

## SA Level 3 Regional Age Group Champs 2024-FS - 21/03/2024 to 24/03/2024

## Psych Sheet

#101 Men 11 & Under 400 LC Meter Freestyle				#108 Women 14 Year Olds 400 LC Meter Freestyle				#109 Men 15 Year Olds 400 LC Meter Freestyle				#110 Women 15 Year Olds 400 LC Meter Freestyle				#111 Men 16 Year Olds 400 LC Meter Freestyle				#112 Women 16 Year Olds 400 LC Meter Freestyle				#113 Men 17-19 400 LC Meter Freestyle				#114 Women 17-19 400 LC Meter Freestyle				#201 Men 19 & Under 100 LC Meter Freestyle																																																																																																																																																																																																																																											
Name	Age	Team	Seed Time	Name	Age	Team	Seed Time	Name	Age	Team	Seed Time	Name	Age	Team	Seed Time	Name	Age	Team	Seed Time	Name	Age	Team	Seed Time	Name	Age	Team	Seed Time	Name	Age	Team	Seed Time	Name	Age	Team	Seed Time	Name	Age	Team	Seed Time	Name	Age	Team	Seed Time																																																																																																																																																																																																																																
1 160 de Wit, Damien J	11	SGUL-ET	5:13.50	6 22 Badenhorst, Jandre	14	BLNE-MA	5:48.32	12 65 Maritz, Jaden D	17	BETH-FD	58.82	13 125 Kail, Greg P	14	ASA-IL	59.77	14 113 Botha, Julian E	17	SEAL-UM	59.86	15 90 Geysler, Brett A	17	NSFED	59.87	16 168 Le Roux, Cuan B	16	AZON-ET	59.90	17 17 Vries, Jayden J	17	UPSK-ZM	1:00.05	18 79 Venter, Tristan	16	WSS-LL	1:00.38	19 184 Le Roux, Caden	14	LEGC-ET	1:00.80	20 88 Nell, Tristan T	15	NSFED	1:00.95	21 82 Nel, SJ J	15	WELA-LL	1:01.02	22 135 Naidoo, Saieshan N	14	BEAV-ET	1:01.15	23 68 Sorour, Micheal	14	BULS-MA	1:01.24	24 128 Spoor, St John S	16	ASA-IL	1:01.24	25 59 Smit, Jaques	15	BLSS-MA	1:01.61	26 3 Van Vuuren, SJ J	18	KALA-JT	1:01.68	27 139 Hartman, Nathan S	15	BLUO-UG	1:02.77	28 50 Liversage, Liam W	16	BLSS-MA	1:03.03	29 35 Reinders, Devon	13	BLOT-MA	1:03.08	30 84 Oelofse, Cay-Din	14	TNDER-FD	1:03.47	31 77 Van Schalkwyk, Christ	14	VALS-FD	1:04.54	32 160 de Wit, Damien J	11	SGUL-ET	1:05.30	33 45 Louw, Dirka A	14	BLOT-MA	1:05.58	34 112 Watt, Cameron B	13	AZON-ET	1:05.81	35 136 Hopper, Lincoln A	14	BEAV-ET	1:06.14	36 151 Crutchley, Connor M	12	SEALE-ET	1:06.85	37 12 Jacobs, Jossie J	14	KTS-JT	1:07.29	38 108 Joubert, Owen C	14	AZON-ET	1:07.77	39 22 Badenhorst, Jandre	14	BLNE-MA	1:07.90	40 149 Reddhi, Viashen	13	ACSA-ET	1:08.11	41 124 Bezuidenhout, Levi J	11	ASA-IL	1:08.70	42 67 Jacobs, Levi	13	BULS-MA	1:08.86	43 8 Middleton, Josh C	12	FAAC-FB	1:08.96	44 161 Snyman, Kian	11	SGUL-ET	1:09.23	45 163 Huang, Evan	13	SGUL-ET	1:09.77	46 165 Allison, Troy G	12	AZON-ET	1:09.80	47 133 Pillay, Terrian	11	BEAV-ET	1:10.99	48 109 Leppan, Bradley D	13	AZON-ET	1:11.16	49 127 Seppings, Malakai J	10	ASA-IL	1:12.27	50 25 Lindeboom, Douglas C	12	BLNE-MA	1:12.41	51 43 Els, Nicolai	12	BLOT-MA	1:12.54	52 146 Raynard, Enzo N	12	KLOO-ET	1:12.61	53 97 Durand, Patrick	10	NSFED	1:13.27	54 58 DU Plessis, Mark	14	BLSS-MA	1:13.70	55 69 Le Breton, Damian	12	BULS-MA	1:14.17	56 100 Badenhorst, Oelof O	10	NSFED	1:14.34	57 5 Harbron, Nicholas	12	FAAC-FB	1:14.46	58 18 Orffer, Llwellyn F	11	UPSK-ZM	1:14.83	59 37 Figueira, Miguel R	14	BLOT-MA	1:15.36	60 138 Koegelenberg, Peter	11	BLUO-UG	1:15.96	61 129 Naidoo, Kurik	12	ASA-IL	1:16.34	62 48 Bouwer, Levi G	11	BLSS-MA	1:16.52	63 104 Bergh, Riley R	12	NSFED	1:16.81	64 142 Haslam, Seth J	10	KLOO-ET	1:17.38	65 101 Diehl, Aiden P	10	NSFED	1:17.41	66 140 Venter, Liam	12	BLUO-UG	1:17.69	67 70 Carson, Cayden J	11	BULS-MA	1:17.88	68 13 Opperman, Theodore	11	KTS-JT	1:18.42	69 34 Oosthuizen, Austin	12	BLOT-MA	1:18.42	70 7 Lategan, Louis H	11	FAAC-FB	1:18.62	71 95 Cowley, Dylan	11	NSFED	1:19.31	72 148 Yende, Akwande	11	KLOO-ET	1:19.60	73 61 Chen, Orion	12	BLSS-MA	1:20.22	74 158 Smuts, Conon J	11	SGUL-ET	1:20.25	75 80 Wiesner, Jordan	11	WSS-LL	1:22.81	76 64 Wessels, Charl J	11	BLSS-MA	1:25.36

## SA Level 3 Regional Age Group Champs 2024-FS - 21/03/2024 to 24/03/2024

## Psych Sheet

## #202 Women 19 &amp; Under 100 LC Meter Freestyle

Name	Age	Team	Seed Time
1 24 Vorster, Isabel	16	BLNE-MA	1:03.89
2 30 Whelan, Francis	16	BLOT-MA	1:04.47
3 141 Azran, Jordana K	16	KLOO-ET	1:04.80
4 29 Helmand, Jana	16	BLOT-MA	1:04.83
5 57 Leech, Kelci	15	BLSS-MA	1:05.26
6 166 Borrageiro, Nirvana I	17	AZON-ET	1:05.38
7 51 Steyn, Lisa M	15	BLSS-MA	1:05.44
8 46 Pretorius, Emma E	13	BLOT-MA	1:06.04
9 121 Bocking, Mikje	14	SEAL-UM	1:06.10
10 44 Harbron, Danielle	14	BLOT-MA	1:06.11
11 11 Groenewald, Mia T	14	KTS-JT	1:06.14
12 6 Lategan, Lehane	14	FAAC-FB	1:06.22
13 92 Slinger, Gizelle	14	NSFED	1:06.43
14 126 Van Schalkwyk, Mayl	13	ASA-IL	1:06.83
15 145 Hulse, Milla C	14	KLOO-ET	1:07.05
16 105 Allison, Holly T	15	AZON-ET	1:07.36
17 172 Parsons, Jorja T	15	PSCP-UM	1:07.42
18 118 Sheard, Rachel J	13	SEAL-UM	1:07.68
19 119 Pillay, Jasmine E	16	SEAL-UM	1:08.11
20 28 Grobler, Danielle	14	BLOT-MA	1:08.35
21 137 Koegelenberg, Kirsty	13	BLUO-UG	1:08.45
22 120 Sauerma, Rene C	16	SEAL-UM	1:08.71
23 83 Barnard, Chrisley	15	BS-LL	1:08.83
24 54 Van Rensburg, Marne'	14	BLSS-MA	1:09.13
25 56 Prinsloo, Mine	14	BLSS-MA	1:09.23
26 131 Gouws, Riley	13	ASA-IL	1:09.33
27 107 Filday, Deryn S	13	AZON-ET	1:09.44
28 53 Vincent, Amelia	15	BLSS-MA	1:09.56
29 122 De Haas, Hayley	12	SEAL-UM	1:09.75
30 14 van Rensburg, Alienne	16	KTS-JT	1:09.83
31 91 De Sousa, Vitoria J	13	NSFED	1:09.83
32 179 Neizel, Megan J	15	PSCP-UM	1:10.11
33 186 Brown, Evalyn	13	LEGC-ET	1:10.23
34 36 du Plessis, Evie	11	BLOT-MA	1:10.64
35 94 Steyn, Lara	14	NSFED	1:10.79
36 123 Maritz, Violet T	12	SEAL-UM	1:10.89
37 2 Stone, Janica	17	KALA-JT	1:11.01
38 20 Cupido, Donyelle	12	BLNE-MA	1:11.47
39 62 Johns, Mische	18	BLSS-MA	1:11.50
40 187 Goelst, Gemma J	13	CSA-EZ	1:11.69
41 114 Cruywagen, Shiloh R	11	SEAL-UM	1:11.84
42 38 Gutter, Livia	12	BLOT-MA	1:11.91
43 132 Lally, Jenna-Mae	15	BEAV-ET	1:12.53
44 102 Schlabit, Nora L	14	NSFED	1:12.58
45 115 Jansen van Vuuren, Jk	11	SEAL-UM	1:12.86
46 156 Scheepers, Janneke	13	SGUL-ET	1:13.00
47 72 Meyer, Maya	13	BULS-MA	1:13.24
48 180 Moodley, Abigail C	12	PSCP-UM	1:13.34
49 93 Meyer, Cara	13	NSFED	1:13.40
50 63 Munro, Diane	14	BLSS-MA	1:13.52
51 99 Zeidler, Zafari N	13	NSFED	1:13.59
52 116 Palframan, Sisanda	11	SEAL-UM	1:13.90
53 15 Pretorius, Mariné	13	UPSK-ZM	1:14.38
54 41 Wessels, Carinke	11	BLOT-MA	1:14.42
55 96 Schnebel, Sandra	12	NSFED	1:14.50
56 10 Groenewald, Emma A	12	KTS-JT	1:14.60
57 55 Gasson, Elle R	12	BLSS-MA	1:14.67
58 19 De Villiers, Charlize A	18	PRKA-PS	1:14.99
59 47 Azar, Caylie S	12	BLSS-MA	1:15.21
60 178 Mhlongo, Aphelele A	12	PSCP-UM	1:15.26
61 162 Baqwa, Oyama K	11	SGUL-ET	1:15.67
62 78 Venter, Tatum M	12	WSS-LL	1:15.74
63 117 Potgieter, Chloe F	12	SEAL-UM	1:15.76
64 176 Clowes, Cailyn	13	PSCP-UM	1:15.89

65 39 van Biljon, Aila	12	BLOT-MA	1:16.12
66 52 Van Viegen, Ella A	12	BLSS-MA	1:16.53
67 42 Opperman, Inge	11	BLOT-MA	1:16.70
68 103 Huang, Xinyue	10	NSFED	1:16.93
69 98 Van Wyk, Roze	11	NSFED	1:17.00
70 71 Meyer, Annabel	11	BULS-MA	1:17.38
71 16 March, Gea A	11	UPSK-ZM	1:17.57
72 143 Hoar, Lily	11	KLOO-ET	1:17.87
73 21 Williams, Ashley	12	BLNE-MA	1:17.89
74 177 Mbambo, Zetty N	11	PSCP-UM	1:19.07
75 60 Steyn, Nina H	12	BLSS-MA	1:19.69
76 4 Crozier, Emily N	13	FAAC-FB	1:21.45
77 130 Winterbach, Sophia I	11	ASA-IL	1:23.10
78 182 Purdon, Robyn-Rae T	14	PSCP-UM	1:23.12
79 1 Pretorius, Mienke	11	KALA-JT	1:25.02
80 183 Sykes, Sarah J	13	PSCP-UM	1:28.43

