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NPO Reg. No. 217-742

SSA SHORT COURSE NATIONAL CHAMPIONSHIP GALA 19-20 August 2023, Generation Pool, Somerset West

Western Cape Aquatics would like to welcome all swimmers who are taking part in this championship

NOTE – SESSIONS AND SESSION TIMES MIGHT CHANGE AFTER FINAL ENTRIES ARE RECEIVED

DAY 1

PRELIMS WARM-UP:	07:00	GALA START:	08:00
FINALS WARM-UP:	16:00	GALA START:	17:30

DAY 2

PRELIMS WARM-UP:	07:00	GALA START:	08:00
FINALS WARM-UP:	16:00	GALA START:	17:00

No training equipment (boards, fins, paddles) is allowed during warm-up, due to space constraints.

Lanes 1 & 10 are to be used for dives. Please exit the pool via the stairs. NO climbing out over the touch pads. Swimmers may warm down during races in the lane next to 10, no diving or sprinting.

GENERAL:

WORLD AQUATICS & SSA Rules will govern this event.

Clubs are requested to see that the area is kept neat and tidy, bins will be placed & cleaned regularly.

No flash photography during the start of a race.

We request everyone to please remain silent during the start of a race.

Please do not place any towels over the advertising boards.

NO alcohol is permitted on the premises. NO fire or gas braais are permitted on the premises.

The pool grounds are a NO SMOKING ZONE.

Only Team Managers are allowed at the ADMIN table.

President: L Coetzee **Vice-President:** vacant **Secretary:** N Wright **Treasurer:** L Stevens **Marketing:** vacant **Records Officer:** E Cecil **Schools:** vacant
Transformation & Development: D Peceur

District Presidents: West Coast – J Janse van Rensburg; Overberg – H Oosthuizen; Winelands – D Peceur; CTA – F Omar; Eden – L Coetzee



ADMISSION TO THE POOL:

- Gates will open at 06:30 every morning.
- Swimmers & coaches (on the gate lists & showing their accreditation) will have free access, officials will have free access when signing the officials register for their allocated session, at the entrance.
- Tickets can be purchased online. <https://shop.wcapeaquatics.co.za/shop>
- Spectators will be charged R50 per PRELIM session, and R30 per FINAL session.
- Tournament tickets will be available at R130, which allows free access to all heats and finals.
- Limited tickets will be available for sale at the gates. First come first served. NO CASH, there will be card facilities available.

PROGRAMMES & RESULTS:

- Each club will receive free programmes for their team manager and coaches from the admin table.
- Results will be on *meet mobile*. (Pls note meet mobile is unofficial)

POOL ACCESS:

- Clubs are encouraged to bring their own gazebos, umbrellas & camping chairs (for outside). Due to limited space inside, we request that parents / swimmers do not bring large camping chairs.
- NO VEHICLES are allowed on the premises to offload.
- Please ensure that your gazebo is securely fastened and not erected in demarcated areas. Any gazebos found in demarcated areas WILL BE REMOVED. - No exceptions shall be made.
- Clubs are kindly requested to be considerate towards one another regarding space. Signs reserving large spaces for clubs will be removed.



TEAM MANAGERS:

The Team Managers meeting will be at the pool on Friday 18 August at 16:00. Team Managers must have their accreditation with them when approaching the Admin table with queries during the gala.

TM packs will contain the following:

- Team Manager & coach's accreditation cards
- Documentation needed: relay confirmation forms, scratching forms, etc
- Programmes for the first session (thereafter at the Admin table for collection by TM's)
- A MAP with a layout of the pool area

Notices & results will be sent via a Whatsapp group. (only coaches & TM's)
Clubs to make sure coach & TM contact numbers are communicated to WCA.
Pre-ordered tournament t-shirts to be collected from the Admin table by the TM's.

OPENING & MARCH PASS

There will be a march pass and opening ceremony on Saturday afternoon, 19 August 2023, at 17:00, swimmers are to be ready at 16:50.

TOURNAMENT MERCHANDISE:

- Pre-ordered t-shirts will be packed for collection at the ETD Table by Team managers only.
- Only ONE order by clubs and paid in one bulk payment will be accepted. NO individual deposits, please. Cut-off date and time for orders **15:00 on 2 August 2023**. No late t-shirt orders will be accepted. No extra t-shirts will be available for sale at the gala.
- Please send proof of payment with your order.
Please make payment to: Western Cape Aquatics

WESTERN CAPE AQUATICS

FNB

ACC NO: 62826461410

REF: CLUB NAME



MEDICAL FACILITY:

There will be qualified paramedics on duty for the duration of the event.

PROTESTS:

- Protests will only be accepted from Team managers, completed on a protest form with an R500 Protest Fee lodged with the ETD Table within 20 minutes (twenty) of the announcement of the disqualification.
- NO media footage or photos will be permitted.
- In case of a dispute, the referees' decision is final.

CATERING:

- Officials will be supplied with refreshments.
- Coaches will have access to beverages and refreshments in the coaches' tent.

VENDORS:

- There will be various food stalls.
- Swimming apparel will be on sale.

PARKING:

Security will be on duty in the parking lot for the duration of the gala. The school will charge R30/session for a parking space inside the school grounds you can pay at the entrance using SNAPSCAN, no cash will be accepted.

This will not be managed by WCA and is an initiative of the school, please be considerate to the school staff.

Officials will get free parking.

Please park only in the allocated areas.

**Please send enquiries via your Club Administrator to your District To
swimboard@wcapeaquatics.co.za**

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