-IL	2:13.69
8	Joubert, Owen C	15	AZON-ET	2:13.98
9	Naidoo, Saieshan N	15	BEAV-ET	2:14.23
10	Schroeder, Andre M	15	AZON-ET	2:14.70
11	Massih, Arvin A	15	IND-M	2:16.49
12	Freitag, Heinrich	16	AZON-ET	2:17.41
13	Delport, Thomas J	14	BLUO-UG	2:17.79
14	Cole, Ethan	15	MGSC-UG	2:18.91
15	Dos Santos Farias, Kaique	14	CBM	2:19.20
16	Maclachlan, Connor B	13	OHAN-IL	2:19.51
17	Crutchley, Connor M	13	SEAL-UM	2:19.96
18	Brummer, Eron A	17	BEAV-ET	2:20.91
19	Van Der Westhuizen, Janu	15	STSC-KC	2:20.99
20	Schonken, Eliah	14	WSTV-ET	2:21.57
21	Prinsloo, Joshua M	16	STSC-KC	2:22.06
22	Fernandes, Luca A	13	AZON-ET	2:23.09
23	Ngandu, Loic K	14	ASA-IL	2:23.16
24	Byleveld, Tristan M	16	USH-KC	2:23.32
25	Liversage, Liam W	17	BLSS-MA	2:23.83
26	Pretorius, Marnus E	14	VHD-ZL	2:25.50
27	Watt, Cameron B	14	AZON-ET	2:26.79
28	De Fleuriot, Matthew	13	SEALE-ET	2:28.54
29	McCracken, James F	13	LEGC-ET	2:28.77
30	Drummond, Matthew C	14	AZON-ET	2:30.10
31	Koegelenberg, Peter	12	BLUO-UG	2:31.59
32	Irving, Hayden J	13	KLOO-ET	2:32.11
33	Henze, Anakin	12	WSTV-ET	2:33.64
34	Winkel, Liam H	14	LEGC-ET	2:34.76
35	Pioris, Whato E	12	CBM	2:35.00
36	Rohde, Kade E	11	AZON-ET	2:35.05
37	Basson, Gabriel J	13	SEALE-ET	2:37.18
38	Slabber, Willem J	11	SEAL-UM	2:37.57
39	Hodgson, Jake A	11	OHAN-IL	2:38.91
40	Swart, Petrus J	10	BLSS-MA	2:39.71
41	Haslam, Seth J	11	KLOO-ET	2:39.95

## SA Level 3 Regional Age Group Champs 2024-KZ - 26/03/2025 to 29/03/2025

## Psych Sheet

## #301 ... (Men 19 &amp; Under 200 LC Meter Freestyle)

42	Scott, Logan W	11	BLSS-MA	2:41.55
43	Smit, Jayson A	11	SEAL-UM	2:41.59
44	Nagel, Gideon P	11	BLSS-MA	2:42.30
45	Smuts, Conor J	12	AZON-ET	2:42.48
46	Potgieter, Caleb J	11	SEAL-UM	2:42.60
47	Seppings, Malakai J	11	ASA-IL	2:45.49
48	Dlamini, Nchubeko M	11	AZON-ET	2:49.02
49	Hoffman, Anande N	11	SEAL-UM	2:49.17
50	Freeman-Smith, Liam A	12	PSCP-UM	2:51.46
51	Uys, Benjamin G	12	OHAN-IL	2:52.66
52	Wessels, Charl J	12	BLSS-MA	2:56.17
53	Smit, Carter S	11	ASA-IL	2:56.60

## #302 Women 19 &amp; Under 200 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Frylinck, Mareze	16	BLSS-MA	2:18.93
2	Cameron, Samantha	17	IND-M	2:19.97
3	Azran, Jordana K	17	KLOO-ET	2:21.73
4	Van Heerden, Bella J	14	WSTV-ET	2:27.53
5	Van Rensburg, Marne'	15	BLSS-MA	2:28.22
6	Cameron, Molly	14	IND-M	2:28.82
7	Welgemoed, Isabelle	14	BLSS-MA	2:28.88
8	Clowes, Cailyn	14	PSCP-UM	2:28.90
9	Filday, Deryn S	14	AZON-ET	2:29.31
10	Volschenk, Anja	15	BLSS-MA	2:29.36
11	Lally, Jenna-Mae	16	BEAV-ET	2:29.66
12	Annandale, Lili	15	BLSS-MA	2:29.98
13	Xulu, Zibusiso S	12	WSTV-ET	2:30.04
14	Van Viegen, Ella A	13	BLSS-MA	2:30.92
15	Tselentis, Maria	16	OHAN-IL	2:31.35
16	Neizel, Megan J	16	PSCP-UM	2:32.58
17	Saint, Tara	15	KLOO-ET	2:33.23
18	Ntaka, Ayanda A	16	UMSH-ET	2:33.71
19	Leiper, Isla C	14	LEGC-ET	2:33.74
20	Symington, Arabella G	11	ACES-ET	2:34.44
21	Zietsman, Lika	13	BLSS-MA	2:34.53
22	Du Toit, Lisa R	13	SEAL-UM	2:36.15
23	Van der Merwe, Hannah S	14	PSCP-UM	2:36.47
24	Naidoo, Hannah	16	BEAV-ET	2:37.18
25	Morgado, Hannah O	11	CSA-EZ	2:39.00
26	Palframan, Sisanda B	12	SEAL-UM	2:39.12
27	Slabber, Abi A	13	SEAL-UM	2:39.18
28	Pieterse, Anouske	14	MGSC-UG	2:39.30
29	Kidgell, Sienna M	14	AZON-ET	2:39.57
30	Johns, Grace A	11	OHAN-IL	2:39.69
31	Logie, Courtney A	13	KLOO-ET	2:40.10
32	Van der Merwe, Ami	13	FSE-KC	2:40.69
33	Janse van Rensburg, Mia	13	MGSC-UG	2:40.95
34	Eybers, Carli E	13	VHD-ZL	2:40.95
35	Sykes, Sarah J	14	PSCP-UM	2:41.14
36	Azar, Caylie S	13	BLSS-MA	2:43.31
37	Bothma, Grace	17	WSTV-ET	2:43.44
38	Pabalinga, Reabetswe T	12	KLOO-ET	2:44.11
39	Marrier D'Unienville, Dan	12	KLOO-ET	2:44.14
40	Wang, Emily S	12	OHAN-IL	2:44.50
41	Maritz, Violet T	13	SEAL-UM	2:44.52
42	Filday, Ziva L	13	AZON-ET	2:45.08
43	Van Zijl, Tatum	12	OHAN-IL	2:46.64
44	Hoar, Lily	12	KLOO-ET	2:47.77
45	van Heerden, Lia	12	BS-LL	2:47.81
46	Pool, Johandri	14	BLSS-MA	2:47.91
47	Jacobs, Xia K	11	WSTV-ET	2:47.99
48	Dutton, Katelyn P	13	AZON-ET	2:48.58
49	Crossman, Chelsey M	11	BLSS-MA	2:48.65
50	Pillay, Delija	12	VHD-ZL	2:48.89

51	Ngema, Olwe S	12	FRA-KC	2:49.66
52	McQueen, Leanne C	11	BLSS-MA	2:51.10
53	Palframan, Layla G	11	SEAL-UM	2:51.68
54	Van der Linde, Kaylie K	11	SEAL-UM	2:52.65
55	Coetzer, Alyssa M	12	AZON-ET	2:54.49
56	Schofield, Sarah A	12	SEALE-ET	3:00.87

