

SA Level 3 Regional Age Group Champs 2024-FS - 21/03/2024 to 24/03/2024**Team Entries - All Events****Aquazone Swim Club-ET**

1	Aquazone Swim Club - 'A' Joubert, Owen C; Evans, Carter; Leppan, Bradley D; Watt, Cameron B	#215 Men 13-15 4x100 Freestyle Relay 4 X 100 F	4:35.96
2	Aquazone Swim Club - 'A' Filday, Deryn S; Muller, Alexis S; Walton, Amy L; Allison, Holly T	#216 Women 13-15 4x100 Freestyle Relay 4 X 10	4:41.32
3	Aquazone Swim Club - 'A' Evans, Carter; Joubert, Owen C; Leppan, Bradley D; Watt, Cameron B	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	2:06.00
4	Aquazone Swim Club - 'A' Muller, Alexis S; Walton, Amy L; Filday, Deryn S; Allison, Holly T	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:06.87
5	Aquazone Swim Club - 'A' Joubert, Owen C; Walton, Amy L; Allison, Holly T; Watt, Cameron B	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:19.85
6	Aquazone Swim Club - 'A' Leppan, Bradley D; Evans, Carter; Joubert, Owen C; Watt, Cameron B	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	2:20.58
7	Aquazone Swim Club - 'A' Allison, Holly T; Walton, Amy L; Muller, Alexis S; Filday, Deryn S	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	2:22.04
8	Aquazone Swim Club - 'A' Watt, Cameron B; Allison, Holly T; Joubert, Owen C; Filday, Deryn S	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:27.56

Aquazone Swim Club-ET Total Individual Entries: 0 - Total Relays: 8

SA Level 3 Regional Age Group Champs 2024-FS - 21/03/2024 to 24/03/2024

Team Entries - All Events

Bloemfontein Otters-MA

1	Bloemfontein Otters - 'A' Gutter, Livia; Wessels, Carinke; van der Spuy, Melan; du Plessis, Evie	#214 Women 12 & Under 4x100 Freestyle Relay 4	NT
2	Bloemfontein Otters - 'A' Reinders, Devon; Els, Nicolai; Louw, Dirka A; Coetzer, JC C	#215 Men 13-15 4x100 Freestyle Relay 4 X 100 F	NT
3	Bloemfontein Otters - 'A' Harbron, Danielle; Vosloo, Kayla; Grobler, Danielle; Pretorius, Emma E	#216 Women 13-15 4x100 Freestyle Relay 4 X 10	NT
4	Bloemfontein Otters - 'A' _____;	#217 Men 16-19 4x100 Freestyle Relay 4 X 100 F	NT
5	Bloemfontein Otters - 'A' _____;	#218 Women 16-19 4x100 Freestyle Relay 4 X 10	NT
6	Bloemfontein Otters - 'A' van der Spuy, Melan; du Plessis, Evie; Gutter, Livia; Wessels, Carinke	#316 Women 12 & Under 4x50 Freestyle Relay 4 :	NT
7	Bloemfontein Otters - 'A' Reinders, Devon; Els, Nicolai; Louw, Dirka A; Coetzer, JC C	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	NT
8	Bloemfontein Otters - 'A' Harbron, Danielle; Vosloo, Kayla; Grobler, Danielle; Pretorius, Emma E	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	NT
9	Bloemfontein Otters - 'A' De Vos, Juan-dre; Cilliers, Christopher J; Figueira, Miguel R; Oosthuizen, Austin	#319 Men 16-19 4x50 Freestyle Relay 4 x 50 Free	NT
10	Bloemfontein Otters - 'A' Whelan, Francis; Helmand, Jana; Jordaan, Nanette; Opperman, Inge	#320 Women 16-19 4x50 Freestyle Relay 4 x 50 F	NT
11	Bloemfontein Otters - 'A' Oosthuizen, Austin; Gutter, Livia; Wessels, Carinke; Els, Nicolai	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	NT
12	Bloemfontein Otters - 'A' Louw, Dirka A; Vosloo, Kayla; Coetzer, JC C; Harbron, Danielle	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:08.91
13	Bloemfontein Otters - 'A' Cilliers, Christopher J; De Vos, Juan-dre; Jordaan, Nanette; Whelan, Francis	#323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe	NT
14	Bloemfontein Otters - 'A' van der Spuy, Melan; Gutter, Livia; Wessels, Carinke; du Plessis, Evie	#416 Women 12 & Under 4x50 Medley Relay 4 x 5	NT
15	Bloemfontein Otters - 'A' Louw, Dirka A; Figueira, Miguel R; Coetzer, Jacques; Reinders, Devon	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	NT
16	Bloemfontein Otters - 'A' Pretorius, Emma E; Vosloo, Kayla; Grobler, Danielle; Harbron, Danielle	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	NT
17	Bloemfontein Otters - 'A' Cilliers, Christopher J; De Vos, Juan-dre; Els, Nicolai; Oosthuizen, Austin	#419 Men 16-19 4x50 Medley Relay 4 x 50 Medle	NT
18	Bloemfontein Otters - 'A' Helmand, Jana; Jordaan, Nanette; Whelan, Francis; Opperman, Inge	#420 Women 16-19 4x50 Medley Relay 4 x 50 Me	NT
19	Bloemfontein Otters - 'A' Els, Nicolai; Oosthuizen, Austin; Gutter, Markus J; du Plessis, Evie	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x	NT
20	Bloemfontein Otters - 'A' Coetzer, JC C; Reinders, Devon; Grobler, Danielle; Harbron, Danielle	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:17.21
21	Bloemfontein Otters - 'A' De Vos, Juan-dre; Cilliers, Christopher J; Whelan, Francis; Helmand, Jana	#423 Mixed 16-24 4x100 Freestyle Relay 4 x 100	NT

