

SA National OWS Championship 2023-PE - 08/03/2024 to 10/03/2024

Team Entries - All Events

Aquatics Gauteng Ekhuruleni-EK

| | | | | |
|----|---|------------|---------------------------------|------------|
| 1 | Baker, Benjamin - Male - Age: 15 - Ind/Rel: 1 / 0 | | | |
| | #4 Men 14&O 3000 Free 3000KM | 42:06.00 | | |
| 2 | Beling, Hayley - Female - Age: 16 - Ind/Rel: 1 / 0 | | | |
| | #9 Women 14&O 3000 Free 3000KM | 40:37.00 | | |
| 3 | Botes, Walter - Male - Age: 44 - Ind/Rel: 1 / 0 | | | |
| | #4 Men 14&O 3000 Free 3000KM | 46:53.00 | * | |
| 4 | Fouché, Matthew - Male - Age: 20 - Ind/Rel: 1 / 0 | | | |
| | #4 Men 14&O 3000 Free 3000KM | 42:53.00 | | |
| 5 | Lunt, Ethan - Male - Age: 17 - Ind/Rel: 1 / 0 | | | |
| | #4 Men 14&O 3000 Free 3000KM | 39:23.00 | | |
| 6 | Lunt, Taine - Male - Age: 18 - Ind/Rel: 2 / 0 | | | |
| | #4 Men 14&O 3000 Free 3000KM | 37:48.00 | #14 Men 14&O 5000 Free 5000KM | 1:06:36.00 |
| 7 | Meyer, Ricard - Male - Age: 17 - Ind/Rel: 2 / 0 | | | |
| | #4 Men 14&O 3000 Free 3000KM | 37:36.00 | #14 Men 14&O 5000 Free 5000KM | 1:08:55.00 |
| 8 | Nellmapius, Keegan - Male - Age: 18 - Ind/Rel: 1 / 0 | | | |
| | #4 Men 14&O 3000 Free 3000KM | 41:25.71 | | |
| 9 | Pretorius, Dandré - Male - Age: 20 - Ind/Rel: 1 / 0 | | | |
| | #4 Men 14&O 3000 Free 3000KM | 41:41.00 | | |
| 10 | Ramsay, Shane - Male - Age: 17 - Ind/Rel: 3 / 0 | | | |
| | #4 Men 14&O 3000 Free 3000KM | 37:09.63 | #7 Men 16-17 7500 Free 7.5KM | 1:39:05.00 |
| | #14 Men 14&O 5000 Free 5000KM | 1:02:51.17 | | |
| 11 | Sardinha, Jessica - Female - Age: 16 - Ind/Rel: 1 / 0 | | | |
| | #9 Women 14&O 3000 Free 3000KM | 42:37.00 | | |
| 12 | Stork, Kelly - Female - Age: 16 - Ind/Rel: 1 / 0 | | | |
| | #9 Women 14&O 3000 Free 3000KM | 40:12.00 | | |
| 13 | Valli, Farhah - Female - Age: 17 - Ind/Rel: 2 / 0 | | | |
| | #9 Women 14&O 3000 Free 3000KM | 42:44.00 | #12 Women 14&O 5000 Free 5000KM | 1:04:58.52 |
| 14 | van der Merwe, André - Male - Age: 53 - Ind/Rel: 1 / 0 | | | |
| | #4 Men 14&O 3000 Free 3000KM | 44:28.00 | | |
| 15 | Venter, Zuria - Female - Age: 14 - Ind/Rel: 1 / 0 | | | |
| | #9 Women 14&O 3000 Free 3000KM | 39:10.00 | | |

