

SA Level 3 Regional Age Group Champs 2024-EC - 21/03/2024 to 24/03/2024

Psych Sheet

#101 Men 11 & Under 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 62 Green, Aiden J	11	BEST-NM	5:02.70
2 65 Kannemeyer, Eli E	11	BEST-NM	5:19.16
3 168 Schaefer, Daniel C	11	PLAY-CE	5:19.16
4 223 Bright, Michael C	11	CASC-CP	5:21.27
5 221 Wagener, Tiaan H	11	ASAW-CE	5:27.78
6 292 Barnard, Theo J	11	SWAR-WC	5:28.23
7 220 Stander, Christiaan L	11	ASAW-CE	5:32.00
8 39 Verdon, Daniel E	11	INFA-NM	5:39.06
9 229 February, Dillon S	11	CASC-CP	5:40.50
10 74 van Rensburg, Tristan	11	GREY-CP	5:41.78
11 75 Vd Watt, Earle	11	GREY-CP	5:43.53
12 212 Van Onselen, Pierre S	11	TYGE-CP	5:58.06
13 199 Bosch, Ewan Y	11	TYGE-CP	5:58.77
14 156 Lewis, Amaru C	11	PAQU-CE	6:02.59
15 230 Gerber, Luke M	10	CASC-CP	6:11.25
16 130 Daniels, Tylan H	11	AQDO-CP	6:13.66
17 148 Jacobs, Seth G	12	MANT-CP	6:17.73
18 204 Fouche, Ryan	9	TYGE-CP	6:17.79
19 231 Joyce, Guy	10	CASC-CP	6:22.97
20 59 Goliath, Cooper C	11	USC-BU	6:25.16
21 19 Kok, Henri W	10	AQUA-BU	6:27.84

#102 Women 11 & Under 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 63 Hamilton, Shalea M	11	BEST-NM	5:10.41
2 254 Williams, Aqeelah	11	UWCA-CP	5:21.48
3 286 Roff, Mikaela	11	ROA-ED	5:26.32
4 208 Olivier, Julie M	11	TYGE-CP	5:31.78
5 144 Lockitch, Zara	11	CYBE-CP	5:34.48
6 71 Pieterse, Nina	11	DESA-NM	5:36.23
7 124 Els, Jamie	11	AQDO-CP	5:37.53
8 163 Sabbagha, Georgia	11	PAQU-CE	5:38.24
9 285 Burger, Johané	11	ROA-ED	5:38.24
10 232 Joyce, Jenna	11	CASC-CP	5:38.50
11 16 Roth, Elle	11	PEAS-NM	5:40.34
12 227 Billson, Amelie	11	CASC-CP	5:42.44
13 46 Christie, Laila A	11	USC-BU	5:47.70
14 153 Anthony, Jazmin A	11	PAQU-CE	5:58.16
15 149 Jantjies, Zara	11	MANT-CP	6:08.56
16 201 Chibharo, Lethabo L	11	TYGE-CP	6:10.39
17 61 Terwin, Brooklyn	11	USC-BU	6:15.15
18 150 Jurgens, Chloe-Leigh	11	MANT-CP	6:17.71
19 121 Horn, Anna	11	XCEL-CP	6:25.85
20 235 McGluwa, Jovanah N	11	CASC-CP	6:26.68
21 122 Julies, Grace J	11	XCEL-CP	6:26.94
22 82 Rosenstrauch, Lara	11	HTSA-CP	6:50.38
23 109 Stevenson, Mikayla	11	QUIC-CP	6:56.44

#103 Men 12 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 243 Coleman, Travis	12	BLMA-CP	5:22.29
2 67 Strydom, Andre N	12	BEST-NM	5:31.47
3 126 Mccollum, Aiden I	12	AQDO-CP	5:33.64
4 69 Williams, Dante E	12	BEST-NM	5:43.97
5 275 Fletcher, Tyler D	12	FISH-ED	5:48.85
6 99 Troskie, Jean	12	QUIC-CP	5:51.10
7 203 Fouche, Jack	12	TYGE-CP	5:51.98
8 270 Coates, Caleb	12	FISH-ED	5:53.20
9 161 Baadjies, Cruden H	12	PAQU-CE	6:01.28
10 50 Lubbe, Alex C	12	USC-BU	6:05.29
11 205 Heunis, Le Roux	12	TYGE-CP	6:07.74
12 181 Ramorwesi, Oratilwe	12	SAAW-CP	6:11.62
13 287 Smit, Christian F	12	ROA-ED	6:16.31

#104 Women 12 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 174 Nienaber, Mila J	12	QSAW-CE	5:34.56
2 64 Jooman, April R	12	BEST-NM	5:35.70
3 195 Sonnekus, Anya	12	TYGE-CP	5:54.81
4 60 Magobongo, Khwezi	12	USC-BU	6:03.10
5 298 Liebenberg, Aimee L	12	SWAR-WC	6:03.29
6 58 Lottering, Eirley	12	USC-BU	6:09.69
7 197 Thirsk, Savannah	12	TYGE-CP	6:30.00

#105 Men 13 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 274 Swanepoel, Ewald	13	FISH-ED	5:02.25
2 234 Van Wyk, Jack R	13	CASC-CP	5:09.70
3 53 Peters, Stijn J	13	USC-BU	5:09.84
4 112 Smit, Reynard-Gray	13	SFSC-CP	5:09.97
5 96 Alfonso, Aragon G	13	QUIC-CP	5:10.59
6 142 van Wyk, Tariq K	13	BARR-CP	5:12.26
7 158 Rheeder, Liam M	13	PAQU-CE	5:16.91
8 123 Pieterse, Marcelle J	13	XCEL-CP	5:17.65
9 10 Palmer, Travis I	13	PEAS-NM	5:17.72
10 42 Markotter, D-J R	13	INFA-NM	5:18.92
11 145 Addinall, Ethan	13	MANT-CP	5:23.71
12 260 Visser, Wessel M	13	UWCA-CP	5:29.69
13 268 Hough, Caleb	13	CLSC-WC	5:31.38
14 48 Liss, Logan A	13	USC-BU	5:31.55
15 4 Fang, Ethan Y	13	PEAS-NM	5:33.18
16 104 Coetzee, Sion M	13	QUIC-CP	5:35.50
17 249 Van Dyk, Stephaan	13	BLMA-CP	5:36.22
18 37 Rosser, Kyle H	13	INFA-NM	5:38.28
19 47 Cook, Jedd R	13	USC-BU	5:38.62
20 125 Harper, Zachary	13	AQDO-CP	5:40.18
21 32 Ramashamole, Junior	13	HARL-BU	5:48.18
22 259 Snyders, Reece	13	UWCA-CP	5:54.97
23 226 Grobler, Chris I	13	CASC-CP	5:58.55

#106 Women 13 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 282 Van Der Wath, Izi	13	KNYA-ED	5:09.41
2 140 Laubscher, Mikalla I	13	ASAC-CP	5:19.90
3 190 O'Carroll, Nia E	13	STAQ-CE	5:20.14
4 192 Burger, Juanè	13	TYGE-CP	5:28.21
5 68 Welsh, Stacey A	13	BEST-NM	5:29.02
6 222 Botha, Chelsea	13	CASC-CP	5:30.53
7 196 Thirsk, Madison	13	TYGE-CP	5:33.39
8 224 De Jager, Sophia	13	CASC-CP	5:37.99

#107 Men 14 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 248 Kotzè, Max M	14	BLMA-CP	4:52.53
2 188 Williams, Evan B	14	SSISA-CP	4:54.39
3 189 Poggenpoel, Troy J	14	SSISA-CP	4:56.47
4 81 Yeowart, Seth W	14	GREY-CP	4:56.97
5 296 Lategan, Nicky N	14	SWAR-WC	5:00.51
6 206 Minnaar, Nicolas	14	TYGE-CP	5:02.20
7 127 Nagelgaard, Andreas	14	AQDO-CP	5:07.28
8 238 Pullock, Sam J	14	CUHE-OB	5:08.93
9 154 Cleophas, Kyle	14	PAQU-CE	5:12.26
10 300 Liedeman, Mark	14	SWAR-WC	5:12.63
11 240 Beukes, Jaden L	14	WALM-CP	5:15.87
12 2 Andrews, Carl R	14	PEAS-NM	5:18.28
13 233 Njoroge, Alphonse	14	CASC-CP	5:22.71
14 1 Cilliers, Jannis N	14	FAAC	5:42.37

#108 Women 14 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 211 Senekal, Margo	14	TYGE-CP	4:58.21
2 173 Holthuis, Keilah-Nao	14	QSAW-CE	5:09.50

3 88 Geysler, Almi	14	LALE-CE	5:19.39
4 283 Kleynhans, Sian	14	ROA-ED	5:20.11
5 76 Blake, Abi E	14	GREY-CP	5:25.05
6 209 Rossouw, Cara	14	TYGE-CP	5:30.45

#109 Men 15 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 253 Pautz, Nathan M	15	BLMA-CP	4:43.18
2 246 Kalapac, Joshua	15	BLMA-CP	4:47.31
3 290 Atkinson, Samuel A	15	SWAR-WC	4:49.56
4 252 Myburgh, Ruan	15	BLMA-CP	4:55.39

#110 Women 15 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 242 Zhou, WanRu	15	BLMA-CP	5:24.57
2 103 Bosman, Jessica A	15	QUIC-CP	5:24.81
3 20 Smit, Miela	15	AQUA-BU	5:25.29

#111 Men 16 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 207 Möller, FC C	16	TYGE-CP	4:36.38
2 151 McPetrie, James L	16	MANT-CP	4:41.82
3 54 Prime, Liam	16	USC-BU	4:42.57
4 247 Karsten, Jody	16	BLMA-CP	4:46.33
5 198 Bester, Eben	16	TYGE-CP	4:47.27
6 219 Schreuder, Steffen	16	ASAW-CE	4:50.31
7 6 Sheard, Dylan J	16	PEAS-NM	4:54.47

#112 Women 16 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 128 Vd Westhuizen, Joy	16	AQDO-CP	5:03.62
2 36 De Beer, Anri	16	INFA-NM	5:10.89
3 215 Olivier, Shani	16	WELL-CE	5:20.17
4 129 Witten, Hannah	16	AQDO-CP	5:29.32

#113 Men 17-19 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 40 Wolfe, Matthew L	18	INFA-NM	4:35.16
2 157 Peceur, Mark D	19	PAQU-CE	4:46.18
3 217 Boonzaaier, Simon F	17	ASAW-CE	4:47.63
4 21 Barnard, Adam J	18	AQUA-BU	4:57.36

#114 Women 17-19 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 18 Van Eeden, Alne	17	PEAS-NM	5:01.59
2 210 Rossouw, Nadia	17	TYGE-CP	5:12.20
3 185 Herbst, Mienke	17	SSISA-CP	5:12.92
4 28 Murray, Rachel T	17	HARL-BU	5:13.29
5 288 Theron, Yedidah	18	ROA-ED	5:14.76
6 7 Ogden, Amber	17	PEAS-NM	5:18.64
7 25 Lindstrom, Jorja P	17	HARL-BU	5:35.78

#201 Men 19 & Under 100 LC Meter Freestyle

Name	Age	Team	Seed Time
1 84 Malherbe, Nicholas N	17	LALE-CE	56.80
2 13 Hiten, Darius	18	PEAS-NM	56.84
3 262 Alexander, Ammaar	16	MARL-CP	57.34
4 21 Barnard, Adam J	18	AQUA-BU	57.47
5 241 Beukes, Mateo A	18	WALM-CP	57.88
6 40 Wolfe, Matthew L	18	INFA-NM	57.92
7 89 Geysler, Jacques M	16	LALE-CE	58.28
8 83 Cornish, Jeyaad	18	HURAQ-CP	58.62
9 179 Smit, MJ M	16	SAAW-CP	58.66
10 133 Heyes, Garrick T	15	ASAC-CP	58.69
11 246 Kalapac, Joshua	15	BLMA-CP	59.04
12 165 Engelbrecht, Ruben J	16	PLAY-CE	59.15
13 247 Karsten, Jody	16	BLMA-CP	59.44
14 180 Zellie, Thomas J	16	SAAW-CP	59.47
15 12 Heine, Jett C	14	PEAS-NM	59.54