## #304 Women 99 &amp; Under 100 LC Meter Freestyle Multi-Cla

Name	Age	Team	Seed Time	
1	Haselau, Savanna N S14	19	PSCP-UM	1:41.45

## #305 Men 19 &amp; Under 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Van Heerden, Aiden J	17	WSTV-ET	32.55
2	Marques, Rodrigo D	15	CBM	32.87
3	Marcos, Elmer R	16	CDTM	33.26
4	António, Ukay A	17	CDTM	33.50
5	Smit, Jaques	16	BLSS-MA	33.61
6	Cohen, Mason	15	CDTM	33.66
7	Gilson, Samuel D	14	PSCP-UM	34.63
8	Byleveld, Tristan M	16	USH-KC	34.77
9	Liversage, Liam W	17	BLSS-MA	35.12
10	Calado, Denilson M	15	CDTM	35.47
11	Sento, Leruo	15	SWC	35.50
12	Nhampossa, Tonio	14	CDTM	35.85
13	Khosa, Yanni B	15	CDTM	35.90
14	Schonken, Eliah	14	WSTV-ET	36.45
15	Patricio, Cristiane H	16	CDTM	36.66
16	Menete, Lazaro	15	CDTM	36.95
17	Muller, Nathan	14	WSTV-ET	37.06
18	Grobelaar, Jamey L	15	LEGC-ET	37.10
19	Allison, Troy G	13	AZON-ET	38.05
20	Crutchley, Connor M	13	SEAL-UM	38.09
21	Ralfe, Jack W	13	PSCP-UM	38.42
22	Massih, Kyle A	14	IND-M	38.99
23	McCracken, James F	13	LEGC-ET	39.14
24	Pieterse, Nielan	13	MGSC-UG	39.47
25	Drummond, Matthew C	14	AZON-ET	39.50
26	Myeza, Ronewa	13	FRA-KC	39.60
27	Basto, Goncalo M	12	CDTM	39.82
28	Schroeder, Andre M	15	AZON-ET	39.93
29	Raynard, Enzo N	13	SEALE-ET	39.93
30	Tapú, Taibo C	14	CDTM	39.96
31	Basson, Gabriel J	13	SEALE-ET	39.97
32	De Fleuriot, Matthew	13	SEALE-ET	40.07
33	Ehlers, Josh	14	ASA-IL	40.15
34	Steyn, Michael	13	VHD-ZL	40.38
35	Kooijman, Conner W	13	SEALE-ET	40.92
36	Turner, Campbell T	12	PSCP-UM	41.49
37	Scott, Logan W	11	BLSS-MA	41.62
38	Seppings, Malakai J	11	ASA-IL	41.76
39	Smit, Jayson A	11	SEAL-UM	42.44
40	Smuts, Conor J	12	AZON-ET	42.56
41	Hodgson, Jake A	11	OHAN-IL	42.60
42	Nagel, Gideon P	11	BLSS-MA	42.62
43	Wessels, Charl J	12	BLSS-MA	43.31
44	Jacobs, Reynhardt D	11	TUKS-TS	43.99
45	Swart, Petrus J	10	BLSS-MA	44.19
46	Pillay, Quade Z	11	PSCP-UM	44.58
47	Scott, Kingsley J	11	OHAN-IL	44.91
48	Haslam, Seth J	11	KLOO-ET	45.02
49	Slabber, Willem J	11	SEAL-UM	45.71
50	Koegelenberg, Peter	12	BLUO-UG	46.11
51	Rodrigues, Kael	11	CBM	46.48
52	Hoffman, Anande N	11	SEAL-UM	47.66
53	Bann, Rourke D	12	AZON-ET	50.50
54	Smit, Carter S	11	ASA-IL	51.89

## #306 Women 19 &amp; Under 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Cameron, Molly	14	IND-M	30.76
2	Van Tonder, Chanel	15	SEAL-UM	37.68
3	Coetzer, Clarise	17	STSC-KC	38.64
4	Van Rooyen, Isabella S	13	SEALE-ET	38.92
5	Schuch, Talitha	15	LEGC-ET	38.97
6	Pool, Johandri	14	BLSS-MA	39.18
7	Van Wyk, Jessica	13	SEAL-UM	39.52
8	Walton, Amy L	15	AZON-ET	39.60
9	Coetzer, Cherise	17	STSC-KC	39.64
10	Fick, Aruli	17	USH-KC	39.64
11	Van Zijl, Tatum	12	OHAN-IL	39.70
12	Frylinck, Mareze	16	BLSS-MA	39.96
13	Tselentis, Maria	16	OHAN-IL	40.10
14	Grobler, Leandri	15	VHD-ZL	40.22
15	Maritz, Violet T	13	SEAL-UM	40.23
16	Dutton, Katelyn P	13	AZON-ET	40.30
17	Fischer, Anika	17	CBM	40.77
18	Sykes, Sarah J	14	PSCP-UM	40.77
19	Clowes, Cailyn	14	PSCP-UM	40.81
20	Leiper, Isla C	14	LEGC-ET	40.81
21	Vasco, Kyara C	15	CDTM	41.23
22	Gouws, Riley	14	ASA-IL	41.60
23	Vorster, Arinda	13	BLSS-MA	41.66
24	Welgemoed, Isabelle	14	BLSS-MA	41.82
25	Hughes, Cara	13	FRA-KC	42.14
26	Palframan, Sisanda B	12	SEAL-UM	42.23
27	Ronnie, Addyson H	13	PSCP-UM	42.30
28	Pillay, Delija	12	VHD-ZL	43.03
29	Radebe, Zekh S	12	PSCP-UM	43.40
30	Booyesen, Morgan H	11	PSCP-UM	43.53
31	Mwandla, Senzelwe	12	PSCP-UM	43.64
32	Kalp, Ella A	12	AZON-ET	43.88
33	Fowler, Tenley P	11	AZON-ET	44.14
34	Budram, Elah-Mae I	12	PSCP-UM	45.08
35	Jacobs, Xia K	11	WSTV-ET	45.21
36	Tait, Holli	12	KLOO-ET	45.32
37	Logie, Courtney A	13	KLOO-ET	45.52
38	Steyn, Jessica	11	VHD-ZL	45.78
39	Janse van Rensburg, Mia	13	MGSC-UG	45.79
40	McQueen, Leanne C	11	BLSS-MA	45.89
41	Van den Heever, Liv M	13	AZON-ET	45.89
42	Couzens, Holly G	11	SGUL-ET	47.63
43	Schofield, Sarah A	12	SEALE-ET	48.16
44	Van der Linde, Kaylie K	11	SEAL-UM	48.28
45	Palframan, Layla G	11	SEAL-UM	48.64
46	Crossman, Chelsey M	11	BLSS-MA	49.40
47	Maritz, Ava L	11	SEAL-UM	50.82
48	Coetzer, Alyssa M	12	AZON-ET	51.12

## #308 Women 99 &amp; Under 50 LC Meter Breaststroke Multi-Cla

Name	Age	Team	Seed Time	
1	Haselau, Savanna N SB14	19	PSCP-UM	59.99

## #309 Men 19 &amp; Under 100 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	De Sousa, Hugo L	17	CDTM	1:04.92
2	Steyn, Le Roux L	17	GHSK	1:08.56
3	Ntaka, Siyanda L	16	UMSH-ET	1:09.23
4	Joubert, Owen C	15	AZON-ET	1:10.11
5	Stead, Owen B	14	FRA-KC	1:10.44
6	Liversage, Liam W	17	BLSS-MA	1:10.70
7	António, Ukay A	17	CDTM	1:11.00
8	Branquinho, Voiky M	14	CDTM	1:11.00
9	Le Roux, Caden	15	LEGC-ET	1:11.81
10	Cole, Ethan	15	MGSC-UG	1:12.12

## SA Level 3 Regional Age Group Champs 2024-KZ - 26/03/2025 to 29/03/2025

## Psych Sheet

## #309 ... (Men 19 &amp; Under 100 LC Meter Backstroke)

11	Delpport, Thomas J	14	BLUO-UG	1:12.31
12	Allison, Troy G	13	AZON-ET	1:12.33
13	Smit, Jaques	16	BLSS-MA	1:13.18
14	Nhampossa, Tonio	14	CDTM	1:13.70
15	Freitag, Heinrich	16	AZON-ET	1:13.70
16	Brummer, Eron A	17	BEAV-ET	1:14.44
17	Muller, Nathan	14	WSTV-ET	1:14.96
18	Winkel, Liam H	14	LEGC-ET	1:15.18
19	Maclachlan, Connor B	13	OHAN-IL	1:15.81
20	Byleveld, Tristan M	16	USH-KC	1:16.06
21	Irving, Hayden J	13	KLOO-ET	1:16.62
22	Massih, Kyle A	14	IND-M	1:16.97
23	Crutchley, Connor M	13	SEAL-UM	1:18.55
24	Pieterse, Nielan	13	MGSC-UG	1:18.76
25	Watt, Cameron B	14	AZON-ET	1:18.84
26	Raynard, Enzo N	13	SEALE-ET	1:19.08
27	Seppings, Malakai J	11	ASA-IL	1:19.35
28	Jacobs, Reynhardt D	11	TUKS-TS	1:19.79
29	Rohde, Kade E	11	AZON-ET	1:20.04
30	Sento, Leruo	15	SWC	1:20.83
31	Pioris, Whato E	12	CBM	1:21.41
32	Uys, Benjamin G	12	OHAN-IL	1:21.72
33	Henze, Anakin	12	WSTV-ET	1:22.05
34	Scott, Logan W	11	BLSS-MA	1:22.68
35	Slabber, Willem J	11	SEAL-UM	1:24.70
36	Swart, Petrus J	10	BLSS-MA	1:24.89
37	Hodgson, Jake A	11	OHAN-IL	1:25.07
38	Fernandes, Luca A	13	AZON-ET	1:25.95
39	Wessels, Charl J	12	BLSS-MA	1:27.27
40	Smit, Jayson A	11	SEAL-UM	1:27.27
41	Potgieter, Caleb J	11	SEAL-UM	1:27.49
42	Smit, Carter S	11	ASA-IL	1:29.91
43	Haslam, Seth J	11	KLOO-ET	1:30.05
44	Pillay, Quade Z	11	PSCP-UM	1:32.02
45	Hoffman, Anande N	11	SEAL-UM	1:32.65
46	Scott, Kingsley J	11	OHAN-IL	1:33.54