## #203 Men 99 &amp; Under 200 LC Meter IM Multi-Class Para

Name	Age	Team	Seed Time
1 65 Maritz, Jaden D	17	BETH-FD	2:35.21

## #204 Women 99 &amp; Under 200 LC Meter IM Multi-Class Para

Name	Age	Team	Seed Time
1 66 Zietsman, Lika	12	BETH-FD	3:14.42

## #205 Men 19 &amp; Under 100 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 27 De Vos, Juan-dre	16	BLOT-MA	1:11.75
2 49 De Beer, Stephan	17	BLSS-MA	1:15.15
3 164 Govender, Dhilan	17	SGUL-ET	1:15.20
4 81 Cronje, Edrich	17	WELA-LL	1:16.58
5 79 Venter, Tristan	16	WSS-LL	1:16.80
6 84 Oelofse, Cay-Din	14	TNDER-FD	1:17.34
7 90 Geysler, Brett A	17	NSFED	1:17.86
8 128 Spoors, St John S	16	ASA-IL	1:18.48
9 59 Smit, Jaques	15	BLSS-MA	1:19.60
10 31 Cilliers, Christopher J	16	BLOT-MA	1:19.73
11 17 Vries, Jayden J	17	UPSK-ZM	1:19.89
12 135 Naidoo, Saieshan N	14	BEAV-ET	1:20.39
13 167 Grobbelaar, Jamey L	14	AZON-ET	1:21.60
14 125 Kalil, Greg P	14	ASA-IL	1:21.88
15 89 Bauernschmitt, Micha	16	NSFED	1:21.96
16 163 Huang, Evan	13	SGUL-ET	1:22.88
17 106 Evans, Carter	14	AZON-ET	1:23.45
18 22 Badenhors, Jandre	14	BLNE-MA	1:25.17
19 58 DU Plessis, Mark	14	BLSS-MA	1:25.87
20 77 Van Schalkwyk, Christ	14	VALS-FD	1:26.10
21 37 Figueira, Miguel R	14	BLOT-MA	1:26.49
22 12 Jacobs, Jossie J	14	KTS-JT	1:27.30
23 75 Coetzee, Burhan	11	VALS-FD	1:28.72
24 165 Allison, Troy G	12	AZON-ET	1:30.53
25 61 Chen, Orion	12	BLSS-MA	1:30.71
26 35 Reinders, Devon	13	BLOT-MA	1:30.76
27 104 Bergh, Riley R	12	NSFED	1:32.02
28 67 Jacobs, Levi	13	BULS-MA	1:32.32
29 100 Badenhors, Oelof O	10	NSFED	1:32.60
30 160 de Wit, Damien J	11	SGUL-ET	1:32.81
31 5 Harbron, Nicholas	12	FAAC-FB	1:33.09
32 151 Crutchley, Connor M	12	SEALE-ET	1:33.79
33 146 Raynard, Enzo N	12	KLOO-ET	1:33.86
34 127 Seppings, Malakai J	10	ASA-IL	1:34.42
35 97 Durand, Patrick	10	NSFED	1:35.73
36 161 Snyman, Kian	11	SGUL-ET	1:37.17
37 157 Couzens, Jake	11	SGUL-ET	1:37.35
38 149 Reddhi, Viashen	13	ACSA-ET	1:38.02
39 129 Naidoo, Kurik	12	ASA-IL	1:38.09
40 43 Els, Nicolai	12	BLOT-MA	1:38.46
41 133 Pillay, Terrian	11	BEAV-ET	1:38.64

42 140 Venter, Liam	12	BLUO-UG	1:39.81
43 48 Bouwer, Levi G	11	BLSS-MA	1:41.57
44 148 Yende, Akwande	11	KLOO-ET	1:43.38
45 158 Smuts, Conor J	11	SGUL-ET	1:43.51
46 69 Le Breton, Damian	12	BULS-MA	1:44.11
47 80 Wiesner, Jordan	11	WSS-LL	1:44.40
48 142 Haslam, Seth J	10	KLOO-ET	1:44.54
49 64 Wessels, Charl J	11	BLSS-MA	1:44.98
50 95 Cowley, Dylan	11	NSFED	1:45.70
51 7 Lategan, Louis H	11	FAAC-FB	1:46.57
52 25 Lindeboom, Douglas C	12	BLNE-MA	1:46.59
53 101 Diehl, Aiden P	10	NSFED	1:48.19
54 70 Carson, Cayden J	11	BULS-MA	1:48.28
55 138 Koegelenberg, Peter	11	BLUO-UG	1:48.48
56 13 Opperman, Theodore	11	KTS-JT	1:50.64

## #206 Women 19 &amp; Under 100 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 121 Bocking, Mikje	14	SEAL-UM	1:21.35
2 33 Jorda, Nanette	16	BLOT-MA	1:23.22
3 152 Hemphill, Taylor	16	SEALE-ET	1:23.96
4 63 Munro, Diane	14	BLSS-MA	1:24.07
5 147 Verbaan, Kayla A	15	KLOO-ET	1:24.07
6 53 Vincent, Amelia	15	BLSS-MA	1:24.19
7 153 Lachman, Leah	17	SEALE-ET	1:24.33
8 51 Steyn, Lisa M	15	BLSS-MA	1:25.16
9 44 Harbron, Danielle	14	BLOT-MA	1:25.27
10 26 Vosloo, Kayla	15	BLOT-MA	1:27.17
11 19 De Villiers, Charlize A	18	PRKA-PS	1:27.43
12 56 Prinsloo, Mine	14	BLSS-MA	1:27.64
13 119 Pillay, Jasmine E	16	SEAL-UM	1:27.92
14 137 Koegelenberg, Kirsty	13	BLUO-UG	1:28.00
15 178 Mhlongo, Aphelele A	12	PSCP-UM	1:28.59
16 111 Walton, Amy L	14	AZON-ET	1:29.51
17 182 Purdon, Robyn-Rae T	14	PSCP-UM	1:29.78
18 38 Gutter, Livia	12	BLOT-MA	1:29.83
19 176 Clowes, Cailyn	13	PSCP-UM	1:30.03
20 180 Moodley, Abigail C	12	PSCP-UM	1:30.13
21 185 Schuch, Talitha	14	LEGC-ET	1:30.27
22 36 du Plessis, Evie	11	BLOT-MA	1:30.54
23 40 van der Spuy, Melan	12	BLOT-MA	1:30.90
24 93 Meyer, Cara	13	NSFED	1:31.20
25 134 Ten Napel, Taylor E	11	BEAV-ET	1:31.21
26 24 Vorster, Isabel	16	BLNE-MA	1:31.58
27 183 Sykes, Sarah J	13	PSCP-UM	1:32.61
28 115 Jansen van Vuuren, Jk	11	SEAL-UM	1:33.03
29 102 Schlabit, Nora L	14	NSFED	1:33.16
30 55 Gasson, Elle R	12	BLSS-MA	1:33.50
31 123 Maritz, Violet T	12	SEAL-UM	1:33.76
32 130 Winterbach, Sophia I	11	ASA-IL	1:34.55
33 83 Barnard, Chrisley	15	BS-LL	1:34.97
34 120 Sauerma, Rene C	16	SEAL-UM	1:35.36
35 155 Huntley, Casia K	12	WSTV-ET	1:35.78
36 98 Van Wyk, Roze	11	NSFED	1:36.04
37 54 Van Rensburg, Marne'	14	BLSS-MA	1:36.19
38 99 Zeidler, Zafari N	13	NSFED	1:36.38
39 4 Crozier, Emily N	13	FAAC-FB	1:36.82
40 131 Gouws, Riley	13	ASA-IL	1:37.63
41 78 Venter, Tatum M	12	WSS-LL	1:38.21
42 71 Meyer, Annabel	11	BULS-MA	1:38.63
43 96 Schnebel, Sandra	12	NSFED	1:38.92
44 9 Hutchison, Sophia	11	FAAC-FB	1:39.18
45 116 Palframan, Sisanda	11	SEAL-UM	1:39.54
46 159 Van Deventer, Emma	11	SGUL-ET	1:40.41
47 20 Cupido, Donyelle	12	BLNE-MA	1:40.68
48 21 Williams, Ashley	12	BLNE-MA	1:41.35
49 103 Huang, Xinyue	10	NSFED	1:42.57

**SA Level 3 Regional Age Group Champs 2024-FS - 21/03/2024 to 24/03/2024**

**Psych Sheet**

**#206 ... (Women 19 & Under 100 LC Meter Breaststroke)**

50	74	Coetzee, Kayla C	10	VALS-FD	1:42.99
51	15	Pretorius, Mariné	13	UPSK-ZM	1:43.19
52	52	Van Viegen, Ella A	12	BLSS-MA	1:43.23
53	76	Snyders, Christie	11	VALS-FD	1:43.63
54	177	Mbambo, Zetty N	11	PSCP-UM	1:43.88
55	156	Scheepers, Janneke	13	SGUL-ET	1:44.17
56	42	Opperman, Inge	11	BLOT-MA	1:45.14
57	94	Steyn, Lara	14	NSFED	1:46.15
58	39	van Bijlon, Aila	12	BLOT-MA	1:46.33
59	60	Steyn, Nina H	12	BLSS-MA	1:47.96
60	72	Meyer, Maya	13	BULS-MA	1:48.72
61	1	Pretorius, Mienke	11	KALA-JT	1:48.82

**#207 Men 19 & Under 200 LC Meter Backstroke**

Name	Age	Team	Seed Time
1 31 Cilliers, Christopher J	16	BLOT-MA	2:24.26
2 173 Potgieter, Cody B	15	PSCP-UM	2:29.16
3 168 Le Roux, Cuan B	16	AZON-ET	2:29.19
4 90 Geyser, Brett A	17	NSFED	2:29.29
5 139 Hartman, Nathan S	15	BLUO-UG	2:30.33
6 88 Nell, Tristan T	15	NSFED	2:33.61
7 50 Liversage, Liam W	16	BLSS-MA	2:33.86
8 89 Bauernschmitt, Micha	16	NSFED	2:35.03
9 175 Thompson, Kingsley	18	PSCP-UM	2:37.64
10 17 Vries, Jayden J	17	UPSK-ZM	2:38.31
11 68 Sorour, Micheal	14	BULS-MA	2:40.86
12 108 Joubert, Owen C	14	AZON-ET	2:43.03
13 82 Nel, SJ J	15	WELA-LL	2:43.17
14 45 Louw, Dirka A	14	BLOT-MA	2:43.57
15 124 Bezuidenhout, Levi J	11	ASA-IL	2:45.74
16 79 Venter, Tristan	16	WSS-LL	2:46.71
17 3 Van Vuuren, SJ J	18	KALA-JT	2:48.12
18 154 Henze, Anakin	11	WSTV-ET	2:48.18
19 37 Figueira, Miguel R	14	BLOT-MA	2:49.68
20 136 Hopper, Lincoln A	14	BEAV-ET	2:50.12
21 8 Middleton, Josh C	12	FAAC-FB	2:50.97
22 112 Watt, Cameron B	13	AZON-ET	2:51.92
23 104 Bergh, Riley R	12	NSFED	2:52.17
24 97 Durand, Patrick	10	NSFED	2:52.89
25 157 Couzens, Jake	11	SGUL-ET	2:53.35
26 22 Badenhorst, Jandre	14	BLNE-MA	2:55.34
27 170 Bloxham, Carter R	12	PSCP-UM	2:58.79
28 77 Van Schalkwyk, Christ	14	VALS-FD	2:58.89
29 101 Diehl, Aiden P	10	NSFED	3:03.47
30 109 Leppan, Bradley D	13	AZON-ET	3:05.52
31 129 Naidoo, Kurik	13	ASA-IL	3:06.35
32 25 Lindeboom, Douglas G	12	BLNE-MA	3:06.54
33 34 Oosthuizen, Austin	12	BLOT-MA	3:07.07
34 100 Badenhorst, Oelof O	10	NSFED	3:07.33
35 48 Bouwer, Levi G	11	BLSS-MA	3:08.41
36 58 DU Plessis, Mark	14	BLSS-MA	3:10.96
37 18 Orffer, Llwellyn F	11	UPSK-ZM	3:22.14
38 80 Wiesner, Jordan	11	WSS-LL	3:26.22
39 64 Wessels, Charl J	11	BLSS-MA	3:29.44
40 23 Van Den Heever, MJ	17	BLNE-MA	NT

**#208 Women 19 & Under 200 LC Meter Backstroke**

Name	Age	Team	Seed Time
1 144 Hughes, Bailey C	16	KLOO-ET	2:37.75
2 147 Verbaan, Kayla A	15	KLOO-ET	2:38.90
3 11 Groenewald, Mia T	14	KTS-JT	2:39.72
4 30 Whelan, Francis	16	BLOT-MA	2:40.50
5 29 Helmand, Jana	16	BLOT-MA	2:42.65
6 62 Johns, Miche	18	BLSS-MA	2:43.20
7 92 Slinger, Gizelle	14	NSFED	2:43.29

8 179 Neizel, Megan J	15	PSCP-UM	2:44.15
9 172 Parsons, Jorja T	15	PSCP-UM	2:44.72
10 132 Lally, Jenna-Mae	15	BEAV-ET	2:45.10
11 53 Vincent, Amelia	15	BLSS-MA	2:46.05
12 141 Azran, Jordana K	16	KLOO-ET	2:49.17
13 118 Sheard, Rachel J	13	SEAL-UM	2:49.44
14 96 Schnebel, Sandra	12	NSFED	2:49.68
15 54 Van Rensburg, Marne'	14	BLSS-MA	2:50.20
16 14 van Rensburg, Alienne	16	KTS-JT	2:50.30
17 110 Muller, Alexis S	13	AZON-ET	2:50.69
18 102 Schlabit, Nora L	14	NSFED	2:50.91
19 145 Hulse, Milla C	14	KLOO-ET	2:51.15
20 83 Barnard, Chrisley	15	BS-LL	2:51.80
21 186 Brown, Evalyn	13	LEGC-ET	2:51.88
22 105 Allison, Holly T	15	AZON-ET	2:52.10
23 36 du Plessis, Evie	11	BLOT-MA	2:53.27
24 117 Potgieter, Chloe F	12	SEAL-UM	2:54.89
25 99 Zeidler, Zafari N	13	NSFED	2:56.05
26 126 Van Schalkwyk, Mayl	13	ASA-IL	2:57.18
27 93 Meyer, Cara	13	NSFED	2:57.25
28 94 Steyn, Lara	14	NSFED	2:57.37
29 51 Steyn, Lisa M	15	BLSS-MA	2:57.48
30 137 Koegelenberg, Kirsty	13	BLUO-UG	2:57.86
31 122 De Haas, Hayley	12	SEAL-UM	2:57.99
32 24 Vorster, Isabel	16	BLNE-MA	2:59.86
33 187 Goelst, Gemma J	13	CSA-EZ	3:01.06
34 2 Stone, Janica	17	KALA-JT	3:03.36
35 103 Huang, Xinyue	10	NSFED	3:03.47
36 56 Prinsloo, Mine	14	BLSS-MA	3:03.49
37 10 Groenewald, Emma A	12	KTS-JT	3:03.57
38 21 Williams, Ashley	12	BLNE-MA	3:03.83
39 107 Filday, Deryn S	13	AZON-ET	3:05.16
40 52 Van Viegen, Ella A	12	BLSS-MA	3:05.35
41 20 Cupido, Donyelle	12	BLNE-MA	3:05.80
42 115 Jansen van Vuuren, Je	11	SEAL-UM	3:07.44
43 134 Ten Napel, Taylor E	11	BEAV-ET	3:09.36
44 47 Azar, Caylie S	12	BLSS-MA	3:12.04
45 143 Hoar, Lily	11	KLOO-ET	3:16.23
46 15 Pretorius, Mariné	13	UPSK-ZM	3:19.45
47 60 Steyn, Nina H	12	BLSS-MA	3:21.96
48 16 March, Gea A	11	UPSK-ZM	3:24.15
49 78 Venter, Tatum M	12	WSS-LL	3:29.38

