



ANNUAL REPORT 2022|23

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President's Report

To the Exco of SSA, Affiliate Presidents, Swimming South Africa (SSA) sub-committee members a hearty welcome to the Annual General Meeting.

We are continuing to build our hopes, our dreams, our strategies and plans, all directed in making SSA a great national federation in the context of World Aquatics and our country, with exceptional podium performance.

Against the backdrop of a nation not seeing solutions to our economic and political challenges that many have perceived to have failed the nation in all areas of life, our performance on the continental and internally offers a silver lining with the world-class performance of our athletes. Our single biggest challenge, as a matter of fact, is that we retain corporate sponsorships to ensure our athletes are fully supported. Funding and sponsorship for sport and in particular our sport has seen a rapid decline over the last couple of years and we hope our performances will inspire the corporate world. Despite the lack of resources and our own limitations, the performance of SSA at every level has seen excellent improvement, especially at junior level. The National Lotteries Commission and the Department of Sport, Arts, Culture and Recreation remain our biggest funders and for this our deepest gratitude for partnering with SSA.

Reflecting on the past year, SSA in world swimming context is punching far above our weight with exceptional results at all levels, medal performances in our zonal and continental competitions are continuously improving. We are making a substantial contribution to raising the standard of all

disciplines across the continent. Podium performances at Junior worlds and World Short Course in Melbourne, World Long Course in Japan, World Cups, Africa Seniors, Commonwealth Senior and Junior events and Beach Games is testimony of our focus on our strategic imperatives and High-Performance Management Systems. The performance of our elite swimmers in Fukuoka, FISU Summer World University Games in China and Commonwealth Youth is a clear indication that our post Covid Catch-Up plan is coming together and Our Road Map to Paris 2024 remains highly competitive. Here are must give credit to all our coaches right from our junior ranks to our elite coaches across all our disciplines.

Our Chief Executives Operational Report will deal with some of the competitions our athletes participated at during the past year. I would like just to highlight some of our excellent performances focused on building depth in our system: Zone IV in Luanda, Angola, African Aquatics Seniors, World-Juniors, Commonwealth Youth, and World Short Course in Australia.

There is no doubt in my mind Artistic Swimming had a fantastic season participating on the world stage and a need to up the standard, organising themselves for improvement will simply augur well for the sport.

Open Water has seen an increased level of participation in the discipline with huge podium performance potential. Masters is no doubt becoming a shining star in our federation and a big thanks to the committee organising Masters.

"Swimming South Africa in world swimming context is punching far above our weight with exceptional results at all levels, medal performance in our zonal and continental competitions are continuously improving"

Water polo has most probably the most robust and active committee and they have taken women's water polo to the next level. However the overall sport has still too many self-serving interests that must receive the federations' attention. Polo is the discipline with the most commercial value that we must unearth in the next few seasons. Water polo does require full time operational management as it will bring efficiency and professionalism to the sport.





Where to with diving? The discipline has healthy participation at school level with transformation happening at a very good rate. There seems to be in excess of six thousand divers at school level that are simply not getting the recognition and attention they deserve. High performance management is necessary for diving and we need a collegiate effort in this regard.

We are extremely proud of all our athletes who spent many hours preparing; your dedication to achieve your goals has turned us into a world-class federation. Our contribution is to remain athlete-centric and support the coaches to the best of our ability. The outstanding performances of our athletes have received recognition at the highest level, and we express our gratitude to SASCOC, the Department of Sport, Arts, Culture and Recreation, as well as the National Lotteries Commission for their support across all nine provinces. High performance management remains one of our strategic pillars ensuring that we can continue to produce world-class talent. Our long-term vision is to have four Best in Class centres across the country and our strategy is unfolding well in this regard. The completion of the Franschoek Centre and arrangements with key universities to support our athlete scientific initiatives is fundamental to our success on the world stage.

SSA wants to ensure the government understands why we want to include swimming in the schooling curriculum. It is based in our belief that swimming is a life skill and in a

country with the high drowning statistics, the imperative of swimming at school level is even more important than ever before.

In addition to being a life skill, swimming has enormous health benefits for a nation beset with a very high burden of disease and contributing to the national department of health strategy of a healthy population. An active nation is a healthy nation and promoting the sport among our adult population can support the country's drive for a healthy nation. The biggest requirement here is facilities that are functional. There is close on seven thousand swim schools in the country that teach swimming at different levels., but too many still not registered with the federation. We must support swim schools and communicate to them the dangers of not being registered. It is important that we regulate swim schools as the risk is simply too high not to be regulated.

What lies ahead for us is to drive standards at all levels of our disciplines and we must remember that to compete for the sake of being a participant is not part of our DNA. An elite sport like our's demands continuous improvement in competing against the best. We need to address the integration into the school system with greater urgency and implement different levels of competition. Greater emphasis on schools and tertiary swimming will ensure greater supply of talent to the high-performance system. More high-

level participation for elite athletes, professionalisation of water polo, strengthening of committees and ultimately governance, collaboration with other federations across the world. All these elements and more appear in our strategy and business plan. The most disheartening aspect in our federation is personal conflict and undermining the authority and structures with SSA. This will not be tolerated, and the rules of the federation will apply. The message is simple: we want debate and criticism, we do not expect anyone to be yes men and women. Challenging policies and practices is part organisational development. Those who bring the organisation into disrepute and undermine the organisation will face the rulebook.

In the final analysis, we owe some gratitude to the many who work tirelessly to promote aquatic sport. To our parents who fund many tours, SSA is deeply indebted to you. SSA's

Executive Committee, the Office of the CEO, provincial, district and club officers your many hours of dedicated support is not unnoticed, technical officials, coaches and supporters, without you there is no swimming. Our funders DSAC, the Lotteries Commission thank you for a partnership and seeing our long-term vision, the SABC for continued support in taking the sport to all corners of our country and the support from SASCOC are highly appreciated.



Alan A Fritz
President
Swimming South Africa





Chief Executive Officer's Report

For the year under review, as with most other activities, Swimming South Africa was on the recovery from the worldwide COVID-19. Major international competitions was resumed and as a result the international competition programme were extremely compact to accommodate rescheduled events.

MASS PARTICIPATION AND EDUCATION

These programmes resumed noting though to a limited extent as most municipal facilities were still closed in target communities following impact on budgets from the pandemic.

As with other activities Education and Training activities were also affected with a reduced number of training courses taking place.

COMPETITIONS & HIGH PERFORMANCE

DOMESTIC COMPETITIONS

Our domestic competition resumed to our normal calendar with all events hosted inclusive of Age Group and Senior National Competitions.

A key area for consideration going forward is to review the presentation of our National, Regional and Provincial Competitions to ensure a standardised, effective and attractive format for participants and spectators

CONTINENTAL AND INTERNATIONAL COMPETITIONS

The resumption of Major International events allowed our athletes to compete in regional events such as the AUSC Region 5 Games in Malawi and the CANA Zone IV Championships in Angola as well as the continental Senior and Junior Africa Swimming Championships in Tunisia.


Our Swimming athletes made us proud with exceptional performance at events such as the Para Swimming World Championships in Madeira, FINA World Championships in Budapest, Commonwealth Games in Birmingham and World Short Course Championships in Melbourne.

GOVERNANCE & ORGANISATIONAL DEVELOPMENT

Governance and compliance are key pillars of the organisation, and it is important that all Committees and Affiliates ensure that they are compliant with the policies and procedures of the organisation and statutory requirements. This will ensure that we are able to provide accountable feedback to our primary stakeholders and access support from public agencies.

TRANSFORMATION

The feedback from the Eminent Persons Group (EPG) required us to review our targets and review the quality of data received from provinces for submission of our reports to the secretariat. There has been an improvement in our data received from affiliates with our next step to include target setting for provinces.



"Our Swimming athletes made us proud with exceptional performance at events such as the Para Swimming World Championships in Madeira, FINA World Championships in Budapest, Commonwealth Games in Birmingham and World Short Course Championships in Melbourne."

It is important that all stakeholders collectively work on transformation and we encourage affiliates to engage with their districts and clubs to ensure we give effect to our objectives for transformation.

CONCLUSION

In the 2022 – 2023 year we have been fortunate to receive substantial support from the National Lotteries Commission and in particular additional support from the Ministry of Sport, Arts and Culture. In addition, we received support SASCOC and Arena, which have greatly assisted us to sustain our activities.

A special thank you to our general membership, our Affiliate Presidents, Committee Convenors, Staff, SSA Executive Committee and the SSA President whose support have ensured a successful year under difficult circumstances.



S. L. Adriaanse
Chief Executive Officer



i. Mass Participation



The Mass Participation Programme (MPP) is responsible for achieving the strategic objective of “broadening the base of aquatics”, as set out in the 2021-2024 strategic plan. During the reporting period, the department has been responsible for several programmes and projects including water safety education, Learn to Swim, club development, rural splash and capacity building.

The resumption of our normal aquatics calendar is facing various challenges, especially facilities that was neglected, badly maintained, or simply vandalised to such an extent that the facility is uneconomical to repair. The building of new facilities in an integrated manner would service communities better. As a result our numbers continue to drop and we were unable to achieve the set target for the season.

Half of the facilities in previously disadvantaged areas, if not all, have not been operational since the National Lockdown. The universal reason given by municipalities is that the National Lockdown has necessitated budget cutbacks and that they are unable to open township pools. Meanwhile, swimming pools in white suburbs are fully operational. On the other hand, municipalities are continuing to build facilities without engaging with the National Federation responsible for aquatic activities.

The season has been perplexing as we faced various challenges and saw an increase in drownings. This was due to adverse weather conditions (heavy rain falls) across the country, particularly in KwaZulu-Natal, Eastern Cape and Limpopo. This further accentuates the importance of Water Safety Education, as well as Swimming Lessons.

We have identified a number of processes that that need to be addressed with Affiliates, as well as the need for bi-annual meetings. The meetings will address strategy and administrative details that will fast-track reporting and refunds. A number of affiliates work in isolation from head office, creating challenges that sets the programme back.

Driven by our strategic focus to build an “active and winning nation”, the MPP unit has assertively concentrated on supporting the delivery of Talent Identity Development, fostering transformation in our sport and recreation. We aim to develop talented athletes by providing them with opportunities to excel in high performance and ultimately achieve success in the international arena. “Swimming from the most rural area to Olympics” and working together will help swimming grow beyond measures, particularly in African communities.

LEARN TO SWIM

The programme focuses on children and adults in previously disadvantaged areas and teaches water safety, water orientation and survival skills, in addition to basic stroke development.

The programme suffered a set-back as most municipal pools nationally were closed for maintenance, without any prior notice. This severely affected the programme, as well as relationships with various participating schools.

Recreational galas were held to assess the swimming skills of learners who were attending swimming lessons.



1. UMLAZI LEARN TO SWIM

The pool has been closed since 2019. This has taken a toll in the development we have done with the surrounding schools. Although they have secured an alternative training venue, they can only train for two days a week. This is not enough to propel swimmers towards high performance or any of the other elite programmes.

CLUB DEVELOPMENT

The club development programme is geared towards the establishment of new clubs, as well as to support and strengthen existing clubs within previously disadvantaged communities, gearing them for high performance participation.

Schools are a critical component in our overall development strategy. MMP plans to provide substantial feedback in the next reporting period on activities within disadvantaged schools' inter-house galas. We have managed to activate Mpumalnga, KwaZulu-Natal and the Western Cape to run inter-schools galas:

1. Mbombela Municipality
2. Umlazi Sharks
3. Cape Town City Metro Aquatics

Five clubs are currently benefiting from this programme:

1. Paarl Aquarius (WPA)
2. Umlazi Sharks Swimming Club (KZN)
3. White River Primary
4. Nelspruit Curro
5. Penryn College Nelspruit

Season achievement table:

CLUB	LEVEL 0	LEVEL 1	LEVEL 2	LEVEL 3	SA SCHOOLS	NATIONALS	OPEN WATER
Paarl	42	27	8	7	3	5	2
Umlazi	18	29	5	3	2	0	0
Curro Nelspruit	97	21	0	0	0	0	0
White River	87	13	0	0	0	0	0
Penryn College	81	23	0	0	0	0	0
	325	113	13	10	5	5	2



HOLIDAY PROGRAMME

The programme took place between 15 and 22 December 2022 focusing on the Western Cape, Mpumalanga, Northwest, Gauteng, Free State and KwaZulu-Natal. Splash programmes were conducted where emphasis was placed upon the importance of water safety i.e., ocean splash, pool splash and splash polo.

OCEAN SPLASH

The main focus was to ensure the maximum impact of the programme over the holiday period and that children visiting the beach should have a safe, fun experience while learning safety and acquiring vital life skills.

Numbers of swimmers per province:

PROVINCE	CITY	SITE	TOTAL NUMBER
Western Cape	Cape Town	Macassar Beach	332
Eastern Cape	East London	Eastern Beach	287

POOL SPLASH

Emphasis was placed upon municipal swimming pools to create aquatic awareness and to identify possible talent to increase the pool of swimmers at local clubs. Children acquired vital life skills while enjoying themselves at the various swimming pools.

Great interest was shown by both the children who participated in the activities and their parents who supported them. Different activities were conducted daily including water safety, introduction to water for beginners, stroke corrections and splash polo, as well as an introduction to synchronised swimming.

PROVINCE	CITY	SITE	TOTAL
KwaZulu-Natal	Port Shepstone	St Michael at Sea	612
	eThekweni	Umgababa	400
Mpumalanga	Nelspruit	Gym Pool	262
Gauteng	Tshwane	Mamelodi East	264
North West	Bojanala	Pella	125
Eastern Cape	East London	Parkside Pool	350
Free State	Trompsburg	Xhariep	186
Western Cape	Cape Town	Retreat Pool	487
		Bellville Pool	372
		Hanover Park Pool	511
		Blue Down	419



ii. Competitions, Disciplines & **High Performance**

Domestic Competitions

GRAND PRIX

The SSA Grand Prix consisted of two meets, Nelspruit and Durban. Swimmers from the senior squad were invited to attend these competitions and selected swimmers received funding to participate.

The first one was held in Nelspruit, in conjunction with the annual training camp held there in the first week of January.

The second one was held in Durban and proved once again, to be very successful, with swimmers achieving good times. This competition was approved by World Aquatics.

A CANA Grand Prix and training camp was held in Nelspruit at the end of January.

AGE GROUP

LEVEL 3 AND LEVEL 2

Venues for these levels have been established for the next three years on a rotational basis. All the levels were well attended. The Gauteng, Limpopo, Mpumalanga and North West remain the largest entry and Level 2 in the Gauteng Region, requires an extra day to allow for all the heats to be completed.

S A NATIONAL JUNIOR CHAMPIONSHIPS

KwaZulu-Natal hosted this National Championships very successfully. It was well attended.

S A NATIONAL CHAMPIONSHIPS: NEWTON PARK, QQBERGHA, 12 – 17 APRIL 2023

This was a ratified World Aquatics qualifying event for the World Championships held in Fukuoka, Japan. NMBA hosted a very successful championships, making every effort to accommodate the needs of all participants.

S A NATIONAL OPEN WATER SWIMMING CHAMPIONSHIPS, 8 – 10 MARCH 2023

These Championships were hosted by NMBA at the Marina Martinique venue, in Jeffery's Bay. Once again the organization was very efficient.



S A NATIONAL DIVING CHAMPIONSHIPS: 11 – 14 APRIL (DURBAN)

S A National Artistic Swimming Championships – The championships took place in Cape Town 3–5 April. This competition was well organized, however the numbers remain low.

S A NATIONAL WATER POLO – MARCH

The championships took place at the Joan Harrison Pool in Buffalo City. The Local Organising Committee (LOC) were very efficient and did a good job, there was also good communication between the LOC and SSA. Registration of players and teams by the due date, have improved, some provinces have almost reached 100%. SSA still has to adjust to players playing for Clubs and not representing their Affiliate. This makes checking registrations difficult. Some of the costs budgeted in organizing the championships, should be re-evaluated.

Technical Officials – The education and mentoring of Technical Officials in all disciplines is ongoing. Training Manuals must be reviewed to ensure that the information is current.

International & Continental **Competitions**

CANA AFRICAN SWIMMING AND OPEN WATER SWIMMING CHAMPIONSHIPS

These were held in Tunis, Tunisia 2022. South Africa performed well. The Female Team score Gold medals for all events, except three.

AUSC U/20 GAMES – LILONGWE, MALAWI DECEMBER 2022

The South African swimmers achieved good results, under very challenging circumstances. The four day program was revised due to the logistic challenges, the pool construction was not fully completed by the due date.

ZONE 4 – LUANDA, ANGLO 4 – 8 MAY 2023

South Africa participated successfully in the Swimming, Open Water Swimming Competitions.

INTERNATIONAL MEETS

FINA WORLD SHORT COURSE IN MELBOURNE, AUSTRALIA DECEMBER 2022

South Africa was well represented and the some performed well.

FINA WORLD CHAMPIONSHIPS – FUKUOKA, JAPAN JULY 2023

These championships were held back-to-back with the University Games, Chengdu, China. This resulted in many of the selected swimmers opting to participate in China, as this tour was fully funded.



High Performance

INTERNATIONAL EVENTS

WORLD PARA SWIMMING CHAMPIONSHIPS – MADEIRA

Our top Para-athletes attended this event from the 12th to the 18th of June 2022, and we had great results:

Christian Sadie – silver medal in 100m breaststroke

Kat Swanepoel – silver medal in the 150m Individual Medley (IM) as well as bronze medal in 50m backstroke

Cornel Leach – bronze medal in the 100m breaststroke

WORLD CHAMPS 2022

This competition was held in Budapest from the 25 June until 3 July 2022.

Many of our top swimmers opted not to swim at these championships, in preparation for Commonwealth Games, but we saw the emergence of 18-year Lara van Niekerk on the world stage, who won the bronze medal in the 50m breaststroke.

COMMONWEALTH GAMES 2022

The highlight of the 2022 / 2023 season was the Commonwealth Games that were held in Birmingham, UK, from the 29th of July to the 3rd of August 2023.

Swimming South Africa has a very proud history of performance at the Commonwealth Games Championships. The Birmingham 2023 Commonwealth Games was no exception. With the Swimming and Para-Swimming team winning a total of 11 medals at these championships. Highlighting the team's performances were seasoned campaigners Chad le Clos winning a silver medal in the 200m Butterfly and Tatjana Schoenmaker winning a gold in the 200m Breaststroke and silver in the 100m Breaststroke.

The most positive performances came from the new kids on the block: Lara van Niekerk winning gold in both the 50m and 100m Breaststroke, and Pieter Coetze winning gold in the 100m Backstroke, silver in the 50m Backstroke and bronze in the 200m Backstroke.

Christian Sadie kept the Para-flag flying for South Africa with a bronze medal in the 50m Freestyle.



Please find medal table below:

Erin Gallagher	50 Fly	Silver
Lara van Niekerk	50 Breast	Gold
Lara van Niekerk	100 Breast	Gold
Tatjana Schoenmaker	100 Breast	Silver
Tatjana Schoenmaker	200 Breast	Gold
Kaylene Corbett	200 Breast	Bronze
Pieter Coetze	50 Back	Silver
Pieter Coetze	100 Back	Gold
Pieter Coetze	200 Back	Bronze
Chad le Clos	200 Fly	Silver
Christian Sadie	Men S7 50 Free	Bronze

WORLD SHORT COURSE CHAMPS - MELBOURNE - DEC 2022

South Africa's swimming yet again showed its prowess at World Short Course Champs in Melbourne, by placing 5th overall on the medal count.

Our medalists were:

- Chad le Clos - 2 gold medals
- Matt Sates - 1 gold & 1 bronze medal
- Lara van Niekerk - 1 silver medal

Other notable performances were Caitlin de Lange going through to semi-finals, while Rebecca Meder and Pieter Coetzer made finals, finishing just outside medalling.

CANA EVENTS

REGION V GAMES - MALAWI – 4TH TO 7TH DEC 2022

SASCOC sent a large swimming team to the Region V games in Malawi. After a rocky start where the competition was delayed for a day due to facility issues, the swimming got under way.

With a great management team, the swimmers excelled with South Africa placing first with 114 points, Zimbabwe second and Angola third.

LOCAL EVENTS

GRAND PRIX / TRAINING CAMP – NELSPRUIT – 4TH TO 7TH JAN 2023

Swimming South Africa supported Women's swimming by sending 30+ women, with the majority being our top transformation swimmers, to train and compete at the Nelspruit Grand Prix in January 2023.

The camp was a huge success, with accommodation, food and training going exceptionally well. The swimming was guided by head coach Graham Hill, and all swimmers and coaches had valuable insight into high performance training. Mpumalanga hosted an excellent competition getting all the swimmers back into racing early in the year.

CANA CAMP - NELSPRUIT – 22ND TO 29TH JAN 2023

Thanks to Jace Naidoo and all his efforts, Swimming South Africa managed to host an extremely successful camp in Nelspruit. We had approximately 65 swimmers and 15 coaches from many countries in Africa, which included our neighbors and North-African countries like Tunisia and Morocco.

It was amazing to see the strength of Africa's swimming and how quickly swimming in Africa is progressing.

The camp culminated with a competition on Saturday, 28th of Jan 2023.

South Africa was dominant on the women's side, while Tunisia and Morocco dominated the men's swimming.



iii. Education & **Training**



While dark clouds hang over the economy, sport, just like any other fraternity has been affected. Many coaches and instructors are focusing on rebuilding their businesses while some have been forced to start from after they lost everything during the COVID-19 pandemic. The biggest challenge has been loss of income and the inability to hold workshops for the growth and development of their members which is a necessary registration requirement. On the other hand, a variety of online opportunities have surfaced and that has enabled members to access workshops from within the comfort of their own homes. SSA has also secured services of some Non-profit organisations (NPO's) to run generic workshops that would benefit coaches and instructors.

The SSA has always supported training programs organized by federations, usually by coordinating courses to address the federation's transformation objectives. The other reason is that the previously disadvantaged often cannot afford the course costs and some provinces are not keen to provide assistance. SSA coordinated an LTS and a Level 1 coaching course which targeted previously disadvantaged members. The group responsible for the Level 1 coaching have all submitted their files for accreditation. They were all partnered with a senior coach in their districts for support and mentoring. Progress in the LTS group has been less proactive and most of them have not been able to log hours, but the SSA is committed to provide support until they are certified.

To address transformation challenges SSA roped in Sean Moodley who was the Chief Executive Officer (CEO) of the Desmond Diversity Trust and the Antiracism Manager of the Ahmed Kathrada Foundation. His role is to unpack the atrocities that were created by apartheid and how aquatics can make a difference. The SSA's Safeguarding Policy was finalized and the training of safeguarding officers commenced in October 2022.

SSA also coordinated two club administration courses to help develop and empower township swim schools and clubs. The training was virtual, two hours a week for 16 weeks and the course was an eye-opener for the clubs and equipped them with the necessary skills and tools to run successful swim schools and clubs.

Affiliates continued to coordinate courses especially for LTS and there has been a demand from individuals that are in the outskirts of where courses are usually held and that is why it has become imperative for SSA to provide an online option.

The Online Level 1 coaching provided by DQS has been picking up momentum and to date there is a total of 22 candidates that have completed the course. There has been a learning curve and the team went back to the drawing board to review some of the systems to ensure that the training is of the best quality.

The lessons learned will enable the SSA to be better prepared for the handling of LTS course, which has always been the main attraction. The Todswim course was immensely affected by the COVID-19 pandemic and more concentrated effort is needed to get all affiliates to create a demand for the course.

Affiliates continue to run officiating courses with facilitators that have not been endorsed by the SSA, most of them are using outdated material which compromises the quality of officiating. World Aquatics reviewed the officiating rules and that derailed the process of rolling out the new officiating material.

World Aquatics afforded the SSA the opportunity to host the Artistic Swimming Certification Course for Officials, the Open Water Swimming Certification School for Officials and the Waterpolo Certification School for referees, all of which were very successful.