## #310 Women 19 &amp; Under 100 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	Loch, Ashley	18	VHD-ZL	1:14.07
2	Azran, Jordana K	17	KLOO-ET	1:14.21
3	Hulse, Milla C	15	AZON-ET	1:15.42
4	Bothma, Grace	17	WSTV-ET	1:15.56
5	Cameron, Samantha	17	IND-M	1:15.77
6	Frylinck, Mareze	16	BLSS-MA	1:15.84
7	Van Heerden, Bella J	14	WSTV-ET	1:16.16
8	Zietsman, Lika	13	BLSS-MA	1:16.62
9	Muller, Alexis S	14	AZON-ET	1:17.05
10	Santos, Alex G	16	PSCP-UM	1:17.55
11	Neizel, Megan J	16	PSCP-UM	1:17.68
12	Annandale, Lili	15	BLSS-MA	1:17.70
13	Kidgell, Sienna M	14	AZON-ET	1:17.77
14	Naidoo, Hannah	16	BEAV-ET	1:17.96
15	Lally, Jenna-Mae	16	BEAV-ET	1:17.99
16	Saint, Tara	15	KLOO-ET	1:18.55
17	Van Rooyen, Isabella S	13	SEALE-ET	1:18.57
18	Van der Merwe, Hannah S	14	PSCP-UM	1:18.79
19	Brown, Evalyn	14	LEGC-ET	1:19.08
20	Filday, Deryn S	14	AZON-ET	1:19.33
21	du Plessis, Ilanze	16	BETH-FD	1:19.60
22	Van den Heever, Liv M	13	AZON-ET	1:19.70
23	Van Viegen, Ella A	13	BLSS-MA	1:19.97
24	Van Rensburg, Marne'	15	BLSS-MA	1:20.27
25	Coetzer, Cherise	17	STSC-KC	1:20.60
26	Bishop, Gaby	16	BETH-FD	1:20.74

27	Gouws, Riley	14	ASA-IL	1:20.82
28	Slabber, Abi A	13	SEAL-UM	1:21.13
29	Du Toit, Lisa R	13	SEAL-UM	1:21.21
30	Nchumali, Kwicia	11	CBM	1:21.71
31	Filday, Ziva L	13	AZON-ET	1:21.79
32	Volschenk, Anja	15	BLSS-MA	1:22.04
33	van Heerden, Lia	12	BS-LL	1:22.19
34	Vorster, Arinda	13	BLSS-MA	1:22.52
35	Eybers, Carli E	13	VHD-ZL	1:22.63
36	Welgemoed, Isabelle	14	BLSS-MA	1:22.83
37	Miambo, Kianga T	12	CDTM	1:23.32
38	Pillay, Delija	12	VHD-ZL	1:23.81
39	Marrier D'Unienville, Dan	12	KLOO-ET	1:24.68
40	Kalp, Ella A	12	AZON-ET	1:25.23
41	Coetzer, Alyssa M	12	AZON-ET	1:25.66
42	Tait, Holli	12	KLOO-ET	1:25.79
43	Pabalinga, Reabetswe T	12	KLOO-ET	1:26.08
44	Johns, Grace A	11	OHAN-IL	1:26.36
45	Budram, Elah-Mae I	12	PSCP-UM	1:26.36
46	Palfraam, Sisanda B	12	SEAL-UM	1:26.82
47	Palfraam, Layla G	11	SEAL-UM	1:27.33
48	Azar, Caylie S	13	BLSS-MA	1:27.63
49	Maritz, Violet T	13	SEAL-UM	1:28.13
50	Morgado, Hannah O	11	CSA-EZ	1:28.58
51	Wang, Emily S	12	OHAN-IL	1:28.58
52	Hoar, Lily	12	KLOO-ET	1:28.79
53	Van der Linde, Kaylie K	11	SEAL-UM	1:29.92
54	Crossman, Chelsey M	11	BLSS-MA	1:30.58
55	Couzens, Holly G	11	SGUL-ET	1:32.77
56	Maritz, Ava L	11	SEAL-UM	1:33.15
57	McQueen, Leanne C	11	BLSS-MA	1:33.98
58	Fowler, Tenley P	11	AZON-ET	1:37.16
59	Radebe, Zekh S	12	PSCP-UM	1:44.02

## #313 Men 19 &amp; Under 200 LC Meter IM

Name	Age	Team	Seed Time	
1	Botha, Julian E	18	SEAL-UM	2:23.33
2	Naidoo, Saieshan N	15	BEAV-ET	2:29.63
3	Ntaka, Siyanda L	16	UMSH-ET	2:30.31
4	Smit, Jaques	16	BLSS-MA	2:31.59
5	Delpport, Thomas J	14	BLUO-UG	2:32.42
6	Liversage, Liam W	17	BLSS-MA	2:32.62
7	Le Roux, Caden	15	LEGC-ET	2:33.78
8	Van Der Westhuizen, Janu	15	STSC-KC	2:36.10
9	Grobbeelaar, Jamey L	15	LEGC-ET	2:36.23
10	Schroeder, Andre M	15	AZON-ET	2:37.07
11	Massih, Arvin A	15	IND-M	2:39.03
12	Prinsloo, Joshua M	16	STSC-KC	2:39.09
13	Schonken, Eliah	14	WSTV-ET	2:40.57
14	Cole, Ethan	15	MGSC-UG	2:40.65
15	Tapú, Taibo C	14	CDTM	2:40.72
16	Drummond, Matthew C	14	AZON-ET	2:42.63
17	Gilson, Samuel D	14	PSCP-UM	2:46.60
18	Kooijman, Conner W	13	SEALE-ET	2:50.33
19	Basto, Goncalo M	12	CDTM	2:51.13
20	Crutchley, Connor M	13	SEAL-UM	2:51.65
21	Maclachlan, Connor B	13	OHAN-IL	2:52.06
22	Raynard, Enzo N	13	SEALE-ET	2:52.54
23	Seppings, Malakai J	11	ASA-IL	2:54.43
24	Irving, Hayden J	13	KLOO-ET	2:54.45
25	Koegelenberg, Peter	12	BLUO-UG	2:54.74
26	De Fleuriot, Matthew	13	SEALE-ET	2:55.51
27	Basson, Gabriel J	13	SEALE-ET	2:55.60
28	Nagel, Gideon P	11	BLSS-MA	2:55.93
29	Myeza, Ronewa	13	FRA-KC	2:56.43
30	Smit, Jayson A	11	SEAL-UM	2:57.76
31	Scott, Logan W	11	BLSS-MA	2:59.29

32	Uys, Benjamin G	12	OHAN-IL	2:59.32
33	Swart, Petrus J	10	BLSS-MA	2:59.59
34	Hodgson, Jake A	11	OHAN-IL	2:59.78
35	Henze, Anakin	12	WSTV-ET	3:01.20
36	Rodrigues, Kael	11	CBM	3:02.44
37	Rohde, Kade E	11	AZON-ET	3:05.42
38	Slabber, Willem J	11	SEAL-UM	3:05.98
39	Pieterse, Nielan	13	MGSC-UG	3:06.01
40	Wessels, Charl J	12	BLSS-MA	3:06.81
41	Bann, Rourke D	12	AZON-ET	3:06.91
42	Freeman-Smith, Liam A	12	PSCP-UM	3:11.72
43	Scott, Kingsley J	11	OHAN-IL	3:14.42
44	Hoffman, Anande N	11	SEAL-UM	3:14.60
45	Ralfe, Jack W	13	PSCP-UM	3:15.52
46	Dlamini, Nchubeko M	11	AZON-ET	3:16.83
47	Smuts, Conor J	12	AZON-ET	3:17.43
48	Turner, Campbell T	12	PSCP-UM	3:20.37
49	Smit, Carter S	11	ASA-IL	3:23.83