**#209 Men 99 & Under 50 LC Meter Backstroke Multi-Class**

Name	Age	Team	Seed Time
1 65 Maritz, Jaden D	17	BETH-FD	32.04
2 59 Smit, Jaques	15	BLSS-MA	34.98
3 22 Badenhorst, Jandre	14	BLNE-MA	37.65
4 127 Seppings, Malakai J	10	ASA-IL	39.33
5 70 Carson, Cayden J	11	BULS-MA	45.03

**#210 Women 99 & Under 50 LC Meter Backstroke Multi-Class**

Name	Age	Team	Seed Time
1 66 Zietsman, Lika	12	BETH-FD	37.85

**#211 Men 19 & Under 100 LC Meter Butterfly**

Name	Age	Team	Seed Time
1 171 Mumford, Jordan J	18	PSCP-UM	1:01.45
2 113 Botha, Julian E	17	SEAL-UM	1:01.83
3 23 Van Den Heever, MJ	17	BLNE-MA	1:01.91
4 17 Vries, Jayden J	17	UPSK-ZM	1:02.10
5 32 Coetzer, JC C	15	BLOT-MA	1:02.49
6 65 Maritz, Jaden D	17	BETH-FD	1:02.82
7 90 Geyser, Brett A	17	NSFED	1:04.40
8 89 Bauernschmitt, Micha	16	NSFED	1:04.61
9 135 Naidoo, Saieshan N	14	BEAV-ET	1:06.01
10 175 Thompson, Kingsley	18	PSCP-UM	1:06.44
11 31 Cilliers, Christopher J	16	BLOT-MA	1:06.91

12 82 Nel, SJ J	15	WELA-LL	1:08.60
13 125 Kaili, Greg P	14	ASA-IL	1:11.02
14 167 Grobbelaar, Jamey L	14	AZON-ET	1:13.04
15 79 Venter, Tristan	16	WSS-LL	1:13.11
16 136 Hopper, Lincoln A	14	BEAV-ET	1:13.79
17 35 Reinders, Devon	13	BLOT-MA	1:15.32
18 106 Evans, Carter	14	AZON-ET	1:16.55
19 160 de Wit, Damien J	11	SGUL-ET	1:18.06
20 3 Van Vuuren, SJ J	18	KALA-JT	1:18.78
21 67 Jacobs, Levi	13	BULS-MA	1:18.85
22 12 Jacobs, Jossie J	14	KTS-JT	1:19.01
23 124 Bezuidenhout, Levi J	11	ASA-IL	1:19.02
24 8 Middleton, Josh C	12	FAAC-FB	1:19.41
25 133 Pillay, Terrian	11	BEAV-ET	1:19.88
26 25 Lindeboom, Douglas G	12	BLNE-MA	1:19.96
27 97 Durand, Patrick	10	NSFED	1:20.97
28 151 Crutchley, Connor M	12	SEALE-ET	1:22.29
29 170 Bloxham, Carter R	12	PSCP-UM	1:23.87
30 22 Badenhorst, Jandre	14	BLNE-MA	1:24.00
31 69 Le Breton, Damian	12	BULS-MA	1:24.53
32 45 Louw, Dirka A	14	BLOT-MA	1:25.77
33 104 Bergh, Riley R	12	NSFED	1:26.41
34 37 Figueira, Miguel R	14	BLOT-MA	1:27.17
35 127 Seppings, Malakai J	10	ASA-IL	1:27.38
36 157 Couzens, Jake	11	SGUL-ET	1:27.63
37 48 Bouwer, Levi G	11	BLSS-MA	1:28.18
38 100 Badenhorst, Oelof O	10	NSFED	1:30.32
39 154 Henze, Anakin	11	WSTV-ET	1:32.41
40 146 Raynard, Enzo N	12	KLOO-ET	1:32.63
41 129 Naidoo, Kurik	12	ASA-IL	1:32.96
42 140 Venter, Liam	12	BLUO-UG	1:33.28
43 101 Diehl, Aiden P	10	NSFED	1:34.07
44 95 Cowley, Dylan	11	NSFED	1:34.63
45 75 Coetzee, Burhan	11	VALS-FD	1:39.41
46 80 Wiesner, Jordan	11	WSS-LL	1:43.22
47 18 Orffer, Llwellyn F	11	UPSK-ZM	2:04.89

**#212 Women 19 & Under 100 LC Meter Butterfly**

Name	Age	Team	Seed Time
1 24 Vorster, Isabel	16	BLNE-MA	1:08.74
2 33 Jordaan, Nanette	16	BLOT-MA	1:09.76
3 166 Borrageiro, Nirvana l	17	AZON-ET	1:09.82
4 62 Johns, Miche	18	BLSS-MA	1:12.93
5 51 Steyn, Lisa M	15	BLSS-MA	1:14.20
6 30 Whelan, Francis	16	BLOT-MA	1:15.12
7 144 Hughes, Bailey C	16	KLOO-ET	1:15.16
8 92 Slinger, Gizelle	14	NSFED	1:16.80
9 26 Vosloo, Kayla	15	BLOT-MA	1:17.23
10 19 De Villiers, Charlize A	18	PRKA-PS	1:18.41
11 28 Grobler, Danielle	14	BLOT-MA	1:18.48
12 103 Huang, Xinyue	10	NSFED	1:19.57
13 93 Meyer, Cara	13	NSFED	1:20.10
14 91 De Sousa, Vitoria J	13	NSFED	1:20.81
15 159 Van Deventer, Emma	11	SGUL-ET	1:21.17
16 2 Stone, Janica	17	KALA-JT	1:21.90
17 114 Cruywagen, Shiloh R	11	SEAL-UM	1:22.19
18 102 Schlabit, Nora L	14	NSFED	1:22.29
19 72 Meyer, Maya	13	BULS-MA	1:22.58
20 110 Muller, Alexis S	13	AZON-ET	1:23.55
21 176 Clowes, Cailyn	13	PSCP-UM	1:24.74
22 11 Groenewald, Mia T	14	KTS-JT	1:25.36
23 20 Cupido, Donyelle	12	BLNE-MA	1:26.41
24 111 Walton, Amy L	14	AZON-ET	1:26.50
25 46 Pretorius, Emma E	13	BLOT-MA	1:26.71
26 41 Wessels, Carinke	11	BLOT-MA	1:28.92
27 143 Hoar, Lily	11	KLOO-ET	1:29.12
28 54 Van Rensburg, Marne'	14	BLSS-MA	1:29.21

## SA Level 3 Regional Age Group Champs 2024-FS - 21/03/2024 to 24/03/2024

## Psych Sheet

## #212 ... (Women 19 &amp; Under 100 LC Meter Butterfly)

29	76	Snyders, Christie	11	VALS-FD	1:29.45
30	60	Steyn, Nina H	12	BLSS-MA	1:30.33
31	47	Azar, Caylie S	12	BLSS-MA	1:30.37
32	96	Schnebel, Sandra	12	NSFED	1:31.18
33	16	March, Gea A	11	UPSK-ZM	1:32.09
34	99	Zeidler, Zafari N	13	NSFED	1:32.46
35	116	Palframan, Sisanda	11	SEAL-UM	1:32.52
36	94	Steyn, Lara	14	NSFED	1:34.98
37	66	Zietsman, Lika	12	BETH-FD	1:35.21
38	162	Baqwa, Oyama K	11	SGUL-ET	1:35.60
39	134	Ten Napel, Taylor E	11	BEAV-ET	1:37.60
40	52	Van Viegen, Ella A	12	BLSS-MA	1:38.18
41	78	Venter, Zatum M	12	WSS-LL	1:51.69
42	74	Coetzee, Kayla C	10	VALS-FD	2:14.17

## #213 Men 12 &amp; Under 4x100 LC Meter Freestyle Relay 4 X 4

Team	Relay	Seed Time
1	SGUL-ET M12 A	4:38.82
2	NSFED M12 A	5:01.83
	Bergh, Riley R 12	Cowley, Dylan 11
	Diehl, Aiden P 10	Badenhorst, Oelof O 10

## #214 Women 12 &amp; Under 4x100 LC Meter Freestyle Relay 4 X 4

Team	Relay	Seed Time
1	BLOT-MA W12 A	NT
	Gutter, Livia 12	Wessels, Carinke 11
	van der Spuy, Melan 12	du Plessis, Evie 11
2	BLSS-MA W12 A	NT
	Azar, Caylie S 12	Van Viegen, Ella A 12
	Steyn, Nina H 12	Gasson, Elle R 12

## #215 Men 13-15 4x100 LC Meter Freestyle Relay 4 X 100 F

Team	Relay	Seed Time
1	AZON-ET A	4:35.96
	Joubert, Owen C 14	Evans, Carter 14
	Leppan, Bradley D 13	Watt, Cameron B 13
2	BLOT-MA A	NT
	Reinders, Devon 13	Els, Nicolai 12
	Louw, Dirka A 14	Coetzee, JC C 15
3	BLSS-MA A	NT
	Smit, Jaques 15	Bouwer, Levi G 11
	Chen, Orion 12	DU Plessis, Mark 14

## #216 Women 13-15 4x100 LC Meter Freestyle Relay 4 X 100 F

Team	Relay	Seed Time
1	PSCP-UM A	4:38.26
2	NSFED A	4:39.63
	De Sousa, Vitoria J 13	Schlabit, Nora L 14
	Steyn, Lara 14	Slinger, Gizelle 14
3	AZON-ET A	4:41.32
	Filday, Deryn S 13	Muller, Alexis S 13
	Walton, Amy L 14	Allison, Holly T 15
4	NSFED B	4:58.49
	Zeidler, Zafari N 13	Van Wyk, Roze 11
	Schnebel, Sandra 12	Meyer, Cara 13
5	BLOT-MA A	NT
	Harbron, Danielle 14	Vosloo, Kayla 15
	Grobler, Danielle 14	Pretorius, Emma E 13
6	BLSS-MA A	NT
	Van Rensburg, Marne' 14	Prinsloo, Mine 14
	Munro, Diane 14	Leech, Kelci 15

## #217 Men 16-19 4x100 LC Meter Freestyle Relay 4 X 100 F

Team	Relay	Seed Time
1	PSCP-UM A	3:52.66
2	NSFED A	4:12.77
	Geyser, Brett A 17	Durand, Patrick 10
	Nell, Tristan T 15	Bauernschmitt, Michael B 1

3	BLOT-MA A	NT
4	BLSS-MA A	NT

## #218 Women 16-19 4x100 LC Meter Freestyle Relay 4 X 100

Team	Relay	Seed Time
1	KLOO-ET A	4:14.90
2	BLOT-MA A	NT
3	BLSS-MA A	NT
	Leech, Kelci 15	Johns, Miche 18
	Steyn, Nina H 12	Vincent, Amelia 15