Aquatics Gauteng Ekhuruleni-EK Total Individual Entries: 20 - Total Relays: 0

SA National OWS Championship 2023-PE - 08/03/2024 to 10/03/2024

Team Entries - All Events

Aquatics Gauteng Johannesburg-JH

| | | | | |
|----|--|------------|---------------------------------|------------|
| 1 | Bloch, Dylan - Male - Age: 16 - Ind/Rel: 1 / 0 | | | |
| | #4 Men 14&O 3000 Free 3000KM | 41:05.00 | | |
| 2 | De Bruyn, Phoenix - Male - Age: 15 - Ind/Rel: 2 / 0 | | | |
| | #4 Men 14&O 3000 Free 3000KM | 40:03.00 | #14 Men 14&O 5000 Free 5000KM | 1:07:35.00 |
| 3 | De Goede, Yasmin - Female - Age: 20 - Ind/Rel: 1 / 0 | | | |
| | #9 Women 14&O 3000 Free 3000KM | 44:46.00 | | |
| 4 | Doubell, Cassidey Rae - Female - Age: 17 - Ind/Rel: 1 / 0 | | | |
| | #2 Women 16-17 7500 Free 7500km | 1:50:19.00 | | |
| 5 | Engelke, Ethan - Male - Age: 17 - Ind/Rel: 2 / 0 | | | |
| | #3 Men 14&O 1500 Free 1.5KM | 18:25.74 | #4 Men 14&O 3000 Free 3000KM | 37:15.00 |
| 6 | Hartigan, Ross - Male - Age: 26 - Ind/Rel: 1 / 0 | | | |
| | #4 Men 14&O 3000 Free 3000KM | 38:57.00 | | |
| 7 | Hyslop, Kirsty - Female - Age: 29 - Ind/Rel: 2 / 0 | | | |
| | #9 Women 14&O 3000 Free 3000KM | 43:19.00 | #12 Women 14&O 5000 Free 5000KM | 1:18:07.62 |
| 8 | Joubert, Chante - Female - Age: 18 - Ind/Rel: 1 / 0 | | | |
| | #9 Women 14&O 3000 Free 3000KM | 43:10.00 | | |
| 9 | Kassebaum, Clayton - Male - Age: 18 - Ind/Rel: 3 / 0 | | | |
| | #3 Men 14&O 1500 Free 1.5KM | 17:45.75 | #4 Men 14&O 3000 Free 3000KM | 37:45.00 |
| | #14 Men 14&O 5000 Free 5000KM | 1:08:04.00 | | |
| 10 | Kassebaum, Taylor - Female - Age: 14 - Ind/Rel: 3 / 0 | | | |
| | #8 Women 14&O 1500 Free 1.5 KM | 19:39.31 | #9 Women 14&O 3000 Free 3000KM | 39:18.00 |
| | #12 Women 14&O 5000 Free 5000KM | 1:12:14.00 | | |
| 11 | Kazimierczak, Jordainne - Female - Age: 22 - Ind/Rel: 1 / 0 | | | |
| | #9 Women 14&O 3000 Free 3000KM | 41:32.00 | | |
| 12 | Lauf, Tatum - Female - Age: 16 - Ind/Rel: 1 / 0 | | | |
| | #9 Women 14&O 3000 Free 3000KM | 44:28.00 | | |
| 13 | Lipp, Connor - Male - Age: 18 - Ind/Rel: 1 / 0 | | | |
| | #4 Men 14&O 3000 Free 3000KM | 39:16.00 | | |
| 14 | Marchi, Roberto - Male - Age: 28 - Ind/Rel: 1 / 0 | | | |
| | #4 Men 14&O 3000 Free 3000KM | 40:36.14 | | |
| 15 | Mladovan, Jordan - Male - Age: 17 - Ind/Rel: 1 / 0 | | | |
| | #4 Men 14&O 3000 Free 3000KM | 39:16.00 | | |
| 16 | Sinclair, Cassidy - Female - Age: 16 - Ind/Rel: 1 / 0 | | | |
| | #9 Women 14&O 3000 Free 3000KM | 41:59.00 | | |
| 17 | Smith, Gabriella - Female - Age: 16 - Ind/Rel: 1 / 0 | | | |
| | #9 Women 14&O 3000 Free 3000KM | 42:48.00 | | |
| 18 | Smith, Rachel - Female - Age: 18 - Ind/Rel: 2 / 0 | | | |
| | #8 Women 14&O 1500 Free 1.5 KM | 19:04.46 | #9 Women 14&O 3000 Free 3000KM | 40:14.00 |
| 19 | Thelejane, Tumelo - Female - Age: 19 - Ind/Rel: 2 / 0 | | | |
| | #9 Women 14&O 3000 Free 3000KM | 47:18.00 | #12 Women 14&O 5000 Free 5000KM | 1:08:47.01 |

SA National OWS Championship 2023-PE - 08/03/2024 to 10/03/2024**Team Entries - All Events**