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Psych Sheet

#201 ... (Men 19 & Under 100 LC Meter Freestyle)				#202 Women 19 & Under 100 LC Meter Freestyle			
Name	Age	Team	Seed Time	Name	Age	Team	Seed Time
16 258 Eilers, Chaden D	19	UWCA-CP	59.62	2 299 Liebenberg, Emily M	15	SWAR-WC	1:04.78
17 54 Prime, Liam	16	USC-BU	59.83	3 173 Holthuis, Keilah-Nao	14	QSAW-CE	1:04.86
18 157 Peceur, Mark D	19	PAQU-CE	59.83	4 251 Watson, Caitlin C	16	BLMA-CP	1:04.90
19 137 Viljoen, Jaden R	15	ASAC-CP	59.89	5 176 Wium, Mari	15	QSAW-CE	1:05.78
20 198 Bester, Eben	16	TYGE-CP	59.97	6 63 Hamilton, Shalea M	11	BEST-NM	1:05.89
21 151 McPetrie, James L	16	MANT-CP	1:00.04	7 52 Munro, Abigail	14	USC-BU	1:06.20
22 14 Hlangothi, Munguni S	16	PEAS-NM	1:00.36	8 7 Ogden, Amber	17	PEAS-NM	1:06.35
23 294 Hewitt-Smook, Kristi	16	SWAR-WC	1:00.39	9 214 Ryser, Aurora	16	TYGE-CP	1:06.39
24 119 Walker, Yohan G	15	VINE-CP	1:00.68	10 210 Rossouw, Nadia	17	TYGE-CP	1:06.40
25 131 Van Helden, Ethan C	15	ASAC-CP	1:00.76	11 282 Van Der Wath, Izi	13	KNYA-ED	1:06.45
26 207 Möller, FC C	16	TYGE-CP	1:00.81	12 190 O'Carroll, Nia E	13	STAQ-CE	1:06.64
27 290 Atkinson, Samuel A	15	SWAR-WC	1:00.86	13 288 Theron, Yedidiah	18	ROA-ED	1:06.85
28 1 Cilliers, Jannis N	14	FAAC	1:01.15	14 211 Senekal, Margo	14	TYGE-CP	1:07.05
29 253 Pautz, Nathan M	15	BLMA-CP	1:01.28	15 186 Micklethwaite, Skye	17	SSISA-CP	1:07.10
30 248 Kotzè, Max M	14	BLMA-CP	1:01.30	16 141 Fabricius, Kaylin	14	BARR-CP	1:07.25
31 219 Schreuder, Steffen	16	ASAW-CE	1:01.61	17 86 Beetge, Amy	16	LALE-CE	1:07.29
32 117 Spencer, Charles A	14	VINE-CP	1:02.18	18 88 Geyser, Almi	14	LALE-CE	1:07.43
33 93 Waters, Steven G	14	LALE-CE	1:02.51	19 49 Louw, Lume L	15	USC-BU	1:07.58
34 177 Rosslee, Christian F	14	QSAW-CE	1:02.52	20 43 Van Zyl, Minette M	13	INFA-NM	1:07.68
35 132 De Bruyn, Cornè C	15	ASAC-CP	1:02.97	21 128 Vd Westhuizen, Joy	16	AQDO-CP	1:08.23
36 238 Pullock, Sam J	14	CUHE-OB	1:02.98	22 194 Smith, Lara E	15	TYGE-CP	1:08.34
37 95 Vd Merwe, Thomas	14	LALE-CE	1:03.12	23 162 Sabbagha, Annè	18	PAQU-CE	1:08.36
38 240 Beukes, Jaden L	14	WALM-CP	1:03.54	24 8 Ogden, Lily	15	PEAS-NM	1:08.53
39 217 Boonzaaier, Simon F	17	ASAW-CE	1:03.61	25 107 Serfontein, Christi	15	QUIC-CP	1:08.58
40 6 Sheard, Dylan J	16	PEAS-NM	1:03.64	26 172 Fenner, Olivia M	13	PLAY-CE	1:08.87
41 252 Myburgh, Ruan	15	BLMA-CP	1:03.76	27 265 Rinquest, Aqeelah	17	MARL-CP	1:08.94
42 239 Abrahams, Rayhan	14	WALM-CP	1:03.79	28 36 De Beer, Anri	16	INFA-NM	1:09.01
43 206 Minnaar, Nicolas	14	TYGE-CP	1:04.06	29 140 Laubscher, Mikalla I	13	ASAC-CP	1:09.26
44 66 Nash, Daniel A	16	BEST-NM	1:04.14	30 225 Riley, Logan	13	CASC-CP	1:09.53
45 189 Poggenpoel, Troy J	14	SSISA-CP	1:04.34	31 222 Botha, Chelsea	13	CASC-CP	1:09.71
46 300 Liedeman, Mark	14	SWAR-WC	1:04.51	32 159 Samuels, Londyn	13	PAQU-CE	1:09.82
47 105 Den Haan, Stèfan	17	QUIC-CP	1:04.54	33 266 Basson, Lenè	13	CLSC-WC	1:10.10
48 154 Cleophas, Kyle	14	PAQU-CE	1:04.66	34 209 Rossouw, Cara	14	TYGE-CP	1:10.19
49 2 Andrews, Carl R	14	PEAS-NM	1:04.89	35 129 Witten, Hannah	16	AQDO-CP	1:10.27
50 188 Williams, Evan B	14	SSISA-CP	1:05.07	36 257 Du Toit, Yusrah	16	UWCA-CP	1:10.32
51 81 Yeowart, Seth W	14	GREY-CP	1:05.59	37 184 Hagglund, Emma H	14	SSISA-CP	1:10.35
52 32 Ramashamole, Junior	13	HARL-BU	1:05.65	38 76 Blake, Abi E	14	GREY-CP	1:10.41
53 274 Swanepoel, Ewald	13	FISH-ED	1:06.24	39 182 Schreuder, Hannah G	15	SAAW-CP	1:10.46
54 113 Willenburg, Elijah K	13	SFSC-CP	1:06.43	40 242 Zhou, WanRu	15	BLMA-CP	1:10.61
55 65 Kannemeyer, Eli E	11	BEST-NM	1:06.46	41 254 Williams, Aqeelah	11	UWCA-CP	1:10.71
56 142 van Wyk, Tariq K	13	BARR-CP	1:06.50	42 68 Welsh, Stacey A	13	BEST-NM	1:10.83
57 243 Coleman, Travis	12	BLMA-CP	1:07.04	43 64 Jooman, April R	12	BEST-NM	1:10.84
58 62 Green, Aiden J	11	BEST-NM	1:07.24	44 286 Roff, Mikaela	11	ROA-ED	1:10.87
59 112 Smit, Reynard-Gray	13	SFSC-CP	1:07.25	45 120 Mudau, Takalani T	13	VINE-CP	1:10.96
60 158 Rheeder, Liam M	13	PAQU-CE	1:07.31	46 94 Vd Merwe, Mi-Ly	14	LALE-CE	1:10.99
61 127 Nagelgaard, Andreas	14	AQDO-CP	1:07.40	47 264 Jeftha, Zara L	16	MARL-CP	1:11.02
62 152 Moolman, Carter S	15	MANT-CP	1:07.77	48 17 Tweedie, Scarlet S	16	PEAS-NM	1:11.17
63 10 Palmer, Travis I	13	PEAS-NM	1:08.04	49 285 Burger, Johané	11	ROA-ED	1:11.45
64 223 Bright, Michael C	11	CASC-CP	1:08.09	50 215 Olivier, Shani	16	WELL-CE	1:11.50
65 234 Van Wyk, Jack R	13	CASC-CP	1:08.25	51 92 Visagie, Larissa	14	LALE-CE	1:11.51
66 301 Matthee, Burger P	12	AGAQ-OB	1:08.30	52 187 Myers, Kirsten E	13	SSISA-CP	1:11.65
67 281 Parr, Colby S	12	KNYA-ED	1:08.42	53 276 Botha, Rebecca P	12	KNYA-ED	1:12.03
68 233 Njoroge, Alphonse	14	CASC-CP	1:08.43	54 70 Kruger, Kate-Lynn M	14	DESA-NM	1:12.23
69 23 Booth, Jake J	13	VIKI-BU	1:08.49	55 250 Van Wyk, Katie R	13	BLMA-CP	1:12.25
70 268 Hough, Caleb	13	CLSC-WC	1:08.58	56 163 Sabbagha, Georgia	11	PAQU-CE	1:12.61
71 170 Weber, Daniel	12	PLAY-CE	1:09.00	57 174 Nienaber, Mila J	12	QSAW-CE	1:12.89
72 96 Afonso, Aragon G	13	QUIC-CP	1:09.21	58 277 Harper, Maddie I	13	KNYA-ED	1:12.92
73 226 Grobler, Chris I	13	CASC-CP	1:09.39	59 192 Burger, Juanè	13	TYGE-CP	1:13.10
74 236 Krause, Luke	13	CASC-CP	1:09.45	60 208 Olivier, Julie M	11	TYGE-CP	1:13.13
75 42 Markotter, D-J R	13	INFA-NM	1:09.50	61 291 Barnard, Adelmari D	14	SWAR-WC	1:13.27
76 53 Peters, Stijn J	13	USC-BU	1:09.57	62 60 Magobongo, Khwezi	12	USC-BU	1:13.36
77 166 Jonas, Leonardo	12	PLAY-CE	1:09.72	63 283 Kleynhans, Sian	14	ROA-ED	1:13.53
78 249 Van Dyk, Stephaan	13	BLMA-CP	1:09.87	64 169 Visser, Sandri	15	PLAY-CE	1:13.73
79 168 Schaefer, Daniel C	11	PLAY-CE	1:09.96	65 103 Bosman, Jessica A	15	QUIC-CP	1:13.91
80 118 Spencer, Marcus W	12	VINE-CP	1:10.18	66 20 Smit, Miela	15	AQUA-BU	1:13.93
				67 196 Thirsk, Madison	13	TYGE-CP	1:14.08
				68 224 De Jager, Sophia	13	CASC-CP	1:14.14

SA Level 3 Regional Age Group Champs 2024-EC - 21/03/2024 to 24/03/2024

Psych Sheet

#206 ... (Women 19 & Under 100 LC Meter Breaststroke)

53	278 Schäfer, Kyla	13	KNYA-ED	1:37.43
54	192 Burger, Juanè	13	TYGE-CP	1:38.27
55	153 Anthony, Zajmin A	11	PAQU-CE	1:38.63
56	237 Grebe, Ava	11	CUHE-OB	1:39.89
57	195 Sonnekus, Anya	12	TYGE-CP	1:39.92
58	174 Nienaber, Mila J	12	QSAW-CE	1:40.27
59	201 Chibharo, Lethabo L	11	TYGE-CP	1:40.62
60	27 Murray, Demi J	13	HARL-BU	1:40.65
61	71 Pieterse, Nina	11	DESA-NM	1:40.66
62	254 Williams, Aqeelah	11	UWCA-CP	1:41.46
63	64 Jooman, April R	12	BEST-NM	1:41.82
64	245 Kalapac, Lexi	11	BLMA-CP	1:41.91
65	102 Wyngaard, Dakota J	17	QUIC-CP	1:41.95
66	190 O'Carroll, Nia E	13	STAQ-CE	1:42.03
67	41 Govender, Gabi R	12	INFA-NM	1:42.10
68	150 Jurgens, Chloe-Leigh	11	MANT-CP	1:42.67
69	216 Louw, Mali R	11	WELL-CE	1:43.03
70	109 Stevenson, Mikayla	11	QUIC-CP	1:43.06
71	82 Rosenstrauch, Lara	11	HTSA-CP	1:43.86
72	26 Lombard, Mia	12	HARL-BU	1:46.00
73	55 Ristow, Emma K	11	USC-BU	1:46.45
74	124 Els, Jamie	11	AQDO-CP	1:51.47
75	175 De Beer, Isabella C	12	QSAW-CE	1:55.36

#207 Men 19 & Under 200 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	207 Möller, FC C	16	TYGE-CP	2:20.52
2	179 Smit, MJ M	16	SAAW-CP	2:21.05
3	198 Bester, Eben	16	TYGE-CP	2:22.54
4	131 Van Helden, Ethan C	15	ASAC-CP	2:24.16
5	21 Barnard, Adam J	18	AQUA-BU	2:25.30
6	40 Wolfe, Matthew L	18	INFA-NM	2:27.93
7	151 McPetrie, James L	16	MANT-CP	2:28.39
8	247 Karsten, Jody	16	BLMA-CP	2:28.65
9	137 Viljoen, Jaden R	15	ASAC-CP	2:30.52
10	119 Walker, Yohan G	15	VINE-CP	2:32.69
11	188 Williams, Evan B	14	SSISA-CP	2:33.27
12	252 Myburgh, Ruan	15	BLMA-CP	2:33.82
13	105 Den Haan, Stéfan	17	QUIC-CP	2:34.24
14	6 Sheard, Dylan J	16	PEAS-NM	2:34.41
15	233 Njoroge, Alphonse	14	CASC-CP	2:34.48
16	152 Moolman, Carter S	15	MANT-CP	2:34.57
17	248 Kotzé, Max M	14	BLMA-CP	2:35.09
18	296 Lategan, Nicky N	14	SWAR-WC	2:35.13
19	294 Hewitt-Smook, Kristi	16	SWAR-WC	2:36.15
20	81 Yeoward, Seth W	14	GREY-CP	2:36.29
21	132 De Bruyn, Cornè C	15	ASAC-CP	2:37.88
22	123 Pieterse, Marcelle J	13	XCEL-CP	2:38.52
23	246 Kalapac, Joshua	15	BLMA-CP	2:39.47
24	62 Green, Aiden J	11	BEST-NM	2:39.83
25	54 Prime, Liam	16	USC-BU	2:40.88
26	2 Andrews, Carl R	14	PEAS-NM	2:41.58
27	189 Poggenpoel, Troy J	14	SSISA-CP	2:42.34
28	158 Rheeder, Liam M	13	PAQU-CE	2:43.74
29	234 Van Wyk, Jack R	13	CASC-CP	2:43.76
30	100 Troskie, Roean	12	QUIC-CP	2:45.42
31	142 van Wyk, Tariq K	13	BARR-CP	2:46.97
32	223 Bright, Michael C	11	CASC-CP	2:47.20
33	95 Vd Merwe, Thomas	14	LALE-CE	2:47.44
34	281 Parr, Colby S	12	KNYA-ED	2:47.47
35	90 Hodge, Cameron P	13	LALE-CE	2:48.13
36	75 Vd Watt, Earle	11	GREY-CP	2:49.89
37	104 Coetzee, Sion M	13	QUIC-CP	2:50.75
38	168 Schaefer, Daniel C	11	PLAY-CE	2:51.05
39	243 Coleman, Travis	12	BLMA-CP	2:51.76

40	98 Taljaard, Jason	14	QUIC-CP	2:51.85
41	226 Grobler, Chris I	13	CASC-CP	2:51.85
42	147 Fortune, Yaseen	13	MANT-CP	2:56.18
43	213 Wright, Jonah S	13	TYGE-CP	2:56.22
44	229 February, Dillon S	11	CASC-CP	2:56.53
45	69 Williams, Dante E	12	BEST-NM	2:57.51
46	48 Liss, Logan A	13	USC-BU	2:57.54
47	295 Kruger, Zachary C	11	SWAR-WC	2:58.27
48	218 Conradie, D'Niel	12	ASAW-CE	2:58.37
49	72 Schoeman, Mateo J	10	DESA-NM	2:58.56
50	212 Van Onselen, Pierre S	11	TYGE-CP	2:59.49
51	111 Joubert, Wian	12	QUIC-CP	3:00.14
52	138 Viljoen, Jagger F	11	ASAC-CP	3:00.43
53	29 Schemel, Brody L	11	HARL-BU	3:01.30
54	302 Naude, AJ J	12	AGAQ-OB	3:01.69
55	181 Ramorwesi, Oratilwe	12	SAAW-CP	3:03.35
56	47 Cook, Jedd R	13	USC-BU	3:04.89
57	156 Lewis, Amaru C	11	PAQU-CE	3:05.79
58	205 Heunis, Le Roux	12	TYGE-CP	3:05.82
59	199 Bosch, Ewan Y	11	TYGE-CP	3:05.96
60	230 Gerber, Luke M	10	CASC-CP	3:08.82
61	97 Barnard, Daniël B	11	QUIC-CP	3:09.11
62	146 Fortune, Hakeem	12	MANT-CP	3:13.03
63	38 Rosser, Mark J	11	INFA-NM	3:14.10
64	134 Stenekamp, Keanu	11	ASAC-CP	3:20.41
65	280 Boshoff, Mickayle C	11	KNYA-ED	3:21.78
66	273 McAfee, Max L	10	FISH-ED	3:23.53