## #301 Men 19 &amp; Under 200 LC Meter Freestyle

Name	Age	Team	Seed Time
1	113	Botha, Julian E	17 SEAL-UM 2:07.08
2	32	Coetzer, JC C	15 BLOT-MA 2:09.36
3	171	Mumford, Jordan J	18 PSCP-UM 2:09.50
4	27	De Vos, Juan-dre	16 BLOT-MA 2:09.74
5	90	Geyser, Brett A	17 NSFED 2:10.16
6	169	Watt, Alexander C	16 AZON-ET 2:10.30
7	23	Van Den Heever, MJ	17 BLNE-MA 2:12.48
8	128	Spoors, St John S	16 ASA-IL 2:13.91
9	17	Vries, Jayden J	17 UPSK-ZM 2:14.10
10	3	Van Vuuren, SJ J	18 KALA-JT 2:14.92
11	89	Bauernschmitt, Micha	16 NSFED 2:15.97
12	135	Naidoo, Saieshan N	14 BEAV-ET 2:16.67
13	59	Smit, Jaques	15 BLSS-MA 2:17.36
14	82	Nel, SJ J	15 WELA-LL 2:17.42
15	84	Oelofse, Cay-Din	14 TNDER-FD 2:20.33
16	35	Reinders, Devon	13 BLOT-MA 2:20.84
17	68	Sorour, Micheal	14 BULS-MA 2:20.85
18	79	Venter, Tristan	16 WSS-LL 2:21.53
19	50	Liversage, Liam W	16 BLSS-MA 2:21.54
20	139	Hartman, Nathan S	15 BLUO-UG 2:21.68
21	108	Joubert, Owen C	14 AZON-ET 2:25.54
22	160	de Wit, Damien J	11 SGUL-ET 2:25.77
23	184	Le Roux, Caden	14 LEGC-ET 2:26.17
24	149	Reddhi, Viashen	13 ACSA-ET 2:27.49
25	8	Middleton, Josh C	12 FAAC-FB 2:28.28
26	124	Bezuidenhout, Levi J	11 ASA-IL 2:28.99
27	45	Louw, Dirka A	14 BLOT-MA 2:29.05
28	136	Hopper, Lincoln A	14 BEAV-ET 2:30.46
29	109	Leppan, Bradley D	13 AZON-ET 2:32.70
30	112	Watt, Cameron B	13 AZON-ET 2:32.87
31	12	Jacobs, Jossie J	14 KTS-JT 2:33.23
32	151	Crutchley, Connor M	12 SEALE-ET 2:33.47
33	22	Badenhorst, Jandre	14 BLNE-MA 2:37.00
34	97	Durand, Patrick	10 NSFED 2:37.22
35	161	Snyman, Kian	11 SGUL-ET 2:37.34
36	133	Pillay, Terrian	11 BEAV-ET 2:37.83
37	67	Jacobs, Levi	13 BULS-MA 2:38.73
38	154	Henze, Anakin	11 WSTV-ET 2:41.49
39	25	Lindeboom, Douglas G	12 BLNE-MA 2:42.89
40	146	Raynard, Enzo N	12 KLOO-ET 2:43.89
41	58	DU Plessis, Mark	14 BLSS-MA 2:44.04
42	129	Naidoo, Kurik	12 ASA-IL 2:44.70
43	100	Badenhorst, Oelof O	10 NSFED 2:44.73
44	43	Els, Nicolai	12 BLOT-MA 2:44.87
45	104	Bergh, Riley R	12 NSFED 2:44.93
46	5	Harbron, Nicholas	12 FAAC-FB 2:45.25
47	69	Le Breton, Damian	12 BULS-MA 2:45.78
48	34	Oosthuizen, Austin	12 BLOT-MA 2:46.27
49	140	Venter, Liam	12 BLUO-UG 2:46.33
50	138	Koegelenberg, Peter	11 BLUO-UG 2:46.62
51	48	Bouwer, Levi G	11 BLSS-MA 2:46.86
52	142	Haslam, Seth J	10 KLOO-ET 2:46.92
53	101	Diehl, Aiden P	10 NSFED 2:47.55
54	13	Opperman, Theodore	11 KTS-JT 2:48.36

55	37	Figueira, Miguel R	14	BLOT-MA	2:48.62
56	7	Lategan, Louis H	11	FAAC-FB	2:50.90
57	18	Orffer, Llwellyn F	11	UPSK-ZM	2:51.47
58	148	Yende, Akwande	11	KLOO-ET	2:52.07
59	70	Carson, Cayden J	11	BULS-MA	2:52.26
60	95	Cowley, Dylan	11	NSFED	2:52.68
61	158	Smuts, Conor J	11	SGUL-ET	2:53.85
62	61	Chen, Orion	12	BLSS-MA	2:59.08
63	64	Wessels, Charl J	11	BLSS-MA	3:01.44
64	163	Huang, Evan	13	SGUL-ET	3:03.56
65	80	Wiesner, Jordan	11	WSS-LL	3:07.69

## #302 Women 19 &amp; Under 200 LC Meter Freestyle

Name	Age	Team	Seed Time
1	30	Whelan, Francis	16 BLOT-MA 2:19.07
2	62	Johns, Miche	18 BLSS-MA 2:20.04
3	29	Helmand, Jana	16 BLOT-MA 2:20.95
4	51	Steyn, Lisa M	15 BLSS-MA 2:21.22
5	121	Bocking, Mikje	14 SEAL-UM 2:23.21
6	11	Groenewald, Mia T	14 KTS-JT 2:24.15
7	28	Grobler, Danielle	14 BLOT-MA 2:25.10
8	44	Harbron, Danielle	14 BLOT-MA 2:25.94
9	141	Azran, Jordana K	16 KLOO-ET 2:26.84
10	24	Vorster, Isabel	16 BLNE-MA 2:27.73
11	92	Slinger, Gizelle	14 NSFED 2:27.85
12	6	Lategan, Lehane	14 FAAC-FB 2:29.04
13	150	Geldenhuys, Chloe	15 SEALE-ET 2:29.63
14	137	Koegelenberg, Kirsty	13 BLUO-UG 2:29.70
15	132	Lally, Jenna-Mae	15 BEAV-ET 2:30.90
16	46	Pretorius, Emma E	13 BLOT-MA 2:31.36
17	126	Van Schalkwyk, Mayl	13 ASA-IL 2:31.46
18	36	du Plessis, Evie	11 BLOT-MA 2:31.75
19	114	Cruywagen, Shiloh R	11 SEAL-UM 2:32.00
20	94	Steyn, Lara	14 NSFED 2:32.22
21	83	Barnard, Chrisley	15 BS-LL 2:32.35
22	120	Sauerman, Rene C	16 SEAL-UM 2:32.52
23	179	Neizel, Megan J	15 PSCP-UM 2:33.42
24	2	Stone, Janica	17 KALA-JT 2:33.75
25	14	van Rensburg, Alienne	16 KTS-JT 2:34.23
26	91	De Sousa, Vitoria J	13 NSFED 2:34.52
27	56	Prinsloo, Mine	14 BLSS-MA 2:34.88
28	131	Gouws, Riley	13 ASA-IL 2:35.85
29	57	Leech, Kelci	15 BLSS-MA 2:36.11
30	15	Pretorius, Mariné	13 UPSK-ZM 2:36.14
31	54	Van Rensburg, Marne'	14 BLSS-MA 2:37.73
32	53	Vincent, Amelia	15 BLSS-MA 2:37.74
33	102	Schlabit, Nora L	14 NSFED 2:38.04
34	38	Gutter, Livia	12 BLOT-MA 2:38.21
35	181	Roberts, Catherine	13 PSCP-UM 2:38.28
36	72	Meyer, Maya	13 BULS-MA 2:38.69
37	187	Goelst, Gemma J	13 CSA-EZ 2:39.25
38	156	Scheepers, Janneke	13 SGUL-ET 2:39.68
39	20	Cupido, Donyelle	12 BLNE-MA 2:40.40
40	93	Meyer, Cara	13 NSFED 2:41.78
41	96	Schnebel, Sandra	12 NSFED 2:42.15
42	99	Zeidler, Zafari N	13 NSFED 2:42.39
43	63	Munro, Diane	14 BLSS-MA 2:42.66
44	123	Maritz, Violet T	12 SEAL-UM 2:42.77
45	176	Clowes, Cailyn	13 PSCP-UM 2:42.84
46	66	Zietsman, Lika	12 BETH-FD 2:43.77
47	115	Jansen van Vuuren, J	11 SEAL-UM 2:43.83
48	98	Van Wyk, Roze	11 NSFED 2:44.07
49	159	Van Deventer, Emma	11 SGUL-ET 2:44.60
50	39	van Biljon, Aila	12 BLOT-MA 2:44.62
51	52	Van Viegen, Ella A	12 BLSS-MA 2:44.71
52	4	Crozier, Emily N	13 FAAC-FB 2:45.85
53	47	Azar, Caylie S	12 BLSS-MA 2:47.37

SA Level 3 Regional Age Group Champs 2024-FS - 21/03/2024 to 24/03/2024

Psych Sheet

Table with multiple columns: Event Name, Name, Age, Team, Seed Time. It lists various swimming events such as Freestyle, Breaststroke, and Backstroke for different age groups and genders, including participants like Inge Opperman, Enzo N Raynard, and Sarah J Sykes.

## SA Level 3 Regional Age Group Champs 2024-FS - 21/03/2024 to 24/03/2024

## Psych Sheet

#309 ... (Men 19 & Under 100 LC Meter Backstroke)				#311 Men 99 & Under 100 LC Meter Backstroke Multi-Clas				#313 Men 19 & Under 200 LC Meter IM				#314 Women 19 & Under 200 LC Meter IM			
Name	Age	Team	Seed Time	Name	Age	Team	Seed Time	Name	Age	Team	Seed Time	Name	Age	Team	Seed Time
40 34 Oosthuizen, Austin	12	BLOT-MA	1:25.96	49 55 Gasson, Elle R	12	BLSS-MA	1:26.78	1 27 De Vos, Juan-dre	16	BLOT-MA	2:22.63	1 147 Verbaan, Kayla A	15	KLOO-ET	2:38.97
41 100 Badenhorst, Oelof O	10	NSFED	1:26.26	50 103 Huang, Xinyue	10	NSFED	1:26.94	2 90 Geysler, Brett A	17	NSFED	2:23.58	2 166 Borrageiro, Nirvana I	17	AZON-ET	2:40.26
42 151 Crutchley, Connor M	12	SEALE-ET	1:26.64	51 20 Cupido, Donyelle	10	BLNE-MA	1:27.04	3 113 Botha, Julian E	17	SEAL-UM	2:27.59	3 62 Johns, Miche	18	BLSS-MA	2:41.27
43 133 Pillay, Terrian	11	BEAV-ET	1:26.66	52 156 Scheepers, Janneke	13	SGUL-ET	1:27.50	4 23 Van Den Heever, MJ	17	BLNE-MA	2:29.81	4 33 Jordaan, Nanette	16	BLOT-MA	2:42.59
44 69 Le Breton, Damian	12	BULS-MA	1:26.84	53 47 Azar, Caylie S	12	BLSS-MA	1:27.68	5 89 Bauernschmitt, Micha	16	NSFED	2:30.51	5 51 Steyn, Lisa M	15	BLSS-MA	2:43.15
45 109 Leppan, Bradley D	13	AZON-ET	1:27.05	54 134 Ten Napel, Taylor E	11	BEAV-ET	1:28.32	6 17 Vries, Jayden J	17	UPSK-ZM	2:32.45	6 144 Hughes, Bailey C	16	KLOO-ET	2:43.69
46 48 Bouwer, Levi G	11	BLSS-MA	1:27.77	55 42 Opperman, Inge	11	BLOT-MA	1:31.08	7 135 Naidoo, Saieshan N	14	BEAV-ET	2:33.43	7 28 Grobler, Danielle	14	BLOT-MA	2:47.53
47 25 Lindeboom, Douglas G	12	BLNE-MA	1:27.97	56 143 Hoar, Lily	11	KLOO-ET	1:31.39	8 173 Potgieter, Cody B	15	PSCP-UM	2:33.50	8 44 Harbron, Danielle	14	BLOT-MA	2:47.69
48 13 Opperman, Theodore	11	KTS-JT	1:31.13	57 116 Palframan, Sisanda	11	SEAL-UM	1:33.21	9 49 De Beer, Stephan	17	BLSS-MA	2:35.18	9 30 Whelan, Francis	16	BLOT-MA	2:47.75
49 95 Cowley, Dylan	11	NSFED	1:32.18	58 130 Winterbach, Sophia I	11	ASA-IL	1:34.16	10 50 Liversage, Liam W	16	BLSS-MA	2:35.44	10 53 Vincent, Amelia	15	BLSS-MA	2:48.27
50 80 Wiesner, Jordan	11	WSS-LL	1:34.01	59 78 Venter, Tatum M	12	WSS-LL	1:34.17	11 175 Thompson, Kingsley	18	PSCP-UM	2:35.58	11 11 Groenewald, Mia T	14	KTS-JT	2:48.66
51 18 Orffer, Llwellyn F	11	UPSK-ZM	1:34.87	60 15 Pretorius, Mariné	13	UPSK-ZM	1:34.75	12 164 Govender, Dhilan	17	SGUL-ET	2:36.50	12 2 Stone, Janica	17	KALA-JT	2:48.90
52 64 Wessels, Charl J	11	BLSS-MA	1:36.51	61 16 March, Gea A	11	UPSK-ZM	1:35.29	13 168 Le Roux, Cuan B	16	AZON-ET	2:36.74	13 152 Hemphill, Taylor	16	SEALE-ET	2:49.03
53 70 Carson, Cayden J	11	BULS-MA	1:38.53	62 9 Hutchison, Sophia	11	FAAC-FB	1:35.51	14 31 Cilliers, Christopher J	16	BLOT-MA	2:37.13	14 137 Koegelenberg, Kirsty	13	BLUO-UG	2:49.82
				63 39 van Biljon, Aila	12	BLOT-MA	1:36.12	15 84 Oelofse, Cay-Din	14	TNDER-FD	2:37.43	15 174 Stewart, Leah K	17	PSCP-UM	2:50.04
				64 1 Pretorius, Mienke	11	KALA-JT	1:41.98	16 59 Smit, Jaques	15	BLSS-MA	2:38.15	16 92 Slinger, Gizelle	14	NSFED	2:51.04
								18 184 Le Roux, Caden	14	LEGC-ET	2:39.70	17 93 Meyer, Cara	13	NSFED	2:51.91
								19 82 Nel, SJJ	15	WELA-LL	2:40.47	18 24 Vorster, Isabel	16	BLNE-MA	2:51.96
								20 35 Reinders, Devon	13	BLOT-MA	2:41.63	19 102 Schlabitz, Nora L	14	NSFED	2:53.04
								21 139 Hartman, Nathan S	15	BLUO-UG	2:42.94	20 54 Van Rensburg, Marne'	14	BLSS-MA	2:53.21
								22 167 Grobbelaar, Jamey L	14	AZON-ET	2:46.64	21 26 Vosloo, Kayla	15	BLOT-MA	2:53.30
								23 106 Evans, Carter	14	AZON-ET	2:47.44	22 118 Sheard, Rachel J	13	SEAL-UM	2:53.32
								24 136 Hopper, Lincoln A	14	BEAV-ET	2:48.05	23 36 du Plessis, Evie	11	BLOT-MA	2:53.36
								25 8 Middleton, Josh C	12	FAAC-FB	2:48.76	24 132 Lally, Jenna-Mae	15	BEAV-ET	2:54.44
								26 3 Van Vuuren, SJJ	18	KALA-JT	2:49.34	25 111 Walton, Amy L	14	AZON-ET	2:54.78
								27 68 Sorour, Micheal	11	BLOT-MA	2:50.13	26 56 Prinsloo, Mine	14	BLSS-MA	2:56.66
								28 160 de Wit, Damien J	14	SGUL-ET	2:50.21	27 110 Muller, Alexis S	13	AZON-ET	2:56.90
								29 67 Jacobs, Levi	13	BULS-MA	2:51.07	28 96 Schnebel, Sandra	12	NSFED	2:57.32
								30 97 Durand, Patrick	10	NSFED	2:53.06	29 176 Clowes, Cailyn	13	PSCP-UM	2:57.80
								31 58 DU Plessis, Mark	14	BLSS-MA	2:53.50	30 91 De Sousa, Vitoria J	13	NSFED	2:58.27
								32 22 Badenhorst, Jandre	14	BLNE-MA	2:54.81	31 46 Pretorius, Emma E	13	BLOT-MA	2:58.38
								33 37 Figueira, Miguel R	14	BLOT-MA	2:55.22	32 57 Leech, Kelci	15	BLSS-MA	2:59.11
								34 104 Bergh, Riley R	12	NSFED	2:55.26	33 72 Meyer, Maya	13	BULS-MA	3:00.02
								35 151 Crutchley, Connor M	12	SEALE-ET	2:55.73	34 63 Munro, Diane	14	BLSS-MA	3:00.97
								36 124 Bezuidenhout, Levi J	11	ASA-IL	2:55.99	35 115 Jansen van Vuuren, J	11	SEAL-UM	3:01.62
								37 45 Louw, Dirka A	14	BLOT-MA	2:56.05	36 103 Huang, Xinyue	10	NSFED	3:02.20
								38 170 Bloxham, Carter R	12	PSCP-UM	2:56.69	37 181 Roberts, Catherine	13	PSCP-UM	3:02.23
								39 133 Pillay, Terrian	11	BEAV-ET	2:56.79	38 20 Cupido, Donyelle	12	BLNE-MA	3:02.29
								40 165 Allison, Troy G	12	AZON-ET	2:56.83	39 40 van der Spuy, Melan	12	BLOT-MA	3:02.60
								41 157 Couzens, Jake	11	SGUL-ET	2:59.15	40 98 Van Wyk, Roze	11	NSFED	3:02.60
								42 100 Badenhorst, Oelof O	10	NSFED	3:00.09	41 107 Filday, Deryn S	13	AZON-ET	3:02.69
								43 146 Raynard, Enzo N	12	KLOO-ET	3:00.19	42 186 Brown, Evalyn	13	LEGC-ET	3:02.76
								44 48 Bouwer, Levi G	11	BLSS-MA	3:00.42	43 71 Meyer, Annabel	11	BULS-MA	3:03.24
												44 126 Van Schalkwyk, Mayl	13	ASA-IL	3:04.15
												45 180 Moodley, Abigail C	12	PSCP-UM	3:04.50