Bloemfontein Otters-MA Total Individual Entries: 0 - Total Relays: 21

SA Level 3 Regional Age Group Champs 2024-FS - 21/03/2024 to 24/03/2024**Team Entries - All Events**

Bull Sharks-MA

1	Bull Sharks - 'A' Meyer, Maya; Meyer, Annabel; Jacobs, Levi; Sorour, Micheal	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:23.74
2	Bull Sharks - 'A' Meyer, Maya; Meyer, Annabel; Sorour, Micheal; Jacobs, Levi	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	NT

Bull Sharks-MA Total Individual Entries: 0 - Total Relays: 2

SA Level 3 Regional Age Group Champs 2024-FS - 21/03/2024 to 24/03/2024**Team Entries - All Events**

Kloof Asc-ET

1	Kloof Asc - 'A' _____;	#218 Women 16-19 4x100 Freestyle Relay 4 X 10	4:14.90
2	Kloof Asc - 'A' _____;	#320 Women 16-19 4x50 Freestyle Relay 4 x 50 F	1:57.67
3	Kloof Asc - 'A' _____;	#420 Women 16-19 4x50 Medley Relay 4 x 50 Me	2:09.14

Kloof Asc-ET Total Individual Entries: 0 - Total Relays: 3

SA Level 3 Regional Age Group Champs 2024-FS - 21/03/2024 to 24/03/2024**Team Entries - All Events****Namibia Swimming Federation**