#208 Women 19 & Under 200 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	214 Ryser, Aurora	16	TYGE-CP	2:35.76
2	186 Micklethwaite, Skye	17	SSISA-CP	2:36.42
3	210 Rossouw, Nadia	17	TYGE-CP	2:39.43
4	28 Murray, Rachel T	17	HARL-BU	2:40.15
5	193 Rossouw, Emma M	15	TYGE-CP	2:40.25
6	94 Vd Merwe, Mi-Ly	14	LALE-CE	2:41.98
7	63 Hamilton, Shalea M	11	BEST-NM	2:43.04
8	36 De Beer, Anri	16	INFA-NM	2:43.10
9	293 Borman, Jani	15	SWAR-WC	2:43.43
10	70 Kruger, Kate-Lynn M	14	DESA-NM	2:44.05
11	251 Watson, Caitlin C	16	BLMA-CP	2:44.49
12	202 De Oliveira, Aliyah	14	TYGE-CP	2:44.52
13	266 Basson, Lenè	13	CLSC-WC	2:44.52
14	9 Strong, Ava J	14	PEAS-NM	2:46.19
15	284 Baillie, Gabi J	14	ROA-ED	2:46.45
16	8 Ogden, Lily	15	PEAS-NM	2:47.42
17	209 Rossouw, Cara	14	TYGE-CP	2:48.04
18	102 Wyngaard, Dakota J	17	QUIC-CP	2:48.22
19	250 Van Wyk, Katie R	13	BLMA-CP	2:48.31
20	49 Louw, Lume L	15	USC-BU	2:48.66
21	242 Zhou, WanRu	15	BLMA-CP	2:48.79
22	225 Riley, Logan	13	CASC-CP	2:48.81
23	208 Olivier, Julie M	11	TYGE-CP	2:48.90
24	211 Senekal, Margo	14	TYGE-CP	2:49.59
25	76 Blake, Abi E	14	GREY-CP	2:50.10
26	283 Kleynhans, Sian	14	ROA-ED	2:50.26
27	200 Boshoff, Anja	11	TYGE-CP	2:50.36
28	140 Laubscher, Mikalla I	13	ASAC-CP	2:50.43
29	108 Stevens, Judy C	15	QUIC-CP	2:50.78
30	27 Murray, Demi J	13	HARL-BU	2:51.18
31	190 O'Carroll, Nia E	13	STAQ-CE	2:51.46
32	92 Visagie, Larissa	14	LALE-CE	2:51.99
33	103 Bosman, Jessica A	15	QUIC-CP	2:53.23
34	184 Hagglund, Emma H	14	SSISA-CP	2:53.71
35	174 Nienaber, Mila J	12	QSAW-CE	2:55.41
36	222 Botha, Chelsea	13	CASC-CP	2:55.51
37	278 Schäfer, Kyla	13	KNYA-ED	2:56.10

38	224 De Jager, Sophia	13	CASC-CP	2:57.48
39	196 Thirsk, Madison	13	TYGE-CP	2:57.49
40	187 Myers, Kirsten E	13	SSISA-CP	2:57.68
41	286 Roff, Mikaela	11	ROA-ED	2:57.82
42	116 Jansen van Rensburg	11	VINE-CP	2:58.19
43	288 Theron, Yedidah	18	ROA-ED	2:58.79
44	68 Welsh, Stacey A	13	BEST-NM	2:58.82
45	285 Burger, Johané	11	ROA-ED	2:59.19
46	192 Burger, Juanè	13	TYGE-CP	2:59.56
47	175 De Beer, Isabella C	12	QSAW-CE	2:59.76
48	267 Flack, Francesca	12	CLSC-WC	3:00.37
49	195 Sonnekus, Anya	12	TYGE-CP	3:00.70
50	16 Roth, Elle	11	PEAS-NM	3:02.38
51	197 Thirsk, Savannah	12	TYGE-CP	3:02.81
52	121 Horn, Anna	11	XCEL-CP	3:04.38
53	44 Janse van Rensburg, M	13	INFA-NM	3:04.95
54	51 Minnaar, Amelia C	12	USC-BU	3:05.27
55	109 Stevenson, Mikayla	11	QUIC-CP	3:05.46
56	232 Joyce, Jenna	11	CASC-CP	3:05.84
57	58 Lottering, Eirley	12	USC-BU	3:06.55
58	106 Odendaal, Sarah-Kate	11	QUIC-CP	3:07.74
59	163 Sabbagha, Georgia	11	PAQU-CE	3:07.82
60	149 Jantjies, Zara	11	MANT-CP	3:08.49
61	227 Billson, Amelie	11	CASC-CP	3:09.45
62	46 Christie, Laila A	11	USC-BU	3:10.60
63	71 Pieterse, Nina	11	DESA-NM	3:11.38
64	298 Liebenberg, Aimee L	12	SWAR-WC	3:12.25
65	235 McGluwa, Jovanah N	11	CASC-CP	3:12.41
66	122 Julies, Grace J	11	XCEL-CP	3:13.32
67	269 Nel, Olivia	11	CLSC-WC	3:14.25
68	77 Jordaan, Mikayla E	11	GREY-CP	3:19.15

#209 Men 99 & Under 50 LC Meter Backstroke Multi-Class

Name	Age	Team	Seed Time	
1	151 McPetrie, James L	16	MANT-CP	31.41
2	301 Matthee, Burger P	12	AGAQ-OB	34.61
3	152 Moolman, Carter S	15	MANT-CP	34.80
4	125 Harper, Zachary	13	AQDO-CP	39.41
5	147 Fortune, Yaseen	13	MANT-CP	39.73
6	145 Addinall, Ethan	13	MANT-CP	41.15
7	79 Pardoe, James N	12	GREY-CP	42.20
8	228 Douries, Ean	12	CASC-CP	44.38
9	146 Fortune, Hakeem	12	MANT-CP	45.60
10	33 Hartwig, Connor M	12	HARL-BU	1:05.61

#210 Women 99 & Under 50 LC Meter Backstroke Multi-Class

Name	Age	Team	Seed Time	
1	149 Jantjies, Zara	11	MANT-CP	41.04
2	255 Du Toit, Naseerah	15	UWCA-CP	49.18

#211 Men 19 & Under 100 LC Meter Butterfly

Name	Age	Team	Seed Time	
1	157 Peceur, Mark D	19	PAQU-CE	1:01.92
2	241 Beukes, Mateo A	18	WALM-CP	1:02.35
3	89 Geysler, Jacques M	16	LALE-CE	1:02.56
4	151 McPetrie, James L	16	MANT-CP	1:05.36
5	246 Kalapac, Joshua	15	BLMA-CP	1:05.88
6	179 Smit, MJ M	16	SAAW-CP	1:05.96
7	262 Alexander, Ammaar	16	MARL-CP	1:06.11
8	131 Van Helden, Ethan C	15	ASAC-CP	1:06.12
9	177 Rosslee, Christian F	14	QSAW-CE	1:06.22
10	240 Beukes, Jaden G	14	WALM-CP	1:06.74
11	93 Waters, Steven L	14	LALE-CE	1:06.84
12	83 Cornish, Jeyaad	18	HURAQ-CP	1:06.93
13	133 Heyes, Garrick T	15	ASAC-CP	1:06.94
14	219 Schreuder, Steffen	16	ASAW-CE	1:07.49
15	247 Karsten, Jody	16	BLMA-CP	1:08.32
16	40 Wolfe, Matthew L	18	INFA-NM	1:08.64

SA Level 3 Regional Age Group Champs 2024-EC - 21/03/2024 to 24/03/2024

Psych Sheet

#211 ... (Men 19 & Under 100 LC Meter Butterfly)

17	14 Hlangothi, Munguni S	16	PEAS-NM	1:08.84
18	152 Moolman, Carter S	15	MANT-CP	1:09.42
19	253 Pautz, Nathan M	15	BLMA-CP	1:11.48
20	294 Hewitt-Smook, Kristi	16	SWAR-WC	1:11.57
21	154 Cleophas, Kyle	14	PAQU-CE	1:12.03
22	1 Cilliers, Jannis N	14	FAAC	1:12.48
23	198 Bester, Eben	16	TYGE-CP	1:12.65
24	12 Heine, Jett C	14	PEAS-NM	1:12.66
25	123 Pieterse, Marcelle J	13	XCEL-CP	1:12.72
26	296 Lategan, Nicky N	14	SWAR-WC	1:13.52
27	189 Poggenpoel, Troy J	14	SSISA-CP	1:13.82
28	238 Pullock, Sam J	14	CUHE-OB	1:16.11
29	10 Palmer, Travis I	13	PEAS-NM	1:16.38
30	223 Bright, Michael C	11	CASC-CP	1:16.39
31	248 Kotzè, Max M	14	BLMA-CP	1:16.50
32	96 Afonso, Aragon G	13	QUIC-CP	1:16.76
33	142 van Wyk, Tariq K	13	BARR-CP	1:18.13
34	158 Rheeder, Liam M	13	PAQU-CE	1:18.33
35	168 Schaefer, Daniel C	11	PLAY-CE	1:18.46
36	292 Barnard, Theo J	11	SWAR-WC	1:19.23
37	274 Swanepoel, Ewald	13	FISH-ED	1:19.62
38	199 Bosch, Ewan Y	11	TYGE-CP	1:20.93
39	170 Weber, Daniel	12	PLAY-CE	1:21.07
40	118 Spencer, Marcus W	12	VINE-CP	1:21.12
41	112 Smit, Reynard-Gray	13	SFSC-CP	1:21.34
42	65 Kannemeyer, Eli E	11	BEST-NM	1:21.46
43	126 Mccollum, Aiden I	12	AQDO-CP	1:22.33
44	48 Liss, Logan A	13	USC-BU	1:22.47
45	243 Coleman, Travis	12	BLMA-CP	1:23.65
46	181 Ramorwesi, Oratilwe	12	SAAW-CP	1:23.75
47	280 Boshoff, Mickayle C	11	KNYA-ED	1:26.66
48	270 Coates, Caleb	12	FISH-ED	1:27.09
49	164 Titus, Brody	11	PAQU-CE	1:28.25
50	233 Njoroge, Alphonse	14	CASC-CP	1:28.93
51	236 Krause, Luke	13	CASC-CP	1:29.58
52	260 Visser, Wessel M	13	UWCA-CP	1:31.00
53	145 Addinall, Ethan	13	MANT-CP	1:31.13
54	67 Strydom, Andre N	12	BEST-NM	1:31.15
55	75 Vd Watt, Earle	11	GREY-CP	1:31.88
56	229 February, Dillon S	11	CASC-CP	1:33.04
57	59 Goliath, Cooper C	11	USC-BU	1:33.31
58	155 Cleophas, Lee L	12	PAQU-CE	1:38.11
59	19 Kok, Henri W	10	AQUA-BU	1:43.69
60	72 Schoeman, Mateo J	10	DESA-NM	1:48.24
61	261 Basson, Trishaun T	14	MARL-CP	1:48.52

#212 Women 19 & Under 100 LC Meter Butterfly

Name	Age	Team	Seed Time
1	299 Liebenberg, Emily M	15	SWAR-WC 1:11.08
2	176 Wium, Mari	15	QSAW-CE 1:11.48
3	101 Voges, Jhoanè E	16	QUIC-CP 1:13.00
4	214 Ryser, Aurora	16	TYGE-CP 1:13.83
5	128 Vd Westhuizen, Joy	16	AQDO-CP 1:14.20
6	25 Lindstrom, Jorja P	17	HARL-BU 1:15.23
7	36 De Beer, Anri	16	INFA-NM 1:16.18
8	28 Murray, Rachel T	17	HARL-BU 1:16.33
9	9 Strong, Ava J	14	PEAS-NM 1:16.78
10	194 Smith, Lara E	15	TYGE-CP 1:17.46
11	63 Hamilton, Shalea M	11	BEST-NM 1:17.57
12	254 Williams, Aqeelah	11	UWCA-CP 1:18.16
13	209 Rossouw, Cara	14	TYGE-CP 1:19.04
14	141 Fabricius, Kaylin	14	BARR-CP 1:19.98
15	18 Van Eeden, Alne	17	PEAS-NM 1:22.46
16	266 Basson, Lenè	13	CLSC-WC 1:22.56
17	114 Adams, Sydney M	14	VINE-CP 1:22.57

18	120 Mudau, Takalani T	13	VINE-CP	1:22.81
19	5 O'Connor, Kayden C	13	PEAS-NM	1:23.47
20	144 Lockitch, Zara	11	CYBE-CP	1:23.82
21	257 Du Toit, Yusrah	16	UWCA-CP	1:24.31
22	160 Stilwaney, Mia C	12	PAQU-CE	1:24.34
23	56 Weimann, Erin J	13	USC-BU	1:24.93
24	202 De Oliveira, Aliyah	14	TYGE-CP	1:25.27
25	279 Van Niekerk, Ona	14	KNYA-ED	1:25.46
26	192 Burger, Juanè	13	TYGE-CP	1:25.89
27	64 Jooman, April R	12	BEST-NM	1:26.48
28	107 Serfontein, Christi	15	QUIC-CP	1:26.71
29	225 Riley, Logan	13	CASC-CP	1:27.97
30	163 Sabbagha, Georgia	11	PAQU-CE	1:28.04
31	232 Joyce, Jenna	11	CASC-CP	1:30.80
32	200 Boshoff, Anja	11	TYGE-CP	1:31.00
33	195 Sonnekus, Anya	12	TYGE-CP	1:31.54
34	20 Smit, Miela	15	AQUA-BU	1:32.54
35	227 Billson, Amelie	11	CASC-CP	1:32.72
36	208 Olivier, Julie M	11	TYGE-CP	1:32.90
37	57 Greyvenstein, Hayley	10	USC-BU	1:33.72
38	116 Jansen van Rensburg	11	VINE-CP	1:36.99
39	109 Stevenson, Mikayla	11	QUIC-CP	1:41.35
40	201 Chibharo, Lethabo L	11	TYGE-CP	1:41.61
41	149 Jantjies, Zara	11	MANT-CP	1:41.82
42	153 Anthony, Jazmin A	11	PAQU-CE	1:44.11
43	61 Terwin, Brooklyn	11	USC-BU	1:44.97

#213 Men 12 & Under 4x100 LC Meter Freestyle Relay 4 X

Team	Relay	Seed Time
1	BEST-NM M12 A	4:40.42
	Green, Aiden J 11	Williams, Dante E 12
	Strydom, Andre N 12	Kannemeyer, Eli E 11
2	TYGE-CP M12 A	5:05.45
	Fouche, Jack 12	Heunis, Le Roux 12
	Van Onselen, Pierre S 11	Bosch, Ewan Y 11
3	CASC-CP M12 A	5:07.62
	February, Dillon S 11	Joyce, Guy 10
	Douries, Ean 12	Bright, Michael C 11

#214 Women 12 & Under 4x100 LC Meter Freestyle Relay 4 X

Team	Relay	Seed Time
1	USC-BU W12 A	5:02.20
	Christie, Laila A 11	Minnaar, Amelia C 12
	Lottering, Eirley 12	Terwin, Brooklyn 11
2	TYGE-CP W12 A	5:03.69
	Boshoff, Anja 11	Chibharo, Lethabo L 11
	Sonnekus, Anya 12	Olivier, Julie M 11