## #314 Women 19 &amp; Under 200 LC Meter IM

Name	Age	Team	Seed Time	
1	Frylinck, Mareze	16	BLSS-MA	2:40.04
2	Walton, Amy L	15	AZON-ET	2:43.10
3	Van Heerden, Bella J	14	WSTV-ET	2:48.05
4	Cameron, Molly	14	IND-M	2:49.12
5	Tselentis, Maria	16	OHAN-IL	2:50.72
6	Lally, Jenna-Mae	16	BEAV-ET	2:50.76
7	Annandale, Lili	15	BLSS-MA	2:51.38
8	Clowes, Cailyn	14	PSCP-UM	2:51.78
9	Coetzer, Cherise	17	STSC-KC	2:52.06
10	Fick, Aruli	17	USH-KC	2:52.24
11	Coetzer, Clarise	17	STSC-KC	2:53.17
12	Neizel, Megan J	16	PSCP-UM	2:53.30
13	Van Rensburg, Marne'	15	BLSS-MA	2:53.90
14	Symington, Arabella G	11	ACES-ET	2:53.98
15	Naidoo, Hannah	16	BEAV-ET	2:54.77
16	Welgemoed, Isabelle	14	BLSS-MA	2:54.84
17	Volschenk, Anja	15	BLSS-MA	2:55.38
18	Van Tonder, Chanel	15	SEAL-UM	2:55.71
19	Ntaka, Ayanda A	16	UMSH-ET	2:56.09
20	Van Viegen, Ella A	13	BLSS-MA	2:56.97
21	Schuch, Talitha	15	LEGC-ET	2:58.07
22	Brown, Evalyn	14	LEGC-ET	3:00.02
23	Van der Merwe, Ami	13	FSE-KC	3:00.38
24	Leiper, Isla C	14	LEGC-ET	3:00.93
25	Xulu, Zibusiso S	12	WSTV-ET	3:01.29
26	Dutton, Katelyn P	13	AZON-ET	3:01.60
27	Johns, Grace A	11	OHAN-IL	3:02.54
28	Marrier D'Unienville, Dan	12	KLOO-ET	3:03.25
29	Miambo, Kianga T	12	CDTM	3:03.31
30	Slabber, Abi A	13	SEAL-UM	3:03.62
31	Botha, Olivia A	13	OHAN-IL	3:03.83
32	Du Toit, Lisa R	13	SEAL-UM	3:03.97
33	Van Wyk, Jessica	13	SEAL-UM	3:04.10
34	Sykes, Sarah J	14	PSCP-UM	3:04.20
35	Morgado, Hannah O	11	CSA-EZ	3:04.44
36	Palfraam, Sisanda B	12	SEAL-UM	3:04.91
37	Pool, Johandri	14	BLSS-MA	3:05.81
38	Azar, Caylie S	13	BLSS-MA	3:05.94
39	Zietsman, Lika	13	BLSS-MA	3:07.22
40	Filday, Ziva L	13	AZON-ET	3:08.07
41	Wang, Emily S	12	OHAN-IL	3:08.11
42	Van Zijl, Tatum	12	OHAN-IL	3:08.21
43	Crossman, Chelsey M	11	BLSS-MA	3:08.34
44	Budram, Elah-Mae I	12	PSCP-UM	3:09.04
45	McQueen, Leanne C	11	BLSS-MA	3:09.30
46	Van den Heever, Liv M	13	AZON-ET	3:09.30

## SA Level 3 Regional Age Group Champs 2024-KZ - 26/03/2025 to 29/03/2025

## Psych Sheet

## #314 ... (Women 19 &amp; Under 200 LC Meter IM)

47	Logie, Courtney A	13	KLOO-ET	3:09.77
48	Pieterse, Anouske	14	MGSC-UG	3:11.07
49	Janse van Rensburg, Mia	13	MGSC-UG	3:11.43
50	van Heerden, Lia	12	BS-LL	3:11.72
51	Van der Linde, Kaylie K	11	SEAL-UM	3:12.52
52	Couzens, Holly G	11	SGUL-ET	3:13.40
53	Kalp, Ella A	12	AZON-ET	3:13.45
54	Van der Merwe, Hannah S	14	PSCP-UM	3:13.98
55	Palframan, Layla G	11	SEAL-UM	3:14.82
56	Nchumali, Kwicia	11	CBM	3:14.88
57	Mwandla, Senzelwe	12	PSCP-UM	3:15.20
58	Jacobs, Xia K	11	WSTV-ET	3:16.17
59	Vorster, Arinda	13	BLSS-MA	3:18.81
60	Pillay, Delija	12	VHD-ZL	3:22.70
61	Booyesen, Morgan H	11	PSCP-UM	3:26.08
62	Schofield, Sarah A	12	SEALE-ET	3:28.71
63	Ronnie, Addyson H	13	PSCP-UM	3:31.71
64	Ngema, Olwe S	12	FRA-KC	3:52.25

## #315 Men 12 &amp; Under 4x50 LC Meter Freestyle Relay 4 x 50 F

Team	Relay	Seed Time
1	AZON-ET	A 2:16.90
	Dlamini, Nchubeko M 11	Bann, Rourke D 12
	Smuts, Conor J 12	Rohde, Kade E 11
2	BLSS-MA	A NT
	Swart, Petrus J 10	Wessels, Charl J 12
	Nagel, Gideon P 11	Scott, Logan W 11

## #316 Women 12 &amp; Under 4x50 LC Meter Freestyle Relay 4

Team	Relay	Seed Time
1	SEAL-UM	A 2:06.21
2	PSCP-UM	A 2:13.13
3	KLOO-ET	A 2:13.54
	Hoar, Lily 12	Tait, Holli 12
	Marrier D'Unienville, Danic	Pabalanga, Reabetswe T 12
4	AZON-ET	A 2:22.17

## #317 Men 13-15 4x50 LC Meter Freestyle Relay 4 x 50 Free

Team	Relay	Seed Time
1	CNGM	A 1:49.44
	Cohen, Mason 15	Khosa, Yanni B 15
	Nhampossa, Tonio 14	Menete, Lazaro 15
2	SEAL-UM	A 1:52.53
3	AZON-ET	A 1:55.25
	Watt, Cameron B 14	Fernandes, Luca A 13
	Schroeder, Andre M 15	Joubert, Owen C 15
4	PSCP-UM	A 1:58.46

## #318 Women 13-15 4x50 LC Meter Freestyle Relay 4 x 50 F

Team	Relay	Seed Time
1	SEAL-UM	A 1:55.49
2	PSCP-UM	A 1:59.43
3	AZON-ET	A 2:01.88
	Van De Ruit, Carly A 14	Muller, Alexis S 14
	Filday, Deryn S 14	Hulse, Milla C 15
4	KLOO-ET	A 2:02.97
5	CNGM	A 2:05.31
	Albino, Nemzi L 15	Massingue, Estela B 13
		Mpfumo, Marta 15
6	AZON-ET	B 2:11.18
	Kidgell, Sienna M 14	Filday, Ziva L 13
	Walton, Amy L 15	Dutton, Katelyn P 13
7	BLSS-MA	A NT
	Volschenk, Anja 15	Van Viegen, Ella A 13
	Azar, Caylie S 13	Vorster, Arinda 13

8	BLSS-MA	B	NT
	Zietsman, Lika 13	Pool, Johandri 14	
	Crossman, Chelsey M 11	McQueen, Leanne C 11	

## #319 Men 16-19 4x50 LC Meter Freestyle Relay 4 x 50 Free

Team	Relay	Seed Time
1	CNGM	A 1:40.39

## #320 Women 16-19 4x50 LC Meter Freestyle Relay 4 x 50 F

Team	Relay	Seed Time
1	KLOO-ET	A 2:02.68
2	BLSS-MA	A NT
	Frylinck, Mareze 16	Van Rensburg, Marne' 15
	Annandale, Lili 15	Welgemoed, Isabelle 14

## #321 Mixed 12 &amp; Under 4x50 LC Meter Medley Relay 4 x 50 M

Team	Relay	Seed Time
1	SEAL-UM	A 2:31.30
2	AZON-ET	A 2:37.42
	Rohde, Kade E M11	Fowler, Tenley P W11
	Kalp, Ella A W12	Smuts, Conor J M12
3	PSCP-UM	A 2:45.98
4	BLSS-MA	A NT
	Scott, Logan W M11	McQueen, Leanne C W11
	Crossman, Chelsey M W11	Swart, Petrus J M10

## #322 Mixed 13-15 4x50 LC Meter Medley Relay 4 x 50 Mixe

Team	Relay	Seed Time
1	AZON-ET	D 2:13.14
	Joubert, Owen C M15	Walton, Amy L W15
	Muller, Alexis S W14	Watt, Cameron B M14
2	SEAL-UM	A 2:13.57
3	AZON-ET	A 2:14.29
	Allison, Troy G M13	Dutton, Katelyn P W13
	Schroeder, Andre M M15	Hulse, Milla C W15
4	KLOO-ET	A 2:17.34
5	AZON-ET	C 2:17.79
6	PSCP-UM	A 2:18.64
7	FRA-KC	A 2:29.16
	Stead, Owen B M14	Hughes, Cara W13
	Ngema, Olwe S W12	Myeza, Ronewa M13
8	AZON-ET	B 2:31.89
9	BLSS-MA	A NT
	Volschenk, Anja W15	Nagel, Gideon P M11
	Wessels, Charl J M12	Welgemoed, Isabelle W14

## #323 Mixed 16-19 4x50 LC Meter Medley Relay 4 x 50 Mixe

Team	Relay	Seed Time
1	PSCP-UM	A 2:25.66
2	STSC-KC	A 3:27.79
	Coetzer, Clarise W17	Coetzer, Cherise W17
	Prinsloo, Joshua M M16	Van Der Westhuizen, Janu M
3	BLSS-MA	A NT
	Liversage, Liam W M17	Smit, Jaques M16
	Frylinck, Mareze W16	Van Rensburg, Marne' W15