Aquatics Gauteng Johannesburg-JH

20 van Schalkwyk, Corne - Female - Age: 18 - Ind/Rel: 3 / 0

#8 Women 14&O 1500 Free 1.5 KM

18:37.00

#9 Women 14&O 3000 Free 3000KM

37:53.00

#12 Women 14&O 5000 Free 5000KM

1:05:34.00

Aquatics Gauteng Johannesburg-JH Total Individual Entries: 31 - Total Relays: 0

SA National OWS Championship 2023-PE - 08/03/2024 to 10/03/2024

Team Entries - All Events

Aquatics Gauteng Tshwane-TS

| | | | |
|--|------------|---------------------------------|------------|
| 1 Albertyn, Connor - Male - Age: 20 - Ind/Rel: 3 / 0 | | | |
| #3 Men 14&O 1500 Free 1.5KM | 16:29.95 | #6 Men 14&O 10000 Free 10000KM | 2:04:15.00 |
| #14 Men 14&O 5000 Free 5000KM | 1:00:12.00 | | |
| 2 Albertyn, Gary - Male - Age: 55 - Ind/Rel: 2 / 0 | | | |
| #4 Men 14&O 3000 Free 3000KM | 40:28.00 | #14 Men 14&O 5000 Free 5000KM | 1:08:39.00 |
| 3 Albertyn, Megan - Female - Age: 51 - Ind/Rel: 1 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 51:51.00 | | |
| 4 Andraos, Hannah - Female - Age: 21 - Ind/Rel: 1 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 39:43.00 | | |
| 5 Andraos, Kirsty - Female - Age: 17 - Ind/Rel: 1 / 0 | | | |
| #2 Women 16-17 7500 Free 7500km | 1:46:47.12 | | |
| 6 Antonopoulos, Carli - Female - Age: 23 - Ind/Rel: 3 / 0 | | | |
| #1 Women 14&O 10000 Free 10000km | 2:12:48.00 | #8 Women 14&O 1500 Free 1.5 KM | 17:40.71 |
| #12 Women 14&O 5000 Free 5000KM | 1:02:22.00 | | |
| 7 Banks, Kiara - Female - Age: 16 - Ind/Rel: 2 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 41:58.00 | #12 Women 14&O 5000 Free 5000KM | 1:11:55.00 |
| 8 Bornman, Christiaan - Male - Age: 15 - Ind/Rel: 2 / 0 | | | |
| #4 Men 14&O 3000 Free 3000KM | 42:35.00 | #14 Men 14&O 5000 Free 5000KM | 1:10:13.00 |
| 9 Botes, Raine - Female - Age: 17 - Ind/Rel: 3 / 0 | | | |
| #8 Women 14&O 1500 Free 1.5 KM | 20:23.00 | #9 Women 14&O 3000 Free 3000KM | 40:41.00 |
| #12 Women 14&O 5000 Free 5000KM | 1:10:01.00 | | |
| 10 Breytenbach, Ruan - Male - Age: 22 - Ind/Rel: 4 / 0 | | | |
| #3 Men 14&O 1500 Free 1.5KM | 16:43.00 | #4 Men 14&O 3000 Free 3000KM | 32:47.00 |
| #6 Men 14&O 10000 Free 10000KM | 1:59:29.00 | #14 Men 14&O 5000 Free 5000KM | 1:00:07.00 |
| 11 Ciampi, Jayden - Male - Age: 14 - Ind/Rel: 1 / 0 | | | |
| #4 Men 14&O 3000 Free 3000KM | 45:41.00 | | |
| 12 Cowley, Robyn - Female - Age: 18 - Ind/Rel: 3 / 0 | | | |
| #8 Women 14&O 1500 Free 1.5 KM | 19:38.90 | #9 Women 14&O 3000 Free 3000KM | 39:20.00 |
| #12 Women 14&O 5000 Free 5000KM | 1:15:09.00 | | |
| 13 De Jager, Amica - Female - Age: 25 - Ind/Rel: 3 / 0 | | | |
| #1 Women 14&O 10000 Free 10000km | 2:09:01.50 | #8 Women 14&O 1500 Free 1.5 KM | 17:35.00 |
| #12 Women 14&O 5000 Free 5000KM | 1:00:23.00 | | |
| 14 Earle, Tory - Female - Age: 22 - Ind/Rel: 4 / 0 | | | |
| #1 Women 14&O 10000 Free 10000km | 2:08:09.00 | #8 Women 14&O 1500 Free 1.5 KM | 17:29.05 |
| #9 Women 14&O 3000 Free 3000KM | 34:04.00 | #12 Women 14&O 5000 Free 5000KM | 1:01:06.00 |
| 15 Hattingh, Dewald - Male - Age: 20 - Ind/Rel: 3 / 0 | | | |
| #3 Men 14&O 1500 Free 1.5KM | 19:48.00 | #4 Men 14&O 3000 Free 3000KM | 39:55.00 |
| #14 Men 14&O 5000 Free 5000KM | 1:08:53.00 | | |
| 16 Kleynhans, Jeandre - Male - Age: 19 - Ind/Rel: 2 / 0 | | | |
| #4 Men 14&O 3000 Free 3000KM | 37:10.00 | #14 Men 14&O 5000 Free 5000KM | 56:32.19 |
| 17 Kleynhans, Kayla - Female - Age: 15 - Ind/Rel: 2 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 43:26.00 | #12 Women 14&O 5000 Free 5000KM | 1:15:28.00 |
| 18 Kok, Carike - Female - Age: 19 - Ind/Rel: 1 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 45:05.00 | | |

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Team Entries - All Events

Aquatics Gauteng Tshwane-TS

19 Lötter, Callan - Female - Age: 18 - Ind/Rel: 3 / 0

| | | | |
|----------------------------------|------------|--------------------------------|----------|
| #1 Women 14&O 10000 Free 10000km | 2:08:40.00 | #8 Women 14&O 1500 Free 1.5 KM | 17:14.73 |
| #12 Women 14&O 5000 Free 5000KM | 1:02:22.39 | | |

20 Louw, Henre - Male - Age: 22 - Ind/Rel: 2 / 0

| | | | |
|--------------------------------|------------|-------------------------------|------------|
| #6 Men 14&O 10000 Free 10000KM | 2:01:13.00 | #14 Men 14&O 5000 Free 5000KM | 1:00:13.00 |
|--------------------------------|------------|-------------------------------|------------|

21 Manthe, Keila - Female - Age: 18 - Ind/Rel: 2 / 0

| | | | |
|--------------------------------|----------|---------------------------------|------------|
| #9 Women 14&O 3000 Free 3000KM | 41:09.00 | #12 Women 14&O 5000 Free 5000KM | 1:08:12.06 |
|--------------------------------|----------|---------------------------------|------------|

22 Myburgh, Karla - Female - Age: 16 - Ind/Rel: 2 / 0

| | | | |
|---------------------------------|------------|---------------------------------|------------|
| #2 Women 16-17 7500 Free 7500km | 1:38:30.00 | #12 Women 14&O 5000 Free 5000KM | 1:05:02.31 |
|---------------------------------|------------|---------------------------------|------------|

23 O'Connor, Jade - Female - Age: 15 - Ind/Rel: 1 / 0

| | | | |
|--------------------------------|----------|--|--|
| #9 Women 14&O 3000 Free 3000KM | 44:22.00 | | |
|--------------------------------|----------|--|--|

24 Pharoah, Taylor - Female - Age: 21 - Ind/Rel: 2 / 0

| | | | |
|----------------------------------|------------|--------------------------------|----------|
| #1 Women 14&O 10000 Free 10000km | 2:17:59.00 | #9 Women 14&O 3000 Free 3000KM | 40:47.83 |
|----------------------------------|------------|--------------------------------|----------|

25 Saayman, Liam - Male - Age: 16 - Ind/Rel: 4 / 0

| | | | |
|------------------------------|------------|-------------------------------|------------|
| #3 Men 14&O 1500 Free 1.5KM | 18:12.02 | #4 Men 14&O 3000 Free 3000KM | 38:46.84 |
| #7 Men 16-17 7500 Free 7.5KM | 1:42:45.00 | #14 Men 14&O 5000 Free 5000KM | 1:06:00.00 |