TOPICS	TOTAL NO OF PARTICIPANTS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLOURED MALE	TOTAL MALES	TOTAL FEMALES
Learn To Swim Course	12	0	11	0	0	0	0	12
Team Managers Course	23	7	10	0	0	3	11	12
Basic Club Administration	32	8	8	0	0	8	16	16
Advanced Club Administration	28	6	7	0	0	8	15	13
Coaching Level 1	21	5	7	0	0	4	10	11
Social Cohesion	22	1	5	3	1	9	13	9
Safeguarding	22	0	3	9	7	0	10	12
Asthma World Day workshop	166	2	10	24	112	8	34	132

LEARN-TO-SWIM COURSES												
	TOTAL NO	TOTAL PARTICIPANTS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLOURED MALE	COLOURED FEMALE	INDIAN MALE	INDIAN FEMALE	TOTAL MALES	TOTAL FEMALES
CGA	4	53	2	5	7	31	5	2	1	0	15	38
EGA/ NMBA	2	19	0	1	4	11	2	1	0	0	6	13
ECA / BCA	1	12	0	1	3	7	0	0	0	1	3	9
FSA	3	26	3	3	3	17	0	0	0	0	6	20
EGA	4	41	3	5	9	23	0	0	0	1	12	29
KZNA	5	129	35	20	10	56	5	1	1	1	51	78
LIM	1	4	0	1	0	3	0	0	0	0	0	4
MPA	1	8	1	4	2	1	0	0	0	0	3	5
NTS	3	42	1	6	7	25	2	1	0	0	10	32
NWS	2	29	6	3	5	14	0	0	1	0	12	17
WCA	1	23	1	1	0	11	5	5	0	0	6	17
SWD	1	3	0	0	0	3	0	0	0	0	0	3
NCA	2	12	0	0	2	10	0	0	0	0	2	10

LTS COURSES NATIONAL SUMMARY												
NO OF COURSES DONE	TOTAL PARTICIPANTS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLOURED MALE	COLOURED FEMALE	INDIAN MALE	INDIAN FEMALE	TOTAL MALES	TOTAL FEMALES	
30	401	52	50	52	212	19	10	3	3	126	275	

AFFILIATE TODSWIM												
NO OF COURSES DONE	TOTAL PARTICIPANTS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLOURED MALE	COLOURED FEMALE	INDIAN MALE	INDIAN FEMALE	TOTAL MALES	TOTAL FEMALES	
1	9	0	1	0	7	0	1	0	0	0	9	

COACHING LEVEL 1												
	NO OF COURSES DONE	TOTAL PARTICIPANTS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLOURED MALE	COLOURED FEMALE	INDIAN MALE	INDIAN FEMALE	TOTAL MALES	TOTAL FEMALES
CGA	2	17	1	0	7	3	2	0	3	1	13	4
ECA / NMBA	1	15	2	0	5	6	1	1	0	0	7	8
EGA	0	0	0	0	0	0	0	0	0	0	0	0
MPA	0	0	0	0	0	0	0	0	0	0	0	0
NTS	1	12	0	0	8	4	0	0	0	0	8	4
SSA	1	21	5	7	0	0	4	3	1	1	10	11
WCA	0	0	0	0	0	0	0	0	0	0	0	0

COACHING LEVEL 1 NATIONAL SUMMARY												
NO OF COURSES DONE	TOTAL PARTICIPANTS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLOURED MALE	COLOURED FEMALE	INDIAN MALE	INDIAN FEMALE	TOTAL MALES	TOTAL FEMALES	
5	65	8	7	20	13	7	4	4	2	38	27	

LTS QUALITY ASSURANCE											
	TOTAL APPLICATIONS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLOURED MALE	COLOURED FEMALE	INDIAN MALE	INDIAN FEMALE	ASIAN MALE	TOTAL FEMALES
CGA	3	0	0	0	3	0	0	0	0	0	3
ECA	0	0	0	0	0	0	0	0	0	0	0
EGA	3	0	0	0	3	0	0	0	0	0	3
FSA	0	0	0	0	0	0	0	0	0	0	0
KZNA	2	1	0	0	1	0	0	0	0	0	1
LIM	0	0	0	0	0	0	0	0	0	0	0
MPA	0	0	0	0	0	0	0	0	0	0	0
NCA	0	0	0	0	0	0	0	0	0	0	0
NTS	1	0	0	0	1	0	0	0	0	0	1
NWS	0	0	0	0	0	0	0	0	0	0	0

LTS QUALITY ASSURANCE SUMMARY											
TOTAL NATIONAL APPLICATIONS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLOURED MALE	COLOURED FEMALE	INDIAN MALE	INDIAN FEMALE	ASIAN MALE	TOTAL FEMALES	
9	1	0	0	8	0	0	0	0	0	8	

LTS RENEWALS											
	TOTAL APPLICATIONS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLOURED MALE	COLOURED FEMALE	INDIAN MALE	INDIAN FEMALE	ASIAN MALE	TOTAL FEMALES
EGA	2	1	0	0	1	0	0	0	0	0	2

COACHING LEVEL 1 QUALITY ASSURANCE											
	TOTAL APPLICATIONS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLOURED MALE	COLOURED FEMALE	INDIAN MALE	INDIAN FEMALE	ASIAN MALE	TOTAL FEMALES
CGA	2	0	0	2	0	0	0	0	0	0	0
EGA	5	1	0	1	3	0	0	0	0	0	3

COACHING LEVEL 1 QUALITY ASSURANCE SUMMARY											
TOTAL NATIONAL APPLICATIONS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLOURED MALE	COLOURED FEMALE	INDIAN MALE	INDIAN FEMALE	ASIAN MALE	TOTAL FEMALES	
7	1	0	3	3	0	0	0	0	0	3	

TIMEKEEPING COURSES

AFFILIATE	NO OF COURSES DONE	TOTAL PARTS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLORED MALE	COLORED FEMALE	INDIAN MALE	INDIAN FEMALE	ASIAN MALE	ASIAN FEMALE	NON-SOUTH AFRICAN MALE	NON-SOUTH AFRICAN FEMALE	TOTAL MALES	TOTAL FEMALES
CGA	1	57	4	1	14	26	2	3	2	3	0	2	0	0	22	35
ECA/NMBA	1	22	2	0	4	11	0	4	0	0	0	1	0	0	6	16
FSA	2	42	1	2	9	30	0	0	0	0	0	0	0	0	10	32
EGA	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
KZNA	4	274	19	50	56	108	5	12	5	19	0	0	0	0	85	189
LIM	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
MPA	5	41	3	3	8	26	0	0	1	0	0	0	0	0	12	29
NTS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
WCA/CTMA	2	35	0	1	5	10	6	13	0	0	0	0	0	0	11	24
NWS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
WCA	1	32	2	1	4	13	4	7	1	0	0	0	0	0	11	21
NCA	1	6	0	1	2	3	0	0	0	0	0	0	0	0	2	4

TIMEKEEPING COURSES NATIONAL SUMMARY

NO OF COURSES DONE	TOTAL PARTS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLORED MALE	COLORED FEMALE	INDIAN MALE	INDIAN FEMALE	ASIAN MALE	ASIAN FEMALE	NON-SOUTH AFRICAN MALE	NON-SOUTH AFRICAN FEMALE	TOTAL MALES	TOTAL FEMALES
17	509	31	59	102	227	17	39	9	22	0	3	0	0	159	350

TECHNICAL OFFICIALS: JUDGES COURSES

AFFILIATE	NO OF COURSES DONE	TOTAL PARTS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLORED MALE	COLORED FEMALE	INDIAN MALE	INDIAN FEMALE	ASIAN MALE	ASIAN FEMALE	NON-SOUTH AFRICAN MALE	NON-SOUTH AFRICAN FEMALE	TOTAL MALES	TOTAL FEMALES
CGA	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ECA/NMBA	1	7	0	0	4	0	1	2	0	0	0	0	0	0	5	2
FSA	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
EGA	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
KZNA	3	99	2	4	23	63	1	2	1	3	0	0	0	0	27	72
LIM	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
MPA	1	5	0	0	1	4	0	0	0	0	0	0	0	0	1	4
NTS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
WCA/CTMA	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
NWS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
WCA	1	15	0	0	4	9	2	0	0	0	0	0	0	0	6	9
NCA	1	2	0	0	1	1	0	0	0	0	0	0	0	0	1	1

JUDGES COURSES NATIONAL SUMMARY

NO OF COURSES DONE	TOTAL PARTS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLORED MALE	COLORED FEMALE	INDIAN MALE	INDIAN FEMALE	ASIAN MALE	ASIAN FEMALE	NON-SOUTH AFRICAN MALE	NON-SOUTH AFRICAN FEMALE	TOTAL MALES	TOTAL FEMALES
7	128	2	4	33	77	4	4	1	3	0	0	0	0	40	88

TECHNICAL OFFICIALS: STARTERS LEVEL 1 COURSES

AFFILIATE	NO OF COURSES DONE	TOTAL PARTS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLORED MALE	COLORED FEMALE	INDIAN MALE	INDIAN FEMALE	ASIAN MALE	ASIAN FEMALE	NON-SOUTH AFRICAN MALE	NON-SOUTH AFRICAN FEMALE	TOTAL MALES	TOTAL FEMALES
CGA	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ECA	1	15	2	0	5	6	1	1	0	0	0	0	0	0	8	7
FSA	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
EGA	1	3	0	0	1	2	0	0	0	0	0	0	0	0	1	2
KZNA	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
LIM	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
MPA	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
NTS	2	13	0	0	4	8	0	1	0	0	0	0	0	0	4	9
NWS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
NCA	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

STARTERS' COURSES NATIONAL SUMMARY

NO OF COURSES DONE	TOTAL PARTS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLORED MALE	COLORED FEMALE	INDIAN MALE	INDIAN FEMALE	ASIAN MALE	ASIAN FEMALE	NON-SOUTH AFRICAN MALE	NON-SOUTH AFRICAN FEMALE	TOTAL MALES	TOTAL FEMALES
4	31	2	0	10	16	1	2	0	0	0	0	0	0	13	18

TECHNICAL OFFICIALS: REFEREE COURSES

AFFILIATE	NO OF COURSES DONE	TOTAL PARTS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLORED MALE	COLORED FEMALE	INDIAN MALE	INDIAN FEMALE	ASIAN MALE	ASIAN FEMALE	NON-SOUTH AFRICAN MALE	NON-SOUTH AFRICAN FEMALE	TOTAL MALES	TOTAL FEMALES
CGA	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ECA	1	59	3	1	29	24	0	1	0	1	0	0	0	0	32	27
FSA	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
EGA	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
KZNA	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
LIM	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
MPA	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
NTS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
NWS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
NCA	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

REFEREE COURSES NATIONAL SUMMARY

NO OF COURSES DONE	TOTAL PARTS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLORED MALE	COLORED FEMALE	INDIAN MALE	INDIAN FEMALE	ASIAN MALE	ASIAN FEMALE	NON-SOUTH AFRICAN MALE	NON-SOUTH AFRICAN FEMALE	TOTAL MALES	TOTAL FEMALES
1	59	3	1	29	24	0	1	0	1	0	0	0	0	32	27

OTHER WORKSHOP NAMES/TOPICS

OTHER TOPICS		TOTAL NO OF PARTICIPANTS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLOURED MALE	COLOURED FEMALE	INDIAN MALE	INDIAN FEMALE	ASIAN MALE	ASIAN FEMALE	OTHER NATIONALITIES MALE	OTHER NATIONALITIES FEMALE	TOTAL MALES	TOTAL FEMALES	AFFILIATE
1	High performance coaching in SA	159	4	2	34	97	10	9	1	2	0	0	0	0	49	110	ECA/BCA
2	Three types of coaching styles	77	1	3	14	45	5	8	1	0	0	0	0	0	21	56	
3	Distance training current trends and changes	178	6	2	38	111	8	9	2	2	0	0	0	0	54	124	
4	From an AS judge's perspective	66	1	3	8	39	6	7	1	1	0	0	0	0	16	50	
5	Athlete age & stage feedback and testing	102	1	2	25	63	9	1	1	0	0	0	0	0	35	67	
6	Adult LTS	120	4	3	15	77	4	12	3	2	0	0	0	0	26	94	
7	Mind vs Body: who is really in charge	197	5	6	42	112	15	13	2	2	0	0	0	0	64	133	
8	Spins, twists & twirls	49	2	0	4	36	0	4	2	1	0	0	0	0	8	41	
9	From a swimmer's perspective	63	0	2	17	37	4	2	1	0	0	0	0	0	22	41	
10	Importance of flexibility	87	1	1	21	52	4	6	1	1	0	0	0	0	27	60	
11	Phys Ed lessons - Fundamental skills lessons	171	6	4	26	103	11	16	2	3	0	0	0	0	45	126	
12	Mistakes made & lessons learned over the past 12 years	221	6	5	44	131	14	13	4	4	0	0	0	0	68	153	
13	WOW factor in artistic swimming: Highlights and Choreography	21	1	0	1	15	1	3	0	0	0	0	0	0	3	18	
14	Key technique in elite swimming for all strokes	183	5	4	37	109	12	12	2	2	0	0	0	0	56	127	
15	Technical concepts & basic coaching principles: how to combine both	63	2	3	10	38	2	5	2	1	0	0	0	0	16	47	
16	Juniors, the importance of getting it correct at a young age	201	6	7	38	117	13	13	4	3	0	0	0	0	61	140	
17	The case principle - sharing motivating ideas to achieve a specific outcome	38	1	0	6	24	2	4	0	1	0	0	0	0	9	29	
18	Team managers	1	0	0	0	1	0	0	0	0	0	0	0	0	0	1	
19	Workshop for coaches & teachers	5	0	0	1	4	0	0	0	0	0	0	0	0	1	4	
20	Practical drills for swimmers 6-7	16	1	0	2	11	1	1	0	0	0	0	0	0	4	12	
21	Social cohesion	22	1	5	3	1	9	3	0	0	0	0	0	0	13	9	
22	Safeguarding	22	0	3	9	7	0	1	1	1	0	0	0	0	10	12	
23	Asthma World Day workshop	166	2	10	24	112	8	7	0	3	0	0	0	0	34	132	
24	Sculling to enhance the four strokes	12	0	1	0	11	0	0	0	0	0	0	0	0	0	12	
25	Workshop on starts and turns	18	0	0	0	18	0	0	0	0	0	0	0	0	0	18	
26	Triggers	15	0	0	1	11	1	0	2	0	0	0	0	0	4	11	
27	Coaching camp session	8	1	0	1	5	0	1	0	0	0	0	0	0	2	6	
28	Timekeeping	59	2	6	15	27	2	1	1	5	0	0	0	0	20	39	
29	How to speak to athletes	18	7	11	0	0	0	0	0	0	0	0	0	0	7	11	
30	Coaches' association meeting	14	1	0	3	7	1	1	1	0	0	0	0	0	6	8	
31	Advance athlete development program	7	4	3		0	0	0	0	0	0	0	0	0	4	3	
32	Beaver/ Umlazi joint training camp	43	11	9	3	6	12	1	1	0	0	0	0	0	27	16	
33	Muscles & Mascara	2	0	0	2	0	0	0	0	0	0	0	0	0	0	2	
34	Diving coaching clinic	4	1	1	0	2	0	0	0	0	0	0	0	0	1	3	
35	Nutrition	189	3	9	23	116	17	18			0	3	0	0	43	146	
36	Autism vs Disability	189	3	9	23	116	17	18			0	3	0	0	43	146	
37	Kinetic Physiotherapy	187	3	9	23	114	17	18			0	3	0	0	43	144	
38	Fundamentals LTS & Coaching	187	3	9	23	114	17	18			0	3	0	0	43	144	
39	Importance of sculling and when to start	185	3	9	23	113	17	18			0	2	0	0	43	142	
40	Updated rules and information	186	3	9	23	113	17	18			0	3	0	0	43	143	
41	10 Principles to follow for a successful swim school	31	1	0	5	20	2	3	0	0	0	0	0	0	8	23	
42	Motivation for coaches & swimmers	25	0	0	7	15	1	2	0	0	0	0	0	0	8	17	
43	Junior swimmers' education	24	0	0	3	19	1	1	0	0	0	0	0	0	4	20	
44	5 key steps to optimal recovery for swimmers	15	0	0	4	8	1	2	0	0	0	0	0	0	5	10	
45	Webinar: How they train? Breaststroke	25	0	0	5	15	2	3	0	0	0	0	0	0	7	18	
46	Webinar: Stroke development basics for each competitive stroke	31	0	0	5	23	1	2	0	0	0	0	0	0	6	25	

OTHER WORKSHOP NAMES/TOPICS																	
OTHER TOPICS		TOTAL NO OF PARTICIPANTS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLOURED MALE	COLOURED FEMALE	INDIAN MALE	INDIAN FEMALE	ASIAN MALE	ASIAN FEMALE	OTHER NATIONALITIES MALE	OTHER NATIONALITIES FEMALE	TOTAL MALES	TOTAL FEMALES	AFFILIATE
47	Recap of what is needed to register this season	25	0	0	5	18	0	2	0	0	0	0	0	0	5	20	WPA/EDEN
48	Social cohesion	86	1	1	8	32	20	24	0	0	0	0	0	0	29	57	WPA/ACTMA
49	Coaching Level 1 Workshop	21	0	0	5	16	0	0	0	0	0	0	0	0	5	16	WPA/ACTMA
50	Swim clinic	21	0	0	7	13	1	0	0	0	0	0	0	0	8	13	WPA/ACTMA
51	Coaches' coffee workshop	18	0	0	4	14	0	0	0	0	0	0	0	0	4	14	NTS
52	LTS mini conference	82	9	10	8	55	0	0	0	0	0	0	0	0	17	65	NTS
53	Coaches' coffee workshop	13	0	0	6	7	0	0	0	0	0	0	0	0	6	7	NTS
54	Coaches' coffee workshop	18	0	1	8	9	0	0	0	0	0	0	0	0	8	10	NTS
55	NTS Coaches coffee workshop	12	0	0	3	9	0	0	0	0	0	0	0	0	3	9	NTS
56	Really understand LTPD 1-2	21	1	3	0	13	3	1	0	0	0	0	0	0	4	17	EGA
57	Let's really understand LTPD 3-5	20	1	3	1	11	3	1	0	0	0	0	0	0	5	15	EGA
58	A light at the LTS admin tunnel	106	1	2	9	93	0	1	0	0	0	0	0	0	10	96	EGA
59	Teachers' officials training	42	8	9	6	18	0	1	0	0	0	0	0	0	14	28	FSA

WORKSHOPS SUMMARY															
NO OF WORKSHOPS DONE	TOTAL PARTS	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLOURED MALE	COLOURED FEMALE	INDIAN MALE	INDIAN FEMALE	ASIAN MALE	ASIAN FEMALE	NON-SOUTH AFRICAN MALE	NON-SOUTH AFRICAN FEMALE	TOTAL MALES	TOTAL FEMALES
59	4187	123	179	681	2523	291	304	35	34	0	17	0	0	1127	3060

CONFERENCES														
AFFILIATE	PROVINCIAL OR NATIONAL CONFERENCE	CONFERENCE DATES	TOTAL NO OF PART.	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLOURED MALE	COLOURED FEMALE	INDIAN MALE	INDIAN FEMALE	ASIAN MALE	ASIAN FEMALE	
BCA	Annual conference	14-15 May 2022	221	6	5	44	131	14	13	4	4	0	0	
NTS	Mini conference	09-Aug-22	82	9	10	8	55	0	0	0	0	0	0	

WORLD AQUATICS														
AFFILIATE	NAME OF THE SCHOOL/CLINIC	DATES	TOTAL NO OF PART.	AFRICAN MALE	AFRICAN FEMALE	WHITE MALE	WHITE FEMALE	COLOURED MALE	COLOURED FEMALE	INDIAN MALE	INDIAN FEMALE	ASIAN MALE	ASIAN FEMALE	
SSA/ECA	WA Artistic swimming certification course for officials	1 - 3 April 2023	17	0	1	0	16	0	0	0	0	0	0	
SSA/GAU	FINA Open Water Swimming Certification School for Officials	22-23 Nov	22	1	0	10	11	0	0	0	0	0	0	
SSA/WCA	FINA Water Polo Certification School for Referees	14-16 Nov 2022	16	3	0	11	2	0	0	0	0	0	0	

SWIM SCHOOLS		
	NAME OF SWIM SCHOOL	PROVINCE
1	Coastal Aquatics Swim Academy	ECA/NMBA
2	Happy Land	
3	Kids Country Corner	
4	Leonie Cremer	
5	Summerstrand Swim school	
6	Swim4Life PE	
7	SwimSafe	
8	Swimming with Alta Bower	CGA
9	Bonny's Water World GV	
10	Chakula t/a One With Water	
11	The Swim School, Florida	
12	Jill's Swimming School	
13	Hérons Swimming School	
14	Aquasaints Swim Centre	
15	Pisces Aquatic Academy	
16	Cosmo Dolphins Swimming Academy	
17	Starfish Swim School	
18	Aquanation Swimming Academy	EGA
19	Bonny's Water World Eastgate	
20	SplashLab Aquatics	
21	SplashLab Aquatics	
22	Kiddies Aqua Swimming Academy - Alberton	
23	Aquatic Achievers	
24	Kimberley swim school	NCA
25	Kalahari Splash	
26	Kalahari Splash Swim School Postmasburg	
27	Dolfyntjie Swemskool	
28	Kalahari Splash	
29	Kalahari Splash Postmasburg Satellite	
30	Iané Swimschool	
31	Kalahari Country Club NPC Learn to Swim	KZNA
32	Achiever Swimming School	
33	Aquafin Swim School (Learn to swim)	
34	Top Squads	
35	Carol Swim School	
36	Ann's Swim School	
37	Rapid Aquatics Swim School	
38	Kauthar's Swim School	
39	Swim With Rif	
40	Gemini Pre Primary	
41	Bubble Blowers Swim School	
42	Caltym swim School	
43	Rita's Swim School	
44	Aquabody Works Swim School	
45	Mandy's Swimming	
46	Aquafish Swim School	

NAME OF SWIM SCHOOL		PROVINCE
47	KwaDabeka Swimming Academy	KZNA
48	Carol Swim School	
49	Ann's Swim School	
50	Rapid Aquatics Swim School	
51	Kauthar's Swim School	
52	Swim With Rif	
53	Gemini Pre Primary	
54	Bubble Blowers Swim School	
55	Caltym swim School	
56	Rita's Swim School	
57	Manor Close Aqua School	
58	Zarina's Swim School	
59	Sonja Swim School Arboertun	
60	Swim Stars	
61	WeSwim School of Swimming	
62	Ashley Stanford	NWS
63	Mighty Manta's	
65	Daisys Swim School	
66	Aquamax Swim School	
67	Fishdom Swim School	
68	I Love Swimming	
69	Reflection Kidz	
70	Pecanwood Reflection Kidz	
71	Splashyfin Swim School - Rustenburg	
72	Splashyfin Swim School - SafariTuine	
73	Froggy's Swimming school	
74	Aqua Swim School	WCA
75	Aqua Crazy Swim School - Pinelands	
76	Aqua Crazy Swim School - Durbanville	
77	Aqua Crazy Swim School - Crawford	
78	Aqua Crazy Swim School - Bellville	
79	Finz Aquatics and Fitness Development	
80	GreyPups	
81	Stars Swimming School™	
82	Victory aquatics	
83	Headstart Swim School	
84	Swim Hub	
85	Rainbow Finz Swimming School	FSA
86	Sesa Kidz Learn to Swim	
87	Welkom Aquatics LTS	
88	Bull-Frogs swimming school	
89	Trompie Torpedo's Swemschool	
90	Super Seals LTS	
91	Pelicans Swimming Academy	NTS
92	Ahlula Swimming Academy	

WORKSHOP /COURSE NAME	VENUE	FACILITATOR	DATES	ATTENDEES	B/M	B/F	W/M	W/F	C/M	C/F	I/M	I/F	TOTAL	
													M	F
Safeguarding Workshop	Garden court OR Tambo	Donovan	29-30 October 2022	23	0	3	8	7	1	1	1	1	10	12
Train the Trainer	Virtually	Donovan	28-29 November 2022	5	0	0	3	2	0	0	0	0	3	2
Safeguarding Training for Coaches, Instructors and Volunteers	Virtually	Donovan	17 January 2023	21	0	2	8	7	1	1	1	1	10	11
Safeguarding Training for Coaches, Instructors and Volunteers	Virtually	Donovan	18 January 2023	19	0	4	6	5	1	1	1	1	8	11
Safeguarding Training for Coaches, Instructors and Volunteers	Virtually	Donovan	19 January 2023	21	0	4	8	5	1	1	1	1	10	11
Safeguarding Debrief meeting	Virtually	Donovan	26 January 2023	5	0	1	3	1	0	0	0	0	3	2
Training for Safeguarding Officers	Virtually	Donovan	14 February 2023	18	0	4	6	4	1	1	1	1	8	10
Training for Safeguarding Officers	Virtually	Donovan	15 February 2023	18	0	4	6	4	1	1	1	1	8	10
Training for Safeguarding Officers	Virtually	Donovan	16 February 2023	18	0	4	6	4	1	1	1	1	8	10
Presentation by Safeguarding Officers	Virtually	Train the Trainers	16 March 2023	7	0	2	4	1	0	0	0	0	4	3
Safeguarding roll out plans debrief (MPS)	Virtually	Eileen	25 April 2023	4	0	2	0	2	0	0	0	0	0	4
Presentations by Safeguarding Officers	Virtually	Train the Trainers	25 April	6	0	2	2	2	0	0	0	0	2	4

SSA SAFEGUARDING

HEAD OFFICE - EILEEN XHAKAZA AND NEVILLE SMITH

WORKSHOP /COURSE NAME	GAUTENG	WESTERN CAPE	EASTERN CAPE	MPUMALANGA	LIMPOPO	NORTHERN CAPE	FREE STATE	KWAZULU-NATAL	NORTHWEST
AFFILIATE LEAD PERSONS	Polish Naidoo	Timothy Morton	Theunis De Jager	Liezl De Bruyn	Liezl De Bruyn	Lacy Mentz	Thian De Jager	Gavin Jackson	Ntando Mkandla
AFFILIATE TRAINERS	Nina Dube	Timothy Morton	Margaret Sutherland	Dikeledi Moriri	Tilton Richardson	Jeanne Louw	Strati Moutzouris	Polish Naidoo	Alex Steyn
	Phillip Brussow Benita Kleyhauns	Sandra Freeks	Steven Prime Michael Canter	Liezl De Bruyn	Edwina Mbite		Helette Dippenaar	Thirunavalli Govender	
TRAIN THE TRAINERS		Timothy Morton	Theunis De Jager Margaret Sutherland					Gavin Jackson	



iv. Disciplines



Artistic Swimming

It gives me great pleasure to present a report on the activities of South African Artistic Swimming over the above-mentioned period.