#215 Men 13-15 4x100 LC Meter Freestyle Relay 4 X 100 F

Team	Relay	Seed Time
1	LALE-CE A	3:59.41
	Vd Merwe, Thomas 14	Hodge, Cameron P 13
	Burger, Rosseau 15	Waters, Steven G 14
2	PEAS-NM A	4:23.06
	Andrews, Carl R 14	O'Neill, Teagan J 13
	Palmer, Travis I 13	Heine, Jett C 14
3	ASAC-CP A	4:24.36
	Van Helden, Ethan C 15	De Bruyn, Cornè C 15
	Viljoen, Jaden R 15	Heyes, Garrick T 15
4	CASC-CP A	4:35.52
	Krause, Luke 13	
	Grobler, Chris I 13	Van Wyk, Jack R 13
5	QUIC-CP A	4:47.44
	Afonso, Aragon G 13	Joubert, Wian 12
	Coetzee, Sion M 13	Taljaard, Jason 14
6	USC-BU A	4:55.03
	Liss, Logan A 13	Cook, Jedd R 13
	Lubbe, Alex C 12	Peters, Stijn J 13

7	INFA-NM A	4:58.39
	Verdon, Daniel E 11	Rosser, Mark J 11
	Rosser, Kyle H 13	Markotter, D-J R 13

#216 Women 13-15 4x100 LC Meter Freestyle Relay 4 X 10

Team	Relay	Seed Time
1	TYGE-CP A	4:37.10
	Smith, Lara E 15	De Oliveira, Aliyah 14
	Rossouw, Cara 14	Senekal, Margo 14
2	KNYA-ED A	4:43.46
	Van Der Wath, Izi 13	Schäfer, Kyla 13
	Van Niekerk, Ona 14	Harper, Maddie I 13
3	PEAS-NM A	4:46.56
	Strong, Ava J 14	Roth, Elle 11
	O'Connor, Kayden C 13	Ogden, Lily 15
4	CASC-CP A	4:50.17
	Botha, Chelsea 13	De Jager, Sophia 13
	Billson, Amelie 11	Riley, Logan 13
5	INFA-NM A	4:55.83
	Chree, Erin E 12	Govender, Gabi R 12
	Janse van Rensburg, Milan	Van Zyl, Minette M 13
6	QUIC-CP A	4:59.05
	Bosman, Jessica A 15	Stevens, Judy C 15
	Stevenson, Mikayla 11	Serfontein, Christi 15

#217 Men 16-19 4x100 LC Meter Freestyle Relay 4 X 100 F

Team	Relay	Seed Time
1	SWAR-WC A	4:11.80
	Atkinson, Samuel A 15	Liedeman, Mark 14
	Lategan, Nicky N 14	Hewitt-Smook, Kristian 16

#218 Women 16-19 4x100 LC Meter Freestyle Relay 4 X 10

Team	Relay	Seed Time
1	TYGE-CP A	4:27.30
	Rossouw, Nadia 17	Rossouw, Emma M 15
	Burger, Juanè 13	Ryser, Aurora 16
2	PEAS-NM A	4:35.41
	Ogden, Amber 17	Van Eeden, Alne 17
	Tweedie, Scarlet S 16	Beatt, Emily R 17

#301 Men 19 & Under 200 LC Meter Freestyle

Name	Age	Team	Seed Time
1	84 Malherbe, Nicholas N	17	LALE-CE 2:04.95
2	40 Wolfe, Matthew L	18	INFA-NM 2:06.81
3	179 Smit, MJ M	16	SAAW-CP 2:09.99
4	151 McPetrie, James L	16	MANT-CP 2:10.42
5	246 Kalapac, Joshua	15	BLMA-CP 2:12.53
6	133 Heyes, Garrick T	15	ASAC-CP 2:12.61
7	247 Karsten, Jody	16	BLMA-CP 2:12.74
8	207 Möller, FC C	16	TYGE-CP 2:12.79
9	290 Atkinson, Samuel A	15	SWAR-WC 2:13.42
10	21 Barnard, Adam J	18	AQUA-BU 2:13.80
11	253 Pautz, Nathan M	15	BLMA-CP 2:13.93
12	180 Zellie, Thomas J	16	SAAW-CP 2:14.38
13	198 Bester, Eben	16	TYGE-CP 2:14.41
14	241 Beukes, Mateo A	18	WALM-CP 2:14.54
15	219 Schreuder, Steffen	16	ASAW-CE 2:14.80
16	217 Boonzaaier, Simon F	17	ASAW-CE 2:15.09
17	248 Kotzè, Max M	14	BLMA-CP 2:15.85
18	54 Prime, Liam	16	USC-BU 2:16.73
19	137 Viljoen, Jaden R	15	ASAC-CP 2:16.98
20	188 Williams, Evan B	14	SSISA-CP 2:17.74
21	189 Poggenpoel, Troy J	14	SSISA-CP 2:18.62
22	1 Cilliers, Jannis N	14	FAAC 2:18.69
23	105 Den Haan, Stèfan	17	QUIC-CP 2:19.06
24	6 Sheard, Dylan J	16	PEAS-NM 2:19.76
25	252 Myburgh, Ruan	15	BLMA-CP 2:21.14
26	206 Minnaar, Nicolas	14	TYGE-CP 2:22.01
27	81 Yeowart, Seth W	14	GREY-CP 2:22.07

SA Level 3 Regional Age Group Champs 2024-EC - 21/03/2024 to 24/03/2024**Psych Sheet****#301 ... (Men 19 & Under 200 LC Meter Freestyle)**

28	296	Lategan, Nicky N	14	SWAR-WC	2:22.13	93	91	VerLoren Van Thema	12	LALE-CE	2:48.76	37	94	Vd Merwe, Mi-Ly	14	LALE-CE	2:35.38				
29	93	Watson, Steven G	14	LALE-CE	2:22.23	94	97	Barnard, Daniël B	11	QUIC-CP	2:49.53	38	208	Olivier, Julie M	11	TYGE-CP	2:35.45				
30	300	Liedeman, Mark	14	SWAR-WC	2:23.65	95	50	Lubbe, Alex C	12	USC-BU	2:49.79	39	141	Fabricius, Kaylin	14	BARR-CP	2:35.77				
31	62	Green, Aiden J	11	BEST-NM	2:23.86	96	161	Baadjes, Cruden H	12	PAQU-CE	2:51.24	40	184	Hagglund, Emma H	14	SSISA-CP	2:35.92				
32	117	Spencer, Charles A	14	VINE-CP	2:24.32	97	130	Daniels, Tylan H	11	AQDO-CP	2:52.11	41	192	Burger, Juané	13	TYGE-CP	2:36.14				
33	238	Pullock, Sam J	14	CUHE-OB	2:24.38	98	148	Jacobs, Seth G	12	MANT-CP	2:52.48	42	283	Kleynhans, Sian	14	ROA-ED	2:36.48				
34	274	Swanepoel, Ewald	13	FISH-ED	2:26.21	99	167	Meintjes, Christiaan	14	PLAY-CE	2:52.68	43	20	Smit, Miela	15	AQUA-BU	2:36.68				
35	142	van Wyk, Tariq K	13	BARR-CP	2:26.34	100	156	Lewis, Amaru C	11	PAQU-CE	2:53.41	44	102	Wynngaard, Dakota J	17	QUIC-CP	2:36.92				
36	234	Van Wyk, Jack R	13	CASC-CP	2:26.77	101	212	Van Onselen, Pierre S	11	TYGE-CP	2:53.59	45	120	Mudau, Takalani T	13	VINE-CP	2:37.40				
37	127	Nagelgaard, Andreas	14	AQDO-CP	2:26.87	102	231	Joyce, Guy	10	CASC-CP	2:54.33	46	163	Sabbagha, Georgia	11	PAQU-CE	2:37.46				
38	112	Smit, Reynard-Gray	13	SFSC-CP	2:27.55	103	228	Douries, Ean	12	CASC-CP	2:54.42	47	195	Sonnekus, Anya	12	TYGE-CP	2:38.16				
39	53	Peters, Stijn J	13	USC-BU	2:27.76	104	205	Heunis, Le Roux	12	TYGE-CP	2:57.17	48	144	Lockitch, Zara	11	CYBE-CP	2:38.29				
40	158	Rheeder, Liam M	13	PAQU-CE	2:28.25	105	138	Viljoen, Jagger F	11	ASAC-CP	2:57.54	49	225	Riley, Logan	13	CASC-CP	2:38.35				
41	10	Palmer, Travis I	13	PEAS-NM	2:28.46	106	19	Kok, Henri W	10	AQUA-BU	2:57.99	50	187	Meyers, Kirsten E	13	SSISA-CP	2:38.87				
42	96	Afonso, Aragon G	13	QUIC-CP	2:28.55	107	204	Fouche, Ryan	9	TYGE-CP	2:58.44	51	209	Rossouw, Cara	14	TYGE-CP	2:39.10				
43	243	Coleman, Travis	12	BLMA-CP	2:28.61	108	273	McAfee, Max L	10	FISH-ED	2:59.00	52	285	Burger, Johané	11	ROA-ED	2:39.61				
44	2	Andrews, Carl R	14	PEAS-NM	2:29.04	109	80	Smith, Tristan A	14	GREY-CP	2:59.78	53	64	Jooman, April R	12	BEST-NM	2:39.63				
45	168	Schaefer, Daniel C	11	PLAY-CE	2:29.36	110	59	Goliath, Cooper C	11	USC-BU	3:00.11	54	196	Thirsk, Madison	13	TYGE-CP	2:40.10				
46	65	Kannemeyer, Eli E	11	BEST-NM	2:30.53	111	230	Gerber, Luke M	10	CASC-CP	3:00.82	55	291	Barnard, Adelmari D	14	SWAR-WC	2:40.19				
47	95	Vd Merwe, Thomas	14	LALE-CE	2:30.98	112	297	Lategan, Wessel W	11	SWAR-WC	3:06.29	56	16	Roth, Elle	11	PEAS-NM	2:40.42				
48	42	Markotter, D-J R	13	INFA-NM	2:31.39	113	110	Vd Merwe, Zander	11	QUIC-CP	3:07.89	57	232	Joyce, Jenna	11	CASC-CP	2:40.51				
49	183	Blake, Jeremy	12	SAAW-CP	2:31.62	114	302	Naude, AJ J	12	AGAQ-OB	3:13.24	58	278	Schäfer, Kyla	13	KNYA-ED	2:40.54				
50	223	Bright, Michael C	11	CASC-CP	2:31.86	115	85	Basson, Henk	11	LALE-CE	3:14.76	59	108	Stevens, Judy C	15	QUIC-CP	2:40.76				
51	145	Addinall, Ethan	13	MANT-CP	2:32.04	116	31	Clifford, Jack K	11	HARL-BU	3:15.86	60	73	Van Dyk, Zani	12	GREY-CP	2:41.11				
52	268	Hough, Caleb	13	CLSC-WC	2:32.28	117	143	Vleggaar, Daniel	11	BARR-CP	3:21.54	61	227	Billson, Amelie	11	CASC-CP	2:41.46				
53	221	Wagener, Tiaan H	11	ASAW-CE	2:32.58	118	164	Titus, Brody	11	PAQU-CE	3:21.76	62	17	Tweedie, Scarlet S	16	PEAS-NM	2:41.68				
54	281	Parr, Colby S	12	KNYA-ED	2:32.94	119	24	Booth, Samuel R	11	VIKI-BU	3:33.84	63	277	Harper, Maddie I	13	KNYA-ED	2:44.06				
55	220	Stander, Christiaan L	11	ASAW-CE	2:33.38	120	23	Booth, Jake J	13	VIKI-BU	NT	64	43	Van Zyl, Minette M	13	INFA-NM	2:44.42				
56	99	Troskie, Jean	12	QUIC-CP	2:34.10	#302 Women 19 & Under 200 LC Meter Freestyle										65	267	Flack, Francesca	12	CLSC-WC	2:44.66
57	233	Njoroge, Alphonse	14	CASC-CP	2:34.48	Name				Age	Team	Seed Time	66	224	De Jager, Sophia	13	CASC-CP	2:45.32			
58	292	Barnard, Theo J	11	SWAR-WC	2:35.05	1	299	Liebenberg, Emily M	15	SWAR-WC	2:20.84	67	159	Samuels, Londyn	13	PAQU-CE	2:45.34				
59	98	Taljaard, Jason	14	QUIC-CP	2:35.16	2	251	Watson, Caitlin C	16	BLMA-CP	2:22.10	68	71	Pieterse, Nina	11	DESA-NM	2:45.38				
60	104	Coetzee, Sion M	13	QUIC-CP	2:35.34	3	211	Senekal, Margo	14	TYGE-CP	2:23.41	69	149	Jantjies, Zara	11	MANT-CP	2:45.43				
61	166	Jonas, Leonardo	12	PLAY-CE	2:36.13	4	3	Beatt, Emily R	17	PEAS-NM	2:23.62	70	124	Els, Jamie	11	AQDO-CP	2:45.80				
62	90	Hodge, Cameron P	13	LALE-CE	2:36.55	5	186	Micklethwaite, Skye	17	SSISA-CP	2:23.68	71	116	Jansen van Rensburg	11	VINE-CP	2:46.82				
63	260	Visser, Wessel M	13	UWCA-CP	2:36.73	6	214	Ryser, Aurora	16	TYGE-CP	2:24.99	72	46	Christie, Laila A	11	USC-BU	2:48.58				
64	249	Van Dyk, Stephaan	13	BLMA-CP	2:37.60	7	173	Holthuis, Keilah-Nao	14	QSAW-CE	2:25.16	73	244	Fourie, Emma	13	BLMA-CP	2:49.79				
65	74	van Rensburg, Tristan	11	GREY-CP	2:37.62	8	63	Hamilton, Shalea M	11	BEST-NM	2:25.24	74	201	Chibharo, Lethabo L	11	TYGE-CP	2:49.90				
66	48	Liss, Logan A	13	USC-BU	2:37.70	9	210	Rossouw, Nadia	17	TYGE-CP	2:25.62	75	276	Botha, Rebecca P	12	KNYA-ED	2:50.09				
67	125	Harper, Zachary	13	AQDO-CP	2:37.94	10	128	Vd Westhuizen, Joy	16	AQDO-CP	2:25.96	76	60	Magobongo, Khwezi	12	USC-BU	2:50.28				
68	12	Heine, Jett C	14	PEAS-NM	2:38.12	11	101	Voges, Jhoanè E	16	QUIC-CP	2:26.01	77	51	Minnaar, Amelia C	12	USC-BU	2:50.44				
69	4	Fang, Ethan Y	13	PEAS-NM	2:38.44	12	282	Van Der Wath, Izi	13	KNYA-ED	2:26.44	78	271	Lodewyks, Jeandré	13	FISH-ED	2:50.50				
70	32	Ramashamole, Junior	13	HARL-BU	2:39.16	13	52	Munro, Abigail	14	USC-BU	2:27.16	79	256	Steyn, Nee'lah	11	UWCA-CP	2:50.69				
71	236	Krause, Luke	13	CASC-CP	2:39.62	14	18	Van Eeden, Alne	17	PEAS-NM	2:27.84	80	26	Lombard, Mia	12	HARL-BU	2:52.20				
72	280	Boshoff, Mickayla C	11	KNYA-ED	2:39.88	15	36	De Beer, Anri	16	INFA-NM	2:28.84	81	298	Liebenberg, Aimee L	12	SWAR-WC	2:53.02				
73	226	Grobler, Chris I	13	CASC-CP	2:39.92	16	88	Geyser, Almi	14	LALE-CE	2:29.35	82	77	Jordaan, Mikayla E	11	GREY-CP	2:53.42				
74	100	Troskie, Roean	12	QUIC-CP	2:40.22	17	288	Theron, Yedidah	18	ROA-ED	2:29.43	83	235	McGluwa, Jovanah N	11	CASC-CP	2:55.78				
75	67	Strydom, Andre N	12	BEST-NM	2:40.24	18	193	Rossouw, Emma M	15	TYGE-CP	2:30.00	84	197	Thirsk, Savannah	12	TYGE-CP	2:56.86				
76	126	Mccollum, Aiden I	12	AQDO-CP	2:40.44	19	215	Olivier, Shani	16	WELL-CE	2:30.04	85	109	Stevenson, Mikayla	11	QUIC-CP	2:57.48				
77	39	Verdon, Daniel E	11	INFA-NM	2:40.45	20	265	Rinquest, Aqeelah	17	MARL-CP	2:30.91	86	61	Terwin, Brooklyn	11	USC-BU	2:57.86				
78	295	Kruger, Zachary C	11	SWAR-WC	2:40.49	21	7	Ogden, Amber	17	PEAS-NM	2:31.27	87	269	Nel, Olivia	11	CLSC-WC	2:59.11				
79	75	Vd Watt, Earle	11	GREY-CP	2:40.84	22	266	Basson, Lenè	13	CLSC-WC	2:31.29	88	78	Mare, Isabella	12	GREY-CP	2:59.45				
80	37	Rosser, Kyle H	13	INFA-NM	2:41.25	23	190	O'Carroll, Nia E	13	STAQ-CE	2:31.40	89	58	Lottering, Eirley	12	USC-BU	3:03.74				
81	69	Williams, Dante E	12	BEST-NM	2:41.88	24	254	Williams, Aqeelah	11	UWCA-CP	2:31.53	90	106	Odendaal, Sarah-Kate	11	QUIC-CP	3:05.61				
82	47	Cook, Jedd R	13	USC-BU	2:42.04	25	182	Schreuder, Hannah G	15	SAAW-CP	2:31.78	91	150	Jurgens, Chloe-Leigh	11	MANT-CP	3:05.98				
83	270	Coates, Caleb	12	FISH-ED	2:42.58	26	140	Laubscher, Mikalla I	13	ASAC-CP	2:31.83	92	237	Grebe, Ava	11	CUHE-OB	3:07.29				
84	181	Ramorwesi, Oratilwe	12	SAAW-CP	2:43.16	27	242	Zhou, WanRu	15	BLMA-CP	2:31.99	93	82	Rosenstrauch, Lara	11	HTSA-CP	3:08.20				
85	147	Fortune, Yaseen	13	MANT-CP	2:43.63	28	76	Blake, Abi E	14	GREY-CP	2:32.27	94	175	De Beer, Isabella C	12	QSAW-CE	3:10.18				
86	218	Conradie, D'Niel	12	ASAW-CE	2:43.99	29	68	Welsh, Stacey A	13	BEST-NM	2:32.30	95	216	Louw, Mali R	11	WELL-CE	3:31.32				
87	199	Bosch, Ewan Y	11	TYGE-CP	2:44.12	30	129	Witten, Hannah	16	AQDO-CP	2:33.13	#303 Men 99 & Under 100 LC Meter Freestyle Multi-Class I									
88	229	February, Dillon S	11	CASC-CP	2:44.22	31	222	Botha, Chelsea	13	CASC-CP	2:34.13	Name				Age	Team	Seed Time			
89	203	Fouche, Jack	12	TYGE-CP	2:47.17	32	107	Serfontein, Christi	15	QUIC-CP	2:34.22	1	260	Visser, Wessel M	13	UWCA-CP	1:11.33				
90	275	Fletcher, Tyler D	12	FISH-ED	2:47.45	33	286	Roff, Mikaela	11	ROA-ED	2:34.51	2	130	Daniels, Tylan H	11	AQDO-CP	1:18.98				
91	111	Joubert, Wian	12	QUIC-CP	2:47.50	34	250	Van Wyk, Katie R	13	BLMA-CP	2:34.95	3	79	Pardoe, James N	12	GREY-CP	1:20.65				
92	287	Smit, Christian F	12	ROA-ED	2:47.62	35	174	Nienaber, Mila J	12	QSAW-CE	2:35.16	4	33	Hartwig, Connor M	12	HARL-BU	2:14.51				
						36	103	Bosman, Jessica A	15	QUIC-CP	2:35.34										