26 Shepherd, Megan - Female - Age: 21 - Ind/Rel: 3 / 0

| | | | |
|---------------------------------|------------|--------------------------------|----------|
| #8 Women 14&O 1500 Free 1.5 KM | 19:49.00 | #9 Women 14&O 3000 Free 3000KM | 39:41.00 |
| #12 Women 14&O 5000 Free 5000KM | 1:07:22.00 | | |

27 Trusler, Ingrid - Female - Age: 65 - Ind/Rel: 1 / 0

| | | | |
|--------------------------------|----------|--|--|
| #9 Women 14&O 3000 Free 3000KM | 45:30.00 | | |
|--------------------------------|----------|--|--|

28 Vd Linde, Sven - Male - Age: 19 - Ind/Rel: 2 / 0

| | | | |
|--------------------------------|------------|-------------------------------|----------|
| #6 Men 14&O 10000 Free 10000KM | 2:11:52.10 | #14 Men 14&O 5000 Free 5000KM | 53:32.08 |
|--------------------------------|------------|-------------------------------|----------|

29 Venter, Rossouw - Male - Age: 22 - Ind/Rel: 3 / 0

| | | | |
|-------------------------------|------------|--------------------------------|------------|
| #3 Men 14&O 1500 Free 1.5KM | 17:01.00 | #6 Men 14&O 10000 Free 10000KM | 2:01:19.00 |
| #14 Men 14&O 5000 Free 5000KM | 1:00:17.00 | | |

30 Von Wielligh, Reino - Male - Age: 31 - Ind/Rel: 4 / 0

| | | | |
|--------------------------------|------------|-------------------------------|------------|
| #3 Men 14&O 1500 Free 1.5KM | 16:47.44 | #4 Men 14&O 3000 Free 3000KM | 32:49.00 |
| #6 Men 14&O 10000 Free 10000KM | 2:05:52.00 | #14 Men 14&O 5000 Free 5000KM | 1:00:14.00 |

Aquatics Gauteng Tshwane-TS Total Individual Entries: 70 - Total Relays: 0

SA National OWS Championship 2023-PE - 08/03/2024 to 10/03/2024

Team Entries - All Events

Cardinal Aquatics-EK

1 Fouché, Nathan - Male - Age: 17 - Ind/Rel: 2 / 0

#4 Men 14&O 3000 Free 3000KM

40:22.00

#14 Men 14&O 5000 Free 5000KM

1:12:28.00

Cardinal Aquatics-EK Total Individual Entries: 2 - Total Relays: 0

SA National OWS Championship 2023-PE - 08/03/2024 to 10/03/2024

Team Entries - All Events

Eastern Cape Aquatics-BU

| | | | |
|---|------------|-----------------------------------|------------|
| 1 Beaton, Taryn - Female - Age: 43 - Ind/Rel: 1 / 0 | | | |
| #10 Women 3000 Free Multi Disability | 1:12:27.00 | | |
| 2 De Beer, Hendro - Male - Age: 15 - Ind/Rel: 3 / 0 | | | |
| #3 Men 14&O 1500 Free 1.5KM | 18:20.00 | #4 Men 14&O 3000 Free 3000KM | 41:48.49 |
| #14 Men 14&O 5000 Free 5000KM | 1:07:15.00 | | |
| 3 Delport, Milla - Female - Age: 16 - Ind/Rel: 2 / 0 | | | |
| #8 Women 14&O 1500 Free 1.5 KM | 22:40.00 | * #9 Women 14&O 3000 Free 3000KM | 45:31.00 |
| 4 Edge, Mark - Male - Age: 65 - Ind/Rel: 1 / 0 | | | |
| #4 Men 14&O 3000 Free 3000KM | 46:25.00 | | |
| 5 Finnis, Tiara - Female - Age: 18 - Ind/Rel: 2 / 0 | | | |
| #8 Women 14&O 1500 Free 1.5 KM | 10:05.38 | * #12 Women 14&O 5000 Free 5000KM | 1:09:41.00 |
| 6 Forsythe, Liam - Male - Age: 13 - Ind/Rel: 1 / 0 | | | |
| #4 Men 14&O 3000 Free 3000KM | 42:20.00 | | |
| 7 Frösler, Mikayla - Female - Age: 15 - Ind/Rel: 3 / 0 | | | |
| #8 Women 14&O 1500 Free 1.5 KM | 19:23.00 | #9 Women 14&O 3000 Free 3000KM | 46:38.92 |
| #12 Women 14&O 5000 Free 5000KM | 1:05:05.32 | | |
| 8 Gous, Morgan - Female - Age: 13 - Ind/Rel: 1 / 0 | | | |
| #10 Women 3000 Free Multi Disability | 41:33.00 | | |
| 9 Gous, Sienna - Female - Age: 14 - Ind/Rel: 3 / 0 | | | |
| #8 Women 14&O 1500 Free 1.5 KM | 17:06.00 | #9 Women 14&O 3000 Free 3000KM | 40:02.00 |
| #12 Women 14&O 5000 Free 5000KM | 1:09:04.00 | | |
| 10 Horne, Kaitlynne - Female - Age: 17 - Ind/Rel: 3 / 0 | | | |
| #2 Women 16-17 7500 Free 7500km | 1:36:10.00 | #8 Women 14&O 1500 Free 1.5 KM | 16:38.00 |
| #12 Women 14&O 5000 Free 5000KM | 1:02:10.00 | | |
| 11 Jacobs, Marony - Female - Age: 16 - Ind/Rel: 3 / 0 | | | |
| #2 Women 16-17 7500 Free 7500km | 1:36:02.00 | #8 Women 14&O 1500 Free 1.5 KM | 17:00.00 |
| #12 Women 14&O 5000 Free 5000KM | 59:06.97 | | |
| 12 Jacobs, Pierre-Daniel - Male - Age: 15 - Ind/Rel: 3 / 0 | | | |
| #3 Men 14&O 1500 Free 1.5KM | 16:42.00 | #4 Men 14&O 3000 Free 3000KM | 36:48.00 |
| #14 Men 14&O 5000 Free 5000KM | 1:01:58.00 | | |
| 13 Jones, Kellen - Male - Age: 14 - Ind/Rel: 3 / 0 | | | |
| #3 Men 14&O 1500 Free 1.5KM | 17:02.48 | #4 Men 14&O 3000 Free 3000KM | 36:43.00 |
| #14 Men 14&O 5000 Free 5000KM | 1:01:57.00 | | |
| 14 Pretorius, Nicholas - Male - Age: 15 - Ind/Rel: 2 / 0 | | | |
| #3 Men 14&O 1500 Free 1.5KM | 18:23.00 | #14 Men 14&O 5000 Free 5000KM | 1:05:47.00 |
| 15 Prime, Liam - Male - Age: 17 - Ind/Rel: 2 / 0 | | | |
| #3 Men 14&O 1500 Free 1.5KM | 18:51.21 | #4 Men 14&O 3000 Free 3000KM | 40:53.00 |
| 16 Rademakers, Caitlin - Female - Age: 19 - Ind/Rel: 3 / 0 | | | |
| #1 Women 14&O 10000 Free 10000km | 2:12:21.00 | #8 Women 14&O 1500 Free 1.5 KM | 9:50.86 |
| #12 Women 14&O 5000 Free 5000KM | 59:58.98 | | * |
| 17 Sakelliou, Ares - Male - Age: 18 - Ind/Rel: 2 / 0 | | | |
| #3 Men 14&O 1500 Free 1.5KM | 16:26.00 | #14 Men 14&O 5000 Free 5000KM | 1:02:23.62 |
| 18 Sheard, Dylan - Male - Age: 16 - Ind/Rel: 2 / 0 | | | |
| #3 Men 14&O 1500 Free 1.5KM | 19:36.00 | * #4 Men 14&O 3000 Free 3000KM | 39:54.00 |