COMMITTEES

SSA 2022/23 TECHNICAL COMMITTEE:

Moira Norden, Kelly Sloley, Cathy Bester and Courtney Musson.

SSA 2022/23 SELECTION COMMITTEE

Jenny Naidoo), Wendy Buitendag and Lucille Pequena.

FINA AND CANA REPRESENTATIVE

Jennifer Naidoo.

SSA EXECUTIVE LIAISON

Louise Blignaut.

The committee had several zoom meetings during the period. However we do miss the planning meeting at SSA offices.

TRANSFORMATION

The effects of Covid continued to impact on the registrations for the new season. However, affiliates held several clinics around the country to introduce young athletes to the sport. We are hopeful that these will show an impact on our numbers in the new season. We have several previously disadvantaged swimmers in the squad for Doha Worlds. Unfortunately, the late announcement of the team for Japan meant that only a solo and duet were included, which means only one of these athletes is included. The team selected for FINA Youth 2022 finally competed at the Argentinian Open, and included three black athletes.

SOUTH AFRICAN TEAMS

The SA Youth team attended the Argentinian Open in November 2022. Due to lack of preparation time, no one competed at World Juniors.

A coach needs time to prepare free or technical teams and free combination routines. Synchronisation to music and each other is very important. Acrobatics also require special training. This can only be achieved when the athletes train together over some length of time. While the tradition is to finalise all aquatics teams after Nationals, this means SA artistic swimming will always send inadequately prepared teams to compete in the July/August.

SCHOOL SPORT PROGRAM

School sport started again and artistic swimming remains popular with schools who have water polo pools. In other areas, facilities remain a problem as we require deep water. Eastern Cape Aquatics (ECA), KwaZulu-Natal Aquatics (KZNA) and Western Cape Aquatics (WCA) have an active schools program.

CLUB DEVELOPMENT

The following affiliates currently have active clubs with the number of clubs in brackets: WCA (1), ECA (2), Central Gauteng Aquatics (CGA) (1), NTA (1) and KZNA (2).

DOMESTIC COMPETITIONS

SA Artistic Swimming staged the following national events:

1. SA NATIONAL AGE GROUPS:

KZNA hosted National Age Groups (NAG) in December 2022 at the Barbara Dowell Pool at Durban Girls College. This was a fitting tribute to the late Barbara Dowell, a doyenne of artistic swimming. We all miss Barbara and her wisdom. It was very special to have her brother attend the awards dinner

We again used international judges in our panels by means of telegraph.

For the first time we included Masters athletes at NAG. Congratulations to WCA for their initiative in starting this.

NAG served as a first set of trials for the SA senior team for Worlds in July 2023. In addition it was final trials for the SA youth team to compete in Greece in August 2023.

Thank you to KZNA on a well organised event

2. SA LEVEL 1

Affiliates hosted this event in their own areas.

3. SA LEVEL 2

Affiliates hosted this event in their own areas, often together with Level 1.

4. SA LEVEL 3

The TASC again decided to combine SA Level 3 with SA Nationals in April 2023 in Cape Town. There were very few entries, which was disappointing, but with competition back to normal we hope this will rectify in 2024. SA Masters athletes again competed.



5. SA INTERMEDIATE NATIONALS

We held this in April in Cape Town at Reddam School together with SA Nationals. The pool was shallow which made competition difficult. However, currently there are few pools that meet WA specifications in South Africa.

SA Intermediate Nationals comprises two age groups, 13-15 years (Youth), and 15-18 years (Junior). The figures and technical elements set by World Aquatics are not the same, so the competitions have to run separately, unlike swimming. The medals awarded currently do not reflect the competitions accurately. We will need to address this in 2024.

6. SA NATIONALS

SA Senior Nationals (Senior, Junior and Youth) took place from 3 to 6 April at Reddam School, Constantia, Cape Town.

From these results, the team to compete at the WA 2023 Championships, as well as the WA Youth solo and duet, were finalised.

Congratulations to the following SA award winners:

Youth Nationals -Top competitor:

Aneesah Lindoor (ECA)

Junior Nationals –Top competitor:

Rachel Taylor (ECA)

Senior Nationals:

Affiliate overall placings:

1. Western Cape Aquatics
2. Eastern Cape Aquatics
3. KwaZulu-Natal Aquatics
4. NTA
5. Central Gauteng Aquatics

TROPHIES

1. Winning Affiliate	WCA
2. Winning Team (combined technical and free score)	WCA
3. Winning Duet (combined technical and free score)	Laura Strugnell and Jessica Hayes-Hill
4. Winning Solo (combined technical and free score)	Skye Macdonald
5. Highest Routine Score	Skye Macdonald
6. Most Improved Artistic Swimmer (results 2023 vs 2022)	No award in 2023 due to new WA scoring system

Many thanks to WCA for their support and very efficient organisation of this competition.

INTERNATIONAL COMPETITIONS

CANA

No competition took place. However it is encouraging that a further two African countries have now started Artistic Swimming. The African qualifier for the 2024 Olympics is scheduled for Worlds 2024 in Doha.

SA SQUADS/TEAMS

The selectors were supposed to submit teams for WA Youth after NAG (with solo and duet finalised at Nationals), and the team for the 2023 and 2024 WA Champs after Nationals. Unfortunately, the team ratification for Japan came through in June, which has left insufficient time to prepare the team for the 2023 World Aquatics. Therefore, only solos and duets will compete. We are still waiting for the Youth team announcement, which we expected in January. We are hoping that we can send a full team, though time is now very short. We also plan to use the senior team selected for the 2023 Worlds, at Doha in 2024, and they will start training once Worlds 2023 is completed. Artistic swimming teams need to train together over a period of 6 months minimum to prepare properly,



EDUCATION AND TRAINING

SSA hosted the African WA judges' course in Cape Town just prior to SA Nationals. We had judges from Egypt, Russia and Kazakhstan as well as SA. WA requires that international judges renew their qualifications every 4 years. They have made major changes to the judging and scoring system effective 2023, so this course was essential. The international judges stayed on and officiated at our Nationals.

Many thanks to the SSA staff for all their assistance in staging this course.

World Aquatics have introduced a new category of judge called a technical controller. These replace the judges who used to assess difficulty. Courtney Musson attended several zoom courses run by World Aquatics, and passed the final exam to qualify. Subsequently she officiated at the World Cup in Egypt. Kerry Norden and Kelly Sloley both passed their A judges exam. Kerry judged at the World Cup in France, and World Aquatics has invited her to judge at the World Championships in Japan.

MARKETING AND COMMUNICATION

Louise Blignaut is our SSA executive member. Louise remains actively involved in all our activities. We appreciate her assistance.

CONCLUSION

Thanks to all those who have supported artistic swimming over the past season – swimmers, parents, officials and administrators.

In particular, my sincere thanks go to the SSA technical and selection committees, our WA rep, and the hardworking staff at SSA for their patience and help.



Diving

This report has been compiled without direct information from the affiliates. As the Convenor of South African Diving, I am able to compile an overview of the season, but the information that relates to the affiliates is from my observation, alone.

TRANSFORMATION

DIVER DEMOGRAPHICS

Demographic transformation continues at school level, both at primary and high schools, mostly in the Johannesburg area in the private girls schools. KwaZulu-Natal has increased the number of schools participating in their interschool league at both primary and high school level. This means that the SA Schools Diving Championship, which was reinstated in 2017, now has a much improved transformation profile. Please see the photos in Appendix A.

A few public girls schools participate in the Johannesburg high school league, but there are not many, and a few girls from co-ed primary public schools participate in the primary school league. As can be seen from Appendix B (fixtures), both the primary and high school events run a thriving league. Following the COVID-19 pandemic, school-level diving has returned to what it was, with both the primary and high school leagues running their end of season league finals. Lightning still affects fixtures, but with the high school fixtures taking place on a Saturday morning, this is alleviated somewhat, as lightning seems to occur more frequently in the afternoon. Please see Appendix C for the results of the Interprimary event held in November 2022 and the Interhigh event held in March 2023.

The names of black divers have been highlighted for ease of reference. In the weekly interschool leagues, which precede these two events there are more black divers participating, as the numbers are obviously higher at this level. The South African National Schools Championship for Diving was run in October 2022, and again the number of black divers at this event increased, and more importantly, black divers are still achieving places on merit – please see Appendix D for results; black divers highlighted.

The numbers of black divers participating at club and provincial level are lower, as this relates to the fact that the number of white divers is correspondingly lower, as the required rate of commitment at those levels is always concomitantly higher. As can be seen from the SA National Age Group event and SA National results, the number of black divers participating has increased, here too, and, again, are achieving places on merit. See Appendices E and F.

Disabled divers are not encouraged to participate in diving, as World Aquatics does not make provision for them; the reasoning being that they could hurt themselves too easily.

EXECUTIVE DEMOGRAPHICS

The Technical Diving Committee consisted of Loredana Raccanello (Aquatics Gauteng) as Convenor, Kim Boustred (Kwazulu-Natal) with the portfolio of Education & Training and Athi Diliza (Aquatics Gauteng) with the portfolio of Development & Transformation, as members. Justine Heydra (Aquatics Gauteng) remained in her co-opted position as the National Competitions Secretary, and

Dominique Philippopoulos (Aquatics Gauteng) remained on the Committee as World Aquatics Representative. The remainder of the Committee consists of various co-opted members who have taken on the different portfolios – please see Appendix G for the full list.

The Selection Committee was made up of Jane Davenport (Aquatics Gauteng) as Convenor and Tristan Crawford (Northern Tigers) and Debbie Cummings (KwaZulu-Natal) as members.

As of 2023, the diving technical committees still visibly active in the affiliates and sending divers to national events, are Central Gauteng, Northern Tigers and KwaZulu-Natal. Kim Boustred, however, continues to struggle with diving training as her funding from the government has still not recovered to previous levels. This makes it difficult for her to pay the coaches and still have money available for transport for the divers, who are all from previously disadvantaged (currently still disadvantaged) communities.

Free State is no longer operating at a school level, as no schools continue to dive. The coach who was attempting to start a club, Luzanne Swanepoel, has given up, as the municipal facility is not completely up to standard. Western Cape has, again, not registered their diving club, but we are in meetings to set up a Schools Committee so that trials can be held and a team will attend the SA Schools Championships in December.

The SA Schools Executive Diving Committee remained the same as the Constitution calls for biannual elections. Thus, Athi Diliza (Gauteng) remained Chairman, Colleen Kelling (KwaZulu-Natal) remained as the Secretary, and Loredana Raccanello, Kim Boustred and Melanie Dunn retained their positions as members. The Committee successfully ran SA Schools 2022 in Gauteng and are planning the 2023 event in Durban, KwaZulu-Natal for December.

DEMOGRAPHICS: DIVERS, JUDGES AND TECHNICAL

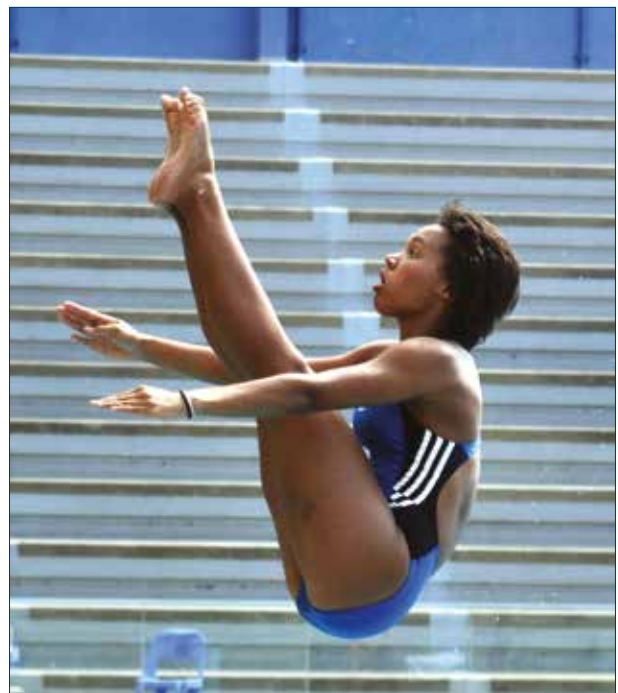
PROVINCE	SCHOOLS	CLUB	AFFILIATE
Central Gauteng	D 500	4	D 40
	J 20		J 15
	TO 22		TO 20
Northern Tigers	D 5	1	D 4
	J 4		J 4
	TO 3		TO 3
Western Cape	D TBC	0	D TBC
	J TBC		J TBC
	TO TBC		TO TBC
Eastern Cape	D 0	0	D 0
	J 0		J 0
	TO 0		TO 0
KwaZulu-Natal	D 58	1	D 12
	J 7		J 7
	TO 8		TO 5
Free State	D 0	0	D 0
	J 0		J 0
	TO 0		TO 0

2022/2023 SEASON

The 2022/2023 season ran well, with most stakeholders working hard to make it a success. The use of Zoom has continued, which has helped with increasing communication within the Committee and allowing for longer, more in-depth discussions, partly fulfilling two of the objectives that we had set ourselves.

- To continue to improve communication between all members of the Technical Committee (TC) and between the members of the Selection Committee, and then between the two committees and to make the decisions taken as transparent as possible.
- To continue to improve and expedite communication between the diving community and SSA.
- To continue to encourage all members of the diving community to work towards a common goal.
- To continue to ensure that all events were run professionally with a minimum of unprofessional behaviour on the part of judges and technical officials.
- Selection of teams to various international events.
- Set a Selection Policy for 2021 – 2024 that everyone believed was for the betterment of SA Diving and would encourage support of divers in their endeavours to compete at the highest level.

In our attempt to make diving selections more transparent, we have opened ourselves up to judgement and criticism from some parents, which has not been very helpful. We will be discussing the way forward. Clearer communication between the TC and Selection has been perceived as undue influence on Selection, so this avenue will need to be discussed carefully. Point 2 and 3 are both a work in progress. Point 4 requires looking at carefully, as unprofessional behaviour by officials and parents cannot be regulated if people witnessing the offence are not prepared to report it in writing. Teams for international events have been selected and the divers have attended the events for which they were selected. Again, more discussion is required on the particular competitions being attended. Point 6 is under review, as some circumstances have changed. The videoing of events to improve judging levels is still not an official procedure, as we do not have a dedicated person to manage this.



SCHOOL SPORT PROGRAMME

There is both primary and high interschool competition in schools in Johannesburg, Pietermaritzburg, Durban, and Cape Town. Individual children from the various primary schools that do not have diving as a school sport, join the Johannesburg schools to compete. The high schools compete in the January to March term and the primary schools in the September to December term. Those provinces that have coaches who run clubs are then able to take the divers from school level to club and provincial level. Some of the high schools are part of a "National Aquatics Festival", but not all, which is held in the 2nd or 3rd week of February each year. The high schools in Johannesburg compete in an Interhigh event in March, where 9-10 schools are involved. The primary schools in Johannesburg run an interschool event every year in November comprising 8-9 schools.

As mentioned above, the SA Schools event was run in Gauteng in October 2022.

CLUB DEVELOPMENT

Aquatics Gauteng carries four clubs. In KwaZulu-Natal the Kings Park Diving Club and the Maris Stella Diving Club still run. Northern Tigers and Western Cape still run one club each, although Cape Town Diving Club did not register for the 2022/2023 season. The remainder of the provinces do not have clubs because there is either no coach, or the resident coach is not prepared to run a club, preferring to work at school level only, or would be prepared to run a club, but have no facilities from which to run a club, as many municipal facilities are either closing, or the diving facilities are so badly maintained that it is dangerous to use them.

DOMESTIC COMPETITIONS

1. RSA CUP AND NATIONAL AGE GROUP

The above event was run in December 2022 by Aquatics Gauteng Aquatics: Diving. The event was very successful. The two sections used at NAG, renamed Elite and Novice in 2020, were again well-supported with several divers competing in each age group.

2. SOUTH AFRICAN NATIONALS

The South African Youth Games and Senior National Championships were held at Kings Park Swimming Pool in Durban. To date, this is the best venue to run the event as it allows us to dive both springboard and platform at one venue. It is unfortunate that we still do not have the correct facilities elsewhere in the country.

Attending the event, besides all the Aquatics Gauteng divers, was one diver from Northern Tigers, four from KwaZulu-Natal, and one diver from Namibia, who is a student at Pretoria University and trains in Pretoria. Again, there were no divers from Western Cape. Thus, there were insufficient men competing to make the men's events competitive. Overall, Aquatics Gauteng won the Women's Shield. Northern Tigers Swimming was not awarded the Men's Shield, as the divers did not score sufficient points to qualify, as per the rules. Aquatics Gauteng was thus awarded the Overall Trophy. Full results are given in the appendices attached to this report.

INTERNATIONAL COMPETITIONS

Junior divers were conditionally selected at NAG 2022 for the competitions in Dresden. As the event was restarting after not been run for two years, because of the pandemic, more than two entries per board per age group were allowed. This meant that we were able to select four Group A divers for both the 1m and 3m events. We entered one team for the Synchronised Diving event and one diver was entered for the Group A platform event. No Group B divers were selected, as no diver met the selection criteria set for the event. The divers acquitted themselves well with Grace Brammer achieving finals in the platform and 3m events, Zalika Methula achieving 12th place in the 1m final and the synchro team of Katherine Leschner and Keratile Manaka achieving 11th place in the Synchro event. Zalika, Isabella Quaker and Katherine placed in the 20's out of 37 divers in the 1m event and again in the 3m event.

The divers at overseas universities all travelled to South Africa for the National Championships. They were all very eager to compete to trial for the World Championships and the World Student Games. The team selected for World Championships consisted of Julia Vincent and Bailey Heydra for 1m and 3m, Bailey and Zalika Methula for 3m Synchro and Stefan Steenkamp was selected for 1m. The team selected for World Student Games consisted of Bailey Heydra and Bailey Davenport on 1m and 3m, Bailey Davenport and Jenna Douglass on 3m Synchro and Anathi Shoji on 1m. We wish all the divers a successful tournament.



EDUCATION AND TRAINING

JUDGES

Fiorella Barberini continued in her role of National Judges Convenor this past season. She ensures that judges are “kept on the straight and narrow” by revisiting rules during pre- and post-event meetings, by reminding judges of specific rules. The videoing of events, as mentioned elsewhere in this report, although useful, is still not something we can use due to lack of skilled manpower.

SECRETARIAT

Colleen Kelling took up a role as National Secretariat Convenor this past season. She has ensured that table secretaries are competent in both manual and computer skills when recording. She also ensured that secretaries were punctual for the events for which they were working and were professionally attired when doing so.

VOLUNTEER PROGRAMMES

Kim Boustred in Kwazulu-Natal continues to run a volunteer programme. In Johannesburg, an effort was made to re-start the Learn-to-Dive programme twinning with some of the Water Polo schools, but it is hard going and needs to be looked at again to see if it can be reinstated in a different

format. Again, part of the problem is the lack of municipal facilities.

SCIENTIFIC SUPPORT AND TALENT IDENTIFICATION

There is no structured scientific support; coaches access what they can on an individual basis. Talent identification is done ad hoc by teachers who are involved in the sport at some level, referring divers to clubs. Thereafter, club coaches work with the divers within clubs.

MARKETING AND COMMUNICATION

There is no organised marketing strategy for diving. The only way SA Diving is able to get out to the public is via Chris Moolman and the SABC, who comes through to film at RSA Cup, NAG and SA Nationals.

CONCLUSION

In conclusion, although much has been addressed within diving in order to uplift and develop diving in this country, there is much that still needs to be done. I hope to continue working towards making diving more popular and more successful.



Open Water Swimming

Again, numerous challenges were experienced this past season by event organisers in the South African interior, with the continuation of the La Niña climatic phenomenon that began in 2019, resulting in southern African summer rainfall zone regions experiencing a generally wetter and cooler than normal wet season. This is the typical characteristic of a La Niña event.

South Africa has had three seasons of La Niña-induced heavy rains from 2019/20 to 2022/23

The coastal event organisers were blessed with clean water and were spoilt for choice in some instances for the availability of suitable venues

While the wetter conditions were welcomed by many the excessive rainfall has had a profound negative impact on the water quality in the interior resulting in a number of SSA Approved Open Water Swimming Events being cancelled as a result of water quality not meeting the stipulated safety protocol requirements.

This had wide ranging consequences for the discipline but has been addressed with the SSA Open Water Swimming Technical Committee to ensure that fair and favourable solutions are available to the Federation's members in the future.

SSA APPROVED OPEN WATER SWIMMING EVENTS

The COVID-19 pandemic severely restricted the number of events hosted during the 2020 – 2021 domestic open water season and this pattern once again continued throughout the 2022 – 2023 period coupled with the negative effects of the La Niña climatic phenomenon at inland venues.

SSA requested that all open water swimming events that apply for SSA Approved Open Water Swimming Event status should be submitted to the Federation by the end of August 2022 for inclusion onto the SSA Approved Open Water Swimming Event Approved calendar, which was published during September 2022. This was to ensure Coaches and athletes could plan the periodisation of their training programs accordingly.

The response from most Affiliates and Event Organisers was positive, with a comprehensive, but limited SSA Approved Open Water Swimming Event Calendar being published well before the onset of the South African summer open water swimming season. These were the approved dates. Generally, paperwork submission was in line with stipulated SSA Executive approved and published protocol.