## #401 Men 19 &amp; Under 50 LC Meter Freestyle

Name	Age	Team	Seed Time
1	Marcos, Elmer R	16	CDTM 25.53
2	De Sousa, Hugo L	17	CDTM 26.11
3	Bees-Atkinson, Preston T	15	OHAN-IL 26.21
4	Steyn, Le Roux L	17	GHSK 26.28
5	Watt, Alexander C	17	AZON-ET 26.39
6	Schonken, Eliah	14	WSTV-ET 26.40
7	Smit, Jaques	16	BLSS-MA 26.45
8	Menete, Lazaro	15	CDTM 26.48
9	Le Roux, Caden	15	LEGC-ET 26.56
10	Cole, Ethan	15	MGSC-UG 26.79
11	Cohen, Mason	15	CDTM 27.00
12	António, Ukay A	17	CDTM 27.05

13	Viseu, Keanu E	15	CBM	27.20
14	Byleveld, Tristan M	16	USH-KC	27.53
15	Khosa, Yanni B	15	CDTM	27.62
16	Dos Santos, Abdul R	16	CDTM	27.67
17	Naidoo, Saieshan N	15	BEAV-ET	27.97
18	Dos Santos Farias, Kaique	14	CBM	27.99
19	Delpont, Thomas J	14	BLUO-UG	28.06
20	Pretorius, Marnus E	14	VHD-ZL	28.16
21	Joubert, Owen C	15	AZON-ET	28.22
22	Watt, Cameron B	14	AZON-ET	28.30
23	Nhampossa, Tonio	14	CDTM	28.34
24	Liversage, Liam W	17	BLSS-MA	28.48
25	Massih, Arvin A	15	IND-M	28.50
26	Stead, Owen B	14	FRA-KC	28.62
27	Crutchley, Connor M	13	SEAL-UM	28.98
28	Maclachlan, Connor B	13	OHAN-IL	29.02
29	Patricio, Cristiane H	16	CDTM	29.09
30	Branquinho, Voiky M	14	CDTM	29.19
31	Fernandes, Luca A	13	AZON-ET	29.40
32	Ngandu, Loic K	14	ASA-IL	29.58
33	Pioris, Whato E	12	CBM	29.64
34	Seppings, Malakai J	11	ASA-IL	29.66
35	Sento, Leruo	15	SWC	29.80
36	Basto, Goncalo M	12	CDTM	29.90
37	Drummond, Matthew C	14	AZON-ET	29.98
38	Muller, Nathan	14	WSTV-ET	30.00
39	McCracken, James F	13	LEGC-ET	30.41
40	De Fleuriot, Matthew	13	SEALE-ET	30.67
41	Allison, Troy G	13	AZON-ET	30.76
42	Gilson, Samuel D	14	PSCP-UM	30.78
43	Ehlers, Josh	14	ASA-IL	30.83
44	Calado, Denilson M	15	CDTM	30.86
45	Pieterse, Nielan	13	MGSC-UG	30.95
46	Hodgson, Jake A	11	OHAN-IL	31.13
47	Rohde, Kade E	11	AZON-ET	31.26
48	Raynard, Enzo N	13	SEALE-ET	31.30
49	Basson, Gabriel J	13	SEALE-ET	31.30
50	Winkel, Liam H	14	LEGC-ET	31.37
51	Slabber, Willem J	11	SEAL-UM	31.43
52	Rodrigues, Kael	11	CBM	32.20
53	Haslam, Seth J	11	KLOO-ET	32.71
54	Freeman-Smith, Liam A	12	PSCP-UM	33.05
55	Scott, Logan W	11	BLSS-MA	33.18
56	Dlamini, Nchubeko M	11	AZON-ET	33.40
57	Swart, Petrus J	10	BLSS-MA	33.52
58	Wessels, Charl J	12	BLSS-MA	33.81
59	Henze, Anakin	12	WSTV-ET	33.86
60	Scott, Kingsley J	11	OHAN-IL	33.95
61	Smit, Jayson A	11	SEAL-UM	34.03
62	Turner, Campbell T	12	PSCP-UM	34.28
63	Nagel, Gideon P	11	BLSS-MA	34.82
64	Smit, Carter S	11	ASA-IL	34.84
65	Potgieter, Caleb J	11	SEAL-UM	35.15
66	Pillay, Quade Z	11	PSCP-UM	36.39

## #402 Women 19 &amp; Under 50 LC Meter Freestyle

Name	Age	Team	Seed Time
1	Frylinck, Mareze	16	BLSS-MA 29.10
2	Azran, Jordana K	17	KLOO-ET 29.44
3	Hulse, Milla C	15	AZON-ET 29.47
4	Welgemoed, Isabelle	14	BLSS-MA 29.58
5	Volschenk, Anja	15	BLSS-MA 29.85
6	Smith, Jessica P	16	ASA-IL 29.97
7	Van Rensburg, Marne'	15	BLSS-MA 30.00
8	Annandale, Lili	15	BLSS-MA 30.10
9	Van De Ruit, Carly A	14	AZON-ET 30.24
10	Gouws, Riley	14	ASA-IL 30.48

## SA Level 3 Regional Age Group Champs 2024-KZ - 26/03/2025 to 29/03/2025

## Psych Sheet

## #402 ... (Women 19 &amp; Under 50 LC Meter Freestyle)

Name	Age	Team	Seed Time
11 Eybers, Carli E	13	VHD-ZL	30.52
12 Coetzer, Clarise	17	STSC-KC	30.74
13 Loch, Ashley	17	VHD-ZL	30.77
14 Maritz, Violet T	13	SEAL-UM	30.80
15 Filday, Deryn S	14	AZON-ET	30.81
16 Gaines, Ruby K	16	SEALE-ET	30.81
17 Cameron, Molly	14	IND-M	30.89
18 Hoar, Lily	12	KLOO-ET	31.07
19 Neizel, Megan J	16	PSCP-UM	31.08
20 Cameron, Samantha	17	IND-M	31.12
21 Fick, Aruli	17	USH-KC	31.13
22 Brown, Evalyn	14	LEGC-ET	31.14
23 Bothma, Grace	17	WSTV-ET	31.22
24 Muller, Alexis S	14	AZON-ET	31.36
25 Pieterse, Anouske	14	MGSC-UG	31.40
26 Du Toit, Lisa R	13	SEAL-UM	31.46
27 Vorster, Arinda	13	BLSS-MA	31.50
28 Van Viegen, Ella A	13	BLSS-MA	31.51
29 Leiper, Isla C	14	LEGC-ET	31.52
30 Palframan, Sisanda B	12	SEAL-UM	31.59
31 Saint, Tara	15	KLOO-ET	31.61
32 Pabalinga, Reabetswe T	12	KLOO-ET	31.70
33 Santos, Alex G	16	PSCP-UM	31.70
34 Van Tonder, Chanel	15	SEAL-UM	31.82
35 Van der Merwe, Hannah S	14	PSCP-UM	32.00
36 van Heerden, Lia	12	BS-LL	32.05
37 Dutton, Katelyn P	13	AZON-ET	32.11
38 Slabber, Abi A	13	SEAL-UM	32.16
39 Kidgell, Sienna M	14	AZON-ET	32.23
40 Coetzer, Cherise	17	STSC-KC	32.36
41 Clowes, Cailyn	14	PSCP-UM	32.41
42 Walton, Amy L	15	AZON-ET	32.45
43 Booyesen, Morgan H	11	PSCP-UM	32.53
44 Xulu, Zibusiso S	12	WSTV-ET	32.56
45 Palframan, Layla G	11	SEAL-UM	32.84
46 Schofield, Sarah A	12	SEALE-ET	32.87
47 Wang, Emily S	12	OHAN-IL	32.95
48 Morgado, Hannah O	11	CSA-EZ	33.05
49 Sykes, Sarah J	14	PSCP-UM	33.14
50 Azar, Caylie S	13	BLSS-MA	33.46
51 Mwandla, Senzelwe	12	PSCP-UM	33.48
52 Pillay, Delija	12	VHD-ZL	33.56
53 Ngema, Olwe S	12	FRA-KC	33.79
54 Pool, Johandri	14	BLSS-MA	33.84
55 Van der Linde, Kaylie K	11	SEAL-UM	33.95
56 Budram, Elah-Mae I	12	PSCP-UM	34.00
57 Van Wyk, Jessica	13	SEAL-UM	34.33
58 Filday, Ziva L	13	AZON-ET	34.39
59 Ronnie, Addyson H	13	PSCP-UM	34.42
60 Vasco, Kyara C	15	CDTM	34.51
61 Miambo, Kianga T	12	CDTM	34.57
62 Marrier D'Univerville, Dan	12	KLOO-ET	34.60
63 Johns, Grace A	11	OHAN-IL	34.60
64 Fowler, Tenley P	11	AZON-ET	34.69
65 Van den Heever, Liv M	13	AZON-ET	35.03
66 Jacobs, Xia K	11	WSTV-ET	35.49
67 McQueen, Leanne C	11	BLSS-MA	35.61
68 Crossman, Chelsey M	11	BLSS-MA	36.39
69 Coetzer, Alyssa M	12	AZON-ET	36.58
70 Couzens, Holly G	11	SGUL-ET	36.77
71 Radebe, Zekh S	12	PSCP-UM	36.99
72 Maritz, Ava L	11	SEAL-UM	39.45