SA Level 3 Regional Age Group Champs 2024-EC - 21/03/2024 to 24/03/2024

Psych Sheet

#304 Women 99 & Under 100 LC Meter Freestyle Multi-Class			
Name	Age	Team	Seed Time
1 250 Van Wyk, Katie R	13	BLMA-CP	1:12.25
2 255 Du Toit, Naseerah	15	UWCA-CP	1:41.71
#305 Men 19 & Under 50 LC Meter Breaststroke			
Name	Age	Team	Seed Time
1 84 Malherbe, Nicholas N	17	LALE-CE	32.09
2 14 Hlangothi, Munguni S	16	PEAS-NM	32.57
3 258 Eilers, Chaden D	19	UWCA-CP	33.17
4 262 Alexander, Ammaar	16	MARL-CP	33.42
5 165 Engelbrecht, Ruben J	16	PLAY-CE	33.58
6 198 Bester, Eben	16	TYGE-CP	33.80
7 136 Torbochkin, David S	15	ASAC-CP	34.49
8 180 Zellie, Thomas J	16	SAAW-CP	34.59
9 246 Kalapac, Joshua	15	BLMA-CP	34.71
10 247 Karsten, Jody	16	BLMA-CP	34.82
11 179 Smit, MJ M	16	SAAW-CP	35.10
12 66 Nash, Daniel A	16	BEST-NM	35.18
13 12 Heine, Jett C	14	PEAS-NM	35.22
14 105 Den Haan, Stéfán	17	QUIC-CP	35.51
15 253 Pautz, Nathan M	15	BLMA-CP	35.53
16 87 Burger, Rosseau	15	LALE-CE	35.56
17 89 Geyser, Jacques M	16	LALE-CE	35.70
18 177 Rosslee, Christian F	14	QSAW-CE	35.78
19 152 Moolman, Carter S	15	MANT-CP	35.79
20 117 Spencer, Charles A	14	VINE-CP	36.00
21 252 Myburgh, Ruan	15	BLMA-CP	36.39
22 290 Atkinson, Samuel A	15	SWAR-WC	36.44
23 132 De Bruyn, Corné C	15	ASAC-CP	36.55
24 1 Cilliers, Jannis N	14	FAAC	38.21
25 135 Torbochkin, Daniel S	12	ASAC-CP	38.23
26 261 Basson, Trishaun T	14	MARL-CP	38.27
27 23 Booth, Jake J	13	VIKI-BU	38.74
28 239 Abrahams, Rayhan	14	WALM-CP	38.76
29 11 Basson, Zethan L	13	PEAS-NM	38.82
30 113 Willenburg, Elijah K	13	SFSC-CP	39.35
31 300 Liedeman, Mark	14	SWAR-WC	39.58
32 32 Ramashamole, Junior	13	HARL-BU	39.69
33 167 Meintjies, Christiaan	14	PLAY-CE	39.86
34 98 Taljaard, Jason	14	QUIC-CP	40.31
35 243 Coleman, Travis	12	BLMA-CP	40.54
36 234 Van Wyk, Jack R	13	CASC-CP	40.62
37 281 Parr, Colby S	12	KNYA-ED	40.62
38 80 Smith, Tristan A	14	GREY-CP	40.66
39 223 Bright, Michael C	11	CASC-CP	40.72
40 118 Spencer, Marcus W	12	VINE-CP	40.81
41 99 Troskie, Jean	12	QUIC-CP	40.86
42 263 Gomez, Alex W	13	MARL-CP	41.22
43 154 Cleophas, Kyle	14	PAQU-CE	41.41
44 74 van Rensburg, Tristan	11	GREY-CP	41.49
45 15 O'Neill, Teagan J	13	PEAS-NM	41.53
46 236 Krause, Luke	13	CASC-CP	41.63
47 65 Kannemeyer, Eli E	11	BEST-NM	41.92
48 249 Van Dyk, Stephaan	13	BLMA-CP	41.93
49 53 Peters, Stijn J	13	USC-BU	42.03
50 62 Green, Aiden J	11	BEST-NM	42.22
51 30 Stead, Nathan J	12	HARL-BU	42.56
52 166 Jonas, Leonardo	12	PLAY-CE	42.59
53 228 Douries, Ean	12	CASC-CP	42.84
54 161 Baadjies, Cruden H	12	PAQU-CE	42.96
55 270 Coates, Caleb	12	FISH-ED	43.16
56 29 Schemel, Brody L	11	HARL-BU	43.25
57 217 Boonzaaier, Simon F	17	ASAW-CE	43.31
58 171 Fenner, Jenson V	11	PLAY-CE	43.57
59 42 Markotter, D-J R	13	INFA-NM	43.81
60 213 Wright, Jonah S	13	TYGE-CP	43.86
61 104 Coetzee, Sion M	13	QUIC-CP	44.00
62 72 Schoeman, Mateo J	10	DESA-NM	44.17
63 67 Strydom, Andre N	12	BEST-NM	44.22
64 259 Snyders, Reece	13	UWCA-CP	44.25
65 203 Fouche, Jack	12	TYGE-CP	44.32
66 170 Weber, Daniel	12	PLAY-CE	44.60
67 220 Stander, Christiaan L	11	ASAW-CE	44.64
68 287 Smit, Christian F	12	ROA-ED	44.76
69 297 Lategan, Wessel W	11	SWAR-WC	44.87
70 233 Njoroge, Alphonse	14	CASC-CP	44.94
71 146 Fortune, Hakeem	12	MANT-CP	44.98
72 147 Fortune, Yaseen	13	MANT-CP	45.11
73 158 Rheeder, Liam M	13	PAQU-CE	45.11
74 229 February, Dillon S	11	CASC-CP	45.46
75 301 Matthee, Burger P	12	AGAQ-OB	45.53
76 191 Van der Merwe, Dan	11	STAQ-CE	45.55
77 142 van Wyk, Tariq K	13	BARR-CP	45.76
78 275 Fletcher, Tyler D	12	FISH-ED	46.21
79 183 Blake, Jeremy	12	SAAW-CP	46.43
80 100 Troskie, Roean	12	QUIC-CP	47.30
81 268 Hough, Caleb	13	CLSC-WC	47.82
82 205 Heunis, Le Roux	12	TYGE-CP	47.89
83 69 Williams, Dante E	12	BEST-NM	48.56
84 148 Jacobs, Seth G	12	MANT-CP	48.76
85 31 Clifford, Jack K	11	HARL-BU	49.03
86 111 Joubert, Wian	12	QUIC-CP	49.55
87 134 Stenekamp, Keanu	11	ASAC-CP	49.79
88 221 Wagener, Tiaan H	11	ASAW-CE	49.96
89 143 Vlegaar, Daniel	11	BARR-CP	50.08
90 24 Booth, Samuel L	11	VIKI-BU	50.13
91 155 Cleophas, Lee L	12	PAQU-CE	50.62
92 164 Titus, Brody	11	PAQU-CE	51.11
93 273 McAfee, Max L	10	FISH-ED	52.01
94 110 Vd Merwe, Zander	11	QUIC-CP	52.54
95 204 Fouche, Ryan	9	TYGE-CP	57.02
96 181 Ramorwesi, Oratilwe	12	SAAW-CP	58.37
28 108 Stevens, Judy C	15	QUIC-CP	40.84
29 56 Weimann, Erin J	13	USC-BU	40.93
30 70 Kruger, Kate-Lynn M	14	DESA-NM	41.23
31 224 De Jager, Sophia	13	CASC-CP	41.90
32 202 De Oliveira, Aliyah	14	TYGE-CP	41.91
33 174 Nienaber, Mila J	12	QSAW-CE	42.06
34 277 Harper, Maddie I	13	KNYA-ED	42.12
35 73 Van Dyk, Zani	12	GREY-CP	42.44
36 122 Julies, Grace J	11	XCEL-CP	42.48
37 284 Baillie, Gabi J	14	ROA-ED	42.50
38 120 Mudau, Takalani T	13	VINE-CP	42.51
39 44 Janse van Rensburg, M	13	INFA-NM	42.69
40 250 Van Wyk, Katie R	13	BLMA-CP	42.69
41 78 Mare, Isabella	12	GREY-CP	42.75
42 63 Hamilton, Shalea M	11	BEST-NM	42.84
43 209 Rossouw, Cara	14	TYGE-CP	43.17
44 58 Lottering, Eirley	12	USC-BU	43.28
45 272 McAfee, Holly B	13	FISH-ED	43.35
46 43 Van Zyl, Minette M	13	INFA-NM	43.38
47 57 Greyvenstein, Hayley	10	USC-BU	43.72
48 289 Atkinson, Anouk E	13	SWAR-WC	44.68
49 237 Grebe, Ava	11	CUHE-OB	44.90
50 60 Magobongo, Khwezi	12	USC-BU	44.96
51 153 Anthony, Jazmin A	11	PAQU-CE	45.13
52 68 Welsh, Stacey A	13	BEST-NM	45.23
53 195 Sonnekus, Anya	12	TYGE-CP	45.27
54 254 Williams, Aqeelah	11	UWCA-CP	45.34
55 278 Schäfer, Kyla	13	KNYA-ED	45.48
56 190 O'Carroll, Nia E	13	STAQ-CE	45.58
57 192 Burger, Juanè	13	TYGE-CP	45.65
58 26 Lombard, Mia	12	HARL-BU	45.78
59 27 Murray, Demi J	13	HARL-BU	46.03
60 245 Kalapac, Lexi	11	BLMA-CP	46.11
61 251 Watson, Caitlin C	16	BLMA-CP	46.57
62 41 Govender, Gabi R	12	INFA-NM	46.58
63 216 Louw, Mali R	11	WELL-CE	46.59
64 82 Rosenstrauch, Lara	11	HTSA-CP	46.64
65 150 Jurgens, Chloe-Leigh	11	MANT-CP	47.13
66 201 Chibharo, Lethabo L	11	TYGE-CP	47.23
67 175 De Beer, Isabella C	12	QSAW-CE	47.77
68 244 Fourie, Emma	13	BLMA-CP	48.18
69 64 Jooman, April R	12	BEST-NM	48.72
70 242 Zhou, WanRu	15	BLMA-CP	48.85
71 256 Steyn, Nee'lah	11	UWCA-CP	49.01
72 55 Ristow, Emma K	11	USC-BU	49.06
73 149 Jantjies, Zara	11	MANT-CP	49.49
74 106 Odendaal, Sarah-Kat	11	QUIC-CP	50.81
75 109 Stevenson, Mikayla	11	QUIC-CP	51.53
#306 Women 19 & Under 50 LC Meter Breaststroke			
Name	Age	Team	Seed Time
1 162 Sabbagha, Annè	18	PAQU-CE	36.83
2 264 Jetha, Zara L	16	MARL-CP	37.23
3 282 Van Der Wath, Izi	13	KNYA-ED	37.27
4 5 O'Connor, Kayden C	13	PEAS-NM	37.93
5 25 Lindstrom, Jorja P	17	HARL-BU	38.29
6 215 Olivier, Shani	16	WELL-CE	38.36
7 232 Joyce, Jenna	11	CASC-CP	38.40
8 185 Herbst, Mienke	17	SSISA-CP	38.60
9 182 Schreuder, Hannah G	15	SAAW-CP	38.93
10 169 Visser, Sandri	15	PLAY-CE	39.34
11 210 Rossouw, Nadia	17	TYGE-CP	39.40
12 293 Borman, Jani	15	SWAR-WC	39.42
13 22 Davies, Jessica A	14	VIKI-BU	39.57
14 17 Tweedie, Scarlet S	16	PEAS-NM	39.65
15 121 Horn, Anna	11	XCEL-CP	39.66
16 257 Du Toit, Yusrah	16	UWCA-CP	39.66
17 279 Van Niekerk, Ona	14	KNYA-ED	39.74
18 115 Charles, Tyla	12	VINE-CP	39.77
19 265 Rinquest, Aqeelah	17	MARL-CP	39.88
20 291 Barnard, Adelmari D	14	SWAR-WC	39.96
21 114 Adams, Sydni M	14	VINE-CP	39.97
22 107 Serfontein, Christi	15	QUIC-CP	40.13
23 222 Botha, Chelsea	13	CASC-CP	40.44
24 160 Stilwaney, Mia C	12	PAQU-CE	40.46
25 86 Beetge, Amy	16	LALE-CE	40.51
26 88 Geyser, Almi	14	LALE-CE	40.69
27 271 Lodewyks, Jeandrè	13	FISH-ED	40.83
#307 Men 99 & Under 50 LC Meter Breaststroke Multi-Class			
Name	Age	Team	Seed Time
1 79 Pardoe, James N	12	GREY-CP	52.28
#309 Men 19 & Under 100 LC Meter Backstroke			
Name	Age	Team	Seed Time
1 179 Smit, MJ M	16	SAAW-CP	1:03.74
2 21 Barnard, Adam J	18	AQUA-BU	1:04.83
3 40 Wolfe, Matthew L	18	INFA-NM	1:06.05
4 131 Van Helden, Ethan C	15	ASAC-CP	1:06.20
5 207 Möller, FC C	16	TYGE-CP	1:06.49
6 165 Engelbrecht, Ruben J	16	PLAY-CE	1:06.54
7 157 Peceur, Mark D	19	PAQU-CE	1:06.81
8 89 Geyser, Jacques M	16	LALE-CE	1:06.89
9 198 Bester, Eben	16	TYGE-CP	1:07.11
10 151 McPetrie, James L	16	MANT-CP	1:07.40
11 247 Karsten, Jody	16	BLMA-CP	1:07.84
12 262 Alexander, Ammaar	16	MARL-CP	1:08.01