Of concern is the demise in open water swimming events in the Western Cape, which up until the recent past was the bastion of the discipline in South Africa. Here some event organiser's do not see fit to adhere to the published SSA Regulations to host Open Water Swimming Events, much to the detriment of Federation members, who have to travel to other Affiliates, at their cost, to post the required qualification times for National Competitions.

Maverick event organisers again continued to disrupt the process with late submissions and unreasonable expectations. These were no longer considered.

This aspect was to be dealt with in depth with the Swimming South Africa Open Water Swimming Technical Committee when the Regulations are revisited, and the Capitation of participants at open water swimming events was addressed. These Regulations were submitted to SSA Management in September 2022 for publication and circulation to Affiliates.

The excessive rainfall in the summer rainfall area (typical of the La Niña event) had a profound negative impact on the water quality in the interior resulting in a number of SSA Approved Open Water Swimming Events being cancelled as a result of poor water quality, not meeting the stipulated safety protocol requirements.

This was as a result of excessive run off from informal settlements, coupled with neglected and ineffective water treatment plants that leak filthy effluent into the rivers that provide water to the numerous dams and lakes in the interior. In one instance, a popular recreational waterway sample was so polluted that an independent authority warned the Federation that if ingested, the water at that specific venue could prove to be fatal. Further instances of “sickness” of participants at open water swimming events were highlighted throughout the region.

This had wide ranging consequences for the discipline and was addressed with the SSA Open Water Swimming Technical Committee who ensured that fair and favourable solutions are available to the Federation’s members. A fair set of pool times, based on International standards, were published for athletes to request concessions for 2023 SANATOWS entry

This highlighted the need for prospective event organisers to adhere to the SSA Regulations for Open Water Swimming Event Approval regarding documentation submission along with a suitable water sample history of the venue. It is imperative that the safety of the Federation members and participants is adhered to and the integrity of the Federation maintained.

2023 SOUTH AFRICAN NATIONAL OPEN WATER SWIMMING CHAMPIONSHIPS

The Eastern Cape Aquatics, through their District, NMBA, presented a successful and professional SSA compliant 2023 South African Open Water Swimming Championships on 11th, 12th & 13th March 2023. The date was moved from the “traditional” first weekend of March due to the SA Iron Man Competition taking place in Port Elizabeth that weekend.

The event was lauded by many as the “Best SANATOWS” in living memory. Congratulations to the Chairman Mr. Thian de Jager and his efficient LOC as well as those from Swimming South Africa who provided guidance and expertise.

The LOC has managed to secure an extension of the considerable sponsorship for the event from the local Kouga Municipality, along with the Body Corporate and homeowners of Marina Martinique, a national drinks provider and other service providers – mobile homes, tents, gazebo, etc. An ablution block was constructed at the venue prior to the 2023 SANATOWS taking place, providing clean ablution and changing facilities to athletes and spectators alike, thereby reducing the dependence of portable units as has been done in the past.

All of this has ensured that a world-class event was presented much to the delight of the competitors, officials, and spectators.

All Referees in attendance at this competition were FINA listed Technical Officials.

Once again the impact of restricted SSA Approved Open Water Swimming events had wide ranging consequences for the discipline with numerous “concession” entry requests being presented to the SSA Competitions Manager for entry into this competition.

Only the “gateway” event – the 3km age group event – has had “concessions” permitted in the past, however this was extended to all events, based on the “pool times” that were confirmed by the SSA Open Water Swimming Technical Committee.

This aspect was addressed with the Swimming South Africa Open Water Swimming Technical Committee to ensure that fair and favourable solutions are available to the Federation’s members.

“Concession” entries were only entertained if there were extenuating circumstances and not as a “back door” option to enter a National Competition.



HIGH PERFORMANCE – DOMESTIC

The SSA National Open Water Swimming Squad system was again revamped in 2021 to come into line with the SSA National Swimming Squad program providing a streamlined and progressive model for our prospective aspiring Olympians and World Championship contenders.

The model was submitted to the SSA High Performance Cluster, approved, and accepted, however again not implemented due to time and fiscal constraints.

The annual SSA National Camp in the Mpumalanga Lowveld was poorly attended by open water swimming athletes and, as a result, the popular Grand Prix Open Water Swimming events were not hosted.

Subject to the acquisition of a suitable sponsor, it has been suggested that an open water swimming competition be hosted at all the SSA Grand Prix competitions in future. This would be an exciting innovation for the discipline.

The structure of the SSA National Open Water Swimming Squads has been revisited, rationalised, and updated (YOB) before the onset of the 2023 – 2024 Season. These details have again been presented to the SSA High Performance Cluster.

HIGH PERFORMANCE – INTERNATIONAL

2022 WORLD CHAMPIONSHIPS – OPEN WATER SWIMMING

Open water swimming at the 2022 World Aquatics Championships was held from 26 to 30 June 2022 at Lupa Beach, Hungary

WOMEN 5KM			
1. Ana Marcela Cunha	Brazil	Age 30	57:52.90
18. Catherine van Rensburg	RSA	Age 18	+03:02.70
29. Amica de Jager	RSA	Age 22	+03:10.80
Start 55 – Finish 51			
MEN 5KM			
1. Florian Wellbrock	Germany	Age 24	52:48.80
28. Connor Buck	RSA	Age 19	+03:50.8
29. Ruan Breytenbach	RSA	Age 20	+05.06.01
Start 63 – Finish 52			
WOMAN 10KM			
1. Sharon van Rouwendaal	Netherlands	Age 28	2:02:29.20
22. Amica de Jager	RSA	Age 22	+3:31:00
28. Catherine van Rensburg	RSA	Age 18	+4:25:00
Start 61 – Finish 58			
MEN 10KM			
1. Gregorio Paltrinieri	Italy	Age 27	1:50:56.80
22. Ruan Breytenbach	RSA	Age 20	+04:43.30
31. Connor Buck	RSA	Age 19	+08:45.80
Start 62 – Finish 58			
MIXED 4 X 1500M RELAY			
1. Germany			1:04:40.50
DSQ – RSA			DSQ

2022 JUNIOR WORLD OPEN WATER SWIMMING CHAMPIONSHIPS

The FINA World Junior Open Water Swimming Championships 2022 saw more than 150 athletes from over 50 countries compete in Beau Vallon, Seychelles from 16 – 18 September 2022.

WOMEN 5KM				
1.	Claire Weinstein	USA	Age 15	51:52.40
13.	Katie Horne	RSA	Age 15	+01:14.20
20.	Bailey Forrest	RSA	Age 15	+04:56.20
Start 31 – Finish 30				
MEN 5KM				
1.	Nathan Szobota	USA	Age 15	48:50.90
25.	Connor Barnardo	RSA	Age 15	+05:22.50
34	Shane Ramsay	RSA	Age 15	+09:56.80
Start 35 – Finish 35				
WOMAN 7.5KM				
1.	Katie Grimes	USA	Age 16	1:22:38.50
18.	Mykae Forrest	RSA	Age 17	+05:29.60
26.	Hannah Neilson	RSA	Age 17	+07:43.60
Start 35 – Finish 34				
MEN 7.5KM				
1.	H Kovacs-Seres	Hungary	Age 16	1:16:02.10
28.	Keegan Wright	RSA	Age 16	+07:21.00
30.	Sven van der Linde	RSA	Age 17	+12:37.60
Start 38 – Finish 36				
WOMAN 10KM				
1.	Bettina Fabian	Hungary	Age 17	2:03:11.40
14.	C van Rensburg	RSA	Age 18	+04:01.50
Start 35 – Finish 31				
MEN 10KM				
1.	David Betlehem	Hungary	Age 19	1:53:10.30
6.	Connor Buck	RSA	Age 19	+05:57.30
25.	Joshua Ashley	RSA	Age 19	+11:12.50
Start 38 – Finish 35				
MIXED 4 X 1500M RELAY – OPEN				
1.	Hungary			1:11:20.10
12.	RSA			+07:19.00
Start 18 - Finish 18				
MIXED 4 X 1500M RELAY – OPEN				
Mixed 4 x 1500m Relay – 14 – 16				1:11:20.10
1.	USA			1:13:09.80
12.	RSA			+13:52.00
Start 12 – Finish 12				

EDUCATION & TRAINING

ANTI-RACISM AND SOCIAL COHESION WORKSHOP

A social cohesion workshop as put together by the Institute for Justice & Reconciliation (IJR). The workshop was held at Garden OR Tambo from the 14-15 May 2022. The workshop was well attended with robust discussion and a vast range of information shared. SSA covered accommodation for all attendees with the Affiliates covering travelling.

SAFEGUARDING

SSA successfully trained 22 safeguarding officers in Johannesburg on 29-30 October 2022.

On the 28-29 November, 5 of the 22 were trained to assist to train the trainers Nationally.

A follow up training was held virtually from 17-19 January 2023 from 19h00-21h30. A total 24 people including 15 people from the initial group of safeguarding officers underwent the trainer sessions.

The "roll out" to Affiliates is in progress with May 2023 being the Federation implementation date.

SSA OPEN WATER SWIMMING TECHNICAL OFFICIALS CLINIC

KwaZulu-Natal requested an Open Water Swimming Technical Clinic. Due to fiscal constraints, this Clinic was conducted virtually by Thian De Jager over two three-hour sessions during November 2022. The clinic was attended by 23 candidates.

Due to the success of this Clinic, it has been requested that a similar Clinic be presented prior to the onset of the

2023 – 2024 Summer Open Water Swimming season, for all Affiliates. This clinic is planned to take place during September / October 2023.

FINA OPEN WATER SWIMMING CERTIFICATION SCHOOL FOR TECHNICAL OFFICIALS

A FINA Open Water Swimming Certification School for Officials was held in Johannesburg, South Africa from 22nd to 23rd November 2022 and was hosted by FINA Open Water Swimming Technical Committee member, William "Bill" Ford from Australia.

The school was attended by 30 Candidates and proved to be successful.

Ford commented on conclusion of the school – "All participants attained a pass mark for their examination result. The marks ranged from mid 70's to Mid 90's%. I'm not able to advise of each participants' individual marks, its just "passed" or "unsuccessful on this occasion." This is an outstanding result for those concerned and reflects well on your training and the participants engagement throughout the certification school."

CONCLUSION

Once again, under trying circumstances due to the COVID-19 pandemic "hangover" and profound effects of the La Niña climatic phenomenon, the 2022 – 2023 open water swimming season can be regarded in a positive light.

It is imperative that compliance must be adhered to, to ensure that the positive trajectory that has been achieved in the past seven years of this ever-growing discipline is maintained.



Water Polo

The 2022-2023 season has been a challenging yet productive year for the SSA Water Polo Technical Committee as we have dedicated ourselves to unifying our domestic water polo program. With the unwavering support of the SSA Executive, CEO, and the SSA head office, we are confident that we are now on the right track. The Technical Committee (TC) has been diligently working towards improving the water polo structure, ensuring that all provincial and district affiliates adhere to the SSA constitution and by-laws. Our ultimate goal is to create a unified structure for both women and men in water polo, bridging the gaps that have existed among the various factions running their own programs without proper oversight.

While this task has proven to be monumental, the TC remains committed to establishing standardized systems, criteria, and policies.

Participation in water polo among primary and secondary school students has remained strong throughout the season. However, the TC recognizes the need to actively engage university students in the sport. We aim to foster a stronger and more competitive senior league that encourages players to continue their involvement in water polo beyond matric. It is crucial for South African universities to support water polo programs at their institutions and provide assistance to student-athletes.

The conclusion of the 2022-2023 Water Polo Season marked the appointment of Brad Rowe as Director of Coaching and Ryan Weidemann as Head Coach. The SSA Water Polo TC would like to extend its congratulations to

both men on their appointments and wish them success in the upcoming season. A brief outline of their plans for the National High-Performance Program, to be implemented over the next four years, is included in this report.

Dion Willis, Director of Referees/Officials, has demonstrated unwavering commitment this year by organizing referee courses, workshops, and clinics across South Africa. In October 2022, World Aquatics conducted a three-day course in Cape Town, enabling all participants to become certified World Aquatics referees. Dion's comprehensive report on his activities is included in this report. The TC would like to express its gratitude to Dion for his tireless efforts in educating and training referees in South Africa.

Galidjah Hendricks, the diligent Head Team Manager, has been tirelessly devoted to the task of enhancing the qualification and proficiency of our team managers in planning, organizing, and overseeing SSA touring teams. We wholeheartedly acknowledge and appreciate her unwavering commitment, as well as the additional hours she invests in ensuring the seamless coordination of our national team managers and the success of our national teams. Attached herewith is Hendricks' comprehensive report, providing valuable insights and updates on her remarkable efforts.

Rhynie Van Schoor, the Convenor of Selectors, has dedicated his efforts this year to meticulously selecting multiple teams for prestigious international competitions. His discerning eye was keenly focused on the SSA National Water Polo Championship, an invaluable platform for identifying exceptional talent. This championship served

as the foundation for assembling both men's and women's teams, who proudly represented their country in the World Aquatics Beach Games in Egypt, the World Aquatics Division 2 Qualifier in Berlin, Germany, and the highly anticipated World Aquatics World Championships, scheduled to take place later this year.

In addition to these selections, Van Schoor, true to his commitment to fostering young talent, thoughtfully assembled men's and women's squads for the U20 World Championships. These promising squads, brimming with potential, are set to showcase their skills on the global stage. The final selection for these teams will be conducted during a rigorous selection camp, slated for later this year.

Van Schoor's report, shedding light on the remarkable teams and squads that have been chosen under his guidance follows this report.

NATIONAL COMPETITIONS:

SA SCHOOLS IPT, DURBAN, DECEMBER 2022

The SA Schools Water Polo Interprovincial tournament held in Durban in December 2022 was the pinnacle event for our age group players in schools water polo. This SSA-sanctioned tournament brought together more than 1500 players from U13 to U19 age groups. The participating provinces and districts included Central Gauteng, KwaZulu-Natal, Eastern Gauteng, Winelands, Buffalo City, Nelson Mandela Bay, Northern Gauteng, Western Province, and Eden. The tournament was a resounding success, and the TC would like to commend the Local Organizing Committee (LOC) in Durban for their efficient management of the tournament.

SSA WATER POLO SENIOR NATIONAL TOURNAMENT, EAST LONDON, MARCH 2023

Buffalo City Aquatics in East London, specifically the Joan Harrison Aquatics Center, played host to our national water polo tournament in March 2023. Under the leadership of Vaughn Meecham, the LOC demonstrated exceptional competence in planning and organizing all aspects of the tournament. The TC would like to express its sincere appreciation to Vaughn for his remarkable efforts in ensuring the tournament's overwhelming success. Additionally, the TC would like to acknowledge the municipality of East London for their support in preparing the facility for the tournament. The Joan Harrison facility boasts two water polo pools, allowing the Men's and Women's tournaments to be held simultaneously over four days.

In the Men's tournament, the following provinces, districts, and clubs participated: KwaZulu-Natal, University of Cape Town, Stellenbosch University, OJ Eagles, Rondebosch, and High-Performance Polo Club. Congratulations to Rondebosch who took home the gold medal.

The Women's Section saw the participation of the University of Cape Town, Warriors Water Polo, Crusaders, Eagles, Tridents, Tuks University, High-Performance Polo, and OJ Eagles. It is worth noting that the Warriors Water Polo Club from Cape Town clinched the gold medal in the tournament, showcasing their exceptional skills and determination.

Overall, both the SA Schools Inter-Provincial Tournament (IPT) and the SSA Water Polo Senior National Tournament were standout events in the South African water polo calendar, demonstrating the high level of talent, dedication, and organization within the sport.



INTERNATIONAL COMPETITIONS:

Our national teams have been active in various international tournaments, showcasing the talent and dedication of South African water polo players. By the end of this season, SSA Water Polo will have competed in ten international tournaments in different age groups.

Following is a list of the international tournaments:

JULY 2022			
Seniors Women	FINA World Championships	Budapest, Hungary	13th
Senior Men	FINA World Championships	Budapest, Hungary	12th
AUGUST 2022			
SA U18 Women	FINA Youth World Championships	Belgrade, Serbia	15th
SA U18 Men	FINA Youth World Championships	Belgrade, Serbia	
SA U16 Women/Men	FINA Cadet World Championships	Larisa-Volos, Greece	
MAY 2023			
Senior Ladies	World League Division 2 Qualifier	Berlin, Germany	
Senior Men	World League Division 2 Qualifier	Berlin, Germany	
Senior Ladies	World Aquatics Beach Polo Qualifier	Hurghada, Egypt	3rd
Senior Men	World Aquatics Beach Polo Qualifier	Hurghada, Egypt	8th

UPCOMING INTERNATIONAL COMPETITIONS

JUNE 2023		
U20 Men	World Aquatics Youth Championship	Bucharest, Romania
JULY 2023		
Senior Ladies	World Aquatics World Championship	Fukuoka, Japan
Senior Men		
AUGUST 2023		
Senior Ladies	ANOC World Beach Games	Bali, Indonesia
SEPTEMBER 2023		
U20 Ladies	World Aquatics Youth Championship	Coimbra, Portugal
FEBRUARY 2024		
Senior	World Aquatics Championships	Doha, Qatar

These competitions are crucial for the development of our teams and their preparation for the 2024 Olympics. Our newly appointed Director of Coaching and Head Coach will be implementing a plan and program for our National Squads in preparation for these tournaments as well as the Olympics in Paris 2024.

PROGRAMS AND PROJECTS

One of the biggest projects that the TC has undertaken is the re-alignment of all affiliates with the SSA constitution and by-laws. Unfortunately, there seem to be many different factions in the water polo community and the current TC will be trying hard to unify the community. With the appointment of the Director of Coaching and the Head Coach, the TC will be filling the remainder of the committee positions in order to get the sport of water polo running in a more positive and structured way forward. It is very important for the future success of water polo in South Africa to make sure that all affiliates are in line with the proper running of the sport from district level to provincial level. This includes setting up efficient lines of communication, transparency and clear understanding of roles and responsibilities of administrators, coaches, officials, and players. This is an enormous task but with the support of the SSA Executive and the SSA head office the TC feels that it can be accomplished.

In addition to this task above, there are a few projects that have been identified as important for the advancement of the sport. They are as follows:

SENIOR CLUB/UNIVERSITY LEAGUE: PROMOTING CONTINUED PARTICIPATION

Creating a vibrant university or senior club league is an ongoing priority for our organization. Despite the success of our school-age program, which boasts numerous well-established tournaments hosted by various schools, we face the challenge of players discontinuing their involvement after graduating high school. In order to address this issue and ensure continuous participation, the TC strongly recommends that SSA Water Polo takes the lead in establishing a dedicated league for senior players. We propose entrusting this responsibility to our newly formed Schools/Tertiary Committee, empowering them to spearhead the establishment of a nationwide senior league.

Currently, there is a lack of opportunities for university-aged senior players to compete in tournaments. While USSA hosts an annual tournament for universities, participation from these institutions remains disappointingly low. To rectify this situation, we need to actively encourage more universities to embrace water polo and consider establishing clubs in their respective regions. By fostering broader participation and engagement, we can create a thriving environment for senior players and enhance the overall competitiveness of the sport.

South Africa's water polo community is experiencing a positive development with the addition of two independent senior tournaments, fostering increased participation among senior players. These tournaments are as follows:

THE GAUTENG INVITATIONAL

The Gauteng Invitational, hosted by Gauteng Water Polo, celebrated its 2nd successful annual international tournament in April 2023. This event gained recognition for its outstanding organization and drew international teams from Portugal, the United Kingdom, and Zimbabwe. The tournament's popularity continues to soar, and we eagerly anticipate the participation of even more international teams in 2024. Senior players find this competition invaluable as it offers a higher level of competition within South Africa.

CAPE TOWN INVITATIONAL

The Western Cape witnessed the inaugural Senior Club tournament in October 2022, held in the picturesque city of Cape Town. The competition united teams from various regions of South Africa, providing a weekend of enthralling high-level matches. Cape Town is set to host the tournament once again this year, and our expectations are buoyant that it will attract a greater number of international teams. The SSA WP TC extends its full support to this competition, aspiring for its evolution into a premier event on the water polo calendar.

By embracing these independent tournaments, we strengthen the foundation for senior players in South Africa, promoting their growth and enhancing the overall competitiveness of water polo.

ADVANCING TRANSFORMATION, DIVERSITY AND EQUALITY IN WATER POLO

Water polo, as a team sport, presents a unique opportunity to promote and advance transformation, diversity, and equality within aquatics. SSA Water Polo has taken significant steps to address these issues by implementing targets for the inclusion of black players in the National Teams. These targets will progressively increase until there is a more balanced representation that aligns with South Africa's demographics. In line with this objective, the TC proposes that the newly established Transformation Committee conducts a comprehensive study to address



equal playing time, collaborate with coaches and managers, and formulate a holistic and inclusive approach to achieving our sport's transformation mission. Dr Asmeralda Motau, an executive member, has provided a detailed report on the transformation targets of water polo over the past years, which is attached to this annual report.

In addition to fostering representation among black players, it is crucial to develop black coaches and referees. Mr Dion Willis played a pivotal role in facilitating a World Aquatics referee certification course conducted by World Aquatics in October 2022. As highlighted in Dr Motau's report, three black referees successfully completed the course and are now certified by World Aquatics. Although progress is being made, it is essential to continue efforts in encouraging more women to pursue referee positions. It is worth noting that two women attended the certification school and are now World Aquatics certified referees.

The TC acknowledges the importance of developing more women and black coaches. The Transformation Committee will actively explore strategies to encourage greater participation from women and black Africans in pursuing coaching opportunities. By nurturing a more diverse coaching landscape, we can foster inclusivity and provide

role models for aspiring players from underrepresented backgrounds.

SSA Water Polo remains committed to the principles of transformation, diversity, and equality. Through the efforts of the Transformation Committee, we aim to create a more inclusive and equitable environment for all participants in water polo, ensuring that our sport reflects and celebrates the diversity of South Africa.

ENHANCING EDUCATION AND TRAINING

Education and training play a crucial role in the TC's efforts to realign all affiliates with SSA. Recognizing the importance of this endeavour, the TC is collaborating closely with Mrs.

Eileen Xhakaza, the SSA Head of Education, to implement registration requirements for coaches, managers, and officials, specifically focusing on Continuing Professional Development (CPD) points.

A key objective for the TC is to establish a comprehensive pathway to accreditation for coaches. To achieve this, the TC is committed to developing a series of courses, workshops, and clinics that enable coaches to progress

through different levels of accreditation, starting from level 1 for beginner coaches and culminating at level 5, the highest level of coaching accreditation. In order to ensure the highest quality of training, the Education and Training Committee will work closely with Mrs. Xhakaza and the Head Coach, drawing on international standards and resources. The committee will also seek guidance from some of the world's leading water polo coaches to ensure that the program developed for South Africa aligns with global best practices.

By investing in the education and training of coaches, we aim to elevate the overall quality of coaching in South Africa. This will not only enhance the skill development of players but also contribute to the growth and competitiveness of water polo at all levels. Furthermore, providing a clear pathway to accreditation will inspire coaches to continually improve their knowledge and skills, fostering a culture of lifelong learning within the water polo community.

The TC recognizes the significance of education and training in driving the realignment of affiliates with SSA. By collaborating with experts, leveraging international standards, and engaging top coaches, we are dedicated to developing a robust program that equips coaches with the necessary skills and expertise to excel in their roles. Through these efforts, we aspire to raise the overall standard of coaching in South Africa and ensure the long-term success, growth, and sustainability of water polo in the country.

PROGRESS WITH SAFEGUARDING IN WATER POLO

Swimming South Africa's commitment to safeguarding began with the successful training of safeguarding officers across all affiliates. While it is unfortunate that only one person from SSA Water Polo attended the training, the organization remains dedicated to extending the safeguarding policy to the entire water polo community.

At the 2023 SSA National Water Polo Championships, the Technical Committee (TC) took the initiative to introduce a comprehensive event safeguarding policy. Additionally, they established a reporting mechanism for addressing any safeguarding issues that may arise. Moving forward, SSA Water Polo will actively participate in the rollout of the SSA Safeguarding policy, ensuring that coaches, officials, and volunteers in all districts receive the necessary training.