SA National OWS Championship 2023-PE - 08/03/2024 to 10/03/2024**Team Entries - All Events**

Eastern Cape Aquatics-BU**19 Smit, Miela - Female - Age: 16 - Ind/Rel: 1 / 0**

#9 Women 14&O 3000 Free 3000KM 46:11.00

20 Swanepoel, Abigail - Female - Age: 20 - Ind/Rel: 3 / 0

#1 Women 14&O 10000 Free 10000km 2:21:40.00

#12 Women 14&O 5000 Free 5000KM 1:09:16.00

#8 Women 14&O 1500 Free 1.5 KM 18:58.78

21 Van Eeden, Alne - Female - Age: 17 - Ind/Rel: 2 / 0

#8 Women 14&O 1500 Free 1.5 KM 20:07.00

#9 Women 14&O 3000 Free 3000KM 40:23.00

Eastern Cape Aquatics-BU Total Individual Entries: 46 - Total Relays: 0

SA National OWS Championship 2023-PE - 08/03/2024 to 10/03/2024

Team Entries - All Events

Free State Aquatics-FS

1 Johns, Miche - Female - Age: 19 - Ind/Rel: 1 / 0

#12 Women 14&O 5000 Free 5000KM 1:08:08.59

2 Jordaan, Nanette - Female - Age: 17 - Ind/Rel: 1 / 0

#9 Women 14&O 3000 Free 3000KM 47:45.00

3 Kirsten, Gemma - Female - Age: 19 - Ind/Rel: 1 / 0

#9 Women 14&O 3000 Free 3000KM 48:26.81 *

4 Kruger, Lize-Marie - Female - Age: 15 - Ind/Rel: 1 / 0

#9 Women 14&O 3000 Free 3000KM 48:18.00

5 Oosthuizen, Monique - Female - Age: 17 - Ind/Rel: 1 / 0

#9 Women 14&O 3000 Free 3000KM 48:26.00 *

6 Van Rooyen, Michaela - Female - Age: 17 - Ind/Rel: 2 / 0

#9 Women 14&O 3000 Free 3000KM 48:51.00 #12 Women 14&O 5000 Free 5000KM 1:10:26.34

7 Whelan, Francis - Female - Age: 17 - Ind/Rel: 1 / 1

#9 Women 14&O 3000 Free 3000KM 46:04.00 #11 Mixed 4x150 Free Relay 4 x 1.5km Mix Relay NT