SA Level 3 Regional Age Group Champs 2024-EC - 21/03/2024 to 24/03/2024

Psych Sheet

#315 Men 12 & Under 4x50 LC Meter Freestyle Relay 4 x 50 F			
Team	Relay	Seed Time	
1 BEST-NM	A	2:05.70	
Green, Aiden J 11	Williams, Dante E 12		
Strydom, Andre N 12	Kannemeyer, Eli E 11		
2 TYGE-CP	A	2:14.79	
Van Onselen, Pierre S 11	Heunis, Le Roux 12		
Fouche, Jack 12	Bosch, Ewan Y 11		
3 CASC-CP	A	2:16.56	
February, Dillon S 11	Joyce, Guy 10		
Douries, Ean 12	Bright, Michael C 11		
4 PAQU-CE	A	2:24.73	
Cleophas, Lee L 12	Baadjies, Cruden H 12		
Titus, Brody 11	Lewis, Amaru C 11		
#316 Women 12 & Under 4x50 LC Meter Freestyle Relay 4 x 50 F			
Team	Relay	Seed Time	
1 USC-BU	A	2:14.24	
Lottering, Eirley 12	Christie, Laila A 11		
Magobongo, Khwezi 12	Greyvenstein, Hayley 10		
2 TYGE-CP	A	2:16.96	
Sonnekus, Anya 12	Thirsk, Savannah 12		
Boshoff, Anja 11	Olivier, Julie M 11		
#317 Men 13-15 4x50 LC Meter Freestyle Relay 4 x 50 F			
Team	Relay	Seed Time	
1 LALE-CE	A	1:57.73	
Burger, Rosseau 15	Hodge, Cameron P 13		
Vd Merwe, Thomas 14	Waters, Steven G 14		
2 PEAS-NM	A	1:58.05	
Andrews, Carl R 14	O'Neill, Teagan J 13		
Palmer, Travis I 13	Fang, Ethan Y 13		
3 ASAC-CP	A	2:01.10	
Viljoen, Jaden R 15	De Bruyn, Corn�e C 15		
Heyes, Garrick T 15	Van Helden, Ethan C 15		
4 CASC-CP	A	2:03.11	
Van Wyk, Jack R 13	Bright, Michael C 11		
Krause, Luke 13	Njoroge, Alphonse 14		
5 USC-BU	A	2:12.35	
Liss, Logan A 13	Goliath, Cooper C 11		
Lubbe, Alex C 12	Peters, Stijn J 13		
6 QUIC-CP	A	2:13.02	
Taljaard, Jason 14	Afonso, Aragon G 13		
Joubert, Wian 12	Coetzee, Sion M 13		
7 INFA-NM	A	2:14.28	
Rosser, Kyle H 13	Rosser, Mark J 11		
Verdon, Daniel E 11	Markotter, D-J R 13		
#318 Women 13-15 4x50 LC Meter Freestyle Relay 4 x 50 F			
Team	Relay	Seed Time	
1 VINE-CP	A	2:07.07	
Charles, Tyla 12	Jansen van Rensburg, Mia 1		
Mudau, Takalani T 13	Adams, Sydney M 14		
2 TYGE-CP	A	2:07.55	
Senekal, Margo 14	Burger, Juan�e 13		
De Oliveira, Aliyah 14	Smith, Lara E 15		
3 KNYA-ED	A	2:08.11	
Van Der Wath, Izi 13	Sch�afer, Kyla 13		
Van Niekerk, Ona 14	Harper, Maddie I 13		
4 CASC-CP	A	2:08.91	
Botha, Chelsea 13	De Jager, Sophia 13		
Joyce, Jenna 11	Riley, Logan 13		
5 SWAR-WC	A	2:09.85	
Borman, Jani 15	Atkinson, Anouk E 13		
Barnard, Adelmari D 14	Liebenberg, Emily M 15		
6 PEAS-NM	A	2:11.30	
O'Connor, Kayden C 13	Strong, Ava J 14		
Roth, Elle 11	Ogden, Lily 15		
7 INFA-NM	A	2:11.58	
Verdon, Leah L 9	Govender, Gabi R 12		
Chree, Erin E 12	Poggenpoel, Troy J M14		
8 PAQU-CE	A	2:16.33	
Samuels, Londyn 13	Anthony, Jazmin A 11		
Stilwaney, Mia C 12	Sabbagha, Georgia 11		
9 QUIC-CP	A	2:18.98	
Odendaal, Sarah-Kate 11	Serfontein, Christi 15		
Bosman, Jessica A 15	Stevens, Judy C 15		
#319 Men 16-19 4x50 LC Meter Freestyle Relay 4 x 50 F			
Team	Relay	Seed Time	
1 PEAS-NM	A	1:47.70	
Heine, Jett C 14	Sheard, Dylan J 16		
Hlangothi, Munguni S 16	Hiten, Darius 18		
2 SWAR-WC	A	1:55.60	
Atkinson, Samuel A 15	Liedeman, Mark 14		
Lategan, Nicky N 14	Hewitt-Smook, Kristian 16		
#320 Women 16-19 4x50 LC Meter Freestyle Relay 4 x 50 F			
Team	Relay	Seed Time	
1 TYGE-CP	A	2:01.15	
Ryser, Aurora 16	Thirsk, Madison 13		
Rossouw, Emma M 15	Rossouw, Nadia 17		
2 PEAS-NM	A	NT	
Beatt, Emily R 17	Ogden, Amber 17		
Tweedie, Scarlet S 16	Van Eeden, Alne 17		
#321 Mixed 12 & Under 4x50 LC Meter Medley Relay 4 x 50 F			
Team	Relay	Seed Time	
1 CASC-CP	A	2:23.59	
February, Dillon S M11	Joyce, Jenna W11		
Bright, Michael C M11	Billson, Amelie W11		
2 BEST-NM	A	2:25.20	
Green, Aiden J M11	Kannemeyer, Eli E M11		
Hamilton, Shalea M W11	Jooman, April R W12		
3 TYGE-CP	A	2:31.81	
Van Onselen, Pierre S M11	Sonnekus, Anya W12		
Bosch, Ewan Y M11	Olivier, Julie M W11		
4 GREY-CP	A	2:35.78	
Van Dyk, Zani W12	van Rensburg, Tristan M11		
Vd Watt, Earle M11	Mare, Isabella W12		
5 PAQU-CE	A	2:36.32	
Sabbagha, Georgia W11	Stilwaney, Mia C W12		
Cleophas, Lee L M12	Baadjies, Cruden H M12		
6 USC-BU	A	2:36.83	
Lubbe, Alex C M12	Lottering, Eirley W12		
Goliath, Cooper C M11	Greyvenstein, Hayley W10		
7 QUIC-CP	A	2:49.41	
Odendaal, Sarah-Kate W11	Stevenson, Mikayla W11		
Barnard, Dani�el B M11	Joubert, Wian M12		
#322 Mixed 13-15 4x50 LC Meter Medley Relay 4 x 50 Mixe			
Team	Relay	Seed Time	
1 PEAS-NM	A	2:13.42	
Andrews, Carl R M14	O'Connor, Kayden C W13		
Heine, Jett C M14	Strong, Ava J W14		
2 SWAR-WC	A	2:14.20	
Borman, Jani W15	Liedeman, Mark M14		
Liebenberg, Emily M W15	Atkinson, Samuel A M15		
3 LALE-CE	A	2:14.47	
Waters, Steven G M14	Burger, Rosseau M15		
Vd Merwe, Mi-Ly W14	Geyser, Almi W14		
4 VINE-CP	A	2:14.81	
Walker, Yohan G M15	Charles, Tyla W12		
Mudau, Takalani T W13	Spencer, Charles A M14		
5 CASC-CP	A	2:19.05	
Njoroge, Alphonse M14	Botha, Chelsea W13		
Riley, Logan W13	Van Wyk, Jack R M13		
6 SSISA-CP	A	2:19.49	
Myers, Kirsten E W13	Williams, Evan B M14		
Poggenpoel, Troy J M14	Hagglund, Emma H W14		
7 USC-BU	A	2:23.53	
Louw, Lume L W15	Weimann, Erin J W13		
Liss, Logan A M13	Peters, Stijn J M13		
8 GREY-CP	A	2:24.98	
Blake, Abi E W14	Smith, Tristan A M14		
Yeowart, Seth W M14	Jordaan, Mikayla E W11		
9 QUIC-CP	A	2:25.14	
Afonso, Aragon G M13	Stevens, Judy C W15		
Taljaard, Jason M14	Serfontein, Christi W15		
10 TYGE-CP	A	2:25.36	
Wright, Jonah S M13	Smith, Lara E W15		
Minnaar, Nicolas M14	Senekal, Margo W14		
11 CASC-CP	B	2:31.40	
Grobler, Chris I M13	De Jager, Sophia W13		
Krause, Luke M13	McGluwa, Jovanah N W11		
12 INFA-NM	A	2:37.31	
Van Zyl, Minette M W13	Markotter, D-J R M13		
Rosser, Kyle H M13	Janse van Rensburg, Milan		
#323 Mixed 16-19 4x50 LC Meter Medley Relay 4 x 50 Mixe			
Team	Relay	Seed Time	
1 PEAS-NM	A	2:02.86	
Beatt, Emily R W17	Hlangothi, Munguni S M16		
Hiten, Darius M18	Ogden, Amber W17		
2 TYGE-CP	A	2:09.26	
M�oller, FC C M16	Bester, Eben M16		
Ryser, Aurora W16	Rossouw, Nadia W17		
3 MARL-CP	A	2:22.94	
Alexander, Ammaar M16	Jeftha, Zara L W16		
Basson, Trishaun T M14	Rinquest, Aqeelah W17		
#401 Men 19 & Under 50 LC Meter Freestyle			
Name	Age	Team	Seed Time
1 13 Hiten, Darius	18	PEAS-NM	25.63
2 89 Geyser, Jacques M	16	LALE-CE	25.81
3 84 Malherbe, Nicholas N	17	LALE-CE	25.95
4 241 Beukes, Mateo A	18	WALM-CP	26.05
5 246 Kalapac, Joshua	15	BLMA-CP	26.15
6 258 Eilers, Chaden D	19	UWCA-CP	26.15
7 83 Cornish, Jeyaad	18	HURQA-CP	26.25
8 133 Heyes, Garrick T	15	ASAC-CP	26.26
9 21 Barnard, Adam J	18	AQUA-BU	26.38
10 40 Wolfe, Matthew L	18	INFA-NM	26.39
11 12 Heine, Jett C	14	PEAS-NM	26.41
12 179 Smit, MJ M	16	SAAW-CP	26.51
13 157 Peceur, Mark D	19	PAQU-CE	26.78
14 14 Hlangothi, Munguni S	16	PEAS-NM	27.03
15 294 Hewitt-Smook, Kristi	16	SWAR-WC	27.07
16 137 Viljoen, Jaden R	15	ASAC-CP	27.17
17 54 Prime, Liam	16	USC-BU	27.24
18 119 Walker, Yohan G	15	VINE-CP	27.27
19 151 McPetrie, James L	16	MANT-CP	27.29
20 180 Zellie, Thomas J	16	SAAW-CP	27.34
21 248 Kotz�e, Max M	14	BLMA-CP	27.49
22 253 Pautz, Nathan M	15	BLMA-CP	27.64
23 131 Van Helden, Ethan C	15	ASAC-CP	27.72
24 290 Atkinson, Samuel A	15	SWAR-WC	27.78
25 219 Schreuder, Steffen	16	ASAW-CE	27.79
26 1 Cilliers, Jannis N	14	FAAC	28.17
27 177 Rosslee, Christian F	14	QSAW-CE	28.19
28 247 Karsten, Jody	16	BLMA-CP	28.19
29 154 Cleophas, Kyle	14	PAQU-CE	28.26
30 239 Abrahams, Rayhan	14	WALM-CP	28.33
31 238 Pullock, Sam J	14	CUHE-OB	28.44
32 240 Beukes, Jaden L	14	WALM-CP	28.47