## SA Level 3 Regional Age Group Champs 2024-FS - 21/03/2024 to 24/03/2024

## Psych Sheet

## #314 ... (Women 19 &amp; Under 200 LC Meter IM)

46	94 Steyn, Lara	14	NSFED	3:04.64
47	38 Gutter, Livia	12	BLOT-MA	3:05.16
48	159 Van Deventer, Emma	11	SGUL-ET	3:05.91
49	134 Ten Napel, Taylor E	11	BEAV-ET	3:06.78
50	41 Wessels, Carinke	11	BLOT-MA	3:07.23
51	83 Barnard, Chrisley	15	BS-LL	3:07.48
52	47 Azar, Caylie S	12	BLSS-MA	3:07.50
53	21 Williams, Ashley	12	BLNE-MA	3:07.68
54	99 Zeidler, Zafari N	13	NSFED	3:07.75
55	55 Gasson, Elle R	12	BLSS-MA	3:08.87
56	178 Mhlongo, Apehelele A	12	PSCP-UM	3:09.04
57	52 Van Viegen, Ella A	12	BLSS-MA	3:09.46
58	117 Potgieter, Chloe F	12	SEAL-UM	3:10.37
59	76 Snyders, Christie	11	VALS-FD	3:10.96
60	15 Pretorius, Mariné	13	UPSK-ZM	3:12.16
61	10 Groenewald, Emma A	12	KTS-JT	3:13.41
62	162 Baqwa, Oyama K	11	SGUL-ET	3:14.70
63	130 Winterbach, Sophia l	11	ASA-IL	3:15.53
64	116 Palframan, Sisanda	11	SEAL-UM	3:15.65
65	182 Purdon, Robyn-Rae T	14	PSCP-UM	3:16.53
66	60 Steyn, Nina H	12	BLSS-MA	3:17.35
67	16 March, Gea A	11	UPSK-ZM	3:18.65
68	42 Opperman, Inge	11	BLOT-MA	3:18.77
69	78 Venter, Tatum M	12	WSS-LL	3:21.16
70	183 Sykes, Sarah J	13	PSCP-UM	3:35.00
71	1 Pretorius, Mienke	11	KALA-JT	3:54.57

## #315 Men 12 &amp; Under 4x50 LC Meter Freestyle Relay 4 x 50 F

Team	Relay	Seed Time	
1	SGUL-ET	A	2:07.51
2	NSFED	A	2:18.06
	Badenhorst, Oelof O 10	Bergh, Riley R 12	
	Diehl, Aiden P 10	Durand, Patrick 10	

## #316 Women 12 &amp; Under 4x50 LC Meter Freestyle Relay 4

Team	Relay	Seed Time	
1	BLOT-MA	A	NT
	van der Spuy, Melan 12	du Plessis, Evie 11	
	Gutter, Livia 12	Wessels, Carinke 11	
2	BLSS-MA	A	NT
	Van Viegen, Ella A 12	Gasson, Elle R 12	
	Steyn, Nina H 12	Azar, Caylie S 12	

## #317 Men 13-15 4x50 LC Meter Freestyle Relay 4 x 50 Free

Team	Relay	Seed Time	
1	AZON-ET	A	2:06.00
	Evans, Carter 14	Joubert, Owen C 14	
	Leppan, Bradley D 13	Watt, Cameron B 13	
2	BLOT-MA	A	NT
	Reinders, Devon 13	Els, Nicolai 12	
	Louw, Dirka A 14	Coetzer, JC C 15	
3	BLSS-MA	A	NT
	Smit, Jaques 15	Chen, Orion 12	
	Bouwer, Levi G 11	DU Plessis, Mark 14	

## #318 Women 13-15 4x50 LC Meter Freestyle Relay 4 x 50 F

Team	Relay	Seed Time	
1	PSCP-UM	A	2:01.82
2	AZON-ET	A	2:06.87
	Muller, Alexis S 13	Walton, Amy L 14	
	Filday, Deryn S 13	Allison, Holly T 15	
3	NSFED	A	2:09.52
	Schlabitz, Nora L 14	Schnebel, Sandra 12	
	Steyn, Lara 14	Slinger, Gizelle 14	
4	NSFED	B	2:16.62
	Zeidler, Zafari N 13	Van Wyk, Roze 11	
	Huang, Xinyue 10	Meyer, Cara 13	

5	BLOT-MA	A	NT
	Harbron, Danielle 14	Vosloo, Kayla 15	
	Grobler, Danielle 14	Pretorius, Emma E 13	
6	BLSS-MA	A	NT

## #319 Men 16-19 4x50 LC Meter Freestyle Relay 4 x 50 Free

Team	Relay	Seed Time	
1	PSCP-UM	A	1:45.05
2	NSFED	A	1:55.14
	Geyser, Brett A 17	Cowley, Dylan 11	
	Nell, Tristan T 15	Bauernschmitt, Michael B 1	
3	BLOT-MA	A	NT
	De Vos, Juan-dre 16	Cilliers, Christopher J 16	
	Figueira, Miguel R 14	Oosthuizen, Austin 12	

## #320 Women 16-19 4x50 LC Meter Freestyle Relay 4 x 50 F

Team	Relay	Seed Time	
1	KLOO-ET	A	1:57.67
2	BLOT-MA	A	NT
	Whelan, Francis 16	Helmand, Jana 16	
	Jordaan, Nanette 16	Opperman, Inge 11	
3	BLSS-MA	A	NT
	Leech, Kelci 15	Vincent, Amelia 15	
	Steyn, Lisa M 15	Maritz, Sami L 16	

## #321 Mixed 12 &amp; Under 4x50 LC Meter Medley Relay 4 x 50 M

Team	Relay	Seed Time	
1	NSFED	A	2:31.88
	Bergh, Riley R M12	Badenhorst, Oelof O M10	
	Huang, Xinyue W10	Schnebel, Sandra W12	
2	SGUL-ET	A	2:32.41
3	BLOT-MA	A	NT
	Oosthuizen, Austin M12	Gutter, Livia W12	
	Wessels, Carinke W11	Els, Nicolai M12	
4	BLSS-MA	A	NT
	Van Viegen, Ella A W12	Chen, Orion M12	
	Azar, Caylie S W12	Bouwer, Levi G M11	

## #322 Mixed 13-15 4x50 LC Meter Medley Relay 4 x 50 Mixe

Team	Relay	Seed Time	
1	BLOT-MA	A	2:08.91
	Louw, Dirka A M14	Vosloo, Kayla W15	
	Coetzer, JC C M15	Harbron, Danielle W14	
2	AZON-ET	A	2:19.85
	Joubert, Owen C M14	Walton, Amy L W14	
	Allison, Holly T W15	Watt, Cameron B M13	
3	NSFED	A	2:20.57
	Slinger, Gizelle W14	Nell, Tristan T M15	
	Meyer, Cara W13	Durand, Patrick M10	
4	BULS-MA	A	2:23.74
	Meyer, Maya W13	Meyer, Annabel W11	
	Jacobs, Levi M13	Sorour, Micheal M14	
5	BLNE-MA	A	2:31.24
	Lindeboom, Douglas G M12	Badenhorst, Jandre M14	
	Cupido, Donyelle W12	Williams, Ashley W12	
6	NSFED	B	2:35.13
	Diehl, Aiden P M10	Schlabitz, Nora L W14	
	Van Wyk, Roze W11	Cowley, Dylan M11	
7	BLSS-MA	A	NT
	Vincent, Amelia W15	Chen, Orion M12	
	Leech, Kelci W15	DU Plessis, Mark M14	

## #323 Mixed 16-19 4x50 LC Meter Medley Relay 4 x 50 Mixe

Team	Relay	Seed Time	
1	BLSS-MA	A	2:10.82
	Liversage, Liam W M16	Smit, Jaques M15	
	Johns, Miche W18	Steyn, Lisa M W15	
2	NSFED	A	2:14.60
	De Sousa, Vitoria J W13	Geyser, Brett A M17	
	Bauernschmitt, Michael B M	Steyn, Lara W14	

3	PSCP-UM	A	2:29.17
4	UPSK-ZM	A	2:30.99
	Orffer, Llwellyn F M11	Pretorius, Mariné W13	
	Vries, Jayden J M17	March, Gea A W11	
5	UPSK-ZM	B	NT
6	BLOT-MA	A	NT
	Cilliers, Christopher J M16	De Vos, Juan-dre M16	
	Jordaan, Nanette W16	Whelan, Francis W16	