## #404 Women 99 &amp; Under 50 LC Meter Freestyle Multi-Clas

Name	Age	Team	Seed Time
1 Haselau, Savanna N SB14	19	PSCP-UM	43.89

## #405 Men 19 &amp; Under 200 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 Van Heerden, Aiden J	17	WSTV-ET	2:44.89
2 António, Ukay A	17	CDTM	2:49.16
3 Cohen, Mason	15	CDTM	2:49.38
4 Grobbelaar, Jamey L	15	LEGC-ET	2:49.82
5 Gilson, Samuel D	14	PSCP-UM	2:53.07
6 Marques, Rodrigo D	15	CBM	2:53.63
7 Smit, Jaques	16	BLSS-MA	2:54.48
8 Patricio, Cristiane H	16	CDTM	2:55.00
9 Byleveld, Tristan M	16	USH-KC	2:56.81
10 Calado, Denilson M	15	CDTM	2:56.96
11 Liversage, Liam W	17	BLSS-MA	2:57.63
12 Massih, Arvin A	15	IND-M	2:58.83
13 Van Der Westhuizen, Janu	15	STSC-KC	2:59.98
14 Massih, Kyle A	14	IND-M	3:01.66
15 Sento, Leruo	15	SWC	3:05.21
16 Ralfe, Jack W	13	PSCP-UM	3:08.74
17 Raynard, Enzo N	13	SEALE-ET	3:09.56
18 Ehlers, Josh	14	ASA-IL	3:10.69
19 Drummond, Matthew C	14	AZON-ET	3:13.46
20 McCracken, James F	13	LEGC-ET	3:13.78
21 Prinsloo, Joshua M	16	STSC-KC	3:14.58
22 Myeza, Ronewa	13	FRA-KC	3:14.62
23 Koegelenberg, Peter	12	BLUO-UG	3:15.07
24 Scott, Logan W	11	BLSS-MA	3:16.64
25 Kooijman, Conner W	13	SEALE-ET	3:19.36
26 De Fleuriot, Matthew	13	SEALE-ET	3:19.67
27 Smit, Jayson A	11	SEAL-UM	3:21.10
28 Steyn, Michael	13	VHD-ZL	3:23.80
29 Nagel, Gideon P	11	BLSS-MA	3:24.36
30 Turner, Campbell T	12	PSCP-UM	3:24.50
31 Swart, Petrus J	10	BLSS-MA	3:24.52
32 Jacobs, Reynhardt D	11	TUKS-TS	3:29.01
33 Smuts, Conor J	12	AZON-ET	3:29.52
34 Bann, Rourke D	12	AZON-ET	3:32.44
35 Pillay, Quade Z	11	PSCP-UM	3:41.50
36 Wessels, Charl J	12	BLSS-MA	3:44.83

## #406 Women 19 &amp; Under 200 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 Walton, Amy L	15	AZON-ET	3:03.26
2 Schuch, Talitha	15	LEGC-ET	3:06.53
3 Fischer, Anika	17	CBM	3:06.96
4 Clowes, Cailyn	14	PSCP-UM	3:07.28
5 Fick, Aruli	17	USH-KC	3:07.77
6 Van Tonder, Chanel	15	SEAL-UM	3:08.20
7 Van der Merwe, Ami	13	FSE-KC	3:09.02
8 Tselentis, Maria	16	OHAN-IL	3:09.18
9 Van Rooyen, Isabella S	13	SEALE-ET	3:11.36
10 Sykes, Sarah J	14	PSCP-UM	3:12.01
11 Coetzer, Cherise	17	STSC-KC	3:12.33
12 Vasco, Kyara C	15	CDTM	3:13.10
13 Hughes, Cara	13	FRA-KC	3:13.88
14 Van Zijl, Tatum	12	OHAN-IL	3:13.95
15 Pool, Johandri	14	BLSS-MA	3:15.92
16 Maritz, Ava L	11	SEAL-UM	3:23.37
17 Van Wyk, Jessica	13	SEAL-UM	3:23.63
18 Leiper, Isla C	14	LEGC-ET	3:23.84
19 Grobler, Leandri	15	VHD-ZL	3:25.11
20 Ronnie, Addyson H	13	PSCP-UM	3:26.35
21 McQueen, Leanne C	11	BLSS-MA	3:28.40
22 Logie, Courtney A	13	KLOO-ET	3:30.02

23 Steyn, Jessica	11	VHD-ZL	3:31.90
24 Nchumali, Kwicia	11	CBM	3:33.06
25 Fowler, Tenley P	11	AZON-ET	3:34.19
26 Johns, Grace A	11	OHAN-IL	3:35.41
27 Pillay, Delija	12	VHD-ZL	3:36.33
28 Couzens, Holly G	11	SGUL-ET	3:38.71
29 Jacobs, Xia K	11	WSTV-ET	3:39.08
30 Tait, Holli	12	KLOO-ET	3:39.82
31 Mwandla, Senzelwe	12	PSCP-UM	3:40.27

## #408 Women 99 &amp; Under 100 LC Meter Breaststroke Multi

Name	Age	Team	Seed Time
1 Haselau, Savanna N SB14	19	PSCP-UM	2:10.43

## #409 Men 19 &amp; Under 50 LC Meter Backstroke

Name	Age	Team	Seed Time
1 Marcos, Elmer R	16	CDTM	28.10
2 De Sousa, Hugo L	17	CDTM	29.38
3 Le Roux, Caden	15	LEGC-ET	30.99
4 Steyn, Le Roux L	17	GHSK	31.32
5 Liversage, Liam W	17	BLSS-MA	31.84
6 Menete, Lazaro	15	CDTM	32.10
7 Cohen, Mason	15	CDTM	32.17
8 Naidoo, Saieshan N	15	BEAV-ET	32.56
9 Joubert, Owen C	15	AZON-ET	32.66
10 Stead, Owen B	14	FRA-KC	32.75
11 Schonken, Eliah	14	WSTV-ET	33.11
12 Branquinho, Voiky M	14	CDTM	33.21
13 Cole, Ethan	15	MGSC-UG	33.21
14 Nhampossa, Tonio	14	CDTM	33.27
15 Smit, Jaques	16	BLSS-MA	33.32
16 Byleveld, Tristan M	16	USH-KC	33.46
17 Maclachlan, Connor B	13	OHAN-IL	33.63
18 Ngandu, Loic K	14	ASA-IL	33.89
19 Grobbelaar, Jamey L	15	LEGC-ET	33.91
20 Allison, Troy G	13	AZON-ET	34.06
21 Muller, Nathan	14	WSTV-ET	34.33
22 Crutchley, Connor M	13	SEAL-UM	34.49
23 Irving, Hayden J	13	KLOO-ET	34.98
24 Massih, Kyle A	14	IND-M	35.41
25 Dos Santos Farias, Kaique	14	CBM	35.46
26 Watt, Cameron B	14	AZON-ET	35.56
27 Raynard, Enzo N	13	SEALE-ET	35.63
28 Pieterse, Nielan	13	MGSC-UG	35.68
29 Fernandes, Luca A	13	AZON-ET	35.81
30 Seppings, Malakai J	11	ASA-IL	36.31
31 Sento, Leruo	15	SWC	36.47
32 Hodgson, Jake A	11	OHAN-IL	36.56
33 Rohde, Kade E	11	AZON-ET	36.69
34 Henze, Anakin	12	WSTV-ET	37.23
35 Slabber, Willem J	11	SEAL-UM	37.41
36 Scott, Logan W	11	BLSS-MA	37.81
37 Kooijman, Conner W	13	SEALE-ET	38.13
38 Wessels, Charl J	12	BLSS-MA	38.45
39 Basson, Gabriel J	13	SEALE-ET	38.60
40 Jacobs, Reynhardt D	11	TUKS-TS	39.13
41 Swart, Petrus J	10	BLSS-MA	39.28
42 Scott, Kingsley J	11	OHAN-IL	39.73
43 Haslam, Seth J	11	KLOO-ET	39.94
44 Smit, Carter S	11	ASA-IL	40.64
45 Smit, Jayson A	11	SEAL-UM	41.03
46 Nagel, Gideon P	11	BLSS-MA	41.29
47 Bann, Rourke D	12	AZON-ET	41.31
48 Potgieter, Caleb J	11	SEAL-UM	41.44
49 Turner, Campbell T	12	PSCP-UM	41.49
50 Dlamini, Nchubeko M	11	AZON-ET	42.02
51 Smuts, Conor J	12	AZON-ET	42.43