SA Level 3 Regional Age Group Champs 2024-EC - 21/03/2024 to 24/03/2024**Psych Sheet**

#401 ... (Men 19 & Under 50 LC Meter Freestyle)			
33	6 Sheard, Dylan J	16 PEAS-NM	28.63
34	117 Spencer, Charles A	14 VINE-CP	28.75
35	188 Williams, Evan B	14 SSISA-CP	28.80
36	132 De Bruyn, Cornè C	15 ASAC-CP	28.83
37	95 Vd Merwe, Thomas	14 LALE-CE	29.11
38	2 Andrews, Carl R	14 PEAS-NM	29.40
39	252 Myburgh, Ruan	15 BLMA-CP	29.60
40	65 Kannemeyer, Eli E	11 BEST-NM	29.67
41	217 Boonzaaier, Simon F	17 ASAW-CE	29.68
42	274 Swanepoel, Ewald	13 FISH-ED	29.75
43	206 Minnaar, Nicolas	14 TYGE-CP	29.80
44	189 Poggenpoel, Troy J	14 SSISA-CP	29.85
45	152 Moolman, Carter S	15 MANT-CP	29.96
46	113 Willenburg, Elijah K	13 SFSC-CP	30.09
47	233 Njoroge, Alphonse	14 CASC-CP	30.12
48	32 Ramashamole, Junior	13 HARL-BU	30.16
49	301 Matthee, Burger P	12 AGAQ-OB	30.21
50	296 Lategan, Nicky N	14 SWAR-WC	30.31
51	23 Booth, Jake J	13 VIKI-BU	30.32
52	62 Green, Aiden J	11 BEST-NM	30.35
53	112 Smit, Reynard-Gray	13 SFSC-CP	30.41
54	81 Yeowart, Seth W	14 GREY-CP	30.50
55	99 Troskie, Jean	12 QUIC-CP	30.61
56	142 van Wyk, Tariq K	13 BARR-CP	30.63
57	243 Coleman, Travis	12 BLMA-CP	30.68
58	234 Van Wyk, Jack R	13 CASC-CP	30.86
59	10 Palmer, Travis I	13 PEAS-NM	30.90
60	236 Krause, Luke	13 CASC-CP	30.90
61	281 Parr, Colby S	12 KNYA-ED	31.00
62	170 Weber, Daniel	12 PLAY-CE	31.09
63	268 Hough, Caleb	13 CLSC-WC	31.15
64	42 Markotter, D-J R	13 INFA-NM	31.20
65	74 van Rensburg, Tristan	11 GREY-CP	31.21
66	223 Bright, Michael C	11 CASC-CP	31.23
67	15 O'Neill, Teagan J	13 PEAS-NM	31.34
68	249 Van Dyk, Stephaan	13 BLMA-CP	31.38
69	67 Strydom, Andre N	12 BEST-NM	31.40
70	158 Rheeder, Liam M	13 PAQU-CE	31.43
71	100 Troskie, Roean	12 QUIC-CP	31.63
72	53 Peters, Stijn J	13 USC-BU	31.67
73	275 Fletcher, Tyler D	12 FISH-ED	31.82
74	118 Spencer, Marcus W	12 VINE-CP	31.83
75	91 VerLoren Van Thema	12 LALE-CE	31.98
76	48 Liss, Logan A	13 USC-BU	32.14
77	270 Coates, Caleb	12 FISH-ED	32.15
78	178 Kirsten, Jan-Dawid E	12 QSAW-CE	32.22
79	166 Jonas, Leonardo	12 PLAY-CE	32.38
80	221 Wagener, Tian H	11 ASAW-CE	32.54
81	11 Basson, Zethan L	13 PEAS-NM	32.58
82	280 Boshoff, Mickayle C	11 KNYA-ED	32.60
83	147 Fortune, Yaseen	13 MANT-CP	32.61
84	145 Addinall, Ethan	13 MANT-CP	32.85
85	183 Blake, Jeremy	12 SAAW-CP	32.87
86	292 Barnard, Theo J	11 SWAR-WC	32.96
87	29 Schemel, Brody L	11 HARL-BU	33.16
88	199 Bosch, Ewan Y	11 TYGE-CP	33.19
89	181 Ramorwesi, Oratilwe	12 SAAW-CP	33.25
90	75 Vd Watt, Earle	11 GREY-CP	33.54
91	229 February, Dillon S	11 CASC-CP	33.56
92	39 Verdon, Daniel E	11 INFA-NM	33.81
93	50 Lubbe, Alex C	12 USC-BU	33.85
94	171 Fenner, Jenson V	11 PLAY-CE	34.01
95	226 Grobler, Chris I	13 CASC-CP	34.05
96	263 Gomez, Alex W	13 MARL-CP	34.14
97	85 Basson, Henk	11 LALE-CE	34.26
98	287 Smit, Christian F	12 ROA-ED	34.27
99	148 Jacobs, Seth G	12 MANT-CP	34.28
100	59 Goliath, Cooper C	11 USC-BU	34.29
101	212 Van Onselen, Pierre S	11 TYGE-CP	34.30
102	69 Williams, Dante E	12 BEST-NM	34.34
103	80 Smith, Tristan A	14 GREY-CP	35.04
104	155 Cleophas, Lee L	12 PAQU-CE	35.13
105	295 Kruger, Zachary C	11 SWAR-WC	35.27
106	228 Douries, Ean	12 CASC-CP	35.52
107	297 Lategan, Wessel W	11 SWAR-WC	35.60
108	231 Joyce, Guy	10 CASC-CP	36.25
109	164 Titus, Brody	11 PAQU-CE	36.39
110	111 Joubert, Wian	12 QUIC-CP	36.41
111	31 Clifford, Jack K	11 HARL-BU	36.57
112	230 Gerber, Luke M	10 CASC-CP	36.74
113	156 Lewis, Amaru C	11 PAQU-CE	36.75
114	273 McAfee, Max L	10 FISH-ED	37.26
115	24 Booth, Samuel R	11 VIKI-BU	38.01
116	146 Fortune, Hakeem	12 MANT-CP	38.05
117	302 Naude, AJ J	12 AGAQ-OB	38.16
118	110 Vd Merwe, Zander	11 QUIC-CP	38.58
119	134 Stenekamp, Keanu	11 ASAC-CP	39.20
120	130 Daniels, Tylan H	11 AQDO-CP	44.43
121	165 Engelbrecht, Ruben J	16 PLAY-CE	NT
41	73 Van Dyk, Zani	12 GREY-CP	32.59
42	215 Olivier, Shani	16 WELL-CE	32.62
43	169 Visser, Sandri	15 PLAY-CE	32.64
44	174 Nienaber, Mila J	12 QSAW-CE	32.65
45	286 Roff, Mikaela	11 ROA-ED	32.85
46	277 Harper, Maddie I	13 KNYA-ED	32.91
47	116 Jansen van Rensburg	11 VINE-CP	32.93
48	278 Schäfer, Kyla	13 KNYA-ED	33.01
49	185 Herbst, Mienke	17 SSISA-CP	33.03
50	60 Magobongo, Khwezi	12 USC-BU	33.05
51	76 Blake, Abi E	14 GREY-CP	33.26
52	58 Lottering, Eirley	12 USC-BU	33.28
53	45 Landsberg, Katryn L	11 INFA-NM	33.43
54	242 Zhou, WanRu	15 BLMA-CP	33.45
55	57 Greyvenstein, Hayley	10 USC-BU	33.48
56	16 Roth, Elle	11 PEAS-NM	33.60
57	46 Christie, Laila A	11 USC-BU	33.67
58	208 Olivier, Julie M	11 TYGE-CP	33.73
59	272 McAfee, Holly B	13 FISH-ED	33.77
60	195 Sonnekus, Anya	12 TYGE-CP	33.84
61	192 Burger, Juanè	13 TYGE-CP	33.88
62	244 Fourie, Emma	13 BLMA-CP	33.93
63	224 De Jager, Sophia	13 CASC-CP	33.99
64	26 Lombard, Mia	12 HARL-BU	34.00
65	160 Stilwaney, Mia C	12 PAQU-CE	34.01
66	283 Kleynhans, Sian	14 ROA-ED	34.07
67	267 Flack, Francesca	12 CLSC-WC	34.09
68	64 Jooman, April R	12 BEST-NM	34.17
69	163 Sabbagha, Georgia	11 PAQU-CE	34.24
70	149 Jantjies, Zara	11 MANT-CP	34.32
71	285 Burger, Johané	11 ROA-ED	34.33
72	250 Van Wyk, Katie R	13 BLMA-CP	34.38
73	271 Lodewyks, Jeandré	13 FISH-ED	34.42
74	175 De Beer, Isabella C	12 QSAW-CE	34.52
75	144 Lockitch, Zara	11 CYBE-CP	34.75
76	196 Thirsk, Madison	13 TYGE-CP	34.76
77	227 Billson, Amelie	11 CASC-CP	34.78
78	197 Thirsk, Savannah	12 TYGE-CP	34.99
79	20 Smit, Miela	15 AQUA-BU	35.05
80	51 Minnaar, Amelia C	12 USC-BU	35.21
81	106 Odendaal, Sarah-Kat	11 QUIC-CP	35.30
82	201 Chibharo, Lethabo L	11 TYGE-CP	35.51
83	298 Liebenberg, Aimee L	12 SWAR-WC	35.54
84	82 Rosenstrauch, Lara	11 HTSA-CP	36.00
85	235 McGluwa, Jovanah N	11 CASC-CP	36.24
86	61 Terwin, Brooklyn	11 USC-BU	36.34
87	256 Steyn, Nee'lah	11 UWCA-CP	36.49
88	150 Jurgens, Chloe-Leigh	11 MANT-CP	37.04
89	124 Els, Jamie	11 AQDO-CP	37.49
90	245 Kalapac, Lexi	11 BLMA-CP	37.61
91	269 Nel, Olivia	11 CLSC-WC	38.12
92	237 Grebe, Ava	11 CUHE-OB	38.67
93	210 Rossouw, Nadia	17 TYGE-CP	NT
#403 Men 99 & Under 50 LC Meter Freestyle Multi-Class P			
Name	Age	Team	Seed Time
1	79 Pardoe, James N	12 GREY-CP	38.93
2	33 Hartwig, Connor M	12 HARL-BU	1:01.09
#404 Women 99 & Under 50 LC Meter Freestyle Multi-Clas			
Name	Age	Team	Seed Time
1	255 Du Toit, Naseerah	15 UWCA-CP	44.78
#405 Men 19 & Under 200 LC Meter Breaststroke			
Name	Age	Team	Seed Time
1	87 Burger, Rosseau	15 LALE-CE	2:42.57
2	262 Alexander, Ammaar	16 MARL-CP	2:45.51
3	136 Torbochkin, David S	15 ASAC-CP	2:45.61
122	230 Gerber, Luke M	10 CASC-CP	36.74
123	156 Lewis, Amaru C	11 PAQU-CE	36.75
124	273 McAfee, Max L	10 FISH-ED	37.26
125	24 Booth, Samuel R	11 VIKI-BU	38.01
126	146 Fortune, Hakeem	12 MANT-CP	38.05
127	302 Naude, AJ J	12 AGAQ-OB	38.16
128	110 Vd Merwe, Zander	11 QUIC-CP	38.58
129	134 Stenekamp, Keanu	11 ASAC-CP	39.20
130	130 Daniels, Tylan H	11 AQDO-CP	44.43
131	165 Engelbrecht, Ruben J	16 PLAY-CE	NT
132	3 Beatt, Emily R	17 PEAS-NM	28.68
133	63 Hamilton, Shalea M	11 BEST-NM	29.50
134	52 Munro, Abigail	14 USC-BU	29.59
135	7 Ogden, Amber	17 PEAS-NM	29.65
136	282 Van Der Wath, Izi	13 KNYA-ED	29.69
137	299 Liebenberg, Emily M	15 SWAR-WC	29.75
138	214 Ryser, Aurora	16 TYGE-CP	30.04
139	88 Geyser, Almi	14 LALE-CE	30.06
140	173 Holthuis, Keilah-Nao	14 QSAW-CE	30.25
141	172 Fenner, Olivia M	13 PLAY-CE	30.38
142	251 Watson, Caitlin C	16 BLMA-CP	30.48
143	194 Smith, Lara E	15 TYGE-CP	30.73
144	288 Theron, Yedidah	18 ROA-ED	30.78
145	36 De Beer, Anri	16 INFA-NM	30.80
146	43 Van Zyl, Minette M	13 INFA-NM	30.91
147	225 Riley, Logan	13 CASC-CP	30.91
148	211 Senekal, Margo	14 TYGE-CP	31.04
149	68 Welsh, Stacey A	13 BEST-NM	31.29
150	140 Laubscher, Mikalla I	13 ASAC-CP	31.29
151	186 Micklethwaite, Skye	17 SSISA-CP	31.31
152	8 Ogden, Lily	15 PEAS-NM	31.42
153	222 Botha, Chelsea	13 CASC-CP	31.44
154	17 Tweedie, Scarlet S	16 PEAS-NM	31.45
155	257 Du Toit, Yusrah	16 UWCA-CP	31.47
156	159 Samuels, Londyn	13 PAQU-CE	31.48
157	49 Louw, Lume L	15 USC-BU	31.59
158	120 Mudau, Takalani T	13 VINE-CP	31.65
159	254 Williams, Aqeelah	11 UWCA-CP	31.73
160	291 Fabricius, Kaylin	14 BARR-CP	31.83
161	182 Schreuder, Hannah G	15 SAAW-CP	31.84
162	276 Botha, Rebecca P	12 KNYA-ED	31.88
163	202 De Oliveira, Aliyah	14 TYGE-CP	31.90
164	184 Hagglund, Emma H	14 SSISA-CP	32.14
165	162 Sabbagha, Annè	18 PAQU-CE	32.16
166	92 Visagie, Larissa	14 LALE-CE	32.22
167	187 Myers, Kirsten E	13 SSISA-CP	32.29
168	279 Van Niekerk, Ona	14 KNYA-ED	32.50
169	291 Barnard, Adelmari D	14 SWAR-WC	32.55
170	232 Joyce, Jenna	11 CASC-CP	32.57
171	266 Basson, Lenè	13 CLSC-WC	32.57

SA Level 3 Regional Age Group Champs 2024-EC - 21/03/2024 to 24/03/2024

Psych Sheet

#411 ... (Men 19 & Under 50 LC Meter Butterfly)

94	37	Rosser, Kyle H	13	INFA-NM	42.51
95	38	Rosser, Mark J	11	INFA-NM	42.55
96	69	Williams, Dante E	12	BEST-NM	42.98
97	287	Smit, Christian F	12	ROA-ED	43.26
98	263	Gomez, Alex W	13	MARL-CP	43.64
99	91	VerLoren Van Thema	12	LALE-CE	44.25
100	156	Lewis, Amaru C	11	PAQU-CE	44.41
101	231	Joyce, Guy	10	CASC-CP	45.50