The safeguarding workshop will become a mandatory component of the accreditation process for all coaches and officials as part of their continuous professional development program. Alongside the SSA Code of Conduct, the SSA

Safeguarding Policy aims to proactively protect everyone involved in our sport and foster a safe environment where athletes are shielded from abuse. It also seeks to raise awareness among all individuals engaged in the sport.

SSA Water Polo, in collaboration with SSA, is determined to establish an environment where athletes and individuals feel comfortable reporting any safeguarding concerns, while simultaneously safeguarding coaches and officials against unfounded accusations. Although this journey will require time and effort, together with the support of SSA, we can successfully implement this policy and create a safer and more caring environment for participants in water polo.

EXCITING FUTURE PROJECTS AND TOURNAMENTS

The TC is enthusiastic about several upcoming projects and tournaments that will shape the future of water polo in South Africa. These include:

REVOLUTIONIZING WATER POLO WITH BEACH WATER POLO

SSA Water polo proudly made its debut in the World Aquatics Beach Polo tournament, held as part of the prestigious World Aquatics Beach Games in Soma Bay, Egypt. Beach Water Polo offers an exhilarating and fast-paced version of the sport, typically played in open water. With a smaller field and a team consisting of only four players, including a goalkeeper and three field players, Beach Water Polo is poised to gain popularity both in South Africa and internationally.

One of the greatest advantages of Beach Water Polo is its versatility. It allows for gameplay in various water bodies, such as dams, lagoons, and waterfronts, wherever there is sufficient depth to tread water. The portable nature of the field makes it highly adaptable and provides the opportunity to introduce the sport of water polo to new locations across the country. This opens up endless possibilities for expanding the sport and engaging diverse communities. The TC recognizes Beach Water Polo as a perfect avenue for increasing participation and creating enthusiasm for water polo among a wider audience.

By embracing Beach Water Polo, we are not only diversifying the sport but also providing a unique and exciting experience for both players and spectators. The TC is thrilled about the prospects that this new variant of water polo holds and looks forward to its growing popularity within South Africa and on the international stage.

The introduction of Beach Water Polo represents a transformative moment for water polo in South Africa. Its dynamic nature, adaptability, and potential for increased participation make it an ideal catalyst for expanding the sport. The TC is excited about the future of Beach Water Polo and the positive impact it will have on the growth and development of water polo throughout the country.

YOUTH NATIONAL CAMPS

In an effort to introduce young players to water polo and provide them with exposure to our national players, the TC plans to organize camps for age group players. These camps will serve as an opportunity to raise funds for the 2024 Olympics and support development programs for our national teams. Moreover, the TC aims to encourage national team players to give back to the sport by actively participating in and facilitating these camps.

SA SCHOOLS WATER POLO INTER PROVINCIAL TOURNAMENT

Scheduled for 9-13 December 2023 in Gqeberha, the SA Schools Water Polo IPT is set to become a resounding success, building upon the triumphs of previous tournaments. This event provides a platform for the best young players in South Africa to showcase their skills and compete at a high level.

2024 SSA NATIONAL WATER POLO CHAMPIONSHIP

The TC is diligently exploring various hosting venues for the highly anticipated 2024 SSA National Water Polo Championship, planned for March 2024. As logistics are being finalized, the final dates and venue will be announced soon. The championship promises to be an exhilarating showcase of talent and competitiveness as teams from across the country vie for the national title.

These future projects and tournaments are instrumental in driving the growth and development of water polo in South Africa. They offer invaluable opportunities for young players to engage with the sport, raise necessary funds, and strengthen the bond between national team players and the broader water polo community. As the TC continues to work towards their successful realization, we anticipate the positive impact they will have on the sport and its stakeholders.

TRANSFORMATION REPORT

Transformation is one of the key strategic imperatives of Swimming South Africa guided by the EPG barometer report and the SASCO transformation charter. In line with these guides, transformation in water polo is multifaceted and focuses not only on increasing numbers and on demographics but also places emphasis on athlete development, technical staff development and coaches' development. To this end, delivering on transformation requires a synergistic partnership with all of SSA's stakeholders.

4-YEAR REVIEW

Decent strides have been made to transform the water polo landscape in the past decade, but particular effort has been put in, in the past four years to truly improve on the National representation of black athletes and officials. As a matter of course, the criteria for participating in Nationals is clearly set out for teams participating where it is made clear what the minimum requirements are for participation and it is further mentioned that transformation targets do not only affect athletes in the water, it also affects team officials. The 2023 season proved to be a success where the target of 30% team composition being black athletes, the senior women's team surpassed that target by 5% (35% team composition) with the senior and U20 men's teams only reaching 23%.

Based on the information below, it is evident that concerted effort has been put in to transform the sport at a national level, particularly where teams participate in World Aquatics World Championship events with a team composed of 13 athletes. In the past four years, significant improvement can be noted in team compositions. Below is a timeline of the improvements being made in water polo with a focus only on travelling teams.

- 2011, 2013 - one black athlete per team
- 2017 - World Championships - zero black athletes (ladies), one black athlete (men)
- 2019 - World Championships - one black athlete per team
- 2021 - World Championships - two black athletes per team
- 2021 - World Championships - Tokyo Olympics - two black athletes per team
- 2021 - Women's Junior World Championships (U20) - four black athletes per team

- 2022 - World Championships - four black athletes per team
- 2023 - World Championships and World Cup Qualifiers - three black athletes (Senior men).
- 2023 - World Championships and World Cup Qualifiers - five black athletes (Senior women)
- 2023 - World University Games - four black athletes (USSA women)

Beach water polo, as a new variant of the discipline is also set at 30% target of the travelling team of seven athletes. This variant of the game promises to bring the much needed injection of excitement for the sport and a new avenue to bring in more athletes into the game. Below are the numbers:

- 2023 - Beach Water Polo Qualifiers and World Beach Games - two black athletes per team (Women's Beach water polo)
- 2023 - Beach Water Polo Qualifiers - three black athletes per team (Men's Beach water polo)

Although significant progress has been made on the athletic front, water polo is still below the set target of 40% National representation, which according to the current trajectory and momentum, is achievable with a concerted effort

from all stakeholders. Of importance in the selection of ALL athletes, is ensuring adequate playing time to ensure equitable development and the growth of athletes locally and on an international stage. Furthermore, focusing on the talent pipeline from the school level is important to develop quality water polo athletes that can compete with the best in the world.

Outside of focusing on athlete development, technical officials' development has also been a critical focus point for the Water Polo Technical Committee. As a result, managers have been trained, with a significant number of them being black. Coaches have also come through although some work still needs to be done to develop critical mass and have a larger pool to choose from. World Aquatics also held referee training in Cape Town, where three black men and two white women were part of the training contingent. This is a significant improvement. Some of the referees have subsequently cut their teeth on the world stage and have represented the country and SSA well.

Overall, transformation is on the right track. With greater support and engagement with SSA's stakeholders, more can be achieved in improving the sport's visibility in areas outside the urban setting through partnerships and collaborations.





CONCLUSION

In conclusion, the SSA Water Polo Annual Report for the 2022-2023 season highlights the intentions of the Technical Committee in unifying the domestic water polo program in South Africa. Despite the challenges faced, the committee has been dedicated to establishing standardized systems, criteria, and policies for both men and women in water polo.

The report emphasizes the importance of active engagement with university students to foster a stronger and more competitive senior league, ensuring that players continue their involvement in water polo beyond high school. Efforts are being made to encourage universities to support water polo programs and provide assistance to student-athletes.

The appointment of Brad Rowe as Director of Coaching and Ryan Weideman as Head Coach marks an important milestone for the National High-Performance Program. Their plans for the next four years, outlined in the report, will play a crucial role in preparing the national squads for international competitions, including the upcoming tournaments and the 2024 Olympics.

The report also acknowledges the contributions of Dion Willis, Director of Referees/Officials, and Galidjah Hendricks, Head Team Manager, in their respective roles. Their efforts in organizing referee courses and training managers have been commendable.

The National Competitions section highlights the success of the SA Schools Water Polo Interprovincial Tournament and the SSA Water Polo Senior National Tournament. These

events showcased the high level of talent and organization within the sport, and the committee extends its appreciation to the Local Organizing Committees and host cities for their efficient management.

The report further discusses the participation of South African teams in international tournaments and emphasizes the importance of these competitions for team development and preparation for the 2024 Olympics. The TC acknowledges the need for continuous improvement and the development of transformation, diversity, and equality in water polo. Efforts are being made to increase representation among black players, coaches, and referees, as well as to promote inclusivity and create a more equitable environment for all participants.

Additionally, the report highlights ongoing projects such as the establishment of a senior club/university league, the advancement of Beach Water Polo, and the emphasis on education and training for coaches, managers, and officials. These initiatives aim to enhance participation, improve the quality of coaching, and expand the reach of water polo in South Africa.

Overall, the SSA Water Polo Annual Report for the 2022-2023 season demonstrates the efforts made by the Technical Committee in unifying the sport and working towards its future growth and success. The dedication and efforts of all involved stakeholders, including the committee members, coaches, officials, and players, have laid a solid foundation for the continued development of water polo in South Africa.



v. Affiliate Reports



Eastern Cape Aquatics

THE 2022/23 SEASON

ECA Management was unchanged this season and an AGM was held on 9 July 2022 to present the state of Aquatics in the Province to our Members and to give account for our financial matters.

1) AQUATICS SEASON (ARTISTIC SWIMMING)

It has been pleasing to see how active Artistic Swimming has been in the Province and a number of local events were offered on our calendar, including the ECA Artistic Swimming Schools Challenge held at Collegiate Schools in Gqeberha (photo)

A number of our athletes travelled to Buenos Aires to compete in the Argentinian Open from 2 - 5 November 2022.

We are excited to host Artistic Swimming NAG in the Eastern Cape next season.

2) AQUATICS SEASON (DIVING)

ECA still does not have the facilities to offer Diving as an option due to infrastructure issues. We aim to include our Transformation Officer in this portfolio, as we have seen a lot of interest in this discipline from previously disadvantaged areas.

3) AQUATICS SEASON (OPEN WATER SWIMMING)

It was a year of "firsts" for ECA as we hosted our inaugural ECA Open Water Swimming Championships at Marina Martinique. This event proved to be a great success and was hosted for us by Change to: Nelson Mandela Bay Aquatics (NMBA). The Championships followed a number of competitions by NMBA which allowed our athletes to qualify for the National event.

4) AQUATICS SEASON (SWIMMING)

ECA SHORT COURSE CHAMPIONSHIPS:

In the pool, our annual ECA Short Course Championships took place on 15 October 2022, once again at Diocesan School for Girls in Makhanda. Due to a timing clash, we were unable to host this event before SA Short Course. However, with the recent appointment of an ECA Swimming Co-ordinator, we aim to finalise our calendar earlier in the season.

Buffalo City Aquatics once again successfully officiated the event for us this season.

The winning Club earning the most points at the event was Infinity Swimming Academy. Tony Hadley, ECA Executive Member, presented the Eastern Cape Aquatics Short Course Shield to Jordan Denyer from Infinity.

ECA LONG COURSE CHAMPIONSHIPS

The inaugural ECA Long Course Championship gala took place this season from 13–15 January 2023 and was hosted and officiated by Nelson Mandela Bay Aquatics at the Newton Park Aquatic Centre in Gqeberha.

The occasion was a learning curve for us and we aim to grow this gala to become the premier ECA swimming event of the season.

A new Long Course medal was minted for our swimmers.

EC SCHOOLS AQUATICS

ECA sent a Schools team to the SA Schools Games this season. Although we do not yet have an active Eastern Cape Schools body, we were able to partner with the Department of Sport and the Department of Education to send a team to the competition. Robust communication between ECA, the SSA Schools rep, Peta Kaplan and the Department of Sport, Recreation, Arts & Culture reps, Sharief Gamiet and Lulu Ngolozana, ensured a successful conclusion to SA Schools Games.

ECA has limited influence over the set-up of Eastern Cape Schools Aquatics (ECSA), but we have been in talks with

the Districts to make setting up this body a priority for next season. ECSA has a representative position on the ECA Executive and we will partner with them to increase the events available for school swimmers.

DISABLED SWIMMING

Another ECA priority that will be addressed next season with our new Swimming Co-ordinator is growing the sport of swimming for people living with disabilities. Unfortunately, we have not had an individual to head this portfolio up, but have finally identified a candidate and we aim to make that appointment soon. A highlight for the season is that we assisted one of our swimmers to get her disability classification; Taryn Beaton was subsequently registered and swam at SA OWS Nationals this season, a milestone for which we were grateful to be a part.

5) AQUATICS SEASON (WATER POLO)

The Water Polo Currie Cup took place in Johannesburg and once again the decision was to field teams from our two main Districts and not to send a combined Provincial team. The IPT for 2023 will take place in Nelson Mandela Bay.

TRANSFORMATION

I am pleased to announce that ECA has started to make inroads in our goals to achieve our transformation targets. Our OR Tambo District is a key role-player in these goals as they operate in a largely rural area where many of the children do not have the opportunities of those in the bigger centres. We are partnering with our President at OR Tambo to provide competitions and training in this largely neglected area of the Eastern Cape and we have recently assisted in setting up a local Club's Constitution.

We have been in discussions with a local manufacturer to build cost-effective Learn to Swim facilities and we're eager to present these projects to the various government departments in the Province. These LTS centres will go a long way to addressing transformation amongst our rural communities and to bring many disadvantaged children to the sport.

COMPETITIONS

1) SA NATIONAL EVENT - OWS

The SA Open Water Swimming Nationals took place at Marina Martinique, Jeffrey's Bay from 10 to 12 March 2023. Nelson Mandela Bay Aquatics were the venue hosts again and they again ran an excellent event. ECA introduced a new OWS Co-ordinator this season and he introduced a body-marking ink stamp option which proved to work very well.

2) SA NATIONAL EVENT - SWIMMING

ECA were proud to be afforded the opportunity to host SA Swimming Nationals at the Newton Park Aquatic Centre in Gqeberha from 11 - 16 April 2023.

The ECA LOC for the event was set up in partnership with our venue hosts, Nelson Mandela Bay Aquatics, who organised most aspects of the event and raised the bar in many areas, including looking after our many VIPs this season.

Feedback received from SSA, officials, spectators and especially the athletes was that the SA Nationals was an enjoyable experience and we were honoured to host our visitors to the city at our premier venue in the Eastern Cape. A huge thank you must go to the Nelson Mandela Bay Municipality for their ongoing support for Aquatic sport in the region.

EDUCATION AND TRAINING

ECA E&T offered various courses and workshops;

- Three LTS Courses
- One Level 1 Coaching Course
- Three Officials Courses (Timekeeping, Referee (Water Polo) and Starter)
- One ECA Annual Mini-Conference

A huge thank you must go to our District Co-ordinators for their assistance in setting up the courses, workshops and conferences in their respective areas. Their work and assistance is greatly appreciated.

A big thank you also to the Department of Sport for their partnership and willingness to assist us with these courses.

MARKETING

The position of Public Relations and Marketing has not yet been filled on our ECA Management team, but we are in talks with a number of people and hopefully we can make an announcement next season.

FINANCES

ECA have reached our registration fee goal which was set four years ago. We are now in a better position to meet our financial obligations.

We also registered as a NPO this season as well as a VAT vendor, two goals which had been outstanding for an extended period. We are very grateful to our Treasurer, Thami Fobe, for her tireless efforts to ensure that these two goals were met. Her focus is now to submit a new Lotto application.

ECA EXECUTIVE COMMITTEE

Nothing has changed in our challenges to hold in-person meetings, with distances to travel and costs being the biggest restrictions. The Zoom platform has proven to be less than ideal to discuss the pertinent and at times very emotional issues facing us. We have planned a Management Workshop for early in the new season.

All positions on the Executive Committee have been filled.

CONDOLENCES

While this report focuses on the 2022/23 season, I cannot complete it without offering our sincerest and heartfelt condolences to Lorraine Deasy, whose husband, Wes Deasy, passed away on 6 May 2023.

Uncle Wes was the Treasurer for Eastern Province Aquatics for many years and retired from the position under the new administration of Nelson Mandela Bay Aquatics. He served in this position with excellence and was also a well-loved technical official where he served faithfully on the pool deck. He is sorely missed.

I am also aware that a number of our members lost loved ones this season and we extend our condolences to everyone who has suffered personal loss and trust and hope that you have experienced the love and comfort from your "other" family in the Aquatics fraternity.

THANK YOU

No annual report would be complete without saying thank you. As the reader can imagine, in a sport which is volunteer-driven this is almost an impossible task. Everyone deserves a thank you for their volunteer work on behalf of our athletes and as such, the greatest outpouring of appreciation should always come from those we serve - our athletes. I encourage our Athletes Commission heads to speak on behalf of our athletes at our general meetings and at our prize-givings.

But my job is to say thank you to those who serve together as partners to ensure the smooth running of our sport throughout all levels of our organisation.

Firstly, to the ECA Executive Committee and to the various ECA Co-ordinators that form part of our Management team, your sacrifices of time and resources are appreciated and our meetings and the decisions we make are impactful and make a positive difference to those we serve. I know it is sometimes difficult, especially when there is a strong difference of opinions, but thank you for partnering with the Provincial body to reach our goals.

To those individuals who engage with me one-on-one over coffees and voice notes, and help me see situations from different angles, I appreciate your input so much and the truth is that you help to keep me sane.

COMMUNICATION

Communication between ECA and our Districts continues to improve, for which we are grateful, as effective communication is vital to run any organisation. No organisation exists without having to jump some hurdles along the way and we have experienced a number of these this season, but we are committed to work together to strengthen the relationships we have with our Districts in the coming season.

Communication between ECA and SSA has positives and negatives. There is a robust communication channel with SSA Education & Training, however, challenges continue to exist with the top structure of SSA with countless e-mails being ignored. The Provincial Affiliate cannot be optimally effective when a lack of communication exists with their mother body. The now defunct SSA President's Council adds to these woes.

EASTERN CAPE GOVERNMENT PARTNERSHIPS

We have finally turned the corner in a positive way in our relationships with the Department of Sport, Recreation, Arts & Culture and with the Eastern Cape Sports Confederation. Having lost our ambassador to illness a number of years ago, we had to start over again to build positive relationships and gain a sense of trust between the departments.

I am pleased to report that these partnerships have borne fruit after a number of meetings took place between these two government institutions to help cement our common goals. There is still a long way to go for ECA to optimally reach government mandates, but ECA is committed to achieving these goals and we are positive that we have government backing for these projects and goals.

DISTRICTS

I didn't thank the Executive Committees of our Districts under the Thank You heading above, as I wanted to separate their input from the input of the ECA volunteers.

Districts continue to be the backbone of the Club structures, an area where ECA does not have much impact, and ably ensures that this system operates smoothly as it has done for many decades.

Due to the nature of our Provincial structure, with most departments being largely administrative, the Districts continue to be our arms extended to host Provincial and National events in the Province and we thank you for always being willing to work with us to host these competitions for our athletes. We are still a young organisation in our 9th year and your cooperation ensures that we put systems in place that will last for years to come. We have certainly not arrived at our end goal, but we have made great strides together to achieve that goal.

Another focus area for ECA this season is to see the remaining unconstituted Districts set up with working Executive Committees. Our target areas are Amathole District and Chris Hani District which previously had a loose structure in place for a short time, but we also want to harness the wealth of experience in our largest District of Sarah Baartman and discussions with interested parties have begun.

CONCLUSION

It is important to acknowledge that we are still on a journey with many challenges before us. While our Districts look after our Club structure, ECA's mandate has been set up to elevate our athletes from all walks of life to be able to compete at the same level. That includes focusing on transformation of our existing structures to be representative of the population demographic and to focus on our previously disadvantaged population groups. To do this requires funding and government has committed to partnering with us to achieve the transformation targets, which is why our relationships with the government bodies are so vital. Without government funding, ECA cannot achieve these results as we do not "earn" an income as a non-profit organisation. We have the knowledge and the skills, but our government partners provide the funding to achieve the results.

We look forward to the new season as we grow our partnerships with all stakeholders in our common journey and as we seek to make Aquatic sport a sought-after and welcome arena for all our athletes and potential athletes.

Aquatics Gauteng

		ACHIEVEMENTS	YOUNG PEOPLE INVOLVED	MATERIAL
MY SAFETY IN WATER – A DREAM CAN COME TRUE.				
PHASE 1	To listen and learn Educate learners about water safety in the class	Reached: 85 128 learners from 270 schools (target was minimum 50 000 learners)	23 persons involved in the project	Posters, workbooks, crayons, Instructor's attire
PHASE 2 & 3	Water safety & Learn to Swim Projects at Greyville Pool. JHB School for Girls in partnership with Roedeane School. Alexandra learners in partnership with King David School in Linksfield.	Roedeane School - 142 learners Greyville schools - 444 learners Alexandra schools - 112 learners TOTAL: 698 learners (target 700 learners)	15 persons involved in the project	Swimming caps, costumes, bag for the costumes, pool noodles, kick boards, stipends, wet suits for Instructors in the water, transport
PHASE 4	LTS gala Final phase for those that were taught to swim – in partnership with several swim schools.	Reached: 1 254 learners This past year, learners with Down syndrome were included in one of these galas.	18 persons involved in the project	Participation medal
MOVING TOWARDS PERFORMANCE				
LEVEL 1 & 2	AG swim stars gala This gala serves as trials for OR Tambo SC Games and swimmers from all over Gauteng participated with more than 50% from Community areas.	Total swimmers: 444		Gala costs, transport of swimmers from Communities, food packs
Provincial multi-coded event	OR Tambo Soncini Social Cohesion Games	Total swimmers: 170	-	GSACR provided all the logistical support. AG provided the technical support.
HOSTING SSA EVENTS				
Swimming	Level 3 was hosted at the Germiston Pool in Ekurhuleni.		804 swimmers participated in the event.	
	Level 2 was hosted at the Hillcrest Pool in Pretoria, Tshwane.		754 swimmers participated in the event.	
	Tshwane Masters Swimming & NTS hosted the SA Masters Swimming Nationals in Nelspruit.		335 swimmers participated in the event.	
HIGH PERFORMANCE				
Diving	FINA World Junior Diving Championships, Montreal, Canada 25 November – 4 December 2022	Zalika Methula and Keratle Manaka were the two Black junior divers from Gauteng with the potential to become top performers. Zalika also received the Gauteng Sport Award for up-and-coming young athlete.		
Water Polo	Gauteng Invitational Water Polo Tournament 13 – 17 April 2022	For the first time a Water Polo Team from Soweto participated in this event and played against teams from Portugal and Mozambique.		

HIGH PERFORMANCE (continued)

Swimming	2022 Commonwealth Games 29 July – 3 August 2022	<p>South African Swimmers won eleven medals – Nine of which came from Gauteng Swimmers:</p> <ul style="list-style-type: none"> - Lara van Niekerk – two gold & Games record in 50 breast - Pieter Coetzé – one gold, one silver, one bronze - Tatjana Schoenmaker – one gold, one silver. - Erin Gallagher – one silver - Kaylene Corbett – one bronze <p>Lara was also the winner of the Sportswoman of the Year for Gauteng and South Africa. Pieter received the trophy for Sportsman of the Year. Rocco Meiring won the trophy as SA Coach of the Year.</p>
SSA Nationals 2023	For the first time Gauteng entries exceeded 50% of the total number of swimmers at SSA Nationals (52%)	Gauteng won 22 Gold, 18 Silver, 29 Bronze medals (total 69 medals)

SWIMMERS WITH AN IMPAIRMENT

Success story	Ahmed Pilodia – a swimmer with a physical impairment (amputee) started to swim 18 months ago. He swam at the 2023 OR Tambo Soncini Social Cohesion Games, was classified in December 2022 and swam personal best times at the SASAPD Games in Cape Town in March 2023	
Classification	AG was able to arrange for the classification of 12 of our swimmers at the NTS Swimming Championships in December 2022. Classification must take place during a competition as one of the three components is to evaluate the swimmer in competition.	
SASAPD	A total of 14 para-swimmers from Gauteng participated at the Toyota SASAPD Games in Cape Town during March 2023 – the biggest team to participate. Gauteng was victorious at the event.	