## SA Level 3 Regional Age Group Champs 2024-KZ - 26/03/2025 to 29/03/2025

## Psych Sheet

## #409 ... (Men 19 &amp; Under 50 LC Meter Backstroke)

52	De Fleuriot, Matthew	13	SEALE-ET	43.16
53	Pillay, Quade Z	11	PSCP-UM	43.80

## #410 Women 19 &amp; Under 50 LC Meter Backstroke

	Name	Age	Team	Seed Time
1	Loch, Ashley	18	VHD-ZL	32.37
2	Azran, Jordana K	17	KLOO-ET	33.52
3	Frylinck, Mareze	16	BLSS-MA	33.76
4	Hulse, Milla C	15	AZON-ET	34.00
5	Santos, Alex G	16	PSCP-UM	34.14
6	Van De Ruit, Carly A	14	AZON-ET	34.60
7	Muller, Alexis S	14	AZON-ET	34.78
8	Neizel, Megan J	16	PSCP-UM	35.17
9	Zietsman, Lika	13	BLSS-MA	35.56
10	Annandale, Lili	15	BLSS-MA	35.68
11	Bothma, Grace	17	WSTV-ET	35.84
12	Kidgell, Sienna M	14	AZON-ET	36.02
13	Brown, Evalyn	14	LEGC-ET	36.05
14	Nchumali, Kwicia	11	CBM	36.29
15	Van Rensburg, Marne'	15	BLSS-MA	36.46
16	Van der Merwe, Hannah S	14	PSCP-UM	36.50
17	Filday, Deryn S	14	AZON-ET	36.57
18	Bishop, Gaby	16	BETH-FD	36.59
19	Dutton, Katelyn P	13	AZON-ET	36.59
20	Cameron, Samantha	17	IND-M	36.76
21	Gouws, Riley	14	ASA-IL	36.77
22	Van Rooyen, Isabella S	13	SEALE-ET	36.78
23	Volschenk, Anja	15	BLSS-MA	36.88
24	Pillay, Delija	12	VHD-ZL	36.94
25	Saint, Tara	15	KLOO-ET	37.18
26	Eybers, Carli E	13	VHD-ZL	37.52
27	Vorster, Arinda	13	BLSS-MA	37.53
28	Coetzer, Cherise	17	STSC-KC	37.57
29	Van den Heever, Liv M	13	AZON-ET	37.76
30	Marrier D'Unienville, Dan	12	KLOO-ET	37.76
31	Tait, Holli	12	KLOO-ET	37.87
32	Slabber, Abi A	13	SEAL-UM	37.87
33	Van Viegen, Ella A	13	BLSS-MA	37.96
34	Schuch, Talitha	15	LEGC-ET	38.03
35	Pabalinga, Reabetswe T	12	KLOO-ET	38.10
36	Filday, Ziva L	13	AZON-ET	38.12
37	Coetzer, Alyssa M	12	AZON-ET	38.50
38	Welgemoed, Isabelle	14	BLSS-MA	38.58
39	Van der Linde, Kaylie K	11	SEAL-UM	38.64
40	Palframan, Sisanda B	12	SEAL-UM	38.68
41	Du Toit, Lisa R	13	SEAL-UM	38.80
42	Palframan, Layla G	11	SEAL-UM	39.11
43	Maritz, Violet T	13	SEAL-UM	39.19
44	Miambo, Kianga T	12	CDTM	39.30
45	Wang, Emily S	12	OHAN-IL	39.39
46	van Heerden, Lia	12	BS-LL	39.43
47	Budram, Elah-Mae I	12	PSCP-UM	39.79
48	Johns, Grace A	11	OHAN-IL	40.09
49	Azar, Caylie S	13	BLSS-MA	40.11
50	Pieterse, Anouske	14	MGSC-UG	40.25
51	Van Zijl, Tatum	12	OHAN-IL	40.41
52	Morgado, Hannah O	11	CSA-EZ	40.71
53	Hoar, Lily	12	KLOO-ET	40.75
54	Xulu, Zibusiso S	12	WSTV-ET	41.40
55	Ronnie, Addyson H	13	PSCP-UM	41.58
56	Schofield, Sarah A	12	SEALE-ET	41.79
57	Fowler, Tenley P	11	AZON-ET	41.83
58	Crossman, Chelsey M	11	BLSS-MA	43.02
59	McQueen, Leanne C	11	BLSS-MA	43.18
60	Couzens, Holly G	11	SGUL-ET	43.30

61	Maritz, Ava L	11	SEAL-UM	43.63
62	Radebe, Zekh S	12	PSCP-UM	44.59
63	Pool, Johandri	14	BLSS-MA	44.78

## #411 Men 19 &amp; Under 50 LC Meter Butterfly

	Name	Age	Team	Seed Time
1	Marcos, Elmer R	16	CDTM	26.89
2	Bees-Atkinson, Preston T	15	OHAN-IL	27.64
3	Dos Santos, Abdul R	16	CDTM	27.99
4	De Sousa, Hugo L	17	CDTM	28.55
5	Antônio, Ukay A	17	CDTM	28.80
6	Botha, Julian E	18	SEAL-UM	28.83
7	Schonken, Eliah	14	WSTV-ET	29.12
8	Steyn, Le Roux L	17	GHSK	29.16
9	Smit, Jaques	16	BLSS-MA	29.22
10	Naidoo, Saieshan N	15	BEAV-ET	29.27
11	Viseu, Keanu E	15	CBM	29.44
12	Marques, Rodrigo D	15	CBM	29.70
13	Khosa, Yanni B	15	CDTM	29.71
14	Watt, Alexander C	17	AZON-ET	29.82
15	Prinsloo, Joshua M	16	STSC-KC	29.92
16	Le Roux, Caden	15	LEGC-ET	30.01
17	Van Der Westhuizen, Janu	15	STSC-KC	30.22
18	Delpont, Thomas J	14	BLUO-UG	30.69
19	Joubert, Owen C	15	AZON-ET	30.91
20	Ngandu, Loic K	14	ASA-IL	31.08
21	Tapú, Taibo C	14	CDTM	31.16
22	Pretorius, Marnus E	14	VHD-ZL	31.23
23	Pioris, Whato E	12	CBM	31.44
24	Basto, Goncalo M	12	CDTM	31.71
25	Stead, Owen B	14	FRA-KC	31.96
26	Cole, Ethan	15	MGSC-UG	31.99
27	Crutchley, Connor M	13	SEAL-UM	32.02
28	Seppings, Malakai J	11	ASA-IL	32.04
29	Liversage, Liam W	17	BLSS-MA	32.27
30	Grobbeelaar, Jamey L	15	LEGC-ET	32.45
31	Patricio, Cristiane H	16	CDTM	32.48
32	Maclachlan, Connor B	13	OHAN-IL	32.54
33	Massih, Arvin A	15	IND-M	32.78
34	Watt, Cameron B	14	AZON-ET	32.84
35	Freitag, Heinrich	16	AZON-ET	32.85
36	Muller, Nathan	14	WSTV-ET	32.87
37	Allison, Troy G	13	AZON-ET	33.00
38	Sento, Leruo	15	SWC	33.22
39	Irving, Hayden J	13	KLOO-ET	33.38
40	Raynard, Enzo N	13	SEALE-ET	33.94
41	Hodgson, Jake A	11	OHAN-IL	34.14
42	Fernandes, Luca A	13	AZON-ET	34.20
43	McCracken, James F	13	LEGC-ET	34.39
44	Drummond, Matthew C	14	AZON-ET	34.82
45	Pieterse, Nielan	13	MGSC-UG	34.94
46	Basson, Gabriel J	13	SEALE-ET	34.97
47	Freeman-Smith, Liam A	12	PSCP-UM	34.98
48	De Fleuriot, Matthew	13	SEALE-ET	35.18
49	Calado, Denilson M	15	CDTM	35.52
50	Wessels, Charl J	12	BLSS-MA	35.76
51	Rohde, Kade E	11	AZON-ET	35.93
52	Smit, Jayson A	11	SEAL-UM	35.94
53	Slabber, Willem J	11	SEAL-UM	35.96
54	Koosman, Conner W	13	SEALE-ET	36.08
55	Haslam, Seth J	11	KLOO-ET	36.32
56	Nagel, Gideon P	11	BLSS-MA	36.64
57	Rodrigues, Kael	11	CBM	36.72
58	Swart, Petrus J	10	BLSS-MA	36.92
59	Koegelenberg, Peter	12	BLUO-UG	37.74
60	Scott, Logan W	11	BLSS-MA	37.97
61	Henze, Anakin	12	WSTV-ET	38.04

62	Dlamini, Nchubeko M	11	AZON-ET	38.18
63	Scott, Kingsley J	11	OHAN-IL	38.60
64	Smit, Carter S	11	ASA-IL	40.64
65	Bann, Rourke D	12	AZON-ET	41.74
66	Jacobs, Reynhardt D	11	TUKS-TS	46.40
67	Potgieter, Caleb J	11	SEAL-UM	47.72