#412 Women 19 & Under 50 LC Meter Butterfly

Name	Age	Team	Seed Time
1	176	Wium, Mari	15 QSAW-CE 30.76
2	251	Watson, Caitlin C	16 BLMA-CP 31.74
3	299	Liebenberg, Emily M	15 SWAR-WC 31.92
4	3	Beatt, Emily R	17 PEAS-NM 32.46
5	7	Ogden, Amber	17 PEAS-NM 32.90
6	214	Ryser, Aurora	16 TYGE-CP 33.01
7	194	Smith, Lara E	15 TYGE-CP 33.11
8	49	Louw, Lume L	15 USC-BU 33.13
9	63	Hamilton, Shalea M	11 BEST-NM 33.14
10	282	Van Der Wath, Izi	13 KNYA-ED 33.23
11	25	Lindstrom, Jorja P	17 HARL-BU 33.29
12	141	Fabricius, Kaylin	14 BARR-CP 33.61
13	209	Rossouw, Cara	14 TYGE-CP 33.71
14	279	Van Niekerk, Ona	14 KNYA-ED 33.85
15	9	Strong, Ava J	14 PEAS-NM 33.95
16	101	Voges, Jhoanè E	16 QUIC-CP 34.18
17	186	Micklethwaite, Skye	17 SSISA-CP 34.39
18	225	Riley, Logan	13 CASC-CP 34.57
19	43	Van Zyl, Minette M	13 INFA-NM 34.65
20	172	Fenner, Olivia M	13 PLAY-CE 34.65
21	254	Williams, Aqeelah	11 UWCA-CP 34.65
22	17	Tweedie, Scarlet S	16 PEAS-NM 34.67
23	257	Du Toit, Yusrah	16 UWCA-CP 34.80
24	36	De Beer, Anri	16 INFA-NM 34.81
25	116	Jansen van Rensburg	11 VINE-CP 34.96
26	114	Adams, Sydney M	14 VINE-CP 35.03
27	202	De Oliveira, Aliyah	14 TYGE-CP 35.05
28	162	Sabbagha, Annè	18 PAQU-CE 35.06
29	120	Mudau, Takalani T	13 VINE-CP 35.11
30	232	Joyce, Jenna	11 CASC-CP 35.34
31	208	Olivier, Julie M	11 TYGE-CP 35.74
32	266	Basson, Lenè	13 CLSC-WC 35.84
33	184	Hagglund, Emma H	14 SSISA-CP 36.03
34	160	Stilwaney, Mia C	12 PAQU-CE 36.14
35	192	Burger, Juanè	13 TYGE-CP 36.25
36	27	Murray, Demi J	13 HARL-BU 36.43
37	288	Theron, Yedidah	18 ROA-ED 36.50
38	73	Van Dyk, Zani	12 GREY-CP 36.74
39	121	Horn, Anna	11 XCEL-CP 36.75
40	278	Schäfer, Kyla	13 KNYA-ED 36.80
41	182	Schreuder, Hannah G	15 SAAW-CP 37.11
42	264	Jeftha, Zara L	16 MARL-CP 37.58
43	224	De Jager, Sophia	13 CASC-CP 37.69
44	195	Sonnekus, Anya	12 TYGE-CP 37.72
45	16	Roth, Elle	11 PEAS-NM 37.81
46	58	Lottering, Eirley	12 USC-BU 37.96
47	140	Laubscher, Mikalla I	13 ASAC-CP 38.01
48	122	Julies, Grace J	11 XCEL-CP 38.06
49	222	Botha, Chelsea	13 CASC-CP 38.35
50	144	Lockitch, Zara	11 CYBE-CP 38.36
51	92	Visagie, Larissa	14 LALE-CE 38.42
52	56	Weimann, Erin J	13 USC-BU 38.75
53	289	Atkinson, Anouk E	13 SWAR-WC 38.84
54	41	Govender, Gabi R	12 INFA-NM 38.93

55	22	Davies, Jessica A	14	VIKI-BU	38.99
56	20	Smit, Miela	15	AQUA-BU	39.08
57	159	Samuels, Londyn	13	PAQU-CE	39.23
58	265	Rinquest, Aqeelah	17	MARL-CP	39.35
59	163	Sabbagha, Georgia	11	PAQU-CE	39.47
60	64	Jooman, April R	12	BEST-NM	39.48
61	115	Charles, Tyla	12	VINE-CP	39.58
62	200	Boshoff, Anja	11	TYGE-CP	39.58
63	267	Flack, Francesca	12	CLSC-WC	39.84
64	250	Van Wyk, Katie R	13	BLMA-CP	40.04
65	153	Anthony, Jazmin A	11	PAQU-CE	40.13
66	286	Roff, Mikaela	11	ROA-ED	40.21
67	242	Zhou, WanRu	15	BLMA-CP	40.23
68	283	Kleynhans, Sian	14	ROA-ED	40.35
69	196	Thirsk, Madison	13	TYGE-CP	40.53
70	149	Jantjies, Zara	11	MANT-CP	40.62
71	227	Billson, Amelie	11	CASC-CP	40.75
72	82	Rosenstrauch, Lara	11	HTSA-CP	40.76
73	197	Thirsk, Savannah	12	TYGE-CP	40.95
74	276	Botha, Rebecca P	12	KNYA-ED	41.04
75	106	Odendaal, Sarah-Kat	11	QUIC-CP	42.16
76	51	Minnaar, Amelia C	12	USC-BU	42.17
77	174	Nienaber, Mila J	12	QSAW-CE	42.51
78	150	Jurgens, Chloe-Leigh	11	MANT-CP	42.84
79	109	Stevenson, Mikayla	11	QUIC-CP	43.32
80	201	Chibharo, Lethabo L	11	TYGE-CP	43.55
81	245	Kalapac, Lexi	11	BLMA-CP	43.74
82	285	Burger, Johané	11	ROA-ED	45.28
83	61	Terwin, Brooklyn	11	USC-BU	45.47
84	235	McGluwa, Jovanah N	11	CASC-CP	45.74
85	55	Ristow, Emma K	11	USC-BU	46.15
86	216	Louw, Mali R	11	WELL-CE	47.87
87	256	Steyn, Nee'lah	11	UWCA-CP	47.96
88	52	Munro, Abigail	14	USC-BU	NT

#413 Men 99 & Under 50 LC Meter Butterfly Multi-Class Pa

Name	Age	Team	Seed Time
1	79	Pardoe, James N	12 GREY-CP 49.79
2	33	Hartwig, Connor M	12 HARL-BU 1:14.76

#414 Women 99 & Under 50 LC Meter Butterfly Multi-Class

Name	Age	Team	Seed Time
1	255	Du Toit, Naseerah	15 UWCA-CP 59.49

#415 Men 12 & Under 4x50 LC Meter Medley Relay 4 x 50 I

Team	Relay	Seed Time
1	CASC-CP	A 2:22.39
	February, Dillon S 11	Douries, Ean 12
	Bright, Michael C 11	Verbeek, Pierre O 12
2	BEST-NM	A 2:26.45
	Williams, Dante E 12	Green, Aiden J 11
	Kannemeyer, Eli E 11	Strydom, Andre N 12
3	TYGE-CP	A 2:31.89
	Van Onselen, Pierre S 11	Fouche, Jack 12
	Bosch, Ewan Y 11	Heunis, Le Roux 12
4	PAQU-CE	A 2:39.85
	Cleophas, Lee L 12	Baadjies, Cruden H 12
	Titus, Brody 11	Lewis, Amaru C 11

#416 Women 12 & Under 4x50 LC Meter Medley Relay 4 x

Team	Relay	Seed Time
1	TYGE-CP	A 2:33.27
	Boshoff, Anja 11	Sonnekus, Anya 12
	Olivier, Julie M 11	Thirsk, Savannah 12
2	USC-BU	A 2:36.77
	Minnaar, Amelia C 12	Greyvenstein, Hayley 10
	Lottering, Eirley 12	Magobongo, Khwezi 12

#417 Men 13-15 4x50 LC Meter Medley Relay 4 x 50 Medle

Team	Relay	Seed Time
1	VINE-CP	A 2:08.16
	Walker, Yohan G 15	Haupt, Rhys A 15
	Spencer, Marcus W 12	Spencer, Charles A 14
2	PEAS-NM	A 2:11.44
	Andrews, Carl R 14	Basson, Zethan L 13
	Palmer, Travis I 13	O'Neill, Teagan J 13
3	ASAC-CP	A 2:11.65
	Viljoen, Jaden R 15	De Bruyn, Cornè C 15
	Van Helden, Ethan C 15	Heyes, Garrick T 15
4	LALE-CE	A 2:11.68
	Hodge, Cameron P 13	Burger, Rosseau 15
	Waters, Steven G 14	Vd Merwe, Thomas 14
5	USC-BU	A 2:32.21
	Cook, Jedd R 13	Peters, Stijn J 13
	Liss, Logan A 13	Lubbe, Alex C 12
6	CASC-CP	B 2:35.35
	Grobler, Chris I 13	Van Wyk, Jack R 13
	Krause, Luke 13	Njoroge, Alphonse 14
7	INFA-NM	A 2:36.34
	Rosser, Mark J 11	Markotter, D-J R 13
	Verdon, Daniel E 11	Rosser, Kyle H 13
8	CASC-CP	A 2:59.50
	February, Dillon S 11	Douries, Ean 12
	Bright, Michael C 11	Joyce, Guy 10

#418 Women 13-15 4x50 LC Meter Medley Relay 4 x 50 Me

Team	Relay	Seed Time
1	TYGE-CP	A 2:20.91
	Rossouw, Emma M 15	De Oliveira, Aliyah 14
	Smith, Lara E 15	Senekal, Margo 14
2	VINE-CP	A 2:21.48
	Mudau, Takalani T 13	Charles, Tyla 12
	Jansen van Rensburg, Mia 1	Adams, Sydney M 14
3	KNYA-ED	A 2:22.75
	Schäfer, Kyla 13	Van Der Wath, Izi 13
	Van Niekerk, Ona 14	Harper, Maddie I 13
4	SWAR-WC	A 2:24.07
	Borman, Jani 15	Atkinson, Anouk E 13
	Liebenberg, Emily M 15	Barnard, Adelmari D 14
5	CASC-CP	A 2:24.56
	De Jager, Sophia 13	Joyce, Jenna 11
	Riley, Logan 13	Botha, Chelsea 13
6	PAQU-CE	A 2:33.42
	Samuels, Londyn 13	Anthony, Jazmin A 11
	Stilwaney, Mia C 12	Sabbagha, Georgia 11
7	INFA-NM	A 2:33.51
	Landsberg, Katryn L 11	Janse van Rensburg, Milan
	Van Zyl, Minette M 13	Chree, Erin E 12

#419 Men 16-19 4x50 LC Meter Medley Relay 4 x 50 Medle

Team	Relay	Seed Time
1	SWAR-WC	A 2:09.54
	Lategan, Nicky N 14	Atkinson, Samuel A 15
	Liedeman, Mark 14	Hewitt-Smook, Kristian 16
2	PEAS-NM	A NT

#420 Women 16-19 4x50 LC Meter Medley Relay 4 x 50 Me

Team	Relay	Seed Time
1	TYGE-CP	A 2:20.62
	Ryser, Aurora 16	Rossouw, Nadia 17
	Rossouw, Cara 14	Burger, Juanè 13
2	PEAS-NM	A 2:20.98
	Beatt, Emily R 17	Tweedie, Scarlet S 16
	Van Eeden, Alne 17	Ogden, Amber 17

SA Level 3 Regional Age Group Champs 2024-EC - 21/03/2024 to 24/03/2024

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#421 Mixed 12 & Under 4x100 LC Meter Freestyle Relay 4:

Team	Relay	Seed Time
1 BEST-NM	A	4:30.43
Kannemeyer, Eli E M11	Jooman, April R W12	
Green, Aiden J M11	Hamilton, Shalea M W11	
2 TYGE-CP	A	4:57.76
Fouche, Jack M12	Bosch, Ewan Y M11	
Boshoff, Anja W11	Olivier, Julie M W11	
3 CASC-CP	A	4:57.85
February, Dillon S M11	Joyce, Jenna W11	
Bright, Michael C M11	Billson, Amelie W11	
4 INFA-NM	A	5:02.92
Rosser, Mark J M11	Landsberg, Katryn L W11	
Govender, Gabi R W12	Verdon, Daniel E M11	
5 GREY-CP	A	5:11.38
Vd Watt, Earle M11	Mare, Isabella W12	
van Rensburg, Tristan M11	Van Dyk, Zani W12	
6 USC-BU	A	NT
Lubbe, Alex C M12	Goliath, Cooper C M11	
Christie, Laila A W11	Lottering, Eirley W12	

#422 Mixed 13-15 4x100 LC Meter Freestyle Relay 4 x 100

Team	Relay	Seed Time
1 PEAS-NM	A	4:23.16
Andrews, Carl R M14	Palmer, Travis I M13	
Ogden, Lily W15	Strong, Ava J W14	
2 VINE-CP	A	4:23.56
Walker, Yohan G M15	Spencer, Charles A M14	
Adams, Sydney M W14	Mudau, Takalani T W13	
3 LALE-CE	A	4:24.05
Vd Merwe, Thomas M14	Waters, Steven G M14	
Vd Merwe, Mi-Ly W14	Geyser, Almi W14	
4 TYGE-CP	A	4:31.90
Minnaar, Nicolas M14	Smith, Lara E W15	
Wright, Jonah S M13	Senekal, Margo W14	
5 CASC-CP	A	4:35.92
Botha, Chelsea W13	Njoroge, Alphonse M14	
Van Wyk, Jack R M13	Riley, Logan W13	
6 USC-BU	A	4:37.13
Louw, Lume L W15	Liss, Logan A M13	
Peters, Stijn J M13	Munro, Abigail W14	
7 INFA-NM	A	4:47.73
Markotter, D-J R M13	Janse van Rensburg, Milan	
Rosser, Kyle H M13	Van Zyl, Minette M W13	

#423 Mixed 16-24 4x100 LC Meter Freestyle Relay 4 x 100

Team	Relay	Seed Time
1 PEAS-NM	A	4:08.12
Heine, Jett C M14	Hlangothi, Munguni S M16	
Beatt, Emily R W17	Ogden, Amber W17	
2 TYGE-CP	A	4:12.69
Bester, Eben M16	Möller, FC C M16	
Ryser, Aurora W16	Rossouw, Nadia W17	
3 SWAR-WC	A	4:17.63
Atkinson, Samuel A M15	Borman, Jani W15	
Liebenberg, Emily M W15	Hewitt-Smook, Kristian M1	
4 MARL-CP	A	4:32.21
Gomez, Alex W M13	Jeftha, Zara L W16	
Rinquest, Aqeelah W17	Alexander, Ammaar M16	