EDUCATION AND TRAINING

Learn to Swim Courses	39 individuals from Community groups enrolled for these courses and some of these candidates are still busy.
Level 1 Coaches Courses	A total of 14 individuals completed the Level 1 Coaches Course.
Swimming Technical Officials Training	A total of 25 individuals from Communities were trained as technical officials for swimming.
FINA Course for Open Water Technical Officials	A total of 12 individuals enrolled for this international course and all 12 passed the examination which has a required pass rate of 80%. The individuals are now all FINA Certified Open Water Technical Officials.
Facilitator Course	Lesego Mataboge has completed the LTS Facilitator's Course and is now a qualified LTS Course Facilitator.

ACHIEVEMENTS

Aquatics Gauteng is proud to be crowned as the Federation of the Year at the 2022 Gauteng Sport Awards.

GAUTENG SCHOOLS' AQUATICS

Gauteng Schools' Aquatics won the SA National Schools' Championships (this is now for several consecutive years.)

GAUTENG SCHOOLS' AQUATICS

The season ended with Gauteng not having a single operational, heated 50-meter Municipal pool. This might have a serious effect on performance in the Province.

It is a concern that the average age of registered swimmers is on a downward trajectory.

For the 2021, 2022, 2023 seasons the average ages of registered swimmers were 16,35 years, 15,13 years, 13,76 years, respectively. It could mean that:

- registered swimmers do not want to be part of competitive swimming for a lengthy period.
- the lack of affordable facilities means that clubs cater more for junior swimmers. AG will do more research on this matter in the new season.

The number of registered swimmers in Gauteng is constant. It can once again be due to the fact that there are fewer facilities in Gauteng for the use of clubs for training purposes. For the 2021, 2022, 2023 seasons 2 799, 2 010 and 2 733 swimmers were registered in Gauteng. (The total membership remains on 5 500 in numbers). Water Polo, Diving and Masters have shown a steady decrease in numbers based on the registrations for the last three seasons. Artistic Swimming, with a very low base, increased to 22 artistic swimmers.

To use 2020/2021 as a base year – the total number of registered swimmers dropped by 2,36%.

For the different ethnicities, the growth/ decline is as follows: Chinese (1) – 36,36% increase, Black (2) – 27,61% increase, Coloured (3) – 4,10% increase, Indian (4) – 2,08 % increase and White (5) – 7,21% decrease. (That means that the combined increase in Black, Coloured and Indian is 33,79%)

Free State Aquatics

On behalf of the Free State Aquatics (FSA) committee, I would like to thank all the affiliates, districts, clubs and club presidents and parents and coaches for the 2022/2023 season. A special vote of thanks must go out to all our volunteers and the officials. We had a very good year and our swimmers achieved excellent results. There were some difficulties with the municipalities, but we have overcome the challenges.

STRUCTURE

We currently have three districts, namely Mangaung District, Fezile Dabi District and Letjweleputswa District.

Mangaung swimmers increased by four swimmers from the previous season.

Fezile Dabi swimmers increased with 14 swimmers from the previous season.

Letjweleputswa swimmers increased with 35 swimmers from the previous season.

Clubs in the Thabo Mafutsanyane district can register swimmers and clubs directly to FSA. The district is under review of SSA and FSA and will be monitored until ready to operate independently.

SCHOOLS AQUATICS

The Northern Free State Championships had 288 participants.

Free State Inter Primary Championships had 423 participants.

Free State Inter High Championships had 321 participants.

SA SCHOOLS SWIMMING CHAMPIONSHIPS: 20 -24 APRIL 2023

Number of swimmers in the Free State Team:
71 (35 boys and 36 girls).

RESULTS

Medals

- Gold - 13
- Silver - 14
- Bronze - 23

50 in total.

Provinces Standing

- Combined - 4th
- Men - 5th
- Women - 5th

Individual Rankings

Top 10 - Girls 12-13 years: Leandi Prinsloo ranked 8th.

FINANCES

The detailed financial report from the treasurer and auditors will indicate where we stand now.

COMPETITIONS

FSA hosted the Level 2 Competition in Bloemfontein for 2023. Despite challenges and difficulties with the Municipality, the Level 2 competition was a success.

The Free State Championships were held in December 2022.

In the 2022/2023 season, SAJN was club based.

SAJN – 31 swimmers

In the 2022/2023 season, Senior Nationals swimmers were provincial entries with A and B qualifiers. 14 able body swimmers and one disabled swimmer

SA Open Water was held at the Marina Martinique in 2023 and was provincial entries. – seven swimmers

Congratulations must go to all our swimmers who:

- Were selected or identified by SSA to represent South Africa at international competitions (Luchelle Oosthuizen participated at AUSC Region 5 Under 20 Youth Games in Malawi) (Morne Roberts and Marnus van Straaten participated in the Toyota South African Sport Association for the physically Disabled Championships in Cape Town)
- Each swimmer that was elected to represent Free State or South Africa for any of the competitions.

Special congratulations, to all the swimmers that qualified for the different levels and national competitions and achieved their personal best times. This means that you have developed and grew as a swimmer. It is an honor and a privilege to be selected for any team and comes with dedication and hard work. We are grateful for the talent that was bestowed upon these athletes and would like to thank the coaches for the great results. It is through the dedication, long hours of planning and professional conduct of the coaches that our swimmers grow and develop as human beings. Coaches play a vital role in the upbringing of swimmers, our children. Free State Aquatics are blessed and fortunate to be able to say that we have some of the best coaches in the country. The results mentioned are proof that this province can produce top athletes. Our coaches with the minimum resources always produce competitive athletes.

We thank all the officials that have served swimming during this past season on and off the pool deck. Thank you and well done to all the officials who did duty at SAJN and Senior Nationals. Our administrators and executive committee of our members (districts and clubs) once again, you did a brilliant job to keep the swimming going.

CHALLENGES

In the 2022/2023 season, FSA had the following challenges:

- Thabo Mafutsanyane District operated without affiliation to FSA. It is now under review by SSA.
- The maintenance of the municipal swimming pools. Penny Heyns swimming pool closed down and the maintenance of Stadium Pool was financially partially dependent on Mangaung Aquatics and FSA.
- Procedures and protocols that are still not being followed by members of the swimming community.
- The disregard of the Code of Conduct resulted in disciplinary action.

CLOSING

We trust that with the support of all the districts, clubs and coaches, officials, and parents we keep on achieving good results. I urge all the clubs and affiliates to communicate with their representatives on the district committees and express their needs so that we FSA can serve our members to the best of our ability. I also urge all members of committees at club, district and provincial level to familiarize themselves with the national, provincial and district constitutions as well as the procedures and protocols for communication and the Code of Conduct of SSA.

We thank the executive committee for their time, dedication, and support that they have shown over the past season.

Northern Cape Aquatic Sports Association

Northern Cape Aquatics Sport Association (NCASA) was blessed with a successful 2022/2023 swimming season.

Our numbers for capitated members went up by 8.5% which is excellent and shows that the Northern Cape is doing the right things to develop the sport.

It must be noted that the economic pressure of travelling and accommodation will be playing a big role in the next swimming season 2023/2024.

The focus of Water Safety and Swimming will be a focus point that NCASA will grow in the next two years. During the annual general meeting of Swim South Africa, the president, Alan Fritz gave recognition to the Northern Cape and noted that other provinces should come and visit us. This made me very proud to think that we are one of the smallest provinces but are able to still make such a big impact.

The focus of an active but enjoyable Sport is also still one of our main outcomes as well as creating opportunities for our swimmers to take part in a competitive environment during the galas that we host.

1. PROGRAMS AND PROJECTS

1.1 THE AGE GROUP GALAS

During the season, six Age Group galas were held in the three different districts namely Kathu, Upington & Kimberley with great success.

OTHER GALAS ALSO HELD BY THE FEDERATION

NCASA Champs were held in December 2022 in Kathu. Where Kalahari Aquatics was the overall club winner of this year's Champs, Well done to Kalahari Aquatics!!

NCASA Sprints were held in February 2023 in Upington. Where Upington Swimming Club was the overall club winner. Well done to Upington Swemklub!!

1.2 DEVELOPMENT GALAS

Various development Galas took place at different venues with great success. The focus will remain on developing a love for the sport from the ground level and creating water safety for children of all ages.

1.3 LTS

We have trained 12 new Learn to Swim (LTS) instructors throughout the season. The fact that Pierre Burger can now also assist with the facilitation of these trainings helped a lott. A big thank you to Pierre and Faried for all the hard work you've put in during the past season to assist Northern Cape to grow.

NCASA will continue to arrange LTS courses throughout the 2023/2024 season with the first one being end of June 2023.

1.4 OFFICIALS COURSES

Training and certification of timekeepers and judges in all clubs were some of my priorities and that is why we started with online training for officials, which I think really worked well. After COVID-19 there was definitely a big decline in the number of officials who registered. This also made it difficult to put experienced officials at all galas.

During the next season, a concerted effort will be made to train officials on all levels and in all districts in the province. Next my aim will be to take steps to ensure that the officiating experience at all galas would be positive, that officials' organization at galas be improved, and that training is on the pool deck.

It remains a challenge to ensure that officiating duties be allocated fairly and that all clubs take ownership of their responsibilities in this regard.

In aiming to reach these goals, the following steps will be looked at during the next season:

1. Use of a formula to determine the number of officials required from each club for each gala, depending on the number of swimmers entered by the club.

2. All newly qualified officials are placed with experienced officials who are asked to assist with practical support.
3. All officials on the pool deck must wear the official card that identifies them as officials and where sessions worked are recorded.

The following training sessions were conducted:

- TIMEKEEPERS (six trained)
- JUDGES (two trained)
- STARTERS (zero trained)
- REFEREES (zero trained)

For the season, NCASA had 176 registered officials on all levels. I wish to thank all parents/officials for their continued support and positive attitude towards their children's swimming. Clubs for their timeous reaction to supply officials' names before galas. Also all instructors who assisted with the training of officials.

1.5 INTER-PROVINCIAL GALAS

NCASA was able to attend the first Inter-Pro gala again after Covid. A team of 63 swimmers went to Potchefstroom, North West for this one day gala against North West and Free State. It is really great to see that our swimmers are still performing well against the swimmers from other provinces.

1.6 OPEN WATER SWIMMING

Due to some difficulty that was experienced by the owners of Lake Grappa, the Open Water event that was scheduled for Northern Cape could not take place. We are hopeful that this event will take place during the next season so give our swimmers another swimming experience.

1.7 NATIONAL COMPETITIONS

Level 1 was held at Kimberley with 39 swimmers. Level 2 was hosted by Free state Swimming in Bloemfontein with a total of 63 swimmers. Level 3 had a total of 22 swimmers who participated at various venues. NCASA South African Junior Nationals took place in Durban with 8 swimmers and one swimmer went to Senior National in Port Elizabeth. The swimmers at all SSA Level gala performed brilliantly and we are grateful for the opportunity to still swim after the COVID Pandemic.

1.8 SA SCHOOLS

After last year's disappointment I made it my mission to make sure that Northern Cape attends this year's SA Schools. I was only hoping to participate but the group of 29 swimmers, who went to Durban, surprised me with their dedication. We managed to bring back two bronze medals, two silver and one gold. It was a great experience for the kids and a huge learning curve for us as well.

1.9 EXECUTIVE

There is a huge workload increase in getting sports more formalized and organized in the country and the province. The Committee will continue to meet every four weeks to ensure the success and future of swimming within the Province.

2. CONCLUSION

One of the major challenges is getting funds while we are in the country's current financial situation. This and the lack of Olympic Standard size swimming pools and facilities, are some of our greatest challenges when it comes to the development of Swimming in the Northern Cape.

The NCASA covers a vast area over which we must travel to attend galas and meetings. This makes administration and attendance extremely difficult and costly.

With that said I would like to Acknowledge the following people.

A special word of thanks to all the swimmers that registered and competed in all the provincial and national events throughout the season, not only within the province but all over the country. The parents, grandparents, guardians, and all the people who brought the swimmers to the organized events and accompanied them to all events. To each Club that hosted a specific gala and worked to ensure that the pools were in top condition. The Executive Committee worked tirelessly throughout the year to ensure the professional and efficient running of all our galas.

Western Cape Aquatics

It gives me great pleasure to submit the final report for the term of the current executive (2019 -2023) as the President of Western Cape Aquatics (WSA) following the Inaugural Annual General Meeting (AGM) on the 4th of August 2019. The board served this term as the 1st fully established executive of the Western Cape after Swimming South Africa's decision to establish all provinces in line with the geopolitical boundaries of the country. The report highlights key achievements over the period, and I'm excited about the talent and achievements of our athletes over this period. During the period we experienced many challenges including COVID-19 that impacted on our sport and country in general. The pandemic forced us to think innovatively and out of the box to keep sport active but also to grow it at different levels.

I'm excited about the growth of the province from 2019 – 2023, laying a solid foundation for the sport. Our registered membership increased significantly from 4,528 in 2019 to 5,079 in 2023. The increase represents the sports potential and its real impact across the province and different communities and must be consolidated as way forward. Although 90% of most registered members come from swimming the new executive must focus on developing smaller disciplines such as diving with no participants and artistic swimming with 2% registered members. I find the increase in participation of previously disadvantaged athletes from 482 in 2019 to 1,155 in 2023 encouraging representing a 58,2% increase over the 4-year period. The number of athletes participating at SANJ also

increased from 94 in 2019 to 214 in 2023 contributing an increase of 56%. Participating at this level set the foundation for athletes to be considered for high performance and Swimming South Africa team selection.

WCA also performed well under high performance with 17 athletes representing South Africa in 2019 to 113 in 2023 representing an exponential increase of 84,9%. The province therefore delivered quality athletes and I want to thank our clubs, coaches, and parents for all the support in making this possible. To grow the sport, we need a strong and functional school and club system and must therefore focus on building this structure and system. For the period in review the number of schools participating in aquatics increased from 2 in 2019 to 14 in 2023 representing an increase of 85%. More focused work will be required to build the school system and broaden participation to its full potential. This will require financial resources and I'm thankful that we are leaving the new board in a very strong financial position. We secured Lotto funding of R1,6 million that will further strengthen the liquidity position of the organization.

Lastly, I want to thank all executive members for their support and hard work over the term. Without your support the task would have been impossible. All the best to the new executive and hope we will continue as collective to play an active role in advancing and developing the sport across the province.

MANAGEMENT STRUCTURES

EXECUTIVE COMMITTEE

For the period in review the executive committee fully functional. The executive committee met once every quarter as per the constitution and held five special meetings.

PRESIDENT	VICE-PRESIDENT	SECRETARY	TREASURER	SCHOOLS
Lluwellyn Coetzee (Eden)	Vacant	Nicolette Wright (CTMA)	Rukhaya Isaacs (CTMA)	Sian Gibbs (CTMA)
DEVELOPMENT OFFICER	MARKETING OFFICER	RECORDS OFFICER	PRESIDENT WEST COAST	PRESIDENT EDEN
Derek Peceur (Winelands)	Vacant	Elna Cecil (CTMA)	Vacant	Lluwellyn Coetzee
PRESIDENT OVERBERG	PRESIDENT WINELANDS		PRESIDENT CAPE TOWN METRO	PRESIDENT CENTRAL KAROO
Herman Oosthuizen	Derek Peceur		Fagrie Omar	Vacant, to be establish

BOARDS

The executive committee appointed the following members as convenors and board members to coordinate all aquatics activities assigned to the different boards. For the period in review the boards functioned well although we experienced limited participated by some members. This will be corrected in the new season given the importance of having functional structures.

TECHNICAL COMMITTEE SWIMMING	WATERPOLO	OPEN WATER	MASTERS	SCHOOLS
Raymond Pollicutte (Convener)	Lacy Mentz (Convener)	Vacant (Convener)	Mike Winefield (Convener)	Sian Gibbs (Convener)
Bianca Marais (CTA)	Lacy Mentz (Eden)	Eric Ehrenreich	Judie Brewis (Administrator)	Sue Bonney (CTMA)
Johan Muller (Winelands)	Vaughn Marlow	Peter Micheladis	Doug Howiesen (Treasurer)	Rene Harris (CTMA)
Stefan Cloete (Overberg)	Raynard van Schoor	Elna Cecil	Anne-Marie Odendaal (Galas)	Victor Lemphane
Lucinda Koch (CTMA)			Nick Orton (Support)	
Tarita Pollicutte (Eden)				
Jessica Van Rensburg (West Coast)				
Tia Van Wyk (Karoo)				
ARTISTIC SWIMMING	TECHNICAL OFFICIALS	EDUCATION TRAINING	COACHES COMMISSION	DIVING
Sue Mannerswood (Convener)	Johan Kat (Convener)	Thaaniya Ameerodien (Convener)	Bianca Marias (Convener)	Imraan Mess (Convener)
Lucille Pequino	Irma Come			Rebecca Goodman

OVERVIEW

THE REGION

WCA is the governing body of swimming, diving, masters, water polo, open water, artistic swimming in the Western Cape province, South Africa. The area covers 6 geopolitical district areas, namely Cape Town Metro (CTMA), West Coast, Cape Wine lands, Eden, Overberg, and Central Karoo.



AFFILIATES/ DISTRICTS

The province play an important role in the development of swimming, diving, Water-polo, open water swimming and artistic swimming from entry level towards high performance. The committee established 5 functional districts during the period in review with the 6th district Central Karoo functioning under the administration of Western Cape and with the support of Eden District.

MEMBERSHIP

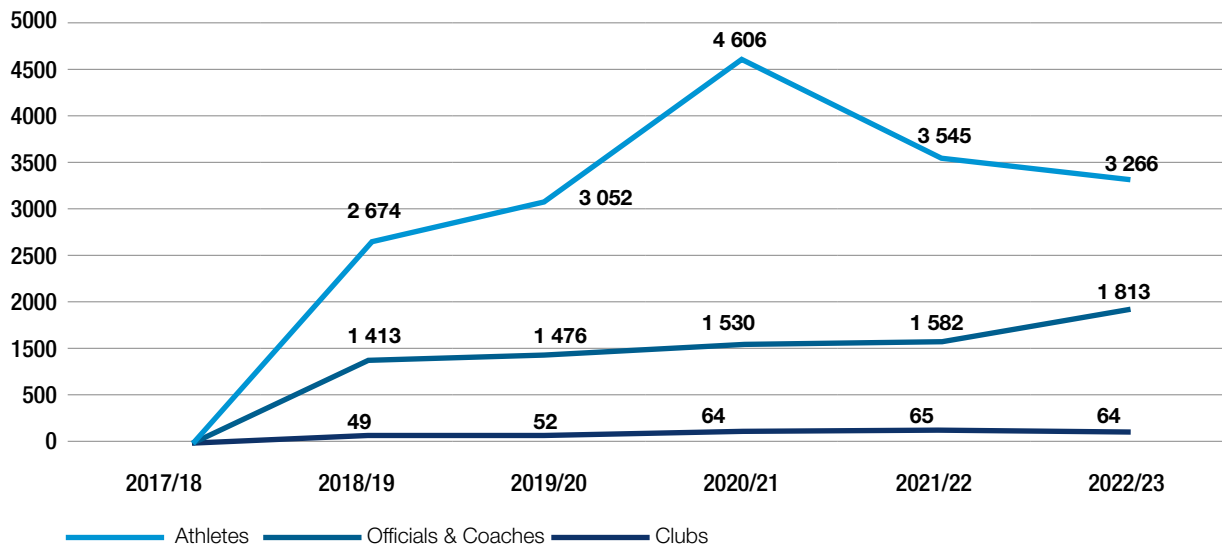
For the period 4-year term of the executive, the number of members increased in 2019 from 3,052 members to 3,266 members in 2023 season. For the 2021 season we experienced a huge spike in numbers (4,066) due to the then COVID-19 regulation that all athletes must be registered to participate in any activity during the lockdown period. The basis for membership growth must be in the number of clubs and for the period the registered clubs showed limited growth and must be a key focus for the new executive.

	CLUBS			ATHLETES			OFFICIALS COACHES			TOTAL		
	2021	2022	2023	2021	2022	2023	2021	2022	2023	2021	2022	2023
CTMA	41	43	43	2,856	2,382	2258	981	1,006	1169	3,837	3,388	3427
Winelands	9	9	9	1,076	573	483	175	200	227	1,251	773	710
Eden	7	7	7	403	364	351	225	227	285	628	591	636
Overberg	2	3	2	126	79	61	32	33	31	158	112	92
West Coast	3	2	2	132	128	102	107	97	93	239	225	195
Karoo	2	1	1	13	19	11	10	19	8	23	38	19
TOTAL	64	65	64	4,606	3,545	3266	1,530	1,582	1813	6,136	5,127	5079

 3 266
ATHLETES

 5 079
REGISTERED
MEMBERS

MEMBERSHIP GROWTH COMPARISON

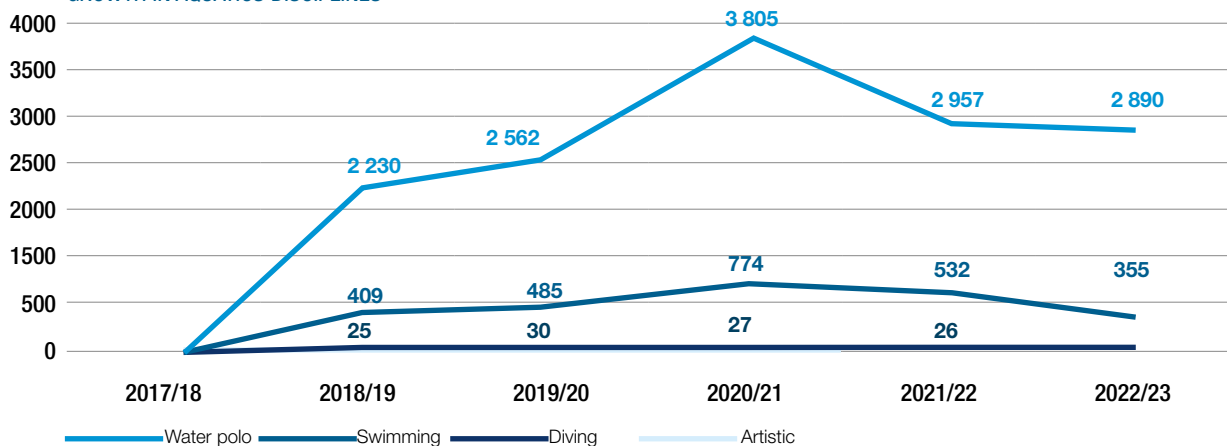


AQUATIC DISCIPLINES

The focus of the executive and the boards must be to promote all aquatic disciplines including, swimming, water polo, diving, open water and artistic swimming. Swimming still the dominant discipline with limited or no growth in smaller disciplines. For the period of the current executive the number of swimmers increased from 2,562 to 2,890 but showed limited growth in water polo, diving and artistic swimming. Strategies must be developed to increase numbers in these disciplines.

	WATER POLO			SWIMMING			DIVING			ARTISTIC SWIM		
	2021	2022	2023	2021	2022	2023	2021	2022	2023	2021	2022	2023
CT Metro	507	360	274	2322	1997	1965	0	0	0	27	25	19
Winelands	241	121	39	835	451	442	0	0	0	0	1	2
Eden	26	57	42	377	284	309	0	0	0	0	0	0
Overberg	0	0	0	126	78	61	0	0	0	0	0	0
West Coast	0	0	0	132	128	102	0	0	0	0	0	0
Karoo	0	0	0	13	19	11	0	0	0	0	0	0
TOTAL	774	532	355	3805	2957	2890	0	0	0	27	26	21

GROWTH IN AQUATICS DISCIPLINES



PARTICIPATION

NATIONAL COMPETITIONS

The following number of athletes represented the province at different national competitions. Hosting of galas and tournaments must create the opportunity for athletes to participate at different competitive levels. For the 4-year term of the current executive the total number of athletes who participated at national competitions increased to 1,059 in the 2023 season. Although this represents a reduction, the increase in athletes participating at SNJ from 94 in 2019 to 214 is encouraging. Level 3 participation also increased from 199 in 2019 to 317 in 2023 that represent a 25% increase over the period. Therefore, a strong focus must be placed on high performance to increase -quality and output of number of athletes to participating at the deferent national competitions.