1	Namibia Swimming Federation - 'A' Bergh, Riley R; Cowley, Dylan; Diehl, Aiden P; Badenhorst, Oelof O	#213 Men 12 & Under 4x100 Freestyle Relay 4 X 100	5:01.83
2	Namibia Swimming Federation - 'A' De Sousa, Vitoria J; Schlabitz, Nora L; Steyn, Lara; Slinger, Gizelle	#216 Women 13-15 4x100 Freestyle Relay 4 X 100	4:39.63
3	Namibia Swimming Federation - 'B' Zeidler, Zafari N; Van Wyk, Roze; Schnebel, Sandra; Meyer, Cara	#216 Women 13-15 4x100 Freestyle Relay 4 X 100	4:58.49
4	Namibia Swimming Federation - 'A' Geyser, Brett A; Durand, Patrick; Nell, Tristan T; Bauernschmitt, Michael B	#217 Men 16-19 4x100 Freestyle Relay 4 X 100 F	4:12.77
5	Namibia Swimming Federation - 'A' Badenhorst, Oelof O; Bergh, Riley R; Diehl, Aiden P; Durand, Patrick	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50 F	2:18.06
6	Namibia Swimming Federation - 'A' Schlabitz, Nora L; Schnebel, Sandra; Steyn, Lara; Slinger, Gizelle	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:09.52
7	Namibia Swimming Federation - 'B' Zeidler, Zafari N; Van Wyk, Roze; Huang, Xinyue; Meyer, Cara	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:16.62
8	Namibia Swimming Federation - 'A' Geyser, Brett A; Cowley, Dylan; Nell, Tristan T; Bauernschmitt, Michael B	#319 Men 16-19 4x50 Freestyle Relay 4 x 50 Free	1:55.14
9	Namibia Swimming Federation - 'A' Bergh, Riley R; Badenhorst, Oelof O; Huang, Xinyue; Schnebel, Sandra	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50 M	2:31.88
10	Namibia Swimming Federation - 'A' Slinger, Gizelle; Nell, Tristan T; Meyer, Cara; Durand, Patrick	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:20.57
11	Namibia Swimming Federation - 'B' Diehl, Aiden P; Schlabitz, Nora L; Van Wyk, Roze; Cowley, Dylan	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:35.13
12	Namibia Swimming Federation - 'A' De Sousa, Vitoria J; Geysler, Brett A; Bauernschmitt, Michael B; Steyn, Lara	#323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe	2:14.60
13	Namibia Swimming Federation - 'A' Bergh, Riley R; Badenhorst, Oelof O; Durand, Patrick; Diehl, Aiden P	#415 Men 12 & Under 4x50 Medley Relay 4 x 50 M	2:29.75
14	Namibia Swimming Federation - 'A' Schlabitz, Nora L; Zeidler, Zafari N; Meyer, Cara; Slinger, Gizelle	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	2:23.18
15	Namibia Swimming Federation - 'B' Schnebel, Sandra; Van Wyk, Roze; Huang, Xinyue; Steyn, Lara	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	2:27.72
16	Namibia Swimming Federation - 'A' Nell, Tristan T; Cowley, Dylan; Geysler, Brett A; Bauernschmitt, Michael B	#419 Men 16-19 4x50 Medley Relay 4 x 50 Medle	2:07.68
17	Namibia Swimming Federation - 'A' Schnebel, Sandra; Huang, Xinyue; Bergh, Riley R; Durand, Patrick	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x 100	5:01.58
18	Namibia Swimming Federation - 'A' Slinger, Gizelle; Badenhorst, Oelof O; De Sousa, Vitoria J; Nell, Tristan T	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:31.55
19	Namibia Swimming Federation - 'B' Meyer, Cara; Diehl, Aiden P; Cowley, Dylan; Zeidler, Zafari N	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	5:03.71
20	Namibia Swimming Federation - 'A' Geysler, Brett A; Schlabitz, Nora L; Steyn, Lara; Bauernschmitt, Michael B	#423 Mixed 16-24 4x100 Freestyle Relay 4 x 100	4:21.92

Namibia Swimming Federation Total Individual Entries: 0 - Total Relays: 20

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Neptune's Aquatics-MA

1	Neptune's Aquatics - 'A' Lindeboom, Douglas G; Badenhorst, Jandre; Cupido, Donyelle; Williams, Ashley	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:31.24
2	Neptune's Aquatics - 'A' Badenhorst, Jandre; Williams, Ashley; Lindeboom, Douglas G; Cupido, Donyelle	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:49.67

Neptune's Aquatics-MA Total Individual Entries: 0 - Total Relays: 2

SA Level 3 Regional Age Group Champs 2024-FS - 21/03/2024 to 24/03/2024**Team Entries - All Events****Penguins Swimming Club-UM**

1	Penguins Swimming Club - 'A' _____;	#216 Women 13-15 4x100 Freestyle Relay 4 X 10	4:38.26
2	Penguins Swimming Club - 'A' _____;	#217 Men 16-19 4x100 Freestyle Relay 4 X 100 F	3:52.66
3	Penguins Swimming Club - 'A' _____;	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:01.82
4	Penguins Swimming Club - 'A' _____;	#319 Men 16-19 4x50 Freestyle Relay 4 x 50 Free	1:45.05
5	Penguins Swimming Club - 'A' _____;	#323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe	2:29.17
6	Penguins Swimming Club - 'A' _____;	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	2:12.59
7	Penguins Swimming Club - 'A' _____;	#419 Men 16-19 4x50 Medley Relay 4 x 50 Medle	1:54.45
8	Penguins Swimming Club - 'A' _____;	#423 Mixed 16-24 4x100 Freestyle Relay 4 x 100	4:42.82

Penguins Swimming Club-UM Total Individual Entries: 0 - Total Relays: 8

SA Level 3 Regional Age Group Champs 2024-FS - 21/03/2024 to 24/03/2024**Team Entries - All Events**