Free State Aquatics-FS Total Individual Entries: 8 - Total Relays: 0

SA National OWS Championship 2023-PE - 08/03/2024 to 10/03/2024

Team Entries - All Events

KwaZulu Natal-ET

| | | | |
|--|------------|---|------------------------------------|
| 1 Angel, Damien - Male - Age: 18 - Ind/Rel: 3 / 0 | | | |
| #3 Men 14&O 1500 Free 1.5KM | 39:14.00 | * | #6 Men 14&O 10000 Free 10000KM |
| #14 Men 14&O 5000 Free 5000KM | 1:00:21.47 | | 2:08:16.16 |
| 2 Ashley, Joshua - Male - Age: 21 - Ind/Rel: 2 / 0 | | | |
| #6 Men 14&O 10000 Free 10000KM | 2:00:46.16 | | #14 Men 14&O 5000 Free 5000KM |
| | | | 58:33.44 |
| 3 Borrageiro, Jake - Male - Age: 16 - Ind/Rel: 2 / 0 | | | |
| #3 Men 14&O 1500 Free 1.5KM | 17:42.39 | | #7 Men 16-17 7500 Free 7.5KM |
| | | | 1:45:08.00 * |
| 4 Borrageiro, Nirvana - Female - Age: 18 - Ind/Rel: 1 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 47:53.01 | | |
| 5 Bruce, Tayla - Female - Age: 18 - Ind/Rel: 3 / 0 | | | |
| #1 Women 14&O 10000 Free 10000km | 2:34:53.00 | | #8 Women 14&O 1500 Free 1.5 KM |
| #12 Women 14&O 5000 Free 5000KM | 1:08:19.76 | | 18:49.86 * |
| 6 Gander, Dylan - Male - Age: 17 - Ind/Rel: 1 / 0 | | | |
| #4 Men 14&O 3000 Free 3000KM | 44:24.00 | * | |
| 7 Henwood-Fox, Ben - Male - Age: 15 - Ind/Rel: 1 / 0 | | | |
| #4 Men 14&O 3000 Free 3000KM | 43:39.05 | | |
| 8 Henwood-Fox, Guy - Male - Age: 17 - Ind/Rel: 2 / 0 | | | |
| #4 Men 14&O 3000 Free 3000KM | 40:55.71 | | #14 Men 14&O 5000 Free 5000KM |
| | | | 1:18:03.00 |
| 9 Holton, Jaryd - Male - Age: 19 - Ind/Rel: 2 / 0 | | | |
| #4 Men 14&O 3000 Free 3000KM | 36:35.91 | | #14 Men 14&O 5000 Free 5000KM |
| | | | 1:02:49.43 |
| 10 Holton, Riley - Male - Age: 17 - Ind/Rel: 1 / 0 | | | |
| #4 Men 14&O 3000 Free 3000KM | 38:49.71 | | |
| 11 Joubert, Kailey - Female - Age: 15 - Ind/Rel: 2 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 44:16.00 | | #12 Women 14&O 5000 Free 5000KM |
| | | | 1:18:25.00 |
| 12 Joubert, Owen - Male - Age: 14 - Ind/Rel: 1 / 0 | | | |
| #4 Men 14&O 3000 Free 3000KM | 46:37.05 | * | |
| 13 Lally, Jenna-Mae - Female - Age: 16 - Ind/Rel: 2 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 45:40.04 | | #12 Women 14&O 5000 Free 5000KM |
| | | | 1:17:42.05 |
| 14 Meineke, Abigale - Female - Age: 17 - Ind/Rel: 1 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 47:46.00 | | |
| 15 Nel, Juan - Male - Age: 15 - Ind/Rel: 1 / 0 | | | |
| #14 Men 14&O 5000 Free 5000KM | 1:09:53.00 | | |
| 16 Olivier, Rebekah - Female - Age: 18 - Ind/Rel: 1 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 45:54.14 | | |
| 17 Putz, Aaron - Male - Age: 28 - Ind/Rel: 2 / 0 | | | |
| #5 Men 3000 Free Multi Disability | 50:11.00 | * | #15 Men 5000 Free Multi Disability |
| | | | 1:28:05.00 * |
| 18 Rabie, Dominique - Female - Age: 18 - Ind/Rel: 2 / 0 | | | |
| #8 Women 14&O 1500 Free 1.5 KM | 23:00.00 | * | #12 Women 14&O 5000 Free 5000KM |
| | | | 1:04:52.65 |
| 19 Searle, Liam - Male - Age: 18 - Ind/Rel: 3 / 0 | | | |
| #4 Men 14&O 3000 Free 3000KM | 36:39.91 | | #6 Men 14&O 10000 Free 10000KM |
| #14 Men 14&O 5000 Free 5000KM | 1:02:45.76 | | 2:17:55.00 |

SA National OWS Championship 2023-PE - 08/03/2024 to 10/03/2024

Team Entries - All Events

KwaZulu Natal-ET

20 Truter, Kate - Female - Age: 16 - Ind/Rel: 1 / 0

#9 Women 14&O 3000 Free 3000KM 46:55.01

KwaZulu Natal-ET Total Individual Entries: 34 - Total Relays: 0

SA National OWS Championship 2023-PE - 08/03/2024 to 10/03/2024**Team Entries - All Events****Mpumalanga Province-EZ**

| | | | |
|--|------------|-------------------------------|------------|
| 1 DE Villiers, Connor - Male - Age: 17 - Ind/Rel: 2 / 0 | | | |
| #4 Men 14&O 3000 Free 3000KM | 38:47.25 | #14 Men 14&O 5000 Free 5000KM | 1:08:33.81 |
| 2 Esterhuizen, Michele - Female - Age: 52 - Ind/Rel: 1 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 46:20.85 | | |
| 3 Friedenthal, Lucy - Female - Age: 18 - Ind/Rel: 1 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 47:10.06 | | |
| 4 Marshall, Tiffany - Female - Age: 17 - Ind/Rel: 1 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 47:00.00 | | |
| 5 Stoltz, Dylan - Male - Age: 17 - Ind/Rel: 1 / 0 | | | |
| #4 Men 14&O 3000 Free 3000KM | 41:19.00 | | |
| 6 Terblanche, Eben - Male - Age: 17 - Ind/Rel: 1 / 0 | | | |
| #4 Men 14&O 3000 Free 3000KM | 40:42.13 | | |
| 7 van der Merwe, Taniel - Female - Age: 17 - Ind/Rel: 1 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 52:57.53 * | | |
| 8 Zowitsky, Reece - Male - Age: 22 - Ind/Rel: 3 / 0 | | | |
| #3 Men 14&O 1500 Free 1.5KM | 16:53.75 * | #4 Men 14&O 3000 Free 3000KM | 35:57.83 |
| #14 Men 14&O 5000 Free 5000KM | 1:00:41.57 | | |