## #412 Women 19 &amp; Under 50 LC Meter Butterfly

	Name	Age	Team	Seed Time
1	Hulse, Milla C	15	AZON-ET	31.55
2	Loch, Ashley	18	VHD-ZL	31.65
3	Frylinck, Mareze	16	BLSS-MA	31.88
4	Coetzer, Clarise	17	STSC-KC	32.51
5	Muller, Alexis S	14	AZON-ET	32.85
6	Smith, Jessica P	16	ASA-IL	32.98
7	Annandale, Lili	15	BLSS-MA	33.00
8	Gaines, Ruby K	16	SEALE-ET	33.06
9	Van Rensburg, Marne'	15	BLSS-MA	33.17
10	Cameron, Molly	14	IND-M	33.25
11	Walton, Amy L	15	AZON-ET	33.27
12	Eybers, Carli E	13	VHD-ZL	33.37
13	Filday, Deryn S	14	AZON-ET	33.74
14	Kidgell, Sienna M	14	AZON-ET	33.85
15	Saint, Tara	15	KLOO-ET	34.10
16	Pabalinga, Reabetswe T	12	KLOO-ET	34.26
17	Volschenk, Anja	15	BLSS-MA	34.43
18	Gouws, Riley	14	ASA-IL	34.51
19	Grobler, Leandri	15	VHD-ZL	34.65
20	Vorster, Arinda	13	BLSS-MA	34.83
21	Neizel, Megan J	16	PSCP-UM	34.91
22	Naidoo, Hannah	16	BEAV-ET	35.18
23	Palframan, Sisanda B	12	SEAL-UM	35.25
24	Dutton, Katelyn P	13	AZON-ET	35.32
25	Booyesen, Morgan H	11	PSCP-UM	35.40
26	Sykes, Sarah J	14	PSCP-UM	35.55
27	Clowes, Cailyn	14	PSCP-UM	35.56
28	Symington, Arabella G	11	ACES-ET	35.64
29	Welgemoed, Isabelle	14	BLSS-MA	35.70
30	Van De Ruit, Carly A	14	AZON-ET	35.91
31	Xulu, Zibusiso S	12	WSTV-ET	36.06
32	Van der Merwe, Hannah S	14	PSCP-UM	36.07
33	Van Wyk, Jessica	13	SEAL-UM	36.20
34	Van Viegen, Ella A	13	BLSS-MA	36.37
35	Coetzer, Cherise	17	STSC-KC	36.44
36	Leiper, Isla C	14	LEGC-ET	36.65
37	Azar, Caylie S	13	BLSS-MA	36.74
38	Morgado, Hannah O	11	CSA-EZ	36.87
39	Palframan, Layla G	11	SEAL-UM	37.27
40	Tselentis, Maria	16	OHAN-IL	37.37
41	Slabber, Abi A	13	SEAL-UM	37.82
42	Crossman, Chelsey M	11	BLSS-MA	37.99
43	Van der Linde, Kaylie K	11	SEAL-UM	38.01
44	Mwandla, Senzelwe	12	PSCP-UM	38.03
45	Pillay, Delija	12	VHD-ZL	38.17
46	Schofield, Sarah A	12	SEALE-ET	38.26
47	Budram, Elah-Mae I	12	PSCP-UM	38.44
48	Wang, Emily S	12	OHAN-IL	38.68
49	Hoar, Lily	12	KLOO-ET	38.81
50	Van den Heever, Liv M	13	AZON-ET	39.03
51	van Heerden, Lia	12	BS-LL	39.55
52	Filday, Ziva L	13	AZON-ET	39.64
53	Miambo, Kianga T	12	CDTM	39.67
54	Coetzer, Alyssa M	12	AZON-ET	39.83
55	Vasco, Kyara C	15	CDTM	40.21
56	Couzens, Holly G	11	SGUL-ET	41.42
57	McQueen, Leanne C	11	BLSS-MA	41.74
58	Ngema, Olwe S	12	FRA-KC	42.74



## SA Level 3 Regional Age Group Champs 2024-KZ - 26/03/2025 to 29/03/2025

## Psych Sheet

## #412 ... (Women 19 &amp; Under 50 LC Meter Butterfly)

59	Pool, Johandri	14	BLSS-MA	44.16
60	Radebe, Zekh S	12	PSCP-UM	45.34

## #415 Men 12 &amp; Under 4x50 LC Meter Medley Relay 4 x 50 m

Team	Relay	Seed Time	
1	AZON-ET	A	2:34.19
	Bann, Rourke D 12	Smuts, Conor J 12	
	Rohde, Kade E 11	Dlamini, Nchubeko M 11	
2	BLSS-MA	A	NT
	Scott, Logan W 11	Nagel, Gideon P 11	
	Wessels, Charl J 12	Swart, Petrus J 10	

## #416 Women 12 &amp; Under 4x50 LC Meter Medley Relay 4 x 50 m

Team	Relay	Seed Time	
1	SEAL-UM	A	2:23.84
2	PSCP-UM	A	2:31.71
3	KLOO-ET	A	2:31.83
	Marrier D'Unienville, Danic	Tait, Holli 12	
	Pabalinga, Reabetswe T 12	Hoar, Lily 12	

## #417 Men 13-15 4x50 LC Meter Medley Relay 4 x 50 Medley

Team	Relay	Seed Time	
1	CNGM	A	2:03.06
	Branquinho, Voiky M 14	Cohen, Mason 15	
	Khosa, Yanni B 15	Menete, Lazaro 15	
2	SEAL-UM	A	2:04.93
3	PSCP-UM	A	2:06.32
4	AZON-ET	A	2:10.94
	Joubert, Owen C 15	Drummond, Matthew C 14	
	Schroeder, Andre M 15	Watt, Cameron B 14	
5	AZON-ET	B	2:28.86

## #418 Women 13-15 4x50 LC Meter Medley Relay 4 x 50 Medley

Team	Relay	Seed Time	
1	SEAL-UM	A	2:06.82
2	KLOO-ET	A	2:16.07
3	AZON-ET	A	2:16.17
	Muller, Alexis S 14	Walton, Amy L 15	
	Hulse, Milla C 15	Van De Ruit, Carly A 14	
4	CNGM	A	2:18.97
	Mpfumo, Marta 15	Albino, Nemzi L 15	
		Massingue, Estela B 13	
5	AZON-ET	B	2:22.72
	Van den Heever, Liv M 13	Dutton, Katelyn P 13	
	Kidgell, Sienna M 14	Filday, Deryn S 14	
6	BLSS-MA	A	NT
	Annandale, Lili 15	Vorster, Arinda 13	
	Zietsman, Lika 13	Welgemoed, Isabelle 14	
7	BLSS-MA	B	NT
	Van Viegen, Ella A 13	McQueen, Leanne C 11	
	Crossman, Chelsey M 11	Azar, Caylie S 13	

## #419 Men 16-19 4x50 LC Meter Medley Relay 4 x 50 Medley

Team	Relay	Seed Time	
1	CNGM	A	1:52.30

## #420 Women 16-19 4x50 LC Meter Medley Relay 4 x 50 Medley

Team	Relay	Seed Time	
1	KLOO-ET	A	2:20.73
2	BLSS-MA	A	NT
	Volschenk, Anja 15	Pool, Johandri 14	
	Frylinck, Mareze 16	Van Rensburg, Marne' 15	

## #421 Mixed 12 &amp; Under 4x100 LC Meter Freestyle Relay 4 x 100 m

Team	Relay	Seed Time	
1	AZON-ET	A	5:07.93
	Rohde, Kade E M11	Dlamini, Nchubeko M M11	
	Kalp, Ella A W12	Coetzer, Alyssa M W12	

2	BLSS-MA	A	NT
	Swart, Petrus J M10	Crossman, Chelsey M W11	
	McQueen, Leanne C W11	Scott, Logan W M11	

## #422 Mixed 13-15 4x100 LC Meter Freestyle Relay 4 x 100 m

Team	Relay	Seed Time	
1	AZON-ET	A	4:14.78
	Joubert, Owen C M15	Drummond, Matthew C M15	
	Hulse, Milla C W15	Fernandes, Luca A M13	
2	KLOO-ET	A	4:22.17
3	AZON-ET	B	4:22.30
	Schroeder, Andre M M15	Watt, Cameron B M14	
	Filday, Deryn S W14	Dutton, Katelyn P W13	
4	FRA-KC	A	4:47.48
	Myeza, Ronewa M13	Ngema, Olwe S W12	
	Hughes, Cara W13	Stead, Owen B M14	
5	AZON-ET	C	5:14.12
6	BLSS-MA	A	NT
	Volschenk, Anja W15	Nagel, Gideon P M11	
	Wessels, Charl J M12	Welgemoed, Isabelle W14	

## #423 Mixed 16-19 4x100 LC Meter Freestyle Relay 4 x 100 m

Team	Relay	Seed Time	
1	STSC-KC	A	4:24.49
	Coetzer, Clarise W17	Coetzer, Cherise W17	
	Van Der Westhuizen, Janu M	Prinsloo, Joshua M M16	
2	BLSS-MA	A	NT
	Smit, Jaques M16	Frylinck, Mareze W16	
	Van Rensburg, Marne' W15	Liversage, Liam W M17	