## #401 Men 19 &amp; Under 50 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	175 Thompson, Kingsley	18	PSCP-UM	25.03
2	164 Govender, Dhilan	17	SGUL-ET	25.59
3	32 Coetzer, JC C	15	BLOT-MA	26.19
4	23 Van Den Heever, MJ	17	BLNE-MA	26.21
5	27 De Vos, Juan-dre	16	BLOT-MA	26.22
6	89 Bauernschmitt, Micha	16	NSFED	26.28
7	31 Cilliers, Christopher J	16	BLOT-MA	26.41
8	171 Mumford, Jordan J	18	PSCP-UM	26.41
9	173 Potgieter, Cody B	15	PSCP-UM	26.47
10	125 Kalil, Greg P	14	ASA-IL	26.56
11	65 Maritz, Jaden D	17	BETH-FD	26.67
12	81 Cronje, Edrich	17	WELA-LL	26.70
13	169 Watt, Alexander C	16	AZON-ET	26.72
14	90 Geyser, Brett A	17	NSFED	26.97
15	17 Vries, Jayden J	17	UPSK-ZM	27.12
16	68 Sorour, Micheal	14	BULS-MA	27.14
17	79 Venter, Tristan	16	WSS-LL	27.17
18	168 Le Roux, Cuan B	16	AZON-ET	27.59
19	49 De Beer, Stephan	17	BLSS-MA	27.70
20	184 Le Roux, Caden	14	LEGG-ET	27.78
21	88 Nell, Tristan T	15	NSFED	27.97
22	139 Hartman, Nathan S	15	BLUO-UG	28.13
23	135 Naidoo, Saieshan N	14	BEAV-ET	28.15
24	128 Spoor, St John S	16	ASA-IL	28.16
25	84 Oelofse, Cay-Din	14	TNDER-FD	28.19
26	3 Van Vuuren, SJ J	18	KALA-JT	28.36
27	59 Smit, Jaques	15	BLSS-MA	28.42
28	35 Reinders, Devon	13	BLOT-MA	28.66
29	82 Nel, SJ J	15	WELA-LL	28.80
30	112 Watt, Cameron B	13	AZON-ET	29.15
31	67 Jacobs, Levi	13	BULS-MA	29.20
32	50 Liversage, Liam W	16	BLSS-MA	29.29
33	45 Louw, Dirka A	14	BLOT-MA	29.57
34	160 de Wit, Damien J	11	SGUL-ET	30.06
35	165 Allison, Troy G	12	AZON-ET	30.53
36	136 Hopper, Lincoln A	14	BEAV-ET	30.63
37	151 Crutchley, Connor M	12	SEALE-ET	30.64
38	124 Bezuidenhout, Levi J	11	ASA-IL	30.69
39	163 Huang, Evan	13	SGUL-ET	30.86
40	22 Badenhorst, Jandre	14	BLNE-MA	31.07
41	12 Jacobs, Jossie J	14	KTS-JT	31.16
42	8 Middleton, Josh C	12	FAAC-FB	31.23
43	161 Snyman, Kian	11	SGUL-ET	31.43
44	127 Seppings, Malakai J	10	ASA-IL	31.90
45	25 Lindeboom, Douglas G	12	BLNE-MA	31.92
46	5 Harbron, Nicholas	12	FAAC-FB	31.93
47	149 Reddhi, Viashen	13	ACSA-ET	32.31
48	170 Bloxham, Carter R	12	PSCP-UM	32.31
49	58 DU Plessis, Mark	14	BLSS-MA	32.32
50	109 Leppan, Bradley D	13	AZON-ET	32.35
51	133 Pillay, Terrian	11	BEAV-ET	32.43
52	43 Els, Nicolai	12	BLOT-MA	32.57
53	142 Haslam, Seth J	10	KLOO-ET	33.44
54	13 Opperman, Theodore	11	KTS-JT	33.45
55	146 Raynard, Enzo N	12	KLOO-ET	33.49
56	61 Chen, Orion	12	BLSS-MA	33.62

## SA Level 3 Regional Age Group Champs 2024-FS - 21/03/2024 to 24/03/2024

## Psych Sheet

## #401 ... (Men 19 &amp; Under 50 LC Meter Freestyle)

57	140 Venter, Liam	12	BLUO-UG	33.75
58	69 Le Breton, Damian	12	BULS-MA	33.78
59	129 Naidoo, Kurik	12	ASA-IL	33.83
60	97 Durand, Patrick	10	NSFED	33.92
61	37 Figueira, Miguel R	14	BLOT-MA	33.95
62	18 Orffer, Llwellyn F	11	UPSK-ZM	34.01
63	100 Badenhorst, Oelof O	10	NSFED	34.46
64	154 Henze, Anakin	11	WSTV-ET	34.63
65	158 Smuts, Conor J	11	SGUL-ET	34.68
66	101 Diehl, Aiden P	10	NSFED	34.79
67	104 Bergh, Riley R	12	NSFED	34.89
68	7 Lategan, Louis H	11	FAAC-FB	35.26
69	148 Yende, Akwande	11	KLOO-ET	35.72
70	34 Oosthuizen, Austin	12	BLOT-MA	35.92
71	138 Koegelenberg, Peter	11	BLUO-UG	36.44
72	80 Wiesner, Jordan	11	WSS-LL	36.59
73	64 Wessels, Charl J	11	BLSS-MA	37.13
74	95 Cowley, Dylan	11	NSFED	37.79

## #402 Women 19 &amp; Under 50 LC Meter Freestyle

Name	Age	Team	Seed Time
1 57 Leech, Kelci	15	BLSS-MA	29.16
2 24 Vorster, Isabel	16	BLNE-MA	29.46
3 46 Pretorius, Emma E	13	BLOT-MA	29.57
4 30 Whelan, Francis	16	BLOT-MA	29.59
5 152 Hemphill, Taylor	16	SEALE-ET	29.61
6 166 Borrageiro, Nirvana	17	AZON-ET	29.62
7 29 Helmand, Jana	16	BLOT-MA	29.66
8 44 Harbron, Danielle	14	BLOT-MA	29.82
9 141 Azran, Jordana K	16	KLOO-ET	30.04
10 28 Grobler, Danielle	14	BLOT-MA	30.14
11 119 Pillay, Jasmine E	16	SEAL-UM	30.19
12 145 Hulse, Milla C	14	KLOO-ET	30.32
13 92 Slinger, Gizelle	14	NSFED	30.33
14 172 Parsons, Jorja T	15	PSCP-UM	30.35
15 150 Geldenhuys, Chloe	15	SEALE-ET	30.62
16 105 Allison, Holly T	15	AZON-ET	30.91
17 62 Johns, Miche	18	BLSS-MA	30.94
18 179 Neizel, Megan J	15	PSCP-UM	30.96
19 118 Sheard, Rachel J	13	SEAL-UM	31.08
20 121 Bocking, Mikje	14	SEAL-UM	31.09
21 14 van Rensburg, Alienne	16	KTS-JT	31.12
22 126 Van Schalkwyk, Mayl	13	ASA-IL	31.14
23 6 Lategan, Lehane	14	FAAC-FB	31.15
24 181 Roberts, Catherine	13	PSCP-UM	31.24
25 187 Goelst, Gemma J	13	CSA-EZ	31.29
26 123 Maritz, Violet T	12	SEAL-UM	31.30
27 110 Muller, Alexis S	13	AZON-ET	31.37
28 120 Sauerman, Rene C	16	SEAL-UM	31.37
29 53 Vincent, Amelia	15	BLSS-MA	31.55
30 178 Mhlongo, Apehele A	12	PSCP-UM	31.58
31 131 Gouws, Riley	13	ASA-IL	31.59
32 122 De Haas, Hayley	12	SEAL-UM	31.61
33 137 Koegelenberg, Kirsty	13	BLUO-UG	31.71
34 56 Prinsloo, Mine	14	BLSS-MA	31.75
35 54 Van Rensburg, Marne'	14	BLSS-MA	31.77
36 41 Wessels, Carinke	11	BLOT-MA	31.94
37 186 Brown, Evalyn	13	LEGC-ET	31.96
38 107 Filday, Deryn S	13	AZON-ET	32.02
39 83 Barnard, Chrisley	15	BS-LL	32.16
40 114 Cruywagen, Shiloh R	11	SEAL-UM	32.26
41 51 Steyn, Lisa M	15	BLSS-MA	32.27
42 2 Stone, Janica	17	KALA-JT	32.60
43 102 Schlabit, Nora L	14	NSFED	32.60
44 115 Jansen van Vuuren, Jc	11	SEAL-UM	32.62

45	116 Palframan, Sisanda	11	SEAL-UM	32.64
46	180 Moodley, Abigail C	12	PSCP-UM	32.76
47	38 Gutter, Livia	12	BLOT-MA	32.85
48	52 Van Viegen, Ella A	12	BLSS-MA	32.85
49	36 du Plessis, Evie	11	BLOT-MA	32.91
50	47 Azar, Caylie S	12	BLSS-MA	33.10
51	20 Cupido, Donyelle	12	BLNE-MA	33.13
52	94 Steyn, Lara	14	NSFED	33.21
53	96 Schnebel, Sandra	12	NSFED	33.38
54	78 Venter, Tatum M	12	WSS-LL	33.47
55	71 Meyer, Annabel	11	BULS-MA	33.49
56	93 Meyer, Cara	13	NSFED	33.54
57	99 Zeidler, Zafari N	13	NSFED	33.55
58	72 Meyer, Maya	13	BULS-MA	33.57
59	63 Munro, Diane	14	BLSS-MA	33.72
60	66 Zietsman, Lika	12	BETH-FD	33.75
61	177 Mbambo, Zetty N	11	PSCP-UM	33.78
62	21 Williams, Ashley	12	BLNE-MA	33.79
63	76 Snyders, Christie	11	VALS-FD	33.81
64	15 Pretorius, Mariné	13	UPSK-ZM	34.01
65	117 Potgieter, Chloe F	12	SEAL-UM	34.11
66	182 Purdon, Robyn-Rae T	14	PSCP-UM	34.27
67	55 Gasson, Elle R	12	BLSS-MA	34.30
68	16 March, Gea A	11	UPSK-ZM	34.43
69	103 Huang, Xinyue	10	NSFED	34.48
70	156 Scheepers, Janneke	13	SGUL-ET	34.68
71	183 Sykes, Sarah J	13	PSCP-UM	35.32
72	130 Winterbach, Sophia I	11	ASA-IL	35.34
73	42 Opperman, Inge	11	BLOT-MA	35.56
74	60 Steyn, Nina H	12	BLSS-MA	35.67
75	39 van Biljon, Aila	12	BLOT-MA	36.04
76	162 Baqwa, Oyama K	11	SGUL-ET	36.13
77	1 Pretorius, Mienke	11	KALA-JT	37.05
78	143 Hoar, Lily	11	KLOO-ET	37.44
79	9 Hutchison, Sophia	11	FAAC-FB	38.63

## #403 Men 99 &amp; Under 50 LC Meter Freestyle Multi-Class Ps

Name	Age	Team	Seed Time
1 70 Carson, Cayden J	11	BULS-MA	34.62

## #405 Men 19 &amp; Under 200 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 27 De Vos, Juan-dre	16	BLOT-MA	2:36.98
2 90 Geyser, Brett A	17	NSFED	2:44.74
3 49 De Beer, Stephan	17	BLSS-MA	2:48.27
4 128 Spoors, St John S	16	ASA-IL	2:51.17
5 135 Naidoo, Saieshan N	14	BEAV-ET	2:51.21
6 84 Oelofse, Cay-Din	14	TNDER-FD	2:51.83
7 88 Nell, Tristan T	15	NSFED	2:53.31
8 79 Venter, Tristan	16	WSS-LL	2:54.70
9 50 Liversage, Liam W	16	BLSS-MA	2:57.69
10 89 Bauernschmitt, Micha	16	NSFED	2:59.30
11 59 Smit, Jaques	15	BLSS-MA	2:59.59
12 106 Evans, Carter	14	AZON-ET	3:00.66
13 167 Grobbelaar, Jamey L	14	AZON-ET	3:02.54
14 22 Badenhorst, Jandre	14	BLNE-MA	3:04.35
15 17 Vries, Jayden J	17	UPSK-ZM	3:04.50
16 163 Huang, Evan	13	SGUL-ET	3:06.87
17 58 DU Plessis, Mark	14	BLSS-MA	3:07.27
18 37 Figueira, Miguel R	14	BLOT-MA	3:08.29
19 75 Coetzee, Burhan	11	VALS-FD	3:12.97
20 12 Jacobs, Jossie J	14	KTS-JT	3:14.01
21 100 Badenhorst, Oelof O	10	NSFED	3:18.57
22 146 Raynard, Enzo N	12	KLOO-ET	3:19.24
23 97 Durand, Patrick	10	NSFED	3:22.31
24 104 Bergh, Riley R	12	NSFED	3:22.31
25 140 Venter, Liam	12	BLUO-UG	3:23.05

26	133 Pillay, Terrian	11	BEAV-ET	3:26.45
27	161 Snyman, Kian	11	SGUL-ET	3:29.02
28	157 Couzens, Jake	11	SGUL-ET	3:29.11
29	61 Chen, Orion	12	BLSS-MA	3:29.87
30	160 de Wit, Damien J	11	SGUL-ET	3:30.32
31	5 Harbron, Nicholas	12	FAAC-FB	3:31.24
32	149 Reddhi, Viashen	13	ACSA-ET	3:32.85
33	48 Bouwer, Levi G	11	BLSS-MA	3:34.85
34	64 Wessels, Charl J	11	BLSS-MA	3:37.81
35	138 Koegelenberg, Peter	11	BLUO-UG	3:39.70
36	148 Yende, Akwande	11	KLOO-ET	3:40.62
37	109 Leppan, Bradley D	13	AZON-ET	3:40.99
38	158 Smuts, Conor J	11	SGUL-ET	3:42.26
39	154 Henze, Anakin	11	WSTV-ET	3:44.03
40	7 Lategan, Louis H	11	FAAC-FB	3:44.11
41	101 Diehl, Aiden P	10	NSFED	3:45.06
42	95 Cowley, Dylan	11	NSFED	3:46.10
43	80 Wiesner, Jordan	11	WSS-LL	3:46.67
44	70 Carson, Cayden J	11	BULS-MA	3:47.32
45	69 Le Breton, Damian	12	BULS-MA	3:51.02
46	25 Lindeboom, Douglas G	12	BLNE-MA	3:51.39
47	142 Haslam, Seth J	10	KLOO-ET	4:00.02
48	18 Orffer, Llwellyn F	11	UPSK-ZM	4:00.67