Mpumalanga Province-EZ Total Individual Entries: 11 - Total Relays: 0

SA National OWS Championship 2023-PE - 08/03/2024 to 10/03/2024**Team Entries - All Events**

Namibia Swimming**1 Seidler, Phillip - Male - Age: 26 - Ind/Rel: 2 / 0**

#6 Men 14&O 10000 Free 10000KM

1:54:04.20

#14 Men 14&O 5000 Free 5000KM

59.03

2 Steyn, Carissa - Female - Age: 17 - Ind/Rel: 1 / 0

#2 Women 16-17 7500 Free 7500km

59:13.70 *

Namibia Swimming Total Individual Entries: 3 - Total Relays: 0

SA National OWS Championship 2023-PE - 08/03/2024 to 10/03/2024

Team Entries - All Events

Northwest Swimming Federation

1 Bartleman, Janco - Male - Age: 15 - Ind/Rel: 1 / 0

#4 Men 14&O 3000 Free 3000KM 39:15.00 *

2 Bartleman, Wian - Male - Age: 15 - Ind/Rel: 1 / 1

#4 Men 14&O 3000 Free 3000KM 38:31.00 * #11 Mixed 4x150 Free Relay 4 x 1.5km Mix Relay NT

3 Bartleman, Ewald - Male - Age: 19 - Ind/Rel: 1 / 1

#4 Men 14&O 3000 Free 3000KM 37:01.00 #11 Mixed 4x150 Free Relay 4 x 1.5km Mix Relay NT

4 Humphries, Rachael - Female - Age: 22 - Ind/Rel: 3 / 1

#1 Women 14&O 10000 Free 10000km 2:24:07.00 #8 Women 14&O 1500 Free 1.5 KM 19:17.00

#9 Women 14&O 3000 Free 3000KM 40:20.00 #11 Mixed 4x150 Free Relay 4 x 1.5km Mix Relay NT

5 Rossiter, Caitlin - Female - Age: 14 - Ind/Rel: 1 / 1

#9 Women 14&O 3000 Free 3000KM 44:16.00 #11 Mixed 4x150 Free Relay 4 x 1.5km Mix Relay NT

Northwest Swimming Federation Total Individual Entries: 7 - Total Relays: 0

SA National OWS Championship 2023-PE - 08/03/2024 to 10/03/2024

Team Entries - All Events

Western Cape Aquatics-CP

| | | | |
|---|--------------|---------------------------------|------------|
| 1 Berry, Amber-Rose - Female - Age: 17 - Ind/Rel: 2 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 46:46.39 | #12 Women 14&O 5000 Free 5000KM | 1:16:34.55 |
| 2 Beukes, Wade - Male - Age: 17 - Ind/Rel: 3 / 0 | | | |
| #3 Men 14&O 1500 Free 1.5KM | 17:01.66 | #7 Men 16-17 7500 Free 7.5KM | 1:36:23.00 |
| #14 Men 14&O 5000 Free 5000KM | 53:55.58 | | |
| 3 Boonzaaier, Simon - Male - Age: 17 - Ind/Rel: 1 / 0 | | | |
| #4 Men 14&O 3000 Free 3000KM | 46:11.00 * | | |
| 4 Boshoff, Anneke - Female - Age: 52 - Ind/Rel: 1 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 45:06.00 | | |
| 5 Clayton, Antony - Male - Age: 17 - Ind/Rel: 2 / 0 | | | |
| #7 Men 16-17 7500 Free 7.5KM | 1:45:45.00 * | #14 Men 14&O 5000 Free 5000KM | 1:02:54.02 |
| 6 Cronjé, Miané - Female - Age: 13 - Ind/Rel: 1 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 52:15.00 | | |
| 7 Durandt, Sharli - Female - Age: 13 - Ind/Rel: 1 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 47:49.00 | | |
| 8 Ellis, Liam - Male - Age: 18 - Ind/Rel: 1 / 0 | | | |
| #6 Men 14&O 10000 Free 10000KM | 2:17:53.00 | | |
| 9 Evans, Caitlin - Female - Age: 14 - Ind/Rel: 2 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 42:04.00 | #12 Women 14&O 5000 Free 5000KM | 1:16:24.00 |
| 10 Hartung, Amy - Female - Age: 15 - Ind/Rel: 2 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 43:48.92 | #12 Women 14&O 5000 Free 5000KM | 1:15:03.00 |
| 11 Heyes, Danielle - Female - Age: 18 - Ind/Rel: 1 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 46:08.00 | | |
| 12 Heyes, Garrick - Male - Age: 16 - Ind/Rel: 2 / 0 | | | |
| #4 Men 14&O 3000 Free 3000KM | 41:45.05 | #14 Men 14&O 5000 Free 5000KM | 41:45.05 * |
| 13 Labuschagne, Michaela - Female - Age: 17 - Ind/Rel: 2 / 0 | | | |
| #1 Women 14&O 10000 Free 10000km | 2:29:13.00 | #12 Women 14&O 5000 Free 5000KM | 1:08:52.00 |
| 14 Langenhoven, Erin - Female - Age: 17 - Ind/Rel: 2 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 45:46.04 | #12 Women 14&O 5000 Free 5000KM | 1:14:51.80 |
| 15 Laubscher, Maya - Female - Age: 17 - Ind/Rel: 2 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 19:20.20 * | #12 Women 14&O 5000 Free 5000KM | 1:22:15.00 |
| 16 Louw, Anieka - Female - Age: 14 - Ind/Rel: 2 / 0 | | | |
| #9 Women 14&O 3000 Free 3000KM | 43:17.00 | #12 Women 14&O 5000 Free 5000KM | 1:20:00.00 |
| 17 McWilliam, Benn - Male - Age: 18 - Ind/Rel: 2 / 0 | | | |
| #6 Men 14&O 10000 Free 10000KM | 2:12:01.00 | #14 Men 14&O 5000 Free 5000KM | 1:01:25.00 |
| 18 McWilliam, Troy - Male - Age: 17 - Ind/Rel: 2 / 0 | | | |
| #7 Men 16-17 7500 Free 7.5KM | 1:42:35.00 | #14 Men 14&O 5000 Free 5000KM | 1:02:24.43 |
| 19 Micklethwaite, Tyler - Male - Age: 20 - Ind/Rel: 1 / 0 | | | |
| #4 Men 14&O 3000 Free 3000KM | 46:08.00 * | | |
| 20 Nefdt, Grant - Male - Age: 17 - Ind/Rel: 2 / 0 | | | |
| #3 Men 14&O 1500 Free 1.5KM | 9:45.21 * | #4 Men 14&O 3000 Free 3000KM | 9:45.21 * |
| 21 Neilson, Hannah - Female - Age: 19 - Ind/Rel: 2 / 0 | | | |
| #1 Women 14&O 10000 Free 10000km | 2:09:01.94 | #12 Women 14&O 5000 Free 5000KM | 1:02:13.00 |

