



Level 3

CHAMPIONSHIPS

2025

● Arboretum Pool
RICHARDS BAY
26-29 March 2025

INFORMATION GUIDE



www.swimsa.org



sport, arts & culture
Department
Sport, Arts and Culture
REPUBLIC OF SOUTH AFRICA

Southern Sun



NATIONAL LOTTERIES COMMISSION
LOTTO FUNDED

1. WELCOME

King Cetshwayo District Aquatics (KCDA) extends its best wishes for a safe journey to all those traveling to Richards Bay. We look forward to a successful competition for everyone involved and express our gratitude to the officials and volunteers for their invaluable support. Together, we can create a truly memorable event!

2. VENUE, DATES, MEETINGS & TIMES

HOST	KCDA
VENUE	ARBORETUM SWIMMING POOL WATERBERRY WOOD, ARBORETUM, RICHARDS BAY -28.75282, 32.063362
DATES	26 – 29 March 2025
TEAM MANAGERS MEETING	Wednesday 26 March: 15h00 Thursday 27 March: 08h00 Friday 28 to Saturday 29 March: 08h45
TECHNICAL OFFICIALS MEETING	Wednesday 26 March: 15h15 Thursday 27 March: 08h15 Friday 28 to Saturday 29 March: 09h00
OPENING CEREMONY	Thursday 27 March 2025 08h30

3. WARM UP PROCEDURE

8	7	6	5	4	3	2	1	0
↓	↓	↓	↓	↓	↓	↓	↓	↓
Dive Start Sprint Lane	Circle Swim Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	No Swimming
↑	↻	↻	↻	↻	↻	↻	↻	X
8	7	6	5	4	3	2	1	0

SHALLOW END – EXIT ONLY. NO EXIT OVER TOUCH PADS

WARM UP SESSION 1:

WEDNESDAY 26 March: Time: 13h30 to 14h30
THURSDAY 27 March: Time: 06h15 to 07h15
FRIDAY TO SATURDAY 29 March: Time: 07h00 to 08h00

LANE	CLUB	LANE	CLUB
LANE 1	Legacy, Margate	LANE 2	Ashton, Umlazi Sharks
LANE 3	Bulties, Curro, Good Hope, Otters, Seagulls, Stingrays SWC, Aces	LANE 4	Kloof, Tuks
LANE 5	Stingrays KC, Vryheid, Fish Eagles	LANE 6	Beavers, Bethseals, Blue Ocean
LANE 7	Ushaka, Froggies	LANE 8	Dives and Turns

WARM UP SESSION 2

WEDNESDAY 26 March: Time: 14h30 to 15h30
THURSDAY 27 March: Time: 07h15 to 08h15
FRIDAY TO SATURDAY 29 March: Time: 08h00 to 09h00

LANE	CLUB	LANE	CLUB
LANE 1	Westville	LANE 2	Maputo Clubs
LANE 3	Super Seals	LANE 4	Seals
LANE 5	Penguins	LANE 6	Aquazone
LANE 7	Ohana	LANE 8	Dives and Turns

FINALS WARM UP: Warm up for finals will take place 1 hour prior to the start of finals with no allocated lanes per club.

NB: SWIMMERS TO EXIT THE POOL AT THE SHALLOW END ONLY DURING WARM UP.
ALL SWIMMERS TO EXIT DURING THE EVENT IN LANE 1 AT THE LADDER

4. COACHES AND TEAM MANAGERS:

- Only registered Coaches are permitted on pool deck for warm up;
- No coaches, team manager, parents, spectators or any other allowed on the pool deck at any time during the tournament.

5. RECORDS OFFICER:

- Control Room is *OUT OF BOUNDS* to coaches, parents and swimmers;
- No coach, parent or swimmer will be allowed in the Control Room unless they have been called by a Tournament Official;
- Only Team Managers are permitted to enter the Control Room for queries, late entries, scratching or relay entries;
- Only Team Managers may lodge objections;

6. POOL ACCESS/ENTRANCE:

- **No** tickets are sold at the entrance;
- All tickets to be purchased on Quicket:
<https://www.quicket.co.za/events/299892-ssa-regional-level-3-richards-bay/>
- All swimmers, Coaches, Officials and Spectators must enter through the main entrance where swimmers, coaches and officials of the day will collect their accreditation pass to allow free entry.

7. PARKING:

- Secure parking between the pool and the school will be available daily at a cash fee of R10 per vehicle.
- Please keep your daily ticket to go in and out.

8. COMMUNICATION:

- All-important communication including results etc. will be posted on the Level 3 WhatsApp group for coaches and team managers during the event
- Results will be available on Meet Mobile.

9. CALL ROOM & STARTING AREA

- Team Managers are to ensure their swimmers report to the Call Room timeously for their event;
- Events will be announced and posted on the WhatsApp group
- Swimmers and dedicated Officials are the only persons allowed in the Call Room gazebos;
- The Call Room Marquee is out of bounds for all others;
- Starting Area is out of bounds to all Coaches, Team Managers, Parents and swimmers not in the said events.
- If any swimmer is found to be misbehaving, in contravention of the Fair Play, Dignity and Integrity ethics code, or disrespectful to the Competitors Stewart, he or she may have the swimmer removed from the event immediately.

10. GAZEBO:

- Remember to bring gazebos as shade is very limited at our pool

11. PHOTOGRAPHER:

- There will be professional photographers on pool deck.
- Kindly advise if any swimmer is opposed to having their photo taken during the event.

12. SAFEGUARDING:

- Our safeguarding officers will be on duty throughout the gala wearing a **RED** shirt.

13. MEDICAL:

- MedCare 911 will be on site with an ambulance.

14. SMOKING AND ALCOHOL POLICY

- In terms of the City of uMhlatuze by-laws smoking or any use of any tobacco products including Vape together with the consumption of Alcohol or under the influence thereof is prohibited in all areas of the facility;
- Should anyone be found contravening this policy a R1,000-00 fine will be issued to the guilty party or removed from the premises.

Thank you
King Cetshwayo District Aquatics