Seagulls SC-ET

1	Seagulls SC - 'A' _____;	#213 Men 12 & Under 4x100 Freestyle Relay 4 X :	4:38.82
2	Seagulls SC - 'A' _____;	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50	2:07.51
3	Seagulls SC - 'A' _____;	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:32.41
4	Seagulls SC - 'A' _____;	#415 Men 12 & Under 4x50 Medley Relay 4 x 50 M	2:25.00
Seagulls SC-ET Total Individual Entries: 0 - Total Relays: 4			

SA Level 3 Regional Age Group Champs 2024-FS - 21/03/2024 to 24/03/2024**Team Entries - All Events****Super Seals-MA**

1	Super Seals - 'A' Azar, Caylie S; Van Viegen, Ella A; Steyn, Nina H; Gasson, Elle R	#214 Women 12 & Under 4x100 Freestyle Relay 4	NT
2	Super Seals - 'A' Smit, Jaques; Bouwer, Levi G; Chen, Orion; DU Plessis, Mark	#215 Men 13-15 4x100 Freestyle Relay 4 X 100 F	NT
3	Super Seals - 'A' Van Rensburg, Marne'; Prinsloo, Mine; Munro, Diane; Leech, Kelci	#216 Women 13-15 4x100 Freestyle Relay 4 X 10	NT
4	Super Seals - 'A' _____;	#217 Men 16-19 4x100 Freestyle Relay 4 X 100 F	NT
5	Super Seals - 'A' Leech, Kelci; Johns, Miche; Steyn, Nina H; Vincent, Amelia	#218 Women 16-19 4x100 Freestyle Relay 4 X 10	NT
6	Super Seals - 'A' Van Viegen, Ella A; Gasson, Elle R; Steyn, Nina H; Azar, Caylie S	#316 Women 12 & Under 4x50 Freestyle Relay 4 :	NT
7	Super Seals - 'A' Smit, Jaques; Chen, Orion; Bouwer, Levi G; DU Plessis, Mark	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	NT
8	Super Seals - 'A' _____;	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	NT
9	Super Seals - 'A' Leech, Kelci; Vincent, Amelia; Steyn, Lisa M; Maritz, Sami L	#320 Women 16-19 4x50 Freestyle Relay 4 x 50 F	NT
10	Super Seals - 'A' Van Viegen, Ella A; Chen, Orion; Azar, Caylie S; Bouwer, Levi G	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	NT
11	Super Seals - 'A' Vincent, Amelia; Chen, Orion; Leech, Kelci; DU Plessis, Mark	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	NT
12	Super Seals - 'A' Liversage, Liam W; Smit, Jaques; Johns, Miche; Steyn, Lisa M	#323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe	2:10.82
13	Super Seals - 'A' Van Viegen, Ella A; Gasson, Elle R; Steyn, Nina H; Azar, Caylie S	#416 Women 12 & Under 4x50 Medley Relay 4 x !	NT
14	Super Seals - 'A' Smit, Jaques; DU Plessis, Mark; Chen, Orion; Bouwer, Levi G	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	NT
15	Super Seals - 'A' _____;	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	NT
16	Super Seals - 'A' Vincent, Amelia; Johns, Miche; Leech, Kelci; _____	#420 Women 16-19 4x50 Medley Relay 4 x 50 Me	NT
17	Super Seals - 'A' _____;	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 >	NT
18	Super Seals - 'A' Steyn, Lisa M; Bouwer, Levi G; DU Plessis, Mark; Van Rensburg, Marne'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	NT
19	Super Seals - 'A' Liversage, Liam W; Leech, Kelci; Johns, Miche; _____	#423 Mixed 16-24 4x100 Freestyle Relay 4 x 100	NT
Super Seals-MA Total Individual Entries: 0 - Total Relays: 19			

SA Level 3 Regional Age Group Champs 2024-FS - 21/03/2024 to 24/03/2024**Team Entries - All Events**

Upington Swemklub -zf McGawi-ZM

1	Upington Swemklub -zf McGawi - 'A' Orffer, Llwellyn F; Pretorius, Mariné; Vries, Jayden J; March, Gea A	#323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe	2:30.99
2	Upington Swemklub -zf McGawi - 'B' _____ ; _____ ; _____ ; _____	#323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe	NT
3	Upington Swemklub -zf McGawi - 'A' Orffer, Llwellyn F; Vries, Jayden J; Pretorius, Mariné; March, Gea A	#423 Mixed 16-24 4x100 Freestyle Relay 4 x 100	4:46.83

Upington Swemklub -zf McGawi-ZM Total Individual Entries: 0 - Total Relays: 3