SA National OWS Championship 2023-PE - 08/03/2024 to 10/03/2024

Team Entries - All Events

Western Cape Aquatics-CP

| | | | | | |
|----|---|------------|---|---------------------------------|------------|
| 22 | Nilsson, Rebecca - Female - Age: 13 - Ind/Rel: 1 / 0 | | | | |
| | #9 Women 14&O 3000 Free 3000KM | 46:13.00 | | | |
| 23 | Noble, Reese - Female - Age: 14 - Ind/Rel: 2 / 0 | | | | |
| | #9 Women 14&O 3000 Free 3000KM | 44:15.00 | * | #12 Women 14&O 5000 Free 5000KM | 1:21:57.00 |
| 24 | Petersen, Aiden - Male - Age: 23 - Ind/Rel: 2 / 0 | | | | |
| | #3 Men 14&O 1500 Free 1.5KM | 17:14.87 | | #14 Men 14&O 5000 Free 5000KM | 1:01:36.00 |
| 25 | Raimond, Marike - Female - Age: 15 - Ind/Rel: 1 / 0 | | | | |
| | #9 Women 14&O 3000 Free 3000KM | 51:46.00 | | | |
| 26 | Solomon, Ethan - Male - Age: 16 - Ind/Rel: 2 / 0 | | | | |
| | #3 Men 14&O 1500 Free 1.5KM | 17:46.05 | | #14 Men 14&O 5000 Free 5000KM | 1:05:10.10 |
| 27 | Swanepoel, Lulu - Female - Age: 13 - Ind/Rel: 1 / 0 | | | | |
| | #9 Women 14&O 3000 Free 3000KM | 45:53.00 | | | |
| 28 | Taljaard, Liané - Female - Age: 14 - Ind/Rel: 1 / 0 | | | | |
| | #9 Women 14&O 3000 Free 3000KM | 54:36.00 | | | |
| 29 | Terblanche, Luan - Male - Age: 16 - Ind/Rel: 2 / 0 | | | | |
| | #7 Men 16-17 7500 Free 7.5KM | 1:42:13.00 | | #14 Men 14&O 5000 Free 5000KM | 56:38.93 |
| 30 | Van Wyk, Wayne - Male - Age: 16 - Ind/Rel: 2 / 0 | | | | |
| | #4 Men 14&O 3000 Free 3000KM | 41:45.00 | | #14 Men 14&O 5000 Free 5000KM | 1:57:58.00 |
| 31 | Van Wyk, Wesley - Male - Age: 18 - Ind/Rel: 1 / 0 | | | | |
| | #3 Men 14&O 1500 Free 1.5KM | 44:21.00 | * | | |
| 32 | Verbeek, Wilmien - Female - Age: 16 - Ind/Rel: 2 / 0 | | | | |
| | #9 Women 14&O 3000 Free 3000KM | 46:01.17 | | #12 Women 14&O 5000 Free 5000KM | 1:22:10.00 |
| 33 | Viljoen, Jaden - Male - Age: 16 - Ind/Rel: 2 / 0 | | | | |
| | #4 Men 14&O 3000 Free 3000KM | 42:52.71 | | #14 Men 14&O 5000 Free 5000KM | 1:15:11.99 |
| 34 | Vorster, Josua - Male - Age: 19 - Ind/Rel: 1 / 0 | | | | |
| | #4 Men 14&O 3000 Free 3000KM | 42:02.00 | | | |

Western Cape Aquatics-CP Total Individual Entries: 56 - Total Relays: 0