## #406 Women 19 &amp; Under 200 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 33 Jordaan, Nanette	16	BLOT-MA	2:58.90
2 147 Verbaan, Kayla A	15	KLOO-ET	3:01.80
3 51 Steyn, Lisa M	15	BLSS-MA	3:04.19
4 53 Vincent, Amelia	15	BLSS-MA	3:05.61
5 152 Hemphill, Taylor	16	SEALE-ET	3:06.49
6 63 Munro, Diane	14	BLSS-MA	3:06.99
7 174 Stewart, Leah K	17	PSCP-UM	3:07.43
8 137 Koegelenberg, Kirsty	13	BLUO-UG	3:07.64
9 19 De Villiers, Charlize A	18	PRKA-PS	3:08.55
10 44 Harbron, Danielle	14	BLOT-MA	3:08.75
11 56 Prinsloo, Mine	14	BLSS-MA	3:10.35
12 91 De Sousa, Vitoria J	13	NSFED	3:12.06
13 93 Meyer, Cara	13	NSFED	3:12.86
14 111 Walton, Amy L	14	AZON-ET	3:14.18
15 182 Purdon, Robyn-Rae T	14	PSCP-UM	3:14.67
16 183 Sykes, Sarah J	13	PSCP-UM	3:15.34
17 36 du Plessis, Evie	11	BLOT-MA	3:15.50
18 38 Gutter, Livia	12	BLOT-MA	3:15.51
19 176 Clowes, Cailyn	13	PSCP-UM	3:15.66
20 180 Moodley, Abigail C	12	PSCP-UM	3:16.27
21 185 Schuch, Talitha	14	LEGC-ET	3:17.83
22 134 Ten Napel, Taylor E	11	BEAV-ET	3:19.04
23 40 van der Spuy, Melan	12	BLOT-MA	3:19.31
24 26 Vosloo, Kayla	15	BLOT-MA	3:20.96
25 4 Crozier, Emily N	13	FAAC-FB	3:21.60
26 96 Schnebel, Sandra	12	NSFED	3:23.08
27 6 Lategan, Lehane	14	FAAC-FB	3:23.57
28 102 Schlabit, Nora L	14	NSFED	3:23.59
29 54 Van Rensburg, Marne'	14	BLSS-MA	3:23.76
30 98 Van Wyk, Roze	11	NSFED	3:25.04
31 178 Mhlongo, Apehele A	12	PSCP-UM	3:25.20
32 55 Gasson, Elle R	12	BLSS-MA	3:25.66
33 115 Jansen van Vuuren, Jc	11	SEAL-UM	3:26.05
34 99 Zeidler, Zafari N	13	NSFED	3:26.93
35 130 Winterbach, Sophia I	11	ASA-IL	3:29.54
36 71 Meyer, Annabel	11	BULS-MA	3:30.21
37 21 Williams, Ashley	12	BLNE-MA	3:32.63
38 15 Pretorius, Mariné	13	UPSK-ZM	3:33.24
39 78 Venter, Tatum M	12	WSS-LL	3:35.88
40 24 Vorster, Isabel	16	BLNE-MA	3:36.43
41 94 Steyn, Lara	14	NSFED	3:39.42



## SA Level 3 Regional Age Group Champs 2024-FS - 21/03/2024 to 24/03/2024

## Psych Sheet

#406 ... (Women 19 & Under 200 LC Meter Breaststroke)					#407 Men 99 & Under 100 LC Meter Breaststroke Multi-Club					#408 Women 99 & Under 100 LC Meter Breaststroke Multi-Club					#409 Men 19 & Under 50 LC Meter Backstroke					#410 Women 19 & Under 50 LC Meter Backstroke					#411 Men 19 & Under 50 LC Meter Butterfly																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
Name	Age	Team	Seed Time		Name	Age	Team	Seed Time		Name	Age	Team	Seed Time		Name	Age	Team	Seed Time		Name	Age	Team	Seed Time		Name	Age	Team	Seed Time																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
42 103 Huang, Xinyue	10	NSFED	3:39.76		49 18 Orffer, Llwellyn F	11	UPSK-ZM	40.84		55 98 Van Wyk, Roze	11	NSFED	40.57		1 65 Maritz, Jaden D	17	BETH-FD	1:25.30		50 34 Oosthuizen, Austin	12	BLOT-MA	41.31		56 38 Gutter, Livia	12	BLOT-MA	40.87		43 1 Pretorius, Mienke	11	KALA-JT	3:42.84		51 61 Chen, Orion	12	BLSS-MA	41.37		57 52 Van Viegen, Ella A	12	BLSS-MA	40.87		44 39 van Biljon, Aila	12	BLOT-MA	3:43.76		52 13 Opperman, Theodore	11	KTS-JT	41.53		58 76 Snyders, Christie	11	VALS-FD	40.98		45 60 Steyn, Nina H	12	BLSS-MA	3:44.80		53 142 Haslam, Seth J	10	KLOO-ET	41.58		59 130 Winterbach, Sophia I	11	ASA-IL	41.08		46 52 Van Viegen, Ella A	12	BLSS-MA	3:47.32		54 80 Wiesner, Jordan	11	WSS-LL	41.59		60 176 Clowes, Cailyn	13	PSCP-UM	41.32		47 20 Cupido, Donyelle	12	BLNE-MA	3:48.49		55 64 Wessels, Charl J	11	BLSS-MA	42.14		61 116 Palframan, Sisanda	11	SEAL-UM	41.41		48 74 Coetzee, Kayla C	10	VALS-FD	3:48.82		56 7 Lategan, Louis H	11	FAAC-FB	42.78		62 60 Steyn, Nina H	12	BLSS-MA	41.72		#407 Men 99 & Under 100 LC Meter Breaststroke Multi-Club					57 95 Cowley, Dylan	11	NSFED	43.11		63 156 Scheepers, Janneke	13	SGUL-ET	41.98		#408 Women 99 & Under 100 LC Meter Breaststroke Multi-Club					58 81 Cronje, Edrich	17	WELA-LL	NT		64 9 Hutchison, Sophia	11	FAAC-FB	43.31		#409 Men 19 & Under 50 LC Meter Backstroke					#410 Women 19 & Under 50 LC Meter Backstroke					65 16 March, Gea A	11	UPSK-ZM	44.01		1 31 Cilliers, Christopher J	16	BLOT-MA	29.46		66 159 Van Deventer, Emma	11	SGUL-ET	44.51		2 173 Potgieter, Cody B	15	PSCP-UM	29.89		67 78 Venter, Tatum M	12	WSS-LL	44.66		3 175 Thompson, Kingsley	18	PSCP-UM	30.34		68 15 Pretorius, Mariné	13	UPSK-ZM	44.72		4 139 Hartman, Nathan S	15	BLUO-UG	30.51		69 143 Hoar, Lily	11	KLOO-ET	45.17		5 23 Van Den Heever, MJ	17	BLNE-MA	30.72		70 42 Opperman, Inge	11	BLOT-MA	45.68		6 125 Kalil, Greg P	14	ASA-IL	30.90		71 1 Pretorius, Mienke	11	KALA-JT	47.16		7 17 Vries, Jayden J	17	UPSK-ZM	31.13		#411 Men 19 & Under 50 LC Meter Butterfly					8 90 Geyser, Brett A	17	NSFED	31.44		1 23 Van Den Heever, MJ	17	BLNE-MA	27.59		9 79 Venter, Tristan	16	WSS-LL	31.92		2 32 Coetzer, JC C	15	BLOT-MA	27.68		10 89 Bauernschmitt, Michael	16	NSFED	31.92		3 164 Govender, Dhilan	17	SGUL-ET	27.72		11 168 Le Roux, Cuan B	16	AZON-ET	31.94		4 90 Geyser, Brett A	17	NSFED	27.73		12 65 Maritz, Jaden D	17	BETH-FD	32.04		5 171 Mumford, Jordan J	18	PSCP-UM	27.90		13 50 Liversage, Liam W	16	BLSS-MA	32.11		6 173 Potgieter, Cody B	15	PSCP-UM	27.91		14 88 Nell, Tristan T	15	NSFED	32.15		7 175 Thompson, Kingsley	18	PSCP-UM	28.01		15 135 Naidoo, Saieshan N	14	BEAV-ET	32.91		8 65 Maritz, Jaden D	17	BETH-FD	28.30		16 49 De Beer, Stephan	17	BLSS-MA	32.95		9 89 Bauernschmitt, Michael	16	NSFED	28.37		17 184 Le Roux, Caden	14	LEGC-ET	33.25		10 31 Cilliers, Christopher J	16	BLOT-MA	28.61		18 68 Sorour, Micheal	14	BULS-MA	33.31		11 17 Vries, Jayden J	17	UPSK-ZM	28.73		19 84 Oelofse, Cay-Din	14	TNDER-FD	34.34		12 125 Kalil, Greg P	14	ASA-IL	28.89		20 3 Van Vuuren, SJ J	18	KALA-JT	34.36		13 113 Botha, Julian E	17	SEAL-UM	28.93		21 82 Nel, SJ	15	WELA-LL	34.48		14 81 Cronje, Edrich	17	WELA-LL	28.94		22 124 Bezuidenhout, Levi J	11	ASA-IL	34.48		15 168 Le Roux, Cuan B	16	AZON-ET	29.55		23 45 Louw, Dirka A	14	BLOT-MA	34.55		16 88 Nell, Tristan T	15	NSFED	29.74		24 136 Hopper, Lincoln A	14	BEAV-ET	34.60		17 79 Venter, Tristan	16	WSS-LL	29.79		25 167 Grobbelaar, Jamey L	14	AZON-ET	34.60		18 84 Oelofse, Cay-Din	14	TNDER-FD	29.95		26 165 Allison, Troy G	12	AZON-ET	34.87		19 169 Watt, Alexander C	16	AZON-ET	29.97		27 184 Le Roux, Caden	14	LEGC-ET	30.96		27 35 Reinders, Devon	13	BLOT-MA	35.07		20 82 Nel, SJ	15	WELA-LL	30.89		28 58 DU Plessis, Mark	14	BLSS-MA	35.37		21 184 Le Roux, Caden	14	LEGC-ET	30.96		29 8 Middleton, Josh C	12	FAAC-FB	35.73		22 49 De Beer, Stephan	17	BLSS-MA	31.58		30 160 de Wit, Damien J	11	SGUL-ET	35.97		23 106 Evans, Carter	14	AZON-ET	31.94		31 108 Joubert, Owen C	14	AZON-ET	36.04		24 35 Reinders, Devon	13	BLOT-MA	32.14		32 170 Bloxham, Carter R	12	PSCP-UM	36.18		25 136 Hopper, Lincoln A	14	BEAV-ET	32.19		33 163 Huang, Evan	13	SGUL-ET	36.30		26 50 Liversage, Liam W	16	BLSS-MA	32.33		34 112 Watt, Cameron B	13	AZON-ET	36.35		27 3 Van Vuuren, SJ J	18	KALA-JT	32.52		35 157 Couzens, Jake	11	SGUL-ET	36.64		28 59 Smit, Jaques	15	BLSS-MA	32.54		36 67 Jacobs, Levi	13	BULS-MA	36.68		29 67 Jacobs, Levi	13	BULS-MA	32.56		37 154 Henze, Anakin	11	WSTV-ET	37.20		30 167 Grobbelaar, Jamey L	14	AZON-ET	32.72		38 104 Bergh, Riley R	12	NSFED	37.50		31 45 Louw, Dirka A	14	BLOT-MA	33.06		39 22 Badenhorst, Jandre	14	BLNE-MA	37.65		32 139 Hartman, Nathan S	15	BLUO-UG	33.67		40 37 Figueira, Miguel R	14	BLOT-MA	37.69		33 8 Middleton, Josh C	12	FAAC-FB	33.88		41 129 Naidoo, Kurik	12	ASA-IL	37.98		34 151 Crutchley, Connor M	12	SEALE-ET	34.10		42 97 Durand, Patrick	10	NSFED	38.28		35 69 Le Breton, Damian	12	BULS-MA	34.63		43 161 Snyman, Kian	11	SGUL-ET	38.60		36 108 Joubert, Owen C	14	AZON-ET	34.65		44 101 Diehl, Aiden P	10	NSFED	39.09		37 170 Bloxham, Carter R	12	PSCP-UM	34.66		45 25 Lindeboom, Douglas G	12	BLNE-MA	39.21		38 22 Badenhorst, Jandre	14	BLNE-MA	34.70		46 151 Crutchley, Connor M	12	SEALE-ET	39.35		39 68 Sorour, Micheal	14	BULS-MA	34.79		47 100 Badenhorst, Oelof O	10	NSFED	39.37		40 124 Bezuidenhout, Levi J	11	ASA-IL	34.86		48 69 Le Breton, Damian	12	BULS-MA	40.08		41 58 DU Plessis, Mark	14	BLSS-MA	34.88							42 133 Pilla, Terrian	11	BEAV-ET	34.97							43 127 Seppings, Malakai J	10	ASA-IL	35.37							44 25 Lindeboom, Douglas G	12	BLNE-MA	35.52							45 163 Huang, Evan	13	SGUL-ET	35.81							46 97 Durand, Patrick	10	NSFED	35.94							47 146 Raynard, Enzo N	12	KLOO-ET	36.02						