SA COMPETITIONS	CTMA		WINELANDS		EDEN		OVERBERG		WEST COAST		KAROO		TOTAL	
	2022	2023	2022	2023	2022	2023	2022	2023	2022	2023	2022	2023	2022	2023
SSA Grand Prix	54	5	16	13	2	0	0	0	2	0	0	0	74	18
SA Snr / Jnr Nationals	101	124	29	64	17	20	0	1	6	5	0	0	153	214
SA Level 1	151	253	58	24	5	19	7	8	19	8	0	0	240	312
SA Level 2	195	52	62	23	17	17	11	9	40	11	0	0	325	112
SA Level 3	220	217	49	53	32	21	10	1	29	25	0	0	340	317
SA Open Water Champs	41	19	8	7	3	6	0	0	1	0	0	0	53	32
SA Short Course	40	35	5	18	3	1	0	0	0	0	0	0	48	54
TOTAL	802	705	227	202	79	84	28	19	97	49	0	0	1233	1059

HOSTING OF EVENTS & GALA'S

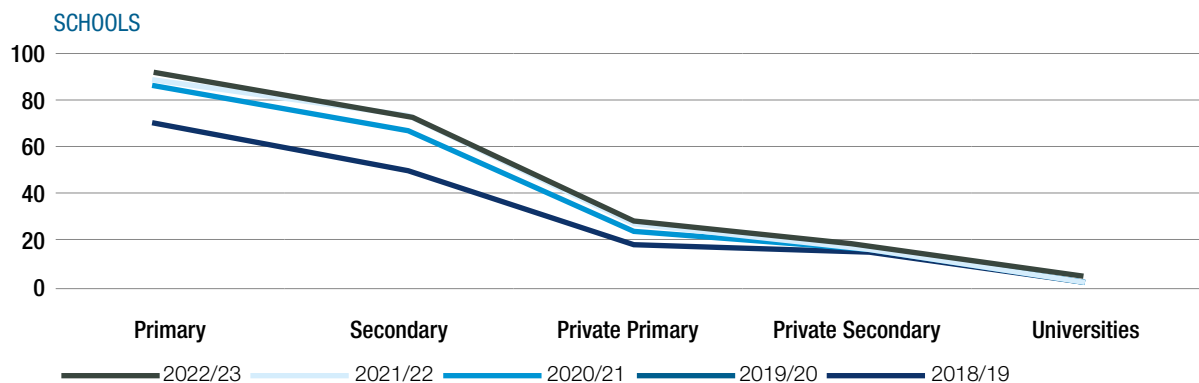
WCA including all Districts hosted 726 events and galas during the period including SSA events Level 1, 2, 3. The number of events show a decrease from the previous season, specifically water polo matches. The majority of district events held in Cape Town that the new board must develop strategies to increase hosting of events in specifically the smaller districts such as West Coast, Overberg and Karoo.

SA COMPETITIONS	CTMA		WINELANDS		EDEN		OVERBERG		WEST COAST		KAROO		TOTAL	
	2022	2023	2022	2023	2022	2023	2022	2023	2022	2023	2022	2023	2022	2023
District Galas	14	26	10	9	15	13	0	0	4	6	0	0	43	54
SA Level 1	1	1	0	0	0	0	0	0	0	0	0	0	1	1
SA Level 2	0	0	0	0	0	0	0	0	1	0	0	0	1	0
SA Level 3	0	1	0	0	1	0	0	0	0	0	0	0	1	1
Grand Prix	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Water Polo matches	680	591	95	70	10	7	0	0	0	0	0	0	785	668
Diving Competitions	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Open Water Events	1	0	1	0	1	0	4	0	0	0	0	0	7	0
Artistic Events	1	2	0	0	0	0	0	0	0	0	0	0	1	2
TOTAL	697	621	106	79	27	20	4	0	5	6	0	0	839	726

SCHOOLS & UNIVERSITIES

During the period in review a total of 208 schools participated in aquatic activities. The growth of aquatics must be focussed on establishing school structures and leagues to develop the sport from primary school level. The strategy must also focus on expanding the sport to university level through a tertiary competition. Only three universities UWC and Stellenbosch currently actively participating in any aquatic sport. For the term of the current executive the strategy to grow the sport at school level worked well. For the 2019 season 69 primary and 52 secondary schools participated. For the 2023 season 90 primary and 70 secondary schools participated representing a 24,3% increase over the last four years.

STRUCTURES PARTICIPATING	CTMA		WINELANDS		EDEN		OVERBERG		WEST COAST		KAROO		TOTAL	
	2022	2023	2022	2023	2022	2023	2022	2023	2022	2023	2022	2023	2022	2023
Primary Schools	48	50	15	15	12	12	3	3	10	10	0	0	88	90
Senior Secondary Schools	38	38	22	22	4	4	2	2	4	4	0	0	70	70
Private Primary Schools	19	20	4	4	1	1	1	1	1	1	0	0	26	27
Private Secondary Schools	14	14	1	1	0	1	0	1	1	1	0	0	16	18
Universities	2	2	1	1	0	0	0	0	0	0	0	0	3	3
TOTAL	121	124	43	43	17	18	6	7	16	16	0	0	203	208



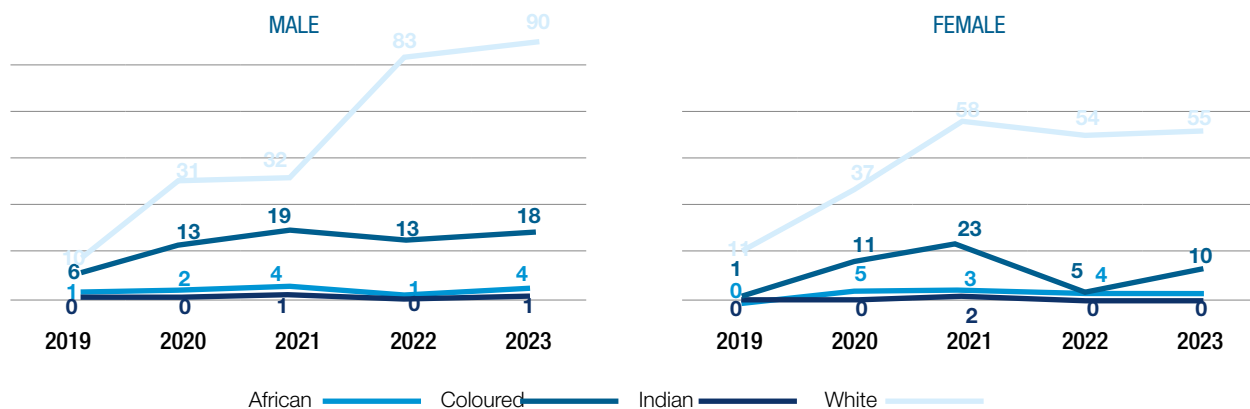
PERFORMANCE

HIGH PERFORMANCE

The high performance program focuses on identifying talent and mainstreaming them into programs to compete on higher level than the normal structure. These athletes represented the province at different national and international platforms for different age groups from under 16 up to senior squad members. For the period in review WCA achieved a significant increase of 56 athletes in 2021 to 97 in the 2022 season for male athletes. The women representation decreased from 84 athletes in 2021 to 63 in 2022. Representation from the previous disadvantaged group is still limited and requires specific focus.

MALE SQUADS	SENIOR		UNDER 16		UNDER 15		UNDER 14		UNDER 13		UNDER 12		TOTAL		
	2022	2023	2022	2023	2022	2023	2022	2023	2022	2023	2022	2023	2021	2022	2023
African	0	2	1	1	0	0	0	0	0	1	0	0	4	1	4
Coloured	5	10	1	1	2	3	3	3	1	1	1	0	19	13	18
Indian	0	1	0	0	0	0	0	0	0	0	0	0	1	0	1
White	21	27	15	16	18	18	9	9	10	10	10	10	32	83	90
TOTAL	26	40	17	18	20	21	12	12	11	12	11	10	56	97	113

FEMALE SQUADS	SENIOR		UNDER 16		UNDER 15		UNDER 14		UNDER 13		UNDER 12		TOTAL	
	2022	2023	2022	2023	2022	2023	2022	2023	2022	2023	2022	2023	2022	2023
African	0	0	1	0	0	0	1	1	2	3	0	0	4	4
Coloured	1	2	2	3	1	2	0	1	0	1	1	1	5	10
Indian	0	0	0	0	0	0	0	0	0	0	0	0	0	0
White	15	16	6	7	9	9	9	9	5	5	10	9	54	55
TOTAL	16	18	9	10	10	11	10	11	7	9	11	10	63	69

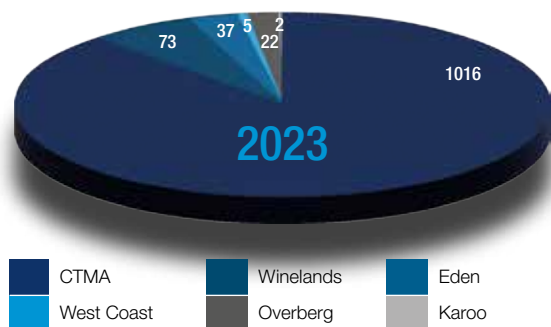


DEVELOPMENT & TRANSFORMATION

TRANSFORMATION

Transformation in sport is important not only to ensure that the sport reflects the demographic profile of the country, but also to promote inclusivity. WCA is committed to transformation and views the opportunity to grow the sport by focussing on developing our school's competition and talent identification program. For the term of the current executive the participation of PDI athletes increased from 482 in 2019 to 1,155 in 2023. The growth represents 58,2% that's significant taking in consideration the lack of facilities in our disadvantaged areas. The province in collaboration with districts must focus on talent identification drive and implement development programs specifically in township areas. Significant focus must also be on developing the sport in smaller districts such as Eden, West Coast, Karoo and Overberg.

TRANSFORMATION PER DISTRICT



	2020	2021	2022	2023
CTMA		519	723	1016
Wine lands		41	87	73
Eden		12	20	37
Overberg		0	7	5
West Coast		6	25	22
Karoo		0	2	2
TOTAL:	482	578	864	1155

PDI SCHOOLS PARTICIPATION

The foundation of developing the sport must be on expanding the footprint to previously disadvantaged schools and identifying talented young people to participate at all levels of competition. For the term of the executive two schools participated in 2019 and 14 schools in 2023 that represents an increase of 85%. Significant work still required to develop the sport at school level if you take the number of schools in the province in comparison to how many participate in aquatics. The availability of facilities will be critical to develop the sport specifically in the township areas.

PREVIOUSLY DISADVANTAGED SCHOOLS	2019	2020	2021	2022	2023
PRIMARY SCHOOLS					
Township based schools in the province	628	628	628	628	628
Township schools participating in aquatics	2	7	7	7	9
Facilities available to primary schools	27	27	27	27	27
Accredited coaches available at township schools	2	1	1	1	3
New township schools participating	0	7	0	2	2
Township schools stopped participating	0	0	0	0	0
SECONDARY SCHOOLS					
Township based schools in the province	147	150	150	150	150
Township schools participating in aquatics	0	5	5	5	5
Facilities available to primary schools	27	27	27	27	27
Accredited coaches available at township schools	0	1	6	6	6
New township schools participating	0	1	0	0	0
Township schools stopped participating	0	0	0	0	0

MASS PARTICIPATION

CLUB DEVELOPMENT

The club development program must be geared towards establishing new clubs and support existing clubs within previous disadvantaged communities. During the period in review the province supported no club due to limited funding available although Paarl Aquatics received support from the national federation. Athletes from this club showed good results by participating at different SSA levels and event selection to national teams. WCA will evaluate budget allocation in the new season for this purpose.

EDUCATION & TRAINING PROGRAMS

WCA continuously focusses on capacity building and training of our officials to broaden the skills base to host high quality galas. WCA and Districts hosted 42 education and training initiatives that was attended by 2,553 participants in the 2023 season.

EDUCATION & TRAINING	2019		2020		2021		2022		2023	
	HOSTED	ATTEND	HOSTED	ATTEND	HOSTED	ATTEND	HOST	ATTEND	HOST	ATTEND
OVERBERG DISTRICT										
Training of timekeepers	1	4	0	0	1	3	1	20	0	0
Training of Learn to Swim coaches	1	4	0	0	0	0	0	0	0	0
CAPE TOWN METRO (CTMA)										
LTS Certificates	1	13	1	9	1	44	0	0	0	0
Conferences	1	155	1	116	0	0	0	0	0	0
Artistic Swimming LTS	0	0	0	0	0	0	1	11	0	0
Courses – Coach L1	1	20	1	13	0	0	0	0	0	0
Courses – LTS	7	55	6	65	3	44	5	98	2	26
Courses – Tod Swim	1	4	1	3	0	0	0	0	0	0
Judges Courses	5	97	5	81	1	34	1	25	1	27
MPP Events	3	301	3	323	0	0	5	684	5	710
Referees Courses	2	20	2	23	0	0	0	0	0	0
Renewal Coaching L1	1	2	1	1	0	0	0	0	0	0
Starters Courses	1	21	1	19	0	0	1	5	1	8
Timekeepers Courses	10	274	12	299	5	63	3	143	8	137
Social Cohesion	0	0	0	0	0	0	0	0	1	87
Workshops	24	442	31	503	19	2026	0	0	7	1215
WEST COAST DISTRICT										
Judges Courses	0	0	0	0	1	5	0	0	0	0
Timekeepers Course	0	0	0	0	0	0	1	22	1	20
Workshops	0	0	0	0	1	48	0	0	0	0
CAPE WINELANDS DISTRICT										
Judges Courses	0	0	0	0	1	4	0	0	1	15
Starters Course	0	0	0	0	0	0	1	4	0	0
Workshops	0	0	0	0	1	39	0	0	0	0
Swim Clinic	0	0	0	0	0	0	0	0	1	21
Webinar – Junior Swimmer Education	0	0	0	0	0	0	0	0	1	24
Webinar – 10 Principles to follow for success Swim School	0	0	0	0	0	0	0	0	1	31
Webinar – 5 Key Steps to Optimal Recovery for swimmers	0	0	0	0	0	0	0	0	1	15
Webinar – How they train? Breaststroke	0	0	0	0	0	0	0	0	1	25
Webinar – Motivation for Coaches & Swimmers	0	0	0	0	0	0	0	0	1	25
Webinar – Stroke development basics for each competitive stroke	0	0	0	0	0	0	0	0	1	31
EDEN DISTRICT										
Assessment and practical of LTS candidates	1	10	1	12	0	0	0	0	0	0
Time keeper course	2	21	1	24	0	0	1	10	0	0
Annual CPR Course	1	12	0	0	0	0	0	0	0	0
Workshop	0	0	0	0	1	17	0	0	0	0
Mini Conference	1	43	0	0	0	0	0	0	0	0

EDUCATION & TRAINING	2019		2020		2021		2022		2023	
	HOSTED	ATTEND	HOSTED	ATTEND	HOSTED	ATTEND	HOST	ATTEND	HOST	ATTEND
Coaches & LTS Instructor Course	3	28	0	0	0	0	1	9	3	14
Workshop – Coaching L1	0	0	0	0	0	0	0	0	3	72
Workshop – Pre Registration	0	0	0	0	0	0	0	0	1	25
Workshop – Todswim	0	0	0	0	0	0	0	0	1	25
PENNY HEYNS										
Swimming Clinic – Fish Eagles Club	1	59	0	0	0	0	0	0	0	0
TOTAL	68	1,585	67	1,491	35	2327	21	1031	42	2553

LEARN TO SWIM / WATER SAFETY

The program focus on Learn to Swim, water safety and exposing the sport to all communities and potential athletes. Including the focus to keep our youth safe during the holiday season. For the 2023 season 760 took part in the Ocean Splash and SSA Holiday program in Cape Town.

LEARN TO SWIM & WATER SAFETY INITIATIVES	2019	2020	2021	2022	2023
CAPE WINELANDS DISTRICT					
Water safety program with Paarl Aquatics and Princess of Monaco Foundation	400	0	0	0	0
EDEN DISTRICT					
Hosting of Ocean Splash & Holiday program – Plettenberg Bay	37	0	0	0	0
Primary schools hosting Learn to Swim sessions – Oudtshoorn	106	74	0	0	0
Disabled schools hosting fun gala and Learn to Swim event – Oudtshoorn	43	0	0	0	0
CAPE TOWN METRO (CTMA)					
Holiday Extravaganza with the City of Cape Town – Sea Point Pavilion	439	532	0	0	0
SSA Ocean Splash Program – Cape Town	220	137	0	100	210
SSA Holiday Program – Cape Town	787	632	0	584	550
TOTAL	2,032	1,375	0	684	760

INFRASTRUCTURE & FACILITIES

Availability and functional infrastructure will be critical to practice the sport. Most pools still functional but some pools were dysfunctional due to droughts in certain districts. Some municipalities closed community pools and the indication is that this will continue for a few years to come. Hopefully with the good rains early in 2023, municipalities with drought challenges will reconsider opening some facilities. The province has a total of 81 pools, (42 X 50m) and (46 X 25m) pools. No new pools were built from 2019 to 2023 and therefore reflects the limited participation of PDI schools in the sport.

	2019			2020			2021			2022			2023		
	25M	50M	TOTAL	25M	50M	TOTAL	25M	50M	TOTAL	25M	50M	TOTAL	25M	50M	TOTAL
OVERBERG DISTRICT	6	2	8	6	2	8	6	2	8	6	2	8	6	2	8
Majority of pools currently functional															
CAPE TOWN METRO (CTMA)	21	11	32	21	11	32	21	11	32	21	11	32	21	11	32
Majority of pools functional															
WEST COAST DISTRICT	1	9	10	1	9	10	1	9	10	1	9	10	9	1	10
Majority of pools functional															
CAPE WINELANDS DISTRICT	1	6	7	1	6	7	1	6	7	1	6	7	1	6	7
Majority of pools functional															
EDEN DISTRICT	15	6	21	15	6	21	15	6	21	15	6	21	15	6	21
Majority of pools functional															
KAROO	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3
The 1 municipal pool upgraded and functional.															
TOTAL	45	36	81	45	36	81	45	36	81	45	36	81	45	36	81
Majority of pools functional across the province.															
Some municipal pools lack maintenance of infrastructure.															



vi. Annual Financial Statements

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The supporting schedules set out on pages 83 to 84 are presented for for information purposes only and are not covered by the audit opinion

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General Information

COUNTRY OF INCORPORATION AND DOMICILE South Africa

NATURE OF BUSINESS AND PRINCIPAL ACTIVITIES The principal activity of the association is to develop, control and promote all aquatic disciplines in the Republic of South Africa. The association is a non-profit sport organisation. The association had been approved as a public benefit organisation in terms of Section 10 of the Income Tax Act and the receipts and accruals are exempt from Income Tax under Section 10(1) (cN) of the Income Tax Act.

EXECUTIVE MEMBERS The Executive Committee was elected at the Annual General Meeting held on the 15th January 2022 and certain members have been co-opted, as per the provisions of the Swimming South Africa Constitution.

The following members served on the Executive Committee during the year under review:

NAME	POSITION
Mr Alan Fritz	President
Mr Zikie Molusi	Vice President
Mr Jace Naidoo	Vice President
Mr Emile van Veenhuyzen	Vice President
Mr John Ellis	Treasurer
Mrs Louise Blignaut	Member
Mr Llewellyn Coetzee	Member
Ms Lerato Ramatsa	Member
Ms Asmeralda Motau	Member
Mr Chad Ho	Member
Mr Xavier Palmer	Resigned during the year
Mr Sam Ramsamy	Honorary Life President
Mr Gideon Sam	Honorary Life President
Mr Ronald Andrews	Honorary Life Member
Mr Shaun Adriaanse	Chief Executive Officer (ex-office)

LEGAL FORM Association governed by a constitution

REGISTRATION NUMBERS NPO registration 088-206-NPO
PBO registration 18/11/13/3206

REGISTERED OFFICE AND BUSINESS ADDRESS Ground Floor, North Wing
Johannesburg Athletic Stadium
124 Van Beek Street
New Doornfontein
Johannesburg

WEBSITE ADDRESS swimsa.org

PRINCIPAL BANKERS ABSA Bank Limited

PREPARER The annual financial statements were internally prepared by B. Morar.

LEVEL OF ASSURANCE These annual financial statements have been audited independently in compliance with the constitution.

Executive Committee's Responsibilities and Approval

The Executive Committee are required by the association's constitution, to maintain adequate accounting records and are responsible for the content and integrity of the annual financial statements and related financial information included in this report. It is their responsibility to ensure that the annual financial statements fairly present the state of affairs of the association as at the end of the financial year and the results of its operations and cash flows for the year then ended, in conformity with its accounting policies. The external auditors are engaged to express an independent opinion on the annual financial statements.

The annual financial statements are prepared in accordance with our accounting policies and are based upon appropriate accounting policies consistently applied and supported by reasonable and prudent judgements and estimates.

The Executive Committee acknowledge that they are ultimately responsible for the system of internal financial controls established by the association and place considerable importance on maintaining a strong control environment. To enable the Executive Committee to meet these responsibilities, the Management Committee sets out standards for internal control aimed at reducing the risk of error or loss in a cost - effective manner.

The standards include the proper delegation of responsibilities within a clearly defined framework, effective accounting procedures and adequate segregation of duties to ensure an acceptable level of risk. These controls are monitored throughout the association and employees are required to maintain the highest ethical standards in ensuring the association's business is conducted in a manner that in all reasonable circumstances is above

reproach. The focus of risk management in the association is on identifying, assessing, managing and monitoring all known forms of risk across the association. While operating risk cannot be fully eliminated, the association endeavours to minimise it by ensuring that appropriate infrastructure, controls, systems and ethical behaviour are applied and managed within predetermined procedures and constraints.

The Executive Committee are of the opinion, based on the information and explanations given by management, that the system of internal controls provides reasonable assurance that the financial records may be relied on for the presentation of the annual financial statements. However, any system of internal financial control can provide only reasonable, and not absolute, assurance against material misstatement or loss.

The Executive Committee have reviewed the association's cash flow forecast for the year to 30th April 2024 and, in the light of this review and the current financial position, they are satisfied that the association has or has access to adequate resources to continue in operational existence for the foreseeable future.

Although the Executive Committee is primarily responsible for the financial affairs of the association, it is supported by the association's external auditors.

The external auditors are responsible for independently auditing and reporting on the association's annual financial statements. The annual financial statements have been examined by the association's external auditors and their report is presented on pages 78 to 79.

The annual financial statements set out on pages 81 to 93, were approved by the Executive Committee on the 29th July 2023 and were signed on its behalf by:



Alan Fritz
President



John Ellis
Treasurer

Independent Auditor's Report

UNQUALIFIED OPINION

We have audited the financial statements of Swimming South Africa set out on pages 81 to 93, which comprise the statement of financial position as at 30 April 2023, and the statement of comprehensive income, statement of changes in reserves and statement of cash flows for the financial year then ended, and the notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the financial statements fairly present, in all material respects, the financial position of Swimming South Africa as at 30 April 2023, and of its financial performance and its cash flows for the year then ended in accordance with its accounting policies.

BASIS FOR UNQUALIFIED OPINION

We conducted our audit in accordance with International Standards on Auditing (ISAs). Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Association in accordance with the Independent Regulatory Board for Auditors Code of Professional Conduct for Registered Auditors (IRBA Code), together with the ethical requirements that are relevant to our audit of financial statements in South Africa. We have fulfilled our other ethical requirements in accordance with these requirements and the IRBA Code. The IRBA Code is consistent with the International Ethics Standards Board for Accountants Code of Ethics for Professional Accountants (Part A and B). We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

OTHER INFORMATION

The management board is responsible for the other information. The other information comprises the Supplementary schedules set out on pages 83 to 84. The other information does not include the financial statements and our auditor's report thereon.

Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge

obtained in the audit, or otherwise appears to be materially misstated. If, based on the work we performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

EMPHASIS OF MATTER

We draw attention to the matter below. Our opinion is not modified in respect of this matter.

As is explained in note 17 to the financial statements, the association needs ongoing donor support if it is to continue operations. These financial statements have been prepared on the basis of accounting practices applicable to a going concern which assumes that the association will generate sufficient funds by way of grants from donors to continue funding its activities in the ensuing year. Accordingly they do not include any adjustments, relating to the recoverability and classification of assets or to the amounts and classification of liabilities, that would be necessary if the association were unable to continue as a going concern.

RESPONSIBILITIES OF MANAGEMENT AND THOSE CHARGED WITH GOVERNANCE FOR THE FINANCIAL STATEMENTS

Management is responsible for the preparation and fair presentation of the financial statements in accordance with their accounting policies and the requirements of the Constitution, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, management is responsible for assessing the Association's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Association or to cease operations, or has no realistic alternative but to do so. Those charged with governance are responsible for overseeing the Association's financial reporting process.

AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error,

and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. As part of an audit in accordance with ISAs, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Association's internal control
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Association's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Association to cease to continue as a going concern

- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation
- Obtain sufficient appropriate audit evidence regarding the financial information of the entities or business activities within the association to express an opinion on the financial statements. We are responsible for the direction, supervision and performance of the association audit. We remain solely responsible for our audit opinion.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit. We have communicated with those charged with governance on all relationships and other matters, which may reasonably be thought to bear on our independence and, where applicable, related safeguards.



Rev Vincent Bhengu CA (SA), RA (IRBA 507361)

Douglas & Velcich

Chartered Accountants (S.A.)

Johannesburg

7 August 2023

Report of the **Executive Committee**

The Treasurer has pleasure in presenting this report on behalf of the Executive Committee on the financial activities of the association.

GENERAL OVERVIEW

The principal activity of the association is to develop, control and promote all aquatic disciplines in the Republic of South Africa.

The association is an non-profit sport organisation. The association had been approved as a public benefit organisation in terms of Section 10 of the Income Tax Act and the receipts and accruals are exempt from Income Tax under Section 10(1) (cN) of the Income Tax Act.

CORPORATE GOVERNANCE

The association has adopted the principles in the King IV on corporate governance as it applies to non - profit organisations.

This was done in the previous year and is retained in the year under review.

RESULTS

The results for the year are fully disclosed in the attached annual financial statements.

COVID-19 PANDEMIC

The Covid-19 pandemic lockdown which has negatively affected some activities during the past financial year. This has effected certain training activities but has also largely effected competitions due to restrictions of the number of participants and spectators allowed at venues both indoor and outdoor as well as travelling restrictions. Administration has been effected and a work from home policy implemented where possible.

We are happy to note that during the 2022/23 year, activities have returned to normal.

POST FINANCIAL POSITION EVENTS

Swimming South Africa has entered into an agreement with Fina to build a High Performance Facility at Franschhoek, Western Cape. Work has already started during the past financial year. (As per note 13 all the Fina funds received to date have been disbursed to the project). The facility will comprise a 50 meter and 25 meter swimming pool plus full high performance facilities.

Funding will come from Fina (+/- R8.5 m), The Sports Trust (R6.2 m) and the National Lotteries Distribution Trust Fund (R35 m). Train Camp are the current project managers. SSA will coordinate the overall project. Final details are still subject to negotiation and will be finalized in the current year.

EQUIPMENT

During the year under review, the association acquired equipment costing R162,045 (2022 - R53,410).

AUDITORS

During the year under review, Douglas & Velcich were retained as auditors.

Statement of Financial Position

as at 30 April 2023

	NOTE	2023 R	2022 R
ASSETS		11 441 161	16 553 553
NON-CURRENT ASSETS		278 897	327 139
Equipment	3	278 897	327 139
CURRENT ASSETS		11 162 264	16 226 415
Inventory	4	2 492 953	2 399 935
Accounts receivable	5	2 660 656	1 060 293
Accrued income	6	236 586	-
Cash and cash equivalents	7	5 772 069	12 766 186
Total assets		11 441 161	16 553 553
RESERVES AND LIABILITIES		11 441 161	16 553 553
RESERVES		1 265 518	2 620 421
Accumulated surplus		1 265 518	2 620 421
Equipment fund		-	-
Current liabilities		10 175 643	13 933 132
Accounts payable	8	3 636 455	3 286 974
Deferred income	9	6 486 207	10 592 189
Provision for leave pay	10	52 982	53 969
Total reserves and liabilities		11 441 161	16 553 553

Statement of Comprehensive Income

for the year ended 30 April 2023

	NOTE	2023 R	2022 R
INCOME		30 645 018	22 054 845
Fees received	11	13 047 995	10 730 637
Sponsorship received	12	2 427 725	1 885 019
Grants received	13	14 588 671	8 984 537
Interest received	14	466 347	380 988
Other income		114 281	73 663
EXPENDITURE		31 999 921	22 285 333
Programme costs		27 822 180	18 483 312
Competitions and disciplines		2 603 158	2 989 079
High performance		13 049 681	10 425 963
High performance Centre (Franschhoek)		5 578 999	-
Marketing		2 414 949	1 613 724
Mass participation		1 474 536	1 541 961
Training and development		1 798 694	1 357 917
General expenses		902 165	554 667
National office costs		4 177 741	3 802 022
SURPLUS/(DEFICIT) FOR THE YEAR		(1 354 904)	(230 488)

Statement of Financial Position

for the year ended 30 April 2023

	ACCUMULATED SURPLUS R	EQUIPMENT FUND R	TOTAL R
Balance at 30 April 2021	2 627 670	223 240	2 850 909
(Deficit) for the year	(230 488)	-	(230 488)
Depreciation of the year	223 240	(223 240)	-
Balance at 30 April 2022	2 620 421	-	2 620 421
(Deficit) for the year	(1 354 904)	-	(1 354 904)
Balance at 30 April 2023	1 265 518	-	1 265 518

Statement of Comprehensive Income

for the year ended 30 April 2023

	NOTE	2023 R	2022 R
CASH FLOWS FROM OPERATING ACTIVITIES			
Cash receipts from donors, sponsors and affiliates		24 142 722	20 727 859
Cash paid to programmes, suppliers and employees		(31 441 141)	(20 989 694)
Cash (utilised in)/generated from operations	16	(7 298 420)	(261 834)
Interest received	14	466 347	380 988
Net (outflow)/inflow from operating activities		(6 832 073)	119 154
Cash flows (utilised in) investing activities			
Acquisition of equipment, at cost	3	(162 045)	(53 410)
CASH FLOWS FROM FINANCING ACTIVITIES			
Net (decrease)/increase in cash and cash equivalents		(6 994 118)	65 744
Cash and cash equivalents at beginning of year		12 766 186	12 700 443
Cash and cash equivalents at end of year	7	5 772 069	12 766 186

Accounting Policies

1. The annual financial statements are prepared on the historical cost basis, except for financial instruments as indicated below. The financial statements incorporate the following principal accounting policies which are consistent, in all material respects with those applied in the previous year :-

1.1 SIGNIFICANT JUDGEMENTS

In preparing the annual financial statements, management is required to make estimates and assumptions that affect the amounts represented in the annual financial statements and related disclosures. Use of available information and the application of judgement is inherent in the formation of estimates. Actual results in the future could differ from these estimates estimates which may be material to the annual financial statements.

1.2 TANGIBLE ASSETS

The cost of an item of tangible assets is recognised as an asset when:

- it is probable that future economic benefits associated with the item will flow to the association; and
- the cost of the item can be measured reliably.

Costs include costs incurred initially to acquire or construct an item of tangible assets and costs incurred subsequently to add to, replace part of, or service it. If a replacement cost is recognised in the carrying amount of an item of tangible assets, the carrying amount of the replaced part is derecognised.

Tangible assets are carried at cost less accumulated depreciation and any impairment losses.

Depreciation is provided on all tangible assets other than freehold land, to write down the cost, less residual value, by equal instalments over their useful lives as follows:

Item	Useful life
Computer equipment	3 years
Furniture and fittings	6 years
Hi Performance equipment	5 years
Leasehold improvements (Kings Park)	3 years
Motor vehicle	5 years
Office equipment	5 years

The depreciation charge for each period is recognised in surplus or deficit unless it is included in the carrying amount of another asset. An asset's carrying amount is written down immediately to its recoverable amount if the asset's carrying amount is greater than its estimated recoverable amount. The gain or loss arising from the derecognition of an item of equipment is included in surplus or deficit when the item is derecognised. The gain or loss arising from the derecognition of an item of equipment is determined as the difference between the net disposal proceeds, if any, and the carrying amount of the item.

It is the policy of the association to write any asset purchases off against the operating fund in the year that the assets are acquired as the majority of the income is from funders who request that the assets be expensed in the year of purchase.

1.3 EQUIPMENT FUND

An equipment fund is maintained to separate from accumulated funds the funding of non-current assets, which are not available for the short term funding of operations.

The fund is maintained at a value equal to the carrying value of equipment in the statement of financial position. Depreciation and profits or losses on disposal are charged against operating income each year and adjusted against the fund.

1.4 FINANCIAL INSTRUMENTS

Measurement

Financial instruments carried on the statement of financial position include bank balances, accounts receivable and accounts payable. Financial instruments are initially measured at cost as at trade date, which includes transaction costs. Subsequent to initial recognition, the following instruments are measured as set out below :-

Accounts receivable

Accounts receivable are stated at cost less provision for impairment losses.

Cash and cash equivalents

Cash equivalents are short term, highly liquid investments that are readily convertible to known amounts of cash and are subject to insignificant risk in change in value.

Cash and cash equivalents are measured at fair value.

Foreign currency petty cash is revalued at the spot rate for each foreign currency denominated balance at the year end. The revaluation exchange differences are accounted for through profit or loss.

Accounts payable

Accounts payable which are short - term obligation, are stated at their nominal value.

1.5 IMPAIRMENT

The carrying amounts of assets are reviewed at financial position date to determine whether there is any indication of impairment. If there is such indication, the assets are written down to the estimated recoverable amounts. The recoverable amount is the higher of the net selling price and the value in use.

1.6 INVENTORIES

Inventories are valued at the lower of cost and net realisable value.

1.7 LEASES AS LESSEE

Leases are classified as finance leases whenever the terms of the lease transfer substantially all of the risks and rewards of ownership to the lessee. All other leases are classified as operating leases.

Finance leases are recognised as assets and liabilities in the statement of financial position at amounts equal to the fair value of the leased property or, if lower, the present value on the minimum lease payments.

The discount rate used in calculating the present value of the minimum lease payment is the effective interest rate.

Any initial direct costs are added to the amount recognised as an asset.

The lease payments are apportioned between the finance charge and reduction of the outstanding liability. The finance charge is allocated to each period during the lease term so as to produce a constant periodic rate of on the remaining balance of the liability.

Any contingent rents are expenses in the period they are incurred.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.

1.8 PROVISIONS AND CONTINGENCIES

Provisions are recognised when:

- the association has a present obligation as a result of a past event;
- it is probable that an outflow of resources embodying economic benefits will be required to settle the obligation; and
- a reliable estimate can be made of the obligation.

The amount of a provision is the present value of the expenditure expected to be required to settle the obligation.

Where some or all of the expenditure required to settle a provision is expected to be reimbursed by another party, the reimbursement shall be recognised when, and only when, it is virtually certain that reimbursement will be received if the entity settles the obligation. The reimbursement shall be treated as a separate asset. The amount recognised for the reimbursement shall not exceed the amount of the provision.

Provisions shall not be recognised for future operating losses.

If an entity has a contract that is onerous, the present obligation under the contract shall be recognised and measured as a provision.

After their initial recognition, contingent liabilities recognised in business combinations that are recognised separately are subsequently measured at the higher of:

- the amount that would be recognised as a provision; and
- the amount initially recognised less cumulative amortisation.

Contingent assets and contingent liabilities are not recognised.

1.9 REVENUE RECOGNITION

Income from fees, grants and sponsorship is brought to account in the financial period to which it relates.

All other income is brought to account as and when received.

1.10 INTEREST INCOME

Interest is brought to account as and when received.

1.11 EXPENDITURE

Expenditure is accounted for on the accrual basis of accounting.

1.12 PROJECT ACCOUNTING AND EXPENSE ALLOCATION

In terms of its contractual obligations to donors, the association's policy is to allocate project expenses that are clearly identifiable as such, directly against project funds.

Indirect and shared costs are apportioned on the basis of management estimates.

Accrued and deferred grant income is based on the balance of the project fund after taking into account the direct, indirect and shared costs as described above. The unexpended surplus of the project fund is deferred to the following year or the deficit is accrued in the year under review.

1.13 EMPLOYEE BENEFITS

Short-term employee benefits

The cost of short - term employee benefits, (those payable within 12 months after the service is rendered, such as paid vacation leave and sick leave, bonuses, and medical aid contributions), are recognised in the period in which the service is rendered and are not discounted.

The expected cost of compensated absences is recognised as an expense as the employee renders service that increases their entitlement or, in the case of non-accumulating absences, when the absence occurs.

The expected cost of bonus payments is recognised as an expense when there is a legal or constructive obligation to make such payments as a result of past performance.

2. FINANCIAL RISK MANAGEMENT

2.1 Financial risk factors

The association's activities could expose it to a variety of financial risks: market risk (including fair value interest rate risk), credit risk, liquidity risk and cash flow interest rate risk. The association's overall risk management programme focuses on the unpredictability of financial markets and seeks to minimise potential adverse effects on the association's financial performance.

Risk management is carried out by the executive committee, who evaluate financial risks.

(a) Market risk

The association has no significant exposure to foreign currency risk.

(b) Credit risk

The association's credit risk is attributable to accounts receivable, accrued income and liquid funds.

The credit risk on liquid funds is limited because the counter party is a bank with credit rating assigned by international credit - rating agencies. The association has no significant concentration of credit risk, as accounts receivable is subject to rigorous credit control.

(c) Liquidity risk

The association manages liquidity risk by monitoring forecast cash flows and ensuring that adequate cash reserves are maintained to cover anticipated expenditure.

(d) Cash flow and fair value interest rate risk

The association has minimal exposure to interest rate risk as surplus funds are invested in local interest - bearing accounts.

Notes to the Annual Financial Statements

3. EQUIPMENT

	Computer equipment R	Furniture & fittings R	Hi Performance equipment R	Leasehold improvements Kings Park R	Motor vehicle R	Office equipment R	Total R
30 APRIL 2023							
Balance at 1 May 2022	58 980	1	87 083	76 406	1	104 667	327 139
At cost	798 279	429 221	998 312	250 000	125 439	301 502	2 902 753
Accumulated depreciation	(739 299)	(429 220)	(911 229)	(173 594)	(125 438)	(196 835)	(2 575 614)
Additions during the year	162 045	-	-	-	-	-	162 045
Depreciation for the year	(74 349)	-	(55 000)	(50 000)	-	(30 937)	(210 286)
Net book value 30 April 2023	146 676	1	32 083	26 406	1	73 730	278 897
At cost	960 324	429 221	998 312	250 000	125 439	301 502	3 064 798
Accumulated depreciation	(813 648)	(429 220)	(966 229)	(223 594)	(125 438)	(227 772)	(2 785 901)
30 APRIL 2022							
Balance at 1 May 2021	129 011	3 481	192 518	159 731	1	80 414	565 156
At cost	798 279	429 221	998 312	250 000	125 439	248 092	2 849 343
Accumulated depreciation	(669 268)	(425 740)	(805 794)	(90 269)	(125 438)	(167 678)	(2 284 187)
Additions during the year	-	-	-	-	-	53 410	53 410
Depreciation for the year	(70 031)	(3 480)	(105 435)	(83 325)	-	(29 157)	(291 427)
Net book value 30 April 2022	58 980	1	87 083	76 406	1	104 667	327 139
At cost	798 279	429 221	998 312	250 000	125 439	301 502	2 902 753
Accumulated depreciation	(739 299)	(429 220)	(911 229)	(173 594)	(125 438)	(196 835)	(2 575 614)

4. INVENTORY	2023	2022
	R	R
ARENA stock		
Balance at beginning of the year	2 233 679	3 225 613
Value in-kind sponsorship	1 230 748	683 085
Stock issued to swimmers	(1 034 745)	(1 095 415)
Stock damaged	-	(579 605)
Balance at end of the year	2 429 682	2 233 679
Competition medals	17 779	111 481
Learn to Swim manuals	45 492	54 776
	2 492 953	2 399 935

Inventories are valued at the lower of cost and net realisable value.

5. ACCOUNTS RECEIVABLE		
Debtors	906 539	861 438
Prepaid expenses	454 723	-
Sundry receivables	1 134 129	-
VAT receivable	165 265	198 855
	2 660 656	1 060 293

6. ACCRUED INCOME		
National Lottery Distribution Trust Fund	236 586	-

7. CASH AND CASH EQUIVALENTS		
Cash at bank - current accounts	105 059	344 374
Cash at bank - call accounts	5 601 099	12 127 563
Cash at bank - credit card	63 410	-
Petty cash	2 500	2 500
Petty cash - Foreign	-	291 750
	5 772 069	12 766 186

8. ACCOUNTS PAYABLE		
Trade creditors	1 392 784	1 774 164
Credit card accounts	247 533	166 563
Income received in advance	534 978	917 350
Payroll liabilities	104 047	87 293
Other accruals	1 357 113	341 604
	3 636 455	3 286 974

9. DEFERRED INCOME		
Arena - Value in kind inventory sponsorship	2 429 682	2 233 679
Department of Sport, Arts, Culture and Recreation South Africa	4 056 525	3 891 684
National Lottery Distribution Trust Fund	-	4 466 826
	6 486 207	10 592 189

10. PROVISION FOR LEAVE PAY	2023	2022
	R	R
Balance at beginning of year	53 969	46 358
Additions during the year	164 679	148 911
(Utilised) during the year	(165 666)	(141 300)
Balance at end of year	52 982	53 969

11. FEES RECEIVED		
Membership fees	4 131 242	3 938 779
Athlete contributions	5 907 395	4 120 024
Entry fees	2 292 533	2 074 751
Course fees	561 575	597 083
Other fees	155 250	-
	13 047 995	10 730 637

12. SPONSORSHIP RECEIVED		
Arena	1 034 745	1 885 019
Funds received	-	210 000
Value in kind inventory	1 230 748	683 085
Deferred to 2022	-	3 225 613
Deferred to 2023	2 233 679	(2 233 679)
Deferred to 2024	(2 429 682)	-
Fina	1 392 980	-
Received	1 392 980	-
	2 427 725	1 885 019

13. GRANTS RECEIVED		
Department of Sport, Arts, Culture and Recreation South Africa	4 135 160	5 290 868
Received	4 300 000	4 500 000
Deferred to 2022	-	4 682 552
Deferred to 2023	3 891 684	(3 891 684)
Deferred to 2024	(4 056 525)	-
Fina - High Performance Centre (Franschhoek)	5 578 999	-
National Lottery Distribution Trust Fund - # M19797	4 466 826	3 693 669
Received	-	4 000 000
Deferred to 2022	-	4 160 495
Deferred to 2023	4 466 826	(4 466 826)
National Lottery Distribution Trust Fund - # M56061	236 586	-
Accrued in 2023	236 586	-
South African Sports Confederation and Olympic Committee (SASCOC)	171 100	-
	14 588 671	8 984 537

14. NET INTEREST RECEIVED	2023	2022
	R	R
Interest received	466 347	380 988
Interest received: call accounts	466 347	380 988
	466 347	380 988

15. CHIEF EXECUTIVE OFFICER'S EMOLUMENTS

As an employee	732 943	717 141
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15. CASH GENERATED FROM/(UTILISED IN) OPERATIONS

(Deficit)/surplus for the year	(1 354 904)	(230 488)
Adjustments for:		
Interest received	(466 347)	(380 988)
Interest paid	210 286	291 427
Depreciation	(236 586)	-
(Decrease)/increase in deferred income	(4 105 982)	(1 476 472)
Increase in provision for leave pay	(987)	7 611
Changes in working capital		
(Increase)/decrease in accounts receivable	(1 600 363)	(471 085)
Decrease/(increase) in inventory	(93 017)	1 001 559
Increase/(decrease) in accounts payable	349 480	996 601
	(7 298 420)	(261 834)

17. TAXATION

The association is exempt from income tax under section 10(1)(cN) as read with Section 30 of the Income Tax Act.

18. GOING CONCERN

The existence of the association is dependent on the continued support of its donors and sponsors, by way of grants and sponsorship.

Should the grants and sponsorships be withdrawn it is highly unlikely that the association will be able to continue as a going concern.

Fund Statement

for the year ended 30 April 2023

	TOTAL R	GENERAL FUND R	NLTDF R	SRSA PROGRAMMES R	SRSA SCHOOLS R	HIGH PERFORMANCE CENTRE (FRANSCHHOEK) R
INCOME	30 645 018	16 227 447	4 703 412	3 285 148	850 012	5 578 999
Fees received	13 047 995	13 047 995	-	-	-	-
Sponsorship received	2 427 725	2 427 725	-	-	-	-
Grants received	14 588 671	171 100	4 703 412	3 285 148	850 012	5 578 999
Interest received	466 347	466 347	-	-	-	-
Other income	114 281	114 281	-	-	-	-
EXPENDITURE	31 999 921	18 146 194	4 703 412	3 285 148	286 169	5 578 999
Programme costs	27 822 180	16 479 843	4 460 558	1 272 548	30 233	5 578 999
Competitions and disciplines	2 603 158	2 573 192	18 000	-	11 966	-
High performance	13 049 681	9 899 012	3 069 661	81 007	-	-
High performance Centre (Franschoek)	5 578 999	-	-	-	-	5 578 999
Marketing	2 414 949	2 389 411	25 538	-	-	-
Mass participation	1 474 536	526 925	675 947	268 812	2 853	-
Training and development	1 798 694	189 139	671 412	922 729	15 414	-
General expenses	902 165	902 165	-	-	-	-
National office costs	4 177 741	1 666 351	242 854	2 012 600	255 936	-
(Deficit)/Surplus For The Year	(1 354 904)	(1 918 747)	-	-	563 843	-
Transfer Between Programme Funds	-	563 843	-	-	(563 843)	-
Balance at beginning of year	2 620 421	2 620 421	-	-	-	-
Balance at end of year	1 265 518	1 265 518	-	-	-	-

Fund Statement

for the year ended 30 April 2022

	TOTAL R	GENERAL FUND R	NLDF R	SRSA PROGRAMMES R	SRSA SCHOOLS R
INCOME	22 054 845	13 070 308	3 693 669	3 688 561	1 602 307
Fees received	10 730 637	10 730 637	-	-	-
Sponsorship received	1 885 019	1 885 019	-	-	-
Grants received	8 984 537	-	3 693 669	3 688 561	1 602 307
Interest received	380 988	380 988	-	-	-
Other income	73 663	73 663	-	-	-
EXPENDITURE	22 285 333	14 006 759	3 693 669	3 688 561	896 344
Programme costs	18 483 312	12 832 656	3 693 669	1 488 561	468 426
Competitions and disciplines	2 989 079	2 329 412	294 916	122 835	241 916
High performance	10 425 963	7 850 956	1 966 358	608 649	-
Marketing	1 613 724	1 573 014	40 711	-	-
Mass participation	1 541 961	417 190	835 949	263 822	25 000
Training and development	1 357 917	107 319	555 934	493 255	201 409
General expenses	554 667	554 765	(199)	-	101
National office costs	3 802 022	1 174 103	-	2 200 000	427 918
Surplus for the Year	(230 488)	(936 451)	-	-	705 963
Transfer from equipment fund	223 240	223 240	-	-	-
Depreciation for the year	223 240	223 240	-	-	-
Transfer Between Programme Funds	-	705 963	-	-	(705 963)
Balance at beginning of year	2 627 670	2 627 670	-	-	-
Balance at end of year	2 620 421	2 620 421	-	-	-



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