**SA Level 3 Regional Age Group Champs 2024-FS - 21/03/2024 to 24/03/2024****Psych Sheet**

Name	Age	Team	Seed Time
48 12 Jacobs, Jossie J	14	KTS-JT	36.15
49 140 Venter, Liam	12	BLUO-UG	36.37
50 104 Bergh, Riley R	12	NSFED	36.51
51 37 Figueira, Miguel R	14	BLOT-MA	36.60
52 148 Yende, Akwande	11	KLOO-ET	37.16
53 157 Couzens, Jake	11	SGUL-ET	37.74
54 161 Snyman, Kian	11	SGUL-ET	38.00
55 112 Watt, Cameron B	13	AZON-ET	38.04
56 61 Chen, Orion	12	BLSS-MA	38.46
57 43 Els, Nicolai	12	BLOT-MA	38.53
58 100 Badenhorst, Oelof O	10	NSFED	38.58
59 129 Naidoo, Kurik	12	ASA-IL	39.21
60 154 Henze, Anakin	11	WSTV-ET	39.90
61 64 Wessels, Charl J	11	BLSS-MA	40.46
62 101 Diehl, Aiden P	10	NSFED	40.75
63 13 Opperman, Theodore	11	KTS-JT	41.88
64 5 Harbron, Nicholas	12	FAAC-FB	41.90
65 80 Wiesner, Jordan	11	WSS-LL	42.85
66 95 Cowley, Dylan	11	NSFED	43.14
67 70 Carson, Cayden J	11	BULS-MA	43.71
68 158 Smuts, Conor J	11	SGUL-ET	43.83
69 18 Orffer, Llwellyn F	11	UPSK-ZM	44.74
70 138 Koegelenberg, Peter	11	BLUO-UG	44.87
71 142 Haslam, Seth J	10	KLOO-ET	47.38

**#412 Women 19 & Under 50 LC Meter Butterfly**

Name	Age	Team	Seed Time
1 24 Vorster, Isabel	16	BLNE-MA	30.62
2 166 Borrageiro, Nirvana	17	AZON-ET	30.78
3 62 Johns, Miche	18	BLSS-MA	31.24
4 33 Jordaan, Nanette	16	BLOT-MA	31.31
5 51 Steyn, Lisa M	15	BLSS-MA	32.17
6 144 Hughes, Bailey C	16	KLOO-ET	32.56
7 145 Hulse, Milla C	14	KLOO-ET	32.56
8 30 Whelan, Francis	16	BLOT-MA	32.94
9 92 Slinger, Gizelle	14	NSFED	33.11
10 29 Helmand, Jana	16	BLOT-MA	33.13
11 119 Pillay, Jasmine E	16	SEAL-UM	33.13
12 28 Grobler, Danielle	14	BLOT-MA	33.24
13 44 Harbron, Danielle	14	BLOT-MA	33.33
14 46 Pretorius, Emma E	13	BLOT-MA	33.34
15 26 Vosloo, Kayla	15	BLOT-MA	33.36
16 57 Leech, Kelci	15	BLSS-MA	33.81
17 110 Muller, Alexis S	13	AZON-ET	33.85
18 121 Bocking, Mikje	14	SEAL-UM	33.94
19 93 Meyer, Cara	13	NSFED	34.66
20 105 Allison, Holly T	15	AZON-ET	34.67
21 41 Wessels, Carinke	11	BLOT-MA	34.76
22 54 Van Rensburg, Marne	14	BLSS-MA	34.77
23 111 Walton, Amy L	14	AZON-ET	34.81
24 19 De Villiers, Charlize A	18	PRKA-PS	34.93
25 174 Stewart, Leah K	17	PSCP-UM	35.02
26 120 Sauerman, Rene C	16	SEAL-UM	35.22
27 103 Huang, Xinyue	10	NSFED	35.25
28 118 Sheard, Rachel J	13	SEAL-UM	35.37
29 72 Meyer, Maya	13	BULS-MA	35.44
30 91 De Sousa, Vitoria J	13	NSFED	35.53
31 107 Filday, Deryn S	13	AZON-ET	35.54
32 159 Van Deventer, Emma	11	SGUL-ET	35.58
33 102 Schlabitz, Nora L	14	NSFED	35.64
34 179 Neizel, Megan J	15	PSCP-UM	36.07
35 187 Goelst, Gemma J	13	CSA-EZ	36.36
36 20 Cupido, Donyelle	12	BLNE-MA	36.38
37 76 Snyders, Christie	11	VALS-FD	36.45
38 176 Clowes, Cailyn	13	PSCP-UM	36.45

39 98 Van Wyk, Roze	11	NSFED	36.48
40 47 Azar, Caylie S	12	BLSS-MA	36.78
41 66 Zietsman, Lika	12	BETH-FD	36.95
42 2 Stone, Janica	17	KALA-JT	36.99
43 137 Koegelenberg, Kirsty	13	BLUO-UG	36.99
44 131 Gouws, Riley	13	ASA-IL	37.10
45 116 Palframan, Sisanda	11	SEAL-UM	37.26
46 114 Cruywagen, Shiloh R	11	SEAL-UM	37.43
47 60 Steyn, Nina H	12	BLSS-MA	37.44
48 150 Geldenhuis, Chloe	15	SEALE-ET	37.44
49 56 Prinsloo, Mine	14	BLSS-MA	37.74
50 16 March, Gea A	11	UPSK-ZM	37.75
51 52 Van Viegen, Ella A	12	BLSS-MA	37.97
52 143 Hoar, Lily	11	KLOO-ET	38.01
53 178 Mhlongo, Apehele A	12	PSCP-UM	38.36
54 96 Schnebel, Sandra	12	NSFED	38.39
55 71 Meyer, Annabel	11	BULS-MA	38.44
56 63 Munro, Diane	14	BLSS-MA	38.53
57 55 Gasson, Elle R	12	BLSS-MA	38.73
58 185 Schuch, Talitha	14	LEGC-ET	39.74
59 162 Baqwa, Oyama K	11	SGUL-ET	40.13
60 130 Winterbach, Sophia I	11	ASA-IL	40.29
61 83 Barnard, Chrisley	15	BS-LL	40.61
62 42 Opperman, Inge	11	BLOT-MA	40.62
63 134 Ten Napel, Taylor E	11	BEAV-ET	41.10
64 99 Zeidler, Zafari N	13	NSFED	41.14
65 177 Mbambo, Zetty N	11	PSCP-UM	41.23
66 115 Jansen van Vuuren, J	11	SEAL-UM	41.35
67 94 Steyn, Lara	14	NSFED	42.12
68 21 Williams, Ashley	12	BLNE-MA	42.84
69 123 Maritz, Violet T	12	SEAL-UM	43.21
70 4 Crozier, Emily N	13	FAAC-FB	44.77
71 78 Venter, Tatum M	12	WSS-LL	47.09
72 9 Hutchison, Sophia	11	FAAC-FB	49.32
73 53 Vincent, Amelia	15	BLSS-MA	NT

**#413 Men 99 & Under 50 LC Meter Butterfly Multi-Class Pa**

Name	Age	Team	Seed Time
1 65 Maritz, Jaden D	17	BETH-FD	28.30
2 160 de Wit, Damien J	11	SGUL-ET	34.16

**#414 Women 99 & Under 50 LC Meter Butterfly Multi-Class**

Name	Age	Team	Seed Time
1 117 Potgieter, Chloe F	12	SEAL-UM	38.75

**#415 Men 12 & Under 4x50 LC Meter Medley Relay 4 x 50 M**

Team	Relay	Seed Time
1 SGUL-ET	A	2:25.00
2 NSFED	A	2:29.75
Bergh, Riley R 12	Badenhorst, Oelof O 10	
Durand, Patrick 10	Diehl, Aiden P 10	

**#416 Women 12 & Under 4x50 LC Meter Medley Relay 4 x**

Team	Relay	Seed Time
1 BLOT-MA	A	NT
van der Spuy, Melan 12	Gutter, Livia 12	
Wessels, Carinke 11	du Plessis, Evie 11	
2 BLSS-MA	A	NT
Van Viegen, Ella A 12	Gasson, Elle R 12	
Steyn, Nina H 12	Azar, Caylie S 12	

**#417 Men 13-15 4x50 LC Meter Medley Relay 4 x 50 Medle**

Team	Relay	Seed Time
1 AZON-ET	A	2:20.58
Leppan, Bradley D 13	Evans, Carter 14	
Joubert, Owen C 14	Watt, Cameron B 13	
2 BLOT-MA	A	NT
Louw, Dirka A 14	Figueira, Miguel R 14	
Coetzer, Jacques 11	Reinders, Devon 13	

3 BLSS-MA	A	NT
Smit, Jaques 15	DU Plessis, Mark 14	
Chen, Orion 12	Bouwer, Levi G 11	

**#418 Women 13-15 4x50 LC Meter Medley Relay 4 x 50 Me**

Team	Relay	Seed Time
1 PSCP-UM	A	2:12.59
2 AZON-ET	A	2:22.04
Allison, Holly T 15	Walton, Amy L 14	
Muller, Alexis S 13	Filday, Deryn S 13	
3 NSFED	A	2:23.18
Schlabitz, Nora L 14	Zeidler, Zafari N 13	
Meyer, Cara 13	Slinger, Gizelle 14	
4 NSFED	B	2:27.72
Schnebel, Sandra 12	Van Wyk, Roze 11	
Huang, Xinyue 10	Steyn, Lara 14	
5 BLOT-MA	A	NT
Pretorius, Emma E 13	Vosloo, Kayla 15	
Grobler, Danielle 14	Harbron, Danielle 14	
6 BLSS-MA	A	NT

**#419 Men 16-19 4x50 LC Meter Medley Relay 4 x 50 Medle**

Team	Relay	Seed Time
1 PSCP-UM	A	1:54.45
2 NSFED	A	2:07.68
Nell, Tristan T 15	Cowley, Dylan 11	
Geyser, Brett A 17	Bauernschmitt, Michael B 1	
3 BLOT-MA	A	NT
Cilliers, Christopher J 16	De Vos, Juan-dre 16	
Els, Nicolai 12	Oosthuizen, Austin 12	

**#420 Women 16-19 4x50 LC Meter Medley Relay 4 x 50 Me**

Team	Relay	Seed Time
1 KLOO-ET	A	2:09.14
2 BLOT-MA	A	NT
Helmand, Jana 16	Jordaan, Nanette 16	
Whelan, Francis 16	Opperman, Inge 11	
3 BLSS-MA	A	NT
Vincent, Amelia 15	Johns, Miche 18	
Leech, Kelci 15		

**#421 Mixed 12 & Under 4x100 LC Meter Freestyle Relay 4**

Team	Relay	Seed Time
1 NSFED	A	5:01.58
Schnebel, Sandra W12	Huang, Xinyue W10	
Bergh, Riley R M12	Durand, Patrick M10	
2 BLOT-MA	A	NT
Els, Nicolai M12	Oosthuizen, Austin M12	
Gutter, Markus J M8	du Plessis, Evie W11	
3 BLSS-MA	A	NT

**#422 Mixed 13-15 4x100 LC Meter Freestyle Relay 4 x 100**

Team	Relay	Seed Time
1 BLOT-MA	A	4:17.21
Coetzer, JC C M15	Reinders, Devon M13	
Grobler, Danielle W14	Harbron, Danielle W14	
2 AZON-ET	A	4:27.56
Watt, Cameron B M13	Allison, Holly T W15	
Joubert, Owen C M14	Filday, Deryn S W13	
3 NSFED	A	4:31.55
Slinger, Gizelle W14	Badenhorst, Oelof O M10	
De Sousa, Vitoria J W13	Nell, Tristan T M15	
4 BLNE-MA	A	4:49.67
Badenhorst, Jandre M14	Williams, Ashley W12	
Lindeboom, Douglas G M12	Cupido, Donyelle W12	
5 NSFED	B	5:03.71
Meyer, Cara W13	Diehl, Aiden P M10	
Cowley, Dylan M11	Zeidler, Zafari N W13	

## SA Level 3 Regional Age Group Champs 2024-FS - 21/03/2024 to 24/03/2024

## Psych Sheet

## #422 ... (Mixed 13-15 4x100 LC Meter Freestyle Relay 4 x 100)

6	BLSS-MA	A	NT
	Steyn, Lisa M W15	Bouwer, Levi G M11	
	DU Plessis, Mark M14	Van Rensburg, Marne' W14	
7	BULS-MA	A	NT
	Meyer, Maya W13	Meyer, Annabel W11	
	Sorour, Micheal M14	Jacobs, Levi M13	

## #423 Mixed 16-24 4x100 LC Meter Freestyle Relay 4 x 100

	Team	Relay	Seed Time
1	NSFED	A	4:21.92
	Geyser, Brett A M17	Schlabitz, Nora L W14	
	Steyn, Lara W14	Bauernschmitt, Michael B M17	
2	PSCP-UM	A	4:42.82
3	UPSK-ZM	A	4:46.83
	Orffer, Llwellyn F M11	Vries, Jayden J M17	
	Pretorius, Mariné W13	March, Gea A W11	
4	BLOT-MA	A	NT
	De Vos, Juan-dre M16	Cilliers, Christopher J M16	
	Whelan, Francis W16	Helmand, Jana W16	
5	BLSS-MA	A	NT
	Liversage, Liam W M16	Leech, Kelci W15	
	Johns, Miche W18		